

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2022
for
BEYOND SHAME, BEYOND STIGMA

The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
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Potters Bar
Hertfordshire
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BEYOND SHAME, BEYOND STIGMA

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for the Year Ended 30 SEPTEMBER 2022

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BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2022**

The Trustees present their report with the financial statements of the charity for the year ended 30 September 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Beyond enables access to high quality mental health support for young people both in and out of school, increases awareness of services and support available, and gives a voice and platform to young people with lived experience of the challenges of mental health.

In 2020 the charity registered "Beyond" as the trading name.

In September 2021 Louisa Rose was promoted from our Youth Board to CEO. The charity also appointed Julia Clarfield to be head of operations and fund raising. They are leading the charity in planning and developing new strategies.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Grants

During the financial year we increased the number of grants we have given which was £63,100 an increase from the previous year which was £22,520.

Grants were given to schools and other small registered charities that help young people. The grants enabled the schools to have bespoke mental health interventions. We have introduced a vetting system that ensure the grants are used for those purposes. The response from the schools has been very positive and we are looking to further increase the number of grants for the year 2022/2023.

Mental Health Directory

As reported in the previous Trustees report the charity planned to introduce a national database of varied cross-sector mental health providers for young people. The Trustees are pleased to confirm that this was completed within the last year and is now available on the website.

Schools Festival 2022

After the success of the 1st school's festival in the last financial year where over 1,200 schools took part, this year the number of schools increased to over 1,400 and reached over 600,000 young people, parents, careers and educators. The festival provides mental health and wellbeing support and resources for both primary and secondary schools, we also introduced sessions for both teachers and parents. There are already plans in place to hold a school's festival for 2023.

Golf Charity Day

In May, the first Beyond golf day took place with 36 golfers enjoying a day's golf. There are plans to hold a further day's golf day.

Beyond Musical Extravaganza

Brady Issacs Pearce from the Youth Board arranged a Beyond musical evening where together with other musical stars from the West End stage - staged a magical music evening.

Kilimanjaro Climb

A number of brave people including members of the youth board made the climb to the top of Kilimanjaro, a further climb is planned in the New Year.

Walk Through Italy through to the UK

Jeremy Connick one of the Trustees together with his wife took on the task of walking the length of Italy through France to the UK. In doing the walk, which was sponsored for Beyond he raised funds for the charity.

Youth Board

The youth board will champion mental health days in schools to reform the way the UK addresses grief education. The youth board are the drivers of the charity and took part in a number of webinars on topics such as Bullying and Social Media throughout the year.

BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2022**

FINANCIAL REVIEW

Donations to Beyond Shame, Beyond Stigma have continued with more benefits and supporters for fund-raising.

The net inflow of voluntary contributions for the financial year is £279,075. Total resources expended during the year amounted to £156,246 which included Charitable activities of £113,536, governance costs of £2,472 and Support costs of £40,238.

During the year income exceeded expenditure amounting to £122,829.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

To advance the education of the public and in particular, young people, their families and educators on recognising the symptoms of poor mental health, the support available to them and how to improve their well-being.

To promote and protect the mental health of young people, within schools, universities and the justice system.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179964

Principal address

Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Herefordshire
EN6 1BW

Trustees

J B Benjamin
M P Benjamin
J Connick
Dr E Turner

Independent Examiner

The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Hertfordshire
EN6 1BW

Approved by order of the board of trustees on 14 April 2023 and signed on its behalf by:

J B Benjamin - Trustee

**Independent Examiner's Report to the Trustees of
BEYOND SHAME, BEYOND STIGMA**

Independent examiner's report to the trustees of BEYOND SHAME, BEYOND STIGMA

I report to the charity trustees on my examination of the accounts of BEYOND SHAME, BEYOND STIGMA (the Trust) for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gerald Greene FCA

The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Hertfordshire
EN6 1BW

Date:

BEYOND SHAME, BEYOND STIGMA**Statement of Financial Activities**
for the Year Ended 30 SEPTEMBER 2022

	Notes	Unrestricted funds £	Restricted funds £	30.9.22 Total funds £	30.9.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		128,739	150,336	279,075	147,989
EXPENDITURE ON					
Charitable activities					
GENERAL		95,846	60,400	156,246	91,753
NET INCOME		32,893	89,936	122,829	56,236
RECONCILIATION OF FUNDS					
Total funds brought forward		55,742	8,280	64,022	7,786
TOTAL FUNDS CARRIED FORWARD		88,635	98,216	186,851	64,022

