

**ANNUAL REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**



**MUMA NURTURE**

(Charitable Incorporated Organisation)

**CHARITY REGISTRATION No: 1180220**

Castle View Accounting Ltd  
New Barn  
Mudberry Lane  
Bosham  
Chichester  
West Sussex  
PO18 8TS

**MUMA NURTURE**  
(Charitable Incorporated Organisation)

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# **MUMA NURTURE**

(Charitable Incorporated Organisation)

## **LEGAL AND ADMINISTRATIVE INFORMATION**

<b>CHARITY NUMBER</b>	1180220
<b>DATE OF REGISTRATION</b>	5th October 2018
<b>START OF FINANCIAL YEAR</b>	1st October 2020
<b>END OF FINANCIAL YEAR</b>	30th September 2021
<b>TRUSTEES AT 30TH SEPTEMBER 2021</b>	Ann Nijhuis Kelly Clarke Karen Deane
<b>LEGAL STATUS</b>	Charitable Incorporated Organisation
<b>GOVERNING INSTRUMENT</b>	CIO - Foundation Registered 5th October 2018

### **OBJECTS**

The preservation and protection of good health among people resident in Sussex, who are experiencing or who have experienced, infertility or pregnancy or perinatal loss in particular but not exclusively by: a) The provision of counselling, therapies and support for those suffering any mental or physical illness as a result of these experiences. b) Undertaking research in to subject of infertility, pregnancy and perinatal loss and its effect on potential parents, whether physical, psychological or social, the useful results of which will be disseminated for the public benefit.

<b>CORRESPONDENCE ADDRESS</b>	47 Baldslow Down Westfield St Leonards on Sea East Sussex TN37 7NJ
<b>PRIMARY BANKERS</b>	Metro Bank One Southampton Row London WC1B 5HA
<b>INDEPENDENT EXAMINERS</b>	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS



# **MUMA NURTURE**

(Charitable Incorporated Organisation)

## **TRUSTEES' REPORT FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

### **Aims and Objectives**

The preservation and protection of good health among people resident in Sussex, who are experiencing, or who have experienced, infertility or pregnancy or perinatal loss in particular but not exclusively by:

a) the provision of counselling, therapies and support for those suffering any mental or physical illness as a result of these experiences.

b) undertaking research into the subject of infertility, pregnancy and perinatal loss and its effects on potential parents, whether physical, psychological or social, the useful results of which will be disseminated for the public benefit.

This year of October 2020 to September 2021 has been one of turbulence and uncertainty for everyone not least us here at Muma Nurture. During this time the Trustees have endeavoured to follow all charity commissions guidelines and rulings, still making sure our services are being utilised in the most efficient and beneficial way possible.

Lock down continued for a large part of this year and we continued to work on line with clients as the previous year, and have reported back to us that they gained at least as much from the sessions and in a lot of cases more as the stress of getting somewhere outside the home was removed.

We also had funding applications agreed from various sources which allowed us to continue to work and plan a future. Having closed one office in the previous year we were able, as soon as allowed, to look for new premises and found a smaller office still in Eastbourne which allowed us to have volunteers back working with us, and a place for face-to-face counselling if the client wished, very few did at that time. We also continued with the online Community Support Group, which we have been running for some time, and is a life line for our clients especially if they feel one to one counselling is too much.

During this period, we also took part in a government Kickstart scheme to get young unemployed back into work. This enabled us to pay two young people to assist in the office. They were mainly dealing with fund raising and awareness raising. Their salaries being met by the scheme. Unfortunately, this did not last as long as we would have liked as although a lot of time and training was given, working independently seemed to be beyond the young people. Towards the end of the year, it was agreed that an 'event manager' specialist was to join the team on a part time basis on a small salary. This has proven to be a really good decision and she has helped move our fundraising on. My thanks go to her for her enthusiasm and ability to solve seemingly insolvable problems.

During this year fund raising events were still difficult, and many major events cancelled. It was not until the end of the year that the possibility of running social fundraisers was re-introduced. We were able to attend Hailsham Live, Eastbourne Pride, and Beacon Charity Comedy night, though all of these events were on a much reduced scale and this was reflected in the finances. Our most successful event this year was in September, with our sponsored 'Empty Pram Push' a sponsored walk along the whole of the Eastbourne Sea front promenade pushing empty prams to highlight not all pregnancy's end with a baby. Our walkers worked extremely hard to gather as many sponsors as possible and made a fantastic total of over a thousand pounds. My thanks go to all those that took part and all those that sponsored.

Our senior counsellor continued with additional studies this year on line, of course, and I am pleased to report she has passed her qualification in Counsellor Supervision thus enabling us to use other counsellors and offer in house supervision which all therapists must attend in line with their industry guidelines. We are currently looking at working with training specialist to offer placement positions, which enable trainees to build their qualification hours.

