



# TRUSTEES ANNUAL REPORT

## 2022-2023

Registered Charitable Incorporated Organisation (CIO)  
No 1179806

**TRUSTEES ANNUAL REPORT** 6th April 2022 - 5th April 2023



**Names of the charity trustees who manage the charity:**

Chair:	Diane Boyd
Vice Chair:	Christine Marsters
Secretary:	Sarah Taylor
Treasurer:	Gwen Radcliffe
	Valerie Chesser
	Michael Jakeways
	Peter Burrows (joined Feb 2023)
	Paul Davies appointed by Oundle Town Council
	Craig Wilcox appointed by Thrapston Town Council
	Kathryn Newell GP Oundle Surgery

**Names of advisors** Michelle Walpole

**Name of chief executive and names of staff members:**

CEO and Therapeutic Mentor:	Denise Slater
Professional Counsellors:	Elizabeth Bond, Pauline Maxwell, Natalia Mae Lavin (Qualified and employed September 2022)
Project Support and Administrator:	Natalia Mae Lavin
Finance Officer:	Karina Gilder

**Structure, Governance and Management**

**Charity is constituted as:**

Charitable Incorporated Organisation

**Summary of objects:**

CHAT exists for: The preservation and protection of the emotional and mental health of young people, aged 9-25 years in Oundle, Thrapston and surrounding villages of North East of North Northamptonshire by:

1. Offering free information, counselling and mentoring services
2. Providing early support to individuals, as an alternative to or prior to NHS clinical intervention work, reducing the cases seeking access to NHS clinical services
3. Providing, maintaining and developing up-to-date quality information resources for young people
4. Working with other organisations, in order, to strengthen the support available to young people.

**Trustee selection methods:**

The Trustees are local people with an interest and experience in counselling, youth work, local government or other relevant leadership and management experience. They are appointed at the AGM, which reviews the appointments annually.



## **Management:**

Trustees work closely with the charity CEO to ensure the smooth running of the charity and service delivery. Together, they are responsible for the strategic planning to ensure the delivery of the client services in accordance with the Charity's objectives and for supporting funding applications to ensure the financial security and future of CHAT.

They liaise with other professionals and attend meetings, lifting CHAT's profile, increasing the awareness of CHAT's presence in the community earning it recognition and respect. Trustees provide support to the employed staff, for example personnel processes, financial management and health and safety advice, to ensure that CHAT is run in a professional and legal manner.

The Trustees have had regard to the guidance issued by the Charity Commission on public benefit in all their decision making.

The part-time employed CEO supports Trustees in the development and implementation of the strategic development plan, undertaking the key administrative tasks and client management. She maintains a close working relationship with the staff on operational and procedural issues. The CEO represents the Charity at the Reach Collaborative CEO meetings and other local community meetings. In addition, the CEO acts as the designated safeguarding lead, Caldicott Guardian and Data Protection Officer. The CEO is aided by a part-time finance officer and an administration assistant to support the charity's social media presence and data tracking systems.

## **Summary of Main Activities:**

CHAT Youth Counselling employs three part-time counsellors and a part-time therapeutic mentor. A self-employed counsellor is available to enable CHAT to respond to periods of increased client waiting lists. They work primarily through local schools, as listed below or from the CHAT office in the Courthouse, Oundle.

Glaphorn C of E Primary  
Kings Cliffe Endowed Primary  
Nassington Primary  
Oundle C of E Primary  
Polebrook C of E Primary

Prince William School, Oundle  
Thrapston Primary  
Titchmarsh C of E Primary  
Trinity Primary  
Warmington Primary

Prince William School, a 11-18 secondary, has an annually reviewed service level agreement. CHAT provides a confidential service 5 days a week in term times, in a designated protected space. A weekly outreach counselling provision takes place in the early evening in Thrapston. In addition, occasional work is undertaken at other local primary schools in the Northeast of North Northamptonshire. Most sessions are individual face-to-face with a professional. Online or telephone sessions are available on request for those clients' encountering issues with direct access.

