

# Triratna South East Buddhist Group

England & Wales · Charity number 1179930

## Details

---

**Other names** TRIRATNA WEST KENT BUDDHIST GROUP

**Status** Registered

**Legal form** CIO

**Registered** 2018-09-14

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Oaklands House  
Coggins Mill Lane  
TN2 5DL

**Phone** 01435874701

**Email** [sanghasoutheast@hotmail.com](mailto:sanghasoutheast@hotmail.com)

**Website** <https://www.tsebg.org/>

## Activities

---

**Objects:** THE OBJECT OF THE CIO IS TO SUPPORT THE ADVANCEMENT OF THE BUDDHIST RELIGION, IN PARTICULAR BY: 1. ENCOURAGING MEMBERS AND OTHERS TO LIVE ETHICAL LIVES IN ACCORDANCE WITH THE TEACHINGS OF THE BUDDHA; 2. SUPPORTING ORDAINED MEMBERS OF THE TRIRATNA BUDDHIST COMMUNITY AND OTHER DULY ORDAINED BUDDHISTS, AT THE DISCRETION OF THE COUNCIL OF THE CIO; 3. MAINTAINING CLOSE COMMUNICATION WITH AND WORKING UNDER THE GUIDANCE OF THE TRIRATNA BUDDHIST ORDER AND IN CO-OPERATION WITH OTHER GROUPS WITH THE SAME OBJECTS; AND 4. USING APPLICATIONS OF THE BUDDHAÆS TEACHING TO PROMOTE THE HEALTH AND WELL-BEING OF ALL. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

**Activities:** Supporting the advancement of the Buddhist religion through a programme of classes and events, both for regular members of our group as well as for newcomers from the local community and others, the Triratna West Kent Buddhist Group provides an understanding of Buddhism.

## Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Religious Activities, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

- East Sussex
- Kent
- Surrey
- West Sussex

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£13,766	£15,139	-	-
2023-12-31	£16,296	£12,376	-	-
2022-12-31	£17,811	£13,697	-	-
2021-12-31	£6,470	£4,217	-	-
2020-12-31	£2,580	£3,057	-	-

## Trustees

Name	Role	Appointed
BERYL MOULD		2018-12-06
Catharine Jane Bolger		2020-09-07
Fiona Alice Collett		2025-10-19
Fiona Margaret Smith		2021-06-10
Nicola Jane Lowit		2020-09-07
Nicola Yvette Williams		2023-10-07
Satyamati Dharmacharini		2021-06-10
Vajrasiddhi Dharmachari		2025-10-19

**Triratna South East Buddhist Group**

England & Wales - Charity number 1179930

---

# Accounts

---

## Trustees Annual Report for the period

1 January 2024 to 31 December 2024

### Section A – Reference & administrative details

Charity name: Triratna South East Buddhist Group  
Other names charity is known by: TSEBG  
Registered Charity number: 1179930  
Charity's principal address: 104 Farmcombe Road  
Tunbridge Wells  
TN2 5DL

### Names of trustees who manage the charity

Name	Office	Dates acted
Sraddhamayi (Beryl Mould)	Chair	All year
Nichola Lowit	Secretary	All year
Jane Bolger	Treasurer	All year
Fiona Smith	Assistant Treasurer	All year
Satyamati Dharmacharini	Women's Mitra Convenor	All year
Howard Widdison	Communications	From February 2024
Nicki Williams	Safeguarding Lead	From February 2024

### Names and addresses of advisors

Advisor	Name	Address
Bank	Co-operative Bank PLC	Business Customer Services PO Box 250 Skelmersdale WN8 6WT

### Section B –Governance, management and structure

**Constitution and Governing Document:** Triratna South East Buddhist Group (TSEBG) is a Charitable Incorporated Organisation (CIO), Registered Charity No 1179930. It was granted charitable status by the Charity Commissioners on 14 September 2018. It is governed by a constitution dated 1 August 2018:

#### Constitution amendments:

**7 September 2020:** To change **membership** of the CIO to those who are members of the Triratna Buddhist Order or a Mitra of the Triratna Buddhist Order who is training for ordination.

**10 June 2021:** To change the **name** of the CIO from Triratna West Kent Buddhist Group to Triratna South East Buddhist group; to specify that **membership** of the CIO is open to (1) members of the Triratna Buddhist Order who are actively practicing in the Triratna community, (2) Mitras of the Triratna Buddhist Order actively practicing with and committed to the Eastbourne, Hastings or West Kent groups comprising the TSEBG; to specify that every **Trustee** of the CIO must be a member of the Triratna Buddhist Order or a Mitra committed to and actively involved in TSEBG; that the board of Trustees should comprise of at least one Trustee from each of the Eastbourne, Hastings or West Kent groups; at each **AGM** of the CIO all Trustees shall retire from office.

**Management:** TSEBG is run on a day-to-day basis by the Board of Trustees. The Trustees and their duties are shown above. Additionally, there is a teaching team of OMs and Mitras training for

ordination which programmes and leads and supports teaching at sangha nights, day events and weekend retreats. There are also local sangha night teams in each of the three locations who help organize and set up the weekly in person meetings.

**Members:** As agreed at the Trustees meeting held on **10 June 2021**, all local and active Triratna Order Members (OMs) and Mitras are invited to become Members of the TSEBG charity. All those that accept the invitation may attend the AGM where they may vote for Trustees standing for election or re-election, and on proposed changes to the constitution.

**Relationships:** TSEBG maintains close communication with and works under the guidance of the Triratna Buddhist Order and in co-operation with other centers and groups with the same objects.

**Safeguarding:** TSEBG adopts the model Adult Safeguarding Policy used by all Triratna Centres and Groups and follows their guidelines for: Managing those who pose a risk in Triratna; Online safety in Triratna; Safeguarding and data protection; Model ethical guidelines. Additional safeguarding guidance specific to our own local situations and experiences is issued by the TSEBG Safeguarding Lead when necessary.

**Health and Safety:** TSEBG follows any health and safety guidelines that may be issued by owners of the premises we hire.

## **Section C – Objectives**

The object of the TSEBG are specified in the Constitution. They are to support the advancement of the Buddhist religion by:

1. Encouraging members and others to live ethical lives in accordance with the teachings of the Buddha.
2. Supporting ordained members of the Triratna Buddhist Community and other members of the Sangha, at the discretion of the Trustees of the TSEBG.
3. Maintaining close communication with and working under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
4. Using applications of the Buddha's teaching to promote the health and well-being of all.

## **Section D – Activities supporting the objectives**

### **Election of Trustees**

At the Annual General Meeting of Members held on **17 February 2024**. All existing Trustees were re-elected unanimously. Additionally, Nicki Williams was elected as Safeguarding Lead, and Howard Widdison was elected as Communications Lead.

### **Activities**

Our main activities in 2024 were to hold:

- Weekly meditation meetings and classes. These are held once a month on Zoom and at other times in-person in each of our three locations: Tunbridge Wells, Eastbourne and Hastings. All the OMs in the teaching team take turns to travel to each of the locations.
- Regular study groups for each of the four years of the Mitra Study Course. These are run in parallel by the teaching team and are supported by Mitras training for ordination.

- Several day events: 14Sept24 puja training day for Mitras; 28Sep24 day retreat for all sangha members; 26Oct24 day event to celebrate the sangha and welcome new Mitras.
- A weekend retreat, from 26-28April24, attended by some 24 members of the sangha at the Rivendell Retreat Centre in High Hurstwood.

