

REGISTERED IN ENGLAND  
REGISTERED CHARITY NO 1180137

**WILFRID FABER COUNSELLING AND SUPPORT**

ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 01 JUNE 2024

Clenshaw Minns Ltd  
Chartered Accountants

WILFRID FABER COUNSELLING AND SUPPORT  
INFORMATION  
FOR THE YEAR ENDED 01 JUNE 2024

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|                  |  |
|------------------|--|
| Trustees         | B Tussaud<br>C Hornsby<br>R McHardy<br>J Large<br>A Shenkman   |
| Charity number   | 1180137  |
| Principal office | Brompton Oratory<br>Brompton Road<br>London<br>SW7 2RP   |
| Accountants      | Clenshaw Minns Ltd<br>Chartered Accountants<br>Norfolk House<br>24 Market Place<br>Swaffham<br>Norfolk<br>PE37 7QH |

WILFRID FABER COUNSELLING AND SUPPORT

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# WILFRID FABER COUNSELLING AND SUPPORT

## TRUSTEES' REPORT FOR THE YEAR ENDED 01 JUNE 2024

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### OBJECTIVES AND ACTIVITIES

#### Aims & Objectives

WFCS was set up to offer support to those who may otherwise be unable to seek the help they need. Our clients have a broad spectrum of complex needs, from relationship issues, to anxiety, bereavement, suicidal ideation and feeling directionless, among many others.

#### Main activities for achieving objectives

- Work experience and training for newly qualified psychotherapists (volunteers)
- Our volunteers cater for different personalities, emotional requirements and cultural experiences.
- Assessment of those seeking help (clients)
- Allocation of clients to a volunteer for six counselling sessions, more if required
- Close supervision of volunteers

### ACHIEVEMENTS AND PERFORMANCE

#### Review of activities

The year 2023 to 2024 saw an increase in applications for support and the presenting issues were of a more medicalised nature than in the previous year. The national narrative of and increase in mental health issues is certainly reflected in our cohort of applicants.

The ability or willingness of applicants to pay for their support, and we are very low cost has been disappointing, and we have had to rely very heavily on private donations.

Wilfrid's House has over the years gained a reputation for being a good placement for trainee therapists and we have been privileged to have had very sound and dedicated volunteers.

My team of supervisors and clinical assessors do an amazing job in supporting and facilitating the work of our volunteers. The small management team work extremely hard and without them Wilfrid's House would not be able to function in the way it does. Our part time admin team has worked tirelessly to ensure our systems are correct and in line with the requirements of the training institutions our volunteers come from.

At any one time we have between 30 and 37 volunteers, in the last year we have given over 4,700 clinical hours of support. We have also consulted to the Medical and Physics Faculty at Imperial College and have given talks on Mental Wellness to various other educational organisations.

It is a privilege to be able support many people and also to support the development of future psychologist and therapists.

I would like to thank the Fathers at Oratory House for their generous support with use of rooms and my fellow trustees.

WILFRID FABER COUNSELLING AND SUPPORT

TRUSTEES’ REPORT  
FOR THE YEAR ENDED 01 JUNE 2024

FINANCIAL REVIEW

Going concern and reserves policy

The Trustees have carefully considered all available information on the finances and operations of the company for 12 months from the time of approving these financial statements. In particular they have had regard to information from budgets and forecasts for income, expenditure and cash-flow, including the availability of unrestricted funds and reserves, credit facilities and any other forms of financial assistance.

The Trustees of Wilfrid Faber Counselling and Support have determined that:

- reserves are required both to smooth out fluctuations in income and expenditure, and to maintain an ability to respond to urgent needs.
- this policy will be reviewed annually.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution

Wilfrid Faber Counselling and Support is a Charitable Incorporated Organisation, number 1180137 and is constituted under the Charity Commission Scheme and a Trust Deed. The trustees are appointed or reappointed annually at the Annual General Meeting.

PLANS FOR THE FUTURE

Future developments

The Charity plans to continue its activities for the foreseeable future.

DECLARATION

The Trustees declare that they have approved the above trustees’ report.

Signed on behalf of the charity’s trustees:

Signature(s)

|  |  |
|--|--|
| <div>Signed by.<br/><br/>18C3F5D84D2746B...</div> |  |
|--|--|

Full name(s)

|               |  |
|---------------|--|
| Mrs B Tussaud |  |
|---------------|--|

Position (e.g. Secretary, Chair, etc)

|       |  |
|-------|--|
| Chair |  |
|-------|--|

Date

|            |
|------------|
| 31-03-2025 |
|------------|

## WILFRID FABER COUNSELLING AND SUPPORT

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 01 JUNE 2024

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I report to the charity trustees on my examination of the accounts of the charity for the period ended 01 June 2024 which are set out on pages 5 to 11.

#### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Date .....

Gavin Minns F.C.A.

Clenshaw Minns Ltd  
Chartered Accountants  
Norfolk House  
24 Market Place  
Swaffham  
PE37 7QH

# WILFRID FABER COUNSELLING AND SUPPORT

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 01 JUNE 2024

|                                    | Notes | Unrestricted<br>funds<br>£ | Total<br>funds<br>2024<br>£ | Total<br>funds<br>2023<br>£ |
|------------------------------------|-------|----------------------------|-----------------------------|-----------------------------|
| <b>Incoming resources</b>          |       |                            |                             |                             |
| <b>Income and endowments from:</b> |       |                            |                             |                             |
| Charitable activities              | 2     | 134,672                    | 134,672                     | 188,424                     |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| <b>Total incoming resources</b>    |       | 134,672                    | 134,672                     | 188,424                     |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| <b>Resources expended</b>          |       |                            |                             |                             |
| Charitable activities              | 3     | 138,732                    | 120,982                     | 179,049                     |
| Other costs                        | 4     | 3,396                      | 3,396                       | 1,219                       |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| <b>Total resources expended</b>    |       | 142,128                    | 124,378                     | 180,267                     |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| <b>Net income/(expenditure)</b>    |       | (7,456)                    | (7,456)                     | 8,156                       |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| <b>Net movement in funds</b>       |       | (7,456)                    | (7,456)                     | 8,156                       |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| Total funds brought forward        |       | 9,512                      | 9,512                       | 1,356                       |
|                                    |       | <hr/>                      | <hr/>                       | <hr/>                       |
| Total funds carried forward        |       | 2,056                      | 2,056                       | 9,512                       |
|                                    |       | <hr/> <hr/>                | <hr/> <hr/>                 | <hr/> <hr/>                 |

### Statement of Total Recognised Gains or Losses

The Charity had no recognised gains or losses other than the above income for the financial period ended 1 June 2024.

WILFRID FABER COUNSELLING AND SUPPORT

BALANCE SHEET  
AS AT 01 JUNE 2024

|   | Notes | Unrestricted<br>funds<br>£ | Total<br>funds<br>2024<br>£ | Total<br>funds<br>2023<br>£ |
|---|-------|----------------------------|-----------------------------|-----------------------------|
| <b>Fixed assets</b>                                       |       |                            |                             |                             |
| Tangible assets   | 7     | 1,516                      | 1,516                       | 2,084                       |
| <b>Current assets</b>                                     |       |                            |                             |                             |
| Cash at bank and in hand                                  | 8     | 1,463                      | 1,463                       | 9,179                       |
|   |       | 1,463                      | 1,463                       | 11,263                      |
| <b>Creditors: amounts falling<br/>due within one year</b> | 9     | 923                        | 923                         | 1,751                       |
| Net current assets / (liabilities)                        |       | 540                        | 540                         | 7,428                       |
| <b>Total assets less current liabilities</b>              |       | 2,056                      | 2,056                       | 9,512                       |
| <b>Total net assets</b>                                   |       | 2,056                      | 2,056                       | 9,512                       |
| <b>Total charity funds</b>                                |       |                            |                             |                             |
| Unrestricted funds  | 11    | 2,056                      | 2,056                       | 9,512                       |
|   |       | 2,056                      | 2,056                       | 9,512                       |

The financial statements were approved by the Trustees on 31-03-2025  
and are signed on its behalf by:

Signed by:  
Trustee .....  
18C3F5D84D2746B...

The notes on pages 6 to 10 form part of these financial statements.



# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2024

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### 1. Accounting policies

#### 1.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

#### 1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

#### 1.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income Tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

WILFRID FABER COUNSELLING AND SUPPORT

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 01 JUNE 2024

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1.4 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives, on the following bases:

Fixtures & equipment - 15% straight line

2. Charitable activities

|                         | Unrestricted<br>Funds<br>2024<br>£ | Unrestricted<br>Funds<br>2023<br>£ |
|-------------------------|------------------------------------|------------------------------------|
| Donations               | 134,672                            | 188,424                            |
|                         | _____                              | _____                              |
| Total charitable income | 134,672                            | 188,424                            |
|                         | =====                              | =====                              |

