CAMBRIDGE RAPE CRISIS CENTRE

England & Wales · Charity number 1179871

Details

Other names	CRCC
Status	Registered
Legal form	CIO
Registered	2018-09-10
Register	View on the Charity Commission register

Contact

Address	Box R 12 Mill Road Cambridge
Phone	01223313551
Email	contact@cambridgerapecrisis.org.uk
Website	www.cambridgerapecrisis.org.uk

Activities

Objects: TO RELIEVE THE TRAUMA AND DISTRESS OF WOMEN AND GIRLS, THEIR FAMILIES AND FRIENDS, WHO HAVE EXPERIENCED ANY FORM OF SEXUAL VIOLENCE, IN PARTICULAR, BUT NOT EXCLUSIVELY THROUGH THE PROVISION OF SERVICES AND INFORMATION.

Activities: Cambridge Rape Crisis Centre is a specialist sexual violence organisation providing dedicated support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire. We provide a free and confidential helpline, email support, face to face counselling, group work, training and an Independent Sexual Violence Advocate service.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

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Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£916,340	£881,964	£919,709	13
2024-03-31	£920,048	£846,339	£885,333	13
2023-03-31	£623,590	£731,449	£811,624	13
2022-03-31	£860,781	£624,138	£919,483	11
2021-03-31	£1,233,302	£550,462	£682,840	11

Trustees

Name	Role	Appointed
Alexandra Lucy Perry	Chair	2018-11-19
Anna Rachel Lindup		2018-09-10
Claire Cole		2025-01-07
ELIZABETH JANE RILEY		2023-07-04
Hamdiya Mohammed		2025-01-07
Heather Humphreys		2024-09-03
Marta Correia		2018-09-10
Mary Elizabeth Lowthian		2018-09-10
Michele Lorna Hamilton Dutoit		2023-07-04
Sue Anderson		2018-09-10
Suzanne Helen Collins		2025-01-07

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CAMBRIDGE RAPE CRISIS CENTRE

England & Wales - Charity number 1179871

Accounts

Cambridge Rape Crisis Centre

Report of the Trustees Year Ended 31st March 2025 for Cambridge Rape Crisis Centre



Part of the Artwork made by the Survivors Peer Support Group 2025

Annual Report
01st April 2024 – 31st March 2025

Cambridge Rape Crisis Centre

Contents of the Financial Statements
for the Year Ended 31 March 2025

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Report of the Trustees for the Year Ended 31st March 2025

The trustees present their report with the financial statements of the charity for the year ended 31st March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 1179871
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:
A Perry - Chair
J Grech - Secretary
M Correia - Treasurer
M Lowthian
A Lindup
S Anderson
E Riley
M Hamilton Dutoit
H Humphreys (appointed September 2024)
S Collins (appointed January 2025)
H Mohammed (appointed January 2025)
C Cole (appointed January 2025)

Independent Examiner
Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website
contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank
CAF Bank Ltd. West Malling, Kent.

Staff:
N Al-Ani – Director
C Isla – Volunteer Manager
K Edwards - Counselling Services Manager
E Ball – ISVA Manager

C Baker – Centre Manager
R Davies – Centre Coordinator
T Evans – ChISVA
F Thompson – ChISVA
U Chowdhury – BAME Community ISVA
C Mayers – ISVA
A-L Nice – ISVA (resigned August 2024)
S Stroud – ChISVA
A Ratajczyk - ISVA
C DeWilde – Countywide Duty ISVA (appointed October 2024)
C O'Connor – Consortium Lead (on behalf of the Cambridge and Peterborough Women's Consortium)

Counselling Team:
A Van Kleef
A Gatt (and Reflective Practice practitioner)
C Coupland (and Clinical supervisor)
D Mapes
E Smith
J Thompson (and Reflective Practice practitioner)
K Clarke
L Ashton
L Buckingham
L Mott
M Appleton
M Hughes (and Clinical supervisor)
M Paisley
R Wass
S Bishop
S Mushtaq
S Redmond
T Forbes-Mitchell

C Chappell (Clinical supervisor)
C Woroniecka (Clinical supervisor)
E Raymode (Clinical supervisor)
M Beardow (Clinical supervisor)
S Lee Chong (Clinical supervisor)
C Reisert (Reflective Practice practitioner)
C Snoxall (Group work facilitator)

In addition, many thanks to our sister Centres, listed below, who put us in contact with counsellors who were able to offer counselling in a range of community languages that survivors requested, making our service as accessible as possible:
Centre for Action on Rape and Abuse in Essex - J Matejek
Trafford Rape Crisis - J Xie
Chester Sexual Abuse Support Service - V Stasiuliene

Structure, Governance and Management

Organisational Structure

Since 10th September 2018 Cambridge Rape Crisis Centre (the organisation) has been registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871. The organisation's constitution is aligned to the Charity Commission's Foundation model constitution.

Membership of the CIO

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees

Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting

The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity. As

experienced by many in our sector, the consequences of the cost of living crisis impacted our staff recruitment and retention in the reporting period. This risk was mitigated against as far as possible with a review of current remuneration scales, securing multi-year funding for our ISVA and ChISVA posts and greater investment in the additional, non-financial, benefits of being employed by CRCC.

Remuneration Policy
CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources
The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy
CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers and ISVA clients) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2025 were £919,709 of which £355,178 were unrestricted and £564,531 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims to:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.

- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.

- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge, partner agencies of the countywide Domestic Abuse + Sexual Violence Partnership, and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 14).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery and Co-op Community Fund. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this during an on-going cost of living crisis. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of the CRCC community, without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the survivors who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Achievements and Performance

Summary of Charitable Activities 1st April 2024 – 31st March 2025

This year, Cambridge Rape Crisis Centre (CRCC) has continued to deliver specialist, independent, grassroots support to survivors of sexual violence across Cambridgeshire. We remain committed to working in partnership with a wide range of organisations to achieve the best possible outcomes for survivors. At the same time, we have challenged the root causes of sexual violence and highlighted gaps in service provision, helping to ensure that the needs of survivors in our county are recognised and met.

In the year 2024-25 CRCC supported 1,238 survivors, an increase of 14% on last year. 84% of survivors were adults (18yrs and over) and 16% were children and young people (under 18yrs). 52% of survivors had reported to the police and 48% had not reported. We delivered support services to survivors in Cambridge city, East Cambs, Fenland, Huntingdon, Peterborough and South Cambs. From the data provided by survivors, 91% were female, 6% were male, and 3% were non-binary and trans survivors.

We have continued to provide a range of high-quality services, despite increasing challenges. We are proud to have delivered a range of services designed to meet the needs of survivors, despite an increased demand for longer-term support and rising costs putting increased pressure on our already stretched team and budget. We also continue to work in a context where many statutory services, including mental health and social care, are stretched far beyond capacity: as a result, providing patchy provision, often with long waiting times. This means that CRCC is frequently the only agency supporting a survivor.

CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support, Live Chat and group work. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have been able to sustain the CRCC team and services this year.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

The College of Policing and National Police Chiefs' Council have warned this year that *"VAWG has reached epidemic levels in England and Wales, in terms of its scale, complexity and impact on victims".* As a specialist, survivor focussed sexual violence organisation, CRCC is needed now more than ever.

Support services

Emotional support services

We have sustained our volunteer-led telephone helpline, email support and live chat services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC emotional support services training; this in turn has enabled us to continue to deliver these vital support services.

This year we responded to 441 calls to our helpline and supported 116 survivors, of whom 16 were first time callers. We received 1,211 emails to our email support service, supporting 88 survivors through this service, of whom 50 were first time emailers. And we have supported 50 survivors to access live chat support conversations.

In 2024-25 there were 21 volunteers providing the helpline, email and live chat services; these services could not run without the commitment and dedication of our amazing community of volunteers.

All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting Black and minoritised survivors, supporting LGBTQI+ survivors and the Criminal Justice System.

Feedback from one of our Emotional Support Volunteers:
"I would like to express my gratitude for the opportunity to participate in the training and meet some truly amazing people. The training was incredibly valuable, and I learned a lot from you. I'll be forever grateful for this experience. Everyone I encountered at CRCC was welcoming, and it was enriching to be part of this organisation. The support among women, not just for survivors but for each other, was really empowering".

Independent Sexual Violence Advocacy Service (ISVA)

In the reporting period 308 survivors have accessed our Independent Sexual Violence Advocacy Service (ISVA). 157 were new referrals received in the year with 151 were existing service users. The service supported 227 adult survivors (aged 18yrs +) and 81 children and young people, 28 of whom were under 12 years old. The ISVA team delivered over 2,000 support and advocacy sessions this year.

Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable information to survivors of sexual violence in relation to police processes and the criminal justice system. In addition, our specialist community inclusion ISVA role, supporting survivors from Black and racially minoritised communities, has continued to build links and trust across a number of underrepresented groups and communities through dedicated community outreach work and engagement.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people, and their families where appropriate, to access a range of appropriate universal services, explore ways to help manage their mental health and support them to stay engaged within the criminal justice system should they wish to do so. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence. We recognise the importance of this service as the scale of child rape and sexual abuse is devastating, with an estimated 500,000 children experiencing sexual violence each year in England and Wales

Delays in the criminal justice system remain significant and as a result we are seeing survivors stay in service for longer than ever before. The latest Crown Court statistics are cause for great concern (Ministry of Justice Criminal Court Statistics January – March 2025):

- The number of outstanding cases in the Crown Court (for all offences) has increased yet again to a record high of 76,967.
- 3,808 adult rape cases are currently awaiting trial in the Crown Court – a 155% increase on the same time in 2022.
- 12,532 sexual offences cases are outstanding, also a record high and an 83% increase on 2022.
- In England and Wales, just 2.7% of rapes reported to police will result in a charge that same year, let alone a conviction.

Survivors wait too long for charging decisions and then for trials – this impacts survivor attrition, the mental health of survivors, and ultimately enhances the impunity and opportunities afforded to perpetrators to reoffend.

In the Governments *Rape Review Update Winter 2024* our ISVA service was featured as a case study to highlight a service of excellence:

> *"Survivors in Cambridgeshire and Peterborough have described the support they have received from the county's ISVA service as 'life saving'. Peterborough Rape Crisis Care Group and Cambridge Rape Crisis Centre work tirelessly to make sure ISVAs are available to support victims throughout their journey through the criminal justice system, building strong, trusting relationships that ensure each victim is able to pursue the outcome they want for their personal circumstance. By working closely together, these services have transformed the support available to victims and survivors of rape and sexual violence, ensuring it is equitable wherever a victim may live".*

Counselling and therapeutic services

In the financial year 2024-25 we provided 4,192 sessions of counselling to 489 individuals. We had 16 counsellors working with us, and four ad hoc counsellors providing counselling in Mandarin, Polish, Russian, and Turkish.

The amount of new referrals received to the counselling service was 405 for the year. Due to a lack of secure funding, in February 2025 we made the difficult decision to pause allocating new clients, and our website was updated to reflect this and that we were seeking further funding for the counselling service. From this point we operated a waiting list for new referrals who would be contacted as/when we had funding become available. Re-referrals increased by 22% on the previous

year, showing the continued need for specialist rape crisis counselling. The average waiting time for clients allocated within this financial year was 2.65 months prior to allocations being halted. There was an increase in female clients from 91% to 92%. Male clients increased from 5% to 6%. However, trans and non-binary clients decreased from 5% to 2%.

Self-referrals remained the same as the previous year, at 44%. Referrals from Criminal Justice Services (predominantly police) reduced from 21% to 14%. Referrals from ISVA increased from 15% to 24%. This may be due to the continued delays with the criminal justice system, as many clients don't wish to access counselling until after their CJS involvement is finished. All other referral routes remained consistent at between 3-4%. 50% of new referrals experienced historic (more than one year ago) abuse, and 31% of new referrals experienced abuse within the past year. This is an increase of 7% for historic abuse and 4% for recent sexual violence. Survivors experiencing sexual violence both as an adult and as a child decreased by 2%.

Face to face sessions accounted for 52% of sessions recorded, the highest since before the Covid-19 pandemic. However, demand for video and phone sessions still remains steady and will continue to be offered. This flexibility allows survivors living in remote areas or who have changeable schedules to be able to access therapeutic support in a format comfortable for them.

A new role within the counselling service evolved, and we successfully recruited for a Counselling Co-ordinator. This has expanded the capacity of the service to enable us to support people through the allocations process much faster, and has also meant that the CRCC counselling service was able to support new projects that hadn't been done before.

After the extremely concerning closure of Suffolk Rape Crisis in summer 2024, CRCC was able to take over the management of their counselling waiting list and Suffolk Rape Crisis kindly transferred the funds to cover this. Supporting this project would not have been possible without the role of both Counselling Co-ordinator and Counselling Services Manager. As a result, over 50 women were still offered counselling despite the closure of their local centre.

91% of survivors who filled out the feedback form rated the support they received from Cambridge Rape Crisis Centre as Excellent. 8% rated the support they received as Good. The counselling service remains a vital life line for survivors living in Cambridgeshire. As with last year, there remains an urgent need for this life changing service to be commissioned and resourced properly in recognition of the specialist and essential support it provides.

Group work and peer support

In the year 2024-25 CRCC delivered two peer support group projects. One for young teenage survivors and one for adult survivors of sexual violence and abuse. At the end of the projects both groups created a joint piece of artwork. The artwork produced by our peer support groups are a powerful act of collective action and solidarity (a section of the piece produced by the adult survivors group is featured at the front of this report).

Men and boys

CRCC continued to provide a number of services to male survivors and these include:

- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 12 years

- Male Rape Support Fund Counselling provision – adult men aged 18 years and over
- Children and young people's counselling provision – boys aged 0 – 13 years

Outcomes and impact

Our Outcome Framework has been developed with, and approved by, the Office of the Police and Crime Commissioner (OPCC) and is in line with the bespoke outcome framework established by Rape Crisis England and Wales. Listed below is an overview of the outcomes experienced by survivors who accessed CRCC support in the reporting period, 2024-25.

As a result of our support, percentage of survivors who agreed with the following statements:

Outcome	Percentage who Agree/Strongly Agree
Outcome: More able to access further support	
Know more about the services and resources available to them	97%
More able to access further support and/or services if they want to	96%
Outcome: Feel more able to take back their power and control	
Feel heard and believed	98%
Better understand what happened to them and how it has affected them	99%
More empowered to make decisions about their future	97%
Outcome: Develop better support networks and relationships	
Feel less alone and/or isolated	92%
Able to recognise abusive relationships / behaviour	99%
Outcome: Feel more able to assert themselves	
Able to press for their rights if they choose to	98%
Able to deal with abusive people/behaviour if they choose to	97%

Before and After questionnaire (on the difference support services have made to survivors):

Question	Before percentage	After percentage
Survivors have been more able to take back power and control		
Feel able to make everyday decisions	45%	78%
Feel able to cope with everyday life	23%	65%
Survivors develop better support networks and relationships		
Feel able to trust someone	32%	66%
Survivors have better health and wellbeing		
Feel confident in everyday life	14%	53%
Feel good about themselves	9%	54%
Feel optimistic about the future	19%	62%
Have used positive coping skills to take care of themselves	25%	67%
Have been taking care of their physical health (eating well, exercising)	34%	58%

As a result of our support, percentage of survivors who felt:

Outcome	Percentage who Agree/Strongly Agree
They got the information they wanted	99%
They got the support they wanted	99%
The physical environment(s) used felt safe and welcoming	99%
They valued being in a women-only environment (if applicable)	97%
The support was sensitive to needs and situation	99%
The group was facilitated in a supportive way (if applicable)	100%

Training, outreach and community connections

CRCC has delivered training to over 300 professionals in the year including to public sector staff, health care professionals, schools, colleges, businesses and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence. Listed below are examples of our training and outreach work in the reporting period:

Training:

- Businesses Against Abuse Accredited training programme - delivered in partnership with Cambridgeshire Constabulary (as part of Safer Streets 5)
- Buses and Businesses Against Abuse project – delivering training to Stagecoach East staff on tackling sexual harassment on public transport.
- Homerton College Tackling Sexual Harassment Symposium – guest speaker and panel member
- Co-delivered specialist training to the Cambridge Community Safety Partnership members and stakeholders on identifying, understanding and increasing access to safety in the lives of Black and racialised survivors
- Workshops delivered to the Domestic Abuse and Sexual Violence Champions Network on improving accessibility and inclusion for LGBTQ+ survivors.
- Training delivered to new staff within the CPS East of England Rape and Serious Sexual Offences Department.
- Workshops on sexual harassment, consent and peer support for young people in year 10 attending a local school
- Training delivered for new CPS victim liaison workers

Community outreach:

- ARU Survivors Art Exhibition
- Long Road International Women's Day Careers event
- Cambridge University Careers event
- ARU Psychology Fair
- ARU Cambridge Volunteering Fair
- Volunteer Fair Huntingdon
- Seniors Lunch at Cambridge United
- Young Women's Conference organised by Turtle Dove
- Facilitated an Open Cambridge event titled Rape Crisis Volunteers – 40 years strong.

