

REGISTERED IN ENGLAND  
REGISTERED CHARITY NO 1180137

**WILFRID FABER COUNSELLING AND SUPPORT**

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 01 JUNE 2022**

Clenshaw Minns Ltd  
Chartered Accountants

# WILFRID FABER COUNSELLING AND SUPPORT

## INFORMATION

FOR THE PERIOD ENDED 01 JUNE 2022

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<b>Trustees</b>	B Tussaud C Hornsby R Hardy J Large A Shenkman
<b>Charity number</b>	1180137
<b>Principal office</b>	Brompton Oratory Brompton Road London SW7 2RP
<b>Accountants</b>	Clenshaw Minns Ltd Chartered Accountants Norfolk House 24 Market Place Swaffham Norfolk PE37 7QH

# WILFRID FABER COUNSELLING AND SUPPORT

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# **WILFRID FABER COUNSELLING AND SUPPORT**

## **TRUSTEES' REPORT FOR THE PERIOD ENDED 01 JUNE 2022**

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### **OBJECTIVES AND ACTIVITIES**

#### **Aims & Objectives**

WFCS was set up to offer support to those who may otherwise be unable to seek the help they need. Our clients have a broad spectrum of complex needs, from relationship issues, to anxiety, bereavement, suicidal ideation and feeling directionless, among many others.

#### **Main activities for achieving objectives**

- Work experience and training for newly qualified psychotherapists (volunteers)
- Our volunteers cater for different personalities, emotional requirements and cultural experiences.
- Assessment of those seeking help (clients)
- Allocation of clients to a volunteer for six counselling sessions, more if required
- Close supervision of volunteers

### **ACHIEVEMENTS AND PERFORMANCE**

#### **Review of activities**

The accounts include income received and expenditure incurred in connection with counselling and support services.

### **FINANCIAL REVIEW**

#### **Going concern and reserves policy**

The Trustees have carefully considered all available information about the effect of the Covid-19 pandemic on the finances and operations of the company for 12 months from the time of approving these financial statements. In particular they have had regard to information from budgets and forecasts for income, expenditure and cash-flow, including the availability of unrestricted funds and reserves, credit facilities and any other forms of financial assistance.

The Trustees of Wilfrid Faber Counselling and Support have determined that:

- reserves are required both to smooth out fluctuations in income and expenditure, and to maintain an ability to respond to urgent needs.
- this policy will be reviewed annually.

# WILFRID FABER COUNSELLING AND SUPPORT

## TRUSTEES' REPORT FOR THE PERIOD ENDED 01 JUNE 2022

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### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Constitution

Wilfrid Faber Counselling and Support is a Charitable Incorporated Organisation, number 1180137 and is constituted under the Charity Commission Scheme and a Trust Deed. The trustees are appointed or reappointed annually at the Annual General Meeting.

### PLANS FOR THE FUTURE

#### Future developments

The Charity plans to continue its activities for the foreseeable future.

### DECLARATION

The Trustees declare that they have approved the above trustees' report.

Signed on behalf of the charity's trustees:

Signature(s)

B Tussaud	
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Full name(s)

BRIDGET	TUSSAUD
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Position (e.g. Secretary, Chair, etc)

TRUSTEE	
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Date

31/05/2023
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# WILFRID FABER COUNSELLING AND SUPPORT

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE PERIOD ENDED 01 JUNE 2022

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I report to the charity trustees on my examination of the accounts of the charity for the period ended 01 June 2022 which are set out on pages 5 to 11.

### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Date .....

Gavin Minns F.C.A.

Clenshaw Minns Ltd  
Chartered Accountants  
Norfolk House  
24 Market Place  
Swaffham  
PE37 7QH

# WILFRID FABER COUNSELLING AND SUPPORT

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 01 JUNE 2022

	Notes	Unrestricted funds £	Total funds 2022 £	Total funds 2021 £
<b>Incoming resources</b>				
<b>Income and endowments from:</b>				
Charitable activities	2	60,702	60,702	48,044
London Oratory School		-	-	84,766
<b>Total incoming resources</b>		<b>60,702</b>	<b>60,702</b>	<b>132,810</b>
<b>Resources expended</b>				
Charitable activities	3	53,006	53,006	51,834
Other costs	4	1,463	1,463	3,524
London Oratory School		-	-	78,183
<b>Total resources expended</b>		<b>54,469</b>	<b>54,469</b>	<b>124,670</b>
<b>Net income/(expenditure)</b>		<b>6,232</b>	<b>6,232</b>	<b>(731)</b>
<b>Net movement in funds</b>		<b>6,232</b>	<b>6,232</b>	<b>(731)</b>
Total funds brought forward		(4,876)	(4,876)	(4,145)
Total funds carried forward		<u>1,356</u>	<u>1,356</u>	<u>(4,876)</u>

### Statement of Total Recognised Gains or Losses

The Charity had no recognised gains or losses other than the above income for the financial period ended 1 June 2022.

