

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2021
for
BEYOND SHAME, BEYOND STIGMA

The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
175 Darkes Lane
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BEYOND SHAME, BEYOND STIGMA

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BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2021**

The trustees present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Beyond Shame Beyond Stigma charity was formed to promote and protect the mental health of young people and their families by provision of financial assistance through grant giving, to provide advice and information and to act as an umbrella and resource body.

In early 2020 the charity registered 'Beyond' as the charity's new working name.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

COVID-19 Outbreak

Despite the continuous changes on restrictions due to Covid, some fundraising events had to be either cancelled or postponed. To try and minimise the impact of Covid on fundraising activities the Trustees implemented some changes. This has meant there has been an improvement of income and a increase of the work to help us still achieve our aims,

Schools and Other Organisations

During the financial year we have also increased the number of grants we have given, which was £22,520. to schools and other organisations that help young people. The grants enabled the schools to have extra councillors for their pupils. This shows an increase in grants given on 2019/2020 of £7,800.

School's Festival 2021

Louisa Rose who was a member of our youth board developed a strategy for a school's festival and in February 2021 Beyond launched the school's festival, it was the UK'S first ever mental health and wellbeing event for both primary and secondary schools, we provided mental health support and resources for over 1,200 schools.

The reports back from both schools and teachers was very positive and there are plans already in place for another School Festival in 2022 which we aim to increase the number of schools taking part and to introduce sessions for both teachers and parents.

Going Forward

Louisa Rose is now leading the charity in planning and developing new strategies, we also plan to introduce a Directory of Mental Health Services.

Jonathan Benjamin the Founder of the charity and Louisa Rose gave numerous talks to schools, businesses, NHS and industries on wellbeing, mental health and suicide prevention. They continue to campaign for both young people and families.

Youth Board

The youth board brings together a group of youth mental health activists - all volunteers. These members are the charity's heart and soul, the idea generators, campaign drivers and future changemakers.

BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2021**

FINANCIAL REVIEW

Donations to Beyond Shame, Beyond Stigma have continued with more benefits and supporters for fund-raising.

The net inflow of voluntary contributions for the financial year is £147,969. Total resources expended during the year amounted to £91,753 which included Charitable activities of £48,487. governance costs of £1,800 and Support costs of £41,466.

During the year income exceeded expenditure amounting to £56,236

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

To advance the education of the public and in particular, young people, their families and educators on recognising the symptoms of poor mental health, the support available to them and how to improve their well-being.

To promote and protect the mental health of young people, within schools, universities and the justice system.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179964

Principal address

Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Herefordshire
EN6 1BW

Trustees

J B Benjamin
M P Benjamin
J Connick
Dr E Turner

Independent Examiner

The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Hertfordshire
EN6 1BW

Approved by order of the board of trustees on 15 June 2022 and signed on its behalf by:

J B Benjamin - Trustee

**Independent Examiner's Report to the Trustees of
BEYOND SHAME, BEYOND STIGMA**

Independent examiner's report to the trustees of BEYOND SHAME, BEYOND STIGMA

I report to the charity trustees on my examination of the accounts of BEYOND SHAME, BEYOND STIGMA (the Trust) for the year ended 30 September 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gerald Greene FCA
The Greene Partnership LLP
Chartered Accountants
Suite 2C, Brosnan House
175 Darkes Lane
Potters Bar
Hertfordshire
EN6 1BW

15 June 2022

BEYOND SHAME, BEYOND STIGMA**Statement of Financial Activities**
for the Year Ended 30 SEPTEMBER 2021

	Notes	Unrestricted funds £	Restricted fund £	30.9.21 Total funds £	30.9.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		123,989	24,000	147,989	15,688
EXPENDITURE ON					
Charitable activities					
GENERAL		76,033	15,720	91,753	32,695
NET INCOME/(EXPENDITURE)		47,956	8,280	56,236	(17,007)
RECONCILIATION OF FUNDS					
Total funds brought forward		7,786	-	7,786	24,793
TOTAL FUNDS CARRIED FORWARD		55,742	8,280	64,022	7,786

