

FEEDING FAMILIES

England & Wales · Charity number 1179694

Details

Status Registered

Legal form CIO

Registered 2018-08-28

Register [View on the Charity Commission register](#)

Contact

Address Feeding Families HQ
Unit 2
Franklin Park
Patterson Street
Blaydon-On-Tyne
Tyne And

Phone 07767486978

Email info@feedingfamilies.org.uk

Website feedingfamilies.org.uk

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY IN THE UK BY PROVIDING CHRISTMAS HAMPERs TO ANY PERSON IN NEED, EITHER DIRECTLY OR THROUGH CHARITIES AND OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Activities: Our mission is to 1) Provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.2) Promote wellbeing and mental health for those who give and receive aid.

Classification

- **How:** Provides Services
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£912,506	£800,910	£420,381	8
2024-03-31	£760,856	£937,613	£308,786	7
2023-03-31	£792,114	£452,685	£485,543	7
2022-03-31	£255,910	£206,741	-	-
2021-03-31	£212,377	£135,962	-	-

Trustees

Name	Role	Appointed
Emma Linda Jarvis	Chair	2021-05-26
Anthony Joseph Gillham		2025-04-11
Anthony Patrick Byrne		2019-07-22
Carol Meredith		2024-10-28
Gemma Darville		2024-10-28
Timothy James Rutter		2024-10-28

FEEDING FAMILIES

England & Wales - Charity number 1179694

Accounts



ANNUAL REPORT 2024/2025



JULIET SANDERS

FOUNDER & CEO

This year has been another period of growth, challenge, and impact for Feeding Families.

As we close another year and open a new chapter, it's difficult to think that this is my last. In December 2025, I will retire from Feeding Families, so this will be my final annual report to present to you. In 2017, this was an embryonic idea from my kitchen table - trying to help a few local families have a better Christmas. Roll forward seven years, and tens of thousands of families, couples, and individuals have benefitted from the communal kindness that is at the heart of Feeding Families.

This year has made me immensely proud - to see the organisation stabilise and reimagine what it does to be even more effective. Growth isn't just about numbers but about maturity, forward thinking, and development. We have challenged ourselves, made difficult decisions, and positioned ourselves for future success.

Having had the opportunity to found such a wonderfully caring charity, which has been embraced by so many, I am encouraged to think that a flame has been lit that will carry on burning long after me. The passion of volunteers, trustees, donors, funders, and staff unites to build a net of safety for our families, friends, colleagues, and strangers in hard times. I'm immensely proud of all you do and that you've allowed me to dream a dream that came true.

Don't stop. The world needs you.

Juliet

EMMA JARVIS

CHAIR



Reflecting on the past year, I am immensely proud of everything Feeding Families has achieved.

In the face of rising need, we remained resilient, determined, and unwavering in our commitment to supporting North East families. This year, we expanded our reach, refined our offerings, and strengthened partnerships; distributing a million items takes an army, and our impact would not have been possible without an incredible team of staff, volunteers, and Trustees, who place dignity and hope at the heart of their work. We are deeply grateful to our donors, partners, and supporters, your generosity ensures we remain a beacon of support for those in crisis. As demand continued to grow, we prioritised those experiencing the deepest levels of poverty. A strategic shift for our Christmas campaign focused resources on families facing the greatest hardship. We have also enhanced our provisions to better reflect the needs and diversity of our beneficiaries.

This year marks a milestone as we prepare to say farewell to our Founder and CEO, Juliet Sanders. Juliet's vision and tireless dedication have transformed a simple act of kindness into a movement reaching thousands. Her leadership has been inspirational, and on behalf of the Board, I extend our heartfelt gratitude for her years of service and a lasting legacy. In the coming months we will search for a new CEO to lead Feeding Families into its next chapter.

Looking ahead, we know the landscape is changing, and we are ready to adapt. Our focus remains on strengthening our team, partnerships, operational efficiency, and sustainability.

To everyone who has been part of our story this year, THANK YOU. Together, we are making a real difference, and I look forward to what we will achieve in 2025.

A handwritten signature in cursive script that reads "Emma". The signature is written in a dark purple or black ink.

TIMELINE OF IMPACT: 2016-2025

A Journey from One Act of Kindness to a Region-Wide Support System

The first spark: Juliet has a chance encounter with a struggling family with five children and no furniture. This moment plants the seed for what will become Feeding Families.

2016



2017

The first Matched Christmas Dinners project begins. 719 families receive food hampers from donors, marking the charity's unofficial start.

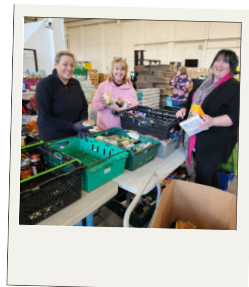


Feeding Families is officially registered as a charity, focusing on Christmas food aid.

2018

2020

COVID-19 crisis reshaped our work, expanding from Christmas to support year-round. A doorstep delivery model is created to meet urgent food poverty during lockdowns.



Opened our first dedicated warehouse in Blaydon to scale up operations.

2021



2022

Moved to larger premises in Blaydon due to increasing demand. New food partnerships established for long-term sustainability.

Unprecedented demand with 100% growth in food distribution.

2023



2024

Second centre opens in Sedgefield to serve South Durham & Teesside. Biggest Christmas campaign yet!



Over 380 partners, thousands of families supported, and evolving to reach even more.

TODAY

Feeding Families is now exploring new partnerships and sustainable food distribution solutions for greater long-term impact.

Thank you for being part of our journey!

LEARN MORE
ABOUT OUR
JOURNEY



WHAT WE DO

At Feeding Families, we know that hunger isn't just about food - it's about dignity, stability, and hope. In the North East, one in three children live in poverty, and many families - despite working - are struggling to afford even the basics. Here's how we're feeding families throughout the region...



1. Filling the gaps

Rising living costs and gaps in traditional support systems leave people with impossible choices:

Heating OR eating

Rent OR food for the kids

Toiletries OR tonight's dinner

That's where we step in.

We don't operate like a traditional food bank. Instead, we work through trusted local partners - schools, housing providers, NHS teams, and charities - to get food straight to the people who need it, when they need it.



2. Meeting immediate need

Many people can't access food banks due to working hours, transport issues, or stigma. We provide:

Emergency Food Boxes

Nutritious, long-life food for individuals and families in crisis.

Low-Cook & No-Cook Boxes

For those without kitchens, living in hostels, or struggling with energy costs.



3. Helping people through transitions

Big life changes often push people into crisis. We provide food and essentials at key moments:

Housing Transition Support

When people move into a new tenancy, we help with food, toiletries, and cleaning packs to relieve early financial pressure.

Six-Week Stability Programme

Ensuring consistent food support for those transitioning to Universal Credit, moving out of care, or rebuilding after domestic violence.

Emergency Support for Health Crises

Partnering with hospitals and eating disorder clinics to ensure food insecurity doesn't worsen health outcomes.



4. Preventing food poverty

We're not just about short-term fixes – we also work to prevent deeper hunger by providing:

School Holiday Food Support

Helping working parents who struggle when free school meals stop.

Culturally Tailored Boxes

Because food should feel like home, no matter where you're from.

Community Partnerships

Supporting mental health services, refugee organisations, and grassroots charities.

HELP US DO EVEN MORE. [FEEDINGFAMILIES.ORG.UK/DONATE](https://feedingfamilies.org.uk/donate)

A SEASON OF GIVING, A LIFETIME OF IMPACT



Christmas is at the heart of what we do. What started as a simple idea – one family helping another – has grown into one of the North East's largest food support initiatives.

In December 2024 we saw:

9,763

Households supported

179,688

Items of food delivered

9,300

Christmas food boxes delivered

463

Families supported through our new Christmas project

237

Volunteers

163

Partner organisations

"RECEIVING THIS BOX MADE ME CRY HAPPY TEARS. I'VE NEVER BEEN SUPPORTED LIKE THIS BEFORE, AND IT'S CHANGED OUR LIVES."



MORE THAN A MEAL: A MESSAGE OF HOPE



“

It brought joy to the faces of my children when we opened the boxes. Most of the items were things they needed urgently.”

“

It makes a big difference because with the food prices going up more and more, if we didn't get these boxes my family wouldn't have food for a week or two until pay day.”

“

We had a family dinner thanks to you. Thank you.”

“

It makes a huge difference as a single mother I struggle to make ends meet most of the time, especially this time of year is really difficult. this box has helped me massively.”

“

It has helped me so much. my cupboards were empty and I had not been paid until Xmas eve. It has helped massively and helped with the stress of not being able to get everything.”

“

It became hope for my despair.”

“

It really helped. we struggle to afford food, so grateful for anything we get. thank you, it will help us get through a couple of weeks.”

OUR IMPACT

This year, we made a powerful impact – providing nourishing meals, supporting families in need, and strengthening communities. Here's a look at what we achieved together:

1,044,398

Food and toiletry
items distributed

44,144

Total households
supported

366

Partner organisations
helping us reach those
in need

5,919

Volunteer hours
given to support
our work



"YOUR FOOD PROVISION
MAKES A HUGE DIFFERENCE
TO PEOPLE LIKE US WHO
ARE GOING THROUGH
DIFFICULT TIMES. IT MEANS
WE CAN EAT WITHOUT
STRESSING EVERY DAY."

Feeding Families is more than numbers – it's real people, real families, real change.

28,769

Essential food
boxes provided

4,696

Toiletry packs
distributed

3,885

Low-cook food
boxes delivered

2,656

Rough sleeper
packs provided

"WE WERE AMAZED AT WHAT WE GOT
IN OUR FOOD PARCEL. IT MADE SUCH A
BIG DIFFERENCE TO OUR FAMILY."

Every meal provided and every family supported is a result of careful stewardship – ensuring that every pound is used efficiently and effectively to maximise our impact.



THE POWER OF COMMUNITY

Feeding Families is powered by generosity, kindness, and people who care. From packing food boxes to delivering meals, our volunteers make everything possible.



Volunteer Spotlight: a lifetime of giving

At over 90 years old, Betty is an inspiration to us all. A retired factory worker and mother of a longtime volunteer, she brings her strong work ethic to Feeding Families by assembling condiment packs with unwavering dedication.

Rather than slowing down, Betty has taken her volunteering to the next level – setting up her own packing line right at her dining table. She has become a one-person packing powerhouse, ensuring families receive essential supplies.

For Betty, volunteering is more than just a task; it brings purpose, pride, and joy. The daily routine has added structure and fulfilment to her life, and she loves every moment spent helping others.

Her story is a testament to the power of volunteering at any age. Betty's commitment proves that making a difference has no age limit, and we are truly grateful for the impact she makes every day.

**FIND OUT MORE ABOUT
VOLUNTEERING WITH US**



Volunteer Spotlight: Sarah's inspiring journey



This lovely lady has been brightening lives through volunteering with Feeding Families for over two years!

Sarah has many great passions - teaching, baking, and the great outdoors (not to mention her adorable dogs, Lenny and Elsie!) - and she truly believes that food is a basic human right.

Feeding Families wouldn't be where it is without Sarah, our amazing van driver with over 300 hours of service, zipping around the North East to deliver food boxes. She's the friendly face of our charity, building fantastic relationships with our partners. And let's not forget her loyal sidekick, Elsie - winning over everyone she meets with her endless affection.

It all started with a chance visit, and now Sarah's making a BIG impact in her community!

Join us in thanking Sarah for her dedication and kindness! If you've been thinking about volunteering, take it from her:

"YOU'VE GOT NOTHING TO LOSE AND EVERYTHING TO GAIN!"

READ SARAH'S STORY



SARAH

CARING



DOG MUM

baking,
crafting and
adventure!



ELSIE



retired
primary school
teacher



THANK YOU!

We've had a bumper year of support! You've showed up raised funds, donated supplies, and offered staff volunteering days - helping us feed more families, expand our reach, and respond faster! Thank you to all the businesses, individuals and schools who make up the Feeding Families community!



CORPORATE PARTNERS



“AtkinsRéalis are delighted to be supporting Feeding Families for another year having built such a great relationship with the team in 2024.

We feel that by extending our partnership beyond the typical ‘charity of the year’ model we can have a much greater impact and build on what we have started.

Working with an organisation that supports so many other grass roots and community causes is fantastic and allows us to align our support close to our local projects.

We hope that by the end of the year we will have raised £10,000 in total since our first fundraising event in October 2023... bring on 2025!”

SAM MORALEE, ASSOCIATE DIRECTOR

WANT TO PARTNER WITH US TO CREATE
CHANGE IN THE NORTH EAST? FIND OUT MORE





INSPIRATIONAL WOMENS NETWORKING LUNCH

On June 16th, we hosted our Inspirational Women's Networking Luncheon at Wynyard Hall, ensuring accessibility for all, regardless of financial circumstances.

We were honoured to welcome North East Mayor Kim McGuinness and renowned broadcaster Pam Royle as our guest speakers, sharing their insights and experiences with an inspiring audience as well as word from Juliet Sanders, CEO of Feeding Families.

Thanks to the generosity and support of those who attended, we raised over £11,000 to further our mission.



CHARITY GALA DINNER

On September 28th, we hosted our annual Charity Gala Dinner at the Grand Hotel, Gosforth Park, a night filled with generosity, community spirit, and unforgettable entertainment, all in support of tackling food poverty across the North East.

Thanks to the incredible support of our guests, we raised over £8,000 to help families in need.

Thank you to our brilliant host, Gary Philipson, for keeping the evening running seamlessly, our event sponsor, Karbon Homes, and to Storm and magician Graeme Shaw for their fantastic entertainment. A special mention to the Ryton Singers for their joyous and uplifting entrance, setting the perfect tone for the night.



"AN INCREDIBLE EVENING FOR AN EVEN MORE INCREDIBLE CAUSE! THE ATMOSPHERE WAS ELECTRIC, THE ENTERTAINMENT WAS FANTASTIC, AND THE GENEROSITY IN THE ROOM WAS TRULY HEARTWARMING. IT'S AMAZING TO SEE HOW MUCH OF A DIFFERENCE FEEDING FAMILIES MAKES IN OUR COMMUNITY."



LOOKING AHEAD

Strengthening Our Impact in 2025 >>>

As Feeding Families continues to grow, we remain focused on scaling up, strengthening partnerships, and ensuring sustainable food support across the North East. Over the next year, we will focus on:

Expanding Distribution & Partnerships

- Transitioning away from the Sedgefield site to focus on strategic new locations, including potential hubs in Teesside and Sunderland to improve access.
- Strengthening our partnership model, ensuring that food support reaches people faster and more efficiently through local authorities, schools, and community organisations.

Improving Food Provision

- Increasing the availability of low-cook and no-cook food boxes, particularly for people in temporary accommodation, hostels, or with limited access to cooking facilities.
- Expanding culturally appropriate food options, ensuring diverse communities receive support that meets their dietary needs.

Adapting for Future Growth

- Ensuring a smooth leadership transition, as Juliet prepares to step down, with plans in place to find the right person to lead the next phase of growth.
- Continuing to increase efficiency, ensuring we can meet rising demand while maintaining the quality and dignity of our support.



Thank you for your support. We couldn't do it without you!

TO EVERY VOLUNTEER, DONOR, PARTNER, AND SUPPORTER - THANK YOU!

2mtrust	Love Christmas/Alive Church
Additional Lengths	Ludlow Trust
Amazon	Masonic Charitable Foundation
Arnold Clark	National Lottery Community Fund
AtkinsRéalisis	New Springs Church
Auxillis Limited	Newby Trust
Barbour Foundation	Newcastle Building Society
Cello Electronics UK	Newcastle High School for Girls
Citizens Gateshead	Northern Gas & Power
Collins Seafood	P&G
Community Foundation Tyne & Wear	Penchant Foundation
Co-op Community Fund	Places for People
Durham Box	Point North
Durham County Council	Police & Crime Commissioner Northumbria
Durham Freemasons	Port of Tyne
Ecclesiastical	Postcode Neighbourhood Foundation
Elsie Davis Trust	Poundland Foundation
Forrester Family Trust	Prudhoe Street Mission Foundation
Franklin Steel	Ryton Singers
Gateshead Council	Sage
Grand Hotel Gosforth Park	Sainsbury's
Hadrian Trust	Shobha and Triloki Srivastava Grassroots
Hartlepool Masonic Benevolent Association	Sir Graham Wylie Foundation
Hay & Kilner	Slaters Electrical
Hobson Charitable Trust	St James' Wealth Management
Holy Trinity Church (Swalwell)	Suez Recycling
Home Bargains	Sunnyside Methodist Church
Jam Marketing	Tesco
Jan Forster Estate Agents	The 1989 Willian Charitable Trust
JB Recycling	The Frank and Phyllis Scotto Trust
John Lewis	The Reg Pearce Fund
Joicey Trust	The Ron and Louise Bowey Fund
Karbon Homes	The Vardy Foundation
Kavli	Thorpe Academy
Lanes Group	Tyne Tunnels TT2
Learning Curve Group	Warburtons
Lescost Transport	Wynyard Re:Loved Boutique
LGA Foundation	Young Farmers Sedgfield



**Feeding
Families**

**JOIN US IN
MAKING A
DIFFERENCE**

Every meal provided, every family supported, and every life changed is made possible by people like you. Whether you donate, volunteer, or spread the word, your support helps us feed families and build stronger communities.

Together, we can do more. Thank you for being part of the Feeding Families community!

WITH THANKS TO OUR TRUSTEES

Emma Jarvis (Chair)

Brian Palmer (Treasurer)

Antony Byrne

Gemma Darville

Carol Meredith

Jon Regan

Tim Rutter

Graham Sleep

Alex Wilby

0191 908 7163

INFO@FEEDINGFAMILIES.ORG.UK

FEEDINGFAMILIES.ORG.UK





Accountancy Solutions

FEEDING FAMILIES

Financial statements for the
year ended 31st March 2025

Charity number: 1179694

Charitable Incorporated Organisation
Registered England and Wales

Call: 07926 450 250

Email: info@hslaccountancysolutions.co.uk

www.hslaccountancysolutions.co.uk

FEEDING FAMILIES
Contents of the financial statements
for the year ended 31st March 2025

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FEEDING FAMILIES
Administrative details
for the year ended 31st March 2025

Registered Charity number	1179694	
Trustees and Management Committee	Emma Jarvis	- From 26/05/2021
	Gemma Darville	- From 28/10/2024
	Timothy James Rutter	- From 28/10/2024
	Carol Meredith	- From 28/10/2024
	Graham Sleep	- From 23/05/2024
	Alex Arthur Wilby	- From 27/07/2021
	Anthony Patrick Byrne	- From 22/07/2019
	Brian John Palmer	- From 06/04/2021
	Jon Daniel Regan	- From 29/01/2020
	Anthony Joseph Gillham	- From 11/04/2025
	David Jackson	- Unitl 09/01/2024
Administrative address	Unit 2 Franklin Park,Patterson Street BLAYDON-ON-TYNE Tyne And Wear NE21 5TL	
Bankers	Lloyds bank Plc LEWISHAM PO BOX 1000 BX11LT	
Independent Examiner	Heera Singh FMAAT HSL Accountancy Solutions Ltd Enterprise House 4-6 Thorne Road Doncaster DN1 2HS	

FEEDING FAMILIES

The Trustees present their annual report for the year ended 31st March 2025

Governing document

Feeding Families is a Charitable Incorporated Organisation (CIO) and is governed by a constitution, which is registered with the Charity Commission. A copy of the constitution is available on request.

Organisational Structure and Management

The organisation operates as a Charitable Incorporated Organisation (CIO), registered on 28 Aug 2018 with the Charity Commission. The organisation is governed by the Trustees, who determine strategic direction and policy. The day-to-day operation is also carried out by the CEO and staff.

Recruitment and appointment of new trustees

New Trustees are invited to apply when a vacancy arises, and this is advertised to our supporters as well as on volunteer websites. Following application, a series of meetings takes place to ascertain if the applicant and charity are suited to work together and then a vote is taken by the trustees to confirm the appointment.

Risk management

Risks are highlighted and managed within the context of Trustee meetings. The charity has taken appropriate insurance cover for the main risks it faces.

Objectives

Our mission is to:

- Provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- Promote wellbeing and mental health for those who give and receive aid.

Significant activities

After several years of rapid growth, 2024–25 marked a period of strategic consolidation and strengthening. Now well established in our Blaydon and Sedgefield premises, we have been able to work more efficiently to scale our operations and impact across the region.

Central to this has been the introduction of a new online ordering system for our partners. They can now see the full range of support available and select the support they need for either collection or delivery. This system has significantly improved the efficiency of our logistics and enabled us to serve more organisations, more effectively.

To ensure fair distribution amid continued high demand, we introduced clearer partnership criteria and ordering caps. This allowed us to serve more organisations while prioritising the most vulnerable clients. We worked with 366 organisations including schools, children's charities, housing providers, NHS teams, refugee services, grassroots community groups, and the initiative has been well received.