Throughout this year CHAT has extended its service provision to 68 hours weekly. This time includes sessions allocated to a number of projects e.g., Happier Families and Emotional Wellbeing Café and therapeutic mentoring. These counsellors' hours are supplemented when needed, using





a self-employed professional. CHAT Youth Counselling has benefitted from the support of a trainee counsellor, who completed her training requirements and joined the counselling team in September 2022.

All counsellors are professionally qualified and undergo regular clinical supervision and participate in ongoing professional development activities.

Referrals are taken through the CAMHS Referral Management Centre, directly from GPs and other medical professionals, schools, parents and the young people themselves. Following an initial assessment, professionals provide a six-session course of either counselling or therapeutic mentoring, as appropriate. At this point, there is a review resulting in one of the following outcomes: - case closure, a referral onto other support agency, or an extended counselling agreement, as required.

### **Achievements and Performance this year (in terms of Objects):**

1. Offering free information, counselling and mentoring services.
2. Providing early support to individuals, as an alternative to, or prior to NHS clinical intervention.
3. Providing, maintaining and developing up-to-date quality information resources for young people
4. Working with other organisations in order to strengthen the support available to young people.
5. Other Achievements.

CHAT Youth Counselling is commissioned by the NHS (Integrated Care Board) to provide a service for 11–18-year-olds and vulnerable clients up to the age of 25-year-old. 1632 contacts were made with clients in this Core group. 592 unique clients were seen within the year, making the average number of sessions per client 2.8.

CHAT has continued to demonstrate an increased number of clients seeking support and guidance. Additional counselling hours have been added to the service to meet this demand. This reflects the national trend for more young people seeking support for their mental health.

The development of the Thrapston Espresso Yourself CAFÉ, an early evening drop-in approach, providing initial support to young people and families has proved a valuable provision. The number of young people and/or parents/carers attending has steadily increased to 245 attendees over the whole year. The number of families or clients accessing has increased five-fold on previous years.

The Integrated Care Board commissioners have recognised the success of this REACH Collaborative project by providing extra funding for session costs and resources, from which CHAT clients have benefited. Plans to develop this approach into another local township are underway. Clients attending these drop-ins can be referred to CHAT counselling sessions or signposted for differing support.





This year, it has been recognized that some young people are reluctant to obtain counselling input through their schools, for a variety of reasons. CHAT has opened counselling provision in Thrapston to support for these young people on a weekly basis.

Analysis of referral sources shows that more parental or individuals' referrals have been received, independent of the school or medical professionals' referral routes.

One development has been extending and embedding CHAT Youth Counselling's presence on a range of social media platforms. This has continued to improve communication with potential clients. Our Instagram has 176 followers and 50 followers on Facebook. The CHAT website provides links to other county-based and local websites, e.g. Northamptonshire Health Care Partnership Directory. A young people's 'mystery shopper' review of the CHAT website offered praise for being 'visually attractive', 'easy to identify how to access CHAT's services' and 'not being overloaded with information'.

Therapeutic mentoring continued to be a positive alternative of support for some seeking mental health advice.

CHAT's area of operation covers a wide rural area in North Northamptonshire. This year's development plan has been focused on improving access for young people and their families in the Thrapston area. It has proved positive. 380 unique clients accessed CHAT's range of services from the Thrapston area, compared to 260 clients from the Oundle area or 190 clients from other areas. The CEO has initiated initial enquiries regarding developing CHAT services in the northern area, around Kings Cliffe.

The Happier Families project continued throughout 2022-23. The families engaging with the project keyworker commended the provision, appreciating the insights gained. However, despite wide promotion and marketing, uptake has been slower than expected for this provision.

SHAPE, an intervention aimed at reducing incidents of self-harm among young people, was a valuable experience with much learnt from engagement with this multi-agency project. The final report was well-received by funders. It has now ceased.

