NOTTINGHAMSHIRE MIND

England & Wales · Charity number 1180346

Details

Status	Registered
Legal form	CIO
Registered	2018-10-17
Register	View on the Charity Commission register

Contact

Address	6 Hardy Street Worksop Notts S80 1EH
Phone	08004700203
Email	admin@nottinghamshiremind.org.uk
Website	www.nottinghamshiremind.org.uk

Activities

Objects: A) TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN THE RECOVERY OF PERSONS IN NOTTINGHAMSHIRE SUFFERING FROM MENTAL ILL-HEALTH OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING INFORMATION OR SUPPORT.B) TO PROMOTE THE STUDY OF AND RESEARCH INTO MENTAL HEALTH DISORDER AND EMOTIONAL OR MENTAL DISTRESS AND TO OBTAIN AND MAKE RECORDS OF AND DISSEMINATE INFORMATION CONCERNING THE SAME AND TO EDUCATE THE PUBLIC IN MATTERS RELATING TO MENTAL HEALTH.

Activities: Providing information, support and guidance on mental health issues to the communities of Nottinghamshire.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

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Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,306,344	£1,245,264	£726,687	47
2024-03-31	£1,472,866	£1,442,854	£665,607	47
2023-03-31	£1,474,028	£1,504,030	£635,509	66
2022-03-31	£1,002,391	£860,694	£665,476	41
2021-03-31	£585,258	£490,146	£483,065	20

Trustees

Name	Role	Appointed
Andrew Culshaw		2025-10-28
Craig Grant		2024-05-09
Debbie Henthorn		2025-02-11
Dr Robert Oates		2025-02-11
Kaylie Bickle		2024-05-09
ROGER STENDALL		2019-06-10
Rachel Kolebuk		2025-10-28
Sarah Watson		2025-07-29
Sofia Shah		2025-02-11

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NOTTINGHAMSHIRE MIND

England & Wales - Charity number 1180346

Accounts

Charity registration number 1180346 (England and Wales)

NOTTINGHAMSHIRE MIND

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

NOTTINGHAMSHIRE MIND

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Craig Grant	(Appointed 9 May 2024)
	Roger Stendall (Chair)	
	Dr Maria Ferazzoli	
	Kaylie Bickle	(Appointed 9 May 2024)
	Sofia Shah	(Appointed 11 February 2025)
	Debbie Henthorn	(Appointed 11 February 2025)
	Dr Robert Oates	(Appointed 11 February 2025)
	Courtney Nangle	(Appointed 17 February 2025)
	Sarah Watson	(Appointed 29 July 2025)
Senior management	Nicola Rea	Acting CEO
	Lindsay Simpson	HR Manager
	Emmanuel Mba	Finance Manager
Charity number (England and Wales)	1180346	
Principal address	6 Hardy Street Worksop Nottinghamshire S80 1EH	
Auditor	Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP	
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB	

NOTTINGHAMSHIRE MIND

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NOTTINGHAMSHIRE MIND

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and Activities
Purpose and Vision
Nottinghamshire Mind is dedicated to promoting positive mental wellbeing and providing support to individuals experiencing mental health challenges. The charity operates with a clear commitment to public benefit, and the trustees have complied with their duty under Section 17 of the Charities Act 2011 by having due regard to the Charity Commission's guidance in this regard.

Our vision is a society where everyone experiencing a mental health issue receives the support they need and is treated with respect, dignity, and compassion.

Core Activities
To achieve this vision, our core service areas include:

Counselling and Therapies

Peer support and recovery-focused groups

Crisis prevention and support services

Community outreach, mental health education, and training

These services are designed to meet the diverse needs of individuals across Nottinghamshire and are continuously adapted to reflect the evolving landscape of mental health care.

Strategic Goals
Nottinghamshire Mind's strategic goals are to:

- Promote holistic wellbeing
- Empower individuals to make informed choices about their mental health
- Improve access to high-quality services and support
- Enable inclusive practices and reach underrepresented communities
- Build resilience among individuals and communities
- Tackle inequality and stigma
- Raise awareness of mental health issues through education
- Foster personal development and support long-term wellbeing.

Organisational Ethos
Nottinghamshire Mind aims to be a trusted focal point for those affected by mental health issues—a safe, welcoming, and non-judgemental environment where individuals can find understanding, acceptance, and support. We seek to dismantle the stigma surrounding mental health and provide a space where people can reconnect with their strengths and aspirations.

Our approach is rooted in empowerment, inclusion, and community engagement. We support people in taking ownership of their personal Journey and wellbeing and actively involve them in shaping the services they use.

Commitment to the Community
The charity provides services tailored to the most vulnerable individuals in our community, including targeted support and educational programmes for all. Our goal is to fill existing service gaps across the county and to act as the first point of contact for those seeking help with mental health concerns and emotional wellbeing.

We work with individuals from all walks of life, embracing diversity and rejecting discrimination in all forms. Nottinghamshire Mind is committed to delivering equitable, fit-for-purpose services that reflect the needs of the communities we serve.

Objectives, strategies and activities
Nottinghamshire Mind delivers mental health support services across the county of Nottinghamshire, with the aim of supporting individuals in a non-judgemental, non-stigmatising, and person-centred environment. The charity focuses on empowering individuals throughout their journey and helping them to maintain long-term positive mental health and emotional wellbeing.

Our overarching objective is to enable people to take control of their mental health, build resilience, and access appropriate support at the right time. To achieve this, we offer a range of services tailored to the diverse needs of our local communities.

Key Services and Activities:
Counselling Services:
We offer structured one-to-one therapy for individuals presenting with mild to moderate mental health issues. These sessions form a vital part of many individuals' recovery journeys, enabling them to explore their experiences in a safe and confidential setting.

Crisis Sanctuary:
This service provides immediate, drop-in support within a safe and welcoming space for individuals experiencing a non-clinical mental health crisis across the County and City. It also includes telephone support for those unable to attend in person. We work collaboratively with both our partners to ensure equitable delivery and statutory services to escalate cases requiring clinical intervention, helping to reduce pressure on emergency services and improve outcomes for individuals in distress.

Resilience & Stabilisation (R&S):

This service is designed for individuals who may not meet the criteria for secondary mental health services but still require meaningful support to manage their mental health and wellbeing.

R&S focuses on helping people develop emotional resilience and practical coping strategies to navigate everyday challenges. By building confidence, stability, and self-management skills, the programme empowers individuals to bounce back from difficult life situations and reduce the risk of further deterioration. It serves as a vital early support intervention, helping people stay well and feel more in control of their lives.

#Well - Community Programme
#Well offers a range of community support services aimed at encouraging community connectivity and increasing wellbeing skills. We support local community partnerships to encourage and enable people to use the resources on their doorstep.

Peer-led recovery groups

Walk and talk sessions

Creative arts and crafts workshops

These activities provide a sense of connection, belonging, and purpose. They offer therapeutic benefits, reduce social isolation, and serve as meaningful alternatives for individuals experiencing symptoms of mental distress.

Public Benefit

As a registered charity, Nottinghamshire Mind is committed to delivering clear public benefit, in accordance with Section 17 of the Charities Act 2011 and the guidance issued by the Charity Commission.

Our work contributes significantly to public health and wellbeing by:

Reducing the burden on statutory mental health services through early intervention and preventative support.

Improving access to support for marginalised, underserved, and vulnerable populations.

Promoting social inclusion by creating safe, supportive spaces where individuals are accepted and respected regardless of their background or mental health status.

Enhancing individual and community resilience through education, empowerment, and peer support.

Reducing stigma and discrimination associated with mental illness by raising awareness and promoting open dialogue within communities.

Improving quality of life for individuals living with mental health challenges by facilitating recovery, personal growth, and community reintegration.

In all our activities, we are guided by the principle of public benefit, ensuring that our services are free or affordable, inclusive, and responsive to the needs of those we serve.

Achievements and Performance

In 2024/5:

- Over 4,800 1-2-1 sessions, were delivered across our services
    - Over 2,700 of these were through our Resilience & Stabilisation service
- In addition to this, our team of trainee and volunteer counsellors delivered 540 1-2-1 counselling sessions
- There were over 2,500 attendances at our Error in formula ->#Well<- community groups and cafés
- Supported Self Help, for which we were one of National Mind's delivery partners, supported 390 individuals
- Our Crisis Sanctuaries, in partnership with Framework and Turning Point, delivered over 4,000 interventions to people who were at or nearing a mental health crisis, diverting many of these from requiring more intensive support from services such as NHS crisis teams, A&E and the emergency services

Of those who have provided feedback about our services, 92% say they feel more able to manage their mental health, have better coping strategies and understand their emotions better. Our NPS* rating is 81.0 which is significantly better than most providers in our field.

We were successful in our applications for UKSPF grants in Bassetlaw and Broxtowe, enabling us to underpin our #Well Community Services including establishing a range of new weekly community groups in otherwise underserved areas. In addition to this we were successful in obtaining funding from the UKSPF Futures grant, to provide support to Economically Inactive people through helping them to build resilience and develop coping strategies that enable them to deal with life's challenges and thereby progress towards employment. Our partnership with Citizens Advice to support those who with mental health challenges that access their services continues, with our Changing Lives service having supported 120 people in the past year.

Our Resilience & Stabilisation service has gone from strength to strength, with over 1300 completed treatment pathways. In November 2024 we introduced Wellbeing Calls for anyone who has been waiting 4 weeks or more to start support their R&S support. These have been welcomed by our clients as an opportunity to find out more about the programme, let us know if things have changed for them and also to share any immediate or urgent concerns they may have so we can support or signpost them appropriately.

The R&S service model is well respected within the local health community, which has led to us being successfully awarded a two year contract by the Police & Crime Commissioners Office to deliver our R&S programme to people who have experienced sexual violence (SVSS) - delivery commenced on 1/4/2025 with 3 dedicated recovery coaches recruited into this service.

Our Mental Elf Festive Fun Run in December 2024 welcomed over 100 runners of all ages and was a great success in raising funds through donations and community support.

*NPS = Net Promoter Score : A widely used customer loyalty metric that reflects how strongly people would recommend our service – the higher the score, the more impactful and trusted we are.

Financial Review

Total income for the year was £1,306,344, with total expenditure amounting to £1,245,264, resulting in a surplus of £61,080.

Principal funding sources included:

Contracts with local authorities and the NHS

Grants from trusts and foundations

Public donations and fundraising

Income from counselling services

The continued impact of inflation on both non-staff and salary costs presented challenges throughout the year. However, the organisation remains in a strong position to secure additional funding. This will support our ongoing efforts to assist the local community while narrowing the gap between income and expenditure. Our goal is to continue building our reserves to ensure long-term financial sustainability and growth.

Policy on Reserves:

Nottinghamshire mind has a detailed results policy and ensures there is sufficient reserves to cover at least three months of the organisation total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and stuff redundancy costs. The current reserve figure remains adequate.

Risk Management

The Board maintains a risk register, reviewed on need basis. Key risks identified during the year include:

- Income volatility due to funding cycles
- Increasing service demand relative to staffing capacity
- Cybersecurity and data protection obligations

Mitigations include diversified funding plans, workforce wellbeing initiatives, and IT security upgrades.

Major risks and management of those risks

Main risk

The sustainability of Nottinghamshire Mind's core programmes remains a key priority in the current climate. Support from the local authority sector is increasingly unpredictable, and there is an ongoing risk that service demand may outpace available resources.

To address this, Nottinghamshire Mind develops its strategic plans based on a comprehensive evaluation of internal and external opportunities and risks. Several risks have been identified that could impact the organisation's core operations. These are actively managed through a formal risk register, which is reviewed monthly at both operational and strategic levels by senior staff and trustees. Additionally, oversight is provided through the National Mind Quality Mark assessment process, ensuring continuous alignment with sector standards and best practices.

Key identified risks Include

1. Funding and Financial Sustainability

Risk: Reduced income from public donations, grants, or contracts.

2. Commissioning and Contract Risk

Risk: Loss or non-renewal of contracts with the NHS or local authorities.

3. Inflation and Cost Pressures

Risk: Rising operational costs due to inflation, especially salaries and overheads.

4. Staffing and Recruitment

Risk: Difficulty in recruiting or retaining qualified staff due to sector-wide shortages or pay constraints.

5. Service/ Client Demand

Risk: Rising demand for mental health services exceeding capacity.

Plans for Future Periods

Priorities and Key Objectives for the Upcoming Period

Nottinghamshire Mind has set out a clear and ambitious agenda for the future, guided by strategic priorities aimed at strengthening service delivery, enhancing sustainability, and deepening community impact. The following key objectives have been identified:

Scaling and Strengthening the Training Arm
The organisation plans to expand its training offer significantly, enabling the generation of increased unrestricted income. This includes enhancing capacity, diversifying training modules, and targeting new sectors to broaden market reach.

Strategic Alignment with the ICB Mental Health Plan
Nottinghamshire Mind will continue active collaboration with the Integrated Care Board (ICB) to contribute to and align with the local mental health strategic plan. This will ensure future service development is responsive to evolving regional needs and policy direction.

Targeted Fundraising for Employer Engagement
A focused fundraising campaign will support the delivery of mental health training and workshops to local employers. The aim is to build capacity across the business community to better support employee mental health and wellbeing.

Preparation for Commissioning Opportunities
With several commissioned services expected to be retendered, Nottinghamshire Mind is proactively engaging with partners to strengthen collaborative bids. This ensures the organisation is strategically positioned to submit competitive and high-quality applications.

Strategic Planning and Organisational Road Mapping
A series of strategic planning sessions are scheduled to map out a comprehensive five-year organisational roadmap. This will guide Nottinghamshire Mind's growth and development through to 2030, ensuring long-term sustainability and impact.

Additionally, key strategic initiatives include:

Extending Reach to Rural Communities
Focused efforts will be made to address geographical inequalities in access to mental health services by extending provision to underserved rural areas across Nottinghamshire.

Extending Service Offer to Children & Young People
Continued focus on broadening our service to allow Nottinghamshire Mind to statutory services meeting the need for CYP in our communities.

Diversifying Income through Corporate Partnerships
The organisation will seek to broaden its income base by developing meaningful and values-aligned partnerships with corporate organisations.

Co-Production with People with Lived Experience
Nottinghamshire Mind remains committed to service co-production, ensuring that people with lived experience of mental health challenges are meaningfully involved in shaping, evaluating, and improving services.

Investment in Digital Infrastructure
Upgrades to digital platforms and systems will be prioritised to improve service accessibility, data capture, and performance insight. This digital transformation will support more responsive, data-informed service delivery.

Structure, governance and management
The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Nottinghamshire Mind is a registered charity governed by its Memorandum and Articles of Association.

The trustees who served during the year and up to the date of signature of the financial statements were:

Craig Grant	***(Appointed 9 May 2024)***
Roger Stendall (Chair)	
Dr Maria Ferazzoli	
Nahida Ahmed	***(Resigned 11 December 2024)***
Berenice Brown	***(Resigned 30 April 2025)***
Kaylie Bickle	***(Appointed 9 May 2024)***
Sofia Shah	***(Appointed 11 February 2025)***
Debbie Henthorn	***(Appointed 11 February 2025)***
Dr Robert Oates	***(Appointed 11 February 2025)***
Courtney Nangle	***(Appointed 17 February 2025)***
Sarah Watson	***(Appointed 29 July 2025)***

Recruitment and appointment of trustees

Trustees are recruited through referrals from existing trustees and staff members. Prospective candidates first attend an informal meeting with the COO and Senior Business GQC – Operations to assess expectations, relevant skills, and alignment with the organisation's strategic pillars.

If the applicant wishes to proceed, they are invited to attend a meeting with the Chair and CEO before a further invitation to a Board meeting for further discussion with current trustees. Subject to this meeting, the applicant is then invited to attend a subsequent Board meeting while due diligence checks are conducted (including DBS clearance, conflict of interest assessment, and disqualification from trusteeship or directorship).

If the applicant is deemed compliant, they are formally appointed through nomination and seconding at the start of the next Board meeting, with the decision recorded in the minutes. The CEO, or a delegated staff member, then conducts the trustee induction.

Details are recorded in the HR database.

Organisational structure

The charity is affiliated with National Mind but operates as an independent organisation, delivering services specifically tailored to the needs of communities across Nottinghamshire.

Strategic oversight is provided by a Board of Trustees, chaired by an individual elected by the trustees at the Annual General Meeting. The Board holds ultimate responsibility for the charity's governance, compliance, and strategic direction.

Operational management is delegated to the Chief Executive, who is supported by a Senior Leadership Team. Together, they are responsible for the day-to-day delivery of services, implementation of strategic plans, and overall organisational performance, in alignment with the charity's mission and values.

The trustees' report was approved by the Board of Trustees.

Roger Stendall (Chair)
Trustee

24 September 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF NOTTINGHAMSHIRE MIND

Opinion

We have audited the financial statements of Nottinghamshire Mind (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF NOTTINGHAMSHIRE MIND

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Other matters

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Melvin Bailey FCCA DChA (Senior Statutory Auditor)
for and on behalf of Rogers Spencer
Chartered Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP
24 September 2025

Rogers Spencer is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

NOTTINGHAMSHIRE MIND

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income and endowments from:							
Donations and legacies	3	1,166,557	-	1,166,557	1,252,022	-	1,252,022
Charitable activities	4	63,546	40,875	104,421	85,863	40,875	126,738
Investments	5	6,101	-	6,101	7,793	-	7,793
Other income	6	-	29,265	29,265	-	86,313	86,313
Total income		1,236,204	70,140	1,306,344	1,345,678	127,188	1,472,866
Expenditure on:							
Charitable activities	7	1,204,249	41,015	1,245,264	1,322,666	120,188	1,442,854
Total expenditure		1,204,249	41,015	1,245,264	1,322,666	120,188	1,442,854
Net gains/(losses) on investments	12	-	-	-	86	-	86
Net income and movement in funds		31,955	29,125	61,080	23,098	7,000	30,098
Reconciliation of funds:							
Fund balances at 1 April 2024		658,607	7,000	665,607	635,509	-	635,509
Fund balances at 31 March 2025		690,562	36,125	726,687	658,607	7,000	665,607

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

NOTTINGHAMSHIRE MIND

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	**14**		254,913		255,297
Investments	**15**		386		386
			255,299		255,683
Current assets					
Debtors	**16**	55,927		105,373	
Cash at bank and in hand		489,307		412,885	
		545,234		518,258	
Creditors: amounts falling due within one year	**17**	(73,846)		(108,334)	
Net current assets			471,388		409,924
Total assets less current liabilities			726,687		665,607
The funds of the charity					
Restricted income funds	**20**		36,125		7,000
Unrestricted funds	**21**		690,562		658,607
			726,687		665,607

The financial statements were approved by the trustees on 24 September 2025

Roger Stendall (Chair)
Trustee

NOTTINGHAMSHIRE MIND

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	**25**		84,666		(115,304)
Investing activities					
Purchase of tangible fixed assets		(14,345)		(11,044)	
Investment income received		6,101		7,793	
Net cash used in investing activities			(8,244)		(3,251)
Net increase/(decrease) in cash and cash equivalents			76,422		(118,555)
Cash and cash equivalents at beginning of year			412,885		531,440
Cash and cash equivalents at end of year			489,307		412,885

1 Accounting policies

Charity information

Nottinghamshire Mind is a Charitable Incorporated Organisation incorporated in England and Wales. The address of the principal office is given in the legal and administrative information of these financial statements.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

1 Accounting policies **(Continued)**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Individual fixed assets, costing more than £500, are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% straight line
Fixtures and fittings	20% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1 Accounting policies (Continued)

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations	64,533	52,982
Government grants	1,021,060	1,074,508
Grants from other charities	80,964	65,888
Other	-	58,644
	1,166,557	1,252,022

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Client contributions & fees	28,012	-	28,012	22,147	-	22,147
Contracts	26,438	-	26,438	50,962	-	50,962
Grants	-	40,875	40,875	-	40,875	40,875
Room hire	7,225	-	7,225	11,840	-	11,840
Sundry	1,871	-	1,871	914	-	914
	63,546	40,875	104,421	85,863	40,875	126,738

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	6,101	7,793

6 Other income

	Restricted funds 2025 £	Restricted funds 2024 £
Insurance reclaims	29,265	86,313

7 Expenditure on charitable activities

	2025 £	2024 £
Staff costs	1,011,427	1,070,545
Depreciation	14,729	15,616
Activities & materials	5,729	11,978
Affiliations, subscriptions & memberships	11,576	6,709
Bank charges	926	642
Cleaning & hygiene	11,472	7,389
Equipment & maintenance	1,111	1,329
Freelance training & delivery	14,048	11,823
Fundraising & publicity	315	2,210
Hospitality & gifts	268	251
Household & refreshments	2,661	4,236
Insurance	22,574	18,777
IT, database & website	38,590	39,531
Legal & professional fees	4,958	15,333
Premises maintenance & security	2,224	90,618
Printing, postage & stationery	10,601	12,515
Rent & room hire	21,187	21,439
Recruitment	1,365	333
Staff training & supervision	1,058	5,424
Staff travel & subsistence	18,944	21,087
Sundry expenses	2,250	313
Telephone & internet	6,580	6,864
Volunteer & trustees' expenses	1,972	3,617
Utilities & rates	21,699	26,146
Sessional & agency staff	2,632	38,245
Grants awarded	1,808	1,124
	1,232,704	1,434,094
Share of support and governance costs (see note 8)		
Governance	11,880	8,760
	1,244,584	1,442,854
Analysis by fund		
Unrestricted funds	1,204,249	1,322,666
Restricted funds	41,015	120,188
	1,245,264	1,442,854

8 Governance costs

	Total 2025 £	Total 2024 £
Governance	11,880	8,760

Governance costs comprise:	2025 £	2024 £
Audit fees	9,900	6,900
Accountancy	1,980	1,860
	11,880	8,760

9 Net movement in funds

The net movement in funds is stated after charging/(crediting):

	2025 £	2024 £
Fees payable for the audit of the charity's financial statements	9,900	6,900
Depreciation of owned tangible fixed assets	14,729	15,616

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	47	53

Employment costs	2025 £	2024 £
Wages and salaries	925,054	980,515
Social security costs	67,078	70,774
Other pension costs	19,295	19,256
	1,011,427	1,070,545

There were no employees whose annual remuneration was more than £60,000.