The notes form part of these financial statements

BEYOND SHAME, BEYOND STIGMA

Balance Sheet

30 SEPTEMBER 2021

	Notes	Unrestricted funds £	Restricted fund £	30.9.21 Total funds £	30.9.20 Total funds £
CURRENT ASSETS					
Cash at bank		58,224	8,280	66,504	9,493
CREDITORS					
Amounts falling due within one year	5	(2,482)	-	(2,482)	(1,707)
NET CURRENT ASSETS		<u>55,742</u>	<u>8,280</u>	<u>64,022</u>	<u>7,786</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		55,742	8,280	64,022	7,786
NET ASSETS		<u>55,742</u>	<u>8,280</u>	<u>64,022</u>	<u>7,786</u>
FUNDS	6				
Unrestricted funds				55,742	7,786
Restricted funds				<u>8,280</u>	<u>-</u>
TOTAL FUNDS				<u>64,022</u>	<u>7,786</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 15 June 2022 and were signed on its behalf by:

J B Benjamin - Trustee

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements **for the Year Ended 30 SEPTEMBER 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2021 nor for the year ended 30 September 2020.

Trustees' expenses

There were no trustees' expenses paid for the period ended 30 September 2021.

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2021**

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.9.21	30.9.20
Management	-	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	15,688	-	15,688
 EXPENDITURE ON			
Charitable activities			
GENERAL	32,695	-	32,695
	<u> </u>	<u> </u>	<u> </u>
NET INCOME/(EXPENDITURE)	(17,007)	-	(17,007)
 RECONCILIATION OF FUNDS			
Total funds brought forward	24,793	-	24,793
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>7,786</u>	<u>-</u>	<u>7,786</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.21 £	30.9.20 £
Social security and other taxes	-	707
Accrued expenses	2,482	1,000
	<u> </u>	<u> </u>
	<u>2,482</u>	<u>1,707</u>

BEYOND SHAME, BEYOND STIGMA**Notes to the Financial Statements - continued**
for the Year Ended 30 SEPTEMBER 2021**6. MOVEMENT IN FUNDS**

	At 1.10.20 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
Charitable activities	7,786	47,956	55,742
Restricted funds			
Restricted funds	-	8,280	8,280
TOTAL FUNDS	<u>7,786</u>	<u>56,236</u>	<u>64,022</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	123,989	(76,033)	47,956
Restricted funds			
Restricted funds	24,000	(15,720)	8,280
TOTAL FUNDS	<u>147,989</u>	<u>(91,753)</u>	<u>56,236</u>

Comparatives for movement in funds

	At 1.10.19 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
Charitable activities	24,793	(17,007)	7,786
TOTAL FUNDS	<u>24,793</u>	<u>(17,007)</u>	<u>7,786</u>

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2021**

6. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	15,688	(32,695)	(17,007)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>15,688</u>	<u>(32,695)</u>	<u>(17,007)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.19 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
Charitable activities	24,793	30,949	55,742
	<hr/>	<hr/>	<hr/>
Restricted funds			
Restricted funds	-	8,280	8,280
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>24,793</u>	<u>39,229</u>	<u>64,022</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	139,677	(108,728)	30,949
	<hr/>	<hr/>	<hr/>
Restricted funds			
Restricted funds	24,000	(15,720)	8,280
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>163,677</u>	<u>(124,448)</u>	<u>39,229</u>

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued
for the Year Ended 30 SEPTEMBER 2021

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2021.

BEYOND SHAME, BEYOND STIGMA**Detailed Statement of Financial Activities**
for the Year Ended 30 SEPTEMBER 2021

	30.9.21 £	30.9.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	147,989	15,688
Total incoming resources	147,989	15,688
EXPENDITURE		
Charitable activities		
Fundraising events & campaigns	25,967	-
Support donations	22,520	7,800
	48,487	7,800
Support costs		
Management		
Wages	-	16,256
Insurance	283	-
Postage and stationery	552	44
Advertising	1,527	113
Sundries	249	97
Travel and subsistence	559	1,264
Fees paid	23,494	360
PR agency fees	7,140	-
Computer and software expenses	432	413
Website costs	6,478	4,849
Subscriptions	749	496
Bank charges	3	3
	41,466	23,895
Governance costs		
Accountancy fees	1,800	1,000
Total resources expended	91,753	32,695
Net income/(expenditure)	56,236	(17,007)

This page does not form part of the statutory financial statements