An increasing number of primary schools have accessed free support from CHAT Youth Counselling. Clients aged 9-10 numbers have been sustained; 154 sessions delivered to 34 children, averaging 4.5 sessions per child. Trustees benefit from local community donations to deliver this provision.

For those young people aged over 18 to 25 years who are not in the Integrated Care Board contract, 79 sessions were delivered to 12 clients, averaging 6.5 sessions per person. Donations and CHAT unrestricted funds were used to support these young people.

Counsellors report that the issues being presented by clients at initial assessment remain similar to those of previous years, with self-harm, family issues and anxiety remaining high. Bereavement/loss and relationships continue to be present as issues. Low mood/self-esteem issues increased as we widen counselling access to clients in the younger age group and with the continuation impact of the pandemic on young people. It has been noted that clients do not always define the issues





clearly at the initial assessment, with underlying issues appearing during support, e.g., self-harm and suicidal ideation.

Client evaluative feedback on CHAT services remains 100% positive, with no complaints being received. One family accessing support via the 'Expresso Yourself Café' stated they were 'finally being heard and supported'.

2. All CHAT interventions support individuals to minimize the issues that impact their mental health and prevent their situations escalating to a more complex level of need. Thereby reducing the need for access to further NHS clinical services. Referrals from CHAT to other clinical services are low and not recorded as we would not know if they were taken up. Those that have been advised often come from the Café. The experienced qualified counsellors have continued to be available to provide emergency support to individuals who have accessed A&E for mental health when in a crisis, using additional funds allocated for Rapid Response by the Commissioners. Nine clients benefited from this high-level provision this year. The funding received has been ring-fenced for the delivery of this service as required.

The ICB commissioners and CAMHS personnel have recognised the quality of young people's provision provided by CHAT as part of the Reach collaboration within Northamptonshire. They allocated extra funds this year aimed at supporting clients with more complex needs; above Level 2. CHAT has seen 34 clients in the Tier 2.5 category this year; an increase on the previous year. In this way, CHAT is supporting NHS clinical services locally by reducing waiting times and the demand on CAMH services.

3. CHAT staff provide information leaflets, guides and on-line links to clients and families covering a range of mental health issues. These are constantly being updated and distributed as required. Staff maintain their expertise and knowledge through their membership of BACP, through subscription to emailed newsletters, e.g. NAYC; Youth Access; Barnardo's, NSPCC, ICO and through the research and developments in mental health provision published both nationally and locally.

This year, staff have benefitted from additional training hours, (in addition to the required annual updates for Safeguarding and Child Protection), many are free and provided online by Northamptonshire Safeguarding Children Partnership. Designated Safeguarding leads have completed their updates this year along with the Trustee with Safeguarding responsibilities.

All staff have completed updates on the Lamplight recording system. Admin staff have had extended data training to ensure all reports and data submitted to MHSDS are accurate. Topics covered in CPD events have included autism and ADHD, accessibility awareness for how young people access mental health services, in particular those with ASD.

The CEO has completed a refresher course on leadership and management issues, achieving Level 3 Management & Leadership qualification through CMI (Chartered Management Institute). She also joined the Finance Officer in a Charity Finance course for Non-Finance Managers. The CEO has also completed online course in Attachment.



These training opportunities help CHAT continue to deliver a high-quality service to its clients. Performance reviews for all staff took place in January and were directed towards sustaining and embedding good practice. Staff suggestions for enhancing our services were sought during these meetings.

4. CHAT has continued its close association with the other local youth counselling charities via the Reach Collaborative. Regular meetings have taken place, with CEOs and Chairs of Trustees, to develop continuity and consistency of counselling coverage, to submit joint bids for funding and to plan the delivery of shared counselling and therapeutic interventions, emotional support and other activities to young people and their families living within Northamptonshire. A shared strategic plan has been developed and reviewed to steer the direction of Reach Collaborative. Resources have been co-produced and shared, to the benefit of young people within the county e.g., Self-Harm bags and Mood Boost booklets. A common Safeguarding recording and reporting system, MyConcern, has been explored by Reach.

