

# BST MMA ACADEMY

England & Wales · Charity number 1179824

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2018-09-05

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** Bostock House  
Gambrel Road  
Westgate Industrial Estate  
Northampton  
NN5 5DJ

**Phone** 07713974873

**Email** [info@bstnorthampton.com](mailto:info@bstnorthampton.com)

**Website** [www.bstacademy.co.uk](http://www.bstacademy.co.uk)

## Activities

---

**Objects:** THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF NORTHAMPTON AND SURROUNDING AREAS BY THE PROVISION OF FACILITIES FOR MIXED MARTIAL ARTS.

**Activities:** Community Sports

## Classification

---

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Amateur Sport
- **Who:** The General Public/mankind

## Geography

---

- Northamptonshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£102,982	£114,263	-	-
2024-03-31	£28,559	£112,682	-	-
2023-03-31	£29,546	£20,920	-	-
2022-03-31	£595,134	£73,725	£585,138	0
2021-03-31	£76,371	£70,938	-	-

## Trustees

Name	Role	Appointed
<b>CHARLOTTE ROGERS</b>	Chair	2018-09-05
Charlotte Lunn		2018-09-05
Daniel Batten		2022-04-01
JONATHAN TRUMAN		2018-09-05
ROBERT HOLLIS		2018-09-05

**BST MMA ACADEMY**

England & Wales - Charity number 1179824

---

# Accounts

---

Charity Registration No. 1179824 (England and Wales)

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2025**

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)  
REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2025**

---

<b>Page</b>	<b>CONTENTS</b>
1	Legal and administrative information
2 – 3	Trustees' Annual Report
4	Independent Examiners' Report
5	Statement of financial activities
6	Balance sheet
7 - 8	Notes to the financial statements

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2025**

---

<b>Charity Registration</b>	5 <sup>th</sup> September 2018
<b>Charity Number</b>	1179824
<b>Charity Trustees</b>	C Rogers                      Chair J Trueman                      Fundraising Secretary D Batten R Hollis
<b>Principal Address</b>	Bostock House Gambrel Road Westgate Industrial Estate Northampton NN5 5DJ
<b>Independent Examiner</b>	Topaz Solutions Limited Chartered Accountants 5 Giffard Court Millbrook Close Northampton NN5 5JF

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2025**

---

The trustees present their report and the unaudited financial statements for the year ended 31<sup>st</sup> March 2025. The information set out on page 1 forms part of this report.

**Structure, Governance and Management**

*Governing Document*

The organisation is a charitable incorporated organisation governed, by its Constitution adopted 5<sup>th</sup> September 2018.

*Trustees*

The trustees who have served throughout the year, unless a date of appointment or resignation is noted, are listed on page 1 of this report. The Trustees are appointed or reappointed every three years at the Annual General Meeting.

All trustees give their time voluntarily and received no remuneration or other benefits.

**Risk Management**

The trustees conduct their review of the risks to which the charity is exposed and establish systems to mitigate those risks. These systems are periodically reviewed to ensure they still meet the needs of the charity both now and in the future.

There is a child protection policy in place. Criminal Records Bureau checks are conducted prior to commencement of employment or trusteeship and checks are conducted again in line with statutory requirements.

**Objectives and Activities**

The object of the CIO is for the promotion of community participation in healthy recreation for the benefit of the Inhabitants of Northampton and surrounding areas by the provision of facilities for mixed martial arts, more specifically:

- to advance the mental, physical, and spiritual health through the participation in mixed martial arts; and
- to give everyone a chance to compete at the highest level they can obtain for their country at their chosen martial art.

**Public Benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the organisation's aims and objectives and in planning future activities.

**Achievements and Performance**

Throughout the 2024/25 financial year, the organisation continued to support the training of the juniors and adults who compete at an Olympic level, in addition to commencing to rebuild the community programme of outreach to local adults and children.

The organisation continues to be grateful to BST Judo Academy for their continued support and contribution to activities.

**Financial Review**

The charity made a deficit for the year of £(83,136) (2024 – £83,136). In the year to 31<sup>st</sup> March 2022, there was an extraordinary surplus of £521,409 due to donations received towards the purchase of the premises the organisation operates from. The donations have been used for the purchase of the property, and this is reflected in the net assets of the organisation.

*Reserves Policy*

Unrestricted funds, which are the free reserves of the Charity, comprise the operating fund of the Charity. It is the policy of the Charity to maintain the operating fund at a level to provide sufficient funds to cover all relevant costs to see the existing activities through to a satisfactory conclusion. Due to the nature of the activities of the Charity, this may vary significantly depending upon when in the calendar year such funds may be required. In the opinion of the Trustees, an appropriate level equates to approximately 3 months of unrestricted charitable expenditure. The Trustees monitor the unrestricted funds on an ongoing basis and review the reserves policy, including the level of reserves held, on an annual basis.

The unrestricted funds include a designated fund set aside by the Trustees for the replacement of the building from which the charity operates

**Statement of Trustees' Responsibilities**

The charity's trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Practice.

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the income and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with FRS 102 CHARITIES SORP.

