

Charity Registration No. 1180302

FLOW CHURCH

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

FLOW CHURCH

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Flow Church

Legal and Administrative Information

Charity Number	1180302
Date of Registration	12th October 2018
End of Financial Year	31st December 2024

Trustees

The following Trustees served during the year:

Sarah Harvey
James McKean
Samual Phillips
Mark Rattansingh

Governing Document	Constitution of a Charitable Incorporated Organisation Dated 8th October 2018
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Charitable Objects:

The objective of the CIO is, for the public benefit, the advancement of the Christian faith in Surrey and such other parts of the United Kingdom and the world as the Charity Trustees may from time to time decide.

Principle Address & Registered Office	23 Kings Quarter London Road Binfield Bracknell Berkshire RG42 4FG
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Bankers	Barclays Bank UK Plc
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Independent Examiner	Michael Homer AFA MIPA MCH Accountants Ltd 68 Charlton Road Andover Hampshire SP10 3JN
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Trustees' Annual Report for the period

From 1st Jan 2024 To 31 Dec 2024

Charity name: Flow Church

Charity registration number: 1180302

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of the Christian Faith in Surrey and the UK and the world as trustees may from time to time decide
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Running and organising of Sunday services and community activities. Running an online Friday night meeting. Pastoral care and council for members. Missions work, including organised trips.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting objectives and planning activities, the Trustees have given due consideration to the guidance published by the Charity Commission relating to public benefit

Additional information (optional)

	SORP reference	
Policy on grant making	Para 1.38	Currently do not have one
Policy on social investment including program related investment	Para 1.38	Currently do not have one
Contribution made by volunteers	Para 1.38	Running of Friday night online meeting; Sunday services;
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Flow Church runs 2 locations in Surrey area to help expand the Flow Charity and provide better care for people nearer there home. Flow Church organised over 5 European mission trips with over 20 individuals going on at least one of those trips. The trips helped local churches provide care for refugees, gypsy communities, Church congregations and youth. Flow ran equipping and educational events around the beliefs and practices of the Christian Faith.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Current Income: £99,147 Current Expenditure: £97,427
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	To hold 3 months of expenditure
Amount of reserves held	Para 1.22	£10,275
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from church members
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not relevant
A description of the principal risks facing the charity	Para 1.46	Financial status gets discussed at every Trustee meeting. Current risks are rising cost of living affecting the people
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of CIO
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected and elected according to the provisions set out in the constitution document

Additional information (optional)

Policies and procedures adopted for the induction and training of trustees	Para 1.51	No policy in place yet
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Kerith Church is the Church we were planted from. We have a good relationship with them and they support us with advice and support when
Relationship with any related parties	Para 1.51	The trustees and leadership team are supported by an external body , made up of three members who are experienced in giving advice on charity governance and ministry oversight within churches

Declarations

The trustees declare that they have approved the trustees' report above.

Signature(s)	<i>James McKean</i>
Full name(s)	<i>James Andrew McKean</i>
Position (eg Secretary, Chair)	<i>Chair or Trustees</i>
Date	<i>09/10/25</i>

Flow Church

Independent Examiner's Report

I report to the charity trustees on my examination of the accounts of the Charitable Incorporated Organisation for the year ended 31 December 2024

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Michael Homer AFA MIPA

Independent Examiner for and on behalf of
MCH Accountants Ltd
68 Charlton Road
Andover
Hampshire
SP10 3JN

Dated: 30th September 2025

Flow Church

Statement of Financial Activities for the year ended 31st December 2024
(Including income and expenditure account)

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Income from:					
Donations and gifts	5a	99,032	-	99,032	100,846
Charitable Activities	5b	115	-	115	28
Total Income		<u>99,147</u>	<u>-</u>	<u>99,147</u>	<u>100,874</u>
Expenditure on:					
Charitable Activities	6	97,427	-	97,427	113,486
Total Expenditure		<u>97,427</u>	<u>-</u>	<u>97,427</u>	<u>113,486</u>
Net incoming/(outgoing) resources for the year		<u>1,720</u>	<u>-</u>	<u>1,720</u>	- 12,612
Total Funds brought forward at 1 January 2024		8,555	-	8,555	21,167
Total Funds carried forward at 31 Dec 2024		<u>10,275</u>	<u>-</u>	<u>10,275</u>	<u>8,555</u>

All the church's operations are classed as continuing.

There are no recognised gains or losses other than those reported on the Statement of Financial Activities.

The notes on pages 9 to 12 form part of these financial statements.

Flow Church
Charity Registration No. 1180302

Balance Sheet as at 31st December 2024

	Notes	2024 £	2023 £
Non Current Assets			
Tangible Fixed Assets	3	-	607
Other Assets	4	-	-
		<u>-</u>	<u>607</u>
Current Assets:			
Debtors and Prepayments	8	2,680	6,513
Cash at bank and in hand		8,998	4,282
Total Current Assets		<u>11,678</u>	<u>10,795</u>
Current Liabilities:			
Creditors: amounts falling due within one year	9	- 1,403	- 2,847
Net Current Assets		<u>10,275</u>	<u>7,948</u>
Total Net Assets		<u>10,275</u>	<u>8,555</u>
Income Funds			
General Fund		10,275	8,555
Restricted Funds	7	-	-
Total Funds	12	<u>10,275</u>	<u>8,555</u>

The notes on pages 9 to 12 form part of these financial statements.

