

**COMPANY REGISTRATION NUMBER: 10989018**  
**CHARITY REGISTRATION NUMBER: 1180535**

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**30 September 2020**

**COHEN ARNOLD**  
Chartered accountants  
New Burlington House  
1075 Finchley Road  
LONDON  
NW11 0PU

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Financial Statements**  
**Year ended 30 September 2020**

---

	<b>Pages</b>
Trustees' annual report (incorporating the director's report)	<b>1 to 2</b>
Independent examiner's report to the trustees	<b>3</b>
Statement of financial activities (including income and expenditure account)	<b>4</b>
Statement of financial position	<b>5</b>
Notes to the financial statements	<b>6 to 10</b>

---

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Trustees' Annual Report (Incorporating the Director's Report)**  
**Year ended 30 September 2020**

---

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 30 September 2020.

**Reference and administrative details**

**Registered charity name** Mother to Mother Limited

**Charity registration number** 1180535

**Company registration number** 10989018

**Principal office and registered office** 62 Hillside Gardens  
Edgware  
HA8 8HD

**The trustees** A N Landau  
S N Jackson  
J H Morhaim

**Company secretary** B Landau

**Independent examiner** Cohen Arnold  
New Burlington House  
1075 Finchley Road  
LONDON  
NW11 0PU

**Structure, governance and management**

**Legal Status**

The Charity was incorporated on 29 September 2017 and is governed by its Memorandum and Articles of Association.

**Management**

The Charity is run by the trustees who all act on a voluntary basis.

**Trustees appointment, induction and training**

Trustees are appointed according to the Articles of Association. New trustees undergo a briefing on their legal obligations and responsibilities under company and charity law.

**Risk management**

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems help reduce the exposure to risks.

**Public Benefit**

The Trustees confirm their compliance with the duty to have due regard to the public benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

## **Mother to Mother Limited**

### **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 30 September 2020**

---

#### **Objectives and activities**

The charity's objects are to promote the physical and mental health of post-natal women and their families through the provision of support and practical advice.

#### **Activities**

We have expanded and improved our range of activities over the past year, particularly in response to the Covid-19 crisis. The mother and baby social groups and baby weigh-in sessions continued to be popular but were suspended in March 2020. In their place we introduced a host of innovative remote activities, including doorstep delivery of baby scales, video consults with an expert paediatric nurse about baby care, mother and baby music groups over zoom, and a series of activities and groups for mothers during the evenings, also over zoom. We continued to provide befriending, mentoring and listening ear services, via the phone instead of face-to-face.

#### **Achievements and performance**

We reached over 200 families via our various channels of support and programming during the past year. We have also had our work recognised by a variety of funders, including grant makers such as The London Community Response Fund and Barnet Community Response Fund as well as trusts from within the Jewish community including the Delapage Trust and Shores Charitable Trust, indicating a good quality of work and our relevance to current priorities in the charitable sector. We improved our infrastructure by developing our processes and policies, as well as by creating the new position of office and events manager. We trained a new cohort of volunteers to undertake listening ear services.

We received a high level of positive feedback from our beneficiaries, indicating an overall high quality of service. We have likewise had positive feedback from repeat funders, who are satisfied with the work we are carrying out.

#### **Targets**

In 2020/21, we aim to diversify our fundraising strategy to include a higher level of community fundraising. We plan to improve and develop our publicity channels to raise awareness of what we do and how to access the services. We plan to further develop infrastructure and policies to support our continued growth. We plan to open a community kitchen project so that we can provide cooked food for the families we support at better value for money (thereby maximising charitable funds), with healthier menus and, by utilising a rota of volunteers to assist with the project, with the goal of maintaining our grassroots feel and keeping the community actively involved in what we do.

The trustees are pleased to report that at the time of writing, some of these targets have already been achieved

#### **Financial review**

As at 30 September 2020 the charity had £1,277 unrestricted funds and £18,337 restricted funds. The restricted funds are available to be spent on the charity's main activities and the trustees therefore believe that the current level of reserves is adequate.

#### **Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 24 June 2021 and signed on behalf of the board of trustees by:

A N Landau  
Trustee



**Mother to Mother Limited**

**Company Limited by Guarantee**

**Independent Examiner's Report to the Trustees of Mother to Mother Limited**

**Year ended 30 September 2020**

---

I report to the trustees on my examination of the financial statements of Mother to Mother Limited ('the charity') for the year ended 30 September 2020.

**Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

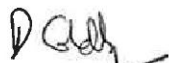
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**David Goldberg, FCA DChA**

Cohen Arnold

New Burlington House

1075 Finchley Road

LONDON

NW11 0PU

24 June 2021

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Statement of Financial Activities**  
**(including income and expenditure account)**  
**Year ended 30 September 2020**

			2020		2019
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	2,693	36,500	39,193	3,098
Investment income	6	—	—	—	1
<b>Total income</b>		<u>2,693</u>	<u>36,500</u>	<u>39,193</u>	<u>3,099</u>
<b>Expenditure</b>					
Expenditure on charitable activities	7,8	2,118	18,163	20,281	11,539
<b>Total expenditure</b>		<u>2,118</u>	<u>18,163</u>	<u>20,281</u>	<u>11,539</u>
<b>Net income/(expenditure) and net movement in funds</b>		<u>575</u>	<u>18,337</u>	<u>18,912</u>	<u>(8,440)</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		702	—	702	9,142
<b>Total funds carried forward</b>		<u>1,277</u>	<u>18,337</u>	<u>19,614</u>	<u>702</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 6 to 10 form part of these financial statements.