This report was approved by the Trustees on 30<sup>th</sup> January 2026 and signed on their behalf by:

.....  
**C Rogers**  
Chair

## **INDEPENDENT EXAMINORS REPORT**

### **TO THE MEMBERS OF BST MMA ACADEMY (CHARITABLE INCORPORATED ORGANISATION)**

---

I report on the financial statements of BST MMA Academy for the year ended 31<sup>st</sup> March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, I express no opinion as to whether the financial statements present a 'true and fair' view, and my report is limited to those specific matters set out in the independent examiner's statement.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Vanessa Graham FCA  
Topaz Solutions Limited  
Chartered Accountants & Registered Auditor**

5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

30<sup>th</sup> January 2026.

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31ST MARCH 2025**

	Notes	2025 Total Funds £	2024 Total Funds £
<b>Income and endowments from:</b>			
Donations and legacies		16,682	22,359
<i>Income from charitable activities:</i>			
Fees receivable		8,300	6,200
Rent receivable		78,000	-
<b>Total income</b>		<u>102,982</u>	<u>28,559</u>
<b>Expenditure on:</b>			
Expenditure on charitable activities	<b>2</b>	36,263	112,681
<b>Total Expenditure</b>		<u>114,263</u>	<u>112,681</u>
<b>Net movement in funds</b>		(11,281)	(84,122)
Total funds brought forward		509,642	593,764
<b>Total funds carried forward</b>		<u><u>498,361</u></u>	<u><u>509,642</u></u>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**BALANCE SHEET**

**AS AT 31ST MARCH 2025**

	Notes	2025		2024	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible fixed assets	4		561,088		573,088
<b>Current Assets</b>					
Cash at bank and in hand			1,554		1,554
<b>Less:</b> Loan	5		(65,000)		(65,000)
<b>Net Assets</b>			<u>509,642</u>		<u>593,764</u>
<b>Represented by:</b>					
General funds	6		10,361		9,642
Designated funds	6		488,000		500,000
<b>Unrestricted reserves</b>			<u>498,361</u>		<u>509,642</u>

Approved by the Board for issue on 30<sup>th</sup> January 2026

.....  
**C Rogers**

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2025**

---

**1 Accounting policies**

**1.1 Basis of preparation**

The Financial Statements have been prepared in accordance with applicable Accounting Standards in the United Kingdom and with FRS 102 CHARITIES SORP.

**1.2 Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income, and the amount can be quantified with reasonable accuracy. There has been no offsetting of assets and liabilities or income and expenses, unless required or permitted by the FRS 102 CHARITIES SORP or FRS 102.

Grants and donations are included in the Statement of Financial Activities when the general income criteria are met in accordance with paragraphs 5.10 to 5.12 of FRS 102 CHARITIES SORP.

Legacies are included within the Statement of Financial Activities when receipt is probable, that is when there has been grant of probate, the executors have established that there are sufficient assets in the estate and that any conditions attached to the legacy are either within the control of the charity or have been met.

**1.3 Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity. Designated funds are unrestricted funds set aside by the Trustees for use for specific purposes. Restricted funds are grants and donations which have been received for specific projects of the charity.

**1.4 Tangible Fixed Assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value over their expected useful lives on the following basis:

Equipment, fixtures, and fittings - 25% Straight line

**1.5 Expenditure**

Expenditure is recognised when there is a legal or constructive obligation to make a payment to a third party. Costs of charitable activities comprise the costs incurred by the Charity to meet its charitable objectives, the provision of services and facilities. Support costs are those costs incurred to enable the Charity to deliver its programme of activities.

<b>2 Expenditure on charitable activities</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Coaches, training fees and clothing	-	150
Rent of premises	78,000	78,000
Repairs to premises (net of insurance claim)	-	6,931
Insurance	15,302	9,405
Professional fees	3,600	-
Other support costs	5,361	6,196
Depreciation	12,000	12,000
	<hr/>	<hr/>
	114,263	112,682
	<hr/>	<hr/>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31ST MARCH 2025**

**3 Trustees Remuneration**

The Trustees did not receive any remuneration during the year under review and there were no reimbursed expenses (2024 - £nil).

**4 Transactions with Related Parties**

Creditors comprise a loan received in the year to 31<sup>st</sup> March 2024 of £65,000 from Excel Body Repairs Limited, a company of which Mr Robert A Hillis is a director. The loan is interest free and repayable on demand.

**5 Tangible Fixed Assets**

	<b>Land &amp; Buildings</b>	<b>Fitness Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>At Cost</b>			
At 1 <sup>st</sup> April 2024 and 31 <sup>st</sup> March 2025	525,088	60,000	585,088
<b>Accumulated Depreciation</b>			
At 1 <sup>st</sup> April 2024	-	12,000	12,000
Charge for the year	-	12,000	12,000
At 31 <sup>st</sup> March 2025	-	24,000	24,000
<b>Net Book Value</b>			
At 31 <sup>st</sup> March 2025	525,088	36,000	561,088
At 31 <sup>st</sup> March 2024	525,088	48,000	573,088

**6 Reserves**

	<b>General Fund</b>	<b>Building Fund</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
At 1 <sup>st</sup> April 2024	9,642	500,000	509,642
Net movement in funds during the year	(11,281)	-	(11,281)
Transfer between funds	12,000	(12,000)	-
At 31 <sup>st</sup> March 2025	10,361	488,000	498,361

**BST MMA ACADEMY**

England & Wales - Charity number 1179824

---

# Accounts

---

Charity Registration No. 1179824 (England and Wales)

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

---

<b>Page</b>	<b>CONTENTS</b>
1	Legal and administrative information
2 – 3	Trustees' Annual Report
4	Independent Examiners' Report
5	Statement of financial activities
6	Balance sheet
7 - 8	Notes to the financial statements

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

---

<b>Charity Registration</b>	5 <sup>th</sup> September 2018
<b>Charity Number</b>	1179824
<b>Charity Trustees</b>	C Rogers                      Chair J Trueman                      Fundraising Secretary D Batten R Hollis
<b>Principal Address</b>	Bostock House Gambrel Road Westgate Industrial Estate Northampton NN5 5DJ
<b>Independent Examiner</b>	Topaz Solutions Limited Chartered Accountants 5 Giffard Court Millbrook Close Northampton NN5 5JF

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2024**

---

The trustees present their report and the unaudited financial statements for the year ended 31<sup>st</sup> March 2024. The information set out on page 1 forms part of this report.

