

JONATHAN'S VOICE

England & Wales · Charity number 1180424

Details

Status Registered

Legal form Trust

Registered 2018-10-24

Register [View on the Charity Commission register](#)

Contact

Address 35 Ramsay Road
Headington
Oxford
OX3 8AY

Phone 07887548134

Email info@jonathansvoice.org.uk

Website www.jonathansvoice.org.uk

Activities

Objects: TO ADVANCE HEALTH BY:1. INCREASING THE UNDERSTANDING AND AWARENESS OF SUICIDE RISK, PARTICULARLY IN YOUNG PROFESSIONAL PEOPLE WITH A VIEW TO REDUCING STIGMA AND EMPOWERING INDIVIDUALS TO SPEAK ABOUT MENTAL HEALTH BY EDUCATING COMPANIES AND INDIVIDUALS THROUGH THE ORGANISATION OF WORKSHOPS AND USE OF TRAINING AND EDUCATION MATERIALS2. EDUCATING ORGANISATIONS, PARTICULARLY IN THE PROFESSIONAL ENVIRONMENT, FOR THE PURPOSE OF ENCOURAGING THEM TO CREATE THE RIGHT SUPPORT STRUCTURES, POLICIES AND PRACTICE TO SUPPORT EMPLOYEES WITH MENTAL HEALTH AND WELL-BEING BY PROVIDING WORKSHOPS WHICH INFORM THEM OF THE RISK OF SUICIDE AND OF THE NEED FOR SUCH MENTAL HEALTH INITIATIVES

Activities: INCREASING THE UNDERSTANDING AND AWARENESS OF SUICIDE RISK, PARTICULARLY IN YOUNG PROFESSIONAL PEOPLE WITH A VIEW TO REDUCING STIGMA AND EMPOWERING INDIVIDUALS TO SPEAK ABOUT MENTAL HEALTH BY EDUCATING COMPANIES AND INDIVIDUALS THROUGH THE ORGANISATION OF WORKSHOPS AND USE OF TRAINING AND EDUCATION MATERIAL

Classification

- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Charities Or Voluntary Bodies

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£30,269	£50,646	-	-
2024-10-31	£37,380	£44,047	-	-
2023-10-31	£49,319	£46,644	-	-
2022-10-31	£96,817	£46,006	-	-
2021-10-31	£37,790	£28,145	-	-
2020-10-31	£15,152	£15,612	-	-

Trustees

Name	Role	Appointed
Dr David Edward McCartney BMBCH, MA	Chair	2018-05-26
Dr DAVID GRAHAM MCCARTNEY MA DPHIL		2018-05-26
Dr David Cox		2021-07-26
Dr Paul Meller		2022-02-05
ELEANOR LESLEY MCCARTNEY BA		2018-05-23
Edward Belknap		2025-12-01
Keven Bader		2022-11-09
VALERIE JUNE MCCARTNEY B.Ed M.A		2018-05-26

JONATHAN'S VOICE

England & Wales - Charity number 1180424

Accounts

Jonathan's Voice
(Registered charity, number 1180424)
Financial statements
for the year ended 31 October 2025

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**Jonathan's Voice
Trustees' annual report
for the year ended 31 October 2025**

Full name Jonathan's Voice

Registered charity number 1180424

Principal address 35 Ramsay Road, Headington, Oxford, OX3 8AY

Trustees

David Edward McCartney, Chair

Eleanor Lesley McCartney, Secretary

David Cox

Keven Bader

Valerie June McCartney

David Graham McCartney

Paul Meller

Edward Belknap, from 01/12/25

Independent examiner

Eva Stevens, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management

The charity is constituted as a Charitable Trust (Unincorporated Charity) with a Trust Deed dated 18th October 2018 and entered onto the Charity Commission Register on 24th October 2018 with the number 1180424.

There must be at least 5 trustees. Apart from the first trustees, every trustee must be appointed for a term of three years by a resolution of the existing trustees. Any eligible trustee may be re-appointed for a period of 3 years.

Objectives and activities

To advance health by:

1. Increasing the understanding and awareness of suicide risk, particularly in young professional people with a view to reducing stigma and empowering individuals to speak about mental health by educating companies and individuals through the organisation of workshops and use of training and education materials.
2. Educating organisations, particularly in the professional environment, for the purpose of encouraging them to create the right support structures, policies and practice to support employees with mental health and well-being by providing workshops which inform them of the risk of suicide and of the need for such mental health initiatives.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Jonathan's Voice

Summary of the main activities undertaken for the public benefit

Jonathan's Voice was established in 2018 after Jonathan McCartney tragically took his own life in October 2017 at the age of 35.

We provide expert mental health training and resources and support research into a better understanding of suicidal behaviour. We provide training and resources that are free of charge at the point of delivery. We undertake the following activities:

- Raising awareness of mental health and wellbeing in workplaces throughout the UK, with a particular focus on the business sector concerned with intellectual property, by researching, collating, producing and disseminating resources and providing in-person and videoconference-based talks.
- Raising awareness of mental health and wellbeing with the chartered institutes and related organisations for the intellectual property profession, by providing talks, presentations and exhibitor stands at their professional conferences and training events.
- Providing expert training in the workplace to recognise and address mental health issues in individuals, teams and organisations by delivering workshops and training events both in person and online, including self-help videos and podcasts.
- Addressing the specific mental health challenges of men and early career professionals by delivering talks and delivering webinars to these groups.
- Supporting Dr S Bennett from the University of Glasgow to communicate and widely disseminate her research into the cultural and social factors that put men at risk of suicidal despair, and the factors that can aid men to recover a meaningful life.
- Increasing engagement with, and awareness of, mental health and wellbeing through: our website (www.jonathansvoice.org.uk), podcasts in collaboration with professional bodies that are available on Spotify, articles in professional journals and social media communications on LinkedIn (<https://www.linkedin.com/company/jonathan-s-voice/>).

We have well established processes to ensure clarity of activity, consistency of delivery, and good governance in all areas of work that we do and support.

Summary of the main achievements during the period

In 2024-2025 Jonathan's Voice has continued to open up the conversation about mental health in the workplace and to provide resources to organisations and individuals in order to support good mental health. We aim to make a positive impact by working principally in partnership with businesses and other organisations to develop a mentally healthy environment where all may thrive. We provide all training activities and materials free at the point of delivery but donations to support delivery and development costs of materials are encouraged.

Jonathan's Voice

Particular highlights were as follows:

- Our key new project for this year was to develop successfully and launch a new resource in the form of an online library of short (5-10 mins) self-help videos. This makes high-quality, accessible mental health and wellbeing support available to IP professionals when they need it most. Eight videos were made available by the end of our year (31st October 2025) and more are in preparation for 2025-2026.
- In October 2025, we were proud to be recognised by Appleyard Lees LLP for our contributions to and impact on mental health and wellbeing in the intellectual property (IP) profession. Three people within the firm were recognised for their contributions to mental health and wellbeing and were each presented with "Jonathan's Voice" award.
- In April 2025, our lead mental health consultant was invited to speak at the Norwegian Association of Intellectual Property Administrators (NAIPA) Annual Conference in Oslo. Her presentation, "Time to Nurture your Workplace Wellbeing" was well received by over 90 delegates from European countries. This invitation recognises the impact of our work in the UK in the IP profession.
- In November 2025, we were invited to record a series of three podcasts on the theme, "Mental Health and the Patent Profession" by the European Patent Institute (epi) which is the professional body that represents all European patent attorneys. This invitation also reflects the high esteem in which our work is held and the impact it is having on the mental health landscape in the profession.

The following sections give more detailed information concerning our different areas of work.

Improving mental health in workplaces – *publications, talks and related activities*

Mental health awareness appears to have reached a turning point over the past few years with people in the public eye being prepared to talk more openly about their mental health challenges. Whilst these stories help break down stigma and may encourage people to seek support, in many workplaces stigma remains, and many organisations fail to give mental wellbeing sufficient priority.

We have continued our work to improve mental health in work places and this has involved both short workshops and longer training events. There was a particular focus on training, through both on-line and in-person activities, for the following groups: (i) those at the early stages of their careers and (ii) line manager training. This training is designed to help individuals to better look after their mental health and wellbeing and to equip organisations to provide the necessary support structures. In 2023-2024, we developed a new approach to mental health training for line managers which was piloted in November with a large IP firm and now forms the basis of our current training and consultation offer (details of which are on our website <https://jonathansvoice.org.uk/training-consultancy>).

Jonathan's Voice

Our work is beginning to have a significant impact on organisations in the IP sector. For example, one firm said, *"It's important to us to create an environment where our people feel safe and confident in talking about their mental health. Equipping our people to be able to provide the right support for their team member and colleagues is just as important"*.

Our major new project for this year was to successfully develop and launch a new resource in the form of an online library of short (5-10 mins) self-help videos (<https://jonathansvoice.org.uk/self-help-videos>). The videos are delivered by a range of people with particular areas of expertise. Topics covered so far include: "Getting to Grips with Stress" (4 videos), "Mindfulness for Working Minds" (3 videos) and "The Power of Mastermind Groups for IP Professionals". These videos provide high-quality, accessible mental health and wellbeing support which is available to IP professionals when they need it; it is a 24/7 resource.

In total, ten videos were made available on our website by the end of our charity year (31st October 2025) and more are in preparation for 2025-2026. We promote the release of videos on our LinkedIn page and also by email campaigns to selected groups. We have used Google Analytics to track and analyse website traffic, user behaviour, and other metrics such as which pages they view. Since the release of the first video in July 2025 the page for the self-help videos is consistently ranked as the 2nd most frequently visited. The most frequently visited page is the home page of our website. It is also notable that after beginning to release videos our website visitor numbers have increased by around 75%. We can conclude that the self-help videos are being viewed by the community will be having an impact. They are attracting an increase in users to our website.

We also updated our published guide aimed at senior leaders, previously called *"Advancing the Mental Health Agenda"*. It is now aimed at line managers as well as senior leaders and the new title is, *"Supporting mental health and wellbeing in your company: a guide for senior leaders and managers"* (<https://jonathansvoice.org.uk/guide-for-senior-leaders>).

We have found that small pocket size Z-cards have proved immensely popular and we distribute them on request to firms or at conferences. One firm ordered one hundred cards last year and so we extended the range available and created one entitled, *"Taking the conversation further"*, giving clear simple guidance on how to have a conversation about wellbeing. There is a digital version on our website (<https://heyzine.com/flip-book/4ccda3bf8c.html>) and hard copies are supplied on request.