In total, we distributed over one million items of food and essential supplies across the year. Although we receive some seasonal donations, especially at Christmas; the majority of our stock is still purchased at retail prices, posing an ongoing financial challenge. We are immensely proud, therefore, that we were able to support over 44,000 households this year - providing not only food but also vital toiletries and cleaning products where needed.

We continued to improve the quality and nutritional content of our food boxes with expert advice from Newcastle University. As a result, we updated our food lists and, for the first time, produced a nutritionally balanced Low-Cook Box aimed at those with limited cooking facilities or skills. Demand for these boxes rose slightly this year.

Our current offering includes:

- Essential Food Boxes: 28,769 distributed — providing a range of cupboard staples to form the basis of multiple meals for families
- Low-Cook Food Boxes: 3,885 distributed — designed for those with limited cooking facilities or confidence, based on nutritional advice from Newcastle University.
- Culturally Appropriate Food: Support expanded to include halal options for 154 families during Eid. Initial discussions also began around kosher provision for the local Orthodox Jewish community. Feedback shows that these communities (including refugee and asylum seeker groups) often struggle to access culturally appropriate food from standard food banks, and our support is now an important resource.

Our current offering includes:

- Dietary Requirements: Tailored boxes provided for a wide range of needs, including gluten-free, dairy-free, vegetarian, vegan, and rare diets such as PKU and low-sodium.
- Rough Sleeper Packs: 2,656 packs were distributed, following increased demand for these high-protein, high-calorie, no-cook grab bags, following a successful pilot which garnered positive feedback.
- Toiletry Packs: Demand increased by 400% as hygiene poverty continues to impact many of the families we support. These packs are not part of our core offer but are essential for dignity and wellbeing.
- Cleaning Packs: Distributed on a case-by-case basis to families entering new housing or experiencing acute vulnerability.

Christmas 2024 remained at the heart of our work. We supported over 9,300 households through our Christmas food box project and a further 463 families through our Matched Christmas Dinners initiative. A total of 179,688 items of food were distributed through our Blaydon and Sedgefield centres, thanks to the dedication of 237 volunteers. Their efforts ensured families across the region were able to celebrate the season with dignity and warmth.

Strengthening impact & looking ahead

We further refined our approach to collecting partner feedback and impact stories, ensuring our support remains responsive and effective in meeting the needs of the community.

Looking ahead, Feeding Families will remain focused on strengthening operational efficiency, expanding culturally appropriate and Low-Cook food provision, and deepening our partnerships across the North East. We will also manage a significant leadership transition as our Founder and CEO, Juliet Sanders, prepares to hand over leadership in December 2025, following many years of dedicated service.

Further information on performance, volunteer contributions, and community impact is available in the full Annual Report.

Reserves policy

The Trustees aim to maintain reserves in designated funds at a level which equates to approximately six months of expenditure. The trustees consider that this level will provide funds to respond to carry out the work of the charity and the support and governance required for it to operate.

Activities undertaken for the public benefit

In shaping the objectives for the year, the Trustees paid due regard to the public benefit guidance published by the Charity Commission. The Charity's objects have set out to how the Charity fulfil its principal charitable objective. For more information, please refer to our full annual report.

**Independent examiners report to the Trustees of
FEEDING FAMILIES
for the year ended 31st March 2025**

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report. Signed on behalf of the Trustees

Signed: 

Name and Position: Emma Jarvis Trustee Chair

Date: 9th October 2025

**Independent examiners report to the Trustees of
FEEDING FAMILIES
for the year ended 31st March 2025**

I report on the accounts of the charity for the year ended 31st March 2025 which are set out on pages 6 to 8.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
4-6 Thorne Road
Doncaster
DN1 2HS

Date:

FEEDING FAMILIES**Statement of Financial Activities (Incorporating the Income and Expenditure Account)
for the year ended 31st March 2025**

		Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
	Notes				
Income					
Grants and donations	2	537,069	373,122	910,191	757,877
Investment income		2,314	-	2,314	2,979
Total income		539,384	373,122	912,506	760,856
Expenditure					
Charitable activities	3	393,213	407,697	800,910	937,613
Total expenditure		393,213	407,697	800,910	937,613
Net income (expenditure)		146,171	(34,575)	111,596	- 176,757
Balance brought forward 1st April 2024		250,214	58,572	308,786	485,543
Transfer between funds		-	-	-	-
Balance carried forward 31st March 2025		396,385	23,996	420,381	308,786

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Balance sheet
for the year ended 31st March 2025

	2025	2024
	Total	Total
	£	£
Fixed assets		
Tangible assets	32,326	36,065
Current assets		
Debtors	31,890	2,087
Cash at bank and in hand	386,464	288,741
	<u>418,355</u>	<u>290,828</u>
Current Liabilities		
Creditors - amounts due within one year	(30,300)	(18,107)
Net current assets	<u>388,055</u>	<u>272,721</u>
Net assets	<u>420,381</u>	<u>308,786</u>
Funds of the Charity		
Unrestricted Funds	396,385	250,214
Restricted Funds	23,996	58,572
Total Funds	<u>420,381</u>	<u>308,786</u>

The financial statements on pages 5 and 6 were approved by the Trustees and signed on their behalf by:

Signed:

Name and Position:

Date

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Statement of Cash Flows
for the year ended 31st March 2025

	Total 2025
Cash flows from operating activities:	£
Net income per SoFA	111,595
(Increase)/decrease in assets	3,739
(Increase)/decrease in debtors	(29,804)
Increase/(decrease) in creditors	<u>12,192</u>
	97,723
Cash flows from investing activities:	
Investment income	<u>-</u>
Net increase in cash:	97,723
Total cash as at 01 April 2024	<u>288,741</u>
Total cash as at 31 March 2025	<u>386,464</u>

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- The Charities Act 2011
- Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

1.1.2. The charity meets the definition of a public benefit entity as defined by FRS 102

1.1.3. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2. Incoming resources

These are included in the Statement of Financial Activities. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Grants and donations are only included in the Statement of Financial Activities when the company has unconditional entitlement to the resources.

Contractual income is only included in the Statement of Financial Activities once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

Donated goods and services are included in the Statement of Financial Activities and measured at the fair value.

1.3. Expenditure

Expenditure is charged to the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs. The expenditure has been analysed but usage.

Professional fees include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4. Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5. Assets

Tangible assets are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost, or, if gifted, at the value to the company on receipt. The rates applicable are; Office equipment-33% on cost, Fixtures and fittings-25% on cost, Motor vehicle -10% reducing

1.6. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

FEEDING FAMILIES

Notes to the financial statements for the year ended 31st March 2025

1.7. Cash

Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

1.8. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.9. Taxes

The company is not VAT registered. As a Charity the organisation is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

2. Income from:

	Unrestricted	Restricted	2025	2024
Income	Funds	Funds	Total	Total
Grants and donations	£	£	£	£
Donations	537,069	-	537,069	498,709
Point North (formerly County Durham Community Foundation)				
- Poverty Hurts Programme	-	-	-	10,000
- Learning Curve Fund	-	2,000	2,000	-
Community Foundation serving Tyne & Wear and Northumberland				
- Point of Tyne	-	4,000	4,000	-
- Shobha and Triloki Srivastava Grassroots	-	1,000	1,000	-
- Ron and Louise Bowey Fund	-	5,000	5,000	-
- P&G Fund	-	-	-	4,989
- The 1989 Willian Charitable Trust	-	5,000	5,000	-
- William Leech Charity	-	-	-	7,990
Access to Work	-	-	-	8,341
Arnold Clark Community Fund	-	2,500	2,500	-
Durham County Council	-	95,000	95,000	-
Durham Freemsons	-	2,112	2,112	-
Masonic Charitable Foundation	-	2,112	2,112	-
Gateshead Council	-	170,507	170,507	20,500
Hadrian Trust	-	2,000	2,000	-
Karbon Homes	-	25,000	25,000	2,500
Kavli Trust	-	-	-	83,000
Neighbourly Limited	-	4,500	4,500	500
The Forrester Family Trust	-	-	-	25,000
The Hobson Charity Limited	-	-	-	5,000
The Joicey Trust	-	-	-	3,000
The National Lottery Community Fund	-	34,391	34,391	71,548
The Parochial Church Council of the Ecclesiastical Parish of Gateshead St George	-	18,000	18,000	11,800
The Vardy Foundation	-	-	-	5,000
Total income 2025	537,069	373,122	910,191	757,877
Total income 2024	498,709	259,168	757,877	

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2025

3. Expenditure on

	Unrestricted Funds	Restricted Funds	2025 Total	2024 Total
	£	£	£	£
Charitable Activities				
Food hampers	119,200	281,085	400,285	469,435
Other project costs	28,099	9,927	38,026	17,055
Bank and other charges	5,311	456	5,767	2,184
Computer/Software	8,080	653	8,733	42,048
Depreciation	3,739	-	3,739	4,394
Employers pension	4,334	-	4,334	3,844
Insurance	2,975	1,344	4,319	3,578
Legal and professional fees	3,042	2,055	5,097	2,101
Office administration	3,031	459	3,490	3,787
Other professional fees	1,321	-	1,321	16,689
Rent and premise costs	38,538	18,753	57,291	115,769
Travel expenses	8,891	3,832	12,723	12,099
Wages	162,600	88,626	251,226	227,275
Website and publicity	4,052	507	4,559	17,355
Total expenditure 2025	393,213	407,697	800,910	937,613
Total expenditure 2024	511,878	425,735	937,613	

4. Fixed assets

	Furniture & fittings	Office Equipment	Motor Vehicle	Total
Cost	£	£	£	£
At 1st April 2024	590	916	18,714	20,220
Additions	-	-	24,750	24,750
Disposals	-	-	-	-
At 31st March 2025	590	916	43,464	44,970
Depreciation				
At 1st April 2024	442	916	7,546	8,905
Disposals	-	-	-	-
Charge this period	147	-	3,592	3,739
At 31st March 2025	590	916	11,138	12,644
Net book value at 31st March 2025	-	-	32,326	32,326
Net book value at 31st March 2024	147	-	35,918	36,065

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2025

5 Debtors and creditors

	2025	2024
	Total	Total
	£	£
Debtors		
Trade debtors	31,890	2,087
Creditors due within one year		
Trade creditors	30,300	18,107

6. Staff costs

	2025	2024
	£	£
Wages and salaries	251,226	227,275
Pension	4,334	3,844
	255,560	231,119

No person received emoluments of more than £60,000 in the year.
The average number of staff during the year was 8. (2024:7)

7. Movement of funds

	Opening	Incoming	Resources		Closing
	Balance	Resources	Expended	Transfers	Balance
	£	£	£	£	£
Unrestricted funds					
General funds	250,214	541,884	(395,713)	-	396,385
Restricted funds					
BP Grant	58,572	-	(58,572)	-	-
Community Foundation Tyne and Wear	-	-	-	-	-
- Point of Tyne	-	4,000	(4,000)	-	-
- Shobha and Triloki Srivastava Grassroots	-	1,000	-	-	1,000
- Ron and Louise Bowey Fund	-	5,000	-	-	5,000
- The 1989 Willian Charitable Trust	-	5,000	(5,000)	-	-
Point North (formerly County Durham Community Foundation)					
- Learning Curve Fund	-	2,000	(2,000)	-	-
Durham County Council	-	95,000	(94,115)	-	885
Durham Freemsons	-	2,112	(2,112)	-	-
Masonic Charitable Foundation	-	2,112	-	-	2,112
Gateshead Council	-	170,507	(170,507)	-	-
Hadrian Trust	-	2,000	(2,000)	-	-
Karbon Homes	-	25,000	(10,000)	-	15,000
Neighbourly Limited	-	4,500	(4,500)	-	-
The Parochial Church Council of the Ecclesiastical Parish of Gateshead St George	-	18,000	(18,000)	-	-
The National Lottery Community Fund	-	34,391	(34,391)	-	-
Total funds	308,786	912,506	(800,910)	-	420,381

* All Restricted funding has been awarded towards activity costs of the Charity.

FEEDING FAMILIES

Notes to the financial statements for the year ended 31st March 2025

8 In kind contributions

During the period of these accounts, the Trustees have identified 5,919 hours of in kind contribution volunteers. The amounts have not been included in the Statement of Financial Activities as the Trustees feel this would mislead the readers of the accounts. For more information, please refer to the Charity Annual Report.

9 Trustees remuneration, benefits and expenses

Trustees received no remuneration during the period of these accounts. Only expenses properly incurred in respect of charity business were reimbursed.

FEEDING FAMILIES

England & Wales - Charity number 1179694

Accounts



Accountancy Solutions

FEEDING FAMILIES

Financial statements for the
year ended 31st March 2024

Charity number: 1179694

Charitable Incorporated Organisation
Registered England and Wales

Call: 07926 450 250

Email: info@hslaccountancysolutions.co.uk

www.hslaccountancysolutions.co.uk

FEEDING FAMILIES
Contents of the financial statements
for the year ended 31st March 2024

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Statement of Cash Flows	8
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FEEDING FAMILIES
Administrative details
for the year ended 31st March 2024

Registered Charity number	1179694	
Trustees and Management Committee	Emma Jarvis David Jackson Alex Arthur Wilby Brian John Palmer Jon Daniel Regan Anthony Patrick Byrne	- From 26/05/2021 - From 01/05/2021 - From 27/07/2021 - From 06/04/2021 - From 29/01/2020 - From 22/07/2019
Administrative address	Unit 2 Franklin Park,Patterson Street BLAYDON-ON-TYNE Tyne And Wear NE21 5TL	
Bankers	Lloyds bank Plc LEWISHAM PO BOX 1000 BX11LT	
Independent Examiner	Heera Singh FMAAT HSL Accountancy Solutions Ltd Enterprise House 61a Carr House Doncaster DN1 2BY	

FEEDING FAMILIES

The Trustees present their annual report for the year ended 31st March 2024

Governing document

Feeding Families is a Charitable Incorporated Organisation (CIO) and is governed by a constitution, which is registered with the Charity Commission. A copy of the constitution is available on request.

Organisational Structure and Management

The organisation operates as a Charitable Incorporated Organisation (CIO), registered on 28 Aug 2018 with the Charity Commission. The organisation is governed by the Trustees, who determine strategic direction and policy. The day-to-day operation is also carried out by the CEO and staff.

Recruitment and appointment of new trustees

New Trustees are invited to apply when a vacancy arises, and this is advertised to our supporters as well as on volunteer websites. Following application, a series of meetings takes place to ascertain if the applicant and charity are suited to work together and then a vote is taken by the trustees to confirm the appointment.

Risk management

Risks are highlighted and managed within the context of Trustee meetings. The charity has taken appropriate insurance cover for the main risks it faces.

Objectives

Our mission is to:

- Provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- Promote wellbeing and mental health for those who give and receive aid.

Significant activities

Following on from unprecedented growth in 2022-23, we saw a further 101% increase in demand for our support during 2023-24.

In May 2023 we completed the transfer from our building on Blaydon Bank into an industrial unit on Blaydon Haughs. The building was an empty space of circa 10,000 sq ft which we completely transformed, adding 3 offices, a toilet block, kitchen and an open volunteer area. This move enabled us to create additional distribution capacity, and following consultation with partners and recipients we added new support packages alongside of existing ones. As a result, the output of our boxes significantly increased.

After a long search, in November 2023, we secured our own premises in Sedgefield; an industrial unit which we solely occupy. We initially used it as a distribution hub at Christmas, later transitioning it into a packing centre to service the South Durham and Teesside areas.

The support we have offered this year has included the following services:

- Essential Food Boxes - containing ambient food for 1-2 people for approximately 3 days. For larger families, the number of boxes allocated by our partners is adjusted accordingly. 33,50 Essential Food Boxes were distributed in the 12-month period.
- Low Cook Food Boxes (previously known as Welcome Home Boxes) - contain food items which can be prepared using a kettle and microwave. These are targeted at individuals where cooking a meal might be challenging, a box will feed 1 person for 2-3 days. We distributed 3,314 boxes in total.
- Culturally Appropriate, Halal Food Boxes - offer items which are more befitting to a traditional halal diet, including store cupboard ingredients which can be offered alongside our other food boxes. The charity supported 265 families during Eid, with 950 halal boxes at Christmas and 4,439 across the rest of the year.
- Dietary requirements - we provide gluten free, vegetarian & vegan food boxes which are adapted versions of our Essential Food Boxes.
- Rough Sleeper Pack - a bag containing high protein, high calorie snacks that require little or no preparation. This is being piloted with our partners who support the homeless.
- Toiletry Packs – are offered on a case-by-case basis to support our food provision, they can be tailored to male, female, individual or family sized provisions. We provided 1,162 toiletry packs.

Significant activities (continued)

- Cleaning Packs are designed to provide essential items for recipients moving to a new property or to address other vulnerabilities in limiting access to products. This is a small project offered on a case-by-case basis. 184 packs were distributed.
- Starter pack – moving into a new property is a financially challenging time, so during this period of transition a Starter Pack can be provided, this includes an Essential Food Box, cleaning pack and toiletry bag.
- Nil Income - we have a small fresh food, home delivery offering to cover a period of nil or nearly nil income. This is prioritised to recipients during an unprecedented time of financial hardship with no access to other funds such as sanctions, transition to UC and asylum to refugee status.
- Christmas – we ran two projects this year, the first focused on providing a Christmas dinner through a donor family who purchase and deliver items from a prescribed list. Secondly, we packed boxes of staple foods and Christmas treats to be distributed by our partners. A total of 12,636 households received our support during December through these channels.
- In total, across all Feeding Families services, we distributed circa 1,040,000 items of food and toiletries.

Feeding Families have engaged with 382 partners to deliver these projects, an increase of 182 additional partners versus the previous year. Some partners only require our support at Christmas, while others come to us regularly or on an adhoc basis. This collaborative way of working reduces administration - we don't record end users, but the professional organisations are working with those individuals and are best placed to assess need. This approach also reduces the risk of data breaches, and the same information is not recorded twice and held by different organisations.

Our model is built on our specialism in being able to offer food support in large quantities, this in turn allows professionals to focus on their specialism, without the need to continually seek a food supply to address need. The relationships we are building across the region provide a lifeline for many. In addition to the quantitative measures we collect, we receive anecdotal evidence and stories of how individual boxes have made an impact to recipients.

The cost-of-living crisis continued to impact the food & monetary donations we received from the public; to address this we have continued to diversify our income streams, aiming to move away from grant funding in the longer term.

Fundraising Activities

We continued to have a small number of corporate and individual regular donors.

In June 2023 we held our first Inspirational Ladies Networking Luncheon at Wynyard Hall. This provided an opportunity for 200 women to gather to inspire each other. The program included engaging talks by Alice Rowen-Hall (Rowen Homes/Pink Boutique), Victoria Lynch (Additional Length) and our CEO, Juliet Sanders. The total raised was just in excess of £8,000.

In September 2023 we held our second Gala Dinner at the Grand Hotel, Gosforth Park which attracted over 200 attendees and raised more than £18,000. This was followed at Christmas by a Santa breakfast and festive afternoon tea which raised £2,500.

For the first time we purchased places at the Great North Run and had a team of 15 runners representing Feeding Families, who raised circa £5,000.

Reserves policy

The Trustees aim to maintain reserves in designated funds at a level which equates to approximately three months of expenditure. The trustees consider that this level will provide funds to respond to carry out the work of the charity and the support and governance required for it to operate.

Activities undertaken for the public benefit

In shaping the objectives for the year, the Trustees paid due regard to the public benefit guidance published by the Charity Commission. The Charity's objects have set out to how the Charity fulfil its principal charitable objective. For more information, please refer to our full annual report.

