



Cambridge Rape Crisis Centre

**Report of the Trustees Year Ended 31<sup>st</sup> March 2022  
for Cambridge Rape Crisis Centre**



*Art work from CRCC Hold the Hope Survivors Group 2022*

**Annual Report  
01<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022**

# **Cambridge Rape Crisis Centre**

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## **Report of the Trustees for the Year Ended 31<sup>st</sup> March 2022**

The trustees present their report with the financial statements of the charity for the year ended 31<sup>st</sup> March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

### **Reference and Administrative Details**

**Charity name:** Cambridge Rape Crisis Centre  
**Registered Charity number:** 1179871  
**Registered address:** Box R, 12 Mill Road, Cambridge, CB1 2AD

#### **Trustees:**

A O'Leary - Co-chair - resigned 09.07.21  
M Messmer - Co-chair - resigned 09.05.21  
A Perry - Co-chair from 01.06.21 and Chair from 09.07.21  
J Grech - Secretary  
M Correia - Treasurer  
M Lowthian  
S Helm  
A Lindup  
S Anderson  
J Freytag

#### **Independent Examiner**

Lanham and Company  
Chartered Accountants  
9 Great Chesterford Court,  
London Road,  
Great Chesterford,  
Essex, CB10 1PF

#### **Contact details and website**

[contact@cambridgerapecrisis.org.uk](mailto:contact@cambridgerapecrisis.org.uk)  
[www.cambridgerapecrisis.org.uk](http://www.cambridgerapecrisis.org.uk)

#### **Bank**

CAF Bank Ltd. West Malling, Kent.

#### **Staff:**

N Al-Ani – Director  
C Gardner – Volunteer Manager  
K Edwards - Counselling Services Manager  
E Ball – ISVA Manager  
C Baker – Fundraising Manager  
T Evans – Centre Administrator  
C Hollis – ISVA Navigator

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R Levine – ChISVA  
S Mills – ChISVA  
K Johnson – ISVA  
G Ghai – ISVA  
A Ord – ChISVA  
H Williams – ChISVA  
F Thompson – ChISVA  
U Chowdhury – BAME Community ISVA

**Counselling Team:**

A Van Kleef  
A Gatt  
C Coupland  
C Snoxall  
D Walker-Smith  
E Smith  
J Grainger  
J Thompson  
L Ashton  
M Appleton  
M Hughes  
S Mushtaq  
T Forbes-Mitchell  
R Wyner (Clinical supervisor)

In addition, many thanks to our sister Centres CARA, who put us in contact with a Polish speaking counsellor, and WMRSASC who put us in contact with a Spanish speaking counsellor enabling us to offer counselling in community languages that survivors requested, making our service as accessible as possible.

## **Structure, Governance and Management**

### **Organisational Structure**

In 2018 the members of CRCC resolved that it was in the interests of The Charity to change from an unincorporated association to a charitable incorporated organisation (CIO). On 10<sup>th</sup> September 2018 the organisation changed its legal status and successfully registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871.

The Charity Commission's Foundation model constitution for CIO was approved to become the governing document of the charitable incorporated organisation. The CRCC constitution is as near to the form as the circumstances allow using clauses that are relevant and applicable to CRCC. It was unanimously agreed that those persons who were currently trustees of The Charity be appointed to become the first trustees of the charitable incorporated organisation.

### **Membership of the CIO**

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

### **Appointment of charity trustees**

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a

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resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

No Ex-officio or Nominated Trustees are included in the cohort of first charity trustees. Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

#### **Annual General Meeting**

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

#### **Risk Management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity

#### **Remuneration Policy**

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

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**Principal funding sources**

The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Lloyds Bank Foundation, Cambridgeshire County Council and income generated through community fundraising activities.

**Reserves Policy**

CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31<sup>st</sup> March 2022 were £917,176 of which £250,546 were unrestricted and £666,630 were restricted. The trustees consider this to be a satisfactory amount.

**Aims and Objectives**

**Our vision is that all women and girls can live free from the fear and experience of sexual violence**

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

**We listen and believe**

**Cambridge Rape Crisis Centre Aims to:**

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

## **With special thanks**

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 9).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery, Co-op Community Fund and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this on-line and in different ways in response to the pandemic. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the women and girls who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

## **Achievements and Performance**

### **Summary of Charitable Activities 1<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022**

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have carried on working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision.