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Statement of Financial Position**  
**30 September 2020**

	Note	2020 £	2019 £
<b>Current assets</b>			
Cash at bank and in hand		23,601	2,530
<b>Creditors: amounts falling due within one year</b>	<b>12</b>	<u>3,987</u>	<u>1,828</u>
<b>Net current assets</b>		<u>19,614</u>	<u>702</u>
<b>Total assets less current liabilities</b>		<u>19,614</u>	<u>702</u>
<b>Net assets</b>		<u>19,614</u>	<u>702</u>
<b>Funds of the charity</b>			
Restricted funds		18,337	—
Unrestricted funds		<u>1,277</u>	<u>702</u>
<b>Total charity funds</b>	<b>13</b>	<u>19,614</u>	<u>702</u>


For the year ending 30 September 2020 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 24 June 2021, and are signed on behalf of the board by:

  
**A N Landau**  
Trustee

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements**  
**Year ended 30 September 2020**

---

**1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 62 Hillside Gardens, Edgware, HA8 8HD.

**2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

**3. Accounting policies**

**Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

**Going concern**

There are no material uncertainties about the charity's ability to continue.

**Judgements and key sources of estimation uncertainty**

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The Trustees do not consider there are any critical judgements or sources of estimation uncertainty requiring disclosure beyond the accounting policies listed below.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.



**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements** *(continued)*  
**Year ended 30 September 2020**

---

**3. Accounting policies** *(continued)*

**Incoming resources**

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates.

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

**Governance costs**

Governance costs are associated with the governance arrangements of the charity and relate to the general running of the charity. These costs include legal advice for Trustees and costs associated with meeting constitutional and statutory requirements such as the cost of Trustee meetings and the preparation of the statutory accounts.

**Financial instruments**

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

**4. Limited by guarantee**

The liability of each trustee in the event of winding up is limited to £10.

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements** *(continued)*  
**Year ended 30 September 2020**

**5. Donations and legacies**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
<b>Donations</b>			
Donations	2,693	—	2,693
<b>Grants</b>			
Grants receivable	—	36,500	36,500
	<u>2,693</u>	<u>36,500</u>	<u>39,193</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
<b>Donations</b>			
Donations	3,098	—	3,098
<b>Grants</b>			
Grants receivable	—	—	—
	<u>3,098</u>	<u>—</u>	<u>3,098</u>

**6. Investment income**

	Unrestricted Funds £	Total Funds 2020 £	Unrestricted Funds £	Total Funds 2019 £
Bank interest receivable	—	—	1	1

**7. Expenditure on charitable activities by fund type**

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Post-natal support service	500	18,163	18,663
Support costs	1,618	—	1,618
	<u>2,118</u>	<u>18,163</u>	<u>20,281</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
Post-natal support service	9,614	—	9,614
Support costs	1,925	—	1,925
	<u>11,539</u>	<u>—</u>	<u>11,539</u>

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements** *(continued)*  
**Year ended 30 September 2020**

---

**8. Expenditure on charitable activities by activity type**

	Activities undertaken directly	Support costs	Total funds 2020	Total fund 2019
	£	£	£	£
Post-natal support service	18,663	—	18,663	9,614
Governance costs	—	1,618	1,618	1,925
	<u>18,663</u>	<u>1,618</u>	<u>20,281</u>	<u>11,539</u>

**9. Independent examination fees**

	2020 £	2019 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,440</u>	<u>—</u>

**10. Staff costs**

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2020 £	2019 £
Wages and salaries	2,434	—
Social security costs	51	—
	<u>2,485</u>	<u>—</u>

The average number of employees during the year is analysed as follows:

	2020 No.	2019 No.
Staff	<u>1</u>	<u>—</u>

No employee received employee benefits of more than £60,000 during the year (2019: Nil).

**11. Trustee remuneration and expenses**

There was no remuneration paid to the Trustees. The charity did not meet any individual expenses incurred by the Trustees for services provided to the Charity.

**Mother to Mother Limited**  
**Company Limited by Guarantee**  
**Notes to the Financial Statements** *(continued)*  
**Year ended 30 September 2020**

**12. Creditors: amounts falling due within one year**

	<b>2020</b>	2019
	£	£
Trade creditors	467	–
Accruals and deferred income	1,440	900
Social security and other taxes	308	–
Other creditors	1,772	928
	<u>3,987</u>	<u>1,828</u>

**13. Analysis of charitable funds**

**Unrestricted funds**

	At 1 Oct 2019	Income	Expenditure	At 30 Sep 2020
	£	£	£	£
General funds	702	2,693	(2,118)	1,277

	At 1 Oct 2018	Income	Expenditure	At 30 Sep 2019
	£	£	£	£
General funds	9,142	3,099	(11,539)	702

**Restricted funds**

	At 1 Oct 2019	Income	Expenditure	At 30 Sep 2020
	£	£	£	£
Restricted Fund	–	36,500	(18,163)	18,337

	At 1 Oct 2018	Income	Expenditure	At 30 Sep 2019
	£	£	£	£
Restricted Fund	–	–	–	–

**14. Analysis of net assets between funds**

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	2020
	£	£	£
Current assets	5,264	18,337	23,601
Creditors less than 1 year	(3,987)	–	(3,987)
<b>Net assets</b>	<u>1,277</u>	<u>18,337</u>	<u>19,614</u>
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	2019
	£	£	£
Current assets	2,530	–	2,530
Creditors less than 1 year	(1,828)	–	(1,828)
<b>Net assets</b>	<u>702</u>	<u>–</u>	<u>702</u>