**Independent examiners report to the Trustees of
FEEDING FAMILIES
for the year ended 31st March 2024**

Statement of Trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the above report. Signed on behalf of the Trustees

Signed:



Name & Position: Emma Jarvis, Chair, Board of Trustees

Date: 12th October 2024

**Independent examiners report to the Trustees of
FEEDING FAMILIES
for the year ended 31st March 2024**

I report on the accounts of the charity for the year ended 31st March 2024 which are set out on pages 6 to 8.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

Date: 22nd November 2024

FEEDING FAMILIES**Statement of Financial Activities (Incorporating the Income and Expenditure Account)
for the year ended 31st March 2024**

		Unrestricted Funds £	Designated Funds £	Restricted Funds £	2024 Total £	2023 Total £
	Notes					
Income						
Grants and donations	2	498,709	0	259,168	757,877	792,114
Investment income		2,979	0	0	2,979	0
Total income		501,689	0	259,168	760,856	792,114
Expenditure						
Cost of raising funds	3					
Charitable activities		511,878	0	425,735	937,613	452,685
Total expenditure		511,878	0	425,735	937,613	452,685
Net income (expenditure)		-10,189	0	-166,568	-176,757	339,430
Balance brought forward 1st April 2023		211,603	48,800	225,140	485,543	146,113
Transfer between funds		48,800	-48,800	0	0	0
Balance carried forward 31st March 2024		250,214	0	58,572	308,786	485,543

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Balance sheet
for the year ended 31st March 2024

	2024	2023
	Total	Total
	£	£
Fixed assets		
Tangible assets	36,065	15,709
Current assets		
Debtors	2,087	217
Cash at bank and in hand	288,741	475,188
	<u>290,828</u>	<u>475,405</u>
Current Liabilities		
Creditors - amounts due within one year	-18,107	-5,571
	<u>272,721</u>	<u>469,834</u>
Net current assets (Liabilities)		
	<u>308,786</u>	<u>485,543</u>
Funds of the Charity		
Unrestricted Funds	250,214	211,603
Designated Funds	0	48,800
Restricted Funds	58,572	225,140
Total Funds	<u>308,786</u>	<u>485,543</u>

The financial statements on pages 5 and 6 were approved by the Trustees and signed on their behalf by:

Signed:



Name & Position: Emma Jarvis, Chair, Board of Trustees

Date: 12th October 2024

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Statement of Cash Flows
for the year ended 31st March 2024

	Total
	2024
	£
Cash flows from operating activities:	
Net income/(expenditure) per SoFA	-176,757
(Increase)/decrease in assets	-20,356
(Increase)/decrease in debtors	-1,870
Increase/(decrease) in creditors	12,536
	-186,446
Cash flows from investing activities:	
Investment income	0
Net increase/(decrease) in cash:	-186,446
Total cash as at 01 April 2023	475,188
Total cash as at 31 March 2024	288,741

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- The Charities Act 2011
- Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

1.1.2. The charity meets the definition of a public benefit entity as defined by FRS 102

1.1.3. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2. Incoming resources

These are included in the Statement of Financial Activities. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Grants and donations are only included in the Statement of Financial Activities when the company has unconditional entitlement to the resources.

Contractual income is only included in the Statement of Financial Activities once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

Donated goods and services are included in the Statement of Financial Activities and measured at the fair value.

1.3. Expenditure

Expenditure is charged to the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs. The expenditure has been analysed but usage.

Professional fees include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4. Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5. Assets

Tangible assets are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost, or, if gifted, at the value to the company on receipt. The rates applicable are; Office equipment-33% on cost, Fixtures and fittings-25% on cost, Motor vehicle -10% reducing

1.6. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2024

1.7. Cash

Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

1.8. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.9. Taxes

The company is not VAT registered. As a Charity the organisation is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

2. Income from:

	Unrestricted	Restricted	2024	2023
	Funds	Funds	Total	Total
	£	£	£	£
Grants and donations				
Donations	498,709	0	498,709	337,507
BP p.l.c.	0	0	0	200,000
County Durham Community Foundation				
- Darlington Building Society	0	0	0	8,000
- Poverty Hurts Programme	0	10,000	10,000	11,960
Community Foundation serving Tyne & Wear and Northumberland	0	0	0	10,000
- Newcastle Building Society Community	0	0	0	3,000
- P&G Fund	0	4,989	4,989	4,500
- Squires Foundation	0	0	0	5,000
- The 1989 Willian Trust	0	0	0	10,000
- William Leech Charity	0	7,990	7,990	0
Durham County Council	0	0	0	60,000
The Joicey Trust	0	3000	3,000	0
Kavli Trust	0	83,000	83,000	0
The Vardy Foundation	0	5,000	5,000	0
Access to Work	0	8,341	8,341	0
The Borough Council of Gateshead	0	20,500	20,500	18,750
The Greggs Foundation	0	0	0	10,770
The Hobson Charity Limited	0	5,000	5,000	0
The Julia and Hans Rausing Trust	0	0	0	40,558
Karbon Homes	0	2,500	2,500	13,125
Lottery Awards for all	0	0	0	10,000
Neighbourly Limited	0	500	500	1,500
The Forrester Family Trust	0	25,000	25,000	0
Sage Foundation	0	0	0	10,000
The PCC of the Ecclesiastical Parish of Gateshead St George	0	11,800	11,800	10,500
The National Lottery Community Fund	0	71,548	71,548	0
Postcode Neighbourhood Trust	0	0	0	22,944
Voluntary, Community and Social Enterprise Health and Wellbeing Alliance	0	0	0	4,000
Total income 2024	498,709	259,168	757,877	792,114
Total income 2023	337,507	454,607	792,114	

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2024

3. Expenditure on

	Unrestricted Funds	Restricted Funds	2024 Total	2023 Total
	£	£	£	£
Charitable Activities				
Food hampers	331,579	137,856	469,435	182,643
Other project costs	16,919	136	17,055	25,788
Charitable activities				
Bank and other charges	2,184	0	2,184	3,590
Computer/Software	7,608	34,440	42,048	11,747
Depreciation	4,394	0	4,394	2,088
Employers pension	3,197	646	3,844	2,596
Insurance	3,194	384	3,578	310
Legal and professional fees	850	1,251	2,101	850
Office administration	3,156	632	3,787	4,782
Other professional fees	5,545	11,145	16,689	5,675
Rent and premise costs	31,817	83,952	115,769	41,515
Sundries	0	0	0	56
Travel expenses	8,747	3,352	12,099	9,255
Wages	79,770	147,505	227,275	155,321
Website and publicity	12,919	4,436	17,355	6,471
Total expenditure 2024	511,878	425,735	937,613	452,685
Total expenditure 2023	209,161	243,524	452,685	

4. Fixed assets

	Furniture & fittings	Office Equipment	Motor Vehicle	Total
	£	£	£	£
Cost				
At 1st April 2023	590	916	18,714	20,220
Additions			24,750	24,750
At 31st March 2024	590	916	43,464	44,970
Depreciation				
At 1st April 2023	295	660	3,555	4,510
Charge this period	147	256	3,991	4,394
At 31st March 2024	442	916	7,546	8,905
Net book value at 31st March 2024	147	0	35,918	36,065
Net book value at 31st March 2023	295	256	15,159	15,709

5 Debtors and creditors

	2024 Total	2023 Total
	£	£
Debtors		
Trade debtors	2,087	217
Creditors due within one year		
Trade creditors	-18,107	-5,571

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2024

6. Staff costs

	2024	2023
	£	£
Wages and salaries	227,275	155,321
Pension	3,844	2,596
	231,119	157,917

No person received emoluments of more than £60,000.in the year.

The average number of staff during the year was 7. (2023:7)

7. Movement of funds

	Opening Balance	Incoming Resources	Resources Expended	Transfers	Closing Balance
	£	£	£	£	£
Unrestricted funds					
General funds	211,603	501,689	-511,878	48,800	250,214
Designated funds					
Reserves	48,800	0	0	-48,800	0
Restricted funds					
Access to Work	0	8,341	-8,341	0	0
BP Grant	190,100		-131,528	0	58,572
CDCF - Poverty Hurts	5,596	17,990	-23,586	0	0
Community Foundation Tyne and Wear	0	4,989	-4,989	0	0
Hobson	0	5,000	-5,000	0	0
Joicey Trust	0	3,000	-3,000	0	0
Forrester Family Trust	0	25,000	-25,000	0	0
Gateshead Council	2,054	20,500	-22,554	0	0
Kavli	0	83,000	-83,000	0	0
Julia and Hans Rausing Trust	27,390	0	-27,390	0	0
Karbon Homes	0	2,500	-2,500	0	0
Neighbourly	0	500	-500	0	0
The National Lottery	0	71,548	-71,548	0	0
Vardy	0	5,000	-5,000	0	0
St Georges CC	0	11,800	-11,800	0	0
Total funds	485,543	760,856	-937,613	0	308,786

* All Restricted funding has been award towards activity costs of the Charity.

FEEDING FAMILIES

Notes to the financial statements for the year ended 31st March 2024

8 In kind contributions

During the period of these accounts, the Trustees have identified 5,213.50 hours of in kind contribution volunteers. The amounts have not been included in the Statement of Financial Activities as the Trustees feel this would mislead the readers of the accounts. For more information, please refer to the Charity Annual Report.

9 Trustees remuneration, benefits and expenses

Trustees received no remuneration during the period of these accounts. Only expenses properly incurred in respect of charity business were reimbursed.

10 Previous year's comparison

Where available, previous period's figures have been included for comparison purposes only.

ORGANISATION DETAILS

FEEDING FAMILIES CIO

CHARITY NUMBER: 1179694

COMPANY NUMBER : CE014977

UNIT 2 | FRANKLIN INDUSTRIAL ESTATE | BLAYDON
TYNE AND WEAR | NE21 5TL

☎ 0191 908 7163

✉ INFO@FEEDINGFAMILIES.ORG.UK

🌐 FEEDINGFAMILIES.ORG.UK

f [/FACEBOOK.COM/UKFEEDINGFAMILIES](https://FACEBOOK.COM/UKFEEDINGFAMILIES)

📷 [/INSTAGRAM.COM/UKFEEDINGFAMILIES](https://INSTAGRAM.COM/UKFEEDINGFAMILIES)

🐦 [/TWITTER.COM/FEEDINGFAMILIE1](https://TWITTER.COM/FEEDINGFAMILIE1)

WITH THANKS TO OUR TRUSTEES

Emma Jarvis (Chair)

Brian Palmer (Treasurer)

Antony Byrne

Jon Regan

Alex Wilby

David Jackson



ANNUAL REPORT 2023/2024

MISSION STATEMENT

1) Provide relief to any person experiencing poverty primarily in the North East of England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.

2) Promote wellbeing and mental health for those who give and receive aid.



When will this end?

Once again, we have seen the output of Feeding Families mushroom and more than double in size. It seems that every year we are faced with another uphill struggle to meet the very basic needs of people who simply need to be fed. As the cost of living has continued to bite, we have seen demand climb, whilst finding donations more difficult to come by.

Our centres pump out more and more boxes to help the most vulnerable and we are seeing more people needing to access help for the first time. From the humble beginnings on my dining room table, it's incredible to think how far things have come. Who could have imagined this scale of growth?

Body However, the North East has a proud history of communities coming together to support each other and that is what we rely on. 2023-24 has seen contributions by individuals and businesses, through donations and volunteering, make a massive difference to those around them. There was a moment in my own life where I hoped someone would be out there to help me in my time of need, and no one came. I am so glad that we now all get the opportunity to be that helping hand to many thousands. Thank you to everyone who is part of that.

JULIET SANDERS
FOUNDER & CEO



ESSENTIAL FOOD BOXES

We work with partners such as schools, charities and community groups, our support allows them to concentrate on their valuable work – they know they can rely on having food available quickly for the people they know and support.

In 2023–2024 we supported 210 project partners through the year and 199 partners at Christmas. This year we delivered 33,250 essential food boxes across 12 local authorities.

Over 988,990 items have been distributed from our packing centres in the last 12 months.

IMPACT

“ONE PARTICULAR FAMILY HAD TO BUY NEW UNIFORMS FOR THREE CHILDREN READY FOR THEM TO START THEIR NEW SCHOOL YEAR. THEY WERE ALREADY STRUGGLING FINANCIALLY AND THIS BECAME AN ADDED BURDEN. THE FATHER BECAME EXTREMELY STRESSED AND ANXIOUS ABOUT THE ADDED COST. WE WERE ABLE TO HELP THE FAMILY BY SENDING SOME FOOD PARCELS OVER TO THE FAMILY HOME EACH WEEK DURING THE SCHOOL HOLIDAYS. THIS EASED SOME OF THE PRESSURE AND THE FAMILY WERE ABLE TO BUY SOME OF THE NEEDED UNIFORMS EACH WEEK.”

MINDSTARS



LOW COOK BOXES

Previously known as Welcome Home boxes, these were introduced in 2020, to provide support to vulnerable patients who were being discharged from hospitals after receiving medical care. The program received widespread acclaim in hospitals across the northeast region for its combination of low cook meals and essential toiletries. In 2023/24 the project expanded beyond hospitals as the need became apparent for a low cook/no cook box. These are distributed via our partners to those who are living in hostels/hotels, or don't have the funds to cook.



IMPACT

“THE WELCOME HOME BOX WAS A LIFELINE FOR ME AFTER MY HOSPITAL DISCHARGE. HAVING ACCESS TO FOOD THAT REQUIRED MINIMAL COOKING MADE MY TRANSITION HOME SO MUCH SMOOTHER. I'M INCREDIBLY GRATEFUL FOR THIS THOUGHTFUL SUPPORT DURING A CHALLENGING TIME.”

WELCOME HOME BOX RECIPIENT

TOILETRY & CLEANING PACKS

If you are experiencing food poverty then there's a high chance you will also be experiencing hygiene poverty. Our toiletry bags are filled with essential items like soap, shampoo, toothpaste, and other personal care products.

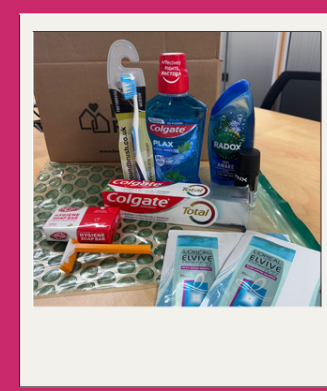
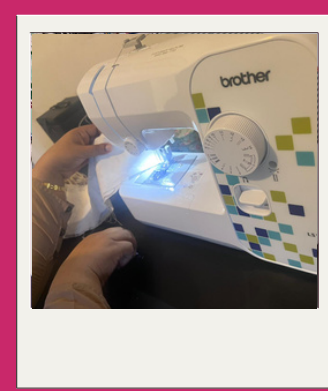
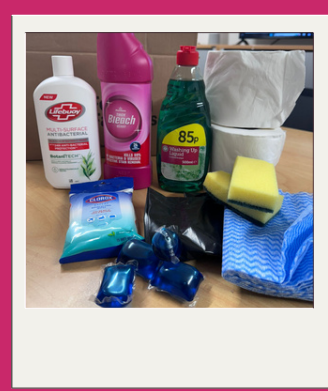
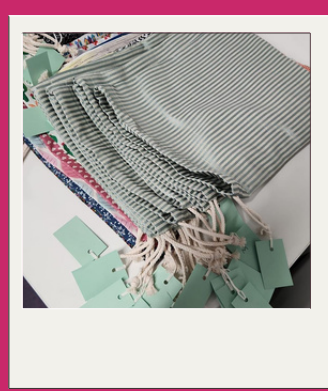
The bags themselves are typically made by volunteers who donate their time and skills. Over the past year, the demand for these bags has risen dramatically, in large part due to the ongoing cost of living crisis.

Cleaning packs are designed to provide essential items when moving to a new property or if there are other vulnerabilities limiting access to products. This is a small project and is offered on a case by case basis.

IMPACT

"THE FOOD BOXES AND ADDITIONAL ASSISTANCE YOU HAVE OFFERED TO WALKERGATE HAVE MADE A TREMENDOUS IMPACT ON THE CHILDREN AND THEIR FAMILIES. IT HAS NOT ONLY ADDRESSED THE IMMEDIATE NEED FOR ESSENTIAL SUPPLIES BUT HAS ALSO ACTED AS AN INCENTIVE FOR PARENTS WHO WERE HESITANT TO SEND THEIR CHILDREN TO SCHOOL DUE TO A LACK OF CLEANING PRODUCTS AND FOOD RESOURCES. AS A RESULT, WE HAVE SEEN AN INCREASE IN ATTENDANCE AND ENGAGEMENT AMONG THESE STUDENTS."

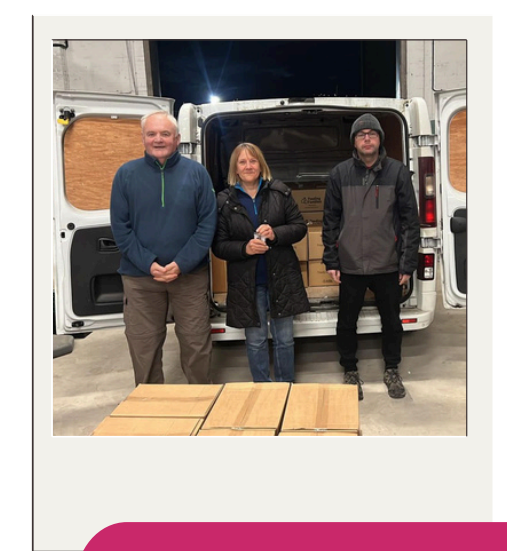
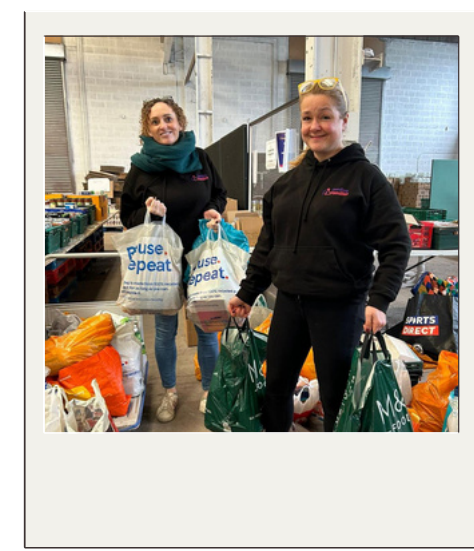
NEAT ACADEMY TRUST



VOLUNTEERS

The success of Feeding Families depends on the dedication of its volunteers.

Whether they are creating and delivering hampers, assisting in the packing centers, delivering supplies throughout the area, managing administrative tasks, or contributing to fundraising efforts, each individual brings their own valuable skills to the cause. Thanks to their unwavering support, we are able to make a significant impact on the lives of thousands of individuals and families in need. Volunteero, the volunteer management system, has allowed for maximum efficiency, and has been well received by volunteers.



IMPACT

"I REALLY ENJOY WORKING ALONGSIDE KIND, CARING PEOPLE HELPING THE LOCAL COMMUNITY. EVERYONE AT FEEDING FAMILIES HAS THE SAME AIM: TO WORK TOGETHER TO SUPPORT THOSE WHO ARE STRUGGLING WITH FOOD POVERTY."

SUZY, VOLUNTEER



CHRISTMAS PROJECTS

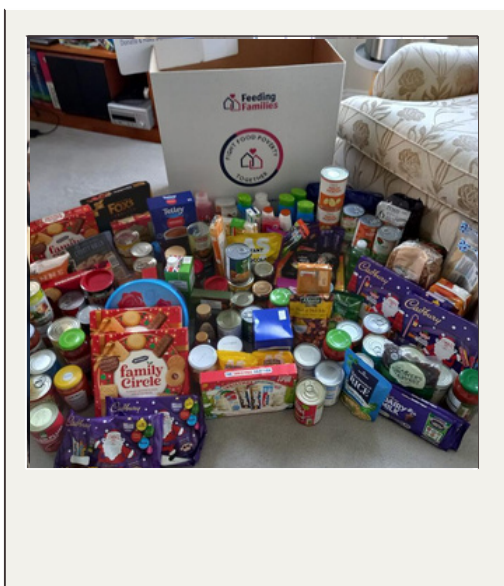
Each festive season, Feeding Families undertakes two large projects. We were founded in 2017 with a project that paired a family in need of food, with another willing to provide the gift of food. We call this our 'Matched' Project. Alongside this project we work with partners to provide a Christmas food box, that contains emergency food and some Christmas treats. All the food is ambient and packed over a two week period by an army of volunteers!

The food that goes in these boxes is purchased by the charity and donated by the public via large scale food drives.

IMPACT

“THANK YOU FOR EVERYTHING YOU DO FOR FAMILIES WHO ARE STRUGGLING. TODAY I GOT A HAMPER FROM CLARE , SHE IS A LOVELY LADY AND VERY EASY TO GET ON WITH. THANK YOU SO MUCH FOR TAKING THE WORRY OF FOOD AWAY. YOUR MAKING THIS YEAR BETTER, THANK YOU.”