11 Employees (Continued)

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2025	2024
	£	£
Aggregate compensation	125,760	106,395

12 Gains and losses on investments

	Unrestricted funds 2025	Unrestricted funds 2024
Gains/(losses) arising on:	£	£
Revaluation of investments	-	86

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Freehold land and buildings	Fixtures and fittings	Computers	Total
	£	£	£	£
Cost				
At 1 April 2024	365,740	11,809	25,460	403,009
Additions	13,440	905	-	14,345
At 31 March 2025	379,180	12,714	25,460	417,354
Depreciation and impairment				
At 1 April 2024	120,349	8,326	19,037	147,712
Depreciation charged in the year	7,314	992	6,423	14,729
At 31 March 2025	127,663	9,318	25,460	162,441
Carrying amount				
At 31 March 2025	251,517	3,396	-	254,913
At 31 March 2024	245,391	3,483	6,423	255,297

15 Fixed asset investments

	Listed investments £
Cost or valuation	
At 1 April 2024 & 31 March 2025	386
Carrying amount	
At 31 March 2025	386
At 31 March 2024	386

16 Debtors

Amounts falling due within one year:	**2025 £**	**2024 £**
Trade debtors	39,166	16,434
Other debtors	14,193	86,355
Prepayments	2,568	2,584
	55,927	105,373

17 Creditors: amounts falling due within one year

	Notes	**2025 £**	**2024 £**
Deferred income	18	19,880	3,804
Trade creditors		38,610	21,701
Other creditors		4,976	3,644
Accruals		10,380	79,185
		73,846	108,334

18 Government grants

Deferred income is included in the financial statements as follows:

	2025 £	**2024 £**
Deferred income is included within:		
Current liabilities	19,880	3,804
Movements in the year:		
Deferred income at 1 April 2024	3,804	-
Resources deferred in the year	16,076	3,804
Deferred income at 31 March 2025	19,880	3,804

19 Retirement benefit schemes

Defined contribution schemes	2025 £	2024 £
Charge to profit or loss in respect of defined contribution schemes	19,295	19,256

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

20 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Capital additions	7,000	29,265	(140)	36,125
Nottinghamshire County Council (salaries)	-	40,875	(40,875)	-
	7,000	70,140	(41,015)	36,125

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Capital additions	-	86,313	(79,313)	7,000
Nottinghamshire County Council (salaries)	-	40,875	(40,875)	-
	-	127,188	(120,188)	7,000

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Gains and losses £	At 31 March 2025 £
General funds	586,830	1,236,204	(1,204,249)	-	618,785
Revaluation reserve	71,777	-	-	-	71,777

21 Unrestricted funds (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Gains and losses	At 31 March 2024
	£	£	£	£	£
General funds	563,732	1,345,678	(1,322,666)	86	586,830
Revaluation reserve	71,777	-	-	-	71,777

22 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	248,053	6,860	254,913
Investments	386	-	386
Current assets/(liabilities)	442,123	29,265	471,388
	690,562	36,125	726,687

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	248,297	7,000	255,297
Investments	386	-	386
Current assets/(liabilities)	409,924	-	409,924
	658,607	7,000	665,607

23 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025	2024
	£	£
Within one year	15,920	7,419

Lease payments recognised as an expense for the period under review totalled £14,720 (2024 - £7,770).

24 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

25 Cash generated from/(absorbed by) operations

	2025	2024
	£	£
Surplus for the year	61,080	30,098
Adjustments for:		
Investment income recognised in statement of financial activities	(6,101)	(7,793)
Fair value gains and losses on investments	-	(86)
Depreciation and impairment of tangible fixed assets	14,729	15,616
Movements in working capital:		
Decrease/(increase) in debtors	49,446	(86,562)
(Decrease)/increase in creditors	(50,564)	86,390
Increase/(decrease) in deferred income	16,076	(152,967)
Cash generated from/(absorbed by) operations	84,666	(115,304)

26 Analysis of changes in net funds

The charity had no material debt during the year.

NOTTINGHAMSHIRE MIND

England & Wales - Charity number 1180346

Accounts

Charity registration number: 1180346

Nottinghamshire Mind

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Nottinghamshire Mind

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Nottinghamshire Mind

Reference and Administrative Details

Trustees	Craig Grant, Chair Roger Stendall Maria Ferazzoli Nahida Ahmed Berenice Brown Kaylie Bickle
Senior Management Team	Nicola Rea, Acting CEO Lindsay Simpson, HR Manager
Charity Registration Number	1180346
Principal Office	6 Hardy Street Worksop Nottinghamshire S80 1EH
Auditor	Melvin Bailey Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB

Nottinghamshire Mind

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Craig Grant, Chair (appointed 9 May 2024)
	Roger Stendall
	Maria Ferazzoli
	Derek Adlam (resigned 1 December 2023)
	Amanda Fletcher (resigned 26 September 2023)
	Christina Bond (resigned 10 July 2023)
	Clara George (resigned 5 December 2023)
	Aidan Dominy (resigned 5 December 2023)
	Nahida Ahmed
	Berenice Brown
	Kaylie Bickle (appointed 9 May 2024)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Recruitment and appointment of trustees

Trustees are recruited through both invitation to apply from existing Trustees and staff members.

After application there is an informal meeting with the CEO to ascertain expectations of being a Trustee and the individuals skill set.

If the applicant wishes to continue with the application they attend a Board meeting for discussion with current Trustees. After this meeting the new Trustee is invited to the next board meeting whilst due diligence checks (DBS, conflicts of interest, disbar from holding directorship/trustee, etc.) are undertaken.

If applicant is compliant they are appointed through nomination & seconding at the beginning of the next board meeting (minuted). The CEO will either undertake or delegate induction to another staff member.

Details are recorded on the HR database.

Arrangements for setting key management personnel remuneration

The salary grade appropriate for each post will be set at the time of recruitment, based on the agreed job description and person specification. Grades will be reviewed by agreement or where there has been a significant variation in the post's duties and responsibilities. Salary reviews will be based on comparison with roles of similar responsibilities within the voluntary sector and Mind network.

Nottinghamshire Mind

Trustees' Report (continued)

Organisational structure

Nottinghamshire MIND is affiliated to National MIND and adheres to the values and principles of MIND. Mind Quality Mark (MQM) ensures that affiliated organisations adhere to the principles, are regulatory compliant and deliver quality services.

There are a board of Trustees, led by a Chair who is appointed by Trustees at the AGM.

The day to day running of the organisation is delegated to CEO and Senior Leadership team who oversee Operations, Human Resources and Finances.

Objectives and activities

Objects and aims

To promote the preservation of mental health and to assist in the recovery of persons in Nottinghamshire suffering from mental ill-health or conditions of emotional or mental distress requiring information and support.

To promote the study of and research into mental health and emotional well being and to obtain and make records of and disseminate information concerning the same and educate the public in matters relating to mental health.

Our vision is to ensure that everyone experiencing a mental health issue gets both support and respect.

Our goals are to-
· Encourage holistic wellbeing
· Empower choice
· Improve services and support
· Enable inclusion
· Improve resilience
· Remove inequality
· Raise awareness
· Encourage personal development and recovery.

Nottinghamshire Mind will be a focal point for people with mental health issues, inclusive and there for everyone. An organisation in which people with mental health issues can feel safe and distance themselves from the stigma that exists in the outside world. The lead for accessing mental health services in Nottinghamshire.

Nottinghamshire Mind's goal is to promote recovery, instil knowledge and involve the community. It seeks to empower people to take responsibility for their own mental health recovery.

Nottinghamshire Mind will exist to promote good mental health, to educate, inform, reduce stigma and build the resilience of the local community. To provide a supportive and empowering environment for people with mental health issues and their carers, a place for people with mental health issues to go to feel accepted, signposted and supported, to help people move forward with their lives.

The purpose of Nottinghamshire Mind is to provide services for people with mental health issues. It delivers services and support to the most vulnerable in our community, including education and information groups for men and women, promoting recovery and emotional wellbeing.

Nottinghamshire Mind will provide fit for purpose services that fill a gap in the County and will be the first port of call on mental health issues. Nottinghamshire Mind will work with a diverse group of people with different backgrounds, will not discriminate and not judge or exclude those with mental health issues.

Nottinghamshire Mind will work with statutory and non-statutory services alongside the general public, because mental health issues affect everyone. Nottinghamshire Mind will work with anyone who would benefit from improving their mental wellbeing.

Objectives, strategies and activities

Nottinghamshire MIND provides services to the population of Nottinghamshire County. We aim to provide support in a non-judgemental and non-stigmatising setting. The focus is on the individual and their needs. The overarching objective is to empower people with their recovery from mental illness and maintenance of positive mental health and wellbeing.

To achieve the above objectives Nottinghamshire MIND undertakes a number of activities:

Community based groups and activities under the #well programme which are a blend of peer lead support groups, worker lead support groups and arts & crafts groups. The blend of support groups enables community and peer lead recovery, with arts and crafts groups providing an outlet for creativity, which boosts mental wellbeing and an alternative activity for when someone is struggling with symptoms of mental illness or wellbeing.

Counselling service for people who present with mild to moderate issues and /or require 1-2-1 therapy as part of their recovery journey.

The Crisis Sanctuaries provide a drop in service in a safe physical space with the option of telephone support for anyone who is experiencing a mental health crisis. We work closely with statutory services to ensure that cases can be escalated for more specialised support when required.

Resilience and Stabilisation - supporting people who are waiting for support for secondary care services, support with their daily lives and preparation for structured clinical support.

Active Monitoring - guided self help programme. Working in Primary Care settings including GP surgeries. Counselling - individual talking therapies.

Supported Listening - telephone support for people who are struggling with mental illness.

Public benefit

Public - Nottinghamshire MIND is open to any persons who reside, work or are visiting the county of Nottinghamshire. We do not require official diagnosis of mental health illness, people can self report and access support.
Benefit - through structured services people are supported with their recovery from mental illness or mental health crisis. People are supported to build personal resilience, empowering people to maintain wellbeing or manage symptoms of mental illness and mental health crisis.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance
Our main activities:

Provide community based activities focused on wellbeing, improving mental health & resilience;
Provide 1-2-1 coaching and therapy to support people who are suffering with their mental health;
Provide safe spaces & helplines for people in Nottinghamshire who are experiencing crisis;
Provide groups (peer and professional lead) for people who are suffering with their mental health;
Provide advice & guidance through literature for members of the public;
Provide training & guidance for employers and business in Nottinghamshire to support employees with mental health & wellbeing.

Community projects work in collaboration with other local providers to provide MIND specialities in the places and localities where people are. As part of the levelling up programme, working with people who are economically inactive to encourage return to work.

Awarded the Resilience & Stabilisation contract after leading the pilot working and the project being commissioned, project is working at capacity and within KPI's

Crisis Sanctuary - acquired premises to continue and develop the offering in the centre of Nottingham city. Implementing learning and development from delivering the service to enhance support for people in crisis. Disaster recovery was tested and was successful following the flooding of Worksop premises, minimal interruption to the services.

Senior leaders, Trustees and all staff went above and beyond during the interim period between previous CEO resignation and appointment of new CEO. Services were maintained and enhanced which is a testament to the skills and dedication of the organisation.

Financial review
The organisation posted a surplus of £30,098 (2023: -£29,967) during the period, which is an improvement on the loss of last year. The continued pressure from inflation on non-staff costs and salaries has been a challenge this year. The organisation is in a strong position to obtain more funding to both support local people and decrease the gap between expenditure and income so that in future we continue to come back from the loss of the previous year.

Due to the difficult financial climate and the legacy of austerity, the VCSE sector has seen a decrease in funding opportunities and an increase in competition from other organisations as they try to maintain income. Whilst there is a temptation to increase scope to maximise funding potential, Nottinghamshire MIND will maintain its specialities and collaborate with other providers when funding opportunities require those skills (e.g debt management, employment).

Major risks and management of those risks

Main risk
Sustainability of core programmes in current climate, the support from the local authority sector is unpredictable and there is always the risk of demand outstripping resources.

Nottinghamshire Mind develops its strategic plan in line with identified and evaluated opportunities and risks - both internally and externally. There are several risks that would affect the fundamental operation of the organisation, and these are identified and managed using a risk register - reviewed operationally and strategically on a monthly basis by key personnel and Trustees and via National Mind during the Mind Quality Mark assessment.

Key identified risks include -
Governance
Lack of strategic direction, skills gaps within the Trustee Board, no Trustee leadership, conflicts of interest, poor policies and procedures, frequent changes in senior management.
Operational
Loss of contracts, poor quality of service, no strategic development, competition, high turnover of staff, poor morale, health and safety, IT issues.
Financial
Loss of fundraising, levels of income diversity, commissioning changes.
Environmental and external
Relationship with the communities and partners, negative publicity, relationship with funders.

Policy on reserves

Nottinghamshire Mind has a detailed reserves policy and ensures there is sufficient reserves to cover at least three months of the organisations total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and staff redundancy costs. The current reserves figure remains adequate.

Free reserves for 2024 amount to £409,924 (2023: £375,340) this is equivalent to the net current assets of the organisation as there is no balance of restricted funds at the end of the year. The reserves are equivalent to 3.4 month's running costs (2023: 3 months).

There is a forecast £120k deficit based on secured income and projected expenditure. Nottinghamshire Mind's Trustees have agreed that they may use reserves during the 2024-25 year should growth and funding not be achieved.

Plans for future periods

Aims and key objectives for future periods

Appointment of new CEO.

Continue to work with ICB on the Mental Health Strategic plan to align future plans and services to the local landscape.

Continue to work with partners in the local authority, Citizens advice and local VCS organisations to maintain current services and income. Collaborate with partners to obtain funding that is within our remit and skills.

Fundraising to deliver training and workshops to local employers to increase their knowledge and skills around mental health and wellbeing.

Commissioned services are due to be re-tendered, working with partners to ensure we are well positioned to submit strong applications.

Nottinghamshire Mind will focus on the levelling up of services across the County and City and identifying gaps in service provision amongst demographics.

Nottinghamshire Mind will continue to be a contributor to the National mental health conversation through close links with Local Mind Associations and National Mind and will act as a corporate Trustee for the formation of a Mind organisation in Leicestershire, Leicester and Rutland.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

Nottinghamshire Mind

Trustees' Report (continued)

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 11 December 2024 and signed on its behalf by:

.....
Craig Grant
Trustee

Independent Auditor's Report to the Members of Nottinghamshire Mind

Opinion

We have audited the financial statements of Nottinghamshire Mind (the 'charity') for the year ended 31 March 2024, which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Report) Regulations 2008 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 7 and 8), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor Responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

The extent to which the audit was considered capable of detecting irregularities including fraud

Our approach to identifying and assessing the risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our knowledge and experience of the charity sector;
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including data protection, anti-bribery, employment, environmental and health and safety legislation;
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting relevant correspondence; and
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- Understanding the design of the charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Tested journal entries to identify unusual transactions;
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation;
- Reading the minutes of meetings of those charged with governance;
- Enquiring of management as to actual and potential litigation and claims; and
- Reviewing correspondence with relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the trustees those matters we are required to state to trustees in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

M. Bailey

.....

Melvin Bailey FCCA DChA Statutory Auditor

Rogers Spencer
Newstead House
Pelham Road
Nottingham
NG5 1AP

Date: 11 December 2024

Melvin Bailey is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	1,252,022	-	1,252,022	1,349,831
Charitable activities	4	85,863	40,875	126,738	122,175
Investment income	3	7,793	-	7,793	2,022
Other income	5	-	86,313	86,313	-
Total Income		1,345,678	127,188	1,472,866	1,474,028
Expenditure on:					
Charitable activities	6	(1,322,666)	(120,188)	(1,442,854)	(1,504,030)
Total Expenditure		(1,322,666)	(120,188)	(1,442,854)	(1,504,030)
Gains/losses on investment assets		86	-	86	35
Net movement in funds		23,098	7,000	30,098	(29,967)
Reconciliation of funds					
Total funds brought forward		635,509	-	635,509	665,476
Total funds carried forward	17	658,607	7,000	665,607	635,509

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

	Note	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	1,349,831	-	1,349,831
Charitable activities	4	20,631	101,544	122,175
Investment income	3	2,022	-	2,022
Total Income		1,372,484	101,544	1,474,028
Expenditure on:				
Charitable activities	6	(1,402,486)	(101,544)	(1,504,030)
Total Expenditure		(1,402,486)	(101,544)	(1,504,030)
Gains/losses on investment assets		35	-	35
Net movement in funds		(29,967)	-	(29,967)
Reconciliation of funds				
Total funds brought forward		665,476	-	665,476
Total funds carried forward	17	635,509	-	635,509

The notes on pages 17 to 27 form an integral part of these financial statements.

Nottinghamshire Mind

(Registration number: 1180346)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	13	255,297	259,869
Investments	12	386	300
		255,683	260,169
Current assets			
Debtors	15	105,374	18,812
Cash at bank and in hand	14	412,885	531,440
		518,259	550,252
Creditors: Amounts falling due within one year	16	(108,335)	(174,912)
Net current assets		409,924	375,340
Net assets		665,607	635,509
Funds of the charity:			
Restricted income funds			
Restricted funds	17	7,000	-
Unrestricted income funds			
Unrestricted funds		658,607	635,509
Total funds	17	665,607	635,509

The financial statements on pages 13 to 27 were approved by the trustees, and authorised for issue on 11 December 2024 and signed on their behalf by:

.....
Craig Grant
Trustee

Nottinghamshire Mind

Cash Flow Statement for the Year Ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash income/(expenditure)		30,098	(29,967)
Adjustments to cash flows from non-cash items			
Depreciation		15,616	14,807
Investment income	3	(7,793)	(2,022)
Gain or loss on investments		(86)	(35)
		37,835	(17,217)
Working capital adjustments			
(Increase)/decrease in debtors	15	(86,562)	44,222
Increase/(decrease) in creditors	16	86,390	(7,374)
Decrease in deferred income		(152,967)	(48,229)
Net cash flows from operating activities		(115,304)	(28,598)
Cash flows from investing activities			
Interest receivable and similar income	3	7,793	2,022
Purchase of tangible fixed assets	13	(11,044)	(19,268)
Net cash flows from investing activities		(3,251)	(17,246)
Net decrease in cash and cash equivalents		(118,555)	(45,844)
Cash and cash equivalents at 1 April		531,440	577,284
Cash and cash equivalents at 31 March		412,885	531,440
Reconciliation of net cash flow to movement in net funds			
Decrease in cash		(118,555)	(45,844)
Net funds at 1 April 2023		531,440	577,284
Net funds at 31 March 2024		412,885	531,440

All of the cash flows are derived from continuing operations during the above two periods.