We continued to have a programme of joint lunchtime webinars with Intellectual Property Inclusive (a UK-based, professional initiative dedicated to promoting equality, diversity, inclusion, and mental wellbeing within the intellectual property (IP) sector). Over the year, seven one-hour webinars were held with an average online attendance of around fifty. Some of these focussed on important dates in the mental health calendar such as World Suicide Prevention Day. IP Inclusive also promoted our activities and resources through their newsletters and social media communications.

Jonathan's Voice

We gave talks and/or had an exhibitor's stand at conferences organised by the key intellectual property professional bodies for in the UK namely the Chartered Institute of Patent Attorneys and the Chartered Institute of Trade Mark Attorneys. Through these activities we have reached some 500 delegates including early careers attorneys and paralegal/business support staff.

One of our key objectives is to engage with early career professionals. In 2024-2025, we gave a webinar to students at Queen Mary University London who were enrolled on postgraduate certificate courses related to intellectual property law. We also held a joint webinar with IP Inclusive with the title, "*Getting off to a Good Start for trainees*" and were represented at the CIPA student conference in April 2025.

Men's mental health in the workplace is a topic that demands attention and understanding as men often face unique challenges and barriers when it comes to seeking support and maintaining their wellbeing in the professional realm. Another of our key objectives has been to engage in more work with this in mind. In collaboration with IP Inclusive, we organised a highly successful in-person men's mental health event in London entitled, "Men and Suicide" with guest speaker Dr S Bennett from the University of Glasgow whose PhD research we part-funded in previous years. As described below, we continue to contribute to the work she is doing to share key findings from her research, shedding light on crucial aspects of male suicide.

The Trustees are very grateful for the generous donations from companies, groups and individual supporters that allows us to continue to offer these activities free of charge.

Raising awareness of mental health issues – *social media, website, blogs, podcasts, newsletters, articles in the press and in journals*

Our website (www.jonathansvoice.org.uk) continues to attract a significant number of users which has increased by over 75% since we have made available online our self-help videos. We continue to actively maintain our website and post regular blogs as well as providing links to recordings of our webinars or podcasts, our three (free to download) mental health guides and our newsletters that are published every four months.

The content of the blogs ranges from looking after yourself and looking after other people to information about recent research and reports and advertising forthcoming webinars. We use LinkedIn posts about each blog to alert followers to newly uploaded blogs. The impact of this is that they increase knowledge and awareness of mental health issues and provide helpful and well-evidenced information and guidance for individuals and organisations. Over the year we posted approximately 3 blogs per month and had just over 20,000 views of these; an average of around 600 views per blog and an increase of 25% over the previous year.

Jonathan's Voice

Podcasts have also played an important part in our activities to support mental health and wellbeing and to provide 24/7 access. Notably we recorded three podcasts on the theme "*Mental Health and the Patent Profession*" (<https://www.epi-learning.org/course/view.php?id=129>) for the European Patent Institute (epi) which is the professional body that represents all European patent attorneys. These are available to a wider audience on Spotify and Apple Podcasts platforms.

Articles written by our trainers "*How to play your Part in the Mental Health Conversation*" and "*Why we should train managers in mental health awareness*" have been published by Managing IP, a global media outlet for the intellectual property community which is recognised as a leading publication in the field.

We continue to keep our social media strategy under review and 2024-2025 we discontinued our use of X (formerly Twitter) and focused our activities on LinkedIn. Our reach on LinkedIn increased significantly during the year from by around 25% from 820 to just over 1000 followers. Posts about forthcoming webinars or events, and new or updated resources always receive many impressions as do summaries of those events with links to recordings of webinars. We made around 8-10 posts per month with an average of around 450 impressions per post; the most popular post had 1466 impressions.

Our quarterly newsletters, distributed electronically using the Mailchimp platform and also released on LinkedIn, reach a wide audience of over 600 subscribers. An archive of newsletters is also made available on our website. In newsletters, we provide information about the people who work with us, the work of the charity on mental health support, fundraising activities and updates on the progress on the dissemination of the research we funded at the University of Glasgow.

The Trustees are very grateful to the editors and journalists for assisting with these podcasts which enabled us to reach a wider audience and increase our impact.

Supporting dissemination of research – Dr S Bennett

We part funded Dr Susie Bennett's 4-year PhD research at the University of Glasgow, exploring cultural and social factors affecting male suicide risk and recovery. Her work produced a PhD and several highly regarded papers in international peer-reviewed journals.

Dr. Bennett, supported principally by the charity MANUP?, is now widely sharing key findings from her research and shedding light on crucial aspects of male suicide. She has hosted many nationwide knowledge-sharing events. Dr Bennett maintains a dedicated website, <https://malesuicideresearch.com/resources/>, where she provides free public guides that translate complex research findings into accessible, practical information for the general public. These guides give an overview of her research into male suicide risk factors and discuss key points about working well with men who are suicidal and give research recommendations.

Jonathan's Voice

Dr Bennett writes, *"I am really proud that over the 18 months since finishing my PhD we have been able to share findings through events, webinars, and trainings with many members of the general public as well as public health and suicide prevention teams across the country, government departments, homeless and addiction charities, mental health groups, the police, NHS teams, therapist networks in the UK and North America, and integrated care boards"*.

We are delighted that the research that we supported is now having such a significant impact.

Fundraising

We depend on the generous support from individuals and businesses to carry out our vital charitable work. The Trustees are especially grateful again this year to the IP firm Mewburn Ellis LLP. As part of their community programme, their inclusion and diversity collaboration group chose to support our work with a £20,000 donation for another year.

The Trustees continue to be most grateful to all those who have donated, raised money, made regular donations and supported the charity over the past 12 months.

Financial review

Total receipts for the period were £30,320 and total payments were £50,697; a deficit for the year of £20,377. At 31/10/2025 the charity had reserves and cash in the bank of £110,578 with liabilities of £564. All income received in the period was unrestricted.

Although we had a deficit for the year, our reserves indicate a still very positive position for the charity to be in and provide the opportunity to continue to widen our charitable activities in the 2025-2026 charity year.

The charity's policy on reserves

The Trustees aim to retain free reserves at a minimum level sufficient to cover 6 months of expenditure. This will enable the charity to protect the continuity of its core activities during any periods of reduced income. The level of reserves required is therefore approximately £22,000 and the charity currently holds free reserves comfortably in excess of this.

There are no uncertainties about the charity's ability to continue as a going concern. The charity incurs a low level of day-to-day costs and has sufficient funds to continue to operate for at least the next 12 months.

Signed on behalf of the charity's trustees:

Signed Valerie J. McCartney
Valerie June McCartney, Trustee

Date 31 March 2026

**Independent examiner's report to the trustees of
Jonathan's Voice
for the year ended 31 October 2025**

I report to the trustees on my examination of the accounts of Jonathan's Voice (the charity) for the year ended 31 October 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

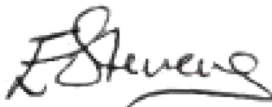
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 31/03/2026
Eva Stevens BSc, CPFA
Employee of Community Accounting Plus

Jonathan's Voice
Receipts & payments account
for the year ended 31 October 2025

2024 £		Note	2025 £
	Receipts		
32228	Grants & donations	2	24486
3420	Charitable activities		4200
1732	Bank interest		1583
<u>37380</u>	Total receipts		<u>30269</u>
	Payments		
234	Bank charges		88
192	Conference and event fees		-
33718	Consultant fees		40280
4383	Contractor fees - Administration		5301
504	Fundraising subscriptions		216
905	Governance costs		609
121	Insurance		109
1200	IT Support		1960
45	Postage		32
191	Printing and design		468
-	Professional advice		48
190	Promotional materials		-
54	Room hire		-
725	Software subscriptions		499
103	Stationery and office supplies		115
939	Travel		355
543	Website		566
<u>44047</u>	Total payments		<u>50646</u>
(6667)	Net receipts/(payments)		(20377)
<u>137622</u>	Cash funds at start of this period		<u>130955</u>
<u>130955</u>	Cash funds at end of this period		<u>110578</u>

**Jonathan's Voice
Statement of assets and liabilities
at 31 October 2025**

2024		2025
£	Cash assets	£
130955	Bank accounts	110578
<u>130955</u>		<u>110578</u>
	Other monetary assets	
41	Prepayments - Insurance	37
<u>41</u>		<u>37</u>
	Assets retained for the charity's own use	
	General equipment.	
	Liabilities	
(540)	Creditors - Governance costs - IE fee	(564)
(2753)	Other creditors	-
<u>(3293)</u>		<u>(564)</u>

These financial statements are accepted on behalf of the charity by:

Signed  Date 31 March 2026
David Graham McCartney, Trustee

Jonathan's Voice
Notes to the accounts
for the year ended 31 October 2025

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Grants & donations

	£
Mewburn Ellis	20000
Gift aid	612
Sundry donations	3874
	<u>24486</u>

3. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

4. Related party transactions

There were no related party transactions during the period.

5. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Prepayments: These are services that the charity has paid for in advance, but not used during the accounting period.

JONATHAN'S VOICE

England & Wales - Charity number 1180424

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st November 2023

To 31st Oct 2024

Charity name: Jonathan's Voice

Charity registration number: 1180424

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Increasing the understanding and awareness of suicide risk, particularly in young professional people, with a view to reducing stigma and empowering individuals to speak about mental health by educating companies and individuals through the organisation of workshops and use of training and education materials. Educating organisations, in the professional environment, for the purpose of encouraging them to create the right support structures, policies and practice to support employees with mental health and well-being by providing workshops which inform them of the risk of suicide and of the need for such mental health initiatives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Jonathan's Voice was established in 2018 after Jonathan McCartney tragically took his own life in October 2017 at the age of 35. We provide expert mental health training and resources and support research into a better understanding of suicidal behaviour. We provide training and resources that are free of charge at the point of delivery. We undertake the following activities: • Raising awareness of mental health and wellbeing in workplaces throughout the UK, with a particular focus on the business sector concerned with intellectual property, by researching, collating, producing and disseminating resources and providing in-person and video conference-based talks. • Raising awareness of mental health and wellbeing with the chartered institutes and related organisations for the intellectual property profession, by providing talks, presentations and exhibitor stands at their professional conferences and training events. • Providing expert training in the workplace to recognise and address mental health issues in individuals, teams and organisations by delivering workshops and training events both in person and online. • Addressing the specific mental health challenges of men and early career professionals by delivering talks and delivering webinars to these groups.