**Structure, Governance and Management**

*Governing Document*

The organisation is a charitable incorporated organisation governed, by its Constitution adopted 5<sup>th</sup> September 2018.

*Trustees*

The trustees who have served throughout the year, unless a date of appointment or resignation is noted, are listed on page 1 of this report. The Trustees are appointed or reappointed every three years at the Annual General Meeting.

All trustees give their time voluntarily and received no remuneration or other benefits.

**Risk Management**

The trustees conduct their review of the risks to which the charity is exposed and establish systems to mitigate those risks. These systems are periodically reviewed to ensure they still meet the needs of the charity both now and in the future.

There is a child protection policy in place. Criminal Records Bureau checks are conducted prior to commencement of employment or trusteeship and checks are conducted again in line with statutory requirements.

**Objectives and Activities**

The object of the CIO is for the promotion of community participation in healthy recreation for the benefit of the Inhabitants of Northampton and surrounding areas by the provision of facilities for mixed martial arts, more specifically:

- to advance the mental, physical, and spiritual health through the participation in mixed martial arts; and
- to give everyone a chance to compete at the highest level they can obtain for their country at their chosen martial art.

**Public Benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the organisation's aims and objectives and in planning future activities.

**Achievements and Performance**

Throughout the 2023/24 financial year, the organisation continued to support the training of the juniors and adults who compete at an Olympic level, in addition to commencing to rebuild the community programme of outreach to local adults and children.

The organisation continues to be grateful to BST Judo Academy for their continued support and contribution to activities.

**Financial Review**

The charity made a deficit for the year of £(83,136) (2023 – surplus £8,626). In the year to 31<sup>st</sup> March 2022, there was an extraordinary surplus of £521,409 due to donations received towards the purchase of the premises the organisation operated from. The donations have been used for the purchase of the property, and this is reflected in the net assets of the organisation.

*Reserves Policy*

Unrestricted funds, which are the free reserves of the Charity, comprise the operating fund of the Charity. It is the policy of the Charity to maintain the operating fund at a level to provide sufficient funds to cover all relevant costs to see the existing activities through to a satisfactory conclusion. Due to the nature of the activities of the Charity, this may vary significantly depending upon when in the calendar year such funds may be required. In the opinion of the Trustees, an appropriate level equates to approximately 3 months of unrestricted charitable expenditure. The Trustees monitor the unrestricted funds on an ongoing basis and review the reserves policy, including the level of reserves held, on an annual basis.

The unrestricted funds include a designated fund set aside by the Trustees for the replacement of the building from which the charity operates

### **Statement of Trustees' Responsibilities**

The charity's trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Practice.

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the income and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with FRS 102 CHARITIES SORP.

This report was approved by the Trustees on 21.1.25 and signed on their behalf by:

  
.....  
**C Rogers**  
Chair

## INDEPENDENT EXAMINORS REPORT

### TO THE MEMBERS OF BST MMA ACADEMY (CHARITABLE INCORPORATED ORGANISATION)

---

I report on the financial statements of BST MMA Academy for the year ended 31<sup>st</sup> March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

#### Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, I express no opinion as to whether the financial statements present a 'true and fair' view, and my report is limited to those specific matters set out in the independent examiner's statement.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Vanessa Graham FCA**  
**Topaz Solutions Limited**  
**Chartered Accountants & Registered Auditor**

5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

22 January 2025

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31ST MARCH 2024**

	Notes	2024 Total Funds £	2023 Total Funds £
<b>Income and endowments from:</b>			
Donations and legacies		22,359	25,986
<i>Income from charitable activities:</i>			
Fees receivable		6,200	3,650
<b>Total income</b>		<u>28,559</u>	<u>29,546</u>
<b>Expenditure on:</b>			
Expenditure on charitable activities	2	112,681	20,920
<b>Total Expenditure</b>		<u>112,681</u>	<u>20,920</u>
<b>Net movement in funds</b>		(84,122)	8,626
Total funds brought forward		593,764	585,138
<b>Total funds carried forward</b>		<u><u>509,642</u></u>	<u><u>593,764</u></u>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**BALANCE SHEET**

**AS AT 31ST MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible fixed assets	4		573,088		585,088
<b>Current Assets</b>					
Cash at bank and in hand			1,554		8,676
Less: Loan	5		(65,000)		-
<b>Net Assets</b>			<u>509,642</u>		<u>593,764</u>
<b>Represented by:</b>					
General funds			9,642		593,764
Designated funds			<u>500,000</u>		-
<b>Unrestricted reserves</b>			<u>509,642</u>		<u>593,764</u>

Approved by the Board for issue on 21<sup>st</sup> January 2025

  
C Rogers

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

**1 Accounting policies**

**1.1 Basis of preparation**

The Financial Statements have been prepared in accordance with applicable Accounting Standards in the United Kingdom and with FRS 102 CHARITIES SORP.

