

REGISTERED CHARITY NUMBER: 1179964

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2020
for
BEYOND SHAME, BEYOND STIGMA

The Greene Partnership LLP
Chartered Accountants
Suite A, 10th Floor Maple House
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Potters Bar
Hertfordshire
EN6 5BS

BEYOND SHAME, BEYOND STIGMA

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BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2020**

The trustees present their report with the financial statements of the charity for the year ended 30 September 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Beyond Shame Beyond Stigma charity was formed to promote and protect the mental health of young people and their families by provision of financial assistance through grant giving, to provide advice and information and to act as an umbrella and resource body.

In early 2020 the charity registered 'Beyond' as the charity's new working name.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

COVID-19 Outbreak

Due to the COVID-19 outbreak in early 2020, various fund-raising events had to be cancelled and curtailed. New fund-raising events are planned for late 2021 and 2022. Fundraising events being planned include a Lands End to John O'Groats cycle ride, a Kilimanjaro climb and a football competition.

In early 2021 we held a Mental Health festivals day to combine with Inside Out Day, where we had at least 500 schools sign up and we recruited a volunteer army of qualified vetted mental health professionals to provide free virtual sessions on wellbeing and mental health.

As we were not able to hold fundraising events during the year, the Board of Trustees gave a series of talks to Businesses, Schools and Universities on Wellbeing and Mental Health. This resulted in many of the organisations making donations to the charity.

We have now appointed a young board to work along side the Trustees. All members of the young board all have their own personal experiences and are well placed to promote the charity enabling the charity to work with schools, universities and other organisations that fit into the aims of the charity.

Blue Smile

Blue Smile provides a whole school approach for Mental Wellbeing for training school staff. To assist them with the ability to offer a one to one counseling sessions to the children we donated £1,000.

Hector House

Hector House aims to prevent suicide through education and awareness and offer support. We contributed £800. to aid them with this support.

Anna Freud Centre

Anna Freud is a leading charity for children and families which has developed and delivered pioneering mental health care for over 60 years. During the year we gave them a grant of £5,000.

Teapot Trust

Is a mental health charity that provides support for children and families coping with chronic conditions by delivering art therapy. In order to aid this charity with all their hard work we donated £1,000.

BEYOND SHAME, BEYOND STIGMA

Report of the Trustees **for the Year Ended 30 SEPTEMBER 2020**

FINANCIAL REVIEW

Donations to Beyond Shame, Beyond Stigma have commenced with some benefits and supporters for fund-raising.

The net inflow of voluntary contributions for the financial year is £15,688. Total resources expended during the year amounted to £32,695 which included Charitable activities of £7,800, governance costs of £1,000 and Support costs of £23,895.

During the year expenditure exceeded income amounting to £17,007

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

To advance the education of the public and in particular, young people, their families and educators on recognising the symptoms of poor mental health, the support available to them and how to improve their well-being.

To promote and protect the mental health of young people, within schools, universities and the justice system.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179964

Principal address

Suite A, 10th Floor
Maple House
High Street
Potters Bar
Herefordshire
EN6 5BS

Trustees

J B Benjamin
N Laybourn (resigned 13.1.20)
M P Benjamin
J G Green (resigned 7.7.20)
J Connick
Dr E Turner
M H Bradley (resigned 20.3.20)
Ms I A Hirsch (resigned 20.3.20)
N Taylor (resigned 20.3.20)
B Dow (resigned 20.3.20)

Independent Examiner

The Greene Partnership LLP
Chartered Accountants
Suite A, 10th Floor Maple House
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Potters Bar
Hertfordshire
EN6 5BS

BEYOND SHAME, BEYOND STIGMA

Report of the Trustees
for the Year Ended 30 SEPTEMBER 2020

Approved by order of the board of trustees on 3 July 2021 and signed on its behalf by:

J B Benjamin - Trustee

**Independent Examiner's Report to the Trustees of
BEYOND SHAME, BEYOND STIGMA**

Independent examiner's report to the trustees of BEYOND SHAME, BEYOND STIGMA

I report to the charity trustees on my examination of the accounts of BEYOND SHAME, BEYOND STIGMA (the Trust) for the year ended 30 September 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Gerald Greene FCA
The Greene Partnership LLP
Chartered Accountants
Suite A, 10th Floor Maple House
High Street
Potters Bar
Hertfordshire
EN6 5BS

Date:

BEYOND SHAME, BEYOND STIGMA**Statement of Financial Activities
for the Year Ended 30 SEPTEMBER 2020**

