

MAFFKAM MEDICARE

England & Wales · Charity number 1180567

Details

Status Registered

Legal form CIO

Registered 2018-11-06

Register [View on the Charity Commission register](#)

Contact

Address 174 Gipsy Road
Welling
DA16 1JQ

Phone 07837533130

Email Info.maffkam@gmail.com

Activities

Objects: TO RELIEVE SICKNESS, PROMOTE AND PRESERVE GOOD HEALTH BY THE PROVISION OF APPROPRIATE RESOURCES AND/OR SERVICES, IN SUCH PARTS OF THE UNITED KINGDOM AND OVERSEAS, AS THE TRUSTEES FROM TIME TO TIME MAY THINK FIT.

Activities: We deliver and support health education and awareness programmes across London boroughs, offering advice, advocacy, and information to promote wellbeing. We also run healthcare outreach initiatives and provide food and clothing to homeless and vulnerable individuals

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, The General Public/mankind

Geography

- Sierra Leone
- Kent
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£300	£275	-	-
2023-12-31	£200	£200	-	-
2022-12-31	£710	£610	-	-
2021-12-31	£2,900	£2,800	-	-
2020-12-31	£2,575	£2,556	-	-

Trustees

Name	Role	Appointed
Eunice Davies-Ogunsanya	Chair	2022-03-15
Racheal Oluwatoyin Odetayo		2022-03-15
Sabaina Abel Conteh		2020-07-07
Sakirat Braimoh		2025-08-08

MAFFKAM MEDICARE

England & Wales - Charity number 1180567

Accounts

MAFFKAM MEDICARE

A CHARITABLE INCORPORATED ORGANISATION (CIO)
TRUSTEES' REPORT
AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 DECEMBER 2024

MAFFKAM MEDICARE
LEGAL AND ADMINISTRATIVE INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2024

Trustees

Eunice Davies-Ogunsanya
Sakirat Braimoh
Racheal Oluwatoyin Odetayo
Sabaina Abel Conteh

Charity Number

1180567

Registered Office

174 GIPSY ROAD
WELLING
DA16 1JQ

MAFFKAM MEDICARE

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FOR THE YEAR ENDED 31 DECEMBER 2024

Trustees' Report

Statement of Financial Activities

Balance Sheet

Notes to the Financial Statements

MAFFKAM MEDICARE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees present their annual report and financial statements for the year ended 31 December 2024.

About Us

Maffkam Medicare is a community-focused charitable organisation dedicated to promoting health, wellbeing, and social inclusion among vulnerable individuals and communities across London.

Founded and funded by Mrs Mary Kamara, a retired NHS Midwife, Maffkam Medicare operates under the guidance of a committed team of professionals, including registered managers, nurses, and support workers. Together, we aim to bridge the gap between healthcare and community support through education, advocacy, and direct outreach services.

Our Mission

Our mission is to enhance the health and wellbeing of individuals by providing accessible health education, delivering direct community outreach, and supporting those experiencing social or economic disadvantage. We believe that everyone deserves access to health information, essential support, and the dignity of care—regardless of their circumstances.

Areas of Operation

During 2024, Maffkam Medicare continued to deliver its programmes and outreach across five London boroughs:

- Bexley
- Hackney
- Newham
- Thurrock
- Waltham Forest

Key Activities and Achievements

Health Education and Outreach Programmes

Throughout the year, Maffkam Medicare reached over 400 individuals through community-based health education and advocacy initiatives. These sessions focused on improving awareness of key health issues, encouraging preventative health behaviours, and signposting individuals to appropriate support and healthcare services.

Feeding the Homeless and Vulnerable

Our weekly feeding programme, held every Tuesday from 7pm to 8pm at the Bootstrap Charity Building, 18 Ashwin Street, London E8 3DL, provided hot meals and compassionate support to more than 50 homeless and vulnerable people each week.

This initiative offered not only nourishment but also companionship, a sense of dignity, and connection to wider support networks.

Community Support Hub - Walthamstow

Our Community Support Hub and Charity Shop, located at Ground Floor, 112 Markhouse Road, Walthamstow, London E17 8GB, continued to operate as a vital community wellbeing centre.

Services delivered from the hub include:

- Health education and wellbeing sessions
- Shower and hygiene facilities
- Access to clothing and food support
- Community engagement and social inclusion activities

The hub provides a safe and supportive environment for individuals in need, promoting dignity, personal development, and social inclusion.