1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Nottinghamshire Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Critical accounting estimates and judgements
In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	20% straight line
Computer equipment	33.3% straight line

Fixed asset investments
Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	52,982	52,982	-
Legacies	-	-	18,368
Grants, including capital grants;			
Government grants	1,074,508	1,074,508	1,245,597
Grants from other charities	65,888	65,888	24,999
Other income from donations and legacies	58,644	58,644	60,867
	1,252,022	1,252,022	1,349,831

3 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	7,793	7,793	2,022

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Client contributions & fees	22,147	-	22,147	7,318
Contracts	50,962	-	50,962	51,315
Grant	-	40,875	40,875	63,294
Room hire	11,840	-	11,840	-
Sundry	914	-	914	248
	85,863	40,875	126,738	122,175

5 Other income

	Restricted funds £	Total 2024 £	Total 2023 £
Insurance reclaims	86,313	86,313	-

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Activities & materials	11,978	-	11,978	8,924
Affiliations, subscriptions & licences	6,709	-	6,709	4,689
Bank charges & fees	642	-	642	543
Cleaning & hygiene	7,389	-	7,389	4,850
Depreciation	15,616	-	15,616	14,807
Equipment & maintenance	1,329	-	1,329	37,727
Freelance training & delivery	11,823	-	11,823	9,954
Fundraising & publicity	2,210	-	2,210	2,306
Hospitality & gifts	251	-	251	505
Household & refreshments	4,236	-	4,236	3,014
Insurance	18,777	-	18,777	13,240
IT, database & website	39,531	-	39,531	49,159
Legal & professional fees	24,093	-	24,093	15,635
Premises maintenance & security	11,305	79,313	90,618	7,521
Printing, postage & stationery	12,515	-	12,515	13,455
Rent & room hire	21,439	-	21,439	39,680
Recruitment	333	-	333	8,027
Salaries, NI & pension	1,029,670	40,875	1,070,545	1,186,371
Staff training & supervision	5,424	-	5,424	9,023
Staff travel & subsistence	21,087	-	21,087	26,120
Sundry expenses	313	-	313	939
Telephone & internet	6,864	-	6,864	17,578
Volunteer & trustees' expenses	3,617	-	3,617	5,091
Utilities & rates	26,146	-	26,146	15,624
Sessional & agency staff	38,245	-	38,245	-
Grants awarded	1,124	-	1,124	9,248
	1,322,666	120,188	1,442,854	1,504,030

7 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2024 £	2023 £
Audit fees	6,900	6,600
Depreciation of fixed assets	15,616	14,807

8 Analysis of governance and support costs

Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

Governance costs

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Audit fees			
Audit of the financial statements	6,900	6,900	6,600
Other governance costs	1,860	1,860	1,626
	8,760	8,760	8,226

9 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	980,515	1,089,883
Social security costs	70,774	77,930
Pension costs	19,256	18,558
	1,070,545	1,186,371

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average number of employees	53	66

47 (2023 - 52) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £19,256 (2023 - £18,558).

No employee received emoluments of more than £60,000 during the year

The number of employees whose emoluments fell within the following bands was:

	2024 No	2023 No
£70,001 - £80,000	-	1

The total employee benefits of the key management personnel of the charity were £106,395 (2023 - £134,386).

10 Auditor's remuneration

During the period, the fees payable (excluding VAT) to the charity's auditor, Roger Spencer was as follows:

	2024 £	2023 £
Audit	5,750	5,500
	5,750	5,500

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Fixed asset investments

	2024 £	2023 £
Other investments	386	300

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2023	300	300
Revaluation	86	86
At 31 March 2024	386	386
Net book value		
At 31 March 2024	386	386
At 31 March 2023	300	300

13 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2023	358,740	7,766	25,459	391,965
Additions	7,000	4,044	-	11,044
At 31 March 2024	365,740	11,810	25,459	403,009
Depreciation				
At 1 April 2023	113,697	7,394	11,005	132,096
Charge for the year	6,652	933	8,031	15,616
At 31 March 2024	120,349	8,327	19,036	147,712
Net book value				
At 31 March 2024	245,391	3,483	6,423	255,297
At 31 March 2023	245,043	372	14,454	259,869

During the year, one of the properties suffered from flood damage. The net book value of this property at the year end 31 March 2024 was £111k. Repair costs incurred will be covered by an insurance claim of £100k, which was received in August 2024.

14 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	107	108
Cash at bank	412,778	531,332
	412,885	531,440

15 Debtors

	2024 £	2023 £
Trade debtors	16,435	12,140
Prepayments	2,584	4,330
Other debtors	86,355	2,342
	105,374	18,812

16 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	21,701	4,454
Other creditors	15,714	13,687
Accruals	67,116	-
Deferred income	3,804	156,771
	108,335	174,912

Deferred income, as shown above, represents grant deferrals.

17 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2024 £
Unrestricted funds					
General					
General fund	563,732	1,345,678	(1,322,666)	86	586,830
Revaluation reserve	71,777	-	-	-	71,777
	635,509	1,345,678	(1,322,666)	86	658,607
Restricted funds					
Capital Additions	-	86,313	(79,313)	-	7,000
Nottinghamshire County Council (Salaries)	-	40,875	(40,875)	-	-
Total restricted funds	-	127,188	(120,188)	-	7,000
Total funds	635,509	1,472,866	(1,442,854)	86	665,607

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
Unrestricted funds					
General					
General fund	593,699	1,372,484	(1,402,486)	35	563,732
Revaluation reserve	71,777	-	-	-	71,777
	665,476	1,372,484	(1,402,486)	35	635,509
Restricted					
Nottinghamshire County Council (Salaries)	-	40,875	(40,875)	-	-
Citizens Advice (Salaries)	-	38,250	(38,250)	-	-
National Lottery Community Fund	-	9,919	(9,919)	-	-
LLR (Salary)	-	12,500	(12,500)	-	-
Total restricted funds	-	101,544	(101,544)	-	-
Total funds	665,476	1,474,028	(1,504,030)	35	635,509

The specific purposes for which the funds are to be applied are as follows:

Nottinghamshire County Council Salary fund was to fund salaries for related project workers.
The Capital Additions fund relates to the insurance claims on the property in Worksop.

Last year there were also the following funds:
Citizens Advice Salary fund was to fund salaries for related project workers;
National Lottery Community funding was for the #Well project and was all spent in the year;
LLR Salary fund was funding from from Coventry & Warwickshire Mind for the LLR Salaried post.

18 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	248,297	7,000	255,297
Fixed asset investments	386	-	386
Current assets	431,946	86,313	518,259
Current liabilities	(22,022)	(86,313)	(108,335)
Total net assets	658,607	7,000	665,607

	Unrestricted	
	General	2023 Total funds
	£	£
Tangible fixed assets	259,869	259,869
Fixed asset investments	300	300
Current assets	550,252	550,252
Current liabilities	(174,912)	(174,912)
Total net assets	635,509	635,509

19 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2024	2023
	£	£
Other		
Within one year	7,419	2,148

Lease payments recognised as an expense for the period under review totalled £7,770 (2023: £6,624)

20 Related party transactions

There were no related party transactions in the year or in the previous year.

21 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year or in the previous year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

NOTTINGHAMSHIRE MIND

England & Wales - Charity number 1180346

Accounts

mind Nottinghamshire

Our Impact 2022/2023

We're #YourLocalMind

Our services support the mental health of thousands of local people every year.

Nottinghamshire Mind exists to provide support, information and guidance on mental health issues. Our vision is to ensure that everyone experiencing a mental health issue gets both support and respect.

Our goals are to-

- *Encourage holistic wellbeing*
- *Empower choice*
- *Improve services and support*
- *Enable inclusion*
- *Improve resilience*
- *Remove inequality*
- *Raise awareness*
- *Encourage personal development and recovery*

Our National links

As an affiliated organisation, Nottinghamshire is one of many Local Minds across England and Wales, adhering to the values and principles of the National brand-

- *Open* – we reach out to anyone who needs us
- *Together* – we're stronger in partnership
- *Responsive* – we listen, we act
- *Independent* – we speak fearlessly
- *Unstoppable* – we never give up

The Mind Quality Framework provides assurance that the Mind Federation delivers life changing support for people with or at risk of developing mental health problems. It gives confidence that the Federation is made up of well run, sustainable organisations where the voices of people with lived experience of mental health problems underpin and inform everything we do, and our core values are lived out every day.

The Mind Quality Framework has three elements:

- Mind Quality Mark - the core standards.
- Review – to drive improvement and celebrate excellence.
- Support - to meet and exceed the standards.

What impact do local Minds have?

There around 100 local Minds in England and Wales.

Last year local Minds supported 422,450 people.

Local Minds are supported by 4213 incredible volunteers.

Local Minds employ 4213 people and there are 743 trustees.

Last year, local Minds ran 1188 services, including therapy and advocacy.

Last year our volunteers gave us over 189,000 hours of support.

Board of Trustees

Nottinghamshire Mind continues to be governed by a Board of Trustees and understands the need for strength in this area that matches the growth and direction of travel of the organisation going forward.

The Board of Management is made up of both those with and without lived experience of mental health issues and is drawn to represent and reflect the demographics and issues prevalent in the Districts across Nottinghamshire.

Members have a strong sense of governance, organisational development, financial management, commissioning, business development and mental health issues and take overall responsibility for ensuring the best interest of stakeholders in all types of management decisions.

The Board oversees the operations of the organisation, ensuring that the public's trust is upheld, the mission addresses a community need, the practices are ethical, and legal requirements are met. The Board is responsible for assuring the financial integrity and solvency of the organisation and establishing procedures to safeguard the organisation from fraud and risk.

A word from our Chair

Chairs Report 2022-2023

Another eventful year for Nottinghamshire Mind which has been full of challenges and opportunities. The rapid growth of the organisation and its structure means that staff have become used to dealing with such things - using learning to improve on the core purpose of providing first-rate mental health services across the county and city.

Nottinghamshire Mind continued to play an integral part in local Healthcare Trusts Transformation Plans, seeing a continuous collaborative approach to ensure local organisational knowledge and expertise supports the structure of future mental health services.

A county wide pilot in partnership with Notts Healthcare Trust saw the start of a new relationship with several Primary Care Networks throughout Nottinghamshire and Nottingham City. Active Monitoring – a licenced programme designed and developed by National Mind - was implemented in stages to offer choice as an early intervention support service.

Our partnership with both Turning Point and Framework continued to grow and develop. Crisis Sanctuaries provision has increased and continues to provide much needed support to the people of Nottinghamshire and Nottingham City. Tracy Campbell, as partnership manager, has provided exceptional guidance throughout the growth and development of the Crisis Sanctuaries and continues to strive for, and champion, best practise within the service to meet the growing support needs in our communities.

Nottinghamshire Mind continues to revisit and evaluate its strategic plan, using its knowledge, expertise, and learning to understand organisational priorities for the future. Although the turbulent landscape for not only mental health provision but also the third sector is challenging, we have continued to explore new opportunities and develop further understanding of need.

The developments outlined above are to name but a few and do not reflect upon the amount of provision we offer throughout Nottinghamshire and Nottingham City. Our staff and volunteer team work tirelessly to collaborate, design, develop, implement, review, and deliver services to people in need and it is for the continued passion and hard work we are so very grateful.

“Struggling with mental health is nothing to be ashamed of.”

Services and Support

Nottinghamshire Mind offers a range of services and support to meet the needs of its local communities.

Communities are unique and diverse and as such services are shaped to respond to this, they are wide ranging from low level peer support to intensive crisis interventions...

Spotlight on Community Driven Support

Supportive Listening - offering a safe, friendly and confidential space to talk with a volunteer who'll listen, without judgement

Café - a calendar of 'Get Togethers' designed to connect individuals to like-minded people in the community; sharing well-being tips, interests and skills

Informed - one to one face to face or zoom video sessions with a trained recovery coach. Sessions are limited to four per intervention. These sessions are designed to support and guide through a difficult time, working with a recovery coach to identify the expected outcome/goal and explore other services for specialist support, focusing on solution planning

Friends - peer support sessions hosted through the app 'GroupMe'. These chat rooms offer peer conversation on a range of topics allowing like-minded people to share experiences, stories and well-being tips

Community - projects are open to adults who may be struggling with their mental health, feeling isolated or disconnected with their community, or would like some additional support finding out what their local area has to offer them. Partnering with a range of different community groups and organisations

Peer Support - peer support happens when people who have similar experiences of something difficult come together to support each other. At Nottinghamshire Mind, we are talking about experiences of mental health difficulties, trauma or other forms of social or emotional distress. Peer recovery coaches have lived experience and use this to support and encourage individuals

Resources - information and resources downloadable from the website

Our Impact on People's Lives...

Helping me to look forward rather than looking back and that made me feel a lot better.

I feel better knowing that there is support out there and they listen.

Learning coping techniques to manage my anxiety.

Attending these community services has given me the opportunity to meet new people. attending these community services has also helped with improving my confidence

All the techniques I received to cope with days I'm feeling low.

I found the wellbeing walk a step out of my comfort zone and probably wouldn't have done it on my own. I found it a really positive experience.

I have plans for the future and I know how to get more support if I need it.

It has been such a wonderful journey of self discovery and finding out there ARE people that care about my own well-being and that I'm not alone.

The useful thing I find with attending the community services is the support is first class. The people who attend the community services all support me.

Spotlight on Crisis Support

Nottinghamshire Mind, alongside Framework and Turning Point, deliver the crisis sanctuary support across the County and City. Born out of a consultative process with those with lived experience, carers, partner organisations, blue light services, statutory crisis teams and commissioners, the partnership has tested a programme of out of hours support for those who feel they are nearing crisis.

Feel it's really good to have somewhere like this to attend and it's been very beneficial.

The ladies were very nice, friendly, made me feel welcome, gave me a drink. They listened and didn't judge me. Gave me some advice and I feel confident to go back if I need to. Left feeling less distressed and better for talking.

The lady I spoke to was utterly charming. She listened, let me talk about what I needed to, we discussed things, and she was honest and fair, gently challenging me at times which I felt was done professionally and fairly to allow me to see things from another perspective - which it did. Very happy and would call again. Obviously, the issue I called with isn't fixed, but in the moment that was what I needed, and it helped me to de-stress and clear my mind enough to get on with my evening.

Feel very listened to, constructive feedback and advice given. Very thoughtful and compassionate support workers. Thank you!

Spotlight on NHS Transformation Partnerships

Resilience and Stabilisation *is a referral service from Mental Health Clinicians within Local Mental Health Teams, to help clients to uncover, develop and practice skills and coping strategies for elements of everyday life that impacts on mental health.*

Over a number of weeks clients access both one to one and group based support in the form of coaching sessions with discussions and learning management workshops alongside peers.

****** The service was piloted in partnership with Notts Healthcare Trust across Nottinghamshire***

Active Monitoring *is a 6-week guided self-help course working alongside a Mind practitioner. The self-help course can support with any of the following issues:*

- *Depression*
- *Anxiety*
- *Self-esteem*
- *Stress*
- *Loneliness*
- *Anger*
- *Grief and loss*

******The service was piloted in Primary Care networks across Nottinghamshire***

NHS
Nottinghamshire Healthcare
NHS Foundation Trust

- *The NHS long term plan for the Transformation of Mental Health services highlights the need for closer working with the Voluntary and Community Sector (VCS). VCS organisations are often embedded in local communities and have a unique advantage when it comes to engaging the most at risk and rarely heard.*
- *The VCS plays a key role in facilitating dialogue between the system and its local people, making sure that services are co-produced with purpose, with those who use them at the heart of service provision.*
- *Working closely with the VCS will support to address the wider determinants of health, which in turn could impact on the demand on primary and acute services. Partnership working between the voluntary sector, local government and the NHS is crucial to improving care for people and communities.*
- *Mental Health Transformation across Nottinghamshire and the strong links with Notts Healthcare Trust and the Integrated Care Boards across the County, has provided Nottinghamshire Mind with a opportunity to shape and inform the way services are delivered and help the voices of those with lived experience be heard.*

Get Involved

Volunteer support – join our dedicated team of 70 volunteers providing support to our services

Have your say – take part in our surveys and feedback opportunities

Community Fundraising – why not join our community fundraisers in generating support for community services – no idea, donation, gift is too big or small

Social Media – follow and like our posts

Corporate Support

Our support comes in many different guises and from a host of doners - direct support in the form of donations from local business, charity of the year campaigns within organisations and in-kind support in the form of time and expertise.

We thank all our supporters including – Woodhead Construction, Inner Wheel, Nottingham Cyclones, Nottingham Lions FC, Sun Inn Scooter Club, Royal Order of Ancient Buffalo, Mansfield Building Society, Notts County Sailing Club, Worksop 3c's Business Network, Sherwood Forest Golf Club, The Park Hospital, Seluna Candles to name a few!

Our 2022 Mental Elf run received in kind support from – Claudia at Cherished Photos, Bee Notice, Exponential Workplace Solutions and Edwinstowe and Dukeries Lions

Statement of financial activities year ending 31 March 2022

	Unrestricted £	Total 2022 £	Total 2021 £
Income and Endowments from:			
Donations and legacies	1111780	1111780	494112
Charitable activities	148161	148161	91116
Investment income	105	105	30
Total Income	1260046	1260046	585258
Expenditure on:			
Charitable activities	(860694)	(860694)	(490146)
Total Expenditure	(860694)	(860694)	(490146)
Gains/losses on investment assets	14	14	55
Net movement in funds	399366	399366	95167
Reconciliation of funds:			
Total funds brought forward	483065	483065	387898
Total funds carried forward	882431	882431	483065

New Horizons

In 2023 we said ‘cheerio’ to our CEO Nic Roberts who had worked in the Local Mind Network for over 20 years and drove the bringing together of the County based Local Minds to create Nottinghamshire Mind.

“After many years and wonderful memories working across Mind in Nottinghamshire, a time has come, both personally and professionally to look to pastures new. I won't be a stranger to Nottinghamshire Mind as I am joining the National Mind Network Relations Team where I am looking forward to supporting other Local Minds across England and Wales.

My time here has been busy, rewarding, demanding and at times emotional and exhausting but I have loved every minute and have no doubt that the team I am leaving behind have the skills, passion and creativity to continue to lead the organisation on to bigger and brighter things”.

Nic Roberts

Please contact us

Nottinghamshire Mind
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Worksop
Notts
S80 1EH

0800 470 0203

enquiries@nottinghamshiremind.org.uk
www.nottinghamshiremind.org.uk

Nottinghamshire Mind

6 Hardy Street
Worksop
Nottinghamshire
S80 1EH

Charity Number : 1180346

Rogers Spencer
Chartered Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP

Dear Sirs

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in the connection with your audit on the charity's financial statements for the year ended 31 March 2023. These enquiries have included inspection of supporting documentation where appropriate and are sufficient to satisfy ourselves that we can make each of the following representations. All representations are made to the best of our knowledge and belief.

General

1 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.

2 All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.

3 All the accounting records have been made available to you for the purpose of your audit. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of management and trustee meetings and correspondence with The Charity Commission.

4 The financial statements are free of material misstatements, including omissions. We confirm the misstatements identified during the audit and our associated actions as outlined on Appendix 1.

5 The effect of uncorrected misstatements is immaterial both individually and in total.

Internal control and fraud

6 We acknowledge our responsibility for the design, implementation and maintenance of internal control systems to prevent and detect fraud and error. We have disclosed to you the results of our risk assessment that the financial statements may be misstated as a result of fraud.

