

Joining Hands Joining Hearts

**Trustees' annual report and financial statements for the year ended
31 March 2025**

Charity number: 1179985

Charity information

Address	PO Box 645 Sittingbourne ME10 9JQ
Charity number	1179985
Trustees	Charlotte Wattley James Simmonds John Nicholson Debbie Alcock (appointed 21 November 2024)

Contents

Trustees' annual report	Page 4
Report of the independent examiner	Page 7
Statement of financial activities	Page 8
Balance sheet	Page 9
Statement of cash flows	Page 10
Notes to the accounts	Page 11

Trustees' annual report

The trustees present their annual report for the year ended 31 March 2025.

Objectives and activities

Joining Hands Joining Hearts (JHJH) is a domestic violence support group based in Sittingbourne, Kent. JHJH is the only organisation in the Kent area that provides personalised support, education and training to all those who seek the charity's help and works with both women and men.

The purposes of the charity as set out in its governing document are as follows:

- To relieve the needs of victims of domestic abuse and their children, in particular but not exclusively, by the provision of advice, support and raising awareness.
- To educate the public in the causes and effects of domestic abuse and the prevention thereof, in particular but not exclusively by the provision of training courses on domestic abuse to raise awareness of the issue and reduce the stigma and discrimination associated with it.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by working with multiple agencies for the benefit of said object for the purpose of this clause socially excluded means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).

Its services range from coffee mornings and friendship groups to advice on court proceedings, educational training programmes and life skills courses.

The charity was founded by Keeley Beeney in 2016 following her own personal, lived experience of domestic abuse. It initially began with coffee mornings and the building of true friendships with a small group of survivors who supported one another, before quickly growing to become the local lifeline to domestic abuse survivors that it is today. Driven by first-hand experience of the lack of help and resources available in the Kent area, Keeley decided to start offering a number of open-access support services, focussing on forging personal relationships, and providing both emotional and practical support to assist survivors to feel more confident, resilient and to move forward. Eight years on, JHJH is highly regarded by all parties it serves: the survivor community, local referral partners, and other domestic abuse charities.

The trustees have had regard to the Charity Commission's guidance on public benefit.

Achievements and performance

Over the past seven years the charity has:

- supported over 500 children and adults, approximately 1 in 20 of whom were men.
- delivered 100 different support and well-being courses and 6 Freedom Courses, which are 12-week courses designed for victims of domestic violence and enable attendees to understand unhealthy relationships and how to make change safely.
- partnered with seven local organisations including Southern Housing, Community Driving School, Squiggle Consult, Fairshare Co-op, Tesco, Trussell Trust and Cooking in the Woods.

The charity maintains a confidential log of each client's journey, and they report improved mental health and well-being and reduced isolation and thoughts of suicide.

Financial review

At the end of the period, the total net assets of the charity consisted of cash at bank and in hand of £30,004 (2024: £10,872).

Where a donor of a grant or a donation declares that the funds must be used for a specific purpose such amounts are classed as restricted income funds. At the end of the period, two restricted reserves were held by the charity:

- The fund from community grants is designated to provide the founder of the charity with income for her involvement. At the end of the period, the amount of this reserve was £24,649 (2024: £7,100).
- The fund from IT and security grants is designated for the provision of security and IT for clients and the charity. At the end of the period, the amount of this reserve was £nil (2024: £1,200).
- The fund from Isle of Sheppey grants is designated to support the work of a new group. At the end of the period, the amount of this reserve was £938 (2024: £nil).

Structure, governance and management

The charity is governed by a board of 5 trustees, including HR and finance professionals as well as former abuse survivors. Trustees are recruited primarily by word-of-mouth.

The charity is a charitable incorporated organisation (CIO) registered on 19 September 2018.

Reference and administrative details

Joining Hands Joining Hearts is a registered charity in England and Wales and its charity registration number is 1179985. The address of its registered office is PO Box 645, Sittingborne, ME10 9JQ.

The names of the charity's trustees during the reporting period were as follows: James Simmonds, John Nicholson, Charlotte Wattley and Debbie Alcock (appointed 21 November 2024).

On behalf of the trustees

A handwritten signature in black ink, appearing to be 'JS' or similar, written in a cursive style.

James Simmonds
Trustee

26 January 2026

Independent Examiner's Report to the trustees of Joining Hands Joining Hearts

I report to the trustees on my examination of the accounts of Joining Hands Joining Hearts for the year ended 31st March 2025.

Responsibilities and basis of report.

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act. applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination. I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S Hale

Steve Hale
Perrys Audit Limited
Churchdown Chambers
Bordyke
Tonbridge
Kent
TN9 1NR

Date 27.1.26

Statement of financial activities

	Un- restricted funds £	Restricted funds £	Total funds £	Prior period total funds £
Income and endowments from:				
Donations and legacies	2,782	-	2,782	313
Charitable activities	-	33,674	33,674	15,200
Total	2,782	33,674	36,456	15,513
Expenditure on:				
Raising funds	-	1,800	1,800	2,637
Charitable activities	937	14,587	15,524	9,505
Total	937	16,387	17,324	12,143
Net (expenditure)/income	1,845	17,287	19,132	3,370
Transfers between funds	-	-	-	-
Net movement in funds	1,845	17,287	19,132	3,370
Reconciliation of funds:				
Total funds brought forward	2,572	8,300	10,872	7,502
Total funds carried forward	4,417	25,587	30,004	10,872

Balance sheet

	Total funds £	Prior period funds £
Current assets:		
Cash at bank and in hand	30,004	10,872
Total net assets	30,004	10,872
The funds of the charity:		
Restricted income funds	4,417	8,300
Unrestricted funds	25,587	2,572
Total charity funds	30,004	10,872

The accounts were approved by the trustees on 26 January 2026.

On behalf of the trustees



James Simmonds
Trustee

Statement of cash flows

	Total funds £	Prior period funds £
Net income for the reporting period	19,132	3,380
Cash flows from operating activities	19,132	3,370
Change in cash during the reporting period	19,132	3,370
Cash at the beginning of the period	10,872	7,502
Cash at the end of the period	30,004	10,872

Notes to the accounts

1 Basis of preparation and accounting policies

In accordance with Section 133 of the Charities Act 2011, the charity has prepared cash-based receipts and payments accounts.

Since the accounts were not prepared on an accruals basis, the full requirements of FRS 102 and the Charities SORP were not applied. The trustees have voluntarily chosen to prepare an annual report.

The accounts were prepared in accordance with applicable charity law in England and Wales.

2 Fund movements

	Brought forward £	Income £	Expenditure £	Transfers £	Carried forward £
Unrestricted funds	2,572	2,782	(937)	-	4,417
Restricted funds:					
Community grants	7,100	32,674	(15,125)	-	24,649
IT and security grants	1,200	-	(1,200)	-	-
Isle of Sheppey grants	-	1,000	(62)	-	938
	8,300	33,674	(16,387)		25,587
Total funds	10,872	36,456	(17,324)	-	30,004