		- Supporting Dr S Bennett to communicate and widely disseminate her research into the cultural and social factors that put men at risk of suicidal despair, and the factors that can aid men to recover a meaningful life. - Increasing engagement with, and awareness of, mental health and wellbeing through: our website (www.jonathansvoice.org.uk), podcasts in collaboration with professional bodies that are available on Spotify, articles in professional journals, social media communications on LinkedIn (https://www.linkedin.com/company/jonathan-s-voice/) and on X @jonathans_voice. We have well established processes to ensure clarity of activity, consistency of delivery, and good governance in all areas of work that we do and support.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm that they have adhered to the statutory requirements issued by the Charity Commission relating to charitable trusts and their public benefit responsibilities. They further confirm that all current and planned activities of Jonathan's Voice are aligned with these requirements and with the Trust Deed of Jonathan's Voice.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Introduction In 2023-2024 Jonathan's Voice has continued to open up the conversation about mental health in the workplace and to provide resources to organisations and individuals in order to support good mental health. We aim to make a positive impact by working principally in partnership with businesses and other organisations to develop a mentally healthy environment where all may thrive. We provide all training activities and materials free at the point of delivery but donations to support delivery and development costs of materials are welcomed. In December 2023 we were proud to receive an award as one of the most influential people in the Intellectual Property (IP) profession in 2023 from Managing IP (a UK media group behind the publication and analysis of IP news and information). Overall highlights are as follows: • delivered general mental health awareness sessions in-person and on-line to an estimated 1100 individuals working in firms including five joint webinars with IP Inclusive for some 220 people • conference talks have reached some 320 delegates • longer and more in-depth bespoke line-manager training events are consistently highly rated • initiated a program of in-person men's mental health events – two events in London attracted over 70 attendees The following sections give more detailed information concerning our different areas of work. Improving mental health in workplaces – <i>publications, talks and related activities</i> Mental health awareness appears to have reached a turning point over the past few years with people in the public eye being prepared to talk more openly about their mental health challenges. Whilst these stories help break down stigma and may encourage people to seek support, in many workplaces stigma remains, and many organisations fail to give mental wellbeing sufficient priority. Our main goal over the year was to provide high-quality talks, training events and webinars, supported by evidence-based resources. These talks and webinars are designed to help individuals to better look after their mental health and wellbeing and to equip organisations to provide the necessary support structures. In 2023/2024, we developed a new approach to mental health training for line managers which will be piloted in November 2024 with a large IP firm and will form the basis of our future training and consultation offer (details of which are on our website https://jonathansvoice.org.uk/training-consultancy). We also added audio content to our highly regarded Digital Guide for Paralegals, and Business Support Staff in the Intellectual Property profession. This ensures improved accessibility to this highly regarded online material. We continue to be highly regarded by the professional organisations for those who work in the Intellectual Property (IP) profession. The Chartered Institute of Patent Attorneys (CIPA) and the Chartered Institute of Trade Mark Attorneys (CITMA) both recognise the quality and importance of the work that Jonathan's Voice is doing. We gave talks and/or had an exhibitor's stand at several of CIPA and CITMA organised conferences during the year. IP (Intellectual Property) Inclusive is an award-winning network

	of intellectual property professionals working to make their professional community more equal, diverse and inclusive. This organisation recognises Jonathan's Voice as being the principal mental health arm of the organisation. They promoted our activities and resources via their newsletters and social media communications, and joined forces with us to deliver webinars. We also led the revision and updating of the Mental Health Hub on their website. One of our key objectives is to engage with early career professionals. In 2023/24 we gave a webinar to students at Queen Mary University London who were enrolled on postgraduate certificate courses related to intellectual property law. We also provided webinars to early career groups of the CIPA including a talk at their annual Student Conference in April 2024 with the title "<i>Starting out in patents: don't journey alone!</i>". Practical coping strategies for adjusting to the challenges that many trainees face were presented. This session signposted the important support systems that are available. Men's mental health in the workplace is a topic that demands attention and understanding as men often face unique challenges and barriers when it comes to seeking support and maintaining their wellbeing in the professional realm. Another of our key objectives has been to engage in more work with this in mind. In collaboration with IP Inclusive, we organised two highly successful in-person men's mental health events with external speakers bringing expert insights. Nick Bloy of Wellbeing Republic covered topics including the barriers that exist for men in speaking up or seeking support. James McFarlane (an IP solicitor involved with men's mental health projects, and also a LawCare Champion) spoke about fostering openness in men's mental wellbeing. It was encouraging that these events attracted in total over 70 attendees and we are continuing to emphasise this theme into 2024-2025. The Trustees are very grateful for the generous donations from companies, groups and individual supporters that allows us to continue to offer these activities free of charge. Raising awareness of mental health issues – social media, website, blogs, podcasts, newsletters, articles in the press and in journals Our website continues to attract a significant number of visitors. We continue to actively maintain our website and post regular blogs as well as providing links to recordings of our webinars or podcasts, our three (free to download) mental health guides and our Newsletters that are published every four months. We post blogs on our website (www.jonathansvoice.org.uk) and the content ranges from looking after yourself and looking after other people to information about recent research and reports and advertising forthcoming webinars. The charity uses social media posts about each blog to alert followers to newly uploaded blogs. The impact of the variety of blogs is that they increase knowledge and awareness of mental health issues and provide helpful and well-evidenced information and guidance for individuals and organisations. Over the year we posted approximately 3 blogs per month and had just over 20,000 views of our posts; an average of around 600 views per blog and an increase of 25% over the previous year. Posts on the Mental Health Awareness Week theme for 2023-24 and on the national Time to Talk Day theme were especially well read. We continue to keep our social media strategy under review and in 2023-2024 focused our activities on X (formerly known as Twitter) and on LinkedIn. Our reach on LinkedIn increased significantly during the year. We now have around 820 followers on LinkedIn (an approximately 20% increase on the previous year). Posts about
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forthcoming webinars or events, and new or updated resources always receive many impressions as do summaries of those events with links to recordings of webinars. On LinkedIn we made around 5-6 posts per month with an average of around 450 impressions per post; the most popular post had 1466 impressions.

On X, our number of followers was around 520 and similar to the previous year. We have had around 50 to 100 views per post, again similar to the previous year. A notably successful post was "*Supporting colleagues who may be struggling with loss*" with 224 views.

Our quarterly newsletters, distributed electronically using the Mailchimp platform, reach a wide audience of over 300 subscribers. We now also make our Newsletter available on LinkedIn to reach a wider audience. An archive of Newsletters is also made available on our website. In Newsletters, we provide information about the people who work with us, the work of the charity on mental health support, fundraising activities and updates on the progress of the research we fund. During the year we have been pleased to receive several complimentary comments about the Newsletter content.

We are often approached for comments, to write articles or take part in podcasts. Articles included:

- *Materials World* journal of the Institute of Materials (IoM3) an article on working in STEM and mental health published in March 2024.
- An article on how to stop procrastinating for the *CITMA journal* <https://www.citma.org.uk/resources/citma-review-september-2024-review0924.html>
- For the *World Intellectual Property Review* an article on a talk at the CITMA conference <https://www.worldipreview.com/diversity/cut-yourself-some-slack-how-to-avoid-technostress>
- *Managing IP*; an article on the importance of taking a break, <https://www.managingip.com/article/2dk4dc7yyi1p46pd6xhc0/patents/weekly-take-why-lawyers-must-give-themselves-a-break>

In the past year we have begun to make more use of podcasts and other audio material as a means of communicating about the charity and about mental health and wellbeing issues. For example, to mark World Mental Health Day on October 10th, we recorded a podcast with Managing IPs editor-in-chief, Ed Conlon. (Part of the *MIP podcast series* on Spotify). We also contributed to a mental health podcast, part of the "*Two IPs in a Pod*" series from CIPA (also on Spotify), on the topic of Mental Health and Qualifying Exams.

The Trustees are very grateful to the editors and journalists for assisting with these podcasts which enabled us to reach a wider audience and increase our impact.

Supporting dissemination of research – Dr S Bennett

We part funded Dr. Bennett's 4-year PhD research at the University of Glasgow, exploring cultural and social factors affecting male suicide risk and recovery. Her work produced several papers in international peer-reviewed journals, with one selected as editor's choice in the prestigious *Psychological Bulletin*.

This year, building on this success, we funded Dr. Bennett to prepare a report to assess the need for a training resource that would share widely her findings with healthcare professionals. The recommendations show a strong demand among professionals for training that builds confidence in supporting suicidal men, and improves provision of compassionate care.

		The Trustees are now assessing the feasibility of implementing the recommendations. The men's mental health charity MANUP? (registered charity number 1195085) have already begun to fund a programme of extensive free knowledge-sharing events by Dr Bennett. Jonathan's Voice will explore the potential for appropriate collaborations in the future. The Trustees are proud to report that the funding from Jonathan's Voice over a period of 4 years of approximately £20,000 is now having a very significant impact on the men's mental health landscape in the UK. Fundraising We depend on the generous support from individuals and businesses to carry out our vital charitable work. The Trustees are especially grateful this year to the IP firm Mewburn Ellis. As part of their community programme, their inclusion and diversity collaboration group chose to support our work with a £20,000 donation for another year. We are also grateful to the firm HLK (Haseltine Lake Kempner) LLP for their continued financial support. Several fundraising activities contributed significantly to our income, including support from a group of PhD students from the University of Birmingham who undertook the "3 Peaks Challenge", students from Trevelyan College, Durham through their fundraising Charity Ball, staff at HLK for raising money via the several events, staff from the firm GJE for a sponsored workout on World Suicide Prevention Day and their matching company donation. There were many other individual fundraising efforts, and the Trustees continue to be most grateful to all those who have donated, raised money, made regular donations and supported the charity over the past 12 months.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total receipts for the period 01/11/23 to 31/10/24 were £37,380 and total payments were £44,047; a deficit for the year of £6,667. In the last year, 77% of our expenditure was on our charitable work, 3% was on fundraising, 10% on administrative costs and 10% on governance and other necessary expenses. At 31/10/2024 the charity had reserves and cash in the bank of £130,955 with liabilities of £3,293. All income received in the period was unrestricted. Although we had a deficit for the year, our reserves indicate a still very positive position for the charity to be in and provide the opportunity to continue to widen our charitable activities in the 2024-2025 charity year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees aim to retain free reserves at a minimum level sufficient to cover 6 months of expenditure. This will enable the charity to protect the continuity of its core activities during any periods of reduced income. The level of reserves required is therefore approximately £22,000 and the charity currently holds free reserves comfortably in excess of this
Amount of reserves held	Para 1.22	As at 31/10/2024 the charity had reserves of £130,955.
Reasons for holding zero reserves	Para 1.22	n/a – the charity has reserves.
Details of fund materially in deficit	Para 1.24	n/a - there are no funds in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. The charity incurs a low level of day-to-day costs and has sufficient funds to continue to operate for at least the next 12 months.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The income received is from voluntary donations, from both individuals and corporate entities or charitable foundations. The income from individuals includes direct donations and fundraising carried out through participation in sponsored events of various kinds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	