7 We have disclosed to you all instances or known or suspected fraud affecting the entity involving management, employees who have a significant role in internal control or others that could have a material effect on the financial statements.

8 We have also disclosed to you all information in relation to allegations of fraud or suspected fraud affecting the entity's financial statements communicated by current or former employees, analysis, regulators or others.

Assets and liabilities

9 The charity has satisfactory title to all assets and there are no liens or encumbrances on the charity's assets, except for those that are disclosed in the notes to the financial statements.

10 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.

11 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

12 We confirm that the net book value of properties of £245,043 is a reasonable and prudent estimate of their value as at 31 March 2023.

Accounting estimates

13 The methods, data and significant assumptions used by us in making accounting estimates, and their related disclosures, are appropriate to achieve recognition, measurement and disclosure that is reasonable in the context of the applicable financial reporting framework.

Loans and arrangements

13 The charity has not granted any advances or credits to, or made guarantees on behalf of, trustees other than those disclosed in the financial statements.

Legal claims

14 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

Law and regulations

15 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose affects should be considered when preparing the financial statements.

Related parties

16 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

17 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

Going concern

18 We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We also confirm our plans for future action(s) required to enable the charity to continue as a going concern are feasible. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

Grants and donations

19 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

We confirm restricted income during 31 March 2023 was as follows:

National Lottery Community	£9,919
Nottinghamshire County Council	£40,875
Citizen's Advice	£38,250
LLR Salary	£12,500
	£101,544

We acknowledge our legal responsibilities regarding disclosure of information to you as auditor and confirm that so far as we are aware, there is no relevant audit information needed by you in connection with preparing your audit report of which you are unaware.

Each trustee has taken all steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that you are aware of that information.

Yours faithfully

.....

Signed on behalf of the board of Nottinghamshire Mind Trust

Date 7/12/23

Appendix 1 – schedule of misstatements identified

Description	Judgement	Value	SOFA effect	BS effect	Adjusted SOFA	Adjusted Balance sheet	
Original draft accounts - surplus / net assets					26,833	692,309	
Audit adjustments:							
Wages reconciliation difference	11,619						
Creditors understated (April 23 invoices)		870	(870)	(870)	-	-	Not adjusted
NHS grant income overstated		55,000	(55,000)	(55,000)	(55,000)	(55,000)	Adjusted
Audit fee increase		1,800	(1,800)	(1,800)	(1,800)	(1,800)	Adjusted
Disclosure:							
Restricted funds (Disclose as RF on Accounts)		38,250	-	-	-	-	Adjusted
Restricted funds (Disclose as RF on Accounts)		40,875	-	-	-	-	Adjusted
Final accounts - deficit / net assets					(29,967)	635,509	

Charity registration number: 1180346

Nottinghamshire Mind

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Nottinghamshire Mind

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Nottinghamshire Mind

Reference and Administrative Details

Trustees	Roger Stendall, Acting Chair Maria Ferazzoli Clara George Aidan Dominy Nahida Ahmed Berenice Brown
Senior Management Team	Nicola Bacon, Chief Executive Officer Nicola Rea, Operations Manager Lisa Williams, HR Manager
Charity Registration Number	1180346
Principal Office	6 Hardy Street Worksop Nottinghamshire S80 1EH
Auditor	Melvin Bailey Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB

Nottinghamshire Mind

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Roger Stendall, Acting Chair
	Maria Ferazzoli
	Derek Adlam (resigned 1 December 2023)
	Amanda Fletcher (resigned 26 September 2023)
	Dawn Betts (resigned 10 December 2022)
	Paul Radin (resigned 10 December 2022)
	Christina Bond (appointed 8 July 2022 and resigned 10 July 2023)
	Clara George (appointed 12 October 2022)
	Aidan Dominy (appointed 12 October 2022)
	Nahida Ahmed (appointed 12 October 2022)
	Berenice Brown (appointed 12 October 2022)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Recruitment and appointment of trustees

A Trustee skills audit is undertaken to identify gaps in skills, then the Trustee vacancy is advertised and promoted using a range of platforms including LinkedIn, social media, National Mind and national volunteering organisations. The potential Trustee is interviewed by the Chair or Vice-Chair, they will observe a meeting and if successful will be elected at a trustees' meeting. New trustees are taken through a robust induction programme.

Arrangements for setting key management personnel remuneration

The salary grade appropriate for each post will be set at the time of recruitment, based on the agreed job description and person specification. Grades will be reviewed by agreement or where there has been a significant variation in the post's duties and responsibilities. Salary reviews will be based on comparison with roles of similar responsibilities within the voluntary sector and Mind network.

Organisational structure

The exponential growth of Nottinghamshire Mind over the past four years is something to be celebrated. Between sixty and seventy staff now work to deliver an increasing range of mental health services. The two offices in Worksop and Mansfield operate as hubs for a range of venues across the county - now including expansion into South Nottinghamshire and the City.

Working closely with the NHS long term plan (Transformation of Mental Health Services) and other key partners in the voluntary sector has been essential in the building process as has strong leadership and management. Nottinghamshire Mind continues to be recognised as a first-rate provider. The CEO has ensured the organisation and staff have been able to meet and match need at every available opportunity. The hard work enabling this should not be underestimated.

The operational structure is in place to allow management and delivery of strategic objectives. Staff understanding and commitment is excellent as seen at the all-staff training days in December for example. The worry expressed last year about managing the anticipated success has proved unfounded.

Such rapid progress has highlighted the need for extra senior staff especially in HR. The larger organisation also needs greater administrative efficiency. Both aspects are being addressed and will only bring further improvement.

While staffing numbers and structures have more than kept pace with growth and demand the Trustee Board needs development. The MQM (Mind Quality Mark) assessment in December pointed out the need for expansion and change in governance to meet the demands of the new Nottinghamshire Mind. The trustee board now has an Acting Treasurer as a first step. Interviews are currently taking place to recruit new board members and the number of trustees will increase to ensure governance is able to improve and the strategic role of the board can fulfil the increasing demands it also faces.

Revenue streams have continued to be strong with turnover now of £2 million. The CEO continues to access funds and sets realistic fund-raising targets which are usually exceeded.

The core principles driving NM remain the same around the need for equality diversity and inclusion.

Objectives and activities

Objects and aims

To promote the preservation of mental health and to assist in the recovery of persons in Nottinghamshire suffering from mental ill-health or conditions of emotional or mental distress requiring information and support.

To promote the study of and research into mental health and emotional well being and to obtain and make records of and disseminate information concerning the same and educate the public in matters relating to mental health.

Our vision is to ensure that everyone experiencing a mental health issue gets both support and respect.

Our goals are to-
· Encourage holistic wellbeing
· Empower choice
· Improve services and support
· Enable inclusion
· Improve resilience
· Remove inequality
· Raise awareness
· Encourage personal development and recovery.

Nottinghamshire Mind will be a focal point for people with mental health issues, inclusive and there for everyone. An organisation in which people with mental health issues can feel safe and distance themselves from the stigma that exists in the outside world. The lead for accessing mental health services in Nottinghamshire.

Nottinghamshire Mind's goal is to promote recovery, instil knowledge and involve the community. It seeks to empower people to take responsibility for their own mental health recovery.

Nottinghamshire Mind will exist to promote good mental health, to educate, inform, reduce stigma and build the resilience of the local community. To provide a supportive and empowering environment for people with mental health issues and their carers, a place for people with mental health issues to go to feel accepted, signposted and supported, to help people move forward with their lives.

The purpose of Nottinghamshire Mind is to provide services for people with mental health issues. It delivers services and support to the most vulnerable in our community, including education and information groups for men and women, promoting recovery and emotional wellbeing.

Nottinghamshire Mind will provide fit for purpose services that fill a gap in the County and will be the first port of call on mental health issues. Nottinghamshire Mind will work with a diverse group of people with different backgrounds, will not discriminate and not judge or exclude those with mental health issues.

Nottinghamshire Mind will work with statutory and non-statutory services alongside the general public, because mental health issues affect everyone. Nottinghamshire Mind will work with anyone who would benefit from improving their mental wellbeing.

Objectives, strategies and activities

We run a mix of individual, group based and partnership delivered services and support focussing on mental health awareness, guided self help, formal training, building the resilience of individuals and communities, improving the circumstances and wellbeing of individuals. Along with statutory commissioned services delivered on behalf of Nottinghamshire Healthcare Trust and the Integrated Care Board.

Public benefit

Provide information and support to understand self and conditions, build emotional resilience, tackle isolation and deal with issues at the heart of emotional distress, improve life skills and chances, engage with communities.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance
Nottinghamshire Mind provided services and support to the population of Nottingham City and across the 6 Districts of the County - Bassetlaw, Newark and Sherwood, Mansfield and Ashfield, Gedling, Broxtowe and Rushcliffe.

The programme of work can be summarised as -

#well - a complement of activity led by community needs, including - café drop ins promoting peer support and social inclusion, supported listening sessions, safe spaces to support distress, information clinics providing guidance and signposting, peer support, resources and partnerships.

Resilience and Stabilisation Programme - one to one and group based structured programmes for those in secondary care services, working alongside Community Mental Health Teams.

Active Monitoring - guided self help programme. Working in Primary Care settings including GP surgeries.

Counselling - individual talking therapies.

Crisis support - lead provider for the Nottinghamshire Crisis Sanctuaries, in partnership with Turning Point and Framework, delivering support in the heart of communities to those who are experiencing or are near crisis point.

As an affiliated organization, Nottinghamshire Mind adheres to the values and principles of the National Mind brand -
Mind nationally provides advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding.

National Mind Values-
Open - we reach out to anyone who needs us
Together - we're stronger in partnership
Responsive - we listen, we act
Independent - we speak fearlessly
Unstoppable - we never give up

National Mind have set out the following priorities - Nottinghamshire Mind will need to consider how it does/will align within the key strategic objectives:
• Becoming a truly anti-racist organisation
• Supporting young people - with a focus on trauma
• Fighting for the mental health of people in poverty.

Quality Assurance
The Mind Quality Framework provides assurance that the Mind Federation delivers life changing support for people with or at risk of developing mental health problems. It gives confidence that the Federation is made up of well run, sustainable organisations where the voices of people with lived experience of mental health problems underpin and inform everything we do, and our core values are lived out every day.
The Mind Quality Framework has three elements:
1. Mind Quality Mark - the core standards
2. Review - to drive improvement and celebrate excellence
3. Support - to meet and exceed the standards.

The Mind Quality Mark explores and critically analyses policies and procedures to ensure they are compliant, fit for purpose, relevant, timely and appropriate to Nottinghamshire Mind. In light of this a review of policies was undertaken in early 2022 and a review schedule developed. Policy review and implementation at Nottinghamshire Mind involves -

1. Internal and external analysis of working environments
2. Any change in governance and service delivery
3. Ongoing policy championing by key members of the team
4. Review and comment by policy sub groups
5. Revisions presented to the Board of Trustees for adoption
6. Staff and volunteer training
7. Access for service users, volunteers, staff, trustees and commissioners.

Nottinghamshire Mind's Strategic Objectives are aligned with the 4 National Mind Quality Framework pillars of Leadership and Governance, Finance and Policies, Services and People and Influence and Engagement.

Financial review

Nottinghamshire Mind has seen a change in its operations as a result of the Mental Health Transformation agenda and changes to the commissioning landscape. The organisation has worked hard to secure contracts for pilot and ongoing services from the Healthcare Trust, as well as continuing to raise funds to meet its core charitable objectives.

Growth into the City locality has provided an opportunity for new partnerships and thus increasing income levels through contracts and donors.

The challenge for Nottinghamshire Mind is to sustain long term investment for pilot services and stay at the forefront of commissioning requirements.

The organisation has seen a healthy mix of income streams and has been able to reinvest free reserves into much needed resources and systems.

In 2022-23, Nottinghamshire Mind's overall income rose to £1.474m, compared to last year's £1.002m. Revenue represents 94% from external grant income, compared to 92% in the previous year.

Nottinghamshire Mind's overall expenditure in 2022-23 was £1.504m, which is an increase since last year when the overall expenditure was £0.861m in 2021-22.

The overall income is made up of £1,452k (2022: £1,002k) unrestricted income and £22.4k (2022: £Nil) restricted, similarly expenditure is broken down as £1,482k (2022: £861k) unrestricted and £22.4k (2022: £Nil) restricted.

Overall, taking all the above into account, the result is that the charity has made a net deficit of £30k (2022: a surplus of £141.7k). This year there is a deficit despite income having increased because the costs were greater than the increase in income, but also income received in this year has been deferred to be spent in the following financial year.

Major risks and management of those risks

Main risk
Sustainability of core programmes in current climate, the support from the local authority sector is unpredictable and there is always the risk of demand outstripping resources.

Nottinghamshire Mind develops its strategic plan in line with identified and evaluated opportunities and risks - both internally and externally. There are several risks that would affect the fundamental operation of the organisation, and these are identified and managed using a risk register - reviewed operationally and strategically on a monthly basis by key personnel and Trustees and via National Mind during the Mind Quality Mark assessment.

Key identified risks include -
Governance
Lack of strategic direction, skills gaps within the Trustee Board, no Trustee leadership, conflicts of interest, poor policies and procedures, frequent changes in senior management.
Operational
Loss of contracts, poor quality of service, no strategic development, competition, high turnover of staff, poor morale, health and safety, IT issues.
Financial
Loss of fundraising, levels of income diversity, commissioning changes.
Environmental and external
Relationship with the communities and partners, negative publicity, relationship with funders.

Policy on reserves

Nottinghamshire Mind has a detailed reserves policy and ensures there is sufficient reserves to cover at least three months of the organisations total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and staff redundancy costs. The current reserves figure remains adequate.

Free reserves for 2023 amount to £375,340 (2022: £409,803) this is equivalent to the net current assets of the organisation as there is no balance of restricted funds at the end of the year. The reserves are equivalent to 3 month's running costs (2022: 5.7 months).

Plans for future periods

Aims and key objectives for future periods

Nottinghamshire Minds future strategy is a response to the growth in need for mental health services and support and the opportunity for Nottinghamshire Mind to be a key partner in the strategy to transform mental health services.

Mental Health Transformation across Nottinghamshire and the strong links with Notts Healthcare Trust and the newly formed Integrated Care Boards, provides Nottinghamshire Mind with a opportunity to shape and inform the way services are delivered and the voices of those with lived experience heard. Commissioners are looking for a sleeker and more cost effective approach to commissioning services from the VCSE and Nottinghamshire Mind can continue to provide a central point that meets this need. As a trusted and highly valued organisation Nottinghamshire Mind can continue to respond to the need for partnership working.

Nottinghamshire Mind will continue to position itself across the County and City ensuring it is at the forefront of conversations with key decision makers.

Nottinghamshire Mind will focus on the levelling up of services across the County and City and identifying gaps in service provision amongst demographics.

Nottinghamshire Mind will continue to be a contributor to the National mental health conversation through close links with Local Mind Associations and National Mind and will act as a corporate Trustee for the formation of a Mind organisation in Leicestershire, Leicester and Rutland.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

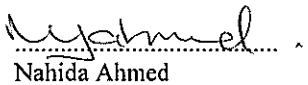
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 7 December 2023 and signed on its behalf by:



Nahida Ahmed
Trustee

Independent Auditor's Report to the Members of Nottinghamshire Mind

Opinion

We have audited the financial statements of Nottinghamshire Mind (the 'charity') for the year ended 31 March 2023, which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Report) Regulations 2008 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 8), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor Responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

The extent to which the audit was considered capable of detecting irregularities including fraud

Our approach to identifying and assessing the risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our knowledge and experience of the charity sector;
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including data protection, anti-bribery, employment, environmental and health and safety legislation;
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting relevant correspondence; and
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- Understanding the design of the charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Tested journal entries to identify unusual transactions;
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation;
- Reading the minutes of meetings of those charged with governance;
- Enquiring of management as to actual and potential litigation and claims; and
- Reviewing correspondence with relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the trustees those matters we are required to state to trustees in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

.....

Melvin Bailey FCCA DChA Statutory Auditor

Rogers Spencer
Newstead House
Pelham Road
Nottingham
NG5 1AP

Date: 2/12/23

Melvin Bailey is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	1,349,831	-	1,349,831	926,085
Charitable activities	4	20,631	101,544	122,175	76,201
Investment income	3	2,022	-	2,022	105
Total Income		1,372,484	101,544	1,474,028	1,002,391
Expenditure on:					
Charitable activities	5	(1,402,486)	(101,544)	(1,504,030)	(860,694)
Total Expenditure		(1,402,486)	(101,544)	(1,504,030)	(860,694)
Gains/losses on investment assets		35	-	35	14
Net movement in funds		(29,967)	-	(29,967)	141,711
Reconciliation of funds					
Total funds brought forward		665,476	-	665,476	523,765
Total funds carried forward	16	635,509	-	635,509	665,476

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2023 (continued)

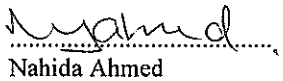
	Note	Unrestricted £	Total 2022 £
Income and Endowments from:			
Donations and legacies	2	926,085	926,085
Charitable activities	4	76,201	76,201
Investment income	3	105	105
Total Income		1,002,391	1,002,391
Expenditure on:			
Charitable activities	5	(860,694)	(860,694)
Total Expenditure		(860,694)	(860,694)
Gains/losses on investment assets		14	14
Net movement in funds		141,711	141,711
Reconciliation of funds			
Total funds brought forward		523,765	523,765
Total funds carried forward	16	665,476	665,476

Nottinghamshire Mind

(Registration number: 1180346)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	259,869	255,408
Investments	12	300	265
		260,169	255,673
Current assets			
Debtors	14	18,812	63,034
Cash at bank and in hand	13	531,440	577,284
		550,252	640,318
Creditors: Amounts falling due within one year	15	(174,912)	(230,515)
Net current assets		375,340	409,803
Net assets		635,509	665,476
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		635,509	665,476
Total funds	16	635,509	665,476

The financial statements on pages 13 to 26 were approved by the trustees, and authorised for issue on 7 December 2023 and signed on their behalf by:



Nahida Ahmed
Trustee

Nottinghamshire Mind

Cash Flow Statement for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash (expenditure)/income		(29,967)	141,711
Adjustments to cash flows from non-cash items			
Depreciation		14,807	8,385
Investment income	3	(2,022)	(105)
Gain or loss on investments		(35)	(14)
		(17,217)	149,977
Working capital adjustments			
Decrease in debtors	14	44,222	13,082
(Decrease)/increase in creditors	15	(7,374)	24,075
(Decrease)/increase in deferred income		(48,229)	175,000
Net cash flows from operating activities		(28,598)	362,134
Cash flows from investing activities			
Interest receivable and similar income	3	2,022	105
Purchase of tangible fixed assets	11	(19,268)	(5,445)
Net cash flows from investing activities		(17,246)	(5,340)
Net (decrease)/increase in cash and cash equivalents		(45,844)	356,794
Cash and cash equivalents at 1 April		577,284	220,490
Cash and cash equivalents at 31 March		531,440	577,284
Reconciliation of net cash flow to movement in net funds			
(Decrease)/increase in cash		(45,844)	356,794
Net funds at 1 April 2022		577,284	220,490
Net funds at 31 March 2023		531,440	577,284

All of the cash flows are derived from continuing operations during the above two periods.

