

Objectives and Activities

The objects of the Hours of Human Happiness (3H) are the prevention or relief of poverty in Eastern Uganda by providing grants, items and services to individuals in need and/or charities or other organisations working to prevent or relieve poverty.

To achieve these aims the charity works within the Charity Commissions guidance on public benefit and its own Grant Making Policy and Procedure following an annual Action Plan which sets the priorities for that year. 3H is currently working mainly in two villages, Kyemula and Namayili. Our priorities for the year were:

1. to increase the number of sponsored children in both villages
2. to provide appropriate support for learning
3. to enable both villages to become more self-sufficient in growing food by expanding the farming project started last year.
4. to recruit sponsors for the students gaining 3H academic sponsorships at Livingstone International University, Mbale

Achievement and Performance

1 To increase the number of sponsored children in both villages

Both Jackie School in Kyemula and Bunyanga Bright Primary in Namayili were fully open this year following the prolonged closures imposed by the Government to prevent the spread of Covid. Our sponsorship numbers have risen slightly and there are now 62 sponsored children in Kyemula and 16 in Namayili – all the albino children in the villages have sponsors ensuring their specific health needs are met

All the children in the school receive two meals a day funded by 3H. As cost of living has risen dramatically in Uganda we will be inviting our sponsors to increase their monthly payments from £10 to £12 in 2023 to ensure we can maintain our level of support.



2 To provide appropriate support for learning

To enhance early years learning a phonics course run by Read for Life was funded for nine teachers from Bunyanga Bright Primary in Namayili in the week before the school re-opened. 3H received a number of donated tablets with additional phonics materials which have been shared between the two schools.



Girls at both schools have had personal health sessions and those in need have received menstrual cups which will ensure they are able to attend school regularly.

The footwear for every child purchased from the 2021 'Step up to send sandals' fundraiser was distributed at both schools and the children are now all wearing shoes to prevent attack by jiggers. Sponsored children also received new uniforms.



Our 2022 fundraiser was 'Paces for pants' – each child received 5 pairs of pants as few had any underwear. Following an outbreak of Mpox in Kyemula we provided families with soap powder, laundry bowls and ointments for those affected



3 To enable both villages to become more self-sufficient in growing food by expanding the pilot farming project



Despite the setbacks caused by adverse weather and an invasion of 'army worms' in Kyemula the farmers persevered, they sprayed and replanted eventually growing sufficient maize to be able to sell excess crops to the school.



Eucalyptus seedlings were planted throughout the village which will eventually provide shade, windbreaks and firewood – and some famers diversified into growing cassava. The cassava crop was very successful.

Work is continuing to improve farming outcomes, through 3H the local farmers have been intorduced to organisations which may further support them, Farming God's Way courses are an option for Kyemula while Zukoko Bora Coffee co-operative is discussing the possibility of coffee growing with the farmers in Namayili – these initiatives are an early stage and will take time to develop.



4 To recruit sponsors for the students gaining 3H academic sponsorships at Livingstone International University

The students have been back on campus at Livingstone International University (LIU) after learning online throughout 2021. Two of our trustees had funded all the sponsored students to date but we are delighted that we now have two new student sponsors in place. 3H is also delighted to report that our first sponsored LIU student has just graduated with an MA from Mukono University and has realised her aim of obtaining a teaching post at LIU where she will be an excellent role model.



Financial Review

The charity is funded entirely by donations. As well as the regular monthly or annual sponsorship payments we also receive additional donations as a result of issues raised via the newsletter and on the 3H Facebook page. In addition, we have given talks to a number of groups who have subsequently made donations. Some donations are direct via bank transfer to our bank account and others via a 'Give As You Live' account – where possible Giftaid is claimed.

The income received is forwarded to the beneficiaries who are required to acknowledge that it has been received, then provide receipts and photographs to demonstrate that it was spent as agreed.

As a grant-making trust 3H has minimal running expenses, such as there are funded by the trustees: no reserves are held and the income is spent entirely for the benefit of the beneficiaries

Governance

The Board has been stable this year with no changes of personnel. We have continued to hold Board Meetings via video-call – the only practical option with trustees based in England, Scotland, Wales and Uganda. In addition, we communicate frequently via email, WhatsApp and phone.

No new policies were adopted this year.

Declaration

The trustees declare they have approved this report at the AGM on 30.3.23

Signed on behalf of the charity's trustees

Karen Whitaker

Karen Whitaker

Chair

Income	Starling	30139.51
	Halifax	2905.48
	total	33044.99
Expencc		
Farming Kyemula		2820.72
Farming Namayili		1322.14
Namayili School/Sponsorship		4557.32
Kyemula School/Sponsorship		10458.86
Kyemula General		1301.4
Namayili General		200
Students		7948.24
Other		571.69
Total Expense		29180.37
Profit/ (loss)		3864.62
Opening balance		
	Halifax	591.73
	Starling	5612.59
	total	6204.32
Closing Balance		
	Halifax	2137.21
	Starling	7931.73
		10068.94
Movement		3864.62



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Hours of Human Happiness

On accounts for the year
ended

31 December 2022

Charity no
(if any) 1179986

Set out on pages

1

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 15 March 2023

Name:

Cameron Fleming

Relevant professional
qualification(s) or body:

Chartered Member of the Institute of Internal Auditors

Address:

22 Skelwith Road

London W6 9EX

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No issues to disclose