Consultations and contribution to change

CRCC has contributed to a number of local, regional and national consultations and working groups in the reporting year, examples of which include:

- Operation Soteria Bluestone – attended national focus groups focusing on the needs of survivors from minoritised backgrounds.
- The Memorandum of Understanding between Cambridgeshire Constabulary and the Cambridge and Peterborough Rape Crisis ISVA service - has now been adopted as best practice for the National Operating Model (Operation Soteria).
- Meeting Baroness Newlove – invited to attend meeting with the National Victims Commissioner, Baroness Newlove, to seek our views on the impact of cuts and other funding challenges in real terms and the direct impact this is having on individual survivors accessing services.
- New Home Office ISVA Guidance - ISVAs involved in the consultation on the development of the Guidance.
- Sexual Violence Service in Victoria Australia - Invited to attend a seminar held at London Metropolitan University, which was part of an international best practice study tour being undertaken by a number of senior staff from Sexual Violence Service providers in Victoria Australia. We were invited to attend to discuss the Rape Crisis model in the UK with a particular focus on our ISVA service as they have recently obtained funding to pilot an ISVA service in their state.
- Angiolini Inquiry - Participated in an evidence gathering seminar for the Angiolini inquiry looking into failings that contributed to the murder of Sarah Everard by a serving police officer
- National Consultation on Children and Young People - Attended two consultations around new guidance concerning children and young people. The first was in relation to guidance on safeguarding in schools and the second was relating to proposed changes to the sex and relationships curriculum.
- Cambridge City Council Equalities Objectives for 2025-26 - We were asked to take part in a consultation process for Cambridge City Council on their draft Equalities Objectives for 2025-26, with a particular emphasis on the Council's response to gender equality and violence against women and girls
- Tortoise Media podcast - Interview with Tortoise Media for a podcast they were producing exploring survivors' experiences at court
- Rape Crisis England and Wales - Contributed to the report *Rape Crisis: A Funding Crisis*
- Offered feedback on a proposed national roll out of post charge, pre-trial meetings between survivors and the CPS.

Strategic involvement and input

Attendance and participation at the following strategic boards, panels and operational groups in the reporting period:

- Cambridge and Peterborough Domestic Abuse and Sexual Violence Partnership
- Countywide Domestic Abuse and Sexual Violence Strategic Board
- Sexual Violence Operational Group
- The Cambridgeshire and Peterborough VAWG Operational Group
- SARAC Review Group

- Cambridge City Domestic Abuse and Sexual Violence Forum
- Cambridgeshire Rape Scrutiny Panel

- East of England CPS VAWG Scrutiny Panel
- Survivors Feedback Panel
- Rape Crisis East Regional network
- Rape Crisis England and Wales Managers and Directors Forum

Awards and Recognition

Mindful Employer and Living Wage Employer kite mark
We were successful in our application to join the Charter for Employers Positive About Mental Health. This means that CRCC will be proudly recognised as one of the *Mindful Employer Charter* signatories until the 18th April 2026. We have also registered as a *Living Wage Employer* and are able to display the 'Living Wage Employer' kite mark to this effect.

Chartered Institution of Highways and Transportation awards
At the National Chartered Institute for Highways and Transport award ceremony we were announced as winners of the *Collaboration Award* for our work on the Buses and Businesses Against Abuse project with Stagecoach East and Cambridgeshire Constabulary. The award recognises the importance of effective relationships with other organisations and/or sectors to deliver real solutions and recognises those that have shown dedication to working in collaboration We were also highly commended for the *Bus Initiative of the Year Award,* which recognises outstanding initiatives within the field of bus transportation that have made a significant positive impact in England.





Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership
This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium
CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge**.** This year the consortium has worked to identify a number of priority areas to focus on, these include; elevating the voices of women and girls to influence meaningful change, strengthening the women's and girls' sector in Cambridgeshire, building connections and strengthening partnerships and establishing the identity of the Consortium.

Rape Crisis England and Wales
CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.



Synergy East
This year we established Synergy East, a partnership of Rape and Sexual Abuse Services, providing specialist services across the east region. Synergy East is a

partnership of Cambridge Rape Crisis Centre, Centre for Action on Rape and Abuse Colchester, Peterborough Rape Crisis Care Group, SERICC and Southend on Sea Rape Crisis. Our specialised services provide comprehensive, trauma-informed support for victims and survivors of sexual abuse and violence. United by a shared commitment, we address immediate and long-term needs, advocate for survivors' rights in the criminal justice system and raise awareness of the causes and impacts. Each service is accredited by Rape Crisis England & Wales, meeting National Service Standards to ensure high-quality ISVA services, emotional support, and therapeutic care.

ICENA
CRCC continues to work closely with four other Rape Crisis centres to develop ICENA Ltd, a social enterprise with a twofold social impact: providing services to prevent and respond to sexual harassment and eradicate gender inequality in organisations and communities and generating sustainable income for Rape Crisis centres. ICENA remains a key part of CRCC's long term sustainability plan.

Future Activities

Over the year 2025-26, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through specialist counselling
- Peer support group work projects
- Improved access to services for survivors from under represented and minoritised communities
- Access to support for supporters (family members, care givers and siblings)

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships, the Cambridge and Peterborough Women’s Consortium and Synergy East.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

"The support I received from CRCC has been amazing. This charity has saved my life".

Cambridge Rape Crisis Centre

Statement of Trustees' Responsibilities
for the Year Ended 31 March 2025

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees on ..21 January 2026..... and signed on the board's behalf by:

……
A Perry - Trustee

Independent Examiner's Report to the Trustees of Cambridge Rape Crisis Centre

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA

Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 21 January 2026

Cambridge Rape Crisis Centre

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	27,382	31,212	58,594	31,566
Charitable activities	5				
Support and advice		9,000	754,953	763,953	835,313
Other trading activities	3	52,682	7,610	60,292	51,559
Investment income	4	1,828	-	1,828	1,610
Other income		31,673	-	31,673	-
Total		122,565	793,775	916,340	920,048
EXPENDITURE ON					
Raising funds	6	16,594	12	16,606	15,623
Charitable activities	7				
Support and advice		84,737	780,621	865,358	830,716
Total		101,331	780,633	881,964	846,339
NET INCOME		21,234	13,142	34,376	73,709
Transfers between funds	16	22,275	(22,275)	-	-
Net movement in funds		43,509	(9,133)	34,376	73,709
RECONCILIATION OF FUNDS					
Total funds brought forward		311,668	573,665	885,333	811,624
TOTAL FUNDS CARRIED FORWARD		355,177	564,532	919,709	885,333

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Investments	12	1	-	1	1
CURRENT ASSETS					
Debtors	13	20,354	15,168	35,522	24,485
Cash at bank		350,230	569,672	919,902	897,272
		370,584	584,840	955,424	921,757
CREDITORS					
Amounts falling due within one year	14	(15,407)	(20,309)	(35,716)	(36,425)
NET CURRENT ASSETS		355,177	564,531	919,708	885,332
TOTAL ASSETS LESS CURRENT LIABILITIES		355,178	564,531	919,709	885,333
NET ASSETS		355,178	564,531	919,709	885,333
FUNDS	16				
Unrestricted funds				355,178	311,668
Restricted funds				564,531	573,665
TOTAL FUNDS				919,709	885,333

The financial statements were approved by the Board of Trustees and authorised for issue on ....21 January 2026..... and were signed on its behalf by:

.....
A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Cash Flow Statement
for the Year Ended 31 March 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	20,802	130,584
Net cash provided by operating activities		20,802	130,584
Cash flows from investing activities			
Interest received		1,828	1,610
Net cash provided by investing activities		1,828	1,610
Change in cash and cash equivalents in the reporting period		22,630	132,194
Cash and cash equivalents at the beginning of the reporting period		897,272	765,078
Cash and cash equivalents at the end of the reporting period		919,902	897,272

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Notes to the Cash Flow Statement
for the Year Ended 31 March 2025

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net income for the reporting period (as per the Statement of Financial Activities)	34,376	73,709
Adjustments for:		
Interest received	(1,828)	(1,610)
(Increase)/decrease in debtors	(11,037)	47,737
(Decrease)/increase in creditors	(709)	10,748
Net cash provided by operations	20,802	130,584

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	897,272	22,630	919,902
	897,272	22,630	919,902
Total	897,272	22,630	919,902

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern
There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants
Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

1. ACCOUNTING POLICIES - continued

Financial instruments
Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets
Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services
In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Donations	55,313	21,209
Gift aid	3,281	10,357
	58,594	31,566

3. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Fundraising events	59,244	48,412
Trading income	948	892
Services	100	2,255
	60,292	51,559

4. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	1,828	1,610

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.25 £	31.3.24 £
Grants	Support and advice	763,953	835,313

Grants received, included in the above, are as follows:

	31.3.25 £	31.3.24 £
Big Give Trust	2,500	-
Cambridgeshire County Council	-	17,500
National Lottery Community Fund	44,723	39,686
Police and Crime Commissioner	621,953	776,127
PEM Charitable Trust	-	2,000
Access to Work	10,277	-
Cambridge University Press & Assessment	500	-
The Henry Smith Charity	45,000	-
Suffolk Rape Crisis	39,000	-
	763,953	835,313

6. RAISING FUNDS

Raising donations and legacies

	31.3.25 £	31.3.24 £
Fundraising costs	16,606	15,623

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Support and advice	850,400	14,958	865,358

8. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Support and advice	66	14,892	14,958

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £1,150 plus VAT (2024: £1,200 plus VAT) a fee for the assistance with the accounts preparation of £2,345 plus VAT (2024: £2,200 plus VAT).

continued...

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	31.3.25 Support and advice £	31.3.24 Total activities £
Bank charges	66	66
Accountancy fees	11,211	11,089
Legal fees	3,681	-
	14,958	11,155

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

10. STAFF COSTS

	31.3.25 £	31.3.24 £
Wages and salaries	412,195	392,465
Social security costs	34,809	32,947
Other pension costs	15,742	14,487
	462,746	439,899

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
ISVA team	8	7
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Administrator	1	1
Director	1	1
Centre manager	1	1
	14	13

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £53,231.

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,442	124	31,566
Charitable activities			
Support and advice	-	835,313	835,313
Other trading activities	51,304	255	51,559
Investment income	1,610	-	1,610
Total	84,356	835,692	920,048
EXPENDITURE ON			
Raising funds	15,623	-	15,623
Charitable activities			
Support and advice	50,711	780,005	830,716
Total	66,334	780,005	846,339
NET INCOME	18,022	55,687	73,709
RECONCILIATION OF FUNDS			
Total funds brought forward	293,646	517,978	811,624
TOTAL FUNDS CARRIED FORWARD	311,668	573,665	885,333

12. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2024 and 31 March 2025	1
NET BOOK VALUE	
At 31 March 2025	1
At 31 March 2024	1

There were no investment assets outside the UK.

The charity's investments at the balance sheet date in the share capital of companies include the following:

continued...

12. FIXED ASSET INVESTMENTS - continued

Icena Limited
Registered office: 2 Pavilion Court, 600 Pavilion Drive, Northampton, NN4 7SL
Nature of business: Social enterprise

Class of share:	% holding
Ordinary	20

	31.7.24	31.7.23
	£	£
Aggregate capital and reserves	(79,090)	(163,711)
Profit/(loss) for the year	84,621	(43,991)

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Other debtors	13,751	12,394
Prepayments and accrued income	21,771	12,091
	35,522	24,485

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	22,939	18,352
Other creditors	275	1,781
Accruals and deferred income	12,502	16,292
	35,716	36,425

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.25	31.3.24
	£	£
Within one year	46,667	-
Between one and five years	169,151	-
	215,818	-

In respect of a property rental lease.

continued...

16. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	311,668	21,235	22,275	355,178
Restricted funds				
Counselling Fundraising	13,142	1,648	-	14,790
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	495,194	(49,610)	-	445,584
Male Rape Support Fund	22,812	(2,994)	-	19,818
Safer Streets	8,628	(8,628)	-	-
National Lottery Women's Consortium	29,506	13,833	-	43,339
Women's Festival	4,383	(4,383)	-	-
Co-Op Peer Support Group	-	500	-	500
Suffolk Counselling	-	62,775	(22,275)	40,500
	573,665	13,141	(22,275)	564,531
TOTAL FUNDS	885,333	34,376	-	919,709

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	122,565	(101,330)	21,235
Restricted funds			
Cambridge County Council - Counselling	400	(400)	-
Counselling Fundraising	40,921	(39,273)	1,648
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	573,148	(622,758)	(49,610)
Male Rape Support Fund	18,806	(21,800)	(2,994)
Safer Streets	30,000	(38,628)	(8,628)
National Lottery Women's Consortium	44,722	(30,889)	13,833
Women's Festival	-	(4,383)	(4,383)
Access to Work	10,278	(10,278)	-
Co-Op Peer Support Group	500	-	500
Suffolk Counselling	75,000	(12,225)	62,775
	793,775	(780,634)	13,141
TOTAL FUNDS	916,340	(881,964)	34,376

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	293,646	18,022	311,668
Restricted funds			
Cambridge County Council - Counselling	23,570	(23,570)	-
Counselling Fundraising	25,906	(12,764)	13,142
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	346,315	148,879	495,194
Groundwork UK	1,000	(1,000)	-
Male Rape Support Fund	3,350	19,462	22,812
National Health Carry over	108,337	(108,337)	-
Safer Streets	5,000	3,628	8,628
National Lottery Women's Consortium	-	29,506	29,506
Women's Festival	4,500	(117)	4,383
	517,978	55,687	573,665
TOTAL FUNDS	811,624	73,709	885,333

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	84,356	(66,334)	18,022
Restricted funds			
Cambridge County Council - Counselling	-	(23,570)	(23,570)
Counselling Fundraising	124	(12,888)	(12,764)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	749,933	(601,054)	148,879
Groundwork UK	-	(1,000)	(1,000)
Male Rape Support Fund	28,449	(8,987)	19,462
National Health Carry over	-	(108,337)	(108,337)
Safer Streets	17,500	(13,872)	3,628
National Lottery Women's Consortium	39,686	(10,180)	29,506
Women's Festival	-	(117)	(117)
	835,692	(780,005)	55,687
TOTAL FUNDS	920,048	(846,339)	73,709

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	293,646	39,257	22,275	355,178
Restricted funds				
Cambridge County Council - Counselling	23,570	(23,570)	-	-
Counselling Fundraising	25,906	(11,116)	-	14,790
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	346,315	99,269	-	445,584
Groundwork UK	1,000	(1,000)	-	-
Male Rape Support Fund	3,350	16,468	-	19,818
National Health Carry over	108,337	(108,337)	-	-
Safer Streets	5,000	(5,000)	-	-
National Lottery Women's Consortium	-	43,339	-	43,339
Women's Festival	4,500	(4,500)	-	-
Co-Op Peer Support Group	-	500	-	500
Suffolk Counselling	-	62,775	(22,275)	40,500
	517,978	68,828	(22,275)	564,531
TOTAL FUNDS	811,624	108,085	-	919,709

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	206,921	(167,664)	39,257
Restricted funds			
Cambridge County Council - Counselling	400	(23,970)	(23,570)
Counselling Fundraising	41,045	(52,161)	(11,116)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,323,081	(1,223,812)	99,269
Groundwork UK	-	(1,000)	(1,000)
Male Rape Support Fund	47,255	(30,787)	16,468
National Health Carry over	-	(108,337)	(108,337)
Safer Streets	47,500	(52,500)	(5,000)
National Lottery Women's Consortium	84,408	(41,069)	43,339
Women's Festival	-	(4,500)	(4,500)
Access to Work	10,278	(10,278)	-
Co-Op Peer Support Group	500	-	500
Suffolk Counselling	75,000	(12,225)	62,775
	1,629,467	(1,560,639)	68,828
TOTAL FUNDS	1,836,388	(1,728,303)	108,085

continued...

16. MOVEMENT IN FUNDS - continued

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)
The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

Cambridge County Council Counselling Fund
To support counselling for survivors of domestic abuse.

Counselling Fundraising
Targeted fundraising for counselling support.

National Health Carry Over
Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

This fund was formally named NHS Talking Therapies.

Safer Streets (tackling violence against women and girls)
Grant to deliver a Sexual Violence Ambassador programme for young people in school.

Celebrating Women fund (Women's Festival) - Cambridge City Council
Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

Male Rape Support Fund
Provision of counselling and therapeutic support to male survivors.

Access to Work
We receive an Access to Work grant to enable a staff member with disabilities to have access to specialist equipment and a support worker etc.

Co-op Peer Support Group
We received a Co-op Community Fund grant for a peer support group work project for girls (aged 13 - 16yrs).

Suffolk Counselling
Suffolk Rape Crisis Centre, which closed in Summer last year, transferred funds to CRCC to ensure that survivors on their counselling waiting list were able to be offered counselling.

Cambridge and Peterborough Women's Consortium (CPWC)

Our consortium's vision is for women and girls to be free to live the life they choose.
The purpose of working together is to maximise and amplify the impact of the work we do for the women and girls we serve and the organisations they may come into contact with.

The Cambridgeshire and Peterborough Women's Consortium is comprised of seven independent specialist women-led organisations:

- Cambridge Rape Crisis Centre
- Cambridge Women's Aid
- Cambridge Women's Resources Centre
- One Voice 4 Travellers
- Peterborough Rape Crisis Care Group

continued...

16. MOVEMENT IN FUNDS - continued

- Peterborough Women's Aid
- Turtle Dove Cambridge

Our memorandum of understanding outlines how we will operate on a lead member basis for each project we seek funding for. This promotes equality across our organisation by allowing for smaller members to gain experience of project leadership.

Funding from National Lottery Community Fund - Women's Consortium

The Consortium received funding from the National Lottery Community Fund (Partnerships London South East Region) This has enabled the Consortium to appoint a Consortium Lead to ensure our sustainability and make our work more efficient - working together means that effort made for one organisation benefits us all as duplication is reduced and any/all service development is sure to be aligned.

A Consortium Lead can make sure that we effectively share information to better identify gaps and that we develop intersectional responses across our organisations, some of which provide specialist support - e.g. relating to domestic violence - and some of which provide broader support, e.g. general support for marginalised women. Through developing joint plans and developing joint services we will enhance the impact of our services.

