



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period
From 01st August 2024 to 31st July 2025

Charity name: Anika Food Charity
Charity registration number: 1180069

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The prevention and relief of poverty for the public benefit in Hounslow, Ealing and the surrounding areas through the provision of a drop-in centre providing free hot and cold food to people who are homeless and in financial need together with advice, signposting and support services.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We distribute food along with food hampers, baby essentials, toiletries, sanitary kits, dental kits etc to those who need it along with other basic necessities. We also provide emergency food parcels. We conduct classes and workshops on period poverty, dental hygiene and support, CV classes, life skills workshops and a support group. We also try to deliver cooked meals to those who need it.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	2 volunteers contributed to the charity's activities during the year.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its	Para 1.20	Total receipts for the year: £9,135 (donations received). Total payments: £8,587 (charitable donation £8,237 and professional fees £350). Net surplus for the year: £548. Cash and bank balances at year end:

beneficiaries and any wider benefits to society as a whole.		£1,162. Total funds at year end: £1,162 (all unrestricted funds).
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Additional information (optional)

	SORP reference	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	Total income for the year: £9,135 (donations received). Total expenditure: £8,587. Net income for the year: £548. Cash at bank at year end: £1,161.83. Net assets at year end: £1,162 (all unrestricted funds).
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity holds reserves to ensure operational continuity and to meet future charitable expenditure as needs arise.
Amount of reserves held	Para 1.22	Unrestricted funds held at year end: £1,161.83 (comprising brought-forward reserves of £613.83 plus net income of £548).
Reasons for holding zero reserves	Para 1.22	Not applicable — the charity holds reserves of £1,162.
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None identified. The trustees are satisfied the charity can continue as a going concern.

Additional information (optional)

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income for the year was £9,135, received from donations. No government contracts or grants were received. The charity is not recognised by HMRC for Gift Aid.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	Limited income generation; reliance on volunteer support; operational area restricted to Hounslow and Ealing.
Other		N.A.

Structure, Governance and Management

Description of charity's trusts:		Not applicable — the charity is a Charitable Incorporated Organisation (CIO) and does not operate under a trust deed.
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Foundation governing document (registered 25 September 2018, as amended on 4 January 2024).
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO).
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The governing document sets out the process for appointing trustees. The current trustees were appointed on 25 July 2018. No other person or body is entitled to appoint trustees.

Reference and Administrative details

Charity name	Anika Food Charity
Other name the charity uses	None
Registered charity number	1180069
Charity's principal address	6 Trafalgar House, Longfield Avenue, Dickens Yard, Ealing, W5 2TJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Shivani Anika Walia	Trustee	Whole year	None
2	Dr Shivangi Walia	Trustee	Whole year	None

Corporate trustees – names of the directors at the date the report was approved

Director name	N.A.
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Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
N.A.	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N.A.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N.A.
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N.A.

Additional information (optional)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
N.A.		

Name of chief executive or names of senior staff members (optional information): N.A.

Exemptions from disclosure

Reason for non-disclosure of key personnel details	N.A.
Other optional information	N.A.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Shivani Walia</i>
Full name(s)	Dr Shivani Anika Walia
Position (e.g. Secretary, Chair, etc.)	Trustee
Date	27 th day of May 2026

REGISTERED CHARITY NUMBER: 1180069

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS**

FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025

FOR

ANIKA FOOD CHARITY

**ANIKA FOOD CHARITY
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FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025**

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**ANIKA FOOD CHARITY
REPORT OF THE TRUSTEES
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025**

The trustees present their report with the financial statements of the charity for the period 1 August 2024 to 31 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objects of the Charity are as follows:

The prevention and relief of poverty for the public benefit in Hounslow, Ealing and the surrounding areas through the provision of a drop-in centre providing free hot and cold food to people who are homeless and in financial need together with advice, signposting and support services.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Development, activities and achievements

We distribute food along with food hampers, baby essentials, toiletries, sanitary kits, dental kits etc to those who need it along with other basic necessities. We also provide emergency food parcels. We conduct classes & workshops on period poverty, dental hygiene and support, CV classes, life skills workshops and a support group. We also try to do delivery of cooked meals to those who need it. The performance of the charity was satisfactory. The charity received £9,135 donation and made a surplus of £548.

FINANCIAL REVIEW

Financial position

The financial results are given in the financial statement on page 5 and the trustees are satisfied in achieving a surplus for the year ended 31 July 2025 was £548.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, a deed of trust and constitutes an incorporated charity. (company number CE015216)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1180069

Principal address

6 Trafalgar House
Longfield Avenue
Dickens Yard
Ealing
W5 2TJ

Trustees

Dr S Walia
Dr S A Walia

**ANIKA FOOD CHARITY
REPORT OF THE TRUSTEES
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025**

TRUSTEES' RESPONSIBILITY STATEMENT

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 25th May 2026 and signed on its behalf by:

Shivani Walia

Dr S A Walia - Trustee

**ANIKA FOOD CHARITY
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025**

		Unrestricted funds 31.07.2025	Unrestricted funds 31.07.2024
	Notes	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2	9,135	1,886
EXPENDITURE ON			
Charitable activities	3		
General		8,587	1,272
NET INCOME		548	614
RECONCILIATION OF FUNDS			
Total funds brought forward		614	-
TOTAL FUNDS CARRIED FORWARD		1,162	614

The notes form part of these financial statements

ANIKA FOOD CHARITY
STATEMENT OF FINANCIAL POSITION
31st JULY 2025

		Unrestricted funds 31.07.2025 £	Unrestricted funds 31.07.2024 £
	Notes		
CURRENT ASSETS			
Cash at bank		1,162	614
NET CURRENT ASSETS		1,162	614
TOTAL ASSETS LESS CURRENT LIABILITIES		1,162	614
NET ASSETS		1,162	614
FUNDS	6		
Unrestricted funds		1,162	614
TOTAL FUNDS		1,162	614

The financial statements were approved by the Board of Trustees and authorised for issue on 25th May 2026 and were signed on its behalf by:

Shivani Walia

 S A Walia - Trustee

The notes form part of these financial statements

ANIKA FOOD CHARITY
NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.7.25	31.7.24
	£	£
Donations	9,135	1,886

ANIKA FOOD CHARITY
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 4)	Totals
	£	£	£
General	8,237	350	8,587

4. SUPPORT COSTS

	Governance costs
	£
General	350

Support costs comprise accountancy and compliance fees of £350 (2024: bank charges of £131).

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 July 2025.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 July 2025.

6. MOVEMENT IN FUNDS

	At 01.08.2024	Net movement in funds	At 31.07.2025
	£	£	£
Unrestricted funds			
General fund	614	548	1,162
TOTAL FUNDS	614	548	1,162

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	9,135	(8,587)	548
TOTAL FUNDS	9,135	(8,587)	548

ANIKA FOOD CHARITY
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 July 2025.

ANIKA FOOD CHARITY
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 01st AUGUST 2024 TO 31st JULY 2025

	31.07.2025	31.07.24
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	9,135	1,886
Total incoming resources	9,135	1,886
EXPENDITURE		
Charitable activities		
Donation	8,237	1,141
Support costs		
Governance		
Accountancy and compliance fees	350	-
Bank charges	-	131
	350	131
Total resources expended	8,587	1,272
Net income	548	614

This page does not form part of the statutory financial statements