Our Impact

In 2024, Maffkam Medicare strengthened its community presence and deepened its impact across London. Our work provided immediate relief for those experiencing homelessness and hardship, while our ongoing educational and advocacy initiatives promoted long-term improvements in health awareness and wellbeing.

The positive feedback and growing participation in our programmes demonstrate the vital role our charity plays in supporting vulnerable populations and fostering healthier, more inclusive communities.

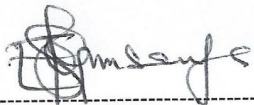
Acknowledgements

The Trustees wish to extend heartfelt gratitude to Mrs Mary Kamara, our Founder and principal Funder, for her enduring dedication and generosity.

We also thank our Trustees, healthcare professionals, volunteers, and community partners for their ongoing commitment, compassion, and contribution to our mission.

Together, we remain committed to building a fairer, healthier, and more inclusive society for all.

This report was approved by the trustees and signed on its behalf by:



Eunice Davies-Ogunsanya
Trustees

Date : **09 January 2026**

MAFFKAM MEDICARE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2024

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
Income and endowments from:				
Donations and legacies	2	19,977.00	19,977.00	200.00
Total		19,977.00	19,977.00	200.00
Expenditure on:				
Raising funds	3	1,476.00	1,476.00	-
Charitable activities	4	16,265.00	16,265.00	300.00
Total		17,741.00	17,741.00	300.00
Net income/(expenditure)		2,236.00	2,236.00	(100.00)
Net movement in funds		2,236.00	2,236.00	(100.00)
Reconciliation of funds:				
Total funds brought forward		19.00	19.00	119.00
Total funds carried forward		2,255.00	2,255.00	19.00

MAFFKAM MEDICARE

BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2024

Recommended categories by activity	Notes	Total Funds 2024 £	Total Funds 2023 £
Current assets			
Cash at bank and in hand	6	2,755.00	19.00
Total current assets		2,755.00	19.00
Creditors: amounts falling due within one year	7	500.00	-
Net current assets/(liabilities)		2,255.00	19.00
Total net assets		2,255.00	19.00
Funds of the Charity			
Unrestricted funds	8	2,255.00	19.00
Restricted funds	8	-	-
Endowment funds	8	-	-
Total funds		2,255.00	19.00

The financial statements were approved by the trustees on 09 January 2026 and signed on its behalf by:

Eunice Davies-Ogunsanya
Trustees

Date : 09 January 2026

MAFFKAM MEDICARE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2024

1. Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

1.1 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

1.2 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

2. Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Donation and gifts	19,977.00	19,977.00	200.00
Total	19,977.00	19,977.00	200.00

3. Expenditure on Raising Funds

Analysis	Unrestricted funds	Total funds 2024
	£	£
Rent collection, property repairs and maintenance charges	1,476.00	1,476.00
Total	1,476.00	1,476.00
Support Costs	-	-
	1,476.00	1,476.00

4. Expenditure on Charitable Activities

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Charity management & administration	385.00	385.00	300.00
Cost of services	14,450.00	14,450.00	-
Printing and stationery	930.00	930.00	-
Total	15,765.00	15,765.00	300.00
Support Costs	500.00	500.00	-
	16,265.00	16,265.00	300.00

5. Support Costs

	Total funds 2024
Analysis	£
Support Costs	
Governance Costs	
Accountants fees	500.00
	<u>500.00</u>

6. Cash at bank and in hand

	Total funds 2024	Total funds 2023
	£	£
Cash at bank and in hand	2,755.00	19.00
Total	<u>2,755.00</u>	<u>19.00</u>

7. Creditors: Amounts falling due within one year

	Total funds 2024
	£
Other creditors	500.00
Total	<u>500.00</u>

8. Charity funds

8.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds	19.00	19,977.00	17,741.00	-	-	2,255.00

8.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds	119.00	200.00	300.00	-	-	19.00

MAFFKAM MEDICARE

England & Wales - Charity number 1180567

Accounts



Trustees' Annual Report for the period

	Period start date			To	Period end date		
From	1 ST	JANUARY	2023		31 ST	DECEMBER	2023