Transfers between funds

A transfer of £22,275 has been made from the Suffolk Counselling fund to the general fund. This was in adherence with a clause in the contract with Suffolk Rape Crisis that stated "In the event that you are unable to support 24 women, please treat any remaining unspent monies as unrestricted and to contribute towards the charitable objects of CRCC."

17. RELATED PARTY DISCLOSURES

Included in other debtors at the end of the year was an interest free loan of £12,307 to Icena Limited.

18. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

19. DISCLOSURE OF FUNDS RECEIVED AS AGENT

During the year, the charity has acted as an agent on behalf of a consortium of two local charities, Cambridge Rape Crisis Centre and Peterborough Rape Crisis Care Group.

During the year, Cambridge Rape Crisis Centre received income of £549,273 (2024: £396,436) as agent for the consortium and did not receive a fee for managing the consortium.

At the year end there were no balances owed between consortium members.

CAMBRIDGE RAPE CRISIS CENTRE

England & Wales - Charity number 1179871

Accounts

Cambridge Rape Crisis Centre

Report of the Trustees and Unaudited Financial Statements for the Year Ended 31st March 2024 for Cambridge Rape Crisis Centre



Artwork made by The Sisterhood peer support group for young survivors 2024

Annual Report
01st April 2023 – 31st March 2024

Cambridge Rape Crisis Centre

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Report of the Trustees for the Year Ended 31st March 2024

The trustees present their report with the financial statements of the charity for the year ended 31st March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 1179871
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:
A Perry - Chair
J Grech - Secretary
M Correia - Treasurer
M Lowthian
A Lindup
S Anderson
E Riley (appointed July 2023)
M Hamilton Dutoit (appointed July 2023)

Independent Examiner
Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website
contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank
CAF Bank Ltd. West Malling, Kent.

Staff:
N Al-Ani – Director
C Isla – Volunteer Manager
K Edwards - Counselling Services Manager
E Ball – ISVA Manager
C Baker – Centre Manger
R Davies – Centre Coordinator (joined June 2023)

T Evans – ChISVA
F Thompson – ChISVA
U Chowdhury – BAME Community ISVA
C Mayers – ISVA
A-L Nice – ISVA
S Stroud – ChISVA
A Ratajczyk - Countywide Duty ISVA (appointed May 2023)
C O'Connor – Consortium Lead (appointed December 2023 on behalf of the Cambridge + Peterborough Women's Consortium)

Counselling Team:
A Van Kleef
A Gatt (and Reflective Practice practitioner)
C Coupland (and Clinical supervisor)
D Mapes
E Smith
J Thompson (and Reflective Practice practitioner)
K Clarke
L Ashton
L Buckingham
L Mott
M Appleton
M Hughes (and Clinical supervisor)
M Paisley
R Wass
S Bishop
S Mushtaq
S Redmond
T Forbes-Mitchell

C Chappell (Clinical supervisor)
C Woroniecka (Clinical supervisor)
E Raymode (Clinical supervisor)
M Beardow (Clinical supervisor)
S Lee Chong (Clinical supervisor)
C Reisert (Reflective Practice practitioner)
C Snoxall (Group work facilitator)

In addition, many thanks to our sister Centres, listed below, who put us in contact with counsellors who were able to offer counselling in a range of community languages that survivors requested, making our service as accessible as possible:
Centre for Action on Rape and Abuse in Essex - J Matejek
Trafford Rape Crisis - J Xie
Chester Sexual Abuse Support Service - V Stasiuliene

Structure, Governance and Management

Organisational Structure

Since 10th September 2018 Cambridge Rape Crisis Centre (the organisation) has been registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871. The organisation's constitution is aligned to the Charity Commission's Foundation model constitution.

Membership of the CIO
The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees
Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting
The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity. As experienced by many in our sector, the consequences of the cost of living crisis impacted our staff recruitment and retention in the reporting period. This risk was mitigated against as far as possible with a review of current remuneration scales, securing multi-year funding for our ISVA and ChISVA posts and greater investment in the additional, non-financial, benefits of being employed by CRCC.

Remuneration Policy
CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources
The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy
CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers and ISVA clients) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2024 were £885,333 of which £311,668 were unrestricted and £573,665 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims to:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and policies for the benefit of survivors.

- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.

- End rape and sexual violence.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge, partner agencies of the countywide Domestic Abuse + Sexual Violence Partnership, and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 12).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery and Co-op Community Fund. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this during a cost of living crisis. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of the CRCC community, without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the survivors who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Achievements and Performance

Summary of Charitable Activities 1st April 2023 – 31st March 2024

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have remained committed to working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision, so that survivors in our county have their needs met.

In the year 2023-24 CRCC supported 1,063 survivors, of whom 49% were new referrals into service and 51% were existing, from the previous year. 93% of survivors were female, 5% were male, 1% were non-binary and 1% were trans survivors. In terms of age breakdown 77% were adult survivors (18yrs and over), 18% were young people (aged 13 – 17yrs) and 5% were children (12yrs and under). 40% were survivors of recent sexual violence and 60% were survivors of historic sexual violence and abuse. 34% of all those accessing services were self-referrals. We delivered support services to survivors in Cambridge city, East Cambs, Fenland, Huntingdon, Peterborough and South Cambs.

We continued to respond to increasing demand, and to the additional challenges presented by the cost of living crisis. Over the year, we have increased capacity across many CRCC services, in response to rapidly increasing demand for our support. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have grown the CRCC team and recruited a number of staff and sessional counsellors with strong skills and experience.

Throughout the cost of living crisis, CRCC has been a consistent source of support for survivors, many of whom have struggled with heightened anxiety, increased risk of food and fuel poverty, and other issues associated with the financial crisis. CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support, Live Chat and group work.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

As a specialist, survivor focussed sexual violence organisation, CRCC is needed now more than ever. In July 2024 Police Chiefs outlined the scale of violence against women and girls (VAWG) in England and Wales in a national policing statement bringing together comprehensive data and analysis. Due to the epidemic scale of offending, police leaders are calling for a whole-system approach that brings together criminal justice partners, government bodies and industry, in a new partnership that seeks to reduce the scale and impact of VAWG.

The National Policing Statement for VAWG, commissioned by the National Police Chiefs' Council and College of Policing, found:

- Over one million VAWG related crimes were recorded during 2022-23, accounting for 20% of all police recorded crime.

- Police recorded VAWG related crime increased by 37% between 2018-23.
- At least 1 in every 12 women will be a victim per year, with the exact number expected to be much higher.
- Child sexual abuse and exploitation increased by more than 400% between 2013 and 2022.

Not only is VAWG growing, but we are also seeing ever more complicated types of offending which causes significant harm to victims and society as a whole. One in every six murders related to domestic abuse in 2022-23, with suspected victim suicides following domestic abuse rising year-on-year.

Support services

Emotional support services

We have sustained our volunteer-led telephone helpline and email support services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC emotional support services training; this in turn has enabled us to continue to deliver these vital support services. This year we responded to 455 calls to our helpline and supported 118 survivors, of whom 17 were first time callers. We received 1,650 emails to our Email Support Service, supporting 76 survivors through this service, of whom 30 were first time emailers.

In 2023-24 there were 21 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers.

In the reporting period we were able to relaunch our Live Chat service in September 2023. This service has now been running on Tuesday afternoons each week. This is a vital service for those survivors who feel best supported through real-time emotional support and has so far supported 22 survivors to access Live Chat support conversations.

All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting Black and minoritised survivors, supporting LGBTQI+ survivors and the Criminal Justice System.

Feedback from one of our Emotional Support Volunteers: *"Volunteering with CRCC has been an incredible experience, and an amazing opportunity to support women and girls - to be a part of a volunteer group of such brilliant, caring and compassionate people has been such a privilege and being part of an organisation like CRCC has felt so special and powerful; I've truly treasured every moment and it has been a role that has allowed me huge personal growth"*

Independent Sexual Violence Advocacy Service (ISVA)

In the reporting period 397 survivors have accessed our Independent Sexual Violence Advocacy Service (ISVA). The ISVA team delivered over 2,000 support and advocacy sessions this year.

Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable information to survivors of sexual violence in relation to police processes and the criminal justice system. In addition, our specialist community inclusion ISVA role, supporting survivors from Black and racially minoritised communities, has continued to build links and trust across a number of underrepresented groups and communities through dedicated community outreach work and engagement.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people, and their families where appropriate, to access a range of appropriate universal services, explore ways to help manage their mental health and support them to stay engaged within the criminal justice system should they wish to do so. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence.

Delays in the criminal justice system remain significant and as a result we are seeing survivors stay in service for longer than ever before. In September 2024, the Victims' Commissioner, Baroness Newlove, launched a new survey exploring the impact court waiting times have on victims across England and Wales and the services in place to support them.

Amid lengthy delays throughout the criminal justice system – from police investigations to court proceedings, including the Crown Court backlog – it is important for the Victims' Commissioner to hear from victims about the impact these are having on their experiences of the criminal justice system.

Latest Ministry of Justice figures (end of December 2023) show that over a quarter (27%) of cases were rearranged on the day of trial. Almost two thirds (59%) of adult rape investigations had to be ended due to victims withdrawing. The current Crown Court open caseload stands at a record 67,573 cases – 16,031 of which have been outstanding for a year or more. It is feared that these conditions are placing unprecedented strain on both victims and the services in place to support them as well as making it harder to keep victims engaged with the criminal justice system.

Counselling and therapeutic services

In the financial year 2023-24 we provided 4,081 sessions of counselling to 442 individuals. We had 18 counsellors who were active in that year, and three ad hoc counsellors providing counselling in Mandarin, Polish, and Russian. While there wasn't a huge increase in referrals or allocations compared to the previous year, there was an increase in the number of sessions provided, by 547, and we saw a rise in the number of re-referrals. We also began tracking how many extensions to counselling were offered. Demand remained high for the counselling service overall.

Face to face sessions overtook remote sessions for the first time since Covid-19. 43% of sessions offered were recorded as face to face (1,749), 39% as video (1,550), and 18% as phone (710). There remains a high demand for remote counselling. Missed sessions remain at the same rate of 11% as the previous financial year.

Overall, we saw a slight increase in referrals from 422 to 452. However, compared to pre-COVID years 452 is still significantly higher (213 referrals in 2019-20). Waiting times have varied across the

service and have fluctuated significantly over the year, from an extreme of 9 months (for a face to face evening slot) to as little as one week (for remote clients).

Self-referrals remained similar to the previous year, at 44% (42% the previous year). Referrals from Criminal Justice Services (predominantly police) increased from 17% to 21%. Referrals from ISVA decreased from 20% to 15%.

We've seen some changes to age demographics too. There was an increase in the number of children under 12 referred to the counselling service, by 4% (as a percentage of total new referrals). While this may feel like a small amount, it's significant within the overall picture and the actual number of referrals for children nearly tripled since last year (from 11 referrals in 2022-23 to 30 in 2023-24). There were decreases of 3% as a proportion of new referrals from the previous year in the age groups 13-17 (15% in 2022-23 to 12% in 2023-24), 18-24 (28% in 2022-23 to 25% in 2023-24), and 35-44 (18% in 2022-23 to 15% in 2023-24). In previous years, most survivors have fallen into the 18-24 age group despite it covering fewer years than others. While still one of the top age groups for new referrals, it is now matched by the age group 25-34 which also sat at 25% for this year. We saw a slight increase in all age groups 45 and over, which is positive and shows that we are continuing to reach different communities

April 2023 saw us being able to offer a 6-day-a-week face to face counselling service in Cambridge. We continued to offer eye movement desensitisation and reprocessing (EMDR) therapy both online and face to face in Peterborough throughout the year. We had the highest number of survivors in service at one time ever, with just under 400 survivors receiving support through the counselling service in November 2023.

Group work and peer support

In the year 2023-24 CRCC delivered a peer support group project for young teenage survivors. The ChISVA service works with young people aged 0-18yrs and, responding to client feedback from young survivors reporting feelings of isolation, low self-esteem and a need for respite and meaning-making experiences, the ChISVA team ran a peer support group work project for teenage girls. The 'Sisterhood' group, named by group members, ran during February half term 2024 across three consecutive days.

At the end of the project the group created a joint piece of artwork (as detailed on the title page of this report). The artwork was a joy, with each participant engaging in their own way. The group had finger painting, collage, poetry, glitter, protest art, careful details and expressive brushstrokes. Each canvas included a part of the word 'sisterhood' and they were brought together to form a collective canvas.

At the end of the group work project young participants were asked to rate the support they had received from CRCC and 86% said it was excellent and 14% said it was good. One participant said of her time in the group *"I didn't say anything to anyone about what happened for ages because I was really scared of what was going to happen or what would be said but once I joined CRCC I felt accepted and heard. Especially with the group as I knew I wasn't alone and I had met some really amazing people who definitely did not deserve what happened to them. Actually talking to CRCC about what had happened and how I felt personally really helped me and allowed me to know that I had a voice and that none of it was my fault."*

Men and boys

CRCC continued to provide a number of services to male survivors and these include:

- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 12 years
- Male Rape Support Fund Counselling provision – adult men aged 18 years and over
- Children and young people's counselling provision – boys aged 0 – 13 years

Outcomes and impact

Our Outcome Framework has been developed with, and approved by, the Office of the Police and Crime Commissioner (OPCC) and is in line with the bespoke outcome framework established by Rape Crisis England and Wales. There are four key outcomes, these are 1) Improved health and wellbeing, 2) Better able to cope with aspects of everyday life, 3) Increased feelings of safety, 4) Improved sense of empowerment (+ better informed). Listed below is an overview of the outcomes experienced by survivors who accessed CRCC support in the reporting period, 2023-24:

Improved health and wellbeing

- 92% of adults had improved health and well-being after receiving support
- 94% of young people reported improved health and well-being after receiving support
- 90% of children reported improved health and wellbeing after receiving support

Able to cope with aspects of everyday life

- 97% of adults reported being better able to cope with aspects of everyday life
- 94% of young people reported being better able to cope with aspects of everyday life
- 81% of children reported being better able to cope with aspects of everyday life

Improved feelings of safety

- 82% of adults reported increased feelings of safety after receiving support
- 87% of young people reported improved feelings of safety after receiving support
- 95% of children reported improved feelings of safety

Better informed and empowered to act

- 99% of adults reported that they felt better informed and empowered to act
- 100% of young people reported that they felt better informed and empowered to act
- 95% of children reported they felt better informed and empowered to act

Better able to cope and build resilience to move forward

- 92% of adults reported that they were better able to cope and build resilience and move forward with daily life after receiving support
- 95% of young people reported that they were better able to cope and build resilience and move forward with daily life after receiving support
- 86% of children reported that they were better able to cope and build resilience and move forward with daily life after receiving support

Training, outreach and community connections

CRCC has delivered training to over 300 professionals in the year including to public sector staff, health care professionals, schools, colleges, businesses and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence. Listed below are examples of our training and outreach work in the reporting period:

- Cambridge Student Union Wellbeing Event
- Homerton College Tackling Sexual Harassment Symposium – guest speaker
- Cambridge City Young Women's Community Event
- Integrated Care Board (ICB) GP training workshops
- Cambridge Mosque Women's Health and Wellbeing Event
- Reclaim the Night March
- Anglia Ruskin University Researcher Webinar Series: Sexual Harm Research and the role of Rape Crisis
- Cambridge City Council training workshops for Councillors on misogyny
- Cambridge City VAWG Conference – leading a workshop on the power of peer support spaces
- Businesses Against Abuse Accredited training programme - delivered in partnership with Cambridgeshire Constabulary (as part of Safer Streets 5)
- Anglia Ruskin University Volunteer Fair
- Delivered a countywide Schools Conference in partnership with County Education Safeguarding Team on tackling sexual violence in schools. Attended by 180 people (teachers, safeguarding leads, school leaders and family workers) from primary and secondary schools, academies and independent schools and sixth form colleges across Cambridgeshire.

Consultations and contribution to change

CRCC has contributed to a number of local, regional and national consultations and working groups in the reporting year, examples of which include:

- Operation Soteria Bluestone – University of Glasgow and Child and Women Abuse Studies Unit, London Metropolitan University - attendance at a number of key Focus Groups
- Cambridgeshire County Council Violence Against Women's and Girls Needs Assessment 2024
- The Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership Action Plan 2024 – 2027
- Ministry of Justice - invited to take part in an interview for research into the local commissioning of sexual violence services through Police and Crime Commissioners (PCCs)
- Rape Crisis England and Wales - Contributed to the report *'A Real Safe Space'* How Rape Crisis Centres Support Children and Young People Who Have Experienced Child Rape and Sexual Abuse (CRaSA)
- Advising the Sexual Violence Advisory Service in Victoria, Australia, who are looking to establish an ISVA service/Justice Navigators. A group from Australia are in intending to visit the UK in October 2024 and hope to meet with representatives from CRCC.

Strategic involvement and input

Attendance and participation at the following strategic boards, panels and operational groups in the reporting period:

- Cambridge and Peterborough Domestic Abuse and Sexual Violence Partnership
- Countywide Domestic Abuse and Sexual Violence Strategic Board

- Sexual Violence Operational Group
- The Cambridgeshire and Peterborough VAWG Operational Group
- SARAC Review Group
- Cambridge City Domestic Abuse and Sexual Violence Forum
- Cambridgeshire Rape Scrutiny Panel
- East of England CPS VAWG Scrutiny Panel
- Survivors Feedback Panel
- Rape Crisis East Regional network

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium

CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge. With funding secured from the National Lottery Community Fund, the CPWC was able to appoint a Consortium Lead, Collette O'Connor, who joined the Consortium in December 2023. The purpose of having a Consortium Lead is to ensure our sustainability and make our work more efficient – working together as a Consortium means that effort made for one organisation benefits us all as duplication is reduced and any/all service development is sure to be aligned.