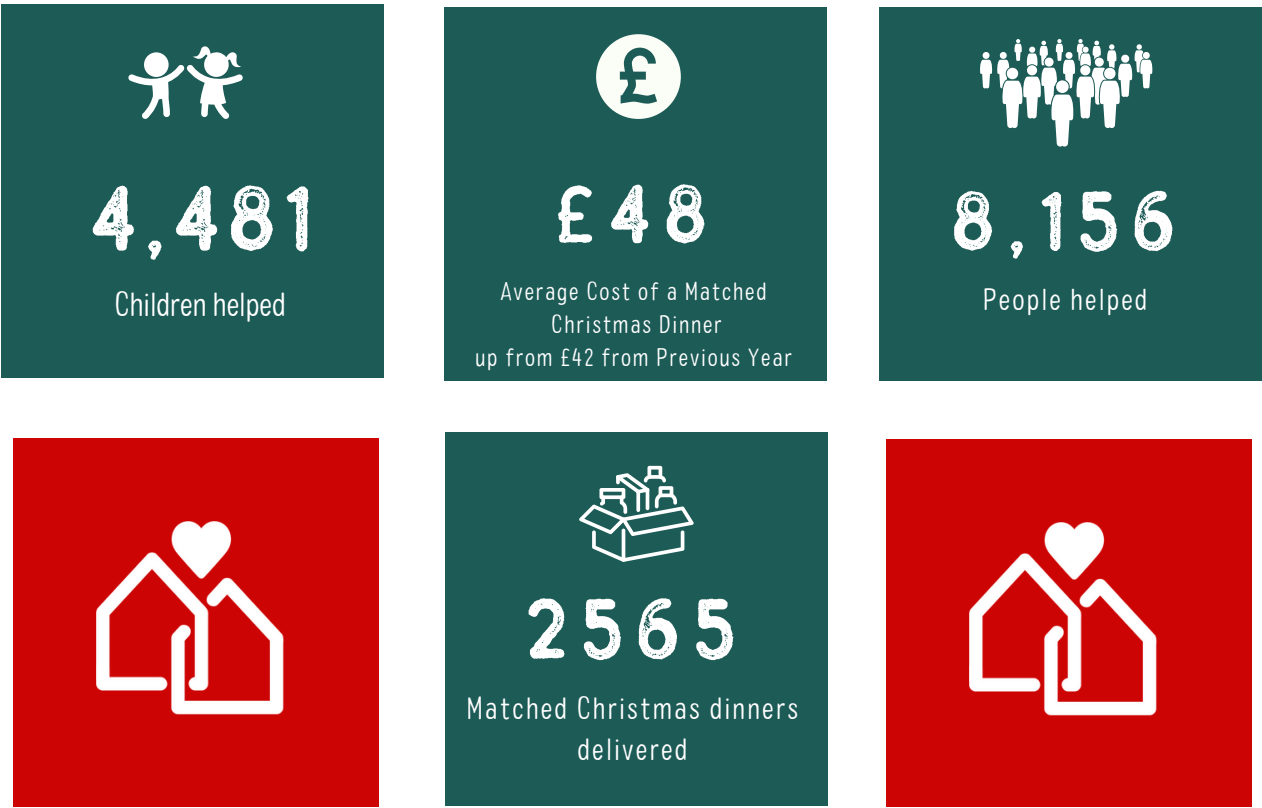
CHRISTMAS RECIPIENT



CHRISTMAS FOOD BOXES



MATCHED CHRISTMAS DINNERS



IMPACT



IMPACT ON FAMILIES

We often get asked do you only feed families? What about individuals? Well the answer is that we feed everyone!

Our own families contain single people and couples without children as well as bigger family units. All are welcome – because we aren't a food bank and people don't access us directly, we don't get to meet everyone that we help but we do get feedback through our partners and through surveys we send out ourselves.

What we hear overwhelmingly is how thankful and grateful people are to have had somewhere to turn for help.

In the cost of living crisis, many more people have had to seek help who have not done so before and because we can offer quite discrete help and, sometimes, delivery, the relief it provides can't be underestimated. We say that every box has a story. Behind each one is a real person who just needs a little hope and love during difficult days.

IMPACT

'I HAVE BEEN WORKING WITH A GENTLEMAN.
HE HAD A TERRIBLE TIME WITH HIS SON AT SCHOOL. BATTLING TO GET
HIS EDUCATION SORTED.

HE NEVER GAVE UP BUT IT HAD A MASSIVE EFFECT ON HIM
HE HAD BEEN SO DISTRACTED THAT HE HAD LITTLE TO BE ABLE TO
PROVIDE.

I OFFERED A FEEDING FAMILIES BOX, AND HE WAS EXTREMELY GRATEFUL
FOR THE HELP AND SUPPORT.

NEXT TIME HE CAME HE SEEMED A GREAT DEAL HAPPIER.
JUST THAT LITTLE BIT OF HELP CAN TAKE AWAY SOME STRESSES AND
HELP FOCUS ON OTHER THINGS."

SEAN ROBSON, FOUNDATION TUTOR, KARBON HOMES

DONORS

IMPACT

"IT MAY ONLY BE A SMALL AMOUNT BUT I KNOW I AM MAKING A DIFFERENCE
WHEN I DONATE TO FEEDING FAMILIES"

MATCHED CHRISTMAS DINNER DONOR



Although our main focus is rightly directed to the recipients of our food, the impact on donors is significant too. The generosity of those who give – whether it's a regular sum of money, items of food or time in volunteering, also has an impact on donor personally. We have heard donors say how they feel joy and satisfaction through helping others and our volunteer groups become a social time as well as getting work done. This boosts physical fitness and mental health by spending a few hours together and getting out of the house. Those who give throughout the year are vital to our work, while others join us at Christmas to deliver our massive Christmas projects. Whatever contribution people make does good for others and for themselves.

PARTNERS

Supporting many local charities, schools and organisations is such a joy for us; by working collaboratively, doing what we do best, we are able to help others give an even better service to their clients. Where food is a primary need before other help can be given, this can be delivered immediately rather than someone having to go to another location at a different time to get help.

We hear stories from our partners about the difficult circumstances people find themselves in and how a simple box of food can provide relief from hunger and stress.

It's also beneficial for our partners to have access to this, it means their time is spent give their service and expertise rather than spending it seeking out food from other places. We also relieve some of the weight on food banks. Everybody wins!



IMPACT

"WE SUPPORTED A COUPLE WITH A MALNOURISHED CHILD, THE CHILD NEEDED A SPECIAL DIET BUT THE HOUSING PROVIDERS REFUSED TO ACCOMMODATE THE CHILD'S ADDITIONAL NEEDS. USING FEEDING FAMILIES' GENEROUS DONATIONS OF FOOD ITEMS ENABLED THE PARENTS TO PROVIDE FOR THEIR CHILD ENSURING HE IS NOT HUNGRY."

PEACE OF MIND

BUSINESS SUPPORT

IMPACT

"ATKINS RÉALIS IS DELIGHTED TO BE SUPPORTING FEEDING FAMILIES ACROSS OUR NORTH EAST OFFICES IN 2024.

HAVING SEEN FIRST HAND THE AMAZING WORK THAT THE CHARITY DOES, THROUGH EVENTS AND VOLUNTEERING OPPORTUNITIES LAST YEAR, WE ARE KEEN TO DO EVEN MORE!

WE WILL BE DOING VARIOUS FUNDRAISING AND VOLUNTEERING AS WELL AS ACTING AS AMBASSADORS, TO RAISE AWARENESS WITH OUR CLIENTS AND SUPPLY CHAIN WHO WE HOPE WILL GET INVOLVED TOO.

THE IMPACT THE CHARITY HAS ACROSS THE NORTH EAST IS TRULY STAGGERING AND WE ARE PLEASED TO BE ABLE TO PLAY A SMALL PART."

SAM MORALEE, ATKINS RÉALIS,

Feeding Families really values support from the business community. We have a range of involvement from funding, fundraising, sponsorship, event attendance and volunteering. We love to welcome companies into our centres to tell them what we do and hopefully inspire them to get involved with us more.

Volunteering days are good for team building and help us achieve our packing targets. Having food collections at places of work or fundraising events is brilliant for making sure we have food to give out.

TWO PACKING CENTRES

BLAYDON HQ – Northern Packing Centre

When we moved to our premises on Blaydon Bank in 2021 the space seemed enormous, but by Christmas 2022 we were already bursting at the seams! We had seen demand for food rise by over 100% and we were continuing to grow.

Having received some funding to help us expand, we found an industrial unit on Blaydon Haughs Industrial Estate. More than double in size and with easy access it is perfect for what we need. There followed a 17 week building project where we constructed offices, a kitchen, toilets and a volunteer area while we moved across from the old building.

Once again, we have seen huge growth again this year but the building has allowed us to keep pace with demand.

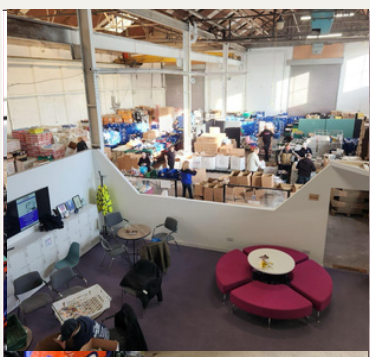
A second large luton van and a forklift are now tools we could not live without to get food in and out of the building on an industrial scale.



SEDGEFIELD – Southern Packing Centre

In November 2024 we finally got the keys to our new base in Sedgefield. The charity began in Bishop Auckland and we had operated from Byers Green nearby initially. When that building was sold we operated from a temporary base in the Fishburn Community Centre but we needed our own building in order to expand into South Durham and Teesside.

Our new industrial unit location has harnessed the enthusiasm of local people, who have been very supportive in terms of donations and volunteering and we are excited about the future possibilities. There are already plans to set up a sewing group to make the toiletry bags that we distribute and hopefully there will be much more to follow.



EVENTS



Charity Gala Dinner
£
RAISED OVER
£18,000

kindly sponsored by...



Entertainment Sponsor



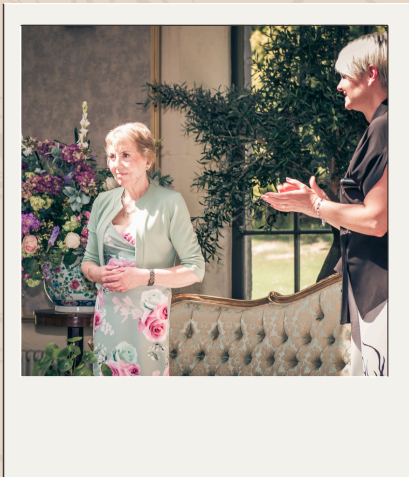
£
CHRISTMAS EVENTS
RAISED OVER
£2,500



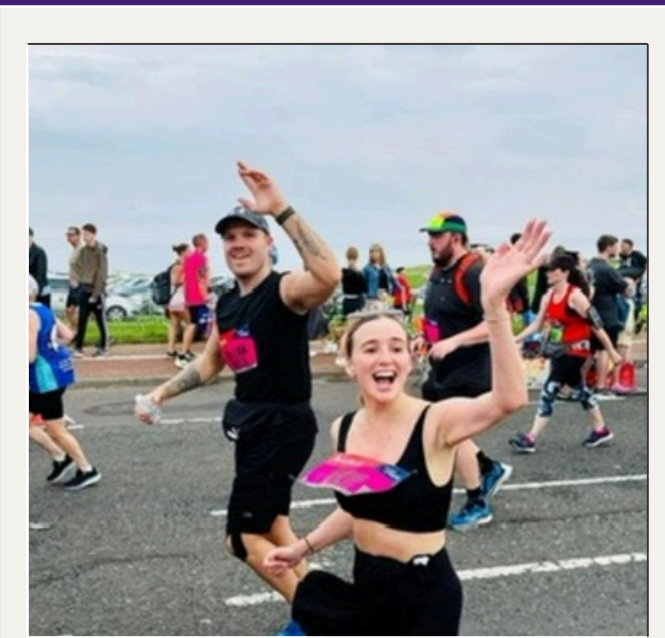
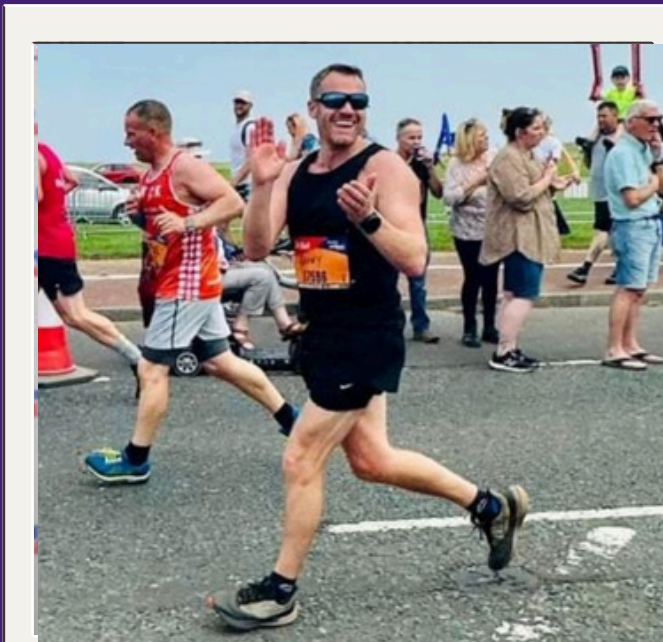
INSPIRATIONAL WOMENS NETWORKING LUNCH

On June 17th, we hosted our Inspirational Womens Networking Luncheon at Wynyard Hall. Our objective is to ensure accessibility to all, irrespective of financial constraints.

With interviews by Victoria Lynch, Additional Lengths, Alice Rowen Hall, Rowen Homes and Pink Boutique and Juliet Sanders, CEO of Feeding Families, followed by Q&A's, the event raised over £8,000. This years event will be on 14th June 2024



RAISED
OVER
£8,000



AJBell great north run

OUR FIRST GNR
EVENTS RAISED OVER
£5,000





TRUSTEE SUMMARY - EMMA JARVIS, CHAIR

Thank you for taking the time to read the Feeding Families Annual Report, 2023/24. Reflecting on the last 12 months, I am proud and humbled by the dedication of our CEO, staff, and volunteer team. They tirelessly identify new avenues to serve, forge partnerships, and work smarter and faster to help more people. I also want to express my gratitude to the selfless contribution of our Trustees – thank you for your trust, support, and advice. Special thanks goes out to our supporters – every person, business, partner, corporate or funding body who donated food, funds, expertise, or time. Your contributions provided us with a strong platform for growth.

The past year presented us with challenges as the cost of living crisis deepened, resulting in a rapid increase in need & costs. This compelled us to review our position and strategy coming into 2023; we had to decide whether to remain in stasis and risk plateauing, or invest in areas that would enable us to expand and meet a growing demand head-on. A well-timed funding injection at the start of the year allowed us to make bold decisions to plan for growth. We prioritised investing in our people through training and additional staffing to strengthen our community links, tighten administration, and enhance operations. Additionally, we expanded our facilities, moving to larger packing centres in Blaydon and Sedgefield and acquiring two vehicles to scale up our outputs.

Our central model of providing poverty relief delivery via trusted North East partners continues to be effective, and we successfully increased outputs across all key performance metrics. We delivered substantially more boxes across our core, year-round Emergency Food, Welcome Home, and Toiletries box projects. At Christmas alone, we assisted over 10,000 more people than the previous year. Community engagement remained central to our goals, and we expanded our meaningful partnerships and local authority connections whilst also increasing our community reach, visibility, and fundraising efforts through successful communications, marketing, and events.

We see a growing demand for low/no-cook food provisions, and essential toiletries are becoming luxuries for those experiencing poverty. We anticipate this need will continue to increase, and we plan to build upon these provisions in 2024. Additionally, we are taking steps to broaden our reach by providing tailored, person-centered relief solutions that are culturally appropriate and reflect the diverse community we serve. In the year ahead, we also aim to expand our mission to promote well-being with initiatives focusing on core issues linked to poverty.

Our primary challenge, remains ensuring that the level of funding and donations we receive meets increased demand. We hope the community will continue to support us in this endeavour, and I encourage our readers to continue supporting Feeding Families in whatever capacity they can, through donations, volunteering, or spreading awareness; your support is more important than ever.

The impact numbers outlined in this report are a mere summary of all our stakeholders' efforts, but it's impossible to quantify the effort, energy, and passion it takes to achieve them. My sincere thanks to you all once again, you are the charity's lifeblood, and with your commitment and support Feeding Families will continue to make a real difference in the community we serve.

We are extremely grateful for this support.

NCLF: Cost of Living Fund

Warburtons





CORPORATE DONATIONS

We are grateful to so many businesses who have given their financial support over the past year.

Special thanks must go to following organisations and their unfaltering ongoing support:

- Durham Box
- Home Bargains

Those businesses who give to us each month, thank you for your ongoing commitment:

- Cello Electronics
- Castle Keep
- Collins Seafood
- Ayrshire Breaks

We must also say thank you to the individuals and businesses who have supported us with pro-bono work, gifts in kind and corporate volunteering, including:

- Atkins Realis
- SOS Group
- The Accounts Department NE
- Kore Health and Safety
- JAM Marketing - PR



CASTLE KEEP



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FEEDING FAMILIES

England & Wales - Charity number 1179694

Accounts

ORGANISATION DETAILS

FEEDING FAMILIES CIO

CHARITY NUMBER: 1179694

COMPANY NUMBER : CE014977

UNIT 2 | FRANKLIN INDUSTRIAL ESTATE | BLAYDON
TYNE AND WEAR | NE21 5TL

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📷 /INSTAGRAM.COM/UKFEEDINGFAMILIES

🐦 /TWITTER.COM/FEEDINGFAMILIE1

WITH THANKS TO OUR TRUSTEES

Emma Jarvis (Chair)

Brian Palmer (Treasurer)

Antony Byrne

Jon Regan

Alex Wilby

David Jackson



ANNUAL REPORT 2022/2023

A very warm welcome to our annual review. In 2022/23 the Feeding Families team worked harder than ever to balance a significant drop in food donations with increased need as the soaring cost of living crisis impacted people across the region. Our primary focus was to strengthen our core activities – the provision of Emergency & Welcome Home food boxes, the Christmas matching & food box project.

As a result, we successfully increased our community impact across all areas of support– the number of food boxes & meals delivered, the volume of people we helped, the schools we visited and the new partnerships that we established across the region; but behind the numbers is a bigger story, behind every number is a person that the charity has positively impacted. I am immensely proud of how the team and the community adapted, evolved and innovated; for their hard work, commitment and passionate determination. It was heartening to see the efforts of the team being deservedly recognised this year, winning multiple awards, most notably the charity's CEO & founder, Juliet, winning “Woman of the Year”.

I am also incredibly grateful to our donors and funders whose support is so fundamental to everything we achieve. As we look to the year ahead we expect to see the need for our services to continue to rise. The Child Poverty and Cost of Living Crisis report released earlier this year by Child of the North made for worrying reading, reporting that children in the North of England are among the most vulnerable to rising living costs, including fuel poverty and food insecurity.

TRUSTEE SUMMARY

EMMA JARVIS

CHAIR



The scale and severity of deprivation experienced by many is unprecedented. For this reason, the work that Feeding Families undertakes continues to be crucial.

As the need for our services further increases, we will expand in 2023. Bigger packing centre premises and an increased team size will enable us to manage the demands being made of the charity and allow us to explore new services, partnerships and vary our fundraising efforts to maintain financial stability.

It could be easy to read the statistics and feel that the scale of poverty in the North East is insurmountable, but for Feeding Families our mission has never been clearer and we remain laser focussed with a fire in our bellies to make a difference. A huge thank you to our Volunteers, Staff, Trustees, Fundraisers & Donors for your continued hard work and support. As Juliet our CEO says “We can all do something to make a difference, everyday” and you ALL most certainly do.

MISSION STATEMENT

1) Provide relief to any person experiencing poverty primarily in the North East of England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.

2) Promote wellbeing and mental health for those who give and receive aid.



"We're not a food bank!" This often surprises people who assume we are. However Feeding Families takes an innovative approach to food poverty by supporting the organisations who are dealing directly with the people who are suffering most. It might be a school or another charity, but they KNOW who is in need.

By supplying our boxes filled with food and love, we can get supplies on the ground across the North East and ready to be used directly as needs arise. This means individuals don't come to us, we are not tied up in assessing and administration, but we trust professional partners to make sound judgements and direct food where it is most needed.

In 2022-2023 we have seen a massive increase in demand and fantastic feedback from the organisations and individuals who receive our help. In the coming year we have exciting plans in place to do even more.

We believe every person has something to contribute and be part of the solution - what can YOU do?

**JULIET SANDERS
FOUNDER & CEO**



EMERGENCY FOOD BOXES

Feeding Families works with partner organisations to provide emergency food boxes and give support to families in need. We believe everyone has the right to access food and we offer more than just food - we show compassion to those in crisis.

In 2022-2023 We supported 154 project partners in delivering 16,511 emergency food boxes across 12 local authorities, totaling 346,731 meals valued at £330,220 through donations and funding.

Over 400,000 items of food have been distributed via the emergency food boxes.



Supporting our partners with food allows them to concentrate on their valuable work and they know they can rely on having food available quickly for the people they know and support.

**A LADY WHO IS SUPPORTED BY US
LOST HER DAUGHTER TO SUICIDE
LAST YEAR AND HAS SINCE
NURSED HER TERMINALLY ILL MUM...
THE EMERGENCY FOOD BOXES TOOK A LOT OF
PRESSURE OFF HER
BOTH EMOTIONALLY AND FINANCIALLY.**

IF U CARE SHARE FOUNDATION



186

Partners worked with



346,731

meals donated (est)



16,511

Emergency Food Boxes distributed



£330,220

of emergency food distributed (est)



12

working over local authorities

WELCOME HOME BOXES



The Welcome Home box program was introduced in 2020, as an innovative pilot project to provide support to vulnerable patients who were being discharged from hospitals after receiving medical care. The program received widespread acclaim in hospitals across the northeast region for its combination of low cook meals and essential toiletries. In 2022-2023 the project expanded into 10 hospitals across the region,

SOME OF OUR MOST VULNERABLE CLIENTS HAVE TO CHOOSE WHETHER TO EAT OR HEAT.

