

# Trustees' Annual Report for the period

| From | Period start date |       |      | To | Period end date |       |      |
|------|-------------------|-------|------|----|-----------------|-------|------|
|      | 01                | April | 2023 |    | 31              | March | 2024 |

## Section A Reference and administration details

Charity name Life Brooks International

Other names charity is known by

Registered charity number (if any) 1180557

Charity's principal address The Old School House

Gladstone Mews, Gladstone Road,

Bournemouth

Postcode BH7 6BG

### Names of the charity trustees who manage the charity

|    | Trustee name         | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---|
| 1  | Omotola Odukoya      |                 |                                   |   |
| 2  | Olafiyinfoluwa Taiwo |                 |                                   |   |
| 3  | Adebanke Adetoro     |                 |                                   |   |
| 4  | Marian Adeluyi       |                 |                                   |   |
| 5  | Titilope Adeoye      |                 |                                   |   |
| 6  |                      |                 |                                   |   |
| 7  |                      |                 |                                   |   |
| 8  |                      |                 |                                   |   |
| 9  |                      |                 |                                   |   |
| 10 |                      |                 |                                   |   |
| 11 |                      |                 |                                   |   |
| 12 |                      |                 |                                   |   |
| 13 |                      |                 |                                   |   |
| 14 |                      |                 |                                   |   |
| 15 |                      |                 |                                   |   |
| 16 |                      |                 |                                   |   |
| 17 |                      |                 |                                   |   |
| 18 |                      |                 |                                   |   |
| 19 |                      |                 |                                   |   |
| 20 |                      |                 |                                   |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

## Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

## Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

|   |  |
|---|--|
| Type of governing document<br>(eg. trust deed, constitution)        | Constitution   |
| How the charity is constituted<br>(eg. trust, association, company) | Charitable Incorporated Organisation whose only voting members are its charitable trustees   |
| Trustee selection methods<br>(eg. appointed by, elected by)         | Charity was set up by some of the trustees and others are appointed by the Board of Trustees |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

|  |
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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To act as a resource for young people living in deprived areas/communities by providing advice, information and assistance and organising programmes of physical, educational and other activities as a means of:

- helping young people to develop their skills, capacities, and capabilities to enable them to participate in society as independent, mature and responsible individuals,

- b) providing recreational and leisure activities in the interests of social welfare for people who are isolated and are in condition of need by reason of age, sickness, disability, poverty, or social and economic circumstances.

The prevention or relief of poverty by providing or assisting in the provision of education, training, healthcare, food and all the necessary support designed to enable families with children and young people to generate a sustainable income and be self-sufficient.

We provided out of school sessions to children and young people from deprived communities in the UK and aim to build their confidence, self-esteem, self-worth and aspirations so that they can become responsible and fulfilled members of society.

We delivered financial literacy classes, arts and crafts initiatives, leisure activities, coaching and mentoring programmes including trips to notable companies to boost confidence whilst providing opportunities to explore different career options.

We organised educational sessions in the UK for children and young people in care.

Internationally we provided children and young people in deprived communities with essential (educational and healthcare) supplies needed so that they can attend local primary and secondary schools in their communities, improve school attendance and raise educational attainment.

We provided food supplies bi-monthly to families with children in need.

We delivered business training to young widows with children and young women in vocational trades with a small grant to buy essential business equipment.

The Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

A new programme - Resilient for life specifically provided for children in care (looked after children) and care leavers has been introduced. This programme aims to enable resilience as well as support their mental wellbeing by providing them with future coping mechanisms within a safe space. Through age appropriate creative and fun workshops, they are equipped with coping strategies for practical living including emotional, practical financial literacy, social independence skill for living independently. The first-year delivery is funded by the National Lottery Community Fund for the London Borough of Barking and Dagenham area.

Following the memorandum of understanding signed with 5 delivery partners for our foodshed programme, the programme served over 25, 957 families with food and basic support.

The Charity distributed over 18000 sanitary packs to female students in major examination classes. Textbooks and teacher's guide were provided to 10 secondary schools to benefit over 95, 000 students.