We continued to respond to increasing demand, and to the additional challenges presented by the COVID 19 pandemic. Over the year, we have increased capacity across all CRCC services, in response to rapidly increasing demand for our support. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have grown the CRCC team and recruited a number of new staff and sessional counsellors with strong skills and experience. We have also continued to maintain flexible service provision to respond to changing government guidance around COVID-19.

Throughout the pandemic, CRCC has been a consistent source of support for survivors, many of whom have struggled with the increased isolation, heightened anxiety and other issues associated with the pandemic. CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support, group work and a Live Chat service.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

## **Support services**

### **Emotional support services**

We have sustained our telephone and email helpline services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC helpline and email support training; this in turn has enabled us to continue to deliver these vital support services. We continued to deliver our new Live Chat service to enable survivors to have as many routes to support as possible. This year we responded to 721 calls to our helpline and supported 260 survivors. We received 1,688 emails to our Email Support Service, supporting 116 survivors through this service.

In 2021-22 there were over 25 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating,



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working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting LGBT+ survivors and the Criminal Justice System.

### **Independent Sexual Violence Advocacy Service (ISVAs)**

Like with all of our service we have seen demand and acuity of need increase for the Adult and Children's Independent Sexual Violence Advocacy service; this year 566 survivors have accessed these services, an increase of almost 100 referrals compared to last year.

This year we were able to increase and improve our ISVA provision, through the introduction of a Specialist Engagement ISVA role. Early in the year, the Cambridge and Peterborough Rape Crisis Partnership was successful in securing funding from the Ministry of Justice to appoint additional ISVAs with a focused role to provide more intensive support to survivors from Black and racially minoritised communities. We were also able to enhance our ChISVA provision through the continued employment of an additional part-time ChISVA made possible with funding from the Cambridgeshire County Council's CADA Home Office funded project.

Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people to access a range of appropriate universal services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence.

### **Counselling and therapeutic services**

We continue to see unprecedented need and demand for our counselling and therapeutic services. Referrals are at their highest levels to date, with a 55% increase on 2020-21. In the reporting period we were able to deliver counselling to 911 survivors, providing 2,676 counselling sessions, on-line, over the phone and in-person.

This was the last year that we delivered the NHS Talking Therapies contract, commissioned by NHS England & Improvement, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the previous 12 months. Due to the impacts of the pandemic this service was extended to include talking therapy provision for those who were survivors of historic sexual violence and abuse.

We were able to respond to the increases in demand and need for these services by recruiting a number of additional session counsellors to join our counselling team at CRCC.

### **Men and boys**

CRCC continued to provide a number of services to male survivors and these include:

- Talking Therapies Service – men and boys (any age)

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- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 13 years

### **Training, outreach and community connections**

CRCC has delivered training to over 100 people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. Training was developed and moved to an on-line delivery model during the year in line with Covid-19 restrictions. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

### **Stronger Together - Partnership working**

#### **Cambridge and Peterborough Rape Crisis Partnership**

This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

#### **Cambridge and Peterborough Women's Consortium**

CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge.

#### **Rape Crisis England and Wales**

CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.



### **Future Activities**

Over the year 2022-23, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through counselling and talking therapies
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

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Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

*“Knowing I was believed and not judged changed my life and made it possible for me to start to heal and want to live”*

## Cambridge Rape Crisis Centre

### Report of the Trustees for the Year Ended 31 March 2022

#### STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, on  
10 January 2023..... and signed on the board's behalf by:

.....  
A Perry - Trustee

**Independent Examiner's Report to the Trustees of  
Cambridge Rape Crisis Centre**

**Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')**

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA  
Lanham and Company Limited  
Chartered Accountants  
9 Great Chesterford Court  
London Road  
Great Chesterford  
Essex  
CB10 1PF

