



Trustees Annual Report 2024 for Hours of Human Happiness (3H)

Charity Registration No 1179986

Objectives and Activities

The objects of the Hours of Human Happiness (3H) are the prevention or relief of poverty in Eastern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

To achieve these aims the charity works within the Charity Commissions guidance on public benefit and its own Grant Making Policy and Procedure following an annual Action Plan which sets the priorities for that year. Our priorities for 2024 were:

1. To maintain and increase the number of sponsors supporting children at Bunyanga Bright School in Namayili and Jackie School in Kyemula
2. To maintain and increase the number of sponsors supporting scholarship students at Livingstone International University, Mbale,
3. To trial and develop provision of a health clinic including basic health and hygiene education in Kyemula – this would incorporate the existing provision of menstrual cups and sexual health education.
4. To start a Holiday Lunch Club at Jackie School in every school holiday to support the most vulnerable children
5. To respond to expressed needs from the community – this year we were asked to help start a beekeeping business in the community and to provide new blankets for the children in Kyemula.

The Year in Brief – More details of the projects and work done are available on our website:

<https://www.3huganda.org/news>

January	The sad death of a former Jackie school pupil initiated the setting up of a holiday lunch club to ensure that vulnerable pupils had more support during the holidays.
February	50 new pupils registered at Jackie School in Kyemula but the school roll dropped further at Bunyanga Bright Primary in Namayili. Food and learning materials were delivered to both schools funded by 3H
March	Bunyanga Bright Primary discontinued P5 class as numbers were so low. Pilot Health Clinic held in Kyemula – the prescribing nurse was overwhelmed by numbers, seeing 250 people in one day.
April	There are 27 children in P7 at Jackie School, the biggest cohort yet to take Primary Leaving Exams. The first Holiday Lunch Club was very successful providing food, the opportunity to play and for older children to volunteer in the community.
May	Sadly, the Fall Army Worm returned consuming newly planted beans and maize, prompt community action to purchase and spray with pesticide – using the spray pumps previously provided by 3H - enabled replanting. Maize was growing well by the end of the month.
June	The Health Clinic treated numerous cases of ringworm, scabies and intestinal worms as well as some children affected by the national epidemic of 'red-eye' (conjunctivitis). Soap, moisturising creams and soap powder to wash school uniforms were distributed to all pupils at Jackie School.
July	Local subsistence farmers were able to sell 1,500kg of excess maize to Jackie School, putting £750 cash into the largely cashless economy. Our previous input into the

	farming project has enabled this 'virtuous circle'
August	Trustees Chris Bird and Terri Jones joined local trustee Diana Muturi on a monitoring visit to inspect and evaluate all 3H projects.
September	The Board received feedback from the monitoring visit made the difficult decision to cease support to Bunyanga Bright Primary at the end of the year because of falling roll and lack of community engagement – teachers and sponsors informed. Grant received from Bristol Breakfast Rotary Club towards major expense of buying blankets for our Christmas Appeal.
October	Agreement to formalise arrangements for termly Health Clinic to include full record keeping, monitoring the children's development and offering lectures for parents on aspects of health and hygiene. Prescribing nurse impressed by reduction of skin problems after previous clinic.
November	The Christmas Appeal was very successful with enough donations from our supportive sponsors and donors to buy 525 blankets and fund a special community meal in Kyemula.
December	The lunch club will support the most vulnerable children until school begins again in February.

Achievements

1. We have increased our sponsors from 88 to 97 during the year despite having to share the news that we would cease our work in Namayili – good communication ensured sponsors fully understood the rationale.
2. We have maintained the number of student sponsors and obtained 3 further free tuition-only sponsorships from Livingstone International University. We currently have 5 sponsored students.
3. The format of the health clinic and the support available to the community has been refined and developed. We are now committed to this on a continuing basis.
4. The tri-weekly lunch club in school holidays has been successful – and the format also hit a nerve with our donors – we have received generous donations from a variety of people and small organisations to cover the costs.
5. Our policy has always been to listen and respond to the community – we have been pleased to help initiate a bee-keeping programme. People in Kyemula mostly do not have beds or mattresses, sleeping on the ground wrapped in a blanket so we were happy to replace the ones we bought 3 years ago.

Queuing to see the prescribing nurse



Working together to spray the maize



Finances

The charity is funded entirely by donations. As well as the regular monthly or annual sponsorship payments we also receive additional, generous donations as a result of issues raised via the newsletter and on the 3H Facebook page. Two of our donors with links to the Rotary Foundation have been able to provide grants from both Bristol Breakfast Rotary Club and Henllys Rotary Club. Some donations are direct via bank transfer to our bank account and others via a 'Give As You Live' account – where possible Giftaid is claimed.

The income received is forwarded to the beneficiaries who are required to acknowledge that it has been received, then provide receipts and photographs to demonstrate that it was spent as agreed.

As a grant-making trust 3H has minimal running expenses, such as there are funded by the trustees: no reserves are held and the income is spent entirely for the benefit of the beneficiaries.

Governance

We were pleased to have Prtetiksha Davies join the Board in October and look forward to benefiting from her fundraising and marketing skills. We have continued to hold Board Meetings via video-call – the only practical option with trustees based in England, Scotland, Wales and Uganda. In addition, we communicate frequently via email, WhatsApp and phone.

No new policies were approved this year – the annual review of existing policies took place in Spring 2024.

The trustees declare they have approved this report at the AGM on 1.2.25

Signed on behalf of the charity's trustees

Karen Whitaker

Chair of Trustees

Beehives being delivered



Playing at the holiday lunch club



Distributing 525 blankets at Jackie School

	halifax	starling	
Income			
sponsors	2852	10256	13108
students		5576	5576
gift aid		3898.26	3898.26
Blanket Appeal	150	3594	3744
Holiday Club		980	980
General		10797.72	10797.72
interest	9.14		9.14
income	3011.14	35101.98	38113.12
expenditure			
Kyemula School		12298.53	
Students		9596.52	
Blankets		3622.28	
Holiday Club		958.22	
kyemula farming		1036.33	
Christmas		805.35	
Kyemula Health		2017.1	
Namahili School		3545.01	
Regifted Expenses		4116.81	
Misc		829.35	
expenditure		38825.5	38825.5
net	3011.14	-3723.52	-712.38
opening balance	993.03	6183.54	
year movement	3011.14	-3723.52	
transfer between accounts	-2950	2950	
Closing Balance	1054.17	5410.02	



Section A Independent Examiner's Report

Report to the trustees/
members of

Charity Name	Hours of Human Happiness
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On accounts for the year
ended

31 December 2024	Charity no (if any)	1179986
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Set out on pages

1	(remember to include the page numbers of additional sheets)
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Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that ~~disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

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Name:

Cameron Fleming

Relevant professional
qualification(s) or body:

Chartered Member of the Chartered Institute of Internal Auditors Certified Internal Auditor Qualification in Internal Audit Leadership
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Give here brief details of any items that the examiner wishes to disclose.

No issues to disclose

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Section B Disclosure

Address:	22 Skelwith Road
	London W6 9EX