### **Chair's Report (as given at the AGM on 17 February)**

Primarily I would like to rejoice in the team effort of the running of TSEBG. This is an amazing team of Trustees, working together for the development of our charity. No one person bears overall responsibility, it is truly a joint effort.

We have seen the full return of in-person classes, with only one zoom meeting a month. The OMs take it in turns to travel to each of the locations in order to ensure that none of our sanghas are left to feel isolated.

Within that context, the OMs have taken on a bigger vision of being present in order to train, encourage and mentor the wonderful Mitras and meet their enthusiasm for the Dharma. The vision of succession is very much in our hearts, to enable any new OMs to feel equipped and supported in their own journey towards enlightenment. There have been several ordination requests this year and, with the support of the Mitra Convenors, quite a few regular friends have become Mitras.

There is also a lot of gratitude to our finance officers, who also put in large amounts of their time to keeping our records up to date and the team informed at regular intervals. The safeguarding team work really hard to keep up with the training and to ensure all our locations provide a safe environment in which to practice. Our secretary is a star as well, keeping us informed of our meetings and taking the necessary notes for all these meetings.

We were delighted to welcome back a new OM (Amalakirti) from his ordination retreat. All the sanghas engaged wholeheartedly in his return and a substantial amount of money was raised by us to give him a gift to take back with him to Spain. He has asked to be part of the team for our monthly zoom meetings. We look forward to welcoming new OMs in the future.

We have been able to make several donations on behalf of TSEBG, to support Tiratana and Padmaloka. We are also able to offer financial support to our Mitra convenors and to Mitras to enable them to go on retreat when cost has been a barrier for them.

The OMs work tirelessly to meet up one-to-one with all of our friends and Mitras as often as we can. We also have study groups, led by variety of order members and supported by senior Mitras; covering each year of the Mitra study 4-year course. I would also like to thank Śrīpada and Taragita for running weekly post-Mitra study courses.

I'd also like to express gratitude and appreciation for our sangha night teams, who set up and tidy away each week. They also make the tea, bring biscuits, milk and flowers, the generally unseen bodhisattvas in our midst. I think our sangha is alive and thriving, driven by the bodhisattva ideal, spiritual friendship and Bhante's vision of community.

It has been a pleasure to serve as chair, and I would like to thank you all for your guidance, friendship and inspiration. Sraddhamayi.

### **Section E – Financial review**

#### **Annual overview**

Our income from donations has remained steady and our expenditure has been as expected from recent years. We remain in a strong position to continue our activities as planned in the year

ahead. The signed end of year balance sheet, and breakdown of income and expenditure for 2024 are attached below.

### **Income**

TSEBG is funded by a combination of donations and fees.

- Those attending the regular weekly spiritual activities (i.e. Sangha Night and Mitra Study) donate to TSEBG what they can afford either as a monthly payment or at each meeting.
- Fees are charged to attend weekend retreats in order to cover the costs of hiring the retreat venue. Different fees are charged for those who are waged or low or unwaged. Additional bursary support is offered to those who need it. While our intention is to simply to break even, in 2024 the Sangha Retreat made a profit of some £431.
- No applications for grants from sister Triratna organizations to support TSEBG have been made in 2024.

### **Expenditure**

Our expenditure falls into the following main categories:

- The day-to-day running of TSEBG, including: room hire in each of our three locations, insurance, subscriptions to the Zoom platform, maintenance of our website and email communications.
- Consumables (e.g. printing, stationery, candles, tea and biscuits)
- Travel expenses for the teaching team.
- Venue hire for day events and weekend retreats.
- Subsidized places on retreats for those on low income.
- Providing bursary support for Mitras to go on training for ordination retreats.
- Regular financial support to the Mitra Convenors to cover their on-going training, the time they spent meeting with Mitras and their associated travelling expenses.

### **Policy on reserves**

Our general policy is to hold in reserve around £12,000 each year. This is sufficient to cover a year's expenditure should all our income unexpectedly cease. Anything in excess of this amount is donated to other Triratna fundraising initiatives. In the past these have included: providing support for Indian Order Members during COVID; the Buddhist Centre Online; the purchase of a new retreat centre for women training for ordination; and Rivendell, our local retreat centre.

**Triratna West Kent/Triratna South East Buddhist Group**  
**Registered Charity Number 1179930**  
**Balance Sheet 31 December 2024**

31 December 2023	31 December 2024
<b>Current Assets</b>	
14,107.13 Cash at Co-op Bank Current Account Triratna South East Buddhist Group 08-92-99 67231935	12,734.38
1,212.38 Cash at Paypal Account Paypal ID wkbgtreats@gmail.com	1,754.51
0.00 Less current liabilities	0.00
<u>15,319.51</u>	<u>14,488.89</u>
<b>Unrestricted funds</b>	
Balance at 31.12.2023	15,319.51
Surplus (+) / Deficit (-) for 2024	-830.62
Balance at 31.12.2024	<u>14,488.89</u>

*Jane Bolger 2025 2 March.*

Jane Bolger  
Date  
Treasurer

I have examined the accounts of the Triratna West Kent/Triratna South East Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.

*[Signature]*  
12/3/25

Keith Mitchell  
Date  
Independent Examiner

**Triratna South East Buddhist Group  
Annual Total Income and  
Expenditure**

By year of  
transaction - for  
annual report to  
Charity Commission

2024

<b>Income</b>	
Cash donations	-1,930.99
PayPal donations	-2,243.04
SumUp donations	-631.77
Standing order donation	-4,285.00
Library donation	-281.99
FWBO Grant	0.00
Beginners course participant fee	0.00
Beginners course venue refund	-152.52
Sangha retreat participant fee	-2,230.61
Day event participant fee	0.00
Day event dana	-335.03
Jewel Quest dana	-260.34
Venue deposit refund	-100.00
Order member support credit	0.00
One-off donation to WKBG	0.00
Legacy donation to WKBG	0.00
Transfer from another account	0.00
Gift Aid	-1,315.00
Bank Interest	0.00
<b>Income total</b>	<b>-13,766.29</b>

<b>Expenditure</b>	
Room hire	3,776.00
Zoom subscription	538.45
PayPal donations correction	269.72
Speaker expenses	0.00
Sundries	246.11
Website	0.00
Email subscription	301.37
Insurance	231.00
Library purchases	0.00
Beginners course room hire	0.00
Beginners course publicity	0.00
Sangha retreat venue hire	1,999.00
Sangha retreat food and sundries	0.00
Sangha retreat refund	0.00
Day event room hire	222.00
Day event speaker expenses	0.00
Day event publicity	0.00
Day event sundries	0.00
Jewel Quest room hire	0.00
Order member expenses	234.73
Order member retreats	0.00
Order member support	3,400.00
Training	410.32
TSEBG charitable donation	3,510.34
Bursary	0.00
<b>Expenditure total</b>	<b>15,139.04</b>
<b>Annual surplus(-) / deficit(+)</b>	<b>1,372.75</b>
<b>Year end bank account balance</b>	<b>-12,734.38</b>
<b>Year end Paypal balance</b>	<b>-1,754.51</b>
<b>Year end total assets</b>	<b>-14,488.89</b>

**Triratna South East Buddhist Group**

England & Wales - Charity number 1179930

---

# Accounts

---

## Trustees Annual Report for y/e 31-12-2023

### 1. Management

#### Trustees:

Sraddhamayi	Chair
Niccy Lowit	Secretary
Jane Bolger	Treasurer
Fiona Smith	Finance Group
Vidyaketu	Communications Group
Shuddhadhara	Communications Group
Satyamati	Communications Group

#### Teaching Team:

Nagarakshita	
Satyamati	Women's Mitra Convenor
Shuddhadhara	Mens' Mitra Convenor
Vidyaketu	
Sraddhamayi	
Vidyakaya	

#### Safeguarding Officers:

Satyamati  
Sraddhamayi

### 2. Governance

**Constitution and Governing Document:** Triratna South East Buddhist Group (TSEBG) is a Charitable Incorporated Organisation (CIO) Registered Charity No 1179930. It was granted charitable status by the Charity Commissioners on 14 September 2018. It is governed by a constitution dated 1 August 2018, amended 7th September 2020 and amended again on 10 June 2021.