CHAT CEO has represented the charity with local GP surgeries, local government bodies, the Northamptonshire Early Help Service, CAMHS and with all local schools. She has met with funders and commissioners of CHAT service. Representatives of CHAT have attended the East Northamptonshire Rural Local Area Partnership groups who consult on local needs and attract a wide range of community service providers and volunteer groups. One focus has been the need for improved access to transport within the rural area, enabling residents to access services, including CHAT, in the townships.

The CEO attended meetings with LGBTQ+ groups and engaged in discussions as to the needs of local people e.g. a possible drop-in service. CHAT benefits from a local GP being a member of the Board of Trustees.

CHAT has also joined the Mental Health Transformation Board, as all members of Reach have.

5. CHAT Youth Counselling has focused its developments on the areas identified in its Strategic Development Plan 2021-2023. These are reviewed regularly by Trustees.

The key priority has been to extend the access for young people to youth counselling support within our geographic area. CHAT staff have embedded the core services and contributed to the additional independently funded projects. The most recent being the Emotional Wellbeing Café and a weekly outreach provision after school hours in the town of Thrapston.

The tracking and monitoring of client referrals, interventions and outcomes has enabled CHAT Youth Counselling to move close to its key performance indicators. The Lamplight data system has facilitated the monitoring by Trustees and the Reach Collaborative. A staff member has been allocated responsibility for this and has improving the accuracy of the data.

Promotional reports, posters and adverts continue to be placed in the local press and printed publications and regular presentations are made within school contexts communicating the free nature of CHAT's services. This has contributed to the increase in self and family referrals being received.



Management and governance systems have been a focus of the development plan, aiming to improve the effectiveness and efficiency of CHAT's systems. New financial and data systems have been piloted and are being embedded. The e-storage approach for governance documents has been used effectively by the Trustee Secretary and CEO. This continues to be reviewed and developed to ensure wider access for Trustees. The Board of Trustees continue to consider its approaches and how best to support the CEO.

We have continued to attract funds from Waitrose and the Oundle & District Care charity to permit the support of young people aged 9-10 and the 19-25-year-olds. The support from local organisations has been much appreciated.

CHAT has continued to review its policies. These have included Health & Safety/Risk Assessments, Volunteering and Client Care, Grievance and Problem Solving, Whistleblowing, as well as Safeguarding & Child Protection and financial policies. These activities have resulted in the ongoing development of the charity's operating practices. There have been no serious incidents during this financial year.

The Board has welcomed a new Trustee member strengthening the skill and experience across this group.

### Client Case Study

**CONTEXT** *Refer to CHAT as having suicidal thoughts. Feel it has been a long process to get to this point and that there is little that can be done about it but do not like feeling like this*

**INTERVENTIONS** *Wanting to process thoughts of how they have wanted to think of suicide as an answer  
Understanding more who has let them down and looking at how they can move forward  
Look at family and friends in a circle creating a world of friendships.  
Not believing there is anyone to share of help.  
Looking at alternative methods of anger release  
Discusses homes, friends, family, sense of failure.  
Mainly not being able to tell people how they feel. Therefore feel there is no coming back*

**OUTCOME** *Want a break but know they can come back if there are further or troubling issues*

### Client Case Study

**CONTEXT** *Referred to CHAT as there has been death in the family.  
Feeling there is no major issue however friendships are struggling, and work is deteriorating*

**INTERVENTIONS** *Explaining the loss more easily, realising actions around that emotional loss  
Sense of reality around personal feelings versus the problems being lived with  
Finding it difficult to discuss true feeling - use of buttons and other objects to help  
as finding it difficult to progress*

**OUTCOME** *Happy to leave but know they can come back if there are issues  
Finding it much easier to understand feelings and can place their emotions*



## Financial Review

The Trustees aim to hold a reserve fund of 6 months expenditure against the time when NHS funding is no longer available, in order to provide time for further funding applications, whilst withdrawing from client work in a professional manner. At the end of the financial year the reserves are significantly higher than this. They have however reduced by c£12,500 during the year with the return of unused project money to other REACH partners.