**1.2 Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income, and the amount can be quantified with reasonable accuracy. There has been no offsetting of assets and liabilities or income and expenses, unless required or permitted by the FRS 102 CHARITIES SORP or FRS 102.

Grants and donations are included in the Statement of Financial Activities when the general income criteria are met in accordance with paragraphs 5.10 to 5.12 of FRS 102 CHARITIES SORP.

Legacies are included within the Statement of Financial Activities when receipt is probable, that is when there has been grant of probate, the executors have established that there are sufficient assets in the estate and that any conditions attached to the legacy are either within the control of the charity or have been met.

**1.3 Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity. Designated funds are unrestricted funds set aside by the Trustees for use for specific purposes. Restricted funds are grants and donations which have been received for specific projects of the charity.

**1.4 Tangible Fixed Assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value over their expected useful lives on the following basis:

Equipment, fixtures, and fittings - 25% Straight line

**1.5 Expenditure**

Expenditure is recognised when there is a legal or constructive obligation to make a payment to a third party. Costs of charitable activities comprise the costs incurred by the Charity to meet its charitable objectives, the provision of services and facilities. Support costs are those costs incurred to enable the Charity to deliver its programme of activities.

<b>2 Expenditure on charitable activities</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Coaches, training fees and clothing	150	16,705
Rent of premises	78,000	-
Repairs to premises (net of insurance claim)	6,931	-
Insurance	9,405	3,885
Other support costs	6,196	330
Depreciation	12,000	-
	<u>112,682</u>	<u>20,920</u>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31ST MARCH 2024**

**3 Trustees Remuneration**

The Trustees did not receive any remuneration during the year under review and there were no reimbursed expenses (2023 - £nil).

<b>4 Tangible Fixed Assets</b>	<b>Land &amp; Buildings £</b>	<b>Fitness Equipment £</b>	<b>Total £</b>
<b>At Cost</b>			
At 1 <sup>st</sup> April 2023 and 31 <sup>st</sup> March 2024	525,088	60,000	585,088
	<u>          </u>	<u>          </u>	<u>          </u>
<b>Accumulated Depreciation</b>			
At 1 <sup>st</sup> April 2023	-	-	-
Charge for the year	-	12,000	12,000
	<u>          </u>	<u>          </u>	<u>          </u>
At 31 <sup>st</sup> March 2024	-	12,000	12,000
	<u>          </u>	<u>          </u>	<u>          </u>
<b>Net Book Value</b>			
At 31 <sup>st</sup> March 2024	525,088	48,000	573,088
	<u>          </u>	<u>          </u>	<u>          </u>
At 31 <sup>st</sup> March 2023	525,088	60,000	585,088
	<u>          </u>	<u>          </u>	<u>          </u>

**5 Transactions with Related Parties**

During the year under review, the charity received £65,000 as a loan from Excel Body Repairs Limited, a company of which Mr Robert A Hillis is a director. The loan is interest free and repayable on demand.

**BST MMA ACADEMY**

England & Wales - Charity number 1179824

---

# Accounts

---

Charity Registration No. 1179824 (England and Wales)

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)  
REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

---

<b>Page</b>	<b>CONTENTS</b>
1	Legal and administrative information
2 – 3	Trustees' Annual Report
4	Independent Examiners' Report
5	Statement of financial activities
6	Balance sheet
7 - 8	Notes to the financial statements

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

---

**Charity Registration** 5<sup>th</sup> September 2018  
**Charity Number** 1179824

**Charity Trustees**

C Rogers	Chair
J Trueman	Fundraising Secretary
D Batten	Appointed 1 <sup>st</sup> April 2022
R Hollis	

**Principal Address**

Bostock House  
Gambrel Road  
Westgate Industrial Estate  
Northampton  
NN5 5DJ

**Independent Examiner**

Topaz Solutions Limited  
Chartered Accountants  
5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2023**

---

The trustees present their report and the unaudited financial statements for the year ended 31<sup>st</sup> March 2023. The information set out on page 1 forms part of this report.

**Structure, Governance and Management**

*Governing Document*

The organisation is a charitable incorporated organisation governed, by its Constitution adopted 5<sup>th</sup> September 2018.

*Trustees*

The trustees who have served throughout the year, unless a date of appointment or resignation is noted, are listed on page 1 of this report. The Trustees are appointed or reappointed every three years at the Annual General Meeting.

All trustees give their time voluntarily and received no remuneration or other benefits.

**Risk Management**

The trustees conduct their review of the risks to which the charity is exposed and establish systems to mitigate those risks. These systems are periodically reviewed to ensure they still meet the needs of the charity both now and in the future.

There is a child protection policy in place. Criminal Records Bureau checks are conducted prior to commencement of employment or trusteeship and checks are conducted again in line with statutory requirements.

**Objectives and Activities**

The object of the CIO is for the promotion of community participation in healthy recreation for the benefit of the Inhabitants of Northampton and surrounding areas by the provision of facilities for mixed martial arts, more specifically:

- to advance the mental, physical, and spiritual health through the participation in mixed martial arts; and
- to give everyone a chance to compete at the highest level they can obtain for their country at their chosen martial art.