AGE UK

Throughout the year, our partners provided feedback indicating a growing demand for food that required minimal or no cooking. This was in response to the rising cost of living, which had made it difficult for households to afford fuel for cooking.



10

Hospitals serviced



2,028

Welcome home boxes delivered



£36,504

Welcome home box content (est)



20

Non hospital partners supplied

TOILETRY PACKS

“MY WAY TO SAY THANK YOU FOR YOUR HELP IS TO HAND SEW DRAW STRING BAGS AS I CAN DO IT AT HOME WHERE I FEEL SAFE. I UNDERSTAND HOW HARD IT IS FOR PEOPLE TO RUN A HOME ON VERY LITTLE MONEY AND HOW HARD IT CAN BE TO ASK FOR HELP, TO BE AT THE POINT WHERE YOU HAVE NO WHERE TO TURN AND THAT YOU NO LONGER WANT TO BE ALIVE.

RECIPIENT AND VOLUNTEER

Toiletry packs are being given out as part of Welcome Home boxes, which are meant to help make the transition from a hospital or other care facility back to the home environment a little easier.

These bags are filled with essential items like soap, shampoo, toothpaste, and other personal care products that can be expensive or difficult to obtain for people who are recovering from an illness or injury.

The bags themselves are typically made by volunteers who donate their time and skills. Over the past year, the demand for these bags has risen dramatically, in large part due to the ongoing cost of living crisis.



The success of the toiletry bags have led us to start making packs to support low income families with cleaning materials.



806

TOILETRY PACKS DISTRIBUTED
IN 2022-2023



CHRISTMAS MATCHING PROJECT

Each festive season, Feeding Families undertakes two large projects. The charity was founded in 2017 with a project that paired a family in need of food, with another willing to provide the gift of food. We call this our 'Matched' Project.

In 2022, in response to the cost of living crisis, we reduced the quantity of food required for donor families to purchase and instead gave a choice of menus and a list of ingredients for a complete Christmas dinner. This modification was welcomed by both donors and recipients.



IT ABSOLUTELY MADE OUR CHRISTMAS. HONESTLY I DON'T KNOW WHAT WE WOULD HAVE DONE WITHOUT THE HELP REALLY WE MOST APPRECIATE EVERYTHING.

MATCHED CHRISTMAS DINNER RECIPIENT



2,531

Matched Christmas dinners delivered



7,713

People supported



£42

Average cost of food donated per family



£106,300

Total amount of matched Christmas giving (est)



3.25

average size of family



CHRISTMAS FOOD BOXES

The matched project isn't suitable for everyone due to safeguarding concerns and organisational capacity.

We therefore also work with partners to provide a Christmas food box, that contains emergency food and some Christmas treats. All the food is ambient.

The food that goes in these boxes is purchased by the charity and donated by the public via large scale food drives.

“IT HAS HELPED MORE THEN YOU COULD THINK AS CHOOSING BETWEEN HEATING AND FOOD IS HARD WHEN YOU HAVE 2 TEENAGERS AND I’M UNABLE TO WORK BECAUSE I’VE JUST DONE 6 YEARS AND 4 ROUNDS OF CHEMO AND STEM CELL TRANSPLANT SO I’M VERY TIRED. HELPS WHEN PEOPLE CARE AND HELP EACH OTHER AND HOPEFULLY ONE DAY I CAN PAY IT FORWARD ”

CHRISTMAS RECIPIENT



8,785

Christmas food boxes distributed



28,550

People supported



£263,550

Total amount of Christmas food box food (est)



669

Volunteers



184,485

Total tins of food

VOLUNTEERS

The success of Feeding Families depends on the dedication of its volunteers. Whether they are creating and delivering hampers, assisting in the packing centers, delivering supplies throughout the area, managing administrative tasks, or contributing to fundraising efforts, each individual brings their own valuable skills to the cause. Thanks to their unwavering support, we are able to make a significant impact on the lives of thousands of individuals and families in need. Volunteero, the volunteer management system, has allowed for maximum efficiency, and has been well received by volunteers.



“IT HELPS THOSE IN NEED THAT CAN FALL BETWEEN THE CRACKS FOR MANY DIFFERENT REASONS. IT IS WITHOUT JUDGEMENT. IT'S A CHARITY WITH A BIG HEART AND WITH A FABULOUS GROUP OF STAFF AND VOLUNTEERS, ALL WITH A SIMILAR FRAME OF MIND.

JANE, VOLUNTEER



4388

Volunteers

Our volunteers include:

Our core team, who volunteer every week

Those who can only volunteer occasionally

The corporate teams who are encouraged to come by their workplace

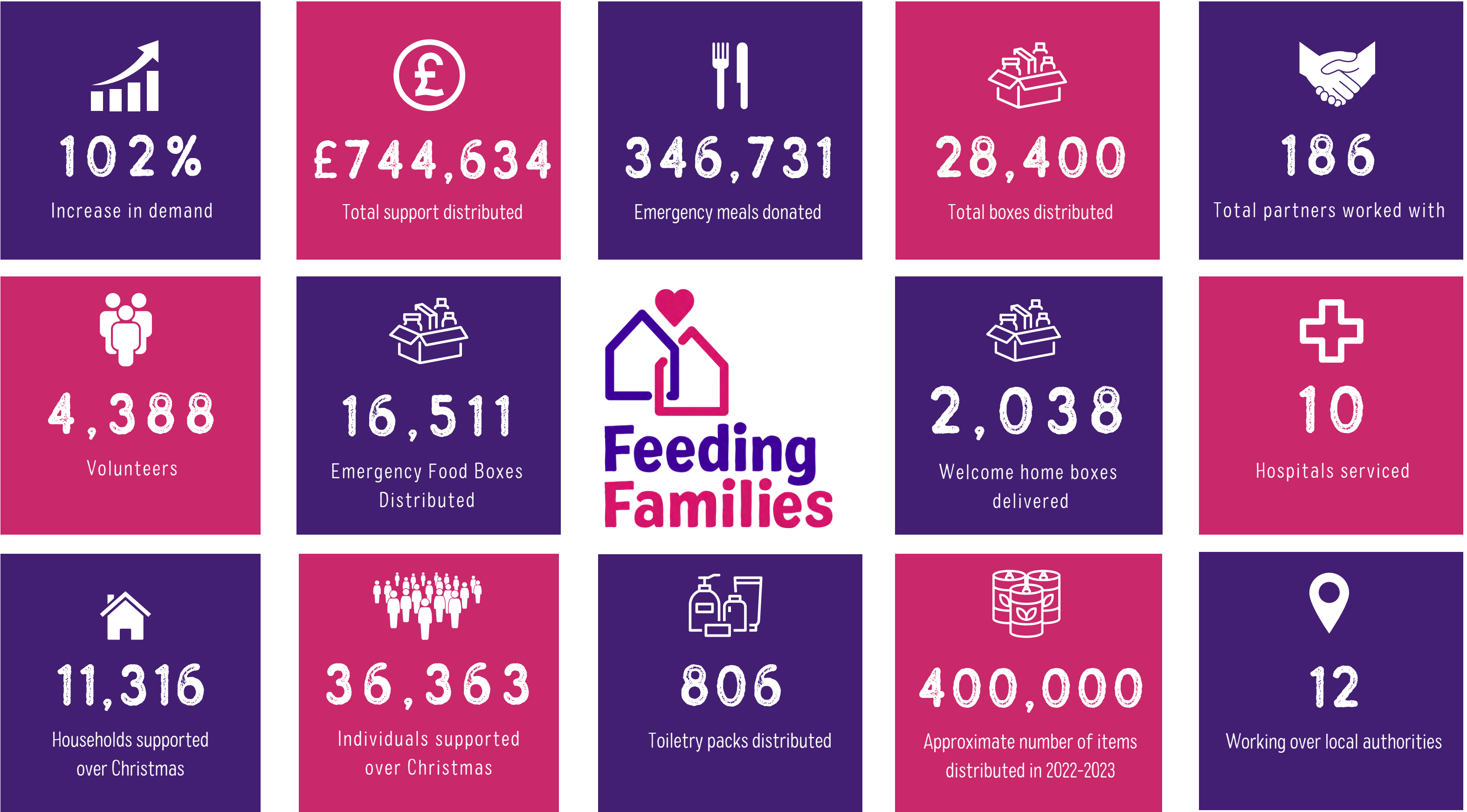
The Christmas team who volunteer seasonally

Our Christmas donors who buy and deliver a Christmas dinner personally



All made possible via the app

IMPACT



IMPACT ON FAMILIES

At Feeding Families we often refer to acts of kindness. Any small act of kindness can be life-changing during a critical moment of need. We all have the power to make a difference.

Erin & her family became involved with Feeding Families after their Mum, Jo, was diagnosed with terminal cancer in 2019. Jo sadly passed away in 2021.

The organisation has continued to support Erin and her siblings each Christmas.



“FEEDING FAMILIES HAS REALLY HELPED ME THROUGHOUT THE LAST YEAR TO DEAL WITH THE LOSS OF MY MAM. I DON'T KNOW WHAT I WOULD HAVE DONE WITHOUT THEM. THEY WENT ABOVE AND BEYOND. I AM SO THANKFUL.

WE GOT A HAMPER WITH A FULL DINNER SO I DID NOT HAVE TO PAY FOR ANYTHING OVER CHRISTMAS.

IT WAS REALLY NICE OF THEM. THEY HAVE GIVEN ME AND THE KIDS SO MUCH. I REALLY APPRECIATE EVERYTHING THEY HAVE DONE. I HOPE THEY CAN GET ALL OF THE SUPPORT THEY NEED AND I WILL HELP ANY WAY I CAN.

WITH WHAT IS GOING ON AT THE MINUTE PEOPLE ARE HAVING TO DECIDE BETWEEN HEATING THEIR HOUSE AND FEEDING THEIR KIDS. PEOPLE SHOULD NOT BE HAVING TO MAKE DECISIONS LIKE THIS.”

ERIN CROW, RECIPIENT



IMPACT ON DONORS

I RECEIVED A FOOD DONATION AT CHRISTMAS 2020, I LOST MY JOB DURING COVID, I REALLY STRUGGLED AND WOULDN'T HAVE COPEd WITHOUT THE FABULOUS DONATION I RECEIVED, DUE TO A CHANGE IN CIRCUMSTANCES I'VE BEEN ABLE TO DO HAMPERS FOR THE LAST TWO YEARS AND GIVE A REGULAR DONATION. IT'S AMAZING TO BE ABLE TO GIVE BACK AFTER I WAS HELPED AT ONE OF THE HARDEST TIMES.

MATCHED CHRISTMAS DINNER DONOR

Doing good not only benefits others, but it also has positive effects on oneself. In addition to the thousands of families who benefit from our services, our donors express how meaningful it is to them. While Christmas is a time of giving, the positive impact of these good deeds extends throughout the year. As the cost of living crisis is upon us now more than ever our local communities need the support all year round,

IMPACT ON PARTNERS

Throughout 2022-23, we collaborated through the year and at Christmas with over 180 different charities, schools, and organisations to ensure that food was distributed to the areas within the community where it was most needed. Our provision of food assistance to these partners allowed them to focus on their essential work, knowing they could count on a prompt supply of food for the individuals they serve and support.



IN 2021, MINDSTARS BEGAN OUR PARTNERSHIP WITH FEEDING FAMILIES, SUPPLYING EMERGENCY FOOD PARCELS TO FAMILIES IN NEED OVER OUR SUMMER CAMP PROVISION.

SINCE THEN, OUR PARTNERSHIP HAS GROWN. FEEDING FAMILIES ARE AN AMAZING ORGANISATION WHO BELIEVE EVERYONE HAS THE RIGHT TO BE ABLE TO FEED THEMSELVES AND THEIR FAMILIES, AND OUR PARTNERSHIP HAS ENABLED US TO WORK TOGETHER, SUPPORTING THE HEARTS, MINDS AND TUMMIES OF MANY CHILDREN AND FAMILIES IN NORTH TYNESIDE.

MARISA MAY, MINDSTARS CO-FOUNDER AND DIRECTOR

BUSINESS IMPACT

Ensuring that Feeding Families' food support reaches those in need throughout the region is crucial, and partnerships like the one with Collins Sea Foods are instrumental in achieving this goal.

Collins Seafoods kindly donates each month.



“THESE ARE VERY CHALLENGING TIMES FOR EVERYONE AND, WITH THE COST OF LIVING RISING SIGNIFICANTLY AND BIG HIKE IN ENERGY COSTS DUE SHORTLY, WE FELT THERE COULDN'T BE A BETTER TIME TO OFFER OUR SUPPORT. FEEDING FAMILIES SHARE OUR CORE VALUES AND WE BELIEVE WE CAN HELP THEM MAKE A POSITIVE IMPACT IN OUR COMMUNITIES. THE NEED FOR HELP AND SUPPORT HAS NEVER BEEN GREATER AND WE ARE PROUD TO PLAY A SMALL PART IN HELPING PEOPLE IN ALL KINDS OF CIRCUMSTANCES.

CRAIG ENGLISH,
COLLINS SEAFOODS MANAGING DIRECTOR,



YOUTH CHAMPIONS

The goal of our Youth Project is to encourage and inspire the younger citizens in our community that they can make difference no matter how big or small.

Discussions focus on normalising food poverty (sadly 38% of children in the North East are growing experiencing food poverty) but also on encouraging children to collaborate in groups and contemplate ways they can make a difference.



I'M HAPPY BECAUSE WE HAVE MADE A DIFFERENCE. I WOULD REALLY LIKE TO GO BACK.
IT HAS INSPIRED ME TO WANT TO VOLUNTEER IN MY OWN TIME.

SELINA LEYBOURNE,
STUDENT BISHOP AUCKLAND COLLEGE



AWARDS

Juliet Sanders – Woman of the Year

Juliet Sanders, CEO & Founder, was awarded Women of the Year – Community Champion at a star-studded event in London. The award recognises Juliet's hard work and determination to support thousands of people experiencing food poverty within the region.



Juliet Sanders with Julie Etchingham – Women of the Year President

Gateshead Angel Awards



Steve Sheard, Juliet Sanders, Emma Jarvis & Liz Twist MP

Feeding Families was nominated and won at the Angel Awards, organised by our local MP Liz Twist. Steve Sheard, Senior Operations Manager, collected the award on behalf of the charity.

FSB – Community Award

(Federation of Small Business)g

The FSB Awards celebrate the successes, achievements and uniqueness of outstanding small business teams. Feeding Families were awarded North East Community Champions in March 2023 and will take part in the national finals in Birmingham in May.



Juliet Sanders CEO & Sarah McPhie Head of Engagement



FISHBURN YOUTH & COMMUNITY CENTRE

Due to the sale of the Byers Green church hall we found ourselves in the position of needing to find a new home.

In July we moved to Fishburn Youth & Community Centre where we found a very warm welcome!

The centre is based in Fishburn, County Durham – situated between to main access roads to the rest of region the A1 & A19. We currently pack emergency food boxes here on a Tuesday.





**GALA DINNER
RAISED OVER
£12,500**



GALA DINNER

On 1st October 2022 we held our first Gala Dinner at the Grand Hotel, Gosforth Park. Britain's Got Talent winner 'Lost Voice Guy' joined over 200 guests to help raise in excess of £12,500.

We would especially like to thank our Gala Dinner sponsors:
SIG

Bellway Homes

Karbon Homes

Cello Electronics

and Gary Phillipson of BBC Radio Tees for volunteering his time to host the Gala.

Our next Gala Dinner will be on 30th September 2023.



GRANTS

Grants from funding bodies are a crucial source of our income, as they cover our core expenses such as salaries, administration, insurance, utilities, and other essential costs.

We are extremely grateful for this support.

1989 Willan Charitable Trust

Alive Church

Awards for All

Barbour Foundation

Batworth Trust

bp

County Durham Community Foundation

Community Foundation T&W

Darlington Building Society

Durham County Council

Durham University

Enterprise

Garfield Weston

Gateshead Council

Greggs

Hadrian Trust

Hays Foundation

Julia and Hans Rausing Trust

Karbon Homes

Kavli

Livin

Neighbourly

Newcastle Council

Newcastle Building Society

P&G

Penchant Foundation

Postcode Lottery

Sage

Sainsburys

Scotto Trust

Sir James Knott Trust

Souter Trust

Squires Foundation

St James Wealth

Management

Swire Charitable Trust

Tesco

VCSE

karbon
homes

ST. JAMES'S PLACE
WEALTH MANAGEMENT

PEOPLE'S
POSTCODE
LOTTERY

HADRIAN
TRUST

Durham
County Council

Newcastle
City Council

Gateshead
Council

SWIRE
CHARITABLE
TRUST

Sainsbury's

Darlington
Building Society

Kavli

COMMUNITY
FUND

Sage

neighbourly

TESCO
Bags of Help

Barbour
FOUNDATION



County Durham
Community Foundation

enterprise
rent-a-car

Durham
University

Community
Foundation

Garfield Weston
FOUNDATION

GREGGS

P&G

Livin

Hays Travel
FOUNDATION



SIR JAMES KNOTT TRUST

Newcastle
Building Society



CASTLE KEEP



CORPORATE DONATIONS

We are grateful to so many businesses who have given their financial support over the past year.

Special thanks must go to following organisations and their unfaltering ongoing support:

- Durham Box
- Home Bargains
- Durham University

Those businesses who give to us each month, thank you for your ongoing commitment:

- Cello Electronics
- Castle Keep
- Collins Seafood

We must also say thank you to the individuals and businesses who have supported us with pro-bono work, gifts in kind and corporate volunteering, including:

- Muckle Solicitors
- Northern Floorcraft
- Sage
- Rowen Homes
- SOS Group
- The Accounts Department NE



Accountancy Solutions

FEEDING FAMILIES

Financial statements for the
year ended 31st March 2023

Charity number: 1179694

Charitable Incorporated Organisation
Registered England and Wales

Call: 07926 450 250

Email: info@hslaccountancysolutions.co.uk

www.hslaccountancysolutions.co.uk

FEEDING FAMILIES
Contents of the financial statements
for the year ended 31st March 2023

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FEEDING FAMILIES
Administrative details
for the year ended 31st March 2023

Registered Charity number	1179694	
Trustees and Management Committee	Emma Jarvis David Jackson Alex Arthur Wilby Brian John Palmer Jon Daniel Regan Anthony Patrick Byrne	- From 26/05/2021 - From 01/05/2021 - From 27/07/2021 - From 06/04/2021 - From 29/01/2020 - From 22/07/2019
Administrative address	Unit 2 Franklin Park,Patterson Street BLAYDON-ON-TYNE Tyne And Wear NE21 5TL	
Bankers	Lloyds bank Plc LEWISHAM PO BOX 1000 BX11LT	
Independent Examiner	Heera Singh FMAAT HSL Accountancy Solutions Ltd Enterprise House 61a Carr House Doncaster DN1 2BY	

FEEDING FAMILIES

The trustees present their annual report for the year ended 31st March 2023

Governing document

Feeding Families is a Charitable Incorporated Organisation (CIO) and is governed by a constitution, which is registered with the Charity Commission. A copy of the constitution is available on request.

Organisational Structure and Management

The organisation operates as a Charitable Incorporated Organisation (CIO), registered on 28 Aug 2018 with the Charity Commission. The organisation is governed by the Trustees, who determine strategic direction and policy. The day to day operation is also carried out by the Trustees.

Recruitment and appointment of new trustees

New trustees are invited to apply when a vacancy arises, and this is advertised to our supporters as well as on volunteer websites. Following application, a series of meetings takes place to ascertain if the applicant and charity are suited to work together and then a vote is taken by the trustees to confirm the appointment.

Risk management

Risks are highlighted and managed within the context of trustee meetings. The charity has taken appropriate insurance cover for the main risks it faces.

Objectives

Our mission is to:

- 1) provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- 2) Promote wellbeing and mental health for those who give and receive aid.

We aspire to be a numerically growing and geographically expanding community of people who offer practical help and support to families in financial difficulties at Christmas and beyond. We aim to motivate individuals and local and national businesses to connect with us and to inspire acts of kindness and generosity which bring joy and hope and provide a practical response to a very real and desperate situation that is happening right here in our towns and cities.

Significant activities

2022-23 was a year of significant growth. The move to the premises on Blaydon Bank laid the foundation for expansion and we were able to upscale our operations to serve the need in Tyne and Wear, Northumberland and North Durham. However after only two years here we have outgrown the building. We also had logistical challenges with limited vehicular access and having to lift food onto a platform to access the hall. With increased volumes this was becoming a problem and we realised we would need to relocate again. We identified a new building close by with more than double the floor space and the move here will take place by the end of April 2023. Offices will be built to accommodate the staff and an improved volunteer area will be created.