1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Nottinghamshire Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Critical accounting estimates and judgements
In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	20% straight line
Computer equipment	33.3% straight line

Fixed asset investments
Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	2,000
Legacies	18,368	18,368	-
Grants, including capital grants;			
Government grants	1,245,597	1,245,597	851,135
Grants from other charities	24,999	24,999	990
Other income from donations and legacies	60,867	60,867	71,960
	1,349,831	1,349,831	926,085

3 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	2,022	2,022	105

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Client contributions & fees	7,318	-	7,318	31,915
Contracts	13,065	38,250	51,315	38,340
Grant	-	63,294	63,294	-
Training	-	-	-	2,975
Sundry	248	-	248	2,971
	20,631	101,544	122,175	76,201

5 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & materials	8,924	-	8,924	494
Affiliations, subscriptions & licences	4,689	-	4,689	5,937
Bank charges & fees	543	-	543	344
Cleaning & hygiene	4,850	-	4,850	2,818
Depreciation	14,807	-	14,807	8,385
Equipment & maintenance	37,727	-	37,727	21,412
Freelance training & delivery	9,954	-	9,954	7,420
Fundraising & publicity	2,306	-	2,306	1,650
Hospitality & gifts	505	-	505	179
Household & refreshments	3,014	-	3,014	2,544
Insurance	13,240	-	13,240	9,032
IT, database & website	39,240	9,919	49,159	6,567
Legal & professional fees	15,635	-	15,635	19,393
Premises maintenance & security	7,521	-	7,521	23,747
Printing, postage & stationery	13,455	-	13,455	14,590
Rent & room hire	39,680	-	39,680	17,368
Recruitment	8,027	-	8,027	5,132
Salaries, NI & pension	1,094,746	91,625	1,186,371	650,552
Staff training & supervision	9,023	-	9,023	465
Staff travel & subsistence	26,120	-	26,120	13,138
Sundry expenses	939	-	939	294
Telephone	17,578	-	17,578	9,514
Volunteer & trustees' expenses	5,091	-	5,091	1,471
Utilities & rates	15,624	-	15,624	11,250
Online counselling & support	-	-	-	26,998
Grants awarded	9,248	-	9,248	-
	1,402,486	101,544	1,504,030	860,694

6 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023 £	2022 £
Audit fees	6,600	4,800
Depreciation of fixed assets	(14,807)	(8,385)

7 Analysis of governance and support costs

Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Audit fees			
Audit of the financial statements	6,600	6,600	4,800
Other governance costs	1,626	1,626	1,128
	8,226	8,226	5,928

8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	1,089,883	606,142
Social security costs	77,930	35,085
Pension costs	18,558	9,325
	1,186,371	650,552

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	66	41

52 (2022 - 29) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £18,558 (2022 - £9,325).

The number of employees whose emoluments fell within the following bands was:

	2023 No	2022 No
£60,001 - £70,000	-	1
£70,001 - £80,000	1	-

The total employee benefits of the key management personnel of the charity were £134,386 (2022 - £98,328).

9 Auditor's remuneration

During the period, the fees payable (excluding VAT) to the charity's auditor, Roger Spencer was as follows:

	2023 £	2022 £
Audit	5,500	4,000
	5,500	4,000

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2022	358,740	7,766	6,191	372,697
Additions	-	-	19,268	19,268
At 31 March 2023	358,740	7,766	25,459	391,965
Depreciation				
At 1 April 2022	107,045	7,270	2,974	117,289
Charge for the year	6,652	124	8,031	14,807
At 31 March 2023	113,697	7,394	11,005	132,096
Net book value				
At 31 March 2023	245,043	372	14,454	259,869
At 31 March 2022	251,695	496	3,217	255,408

12 Fixed asset investments

	2023 £	2022 £
Other investments	300	265

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	265	265
Revaluation	35	35
At 31 March 2023	300	300
Net book value		
At 31 March 2023	300	300
At 31 March 2022	265	265

13 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	108	364
Cash at bank	531,332	576,920
	531,440	577,284

14 Debtors

	2023 £	2022 £
Trade debtors	12,140	50,222
Prepayments	4,330	1,880
Other debtors	2,342	10,932
	18,812	63,034

15 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	4,454	16,467
Other creditors	13,687	9,048
Deferred income	156,771	205,000
	174,912	230,515

Deferred income, as shown above, represents grant deferrals.

16 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
Unrestricted funds					
General					
General fund	593,699	1,372,484	(1,402,486)	35	563,732
Revaluation reserve	71,777	-	-	-	71,777
	665,476	1,372,484	(1,402,486)	35	635,509
Restricted funds					
Nottinghamshire County Council (Salaries)	-	40,875	(40,875)	-	-
Citizens Advice (Salaries)	-	38,250	(38,250)	-	-
National Lottery Community Fund	-	9,919	(9,919)	-	-
LLR (Salary)	-	12,500	(12,500)	-	-
Total restricted funds	-	101,544	(101,544)	-	-
Total funds	665,476	1,474,028	(1,504,030)	35	635,509

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General fund	451,988	1,002,391	(860,694)	14	593,699
Revaluation reserve	71,777	-	-	-	71,777
	523,765	1,002,391	(860,694)	14	665,476

The specific purposes for which the funds are to be applied are as follows:

Nottinghamshire County Council Salary fund was to fund salaries for related project workers;
Citizens Advice Salary fund was to fund salaries for related project workers;
National Lottery Community funding was for the #Well project and was all spent in the year;
LLR Salary fund was funding from from Coventry & Warwickshire Mind for the LLR Salaried post.

17 Analysis of net assets between funds

	Unrestricted	
	General	2023 Total funds
	£	£
Tangible fixed assets	259,869	259,869
Fixed asset investments	300	300
Current assets	550,252	550,252
Current liabilities	(174,912)	(174,912)
Total net assets	635,509	635,509

	Unrestricted	
	General	2022 Total funds
	£	£
Tangible fixed assets	255,408	255,408
Fixed asset investments	265	265
Current assets	640,318	640,318
Current liabilities	(230,515)	(230,515)
Total net assets	665,476	665,476

18 Related party transactions

There were no related party transactions in the year or in the previous year.

19 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Dawn Betts
£Nil (2022: £79) of travel expenses were reimbursed to Dawn Betts during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year or in the previous year.

No trustees have received any other benefits from the charity during the year or in the previous year.

rogers spencer

Chartered Accountants

Our Ref: MB / LJJ / N185

melvin@rogers-spencer.co.uk

The Trustees
Nottinghamshire Mind
6 Hardy Street
Worksop
Nottinghamshire
S80 1EH
15 November 2023

Dear Sirs

Audit matters to be communicated / Findings from the audit

The following issues arose during the course of our audit for the year ended 31 March 2023: -

(a) A couple of matters (mentioned below) came to light during the course of our normal audit tests which are designed to assist us in forming our opinion on the financial statements. Our tests may not necessarily disclose all errors or irregularities and should not be relied upon to do so. However, if any irregularity did come to our attention during our audit tests, we would, of course, inform you immediately.

1. It was noted that an employee was overpaid by CA Plus, who incorrectly input the rate for the said employee. It is recommended that a review be performed upon change of rates.

2. It was noted that only one individual is involved with processing cash and cheques received. It is recommended that at least 2 people are involved in this process to minimise the associated risk of misstatement.

(b) A draft letter of representation is attached to this letter and we would be grateful if you could sign and approve the contents.

(c) There are no uncorrected misstatements.

(d) There are therefore no expected modifications to our audit report.

(e) We have not identified any material weaknesses in internal control during the audit.

This report has been prepared for the sole use of the directors of Nottinghamshire Mind and must not be shown to third parties without our prior consent. No responsibilities are accepted by Rogers Spencer towards any party acting or refraining from action as a result of this report.

Finally, we would like to express our thanks to all members of the company's staff, who assisted us in carrying out our work.

Yours faithfully

chartered accountants since 1871

Newstead House Pelham Road Nottingham NG5 1AP
t 0115 960 8412 **e** advice@rogers-spencer.co.uk **www.rogers-spencer.co.uk**

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Details about our audit registration can be viewed at www.auditregister.org.uk under reference number C001373389.
Rogers Spencer is a trading name of Rogers Spencer Limited, incorporated in England and Wales No. 5736138.

Nottinghamshire Mind

6 Hardy Street
Worksop
Nottinghamshire
S80 1EH

Charity Number : 1180346

Rogers Spencer
Chartered Accountants
Newstead House
Pelham Road
Nottingham
NG5 1AP

Dear Sirs

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in the connection with your audit on the charity's financial statements for the year ended 31 March 2023. These enquiries have included inspection of supporting documentation where appropriate and are sufficient to satisfy ourselves that we can make each of the following representations. All representations are made to the best of our knowledge and belief.

General

1 We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.

2 All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.

3 All the accounting records have been made available to you for the purpose of your audit. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of management and trustee meetings and correspondence with The Charity Commission.

4 The financial statements are free of material misstatements, including omissions. We confirm the misstatements identified during the audit and our associated actions as outlined on Appendix 1.

5 The effect of uncorrected misstatements is immaterial both individually and in total.

Internal control and fraud

6 We acknowledge our responsibility for the design, implementation and maintenance of internal control systems to prevent and detect fraud and error. We have disclosed to you the results of our risk assessment that the financial statements may be misstated as a result of fraud.

7 We have disclosed to you all instances or known or suspected fraud affecting the entity involving management, employees who have a significant role in internal control or others that could have a material effect on the financial statements.

8 We have also disclosed to you all information in relation to allegations of fraud or suspected fraud affecting the entity's financial statements communicated by current or former employees, analysis, regulators or others.

Assets and liabilities

9 The charity has satisfactory title to all assets and there are no liens or encumbrances on the charity's assets, except for those that are disclosed in the notes to the financial statements.

10 All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.

11 We have no plans or intentions that may materially alter the carrying value and where relevant the fair value measurements or classification of assets and liabilities reflected in the financial statements.

12 We confirm that the net book value of properties of £245,043 is a reasonable and prudent estimate of their value as at 31 March 2023.

Accounting estimates

13 The methods, data and significant assumptions used by us in making accounting estimates, and their related disclosures, are appropriate to achieve recognition, measurement and disclosure that is reasonable in the context of the applicable financial reporting framework.

Loans and arrangements

13 The charity has not granted any advances or credits to, or made guarantees on behalf of, trustees other than those disclosed in the financial statements.

Legal claims

14 We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for, and disclosed in, the financial statements.

Law and regulations

15 We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose affects should be considered when preparing the financial statements.

Related parties

16 Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

17 All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

Going concern

18 We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We also confirm our plans for future action(s) required to enable the charity to continue as a going concern are feasible. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

Grants and donations

19 All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income.

We confirm restricted income during 31 March 2023 was as follows:

National Lottery Community	£9,919
Nottinghamshire County Council	£40,875
Citizen's Advice	£38,250
LLR Salary	£12,500
	£101,544

We acknowledge our legal responsibilities regarding disclosure of information to you as auditor and confirm that so far as we are aware, there is no relevant audit information needed by you in connection with preparing your audit report of which you are unaware.

Each trustee has taken all steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that you are aware of that information.

Yours faithfully

.....

Signed on behalf of the board of Nottinghamshire Mind Trust

Date 7/12/23

Appendix 1 – schedule of misstatements identified

Description	Judgement	Value	SOFA effect	BS effect	Adjusted SOFA	Adjusted Balance sheet	
Original draft accounts - surplus / net assets					26,833	692,309	
Audit adjustments:							
Wages reconciliation difference	11,619						
Creditors understated (April 23 invoices)		870	(870)	(870)	-	-	Not adjusted
NHS grant income overstated		55,000	(55,000)	(55,000)	(55,000)	(55,000)	Adjusted
Audit fee increase		1,800	(1,800)	(1,800)	(1,800)	(1,800)	Adjusted
Disclosure:							
Restricted funds (Disclose as RF on Accounts)		38,250	-	-	-	-	Adjusted
Restricted funds (Disclose as RF on Accounts)		40,875	-	-	-	-	Adjusted
Final accounts - deficit / net assets					(29,967)	635,509	

Charity registration number: 1180346

Nottinghamshire Mind

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Nottinghamshire Mind

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Nottinghamshire Mind

Reference and Administrative Details

Trustees	Roger Stendall, Acting Chair Maria Ferazzoli Clara George Aidan Dominy Nahida Ahmed Berenice Brown
Senior Management Team	Nicola Bacon, Chief Executive Officer Nicola Rea, Operations Manager Lisa Williams, HR Manager
Charity Registration Number	1180346
Principal Office	6 Hardy Street Worksop Nottinghamshire S80 1EH
Auditor	Melvin Bailey Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB

Nottinghamshire Mind

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Roger Stendall, Acting Chair
	Maria Ferazzoli
	Derek Adlam (resigned 1 December 2023)
	Amanda Fletcher (resigned 26 September 2023)
	Dawn Betts (resigned 10 December 2022)
	Paul Radin (resigned 10 December 2022)
	Christina Bond (appointed 8 July 2022 and resigned 10 July 2023)
	Clara George (appointed 12 October 2022)
	Aidan Dominy (appointed 12 October 2022)
	Nahida Ahmed (appointed 12 October 2022)
	Berenice Brown (appointed 12 October 2022)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Recruitment and appointment of trustees

A Trustee skills audit is undertaken to identify gaps in skills, then the Trustee vacancy is advertised and promoted using a range of platforms including LinkedIn, social media, National Mind and national volunteering organisations. The potential Trustee is interviewed by the Chair or Vice-Chair, they will observe a meeting and if successful will be elected at a trustees' meeting. New trustees are taken through a robust induction programme.

Arrangements for setting key management personnel remuneration

The salary grade appropriate for each post will be set at the time of recruitment, based on the agreed job description and person specification. Grades will be reviewed by agreement or where there has been a significant variation in the post's duties and responsibilities. Salary reviews will be based on comparison with roles of similar responsibilities within the voluntary sector and Mind network.

Organisational structure

The exponential growth of Nottinghamshire Mind over the past four years is something to be celebrated. Between sixty and seventy staff now work to deliver an increasing range of mental health services. The two offices in Worksop and Mansfield operate as hubs for a range of venues across the county - now including expansion into South Nottinghamshire and the City.

Working closely with the NHS long term plan (Transformation of Mental Health Services) and other key partners in the voluntary sector has been essential in the building process as has strong leadership and management. Nottinghamshire Mind continues to be recognised as a first-rate provider. The CEO has ensured the organisation and staff have been able to meet and match need at every available opportunity. The hard work enabling this should not be underestimated.

The operational structure is in place to allow management and delivery of strategic objectives. Staff understanding and commitment is excellent as seen at the all-staff training days in December for example. The worry expressed last year about managing the anticipated success has proved unfounded.

Such rapid progress has highlighted the need for extra senior staff especially in HR. The larger organisation also needs greater administrative efficiency. Both aspects are being addressed and will only bring further improvement.

While staffing numbers and structures have more than kept pace with growth and demand the Trustee Board needs development. The MQM (Mind Quality Mark) assessment in December pointed out the need for expansion and change in governance to meet the demands of the new Nottinghamshire Mind. The trustee board now has an Acting Treasurer as a first step. Interviews are currently taking place to recruit new board members and the number of trustees will increase to ensure governance is able to improve and the strategic role of the board can fulfil the increasing demands it also faces.

Revenue streams have continued to be strong with turnover now of £2 million. The CEO continues to access funds and sets realistic fund-raising targets which are usually exceeded.

The core principles driving NM remain the same around the need for equality diversity and inclusion.

Objectives and activities

Objects and aims

To promote the preservation of mental health and to assist in the recovery of persons in Nottinghamshire suffering from mental ill-health or conditions of emotional or mental distress requiring information and support.

To promote the study of and research into mental health and emotional well being and to obtain and make records of and disseminate information concerning the same and educate the public in matters relating to mental health.

Our vision is to ensure that everyone experiencing a mental health issue gets both support and respect.

Our goals are to-
· Encourage holistic wellbeing
· Empower choice
· Improve services and support
· Enable inclusion
· Improve resilience
· Remove inequality
· Raise awareness
· Encourage personal development and recovery.

Nottinghamshire Mind will be a focal point for people with mental health issues, inclusive and there for everyone. An organisation in which people with mental health issues can feel safe and distance themselves from the stigma that exists in the outside world. The lead for accessing mental health services in Nottinghamshire.

Nottinghamshire Mind's goal is to promote recovery, instil knowledge and involve the community. It seeks to empower people to take responsibility for their own mental health recovery.

Nottinghamshire Mind will exist to promote good mental health, to educate, inform, reduce stigma and build the resilience of the local community. To provide a supportive and empowering environment for people with mental health issues and their carers, a place for people with mental health issues to go to feel accepted, signposted and supported, to help people move forward with their lives.

The purpose of Nottinghamshire Mind is to provide services for people with mental health issues. It delivers services and support to the most vulnerable in our community, including education and information groups for men and women, promoting recovery and emotional wellbeing.

Nottinghamshire Mind will provide fit for purpose services that fill a gap in the County and will be the first port of call on mental health issues. Nottinghamshire Mind will work with a diverse group of people with different backgrounds, will not discriminate and not judge or exclude those with mental health issues.

Nottinghamshire Mind will work with statutory and non-statutory services alongside the general public, because mental health issues affect everyone. Nottinghamshire Mind will work with anyone who would benefit from improving their mental wellbeing.

Objectives, strategies and activities

We run a mix of individual, group based and partnership delivered services and support focussing on mental health awareness, guided self help, formal training, building the resilience of individuals and communities, improving the circumstances and wellbeing of individuals. Along with statutory commissioned services delivered on behalf of Nottinghamshire Healthcare Trust and the Integrated Care Board.

Public benefit

Provide information and support to understand self and conditions, build emotional resilience, tackle isolation and deal with issues at the heart of emotional distress, improve life skills and chances, engage with communities.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance
Nottinghamshire Mind provided services and support to the population of Nottingham City and across the 6 Districts of the County - Bassetlaw, Newark and Sherwood, Mansfield and Ashfield, Gedling, Broxtowe and Rushcliffe.

The programme of work can be summarised as -

#well - a complement of activity led by community needs, including - café drop ins promoting peer support and social inclusion, supported listening sessions, safe spaces to support distress, information clinics providing guidance and signposting, peer support, resources and partnerships.

Resilience and Stabilisation Programme - one to one and group based structured programmes for those in secondary care services, working alongside Community Mental Health Teams.

Active Monitoring - guided self help programme. Working in Primary Care settings including GP surgeries.

Counselling - individual talking therapies.

Crisis support - lead provider for the Nottinghamshire Crisis Sanctuaries, in partnership with Turning Point and Framework, delivering support in the heart of communities to those who are experiencing or are near crisis point.

As an affiliated organization, Nottinghamshire Mind adheres to the values and principles of the National Mind brand -
Mind nationally provides advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding.

National Mind Values-
Open - we reach out to anyone who needs us
Together - we're stronger in partnership
Responsive - we listen, we act
Independent - we speak fearlessly
Unstoppable - we never give up

National Mind have set out the following priorities - Nottinghamshire Mind will need to consider how it does/will align within the key strategic objectives:
• Becoming a truly anti-racist organisation
• Supporting young people - with a focus on trauma
• Fighting for the mental health of people in poverty.

Quality Assurance
The Mind Quality Framework provides assurance that the Mind Federation delivers life changing support for people with or at risk of developing mental health problems. It gives confidence that the Federation is made up of well run, sustainable organisations where the voices of people with lived experience of mental health problems underpin and inform everything we do, and our core values are lived out every day.
The Mind Quality Framework has three elements:
1. Mind Quality Mark - the core standards
2. Review - to drive improvement and celebrate excellence
3. Support - to meet and exceed the standards.

The Mind Quality Mark explores and critically analyses policies and procedures to ensure they are compliant, fit for purpose, relevant, timely and appropriate to Nottinghamshire Mind. In light of this a review of policies was undertaken in early 2022 and a review schedule developed. Policy review and implementation at Nottinghamshire Mind involves -

1. Internal and external analysis of working environments
2. Any change in governance and service delivery
3. Ongoing policy championing by key members of the team
4. Review and comment by policy sub groups
5. Revisions presented to the Board of Trustees for adoption
6. Staff and volunteer training
7. Access for service users, volunteers, staff, trustees and commissioners.

Nottinghamshire Mind's Strategic Objectives are aligned with the 4 National Mind Quality Framework pillars of Leadership and Governance, Finance and Policies, Services and People and Influence and Engagement.

Financial review

Nottinghamshire Mind has seen a change in its operations as a result of the Mental Health Transformation agenda and changes to the commissioning landscape. The organisation has worked hard to secure contracts for pilot and ongoing services from the Healthcare Trust, as well as continuing to raise funds to meet its core charitable objectives.

Growth into the City locality has provided an opportunity for new partnerships and thus increasing income levels through contracts and donors.

The challenge for Nottinghamshire Mind is to sustain long term investment for pilot services and stay at the forefront of commissioning requirements.

