

Registered Charity No 1179693

Report of the Trustees and  
Unaudited Financial Statements  
For the year ended 31<sup>st</sup> December 2022  
for  
The Friends of Stour Connect



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## Reference and administrative details

**Registered Charity number:** 1179693

**Trustees serving throughout the period of this report:**

Sue Ashby (Chair)  
Nigel Biggs  
Katie Guy  
Michelle Pratt  
Helen Reed  
Anne Rich

**Trustees appointed during the period of this report:**

George Fuller  
Richard Long  
Kim Riley  
Tim Wilson

**Trustees who resigned during the period of this report:**

Tracy Chick (resigned 1<sup>st</sup> October 2022)  
Andrew Watson (resigned 29<sup>th</sup> July 2022)  
(Sue Ashby resigned on 24<sup>th</sup> April 2023)

**Principal address:**

Friends of Stour Connect  
Stour View Close  
Sturminster Newton  
Dorset  
DT10 1JF

**Independent Examiner:**

Martin Arthur  
Unit 2A, The Courtyard Craft Centre  
Huntick Road  
Lytchett Minster  
Dorset BH16 6JE

## Trustees' Report

### Objectives and Aims

To relieve the social isolation of the elderly, mentally and physically disabled in Sturminster Newton, Gillingham, Shaftesbury, Sherborne and Blandford areas by providing or assisting in the provision of equipment, facilities, activities and services over and above those provided by statutory services, particularly with a view to helping them undertake rewarding activities.

### Significant activities

We have continued to develop a number of projects in consultation with our local community that are designed to alleviate social isolation. These are described in the Achievements and Performance section.

During the reporting year we have expanded our activities to meet the needs of our local communities. We have continued to consult local communities, other charities and local authorities and public services in our area to ensure our activities are focussed on local needs.

### Public benefit

All our activities are for the public benefit and support many sectors of our community. In delivering services we adhere closely to our objectives and aims.

We report public benefit to our supporters, grant makers (in a timely manner), funding bodies and our beneficiaries.

### Constitution and governance

#### **Governing document**

The charity is controlled by its constitution, dated 24th August 2018, and is constituted as a Charitable Incorporated Organisation.

#### **Recruitment and appointment of new trustees**

The existing Trustees recognise the need to have appropriate skills and experience on the trustee board. Therefore they look to improve the make up of the board by adding new members as appropriate. Appointment follows a process whereby potential new trustees are invited to meet the current Trustees to review their suitability to appointment. If necessary references may be taken up and, irrespective of their expected role, all new Trustees are required to undergo checks by the government's Disclosure and Barring Service. On appointment all new trustees are provided with access to an induction pack.

#### **Trustee Board**

During the period of this report the previous Chair, who had been involved since the creation of the Charity, resigned. The remaining Trustees formed a new and larger Trustee Board and engaged more proactively in working to establish improved governance, setting

up the systems required including minuted Trustee meetings held at approximately monthly intervals. These include discussions of all activities and a review of finances.

The Trustees are also developing and promoting a transparent culture that enhances the well-being of those giving time and effort to the work we do. As a charity that values and provides for those in need we are committed to the same duty of care to our staff and volunteers.

Planning ahead, the Trustees aim to introduce an overall Strategic Plan with an annual budgeting process to provide a financial underpinning to the Charity's work. This will be introduced as soon as possible during 2023 and relies on the full implementation of the Charity's accounting system. At the same time the Charity will introduce improved risk management integrated with the Strategic Plan. It is the Trustees' aim to produce a financial model to support a sustainable future for the Charity.

During 2022 the Charity bought a commercial accounting package to improve financial control and provide full accounting records based on accrual accounting principles. The package was fully implemented in early 2023. Sales through the shop and cafe are largely cash based meaning the Charity receives significant sums in notes and coins. New controls have been introduced, including monthly cash counts and reconciliations, to minimise the risk of loss.

The Charity's new Chair, appointed in July 2022, resigned in April 2023.

## Projects and significant activities

### Charitable activities

2022 has been an extremely busy year at Friends of Stour Connect with expansion in the number of groups and activities. The previous Chair – Andy Watson, who set up the Charity about five years ago – resigned at the end of July 2022 after developing its role to offer activities and support to those living in Sturminster Newton and many of the surrounding villages. The charity has expanded in response to need, need that has grown during and following the pandemic and, more recently, because of the cost of living crisis and other social and economic factors. Below is a summary of our projects both within the Stour Connect building and outside in the rural communities of North Dorset.

