

REGISTERED IN ENGLAND
REGISTERED CHARITY NO 1180137

WILFRID FABER COUNSELLING AND SUPPORT

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 01 JUNE 2025

Clenshaw Minns Ltd
Chartered Accountants

WILFRID FABER COUNSELLING AND SUPPORT
INFORMATION
FOR THE YEAR ENDED 01 JUNE 2025

Trustees	B Tussaud C Hornsby R McHardy J Large A Shenkman
Charity number	1180137
Principal office	Brompton Oratory Brompton Road London SW7 2RP
Accountants	Clenshaw Minns Ltd Chartered Accountants Norfolk House 24 Market Place Swaffham Norfolk PE37 7QH

WILFRID FABER COUNSELLING AND SUPPORT

CONTENTS

	Page
Trustees' annual report	1-3
Independent examiner's report	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7-11

WILFRID FABER COUNSELLING AND SUPPORT

TRUSTEES' REPORT FOR THE YEAR ENDED 01 JUNE 2025

OBJECTIVES AND ACTIVITIES

Aims & Objectives

WFCS was set up to offer support to those who may otherwise be unable to seek the help they need. Our clients have a broad spectrum of complex needs, from relationship issues, to anxiety, bereavement, suicidal ideation and feeling directionless, among many others.

Main activities for achieving objectives

- Work experience and training for newly qualified psychotherapists (volunteers)
- Our volunteers cater for different personalities, emotional requirements and cultural experiences.
- Assessment of those seeking help (clients)
- Allocation of clients to a volunteer for six counselling sessions, more if required
- Close supervision of volunteers

ACHIEVEMENTS AND PERFORMANCE

Review of activities

The year 2024 to 2025 saw an increase in applications for support and yet again the presenting issues were of a more medicalised nature more than in the previous year. Over 90% of our applicants stating anxiety as the main presenting issue.

The national narrative has created a lot of instability for people and this is reflected in how they are managing their mental health.

The ability and willingness of the applicants to pay for support is less disappointing than last year, but we still have to rely heavily on private donations; with this in mind we introduced a new management system which seems to be having results. There was no large fundraiser as in the previous year.

Wilfrid's House has over the years gained a reputation for being a good placement for trainee therapists and we have been privileged to have had very sound and dedicated volunteers; the quality of our trainees is quite outstanding now.

The team of supervisors and clinical assessors do an amazing job in supporting and facilitating the work of our volunteers; their dedication is outstanding.

The small management team work tirelessly and without them Wilfrid's House would not be able to function in the way it does. Our part time admin team has worked tirelessly to ensure our systems are correct and in line with the requirements of the training institutions our volunteers come from.

We have up to 45 volunteers and in the last year we have given over 5000 clinical hours of support. We also consult the medical and physical faculty at Imperial College and we have now formed a relationship with Gray's Inn to support trainee barristers.

We run training for our volunteers and we complete workshops in various educational settings.

WILFRID FABER COUNSELLING AND SUPPORT

TRUSTEES' REPORT FOR THE YEAR ENDED 01 JUNE 2025

There has been an increase in people wanting online work and this has enabled us to see more clients.

We have formed a relationship with Farm Street Church and they allow us to use space there to see our clients, which has helped enormously.

It is a privilege to be able support many people and also to support the development of future psychologist and therapists.

I would like to thank the Fathers at Oratory House for their generous support with use of rooms and my fellow trustees.

FINANCIAL REVIEW

Going concern and reserves policy

The Trustees have carefully considered all available information on the finances and operations of the company for 12 months from the time of approving these financial statements. In particular they have had regard to information from budgets and forecasts for income, expenditure and cash-flow, including the availability of unrestricted funds and reserves, credit facilities and any other forms of financial assistance.

The Trustees of Wilfrid Faber Counselling and Support have determined that:

- reserves are required both to smooth out fluctuations in income and expenditure, and to maintain an ability to respond to urgent needs.
- this policy will be reviewed annually.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Wilfrid Faber Counselling and Support is a Charitable Incorporated Organisation, number 1180137 and is constituted under the Charity Commission Scheme and a Trust Deed. The trustees are appointed or reappointed annually at the Annual General Meeting.

PLANS FOR THE FUTURE

Future developments

The Charity plans to continue its activities for the foreseeable future.

DECLARATION

The Trustees declare that they have approved the above trustees' report.

WILFRID FABER COUNSELLING AND SUPPORT

TRUSTEES' REPORT
FOR THE YEAR ENDED 01 JUNE 2025

Signed on behalf of the charity's trustees:

Signature(s)	<div>Signed by: B Tussand BD8658080B0A435...</div>	
Full name(s)	Bridget Tussand	
Position (e.g. Secretary, Chair, etc)	Chair	
Date	31-03-2026	

WILFRID FABER COUNSELLING AND SUPPORT

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 01 JUNE 2025

I report to the charity trustees on my examination of the accounts of the charity for the period ended 01 June 2025 which are set out on pages 5 to 11.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Date

Gavin Minns F.C.A.

