

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A Reference and administration details

Charity name Life Brooks International

Other names charity is known by

Registered charity number (if any) 1180557

Charity's principal address The Old School House

Gladstone Mews, Gladstone Road,

Bournemouth

Postcode BH7 6BG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Omotola Odukoya			
2	Olafiyinfoluwa Taiwo			
3	Adebanke Adetoro			
4	Marian Adeluyi			
5	Titilope Adeoye			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation whose only voting members are its charitable trustees
Trustee selection methods (eg. appointed by, elected by)	Charity was set up by some of the trustees and others are appointed by the Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To act as a resource for young people living in deprived areas/communities by providing advice, information and assistance and organising programmes of physical, educational and other activities as a means of:

- a) helping young people to develop their skills, capacities, and capabilities to enable them to participate in society as independent, mature and responsible individuals,

- b) providing recreational and leisure activities in the interests of social welfare for people who are isolated and are in condition of need by reason of age, sickness, disability, poverty, or social and economic circumstances.

The prevention or relief of poverty by providing or assisting in the provision of education, training, healthcare, food and all the necessary support designed to enable families with children and young people to generate a sustainable income and be self-sufficient.

During the reporting period, the charity continued to advance its charitable objects for the public benefit by delivering targeted support, educational programmes, and welfare interventions for children, young people, and families experiencing disadvantage in the United Kingdom and internationally.

In the United Kingdom, the charity worked with children and young people in care, those involved in or at risk of involvement with the criminal justice system, children and young people with disabilities, those experiencing mental health challenges, and children and young people who identify as LGBTQ+. Our programmes focused on improving quality of life, physical and mental health wellbeing, and supporting positive personal development, while addressing social exclusion and disadvantage.

The charity delivered out-of-school provision for children and young people from deprived communities, with the aim of building confidence, self-esteem, self-worth, resilience, and aspirations, enabling participants to develop the skills and outlook needed to become responsible, fulfilled, and active members of society.

Activities delivered during the year included financial literacy education, arts and crafts initiatives, structured leisure activities, and coaching and mentoring programmes. These programmes were complemented by educational and inspirational visits to notable companies and organisations, designed to raise aspirations, broaden career awareness, and build confidence through exposure to professional environments and role models.

The charity also organised educational support sessions for children and young people in care across the United Kingdom, providing additional learning opportunities and pastoral support to improve engagement, attainment, and wellbeing.

Internationally, the charity supported children and young people in deprived communities by providing essential educational and healthcare supplies, enabling access to local primary and secondary education. These interventions contributed to improved school attendance, enhanced learning conditions, and better educational outcomes.

In addition, the charity provided bi-monthly food supplies to families with children in need, helping to address food insecurity and support household stability.

The charity also delivered business and enterprise training to young widows with dependent children and to young women engaged in vocational trades.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This support was accompanied by small grants to purchase essential business equipment, enabling participants to increase income-generating capacity, improve economic independence, and enhance long-term family wellbeing.

Throughout the year, the Trustees ensured that activities were carried out in furtherance of the charity's objects and for the benefit of the public. The Trustees have had due regard to the guidance issued by the Charity Commission on public benefit in exercising their powers and duties.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

During the year, the charity achieved significant progress in delivering its programmes for children, young people, and families experiencing disadvantage in the United Kingdom and internationally.

The Resilience for Life project, funded by the National Lottery Community Fund, successfully concluded this year. The programme was delivered to children in care (looked after children) and care leavers, with a focus on building resilience, supporting mental wellbeing, and equipping participants with practical coping mechanisms within a safe and supportive environment. Through age-appropriate, creative, and engaging workshops, participants developed emotional resilience, practical life skills, financial literacy, and social independence skills to support their transition to independent living. The project was delivered successfully in the London Borough of Barking and Dagenham, and funding is actively being sought to enable continuation and expansion of this impactful programme.

The Dare to Achieve programme, funded by the London Borough of Barking and Dagenham, commenced during the year and remains in active delivery. In addition, Dare to Achieve was successfully delivered to children and young people in care, those involved in or at risk of involvement with the criminal justice system, children and young people with disabilities, mental health challenges, and those who identify as LGBTQ+ across multiple local authority areas including the London Boroughs of Havering, Redbridge, Tower Hamlets and Newham, as well as Salford Council in Greater Manchester. This represents a significant expansion of the programme's geographic reach and impact.