The Trustees hold a mixture of short notice and fixed term accounts on the CAF Deposit Platform, managed by Flagstone investments. The portfolio has been reviewed regularly. We have changed the balance of notice accounts, from 25% to 60% of the funds on deposit, to take advantage of rising variable interest rates.



Direct staff costs rose by 48% as extra counselling and management hours were needed to fulfill the NHS contract. In addition, the CAFÉ project is also the labour intensive. This project also explains the significant increase in accommodation CAFÉ project costs.

Further details can be found in the examined accounts, appended.

## Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the charity's trustees.

Signature	Full name	Position
	Craig William Keith Wilcox 22/1/24	Chair
	Gwendolene Audrey Radcliffe 22/1/2024	Treasurer

## STATEMENT OF FINANCIAL ACTIVITIES FOR YEAR ENDED 5<sup>TH</sup> APR 2023

	Note	Restricted Funds	Unrestricted Funds	Total 2022/23	Total 2021/22
<b>Incoming Resources</b>					
NHS Contract		£78,618.00	£0.00	£78,618.00	£78,618.00
Project Funding	1	£36,076.95	£0.00	£36,076.95	£103,101.00
Grants		£0.00	£0.00	£0.00	£6,000.00
Donations		£0.00	£3,500.00	£3,500.00	£500.00
Interest		£0.00	£2,989.96	£2,989.96	£818.07
Other		£0.00	£28.00	£28.00	£98.08
<b>Total</b>		<b>£114,694.95</b>	<b>£6,517.96</b>	<b>£121,212.91</b>	<b>£189,135.15</b>
<b>Direct 'Charitable' Expenditure</b>					
Salaries, Pensions & NIC	3	-£87,771.47	-£7,632.30	-£95,403.77	-£64,333.32
Travel costs - Staff		-£1,973.06	-£493.26	-£2,466.32	-£1,195.85
Travel costs - Volunteers		£0.00	£0.00	£0.00	£0.00
		<b>-£89,744.53</b>	<b>-£8,125.56</b>	<b>-£97,870.09</b>	<b>-£65,529.17</b>
<b>Support Costs</b>					
Supervision & Training		-£3,995.93	-£347.47	-£4,343.40	-£2,742.98
Communications		-£2,420.66	£0.00	-£2,420.66	-£1,480.24
Data Flow		-£550.00	£0.00	-£550.00	-£713.00
Accommodation		-£8,092.08	£0.00	-£8,092.08	-£3,642.24
Advertising/Recruitment		-£484.50	£0.00	-£484.50	-£74.80
		<b>-£15,543.17</b>	<b>-£347.47</b>	<b>-£15,890.64</b>	<b>-£8,653.26</b>
<b>Management and Administration</b>					
Governance		-£1,473.82	£0.00	-£1,473.82	-£1,527.55
REACH Collaboration		-£16,951.00	£0.00	-£16,951.00	-£55,661.00
IT Equipment/Depreciation	4	0	-£884.57	-£884.57	-£648.98
Sundry Office Costs		-£916.94	£0.00	-£916.94	-£901.93
		<b>-£19,341.76</b>	<b>-£884.57</b>	<b>-£20,226.33</b>	<b>-£58,739.46</b>
<b>Total Resources expended</b>		<b>£124,629.46</b>	<b>-£9,357.60</b>	<b>-£133,987.06</b>	<b>£132,921.89</b>
<b>Net incoming resources</b>		<b>-£9,934.51</b>	<b>-£2,839.64</b>	<b>-£12,774.15</b>	<b>£56,213.26</b>
Transfer between funds	2	-£17,194.26	£17,194.26	£0.00	£0.00
Total funds brought forward		£170,719.96	£20,258.72	£190,978.68	£134,765.42
<b>Total Funds carried forward</b>		<b>£143,591.19</b>	<b>£34,613.34</b>	<b>£178,204.53</b>	<b>£190,978.68</b>



