

# The Samatha Trust

## Trustees' Annual Report for the year ended 5 April 2024

The Samatha Trust is registered with the Charity Commission of England and Wales. It is a Charitable Incorporated Organisation, No. 1179867 (entered on Register of Charities 10 September 2018).

Its address is: The Samatha Centre, Greenstreete, Llangunllo, Nr Knighton, Powys, LD7 1SP.

The charity trustees during the year to 5 April 2024 were:

Mr R. R. Adkins	Chairman
Ms F. Warren	Secretary
Dr M. Rowlands	Treasurer
Ms A. Woods	
Dr P.A. Dennison	
Dr J. Elsner	
Mr C.G. Gilchrist	
Dr C. King	
Mrs D. Raikes	
Mr C.M.M. Shaw	

New trustees are appointed by the Trustees.

The Trust sponsors classes, lectures and courses, most notably for the advancement of Samatha meditation. Classes are provided by affiliated groups at various locations around the UK – for example in London, Manchester, Oxford and Cambridge. Most expenses are funded locally and teaching is provided by unpaid volunteers. The Samatha Trust has no full-time employees.

The Samatha Trust continues to maintain a healthy financial position and donations meet the costs of running our three centres and residential courses at Greenstreete. Apart from weekends for beginners, no charge is made for courses.

We provide a full programme of residential courses/retreats at Greenstreete including Beginners' Weekends that are open to members of the public. In-person meetings take place at all of the centres and alongside these we continue to deliver several regular on-line meditation classes for new and continuing members, nationally and internationally, and weekly on-line groups on Buddhist teachings and meditation. During the past year the re-wilding project at Greenstreete that benefits the local and wider regional environment has continued to progress.

Robert R. Adkins, Chairman



On behalf of the Trustees

3rd February 2025