

Objectives and Activities

The objects of the Hours of Human Happiness (3H) are the prevention or relief of poverty in Eastern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

To achieve these aims the charity works within the Charity Commissions guidance on public benefit and its own Grant Making Policy and Procedure following an annual Action Plan which sets the priorities for that year. 3H is currently working mainly in two villages, Kyemula and Namayili. Our priorities for the year were:

- To increase the number of sponsored children in Kyemula and Namayili thus improving the quality of education in both schools
- To seek additional sponsors for our scholarship places at Livingstone International University
- To further develop the farming project in Kyemula – as well as providing equipment we plan to run ‘Farming God’s way’ course – enabling increased self sufficiency
- To support the introduction of coffee growing in Namayili by partnering with Zukuka Bora – in conjunction with the local farmers.
- To listen to the expressed needs of the communities in both villages and agree any future infrastructure projects – we are waiting for an engineer’s report on the bridge in Namayili

Achievement and Performance

1 To increase the number of sponsored children in Kyemula and Namayili

The number of sponsored children has increased from 62 to 66 in Kyemula and from 16 to 22 in Namayili – and most significantly given the current cost of living situation in the UK we have not lost any sponsors. We asked our sponsors to increase their monthly donation from £10 per month to £12, if they could afford to do so, as the cost of living has also risen sharply in Uganda, almost all have done this, and some have increased their donations even further – which is very welcome.



2 To seek additional sponsors for our scholarship places at Livingstone International University

Two of our sponsored students graduated from Livingstone International University with 1st Class Honours degrees in 2023. Two new students have taken up scholarships, and we have three people sharing the role of sponsor for these students – both of whom achieved good results in their first year exams.



3 To further develop the farming project in Kyemula– as well as providing equipment we plan to run ‘Farming God’s Way’ (FGW) course – enabling increased self-sufficiency

Fifty farmers from Kyemula attended a two day FGW course to update and improve their farming knowledge. Better seeds, new tools, pesticides and fertilisers were also provided. The yield of maize was sufficient for the farmers to sell their surplus to the school creating a virtuous circle in the village.



4 To support the introduction of coffee growing in Namayili by partnering with Zukuka Bora – in conjunction with the local farmers

Twenty farmers from Namaili attended a course run by Zukuku Bora Coffee Co-operative to learn how to grow better quality coffee but sadly the farmers did not implement the learning and have continued to produce coffee which is of insufficient quality for the co-operative to purchase.



5 To listen to the expressed needs of the communities in both villages and agree any future infrastructure projects – we are waiting for an engineer’s report on the bridge in Namayili

Replacing the bridge in Namayili proved to be too big a task for us so the community are approaching the education authority for support. The female latrines at Jackie School were full and needed replacement. For greater future sustainability we sought grant funding from the Rotary Foundation and have funded the construction of two sets of latrines in Kyemula which sit over septic tanks which can easily be pumped out.



Financial Review

The charity is funded entirely by donations. As well as the regular monthly or annual sponsorship payments we also receive additional donations as a result of issues raised via the newsletter and on the 3H Facebook page. This year we have also received a grant from the Rotary Foundation for a bigger infrastructure project. Some donations are direct via bank transfer to our bank account and others via a ‘Give As You Live’ account – where possible Giftaid is claimed.

The income received is forwarded to the beneficiaries who are required to acknowledge that it has been received, then provide receipts and photographs to demonstrate that it was spent as agreed.

As a grant-making trust 3H has minimal running expenses, such as there are funded by the trustees: no reserves are held and the income is spent entirely for the benefit of the beneficiaries

Governance

The Board has been stable this year with no changes of personnel. We have continued to hold Board Meetings via video-call – the only practical option with trustees based in England, Scotland, Wales and Uganda. In addition, we communicate frequently via email, WhatsApp and phone.

A Trustee Expenses policy was adopted this year.

Declaration

The trustees declare they have approved this report at the AGM on 20.3.24

Signed on behalf of the charity's trustees

Karen Whitaker



Primary Leaving Exam candidates from Jackie School in Kyemula.



Starting a new term at Bunyanga Bright Primary in Namayili

	2022	2023
Income		
School sponsors		11444.82
Christmas Appeal		1365
Gift Aid		4403.25
University Sponsors		3978
latrines appeal		3500
general donations		9164.2
total	33044.99	33855.27
Expencc		
Farming Kyemula	2820.72	2433.18
Farming Namayili	1322.14	445.29
Namayili School/Sponsorship	4557.32	5007.46
Kyemula School/Sponsorship	10458.86	10439.83
Kyemula General	1301.4	
Namayili General	200	
Students	7948.24	8332.46
Other	571.69	1641.26
christmas		1274.77
latrines		6196.12
menstrual cups		977.27
Total Expense	29180.37	36747.64
Profit/ (loss)	3864.62	-2892.37

Opening balance		
Halifax	591.73	2137.21
Starling	5612.59	7931.73
total	6204.32	10068.94
Closing Balance		
Halifax	2137.21	993.03
Starling	7931.73	6183.54
	10068.94	7176.57
Movement		
	3864.62	-2892.37



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Hours of Human Happiness

On accounts for the year
ended

31 December 2022

Charity no
(if any) 1179986

Set out on pages

1

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 15 March 2023

Name:

Cameron Fleming

Relevant professional
qualification(s) or body:

Chartered Member of the Institute of Internal Auditors

Address:

22 Skelwith Road
London W6 9EX