Reference and administration details

Charity name MAFFKAM MEDICARE

Other names charity is known by

Registered charity number (if any) 1180567

Charity's principal address

174 GIPSY ROAD
WELLING
KENT
Postcode DA16 1JQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person body entitled to appoint trustee (
1	Eunice Davies-Ogunsanya	chair	15/03/2022	Board of Trustees
2	Racheal Oluwatoyin Odetayo	Trustee	15/03/2022	Board of Trustees
3	Sabaina Mamie kassay	Trustee	30/07/2020	Board of Trustees
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The objects of the CIO are: To relieve sickness, promote and preserve good health by the provision of appropriate resources and/or services, in such parts of England and overseas, as the Trustees from time to time may think fit.</p>

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Activities in furthering our Object

We provide healthcare outreach programmes in Sierra Leone. We provide or facilitate health education, awareness programmes in London (England) and Sierra Leone, by providing advice, advocacy and information. We will provide advice about wellness and preventative care to the elderly and the vulnerable in England in general and London in particular.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RISK MANAGEMENT

Trustees have assessed all the major risks to which the charity maybe exposed to, in particular those related to operations and finances of the charity, and are satisfied that policies and procedures are in place to mitigate exposure to such risks.

The following policies are in place to balance benefits against any detriment or harm:

- Quality Policy,
- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year

The founder Mrs Mary Kamara made donations = 200 Pounds which enabled the charity to pay for preparation of this year's Annual Accounts and IER.

Brief statement of the charity's policy on reserves**Details of any funds materially in deficit****Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds is from donations made by trustees, supporters and members of the public.

Our Conflict of Interest Policy.

The main focus of this policy is the transparency with which trustees account for the activities of;

- Investment of funds and resources
- Private benefit
- Covering legal requirements.
- developing good record-keeping and reporting practice.

Trustees have and must accept ultimate responsibility for directing the affairs of the charity, and ensuring:

- that it is solvent, well-run, and delivering the charitable outcomes for the benefit of the public for which it has been set up.
- Ensure that the charity complies with charity law, and with the requirements of the Charity Commission as regulator; in particular ensure that the charity prepares reports on what it has achieved and Annual Returns and accounts as required by law.
- Ensure that the charity does not breach any of the requirements or rules set out in its governing document and that it remains true to the charitable purpose and objects set out therein.
- Comply with the requirements of other legislation and other regulators (if any) which govern the activities of the charity.
- Act with integrity, and avoid any personal conflicts of interest or misuse of charity funds or assets.
- Ensure that the charity is and will remain solvent.
- Use charitable funds and assets reasonably, and only in furtherance of the charity's objects.
- Avoid undertaking activities that might place the charity's endowment, funds, assets or reputation at undue risk.

- Take special care when investing the funds of the charity, or borrowing funds for the charity to use.
 - Use reasonable care and skill in their work as trustees, using their personal skills and experience as needed to ensure that the charity is well-run and efficient.
 - Consider getting external professional advice on all matters where there may be material risk to the charity, or where the trustees may be in breach of their duties.
- All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' above report

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Eunice Davies-Ogunsanya Eunice Davies-Ogunsanya	Sabaina Mamie kassay
Position (eg Secretary, Chair, etc)	Chair/trustee	Trustee
Date	26/01/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
MAFFKAM MEDICARE	1180567

Receipts and payments account

CC16a

For the period from	Period start date	To	Period end date
	01/1/2023		31/12/2023

Part A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest
Receipts					
Donations	200	-	-	200	710
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Grand total (Gross income for AR)	200	-	-	200	710
Asset and investment sales, (see note 16).					
	-	-	-	-	-
	-	-	-	-	-
Grand total	-	-	-	-	-
Total receipts	200	-	-	200	710

Payments

Cost of activities	300	-	-	300	610
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	300	-	-	300	610
Asset and investment purchases, (see table)	300				
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	300	-	-	300	610
Net of receipts/(payments)	(100)	-	-	(100)	100
Transfers between funds	-	-	-	-	
Cash funds last year end	119	-	-	119	19
Cash funds this year end	19	-	-	19	119

Statement B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
Cash funds		to nearest £ -	to nearest £ -	to nearest £ -
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

OK
Unrestricted funds

OK
Restricted funds

OK
Endowment funds

Details

to nearest £

to nearest £

to nearest £

Other monetary assets

-
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-
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Details

Fund to which asset belongs

Cost (optional)

Current value (optional)