The organisation has seen a healthy mix of income streams and has been able to reinvest free reserves into much needed resources and systems.

In 2022-23, Nottinghamshire Mind's overall income rose to £1.474m, compared to last year's £1.002m. Revenue represents 94% from external grant income, compared to 92% in the previous year.

Nottinghamshire Mind's overall expenditure in 2022-23 was £1.504m, which is an increase since last year when the overall expenditure was £0.861m in 2021-22.

The overall income is made up of £1,452k (2022: £1,002k) unrestricted income and £22.4k (2022: £Nil) restricted, similarly expenditure is broken down as £1,482k (2022: £861k) unrestricted and £22.4k (2022: £Nil) restricted.

Overall, taking all the above into account, the result is that the charity has made a net deficit of £30k (2022: a surplus of £141.7k). This year there is a deficit despite income having increased because the costs were greater than the increase in income, but also income received in this year has been deferred to be spent in the following financial year.

Major risks and management of those risks

Main risk
Sustainability of core programmes in current climate, the support from the local authority sector is unpredictable and there is always the risk of demand outstripping resources.

Nottinghamshire Mind develops its strategic plan in line with identified and evaluated opportunities and risks - both internally and externally. There are several risks that would affect the fundamental operation of the organisation, and these are identified and managed using a risk register - reviewed operationally and strategically on a monthly basis by key personnel and Trustees and via National Mind during the Mind Quality Mark assessment.

Key identified risks include -
Governance
Lack of strategic direction, skills gaps within the Trustee Board, no Trustee leadership, conflicts of interest, poor policies and procedures, frequent changes in senior management.
Operational
Loss of contracts, poor quality of service, no strategic development, competition, high turnover of staff, poor morale, health and safety, IT issues.
Financial
Loss of fundraising, levels of income diversity, commissioning changes.
Environmental and external
Relationship with the communities and partners, negative publicity, relationship with funders.

Policy on reserves

Nottinghamshire Mind has a detailed reserves policy and ensures there is sufficient reserves to cover at least three months of the organisations total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and staff redundancy costs. The current reserves figure remains adequate.

Free reserves for 2023 amount to £375,340 (2022: £409,803) this is equivalent to the net current assets of the organisation as there is no balance of restricted funds at the end of the year. The reserves are equivalent to 3 month's running costs (2022: 5.7 months).

Plans for future periods

Aims and key objectives for future periods

Nottinghamshire Minds future strategy is a response to the growth in need for mental health services and support and the opportunity for Nottinghamshire Mind to be a key partner in the strategy to transform mental health services.

Mental Health Transformation across Nottinghamshire and the strong links with Notts Healthcare Trust and the newly formed Integrated Care Boards, provides Nottinghamshire Mind with a opportunity to shape and inform the way services are delivered and the voices of those with lived experience heard. Commissioners are looking for a sleeker and more cost effective approach to commissioning services from the VCSE and Nottinghamshire Mind can continue to provide a central point that meets this need. As a trusted and highly valued organisation Nottinghamshire Mind can continue to respond to the need for partnership working.

Nottinghamshire Mind will continue to position itself across the County and City ensuring it is at the forefront of conversations with key decision makers.

Nottinghamshire Mind will focus on the levelling up of services across the County and City and identifying gaps in service provision amongst demographics.

Nottinghamshire Mind will continue to be a contributor to the National mental health conversation through close links with Local Mind Associations and National Mind and will act as a corporate Trustee for the formation of a Mind organisation in Leicestershire, Leicester and Rutland.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

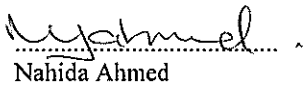
The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 7 December 2023 and signed on its behalf by:



Nahida Ahmed
Trustee

Independent Auditor's Report to the Members of Nottinghamshire Mind

Opinion

We have audited the financial statements of Nottinghamshire Mind (the 'charity') for the year ended 31 March 2023, which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Report) Regulations 2008 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 8), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor Responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

The extent to which the audit was considered capable of detecting irregularities including fraud

Our approach to identifying and assessing the risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our knowledge and experience of the charity sector;
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including data protection, anti-bribery, employment, environmental and health and safety legislation;
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting relevant correspondence; and
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- Understanding the design of the charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Tested journal entries to identify unusual transactions;
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation;
- Reading the minutes of meetings of those charged with governance;
- Enquiring of management as to actual and potential litigation and claims; and
- Reviewing correspondence with relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

Independent Auditor's Report to the Members of Nottinghamshire Mind (continued)

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the trustees those matters we are required to state to trustees in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

.....

Melvin Bailey FCCA DChA Statutory Auditor

Rogers Spencer
Newstead House
Pelham Road
Nottingham
NG5 1AP

Date: 2/12/23

Melvin Bailey is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	1,349,831	-	1,349,831	926,085
Charitable activities	4	20,631	101,544	122,175	76,201
Investment income	3	2,022	-	2,022	105
Total Income		1,372,484	101,544	1,474,028	1,002,391
Expenditure on:					
Charitable activities	5	(1,402,486)	(101,544)	(1,504,030)	(860,694)
Total Expenditure		(1,402,486)	(101,544)	(1,504,030)	(860,694)
Gains/losses on investment assets		35	-	35	14
Net movement in funds		(29,967)	-	(29,967)	141,711
Reconciliation of funds					
Total funds brought forward		665,476	-	665,476	523,765
Total funds carried forward	16	635,509	-	635,509	665,476

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2023 (continued)

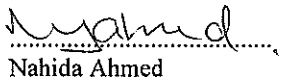
	Note	Unrestricted £	Total 2022 £
Income and Endowments from:			
Donations and legacies	2	926,085	926,085
Charitable activities	4	76,201	76,201
Investment income	3	105	105
Total Income		1,002,391	1,002,391
Expenditure on:			
Charitable activities	5	(860,694)	(860,694)
Total Expenditure		(860,694)	(860,694)
Gains/losses on investment assets		14	14
Net movement in funds		141,711	141,711
Reconciliation of funds			
Total funds brought forward		523,765	523,765
Total funds carried forward	16	665,476	665,476

Nottinghamshire Mind

(Registration number: 1180346)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	259,869	255,408
Investments	12	300	265
		260,169	255,673
Current assets			
Debtors	14	18,812	63,034
Cash at bank and in hand	13	531,440	577,284
		550,252	640,318
Creditors: Amounts falling due within one year	15	(174,912)	(230,515)
Net current assets		375,340	409,803
Net assets		635,509	665,476
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		635,509	665,476
Total funds	16	635,509	665,476

The financial statements on pages 13 to 26 were approved by the trustees, and authorised for issue on 7 December 2023 and signed on their behalf by:



Nahida Ahmed
Trustee

Nottinghamshire Mind

Cash Flow Statement for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash (expenditure)/income		(29,967)	141,711
Adjustments to cash flows from non-cash items			
Depreciation		14,807	8,385
Investment income	3	(2,022)	(105)
Gain or loss on investments		(35)	(14)
		(17,217)	149,977
Working capital adjustments			
Decrease in debtors	14	44,222	13,082
(Decrease)/increase in creditors	15	(7,374)	24,075
(Decrease)/increase in deferred income		(48,229)	175,000
Net cash flows from operating activities		(28,598)	362,134
Cash flows from investing activities			
Interest receivable and similar income	3	2,022	105
Purchase of tangible fixed assets	11	(19,268)	(5,445)
Net cash flows from investing activities		(17,246)	(5,340)
Net (decrease)/increase in cash and cash equivalents		(45,844)	356,794
Cash and cash equivalents at 1 April		577,284	220,490
Cash and cash equivalents at 31 March		531,440	577,284
Reconciliation of net cash flow to movement in net funds			
(Decrease)/increase in cash		(45,844)	356,794
Net funds at 1 April 2022		577,284	220,490
Net funds at 31 March 2023		531,440	577,284

All of the cash flows are derived from continuing operations during the above two periods.

1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Nottinghamshire Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Critical accounting estimates and judgements
In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	20% straight line
Computer equipment	33.3% straight line

Fixed asset investments
Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	2,000
Legacies	18,368	18,368	-
Grants, including capital grants;			
Government grants	1,245,597	1,245,597	851,135
Grants from other charities	24,999	24,999	990
Other income from donations and legacies	60,867	60,867	71,960
	1,349,831	1,349,831	926,085

3 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	2,022	2,022	105

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Client contributions & fees	7,318	-	7,318	31,915
Contracts	13,065	38,250	51,315	38,340
Grant	-	63,294	63,294	-
Training	-	-	-	2,975
Sundry	248	-	248	2,971
	20,631	101,544	122,175	76,201

5 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & materials	8,924	-	8,924	494
Affiliations, subscriptions & licences	4,689	-	4,689	5,937
Bank charges & fees	543	-	543	344
Cleaning & hygiene	4,850	-	4,850	2,818
Depreciation	14,807	-	14,807	8,385
Equipment & maintenance	37,727	-	37,727	21,412
Freelance training & delivery	9,954	-	9,954	7,420
Fundraising & publicity	2,306	-	2,306	1,650
Hospitality & gifts	505	-	505	179
Household & refreshments	3,014	-	3,014	2,544
Insurance	13,240	-	13,240	9,032
IT, database & website	39,240	9,919	49,159	6,567
Legal & professional fees	15,635	-	15,635	19,393
Premises maintenance & security	7,521	-	7,521	23,747
Printing, postage & stationery	13,455	-	13,455	14,590
Rent & room hire	39,680	-	39,680	17,368
Recruitment	8,027	-	8,027	5,132
Salaries, NI & pension	1,094,746	91,625	1,186,371	650,552
Staff training & supervision	9,023	-	9,023	465
Staff travel & subsistence	26,120	-	26,120	13,138
Sundry expenses	939	-	939	294
Telephone	17,578	-	17,578	9,514
Volunteer & trustees' expenses	5,091	-	5,091	1,471
Utilities & rates	15,624	-	15,624	11,250
Online counselling & support	-	-	-	26,998
Grants awarded	9,248	-	9,248	-
	1,402,486	101,544	1,504,030	860,694

6 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023 £	2022 £
Audit fees	6,600	4,800
Depreciation of fixed assets	(14,807)	(8,385)

7 Analysis of governance and support costs

Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Audit fees			
Audit of the financial statements	6,600	6,600	4,800
Other governance costs	1,626	1,626	1,128
	8,226	8,226	5,928

8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	1,089,883	606,142
Social security costs	77,930	35,085
Pension costs	18,558	9,325
	1,186,371	650,552

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	66	41

52 (2022 - 29) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £18,558 (2022 - £9,325).

The number of employees whose emoluments fell within the following bands was:

	2023 No	2022 No
£60,001 - £70,000	-	1
£70,001 - £80,000	1	-

The total employee benefits of the key management personnel of the charity were £134,386 (2022 - £98,328).

9 Auditor's remuneration

During the period, the fees payable (excluding VAT) to the charity's auditor, Roger Spencer was as follows:

	2023 £	2022 £
Audit	5,500	4,000
	5,500	4,000

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2022	358,740	7,766	6,191	372,697
Additions	-	-	19,268	19,268
At 31 March 2023	358,740	7,766	25,459	391,965
Depreciation				
At 1 April 2022	107,045	7,270	2,974	117,289
Charge for the year	6,652	124	8,031	14,807
At 31 March 2023	113,697	7,394	11,005	132,096
Net book value				
At 31 March 2023	245,043	372	14,454	259,869
At 31 March 2022	251,695	496	3,217	255,408

12 Fixed asset investments

	2023 £	2022 £
Other investments	300	265

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2022	265	265
Revaluation	35	35
At 31 March 2023	300	300
Net book value		
At 31 March 2023	300	300
At 31 March 2022	265	265

13 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	108	364
Cash at bank	531,332	576,920
	531,440	577,284

14 Debtors

	2023 £	2022 £
Trade debtors	12,140	50,222
Prepayments	4,330	1,880
Other debtors	2,342	10,932
	18,812	63,034

15 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	4,454	16,467
Other creditors	13,687	9,048
Deferred income	156,771	205,000
	174,912	230,515

Deferred income, as shown above, represents grant deferrals.

16 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2023 £
Unrestricted funds					
General					
General fund	593,699	1,372,484	(1,402,486)	35	563,732
Revaluation reserve	71,777	-	-	-	71,777
	665,476	1,372,484	(1,402,486)	35	635,509
Restricted funds					
Nottinghamshire County Council (Salaries)	-	40,875	(40,875)	-	-
Citizens Advice (Salaries)	-	38,250	(38,250)	-	-
National Lottery Community Fund	-	9,919	(9,919)	-	-
LLR (Salary)	-	12,500	(12,500)	-	-
Total restricted funds	-	101,544	(101,544)	-	-
Total funds	665,476	1,474,028	(1,504,030)	35	635,509

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General fund	451,988	1,002,391	(860,694)	14	593,699
Revaluation reserve	71,777	-	-	-	71,777
	523,765	1,002,391	(860,694)	14	665,476

The specific purposes for which the funds are to be applied are as follows:

Nottinghamshire County Council Salary fund was to fund salaries for related project workers;
Citizens Advice Salary fund was to fund salaries for related project workers;
National Lottery Community funding was for the #Well project and was all spent in the year;
LLR Salary fund was funding from from Coventry & Warwickshire Mind for the LLR Salaried post.

17 Analysis of net assets between funds

	Unrestricted	
	General	2023 Total funds
	£	£
Tangible fixed assets	259,869	259,869
Fixed asset investments	300	300
Current assets	550,252	550,252
Current liabilities	(174,912)	(174,912)
Total net assets	635,509	635,509

	Unrestricted	
	General	2022 Total funds
	£	£
Tangible fixed assets	255,408	255,408
Fixed asset investments	265	265
Current assets	640,318	640,318
Current liabilities	(230,515)	(230,515)
Total net assets	665,476	665,476

18 Related party transactions

There were no related party transactions in the year or in the previous year.

19 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Dawn Betts
£Nil (2022: £79) of travel expenses were reimbursed to Dawn Betts during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year or in the previous year.

No trustees have received any other benefits from the charity during the year or in the previous year.

rogers spencer

Chartered Accountants

Our Ref: MB / LJJ / N185

melvin@rogers-spencer.co.uk

The Trustees
Nottinghamshire Mind
6 Hardy Street
Worksop
Nottinghamshire
S80 1EH
15 November 2023

Dear Sirs

Audit matters to be communicated / Findings from the audit

The following issues arose during the course of our audit for the year ended 31 March 2023: -

(a) A couple of matters (mentioned below) came to light during the course of our normal audit tests which are designed to assist us in forming our opinion on the financial statements. Our tests may not necessarily disclose all errors or irregularities and should not be relied upon to do so. However, if any irregularity did come to our attention during our audit tests, we would, of course, inform you immediately.

1. It was noted that an employee was overpaid by CA Plus, who incorrectly input the rate for the said employee. It is recommended that a review be performed upon change of rates.

2. It was noted that only one individual is involved with processing cash and cheques received. It is recommended that at least 2 people are involved in this process to minimise the associated risk of misstatement.

(b) A draft letter of representation is attached to this letter and we would be grateful if you could sign and approve the contents.

(c) There are no uncorrected misstatements.

(d) There are therefore no expected modifications to our audit report.

(e) We have not identified any material weaknesses in internal control during the audit.

This report has been prepared for the sole use of the directors of Nottinghamshire Mind and must not be shown to third parties without our prior consent. No responsibilities are accepted by Rogers Spencer towards any party acting or refraining from action as a result of this report.

Finally, we would like to express our thanks to all members of the company's staff, who assisted us in carrying out our work.

Yours faithfully

chartered accountants since 1871

Newstead House Pelham Road Nottingham NG5 1AP
t 0115 960 8412 **e** advice@rogers-spencer.co.uk **www.rogers-spencer.co.uk**

Registered to carry on audit work in the UK. Regulated for a range of investment business activities by the Institute of Chartered Accountants in England and Wales.
Details about our audit registration can be viewed at www.auditregister.org.uk under reference number C001373389.
Rogers Spencer is a trading name of Rogers Spencer Limited, incorporated in England and Wales No. 5736138.

NOTTINGHAMSHIRE MIND

England & Wales - Charity number 1180346

Accounts

Charity registration number: 1180346

Nottinghamshire Mind

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Nottinghamshire Mind

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Nottinghamshire Mind

Reference and Administrative Details

Trustees	Roger Stendall, Chair
	Derek Adlam, Vice Chair
	Dawn Betts
	Paul Radin
	Amanda Fletcher
	Maria Ferazzoli
	Christina Bond
	Clara George
	Aidan Dominy
	Nahida Ahmed
	Berenice Brown
Senior Management Team	Nicola Bacon, Chief Executive Officer
	Nicola Rea, Service Manager
Charity Registration Number	1180346
Principal Office	6 Hardy Street Worksop Nottinghamshire S80 1EH
Auditor	Melvin Bailey Rogers Spencer Newstead House Pelham Road Nottingham NG5 1AP
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB

Nottinghamshire Mind

Trustees' Report

The trustees present the annual report together with the financial statements and auditors' report of the charity for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Roger Stendall, Chair
	Derek Adlam, Vice Chair
	Dawn Betts
	Paul Radin
	Amanda Fletcher
	Maria Ferazzoli (appointed 28 February 2022)
	Christina Bond (appointed 8 July 2022)
	Clara George (appointed 12 October 2022)
	Aidan Dominy (appointed 12 October 2022)
	Nahida Ahmed (appointed 12 October 2022)
	Berenice Brown (appointed 12 October 2022)
	Tracey Campbell (resigned 28th February 2022)
	John Hunter (resigned 28th February 2022)
	Aimee Sims (resigned 28th February 2022)
	Haley Thompson (resigned 28th February 2022)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Recruitment and appointment of trustees

A Trustee skills audit is undertaken to identify gaps in skills, then the Trustee vacancy is advertised and promoted using a range of platforms including LinkedIn, social media, National Mind and national volunteering organisations. The potential Trustee is interviewed by the Chair or Vice-Chair, they will observe a meeting and if successful will be elected at a trustees' meeting. New trustees are taken through a robust induction programme.

Arrangements for setting key management personnel remuneration

The salary grade appropriate for each post will be set at the time of recruitment, based on the agreed job description and person specification. Grades will be reviewed by agreement or where there has been a significant variation in the post’s duties and responsibilities. Salary reviews will be based on comparison with roles of similar responsibilities within the voluntary sector and Mind network.

Nottinghamshire Mind

Trustees' Report

Organisational structure

The exponential growth of Nottinghamshire Mind over the past four years is something to be celebrated. Between sixty and seventy staff now work to deliver an increasing range of mental health services. The two offices in Worksop and Mansfield operate as hubs for a range of venues across the county - now including expansion into South Nottinghamshire and the City.

Working closely with the NHS long term plan (Transformation of Mental Health Services) and other key partners in the voluntary sector has been essential in the building process as has strong leadership and management. Nottinghamshire Mind continues to be recognised as a first-rate provider. The CEO has ensured the organisation and staff have been able to meet and match need at every available opportunity. The hard work enabling this should not be underestimated.

The operational structure is in place to allow management and delivery of strategic objectives. Staff understanding and commitment is excellent as seen at the all-staff training days in December for example. The worry expressed last year about managing the anticipated success has proved unfounded.

Such rapid progress has highlighted the need for extra senior staff especially in HR. The larger organisation also needs greater administrative efficiency. Both aspects are being addressed and will only bring further improvement.

While staffing numbers and structures have more than kept pace with growth and demand the Trustee Board needs development. The MQM (Mind Quality Mark) assessment in December pointed out the need for expansion and change in governance to meet the demands of the new Nottinghamshire Mind. The trustee board now has an Acting Treasurer as a first step. Interviews are currently taking place to recruit new board members and the number of trustees will increase to ensure governance is able to improve and the strategic role of the board can fulfil the increasing demands it also faces.

Revenue streams have continued to be strong with turnover now of £2 million. The CEO continues to access funds and sets realistic fund-raising targets which are usually exceeded.

The core principles driving NM remain the same around the need for equality diversity and inclusion.

Objectives and activities

Objects and aims

To promote the preservation of mental health and to assist in the recovery of persons in Nottinghamshire suffering from mental ill-health or conditions of emotional or mental distress requiring information and support.