		Year Ended 30.9.20 Unrestricted funds £	Period 10.6.18 to 30.9.19 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		15,688	55,023
Other trading activities	2	-	2,849
Total		15,688	57,872
 EXPENDITURE ON			
Charitable activities			
GENERAL		32,695	33,079
 NET INCOME/(EXPENDITURE)		(17,007)	24,793
 RECONCILIATION OF FUNDS			
Total funds brought forward		24,793	-
 TOTAL FUNDS CARRIED FORWARD		7,786	24,793

The notes form part of these financial statements

BEYOND SHAME, BEYOND STIGMA

Balance Sheet **30 SEPTEMBER 2020**

	Notes	30.9.20 Unrestricted funds £	30.9.19 Total funds £
CURRENT ASSETS			
Cash at bank		9,493	32,539
CREDITORS			
Amounts falling due within one year	6	(1,707)	(7,746)
NET CURRENT ASSETS		<u>7,786</u>	<u>24,793</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		7,786	24,793
NET ASSETS		<u>7,786</u>	<u>24,793</u>
FUNDS	7		
Unrestricted funds		<u>7,786</u>	<u>24,793</u>
TOTAL FUNDS		<u>7,786</u>	<u>24,793</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 3 July 2021 and were signed on its behalf by:

J B Benjamin - Trustee

The notes form part of these financial statements

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements **for the Year Ended 30 SEPTEMBER 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2020**

2. OTHER TRADING ACTIVITIES

	Year Ended 30.9.20 £	Period 10.6.18 to 30.9.19 £
Fundraising events	-	2,849
	<u> </u>	<u> </u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2020 nor for the period ended 30 September 2019.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	Year Ended 30.9.20	Period 10.6.18 to 30.9.19
Management	1	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	55,023
Other trading activities	2,849
Total	<u>57,872</u>
EXPENDITURE ON	
Charitable activities	
GENERAL	33,079
NET INCOME	<u>24,793</u>
TOTAL FUNDS CARRIED FORWARD	<u>24,793</u>

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2020**

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.20	30.9.19
	£	£
Trade creditors	-	6,300
Social security and other taxes	707	446
Accrued expenses	1,000	1,000
	<u>1,707</u>	<u>7,746</u>

7. MOVEMENT IN FUNDS

	At 1.10.19 £	Net movement in funds £	At 30.9.20 £
Unrestricted funds			
Charitable activities	24,793	(17,007)	7,786
	<u>24,793</u>	<u>(17,007)</u>	<u>7,786</u>
TOTAL FUNDS	<u>24,793</u>	<u>(17,007)</u>	<u>7,786</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	15,688	(32,695)	(17,007)
	<u>15,688</u>	<u>(32,695)</u>	<u>(17,007)</u>
TOTAL FUNDS	<u>15,688</u>	<u>(32,695)</u>	<u>(17,007)</u>

Comparatives for movement in funds

	Net movement in funds £	At 30.9.19 £
Unrestricted funds		
Charitable activities	24,793	24,793
	<u>24,793</u>	<u>24,793</u>
TOTAL FUNDS	<u>24,793</u>	<u>24,793</u>

BEYOND SHAME, BEYOND STIGMA

Notes to the Financial Statements - continued **for the Year Ended 30 SEPTEMBER 2020**

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable activities	57,872	(33,079)	24,793
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>57,872</u>	<u>(33,079)</u>	<u>24,793</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2020.

BEYOND SHAME, BEYOND STIGMA

Detailed Statement of Financial Activities **for the Year Ended 30 SEPTEMBER 2020**

	Year Ended 30.9.20 £	Period 10.6.18 to 30.9.19 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	15,688	55,023
Other trading activities		
Fundraising events	-	2,849
Total incoming resources	15,688	57,872
EXPENDITURE		
Charitable activities		
Support donations	7,800	-
Support costs		
Management		
Wages	15,930	3,455
Pensions	326	-
Postage and stationery	44	59
Advertising	113	1,574
Sundries	97	42
Travel and subsistence	1,264	1,310
Fees paid	360	17,445
Computer and software expenses	413	663
Website costs	4,849	896
Subscriptions	496	216
Recruitment costs	-	6,300
Bank charges	3	119
	23,895	32,079
Governance costs		
Accountancy fees	1,000	1,000
Total resources expended	32,695	33,079
Net (expenditure)/income	(17,007)	24,793

This page does not form part of the statutory financial statements