Investment assets

-
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Details

Fund to which asset belongs

Cost (optional)

Current value (optional)

Assets retained for the charity's

in use

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Details

Fund to which liability relates

Amount due (optional)

When due (optional)

Liabilities

-

		-	
		-	
		-	

Two trustees on behalf of all

Signature	Print Name	Date of approval
	Eunice Davies-Ogunsanya	26/01/2024
	Sabaina Mamie kassay	26/01/2024

MAFFKAM MEDICARE

England & Wales - Charity number 1180567

Accounts



Trustees' Annual Report for the period

	Period start date			To	Period end date		
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Reference and administration details

Charity name MAFFKAM MEDICARE

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174 GIPSY ROAD
WELLING
KENT
Postcode DA16 1JQ

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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year

Two new trustees were appointed to help facilitate the activities of the charity.

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

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- All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' above report

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Eunice Davies-Ogunsanya Eunice Davies-Ogunsanya	Sabaina Mamie kassay
Position (eg Secretary, Chair, etc)	Chair/trustee	Trustee
Date	16/02/2023	

Receipts and payments account

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

No (if any)

1180567

MAFFKAM MEDICARE

from	Period start date 01/1/2022	To	Period end date 31/12/2022
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For the period

Part A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest
Receipts					
Donations	710	-	-	710	2900
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	710	-	-	710	2900
Asset and investment sales, (see note 16)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	710	-	-	710	2900

Payments

Cost of activities	610	-	-	610	2800
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	610	-	-	610	2800
Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	610	-	-	610	2800
Net of receipts/(payments)	100	-	-	100	100
Transfers between funds	-	-	-	-	-
Cash funds last year end	119	-	-	119	19
Cash funds this year end	219	-	-	219	119

Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

OK
Unrestricted funds

OK
Restricted funds

OK
Endowment funds

Other monetary assets

Details

to nearest £

to nearest £

to nearest £

-
-
-
-
-
-

-
-
-
-
-
-

-
-
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-
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-

Investment assets

Details

Fund to which asset belongs

Cost (optional)

Current value (optional)

-
-
-
-
-

-
-
-
-
-

Assets retained for the charity's own use

Details

Fund to which asset belongs

Cost (optional)

Current value (optional)

-
-
-
-
-
-
-
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-
-
-
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-
-

Liabilities

Details

Fund to which liability relates

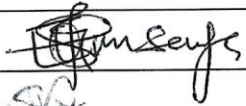

Amount due (optional)

When due (optional)

-
-

		-	
		-	
		-	

Two trustees on behalf of all

Signature	Print Name	Date of approval
	Eunice Davies-Ogunsanya	16/02/2023
	Sabaina Mamie kassay	16/02/2023

MAFFKAM MEDICARE

England & Wales - Charity number 1180567

Accounts



Trustees' Annual Report for the period

Period start date		To	Period end date		
From	1 ST JANUARY 2021		31 ST DECEMBER	2021	

Reference and administration details

Charity name **MAFFKAM MEDICARE**

Other names charity is known by

Registered charity number (if any) **1180567**

Charity's principal address

174 GIPSY ROAD

WELLING

KENT

Postcode

DA16 1JQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (body) entitled to appoint trustee (
1	Mrs Mary K. Kamara	Chair / trustee	10/11/2019	Board of Trustees
2	Mrs. C. Sally Wokeh	Trustee	27/03/2019	Board of Trustees
3	Mrs. Gloria I. Fisher	Trustee	15/10/2019	Board of Trustees
4	Sabaina Mamie kassay	Trustee	30/07/2020	Board of Trustees
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The objects of the CIO are: To relieve sickness, promote and preserve good health by the provision of appropriate resources and/or services, in such parts of England and overseas, as the Trustees from time to time may think fit.</p>

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Activities in furthering our Object

We provide healthcare outreach programmes in Sierra Leone. We provide or facilitate health education, awareness programmes in London (England) and Sierra Leone, by providing advice, advocacy and information. We will provide advice about wellness and preventative care to the elderly and the vulnerable in England in general and London in particular.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RISK MANAGEMENT

Trustees have assessed all the major risks to which the charity maybe exposed to, in particular those related to operations and finances of the charity, and are satisfied that policies and procedures are in place to mitigate exposure to such risks.