A description of the principal risks facing the charity	Para 1.46	Charitable work through face-to-face as opposed to webinar meetings and workshops has continued to increase during the 2023-2024 year. We are now operating on a hybrid basis with in person events and also events where participants join via video conferencing tools. However, we have sufficient funds available to cover the additional costs for our consultants to travel to in-person training events and workshops.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Jonathan's Voice has a Trust Deed as its governing document.
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	The charity is constituted as a Charitable Trust (Unincorporated Charity) with a Trust Deed dated 18 th October 2018 and entered onto the Charity Commission Register on 24 th October 2018 with the number 1180424.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There must be at least 5 trustees. Apart from the first trustees, every trustee must be appointed for a term of three years by a resolution of the existing trustees. Any eligible trustee may be re-appointed.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Jonathan's Voice
Other name the charity uses	None
Registered charity number	1180424
Charity's principal address	35 Ramsay Road, Oxford, OX3 8AY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Graham McCartney			
2	Valerie June McCartney			
3	David Edward McCartney	Chair		
4	Eleanor Lesley McCartney	Secretary		
5	David Cox			
6	Paul Meller			
7	Keven Bader			
8				
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19				
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Mental health consultant	Ms Penelope Aspinall	21 Forrest Avenue, Huddersfield, HD1 4PL
Mental health trainer	Dr Katie Behrens	Longmeadow, Vernham Dean, Hampshire, SP11 0JY
Mental health trainer	Ms Barbara Lawton	23 Ravenscliffe Road, Calverley, Leeds LS28 5RZ
Mental health trainer	Mr Mark Fudge	48, Ravenscliffe Road, Kidsgrove, Staffordshire, ST7 4HX

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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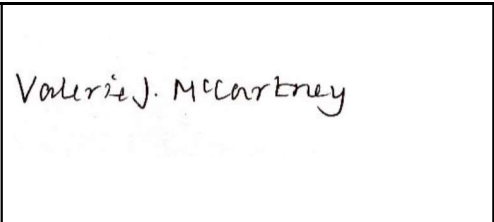
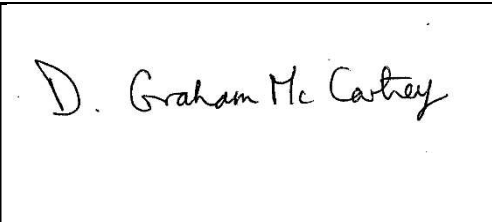
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Valerie June McCartney	David Graham McCartney
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date	21 st May 2025
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**Independent examiner's report to the trustees of
Jonathan's Voice
for the year ended 31 October 2024**

I report to the trustees on my examination of the accounts of Jonathan's Voice (the charity) for the year ended 31 October 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

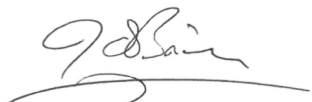
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 07/07/2025
John O'Brien MSc, FAIA, FCIE
Employee of Community Accounting Plus



CHARITY COMMISSION
FOR ENGLAND AND WALES

Jonathan's Voice

1180424

Receipts and payments accounts

CC16a

For the period
from

01-Nov-23

To

31-Oct-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts: Other	32,228	-	-	32,228	44,266
Charitable activities	3,420	-	-	3,420	4,334
Interest	1,732	-	-	1,732	719
Sub total (Gross income for AR)	37,380	-	-	37,380	49,319
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	37,380	-	-	37,380	49,319
A3 Payments					
Costs of generating voluntary receipts	961	-	-	961	845
Costs of charitable activities	35,434	-	-	35,434	41,013
Governance & support costs	7,652	-	-	7,652	4,786
	-	-	-	-	-
	-	-	-	-	-
Sub total	44,047	-	-	44,047	46,644
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	44,047	-	-	44,047	46,644
Net of receipts/(payments)	(6,667)	-	-	(6,667)	2,675
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	137,622	-	-	137,622	134,947
Cash funds this year end	130,955	-	-	130,955	137,622

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	130,955	-	-
		-	-	-
	Total cash funds	130,955	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	Unrestricted	3,293	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Valerie J. McCartney	VALERIE JUNE MCCARTNEY	6th July 2025
		D. Graham McCarty	DAVID GRAHAM MCCARTNEY	6th July 2025

JONATHAN'S VOICE

England & Wales - Charity number 1180424

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st November 2022

To 31st Oct 2023

Charity name: **Jonathan's Voice**

Charity registration number: **1180424**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Increasing the understanding and awareness of suicide risk, particularly in young professional people, with a view to reducing stigma and empowering individuals to speak about mental health by educating companies and individuals through the organisation of workshops and use of training and education materials. Educating organisations, in the professional environment, for the purpose of encouraging them to create the right support structures, policies and practice to support employees with mental health and well-being by providing workshops which inform them of the risk of suicide and of the need for such mental health initiatives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Jonathan's Voice was established in 2018 after Jonathan McCartney tragically took his own life in October 2017 at the age of 35. We provide expert mental health training and resources and support research into a better understanding of suicidal behaviour. We provide training and resources that are free of charge. We undertake the following activities: • Raising awareness of mental health and wellbeing in workplaces throughout the UK, with a particular focus on the business sector concerned with intellectual property, by researching, collating, producing and disseminating resources and providing in-person and videoconference-based talks. • Raising awareness of mental health and wellbeing with the chartered institutes and related organisations for the intellectual property profession, by providing talks, presentations and exhibitor stands at their professional conferences and training events. • Providing expert training in the workplace to recognise and address mental health issues in individuals, teams and organisations by delivering workshops and training events both in person and online. • Addressing the specific mental health challenges of early career professionals by delivering talks at induction events for trainees and new students on

		professional postgraduate courses and delivering webinars to this group. - Supporting research at the Suicidal Behaviour Research Laboratory, University of Glasgow into the cultural and social factors that put men at risk of suicidal despair, and the factors that can aid men to recover a meaningful life. - Increasing community engagement and awareness of mental health and wellbeing through: our website (www.jonathansvoice.org.uk), talks to community organisations, podcasts, articles in professional journals, social media communications on LinkedIn (https://www.linkedin.com/company/jonathan-s-voice/) and on X (formerly Twitter) @jonathans_voice. We have established processes to ensure clarity of activity, consistency of delivery, and good governance in all areas of work that we do and support.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm that they have adhered to the statutory requirements issued by the Charity Commission relating to charitable trusts and their public benefit responsibilities. They further confirm that all current and planned activities of Jonathan's Voice are aligned with these requirements and with the Trust Deed of Jonathan's Voice.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para
1.20

Introduction

In 2022-2023 Jonathan's Voice has continued to open up the conversation about mental health in the workplace and to provide resources to organisations and individuals in order to support good mental health. We aim to make a positive impact by working principally in partnership with businesses and other organisations to develop a mentally healthy environment where all may thrive. We provide all training activities and materials free at the point of delivery. Overall, we have delivered ten general mental health awareness sessions in-person and on-line to an estimated 1500 individuals working in firms. There have been five joint webinars with IP Inclusive for some 275 people and our conference talks have reached some 280 attendees. Our longer and more in-depth bespoke line-manager training events are consistently highly rated. The following sections give more detailed information concerning our different areas of work.

Improving mental health in workplaces – *publications, talks and related activities*

Mental health awareness appears to have reached a turning point over the past few years with people in the public eye being prepared to talk more openly about their mental health challenges. Whilst these stories help break down stigma and may encourage people to seek support, in many workplaces stigma remains, and many organisations fail to give mental wellbeing sufficient priority.

Our main goal over the year was to provide high-quality talks, training events and webinars, supported by evidence-based resources. These talks and webinars are designed to help individuals to better look after their mental health and wellbeing and to equip organisations to provide the necessary support structures. In 2022/2023, we were pleased to be able to release our first fully digital resource on our website entitled, "*Looking after your mental wellbeing at work - A guide for paralegals, business support staff in the Intellectual Property profession*". This has many innovative features such as relevant scenarios and was created with the support of volunteers from the IP profession. The Trustees are very grateful for the funding from supporters that allows us to continue to offer these activities free of charge.

We expanded our training and consultation offer, details of which are on our website.

<https://jonathansvoice.org.uk/training-consultancy>. Approaches come from reading the website or our LinkedIn posts, hearing about our work or a previous engagement. Our LinkedIn page, <https://www.linkedin.com/company/jonathan-s-voice>, is an increasingly important way of communicating information on our activities and events to a wider audience. Our training is bespoke and, before a talk or workshop is provided, the mental health consultant for Jonathan's Voice will discuss with the organisation what they wish to see as the impact of the event. This results in consistently positive feedback.