Internationally, the charity significantly expanded its delivery of education and welfare support. Through the Foodshed Programme, delivered in partnership with five delivery organisations under a memorandum of understanding, the charity provided food and basic support to over 32,000 families, representing a substantial increase on the previous year. These interventions helped to address food insecurity and improve household stability for families with children in deprived communities.

The charity also distributed over 22,000 sanitary packs to female students in senior examination classes, helping to reduce barriers to school attendance and participation. In addition, textbooks and teachers' guides were provided to 15 secondary schools, benefiting over 120,000 students by improving access to quality learning materials and supporting teaching delivery.

Through the Dare to Achieve programme internationally, the charity provided examination materials and back-to-school support to over 12,000 students, contributing to improved educational participation and attainment.

Collectively, these achievements demonstrate the charity's continued commitment to improving quality of life, educational access, resilience, and wellbeing for children, young people, and families facing disadvantage, while strengthening delivery capacity and extending reach across both the United Kingdom and international contexts.

Section E

Financial review

Brief statement of the charity's policy on reserves

Life Brooks International has a Reserve Policy of 3-month operational cost to ensure a measure of sustainability.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Olafiyinfoluwa Taiwo

Position (eg Secretary, Chair, etc)

Trustee

Date

05.01.2026



Registered Charity Number: 1180557

5th January 2026

Period of accounts

Start date: 1st April 2024

End date: 31st March 2025

STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
<u>INCOME</u>		
Balance B/F	10,553.84	2,305.00
GRANTS/DONATIONS UNRESTRICTED	2,500.00	4,200.00
RESTRICTED	10,000.00	9,985.00
ASSET TRANSFER	0.00	0.00
NET INTEREST		
TOTAL INCOME	23,053.84	16,490.00
<u>EXPENDITURE</u>		
PROJECT RESTRICTED	13,979.60	4,636.16
UNRESTRICTED	2,148.57	575.00
ADMINISTRATION	1,200.00	600.00
BANK/MONEY TRANSFER CHARGES	185.00	125.00
TOTAL EXPENDITURE	<u>17,513.17</u>	<u>5,936.16</u>
NET INCOME/(EXPENDITURE)	5,540.67	10,553.84
BALANCE CARRIED FORWARD AT 31ST MARCH 2025	<u>5,540.67</u>	<u>10,553.84</u>

**ADDITIONAL INCOME AND FINACIAL ACTIVITY FOR THE YEAR ENDED 31ST
MARCH 2025**

We appreciate all our donors and supporters who donated to Life Brooks International, particularly the following individuals for their in-kind donations: Management Committee for contributing their time, skills and expertise to Life Brooks International and projects.

We are grateful to the London Borough of Barking and Dagenham for the Neighbourhood Community Infrastructure Levy grant of £10, 000.

Trustees and volunteers donated approximately 3500 hours of time overseeing projects, fundraising and developing strategy.

We are also grateful to the following organisations for their donations and support:

Community Action Network, Dorset for the tailored support in developing the Trustee Induction Pack, onboarding new trustees and updating the policies.

Salford CVS for the tailored support in organisational development, trustee training, volunteer management, and fundraising support.

Individuals and companies who donated items and/or subsidised the cost of food, sanitary and textbook supplies.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31st MARCH 2025

1. ACCOUNTING POLICIES INCOME

Income resources are included in gross and are accounted for on a receipt basis.

2. EXPENDITURE

Resources expended are shown gross and are accounted for on a payment basis. Costs are allocated directly to the category to which they relate, where this allocation is not possible, costs are allocated within “administration.”

3. RESTRICTED AND UNRESTRICTED FUNDS

No funds were received in the year with restrictions attached to their use.

BALANCE SHEET AT 31ST MARCH 2025

	2025 £	2024 £
CURRENT ASSETS		
BALANCE AT BANK	5,540.67	10,553.84
TOTAL ASSETS	5,540.67	10,553.84
CURRENT LIABILITIES	-	-
NET ASSETS	5,540.67	10,553.84

Signature:



Name: **Omotola Odukoya**

Designated Role: **Trustee/Treasurer**

Date: 5th January 2026.