We have been able to strategise this move due to funding received late in the financial year. Some of this arrived as a large restricted grant while other donations in our busy Christmas period gave us a strong base to move forward from. The trustees met in January 2023 and agreed that we would not only respond to the 102% increase in demand that we had seen in the previous 12 months but that we would also prepare for further expansion as demand continues to rise.

The building we rented in Byers Green as our southern packing centre was put up for sale and so we moved the operation here to Fishburn Youth and Community Centre. While we received a warm welcome here and have built up a core of committed volunteers, we do not have sole use of the building and therefore we have to move everything in and out of the building on a weekly basis. This severely limits our production and distribution so we have been searching for a more substantial solution.

Despite these practicalities we have been able to increase our distribution and in the financial year we had four areas of focus:

Emergency boxes: across the two centres we distributed 16,511 boxes across the north east through 154 partners. Our unique model makes us different from food banks in that individuals do not access us. Instead, we supply charities, schools and organisations who work with those most in need. They receive boxes in bulk which they can allocate as they are needed, often providing a speedier and more flexible solution.

FEEDING FAMILIES

The trustees present their annual report for the year ended 31st March 2023

Significant activities (continued)

Welcome Home boxes: these boxes of low/no cook food were piloted during Covid, initially for patients leaving hospital. However demand has risen and we now provide to other groups such as prison leavers, care leavers, the homeless and those experiencing fuel poverty. 2028 were distributed through 10 hospital and 20 non-hospital partners.

Schools project: we delivered education around food poverty into 42 schools. The purpose was not only to inform but to inspire young people to use their talents to come up with solutions to the problem. Some did food drives or fundraising events and a number of groups then came to our packing centres with donations and saw how we pack and distribute the boxes to families in need.

Christmas: our two projects this year focused on providing a Christmas dinner through a donor family who would buy and deliver everything needed from a prescribed list. Secondly, we packed boxes of staple foods and Christmas treats to be distributed by our partners. In total 11,316 households received support during December.

At the start of 2023 we have begun two new pilots to extend our service. These are an out of hours service, where we make food available on evenings and weekends when food banks are closed and crises may arise. The Intensive Food Support Programme (IFSP) offers 6 weeks' worth of food where a professional refers and is doing ongoing work with the family or individual to bring them out of poverty and into a more stable future.

We have engaged with 184 partners to deliver these projects. Some only ask for support at Christmas while others come to us either regularly or on an ad hoc basis. This collaborative way of working reduces administration - we don't record end users but the professional organisations are working with the individuals and are best placed to assess need. This also reduces the risk of data breaches and means the same information is not being recorded twice and held by different organisations.

Our model is built on our specialism in being able to offer food support in large quantities and this allows professionals to focus on their specialism, without the need to be continually seeking a food supply if this is the immediate need. The relationships we are building across the region have ensured a lifeline for many. In addition to the quantitative measures we collect, we receive anecdotal evidence and stories of how individual boxes have made an impact in specific situations.

The cost of living crisis impacted our contributions from the general public and we saw a downturn in food donations. In response to this we examined our income streams and focused on regular giving, corporate donations and events.

Fundraising Activities

We have a number of individual and corporate donors who give monthly, which is providing a regular income and we have plans to invest more heavily in community fundraising in the coming year, now we are moving away from the Covid impact that we experienced.

In October 2022 we held our first gala dinner at the Grand Hotel, Gosforth Park which attracted over 200 attendees and raised in excess of £12k. This success has encouraged us to look strategically to more events in 2023-24 and the gala will be a regular highlight of our year.

Students of Durham University organised a fashion show with Feeding Families as their beneficiary and raised £17k (exact figure?) which made a magnificent contribution to our funds.

Various individuals have set up fundraising pages to do runs, walks and other sponsored events. Now that we have some traction we plan to encourage more people to support us in this way.

Reserves policy

The trustees aim to maintain reserves in designated funds at a level which equates to approximately three months of expenditure. The trustees consider that this level will provide funds to respond to carry out the work of the charity and the support and governance required for it to operate.

FEEDING FAMILIES

The trustees present their annual report for the year ended 31st March 2023

Statement of trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report. Signed on behalf of the trustees



Signed:

Name and Position: Emma Jarvis, Director

Date: 26th October 2023

**Independent examiners report to the trustees of
FEEDING FAMILIES
for the year ended 31st March 2023**

I report on the accounts of the charity for the year ended 31st March 2023 which are set out on pages 6 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

Date: 3rd November 2023

FEEDING FAMILIES**Statement of Financial Activities (Incorporating the Income and Expenditure Account)
for the year ended 31st March 2023**

		Unrestricted Funds £	Designated Funds £	Restricted Funds £	2023 Total £	2022 Total £
	Notes					
Income						
Grants and donations	2	337,507		454,607	792,114	255,910
Total income		337,507	0	454,607	792,114	255,910
Expenditure						
Cost of raising funds	3					
Charitable activities		209,161		243,524	452,685	206,741
Total expenditure		209,161	0	243,524	452,685	206,741
Net income (expenditure)		128,346	0	211,084	339,430	49,169
Balance brought forward 1st April 2022		8,060	84,050	54,003	146,113	96,944
Transfer between funds		75,198	-35,250	-39,948	0	0
Balance carried forward 31st March 2023		211,603	48,800	225,140	485,543	146,113

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Balance sheet
for the year ended 31st March 2023

	2023	2022
	Total	Total
	£	£
Fixed assets		
Tangible assets	15,709	17,797
Current assets		
Debtors	217	32
Cash at bank and in hand	475,188	128,858
	<u>475,405</u>	<u>128,890</u>
Current Liabilities		
Creditors - amounts due within one year	-5,571	-574
Net current assets (Liabilities)	<u>469,834</u>	<u>128,316</u>
Net assets (Liabilities)	<u>485,543</u>	<u>146,113</u>
Funds of the Charity		
Unrestricted Funds	211,603	8,060
Designated Funds	48,800	84,050
Restricted Funds	225,140	54,003
Total Funds	<u>485,543</u>	<u>146,113</u>

The financial statements on pages 5 and 6 were approved by the Trustees and signed on their behalf by:



Signed:

Name and Position: Emma Jarvis, Director

Date: 26th October 2023

The accounting policies and notes on pages 9 to 13 form part of these financial statements

FEEDING FAMILIES
Statement of Cash Flows
for the year ended 31st March 2023

	Total 2023
Cash flows from operating activities:	£
Net income/(expenditure) per SoFA	339,430
(Increase)/decrease in assets	2,088
(Increase)/decrease in debtors	-185
Increase/(decrease) in creditors	4,997
	<u>346,330</u>
Cash flows from investing activities:	
Investment income	<u>0</u>
Net increase/(decrease) in cash:	346,330
Total cash as at 01 April 2022	<u>128,858</u>
Total cash as at 31 March 2023	<u>475,188</u>

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- The Charities Act 2011
- Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

1.1.2. The charity meets the definition of a public benefit entity as defined by FRS 102

1.1.3. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2. Incoming resources

These are included in the Statement of Financial Activities. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Grants and donations are only included in the Statement of Financial Activities when the company has unconditional entitlement to the resources.

Contractual income is only included in the Statement of Financial Activities once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

Donated goods and services are included in the Statement of Financial Activities and measured at the fair value.

1.3. Expenditure

Expenditure is charged to the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs. The expenditure has been analysed but usage.

Professional fees include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4. Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5. Assets

Tangible assets are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost, or, if gifted, at the value to the company on receipt. The rates applicable are;
Office equipment-33% on cost, Fixtures and fittings-25% on cost, Motor vehicle -10% reducing

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2023

1.6. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1.7. Cash

Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

1.8. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.9. Taxes

The company is not VAT registered. As a Charity the organisation is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

2. Income from:

Income	Unrestricted Funds	Restricted Funds	2023 Total	2022 Total
	£	£	£	£
Grants and donations				
Donations	337,507		337,507	99,160
#iwill			0	10,000
BP Grant		200,000	200,000	0
CDCF - Poverty Hurts		11,960	11,960	10,000
Community Foundation Tyne and Wear		13,000	13,000	13,500
Darlington Building Society		8,000	8,000	0
Durham County Council		60,000	60,000	45,000
Frank & Phillis Scotto Trust Fund			0	5,000
Gateshead Council		18,750	18,750	500
Greggs Foundation		10,770	10,770	0
Groundworks UK			0	750
Julia and Hans Rausing Trust		40,558	40,558	0
Karbon Homes		13,125	13,125	20,000
Lottery Awards for all		10,000	10,000	10,000
Neighbourly		1,500	1,500	1,000
Newby Trust			0	25,000
P and G fund		4,500	4,500	0
Sage Foundation		10,000	10,000	0
Squires		5,000	5,000	0
St Georges CC		10,500	10,500	0
The FORE			0	15,000
The Postcode Lottery		22,944	22,944	0
VCSE		4,000	4,000	0
1989 Willan Charitable Trust		10,000	10,000	0
Total income	337,507	454,607	792,114	254,910

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2023

3. Expenditure on

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Charitable Activities				
Food hampers	73,702	108,942	182,643	73,167
Other project costs	15,418	10,370	25,788	2,388
Charitable activities				
Wages	67,808	87,512	155,321	83,177
Employers pension	1,484	1,113	2,596	1,091
Travel expenses	6,625	2,631	9,255	2,532
Rent and premise costs	16,839	24,675	41,515	29,825
Insurance	310	0	310	889
Office administration	3,172	1,610	4,782	1,894
Website and publicity	6,471	0	6,471	917
Sundries	56	0	56	36
Legal and professional fees	850		850	850
Other professional fees	3,065	2,610	5,675	2,637
Computer/Software	7,685	4,061	11,747	4,214
Bank and other charges	3,590	0	3,590	851
Depreciation	2,088	0	2,088	2,275
Total expenditure	209,161	243,524	452,685	206,741

4. Fixed assets

	Furniture & fittings £	Office Equipment £	Motor Vehicle £	Total £
Cost				
At 1st April 2022	590	916	18,714	20,220
Additions				0
Disposals				0
At 31st March 2023	590	916	18,714	20,220
Depreciation				
At 1st April 2022	147	404	1,871	2,422
Charge this period	147	256	1,684	2,088
At 31st March 2023	295	660	3,555	4,510
Net book value at 31st March 2023	295	256	15,159	15,709
Net book value at 31st March 2022	442	512	16,843	17,797

5 Debtors and creditors

	2023 Total £	2022 Total £
Debtors		
Trade debtors	217	32
Creditors due within one year		
Trade creditors	-5,571	-574

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2023

6. Staff costs

	2023	2022
	£	£
Wages and salaries	155,321	83,177
Pension	2,596	1,091
	157,917	95,693

No person received emoluments of more than £60,000.in the year.

The average number of staff during the year was 7. (2022:5)

7. Movement of funds

	Opening Balance	Incoming Resources	Resources Expended	Transfers Transfers	Closing Balance
	£	£	£		£
Unrestricted funds					
General funds	8,060	337,507	-209,161	75,198	211,603
Designated funds					
Reserves	84,050	0	0	-35,250	48,800
Restricted funds					
#iwill	5,886	0	-5,886	0	0
Aviva	500	0	0	-500	0
BP Grant	0	200,000	-9,900	0	190,100
CDCF - Poverty Hurts	6,268	11,960	-12,632	0	5,596
Community Foundation Tyne and Wear	0	13,000	-13,000	0	0
Darlington Building Society	0	8,000	-8,000	0	0
Durham County Council	4,545	60,000	-60,000	-4,545	0
Frank & Phyllis Scotto Trust Fund	1,380	0	0	-1,380	0
Gateshead Council	0	18,750	-16,697	0	2,054
Greggs Foundation	0	10,770	-10,770	0	0
Hedley Denton	89	0	0	-89	0
Julia and Hans Rausing Trust	0	40,558	-13,168	0	27,390
Karbon Homes	579	13,125	-13,704	0	0
Lottery Awards for all	72	10,000	-10,072	0	0
Neighbourly	10	1,500	-1,510	0	0
Newby Trust	18,434	0	0	-18,434	0
P & G	0	4,500	-4,500	0	0
Postcode Lottery	0	22,944	-22,944	0	0
Sage Foundation	1,241	10,000	-11,241	0	0
Squires	0	5,000	-5,000	0	0
St Georges CC	0	10,500	-10,500	0	0
The FORE	15,000	0	0	-15,000	0
VCSE	0	4,000	-4,000	0	0
1989 Willan Charitable Trust	0	10,000	-10,000	0	0
Total funds	146,113	792,114	-452,685	0	485,543

* All Restricted funding has been award towards activity costs of the Charity.

FEEDING FAMILIES

Notes to the financial statements for the year ended 31st March 2023

8 In kind contributions

During the period of these accounts, the Trustees have identified 7564 hours of in kind contribution volunteers. The amounts have not been included in the Statement of Financial Activities as the Trustees feel this would mislead the readers of the accounts. For more information, please refer to the Charity Annual Report.

9 Trustees remuneration, benefits and expenses

Trustees received no remuneration during the period of these accounts. Only expenses properly incurred in respect of charity business were reimbursed.

10 Previous year's comparison

Where available, previous period's figures have been included for comparison purposes only.

FEEDING FAMILIES

England & Wales - Charity number 1179694

Accounts

Feeding Families

Annual Report

2021-2022



<https://feedingfamilies.org.uk> / info@feedingfamilies.org.uk

ORGANISATION DETAILS

Charity Name: Feeding Families

Address: 46 Blaydon Bank
Blaydon
Gateshead
Tyne and Wear
NE21 4AU

Telephone Number: 0191 908 7163

Email: info@feedingfamilies.org.uk

Website: <https://feedingfamilies.org.uk>

Legal status: CIO

CEO:
Juliet Sanders

Trustees:
Emma Jarvis (Chair)
Antony Byrne
Brian Palmer (Treasurer)
Jon Regan
Sarah Ticherou
Alex Wilby
Sarah Ticherou (resigned February 2022)
Tracy Kirk (resigned January 2022)
Gemma Wilson (resigned August 2021)
Gavin Salmon (resigned June 2021)
Andrew Elves (resigned April 2021)

TRUSTEE REPORT

“We can change the World and make it a better place. It is in our hands to make a difference.” Nelson Mandela

2021-22 - a year of evolving change - the year we tentatively went back to our pre-pandemic lives, whilst continuing to navigate the impact that Covid-19 has had on the way we work, socialise and travel. Post pandemic we saw an unprecedented growth in the number of people and organisations needing our support - driven by an increased cost of living, unemployment & redundancies, changes to universal credit, and most recently fuel increases resulting in many families being forced to choose whether to heat or eat.

Having enhanced the way in which we served the North East in 2020, Feeding Families further evolved in 2021 to respond to the growing needs in our community and helping more people than ever before, the launch of our new HQ played a pivotal role in our ability to operationally step up. We supported those in financial difficulty through Emergency food boxes, ensured that people leaving hospital had food to go home to, and continued our legacy of providing Christmas Hampers to families who can seldom afford treats which most of us take for granted. In addition to fulfilling immediate needs through food provision, we furthered our presence within the community working with schools, delivering youth education and partnering with other local charities & organisations - coming together to achieve common goals.

The growing need that we see within the community that we serve is palpable, and the challenge that we face daily to raise enough money & gather enough food is unrelenting - but our small but perfectly formed army of donors, supporters, volunteers, staff and trustees continue to amaze us with their generosity and selfless pursuit to make the World (or at least our North East patch of it), a better place than they found it. Myself and the trustees are tremendously grateful to all those who work with and support us, and we are incredibly proud of everything they have achieved. Spurred on by love, compassion & empathy they help us to evolve and make a real difference, in the hope that one day our services will no longer be required.

Emma Jarvis - Chair

2021-22 Annual Report



Mission Statement

Our mission is to:

- 1) Provide relief to any person experiencing poverty primarily in the North East of England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- 2) Promote wellbeing and mental health for those who give and receive aid.

Our Vision

We aspire to be a numerically growing and geographically expanding community of people who offer practical help and support to families in financial difficulties at Christmas and beyond. We aim to motivate individuals and local and national businesses to connect with us and to inspire acts of kindness and generosity which bring joy and hope and provide a practical response to a very real and desperate situation that is happening right here in our towns and cities.

Emergency boxes

161,000+

MEALS DELIVERED

To approximately 15,856 people across
the north east from April 2021-March
2022.

£156,860

Of food distributed in our emergency boxes
containing food supplied by individual &
corporate donations, funding bids &
individual giving.





Welcome Home Box £13,700

WELCOME HOME BOX CONTENTS

Low/no cook food and a bag of toiletries aimed at different groups (male/female. homeless. refugees etc.)

765

PEOPLE HELPED

Welcome Homes boxes have been an innovative pilot project, designed initially to support vulnerable patients returning home after a hospital stay. The mix of low/no cook foods and basic toiletries have been well received in hospitals across the north east.

It turned out that some patients have no home to go to and so we have adapted a homeless version and are also in discussions about using these to support ex offenders on release from prison and young people leaving the care system.

Having food to support health and mental wellbeing is so important!

On the back of this we have started a sewing group in the Blaydon centre to make drawstring bags to hold the toiletries which go out alongside the boxes.



Christmas Hampers 9047

CHRISTMAS HAMPERS DELIVERED

In an area covering Northumberland, Tyne and Wear, County Durham and Cleveland.

13%

INCREASE IN 2021

Up from 8014 in 2020. Of these, 30% were matched hampers and 70% were produced from our packing centre.

3300

VOLUNTEERS

Around 3,300 volunteers were involved in producing and delivering hampers including 600 volunteers helping in our packing centre.



Statistics

£367,800

CHRISTMAS FOOD

Based on an average of £65 per matched hamper and £30 per packing centre box.



27,600+

PEOPLE HELPED

"As a mother of 6 (4 growing boys still at home) and a partner to an amazing fiance I have always strived to work and provide for us as a family, even throughout one of our son's childhood cancer treatment, I still worked where possible. Sadly I suffer from the devastating effects of Covid-19 and have Long Covid which has meant I've had to leave work due to the symptoms I suffer with and find myself on the receiving end of care rather being the care giver. This has been awful in more ways than one after being a woman who has always been the rock of our family. It's been really embarrassing for me to ask for help but I'm so pleased I did. My hamper which was gifted to us meant my family were able to have a Christmas day lunch without myself and my partner having the added stress of where we were to find the money to provide it. Its been horrendous for us, but the generosity of the donors is just an absolute life line for many. Myself included. "

2021 Christmas Recipient

2020 Recipient

Impact Summary

£538,360

FOOD DISTRIBUTED

44,000+

PEOPLE HELPED





Impact on Donors

It does you good to do good! As well as thousands of families benefitting, our donors tell us what it means to them. Christmas is a particular time of giving but the goodness goes all year round.

"This is now a yearly Christmas tradition for me! I absolutely love going shopping for the hamper and knowing I'm providing for a family in need just makes it all so worthwhile!"

"We always make some kind of food donation at Christmas but this year we wanted to know our donation to be exactly what a family needed and Feeding Families allowed us to do that. Our little boy really enjoyed having an input into the hamper and learning about how some children aren't as lucky as he is. We will continue donating with Feeding Families."

FEEDING FAMILIES' DONORS



Impact on Families

Can a box of food make a difference? Yes it can!

Every small act of kindness can transform a life at a moment of need.

"I cried when I shut the door, the lady who dropped it off made me feel like such a equal. She was non judgemental, kind and respectful. It was a wonderful hamper that made such a difference to me while in need.

Words cannot express how it changed me."

CHRISTMAS RECIPIENTS



Impact on Partnerships

In 2021-22 we worked with 150 other charities, schools and organisations to get food distributed into the areas where it is most needed in the community.

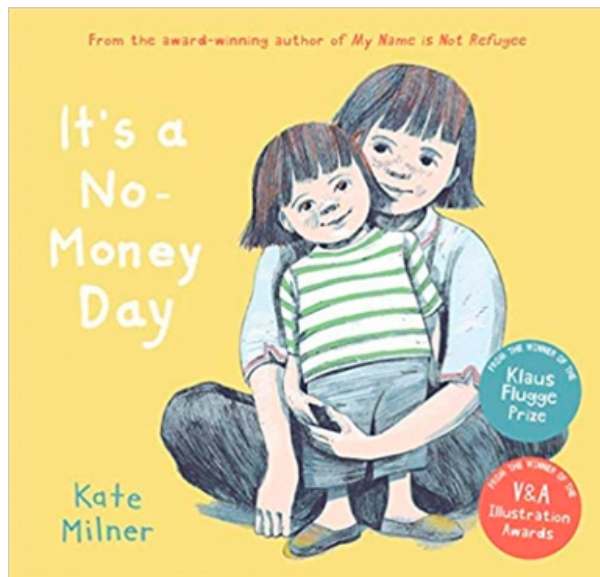
Supporting them with food allows our partners to concentrate on their valuable work and they know they can rely on having food available quickly for the people they know and support.