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2024

### 3. Charitable Expenditure

|                                      | 2024<br>£             | 2023<br>£             |
|--------------------------------------|-----------------------|-----------------------|
| <b>Direct Costs</b>                  |                       |                       |
| School Counselling                   | -                     | 65,289                |
| Supervision and assessment           | 43,261                | 22,840                |
| Development and coaching             | 11,826                | 12,184                |
| Placement Officer                    | -                     | 2,500                 |
| Training Programmes                  | -                     | 14,400                |
| Headmaster Training                  | -                     | 900                   |
| Senior Leadership Support            | -                     | 3,180                 |
| Volunteer Training                   | 15,550                | 1,209                 |
| Training                             | 11,361                | 10,550                |
| Bereavement support                  | 3,328                 | -                     |
| Medical costs                        | 740                   | -                     |
|                                      | <u>86,066</u>         | <u>133,052</u>        |
| <b>Support Costs</b>                 |                       |                       |
| Administration                       | 18,110                | 20,231                |
| Computer costs                       | 7,218                 | 4,836                 |
| General and financial administration | 17,250                | 10,250                |
| Fundraising                          | -                     | 2,495                 |
| Travel                               | 5,495                 | 6,997                 |
| General expenses                     | 1,658                 | 1,188                 |
| Website                              | 2,175                 | -                     |
| Subscriptions                        | 124                   | -                     |
| Entertaining                         | 636                   | -                     |
|                                      | <u>52,666</u>         | <u>45,997</u>         |
| Total charitable expenditure         | <u><u>138,732</u></u> | <u><u>179,049</u></u> |

### 4. Other costs

|              | 2024<br>£    | 2023<br>£    |
|--------------|--------------|--------------|
| Accountancy  | 2,828        | 651          |
| Depreciation | 568          | 568          |
|              | <u>3,396</u> | <u>1,219</u> |

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2024

### 5. Analysis of resources expended by expenditure type

|                              | 2024<br>£      | 2023<br>£      |
|------------------------------|----------------|----------------|
| Counselling and support work | 138,732        | 179,049        |
| Other                        | 3,396          | 1,219          |
|                              | <u>142,128</u> | <u>180,268</u> |

### 6. Analysis of resources expended by activities

|                              | Direct costs<br>2024<br>£ | Support costs<br>2024<br>£ | Total<br>2024<br>£ |
|------------------------------|---------------------------|----------------------------|--------------------|
| Counselling and support work | <u>86,066</u>             | <u>52,666</u>              | <u>138,732</u>     |

### 7. Tangible fixed assets

|                                     | Fixtures<br>and equipment | Total        |
|-------------------------------------|---------------------------|--------------|
| <b>Cost</b>                         |                           |              |
| At 2 June 2023                      | 3,788                     | 3,788        |
| Additions                           |                           |              |
| Disposals                           | -                         | -            |
|                                     | <u>3,788</u>              | <u>3,788</u> |
| At 1 June 2024                      | <u>3,788</u>              | <u>3,788</u> |
| <b>Depreciation</b>                 |                           |              |
| At 2 June 2023                      | 1,704                     | 1,704        |
| Depreciation eliminated on disposal | -                         | -            |
| Charge for the year                 | 568                       | 568          |
|                                     | <u>2,272</u>              | <u>2,272</u> |
| At 01 June 2024                     | <u>2,272</u>              | <u>2,272</u> |
| <b>Net book value</b>               |                           |              |
| At 01 June 2024                     | <u>1,516</u>              | <u>1,516</u> |
| At 02 June 2023                     | <u>2,084</u>              | <u>2,084</u> |

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 01 JUNE 2024

### 8. Cash at bank and in hand

|                 | 2024<br>£ | 2023<br>£ |
|-----------------|-----------|-----------|
| Current account | 1,462     | 9,179     |
|                 | =====     | =====     |

### 9. Creditors: amounts falling due within one year

|                 | 2024<br>£ | 2023<br>£ |
|-----------------|-----------|-----------|
| Trade creditors | -         | 828       |
| Accruals        | 923       | 923       |
|                 | 923       | 1,751     |
|                 | =====     | =====     |

### 10. Charity funds

|                                      | 2024<br>£ | 2023<br>£ |
|--------------------------------------|-----------|-----------|
| Opening funds                        | 9,512     | 1,356     |
| Net movement in funds for the period | (7,456)   | 8,156     |
|                                      | -----     | -----     |
| Closing funds                        | 2,056     | 9,512     |
|                                      | =====     | =====     |

Closing funds shown above are held on trust and in accordance with the restrictions contained in the Charity's Memorandum of Association.

### 11. Analysis of net assets between funds

|                               | Unrestricted<br>2024<br>£ | Unrestricted<br>2023<br>£ |
|-------------------------------|---------------------------|---------------------------|
| Tangible Fixed Assets         | 1,516                     | 2,084                     |
| Current assets                | 1,463                     | 9,179                     |
| Creditors due within one year | (923)                     | (1,751)                   |
|                               | -----                     | -----                     |
|                               | 2,056                     | 9,512                     |
|                               | =====                     | =====                     |