Date: 10 January 2023

**Cambridge Rape Crisis Centre**

**Statement of Financial Activities  
for the Year Ended 31 March 2022**

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	12,798	2,415	15,213	414,988
<b>Charitable activities</b>					
Support and advice		-	759,683	759,683	771,729
Other trading activities	3	72,329	13,556	85,885	46,421
Investment income	4	<u>-</u>	<u>-</u>	<u>-</u>	<u>164</u>
<b>Total</b>		<u>85,127</u>	<u>775,654</u>	<u>860,781</u>	<u>1,233,302</u>
 <b>EXPENDITURE ON</b>					
Raising funds	6	11,431	-	11,431	14,272
<b>Charitable activities</b>	7				
Support and advice		<u>41,066</u>	<u>571,641</u>	<u>612,707</u>	<u>536,190</u>
<b>Total</b>		<u>52,497</u>	<u>571,641</u>	<u>624,138</u>	<u>550,462</u>
 <b>NET INCOME</b>		32,630	204,013	236,643	682,840
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		220,223	462,617	682,840	-
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<u>252,853</u>	<u>666,630</u>	<u>919,483</u>	<u>682,840</u>

The notes form part of these financial statements

# Cambridge Rape Crisis Centre

## Balance Sheet 31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
<b>FIXED ASSETS</b>					
Investments	12	1	-	1	1
<b>CURRENT ASSETS</b>					
Debtors	13	16,634	13,481	30,115	12,461
Cash at bank		<u>243,621</u>	<u>672,474</u>	<u>916,095</u>	<u>710,743</u>
		260,255	685,955	946,210	723,204
<b>CREDITORS</b>					
Amounts falling due within one year	14	(7,404)	(19,324)	(26,728)	(40,365)
<b>NET CURRENT ASSETS</b>		<u>252,851</u>	<u>666,631</u>	<u>919,482</u>	<u>682,839</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>252,852</u>	<u>666,631</u>	<u>919,483</u>	<u>682,840</u>
<b>NET ASSETS</b>		<u>252,852</u>	<u>666,631</u>	<u>919,483</u>	<u>682,840</u>
<b>FUNDS</b>	15				
Unrestricted funds				252,852	220,223
Restricted funds				<u>666,631</u>	<u>462,617</u>
<b>TOTAL FUNDS</b>				<u>919,483</u>	<u>682,840</u>

The financial statements were approved by the Board of Trustees and authorised for issue on  
 ....10 January 2023..... and were signed on its behalf by:

.....  
 A Perry - Trustee

**Cambridge Rape Crisis Centre**

**Cash Flow Statement  
for the Year Ended 31 March 2022**

	Notes	31.3.22 £	31.3.21 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>205,352</u>	<u>710,580</u>
Net cash provided by operating activities		<u>205,352</u>	<u>710,580</u>
<b>Cash flows from investing activities</b>			
Purchase of fixed asset investments		-	(1)
Interest received		<u>-</u>	<u>164</u>
Net cash provided by investing activities		<u>-</u>	<u>163</u>
		<u>                    </u>	<u>                    </u>
<b>Change in cash and cash equivalents in the reporting period</b>		205,352	710,743
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>710,743</u>	<u>-</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>916,095</u>	<u>710,743</u>

The notes form part of these financial statements



**Cambridge Rape Crisis Centre**

**Notes to the Cash Flow Statement  
for the Year Ended 31 March 2022**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.22	31.3.21
	£	£
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	236,643	682,840
<b>Adjustments for:</b>		
Interest received	-	(164)
Increase in debtors	(17,654)	(12,461)
(Decrease)/increase in creditors	<u>(13,637)</u>	<u>40,365</u>
<b>Net cash provided by operations</b>	<u><u>205,352</u></u>	<u><u>710,580</u></u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
<b>Net cash</b>			
Cash at bank	<u>710,743</u>	<u>205,352</u>	<u>916,095</u>
	<u>710,743</u>	<u>205,352</u>	<u>916,095</u>
<b>Total</b>	<u><u>710,743</u></u>	<u><u>205,352</u></u>	<u><u>916,095</u></u>

The notes form part of these financial statements

## **Cambridge Rape Crisis Centre**

### **Notes to the Financial Statements for the Year Ended 31 March 2022**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

##### **Going Concern**

There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

##### **Grants**

Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Allocation and apportionment of costs**

Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charitable's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## Cambridge Rape Crisis Centre

### Notes to the Financial Statements - continued for the Year Ended 31 March 2022

#### 1. ACCOUNTING POLICIES - continued

##### Financial instruments

Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

##### Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

##### Donated services

In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

#### 2. DONATIONS AND LEGACIES

In respect of the previous year ended 31 March 2021 included within Transfers from unincorporated charity within income are amounts of £394,297 being the transfer of funds from Cambridge Rape Crisis Centre, (charity number 286098) an unincorporated charity following the formation of this charity as a CIO.