Appointing a Consortium Lead will make sure that we effectively share information to better identify gaps and that we develop intersectional responses across our organisations, some of which provide specialist support and some of which provide broader support, e.g. general support for marginalised women. Through developing joint plans and developing joint services we will enhance the impact of our services.

Rape Crisis England and Wales

CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.



Future Activities

Over the year 2024-25, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service

- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through specialist counselling
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities
- Access to support for supporters (family members, care givers and siblings)

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

"Your service has 100% helped me in all aspects of my life. For the first time in my life I feel I am in control of my decisions. What I have taken from your support has completely changed my life, I have learned to let go of the shame I have always felt. And I've got to a place of inner peace"

Cambridge Rape Crisis Centre

Statement of Trustees' Responsibilities
for the Year Ended 31 March 2024

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees on ....24 December 2024..... and signed on the board's behalf by:

……
A Perry - Trustee

Independent Examiner's Report to the Trustees of Cambridge Rape Crisis Centre

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA

Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: .....*24 December 2024*.....

Cambridge Rape Crisis Centre

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	31,442	124	31,566	30,315
Charitable activities	5				
Support and advice		-	835,313	835,313	532,227
Other trading activities	3	51,304	255	51,559	59,797
Investment income	4	1,610	-	1,610	1,251
Total		84,356	835,692	920,048	623,590
EXPENDITURE ON					
Raising funds	6	15,623	-	15,623	12,029
Charitable activities	7				
Support and advice		50,711	780,005	830,716	719,420
Total		66,334	780,005	846,339	731,449
NET INCOME/(EXPENDITURE)		18,022	55,687	73,709	(107,859)
RECONCILIATION OF FUNDS					
Total funds brought forward		293,646	517,978	811,624	919,483
TOTAL FUNDS CARRIED FORWARD		311,668	573,665	885,333	811,624

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Investments	12	1	-	1	1
CURRENT ASSETS					
Debtors	13	11,004	13,481	24,485	72,222
Cash at bank		307,094	590,178	897,272	765,078
		318,098	603,659	921,757	837,300
CREDITORS					
Amounts falling due within one year	14	(6,431)	(29,994)	(36,425)	(25,677)
NET CURRENT ASSETS		311,667	573,665	885,332	811,623
TOTAL ASSETS LESS CURRENT LIABILITIES		311,668	573,665	885,333	811,624
NET ASSETS		311,668	573,665	885,333	811,624
FUNDS	16				
Unrestricted funds				311,668	293,646
Restricted funds				573,665	517,978
TOTAL FUNDS				885,333	811,624

The financial statements were approved by the Board of Trustees and authorised for issue on .....*24 December 2024*..... and were signed on its behalf by:

.....
A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Cash Flow Statement
for the Year Ended 31 March 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	130,584	(152,268)
Net cash provided by/(used in) operating activities		130,584	(152,268)
Cash flows from investing activities			
Interest received		1,610	1,251
Net cash provided by investing activities		1,610	1,251
Change in cash and cash equivalents in the reporting period		132,194	(151,017)
Cash and cash equivalents at the beginning of the reporting period		765,078	916,095
Cash and cash equivalents at the end of the reporting period		897,272	765,078

The notes form part of these financial statements

Notes to the Cash Flow Statement for the Year Ended 31 March 2024

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	73,709	(107,859)
Adjustments for:		
Interest received	(1,610)	(1,251)
Decrease/(increase) in debtors	47,737	(42,107)
Increase/(decrease) in creditors	10,748	(1,051)
Net cash provided by/(used in) operations	130,584	(152,268)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank	765,078	132,194	897,272
	765,078	132,194	897,272
Total	765,078	132,194	897,272

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern
There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants
Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

1. ACCOUNTING POLICIES - continued

Financial instruments
Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets
Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services
In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Donations	21,209	23,648
Gift aid	10,357	6,667
	31,566	30,315

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Fundraising events	48,412	57,499
Trading income	892	98
Services	2,255	2,200
	51,559	59,797

4. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	1,610	1,251

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.24 £	31.3.23 £
Grants	Support and advice	835,313	532,227

Grants received, included in the above, are as follows:

	31.3.24 £	31.3.23 £
Anglia Ruskin University	-	5,901
Big Give Trust	-	8,496
Cambridgeshire County Council	17,500	55,000
Catholic Diocese of East Anglia	-	10,000
ChiSVA workbooks	-	200
Co-op Community Fund	-	3,631
Groundwork UK	-	1,000
NHS England	-	12,083
National Lottery Community Fund	39,686	-
Police and Crime Commissioner	776,127	435,916
PEM Charitable Trust	2,000	-
	835,313	532,227

6. RAISING FUNDS

Raising donations and legacies

	31.3.24 £	31.3.23 £
Fundraising costs	15,623	12,029

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Support and advice	819,561	11,155	830,716

8. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Support and advice	66	11,089	11,155

continued...

8. SUPPORT COSTS - continued

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £1,200 plus VAT (2023: £1,100 plus VAT) a fee for the assistance with the accounts preparation of £2,200 plus VAT (2023 £2,125 plus VAT).

Support costs, included in the above, are as follows:

	31.3.24 Support and advice £	31.3.23 Total activities £
Bank charges	66	74
Accountancy fees	11,089	10,464
Legal fees	-	1,592
Recruitment fees	-	3,307
	11,155	15,437

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

10. STAFF COSTS

	31.3.24 £	31.3.23 £
Wages and salaries	392,465	323,893
Social security costs	32,947	28,216
Other pension costs	14,487	13,609
	439,899	365,718

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
ISVA team	7	7
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Fundraising manager	-	1
Administrator	1	1
Director	1	1
Centre manager	1	-
	13	13

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £51,382.

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	27,411	2,904	30,315
Charitable activities			
Support and advice	701	531,526	532,227
Other trading activities	57,397	2,400	59,797
Investment income	1,251	-	1,251
Total	86,760	536,830	623,590
EXPENDITURE ON			
Raising funds	12,029	-	12,029
Charitable activities			
Support and advice	39,833	679,587	719,420
Total	51,862	679,587	731,449
NET INCOME/(EXPENDITURE)	34,898	(142,757)	(107,859)
Transfers between funds	5,897	(5,897)	-
Net movement in funds	40,795	(148,654)	(107,859)
RECONCILIATION OF FUNDS			
Total funds brought forward	252,852	666,631	919,483
TOTAL FUNDS CARRIED FORWARD	293,647	517,977	811,624

12. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2023 and 31 March 2024	1
NET BOOK VALUE	
At 31 March 2024	1
At 31 March 2023	1

There were no investment assets outside the UK.

continued...

12. FIXED ASSET INVESTMENTS - continued

The charity's investments at the balance sheet date in the share capital of companies include the following:

Icena Limited
Registered office: 2 Pavilion Court, 600 Pavilion Drive, Northampton, NN4 7SL
Nature of business: Social enterprise

Class of share:	% holding
Ordinary	20

	31.7.23	31.7.22
	£	£
Aggregate capital and reserves	(163,711)	(119,725)
Loss for the year	(43,991)	(34,577)

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Other debtors	12,394	12,307
Prepayments and accrued income	12,091	59,915
	24,485	72,222

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	18,352	17,476
Other creditors	1,781	1,316
Accruals and deferred income	16,292	6,885
	36,425	25,677

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.24	31.3.23
	£	£
Within one year	-	16,200
Between one and five years	-	10,800
	-	27,000

In respect of a property rental lease.

continued...

16. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	293,646	18,022	311,668
Restricted funds			
Cambridge County Council - Counselling	23,570	(23,570)	-
Counselling Fundraising	25,906	(12,764)	13,142
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	346,315	148,879	495,194
Groundwork UK	1,000	(1,000)	-
Male Rape Support Fund	3,350	19,462	22,812
National Health Carry over	108,337	(108,337)	-
Safer Streets	5,000	3,628	8,628
National Lottery Women's Consortium	-	29,506	29,506
Women's Festival	4,500	(117)	4,383
	517,978	55,687	573,665
TOTAL FUNDS	811,624	73,709	885,333

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	84,356	(66,334)	18,022
Restricted funds			
Cambridge County Council - Counselling	-	(23,570)	(23,570)
Counselling Fundraising	124	(12,888)	(12,764)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	749,933	(601,054)	148,879
Groundwork UK	-	(1,000)	(1,000)
Male Rape Support Fund	28,449	(8,987)	19,462
National Health Carry over	-	(108,337)	(108,337)
Safer Streets	17,500	(13,872)	3,628
National Lottery Women's Consortium	39,686	(10,180)	29,506
Women's Festival	-	(117)	(117)
	835,692	(780,005)	55,687
TOTAL FUNDS	920,048	(846,339)	73,709

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	252,852	34,897	5,897	293,646
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	82,970	-	(82,970)	-
Cambridge County Council - Counselling	-	23,570	-	23,570
Counselling Fundraising	15,861	10,045	-	25,906
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	409,655	(146,310)	82,970	346,315
Girl Up Group	371	(371)	-	-
Groundwork UK	-	1,000	-	1,000
Independent Inquiry into Child Sexual Abuse	3,446	-	(3,446)	-
Male Rape Support Fund	-	3,350	-	3,350
National Health Carry over	138,164	(29,827)	-	108,337
National Lottery Community Fund	6,664	(9,663)	2,999	-
Safer Streets	5,000	-	-	5,000
Women's Festival	4,500	-	-	4,500
	666,631	(142,756)	(5,897)	517,978
TOTAL FUNDS	919,483	(107,859)	-	811,624

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,759	(51,862)	34,897
Restricted funds			
ARU	5,900	(450)	5,450
Cambridge County Council - Counselling	55,000	(31,430)	23,570
Co-Operative Community Fund	719	(719)	-
Counselling Fundraising	26,012	(15,967)	10,045
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	426,713	(573,023)	(146,310)
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	-	1,000
Male Rape Support Fund	9,404	(6,054)	3,350
National Health Carry over	12,083	(41,910)	(29,827)
National Lottery Community Fund	-	(9,663)	(9,663)
	536,831	(679,587)	(142,756)
TOTAL FUNDS	623,590	(731,449)	(107,859)

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	252,852	52,919	5,897	311,668
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	82,970	-	(82,970)	-
Counselling Fundraising	15,861	(2,719)	-	13,142
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	409,655	2,569	82,970	495,194
Girl Up Group	371	(371)	-	-
Independent Inquiry into Child Sexual Abuse	3,446	-	(3,446)	-
Male Rape Support Fund	-	22,812	-	22,812
National Health Carry over	138,164	(138,164)	-	-
National Lottery Community Fund	6,664	(9,663)	2,999	-
Safer Streets	5,000	3,628	-	8,628
National Lottery Women's Consortium	-	29,506	-	29,506
Women's Festival	4,500	(117)	-	4,383
	666,631	(87,069)	(5,897)	573,665
TOTAL FUNDS	919,483	(34,150)	-	885,333

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	171,115	(118,196)	52,919
Restricted funds			
ARU	5,900	(450)	5,450
Cambridge County Council - Counselling	55,000	(55,000)	-
Co-Operative Community Fund	719	(719)	-
Counselling Fundraising	26,136	(28,855)	(2,719)
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,176,646	(1,174,077)	2,569
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	(1,000)	-
Male Rape Support Fund	37,853	(15,041)	22,812
National Health Carry over	12,083	(150,247)	(138,164)
National Lottery Community Fund	-	(9,663)	(9,663)
Safer Streets	17,500	(13,872)	3,628
National Lottery Women's Consortium	39,686	(10,180)	29,506
Women's Festival	-	(117)	(117)
	1,372,523	(1,459,592)	(87,069)
TOTAL FUNDS	1,543,638	(1,577,788)	(34,150)

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)
The contract covers the delivery of a countywide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

The Cambridgeshire County Council CADA Home Office Funded Project
The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

Cambridge County Council Counselling Fund
To support counselling for survivors of domestic abuse.

Co-operative Community Fund
Provision for counselling support

Counselling Fundraising
Targeted fundraising for counselling support.

National Health Carry Over
Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

This fund was formerly named NHS Talking Therapies.

continued...

16. MOVEMENT IN FUNDS - continued

Girl Up Group
Peer support group for young women and girls aged 13 - 16 years.

Independent Inquiry into Child Sexual Abuse
Funds received for supporting survivors to give evidence at the IICSA enquiry.

National Lottery Community Fund
Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

Safer Streets (tackling violence against women and girls)
Grant to deliver a Sexual Violence Ambassador programme for young people in school.

Celebrating Women fund (Women's Festival) - Cambridge City Council
Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

Male Rape Support Fund
Provision of counselling and therapeutic support to male survivors.

ARU
Service level agreement with ARU to co-locate ARU ISVA post at CRCC and support the delivery of training to staff.

Cambridge and Peterborough Women's Consortium (CPWC)

Our consortium's vision is for women and girls to be free to live the live they chose.
The purpose of working together is to maximise and amplify the impact of the work we do for the women and girls we serve and the organisations they may come into contact with.

The Cambridgeshire and Peterborough Women's Consortium is comprised of seven independent specialist women-led organisations:

- Cambridge Rape Crisis Centre
- Cambridge Women's Aid
- Cambridge Women's Resources Centre
- One Voice 4 Travellers
- Peterborough Rape Crisis Care Group
- Peterborough Women's Aid
- Turtle Dove Cambridge

Our memorandum of understanding outlines how we will operate on a lead member basis for each project we seek funding for. This promotes equality across our organisation by allowing for smaller members to gain experience of project leadership.

Funding from National Lottery Community Fund - Women's Consortium

The Consortium received funding from the National Lottery Community Fund (Partnerships London South East Region) This has enabled the Consortium to appoint a Consortium Lead to ensure our sustainability and make our work more efficient - working together means that effort made for one organisation benefits us all as duplication is reduced and any/all service development is sure to be aligned.

A Consortium Lead can make sure that we effectively share information to better identify gaps and that we develop intersectional responses across our organisations, some of which provide specialist support - e.g. relating to domestic violence - and some of which provide broader support, e.g. general support for marginalised women. Through developing joint plans and developing joint services we will enhance the impact of our services.

continued...

17. RELATED PARTY DISCLOSURES

Included in other debtors at the end of the year was an interest free loan of £12,307 to Icena Limited.

18. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

19. DISCLOSURE OF FUNDS RECEIVED AS AGENT

During the year, the charity has acted as an agent on behalf of a consortium of two local charities, Cambridge Rape Crisis Centre and Peterborough Rape Crisis Care Group.

During the year, Cambridge Rape Crisis Centre received income of £396,436 as agent for the consortium and did not receive a fee for managing the consortium.

At the year end there were no balances owed between consortium members.

CAMBRIDGE RAPE CRISIS CENTRE

England & Wales - Charity number 1179871

Accounts

Cambridge Rape Crisis Centre

Report of the Trustees Year and Unaudited Financial Statements for the Year Ended 31st March 2023 for Cambridge Rape Crisis Centre



Banner made by the CRCC Warriors peer support group for young survivors 2023

Annual Report
01st April 2022 – 31st March 2023

Cambridge Rape Crisis Centre

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Report of the Trustees for the Year Ended 31st March 2023

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 1179871
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:
A Perry - Chair
J Grech - Secretary
M Correia - Treasurer
M Lowthian
S Helm – resigned September 2022
A Lindup
S Anderson
J Freytag – resigned August 2022

Independent Examiner
Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website
contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank
CAF Bank Ltd. West Malling, Kent.

Staff:
N Al-Ani – Director
C Gardner – Volunteer Manager (resigned March 2023)
C Isla – Volunteer Manager (appointed April 2022)
K Edwards - Counselling Services Manager
E Ball – ISVA Manager
C Baker – Fundraising Manager (up to January '23) Centre Manager (from January 2023)
T Evans – Centre Administrator + ChISVA

K Johnson – ISVA (resigned October 2022)
G Ghai – ISVA (resigned May 2022)
H Williams – ChISVA (resigned July 2022)
F Thompson – ChISVA
U Chowdhury – BAME Community ISVA
C Mayers – ISVA (appointed July 2022)
A-L Nice – ISVA (appointed November 2022)
S Stroud – ChISVA (appointed February 2023)

Counselling Team:
A Van Kleef
A Gatt
C Coupland
C Reisert (and Reflective Practice practitioner)
C Scotney
C Snoxall
D Mapes
E Smith
J Thompson (and Reflective Practice practitioner)
K Clarke
L Ashton
L Buckingham
L Mott
M Appleton
M Hughes
M Paisley
R Wass
S Bishop
S Mushtaq
S Redmond
T Forbes-Mitchell
R Wyner (Clinical supervisor)
C Chappell (Clinical supervisor)
C Woroniecka (Clinical supervisor)
S Lee Chong (Clinical supervisor)

In addition, many thanks to our sister Centres, listed below, who put us in contact with counsellors who were able to offer counselling in a range of community languages that survivors requested, making our service as accessible as possible:
West Mercia Rape & Sexual Abuse Support Centre - L Gray
Centre for Action on Rape and Abuse in Essex - J Matejek
Trafford Rape Crisis - J Xie

Structure, Governance and Management

Organisational Structure

Since 10th September 2018 Cambridge Rape Crisis Centre (the organisation) has been registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871. The organisation's constitution is aligned to the Charity Commission's Foundation model constitution.