Our Senior therapist and co Ordinator has though out this time worked tirelessly for our charity and recognition of her dedication and hard work are due. My personal thanks go to all those that supported us in this difficult time, to those who worked so hard the seen and the unseen, Thank you.

Annie Nijhuis (Chair of Trustees)



**MUMA NURTURE**  
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

**Trustees' Responsibilities**

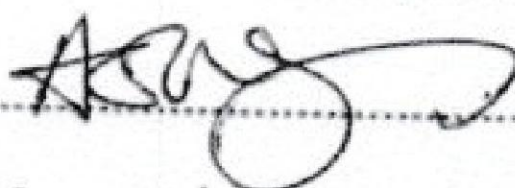
The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 24/6/2022 AEA

Signed on their behalf by Trustee



Printed Name:

A. E. Nijhuis



# MUMA NURTURE

(Charitable Incorporated Organisation)

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH SEPTEMBER 2021

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £	TOTAL 2019/20 £
<b>INCOMING RESOURCES</b>					
<b>Incoming Resources from Generated Funds</b>					
Donations, Grants & Legacies	3a	32,118	-	32,118	32,177
Charitable Activities	3b	5,828	-	5,828	660
Activities for Generating Funds	3c	3,206	-	3,206	6,930
Investment Income	3d	30	-	30	-
Other Incoming Resources	3e	34	-	34	561
<b>TOTAL INCOMING RESOURCES</b>		<b>41,215</b>	<b>-</b>	<b>41,215</b>	<b>40,329</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs of Generating Funds</b>					
Cost of Charitable Activities	4a	39,277	-	39,277	35,189
Cost of Generating Funds	4b	500	-	500	326
Governance Costs	4c	575	-	575	480
<b>TOTAL RESOURCES EXPENDED</b>		<b>40,352</b>	<b>-</b>	<b>40,352</b>	<b>35,995</b>
<b>NET INCOMING (OUTGOING) RESOURCES</b>		<b>864</b>	<b>-</b>	<b>864</b>	<b>4,334</b>
Funds Brought Forward		8,508	-	8,508	4,174
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>9,372</b>	<b>-</b>	<b>9,372</b>	<b>8,508</b>

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 8 to 13 form part of these financial statements.



**MUMA NURTURE**  
(Charitable Incorporated Organisation)

**BALANCE SHEET**  
**AS AT 30TH SEPTEMBER 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total 30-Sep-21 £	Total 30-Sep-20 £
<b>Fixed Assets</b>					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
<b>Total Fixed Assets</b>		-	-	-	-
<b>Current Assets</b>					
Debtors & Prepayments	8	-	-	-	-
Cash at Bank and in Hand	7	9,947	-	9,947	8,988
<b>Total Current Assets</b>		<b>9,947</b>	<b>-</b>	<b>9,947</b>	<b>8,988</b>
<b>Creditors: Amounts falling due within one year</b>	9	575	-	575	480
<b>NET CURRENT ASSETS</b>		9,372	-	9,372	8,508
<b>TOTAL ASSETS less current liabilities</b>		<b>9,372</b>	<b>-</b>	<b>9,372</b>	<b>8,508</b>
<b>Creditors: Amounts falling due in more than one year</b>	10	-	-	-	-
<b>NET ASSETS</b>		<b>9,372</b>	<b>-</b>	<b>9,372</b>	<b>8,508</b>
<b>Funds of the Charity</b>					
General Funds					
Restricted Funds	5	9,372	-	9,372	8,508
<b>Total Funds</b>		<b>9,372</b>	<b>-</b>	<b>9,372</b>	<b>8,508</b>

Approved by the Trustees on 24/6/22

Signed on their behalf by Trustee A. Nijhuis

Printed Name:

A. Nijhuis



**MUMA NURTURE**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30TH SEPTEMBER 2021**

**1. ACCOUNTING POLICIES**

**Basis of Preparation & Assessment of Going Concern**

**Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

**Assessment of Going Concern**

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Incoming Resources**

**Recognition of Incoming Resources**

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

**Incoming Resources with Related Expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

**Grants and Donations**

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

**Tax Reclaims on Donations and Gifts**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Contractual Income and Performance Related Grants**

This is only included in the SOFA once the related goods or services has been delivered.

**Gifts in Kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

**Donated Services and Facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**Volunteer Help**

The value of any voluntary help received is not included in the accounts.

**Investment Income**

This is included in the accounts when receivable.

**Investment Gains and Losses**

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.