**Organisation:** TSEBG is run on a day-to-day basis by the Board of Trustees appointed by the membership at the AGM. The Trustees and their duties are shown above.

**Trustees:** Every trustee of the CIO must be a member of the Triratna Buddhist Order or a Mitra of the Triratna Buddhist Order practicing within and committed to TSEBG.

At the Annual General Meeting of Members held on **7th October 2023** there were a number of changes to the trustees. Penny Moyses resigned with immediate effect, and Vidyaketu resigned with effect from the end of 2023. Nicki Williams was invited to join as a Trustee, and because of her experience will take on a Safeguarding role in addition to Fiona, Satyamati and Sraddhamayi. All other Trustees were re-elected unanimously.

**Members:** It was agreed at the Trustees meeting held on **16th December 2023** that all active, local, OMs and Mitras are to be invited to become Members of the TSEBG charity. All those that accept the invitation to become members will be invited to the AGM where they will have voting rights on Trustees standing for election or re-election, and on proposed changes to the constitution.

**Relationships:** TSEBG maintains close communication with and works under the guidance of the Triratna Buddhist Order and in co-operation with other centers and groups with the same objects.

**Safeguarding:** TSEBG has prepared specific guidelines for Order Members or other experienced members of the Triratna community who are teaching and communicating with those where a duty of care is owed. There are overall Ethical Guidelines with separate documents for the spiritual and secular activities covering Child Protection and the treatment of Sub-Adults and “Adults at Risk”. The new Safeguarding lead, Nicki Williams, will update the Safeguarding Policy during 2024.

**Health and Safety:** TSEBG has additional procedures for handling and evacuating the premises in the case of fire or flooding. The Health, Safety and Security Risk Register is updated annually.

### **3. General objects and activities**

The object of the TSEBG (as specified in the constitution) is to support the advancement of the Buddhist religion by:

1. Encouraging members and others to live ethical lives in accordance with the teachings of the Buddha.
2. Supporting ordained members of the Triratna Buddhist Community and other members of the Sangha, at the discretion of the Trustees of the TSEBG.
3. Maintaining close communication with and working under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
4. Using applications of the Buddha’s teaching to promote the health and well-being of all.

### **4. Specific activities for 2023**

For 2023 our main activities have been:

- Weekly meditation meetings and classes: once a month on zoom and the other times in-person in each of our three locations: Tunbridge Wells, Eastbourne and Hastings. All the order teaching team take it in turns to travel to each of the locations to ensure that none of our Sanghas are left to feel isolated and to train and mentor the mitras.
- Regular study courses, run in parallel by the teaching team, and covering different years of the four-year Mitra Study Course.
- Two day events (in January and October) to celebrate the sangha and welcome new mitras.
- One sangha retreat at the beginning of July at the Rivendell Retreat Centre in High Hurstwood.

## 5. Chair's Report from Sraddhamayi

Primarily I would like to rejoice in the team effort of the running of TSEBG. This is an amazing team of trustees, working together for the development of our charity. No one person bears overall responsibility, it is truly a joint effort.

Our secretary is a star as well, keeping us informed of our meetings and taking the necessary notes for all these meetings. There is also a lot of gratitude to our finance officers, who also put in large amounts of their time to keeping our records up to date and the team informed at regular intervals. The safeguarding team work really hard to keep up with the training and to ensure all our locations provide a safe environment in which to practice. I would also like to thank Śripada and Taragita for running weekly courses with the Mitra community who have completed their Mitra study.

The vision of succession is very much in our hearts and we work enable any new order members to feel equipped and supported in their own journey towards enlightenment.

There have been several ordination requests this year and quite a few regular friends have become Mitras.

I'd also like to express gratitude and appreciation for our sangha night teams, who set up and tidy away each week. They also make the tea, bring biscuits, milk and flowers, the generally unseen bodhisattvas in our midst.

I think our sangha is alive and thriving, driven by the bodhisattva ideal, spiritual friendship and Sangharakshita's vision of community (NB Sangharakshita is the founder of the Triratna Buddhist Order and Community, of which TSEBG is a part).

It has been a pleasure to serve as chair, and I would like to thank you all for your guidance, friendship, and inspiration.

## 6. Financial Overview

Our income from donations has remained steady and combining the accounts for our three groups into one has left us in a strong position for further growth and development in the years ahead.

The signed end of year balance sheet, and breakdown of income and expenditure for 2023 and the preceding two years, is included on pages 5 and 6 below.

### 6.1 Income

TSEBG is funded by a combination of donations and fees.

- Those attending the regular weekly spiritual activities (i.e. Sangha Night and Mitra Study) donate to TSEBG what they can afford either on a monthly basis or at each meeting.
- Registration fees are charged for weekend retreats. While our intention is to simply cover the costs of hiring the retreat venue, in 2023 we made a profit of some £232.

- No applications for grants from sister Triratna organisations have been made in 2023.

## **6.2 Expenditure**

In addition to the time and effort that our volunteers supply freely, our income from the sources above was able to cover the following costs:

- The day-to-day running of TSEBG, the main ones being room hire, insurance, the Zoom platform and maintenance of our website and email communications.
- Consumables (e.g. printing, stationary, shrine candles, cloths and flowers)
- Travel expenses for the teaching team
- Venue hire, such as halls for day retreats and retreat center costs for weekend retreats.
- Subsidized places on retreats for those on low income.
- Regular financial support to the Mitra Convenors to cover their on-going training, the time they spent meeting with mitras and their associated travelling expenses.

**Triratna West Kent/Triratna South East Buddhist Group**  
**Registered Charity Number 1179930**  
**Balance Sheet 31 December 2023**

31 December 2022	31 December 2023
<b>Current Assets</b>	
650.00 Cash at Co-op Bank Current Account West Kent Buddhist Group 08-92-99 65761669	0.00
10,187.39 Cash at Co-op Bank Current Account Triratna South East Buddhist Group 08-92-99 67231835	14,107.13
955.68 Cash at Paypal Account Paypal ID wkbgtreats@gmail.com	1,212.38
0.00 Less current liabilities	0.00
<u>11,793.07</u>	<u>15,319.51</u>
<b>Unrestricted funds</b>	
Balance at 31.12.2022	11,793.07
Surplus (+) / Deficit (-) for 2023	3,526.44
Balance at 31.12.2023	<u>15,319.51</u>

*Jane Bolger 12/2/24*

Jane Bolger  
Date  
Treasurer

I have examined the accounts of the Triratna West Kent/Triratna South East Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.