**Public Benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the organisation's aims and objectives and in planning future activities.

**Achievements and Performance**

Throughout the 2022/23 financial year, the organisation continued to support the training of the juniors and adults who compete at an Olympic level, in addition to commencing to rebuild the community programme of outreach to local adults and children.

In November 2021, the organisation was able to purchase its own property thanks to significant contributions and donations from the Trustees, BST Judo and a loan from BST Judo which has been fully repaid. The organisation continues to be grateful to BST Judo Academy for their continued support and contribution to activities.

### **Financial Review**

The charity made a surplus for the year of £8,626. In the year to 31<sup>st</sup> March 2022, there was an extraordinary surplus of £521,409 due to donations received towards the purchase of the premises the organisation operated from. The donations have been used for the purchase of the property and this is reflected in the net assets of the organisation.

#### *Reserves Policy*

Unrestricted funds, which are the free reserves of the Charity, comprise the operating fund of the Charity. It is the policy of the Charity to maintain the operating fund at a level to provide sufficient funds to cover all relevant costs to see the existing activities through to a satisfactory conclusion. Due to the nature of the activities of the Charity, this may vary significantly depending upon when in the calendar year such funds may be required. In the opinion of the Trustees, an appropriate level equates to approximately 3 months of unrestricted charitable expenditure. The Trustees monitor the unrestricted funds on an ongoing basis and review the reserves policy, including the level of reserves held, on an annual basis.

### **Statement of Trustees' Responsibilities**

The charity's trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Practice.

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the income and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with FRS 102 CHARITIES SORP.

This report was approved by the Trustees 31<sup>st</sup> January 2023 and signed on their behalf by:

.....  
**C Rogers**  
Chair

## **INDEPENDENT EXAMINORS REPORT**

### **TO THE MEMBERS OF BST MMA ACADEMY (CHARITABLE INCORPORATED ORGANISATION)**

---

I report on the financial statements of BST MMA Academy for the year ended 31<sup>st</sup> March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, I express no opinion as to whether the financial statements present a 'true and fair' view, and my report is limited to those specific matters set out in the independent examiner's statement.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Vanessa Graham FCA**  
**Topaz Solutions Limited**  
**Chartered Accountants & Registered Auditor**

5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

31<sup>st</sup> January 2024

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31ST MARCH 2023**

---

	Notes	2023 Total Funds £	2022 Total Funds £
<b>Income and endowments from:</b>			
Donations and legacies		25,896	554,201
<i>Income from charitable activities:</i>			
Grants receivable		-	30,118
Fees receivable		3,650	10,815
		<hr/>	<hr/>
<b>Total income</b>		29,546	595,134
		<hr/>	<hr/>
<b>Expenditure on:</b>			
Expenditure on charitable activities	2	20,920	73,725
		<hr/>	<hr/>
<b>Total Expenditure</b>		20,920	73,725
		<hr/>	<hr/>
<b>Net movement in funds</b>		8,626	521,409
Total funds brought forward		585,138	63,729
		<hr/>	<hr/>
<b>Total funds carried forward</b>		593,764	585,138
		<hr/> <hr/>	<hr/> <hr/>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**BALANCE SHEET**

**AS AT 31ST MARCH 2023**

	Notes	2023		2022	
		£	£	£	£
<b>Fixed Assets</b>					
Tangible fixed assets	4		565,088		565,088
<b>Current Assets</b>					
Cash at bank and in hand			8,676		50
<b>Net Assets</b>			<u>593,764</u>		<u>565,138</u>
<b>Represented by:</b>					
Unrestricted funds			<u>593,764</u>		<u>565,138</u>
			<u>593,764</u>		<u>565,138</u>

Approved by the Board for issue on 31<sup>st</sup> January 2024

.....  
**C Rogers**  
Chair

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023**

---

**1 Accounting policies**

**1.1 Basis of preparation**

The Financial Statements have been prepared in accordance with applicable Accounting Standards in the United Kingdom and with FRS 102 CHARITIES SORP.

**1.2 Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. There has been no offsetting of assets and liabilities or income and expenses, unless required or permitted by the FRS 102 CHARITIES SORP or FRS 102.

Grants and donations are included in the Statement of Financial Activities when the general income criteria are met in accordance with paragraphs 5.10 to 5.12 of FRS 102 CHARITIES SORP.

Legacies are included within the Statement of Financial Activities when receipt is probable, that is when there has been grant of probate, the executors have established that there are sufficient assets in the estate and that any conditions attached to the legacy are either within the control of the charity or have been met.

**1.3 Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity. Designated funds are unrestricted funds set aside by the Trustees for use for specific purposes. Restricted funds are grants and donations which have been received for specific projects of the charity.

**1.4 Tangible Fixed Assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value over their expected useful lives on the following basis:

Equipment, fixtures, and fittings - 25% Straight line

**1.5 Expenditure**

Expenditure is recognised when there is a legal or constructive obligation to make a payment to a third party. Costs of charitable activities comprise the costs incurred by the Charity to meet its charitable objectives, the provision of services and facilities. Support costs are those costs incurred to enable the Charity to deliver its programme of activities.

**2 Expenditure on charitable activities**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Coaches, training fees and clothing	16,705	38,571
Rent of premises	-	35,154
Other support costs	4,215	-
	<u>20,920</u>	<u>73,725</u>
	<u><u>20,920</u></u>	<u><u>73,725</u></u>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31ST MARCH 2023**

---

**3 Trustees Remuneration**

The Trustees did not receive any remuneration during the year under review and there were no reimbursed expenses (2022 - £nil).