# MUMA NURTURE

(Charitable Incorporated Organisation)

## NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30TH SEPTEMBER 2021

### 1. ACCOUNTING POLICIES (continued)

#### Expenditure and Liabilities

##### Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

##### Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

##### Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

##### Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

##### Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

##### Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

##### Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

##### Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

##### Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

##### Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Reducing Balance Basis
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### 2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

30th September 2021 : None  
30th September 2020 : None



# MUMA NURTURE

(Charitable Incorporated Organisation)

## NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30TH SEPTEMBER 2021

### 3. INCOMING RESOURCES

	Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £	TOTAL 2019/20 £
<b>a) Donations, Grants &amp; Legacies</b>				
Gifts & Donations	304	-	304	969
Grants	31,814	-	31,814	31,208
	<b>32,118</b>	<b>-</b>	<b>32,118</b>	<b>32,177</b>
<b>b) Charitable Activities</b>				
Client Income	1,050	-	1,050	660
Work Placement	4,778	-	4,778	-
	<b>5,828</b>	<b>-</b>	<b>5,828</b>	<b>660</b>
<b>c) Activities for Generating Funds</b>				
Lottery Income	681	-	681	1,442
Fundraising Income	2,525	-	2,525	3,609
Rental Income	-	-	-	1,880
	<b>3,206</b>	<b>-</b>	<b>3,206</b>	<b>6,930</b>
<b>d) Investment Income</b>				
Interest	30	-	30	-
	<b>30</b>	<b>-</b>	<b>30</b>	<b>-</b>
<b>e) Other Incoming Resources</b>				
Sundry Income	34	-	34	561
	<b>34</b>	<b>-</b>	<b>34</b>	<b>561</b>



# MUMA NURTURE

(Charitable Incorporated Organisation)

## NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30TH SEPTEMBER 2021

### 4. RESOURCES EXPENDED

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2020/21 £	TOTAL 2019/20 £
<b>a) Cost of Charitable Activities</b>					
Advertising & Publicity		280	-	280	117
Bank Charges		-	-	-	9
Equipment Costs		366	-	366	2,801
Insurance Costs		837	-	837	615
Networking Costs		160	-	160	40
Office Costs		723	-	723	4,479
Postage & Stationery		46	-	46	1,104
Refreshment Costs		29	-	29	134
Rent & Rates		1,337	-	1,337	8,522
Staff Costs	11	31,843	-	31,843	9,340
Sundry Expenses		1	-	1	206
Therapist Costs		2,046	-	2,046	7,728
Training Costs		1,500	-	1,500	94
Utilities		110	-	110	-
		<b>39,277</b>	<b>-</b>	<b>39,277</b>	<b>35,189</b>
<b>b) Cost of Generating Funds</b>					
Fundraising Costs		500	-	500	326
		<b>500</b>	<b>-</b>	<b>500</b>	<b>326</b>
<b>c) Governance Costs</b>					
Independent Examiners Fees	9	575	-	575	480
		<b>575</b>	<b>-</b>	<b>575</b>	<b>480</b>



## MUMA NURTURE

(Charitable Incorporated Organisation)

### NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30TH SEPTEMBER 2021

#### 5. RESTRICTED FUNDS

The CIO held no restricted fund during this or the previous financial period.

#### 6. INVESTMENTS

The CIO held no fixed assets investments during this or the previous financial period.

#### 7. CASH AT BANK AND IN HAND

	Unrestricted Fund £	Restricted Fund £	Total 30-Sep-21 £	Total 30-Sep-20 £
Cash at Bank & in Hand	9,947	-	9,947	8,988
	<b>9,947</b>	<b>-</b>	<b>9,947</b>	<b>8,988</b>

#### 8. DEBTORS AND PREPAYMENTS

	Unrestricted Fund £	Restricted Fund £	Total 30-Sep-21 £	Total 30-Sep-20 £
Sundry Debtors	-	-	-	-
	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

#### 9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund £	Restricted Fund £	Total 30-Sep-21 £	Total 30-Sep-20 £
Independent Examiners Fees	575	-	575	480
	<b>575</b>	<b>-</b>	<b>575</b>	<b>480</b>

#### 10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR

The CIO held no long term liabilities during this or the previous financial period.



## MUMA NURTURE

(Charitable Incorporated Organisation)

### NOTES TO THE FINANCIAL STATEMENTS (continued) FOR THE YEAR ENDED 30TH SEPTEMBER 2021

#### 11. STAFF COSTS AND NUMBERS

	TOTAL 2020/21 £	TOTAL 2019/20 £
Gross Wages and Salaries	31,843	9,340
Employer's National Insurance Costs	-	-
Pension Contributions	-	-
	<u>31,843</u>	<u>9,340</u>

Employees who were engaged in each of the following activities:

	TOTAL 2020/21	TOTAL 2019/20
Activities in furtherance of organisation's objects	1	1

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2019/20:None).

#### 12. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

#### 13. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

#### 14. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

#### 15. PUBLIC BENEFIT

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.



**MUMA NURTURE**  
(Charitable Incorporated Organisation)

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS**

Report to the trustees/ members of Muma Nurture on the accounts for the year ended 30th September 2021 set out on pages 6 to 13.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT  
Castle View Accounting Ltd  
New Barn  
Mudberry Lane  
Bosham  
Chichester  
West Sussex  
PO18 8TS

  
Date: 25th July 2022