The following policies are in place to balance benefits against any detriment or harm:

- Quality Policy,
- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year

This financial year the founder, Mrs Mary K. Kamara single – handedly provided funds the activities of the charity

Brief statement of the charity's policy on reserves**Details of any funds materially in deficit****Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds is from donations made by trustees, supporters and members of the public.

Our Conflict of Interest Policy.

The main focus of this policy is the transparency with which trustees account for the activities of;

- Investment of funds and resources
- Private benefit
- Covering legal requirements.
- developing good record-keeping and reporting practice.

Trustees have and must accept ultimate responsibility for directing the affairs of the charity, and ensuring:

- that it is solvent, well-run, and delivering the charitable outcomes for the benefit of the public for which it has been set up.
- Ensure that the charity complies with charity law, and with the requirements of the Charity Commission as regulator; in particular ensure that the charity prepares reports on what it has achieved and Annual Returns and accounts as required by law.
- Ensure that the charity does not breach any of the requirements or rules set out in its governing document and that it remains true to the charitable purpose and objects set out therein.
- Comply with the requirements of other legislation and other regulators (if any) which govern the activities of the charity.
- Act with integrity, and avoid any personal conflicts of interest or misuse of charity funds or assets.
- Ensure that the charity is and will remain solvent.
- Use charitable funds and assets reasonably, and only in furtherance of the charity's objects.
- Avoid undertaking activities that might place the charity's endowment, funds, assets or reputation at undue risk.

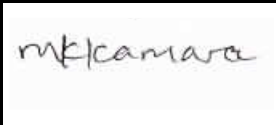
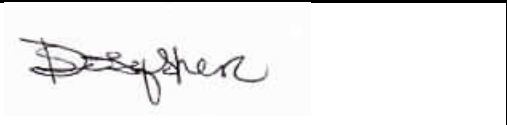
- Take special care when investing the funds of the charity, or borrowing funds for the charity to use.
 - Use reasonable care and skill in their work as trustees, using their personal skills and experience as needed to ensure that the charity is well-run and efficient.
 - Consider getting external professional advice on all matters where there may be material risk to the charity, or where the trustees may be in breach of their duties.
- All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mrs Mary K. Kamara	Mrs. Gloria I. Fisher
Position (eg Secretary, Chair, etc)	Chair/trustee	Trustee
Date	16/02/2022	

Charity Name	No (if any)
MAFFKAM MEDICARE	1180567

Receipts and payments accounts			
For the period from	Period start date	To	Period end date
	01/1/2021		31/12/2021

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest
Receipts					
Donations	2900	-	-	2900	2575
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2900	-	-	2900	2575
Asset and investment sales, (see note 16).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2900	-	-	2900	2575

Payments					
Cost of activities	2800	-	-	2800	2556
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2800	-	-	2800	2556
Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2800	-	-	2800	2556
Net of receipts/(payments)	100	-	-	100	-
Transfers between funds	-	-	-	-	-
Cash funds last year end	19	-	-	19	-
Cash funds this year end	119	-	-	119	19

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

OK
Unrestricted funds

OK
Restricted funds

OK
Endowment funds

Other monetary assets

Details	to nearest £	to nearest £	to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

**Assets retained for the charity's
in use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	


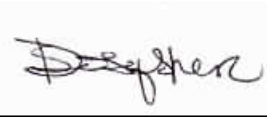
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ned by one or two trustees on behalf of
he trustees

Signature

Print Name

Date of appro

MARY K. KAMARA
Mrs. Gloria I. Fisher

16/02/2022

MAFFKAM MEDICARE

England & Wales - Charity number 1180567

Accounts



Trustees' Annual Report for the period

	Period start date			To	Period end date		
From	1 ST	JANUARY	2020		31 ST	DECEMBER	2020

on A

Reference and administration details

Charity name MAFFKAM MEDICARE

Other names charity is known by

Registered charity number (if any) 1180567

Charity's principal address

174 GIPSY ROAD

WELLING

KENT

Postcode

DA16 1JQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1		Chair / trustee	10/11/2019	Board of Trustees
2		Trustee / Secretary	27/03/2019	Board of Trustees
3		Trustee / Treasurer	15/10/2019	Board of Trustees
4				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are:

1. To relieve the mental and physical sickness of persons resident in Gwent - suffering from bereavement or loss; by the provision of counselling and support for such persons
2. To act as a resource for young orphans living in Ivory Coast; by providing advice and assistance and organising or sponsoring programmes of physical, educational and other activities as a means of:
 - (a) advancing in life and helping young orphans by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;

(b) advancing education;
(c) relieving unemployment;
(d) providing recreational and leisure time activity in the interests of social welfare for young orphans living in the area of benefit who have need by reason of their youth, age, poverty or social and economic circumstances, with a view to improving the conditions of life of such persons.

we encourage and support the participation of young orphans in primary/secondary school education, vocational training courses.
In December 2018 Christmas period we supported young orphan at - la pouponnière de yopougou, in Ivory Coast, by distributing items such as; clothing, teddies, milk, etc

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RISK MANAGEMENT

Trustees have assessed all the major risks to which the charity maybe exposed to, in particular those related to operations and finances of the charity, and are satisfied that policies and procedures are in place to mitigate exposure to such risks.

The following policies in place to balance benefits against any detriment or harm:

- Quality Policy,
- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year

During the COVID – 19 lockdown in 2020, this chair did donated money and received material donations such as clothings and toys. New mothers were given cloyhings at Ebbw vale Manchester and Bristol.

In December 2020, the chair of the board of trustees travelled to Ivory Coast to meet with the beneficiaries of our activities. she paid for her flight, accommodation and local transportation, without any cost to this charity. She spent her money for shipping clothing items donated in UK, to Ivory Coast for distribution to orphanages:Grand Bassam, Yopougnon bingerville.

Brief statement of the charity's policy on reserves**Details of any funds materially in deficit****Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds is from donations made by trustees, supporters and members of the public.

Our Conflict of Interest Policy.

The main focus of this policy is the transparency with which trustees account for the activities of;

- Investment of funds and resources
- Private benefit
- Covering legal requirements.
- developing good record-keeping and reporting practice.

Trustees have and must accept ultimate responsibility for directing the affairs of the charity, and ensuring:

- that it is solvent, well-run, and delivering the charitable outcomes for the benefit of the public for which it has been set up.
- Ensure that the charity complies with charity law, and with the requirements of the Charity Commission as regulator; in particular ensure that the charity prepares reports on what it has achieved and Annual Returns and accounts as required by law.
- Ensure that the charity does not breach any of the requirements or rules set out in its governing document and that it remains true to the charitable purpose and objects set out therein.
- Comply with the requirements of other legislation and other regulators (if any) which govern the activities of the charity.
- Act with integrity, and avoid any personal conflicts of interest or misuse of charity funds or assets.
- Ensure that the charity is and will remain solvent.
- Use charitable funds and assets reasonably, and only in furtherance of the charity's objects.
- Avoid undertaking activities that might place the charity's endowment, funds, assets or reputation at undue risk.

- Take special care when investing the funds of the charity, or borrowing funds for the charity to use.
- Use reasonable care and skill in their work as trustees, using their personal skills and experience as needed to ensure that the charity is well-run and efficient.
- Consider getting external professional advice on all matters where there may be material risk to the charity, or where the trustees may be in breach of their duties.

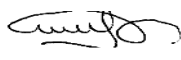
All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ms Moulo MOBIO	
Position (eg Secretary, Chair, etc)	Chair/trustee	

Date	29/06/2021
-------------	------------

Charity Name	No (if any)
MAFFKAM MEDICARE	1180567

Receipts and payments accounts			
For the period from	Period start date	To	Period end date
	01/1/2020		31/12/2020

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest
Receipts					
Donation	2575	-	-	2575	2600
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Grand total (Gross income for AR)	2575	-	-	2575	2600
Asset and investment sales, (see note 10).					
	-	-	-	-	-
	-	-	-	-	-
Grand total	-	-	-	-	-
Total receipts	2575	-	-	2575	2600
Payments					
Shipping of goods from UK to Ivory Coast	1850	-	-	1850	690

Cost of activities in UK	450	-	-	450	370
Volunteers	300	-	-	300	350
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2600	-	-	2600	1410
Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	2600	-	-	2600	1410
Total of receipts/(payments)	-	-	-	-	-
Transfers between funds	-	-	-	-	-
Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Assets retained for the charity's in use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Liabilities			-	
			-	
			-	


-
-

ned by one or two trustees on behalf of
he trustees

Signature

Print Name

Date of appro



MS MOULO MOBIO

29/06/21