**4 Tangible Fixed Assets**

	<b>Land &amp; Buildings £</b>	<b>Office Equipment £</b>
<b>At Cost</b>		
At 1 <sup>st</sup> April 2022 and 31 <sup>st</sup> March 2023	<u>525,088</u>	<u>525,088</u>

**BST MMA ACADEMY**

England & Wales - Charity number 1179824

---

# Accounts

---

Charity Registration No. 1179824 (England and Wales)

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)  
REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

---

<b>Page</b>	<b>CONTENTS</b>
1	Legal and administrative information
2 – 3	Trustees' Annual Report
4	Independent Examiners' Report
5	Statement of financial activities
6	Balance sheet
7 - 8	Notes to the financial statements

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

---

**Charity Registration** 5<sup>th</sup> September 2018  
**Charity Number** 1179824

**Charity Trustees**

C Rogers	Chair
J Trueman	Fundraising Secretary
D Batten	Appointed 1 <sup>st</sup> April 2022
R Hollis	

**Principal Address**

Bostock House  
Gambrel Road  
Westgate Industrial Estate  
Northampton  
NN5 5DJ

**Independent Examiner**

Topaz Solutions Limited  
Chartered Accountants  
5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31ST MARCH 2022**

---

The trustees present their report and the unaudited financial statements for the year ended 31<sup>st</sup> March 2022. The information set out on page 1 forms part of this report.

**Structure, Governance and Management**

*Governing Document*

The organisation is a charitable incorporated organisation governed, by its Constitution adopted 5<sup>th</sup> September 2018.

*Trustees*

The trustees who have served throughout the year, unless a date of appointment or resignation is noted, are listed on page 1 of this report. The Trustees are appointed or reappointed every three years at the Annual General Meeting.

All trustees give their time voluntarily and received no remuneration or other benefits.

**Risk Management**

The trustees conduct their review of the risks to which the charity is exposed and establish systems to mitigate those risks. These systems are periodically reviewed to ensure they still meet the needs of the charity both now and in the future.

There is a child protection policy in place. Criminal Records Bureau checks are conducted prior to commencement of employment or trusteeship and checks are carried out again in line with statutory requirements.

**Objectives and Activities**

The object of the CIO is for the promotion of community participation in healthy recreation for the benefit of the Inhabitants of Northampton and surrounding areas by the provision of facilities for mixed martial arts, more specifically :

- to advance the mental, physical and spiritual health through the participation in mixed martial arts; and
- to give everyone a chance to compete at the highest level they can obtain for their country at their chosen martial art.

**Public Benefit**

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the organisation's aims and objectives and in planning future activities.

**Achievements and Performance**

Throughout the 2021/ 22 financial year, the organisation continued to support the training of the juniors and adults who compete at an Olympic level, in addition to commencing to rebuild the community programme of outreach to local adults and children.

The Trustees continually review the operations and activities of the organisation which were severely affected by the COVID-19 pandemic in the 2020/21 financial year.

In November 2021 the organisation was able to purchase its own property thanks to significant contributions and donations from the Trustees, BST Judo and a loan from BST Judo which has been fully repaid during the year. The organisation continues to be grateful to BST Judo Academy for their continued support and contribution to our activities

### **Financial Review**

The charity made an extraordinary surplus for the year of £521,409 due to donations received towards the purchase of the premises the organisation operated from. The donations have been used for the purchase of the property and this is reflected in the net assets of the organisation.

#### *Reserves Policy*

Unrestricted funds, which are the free reserves of the Charity, comprise the operating fund of the Charity. It is the policy of the Charity to maintain the operating fund at a level to provide sufficient funds to cover all relevant costs to see the existing activities through to a satisfactory conclusion. Due to the nature of the activities of the Charity, this may vary significantly depending upon when in the calendar year such funds may be required. In the opinion of the Trustees, an appropriate level equates to approximately 3 months of unrestricted charitable expenditure. The Trustees monitor the unrestricted funds on an ongoing basis and review the reserves policy, including the level of reserves held, on an annual basis.

### **Statement of Trustees' Responsibilities**

The charity's trustees are responsible for preparing the Annual Report and financial statements in accordance with applicable law and United Kingdom Generally Accepted Practice.

Company law requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the income and its financial activities for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently.
- make judgements and estimates that are reasonable and prudent.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, has been prepared in accordance with FRS 102 CHARITIES SORP.

This report was approved by the Trustees 31<sup>st</sup> January 2023 and signed on their behalf by:

.....  
**C Rogers**  
Chair

## **INDEPENDENT EXAMINORS REPORT**

### **TO THE MEMBERS OF BST MMA ACADEMY (CHARITABLE INCORPORATED ORGANISATION)**

---

I report on the financial statements of BST MMA Academy for the year ended 31<sup>st</sup> March 2022 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

#### **Responsibilities and basis of report**

As the trustees of the charity, you are responsible for the preparation of the in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the charity Commission under section 145(5)(b) of the Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Vanessa Graham FCA**  
**Topaz Solutions Limited**  
**Chartered Accountants & Registered Auditor**