Over the course of the year, the charity has delivered 10 talks or webinars to firms in the IP sector, including to firms in Australia and the USA. Mostly the demand from firms has been

		a general mental health awareness session but some have been customised to cover issues such as managing anxiety, procrastination and digital wellbeing. We also delivered Line Manager training extending over several sessions to specific firms which is also highly regarded. Of note, was the invitation to provide training to a regulatory body on the impact of the disciplinary process on people's mental health. We also delivered a workshop with a focus on talking about mental health for a group within a government department and this received excellent feedback from attendees. Our work with the Intellectual Property Office (IPO), the official UK government body responsible for intellectual property rights, continued with online workshops covering, for example, "Procrastination and Frustration". IP (Intellectual Property) Inclusive is an award-winning network of intellectual property professionals working to make their professional community more equal, diverse and inclusive. This organisation recognises Jonathan's Voice as being the principal mental health arm of the organisation and we collaborate especially closely on delivering webinars. During the year we held five events with average attendances of approximately 55. Their Annual Report stated, <i>"Our mental health-related webinars with Jonathan's Voice have proved particularly popular"</i>. One of our key objectives is to engage with early career professionals. In 2022/23 we gave webinars to students at Queen Mary University London and, for the first time, students who were enrolled at Bournemouth University on postgraduate certificate courses related to intellectual property law. We also provided webinars to early career groups on topics such as, <i>"Looking at Perfection and Imposter Syndrome"</i>. We continue to be highly regarded by the professional organisations for those who work in the Intellectual Property (IP) profession. The Chartered Institute of Patent Attorneys (CIPA) and the Chartered Institute of Trade Mark Attorneys (CITMA) both recognize the quality and importance of the work that Jonathan's Voice is doing. The trustees were very pleased to welcome the Chief Executive of CITMA as a new member of the Trustee Board in 2022. We gave talks and/or had an exhibitor's stand at several of CIPA and CITMA organised conferences during the year. "Managing stress in the workplace" is an example of topics that were covered. Although the primary focus of our work is with the intellectual property profession, the charity responds to other invitations where they meet our objectives. These have come from, for example, Nottingham Trent University Legal Advice Centre, Oxford University Mathematical Physical and Life Sciences Division, and a Doctoral Training Centre at Sheffield University. Raising awareness of mental health issues – website, blogs, social media newsletters This year we reviewed our social media strategy and now focus our activities on X (formerly known as Twitter) and on LinkedIn. Our reach on social media increased significantly during 2022/2023. We now have over 520 followers on X (a 10%
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		increase), and over 670 on LinkedIn (a 40% increase). Posts about forthcoming webinars or events and new or updated resources always perform well as do summaries of those events with links to recordings of webinars. Posts about important days in the mental health calendar are also commented on, liked and shared. We made around 40 posts per month on X and had around 100 impression per post. On LinkedIn we made around 6 posts per month with an average of 400 impressions per post; an increase of around 30% on the previous year. Our website continues to attract a significant number of visitors. We have made extensive developments to our website in the past year to include a new section which hosts a digital wellbeing guide entitled, "Looking after your mental wellbeing at work - A guide for paralegals, business support staff in the Intellectual Property profession". This has many innovative features and has been well received. The website also hosts our three (free to download) mental health guides and our quarterly Newsletters. We post blogs on our website (www.jonathansvoice.org.uk) at a frequency of two to three per month. The content ranges from looking after yourself and looking after other people to information about recent research and reports. Blogs are created for significant days in the mental health calendar such as World Mental Health Awareness Day and World Suicide Prevention Day. The charity uses social media posts on X (formerly known as Twitter) about each blog to alert followers to new blogs. The impact of the variety of blogs is that they increase knowledge and awareness of mental health issues and provide helpful and well-evidenced information and guidance for individuals and organisations. Over the year we had more than 16,000 visits to our posts, on average 530 visits to each post. The posts with the highest number of visits (960 and 1200) focussed on the Mental Health Awareness Week theme of "anxiety" and introduced our webinar to be delivered during the week entitled, <i>"An experiential introduction to mindfulness at work"</i>. Our quarterly newsletters, distributed electronically using the Mailchimp platform, reach a wide audience which has grown over the year. We now have over 300 individuals who subscribe, and each Newsletter is also made available for free download on our website. We provide information about the people who work with us, the work of the charity on mental health support, fundraising activities and updates on the progress of the research we support at the Suicidal Behaviour Research Laboratory at the University of Glasgow. During the year we have been pleased to receive several complimentary comments about their content. In the past year we have begun to use podcasts as a means of communicating about the charity and about the mental health and wellbeing issues. These are available on the award-winning CIPA Podcast Archive on Apple and the ManagingIP (MIP) archive on Spotify. The Trustees are very grateful to the editors and journalists for assisting with these podcasts which enabled us to reach a wider audience and increase our impact.
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	Supporting research - Suicidal Behaviour Research Laboratory, University of Glasgow From November 2022 to October 2023, Jonathan's Voice has continued its support for a research project at the Suicidal Behaviour Research Laboratory (SBRL), University of Glasgow. The SBRL, led by Professor R O'Connor, President of the International Association for Suicide Prevention, is one of the leading suicide and self-harm research groups internationally. Working in partnership with clinicians, policymakers and people with lived experience the impact of the research at SBRL is to advance understanding and prevention of suicide. The PhD research project that is part-sponsored by Jonathan's Voice is being undertaken by Ms Susie Bennett. Her research explores male suicide, specifically the cultural and social factors that put men at risk of suicidal despair and the factors that can aid men to recover a meaningful life. During the period of reporting, two papers were published with Ms Bennett as first author in international peer-reviewed journals. One is entitled, "<i>Male suicide risk and recovery factors: A systematic review and qualitative metasynthesis of two decades of research</i>". This paper, in the highly esteemed journal Psychological Bulletin published by the American Psychological Association, was selected as the journal editor's choice for the June 2023 issue. In their letter of acceptance the editor stated, "I consider the latest version of your manuscript to be a masterpiece!". The other paper, "<u>Male suicide and barriers to accessing professional support: a qualitative thematic analysis</u>" appears in the journal Current Psychology. Additionally, two further papers were completed and submitted to academic journals for peer-review. One study explores the barriers men who are suicidal experience around accessing professional support. The second study explores the psychosocial differences between men who have attempted suicide, men with thoughts of suicide, and men with no suicidal history. Ms Bennett also completed the write-up of her PhD thesis in this time and submitted her PhD for examination. Fundraising We depend on the generous support from individuals and businesses to carry out our vital charitable work. The Trustees are especially grateful this year to the intellectual property firm Mewburn Ellis. As part of their community programme, their inclusion and diversity collaboration group chose to support our work with a £20,000 donation for a second year. We are also grateful to the firm HLK (Haseltine Lake Kempner) LLP for their continued financial support through regular fundraising events. Several activities contributed significantly to our income, including support from Mapperley Golf Club who chose us as their charity of the year, Trevelyan College Durham through their fundraising Charity Ball, staff at HLK for raising money via the Bristol 10K and other events, and staff from the IP firm GJE for a sponsored workout on World Suicide Prevention Day and matching company donation. There were many other individual fundraising efforts, and we continue to be most grateful to all those who have donated, raised money and supported the charity over the past 12 months.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total receipts for the period 01/11/22 to 31/10/23 were £49,319 and total payments were £46,644. Of the donations received, 88% was used to support our charitable work, 2% was used to raise funds and 10% covered administrative and governance costs. At 31/10/2023 the charity had reserves and cash in the bank of £137,622 with liabilities of £4,082. All income received in the period was unrestricted. This is a very positive position for the charity to be in and provides the opportunity to continue to scale up our charitable activities in the 2023-2024 charity year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees aim to retain free reserves at a level sufficient to cover 3 months of expenditure. This will enable the charity to protect the continuity of its core activities during any periods of reduced income. The level of reserves required is therefore approximately £16,000 and the charity currently holds free reserves in excess of this
Amount of reserves held	Para 1.22	As at 31/10/2023 the charity had reserves of £133,540.
Reasons for holding zero reserves	Para 1.22	n/a – the charity has reserves.
Details of fund materially in deficit	Para 1.24	n/a - there are no funds in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. The charity incurs a low level of day-to-day costs and has sufficient funds to continue to operate for at least the next 12 months.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The income received is from voluntary donations, from both individuals and corporate entities or charitable foundations. The income from individuals includes direct donations and fundraising carried out through participation in sponsored events of various kinds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal	Para 1.46	Charitable work through face-to-face as opposed to webinar meetings and workshops has continued to increase during the 2022-2023 year. We are now

risks facing the charity		planning to operate on a hybrid basis with in person attendees and also participants who join via video conferencing tools. However, we have sufficient funds available to cover the additional costs for our consultants to travel to in-person training events and workshops.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Jonathan's Voice has a Trust Deed as its governing document.
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	The charity is constituted as a Charitable Trust (Unincorporated Charity) with a Trust Deed dated 18 th October 2018 and entered onto the Charity Commission Register on 24 th October 2018 with the number 1180424
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There must be at least 5 trustees. Apart from the first trustees, every trustee must be appointed for a term of three years by a resolution of the existing trustees. Any eligible trustee may be re-appointed.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Jonathan's Voice
Other name the charity uses	None
Registered charity number	1180424
Charity's principal address	35 Ramsay Road, Oxford, OX3 8AY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Graham McCartney			
2	Valerie June McCartney			
3	David Edward McCartney	Chair		
4	Eleanor Lesley McCartney	Secretary		
5	David Cox			
6	Paul Meller			
7	Keven Bader		11/11/2022 - continuing	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Mental health consultant	Ms Penelope Aspinall	21 Forrest Avenue, Huddersfield, HD1 4PL
Mental health adviser	Dr Katie Behrens	Longmeadow, Vernham Dean, Hampshire, SP11 0JY
Mental health adviser	Ms Barbara Lawton	23 Ravenscliffe Road, Calverley, Leeds LS28 5RZ
Mental health adviser	Mr Mark Fudge	48, Ravenscliffe Road, Kidsgrove, Staffordshire, ST7 4HX

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

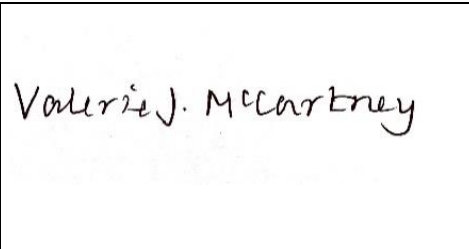
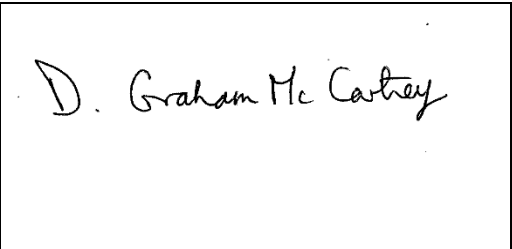
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Valerie June McCartney	David Graham McCartney
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date		

**Independent examiner's report to the trustees of
Jonathan's Voice
for the year ended 31 October 2023**

I report to the trustees on my examination of the accounts of Jonathan's Voice (the charity) for the year ended 31 October 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

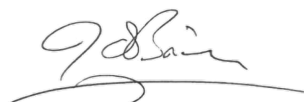
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 28th May 2024
John O'Brien MSc, FAIA, FCCA, FCIE
Employee of Community Accounting Plus



CHARITY COMMISSION
FOR ENGLAND AND WALES

Jonathan's Voice

1180424

Receipts and payments accounts

CC16a

For the period
from

01-Nov-22

To

31-Oct-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts: Other	46,316	-	-	46,316	96,817
Charitable activities	2,284	-	-	2,284	-
Interest	719	-	-	719	-
Sub total (Gross income for AR)	49,319	-	-	49,319	96,817
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	49,319	-	-	49,319	96,817
A3 Payments					
Costs of generating voluntary receipts	845	-	-	845	574
Costs of charitable activities	41,013	-	-	41,013	44,089
Governance & support costs	4,786	-	-	4,786	1,343
	-	-	-	-	-
	-	-	-	-	-
Sub total	46,644	-	-	46,644	46,006
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	46,644	-	-	46,644	46,006
Net of receipts/(payments)	2,675	-	-	2,675	50,811
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	134,947	-	-	134,947	84,136
Cash funds this year end	137,622	-	-	137,622	134,947