In line with Charity Commission guidance, this transfer is not included in the calculation of the charity's income for the audit threshold.

#### 3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Fundraising events	85,302	45,314
Trading income	<u>583</u>	<u>1,107</u>
	<u>85,885</u>	<u>46,421</u>

#### 4. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	<u>-</u>	<u>164</u>

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 5. INCOME FROM CHARITABLE ACTIVITIES

		31.3.22	31.3.21
	Activity	£	£
Grants	Support and advice	<u>759,683</u>	<u>771,729</u>

Grants received, included in the above, are as follows:

	31.3.22	31.3.21
	£	£
CAF	-	1,930
Cambridge City Council	4,500	10,000
Cambridgeshire County Council	35,000	35,000
Co-op Community Fund	2,533	2,013
Groundwork UK	-	500
Lloyds Bank Foundation	7,595	26,405
National Lottery Community Fund	11,729	43,891
Police and Crime Commissioner	<u>698,326</u>	<u>651,990</u>
	<u>759,683</u>	<u>771,729</u>

### 6. RAISING FUNDS

#### Raising donations and legacies

	31.3.22	31.3.21
	£	£
Fundraising costs	<u>11,431</u>	<u>14,272</u>

### 7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Support and advice	<u>604,807</u>	<u>7,900</u>	<u>612,707</u>

### 8. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Support and advice	<u>118</u>	<u>7,782</u>	<u>7,900</u>

#### Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £950 plus VAT (2021:£750 plus VAT) a fee for the assistance with the accounts preparation of £2,536 plus VAT( 2021: £2,500 plus VAT) and book keeping and advice during the year amounting to £3,000 plus VAT (2021:£4,899 plus VAT).

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	31.3.22	31.3.21
	Support and advice £	Total activities £
Bank charges	118	73
Accountancy and legal fees	<u>7,782</u>	<u>9,779</u>
	<u>7,900</u>	<u>9,852</u>

### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

### 10. STAFF COSTS

	31.3.22	31.3.21
	£	£
Wages and salaries	301,211	246,402
Social security costs	24,733	21,524
Other pension costs	<u>13,269</u>	<u>43,548</u>
	<u>339,213</u>	<u>311,474</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
ISVA team	6	7
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Fundraising manager	1	1
Administrator	<u>1</u>	<u>1</u>
	<u>11</u>	<u>12</u>

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £48,629.

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	221,021	193,967	414,988
<b>Charitable activities</b>			
Support and advice	-	771,729	771,729
Other trading activities	46,421	-	46,421
Investment income	<u>164</u>	<u>-</u>	<u>164</u>
<b>Total</b>	<u>267,606</u>	<u>965,696</u>	<u>1,233,302</u>
<b>EXPENDITURE ON</b>			
Raising funds	14,272	-	14,272
<b>Charitable activities</b>			
Support and advice	<u>33,112</u>	<u>503,078</u>	<u>536,190</u>
<b>Total</b>	<u>47,384</u>	<u>503,078</u>	<u>550,462</u>
<b>NET INCOME</b>	<u>220,222</u>	<u>462,618</u>	<u>682,840</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>220,222</u>	<u>462,618</u>	<u>682,840</u>

### 12. FIXED ASSET INVESTMENTS

	Unlisted investments £
<b>MARKET VALUE</b>	
At 1 April 2021 and 31 March 2022	<u>1</u>
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>1</u>
At 31 March 2021	<u>1</u>

There were no investment assets outside the UK.