5 Giffard Court  
Millbrook Close  
Northampton  
NN5 5JF

31<sup>st</sup> January 2023

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31ST MARCH 2022**

---

	Notes	2022 Total Funds £	2021 Total Funds £
<b>Income and endowments from:</b>			
Donations and legacies		554,201	76,371
<i>Income from charitable activities:</i>			
Grants receivable		30,118	-
Fees receivable		10,815	-
		<hr/>	<hr/>
<b>Total income</b>		595,134	76,371
		<hr/>	<hr/>
<b>Expenditure on:</b>			
Expenditure on charitable activities	2	73,725	72,642
		<hr/>	<hr/>
<b>Total Expenditure</b>		73,725	72,642
		<hr/>	<hr/>
<b>Net movement in funds</b>		521,409	3,729
Total funds brought forward		63,729	60,000
		<hr/>	<hr/>
<b>Total funds carried forward</b>		585,138	55,234
		<hr/> <hr/>	<hr/> <hr/>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**BALANCE SHEET**

**AS AT 31ST MARCH 2022**

---

	<b>Notes</b>	<b>2022</b>		<b>2021</b>	
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed Assets</b>					
Tangible fixed assets	4		565,088		60,000
<b>Current Assets</b>					
Cash at bank and in hand			50		3,729
<b>Net Assets</b>			<u>565,138</u>		<u>63,729</u>
<b>Represented by:</b>					
Unrestricted funds			<u>565,138</u>		<u>63,729</u>
			<u>565,138</u>		<u>63,729</u>

Approved by the Board for issue on 31<sup>st</sup> January 2023

.....  
**C Rogers**  
Chair

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022**

---

**1 Accounting policies**

**1.1 Basis of preparation**

The Financial Statements have been prepared in accordance with applicable Accounting Standards in the United Kingdom and with FRS 102 CHARITIES SORP.

**1.2 Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. There has been no offsetting of assets and liabilities or income and expenses, unless required or permitted by the FRS 102 CHARITIES SORP or FRS 102.

Grants and donations are included in the Statement of Financial Activities when the general income criteria are met in accordance with paragraphs 5.10 to 5.12 of FRS 102 CHARITIES SORP.

Legacies are included within the Statement of Financial Activities when receipt is probable, that is when there has been grant of probate, the executors have established that there are sufficient assets in the estate and that any conditions attached to the legacy are either within the control of the charity or have been met.

**1.3 Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the Charity. Designated funds are unrestricted funds set aside by the Trustees for use for specific purposes. Restricted funds are grants and donations which have been received for specific projects of the charity.

**1.4 Tangible Fixed Assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value over their expected useful lives on the following basis:

Equipment, fixtures and fittings - 25% Straight line

**1.5 Expenditure**

Expenditure is recognised when there is a legal or constructive obligation to make a payment to a third party. Costs of charitable activities comprise the costs incurred by the Charity to meet its charitable objectives, the provision of services and facilities. Support costs are those costs incurred to enable the Charity to deliver its programme of activities.

**2 Expenditure on charitable activities**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Coaches, training fees and clothing	38,571	5,938
Rent of premises	35,154	65,000
Other support costs	-	1,704
	<u>73,725</u>	<u>72,642</u>

**BST MMA ACADEMY  
(CHARITABLE INCORPORATED ORGANISATION)**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31ST MARCH 2022**

---

**3 Trustees Remuneration**

The Trustees did not receive any remuneration during the year under review and there were no reimbursed expenses (2021 - £nil).

**4 Tangible Fixed Assets**

	<b>Land &amp; Buildings £</b>	<b>Office Equipment £</b>
<b>At Cost</b>		
At 1 <sup>st</sup> April 2021	-	60,000
Additions	525,088	-
	<hr/>	<hr/>
At 31 <sup>st</sup> March 2022	525,088	60,000
	<hr/>	<hr/>

**BST MMA ACADEMY**

England & Wales - Charity number 1179824

---

# Accounts

---

## Trustees' annual report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
<b>From</b>	01	04	2020	<b>To</b>	31	03	2021

### Reference and administration details

<b>Charity name</b>	BST MMA ACADEMY	
<b>Other names charity is known by</b>	BST	
<b>Registered charity number (if any)</b>	1179824	
<b>Charity's principal address</b>	Bostock House	
	Gambrel Road	
	Westgate Industrial Estate, Northampton	
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 30%;"><b>Postcode</b></td> <td style="border: 1px solid black; padding: 2px;">NN5 5DJ</td> </tr> </table>	<b>Postcode</b>
<b>Postcode</b>	NN5 5DJ	

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Rogers	Chair		
2	Rob Hollis			
3	Jonathan Trueman	Fundraising Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisors (Optional information)**

Type of advisor	Name	Address
Bank	Metro Bank	27-29 Abington Street, Northampton, NN1 2AN

**Name of chief executive or names of senior staff members (Optional information)**

Daniel Batten, Head MMA Coach

**Structure, governance and management**

**Description of the charity's trusts**

Type of governing document <small>(eg. articles of association, constitution)</small>	Constitution adopted	5 th September 2018
How the charity is constituted <small>(eg. trust, association, company)</small>	Incorporated association	
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Trustees are appointed or reappointed every 3 years at the Annual General Meeting held in september	

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

Policies and procedures adopted for the induction and training of trustees

The charity's organisational structure and any wider network with which the charity works

Relationship with any related parties

Trustees' consideration of major risks and the system and procedures to manage them

The object of the CIO is for the promotion of community participation in healthy recreation for the benefit of the inhabitants of Northampton and surrounding areas by the provision of facilities for mixed martial arts. There is a child protection policy in place. Criminal Records Bureau checks are carried out prior to commencement of employment or trusteeship and checks are carried out again in line with statutory requirements. All trustees give their time voluntarily and received no remuneration or other benefits.