*Keith Mitchell 12/3/24*

Keith Mitchell  
Date  
Independent Examiner

**Triratna South East Buddhist Group  
Annual Total Income and Expenditure**

	2021	2022	2023
<b>Income</b>			
Cash donations	0.00	-397.39	-2,040.23
PayPal donations	-1,056.93	-1,289.07	-2,479.78
SumUp donations	0.00	0.00	0.00
Standing order donation	-50.00	-3,299.68	-3,530.00
Library donation	0.00	0.00	0.00
FWBO Grant	0.00	0.00	0.00
Beginners course participant fee	0.00	0.00	0.00
Beginners course venue refund	0.00	0.00	0.00
Sangha retreat participant fee	-100.00	-3,998.66	-2,153.50
Day event participant fee	0.00	0.00	-255.00
Day event dana	0.00	0.00	0.00
Jewel Quest dana	0.00	0.00	0.00
Venue deposit refund	0.00	0.00	0.00
Order member support credit	0.00	-147.70	0.00
One-off donation to WKBG	-0.01	0.00	0.00
Legacy donation to WKBG	0.00	0.00	0.00
Transfer from another account	-5,000.00	-8,678.25	-4,142.14
Gift Aid	0.00	0.00	-1,695.53
Bank Interest	0.00	0.00	0.00
<b>Income total</b>	<b>-6,206.94</b>	<b>-17,810.75</b>	<b>-16,296.18</b>
<b>Expenditure</b>			
Room hire	120.00	1,839.00	3,850.50
Zoom subscription	0.00	494.06	542.04
PayPal donations correction	0.00	0.00	0.00
Speaker expenses	0.00	0.00	0.00
Sundries	0.00	2.05	0.00
Website	0.00	66.62	321.00
Email subscription	0.00	0.00	324.75
Insurance	0.00	261.73	196.00
Library purchases	0.00	0.00	0.00
Beginners course room hire	0.00	0.00	320.88
Beginners course publicity	0.00	0.00	45.29
Sangha retreat venue hire	0.00	4,018.00	1,799.00
Sangha retreat food and sundries	0.00	50.00	0.00
Sangha retreat refund	0.00	0.00	520.00
Day event room hire	0.00	30.00	334.00
Day event speaker expenses	0.00	0.00	0.00
Day event publicity	0.00	0.00	0.00
Day event sundries	0.00	0.00	26.72
Jewel Quest room hire	0.00	0.00	0.00
Order member expenses	12.60	120.30	214.64
Order member retreats	0.00	0.00	0.00
Order member support	0.00	2,200.00	3,000.00
Training	0.00	515.94	581.62
TSEBG charitable donation	0.00	4,100.00	0.00
Bursary	0.00	0.00	300.00
<b>Expenditure total</b>	<b>132.60</b>	<b>13,697.70</b>	<b>12,376.44</b>
<b>Annual surplus(-) / deficit(+)</b>	<b>-6,074.34</b>	<b>-4,113.05</b>	<b>-3,919.74</b>
<b>Year end bank account balance</b>		<b>-10,187.39</b>	<b>-14,107.13</b>
<b>Year end PayPal balance</b>			<b>-1,212.38</b>
<b>Year end total assets</b>			<b>-15,319.51</b>

**Triratna West Kent/Triratna South East Buddhist Group**  
**Registered Charity Number 1179930**  
**Balance Sheet 31 December 2023**

31 December 2022

31 December 2023

**Current Assets**

	650.00 Cash at Co-op Bank Current Account West Kent Buddhist Group 08-92-99 65761669	0.00
	10,187.39 Cash at Co-op Bank Current Account Triratna South East Buddhist Group 08-92-99 67231935	14,107.13
	955.68 Cash at Paypal Account Paypal ID wkbgregretreats@gmail.com	1,212.38
	0.00 Less current liabilities	0.00
	<b>11,793.07</b>	<b>15,319.51</b>

**Unrestricted funds**

Balance at 31.12.2022	11,793.07
Surplus (+) / Deficit (-) for 2023	3,526.44
Balance at 31.12.2023	<b>15,319.51</b>

Jane Bolger 12/2/24

Jane Bolger  
Date  
Treasurer

I have examined the accounts of the Triratna West Kent/Triratna South East Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.

Keith Mitchell 12/3/24

Keith Mitchell  
Date  
Independent Examiner

## Triratna South East Buddhist Group Annual Total Income and Expenditure

	2021	2022	2023
<b>Income</b>			
Cash donations	0.00	-397.39	-2,040.23
PayPal donations	-1,056.93	-1,289.07	-2,479.78
SumUp donations	0.00	0.00	0.00
Standing order donation	-50.00	-3,299.68	-3,530.00
Library donation	0.00	0.00	0.00
FWBO Grant	0.00	0.00	0.00
Beginners course participant fee	0.00	0.00	0.00
Beginners course venue refund	0.00	0.00	0.00
Sangha retreat participant fee	-100.00	-3,998.66	-2,153.50
Day event participant fee	0.00	0.00	-255.00
Day event dana	0.00	0.00	0.00
Jewel Quest dana	0.00	0.00	0.00
Venue deposit refund	0.00	0.00	0.00
Order member support credit	0.00	-147.70	0.00
One-off donation to WKBG	-0.01	0.00	0.00
Legacy donation to WKBG	0.00	0.00	0.00
Transfer from another account	-5,000.00	-8,678.25	-4,142.14
Gift Aid	0.00	0.00	-1,695.53
Bank Interest	0.00	0.00	0.00
<b>Income total</b>	<b>-6,206.94</b>	<b>-17,810.75</b>	<b>-16,296.18</b>
<b>Expenditure</b>			
Room hire	120.00	1,839.00	3,850.50
Zoom subscription	0.00	494.06	542.04
PayPal donations correction	0.00	0.00	0.00
Speaker expenses	0.00	0.00	0.00
Sundries	0.00	2.05	0.00
Website	0.00	66.62	321.00
Email subscription	0.00	0.00	324.75
Insurance	0.00	261.73	196.00
Library purchases	0.00	0.00	0.00
Beginners course room hire	0.00	0.00	320.88
Beginners course publicity	0.00	0.00	45.29
Sangha retreat venue hire	0.00	4,018.00	1,799.00
Sangha retreat food and sundries	0.00	50.00	0.00
Sangha retreat refund	0.00	0.00	520.00
Day event room hire	0.00	30.00	334.00
Day event speaker expenses	0.00	0.00	0.00
Day event publicity	0.00	0.00	0.00
Day event sundries	0.00	0.00	26.72
Jewel Quest room hire	0.00	0.00	0.00
Order member expenses	12.60	120.30	214.64
Order member retreats	0.00	0.00	0.00
Order member support	0.00	2,200.00	3,000.00
Training	0.00	515.94	581.62
TSEBG charitable donation	0.00	4,100.00	0.00
Bursary	0.00	0.00	300.00
<b>Expenditure total</b>	<b>132.60</b>	<b>13,697.70</b>	<b>12,376.44</b>
<b>Annual surplus(-) / deficit(+)</b>	<b>-6,074.34</b>	<b>-4,113.05</b>	<b>-3,919.74</b>
<b>Year end bank account balance</b>		<b>-10,187.39</b>	<b>-14,107.13</b>
<b>Year end PayPal balance</b>			<b>-1,212.38</b>
<b>Year end total assets</b>			<b>-15,319.51</b>