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	137,622	-	-
		-	-	-
	Total cash funds	137,622	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	Unrestricted	4,082	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Valerie J. McCartney	Valerie J McCartney	06-Apr-24	
	D Graham McCartney	D Graham McCartney	06-Apr-24	

JONATHAN'S VOICE

England & Wales - Charity number 1180424

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st November 2021

To 31st Oct 2022

Charity name: Jonathan's Voice

Charity registration number: 1180424

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Increasing the understanding and awareness of suicide risk, particularly in young professional people, with a view to reducing stigma and empowering individuals to speak about mental health by educating companies and individuals through the organisation of workshops and use of training and education materials. Educating organisations, in the professional environment, for the purpose of encouraging them to create the right support structures, policies and practice to support employees with mental health and well-being by providing workshops which inform them of the risk of suicide and of the need for such mental health initiatives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	This report relates to the fourth year of operation of the Charity which was established in 2018 following the tragic suicide of Jonathan McCartney at the age of 35. In the past year the charity has continued to adapt its activities with the re-opening of workplaces and more varied working patterns following the Covid-19 pandemic. Many more events are now taking place in-person than in the previous year but the charity continues to employ the now well-established web and video conferencing tools as well as hybrid-meetings. For the public benefit, the main activities that the charity undertook during the past year were as follows: • Raising awareness of mental health and wellbeing with individual firms, organisations and workplaces by providing in-person and video conference based talks. • Raising awareness of mental health and wellbeing with the chartered institutes for the intellectual property profession, by providing talks, presentations and exhibitor stands at their professional conferences and training events • Spreading good practice in the workplace on mental health support and suicide prevention by researching, collating, producing and

		disseminating resources that are made widely available and free of charge - Addressing the specific mental health challenges of early career professionals by delivering talks at induction events for trainees and new students on professional postgraduate courses and specifically for postgraduate researchers in science, technology, engineering and mathematics. - Supporting research at the Suicidal Behaviour Research Laboratory, University of Glasgow into the cultural and social factors that put men at risk of suicidal despair, and the factors that can aid men to recover a meaningful life. - Increasing community engagement about mental health and wellbeing through talks and events involving community organisations. Articles have been published in professional journals and podcasts produced. Increasing awareness of mental wellbeing and suicide prevention in the wider community by further developing effective communications via our website (www.jonathansvoice.org.uk) our Twitter account (@jonathans_voice) and our presence on LinkedIn (https://www.linkedin.com/company/jonathan-s-voice/) and on Facebook. https://www.facebook.com/jonathansvoice/
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm that they have adhered to the statutory requirements issued by the Charity Commission relating to charitable trusts and their public benefit responsibilities. They further confirm that all current and planned activities of Jonathan's Voice are aligned with these requirements and with the Trust Deed of Jonathan's Voice.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Introduction In 2021-2022 Jonathan's Voice has continued to open up the conversation about mental health in the workplace and to provide resources to organisations and individuals in order to support good mental health. We aim to make a positive impact by working in partnership with businesses, educational institutions and other groups to develop a mentally healthy environment where all may thrive. We provide all training activities and materials free at the point of delivery. Improving mental health in workplaces – publications, talks and related activities Mental health awareness appears to have reached a turning point over the past few years with people in the public eye being prepared to talk more openly about their mental health challenges. Whilst these stories help break down stigma and may encourage people to seek support, it is clear that in many workplaces stigma remains and many organizations fail to give mental wellbeing sufficient priority. Our main goal over the year was to provide high-quality talks and webinars, supported by evidence-based resources. These talks and webinars are designed to help individuals to better look after their mental health and wellbeing and to equip organizations to provide the necessary support structures. The resources are available to download free of charge from our website and from the Mental Health at Work where all material is curated by MIND https://www.mentalhealthatwork.org.uk/?s=jonathan%27s+voice We have expanded our training and consultation offer. The details of which are on our website. https://jonathansvoice.org.uk/training-consultancy Approaches come from reading the website, recommendations, hearing about the work or a previous engagement. The training is intended to be bespoke and before a talk is provided the mental health consultant for Jonathan's Voice will discuss with the organisation what they wish to see as the impact of the training. This results in positive feedback <i>"Best webinar I have watched in ages this webinar honestly made me feel its ok to not be ok,. We need more webinars like this" "The session generated lots of conversation which is great".</i> During the year, Jonathan's Voice became increasingly well known for the quality of its talks and presentations. One of the charity's key objects is early career professionals. The group of patent attorneys in training conducted a survey of mental health and wellbeing. It found that <i>"100% of respondents were aware of IP Inclusive and Jonathan's Voice. 50% of them have accessed the resources available and the majority of the rest were aware of the</i>

		<i>resources available but hadn't felt the need to use them yet"</i> One of the webinars that was delivered to this group was shared by JDD, a recognised IP training provider, indicating the high quality of the material and having a wider impact. The professional organisations for those who work in Intellectual Property (IP), Chartered Institute of Patent Attorneys (CIPA) and CITMA (Chartered Institute of Trade Mark Attorneys) recognize the quality and importance of the work Jonathan's Voice does. This is reflected in invitations to conferences, either to make a presentation and/or have an exhibitor's stand. IP (Intellectual Property) Inclusive recognizes Jonathan's Voice as the mental health arm of the organization and calls upon us to share in or to deliver webinars which have average audiences of approximately 55. Our webinars are delivered by very experienced and well qualified trainers. Such is their impact that they are invited to return for other webinars. Over the course of the year, the charity has delivered 18 talks or webinars, including to organizations in Australia and the Netherlands. Although the primary focus of our work is with the intellectual property profession, the charity responds to other invitations where they meet our objects. These have come from Perceptive Education, post graduate researchers at UK Centre for Ecology & Hydrology and Cambridge Law Society, reaching 360 people in these three groups. Raising awareness of mental health issues – website, blogs, social media newsletters We have had articles about our work and about the importance of mental health and wellbeing in the workplace published in the following: The Law Society Gazette, Managing IP journal and the University and College Counselling Journal. We are very grateful to the editors and journalists for assisting with these publications which enable us to reach a wider audience and increase our impact. We also participated in a podcast, part of a series for software engineers in universities. The charity posts blogs on its website (www.jonathansvoice.org.uk) at a frequency of two to three per month. The content ranges from looking after yourself and looking after other people to information about recent research and reports. Blogs are created specifically for this site and for significant days such as World Mental Health Awareness Day. Blogs that relate to specific dates in the mental health calendar are created in advance and shared with those organisations with whom we work before "the day" so that they can be posted on their websites and extend the readership. The charity tweets about each blog to alert readers and some are posted on LinkedIn. On average, blogs have 600 to 700 reads. Those that presently have the highest number are "Darkness to Hope" (1,098) to mark World Suicide Prevention Day and "Junior Lawyers in the City at risk of burnout" (1,295); these exemplify the variety of the content and the aims of the charity. The impact of the variety of blogs is that they increase knowledge and awareness of mental health issues and provide helpful and well-evidenced information and guidance for individuals and organisations. The website also hosts three (free to download) mental health
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		guides and our quarterly Newsletters which provide updates on the work of the charity. We have made extensive developments to our website in the past year to include a new section giving detailed information on the bespoke training and consultancy we offer that is that is delivered by accredited and experienced mental health professionals and is provided free at the point of delivery. Approaches have come from individuals and organizations who have read about our work in the newly created training and consultancy pages. Our quarterly newsletters, distributed electronically using the Mailchimp platform, have continued to reach a wide audience which has grown by around 20% over year. We now have over nearly 300 individuals who have asked to receive them and each Newsletter is also made available for free download on our website. During the year we have been pleased to receive several complimentary comments about their content. In the past year, we have refined our social media strategy, ensuring that there is appropriate attention to diversity and inclusion. LinkedIn now has a more specific focus on businesses whilst Twitter and Facebook continue to reach out to a wider public audience and they continue to address issues of mental health and suicide prevention that are of public concern. Our Twitter page has retained its range of followers and now numbers around 450. It had typically 3500 impressions (the number of times users saw the tweet on Twitter) and on average 700 profile visits per month. Our LinkedIn page increased its followers by over 200 bringing the total to 460. We typically received 300 impressions per post We also established a presence on Facebook where engagement has grown steadily. Supporting research - Suicidal Behaviour Research Laboratory, University of Glasgow In 2021, Jonathan's Voice has continued its support for a research project at the Suicidal Behaviour Research Laboratory (SBRL), University of Glasgow with donation of £6000 in June 2022 and a further donation of £500 in August 2022. The SBRL, led by Professor R O'Connor, President of the International Association for Suicide Prevention, is one of the leading suicide and self-harm research groups internationally. Working in partnership with clinicians, policy-makers and people with lived experience the impact of the research at SBRL is to advance understanding and prevention of suicide. The PhD research project that is part-sponsored by Jonathan's Voice is being undertaken by Ms Susie Bennett. Her research explores male suicide, specifically the cultural and social factors that put men at risk of suicidal despair and the factors that can aid men to recover a meaningful life. During the period of reporting, a 22-point agenda of research priorities across 10 thematic domains was developed. This included 1. Relationships with others, 2. Relationship with self, 3. Relationship with emotions, 4. Mental Health, 5. Suicidal behaviours, 6. Early life experiences, 7. Structural challenges, 8. Cultural challenges, 9. At-risk groups, and 10. Support and recovery. The expectation is that this agenda will help global colleagues to strategically target resources to deepen our understanding of the male suicide crisis, to develop effective interventions, policies, public understanding and ultimately help more men at risk of suicide to access a dignified, meaningful, and purposeful life. This project
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		is continuing into 2023 when Ms Bennett is expected to complete her thesis and publish articles in prestigious academic journals, thus giving confidence to the trustees that the resources that the charity will develop to communicate the findings of the research to those beyond the academic community, particularly men, are soundly based and therefore have a significant and meaningful impact. Fundraising Jonathan's Voice relies on the generous support it receives from organised funding raising events and donations from individuals and businesses to carry out its charitable activities. There has been a significant increase in corporate donations this year which will allow us to plan a more extensive programme of work going forward. We continue to be most grateful to all those who have donated, raised money and supported the charity over the past 12 months. Fundraising events are an important means of raising awareness with the general public of mental health issues and the stark statistics about suicide. Our JustGiving page (https://www.justgiving.com/jonathansvoice) gives an indication of the breadth of fundraisers and activities such as participation in the Bristol 10K and a sponsored workout on World Suicide Prevention Day amongst many other individual donations. The Jonathan's Voice JustGiving page provides an opportunity for the organizer to write about the charity, mental health and their reason for promoting the event, thus bringing peoples' attention to mental health and suicide in a very personal and impactful way.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total receipts for the period 01/11/21 to 31/10/22 were £96,817 and total payments were £46,006. 96% of our expenditure was on our charitable activities. At 31/10/2022 the charity had reserves and cash in the bank of £134,947. All income received in the period was unrestricted. This is a very positive position for the charity to be in and provides the opportunity to continue to scale up our charitable activities in the 2022-2023 charity year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees aim to retain free reserves at a level sufficient to cover 3 months of expenditure. This will enable the charity to protect the continuity of its core activities during any periods of reduced income. The level of reserves required is therefore £15,000 and the charity currently holds free reserves in excess of this
Amount of reserves held	Para 1.22	As at 31/10/2022 the charity had reserves of £134,947.
Reasons for holding zero reserves	Para 1.22	n/a – the charity has reserves.
Details of fund materially in deficit	Para 1.24	n/a - there are no funds in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. The charity incurs a low level of day-to-day costs and has sufficient funds to continue to operate for at least the next 12 months.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The income received is from voluntary donations, from both individuals and corporate entities or charitable foundations. The income from individuals includes direct donations and fundraising carried out through participation in sponsored events of various kinds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Charitable work through face-to-face as opposed to by webinar meetings and workshops has continued to increase during the 2021-2022 year. We are now planning for most talks and workshops in the foreseeable future to operate on a hybrid basis with in person attendees and also participants who join via video conferencing tools. However, we have