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To advance the mental, physical and spiritual health through the participation in mixed martial arts and give every one a chance to compete at the highest level they can obtain for their country at their chosen martial art.

**Summary of the main activities undertaken for the public benefit in relation to these objects**

Due to covid shutdowns Bst Mma Academy was only able to operate for 6 months for the financial year ending 31/3/21. during this year we lost our funding from the council/police serve team and northampton sport due to us not being able to run classes/courses for the youth due to covid. our free ladies self defence programmes had to be cancelled and also our free judo and bjj community classes for kids

we did manage to keep our juniors and adults training that compete at an olympic level in their chosen martial art through the government elite athlete programme.

### Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- Policy on grantmaking
- Policy programme related investment
- Contribution made by Volunteers

We are thankful and grateful to Bst Judo Academy who share the building with us for donating the money to cover the bills and rent as well as the coaches who donated their time at no cost to keep our martial artists training during what was a very trying time for the charity. We would also like to thank sport England who kindly donated 10k to help us pay our rent.

## Achievements and performance

### Summary of the main achievements of the charity during the year.

Due to the covid rules and the shutdowns enforced on us and most business during this year we wasn't able to participate in any martial arts competitions as there wasn't any running due to the close contact martial arts has. We was not able to run our interclubs with other martial arts clubs due to the covid rules. We also could not run any of our free kick boxing and judo junior classes as the coaches that volunteer for these have health issues and could not risk catching covid. We did get some donations from the council to help with buying grappling dummies so we could get some of our free bjj classes up and running but we were limited to small groups.

## Financial review

### Brief statement of the charity's policy on reserves

Cash at bank at 31/03/21 was £3,729 in unrestricted funds. The main financial risk to the charity is loss of funding from the Council, police funding and reduced donations.

The funds are held to cover 2 months operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur.

### Details of any funds materially in deficit

Not applicable

### Further financial review details: (Optional information)

You **may choose** to include additional information, where relevant about:

The charity's principal sources of funds (including any fundraising).

How expenditure has supported the key objectives of the charity.

Investment policy and objectives including any ethical investment policy adopted.

Our main source of funds this year has been grants and donations. We didnt have many costs for the charity as we were not open or able to do anything for most of the year. The donations helped us cover the rent and some bills, this year we will hopefully be able to raise funds through our interclubs and fundraising, covid rules permitting.

## Other optional information

### Future Plans

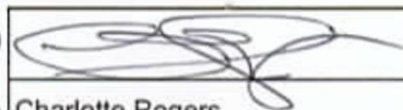
The coming year Bst Mma Academy will re start our interclubs and free self defence classes for women. We will get back into the community and run these classes covid rules permitting, hopefully the martial arts shows will start up again and our fighters and teams can get out competing and representing their country all round the world. We also hope to re establish our links with the council and police serve team in helping youths stay out of trouble and keeping them off the streets.

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Charlotte Rogers

Position (eg secretary, chair, etc)

Chair

Date

10th January 2022

# Independent examiner's report on the accounts

Report to the trustees/  
members of

BST MMA ACADEMY

On accounts for the year  
ended

31<sup>st</sup> March 2021

Set out on pages

9 and 10

**Responsibilities  
and basis of  
report**

I report to the trustees on my examination of the accounts for the year ended 31 March 2021.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under s145 of the Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under s145(5)(b) of the Act.

**Independent  
examiner's  
statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

January 10<sup>th</sup> 2022

Name:

Greg Lunn

Relevant professional  
qualification(s) or body  
(if any):

Address:

Festal Grange, 20 Church Street

Pattishall

Northampton, NN5 5DJ

## Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.

None to report

Charity Name BST MMA ACADEMY	No. of Trays 1179824
---------------------------------	-------------------------

Receipts and payments accounts

CC16a

for the period	From what date 01/04/2020	To	Financial period ends 31/03/2021
----------------	------------------------------	----	-------------------------------------

BST MMA ACADEMY

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	76,371	-	-	76,371	
		-	-		
		-	-		
		-	-		
		-	-		
		-	-		
<i>Sub total</i>	76,371		-	76,371	
<b>A2 Asset and investment sales, etc.</b>	-	-	-	-	-
<i>Total receipts</i>	76,371		-	76,371	
<b>A3 Payments</b>					
Rent	65,000		-	65,000	
Electric	1,200	-	-	1,200	
Salaries	3,179	-	-	3,179	
Insurance	504	-	-	504	
Tournaments	2,587	-	-	2,587	
General Expenses	172	-	-	172	
		-	-		
		-	-		
		-	-		
<i>Sub total</i>	72,642		-	72,642	

A4 Asset and investment purchases, etc.					
<b>Total payments</b>	72,642			72,642	
<b>Net of receipts/(payments)</b>	3,729			3,729	
A5 Transfers Between Funds					
A6 Cash funds last year end					
<b>Cash funds this year end</b>	3,729			3,729	

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	3,729	-	-
		-	-	-
	<b>Total cash funds</b>	3,729	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets			-	-
			-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B4 Assets retained for the charity's own use	Equipment	60,000	-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Signed (on behalf of all the trustees)



Charlotte Rogers

10/01/2022