The notes form part of these financial statements

BEYOND SHAME, BEYOND STIGMA**Balance Sheet****30 SEPTEMBER 2022**

	Notes	Unrestricted funds £	Restricted funds £	30.9.22 Total funds £	30.9.21 Total funds £
CURRENT ASSETS					
Cash at bank		90,795	98,216	189,011	66,504
CREDITORS					
Amounts falling due within one year	5	(2,160)	-	(2,160)	(2,482)
NET CURRENT ASSETS		<u>88,635</u>	<u>98,216</u>	<u>186,851</u>	<u>64,022</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>88,635</u>	<u>98,216</u>	<u>186,851</u>	<u>64,022</u>
NET ASSETS		<u>88,635</u>	<u>98,216</u>	<u>186,851</u>	<u>64,022</u>
FUNDS	6				
Unrestricted funds				88,635	55,742
Restricted funds				<u>98,216</u>	<u>8,280</u>
TOTAL FUNDS				<u>186,851</u>	<u>64,022</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14 April 2023 and were signed on its behalf by:

J B Benjamin - Trustee

The notes form part of these financial statements

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements **for the Year Ended 30 SEPTEMBER 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2022 nor for the year ended 30 September 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 30 September 2022.

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.9.22	30.9.21
Management	2	-
	==	==

No employees received emoluments in excess of £60,000.

BEYOND SHAME, BEYOND STIGMA**Notes to the Financial Statements - continued**
for the Year Ended 30 SEPTEMBER 2022**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	123,989	24,000	147,989
EXPENDITURE ON			
Charitable activities			
GENERAL	76,033	15,720	91,753
NET INCOME	47,956	8,280	56,236
RECONCILIATION OF FUNDS			
Total funds brought forward	7,786	-	7,786
TOTAL FUNDS CARRIED FORWARD	55,742	8,280	64,022

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.22 £	30.9.21 £
Accrued expenses	2,160	2,482

6. MOVEMENT IN FUNDS

	At 1.10.21 £	Net movement in funds £	At 30.9.22 £
Unrestricted funds			
Charitable activities	55,742	32,893	88,635
Restricted funds			
Restricted funds	8,280	89,936	98,216
TOTAL FUNDS	64,022	122,829	186,851

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	128,739	(95,846)	32,893
Restricted funds			
Restricted funds	150,336	(60,400)	89,936
TOTAL FUNDS	279,075	(156,246)	122,829

BEYOND SHAME, BEYOND STIGMA**Notes to the Financial Statements - continued**
for the Year Ended 30 SEPTEMBER 2022**6. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.10.20 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
Charitable activities	7,786	47,956	55,742
Restricted funds			
Restricted funds	-	8,280	8,280
TOTAL FUNDS	<u>7,786</u>	<u>56,236</u>	<u>64,022</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	123,989	(76,033)	47,956
Restricted funds			
Restricted funds	24,000	(15,720)	8,280
TOTAL FUNDS	<u>147,989</u>	<u>(91,753)</u>	<u>56,236</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.20 £	Net movement in funds £	At 30.9.22 £
Unrestricted funds			
Charitable activities	7,786	80,849	88,635
Restricted funds			
Restricted funds	-	8,280	8,280
Restricted funds	-	89,936	89,936
	<u>-</u>	<u>98,216</u>	<u>98,216</u>
TOTAL FUNDS	<u>7,786</u>	<u>179,065</u>	<u>186,851</u>

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2022**

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	252,728	(171,879)	80,849
Restricted funds			
Restricted funds	24,000	(15,720)	8,280
Restricted funds	150,336	(60,400)	89,936
	<u>174,336</u>	<u>(76,120)</u>	<u>98,216</u>
TOTAL FUNDS	<u>427,064</u>	<u>(247,999)</u>	<u>179,065</u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2022.

BEYOND SHAME, BEYOND STIGMA**Detailed Statement of Financial Activities**
for the Year Ended 30 SEPTEMBER 2022

	30.9.22 £	30.9.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	279,075	147,989
Total incoming resources	279,075	147,989
EXPENDITURE		
Charitable activities		
Fundraising events & campaigns	50,436	25,967
Support donations	63,100	22,520
	113,536	48,487
Support costs		
Management		
Wages	5,000	-
Pensions	208	-
Insurance	667	283
Postage and stationery	-	552
Advertising	-	1,527
Sundries	1,255	249
Travel and subsistence	-	559
Fees paid	27,410	23,494
PR agency fees	-	7,140
Computer and software expenses	-	432
Website costs	4,466	6,478
Subscriptions	1,228	749
Bank charges	4	3
	40,238	41,466
Governance costs		
Accountancy fees	2,472	1,800
Total resources expended	156,246	91,753
Net income	122,829	56,236

This page does not form part of the statutory financial statements