The charity's investments at the balance sheet date in the share capital of companies include the following:

#### Icena Limited

Registered office: Salisbury House, Station Road, Cambridge, CB1 2LA

Nature of business: Social enterprise

	% holding		
Class of share:			
Ordinary	20	31.7.21 £	31.7.20 £
Aggregate capital and reserves		(85,143)	5
Loss for the year		<u>(85,148)</u>	<u>-</u>

**Cambridge Rape Crisis Centre**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022**

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Other debtors	2,307	-
Prepayments and accrued income	<u>27,808</u>	<u>12,461</u>
	<u><u>30,115</u></u>	<u><u>12,461</u></u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22	31.3.21
	£	£
Trade creditors	13,285	13,432
Social security and other taxes	-	730
Other creditors	1,296	1,256
Accruals and deferred income	<u>12,147</u>	<u>24,947</u>
	<u><u>26,728</u></u>	<u><u>40,365</u></u>

**15. MOVEMENT IN FUNDS**

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
<b>Unrestricted funds</b>			
General fund	220,223	32,629	252,852
<b>Restricted funds</b>			
CADA Fund	55,696	27,274	82,970
Co-Operative Community Fund	2,013	(2,013)	-
Counselling Fundraising	-	15,861	15,861
Countrywide Sexual Violence Support			
Services Contract (PCC) - ISVA Services	174,762	234,893	409,655
Girl Up Group	371	-	371
Independent Inquiry into Child Sexual			
Abuse	3,446	-	3,446
Lloyds Bank Foundation	32,037	(32,037)	-
NHS Talking Therapies	180,410	(42,246)	138,164
National Lottery Community Fund	13,882	(7,218)	6,664
Safer Streets	-	5,000	5,000
Women's Festival	<u>-</u>	<u>4,500</u>	<u>4,500</u>
	<u>462,617</u>	<u>204,014</u>	<u>666,631</u>
<b>TOTAL FUNDS</b>	<u><u>682,840</u></u>	<u><u>236,643</u></u>	<u><u>919,483</u></u>

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	85,127	(52,498)	32,629
<b>Restricted funds</b>			
CADA Fund	35,000	(7,726)	27,274
Co-Operative Community Fund	2,533	(4,546)	(2,013)
Counselling Fundraising	15,971	(110)	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	693,326	(458,433)	234,893
Lloyds Bank Foundation	7,595	(39,632)	(32,037)
NHS Talking Therapies	-	(42,246)	(42,246)
National Lottery Community Fund	11,729	(18,947)	(7,218)
Safer Streets	5,000	-	5,000
Women's Festival	4,500	-	4,500
	<u>775,654</u>	<u>(571,640)</u>	<u>204,014</u>
<b>TOTAL FUNDS</b>	<u>860,781</u>	<u>(624,138)</u>	<u>236,643</u>

### Comparatives for movement in funds

	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>		
General fund	220,223	220,223
<b>Restricted funds</b>		
CADA Fund	55,696	55,696
Co-Operative Community Fund	2,013	2,013
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	174,762
Girl Up Group	371	371
Independent Inquiry into Child Sexual Abuse	3,446	3,446
Lloyds Bank Foundation	32,037	32,037
NHS Talking Therapies	180,410	180,410
National Lottery Community Fund	<u>13,882</u>	<u>13,882</u>
	<u>462,617</u>	<u>462,617</u>
<b>TOTAL FUNDS</b>	<u>682,840</u>	<u>682,840</u>



# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	267,606	(47,383)	220,223
<b>Restricted funds</b>			
CADA Fund	69,391	(13,695)	55,696
CAF Coronavirus Emergency fund	1,930	(1,930)	-
Co-Operative Community Fund	2,013	-	2,013
Covid Relief Fund	10,000	(10,000)	-
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	574,436	(399,674)	174,762
Digital Transformation Fund	3,043	(3,043)	-
Girl Up Group	2,436	(2,065)	371
Groundwork UK	500	(500)	-
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	32,037	-	32,037
Mind Project	1,107	(1,107)	-
NHS Talking Therapies	216,180	(35,770)	180,410
National Lottery Community Fund	43,891	(30,009)	13,882
Violence Against Women and Girls Transformation fund	<u>5,286</u>	<u>(5,286)</u>	<u>-</u>
	<u>965,696</u>	<u>(503,079)</u>	<u>462,617</u>
<b>TOTAL FUNDS</b>	<u><u>1,233,302</u></u>	<u><u>(550,462)</u></u>	<u><u>682,840</u></u>

