



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01/04/2024** To

31/03/2025

Charity name: SPARK SUPPORT

Charity registration number: 1179746

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The charity's purposes are: To provide and manage an online Peer Support group for people suffering with mental health problems, and to promote removing the stigma of mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have remained true to our purposes this year, maintaining, running and developing our Peer Support Group, encouraging interaction both through the good and the bad.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees have had regard to Charity Commission guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Contribution made by volunteers	Para 1.38	All of the Spark Support team are volunteers. This means that the charity could not exist without the contribution of our volunteer team. On average, we get 210 hours of volunteer time per week, and we would like to take this opportunity to publicly thank every single person who has given us time this year.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We've been pretty quiet lately due to commitments outside of the charity – however we have maintained true to our purpose and keep ensuring that we always provide our well valued support group.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We remain in good standing across our finances.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to hold £200 minimum in reserve, to ensure that, should we have any major fundraising issues, we are able to keep the core service running.
Amount of reserves held	Para 1.22	We hold the full £200 minimum.
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	This has been a hard year for fundraising – however as our outgoings are minimal, we have no concerns.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	We are governed by a constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is constituted as a CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A position would be advertised, and potential trustees would be interviewed by existing trustees, and the best possible candidate would be selected from the applicants. Provision would be made for none of the applicants to be hired, should none of the applicants be of a standard.

Reference and Administrative details

Charity name	Spark Support
Other name the charity uses	
Registered charity number	1179746
Charity's principal address	8 Dawson Terrace Harrogate HG1 2AW

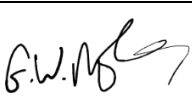
Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gareth William Molyneux	Chief Executive Officer		
2	Emma Louise Broxton	Chief Community Officer		
3	Rachael Woodman	Engagement Officer		

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Gareth William Molyneux	
Position (eg Secretary, Chair, etc)	Chief Executive Officer	
Date	29/01/2026	2



Receipts and payments accounts

CC16a

For the period
from

4/1/2024

To

4/1/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	100	-	-	100	75
Cash in Bank	325	-	-	325	325
Sales	-	-	-	-	-
Other (Incl. Gift Aid)	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	425	-	-	425	400
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	425	-	-	425	400
A3 Payments					
SaaS Services	100	-	-	100	75
Bank Fees	-	-	-	-	-
Volunteer Costs	-	-	-	-	-
Cost of Sales - Goods	-	-	-	-	-
Member Interaction	-	-	-	-	-
Training	-	-	-	-	-
Marketing	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	100	-	-	100	75
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	100	-	-	100	75
Net of receipts/(payments)	325	-	-	325	325
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	325	-	-	325	325

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Bank	325	-	-

	-	-	-
	-	-	-
Total cash funds	325	-	-

(agree balances with receipts and payments account(s))

OK

Unrestricted funds
to nearest £

OK

Restricted funds
to nearest £

OK

Endowment funds
to nearest £

B2 Other monetary assets

Details

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details

	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

G. W. Molyneux [Signed Digitally]

Gareth W. Molyneux

1/30/2026