



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From **01/04/2023** To

**31/03/2024**

**Charity name: SPARK SUPPORT**

**Charity registration number: 1179746**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The charity's purposes are: To provide and manage an online Peer Support group for people suffering with mental health problems, and to promote removing the stigma of mental health.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>We have remained true to our purposes this year, maintaining, running and developing our Peer Support Group, encouraging interaction both through the good and the bad.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>All trustees have had regard to Charity Commission guidance on public benefit.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Contribution made by volunteers	Para 1.38	<b>All of the Spark Support team are volunteers. This means that the charity could not exist without the contribution of our volunteer team. On average, we get 210 hours of volunteer time per week, and we would like to take this opportunity to publicly thank every single person who has given us time this year.</b>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<b>We've been pretty quiet lately due to commitments outside of the charity – however we have maintained true to our purpose and keep ensuring that we always provide our well valued support group.</b>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>We remain in good standing across our finances.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>The charity aims to hold £200 minimum in reserve, to ensure that, should we have any major fundraising issues, we are able to keep the core service running.</b>
Amount of reserves held	Para 1.22	<b>We hold the full £200 minimum.</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>This has been a hard year for fundraising – however as our outgoings are minimal, we have no concerns.</b>

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>We are governed by a constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>The charity is constituted as a CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>A position would be advertised, and potential trustees would be interviewed by existing trustees, and the best possible candidate would be selected from the applicants. Provision would be made for none of the applicants to be hired, should none of the applicants be of a standard.</b>

## Reference and Administrative details

Charity name	Spark Support
Other name the charity uses	
Registered charity number	1179746
Charity's principal address	8 Dawson Terrace Harrogate HG1 2AW


## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Gareth William Molyneux	Chief Executive Officer		
2	Emma Louise Broxton	Chief Community Officer		
3	Rachael Woodman	Engagement Officer		

## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Gareth William Molyneux	
Position (eg Secretary, Chair, etc)	Chief Executive Officer	

Date 29/01/2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Spark Support

1179746

## Receipts and payments accounts

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For the period  
from

01/04/2023

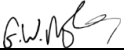
To

01/04/2024

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	75	-	-	75	100
Cash in Bank- Virgin Money	325	-	-	325	230
Sales	-	-	-	-	-
Other (Incl. Gift Aid)	-	-	-	-	-
Cash in Bank- Tide [Account closed]	-	-	-	-	123
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>400</b>	<b>-</b>	<b>-</b>	<b>400</b>	<b>453</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>400</b>	<b>-</b>	<b>-</b>	<b>400</b>	<b>453</b>
<b>A3 Payments</b>					
SaaS Service	75	-	-	75	-
Bank Fees	-	-	-	-	-
Volunteer Costs	-	-	-	-	-
Cost of Sales - Goods	-	-	-	-	-
Member Interaction	-	-	-	-	75
Training	-	-	-	-	-
Marketing	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>75</b>	<b>-</b>	<b>-</b>	<b>75</b>	<b>75</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>75</b>	<b>-</b>	<b>-</b>	<b>75</b>	<b>75</b>
<b>Net of receipts/(payments)</b>	<b>325</b>	<b>-</b>	<b>-</b>	<b>325</b>	<b>378</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>325</b>	<b>-</b>	<b>-</b>	<b>325</b>	<b>378</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in Bank - Virgin Money	325	-	-
	Cash in Bank - Tide [Account Closed]	-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>325</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Gareth William Molyneux	29/01/2025	