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	-	252,852	252,852
<b>Restricted funds</b>			
CADA Fund	-	82,970	82,970
Counselling Fundraising	-	15,861	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	-	409,655	409,655
Girl Up Group	-	371	371
Independent Inquiry into Child Sexual Abuse	-	3,446	3,446
NHS Talking Therapies	-	138,164	138,164
National Lottery Community Fund	-	6,664	6,664
Safer Streets	-	5,000	5,000
Women's Festival	-	4,500	4,500
	-	666,631	666,631
<b>TOTAL FUNDS</b>	-	919,483	919,483

# Cambridge Rape Crisis Centre

## Notes to the Financial Statements - continued for the Year Ended 31 March 2022

### 15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	352,733	(99,881)	252,852
<b>Restricted funds</b>			
CADA Fund	104,391	(21,421)	82,970
CAF Coronavirus Emergency fund	1,930	(1,930)	-
Co-Operative Community Fund	4,546	(4,546)	-
Counselling Fundraising	15,971	(110)	15,861
Covid Relief Fund	10,000	(10,000)	-
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,267,762	(858,107)	409,655
Digital Transformation Fund	3,043	(3,043)	-
Girl Up Group	2,436	(2,065)	371
Groundwork UK	500	(500)	-
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	39,632	(39,632)	-
Mind Project	1,107	(1,107)	-
NHS Talking Therapies	216,180	(78,016)	138,164
National Lottery Community Fund	55,620	(48,956)	6,664
Safer Streets	5,000	-	5,000
Violence Against Women and Girls Transformation fund	5,286	(5,286)	-
Women's Festival	4,500	-	4,500
	<u>1,741,350</u>	<u>(1,074,719)</u>	<u>666,631</u>
<b>TOTAL FUNDS</b>	<u>2,094,083</u>	<u>(1,174,600)</u>	<u>919,483</u>

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

#### Countrywide Sexual Violence Support Services Contract (OPCC)

The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

#### The Cambridgeshire County Council CADA Home Office Funded Project

The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

#### Co-Operative Community Fund

Provision for counselling support

#### Counselling Fundraising

Targeted fundraising for counselling support.

#### VAWG

## **Cambridge Rape Crisis Centre**

### **Notes to the Financial Statements - continued for the Year Ended 31 March 2022**

#### **15. MOVEMENT IN FUNDS - continued**

Provision for trauma informed counselling services to children and young people who are victims or witness of sexual violence.

##### **Lloyds Foundation Grant**

Grant made in response to Covid-19 Pandemic to support costs of remote working, delivering on-line support services, provision of support for staff and volunteers to build resilience and sustainability.

##### **NHS Talking Therapies**

Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

##### **Rape Crisis England and Wales - Digital Transformation Fund**

Grant to improve our centres digital infrastructure.

##### **Cambridge City Council - Covid relief fund**

Discretionary business grant for charities and not-for-profit organisations in Cambridge impacted by the Covid-19 Pandemic.

##### **Girl Up Group**

Peer support group for young women and girls aged 13 - 16 years.

##### **Groundwork UK**

Tesco Bags of Help COVID-19 Communities grant for therapy boxes for children accessing counselling.

##### **Independent Inquiry into Child Sexual Abuse**

Funds received for supporting survivors to give evidence at the IICSA enquiry.

##### **National Lottery Community Fund**

Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

##### **CAF Coronavirus Emergency Fund**

Covid-19 emergency grant for purchase of equipment and training to support remote working and on-line service delivery during periods of lockdown.

##### **Safer Streets 3 (tackling violence against women and girls)**

Grant to deliver a Sexual Violence Ambassador programme for young people in school.

##### **Celebrating Women fund (Women's Festival) - Cambridge City Council**

Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

**Cambridge Rape Crisis Centre**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022**

**16. RELATED PARTY DISCLOSURES**

Included in other debtors at the end of the year was an interest free loan of £2,307 to Icena Limited.

**17. ULTIMATE CONTROLLING PARTY**

The charity was controlled jointly by the trustees.