**Triratna South East Buddhist Group**

England & Wales - Charity number 1179930

---

# Accounts

---

## Trustees Annual Report for y/e 31-12-2022

### Management

#### Trustees:

Sraddhamayi	Chair of Trustees
Niccy Lowit	Secretary and Trustee
Jane Bolger	Finance Group Treasurer and Trustee
Nagarakshita	Finance Group and Trustee
Fiona Smith	Finance Group and Trustee
Vidyaketu	Communications Group and Trustee
Shuddhadhara	Communications Group and Trustee
Satyamati	Communications Group and Trustee
Penny Moyse	Trustee

#### Spiritual Team

Nagarakshita	
Satyamati	Women's Mitra Convenor
Shuddhadhara	Mens' Mitra Convenor
Vidyaketu	
Sraddhamayi	

#### Safeguarding Officers

Satyamati  
Sraddhamayi  
Penny Moyse

## Governance

- At The Annual General Meeting of Members held on 10 June 2021 it was agreed by special resolution that the name of the charity be changed to **Triratna South East Buddhist Group**. This has enabled us to formally pool our resources and finances.
- **Constitution and Governing Document - Triratna South East Buddhist Group.** (TSEBG) is a Charitable Incorporated Organisation (CIO) Registered Charity No 1179930. It was granted charitable status by the Charity Commissioners on 14 September 2018. It is governed by a constitution dated 1 August 2018, amended 7<sup>th</sup> September 2020 and amended again on 10 June 2021
- **Relationships** – TSEBG maintains close communication with and works under the guidance of the Triratna Buddhist Order and in co-operation with other centers and groups with the same objects.
- **Organisation** – TSEBG is run on a day-to-day basis by the Board of Trustees appointed by the membership at the AGM. The Trustees and their duties are shown above.
- **Activities** – The teaching and Practice of Buddhism.
- **Members** - Membership of the CIO is open to those who are members of the Triratna Buddhist order who are actively practicing with The Triratna Buddhist Community or who are Mitras.
- **Trustees** - Every trustee of the CIO must be a member of the Triratna Buddhist Order or a Mitra of the Triratna Buddhist Order practicing and committed to TSEBG.
- **Safeguarding** – TSEBG has prepared specific guidelines intended to offer guidance where Order Members or other experienced members of the Triratna community are presenting to and communicating with those where a duty of care is owed. There are overall Ethical Guidelines with separate documents for the spiritual and secular activities covering Child Protection and the treatment of Sub-Adults and “Adults at Risk”. All documents were last updated in October 2019
- **Health and Safety** – TWKBG has additional procedures for handling and evacuating the premises in the case of fire or flooding. The Health, Safety and Security Risk Register is updated annually.

## Objects and Activities

### Summary

The object of the TSEBG is to support the advancement of the Buddhist religion, by:

1. Encouraging members and others to live ethical lives in accordance with the teachings of the Buddha.
2. Supporting ordained members of the Triratna Buddhist Community and other members of the Sangha, at the discretion of the Trustees of the TSEBG.
3. Maintaining close communication with and working under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
4. Using applications of the Buddha's teaching to promote the health and well-being of all.

## Chair's Report

Primarily I would like to rejoice in the team effort of the running of Sangha South East. This is an amazing team of trustees, working together for the development of our charity. No one person bears overall responsibility, it is truly a joint effort.

Our secretary is a star as well, keeping us informed of our meetings and taking the necessary notes for all these meetings. There is also a lot of gratitude to our finance officers, who also put in large amounts of their time to keeping our records up to date and the team informed at regular intervals. The safeguarding team work really hard to keep up with the training and to ensure all our locations provide a safe environment in which to practice. I would also like to thank Śripada and Taragita for running weekly courses with the Mitra community who have completed their Mitra study.

I'd also like to express gratitude and appreciation for our sangha night teams, who set up and tidy away each week. They also make the tea, bring biscuits, milk and flowers, the generally unseen bodhisattvas in our midst.

I think our sangha is alive and thriving, driven by the bodhisattva ideal, spiritual friendship and Bhante's vision of community.

It has been a pleasure to serve as chair, and I would like to thank you all for your guidance, friendship, and inspiration.

**Sraddhamayi.**

## **Main Activities**

We have seen the return of in person classes, with only one zoom meeting, once a month.

All the team take it in turns to travel to each of the locations in order to ensure that none of our Sanghas are left to feel isolated.

Within that context the order team have taken on a bigger vision of being present in order to train, encourage and mentor the wonderful Mitras and meet their enthusiasm for the dharma.

The vision of succession is very much in our hearts. To enable any new order members to feel equipped and supported in their own journey towards enlightenment.

There have been several ordination requests this year and quite a few regular friends have become Mitras.

The Mitra convenors put in a lot of time and effort with our friends.

We have been delighted to welcome back a new order member. All the sanghas engaged wholeheartedly in his return and a substantial amount of money was raised by us to give him a gift to take back with him to Spain. He (Amalakirti) has asked to be part of the team for our monthly zoom meeting. We look forward to welcoming new order members in the future.

We have been able to make several donations on behalf of SSE, to support Tiratnaloka and Padmaloka. We are also able to offer financial support to our Mitra convenors and to Mitras to enable them to go on retreat when the financial implications have been a barrier for them.

Shuddhadhara and Niccy will be running a beginner's meditation class in Uckfield.

The order team work tirelessly to meet up one to one with all of our friends and Mitras as often as we can.

We also have study groups, led by a variety of order members and supported by senior Mitras; covering each year of the Mitra study 4year course.

## **Financial Overview**

Our income from donations has remained steady and combining the accounts for our three groups into one has left us in a strong position for further growth and development in the years ahead.

The combined Balance sheet is included on pages 6 below.

## Funding

TWKBG is funded by a combination of donations and fees.

Those attending the regular weekly spiritual activities i.e., Sangha Night and Mitra Study donate to the Group what they can afford either on a monthly basis or at each meeting.

Weekend retreats are charged on a fee basis with reduced rates offered to any that cannot afford the full fee.

TSEBG has also benefitted in the past by small one-off donations from 'sister organisations which have been used for the purchase of meditation mats and cushions and second hand books for our library. However, no such donations were applied for or received in the current year that this report relates to

## Expenditure

Some of the expenditure which would normally be expected is covered at no cost by our volunteers (see above) who donate their time freely.

So, our income from the sources described above was able to deliver:

- The day to day running costs of the Group, the main ones being room hire, insurance, the Zoom platform and the cost of maintaining our website and email communications.
- The cost of consumables i.e. stationary, shrine sundries (candles shrine cloths etc.)
- Payment for other venues, such as halls for day retreats and retreat centre costs for weekend retreats.

Triratna South East Buddhist Group (TSEBG)  
Registered Charity No 1179930

Triratna West Kent/Triratna South East Buddhist Group  
Registered Charity Number 1179930  
Balance Sheet 31 December 2021

31 December 2020	31 December 2021
<b>Current Assets</b>	
9,043.32 Cash at Co-op Bank Current Account West Kent Buddhist Group 08-92-99 65761669	4,018.91
0.00 Cash at Co-op Bank Current Account Triratna South East Buddhist Group 08-92-99 67231935	6,074.34
137.59 Cash at Paypal Account Paypal ID webgretreats@gmail.com	1,542.26
0.00 Less current liabilities	0.00
<u>9,180.91</u>	<u>11,635.51</u>
<b>Unrestricted funds</b>	
Balance at 31.12.2020	9,180.91
Surplus (+) / Deficit (-) for 2021	2,454.60
Balance at 31.12.2021	<u>11,635.51</u>

*Jane Bolger*

Jane Bolger  
Treasurer

*29/9/22*

I have examined the accounts of the Triratna West Kent/Triratna South East Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.