"We delivered a hamper to a lady who lived alone and has various health issues. Due to mobility issues and feeling vulnerable because of Covid, she is reluctant to leave her home. The lady was being assisted by our team to apply for disability and means tested benefits."

"When the hamper was delivered the lady was overwhelmed by the display of kindness. She stated that 'throughout Covid she had received no support and struggled on alone. This was the first time anyone had thought about her needs. A few days later she also rang the office to once again express her gratitude.'"

Age UK County Durham

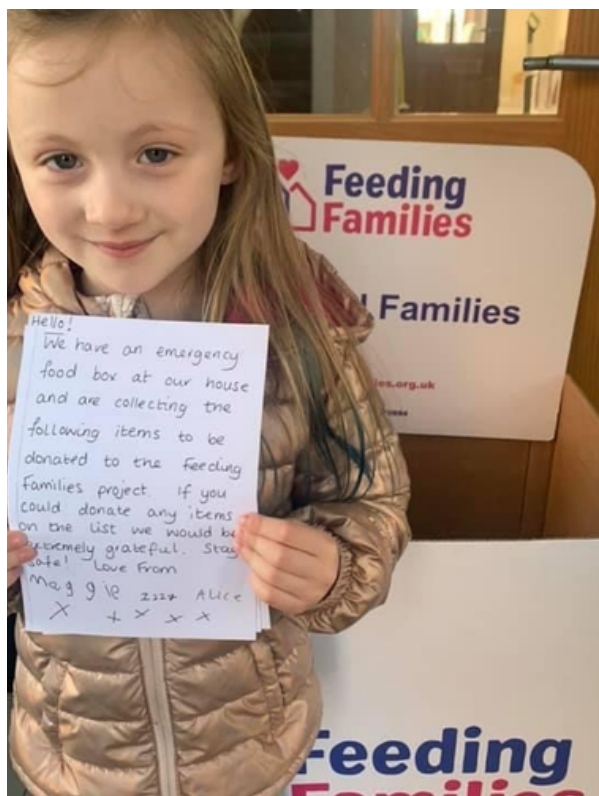
Engaging Youth Champions



Children are our future! That's why we love to encourage children and young people into giving and volunteering at Feeding Families.

In 2021 we received funding to develop & deliver a package into schools to educate children on food poverty and to inspire them to come up with ideas on how they can make a difference. This might be planning a food collection or organising a fundraising event. They came up with some fabulous ideas.

We use a book called "It's a No Money Day" to start the discussions, it's been a great way of engaging with schools - something we hope to do build upon in the coming year.





Supporting Schools

Working hand in hand with schools has been a wonderful way of getting help where it's most needed.

We hear a lot about children receiving free school meals but sometimes those in need fall below the required threshold and don't qualify for any help. Supporting families in this way is an important element of our work.

"A family asked for support due to struggling financially due to the pandemic and growing debts. Initially food packs were provided, and the school identified funding for white goods and the pupil was encouraged to attend breakfast club.

The family then shared with us they were worried about Christmas and had not celebrated Christmas the previous year due to the cost. They were supported to apply for the Christmas family appeal and were successful. As we were now aware of the families worries, we were able to obtain school uniform to reduce the family's outgoings and they are now on a payment plan which has prevented them losing their tenancy.

All of this was possible due to school having the facilities to offer a food pack which then opened the door for more targeted support. The family had a wonderful Christmas they told me and were so grateful for their hamper. They know packs remain available at school and they can contact us for any additional support which reassures us as a school, that no child will go without food."

School Family Support Worker

Blaydon HQ



On 1st April 2021 we opened our new centre in Blaydon - an expansion from our first centre in Byers Green. The former gym was in a sad state, thanks to the hard work completed by staff and volunteers over a number of months, the building has been transformed into a welcoming, functional space for packing and distribution.

4,000 sq ft of space allowed us to run our whole of our Christmas Hamper operation from the central hall.

Having a base in Tyneside has helped us to achieve a broader reach reach in terms of recipients and volunteers.



Byers Green Packing Centre



Our original packing centre in Byers Green continues to be a central part of our operations and is managed by a committed team of volunteers.

Due to their hard work and deep cleaning the centre gained a 5* food rating this year.

Sadly, the building is going to be put up for sale this year, so we are looking for new premises in the area.



Volunteers

Feeding Families relies upon an army of volunteers!

Whether it's making and delivering a hamper, helping in one of the packing centres, driving deliveries out across the region, completing administration behind the scenes or joining the fundraising team - each person brings a unique skill and their support means we can make a massive difference to thousands of people.



"Volunteering at Feeding Families gives me a huge sense of fulfilment. There is a great team spirit and everyone "gets it". We all recognise the community need and it feels good to be doing something to alleviate even a small part of the issue."

"Anyone's circumstances can change overnight and then be left facing hardship. Food is a vital and basic need. To me, it's all about making a difference where we can, helping out to support those most in need and feeling good that my small contribution can matter to someone in a big way. Feeding families is a real team effort that inspires hope and kindness. A team that I'm proud to be part of."

FEEDING FAMILIES' VOLUNTEERS

Getting involved



Whether it's doing a monthly food collection round the area where you live, using your talents to fundraise, giving up your Golden Wedding gifts, getting your doggy daycare involved or being a regular donor, there are lots of ways people get involved with Feeding Families. All these incredible people (and dogs) and many more made a huge difference this year.



£400 donated to Feeding Families
Thank you 😊



Business Support

Paul Moralee, Community Investment Manager at Karbon Homes, said: “The current landscape is putting a real strain on many of our residents and the communities we support, and as a result our partnerships with community projects and charities are more important than ever.

Feeding Families is a fantastic charity, providing much needed support to those in crisis right across the North East. By working alongside them we’ve been able to support a number of our residents with emergency food boxes, and we’re committed to offering what additional support we can going forward, from colleague volunteers through to food drives.”

Partnerships like the one with Karbon Homes are key in ensuring Feeding Families’ support is accessible to those in need across the region.

The logo for Karbon Homes features the word 'karbon' in a large, bold, lowercase sans-serif font. The letters are filled with a horizontal gradient that transitions from red on the left, through purple in the middle, to blue on the right. Below 'karbon' is the word 'homes' in a smaller, blue, lowercase sans-serif font.

karbon
homes

Grants

An important part of our income comes from grants from funding bodies. These pay for our central costs (salaries, administration, insurance, utilities etc.) which allow the charity to function. In 2021-22 we were supported by:

Arnold Clark
Community Foundation Tyne and Wear
County Durham Community Foundation
Gateshead Council
Hadrian Trust
Linden Family Trust
Lockton Charitable Association
Lottery Community Fund
Newcastle City Council
Penchant Foundation
Phyllis and Frank Scotto Trust
Sainsburys
Tesco Bags of Help
The 1989 Willan Charitable Trust
The Fore
Virgin Media/O2



The Linden Family Trust



The 1989 Willan Charitable Trust



County Durham Community Foundation

Donations

We are grateful to so many businesses who have given their financial support, including:

Bloom Procurement

Cello Electronics

Dame Allans School

Derwentside College

Emmersons Solicitors

Home Bargains

Nexus

Rotary Club of Blyth

Rotary Club of Ponteland

Squidgy

Suez Recycling

Supportive

Also, thank you to the individuals and businesses who have supported us with pro-bono work, gifts in kind and corporate volunteering, including:

Hopper Wright Vinyls

Muckle Solicitors

Northern Floorcraft

Sage

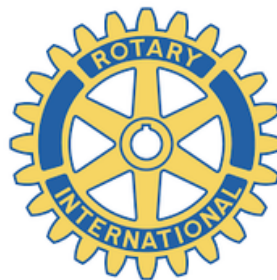
cello 

home bargains

nexus

Supportive.

Bloom*



suez

SQUIDGY

dc Derwentside College



DAME ALLAN'S SCHOOLS
building the future

muckle ^{LLP}

emmersons
solicitors

sage

NORTHERN  **FLOORCRAFT LTD**

Special people

In December 2021 Ros Hall, our Volunteer Co-ordinator and instigator of our Welcome Home boxes was shortlisted as Volunteer of the Year by the Northern Echo. Ros is a shining example of the role our volunteers play in helping the charity.

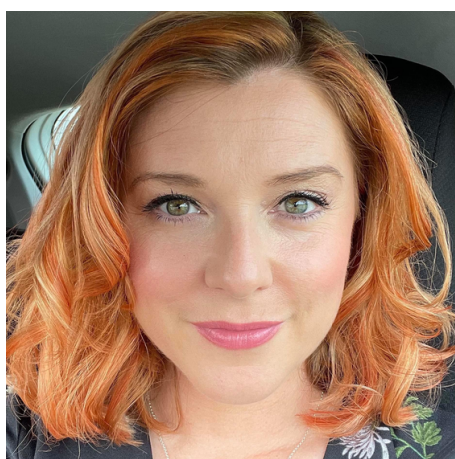


Ros Hall



Sarah Ticherou

At the end of February 2022, Sarah Ticherou, our Chair since 2019, decided to step down from her role. Sarah's contribution to the charity has been outstanding. From coming along as a volunteer to our first Christmas packing centre in 2017, she has worked tirelessly to grow the charity, often taking on several roles at a time. She is going to be missed by us all.



Emma Jarvis

We are, however, delighted that Emma Jarvis has stepped up to take the reins and lead us forward into a new season.

Summary

Although we have been successful in helping thousands of people in 2021-22, we are under no illusion - the need for our service continues to grow. With the increase of financial pressures on so many families, demand is rising steeply whilst donations have reduced. Undeterred, we are committed to increasing our reach and impacting many more people in the years to come.

None of this is possible without the community coming together, be it individuals, businesses or grant makers, to give food, money and time. At the start of the new year we look back on so many achievements but also look forward to the challenges ahead.





Accountancy Solutions

FEEDING FAMILIES

Financial statements for the
year ended 31st March 2022

Charity number: 1179694

Charitable Incorporated Organisation
Registered England and Wales

Call: 07926 450 250

Email: info@hslaccountancysolutions.co.uk

www.hslaccountancysolutions.co.uk

FEEDING FAMILIES
Contents of the financial statements
for the year ended 31st March 2022

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Balance sheet	6
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FEEDING FAMILIES
Administrative details
for the year ended 31st March 2022

Registered Charity number 1179694

Trustees and Management Committee	Emma Jarvis	- From 26/05/2021
	David Jackson Trustee	- From 01/05/2021
	Alex Arthur Wilby	- From 27/07/2021
	Brian John Palmer	- From 06/04/2021
	Jon Daniel Regan	- From 29/01/2020
	Anthony Patrick Byrne	- From 22/07/2019
	Gemma Wilson	- Until 15/08/2021
	Andrew Elves	- Until 01/04/2021
	Gavin Salmon	- Until 20/06/2021
	Tracy Kirk	- Until 10/01/2022

Administrative address 46 Blaydon Bank
Blaydon
Gateshead
Tyne and Wear
NE21 4AU

Bankers Lloyds bank Plc
Wesley Court,
Blaydon-on-Tyne
NE21 5BY

Independent Examiner Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

FEEDING FAMILIES

The trustees present their annual report for the year ended 31st March 2022

Governing document

Feeding Families is a Charitable Incorporated Organisation (CIO) and is governed by a constitution, which is registered with the Charity Commission. A copy of the constitution is available on request.

Organisational Structure and Management

The organisation operates as a Charitable Incorporated Organisation (CIO), registered on 28 Aug 2018 with the Charity Commission. The organisation is governed by the Trustees, who determine strategic direction and policy. The day to day operation is also carried out by the Trustees.

Recruitment and appointment of new trustees

New trustees are invited to apply when a vacancy arises, and this is advertised to our supporters as well as on volunteer websites. Following application, a series of meetings takes place to ascertain if the applicant and charity are suited to work together and then a vote is taken by the trustees to confirm the appointment.

Risk management

Risks are highlighted and managed within the context of trustee meetings. The charity has taken appropriate insurance cover for the main risks it faces.

Objectives

Our mission is to:

- 1) provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- 2) Promote wellbeing and mental health for those who give and receive aid.

We aspire to be a numerically growing and geographically expanding community of people who offer practical help and support to families in financial difficulties at Christmas and beyond. We aim to motivate individuals and local and national businesses to connect with us and to inspire acts of kindness and generosity which bring joy and hope and provide a practical response to a very real and desperate situation that is happening right here in our towns and cities.

Significant activities

On 1 April 2021 we opened a second packing centre and HQ in Blaydon, Tyne and Wear. This was due to having exceeded the capacity at our initial centre in Byers Green. We continued to operate from both sites with a north and south base, aiding distribution.

Our packing centre distributed in excess of 161,000 meals across the north east in 2021-22 and supplied over 9000 Christmas hampers.

We began a pilot for a youth project, going into schools and educating on food poverty while also inspiring children to use their talents to make a change in the world through volunteering and fundraising.

Covid had brought forward the need for low/no cook food for patients being discharged from the NHS. A pilot, supplying "Welcome Home" boxes to emergency departments and discharge lounges. The reception to these has been extremely positive and so the pilot will be moved into an implementation phase in the next year.

Charitable activities

Continuing our partnership model of working collaboratively with charities, schools and organisations who do not have their own food offering, we supported 150 partners at Christmas and a fluctuating number through the year. Some organisations receive regular emergency boxes while others request on an ad hoc basis.

Our flagship Christmas project continues to grow. We experienced an increase in the giving of Christmas hampers from 8014 in 2020 to 9047 in 2021. These large hampers had an average approximate value of £65 where one household donated to another and £30 for those produced at our packing centre.

Our fundraising activities continued to be impacted by Covid and repeated lockdowns and so we continued to hold back on organising events. However, individuals and companies supported us well through sponsorship and we aim to build on this in the coming year.

FEEDING FAMILIES

The trustees present their annual report for the year ended 31st March 2022

Fundraising activities

Our fundraising activities were impacted by the pandemic as we were unable to organise any meetings. However, a few of our supporters organised virtual or socially distanced events such as a sponsored extreme run over 100 miles, online music concerts, a Christmas raffle, virtual craft fair and the Great North Run done by children on their stairs.

FINANCIAL REVIEW

Reserves policy

The trustees aim to maintain reserves in restricted funds at a level which equates to approximately three months of expenditure. The trustees consider that this level will provide funds to respond to carry out the work of the charity and the support and governance required for it to operate.

Statement of trustees' responsibilities

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report. Signed on behalf of the trustees

Signed:



Name and Position:

Date:

05/09/22

Emma Jarvis- Trustee Chair

05/09/22

**Independent examiners report to the trustees of
FEEDING FAMILIES
for the year ended 31st March 2022**

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 5 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61a Carr House
Doncaster
DN1 2BY

Date:

FEEDING FAMILIES**Statement of Financial Activities (Incorporating the Income and Expenditure Account)
for the year ended 31st March 2022**

		Unrestricted Funds £	Designated Funds £	Restricted Funds £	2022 Total £	2021 Total £
	Notes					
Income						
Grants and donations	2	99,160		156,750	255,910	212,376
Total income		99,160	0	156,750	255,910	212,376
Expenditure						
Cost of raising funds	3					0
Charitable activities		83,120		123,621	206,741	135,962
Total expenditure		83,120	0	123,621	206,741	135,962
Net income (expenditure)		16,040	0	33,129	49,169	76,415
Balance brought forward 1st April 2021		7,470	0	89,474	96,944	20,529
Transfer between funds		-15,450	84,050	-68,600	0	
Balance carried forward 31st March 2022		8,060	84,050	54,003	146,113	96,944

The accounting policies and notes on pages 7 to 11 form part of these financial statements

FEEDING FAMILIES
Balance sheet
for the year ended 31st March 2022

	2022	2021
	Total	Total
	£	£
Fixed assets		
Tangible assets	17,797	330
Current assets		
Debtors	32	0
Cash at bank and in hand	128,858	99,286
	<u>128,890</u>	<u>99,286</u>
Current Liabilities		
Creditors - amounts due within one year	-574	-2,672
Net current assets (Liabilities)	<u>128,316</u>	<u>96,614</u>
Net assets (Liabilities)	<u>146,113</u>	<u>96,944</u>
Funds of the Charity		
Unrestricted Funds	8,060	7,470
Designated Funds	84,050	0
Restricted Funds	54,003	89,474
Total Funds	<u>146,113</u>	<u>96,944</u>

The financial statements on pages 5 and 6 were approved by the Trustees and signed on their behalf by:

Signed:

Name and Position:

Date

The accounting policies and notes on pages 7 to 11 form part of these financial statements

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- The Charities Act 2011
- Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

1.1.2. The charity meets the definition of a public benefit entity as defined by FRS 102

1.1.3. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2. Incoming resources

These are included in the Statement of Financial Activities. Incoming resources are recognised when:

- the company becomes entitled to the resources
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Grants and donations are only included in the Statement of Financial Activities when the company has unconditional entitlement to the resources.

Contractual income is only included in the Statement of Financial Activities once the related goods or performance related services have been delivered.

Investment income is included in the accounts when receivable.

Donated goods and services are included in the Statement of Financial Activities and measured at the fair value.

1.3. Expenditure

Expenditure is charged to the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs. The expenditure has been analysed but usage.

Professional fees include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4. Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project.

Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2022

1.5. Assets

Tangible assets are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost, or, if gifted, at the value to the company on receipt. The rates applicable are;

Office equipment	-	33% on cost
Fixtures and fittings	-	25% on cost
Motor vehicle	-	10% reducing

1.6. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1.7. Cash

Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

1.8. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.9. Taxes

The company is not VAT registered. As a Charity the organisation is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

2. Income from:

	Unrestricted Funds	Restricted Funds	2022 Total
	£	£	£
Income			
Grants and donations			
Donations	99,160	0	99,160
Community Foundation Tyne and Wear		13,500	13,500
Durham County Council		45,000	45,000
#iwill		10,000	10,000
The Fore		15,000	15,000
Gateshead Council		500	500
Karbon Homes		20,000	20,000
Lottery Community Grant		10,000	10,000
Neighbourly Sainsbury's		1,000	1,000
Newby Trust		25,000	25,000
Frank & Phillis Scotto Trust Fund		5,000	5,000
Groundworks UK		750	750
The Neighbourly VMO2 Together Fund		1,000	1,000
County Durham Community Foundation		10,000	10,000
Total income	99,160	156,750	255,910

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2022

3. Expenditure on

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Charitable Activities				
Food hampers	29,154	44,013	73,167	60,285
Other project costs	1,808	580	2,388	4,548
Support costs				
Wages	18,679	64,498	83,177	53,482
Employers pension	1,091	0	1,091	918
Travel expenses	1,917	615	2,532	1,369
Rent and room hire	18,482	11,343	29,825	7,076
Insurance	889	0	889	459
Office administration	1,792	102	1,894	990
Website and publicity	917	0	917	672
Sundries	22	14	36	744
Legal and professional fees	850	0	850	1,872
Other professional fees	2,478	159	2,637	2,144
Computer/Software	1,916	2,298	4,214	1,220
Bank and other charges	851	0	851	35
Depreciation	2,275	0	2,275	148
Total expenditure	83,120	123,621	206,741	135,962

4. Fixed assets

	Furniture & fittings £	Office Equipment £	Motor Vehicle £	Total £
Cost				
At 1st April 2021	0	478	0	478
Additions	590	438	18,714	19,742
Disposals				0
At 31st March 2022	590	916	18,714	20,220
Depreciation				
At 1st April 2021	0	148	0	148
Disposals				0
Charge this period	147	256	1871	2,274
At 31st March 2022	147	404	1,871	2,422
 Net book value at 31st March 2022	 442	 512	 16,843	 17,797
 Net book value at 31st March 2021	 0	 330	 0	 330

FEEDING FAMILIES
Notes to the financial statements
for the year ended 31st March 2022

5 Debtors and creditors

	2022	2021
	Total	Total
	£	£
Debtors		
Trade debtors	32	0
Creditors due within one year		
Trade creditors	-574	-2,672

6. Staff costs

	2022	2021
	£	£
Wages and salaries	83,177	53,482
Pension	1,091	918
	95,693	88,972

No person received emoluments of more than £60,000.in the year.