Clenshaw Minns Ltd
Chartered Accountants
Norfolk House
24 Market Place
Swaffham
PE37 7QH

WILFRID FABER COUNSELLING AND SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 01 JUNE 2025

	Notes	Unrestricted funds £	Total funds 2025 £	Total funds 2024 £
Incoming resources				
Income and endowments from:				
Charitable activities	2	112,698	112,698	134,672
Total incoming resources		112,698	112,698	134,672
Resources expended				
Charitable activities	3	102,351	102,351	138,732
Other costs	4	1,468	1,468	3,396
Total resources expended		103,819	103,819	124,378
Net income/(expenditure)		8,879	8,879	(7,456)
Net movement in funds		8,879	8,879	(7,456)
Total funds brought forward		2,056	2,056	9,512
Total funds carried forward		10,935	10,935	2,056

WILFRID FABER COUNSELLING AND SUPPORT

BALANCE SHEET
AS AT 01 JUNE 2025

	Notes	Unrestricted funds £	Total funds 2024/5 £	Total funds 2024 £
Fixed assets				
Tangible assets	7	1,398	1,398	1,516
Current assets				
Cash at bank and in hand	8	10,460	10,460	1,463
		<u>11,858</u>	<u>11,858</u>	<u>1,463</u>
Creditors: amounts falling due within one year	9	923	923	923
Net current assets / (liabilities)		<u>9,537</u>	<u>9,537</u>	<u>540</u>
Total assets less current liabilities		10,935	10,935	2,056
Total net assets		<u>10,935</u>	<u>10,935</u>	<u>2,056</u>
Total charity funds				
Unrestricted funds	11	10,935	10,935	2,056
		<u>10,935</u>	<u>10,935</u>	<u>2,056</u>

The financial statements were approved by the Trustees on 31 March 2026
and are signed on its behalf by:

Signed by:
Trustee B Tussand
BD866060B0A435...

The notes on pages 7 to 11 form part of these financial statements.

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2025

1. Accounting policies

1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

1.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income Tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 01 JUNE 2025

1.4 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives, on the following bases:

Fixtures & equipment - 15% straight line

2. Charitable activities

	Unrestricted Funds 2025 £	Unrestricted Funds 2024 £
Donations	112,698	134,672
	<hr/>	<hr/>
Total charitable income	112,698	134,672
	<hr/> <hr/>	<hr/> <hr/>

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 01 JUNE 2025**3. Charitable Expenditure**

	2025 £	2024 £
Direct Costs		
Supervision and assessment	57,371	43,261
Development and coaching	-	11,826
Volunteer Training	3,000	15,550
Training	-	11,361
Bereavement support	717	3,328
Medical costs	810	740
	<u>61,898</u>	<u>86,066</u>
Support Costs		
Administration	23,012	18,110
Computer and website	5,631	9,393
General and financial administration	4,378	17,250
Travel	2,255	5,495
General expenses	316	1,658
Subscriptions	3,326	124
Entertaining	850	636
Phones	685	-
	<u>40,453</u>	<u>52,666</u>
Total charitable expenditure	<u><u>102,351</u></u>	<u><u>138,732</u></u>

4. Other costs

	2025 £	2024 £
Accountancy	900	2,828
Depreciation	568	568
	<u>1,468</u>	<u>3,396</u>

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2025

5. Analysis of resources expended by expenditure type

	2025 £	2024 £
Counselling and support work	102,351	138,732
Other	1,468	3,396
	<u>103,819</u>	<u>142,128</u>

6. Analysis of resources expended by activities

	Direct costs 2025 £	Support costs 2025 £	Total 2025 £
Counselling and support work	<u>102,351</u>	<u>1,468</u>	<u>103,819</u>

7. Tangible fixed assets

	Fixtures and equipment	Total
Cost		
At 2 June 2024	3,788	3,788
Additions	450	450
Disposals	-	-
	<u>4,238</u>	<u>4,238</u>
At 1 June 2024		
Depreciation		
At 2 June 2024	2,272	2,272
Depreciation eliminated on disposal	-	-
Charge for the year	568	568
	<u>2,840</u>	<u>2,840</u>
At 01 June 2025		
Net book value		
At 01 June 2025	<u>1,398</u>	<u>1,398</u>
At 02 June 2024	<u>1,516</u>	<u>1,516</u>

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2025

8. Cash at bank and in hand

	2025 £	2024 £
Current account	1,462	1,462

9. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals	923	923

10. Charity funds

	2025 £	2024 £
Opening funds	2,056	9,512
Net movement in funds for the period	8,879	(7,456)
Closing funds	10,935	2,056

Closing funds shown above are held on trust and in accordance with the restrictions contained in the Charity's Memorandum of Association.

11. Analysis of net assets between funds

	Unrestricted 2025 £	Unrestricted 2024 £
Tangible Fixed Assets	1,398	1,516
Current assets	10,460	1,463
Creditors due within one year	(923)	(923)
	10,935	2,056