## NOTES TO THE FINANCIAL STATEMENT FOR YEAR ENDED 5<sup>TH</sup> APR 2023

### 1. Project Funding

At the end of 2021-2022 CHAT received £85,661.00 from the NHS Nene CG as its allocation of the Capacity and Development Initiative (CDI) to REACH partners. In May 2022 Reach CEOs met to reallocate the fund based on each agency's referrals. Therefore £55,661 was returned by CHAT.

Rapid Response funding is to deliver emergency counselling for young people referred by A & E departments.

'Tier 2.5' funding from NCCG aims to extend youth counselling provision to offer emotional wellbeing support and counselling to children and young people referred to REACH who exceed the threshold of Tier 2, the core contract but do not meet the threshold for CAMHS at Tier 3.

Wellbeing Café. Friendly mental health professionals are on hand to listen to and help individuals in their time of need, providing advice, support or signposting / referrals to the relevant team or organisation. Parents and carers are also welcome to drop-in.

The Happier Families programme aims to support families to learn about and try out tips, skills, and tools to boost the wellbeing of individual members and the family as a whole, to improve the quality of the time they spend together.

In 2022-23, in addition to core funding from NHS, £36076.95 funding was received via REACH partners for the following projects.

	CDI	Rapid Response	Tier 2.5	Data Flow	Wellbeing CAFE	Happier Families	Total
Fund holder	CHAT	the lowdown	Service Six	Youth Works	the lowdown	Youth Works	
		£4214	£6871.70	£2403.25	£22582		£36076.95
Unused at 5.4.2023	£28274.00	£4917.30	£3089.00	£0	£17247.15	£13692.02	<b>£64130.47</b>

### 2. Transfer between funds

Restricted funds at 5.4.2023	
Current projects (see above)	<b>£64130.47</b>
Previous project funding to be used to meet deficit budget for 2023-24	£76,371.72
Total	£143591.19

The transfer from Restricted to Unrestricted funds has been made following a reapportionment of costs over the past several years.

### 3. Staffing

Staff Costs	2020/21	2021/22	2022/23
Wages	£46624.03	£62,606.73	£90821.42
Social Security Costs	£0.00	£62.89	£2154.16
Pension Cost	£1354.52	£1,663.70	£2428.19
	<b>£47978.55</b>	<b>£64,333.32</b>	<b>£95403.77</b>

The unrestricted expenditure shown on the financial activity sheet is the proportion of these staff costs which are associated with counselling clients not covered by the NHS contract. CHAT Youth Counselling applies for, and receives, the NIC Employer's Allowance.

### 4. IT Equipment

Depreciation of computer hardware is calculated using the double depreciation method based on their residual values at the end of a 4 year period.

Tangible Fixed Assets	Purchased	Original Cost	Value April 21	Value April 22	Value April 23
Laptop Treasurer	Jan 19	£431.60	£145.34	£50.00	£0.00
Laptop Manager	March 21	£1,149.97	£1,149.97	£699.99	£475.00
Laptop Finance Off	April 21	£648.98	.....	£374.49	£237.25
4 l pads *	April 20	£2289.36	£1,344.68	£872.34	£400.00
			<b>£2,639.99</b>	<b>£1,996.82</b>	<b>£1,112.25</b>

### ACCOUNTING POLICIES

- Income is recognised as received or when receipt is certain.
- Direct charitable expenditure represents the salaries and expenses reimbursements for staff and volunteers.
- Support costs represent the accommodation and communication infrastructure required to support the staff and volunteers.
- Management and administration costs represent expenditure not connected with the costs of the staff and volunteers.