		sufficient funds available to cover the additional costs for our consultants to travel to in-person training events and workshops.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Jonathan's Voice has a Trust Deed as its governing document.
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	The charity is constituted as a Charitable Trust (Unincorporated Charity) with a Trust Deed dated 18 th October 2018 and entered onto the Charity Commission Register on 24 th October 2018 with the number 1180424
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There must be at least 5 trustees. Apart from the first trustees, every trustee must be appointed for a term of three years by a resolution of the existing trustees. Any eligible trustee may be re-appointed.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Jonathan's Voice
Other name the charity uses	None
Registered charity number	1180424
Charity's principal address	26 Holyoake Road, Oxford, OX3 8AE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Graham McCartney			
2	Valerie June McCartney			
3	David Edward McCartney	Chair		
4	Helen Clare Rimington		1/11/21 to 30/09/2022	
5	Eleanor Lesley McCartney	Secretary		
6	David Cox			
7	Paul Meller		05/02/2022 to continuing	
8				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Mental health consultant	Ms Penelope Aspinall	21 Forrest Avenue, Huddersfield, HD1 4PL
Mental health adviser	Dr Katie Behrens	Longmeadow, Vernham Dean, Hampshire, SP11 0JY
Mental health adviser	Ms Barbara Lawton	23 Ravenscliffe Road, Calverley, Leeds LS28 5RZ
Mental health adviser	Mr Mark Fudge	48, Ravenscliffe Road, Kidsgrove, Staffordshire, ST7 4HX

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

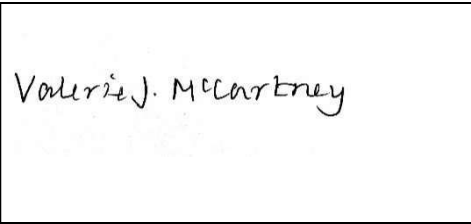
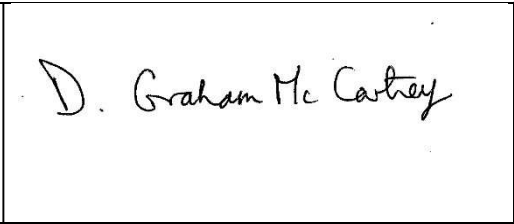
Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Valerie June McCartney	David Graham McCartney
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date	6 th June 2023
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**Independent examiner's report to the trustees of
Jonathan's Voice
for the year ended 31 October 2022**

I report to the trustees on my examination of the accounts of Jonathan's Voice (the charity) for the year ended 31 October 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

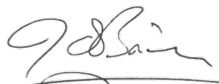
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 22/06/2023
John O'Brien MSc, FAIA, FCCA, FCIE
Employee of Community Accounting Plus



CHARITY COMMISSION
FOR ENGLAND AND WALES

Jonathan's Voice

1180424

Receipts and payments accounts

CC16a

For the period
from

01-Nov-21

To

31-Oct-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts: Other	96,317	500	-	96,817	37,789
Other receipts	-	-	-	-	-
Sub total (Gross income for AR)	96,317	500	-	96,817	37,789
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	96,317	500	-	96,817	37,789
A3 Payments					
Costs of generating voluntary receipts	574	-	-	574	1,502
Costs of charitable activities	43,589	500	-	44,089	26,389
Governance & support costs	1,343	-	-	1,343	254
	-	-	-	-	-
Sub total	45,506	500	-	46,006	28,145
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	45,506	500	-	46,006	28,145
Net of receipts/(payments)	50,811	-	-	50,811	9,644
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	84,136	-	-	84,136	74,492
Cash funds this year end	134,947	-	-	134,947	84,136

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	134,947	-	-
		-	-	-
	Total cash funds	134,947	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	Unrestricted	400	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		D. Graham McCartney	DG McCartney	6th June 2023
		Valerie J. McCartney	VJ McCartney	6th June 2023

JONATHAN'S VOICE

England & Wales - Charity number 1180424

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st November 2020

To 31st Oct 2021

Charity name: Jonathan's Voice

Charity registration number: 1180424

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Increasing the understanding and awareness of suicide risk, particularly in young professional people, with a view to reducing stigma and empowering individuals to speak about mental health by educating companies and individuals through the organisation of workshops and use of training and education materials. Educating organisations, in the professional environment, for the purpose of encouraging them to create the right support structures, policies and practice to support employees with mental health and well-being by providing workshops which inform them of the risk of suicide and of the need for such mental health initiatives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	This report relates to the third year of operation of the Charity which was established in 2018 following the tragic suicide of Jonathan McCartney. In the past year the charity has rapidly adapted its activities so that many of these have been delivered using the well-established web and video conferencing tools. For the public benefit, the main activities that the charity undertook during its third year of operation were as follows: • Raising awareness of mental health and wellbeing with individual firms and organisations and workplaces by providing in-person and video conference based talks. • Raising awareness of mental health and wellbeing with the chartered institutes for the intellectual property profession, by providing talks, presentations and "virtual booths" at their professional conferences • Spreading good practice in the workplace on mental health support and suicide prevention by researching, collating, producing and disseminating resources that are made widely and freely available • Addressing the specific mental health challenges of early career professionals by delivering video conference talks at induction events for trainees and new students on professional courses. • Supporting research at the Suicidal Behaviour

		Research Laboratory, University of Glasgow into the cultural and social factors that put men at risk of suicidal despair, and the factors that can aid men to recover a meaningful life. • Increasing community engagement about mental health and wellbeing through talks and events involving community organisations. • Increasing awareness of mental wellbeing and suicide prevention in the wider community by further developing effective communications via our website (www.jonathansvoice.org.uk) our Twitter account (@jonathans_voice) and our presence on LinkedIn (https://www.linkedin.com/company/70048622/admin/) and on FaceBook. https://www.facebook.com/jonathansvoice/
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm that they have adhered to the statutory requirements issued by the Charity Commission relating to charitable trusts and their public benefit responsibilities. They further confirm that all current and planned activities of Jonathan's Voice are aligned with these requirements and with the Trust Deed of Jonathan's Voice.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para
1.20

Introduction

In 2020-2021 Jonathan's Voice has continued to open up the conversation about mental health in the workplace and to provide resources to organisations and individuals in order to support good mental health. We aim to make a positive impact by working in partnership with businesses and other groups to develop a mentally healthy environment where all may thrive. We provide all activities and materials free at the point of delivery.

Improving mental health in workplaces – *publications, talks and related activities*

Mental health awareness appears to have reached a turning point over the past two years with sports personalities, entertainers and others in the public eye being prepared to talk more openly about their mental health challenges. Whilst these stories help break down stigma, it is clear that in many workplaces stigma remains and many organizations fail to give mental wellbeing sufficient priority.

Our main goal over the year was to provide high-quality, evidence-based resources designed to help individuals to better look after their mental health and wellbeing and to equip organizations to provide the necessary support structures. We have worked in partnership with the Charlie Waller Trust (<https://charliewaller.org/>), one of the UK's most respected mental health charities, to create and distribute two guides namely, "*Protecting your mental health and wellbeing: a guide for patent and trademark attorneys*" (25 pages) and "*Advancing the mental health and wellbeing agenda: A guide for senior leaders in the intellectual property profession*" (23 pages). These resources are available to download free of charge from our website and from the Mental Health at Work where all material is curated by MIND

(<https://www.mentalhealthatwork.org.uk/?s=jonathan%27s+voice>). Hard copies were also distributed to selected organizations and to those who specifically requested them.

Comments have included, "*This is such a good thing; congratulations!*", "*I really highly recommend the resources produced by @jonathans_voice and especially the guide pictured. Thorough, reassuring, practical, and always worth picking up and reading again (and again!)*"; "*Here is a brilliant resource for all IP professionals - and lawyers generally*"; "*Protecting your mental health and wellbeing - a guide for patent and trade mark professionals*" from fantastic @CharlieWtrust & @jonathans_voice -and supported by @IPInclusive"; "*Crucial guide. Thank you @jonathans_voice*".

