



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1 ST	JANUARY	2023		31 ST	DECEMBER	2023

Reference and administration details

Charity name **MAFFKAM MEDICARE**

Other names charity is known by

Registered charity number (if any) **1180567**

Charity's principal address

174 GIPSY ROAD

WELLING

KENT

Postcode

DA16 1JQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person body, entitled to appoint trustee (
1	Eunice Davies-Ogunsanya	chair	15/03/2022	Board of Trustees
2	Racheal Oluwatoyin Odetayo	Trustee	15/03/2022	Board of Trustees
3	Sabaina Mamie kassay	Trustee	30/07/2020	Board of Trustees
4				
5				
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12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are:
To relieve sickness, promote and preserve good health by the provision of appropriate resources and/or services, in such parts of England and overseas, as the Trustees from time to time may think fit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Activities in furthering our Object

We provide healthcare outreach programmes in Sierra Leone. We provide or facilitate health education, awareness programmes in London (England) and Sierra Leone, by providing advice, advocacy and information. We will provide advice about wellness and preventative care to the elderly and the vulnerable in England in general and London in particular.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RISK MANAGEMENT

Trustees have assessed all the major risks to which the charity maybe exposed to, in particular those related to operations and finances of the charity, and are satisfied that policies and procedures are in place to mitigate exposure to such risks.

The following policies are in place to balance benefits against any detriment or harm:

- Quality Policy,
- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year

The founder Mrs Mary Kamara made donations = 200 Pounds which enabled the charity to pay for preparation of this year's Annual Accounts and IER.

Section E	Financial review
<p>Brief statement of the charity's policy on reserves</p>	
<p>Details of any funds materially in deficit</p>	
<p>Further financial review details (Optional information)</p> <p>You may choose to include additional information, where relevant about:</p> <ul style="list-style-type: none"> the charity's principal sources of funds (including any fundraising); how expenditure has supported the key objectives of the charity; investment policy and objectives including any ethical investment policy adopted. 	<p>Optional information</p> <p>Our main source of funds is from donations made by trustees, supporters and members of the public.</p> <p>Our Conflict of Interest Policy. The main focus of this policy is the transparency with which trustees account for the activities of;</p> <ul style="list-style-type: none"> Investment of funds and resources Private benefit Covering legal requirements. developing good record-keeping and reporting practice. <p>Trustees have and must accept ultimate responsibility for directing the affairs of the charity, and ensuring:</p> <ul style="list-style-type: none"> that it is solvent, well-run, and delivering the charitable outcomes for the benefit of the public for which it has been set up. Ensure that the charity complies with charity law, and with the requirements of the Charity Commission as regulator; in particular ensure that the charity prepares reports on what it has achieved and Annual Returns and accounts as required by law. Ensure that the charity does not breach any of the requirements or rules set out in its governing document and that it remains true to the charitable purpose and objects set out therein. Comply with the requirements of other legislation and other regulators (if any) which govern the activities of the charity. Act with integrity, and avoid any personal conflicts of interest or misuse of charity funds or assets. Ensure that the charity is and will remain solvent. Use charitable funds and assets reasonably, and only in furtherance of the charity's objects. Avoid undertaking activities that might place the charity's endowment, funds, assets or reputation at undue risk.

- Take special care when investing the funds of the charity, or borrowing funds for the charity to use.
 - Use reasonable care and skill in their work as trustees, using their personal skills and experience as needed to ensure that the charity is well-run and efficient.
 - Consider getting external professional advice on all matters where there may be material risk to the charity, or where the trustees may be in breach of their duties.
- All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' above report

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Eunice Davies-Ogunsanya	Sabaina Mamie kassay
	Eunice Davies-Ogunsanya	
Position (eg Secretary, Chair, etc)	Chair/trustee	Trustee
Date	26/01/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

MAFFKAM MEDICARE

No (if any)

1180567

Receipts and payments account

CC16a

For the period from	Period start date	To	Period end date
	01/1/2023		31/12/2023

Part A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	funds to the nearest £	to the nearest £	to the nearest £
Receipts					
Donations	200	-	-	200	710
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Grand total (Gross income for AR)	200	-	-	200	710
Asset and investment sales, (see note 16).					
	-	-	-	-	-
	-	-	-	-	-
Grand total	-	-	-	-	-
Total receipts	200	-	-	200	710

Payments					
Cost of activities	300	-	-	300	610
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<i>Sub total</i>	300	-	-	300	610
Asset and investment purchases, (see table)	300				
	-	-	-	-	
	-	-	-	-	
<i>Sub total</i>	-	-	-	-	-
<i>Total payments</i>	300	-	-	300	610
<i>Net of receipts/(payments)</i>	(100)	-	-	(100)	100
Transfers between funds	-	-	-	-	
Cash funds last year end	119	-	-	119	19
<i>Cash funds this year end</i>	19	-	-	19	119

Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
Cash funds		to nearest £	to nearest £	to nearest £	
		-	-	-	
		-	-	-	
		-	-	-	
		-	-	-	
	<i>Total cash funds</i>	-	-	-	

	(agree balances with receipts and payments account(s))	OK Unrestricted funds	OK Restricted funds	OK Endowment funds
	Details	to nearest £	to nearest £	to nearest £
Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
Assets retained for the charity's in use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	

		-	
		-	
		-	

Two trustees on behalf of all

Signature	Print Name	Date of approval
	Eunice Davies-Ogunsanya	26/01/2024
	Sabaina Mamie kassay	26/01/2024