## Balance Sheet at April 5<sup>th</sup> 2023

	April 5th 2023	April 5th 2022
<b>Fixed Assets</b>		
Computer Equipment	£4,519.91	£4,519.91
Accumulated Depreciation	<u>-£3,407.66</u>	<u>-£2,523.09</u>
Net Book Value	<b>£1,112.25</b>	<b>£1,996.82</b>
<b>Current Assets</b>		
Debtors		£0.00
Cash at bank	£11,028.67	£70,308.71
Cash on deposit	£166,735.27	£121,141.37
Cash in Hand	<u>£1.50</u>	<u>£1.50</u>
	<b>£177,765.44</b>	<b>£191,451.58</b>
<b>Less current liabilities</b>		
Creditors	-£673.16	-£473.30
Suspense Account	<u>£0.00</u>	<u>-£1,996.42</u>
	<b>-£673.16</b>	<b>-£2,469.72</b>
<b>Total Net Assets</b>	<b>£178,204.53</b>	<b>£190,978.68</b>
<b>Represented by</b>		
Restricted funds	£143,591.19	£170,719.96
Unrestricted funds	£34,613.34	£20,258.72
<b>Total Assets</b>	<b>£178,204.53</b>	<b>£190,978.68</b>

**£178,204.53**

## Independent Examiner's Report to the Trustees of Oundle CHAT Youth Counselling

I report on the accounts of Oundle CHAT Youth Counselling, charity number 1179806, for the year ended 5<sup>th</sup> April 2023.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In the course of my examination, subject to not having seen the Trustees Report, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the trustees have not met the requirements to ensure that:
  - proper accounting records are kept in accordance with section 130 of the Charities Act; and
  - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Charities Act; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'G Darbourne'.

Graham Darbourne FCA  
TC Group  
6 North Street  
Oundle  
Peterborough  
PE8 4AL

Date: 26/01/2024



## Management Account Summary 2022-2023

	INCOME			EXPENDITURE		
	FROM 6.4.22	To 5.4.23		FROM 6.4.22	To Now	To 5.4.23
Contracts	NHS Nene CG	£78,618.00	Direct	net SALARY	£74,389.57	
Project		£4,214.00		INCOME TAX	£6,995.00	
	RR			NAT INSUR employee	£4,254.31	
	Café & CHAT	£22,582.00		NEST employee	£3,237.54	
	Data Flow	£2,403.25		Self employed staff	£1,945.00	£90,821.42
	Tier 2.5 (Service six)	£6,877.70		NAT INSUR employer	£2,154.16	
Grant				NEST employer	£2,428.19	£4,582.35
				EXPENSES/staff	£2,475.87	
Donations	Waitrose	£1,500.00				
	Oundle & District Care	£2,000.00		EXPENSES/vol	£0.00	£2,475.87
						<b>£97,879.64</b>
Interest actual	CAF Cash	£9.62	Support	Supervision	£3,055.00	
	CAF Gold	£105.24		Training	£1,288.40	
	Aldermore	£281.76		Accommodation	£8,092.08	
	Cambridge & Counties	£673.64		Communications	£2,420.66	
				Data Flow	£550.00	
Interest accrued	CAF Deposit Platform	£1,919.70		Equipment	£349.69	
				Depreciation	£884.57	
				Management fees	£403.58	
				Office costs	£81.88	
				Advertising	£484.50	
Other						<b>£17,610.36</b>
	Return Duplicate payment	£28.00	Management	Governance	£1,473.82	
				REACH	£175.00	
				Project Other	£16,776.00	
				Miscellaneous	£72.24	<b>£18,497.06</b>
INCOME		<b>£121,212.91</b>	EXPENDITURE			<b>£133,987.06</b>