To promote the study of and research into mental health and emotional well being and to obtain and make records of and disseminate information concerning the same and educate the public in matters relating to mental health.

Nottinghamshire Mind

Trustees' Report

Our vision is to ensure that everyone experiencing a mental health issue gets both support and respect.

Our goals are to-
· Encourage holistic wellbeing
· Empower choice
· Improve services and support
· Enable inclusion
· Improve resilience
· Remove inequality
· Raise awareness
· Encourage personal development and recovery.

Nottinghamshire Mind will be a focal point for people with mental health issues, inclusive and there for everyone. An organisation in which people with mental health issues can feel safe and distance themselves from the stigma that exists in the outside world. The lead for accessing mental health services in Nottinghamshire.

Nottinghamshire Mind's goal is to promote recovery, instil knowledge and involve the community. It seeks to empower people to take responsibility for their own mental health recovery.

Nottinghamshire Mind will exist to promote good mental health, to educate, inform, reduce stigma and build the resilience of the local community. To provide a supportive and empowering environment for people with mental health issues and their carers, a place for people with mental health issues to go to feel accepted, signposted and supported, to help people move forward with their lives.

The purpose of Nottinghamshire Mind is to provide services for people with mental health issues. It delivers services and support to the most vulnerable in our community, including education and information groups for men and women, promoting recovery and emotional wellbeing.

Nottinghamshire Mind will provide fit for purpose services that fill a gap in the County and will be the first port of call on mental health issues. Nottinghamshire Mind will work with a diverse group of people with different backgrounds, will not discriminate and not judge or exclude those with mental health issues.

Nottinghamshire Mind will work with statutory and non-statutory services alongside the general public, because mental health issues affect everyone. Nottinghamshire Mind will work with anyone who would benefit from improving their mental wellbeing.

Objectives, strategies and activities

We run a mix of individual, group based and partnership delivered services and support focussing on mental health awareness, guided self help, formal training, building the resilience of individuals and communities, improving the circumstances and wellbeing of individuals.

Public benefit

Provide information and support to understand self and conditions, build emotional resilience, tackle isolation and deal with issues at the heart of emotional distress, improve life skills and chances, engage with communities.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Nottinghamshire Mind

Trustees' Report

Achievements and performance
Nottinghamshire Mind provide services and support to the 6 Districts across the County - Bassetlaw, Newark and Sherwood, Mansfield and Ashfield, Gedling, Broxtowe and Rushcliffe. The programme of work can be summarised as -

#WELL - a complement of activity led by community needs, including - café drop ins, supported listening sessions, safe spaces to support distress, information clinics providing guidance and signposting, peer support, resources and partnerships.

Resilience and Stabilisation - one to one and group based structured programme for those in secondary care services.

Active Monitoring - a guided self help programme.

Counselling - individual talking therapies.

Crisis support - sanctuaries to provide immediate support.

As an affiliated organization, Nottinghamshire Mind adheres to the values and principles of the National Mind brand -
Mind nationally provides advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding.

National Mind Values-
Open - we reach out to anyone who needs us
Together - we're stronger in partnership
Responsive - we listen, we act
Independent - we speak fearlessly
Unstoppable - we never give up

National Mind have set out the following priorities - Nottinghamshire Mind will need to consider how it does/will align within the key strategic objectives:
• Becoming a truly anti-racist organisation
• Supporting young people - with a focus on trauma
• Fighting for the mental health of people in poverty.

Quality Assurance
The Mind Quality Framework provides assurance that the Mind Federation delivers life changing support for people with or at risk of developing mental health problems. It gives confidence that the Federation is made up of well run, sustainable organisations where the voices of people with lived experience of mental health problems underpin and inform everything we do, and our core values are lived out every day.
The Mind Quality Framework has three elements:
1. Mind Quality Mark - the core standards
2. Review - to drive improvement and celebrate excellence
3. Support - to meet and exceed the standards.

The Mind Quality Mark explores and critically analyses policies and procedures to ensure they are compliant, fit for purpose, relevant, timely and appropriate to Nottinghamshire Mind. In light of this a review of policies was undertaken in early 2022 and a review schedule developed. Policy review and implementation at Nottinghamshire Mind involves -
1. Internal and external analysis of working environments
2. Any change in governance and service delivery
3. Ongoing policy championing by key members of the team
4. Review and comment by policy sub groups
5. Revisions presented to the Board of Trustees for adoption
6. Staff and volunteer training
7. Access for service users, volunteers, staff, trustees and commissioners.

Financial review
Nottinghamshire Mind has seen a rapid period of growth and financial investment, the merger of small organisations into one County and City wide entity has provided opportunity for expansion into under represented areas and in turn increasing commissioning income, grants and fundraising.

The challenge for Nottinghamshire Mind is to sustain investment in the coming year - the organisation will continue with its effective and robust financial oversight and focus its energies on creating a healthy mix of income streams and increase in free reserves.

Major risks and management of those risks

Main risk
Sustainability of core programmes in current climate, the support from the local authority sector is unpredictable and there is always the risk of demand outstripping resources.

Nottinghamshire Mind develops its strategic plan in line with identified and evaluated opportunities and risks - both internally and externally. There are several risks that would affect the fundamental operation of the organisation, and these are identified and managed using a risk register - reviewed operationally and strategically on a monthly basis by key personnel and Trustees and via National Mind during the Mind Quality Mark assessment.

Key identified risks include -
Governance
Lack of strategic direction, skills gaps within the Trustee Board, no Trustee leadership, conflicts of interest, poor policies and procedures, frequent changes in senior management.
Operational
Loss of contracts, poor quality of service, no strategic development, competition, high turnover of staff, poor morale, health and safety, IT issues.
Financial
Loss of fundraising, levels of income diversity, commissioning changes.
Environmental and external
Relationship with the communities and partners, negative publicity, relationship with funders.

Policy on reserves

Nottinghamshire Mind has a detailed reserves policy and ensures there is sufficient reserves to cover at least three months of the organisations total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and staff redundancy costs. The current reserves figure remains adequate.

Plans for future periods

Aims and key objectives for future periods

Nottinghamshire Minds future strategy is a response to the growth in need for mental health services and support and the opportunity for Nottinghamshire Mind to be a key partner in the strategy to transform mental health services.

The Pandemic and ongoing pressures of life has increased the number of people experiencing first time mental health issues, this coupled with a desire to access support that meets individual needs and is personal centred, increases the demand on Nottinghamshire Mind, its staff and resources.

Mental Health Transformation across Nottinghamshire and the strong links with Notts Healthcare Trust and Mid Notts and Bassetlaw CCG provides Nottinghamshire Mind with a opportunity to shape and inform the way services are delivered and the voices of those with lived experience heard. Commissioners are looking for a sleeker and more cost effective approach to commissioning services from the VCS and Nottinghamshire Mind can continue to provide a central point that meets this need. As a trusted and highly valued organisation Nottinghamshire Mind can continue to respond to the need for partnership working.

Nottinghamshire Mind will position itself across the County and City ensuring it is at the forefront of conversations with key decision makers.

Nottinghamshire Mind will focus on the levelling up of services across the County and City and identifying gaps in service provision amongst demographics.

Nottinghamshire Mind's Strategic Objectives are aligned with the 4 National Mind Quality Framework pillars of Leadership and Governance, Finance and Policies, Services and People and Influence and Engagement - for example:

Leadership and Governance
Objective 1: Strengthen and diversify the Board to ensure strong and effective leadership
Objective 2: Ensure that the Board has a comprehensive working knowledge of services' objectives and working methods
Objective 3: Strengthen processes to ensure clear and effective communication between teams and interaction between services
Objective 4: Broaden knowledge and involvement at a strategic level
Objective 5: Ensure a robust response to data management

Finance and Policies
Objective 1: Continued commitment to developing and expanding sources of funding and fundraising opportunities in order to maintain existing services
Objective 2: Ensure all policies and procedures are revised, fit for purpose, and meet organisational needs
Objective 3: Review all working environments, to ensure that they are fit for purpose and meet health and safety standards and requirements

Services and People
Objective 1: Strengthen sustainability and/or programme exit strategies
Objective 2: Strengthen relationships with external agencies
Objective 3: Develop commercial offers to strengthen organisational sustainability and unrestricted income
Objective 4: Level up community based services across Nottinghamshire to ensure equity of access for local communities
Objective 5: Ensure all services are open and accessible to all, including those who have been previously under-represented and/or excluded

Influence and Engagement
Objective 1: Build and maintain effective relationships within the community
Objective 2: Raise awareness of mental health through positive messages in the wider community
Objective 3: Use social media/data resources effectively to increase our reach
Objective 4: Have effective and informative evaluation of services.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The annual report was approved by the trustees of the charity on 8 December 2022 and signed on its behalf by:

.....
Roger Stendall
Trustee

Independent Auditor's Report to the Members of Nottinghamshire Mind

Opinion

We have audited the financial statements of Nottinghamshire Mind (the 'charity') for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter

As shown within the Fixed Assets note (note 12), land and buildings represents 98% of total fixed assets with a net book value of £251,695. No professional valuation has been undertaken during the year. Due to the specialist nature of the buildings, it is difficult to take a view on whether or not this asset category is misstated. We do not modify our opinion with regard to this matter.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 8), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor Responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Independent Auditor's Report to the Members of Nottinghamshire Mind

The extent to which the audit was considered capable of detecting irregularities including fraud

Our approach to identifying and assessing the risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- We identified the laws and regulations applicable to the charity through discussions with trustees and other management, and from our knowledge and experience of the charity sector;
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including data protection, anti-bribery, employment, environmental and health and safety legislation;
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting relevant correspondence; and
- Identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- Understanding the design of the charity's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- Performed analytical procedures to identify any unusual or unexpected relationships;
- Tested journal entries to identify unusual transactions;
- Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation;
- Reading the minutes of meetings of those charged with governance;
- Enquiring of management as to actual and potential litigation and claims; and
- Reviewing correspondence with relevant regulators.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

Independent Auditor's Report to the Members of Nottinghamshire Mind

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our work has been undertaken so that we might state to the trustees those matters we are required to state to trustees in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

.....
Melvin Bailey, Statutory Auditor

Rogers Spencer
Newstead House
Pelham Road
Nottingham
NG5 1AP

Date:.....

Melvin Bailey is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted £	Total 2022 £	(As restated) Total 2021 £
Income and Endowments from:				
Donations and legacies	2	926,085	926,085	534,812
Charitable activities	4	76,201	76,201	91,116
Investment income	3	105	105	30
Total Income		1,002,391	1,002,391	625,958
Expenditure on:				
Charitable activities	6	(860,694)	(860,694)	(490,146)
Total Expenditure		(860,694)	(860,694)	(490,146)
Gains/losses on investment assets		14	14	55
Net movement in funds		141,711	141,711	135,867
Reconciliation of funds				
Total funds brought forward		523,765	523,765	387,898
Total funds carried forward	17	665,476	665,476	523,765

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	534,812	-	534,812
Charitable activities	4	91,116	-	91,116
Investment income	3	30	-	30
Total Income		625,958	-	625,958
Expenditure on:				
Charitable activities	6	(477,885)	(12,261)	(490,146)
Total Expenditure		(477,885)	(12,261)	(490,146)
Gains/losses on investment assets		55	-	55
Net movement in funds		148,128	(12,261)	135,867
Reconciliation of funds				
Total funds brought forward		375,637	12,261	387,898
Total funds carried forward	17	523,765	-	523,765

The notes on pages 17 to 28 form an integral part of these financial statements.

Nottinghamshire Mind

(Registration number: 1180346)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £ (As restated)
Fixed assets			
Tangible assets	12	255,408	258,348
Investments	13	265	251
		255,673	258,599
Current assets			
Debtors	15	63,034	76,116
Cash at bank and in hand	14	577,284	220,490
		640,318	296,606
Creditors: Amounts falling due within one year	16	(230,515)	(31,440)
Net current assets		409,803	265,166
Net assets		665,476	523,765
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		665,476	523,765
Total funds	17	665,476	523,765

The financial statements on pages 13 to 28 were approved by the trustees, and authorised for issue on 8 December 2022 and signed on their behalf by:

Nottinghamshire Mind

Cash Flow Statement for the Year Ended 31 March 2022

	Note	2022 £	(As restated) 2021 £
Cash flows from operating activities			
Net cash income		141,711	135,867
Adjustments to cash flows from non-cash items			
Depreciation		8,385	6,652
Investment income	3	(105)	(30)
Gain or loss on investments		(14)	(55)
		149,977	142,434
Working capital adjustments			
Decrease/(increase) in debtors	15	13,082	(69,654)
Increase/(decrease) in creditors	16	24,075	(2,011)
Increase in deferred income		175,000	30,000
Net cash flows from operating activities		362,134	100,769
Cash flows from investing activities			
Interest receivable and similar income	3	105	29
Transfer in of tangible fixed assets	12	(5,445)	-
Income from dividends	3	-	1
Net cash flows from investing activities		(5,340)	30
Net increase in cash and cash equivalents		356,794	100,799
Cash and cash equivalents at 1 April		220,490	119,691
Cash and cash equivalents at 31 March		577,284	220,490
Reconciliation of net cash flow to movement in net funds			
Increase in cash		356,794	100,799
Net funds at 1 April 2021		220,490	119,691
Net funds at 31 March 2022		577,284	220,490

All of the cash flows are derived from continuing operations during the above two periods.

1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Nottinghamshire Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Critical accounting estimates and judgements
In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	20% straight line
Computer equipment	33.3% straight line

Fixed asset investments
Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £ (As restated)
Donations and legacies;			
Donations from companies, trusts and similar proceeds	2,000	2,000	41,900
Grants, including capital grants;			
Government grants	851,135	851,135	399,407
Grants from other charities	990	990	52,206
Other income from donations and legacies	71,960	71,960	41,299
	926,085	926,085	534,812

3 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Income from dividends;			
Dividends receivable from other listed investments	-	-	1
Interest receivable and similar income;			
Interest receivable on bank deposits	105	105	29
	105	105	30

4 Income from charitable activities

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Client contributions & fees	31,915	31,915	18,304
Contracts	38,340	38,340	29,585
Insurance claim	-	-	35,604
Room hire	-	-	127
Training	2,975	2,975	5,900
Sundry	2,971	2,971	1,596
	76,201	76,201	91,116

5 Grants

	Unrestricted funds	Restricted funds	Total funds 31 March 2022	Total funds 31 March 2021
	£	£	£	£
NHS Bassetlaw CCG	241,669	-	241,669	22,000
Notts County Council	36,750	-	36,750	54,000
Mansfield Business Centre	2,000	-	2,000	-
Mind (NAMH)	990	-	990	14,206
NHS Foundation Trust	570,716	-	570,716	315,700
Education and Skills	2,000	-	2,000	-
Severn Trent	-	-	-	32,000
Bassetlaw CVS	-	-	-	28,000
HMRC JRS Grant	-	-	-	5,707
Fryman	-	-	-	8,900
Grants £5000 or less	-	-	-	13,000
Sundry Donations	71,960	-	71,960	41,299
	926,085	-	926,085	534,812

6 Expenditure on charitable activities

	Unrestricted General funds £	Total 2022 £	Total 2021 £
Activities & materials	494	494	8,015
Affiliations, subscriptions & licences	5,937	5,937	674
Bank charges & fees	344	344	99
Cleaning & hygiene	2,818	2,818	3,519
Depreciation	8,385	8,385	6,652
Equipment & maintenance	21,412	21,412	17,929
Freelance training delivery	7,420	7,420	10,190
Fundraising & publicity	1,650	1,650	1,644
Hospitality & gifts	179	179	435
Household & refreshments	2,544	2,544	1,493
Insurance	9,032	9,032	3,826
IT, database & website	6,567	6,567	4,831
Legal & professional fees	10,476	10,476	2,911
Payroll, bookkeeping & accounts	8,917	8,917	3,690
Premises maintenance & security	23,747	23,747	15,859
Printing, postage & stationery	14,590	14,590	8,674
Rent & room hire	17,368	17,368	8,051
Recruitment	5,132	5,132	-
Salaries, NI & pension	650,552	650,552	357,749
Staff training & supervision	465	465	2,571
Staff travel & subsistence	13,138	13,138	3,490
Sundry expenses	294	294	110
Telephone	9,514	9,514	11,129
Volunteer & trustees' expenses	1,471	1,471	191
Utilities & rates	11,250	11,250	5,505
Online counselling & support	26,998	26,998	10,909
	860,694	860,694	490,146

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Audit fees	4,800	-
Depreciation of fixed assets	(8,385)	(6,652)

8 Analysis of governance and support costs

Support costs have not been separately allocated and disclosed as the Trustees believe they are immaterial to the financial statements.

Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Audit fees			
Audit of the financial statements	4,800	4,800	-
Independent examiner fees			
Examination of the financial statements	-	-	1,440
Other governance costs	1,128	1,128	-
	5,928	5,928	1,440

9 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	606,142	335,775
Social security costs	35,085	17,501
Pension costs	9,325	4,473
	650,552	357,749

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	41	20

29 (2021 - 16) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £9,325 (2021 - £4,473).

The number of employees whose emoluments fell within the following bands was:

	2022 No
£60,001 - £70,000	1

The total employee benefits of the key management personnel of the charity were £98,328 (2021 - £92,098).

The chief executive officer, as the highest paid member of staff, received benefits totalling £61,401 (2021 - £59,254).

10 Auditor's remuneration

During the period, the fees payable (excluding VAT) to the charity's auditor, Roger Spencer was as follows:

	2022 £	2021 £
Audit	4,000	-
	4,000	-

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2021	358,740	7,146	1,366	367,252
Additions	-	620	4,825	5,445
At 31 March 2022	358,740	7,766	6,191	372,697
Depreciation				
At 1 April 2021	100,392	7,146	1,366	108,904
Charge for the year	6,653	124	1,608	8,385
At 31 March 2022	107,045	7,270	2,974	117,289
Net book value				
At 31 March 2022	251,695	496	3,217	255,408
At 31 March 2021	258,348	-	-	258,348

No professional valuation of land and buildings has been undertaken during the year. The trustees believe the net book value of £251,695 represents a reasonable estimation of market value.

13 Fixed asset investments

	2022 £	2021 £
Other investments	265	251

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2021	251	251
Revaluation	14	14
At 31 March 2022	265	265
Net book value		
At 31 March 2022	265	265
At 31 March 2021	251	251

14 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	364	125
Cash at bank	576,920	220,365
	577,284	220,490

15 Debtors

	2022 £	2021 £ (As restated)
Trade debtors	50,222	72,700
Prepayments	1,880	3,172
Other debtors	10,932	244
	63,034	76,116

16 Creditors: amounts falling due within one year

	2022 £	2021 £ (As restated)
Trade creditors	16,467	-
Other creditors	9,048	1,440
Deferred income	205,000	30,000
	230,515	31,440

Deferred income, as shown above, represents grant deferrals.

17 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General fund	451,988	1,002,391	(860,694)	14	593,699
Revaluation reserve	71,777	-	-	-	71,777
	523,765	1,002,391	(860,694)	14	665,476

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General fund	303,860	625,958	(477,885)	55	451,988
Revaluation reserve	71,777	-	-	-	71,777
	375,637	625,958	(477,885)	55	523,765
Restricted					
Awards For All (Salaries)	1,624	-	(1,624)	-	-
Boots (Salaries)	3,304	-	(3,304)	-	-
Flood	7,333	-	(7,333)	-	-
Total restricted funds	12,261	-	(12,261)	-	-
Total funds	387,898	625,958	(490,146)	55	523,765

The specific purposes for which the funds are to be applied are as follows:

Last year's restricted funds
Awards for All - provision of Information Clinic Services.
Boots Charitable Trust - provision of Supportive Listening Service.
Flood - funding to support the charity whilst the Worksop building was closed due to flooding.