*Keith Mitchell*

Keith Mitchell  
Independent Examiner  
30 September 2022

# Triratna South East Buddhist Group

## Annual Total Income and Expenditure

	2021	2022
<b>Income</b>		
Cash donations	0.00	-397.39
PayPal donations	-1,056.93	-1,289.07
Standing order donation	-50.00	-3,299.68
FWBO Grant	0.00	0.00
Beginners course participant fee	0.00	0.00
Sangha retreat participant fee	-100.00	-3,998.66
Day event participant fee	0.00	0.00
Day event dana	0.00	0.00
Order member support credit	0.00	-147.70
One-off donation to WKBG	-0.01	0.00
Legacy donation to WKBG	0.00	0.00
Transfer from another account	-5,000.00	-8,678.25
Gift Aid	0.00	0.00
Bank Interest	0.00	0.00
<b>Income total</b>	<b>-6,206.94</b>	<b>-17,810.75</b>
<b>Expenditure</b>		
Room hire	120.00	2,333.06
Speaker expenses	0.00	0.00
Sundries	0.00	2.05
Website	0.00	66.62
Insurance	0.00	261.73
Library purchases	0.00	0.00
Beginners course room hire	0.00	0.00
Sangha retreat venue hire	0.00	4,018.00
Sangha retreat food and sundries	0.00	50.00
Sangha retreat refund	0.00	0.00
Day event room hire	0.00	30.00
Day event speaker expenses	0.00	0.00
Day event publicity	0.00	0.00
Day event sundries	0.00	0.00
Order member expenses	12.60	142.20
Order member retreats	0.00	0.00
Order member support	0.00	2,200.00
Training	0.00	494.04
WKBG charitable donation	0.00	4,100.00
Bursary	0.00	0.00
<b>Expenditure total</b>	<b>132.60</b>	<b>13,697.70</b>
<b>Annual surplus(-) / deficit(+)</b>	<b>-6,074.34</b>	<b>-4,113.05</b>
<b>Cumulated surplus(-) /deficit(+)</b>		<b>-10,187.39</b>

**Triratna South East Buddhist Group**

England & Wales - Charity number 1179930

---

# Accounts

---

## Trustees Annual Report for y/e 31-12-2021

### Management

#### Trustees:

Sraddhamayi	Chair of Trustees
Nicci Lowit	Secretary and Trustee
Jane Bolger	Finance Group Treasurer and Trustee
Nagarakshita	Finance Group and Trustee
Fiona Smith	Finance Group and Trustee
Vidyaketu	Communications Group and Trustee
Shuddhadhara	Communications Group and Trustee
Satyamati	Communications Group and Trustee
Penny Moyse	Trustee

#### Spiritual Team

Nagarakshita	
Satyamati	Women's Mitra Convenor
Shuddhadhara	Mens' Mitra Convenor
Vidyakeyu	
Sraddhamayi	

#### Safeguarding Officers

Satyamati  
Sraddhamayi  
Penny Moyse

## Governance

- At The Annual General Meeting of Members held on 10 June 2021 it was agreed by special resolution that the name of the charity be changed to **Triratna South East Buddhist Group**. This has enabled us to formally pool our resources and finances.
- **Constitution and Governing Document - Triratna South East Buddhist Group.** (TSEBG) is a Charitable Incorporated Organisation (CIO) Registered Charity No 1179930. It was granted charitable status by the Charity Commissioners on 14 September 2018. It is governed by a constitution dated 1 August 2018, amended 7<sup>th</sup> September 2020 and amended again on 10 June 2021
- **Relationships** – TSEBG maintains close communication with and works under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
- **Organisation** – TSEBG is run on a day to day basis by the Board of Trustees appointed by the membership at the AGM. The Trustees and their duties are shown above.
- **Activities** – The teaching and Practice of Buddhism.
- **Members** - Membership of the CIO is open to those who are members of the Triratna Buddhist order who are actively practicing with The Triratna Buddhist Community or who are Mitras
- **Trustees** - Every trustee of the CIO must be a member of the Triratna Buddhist Order or a Mitra of the Triratna Buddhist Order practicing and committed to TSEBG
- **Safeguarding** – TSEBG has prepared specific guidelines intended to offer guidance where Order Members or other experienced members of the Triratna community are presenting to and communicating with those where a duty of care is owed. There are overall Ethical Guidelines with separate documents for the spiritual and secular activities covering Child Protection and the treatment of Sub-Adults and “Adults at Risk”. All documents were last updated in October 2019
- **Health and Safety** – TWKBG has additional procedures for handling and evacuating the premises in the case of fire or flooding. The Health, Safety and Security Risk Register is updated annually.

## Objects and Activities

### Summary

The object of the TSEBG is to support the advancement of the Buddhist religion, by:

1. Encouraging members and others to live ethical lives in accordance with the teachings of the Buddha.
2. Supporting ordained members of the Triratna Buddhist Community and other members of the Sangha, at the discretion of the Trustees of the TSEBG.
3. Maintaining close communication with and working under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
4. Using applications of the Buddha's teaching to promote the health and well-being of all.

### Main Activities

With the easing of the Covid 19 situation we were once again able to return to in person Sangha Night meetings and other in person meetings and events in the accordance with our objectives. However, our online meetings had proved to be very popular not only for our existing Sangha Members but also new members jointing us who would not otherwise have been able to attend one of our in person meetings.

- Sangha Night – every Wednesday evening throughout the year providing teaching, discussion, and group meditation for our regular attendees. Sangha nights are open to all regardless of any previous experience of Buddhism or meditation. These now alternate each week between meeting in person at our venues in Eastbourne, Hastings and Tunbridge Wells and meeting online using the Zoom platform.
- Organising weekend retreats at Rivendell Retreat Centre.
- Organising day retreats
- Classes – our weekly Mitra study groups are now covering all four years of the Mitra Study Course.

- Monthly online Men's Group and Women's Group.
- Supporting those in the ordination process through our two Mitra Convenors
- Supporting newcomers to our group.
- Supporting and leading other groups, centres, and retreats.

### **The Role of Volunteers**

All spiritual activities are provided by volunteers. Order members of the Triratna Buddhist Community give of their time freely to teach and provide spiritual guidance.

Where a guest order member must travel to attend a meeting of TSEBG then only their travel expenses are reimbursed.

Occasionally an order member and or Mitra would be reimbursed for the travel expenses and the cost of attending a retreat where such a retreat has a direct bearing on the duties the order member / Mitra carries out in relation to the group and its members e.g. Mitra Convenor retreats and Groups and Pioneers retreats

Order Members, Mitras and Friends bring their organisational skills to the group which are given without payment.

### **Grant Making Policy**

TWKBG may, from time to time, make grants at the discretion of the Trustees. These would normally be to financially assist Sangha members to attend retreats or undertake training that they may otherwise not be able to afford. Grants may also be made to other Triratna charities at the discretion of the Trustees.

### **Financial Overview**

Our income from donations has remained steady and combining the accounts for our three groups into one has left us in a strong position for further growth and development in the years ahead

The combined Balance sheet is included on pages 6 below

### **Funding**

TWKBG is funded by a combination of donations and fees.