The average number of staff during the year was . (2021:3)

7. Movement of funds

	Opening	Incoming	Resources		Closing
	Balance	Resources	Expended	Transfers	Balance
	£	£	£	Transfers	£
Unrestricted funds					
General funds	7,470	99,160	-83,120	-15,450	8,060
Designated funds					
Reserves	68,600	0	0	15,450	84,050
Restricted funds					
AAP	1,533	0	-1,533		0
Aviva	500	0	0		500
Co op	3,000	0	-3,000		0
Community Foundation Tyne and Wear	5,000	13,500	-12,232		6,268
County Durham Community Foundation	0	10,000	-10,000		0
Durham County Council	0	45,000	-40,455		4,545
#iwill	0	10,000	-4,114		5,886
The FORE	0	15,000	0		15,000
Frank & Phillis Scotto Trust Fund	1,192	5,000	-4,812		1,380
Gateshead Council	0	500	-500		0
Gaunless Gateway	2,800	0	-2,800		0
Groundworks UK	0	750	-750		0
Hedley Denton	500	0	-411		89
Karbon Homes	0	20,000	-19,421		579
Lottery Community Grant	0	10,000	-9,928		72
Neighbourly Sainsburys	0	1,000	-990		10
Newby Trust	0	25,000	-6,566		18,434
Sage Foundation	6,350	0	-5,110		1,241
The Neighbourly VMO2 Together Fund	0	1,000	-1,000		0
Total funds	96,944	255,910	-206,741	0	146,113

* All Restricted funding has been award towards activity costs of the Charity.

FEEDING FAMILIES

Notes to the financial statements for the year ended 31st March 2022

8 In kind contributions

During the period of these accounts, the Trustees have identified £462,000 of in kind contribution from donated supplies and volunteer hours. The amounts have not been included in the Statement of Financial Activities as the Trustees feel this would mislead the readers of the accounts. For more information, please refer to the Charity Annual Report.

9 Trustees remuneration, benefits and expenses

Trustees received no remuneration during the period of these accounts. Only expenses properly incurred in respect of charity business were reimbursed.

10 Previous year's comparison

Where available, previous period's figures have been included for comparison purposes only.

FEEDING FAMILIES

England & Wales - Charity number 1179694

Accounts

Feeding Families

Annual Report

2020-2021



ORGANISATION DETAILS

Charity Name: Feeding Families

Address: 46 Blaydon Bank
Blaydon
Gateshead
Tyne and Wear
NE21 4AU

Telephone Number: 0191 908 7163

Email: info@feedingfamilies.org.uk

Website: <https://feedingfamilies.org.uk>

Legal status: CIO

CEO:
Juliet Sanders

Trustees
Sarah Ticherou (Chair)
June Fletcher
Tracy Kirk
Gemma Wilson
Andrew Elves
Antony Byrne
Jon Regan
Gavin Salmon

TRUSTEE REPORT

'Love and compassion are necessities, not luxuries. Without them humanity cannot survive ' Dalai Lama

What a year it has been. Along with the whole world, Feeding Families has been challenged in ways we could never have imagined. COVID has had a huge impact on so many levels and as a charity our resources have been stretched inexorably as demand for help in very frightening times increased. However, the hurdles we faced were far outweighed by the amazing spirit and generosity of the communities who support us. We have seen local businesses and volunteers step up despite facing their own challenges and as a result thousands of people in dire need across the North East have received help when they needed it most.

It hasn't been easy and our Christmas project had to be tweaked to fit around restrictions in order to ensure everyone remained safe. We are thankful to so many people who helped make Christmas a little bit easier for families struggling in the region. We are blessed to have a strong and dedicated core team of staff and volunteers who have helped drive forward our new projects, such as wonder box and the welcome home box, meaning we are now able to reach vulnerable people all year round

Love and compassion are at the very heart of Feeding Families and the trustees and I are very grateful for the commitment of everyone involved.

By working collectively we have adapted and grown despite these challenging times and we are able to continue to develop innovative ways to reach people who would ordinarily fall through the assistance gaps.

Together we are making a difference in the world, every day.

Sarah Ticherou
Chair & Trustee



Mission Statement

Our Vision

Our mission is to

- 1) Provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- 2) Promote wellbeing and mental health for those who give and receive aid.

We aspire to be a numerically growing and geographically expanding community of people who offer practical help and support to families in financial difficulties at Christmas and beyond. We aim to motivate individuals and local and national businesses to connect with us and to inspire acts of kindness and generosity which bring joy and hope and provide a practical response to a very real and desperate situation that is happening right here in our towns and cities.

Statistics

8014

**CHRISTMAS HAMPERS
DELIVERED**

in an area covering Northumberland,
Tyne and Wear, County Durham and
Cleveland.

167%

INCREASE IN 2020

up from 3003 in 2019. Of these 34% were
matched hampers and 66% were produced
from the packing centre.

3000

VOLUNTEERS

Approximately 3000 volunteers were
involved in producing and delivering
hampers including 425 volunteers
helping in the packing centre.



Covid Statistics

70,000

COVID MEALS DELIVERED

approximately, to over 5,300 people
across the north east from April-
November 2020.

£55,000

approximately of food distributed in Covid boxes
during the pandemic. This was donated by
individuals, businesses and paid for by grant
funding.



Statistics

£322k +

CHRISTMAS FOOD
DONATIONS

based on an average of £60 per matched hamper and £30 per packing centre box.



20,000 +

PEOPLE REACHED

"Having been furloughed then losing my job due to my ill health, as well as being a lone parent and carer to my disabled adult daughter, money has been incredibly tight.

I genuinely didn't know how to make Christmas special this year - I had enough for a small Christmas lunch for my daughters and a sandwich for me, but now we have a complete dinner, and so much more. Even sprouts. Only my youngest likes sprouts and normally I can't afford to buy things that only one person will eat, so I think she's most excited about sprouts!

We as a family have already decided to put £1 away a week each so that hopefully we can pay this kindness forward and donate a hamper next year."

2020 Recipient



Impact on Donors

Feeding Families not only benefits families in need but also gives donors the opportunity to make a difference through giving and volunteering.



"I became involved with Feeding Families as a volunteer in 2019 having spotted a Facebook post, we were matched with a family who had fallen on hard times. I come from a family of 4 children, growing up in a mostly single parent household which relied solely on benefits for most of my childhood. I guess somewhere unconsciously this is the reason Feeding Families struck such a resonant chord with me, I understand how it feels to grow up in a home where food was limited and where choices between 20p in the electric meter or a loaf of bread were commonplace."

FEEDING FAMILIES' DONOR



Impact on Families

Sometimes we all need a little extra support. A food box delivered at the right time is not only feeding the body but supporting mental health. The message that someone cares and is reaching out is a powerful one that can't be underestimated.

"I am absolutely blown away by the kindness and generosity. Thank you to Feeding Families for giving me this opportunity. In the last two years I have suffered kidney failure, losing my career, emergency surgery, dialysis, shielding and escaping an abusive marriage, so when this lovely family of angels appeared on my doorstep I was so emotional. When things improve for me and my children, hopefully by this time next year, I will return the favour to another family in need.

2020 RECIPIENT



Impact on Partnerships

We recognise that we have the maximum impact when we work together. We therefore use the model of partnering with those who work directly with those most in need. By supporting other organisations who don't have a food offering of their own we are able to get help quickly where it is most needed. In 2020 we supported over 130 local charities, organisations and schools.

Many of those we support are going through a particularly tough time this Christmas, some may have lost loved ones or be at risk of taking their own life due to immense pressures at this time of year. 2020 has been a very challenging year for our charity and for those we support.

Your kindness has had a hugely positive impact on people in our community this Christmas, bringing some light into the darkness and helping them to have a more positive festive period in the face of serious challenges. We truly appreciate your kindness and the hard work of your entire team. You have helped us to make lives better and save lives over the festive period.

If U Care Share Foundation



Welcome Home Box

Supplying food boxes for vulnerable patients on discharge from the NHS.

During the pandemic, we identified a gap in support for vulnerable people being discharged from Emergency Departments following an unplanned attendance. On discharge, some people would have to stay at home to self isolate or were unable to access food with no-one immediately available to shop for them. This included elderly being discharged out-of-hours, those with poor mental and physical health or impairments, diabetics, homeless and people temporarily without money for various reasons. Such people often lived in areas of high deprivation, often reliant upon benefits and experiencing social and domestic problems.

In response, Feeding Families designed a small box of non-perishable food and drink (Welcome Home boxes) that are simple to prepare and can support a patient for up to 24 hours post discharge. Contents include porridge, milk, crackers, meat paste, tea, coffee, rice or pasta instant meal etc. Also custard and fruit jelly or rice pudding for those requiring a soft diet. A small amount of toiletries are also included.

The boxes are now being used in 7 Discharge Lounges and 8 Emergency Departments with no cost to the NHS.

Wonder Box



Wonder Box is a project offering a multitude of benefits to participants: The "Wonder Box" is a method of cooking with residual heat which can reduce fuel costs for families as well as encouraging healthy eating.

The project began a pilot in conjunction with the Auckland Project in Bishop Auckland but had to be postponed due to Covid. We hope to recommence when restrictions allow.

The course of 6 sessions provides:

- Learning basic cooking skills
- Receiving cooking equipment, removing barriers to cooking
- Support to make a "Wonder Box", designed to reduce fuel consumption
- Learning sewing skills
- Receiving food for class cooking and to take home
- Support and friendship



Emergency Food Box



When Covid struck in March 2020, Feeding Families responded by setting up a packing centre in St Peter's Church Hall in Byers Green, near Spennymoor, County Durham. We quickly assembled a team of volunteers and appealed for food donations, while seeking funding to operate.

This led to the production of Emergency Boxes, designed to help those in need of basic foods.

Initially a large team of volunteers also carried out shopping and donations direct to families, but as furlough eased and the climate changed, we shifted our model to collaborate with other local charities and organisations working at grassroots level to get help where it was most needed.

This activity has now become a central feature of what we do and March 2021 saw us open a second centre in Tyneside which now has a permanent home in Blaydon.

Volunteers



Feeding Families relies on an army of volunteers! Whether it's making and delivering a hamper, helping in one of the packing centres, driving deliveries out across the region, helping with administration behind the scenes or joining the fundraising team - each person brings their unique skills and makes a massive difference to thousands of people.

"My desire to 'do my bit' and try to make a difference is primarily born out of frustration that there are so many vulnerable people in our society who are overlooked. I also believe that if we all do what we can to help, then the world would be a far better place. I recognise that I can't change the world but I can do my part to make it better."

**FEEDING FAMILIES'
VOLUNTEER**



Business Support

We receive amazing support from many local businesses. Whether it's donations of money, volunteering time, Gifts of food or use of skills - all these make a massive difference to what we are able to achieve. Thank you!



Business Support

'I expect everybody reading this will join me in thinking how appalling it is in this day and age and in such a well-developed and so-called civilised country, that so many families are living in poverty.

In 2019 -20 4.3 million children in our country were living in poverty in the UK. That's 31% of children or 9 in a classroom of 30. Not nice figures.

Unfortunately, due to Covid and increasing unemployment the figures above must be set to increase.

Businesses in the North East need a fit and healthy workforce both now and in the future. Does it not fall on us all to help guarantee this by actively supporting Charities such as Feeding Families who are doing such an amazing job throughout the year?

Donations at any time are welcome, however Feeding Families need regular income throughout the year in order to plan their activities and be effective 52 weeks a year. Its for this reason that Cello in 2020 decided to support Feeding Families with a regular monthly contribution.

Brian Palmer

CEO, Cello Electronics (UK) Ltd

Fundraising and Donations

Covid severely impacted our ability to run fundraising events, however our wonderful supporters were not deterred and it was great to hear of online or virtual events that took place.

We also benefited from online concerts, an extreme run of over 100 miles, a Santa visit and Santa letters, children doing the Great North Run on their stairs during lockdown. There was no end to the inspiration! We also ran our annual Christmas raffle which raised £2600 this year - our best ever!

In total we raised:

£97,190



Grants

An important part of our income now is grants from funding bodies. These pay for our central costs (salary, administration, insurance, etc.) which allow the charity to function.

In 2020-21 we were supported by:

Barbour Foundation

Believe Housing

Card Factory

Cllr Liz Brown

County Durham AAPs

County Durham Community Foundation

Durham County Council

Hedley Denton Foundation

Karbon Homes

Lottery - Covid

Newby Trust

Sage

Phyllis and Frank Scotto Trust

Tesco Bags of Help

WRAP

In total we received

£115,186



County Durham
Community Foundation



Award

In February 2020, just before lockdown, Juliet Sanders, our CEO, was nominated as Unsung Hero at the Glass Slipper Awards in Newcastle and went on to win the title. The award, which was sponsored by Ant and Dec, was a lovely moment of recognition for all the charity has achieved so far.



Patron



We are delighted that Carol Malia from BBC's Look North, has agreed to be a patron of the charity. Carol said: "Need is on the rise and the basic necessity of just feeding your family isn't easy for everyone, even in our relatively wealthy country. Feeding Families is working its socks off to fill as many gaps as possible. If anyone can help by picking up a box and filling it with some much needed items for a struggling family, it will really help them, not to just fill hungry stomachs for a time, but to let them know that support is there."

Summary

2020-21 was our biggest and best year yet! We keep thinking we may have reached our capacity and then we find we have doubled again! The need for the help we give continues to rise but we continue to fill the gaps in other provision, reaching those who can't access food banks or just fall down the cracks of society. Our collaboration with other charities, schools and organisations gives us a unique position as we bring together strands of support to offer the best solutions together.

If you have been part of our family in any way - as a recipient, a donor, a partner, a volunteer or a team member - thank you so much! Let's come together and make 2021-22 even better!



Report of the Trustees and
Unaudited Financial Statements for the Period
From 01 January 2020 to 31 March 2021
for
Feeding Families

Certax Accounting (Durham) LLP
Units 8&9 Parsons Court
Welbury Way
Newton Aycliffe
County Durham
DL5 6ZE

Feeding Families

Contents of the Financial Statements **for the Period from 01 January 2020 to 31 March 2021**

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Feeding Families

Report of the Trustees **For the period from 01 January 2020 to 31 March 2021**

The trustees present their report with the financial statements for the period 01 January 2020 to 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP FRS 102)

REFERENCE AND ADMINISTRATION DETAILS

Charity Name:	Feeding Families
Registered Charity Number:	1179694
Principal address:	46 Blaydon Bank Blaydon Gateshead Tyne and Wear NE21 4AU
Trustees:	Sarah Ticherou (Chair) Tony Byrne Andrew Elves June Fletcher (Resigned March 2021) Tracey Kirk Jon Regan Gavin Salmon Gemma Wilson

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Feeding Families is a Charitable Incorporated Organisation (CIO) and is governed by a constitution, which is registered with the Charity Commission. A copy of the constitution is available on request.

Recruitment and appointment of new trustees

New trustees are invited to apply when a vacancy arises, and this is advertised to our supporters as well as on volunteer websites. Following application, a series of meetings takes place to ascertain if the applicant and charity are suited to work together and then a vote is taken by the trustees to confirm the appointment.

Risk management

Risks are highlighted and managed within the context of trustee meetings. The charity has taken appropriate insurance cover for the main risks it faces.

OBJECTIVES AND ACHIEVEMENTS

Objective and aims

Our mission is to:

- 1) provide relief to any person experiencing poverty primarily in north east England. We will do this, in particular but not exclusively, through the provision of food, education and other resources which they could not otherwise afford.
- 2) Promote wellbeing and mental health for those who give and receive aid.

We aspire to be a numerically growing and geographically expanding community of people who offer practical help and support to families in financial difficulties at Christmas and beyond. We aim to motivate individuals and local and national businesses to connect with us and to inspire acts of kindness and generosity which bring joy and hope and provide a practical response to a very real and desperate situation that is happening right here in our towns and cities.

Significant activities

During 2020-21 we set up a year-round packing centre, based in Byers Green near Spennymoor, to meet the challenge of Covid 19. We were able to use this as a base to distribute food throughout the region with the help of volunteers. We expanded to the point that we opened a second centre in Tyneside in March 2021 in a temporary centre in Lobley Hill, Gateshead. This has now just relocated to Blaydon into a building which will become our long-term headquarters.

Our packing centre distributed in excess of 70,000 meals across the north east in 2020 and supplied over 8000 food hampers. Due to covid constraints, the Christmas packing was consolidated centrally in a venue in Durham City.

During this period, we appointed three part time staff (Senior Operations Manager, Operations Manager and Project Officer) to assist with the delivery of our projects and the expansion of our work.

Charitable activities

In 2020-21 we saw a massive growth in demand for our food. In order to reach as many people as possible we introduced a partnership model whereby, we collaborate with local charities, organisations and schools to get help where it is needed. We supported 130 different groups, most of whom had no food offering of their own or whose food offering was overwhelmed, and they could not meet demand. This allowed us to deliver in bulk for our partners to distribute where they were working with households in need. This enabled us to minimise administration and maximise impact.

We experienced an increase in the giving of hampers from 3003 in 2019 to 8014 in 2020. These large hampers had an average approximate value of £60 where one household donated to another and £30 for those produced at our packing centre. This equates to approximately £322k of food distributed. In order to do this, we engaged 2700 volunteers as donors and 425 as workers in our packing and distribution centres at Christmas.

In addition, the emergency food boxes we distributed amounted to approximately £55k. some of this was obtained by donations and some by using donations and fundraising monies.

In 2020 we also began the following projects:

Wonder Box – a group course teaching cooking and sewing skills to produce and use a “Wonder Box” which cooks with minimal fuel. This course was in its pilot phase when it had to be paused due to Covid and we have not yet been able to resume.

Welcome Home boxes – these no/low cook food boxes are for vulnerable patients being discharged from hospital, providing food until other support can be put in place. We now support the NHS in 7 discharge lounges and 8 emergency departments across the north east.

Fundraising activities

Our fundraising activities were impacted by the pandemic as we were unable to organise any meetings. However, a few of our supporters organised virtual or socially distanced events such as a sponsored extreme run over 100 miles, online music concerts, a Christmas raffle, virtual craft fair and the Great North Run done by children on their stairs.

FINANCIAL REVIEW

Reserve’s policy

The trustees aim to maintain reserves in restricted funds at a level which equates to approximately three months of expenditure. The trustees consider that this level will provide funds to respond to carry out the work of the charity and the support and governance required for it to operate

Providing funding sources

Within this financial period, we received grants of £115,186

Approved by the board of trustees on _____, and signed on its behalf by:



03 Aug 2021

.....
Sarah Ticherou - Trustee

Independent Examiner's Report to the Trustees of
Feeding Families

I report to the trustees on the accounts for the period from 01 January 2020 to 31 March 2021.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. the accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts did not accord with the accounting records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

Independent examiner's statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Certax Accounting (Durham) LLP
Units 8&9 Parsons Court
Welbury Way
Aycliffe Industrial Park
Newton Aycliffe
County Durham
DL5 6ZE

Date:

Feeding Families

Statement of Financial Activities
for the period 01 January 2020 to 31 March 2021

	31.03.21	31.12.19
	£	£
INCOMING RESOURCES		
Incoming resources from generating funds		
Voluntary Income	212,376	48,988
Bank Interest Received	1	
Total incoming resources	212,377	48,988
 RESOURCES EXPENDED		
Charitable Activities		
Donations	64,833	12,247
Wages Expenses	54,401	19,637
Fees and direct support costs	4,016	1,973
Room Hire	7,076	-
Other resources expenses	5,636	901
Total resources expenses	135,962	34,758
 NET INCOMING RESOURCES	76,415	14,230
 TOTAL FUNDS CARRIED FORWARD	96,944	20,529

Feeding Families

Balance Sheet
as at 31 March 2021

	2021	2019
	£	£
Fixed Assets	330	179
Current assets	99,286	25,738
Creditors: Amounts Falling Due Within One Year	(1,832)	(5,028)
NET CURRENT ASSETS	97,454	20,710
TOTAL ASSETS LESS CURRENT LIABILITIES	97,784	20,889
Accruals and deferred income	(840)	(360)
NET ASSETS	96,944	20,529
FUNDS: Unrestricted funds	7,470	20,529
Restricted funds	89,474	-
	96,944	20,529

The financial statements were approved by the Board of Trustees on
signed on its behalf by:

and were



03 Aug 2021

.....
Sarah Ticherou - Trustee

Feeding Families

Notes to the Financial Statements
for the Year Ended 31 March 2021

ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011, and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purpose.

Feeding Families

Detailed Statement of Financial Activities
for the period 01 January 2020 to 31 March 2021

	2021	2019
	£	£
INCOMING RESOURCES		
Voluntary Income		
Donations and fundraising activities	97,190	16,190
Grants	115,186	32,798
Bank Interest Received	1	-
Total Income	212,377	48,988
 RESOURCES EXPENDED		
Charitable Activities		
Food hampers	60,285	7,447
Other costs and charges	4,548	4,800
 Support Costs		
Wages	53,482	19,220
Employers Pension	918	417
Travel Expenses	1,369	-
Room Hire	7,076	-
Insurance	459	551
Office and administration	990	339
Website	672	935
Sundries	744	436
Accountancy Fees	1,872	465
Professional Fees	2,144	-
Computer/software	1,220	148
Bank Charges	35	-
Depreciation	148	-
Total	135,962	34,758
 Net movement in funds	 76,415	 14,230
 Balances brought forward at 01 January	 20,529	 6,299
 Total funds carried forward at 31 December	 96,944	 20,529