18 Analysis of net assets between funds

	Unrestricted	
	General	2022 Total funds
	£	£
Tangible fixed assets	255,408	255,408
Fixed asset investments	265	265
Current assets	640,318	640,318
Current liabilities	(230,515)	(230,515)
Total net assets	665,476	665,476

	Unrestricted	
	General	2021 Total funds
	£	£
Tangible fixed assets	258,348	258,348
Fixed asset investments	251	251
Current assets	296,606	296,606
Current liabilities	(31,440)	(31,440)
Total net assets	523,765	523,765

19 Prior period adjustment

A prior year adjustment has been made, causing the 2021 figure to be restated.
This relates to an adjustment required in respect of income allocation.

Summary of the prior year accounting impact:

	As previously reported	Adjustment	As restated at 31 March 2022
	£	£	£
Donations & legacies	494,112	40,700	534,812
Net Movement in funds	95,167	40,700	135,867
Debtors	63,034	70,700	133,734
Creditors	230,515	30,000	260,515
Unrestricted funds	483,065	40,700	523,765

20 Related party transactions

There were no related party transactions in the year or in the previous year.

21 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Dawn Betts
£79 (2021: £Nil) of travel expenses were reimbursed to Dawn Betts during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year or in the previous year.

No trustees have received any other benefits from the charity during the year or in the previous year.

NOTTINGHAMSHIRE MIND

England & Wales - Charity number 1180346

Accounts

Charity registration number: 1180346

Nottinghamshire Mind

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Draft

Community Accounting Plus
Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Nottinghamshire Mind

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Nottinghamshire Mind

Reference and Administrative Details

Trustees	Roger Stendall Derek Adlam Dawn Betts Tracey Campbell Paul Radin John Hunter Aimee Sims Amanda Fletcher Haley Thompson
Senior Management Team	Nicola Bacon, Chief Executive Officer Nicola Rea, Service Manager
Principal Office	6 Hardy Street Worksop Nottinghamshire S80 1EH
Charity Registration Number	1180346
Bankers	Unity Trust Bank plc Nine Brindleyplace Birmingham B1 2HB
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 and 2, North West 41 Talbot Street Nottingham NG1 5GL

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Nottinghamshire Mind

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2021.

Trustees

Roger Stendall, Chair

Derek Adlam, Vice Chair

Dawn Betts

Tracey Campbell

Paul Radin

John Hunter

Aimee Sims (appointed 14 December 2020)

Amanda Fletcher (appointed 14 December 2020)

Haley Thompson (appointed 28 October 2020)

Structure, governance and management

Nature of governing document

The charity is operated under the rules of its CIO - Association registered on 17th October 2018.

Recruitment and appointment of trustees

A Trustee skills audit is undertaken to identify gaps in skills, then the Trustee vacancy is advertised and promoted via local networks and by placing an advert on the website. The potential Trustee is interviewed by the Chair or Vice-Chair, they will observe a meeting and if successful will be elected at a trustees' meeting. New trustees are put on an induction programme.

Major risks and management of those risks

Main risk
Sustainability of core programmes in current climate, the support from the local authority sector is unpredictable and there is always the risk of demand outstripping resources.

Objectives and activities

Objects and aims

To promote the preservation of mental health and to assist in the recovery of persons in Nottinghamshire suffering from mental ill-health or conditions of emotional or mental distress requiring information and support.

To promote the study of and research into mental health and emotional well being and to obtain and make records of and disseminate information concerning the same and educate the public in matters relating to mental health.

Objectives, strategies and activities

The development and delivery of counselling and talking therapies, one to one and group based support, information, education and training.

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Nottinghamshire Mind

Trustees' Report

Public benefit

Provide information and support to understand self and conditions, build emotional resilience, tackle isolation and deal with issues at the heart of emotional distress, improve life skills and chances, engage with communities.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

During this period we have developed and delivered the resilience programmes on behalf of Nottinghamshire Healthcare Trust.
We have delivered digital counselling support; support and training to corporate businesses; expanded the community support and service provision across the county and developed partnerships with key mental health providers across the city and the county.

Financial review

The organisation is in a sound financial position. Rapid growth has been approached with caution and robust management. An increase in reserves reflects the size of the organisation.

Policy on reserves

The Charity has a detailed reserves policy and ensures there is sufficient reserves to cover at least three months of the organisations total running costs and also ensures provision is made for major maintenance or repairs, replacement of equipment and staff redundancy costs.

Plans for future periods

Aims and key objectives for future periods

Nottinghamshire Mind has a 3 year strategic plan and within this it will adhere to its core aims and objectives. Nottinghamshire Mind will exist to provide support, information and guidance on mental health issues. Our vision is to ensure that everyone experiencing a mental health issue gets support and respect.

Nottinghamshire Minds goals are to:
Encourage holistic wellbeing;
Empower choice;
Improve services and support;
Enable inclusion;
Improve resilience;
Remove inequality;
Raise awareness;
Encourage personal development and recovery.

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Nottinghamshire Mind

Trustees' Report

In terms of organisation structure and reach Nottinghamshire Mind will continue its ambitious path to become the key mental health charity for the region. The bringing together of smaller Mind groups across the county (Central Notts, Bassetlaw and Newark) has given a streamlined set up. Access to funding for core provision and service level agreements is now simplified. CCG's and other fund providers are pleased to deal with one organisation and cover a wide area not only geographically but also in the variety of services meeting ever growing needs. It is also beneficial in working with third sector partners and these will be key as we move forwards. We now provide support in parts of the county where no local Mind provision existed. The promotion of a single identifiable brand and the proactive work of the CEO and managers is providing growth across an increasing range of mental health areas as was seen in the last review (October 2019) by trustees of our Strategic Plan (April 2019-March 2022). Challenges and setbacks are seen as development opportunities.

Grants from large organisations, the Local Authority for example, have significantly decreased in recent years. The nature of accessing money has changed a great deal. The CEO's success in accessing funds for provision is first rate and includes promoting a business development model gaining income from services such as counselling, training and dementia care. When funds are available, from the Healthcare Trust or CCG's for example, we are well placed to be a chosen provider thanks to a growing reputation for reliable and quality services. Continuous hard work has made this possible.

Our ways and places of working, have evolved to reflect demand, funding streams and client needs. The two buildings owned are not the only places where services are provided. (In fact the flooding in a previous winter, of the Worksop Centre, has not affected services and we are seeing it as another improvement opportunity!). Various centres are used by staff to set up provision; cafes, libraries, CAB, and district councils are often supportive in providing centres. Recruitment and deployment of staff is crucial and handled in a caring professional manner. We have been fortunate in the quality of those recruited. Trustees request that staff come to board meetings to discuss the work they are involved in and this has proved to be beneficial in increasing understanding but also encouraging a holistic and collegiate approach. The nature of funding streams means that some staff are on short term contracts but this is understood by all parties and well managed. This pattern will continue so having the structure to reflect it is vital.

A main concern for the future might be managing our success. Since the setting up of Nottinghamshire Mind the growth and demand for services has been huge. In the last couple of years our involvement has become more diverse and far reaching. The leadership and management has reflected and responded to growing need which will only continue as mental health receives increasing media and government attention. I am confident we are well placed to respond and develop. Importantly finances are in a healthy state and we are determined to hold strong reserves.

Activities planned to achieve aims

In 2021/2022 Nottinghamshire Mind will focus on the following key aims:

• Expansion and growth or core services to South Nottinghamshire and City;
• Embed the digital offers used through the Pandemic to increase client choice;
• Increase access to services at evenings and weekends;
• To improve access to crisis services and support across the County and City.

Thanks

Nottinghamshire Mind acknowledges the increase in community support from local individuals and businesses. Donations have exceeded the annual target and a total of £90,000 have been able to underpin the work of Nottinghamshire Mind.

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Nottinghamshire Mind

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on ..... and signed on its behalf by:

.....
Roger Stendall
Trustee

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Nottinghamshire Mind

Independent Examiner's Report to the trustees of Nottinghamshire Mind

Independent examiner's report to the trustees of Nottinghamshire Mind
I report to the trustees on my examination of the accounts of Nottinghamshire Mind (the Charity) for the year ended 31 March 2021.

Responsibilities and basis of report
As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 and 2, North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

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Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total 31 March 2021 £	Total 17 October 2018 to 31 March 2020 £
Income and Endowments from:					
Donations and legacies	2	494,112	-	494,112	221,347
Charitable activities	3	91,116	-	91,116	149,897
Investment income	5	30	-	30	259
Other income	6	-	-	-	360,626
Total Income		585,258	-	585,258	732,129
Expenditure on:					
Charitable activities	7	(477,885)	(12,261)	(490,146)	(415,837)
Total Expenditure		(477,885)	(12,261)	(490,146)	(415,837)
Gains/losses on investment assets		55	-	55	(171)
Net income/(expenditure)		107,428	(12,261)	95,167	316,121
Other recognised gains and losses					
Gains/losses on revaluation of fixed assets for charity's own use		-	-	-	71,777
Net movement in funds		107,428	(12,261)	95,167	387,898
Reconciliation of funds					
Total funds brought forward		375,637	12,261	387,898	-
Total funds carried forward	16	483,065	-	483,065	387,898

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 16.

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Nottinghamshire Mind

Statement of Financial Activities for the Year Ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total 31 March 2020 £
Income and Endowments from:				
Donations and legacies	2	221,347	-	221,347
Charitable activities	3	112,641	37,256	149,897
Investment income	5	259	-	259
Other income	6	360,626	-	360,626
Total Income		694,873	37,256	732,129
Expenditure on:				
Charitable activities	7	(390,842)	(24,995)	(415,837)
Total Expenditure		(390,842)	(24,995)	(415,837)
Gains/losses on investment assets		(171)	-	(171)
Net income		303,860	12,261	316,121
Other recognised gains and losses				
Gains/losses on revaluation of fixed assets for charity's own use		71,777	-	71,777
Net movement in funds		375,637	12,261	387,898
Reconciliation of funds				
Total funds carried forward	16	375,637	12,261	387,898

These are the figures for the previous accounting period, 17th October 2019 to 31st March 2020, and are included for comparative purposes

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Nottinghamshire Mind

(Registration number: 1180346)
Balance Sheet as at 31 March 2021

	Note	31 March 2021 £	31 March 2020 £
Fixed assets			
Tangible assets	12	258,348	265,000
Investments	15	251	196
		258,599	265,196
Current assets			
Debtors	13	5,416	6,462
Cash at bank and in hand		220,490	119,691
		225,906	126,153
Creditors: Amounts falling due within one year	14	(1,440)	(3,451)
Net current assets		224,466	122,702
Net assets		483,065	387,898
Funds of the charity:			
Restricted funds		-	12,261
Unrestricted income funds			
Unrestricted funds		483,065	375,637
Total funds	16	483,065	387,898

The financial statements on pages 7 to 21 were approved by the trustees, and authorised for issue on ..... and signed on their behalf by:

.....
Derek Adlam
Trustee

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Nottinghamshire Mind

Cash Flow Statement for the Year Ended 31 March 2021

	Note	31 March 2021 £	31 March 2020 £
Cash flows from operating activities			
Net cash income		95,167	387,898
Adjustments to cash flows from non-cash items			
Depreciation		6,652	7,716
Investment income	5	(30)	(259)
Gain or loss on investments		(55)	171
Revaluation of fixed assets		-	(71,777)
		101,734	323,749
Working capital adjustments			
Decrease/(increase) in debtors	13	1,046	(6,462)
(Decrease)/increase in creditors	14	(2,011)	3,451
Net cash flows from operating activities		100,769	320,738
Cash flows from investing activities			
Interest receivable and similar income	5	29	247
Transfer in of tangible fixed assets	12	-	(200,939)
Transfer in of investments	15	-	(367)
Income from dividends	5	1	12
Net cash flows from investing activities		30	(201,047)
Net increase in cash and cash equivalents		100,799	119,691
Cash and cash equivalents at 1 April		119,691	-
Cash and cash equivalents at 31 March		220,490	119,691
Reconciliation of net cash flow to movement in net funds			
Increase in cash		100,799	119,691
Net funds at 1 April 2020		119,691	-
Net funds at 31 March 2021		220,490	119,691

All of the cash flows are derived from continuing operations during the above two periods.

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1 Accounting policies

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation
Nottinghamshire Mind meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Investment income

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

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Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants
Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	20% straight line
Computer equipment	33.3% straight line

Fixed asset investments
Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

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Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds		
	General £	Total 31 March 2021 £	Total 17 October 2018 to 31 March 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	41,900	41,900	-
Grants, including capital grants;			
Government grants	358,707	358,707	98,858
Grants from other charities	52,206	52,206	60,180
Other income from donations and legacies	41,299	41,299	62,309
	494,112	494,112	221,347

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3 Income from charitable activities

	Unrestricted funds		
	General	Total 31 March 2021	Total 17 October 2018 to 31 March 2020
	£	£	£
Client contributions & fees	18,304	18,304	68,882
Contracts	29,585	29,585	10,000
Restricted grants	-	-	32,256
Insurance claim	35,604	35,604	5,000
Room hire	127	127	2,421
Training	5,900	5,900	30,773
Sundry income	1,596	1,596	565
	91,116	91,116	149,897

4 Grants

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Bassetlaw CVS	28,000	-	28,000
NHS Bassetlaw CCG	52,000	-	52,000
Notts County Council	54,000	-	54,000
Severn Trent	32,000	-	32,000
Mind	14,206	-	14,206
NHS Foundation Trust	245,000	-	245,000
HMRC JRS Grant	5,707	-	5,707
Fryman	8,900	-	8,900
MS Society	5,000	-	5,000
Thomas Farr Charitable Trust	5,000	-	5,000
RAF Coningsby	2,000	-	2,000
AC Wollaton	1,000	-	1,000
Sundry Donations	41,299	-	41,299
	494,112	-	494,112

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5 Investment income

	Unrestricted funds		
	General £	Total 31 March 2021 £	Total 17 October 2018 to 31 March 2020 £
Income from dividends;			
Dividends receivable from other listed investments	1	1	12
Interest receivable and similar income;			
Interest receivable on bank deposits	29	29	247
	30	30	259

6 Other income

	Total 31 March 2021 £	Total 17 October 2018 to 31 March 2020 £
Opening transfer	-	360,626

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7 Expenditure on charitable activities

	Unrestricted General funds £	Restricted funds £	Total 31 March 2021 £	Total 17 October 2018 to 31 March 2020 £
Activities & materials	8,015	-	8,015	9,340
Affiliations & licences	674	-	674	1,093
Bank charges & fees	99	-	99	974
Cleaning & hygiene	3,519	-	3,519	844
Depreciation	6,652	-	6,652	7,716
Donations paid	-	-	-	752
Equipment & maintenance	17,929	-	17,929	7,412
Freelance training delivery	10,190	-	10,190	6,000
Fundraising & publicity	1,644	-	1,644	863
Hospitality & gifts	435	-	435	849
Household & refreshments	1,493	-	1,493	1,530
Insurance	3,826	-	3,826	3,060
IT, database & website	4,831	-	4,831	6,791
Legal & professional fees	2,911	-	2,911	2,224
MIMS food	-	-	-	3,516
Payroll, bookkeeping & accounts	3,690	-	3,690	4,125
Premises maintenance & security	11,194	4,665	15,859	2,671
Printing, postage & stationery	8,674	-	8,674	7,395
Rent & room hire	5,383	2,668	8,051	10,656
Sessional & agency staff	-	-	-	2,166
Salaries, NI & pension	352,821	4,928	357,749	305,690
Staff training & supervision	2,571	-	2,571	929
Staff travel & subsistence	3,490	-	3,490	10,097
Sundry expenses	110	-	110	98
Telephone	11,129	-	11,129	8,277
Volunteer & trustees' expenses	191	-	191	3,016
Utilities & rates	5,505	-	5,505	7,753
Online counselling & support	10,909	-	10,909	-
	477,885	12,261	490,146	415,837

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	31 March 2021 £	31 March 2020 £
Depreciation of fixed assets	(6,652)	(7,716)

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9 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Dawn Betts
£Nil (2020: £32) of travel expenses were reimbursed to Dawn Betts during the year.

John Hunter
£Nil (2020: £68) of travel expenses were reimbursed to John Hunter during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	31 March 2020 £
Staff costs during the year were:		
Wages and salaries	335,775	281,082
Social security costs	17,501	14,684
Pension costs	4,473	3,564
Redundancy payments	-	6,360
	357,749	305,690

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	31 March 2021 No	31 March 2020 No
Average number of employees	20	20

16 (2020 - 16) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,473 (2020 - £3,564).

During the year, the charity made redundancy and/or termination payments which totalled £Nil (2020 - £6,360).

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £92,098 (2020 - £93,414).

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11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2020	358,740	7,146	1,366	367,252
At 31 March 2021	358,740	7,146	1,366	367,252
Depreciation				
At 1 April 2020	93,740	7,146	1,366	102,252
Charge for the year	6,652	-	-	6,652
At 31 March 2021	100,392	7,146	1,366	108,904
Net book value				
At 31 March 2021	258,348	-	-	258,348
At 31 March 2020	265,000	-	-	265,000

13 Debtors

	31 March 2021 £	31 March 2020 £
Trade debtors	2,000	233
Prepayments	3,172	2,669
Other debtors	244	3,560
	5,416	6,462

14 Creditors: amounts falling due within one year

	31 March 2021 £	31 March 2020 £
Other creditors	1,440	3,451

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15 Fixed asset investments

	31 March 2021 £	31 March 2020 £
Other investments	251	196

Other investments

	Listed investments £	Total £
Cost or Valuation		
At 1 April 2020	196	196
Revaluation	55	55
At 31 March 2021	251	251
Net book value		
At 31 March 2021	251	251
At 31 March 2020	196	196

16 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Other recognised gains/(losses) £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General fund	303,860	585,258	(477,885)	55	411,288
Revaluation reserve	71,777	-	-	-	71,777
	375,637	585,258	(477,885)	55	483,065
Restricted funds					
Awards For All (Salaries)	1,624	-	(1,624)	-	-
Boots (Salaries)	3,304	-	(3,304)	-	-
Flood	7,333	-	(7,333)	-	-
Total restricted funds	12,261	-	(12,261)	-	-
Total funds	387,898	585,258	(490,146)	55	483,065

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	Incoming resources £	Resources expended £	Transfers £	Other recognised gains/(losses) £	Balance at 31 March 2020 £
Unrestricted funds					
Unrestricted general funds					
General fund	334,247	(390,842)	360,626	(171)	303,860
Revaluation reserve	-	-	-	71,777	71,777
	334,247	(390,842)	360,626	71,606	375,637
Restricted funds					
Awards For All (Salaries)	9,744	(8,120)	-	-	1,624
Boots (Salaries)	9,912	(6,608)	-	-	3,304
Flood	17,600	(10,267)	-	-	7,333
Total restricted funds	37,256	(24,995)	-	-	12,261
Total funds	371,503	(415,837)	360,626	71,606	387,898

The specific purposes for which the funds are to be applied are as follows:

Awards for All - provision of Information Clinic Services.
Boots Charitable Trust - provision of Supportive Listening Service.
Flood - funding to support the charity whilst the Worksop building was closed due to flooding.

Last year was the first year of accounts for Nottinghamshire Mind. On the 31st March 2019, Bassetlaw Association for Mental Health Limited (Charity No 517589, Company No 01991226) and Central Nottinghamshire Association for Mental Health (Charity No 1078074, Company No 02292773) closed and transferred all their assets, liabilities and on-going activities to Nottinghamshire Mind, this is the value that you see transferred into general funds in the previous year.

17 Analysis of net assets between funds

	Unrestricted funds	31 March 2021
	General £	Total funds £
Tangible fixed assets	258,348	258,348
Fixed asset investments	251	251
Current assets	225,906	225,906
Current liabilities	(1,440)	(1,440)
Total net assets	483,065	483,065

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	Unrestricted funds		
	General	Restricted funds	31 March 2020 Total funds
	£	£	£
Tangible fixed assets	265,000	-	265,000
Fixed asset investments	196	-	196
Current assets	113,892	12,261	126,153
Current liabilities	(3,451)	-	(3,451)
Total net assets	375,637	12,261	387,898

18 Independent examiner's fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	Year ended 31 March 2021	17 October 2018 to 31 March 2020
	£	£
Independent examination	1,200	1,200
Other financial services	1,938	2,051
	3,138	3,251

19 Related party transactions

There were no related party transactions in the year.

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