- Those attending the regular weekly spiritual activities i.e. Sangha Night and Mitra Study donate to the Group what they can afford either on a monthly basis or at each meeting.
- Weekend retreats, are charged on a fee basis with reduced rates offered to any that cannot afford the full fee.
- TSEBG has also benefitted in the past by small one-off donations from 'sister organisations' which have been used for the purchase of meditation mats and cushions and second hand books for our library. However, no such donations were applied for or received in the current year that this report relates to.

## **Expenditure**

Some of the expenditure which would normally be expected is covered at no cost by our volunteers (see above) who donate their time freely.

So, our income from the sources described above was able to deliver:

- The Trustees agreed that our Charity would make a donation of £1000 to the Abhayaratna Trust in response to their urgent appeal for support for order members in India during the big COVID outbreak.
  - The day to day running costs of the Group, the main ones being room hire, insurance, the Zoom platform and the cost of maintaining our website and email communications.
  - The cost of consumables i.e. stationary, shrine sundries (candles shrine cloths etc.)
  - Payment for other venues, such as halls for day retreats and retreat centre costs for weekend retreats.
- Where a professional service (for example accountancy or legal) cannot be provided by one of the Sangha then it may be necessary to use a paid for outside source. This has not been necessary in the year this report refers to.

Triratna South East Buddhist Group (TSEBG)  
Registered Charity No 1179930

Triratna West Kent/Triratna South East Buddhist Group  
Registered Charity Number 1179930  
Balance Sheet 31 December 2021

31 December 2020		31 December 2021
	<b>Current Assets</b>	
9,043.32	Cash at Co-op Bank Current Account West Kent Buddhist Group 08-92-99 65761689	4,018.91
0.00	Cash at Co-op Bank Current Account Triratna South East Buddhist Group 08-92-99 67231935	6,074.34
137.59	Cash at Paypal Account Paypal ID webgretreats@gmail.com	1,542.26
0.00	Less current liabilities	0.00
<u>9,180.91</u>		<u>11,635.51</u>
	<b>Unrestricted funds</b>	
	Balance at 31.12.2020	9,180.91
	Surplus (+) / Deficit (-) for 2021	2,454.60
	Balance at 31.12.2021	<u>11,635.51</u>

*Jane Bolger*

Jane Bolger  
Treasurer

29/9/22

I have examined the accounts of the Triratna West Kent/Triratna South East Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.

*Keith Mitchell*

Keith Mitchell  
Independent Examiner  
30 September 2022

*Sraddhamayi*

Sraddhamayi  
Chair of Trustees

**Triratna South East Buddhist Group**

England & Wales - Charity number 1179930

---

# Accounts

---

## Trustees Annual Report for y/e 31-12-2020

### Management

#### Trustees:

Vidyaketu	Chair of Trustees
Nagarakshita	Trustee
Sradhamayi	Trustee
Jane Bolger	Trustee and Treasurer
Shuddhadhara	Trustee
Lucy Mitchell	Trustee
Nicci Lowit	Trustee

#### Steering Committee

Vidyaketu	
Jane Bolger	Treasurer
Angela Miles	
Vidyakaya	
Nagarakshita	
Lucy Mitchell	
Penny Noyes	Safeguarding Officer

### Governance

- **Constitution and Governing Document** - The Triratna West Kent Buddhist Group (TWKBG) is a Charitable Incorporated Organisation (CIO) Registered Charity No 1179930. It was granted charitable status by the Charity Commissioners on 14 September 2018. It is governed by a constitution dated 1 August 2018 amended 7<sup>th</sup> September 2020
- **Relationships** – TWKBG maintains close communication with and works under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.

- **Organisation** – TWKBG is run on a day to day basis by a Steering Committee, whose members are appointed by the Board of Trustees. The members of the Steering Committee at 31<sup>st</sup> December 2020 are as shown above.
- **Activities** – The teaching and Practice of Buddhism.
- **Members** - Membership of the CIO is open to those who are members of the Triratna Buddhist order or a Mitra of the Triratna Buddhist Order who is Training for Ordination.
- **Trustees** - Every trustee of the TWKBG must be a member of the Triratna Buddhist Order or a Mitra of the Triratna Buddhist Order who is Training for Ordination.
- **Safeguarding** – TWKBG has prepared specific guidelines intended to offer guidance where Order Members or other experienced members of the Triratna community are presenting to and communicating with those where a duty of care is owed. There are overall Ethical Guidelines with separate documents for the spiritual and secular activities covering Child Protection and the treatment of Sub-Adults and “Adults at Risk”. All documents were last updated in October 2019
- **Health and Safety** – TWKBG has additional procedures for handling and evacuating the premises in the case of fire or flooding. The Health, Safety and Security Risk Register is updated annually.

## Objects and Activities

### Summary

The object of the TWKBG is to support the advancement of the Buddhist religion, by:

1. Encouraging members and others to live ethical lives in accordance with the teachings of the Buddha.
2. Supporting ordained members of the Triratna Buddhist Community and other members of the Sangha, at the discretion of the Trustees of the TWKBG.
3. Maintaining close communication with and working under the guidance of the Triratna Buddhist Order and in co-operation with other centres and groups with the same objects.
4. Using applications of the Buddha’s teaching to promote the health and well-being of all.

## **Main Activities**

The Covid 19 pandemic completely changed the way we carried out our activities in 2020 in the accordance with our objectives.

Prior to lockdown at the end of March 2020 we carried out the following activities – much the same as in the previous year:-

- Sangha Night – every Wednesday evening throughout the year providing teaching, discussion and group meditation for our regular attendees. Sangha nights are open to all who are familiar with the two core meditation practices (Mindfulness of Breathing and Metta Bhavana).
- Monthly Saturday afternoon newcomers' meditation classes - teaching the basics of Buddhist meditation as practised in the Triratna Buddhist Community i.e. Mindfulness of Breathing and Metta Bhavana. These classes are open to all and in particular provide an easy entry for those wishing to join our Wednesday Sangha nights.
- Two planned weekend Sangha retreats open to everyone familiar with our two core meditation practices (Mindfulness of Breathing and Metta Bhavana) but cancelled because of Covid restrictions
- Classes - weekly Mitra study groups (currently 2 groups) led by Vidyakaya and Vidyaketu. Membership of these groups is by invitation.
- Supporting and leading other groups – pre lockdown, our order members have led and supported other Triratna groups particularly Hastings Sangha where Vidyakaya attended on a monthly basis.

After lockdown we ceased all our face to face activities and it became apparent that we would not be able to hold the two weekend Sangha retreats that had been planned. In response to the pandemic, the West Kent Sangha joined with the Triratna Sanghas in Eastbourne and Hastings to form a new combined sangha 'Sangha South East' and moved all of our activities on line using the Zoom platform:

- Combined Sangha Night – every Wednesday evening providing teaching, discussion and group meditation for those attending. In the absence of a monthly beginners meditation class we opened Wednesday sangha night to anyone who wished to join in regardless of previous experience. This has proved to be very successful and, no longer being restricted by physical location, we now have regular attenders from all over South East England and further afield including the West Country and abroad.

- Our weekly mitra study groups have continued online
- Our Order Members have joined with those of Eastbourne and Hastings to form a combined Order team allowing us to broaden and deepen our teaching and Dharma related activities.

### **The Role of Volunteers**

All spiritual activities are provided by volunteers. Order members of the Triratna Buddhist Community give of their time freely to teach and provide spiritual guidance.