Dare to Achieve provided examination materials and back to school support to over 9000 students.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

Life Brooks International has a Reserve Policy of 6-month operational cost to ensure a measure of sustainability.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

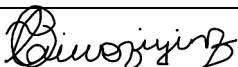
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

Olafiyinfoluwa Taiwo

**Position (eg Secretary, Chair, etc)**

Trustee

**Date**

25.01.2025





**Registered Charity Number: 1180557**

**25<sup>th</sup> January 2025**

**Period of accounts**

**Start date: 1<sup>st</sup> April 2023**

**End date: 31<sup>st</sup> March 2024**



**STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31ST MARCH 2023**

|   | 2024<br>£               | 2023<br>£              |
|---|-------------------------|------------------------|
| <b><u>INCOME</u></b>                                  |                         |                        |
| Balance B/F   | 2,305.00                | 2,500.00               |
| GRANTS/DONATIONS<br>UNRESTRICTED                      | 4,200.00                | 3,126.00               |
| RESTRICTED  | 9,985.00                | 0.00                   |
| ASSET TRANSFER  | 0.00                    | 0.00                   |
| NET INTEREST  |                         |                        |
| TOTAL INCOME  | 16,490.00               | 5,626.00               |
| <b><u>EXPENDITURE</u></b>                             |                         |                        |
| PROJECT<br>RESTRICTED                                 | 4,636.16                | 0.00                   |
| UNRESTRICTED  | 575.00                  | 2,800.00               |
| ADMINISTRATION  | 600.00                  | 300.00                 |
| BANK/MONEY TRANSFER CHARGES                           | 125.00                  | 221.00                 |
| <b>TOTAL EXPENDITURE</b>                              | <b><u>5,936.16</u></b>  | <b><u>3,321.00</u></b> |
| <b>NET INCOME/(EXPENDITURE)</b>                       | <b>10,553.84</b>        | <b>2,305.00</b>        |
| <b>BALANCE CARRIED FORWARD AT<br/>31ST MARCH 2024</b> | <b><u>10,553.84</u></b> | <b><u>2,305.00</u></b> |

**ADDITIONAL INCOME AND FINACIAL ACTIVITY FOR THE YEAR ENDED 31ST  
MARCH 2024**

We appreciate all our donors and supporters who donated to Life Brooks International particularly the following individuals for their in-kind donations: Management Committee for contributing their time, skills and expertise to Life Brooks International and projects.

We are grateful to the National Lottery Community Fund for the Awards for All grants of £9,985.00

Trustees and volunteers donated approximately 2000 hours of time overseeing projects, fundraising and developing strategy.

We are also grateful to the following organisations for their donations and support:

Community Action Network, Dorset for the tailored support in developing the Trustee Induction Pack, onboarding new trustees and updating the policies.

Salford CVS for the tailored support in organisational development, trustee training, volunteer management, and fundraising support.

Individuals and companies who donated items and/or subsidised the cost of food, sanitary and textbook supplies.

## **NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31st MARCH 2024**

### **1. ACCOUNTING POLICIES INCOME**

Income resources are included gross and are accounted for on a receipt basis.

### **2. EXPENDITURE**

Resources expended are shown gross and are accounted for on a payment basis. Costs are allocated directly to the category to which they relate, where this allocation is not possible, costs are allocated within “administration.”

### **3. RESTRICTED AND UNRESTRICTED FUNDS**

No funds were received in the year with restrictions attached to their use.

**BALANCE SHEET AT 31ST MARCH 2024**

|                     | 2024<br>£ | 2023<br>£ |
|---------------------|-----------|-----------|
| CURRENT ASSETS      |           |           |
| BALANCE AT BANK     | 10,553.84 | 2,305.00  |
| TOTAL ASSETS        | 10,553.84 | 2,305.00  |
| CURRENT LIABILITIES | -         | -         |
| NET ASSETS          | 10,553.84 | 2,305.00  |

Signature: *OmotolaOdukoya*

Name: **Omotola Odukoya**

Designated Role: **Trustee/Treasurer**

Date: 25<sup>th</sup> January 2025.