The Charity Commission's Foundation model constitution for CIO was approved to become the governing document of the charitable incorporated organisation. The CRCC constitution is as near to the form as the circumstances allow using clauses that are relevant and applicable to CRCC. It was unanimously agreed that those persons who were currently trustees of The Charity be appointed to become the first trustees of the charitable incorporated organisation.

Membership of the CIO

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

No Ex-officio or Nominated Trustees are included in the cohort of first charity trustees. Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting

The AGM is held to ensure that all staff, volunteers and sessional counsellors involved in CRCC, as well as other interested parties, are fully informed about the development of the charity, the management of funds and the services we provide. In order to ensure the future governance and development of the charity, anyone wishing to be involved in management or trustee roles are invited to approach the Management Committee at any time.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity. As experienced by many in our sector, the consequences of the cost of living crisis impacted our staff

recruitment and retention in the reporting period. This risk was mitigated against as far as possible with a review of current remuneration scales, securing multi-year funding for our ISVA and ChISVA posts and greater investment in the additional, non-financial, benefits of being employed by CRCC.

Remuneration Policy

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources

The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy

CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2023 were £811,624 of which £293,646 were unrestricted and £517,978 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims to:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.

- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.

- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and polices for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, the University of Cambridge, partner agencies of the countywide Domestic Abuse & Sexual Violence Partnership, and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 10).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery and Co-op Community Fund. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver several of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational, and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this during a cost of living crisis. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of the CRCC community, without whom we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the survivors who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Achievements and Performance

Summary of Charitable Activities 1st April 2022 – 31st March 2023

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have carried on working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision, so that survivors in our county have their needs met.

In the year 2022-23 CRCC supported 1,264 survivors, of whom 59% were new referrals into service and 41% were existing, from the previous year. 93% of survivors were female, 4% were male, 2% were non-binary and 1% were trans survivors. In terms of age breakdown 79% were adult survivors (18yrs and over), 17% were young people (aged 13 – 17yrs) and 4% were children (12yrs and under). 55% were survivors of recent sexual violence and 45% were survivors of historic sexual violence and abuse. 42% of all those accessing services were self-referrals. We delivered support services to survivors in Cambridge city, East Cambs, Fenland, Huntingdon, Peterborough and South Cambs.

We continued to respond to increasing demand, and to the additional challenges presented by the cost of living crisis and the legacy of Covid 19 pandemic. Over the year, we have increased capacity across many CRCC services, in response to rapidly increasing demand for our support. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have grown the CRCC team and recruited a number of staff and sessional counsellors with strong skills and experience.

Throughout the cost of living crisis, CRCC has been a consistent source of support for survivors, many of whom have struggled with heightened anxiety, increased risk of food and fuel poverty, and other issues associated with the financial crisis. CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support and group work.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

Support services

Emotional support services

We have sustained our volunteer-led telephone and email helpline services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC helpline and email support training; this in turn has enabled us to continue to deliver these vital support services. This year we responded to 476 calls to our helpline and supported 169 survivors, of whom 32 were first time callers. We received 2,178 emails to our Email Support Service, supporting 113 survivors through this service, of whom 51 were first time emailers.

In 2022-23 there were 22 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers.

All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting Black and minoritised survivors, supporting LGBTQI+ survivors and the Criminal Justice System.

Independent Sexual Violence Advocacy Service (ISVAs)

Like with all our services demand and acuity of need for the Adult and Children's Independent Sexual Violence Advocacy service continues to be high; this year 539 survivors have accessed this service. The ISVA service delivered 2,159 support and advocacy sessions this year.

Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable information to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people, and their families where appropriate, to access a range of appropriate universal services, explore ways to help manage their mental health and support them to stay engaged within the criminal justice system should they wish to do so. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence. We were also able to continue to enhance our ChISVA provision this year which was made possible with funding from the Cambridgeshire County Council's CADA Home Office funded project.

Delays in the criminal justice system have been significantly compounded by the Covid-19 pandemic, and subsequent barrister strikes in June '22, and as a result we are seeing survivors stay in service for longer than ever before. The Ministry of Justice recently published data showing that the median time between a rape offence and completion of the resulting criminal case was 1,020 days. Over two and half years. Extreme delays in a number of rape cases made the overall average delay even longer - more than seven and half years. Five years or more for a survivor to finally see a trial conclude is rapidly becoming the norm and something we are seeing in our work with survivors in the ISVA service at CRCC.

Counselling and therapeutic services

In the financial year 2022-23 we provided 3,674 sessions of counselling to 423 individuals. We had 20 counsellors who were active in the year, in addition we were able to work with a number of counsellors from sister centres who offered counselling in community languages to increase accessibility of our service. Counselling continued to be offered through a range of formats depending on survivors needs and preferences, this included counselling sessions delivered in person, on-line or via telephone. We saw a significant increase in self-referrals from 29% to 42%. Our engaged (planned) endings increased significantly this year, from 36% (153) to 49% (186). Clients who did not engage has decreased by 5%, 82 this year compared to 115 last year.

Overall, we saw a slight decrease in referrals from 508 to 422. However, compared to pre-Covid years 422 is still significantly higher than we have seen in the past. This, combined with the overlap of referrals from last year and a higher rate of engagement (meaning clients stay in service longer), has meant our waiting times have varied across the service and have fluctuated significantly over the year.

We saw an increase in trans and non-binary clients referring to the counselling service, which reflects the work undertaken to ensure our services are accessible. 3.79% of clients referred to the counselling service this year were trans or non-binary, compared to 1.96% the previous year. 91% of new referrals were female, and 4.97% were male. This isn't a significant change from last year (92% female, 5.31% male).

We've seen some changes to age demographics in the reporting period. We had a 4% increase in ages 25-34, 5% increase in 35-44, and 3% increase in 45-54 (increase as a percentage of total new referrals per year, e.g. last year 19% of new referrals were aged 25-34 compared to 23% this year). This is positive as it means we're beginning to reach different age groups.

This year we recruited additional specialist sessional counsellors in particular to meet the needs of children and young people.

Group work and peer support

In the year 2022-23 CRCC delivered two peer support group projects. We have long recognised how empowering it can be for those with shared lived experience to come together and share safe space and in doing so reduce feelings of isolation and build communities of resilience.

One of the groups was for young survivors, aged 12 – 16yrs, the CRCC Warriors, and ran in the February half term. This group was facilitated by a ChISVA and a CRCC Counsellor.

The second group that ran in the year was for adult survivors, Hold the Hope group. This group was facilitated by two CRCC counsellors.

Men and boys

CRCC continued to provide a number of services to male survivors and these include:

- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 13 years
- Male Rape Support Fund Counselling provision – adult men aged 18 years and over
- Children and young people's Counselling provision – boys aged 0 – 13 years

Training, outreach and community connections

CRCC has delivered training to over 100 people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

Consultations and contribution to change

CRCC has contributed to a number of local, regional and national consultations and working groups in the reporting year, examples of which include:

- Operation Sorteria Bluestone – University of Glasgow and Child and Women Abuse Studies Unit, London Metropolitan University
- The Centre of Expertise on Child Sexual Abuse - mapping the support for victims, survivors and family members affected by child sexual abuse
- Memorandum of Understanding (MoU) – work undertaken by Cambridge + Peterborough Rape Crisis Partnership and Cambridgeshire Constabulary to update the ISVA Service and Cambridgeshire Police MoU, with a view to relaunch in June 2023.
- Cambridge City Council and Cambridge Council for Voluntary Service- identifying health inequalities in Cambridge.
- Royal Holloway University of London + Rape Crisis England Wales – evaluation of NHS SARC Talking Therapies services
- Government Consultation – Victims Bill
- Rape Crisis England and Wales - Contributed to the '*Holding it Together*' Report on the courage, resilience and innovation of Rape Crisis Centres during the Covid-19 pandemic.
- Cambridge City Council - Contributed to the *Equalities Partnership Impacts of Covid-19* report highlighting the longer term consequences of the pandemic on minoritised and under-served communities.
- Lloyds Bank Foundation - Contributed to the development and piloting of the *Organisational Resilience Toolkit*.

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium

CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge.

Rape Crisis England and Wales

CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.



Strategic involvement and input

Attendance and participation at the following strategic boards, panels and operational groups:

- Cambridge and Peterborough Domestic Abuse and Sexual Violence Partnership
- Countywide Domestic Abuse and Sexual Violence Strategic Board
- Sexual Violence Operational Group
- The Cambridgeshire and Peterborough VAWG Operational Group
- SARAC Review Group
- Cambridge City Domestic Abuse and Sexual Violence Forum

- Cambridgeshire Rape Scrutiny Panel
- East of England CPS VAWG Scrutiny Panel
- Survivors Feedback Panel
- Rape Crisis East Regional network

Future Activities

Over the year 2023-24, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through specialist counselling
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

"I felt like I could really trust CRCC and open up. I never felt judged or misunderstood. I felt really validated and heard for the first time in my life".

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees on 27 November 2023 and signed on the board's behalf by:

.....
A Perry - Trustee

Independent Examiner's Report to the Trustees of Cambridge Rape Crisis Centre

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body (Section 145 of the Act). I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA

Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 28 November 2023

Cambridge Rape Crisis Centre

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	27,411	2,904	30,315	15,213
Charitable activities	5				
Support and advice		701	531,526	532,227	759,683
Other trading activities	3	57,397	2,400	59,797	85,885
Investment income	4	1,251	-	1,251	-
Total		86,760	536,830	623,590	860,781
EXPENDITURE ON					
Raising funds	6	12,029	-	12,029	11,431
Charitable activities	7				
Support and advice		39,833	679,587	719,420	612,707
Total		51,862	679,587	731,449	624,138
NET INCOME/(EXPENDITURE)		34,898	(142,757)	(107,859)	236,643
Transfers between funds	16	5,897	(5,897)	-	-
Net movement in funds		40,795	(148,654)	(107,859)	236,643
RECONCILIATION OF FUNDS					
Total funds brought forward		252,852	666,631	919,483	682,840
TOTAL FUNDS CARRIED FORWARD		293,647	517,977	811,624	919,483

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Investments	12	1	-	1	1
CURRENT ASSETS					
Debtors	13	58,741	13,481	72,222	30,115
Cash at bank		241,257	523,821	765,078	916,095
		299,998	537,302	837,300	946,210
CREDITORS					
Amounts falling due within one year	14	(6,353)	(19,324)	(25,677)	(26,728)
NET CURRENT ASSETS		293,645	517,978	811,623	919,482
TOTAL ASSETS LESS CURRENT LIABILITIES		293,646	517,978	811,624	919,483
NET ASSETS		293,646	517,978	811,624	919,483
FUNDS	16				
Unrestricted funds				293,646	252,852
Restricted funds				517,978	666,631
TOTAL FUNDS				811,624	919,483

The financial statements were approved by the Board of Trustees and authorised for issue on 27 November 2023 ... and were signed on its behalf by:

.....
A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Cash Flow Statement
for the Year Ended 31 March 2023

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	(152,268)	205,352
Net cash (used in)/provided by operating activities		(152,268)	205,352
Cash flows from investing activities			
Interest received		1,251	-
Net cash provided by investing activities		1,251	-
Change in cash and cash equivalents in the reporting period		(151,017)	205,352
Cash and cash equivalents at the beginning of the reporting period		916,095	710,743
Cash and cash equivalents at the end of the reporting period		765,078	916,095

The notes form part of these financial statements

Notes to the Cash Flow Statement for the Year Ended 31 March 2023

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(107,859)	236,643
Adjustments for:		
Interest received	(1,251)	-
Increase in debtors	(42,107)	(17,654)
Decrease in creditors	(1,051)	(13,637)
Net cash (used in)/provided by operations	(152,268)	205,352

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	916,095	(151,017)	765,078
	916,095	(151,017)	765,078
Total	916,095	(151,017)	765,078

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern
There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants
Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

1. ACCOUNTING POLICIES - continued

Financial instruments
Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets
Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services
In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	23,648	13,398
Gift aid	6,667	1,815
	30,315	15,213

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Fundraising events	57,499	85,302
Trading income	98	583
Services	2,200	-
	59,797	85,885

4. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	1,251	-

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23 £	31.3.22 £
Grants	Support and advice	532,227	759,683

Grants received, included in the above, are as follows:

	31.3.23 £	31.3.22 £
Anglia Ruskin University	5,901	-
Big Give Trust	8,496	-
Cambridge City Council	-	4,500
Cambridgeshire County Council	55,000	35,000
Catholic Diocese of East Anglia	10,000	-
ChiSVA workbooks	200	-
Co-op Community Fund	3,631	2,533
Groundwork UK	1,000	-
Lloyds Bank Foundation	-	7,595
NHS England	12,083	-
National Lottery Community Fund	-	11,729
Police and Crime Commissioner	435,916	698,326
	532,227	759,683

6. RAISING FUNDS

Raising donations and legacies

	31.3.23 £	31.3.22 £
Fundraising costs	12,029	11,431

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Support and advice	703,983	15,437	719,420

8. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Support and advice	74	15,363	15,437

continued...

8. SUPPORT COSTS - continued

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £1,100 plus VAT (2022:£950 plus VAT) a fee for the assistance with the accounts preparation of £2,125 plus VAT(2022: £2,065 plus VAT).

Support costs, included in the above, are as follows:

	31.3.23 Support and advice £	31.3.22 Total activities £
Bank charges	74	118
Accountancy and legal fees	10,464	7,782
Legal fees	1,592	-
Recruitment fees	3,307	-
	15,437	7,900

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

10. STAFF COSTS

	31.3.23 £	31.3.22 £
Wages and salaries	323,893	301,211
Social security costs	28,216	24,733
Other pension costs	13,609	13,269
	365,718	339,213

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
ISVA team	7	6
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Fundraising manager	1	1
Administrator	1	1
Director	1	-
	13	11

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £49,848.

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	12,798	2,415	15,213
Charitable activities			
Support and advice	-	759,683	759,683
Other trading activities	72,329	13,556	85,885
Total	85,127	775,654	860,781
EXPENDITURE ON			
Raising funds	11,431	-	11,431
Charitable activities			
Support and advice	41,066	571,641	612,707
Total	52,497	571,641	624,138
NET INCOME	32,630	204,013	236,643
RECONCILIATION OF FUNDS			
Total funds brought forward	220,223	462,617	682,840
TOTAL FUNDS CARRIED FORWARD	252,853	666,630	919,483

12. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2022 and 31 March 2023	1
NET BOOK VALUE	
At 31 March 2023	1
At 31 March 2022	1

There were no investment assets outside the UK.

The Charity's investments at the balance sheet date in the share capital of companies include the following:

continued...

12. FIXED ASSET INVESTMENTS - continued

Icena Limited
Registered office: 2 Pavilion Court, 600 Pavilion Drive, Northampton, NN4 7SL
Nature of business: Social enterprise

Class of share:	% holding
Ordinary	20

	31.7.22	31.7.21
	£	£
Aggregate capital and reserves	(119,725)	(85,143)
Loss for the year	(34,577)	(85,148)

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Other debtors	12,307	2,307
Prepayments and accrued income	59,915	27,808
	72,222	30,115

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	17,476	13,285
Other creditors	1,316	1,296
Accruals and deferred income	6,885	12,147
	25,677	26,728

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.23	31.3.22
	£	£
Within one year	16,200	-
Between one and five years	10,800	-
	27,000	-

In respect of a property rental lease.

continued...

16. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	252,852	34,897	5,897	293,646
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	82,970	-	(82,970)	-
Cambridge County Council - Counselling	-	23,570	-	23,570
Counselling Fundraising	15,861	10,045	-	25,906
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	409,655	(146,310)	82,970	346,315
Girl Up Group	371	(371)	-	-
Groundwork UK	-	1,000	-	1,000
Independent Inquiry into Child Sexual Abuse	3,446	-	(3,446)	-
Male Rape Support Fund	-	3,350	-	3,350
National Health Carry over	138,164	(29,827)	-	108,337
National Lottery Community Fund	6,664	(9,663)	2,999	-
Safer Streets	5,000	-	-	5,000
Women's Festival	4,500	-	-	4,500
	666,631	(142,756)	(5,897)	517,978
TOTAL FUNDS	919,483	(107,859)	-	811,624

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,759	(51,862)	34,897
Restricted funds			
ARU	5,900	(450)	5,450
Cambridge County Council - Counselling	55,000	(31,430)	23,570
Co-Operative Community Fund	719	(719)	-
Counselling Fundraising	26,012	(15,967)	10,045
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	426,713	(573,023)	(146,310)
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	-	1,000
Male Rape Support Fund	9,404	(6,054)	3,350
National Health Carry over	12,083	(41,910)	(29,827)
National Lottery Community Fund	-	(9,663)	(9,663)
	536,831	(679,587)	(142,756)
TOTAL FUNDS	623,590	(731,449)	(107,859)

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	220,223	32,629	252,852
Restricted funds			
CADA Fund	55,696	27,274	82,970
Co-Operative Community Fund	2,013	(2,013)	-
Counselling Fundraising	-	15,861	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	234,893	409,655
Girl Up Group	371	-	371
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	32,037	(32,037)	-
National Health Carry over	180,410	(42,246)	138,164
National Lottery Community Fund	13,882	(7,218)	6,664
Safer Streets	-	5,000	5,000
Women's Festival	-	4,500	4,500
	462,617	204,014	666,631
TOTAL FUNDS	682,840	236,643	919,483

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,127	(52,498)	32,629
Restricted funds			
CADA Fund	35,000	(7,726)	27,274
Co-Operative Community Fund	2,533	(4,546)	(2,013)
Counselling Fundraising	15,971	(110)	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	693,326	(458,433)	234,893
Lloyds Bank Foundation	7,595	(39,632)	(32,037)
National Health Carry over	-	(42,246)	(42,246)
National Lottery Community Fund	11,729	(18,947)	(7,218)
Safer Streets	5,000	-	5,000
Women's Festival	4,500	-	4,500
	775,654	(571,640)	204,014
TOTAL FUNDS	860,781	(624,138)	236,643

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	220,223	67,526	5,897	293,646
Restricted funds				
ARU	-	5,450	(5,450)	-
CADA Fund	55,696	27,274	(82,970)	-
Cambridge County Council - Counselling	-	23,570	-	23,570
Co-Operative Community Fund	2,013	(2,013)	-	-
Counselling Fundraising	-	25,906	-	25,906
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	88,583	82,970	346,315
Girl Up Group	371	(371)	-	-
Groundwork UK	-	1,000	-	1,000
Independent Inquiry into Child Sexual Abuse	3,446	-	(3,446)	-
Lloyds Bank Foundation	32,037	(32,037)	-	-
Male Rape Support Fund	-	3,350	-	3,350
National Health Carry over	180,410	(72,073)	-	108,337
National Lottery Community Fund	13,882	(16,881)	2,999	-
Safer Streets	-	5,000	-	5,000
Women's Festival	-	4,500	-	4,500
	462,617	61,258	(5,897)	517,978
TOTAL FUNDS	682,840	128,784	-	811,624

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	171,886	(104,360)	67,526
Restricted funds			
ARU	5,900	(450)	5,450
CADA Fund	35,000	(7,726)	27,274
Cambridge County Council - Counselling	55,000	(31,430)	23,570
Co-Operative Community Fund	3,252	(5,265)	(2,013)
Counselling Fundraising	41,983	(16,077)	25,906
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,120,039	(1,031,456)	88,583
Girl Up Group	-	(371)	(371)
Groundwork UK	1,000	-	1,000
Lloyds Bank Foundation	7,595	(39,632)	(32,037)
Male Rape Support Fund	9,404	(6,054)	3,350
National Health Carry over	12,083	(84,156)	(72,073)
National Lottery Community Fund	11,729	(28,610)	(16,881)
Safer Streets	5,000	-	5,000
Women's Festival	4,500	-	4,500
	1,312,485	(1,251,227)	61,258
TOTAL FUNDS	1,484,371	(1,355,587)	128,784

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)
The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

The Cambridgeshire County Council CADA Home Office Funded Project
The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

Cambridge County Counselling Fund
To support counselling for survivors of domestic abuse.

Co-operative Community Fund
Provision for counselling support

Counselling Fundraising
Targeted fundraising for counselling support.

Lloyds Foundation Grant
Grant made in response to Covid-19 Pandemic to support costs of remote working, delivering on-line support services, provision of support for staff and volunteers to build resilience and sustainability.

continued...

16. MOVEMENT IN FUNDS - continued

National Health Carry Over
Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

This fund was formally named NHS Talking Therapies.

Girl Up Group
Peer support group for young women and girls aged 13 - 16 years.

Groundwork UK
Tesco Bags of Help COVID-19 Communities grant for therapy boxes for children accessing counselling.

Independent Inquiry into Child Sexual Abuse
Funds received for supporting survivors to give evidence at the IICSA enquiry.

National Lottery Community Fund
Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

Safer Streets 3 (tackling violence against women and girls)
Grant to deliver a Sexual Violence Ambassador programme for young people in school.

Celebrating Women fund (Women's Festival) - Cambridge City Council
Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

Male Rape Support Fund
Provision of counselling and therapeutic support to male survivors.

ARU
Service level agreement with ARU to co-locate ARU ISVA post at CRCC and support the delivery of training to staff.

Transfers between funds

The following transfers were approved by the trustees:

The CADA fund from 2022 has now been merged into the Service Contract (PCC) - ISVA services fund following a change in funding from the Ministry of Justice.

The balance of the ARU fund of £5,450 was transferred to general funds following the completion of the restriction.

The balance of the Independent Inquiry into Child Sexual Abuse of £3,446 was transferred to general funds following the completion of the restriction.

A transfer of £2,999 from general funds to the National Lottery Community Fund was made to cover a shortfall of income to complete the counselling services provided.

continued...

17. RELATED PARTY DISCLOSURES

Included in other debtors at the end of the year was an interest free loan of £12,307 to Icena Limited.

18. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

CAMBRIDGE RAPE CRISIS CENTRE

England & Wales - Charity number 1179871

Accounts

Cambridge Rape Crisis Centre

Report of the Trustees Year Ended 31st March 2022
for Cambridge Rape Crisis Centre



Art work from CRCC Hold the Hope Survivors Group 2022

Annual Report
01st April 2021 – 31st March 2022

Cambridge Rape Crisis Centre

Contents of the Financial Statements
for the Year Ended 31 March 2022

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Report of the Trustees for the Year Ended 31st March 2022

The trustees present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Reference and Administrative Details

Charity name: Cambridge Rape Crisis Centre
Registered Charity number: 1179871
Registered address: Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:
A O'Leary - Co-chair - resigned 09.07.21
M Messmer - Co-chair - resigned 09.05.21
A Perry - Co-chair from 01.06.21 and Chair from 09.07.21
J Grech - Secretary
M Correia - Treasurer
M Lowthian
S Helm
A Lindup
S Anderson
J Freytag

Independent Examiner
Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website
contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank
CAF Bank Ltd. West Malling, Kent.

Staff:
N Al-Ani – Director
C Gardner – Volunteer Manager
K Edwards - Counselling Services Manager
E Ball – ISVA Manager
C Baker – Fundraising Manager
T Evans – Centre Administrator
C Hollis – ISVA Navigator

R Levine – ChISVA
S Mills – ChISVA
K Johnson – ISVA
G Ghai – ISVA
A Ord – ChISVA
H Williams – ChISVA
F Thompson – ChISVA
U Chowdhury – BAME Community ISVA

Counselling Team:
A Van Kleef
A Gatt
C Coupland
C Snoxall
D Walker-Smith
E Smith
J Grainger
J Thompson
L Ashton
M Appleton
M Hughes
S Mushtaq
T Forbes-Mitchell
R Wyner (Clinical supervisor)

In addition, many thanks to our sister Centres CARA, who put us in contact with a Polish speaking counsellor, and WMRSASC who put us in contact with a Spanish speaking counsellor enabling us to offer counselling in community languages that survivors requested, making our service as accessible as possible.

Structure, Governance and Management

Organisational Structure

In 2018 the members of CRCC resolved that it was in the interests of The Charity to change from an unincorporated association to a charitable incorporated organisation (CIO). On 10th September 2018 the organisation changed its legal status and successfully registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871.

The Charity Commission's Foundation model constitution for CIO was approved to become the governing document of the charitable incorporated organisation. The CRCC constitution is as near to the form as the circumstances allow using clauses that are relevant and applicable to CRCC. It was unanimously agreed that those persons who were currently trustees of The Charity be appointed to become the first trustees of the charitable incorporated organisation.

Membership of the CIO

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees

Apart from the first charity trustees, every trustee must be appointed for a term of three years by a

resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

No Ex-officio or Nominated Trustees are included in the cohort of first charity trustees. Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting
The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity

Remuneration Policy

CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources
The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Lloyds Bank Foundation, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy
CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2022 were £917,176 of which £250,546 were unrestricted and £666,630 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims to:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Secure high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and polices for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, the Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 9).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, The Big Lottery, Co-op Community Fund and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, director, staff, sessional counsellors and volunteers of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this on-line and in different ways in response to the pandemic. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

And finally, thank you to all of the women and girls who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Achievements and Performance

Summary of Charitable Activities 1st April 2021 – 31st March 2022

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have carried on working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision.

We continued to respond to increasing demand, and to the additional challenges presented by the COVID 19 pandemic. Over the year, we have increased capacity across all CRCC services, in response to rapidly increasing demand for our support. Maintaining sufficient capacity to meet demand is an ongoing challenge for CRCC, but we are delighted to have grown the CRCC team and recruited a number of new staff and sessional counsellors with strong skills and experience. We have also continued to maintain flexible service provision to respond to changing government guidance around COVID-19.

Throughout the pandemic, CRCC has been a consistent source of support for survivors, many of whom have struggled with the increased isolation, heightened anxiety and other issues associated with the pandemic. CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support, group work and a Live Chat service.

This year CRCC continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

Support services

Emotional support services

We have sustained our telephone and email helpline services this year. A new volunteer group was recruited during the year and underwent the comprehensive CRCC helpline and email support training; this in turn has enabled us to continue to deliver these vital support services. We continued to deliver our new Live Chat service to enable survivors to have as many routes to support as possible. This year we responded to 721 calls to our helpline and supported 260 survivors. we received 1,688 emails to our Email Support Service, supporting 116 survivors through this service.

In 2021-22 there were over 25 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating,

working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting LGBT+ survivors and the Criminal Justice System.

Independent Sexual Violence Advocacy Service (ISVAs)

Like with all of our service we have seen demand and acuity of need increase for the Adult and Children's Independent Sexual Violence Advocacy service; this year 566 survivors have accessed these services, an increase of almost 100 referrals compared to last year.

This year we were able increase and improve our ISVA provision, through the introduction of a Specialist Engagement ISVA role. Early in the year, the Cambridge and Peterborough Rape Crisis Partnership was successful in securing funding from the Ministry of Justice to appoint additional ISVAs with a focused role to provide more intensive support to survivors from Black and racially minoritised communities. We were also able to enhance our ChISVA provision through the continued employment of an additional part-time ChISVA made possible with funding from the Cambridgeshire County Council's CADA Home Office funded project.

Our ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people to access a range of appropriate universal services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence.

Counselling and therapeutic services

We continue to see unprecedented need and demand for our counselling and therapeutic services. Referrals are at their highest levels to date, with a 55% increase on 2020-21. In the reporting period we were able to deliver counselling to 911 survivors, providing 2,676 counselling sessions, on-line, over the phone and in-person.

This was the last year that we delivered the NHS Talking Therapies contract, commissioned by NHS England & Improvement, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the previous 12 months. Due to the impacts of the pandemic this service was extended to include talking therapy provision for those who were survivors of historic sexual violence and abuse.

We were able to respond to the increases in demand and need for these services by recruiting a number of additional session counsellors to join our counselling team at CRCC.

Men and boys

CRCC continued to provide a number of services to male survivors and these include:

- Talking Therapies Service – men and boys (any age)

- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 13 years

Training, outreach and community connections

CRCC has delivered training to over 100 people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. Training was developed and moved to an on-line delivery model during the year in line with Covid-19 restrictions. CRCC has also attended a number of community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership

This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium

CRCC is a founder member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge.

Rape Crisis England and Wales

CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.

Future Activities

Over the year 2022-23, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through counselling and talking therapies
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

"Knowing I was believed and not judged changed my life and made it possible for me to start to heal and want to live"

Report of the Trustees
for the Year Ended 31 March 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, on 10 January 2023 and signed on the board's behalf by:

.....
A Perry - Trustee

Independent Examiner's Report to the Trustees of
Cambridge Rape Crisis Centre

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulation 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA
Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 10 January 2023

Cambridge Rape Crisis Centre

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	12,798	2,415	15,213	414,988
Charitable activities					
Support and advice		-	759,683	759,683	771,729
Other trading activities	3	72,329	13,556	85,885	46,421
Investment income	4	-	-	-	164
Total		85,127	775,654	860,781	1,233,302
EXPENDITURE ON					
Raising funds	6	11,431	-	11,431	14,272
Charitable activities	7				
Support and advice		41,066	571,641	612,707	536,190
Total		52,497	571,641	624,138	550,462
NET INCOME		32,630	204,013	236,643	682,840
RECONCILIATION OF FUNDS					
Total funds brought forward		220,223	462,617	682,840	-
TOTAL FUNDS CARRIED FORWARD		252,853	666,630	919,483	682,840

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Investments	12	1	-	1	1
CURRENT ASSETS					
Debtors	13	16,634	13,481	30,115	12,461
Cash at bank		243,621	672,474	916,095	710,743
		260,255	685,955	946,210	723,204
CREDITORS					
Amounts falling due within one year	14	(7,404)	(19,324)	(26,728)	(40,365)
NET CURRENT ASSETS		252,851	666,631	919,482	682,839
TOTAL ASSETS LESS CURRENT LIABILITIES		252,852	666,631	919,483	682,840
NET ASSETS		252,852	666,631	919,483	682,840
FUNDS	15				
Unrestricted funds				252,852	220,223
Restricted funds				666,631	462,617
TOTAL FUNDS				919,483	682,840

The financial statements were approved by the Board of Trustees and authorised for issue on ....10 January 2023..... and were signed on its behalf by:

.....
A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Cash Flow Statement
for the Year Ended 31 March 2022

	Notes	31.3.22 £	31.3.21 £
Cash flows from operating activities			
Cash generated from operations	1	205,352	710,580
Net cash provided by operating activities		205,352	710,580
Cash flows from investing activities			
Purchase of fixed asset investments		-	(1)
Interest received		-	164
Net cash provided by investing activities		-	163
Change in cash and cash equivalents in the reporting period		205,352	710,743
Cash and cash equivalents at the beginning of the reporting period		710,743	-
Cash and cash equivalents at the end of the reporting period		916,095	710,743

The notes form part of these financial statements

Notes to the Cash Flow Statement for the Year Ended 31 March 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.22 £	31.3.21 £
Net income for the reporting period (as per the Statement of Financial Activities)	236,643	682,840
Adjustments for:		
Interest received	-	(164)
Increase in debtors	(17,654)	(12,461)
(Decrease)/increase in creditors	(13,637)	40,365
Net cash provided by operations	205,352	710,580

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21 £	Cash flow £	At 31.3.22 £
Net cash			
Cash at bank	710,743	205,352	916,095
	710,743	205,352	916,095
Total	710,743	205,352	916,095

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern
There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants
Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charitable' s pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

1. ACCOUNTING POLICIES - continued

Financial instruments
Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets
Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services
In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

In respect of the previous year ended 31 March 2021 included within Transfers from unincorporated charity within income are amounts of £394,297 being the transfer of funds from Cambridge Rape Crisis Centre, (charity number 286098) an unincorporated charity following the formation of this charity as a CIO.

In line with Charity Commission guidance, this transfer is not included in the calculation of the charity's income for the audit threshold.

3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Fundraising events	85,302	45,314
Trading income	583	1,107
	85,885	46,421

4. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	-	164

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.22 £	31.3.21 £
Grants	Support and advice	759,683	771,729

Grants received, included in the above, are as follows:

	31.3.22 £	31.3.21 £
CAF	-	1,930
Cambridge City Council	4,500	10,000
Cambridgeshire County Council	35,000	35,000
Co-op Community Fund	2,533	2,013
Groundwork UK	-	500
Lloyds Bank Foundation	7,595	26,405
National Lottery Community Fund	11,729	43,891
Police and Crime Commissioner	698,326	651,990
	759,683	771,729

6. RAISING FUNDS

Raising donations and legacies

	31.3.22 £	31.3.21 £
Fundraising costs	11,431	14,272

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Support and advice	604,807	7,900	612,707

8. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
Support and advice	118	7,782	7,900

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £950 plus VAT (2021:£750 plus VAT) a fee for the assistance with the accounts preparation of £2,536 plus VAT(2021: £2,500 plus VAT) and book keeping and advice during the year amounting to £3,000 plus VAT (2021:£4,899 plus VAT).

continued...

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	31.3.22 Support and advice £	31.3.21 Total activities £
Bank charges	118	73
Accountancy and legal fees	7,782	9,779
	7,900	9,852

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

10. STAFF COSTS

	31.3.22 £	31.3.21 £
Wages and salaries	301,211	246,402
Social security costs	24,733	21,524
Other pension costs	13,269	43,548
	339,213	311,474

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
ISVA team	6	7
ISVA manager	1	1
Counselling services manager	1	1
Volunteer manager	1	1
Fundraising manager	1	1
Administrator	1	1
	11	12

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £48,629.

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	221,021	193,967	414,988
Charitable activities			
Support and advice	-	771,729	771,729
Other trading activities	46,421	-	46,421
Investment income	164	-	164
Total	267,606	965,696	1,233,302
EXPENDITURE ON			
Raising funds	14,272	-	14,272
Charitable activities			
Support and advice	33,112	503,078	536,190
Total	47,384	503,078	550,462
NET INCOME	220,222	462,618	682,840
TOTAL FUNDS CARRIED FORWARD	220,222	462,618	682,840

12. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 April 2021 and 31 March 2022	1
NET BOOK VALUE	
At 31 March 2022	1
At 31 March 2021	1

There were no investment assets outside the UK.

The charity's investments at the balance sheet date in the share capital of companies include the following:

Icena Limited
Registered office: Salisbury House, Station Road, Cambridge, CB1 2LA
Nature of business: Social enterprise

Class of share:	% holding
Ordinary	20

	31.7.21 £	31.7.20 £
Aggregate capital and reserves	(85,143)	5
Loss for the year	(85,148)	-

continued...