Before lockdown, where a guest order member must travel to attend a meeting of TWKBG then only their travel expenses are reimbursed. Since lockdown, using the Zoom platform, guest order members have not had to incur travel expenses.

Prior to lockdown, occasionally an order member and or Mitra would be reimbursed for the travel expenses and the cost of attending a retreat where such a retreat has a direct bearing on the duties the order member / Mitra carries out in relation to the group and its members e.g. Mitra Convenor retreats and Groups and Pioneers retreats

Order Members, Mitras and Friends bring their organisational skills to the group which are given without payment.

### **Grant Making Policy**

TWKBG may, from time to time, make grants at the discretion of the Trustees. These would normally be to financially assist Sangha members to attend retreats or undertake training that they may otherwise not be able to afford. Grants may also be made to other Triratna charities at the discretion of the Trustees.

### **Financial Overview**

As we do not own or lease premises, although our income from donations has fallen considerably our ongoing financial commitments have also considerably reduced so our financial position at the end of 2020 remained much the same as at the end of 2019

Balance sheet and Annual Total Income and Expenditure are included on pages 6 and 7 below

### **Funding**

TWKBG is funded by a combination of donations and fees.

- Those attending the regular weekly spiritual activities i.e. Sangha Night and Mitra Study donate to the Group what they can afford either on a monthly basis or at each meeting.
- Weekend retreats, when these are able to take place, are charged on a fee basis with reduced rates offered to any that cannot afford the full fee.
- Our monthly classes for newcomers, when these are able to take place are at present funded by donations made on the day by those attending.
- TWKBG has also benefitted in the past by small one-off donations from 'sister organisations' which have been used for the purchase of meditation mats and cushions and second hand books for our library. However, no such donations were applied for or received in the current year that this report relates to.

## **Expenditure**

Some of the expenditure which would normally be expected is covered at no cost by our volunteers (see above) who donate their time freely.

So, our income from the sources described above was able to deliver:

- Two donations totalling £2,000:  
  
£1,000 to Dhammaloka for the promotion of Dharma activities in India  
£1,000 to Dharmachakra for the Buddhist Centre Online.
- The day to day running costs of the Group, the main ones being room hire (prior to lockdown), the cost of insurance and the Zoom platform. These are much reduced from previous years
- The cost of consumables i.e. stationary, shrine sundries (candles shrine cloths etc.) again much reduced from previous years
- Payment for other venues, such as retreat centres also much reduced this year
- Where a professional service (for example accountancy or legal) cannot be provided by one of the Sangha then it may be necessary to use a paid for outside source. This has not been necessary in the year this report refers to.

**Balance Sheet 31 December 2020**

**Triratna West Kent Buddhist Group  
Registered Charity Number 1179930  
Balance Sheet 31 December 2020**

31 December 2019		31 December 2020
	<b>Current Assets</b>	
-9,520.25	Cash at Co-op Bank Current Account	-9,043.32
-195.32	Cash at Paypal Account	-137.59
0.00	Less current liabilities	0.00
<u>-9,715.57</u>		<u>-9,180.91</u>
	<b>Unrestricted funds</b>	
	Balance at 31.12.19	-9,715.57
	Surplus for 2020	534.66
	Balance at 31.12.20	<u>-9,180.91</u>

Jane Bolger  
Treasurer

I have examined the accounts of the Triratna West Kent Buddhist Group together with the books of the Group, the vouchers produced and the explanations given. In my opinion they are in accordance therewith.



Keith Mitchell  
Independent Examiner  
May 2021



CHAIR OF TRUSTEES

24-5-2021

Triratna West Kent Buddhist Group (TWKBG) Registered  
Charity No 1179930

**Annual Total Income and Expenditure**

	2015	2016	2017	2018	2019	2020
<b>Income</b>						
Cash donations	-2,170.00	-4,362.00	-3,430.23	-2,990.30	-2,255.22	-315.70
Standing order donation	0.00	-40.00	-1,255.00	-2,205.00	-2,520.00	-2,160.00
FWBO Grant	0.00	0.00	0.00	-394.30	0.00	0.00
Beginners course participant fee	0.00	-90.00	-185.60	-1,332.80	-279.60	-104.52
Day retreat participant fee	0.00	0.00	0.00	-50.00	0.00	0.00
Sangha retreat participant fee	0.00	-1,484.00	-1,444.39	-3,849.38	-4,186.46	0.00
Special event participant fee	0.00	-855.00	0.00	0.00	0.00	0.00
Special event dana	0.00	0.00	0.00	0.00	0.00	0.00
One-off donation to WKBG	-5.00	-0.01	0.00	0.00	0.00	0.00
Legacy donation to WKBG	0.00	0.00	0.00	0.00	0.00	0.00
Gift Aid	0.00	0.00	0.00	0.00	0.00	0.00
Bank Interest	0.00	0.00	0.00	0.00	0.00	0.00
<b>Income total</b>	<b>-2,175.00</b>	<b>-6,831.01</b>	<b>-6,315.22</b>	<b>-10,821.78</b>	<b>-9,241.28</b>	<b>-2,580.22</b>
<b>Expenditure</b>						
Room hire	520.00	1,215.00	2,010.00	1,465.00	1,530.00	548.29
Speaker expenses	0.00	0.00	125.00	30.00	0.00	0.00
Sundries	24.98	164.82	78.55	438.84	51.10	0.00
Website	0.00	0.00	0.00	0.00	0.00	0.00
Insurance	0.00	231.40	50.00	196.00	196.00	196.00
Library purchases	0.00	0.00	0.00	132.30	0.00	0.00
Beginners course room hire	0.00	0.00	210.00	440.00	440.00	115.00
Sangha retreat venue hire	0.00	1,100.00	1,152.00	2,800.00	3,000.00	0.00
Sangha retreat food and sundries	0.00	166.71	0.00	557.16	178.57	0.00
Sangha retreat refund	0.00	580.00	120.00	120.00	140.00	0.00
Special event room hire	0.00	446.00	0.00	0.00	0.00	0.00
Special event speaker expenses	0.00	150.00	0.00	0.00	0.00	0.00
Special event publicity	0.00	90.42	0.00	0.00	0.00	0.00
Special event sundries	0.00	128.97	0.00	0.00	0.00	0.00
Order member expenses	0.00	31.30	60.30	131.57	0.00	0.00
Order member retreats	0.00	632.30	0.00	275.00	288.90	0.00
Order member support	0.00	0.00	1,100.00	1,200.00	0.00	0.00
Training	0.00	165.00	0.00	1,045.00	395.85	197.86
WKBG charitable donation	0.00	200.00	60.00	0.00	0.00	2,000.00
Bursary	0.00	0.00	0.00	0.00	0.00	0.00
<b>Expenditure total</b>	<b>544.98</b>	<b>5,301.92</b>	<b>4,965.85</b>	<b>8,830.87</b>	<b>6,220.42</b>	<b>3,057.15</b>
<b>Annual surplus(-) / deficit(+)</b>	<b>-1,630.02</b>	<b>-1,529.09</b>	<b>-1,349.37</b>	<b>-1,990.91</b>	<b>-3,020.86</b>	<b>476.93</b>
<b>Cumulated surplus(-) /deficit(+)</b>		<b>-3,159.11</b>	<b>-4,508.48</b>	<b>-6,499.39</b>	<b>-9,520.25</b>	<b>-9,043.32</b>