



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01-01-2023 Period start date To 31-12-2023 Period end date

Charity name: The General & Medical Foundation

Charity registration number: 1180523

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide financial or practical support for the benefit of people resident in the UK with medical conditions or disabilities to aid them in the activities of daily living.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Occasional local community fundraising activities and donations from businesses and G&M Group.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All guidance has been adhered to.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Contributions from any source are held in a dedicated Trust bank account.
Other		

Achievements and Performance

Additional information (optional)

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Contribution made by Volunteers	Part 1.28	Contributions from any source are held in a dedicated Trust bank account.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	New Trustees selected by the Trustee Board

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The General & Medical Foundation
Other name the charity uses	
Registered charity number	1180523
Charity's principal address	General & Medical House Napier Place Peterborough PE2 6XN

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Accounts examined by external auditor
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held in an interest bearing Trust Bank account
Amount of reserves held	Para 1.22	£70,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47		
Investment policy and objectives including any social investment policy adopted	Para 1.46		
A description of the principal risks facing the charity	Para 1.46		
Other			

Reference and Administrative details

Charity name	The General & Medical Foundation
Other name the charity uses	
Registered charity number	1180523
Charity's principal address	General & Medical House Napier Place Peterborough PE2 6XN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Wildman	Trustee	29 May 2018	Trustee Board
2	Gillian Close	Trustee	29 May 2018	Trustee Board
3	Philip Wildman	Trustee	10 May 2022	Trustee Board
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Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

n/a

Exemptions from disclosure

Reason for non-disclosure of key personnel details


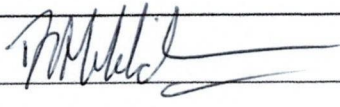
n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Gillian Close	David Wildman
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date	23-02-2024
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Charity registration number: 1180523

The General & Medical Foundation

Annual Report and Financial Statements
for the Year Ended 31 December 2023

The General & Medical Foundation

Reference and Administrative Details

Charity name: The General & Medical Foundation

Charity registration number: 1180523

Principal Office: 56a Napier Place
Orton Wistow
Peterborough
PE2 6XN

Trustees: Gillian Close (Chair)
Philip James Wildman
David Aubrey Wildman

The General & Medical Foundation

Independent Examiners Report

I report on the accounts of The General & Medical Foundation for the year ended 31 December 2023, which are set out on the following pages.

Respective responsibilities of Trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- * examine the accounts under section 145 of the 2011 Act
- * to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- * to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and given as to whether the accounts present a 'true and fair view' and the report is limited to consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - * to keep accounting records in accordance with section 130 of the 2011 Act and
 - * to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Paul O'Brien

Name: Paul O'Brien (ICPA) - Dragonfly (Accounting & Financial Management) Ltd
Address: 34 King James Close, Fordham, Ely, CB7 5ZH.

The General & Medical Foundation

Statement of Financial Activities for the year ended 31 December 2023

	Total 2023 £	Total 2022 £
<u>Incoming resources:</u>		
Donations	35,503	-
Interest Received	760	78
Total Incoming resources	36,263	78
<u>Resources expended</u>		
Advertising	457	-
Expenses	-	501
Donations	120	250
Admin Expenses	35	35
Total Expenditure	612	786
Net Income/(Expenditure) for the year	35,651	(708)
<u>Reconciliation of funds</u>		
Total funds brought forward	35,844	36,552
Total funds carried forward	71,495	35,844

Paul O'Brien


Name: Paul O'Brien (ICPA) - Dragonfly (Accounting & Financial Management) Ltd
Address: 34 King James Close, Forham, Ely, CB7 5ZH

The General & Medical Foundation

Balance Sheet for the year ended 31 December 2023

	2023	2022
	£	£
FIXED ASSETS		
Equipment	-	-
CURRENT ASSETS		
Cash at bank and in hand	71,495	35,844
Debtors	-	-
	<u>71,495</u>	<u>35,844</u>
CREDITORS: amounts falling due		
within one year	-	-
NET CURRENT ASSETS	<u>71,495</u>	<u>35,844</u>
NET ASSETS	<u>71,495</u>	<u>35,844</u>
TOTAL FUNDS	<u>71,495</u>	<u>35,844</u>

The financial statements were approved and authorised for issue by the Trustees
and signed on their behalf by:


Gillian Close (Chair)
Trustee

Date 23.02.24.

The General & Medical Foundation

Notes to the financial statements for the year ended 31 December 2023

1. Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)(effective 1 January 2015) – (Charities SORP (FRS102)) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and to the Companies Act 2006.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

2. Trustees' remuneration and expenses

No trustees received any remuneration during the year.

3. Taxation

The company is a registered charity and is, therefore, exempt from taxation.

Gillian Cross (Chair)
Trustee

28.02.24
Date