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Other debtors	2,307	-
Prepayments and accrued income	27,808	12,461
	30,115	12,461

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	13,285	13,432
Social security and other taxes	-	730
Other creditors	1,296	1,256
Accruals and deferred income	12,147	24,947
	26,728	40,365

15. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	220,223	32,629	252,852
Restricted funds			
CADA Fund	55,696	27,274	82,970
Co-Operative Community Fund	2,013	(2,013)	-
Counselling Fundraising	-	15,861	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	234,893	409,655
Girl Up Group	371	-	371
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	32,037	(32,037)	-
NHS Talking Therapies	180,410	(42,246)	138,164
National Lottery Community Fund	13,882	(7,218)	6,664
Safer Streets	-	5,000	5,000
Women's Festival	-	4,500	4,500
	462,617	204,014	666,631
TOTAL FUNDS	682,840	236,643	919,483

continued...

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	85,127	(52,498)	32,629
Restricted funds			
CADA Fund	35,000	(7,726)	27,274
Co-Operative Community Fund	2,533	(4,546)	(2,013)
Counselling Fundraising	15,971	(110)	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	693,326	(458,433)	234,893
Lloyds Bank Foundation	7,595	(39,632)	(32,037)
NHS Talking Therapies	-	(42,246)	(42,246)
National Lottery Community Fund	11,729	(18,947)	(7,218)
Safer Streets	5,000	-	5,000
Women's Festival	4,500	-	4,500
	775,654	(571,640)	204,014
TOTAL FUNDS	860,781	(624,138)	236,643

Comparatives for movement in funds

	Net movement in funds £	At 31.3.21 £
Unrestricted funds		
General fund	220,223	220,223
Restricted funds		
CADA Fund	55,696	55,696
Co-Operative Community Fund	2,013	2,013
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	174,762
Girl Up Group	371	371
Independent Inquiry into Child Sexual Abuse	3,446	3,446
Lloyds Bank Foundation	32,037	32,037
NHS Talking Therapies	180,410	180,410
National Lottery Community Fund	13,882	13,882
	462,617	462,617
TOTAL FUNDS	682,840	682,840

continued...

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	267,606	(47,383)	220,223
Restricted funds			
CADA Fund	69,391	(13,695)	55,696
CAF Coronavirus Emergency fund	1,930	(1,930)	-
Co-Operative Community Fund	2,013	-	2,013
Covid Relief Fund	10,000	(10,000)	-
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	574,436	(399,674)	174,762
Digital Transformation Fund	3,043	(3,043)	-
Girl Up Group	2,436	(2,065)	371
Groundwork UK	500	(500)	-
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	32,037	-	32,037
Mind Project	1,107	(1,107)	-
NHS Talking Therapies	216,180	(35,770)	180,410
National Lottery Community Fund	43,891	(30,009)	13,882
Violence Against Women and Girls Transformation fund	5,286	(5,286)	-
	965,696	(503,079)	462,617
TOTAL FUNDS	1,233,302	(550,462)	682,840

continued...

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	-	252,852	252,852
Restricted funds			
CADA Fund	-	82,970	82,970
Counselling Fundraising	-	15,861	15,861
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	-	409,655	409,655
Girl Up Group	-	371	371
Independent Inquiry into Child Sexual Abuse	-	3,446	3,446
NHS Talking Therapies	-	138,164	138,164
National Lottery Community Fund	-	6,664	6,664
Safer Streets	-	5,000	5,000
Women's Festival	-	4,500	4,500
	-	666,631	666,631
TOTAL FUNDS	-	919,483	919,483

continued...

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	352,733	(99,881)	252,852
Restricted funds			
CADA Fund	104,391	(21,421)	82,970
CAF Coronavirus Emergency fund	1,930	(1,930)	-
Co-Operative Community Fund	4,546	(4,546)	-
Counselling Fundraising	15,971	(110)	15,861
Covid Relief Fund	10,000	(10,000)	-
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	1,267,762	(858,107)	409,655
Digital Transformation Fund	3,043	(3,043)	-
Girl Up Group	2,436	(2,065)	371
Groundwork UK	500	(500)	-
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Lloyds Bank Foundation	39,632	(39,632)	-
Mind Project	1,107	(1,107)	-
NHS Talking Therapies	216,180	(78,016)	138,164
National Lottery Community Fund	55,620	(48,956)	6,664
Safer Streets	5,000	-	5,000
Violence Against Women and Girls Transformation fund	5,286	(5,286)	-
Women's Festival	4,500	-	4,500
	1,741,350	(1,074,719)	666,631
TOTAL FUNDS	2,094,083	(1,174,600)	919,483

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)
The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

The Cambridgeshire County Council CADA Home Office Funded Project
The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

Co-Operative Community Fund
Provision for counselling support

Counselling Fundraising
Targeted fundraising for counselling support.

VAWG

continued...

15. MOVEMENT IN FUNDS - continued

Provision for trauma informed counselling services to children and young people who are victims or witness of sexual violence.

Lloyds Foundation Grant
Grant made in response to Covid-19 Pandemic to support costs of remote working, delivering on-line support services, provision of support for staff and volunteers to build resilience and sustainability.

NHS Talking Therapies
Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

Rape Crisis England and Wales - Digital Transformation Fund
Grant to improve our centres digital infrastructure.

Cambridge City Council - Covid relief fund
Discretionary business grant for charities and not-for-profit organisations in Cambridge impacted by the Covid-19 Pandemic.

Girl Up Group
Peer support group for young women and girls aged 13 - 16 years.

Groundwork UK
Tesco Bags of Help COVID-19 Communities grant for therapy boxes for children accessing counselling.

Independent Inquiry into Child Sexual Abuse
Funds received for supporting survivors to give evidence at the IICSA enquiry.

National Lottery Community Fund
Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

CAF Coronavirus Emergency Fund
Covid-19 emergency grant for purchase of equipment and training to support remote working and on-line service delivery during periods of lockdown.

Safer Streets 3 (tackling violence against women and girls)
Grant to deliver a Sexual Violence Ambassador programme for young people in school.

Celebrating Women fund (Women's Festival) - Cambridge City Council
Grant to support events to mark and celebrate CRCC's 40th Anniversary and the contribution of the women's sector to Cambridge city.

continued...

16. RELATED PARTY DISCLOSURES

Included in other debtors at the end of the year was an interest free loan of £2,307 to Icena Limited.

17. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.

CAMBRIDGE RAPE CRISIS CENTRE

England & Wales - Charity number 1179871

Accounts

Cambridge Rape Crisis Centre

Report of the Trustees Year Ended 31st March 2021
for Cambridge Rape Crisis Centre



'Thank you' card sent to all CRCC staff and volunteers by the Countywide Domestic Abuse and Sexual Violence Partnership as way of recognising the incredible efforts made by everyone to maintain essential support services during the pandemic.

Annual Report
01st April 2020 – 31st March 2021

Cambridge Rape Crisis Centre

Contents of the Financial Statements for the Year Ended 31 March 2021

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Message from the Management Committee For the Year Ended 31st March 2021

As a specialist, independent, grass-roots organisation, this year Cambridge Rape Crisis Centre (CRCC) continued to provide excellent support services to survivors of sexual violence in Cambridgeshire. We have carried on working closely with a range of partner organisations to bring about the best possible outcomes for survivors, and have tackled and challenged the causes of sexual violence, as well as highlighting gaps in service provision, so that for survivors in our county need.

During the COVID-19 pandemic, CRCC adapted its operations and continued to provide and develop a full range of safe services for survivors. CRCC workers, alongside rape crisis workers across the country, are formally recognised as key workers and so have been able to continue to offer face to face services to survivors throughout the pandemic, supporting service users who, owing to privacy or safety concerns, are unable to access our support remotely.

We have sustained our telephone and email helpline services this year and have responded to 2,250 calls and 1,511 emails. New volunteer groups were recruited during the year and underwent the comprehensive CRCC helpline and email support training; this in turn has enabled us to continue to deliver these vital support services. This year we launched a new Live Chat service to enable survivors to have as many routes to support as possible.

Like with all of our service we have seen demand and acuity of need increase for the Adult and Children's Independent Sexual Violence Advocacy service; this year 483 survivors have accessed these services. In 2020/21 we were able to increase the ISVA service capacity with additional funding through the Office of the Cambridgeshire Police and Crime Commissioner and have been able to appoint a new Independent Sexual Violence Advocate (ISVA) and a Children and Young People's ISVA (ChISVA).

Our counselling and talking therapies service supported 481 survivors through trauma informed specialist therapies; delivering 2,242 counselling sessions. This year we continued to deliver the NHS Talking Therapies contract, commissioned by NHS England & Improvement; we delivered immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the previous 12 months.

We continued to work in partnership with our sister centre, Peterborough Rape Crisis Care Group (PRCCG) to deliver an accessible, joined up and responsive countywide service for survivors.

We have continued to highlight the prevalence and impact of sexual violence through our essential community outreach and training.

With special thanks

We would like to take the opportunity to extend very special thanks to: Rape Crisis England and Wales, Office of the Police and Crime Commissioner, Cambridgeshire County Council, The Elms SARC, Women's Resource Centre, EVAW, Centre for Women's Justice, Anglia Ruskin University, Cambridge City Council, University of Cambridge and our sister centre Peterborough Rape Crisis Care Group and members of the Cambridge and Peterborough Women's Consortium for their continued support throughout this year (membership of the Consortium listed on Page 9).

Thanks also to the generosity and support of our funders. Without their continued support CRCC could not sustain the provision of vital support services to survivors in Cambridgeshire. Our funders include: Office of the Cambridgeshire Police and Crime Commissioner, Ministry of Justice, NHS England, Cambridgeshire County Council, Home Office, Co-op Community Fund, Cambridge RAG, The Big Lottery, Co-op Community Fund and Lloyds Bank Foundation. We are particularly grateful to the many individuals, corporate donors and trusts, some anonymous, who give us their support every year.

Thanks to all the members of the management committee, the trustees, staff, sessional counsellors, volunteers and the general members of CRCC who have worked incredibly hard and whose commitment and dedication has enabled CRCC to continue and grow.

Special thanks to our amazing community of volunteers who deliver many of our core support services and without whom we wouldn't be able to offer the wide range of support we do. Their dedication and commitment is inspirational and has helped make us the organisation we are today.

Our dedicated group of fundraising volunteers have organised fundraising events and activities, raising much needed funds for and awareness of CRCC despite the challenges of having to do much of this on-line and in different ways in response to the pandemic. It is with immense gratitude we thank the Cambridge community of families and individuals, all of whom helped support CRCC through fundraising activities and events.

A big thank you to every single member of CRCC without whom, we would not still be here, providing support to women and girls who have experienced rape or sexual abuse. The work you all do is important and we hope this annual report illustrates that.

Special thanks from the trustees, to our Director, Norah Al- Ani who celebrated ten years with CRCC in 2020. Her ongoing commitment, compassionate leadership, unparalleled expertise and determination has led us through this exceptionally challenging year, during which the already goalposts have moved in almost every aspect of our work.

We would like to congratulate Norah for being awarded an MBE in the New Year's Honours list in January 2021 in recognition of her work and dedication to social justice and gender equality.

And finally, thank you to all of the women and girls who use CRCC; for inspiring us with their strength and courage and for teaching us so much.

Report of the Trustees for the Year Ended 31st March 2021

The trustees present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2015). The trustees confirm that they have regard to the Charity Commission's guidance on public benefit. The Trustees believe the activities of the charity continue to comply with Section 4 of the Charities Act 2011 with regard to public benefit. The information about the public benefit provided by the charity is set out in this report.

Incorporation

The charitable company was incorporated on 10 September 2018 and commenced trading on 1 April 2020.

Reference and Administrative Details

Charity name:	Cambridge Rape Crisis Centre
Registered Charity number:	1179871
Registered office address:	Box R, 12 Mill Road, Cambridge, CB1 2AD

Trustees:
A O'Leary - Co Chair
M Messmer - Co Chair
J Grech - Secretary
M Correia- Treasurer
M Lowthian
S Helm
A Lindup
C Moore - Resigned 15.01.2021
S Anderson
A Perry
J Freytag - Appointed 09.03.2021

Independent Examiner
Lanham and Company
Chartered Accountants
9 Great Chesterford Court,
London Road,
Great Chesterford,
Essex, CB10 1PF

Contact details and website
contact@cambridgerapecrisis.org.uk
www.cambridgerapecrisis.org.uk

Bank
CAF Bank Ltd. West Malling, Kent.

Staff:
N Al-Ani – Director
C Gardner – Volunteer Manager
K Edwards - Counselling Co-ordinator
E Ball – ISVA Manager
C Baker – Fundraising Manager
R Sirotinina – Administrator
C Hollis – ISVA Navigator
R Levine – ChISVA
S Mills – ChISVA
K Johnson – ISVA

Counselling Team:
A Van Kleef
A Gatt
C Reisert
C Coupland
C Snoxall
D Walker-Smith
E Smith
E Gürkan
J Grainger
J Thompson
L Ashton
L Tilling
M Appleton
M Hughes
S Mushtaq
S Mills
T Forbes-Mitchell

Structure, Governance and Management

Organisational Structure

In 2018 the members of CRCC resolved that it was in the interests of The Charity to change from an unincorporated association to a charitable incorporated organisation (CIO). On 10th September 2018 the organisation changed its legal status and successfully registered with the Charity Commission as a Charitable Incorporated Organisation (CIO), with a new Charity Number 1179871.

The Charity Commission's Foundation model constitution for CIO was approved to become the governing document of the charitable incorporated organisation. The CRCC constitution is as near to the form as the circumstances allow using clauses that are relevant and applicable to CRCC. It was unanimously agreed that those persons who were currently trustees of The Charity be appointed to become the first trustees of the charitable incorporated organisation.

Membership of the CIO

The members of the CIO shall be its charity trustees for the time being. The only persons eligible to be members of the CIO are its charity trustees. Membership of the CIO cannot be transferred

to anyone else. Any member and charity trustee who ceases to be a charity trustee automatically ceases to be a member of the CIO.

Appointment of charity trustees
Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

No Ex-officio or Nominated Trustees are included in the cohort of first charity trustees. Should Ex-officio or Nominated Trustees be appointed at a future date then appropriate rules for appointment and tenure will be established by the incumbent trustees based on published Charity Commission advice and guidelines.

The Trustee Board shall include the following executive positions: Chair, Deputy Chair, Secretary and Treasurer. Other Trustees shall be elected to fill non-executive positions that are deemed necessary.

The management committee and the trustees are responsible for the running of the charity and the fulfilment of its objectives as well as safeguarding its assets.

They are also obliged to ensure that the charity adheres to Charity Commission guidelines and regulations as well as any other laws that apply and ensure independently examined accounts and annual returns are submitted to the Charity Commission each year.

Annual General Meeting
The AGM is held to ensure that all members of CRCC are fully informed about the development of the charity, the management of funds and the service we provide. It is also to ensure that all members have a role in the future governance and development of the charity through revisions to the constitution and election of management committee members and trustees. Any active members wishing to be involved in management or trustee roles are invited to approach the management committee at any time.

Risk Management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Board of Trustees recognises that the main external risk to the organisation is loss or reduction in funding, particularly in this current unstable financial climate. The charity will manage this risk by diversifying its funding sources through any new commissioning opportunities. Internal financial controls, policy and procedures are in place to ensure compliance. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity. Monitoring reports to external funders ensures a consistent quality of delivery for the operational aspects of the charity

Remuneration Policy
CRCC is committed to ensuring a proper balance between (i) paying our staff and others who work for us fairly so that we attract and retain the best people for the job and (ii) careful management of our charity funds.

In so doing we will ensure the greatest effectiveness in delivering our charitable objectives and meeting the needs of our beneficiaries. When determining the salary for a new post, we will collect information about comparable roles in other organisations, preferably within the voluntary sector. We will use this information to benchmark our own salaries, normally aiming to set it at a level that

appears to represent the market average. We will also seek advice from colleagues within other organisations when we know they employ people in similar roles. Salary allocations will be based on the requirements of the post, the experience each member of staff brings to the role, and the funding for the post.

Principal funding sources

The principal funding sources for the charity are currently by way of grant and contract income from Cambridgeshire Police and Crime Commissioner, The Big Lottery Fund, Lloyds Bank Foundation, Cambridgeshire County Council and income generated through community fundraising activities.

Reserves Policy

CRCC has a Reserves Policy. We require 3-6 months basic running costs in reserve to ensure that anyone depending on our service (especially long-term callers) are not left suddenly without support as this could have very serious repercussions for our very vulnerable service-users. Reserves for the year ending 31st March 2021 were £682,840 of which £220,223 were unrestricted and £462,617 were restricted. The trustees consider this to be a satisfactory amount.

Aims and Objectives

Our vision is that all women and girls can live free from the fear and experience of sexual violence

CRCC is a specialist sexual violence organisation which was set up to provide dedicated support services to women and girls who have experienced any form of sexual violence. CRCC acknowledges all forms of sexual violence, including: rape, sexual assault, childhood sexual abuse, sexual harassment, rape in marriage, forced marriage, and so-called honour based violence, female genital mutilation, trafficking and sexual exploitation, ritual abuse, irrespective of whether the violence is from known or unknown perpetrators.

We listen and believe

Cambridge Rape Crisis Centre Aims:

- Provide specialist support to women and girls who have experienced or are experiencing rape, childhood sexual abuse or any form of sexual violence.
- Securing high quality specialist sexual violence services for women and girls who have experienced sexual violence.
- Raise awareness of sexual violence, its prevalence and effects.
- Build our collective expertise to improve services and polices for the benefit of survivors.
- Press for change and promote the importance and need for appropriate, high-quality and specialised support for survivors.
- End rape and sexual violence.