# WILFRID FABER COUNSELLING AND SUPPORT

## BALANCE SHEET AS AT 01 JUNE 2022

	Notes	Unrestricted funds £	Total funds 2022 £	Total funds 2021 £
<b>Fixed assets</b>				
Tangible assets	7	2,652	2,652	3,220
<b>Current assets</b>				
Cash at bank and in hand	8	455	455	6,595
		<u>3,107</u>	<u>3,107</u>	<u>9,815</u>
<b>Creditors: amounts falling due within one year</b>	9	1,751	1,751	14,692
		<u>(1,296)</u>	<u>(1,296)</u>	<u>(8,097)</u>
<b>Total assets less current liabilities</b>		1,356	1,356	(4,876)
<b>Total net assets</b>		<u>1,356</u>	<u>1,356</u>	<u>(4,876)</u>
<b>Total charity funds</b>				
Unrestricted funds	11	1,356	1,356	(4,876)
		<u>1,356</u>	<u>1,356</u>	<u>(4,876)</u>

The financial statements were approved by the Trustees on ..... *31 March 2023* .....  
and are signed on its behalf by:

Trustee *B Tward* .....

The notes on pages 6 to 10 form part of these financial statements.



# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 01 JUNE 2022

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### **1. Accounting policies**

#### **1.1 Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and with the Charities Act 2011.

#### **1.2 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

#### **1.3 Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gifts in kind donated for distribution are included at valuation and recognised as income when they are distributed to the projects. Gifts donated for resale are included as income when they are sold. Donated facilities are included at the value to the charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for services donated by volunteers.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income Tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 01 JUNE 2022

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### 1.4 Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management carried out at headquarters. Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

### 1.5 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives, on the following bases:

Fixtures & equipment - 15% reducing balance

### 2. Charitable activities

	Unrestricted Funds 2022 £	Unrestricted Funds 2021 £
Donations	60,702	42,194
Professional fees	-	5,850
	<hr/>	<hr/>
Total charitable income	60,702	48,044
	<hr/> <hr/>	<hr/> <hr/>

### 3. Charitable Expenditure

	2022 £	2021 £
<b>Direct Costs</b>		
Supervision	35,346	13,332
Training	-	2,060
	<hr/>	<hr/>
	35,346	15,392
	<hr/>	<hr/>

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 01 JUNE 2022

<b>Support Costs</b>			
Administration	6,074	14,765	
Clinical administration	2,215	10,160	
Computer costs	3,198	2,747	
Bank charges	44	-	
Rent	4,500	4,300	
Insurance	77	384	
Fundraising	827	827	
General expenses	1,553	2,719	
	<u>17,660</u>	<u>35,902</u>	
Total charitable expenditure	<u><u>53,006</u></u>	<u><u>51,834</u></u>	
<b>4. Other costs</b>			
	<b>2022</b>	<b>2021</b>	
	<b>£</b>	<b>£</b>	
Accountancy	895	1,092	
Professional fees	-	1,864	
Depreciation	568	568	
	<u>1,463</u>	<u>3,524</u>	
<b>5. Analysis of resources expended by expenditure type</b>			
	<b>2022</b>	<b>2021</b>	
	<b>£</b>	<b>£</b>	
Counselling and support work	53,006	51,834	
Other	1,463	3,524	
	<u><u>53,006</u></u>	<u><u>55,358</u></u>	
<b>6. Analysis of resources expended by activities</b>			
	<b>Direct costs</b>	<b>Support costs</b>	<b>Total</b>
	<b>2022</b>	<b>2022</b>	<b>2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Counselling and support work	<u><u>35,346</u></u>	<u><u>17,660</u></u>	<u><u>53,006</u></u>

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 01 JUNE 2022

### 7. Tangible fixed assets

	<b>Fixtures and equipment</b>	<b>Total</b>
<b>Cost</b>		
At 2 June 2021	3,788	3,788
Additions		
Disposals	-	-
	<u>          </u>	<u>          </u>
At 1 June 2022	3,788	3,788
	<u>          </u>	<u>          </u>
<b>Depreciation</b>		
At 2 June 2021	568	568
Depreciation eliminated on disposal	-	-
Charge for the year	568	568
	<u>          </u>	<u>          </u>
At 01 June 2022	1,136	1,136
	<u>          </u>	<u>          </u>
<b>Net book value</b>		
At 01 June 2022	2,652	2,652
	<u>          </u>	<u>          </u>
At 02 June 2021	3,220	3,220
	<u>          </u>	<u>          </u>

### 8. Cash at bank and in hand

	<b>2022 £</b>	<b>2021 £</b>
Current account	455	6,595
	<u>          </u>	<u>          </u>

### 9. Creditors: amounts falling due within one year

	<b>2022 £</b>	<b>2021 £</b>
Trade creditors	828	13,863
Accruals	923	828
	<u>          </u>	<u>          </u>
	1,751	14,691
	<u>          </u>	<u>          </u>

# WILFRID FABER COUNSELLING AND SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 01 JUNE 2022

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### 10. Charity funds

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Opening funds	(4,876)	(4,145)
Net movement in funds for the period	6,232	(731)
	<hr/>	<hr/>
Closing funds	<u>1,356</u>	<u>(4,876)</u>

Closing funds shown above are held on trust and in accordance with the restrictions contained in the Charity's Memorandum of Association.

### 11. Analysis of net assets between funds

	<b>Unrestricted</b>	<b>Unrestricted</b>
	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Tangible Fixed Assets	2,652	3,220
Current assets	455	6,595
Creditors due within one year	(1,751)	(14,691)
	<hr/>	<hr/>
	<u>1,356</u>	<u>(4,876)</u>