Approved by the Trustees on the

Signed on their behalf by

Trustee

Flow Church

Notes to the Financial Statements for the year ended 31st December 2024

1. Accounting Policies

Basis of Preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2023) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Flow Church meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Income

Income is recorded on the Statement of Financial Activities (SOFA) when it becomes probable the charity will receive the income, the charity becomes entitled to the income and the amount of income due to be received can be measured

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to that category. They include irrecoverable VAT. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources. Governance costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the Charity to discharge them.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates to write off the cost less estimated residual value of each asset over its expected useful life as follows:

All Equipment 25% straight Line

Assets costing less than £1000 are expended within the SOFA.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments. The Trustees seek to use short and medium term deposits where possible to maximise the return on monies held at the bank and to manage cash flow.

Pensions

The charity offers a defined contribution pension to all eligible staff and, at the Trustees' discretion, to other paid staff. At the year end there were contributions of £333 outstanding.

Funds

General funds are unrestricted funds which are available for use at the discretion of the directors in furtherance of the general objectives of the charity and which have not been designated for any other purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2. Cash Flow

Under section 7 of FRS102 in relation to the Cash Flow statement, exemption has been claimed on the basis that Flow Church is a small charity.

Flow Church

Notes to the Financial Statements for the year ended 31st December 2024 (continued)

3. Tangible Fixed Assets		Equipment £
Cost	1st January 2024	3,630
Additions		-
Cost at	31st December 2024	<u>3,630</u>
Depreciation	1st January 2024	3,023
Charge for year		607
Depreciation at	31st December 2024	<u>3,630</u>
Net book value	31st December 2024	<u>-</u>
Net book value	31st December 2023	<u>607</u>

4. Other Assets

None

5. Income	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
a) Voluntary Income				
Gift Aided Donations	67,929	-	67,929	67,278
Gift Aid Tax Refund	15,315	-	15,315	15,578
Other Donations	15,788	-	15,788	17,990
	<u>99,032</u>	<u>-</u>	<u>99,032</u>	<u>100,846</u>
b) Charitable Activities				
Mission Trip	-	-	-	-
Activities and Events	-	-	-	-
Other Income	115	-	115	28
	<u>115</u>	<u>-</u>	<u>115</u>	<u>28</u>
Total Income	<u>99,147</u>	<u>-</u>	<u>99,147</u>	<u>100,874</u>

Of the £100,874 total income for the year to 31 December 2023, £100,874 was unrestricted

Flow Church

Notes to the Financial Statements for the year ended 31st December 2024 (continued)

6. Expenditure	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Charitable Activities:				
Misssion & Events	15,373	-	15,373	7,411
Youth and Children	-	-	-	-
Sunday Meetings	5,393	-	5,393	3,477
Rent & Repairs	8,567	-	8,567	37,490
Office & Administration	6,244	-	6,244	6,409
Salaries & Expenses	60,780	-	60,780	57,659
Accountant Fees	1,070	-	1,070	1,040
Total Expenditure:	97,427	-	97,427	113,486

Support Costs included in the above consist of:

Salaries	6,078	-	6,078	5,766
Office and Administration	6,244	-	6,244	6,409
Governance Costs	1,070	-	1,070	1,040
Total	13,392	-	13,392	13,215

Support costs include 10% of total staffing costs

Governance costs in 2023 and 2024 consist entirely of fees due to the independent examiner in respect of examination services.

7. Restricted Funds	Balance at 31-Dec-23	Income	Expenditure	Balance at 31-Dec-24
	£	£	£	£
None	-	-	-	-
Total	-	-	-	-

The Restricted Funds are wholly represented by the charity's cash reserves.

Restricted Funds are held for the following purposes:

None

8. Debtors and Prepayments	2024	2023
	£	£
Gift Aid Recoverable	1,361	3,677
Prepayments	1,319	2,836
Total	2,680	6,513

9. Creditors and Accruals: amounts due within one year	2024	2023
	£	£
Creditors	-	1,474
Independent Examiner's Fees	1,070	1,040
Pensions payable	333	333
Total	1,403	2,847

Flow Church

Notes to the Financial Statements for the year ended 31st December 2024 (continued)

10. Staff Costs

The Charity employed three members of staff (2023: two) during the year. The costs were:

	2024 £	2023 £
Gross Salaries & Employers NIC	54,975	51,667
Employers Pension Contributions	3,996	2,583
Total	58,971	54,250

2023 Note: Gross Salary and Employers Pension split restated
There are no employees with emoluments over £60,000

11. Trustees and related parties

During the financial period, in furthering the charity's objectives, Mr Samuel Phillips (Trustee) was employed as a part time Assistant Pastor and received a salary of £1586 and a company controlled by Mr Samuel Phillips received £2100 for services to Flow Church. These are in accordance with the CIO constitution.

12. Net Assets between Funds

	Unrestricted funds £	Restricted funds £	Total 2024 £
Fund balances at 31 December 2024 are represented by:			
Non Current Assets	-	-	-
Current Assets	11,678	-	11,678
Current Liabilities	- 1,403	-	- 1,403
Total	10,275	-	10,275

	Unrestricted funds £	Restricted funds £	Total 2023 £
Fund balances at 31 December 2023 are represented by:			
Fixed Assets	607	-	607
Current Assets	10,794	-	10,794
Current Liabilities	- 2,846	-	- 2,846
Total	8,555	-	8,555

13. Operating Leases

None