Achievements and Performance

Summary of Charitable Activities 1st April 2020 – 31st March 2021

2020-21 has been an extraordinary year, with the impact of the COVID-19 pandemic affecting every aspect of CRCC's work. Over the year CRCC received a total of 809 new referrals to our services and delivered over 6,000 support sessions. CRCC's key achievements in 2020-21 have been:

Adapting our services in response to the COVID-19 pandemic

From March 2020, and in response to the Government announcement of the first lockdown, all CRCC workers and volunteers started working from home; offering remote support to our clients using telephone, video link or email. Throughout the pandemic, we have been able to provide a consistent source of support to survivors, many of whom have struggled with the increased isolation and heightened anxiety associated with the pandemic, or have been triggered by the restrictions imposed on their lives.

In April 2020, rape crisis workers were added to the Government's list of key workers, and we were gradually able to re-introduce some face-to-face support for those survivors who were unable to access our remote services because of safety or privacy issues. This included the ISVA support and some counselling and therapeutic support. Risk assessments, alongside procedures to minimise the risk of infection were put in place and our premises were adapted. Since the pandemic, we have replaced furnishings with wipe clean alternatives, introduced strict cleaning regimes and ensured that hand sanitiser, gloves and masks are available. The amount of face-to-face support we have offered has varied during the year, responding to changes in government advice and infection rates. Alongside our face-to-face provision, we have continued to offer a full range of services remotely throughout the year.

During 2020-21 CRCC continued to provide specialist wrap around support services to survivors of rape, sexual abuse and sexual violence in Cambridgeshire, through the availability of a confidential telephone helpline, trauma informed counselling service for adults and children, ISVA and ChISVA service, email support and the launch of our new Live Chat service.

Telephone Helpline

During 2020-21 CRCC responded to 2,250 calls to our telephone helpline. In the reporting year the helpline was open for 401 hours. The Helpline is open three times a week, on the following days:

Wednesday	7pm– 9.30pm
Thursday	7pm – 9.30pm, and
Sunday	10am – 12.30pm

Email Support

The Email Support Service provides an alternative route to accessing emotional support and information for survivors for whom using the written rather than spoken word may feel easier, safer or more comfortable.

We have responded to 1,511 emails in the reporting period. By increasing the number of email support shifts we have been able to reduce our response time this year.

New Live Chat Service Launched

This year we launched our Live Chat service to provide an additional route for survivors to access support remotely, in direct response to the changing support needs of survivors throughout the pandemic.

In 2020-21 there were over 25 volunteers providing the helpline and email service; these services could not run without the commitment and dedication of our volunteers. All CRCC volunteers receive an initial 50 hours' specialist sexual violence training to undertake the role of helpline and email volunteer, as well as a further programme of continuous professional development (CPD). The training covers a wide range of topics and includes: understanding rape, gendered violence, child sexual abuse, ritual abuse, Dissociative Identity Disorders, suicide, self-harm and disordered eating, working with young survivors, prostitution, sexual exploitation, supporting BAMER survivors, supporting LGBT+ survivors and the Criminal Justice System.

Counselling Service

We continue to see unprecedented need and demand for our counselling services. Referrals have increased by a huge 183% compared to two years previously.

In the reporting period we were able to deliver counselling to 481 survivors, of these 364 were adults, 71 were aged 13 – 17 years and 26 were aged 12 years and under. We provided 2,242 counselling sessions, on-line, over the phone and in-person.

This was the third year we continued to deliver the NHS Talking Therapies contract, commissioned by NHS England & Improvement, to deliver immediate therapeutic support to those who are survivors of recent sexual violence and who have accessed the Sexual Assault Referral Centre within the previous 12 months. Due to the impacts of the pandemic this service was extended to include talking therapy provision for those who were survivors of historic sexual violence and abuse.

Independent Sexual Violence Advocacy service (ISVAs)

In the reporting year the CRCC ISVA service supported 483 survivors. The ISVA service provides information, advocacy and support to survivors of historical, recent and acute sexual violence, and works closely with other relevant services and agencies in Cambridgeshire in order to address the impacts of sexual violence both on the individual survivor, their family and the local community. The ISVAs also provide independent and reliable advice to survivors of sexual violence in relation to police processes and the criminal justice system.

The Children and Young Peoples ISVA service (ChISVA) supports those aged 0 – 18yrs, who are experiencing or who are at risk of experiencing child sexual abuse or exploitation. The ChISVA service supports children and young people to access a range of appropriate universal services, explores ways to help manage their mental health and help them to stay engaged within the criminal justice system. ChISVA support offered pre-trial, during and post-trial helps children and young people to make sense of the process and to feel supported, ready and able to stand up in court to give their best evidence. This year we were able to enhance our ChISVA provision through the continued employment of an additional part-time ChISVA made possible with funding from the Cambridgeshire County Council's CADA Home Office funded project. And were able to increase the ISVA service capacity through additional funding from the Office of the Cambridgeshire Police and Crime Commissioner and were able to appoint two new workers; a new ISVA and ChISVA to join the team.

Men and boys

CRCC provides a number of services to male survivors and these include:

- Talking Therapies Service – men and boys (any age)
- ISVA Service – adult men aged 18 years and over
- Young Peoples ISVA Service – young men aged 13 – 18 years
- Children's ISVA service – boys aged 0 – 13 years

Awards and recognition

CRCC was delighted to be a recipient of The Mayor of Cambridge's *Volunteer for Cambridge Awards for 2020-2021*. The award formally recognises the outstanding contribution that CRCC volunteers have made in supporting residents in Cambridge during the COVID-19 crisis and our certificate is proudly displayed in our office for everyone to see.

The CRCC Director was awarded an MBE in the New Year's Honours list in January 2021 in recognition of her work and dedication to social justice and gender equality.

"I would not have got through the lockdown without your support, thank you for keeping me alive"

Training, outreach and community connections

CRCC has delivered training to over 100 people in the year including to public sector staff, health care professionals, schools, colleges and a wide range of community groups and organisations. Training was developed and moved to an on-line delivery model during the year in line with Covid-19 restrictions. CRCC has also attended a number of on-line community based events and activities throughout the year raising awareness of the causes and consequences of sexual violence.

Stronger Together - Partnership working

Cambridge and Peterborough Rape Crisis Partnership
This year the Cambridge and Peterborough Rape Crisis Partnership continued to deliver the County Wide Contract for Sexual Violence Support Services. The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work).

Cambridge and Peterborough Women's Consortium
CRCC is a proud member of the Cambridge and Peterborough Women's Consortium (CPWC). Consortium members include: Cambridge Rape Crisis, Peterborough Rape Crisis Care Group, Cambridge Women's Resources Centre, Cambridge Women's Aid, Peterborough Women's Aid, One Voice for Travellers and Turtle Dove Cambridge.

Rape Crisis England and Wales
CRCC is a proud member of Rape Crisis England and Wales and is a professionally approved Rape Crisis Centre through the successful completion and compliance with the Rape Crisis National Service Standards.

Future Activities

Over the year 2021-22, the charity will continue to fulfil its charitable objectives through its activities for the public benefit, including:

Provision of vital support service to survivors of sexual violence through:

- Telephone helpline support service
- Email support service
- Live Chat service
- Independent Sexual Violence Advocacy service for children, young people and adults
- Therapeutic support through counselling and talking therapies
- Peer support group work projects
- Improved access to services for survivors from Black and racially minoritised communities

Retain, support and invest in staff and volunteers throughout the charity.

Deliver specialist sexual violence training to other agencies and organisations to support better understanding of the causes and consequences of sexual violence and to promote best practice on supporting and responding to survivors.

Continue to evidence the need for and value of our work through improved data collection via the RCEW Data Performance Management System (DPMS).

Ongoing strategic advocacy and engagement work at a local and regional level, including responding to Government consultations and developing policy responses to issues relating to sexual violence and abuse.

Ongoing partnership work with the Cambridge and Peterborough Rape Crisis Partnerships and the Cambridge and Peterborough Women's Consortium.

Ongoing partnership work with other organisations, including strategic meetings with specialist sexual violence and abuse partners across the nation, and support and involvement with campaigns that promote the needs, rights and voices of survivors.

Identification, review and refresh of CRCC's strategic priorities.

Ongoing work to promote the needs, rights and voices of sexual violence and abuse victims and survivors, and to reduce and prevent sexual violence and abuse.

Report of the trustees approved by order of the board of trustees, on 27 January 2022 and signed on the board's behalf by:

A Perry - Trustee

Independent Examiner's Report to the Trustees of Cambridge Rape Crisis Centre

Independent examiner's report to the trustees of Cambridge Rape Crisis Centre ('the Charity')
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

1. the accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts did not accord with the accounting records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Ireland FCCA
Lanham and Company Limited
Chartered Accountants
9 Great Chesterford Court
London Road
Great Chesterford
Essex
CB10 1PF

Date: 27 January 2022

Cambridge Rape Crisis Centre

Statement of Financial Activities
for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	2	221,021	193,967	414,988
Charitable activities	5			
Support and advice		-	771,729	771,729
Other trading activities	3	46,421	-	46,421
Investment income	4	164	-	164
Total		267,606	965,696	1,233,302
EXPENDITURE ON				
Raising funds	6	14,272	-	14,272
Charitable activities	7			
Support and advice		33,112	503,078	536,190
Total		47,384	503,078	550,462
NET INCOME		220,222	462,618	682,840
TOTAL FUNDS CARRIED FORWARD		220,222	462,618	682,840

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Balance Sheet
31 March 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
FIXED ASSETS				
Investments	11	1	-	1
CURRENT ASSETS				
Debtors	12	12,461	-	12,461
Cash at bank		228,802	481,941	710,743
		241,263	481,941	723,204
CREDITORS				
Amounts falling due within one year	13	(21,041)	(19,324)	(40,365)
NET CURRENT ASSETS		220,222	462,617	682,839
TOTAL ASSETS LESS CURRENT LIABILITIES		220,223	462,617	682,840
NET ASSETS		220,223	462,617	682,840
FUNDS	14			
Unrestricted funds				220,223
Restricted funds				462,617
TOTAL FUNDS				682,840

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2022 and were signed on its behalf by:

A Perry - Trustee

The notes form part of these financial statements

Cambridge Rape Crisis Centre

Cash Flow Statement
for the Year Ended 31 March 2021

	Notes	£
Cash flows from operating activities		
Cash generated from operations	1	710,580
Net cash provided by operating activities		710,580
Cash flows from investing activities		
Purchase of fixed asset investments		(1)
Interest received		164
Net cash provided by investing activities		163
Change in cash and cash equivalents in the reporting period		710,743
Cash and cash equivalents at the beginning of the reporting period		-
Cash and cash equivalents at the end of the reporting period		710,743

The notes form part of these financial statements

Notes to the Cash Flow Statement for the Year Ended 31 March 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	£
Net income for the reporting period (as per the Statement of Financial Activities)	682,840
Adjustments for:	
Interest received	(164)
Increase in debtors	(12,461)
Increase in creditors	40,365
Net cash provided by operations	710,580

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank	-	710,743	710,743
	-	710,743	710,743
Total	-	710,743	710,743

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Going Concern
There are no material uncertainties that would cast doubt on the charity's ability to continue as a going concern.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Revenue is measured at the fair value of the consideration received or receivable.

Grants
Grants (including government grants) relating to revenue are recognised in income and expenditure over the same period as the expenditure to which they relate once reasonable assurance has been gained that the charity will comply with the conditions and that the funds will be received.

Grants due from government organisations or received in advance are included as current assets or liabilities.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Support and management costs are allocated between funds based on the proportion of staff and volunteer hours in each service, on the assumption that the major management expenses is a result of personnel. Volunteers are weighted as half and work substantially fewer hours.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

1. ACCOUNTING POLICIES - continued

Financial instruments
Financial assets and liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Trade debtors and creditors are classed as basic financial instruments and are initially measured at transaction price.

Cash and cash equivalents are classified as basic financial instruments and comprise cash in hand and at bank and short-term deposits with an original maturity date of three months or less.

Tangible fixed assets
Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition.

Donated services
In accordance with the Charities SORP (FRS 102), the time of general volunteers is not recognised. The role of volunteers is covered in more detail in the trustees report.

2. DONATIONS AND LEGACIES

Included within Transfers from unincorporated charity within income are amounts of £394,297 being the transfer of funds from Cambridge Rape Crisis Centre, (charity number 286098) an unincorporated charity following the formation of this charity as a CIO.

In line with Charity Commission guidance, this transfer is not included in the calculation of the charity's income for the audit threshold.

3. OTHER TRADING ACTIVITIES

	£
Fundraising events	45,314
Trading income	1,107
	46,421

4. INVESTMENT INCOME

	£
Deposit account interest	164

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	£
Grants	Support and advice	771,729

Grants received, included in the above, are as follows:

	£
CAF	1,930
Cambridge City Council	10,000
Cambridgeshire County Council	35,000
Co-op Community Fund	2,013
Groundwork UK	500
Lloyds Bank Foundation	26,405
National Lottery Community Fund	43,891
Police and Crime Commissioner	651,990
	771,729

6. RAISING FUNDS

Raising donations and legacies

	£
Fundraising costs	14,272

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Support and advice	526,338	9,852	536,190

8. SUPPORT COSTS

	Finance	Governance costs	Totals
	£	£	£
Support and advice	73	9,779	9,852

Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examination fee of £750 plus VAT a fee for the assistance with the accounts preparation of £2,500 plus VAT and book keeping and advice during the year amounting to £4,899 plus VAT.

continued...

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	Support and advice £
Bank charges	73
Accountancy and legal fees	9,779
	9,852

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021.

10. STAFF COSTS

	£
Wages and salaries	246,402
Social security costs	21,524
Other pension costs	43,548
	311,474

The average monthly number of employees during the year was as follows:

Support and advice	11

No employee received emoluments in excess of £60,000.

During the year the total remuneration to key management personnel was £47,657.

11. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
Additions	1
NET BOOK VALUE	
At 31 March 2021	1

There were no investment assets outside the UK.

continued...

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Prepayments	12,461

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade creditors	13,432
Social security and other taxes	730
Other creditors	1,256
Accruals and deferred income	24,947
	40,365

14. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.3.21 £
Unrestricted funds		
General fund	220,223	220,223
Restricted funds		
CADA Fund	55,696	55,696
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	174,762	174,762
Girl Up Group	371	371
NHS Talking Therapies	180,410	180,410
Independent Inquiry into Child Sexual Abuse	3,446	3,446
Co-Operative Community Fund	2,013	2,013
Lloyds Bank Foundation	32,037	32,037
National Lottery Community Fund	13,882	13,882
	462,617	462,617
TOTAL FUNDS	682,840	682,840

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	267,606	(47,383)	220,223
Restricted funds			
CADA Fund	69,391	(13,695)	55,696
Countrywide Sexual Violence Support Services Contract (PCC) - ISVA Services	574,436	(399,674)	174,762
Covid Relief Fund	10,000	(10,000)	-
Digital Transformation Fund	3,043	(3,043)	-
Girl Up Group	2,436	(2,065)	371
Groundwork UK	500	(500)	-
NHS Talking Therapies	216,180	(35,770)	180,410
Independent Inquiry into Child Sexual Abuse	3,446	-	3,446
Co-Operative Community Fund	2,013	-	2,013
Lloyds Bank Foundation	32,037	-	32,037
National Lottery Community Fund	43,891	(30,009)	13,882
Mind Project	1,107	(1,107)	-
Violence Against Women and Girls Transformation fund	5,286	(5,286)	-
CAF Coronavirus Emergency fund	1,930	(1,930)	-
	965,696	(503,079)	462,617
TOTAL FUNDS	1,233,302	(550,462)	682,840

The General reserve represents the free funds of the charity which are not designated for particular purposes.

The restricted funds of the charity during the period were:

Countrywide Sexual Violence Support Services Contract (OPCC)
The contract covers the delivery of a county wide ISVA service and also makes a contribution towards other support services for survivors of sexual violence (including helpline provision, email support, emotional support and group work). This is delivered in partnership with our sister Centre, Peterborough Rape Crisis Care Group.

The Cambridgeshire County Council CADA Home Office Funded Project
The funds CRCC receives through the CADA project are for enhanced Children and Young Peoples Sexual Violence Advocacy support provision and funds a ChISVA post.

VAWG Transformation Fund
Provision of trauma informed counselling services to children and young people who are victims or witnesses of sexual violence.

Lloyds Foundation Grant
Grant made in response to Covid-19 Pandemic to support costs of remote working, delivering on-line support services, provision of support for staff and volunteers to build resilience and sustainability.

NHS Talking Therapies
Contract to deliver the SARC Talking Therapies Service for children, young people and adults of recent sexual violence who have accessed SARC service in the last 12 months

continued...

14. MOVEMENT IN FUNDS - continued

Rape Crisis England and Wales - Digital Transformation Fund
Grant to improve our centres digital infrastructure.

The Cambridge and Peterborough Women's Consortium (CPWC) Mind Project
As part of the CPWC Mind funded project we were awarded funds to deliver a group work project.

Cambridge City Council - Covid relief fund
Discretionary business grant for charities and not-for-profit organisations in Cambridge impacted by the Covid-19 Pandemic.

Girl Up Group
Peer support group for young women and girls aged 13 - 16 years.

Groundwork UK
Tesco Bags of Help COVID-19 Communities grant for therapy boxes for children accessing counselling.

Independent Inquiry into Child Sexual Abuse
Funds received for supporting survivors to give evidence at the IICSA enquiry.

National Lottery Community Fund
Grant for provision of counselling services in response to the increased need and demand for therapeutic support throughout the pandemic.

CAF Coronavirus Emergency Fund
Covid-19 emergency grant for purchase of equipment and training to support remote working and on-line service delivery during periods of lockdown.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

16. ULTIMATE CONTROLLING PARTY

The charity was controlled jointly by the trustees.