The publication and distribution of these resources has been supported by an ongoing program of talks and other events to raise awareness and reduce stigma. This has included a learning lunch webinar event to over 100 participants from the UK Intellectual Property Office, a video talk for the Spring Conference of the Chartered Institute of Trade Mark Attorneys and a talk for one of their Professional Development seminars; a webinar for new starters to the Intellectual Property profession through Queen Mary University London (over 40) and the

		Chartered Institute of Patent Attorneys (over 60). Other activities have included participation in the podcast series “Two IPs In A Pod” produced by the Chartered Institute of Patent Attorneys (CIPA) and close collaboration with the early career support group of CIPA. In the case of the latter, we have strongly supported the development of their mental health activities and they write, “<i>You at Jonathan’s voice have been pivotal in everything that has been done over the past year. I know for a fact that so many have benefited from the resources.</i>” Their membership survey showed that over 60% had found their welfare activities very beneficial. Raising awareness of mental health issues – website, blogs, social media newsletters, community activities We have made extensive developments to our website in the past year where we regularly post blogs on mental health issues written by a number of contributors The charity posts blogs on the website at a frequency of approximately two a month. The content ranges from looking after yourself and looking after other people to information about recent research and reports. Blogs are created specifically for this site and for significant days such as World Suicide Prevention Day and World Mental Health Awareness Day. Blogs that relate to specific dates in the mental health calendar are created in advance and shared with those organisations with whom we work before “the day” so that they can be posted on their websites and extend the readership. The charity tweets about each blog to alert readers and some are posted on LinkedIn. Blogs typically have 600 to 700 reads. Those that presently have the highest number are “Using Small talk to Start a Conversation” (1,043) and “Understanding Male Suicide” (1,214); blogs that exemplify the variety of the content. Links in new blogs are strategically placed to take the reader back to a previous blog, thereby increasing its readership, and to other relevant sites beyond Jonathan’s Voice. The impact of the variety of blogs is that they increase knowledge and awareness of mental health issues and provide helpful and well-evidenced information and guidance for individuals and organizations. The website also provides a range of free to download resources as well as links to our quarterly Newsletters which provide updates on the work of the charity. In the past year we have increased the number of followers we have on Twitter by about 30% and now have over 400. LinkedIn has been a notable success story with good, organic growth and we have built up from zero to over 200 followers in less than a year. Page views have increased five-fold from April to September 2021. Two key Twitter metrics are numbers of impressions and numbers of engagements with our posts. Our top tweet concerned with World Suicide Prevention Day reached over 2400 users of the platform. Overall, we have seen a strong growth in both these metrics since we have put more focus on providing regular and consistent original content as well as sustaining re-tweets of relevant material. Through the past year overall growth in impressions has averaged +144% Jonathan’s Voice now has a presence on Facebook where engagement has rapidly grown.
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		Our quarterly newsletters, distributed electronically using the Mailchimp platform, have continued to reach a wide audience which has grown by around 20% over year. We now have over 250 individuals who have asked to receive them and each Newsletter is made available for free download on our website. During the year we have been pleased to receive several complimentary comments about their content. We also held a highly successful virtual coffee morning in January 2021 for supporters and those interested to learn more about our work and had over 50 participants with talks from some of our trustees, fundraisers and our researcher whom we support at University of Glasgow. In many instances community activities have been associated with some of our fundraising events which are highlighted below. Notable amongst the community events was our involvement in the Southwell Music Festival 2021. We were very grateful to be the charity supported this year by this highly acclaimed event. See more below. Supporting research - Suicidal Behaviour Research Laboratory, University of Glasgow In 2020, Jonathan's Voice began its support for a research project at the Suicidal Behaviour Research Laboratory (SBRL), University of Glasgow with a donation of £4,000 in September 2020 and a further donation in September 2021. The SBRL, led by Professor R O'Connor, President of the International Association for Suicide Prevention, is one of the leading suicide and self-harm research groups internationally. Working in partnership with clinicians, policy-makers and people with lived experience the impact of the research at SBRL is to advance understanding and prevention of suicide. The PhD research project that is part-sponsored by Jonathan's Voice is being undertaken by Ms Susie Bennett. Her research explores male suicide, specifically the cultural and social factors that put men at risk of suicidal despair and the factors that can aid men to recover a meaningful life. This project is continuing into 2022. The main achievements to date are as follows. A systematic review, the first of its kind, was undertaken and looked at all the worldwide qualitative research on men who are suicidal. It synthesized the findings from 78 studies on the critical suicide risk and recovery factors for men. Findings highlighted the central role of cultural norms of masculinity in male suicide and were reported as a risk factor in 95% of papers. A survey was then designed and piloted the measures to use for a survey further exploring male suicide. 3,123 participants were recruited from all over the world. The questions in the survey were based on findings from the systematic review and explored things like self-esteem, attitudes to emotional expression, connections to others, childhood experiences - all potential risk factors for suicidal feelings in men. Going forward, the next part of the research will be a quantitative analysis of key measures against three different groups; men who are not suicidal, men with suicidal thoughts but who have not attempted suicide, men who have attempted suicide Fundraising Jonathan's Voice relies on the generous support it receives from individuals and organisations through donations and sponsorship to carry out its charitable activities. Despite the pandemic, there have been number of important fundraising
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		events, particularly in the last few months. However, an event that has had a very significant impact commenced in January 2021 when a group of 12 men committed to run 6721 miles and raise £6721 in memory of those 6721 people who had died by suicide in the UK in 2019. In addition to the fundraising target which has been achieved, there has been considerable engagement over the year, through the group's website and regular posts and tweets, that has kept the issue of mental health and suicide, particularly among men, very much alive. The charity was engaged with the Southwell Music Festival (see above) and raised £2132. Short talks were given before events and donations were received. Trustees of the charity were able to talk to people informally about mental health issues and distribute resources. The impact was that more people became aware of the stark statistics about suicide and had an opportunity to share their experiences. Other sponsored events provided the opportunity via the Jonathan's Voice Just Giving page for the organizer to write about the charity, mental health and their reason for promoting the event, thus bringing peoples' attention to mental health and suicide in a very personal and impactful way. Of note, is a sponsored walk along Hadrian's Wall in memory of a man who died by suicide. The walk raised £13,032 from 274 supporters, all of whom will have had an increased knowledge about mental health and suicide.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total receipts for the period 01/11/20 to 31/10/21 were £37,790 and total payments were £28,145. 93% of our income was spent on charitable activities. At 31/10/2021 the charity had reserves and cash in the bank of £84,136. All income received in the period was unrestricted. This is a positive position for the charity to be in and provides the opportunity to scale up activity in the next 12 months.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees aim to retain free reserves at a level sufficient to cover 3 months of expenditure. This will enable the charity to protect the continuity of its core activities during any periods of reduced income. The level of reserves required is therefore £15,000 and the charity currently holds free reserves in excess of this
Amount of reserves held	Para 1.22	As at 31/10/2021 the charity had reserves of £84,136.
Reasons for holding zero reserves	Para 1.22	n/a – the charity has reserves.
Details of fund materially in deficit	Para 1.24	n/a - there are no funds in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no uncertainties about the charity's ability to continue as a going concern. The charity incurs a low level of day-to-day costs and has sufficient funds to continue to operate for at least the next 12 months.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The income received is from voluntary donations, from both individuals and corporate entities or charitable foundations. The income from individuals includes direct donations and fundraising carried out through participation in sponsored events of various kinds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The trustees have considered the possible effect of the return of Covid-19 restrictions or lockdowns on the operation of the charity. As Jonathan's Voice does not employ staff it will not affect our ability to operate as a going concern. In the 2020-2021 year, there was not an evident reduction in income due to the cancellation or reduced attendance at events from which we have had charitable donations or

		sponsorship income. Charitable work through face-to-face meetings and workshops began to resume in August/September 2021 and we are planning for more extensive in-person events to happen throughout 2022. However, we have sufficient funds available to cover the likely costs of travel etc. Additionally, we anticipate the continued use of webinars, podcasts and videoconferencing to be part of our portfolio of delivery in the foreseeable future.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Jonathan's Voice has a Trust Deed as its governing document.
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	The charity is constituted as a Charitable Trust (Unincorporated Charity) with a Trust Deed dated 18 th October 2018 and entered onto the Charity Commission Register on 24 th October 2018 with the number 1180424
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	There must be at least 5 trustees. Apart from the first trustees, every trustee must be appointed for a term of three years by a resolution of the existing trustees. Any eligible trustee may be re-appointed.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	

Other		
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Reference and Administrative details

Charity name	Jonathan's Voice
Other name the charity uses	None
Registered charity number	1180424
Charity's principal address	26 Holyoake Road, Oxford, OX3 8AE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	David Graham McCartney			
2	Valerie June McCartney			
3	David Edward McCartney	Chair		
4	Helen Clare Rimington			
5	John Charles Sartain		1/11/20 to 15/09/21	
6	James Macdonald		1/11/20 to 30/6/21	
7	Eleanor Lesley McCartney	Secretary		
8	David Cox		15/09/21 to continuing	
9	Paul Mellor		5/02/22 to continuing	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Mental health professional	Ms June Dent	79 FERRY ROAD, OXFORD, OX3 0EU
Mental health professional	Ms Penelope Aspinall	21 Forrest Avenue, Huddersfield, HD1 4PL

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Valerie J. McCartney</i>	<i>D. Graham McCartney</i>
Full name(s)	Valerie June McCartney	David Graham McCartney
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date *10th June 2022*

**Independent examiner's report to the trustees of
Jonathan's Voice
for the year ended 31 October 2021**

I report to the trustees on my examination of the accounts of Jonathan's Voice (the charity) for the year ended 31 October 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

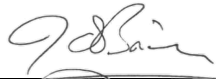
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed  Date 14/06/2022
John O'Brien MSc, FAIA, FCCA, FCIE
Employee of Community Accounting Plus



CHARITY COMMISSION
FOR ENGLAND AND WALES

Jonathan's Voice

1180424

Receipts and payments accounts

CC16a

For the period
from

01-Nov-20

To

31-Oct-21

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Voluntary receipts: Transfer in on establishment of charitable trust	-	-	-	-	-
Voluntary receipts: Other	37,790	-	-	37,790	15,152
Other receipts	-	-	-	-	-
Sub total (Gross income for AR)	37,790	-	-	37,790	15,152
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	37,790	-	-	37,790	15,152
A3 Payments					
Costs of generating voluntary receipts	1,502	-	-	1,502	1,126
Costs of charitable activities	26,389	-	-	26,389	13,719
Governance & support costs	254	-	-	254	767
	-	-	-	-	-
Sub total	28,145	-	-	28,145	15,612
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	28,145	-	-	28,145	15,612
Net of receipts/(payments)	9,644	-	-	9,644	- 460
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	74,492	-	-	74,492	74,952
Cash funds this year end	84,136	-	-	84,136	74,492

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank	84,136	-	-
		-	-	-
	Total cash funds	84,136	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade creditors	Unrestricted	3,198	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>D. Graham McCartney</i>	D. G. MCCARTNEY	10/06/2022
<i>V. J. McCartney</i>	V J MCCARTNEY	10.06.2022