#### Meals on Wheels

This service continued to grow and grant funding was secured to pay for two drivers, one of whom also assists with meals on wheels administration. The service not only provides regular hot meals to people who might not be able to cook for themselves, but also provides a valuable safeguarding service in that the drivers can report back on any concerns they have about the beneficiaries' circumstances and the relevant organisations can be informed.

### Men's Shed

Men's Shed continues to thrive to the point that more accommodation is needed for everyone to work together. Whilst this has been agreed in principle with the Council who own the building the new arrangements giving more space have yet to be finalised but are hoped to become available the near future at a low cost rent. One of the changes proposed is to provide space equipped for people with disabilities. This project is self-sufficient in funding.

### Lunch Club

The Lunch Club began in February 2022 and provides a lunch for participants served in the Stour Connect café. Participants pay a fixed nominal charge for food and transport to and from the cafe is provided by NordCat. The lunch club runs one day a week and is regularly attended by 15 to 20 elderly people. The Lunch Club offers the opportunity for participants to have a hot meal and convivial company – FoSC are now looking to add an additional day to this service, with pick up in other areas of north Dorset.

### Life is for Living

This group offers support to those with dementia and is ongoing with weekly sessions run by an NHS mental health nurse, with the support of local NHS Social Prescribers. Grant support has been received for this project and numbers are stable. The Trustees consider this is a very useful project, supporting need in north Dorset and are focusing on ensuring that it continues on a sustainable basis.

### Connect to Employment Training

A trustee and her colleague continue to run this group who have just completed 18 months of course work. The Members of this group have undertaken various types of work experience including working on the garden project and volunteering in the Charity shop and the busy café. FoSC offers free courses in both Personal and Social Development, mainly to encourage engagement in community projects, whilst learning how to apply for jobs, write a CV, handle money matters, access public transport and how to tackle problems at work. Training has also been provided in using technology safely, health and safety and first aid. Group members also learn about the importance of communication skills and good customer service skills. The group undertook a teamwork initiative to produce customer surveys for our service users in all areas. A new course is to start in Autumn 2023. Some of the previous cohort are returning to access further courses they have suggested would be of benefit, but also to use their skills to peer tutor the new group dependent on their specialisms.

### Arts Hub

This newly funded initiative started with a six week introduction and pilot for Parkinsons dance sessions which took place from January 2022 with specialist facilitators. It was well received but numbers were small. Grant funding was obtained to allow Parkinsons dance sessions to continue in 2022 and into 2023.

## The Friends of Stour Connect

A partnership with The Dorset History Centre provided a fully-funded three-day project in May to make a film celebrating the Queen's Jubilee. Day Centre users worked with artists to create puppets and Dorset landscapes to make a film given four screenings to participants and public.

The Trustees are convinced of the value of arts based projects in supporting mental health and other issues, particularly for elderly people and would like to continue with such projects and increase their scope and the number of participants.

### Garden Project

This was started with the Connect to Employment group and then stopped temporarily as paths needed to be widened to take wheelchairs. It is hoped to restart this project in 2023, subject to funding, and to develop a sensory garden.

### Community Café

At the heart of FOSC our cafe provides a warm, welcoming, safe social space where the community can meet, eat and enjoy good affordable food and company. It is run by volunteers and staff whose abilities and skills vary, and whilst service is not always perfect, we believe that everyone in our team has something invaluable to offer and should be enabled to reach their potential in a safe and supportive place. In addition to providing drinks and food in the Centre, the café team have provided food as outside caterers to various events, which, as well as providing useful income, also help develop new skills among the staff. Grant funding has been received to enable the cooking area to be modernised and made suitable for use by disabled volunteers and staff. The project is largely self supporting financially and the Charity is looking to expand its opening hours to attract more customers.

### Charity Shop

Until July 2022 this was run by volunteers. However since then the shop has not had an overall named manager but other staff and volunteers have stepped in and the shop has continued to make a useful financial contribution to the charity. Where appropriate items are sold through eBay or Facebook marketplace.

### Building Partnerships

This has been a policy put into place this year to grow the activities and groups using the centre but also to create working relationships with other organisations which are mutually beneficial. Our partnership with the Social Prescribing team (see above) has led to the establishment of two new groups in 2022: a Peer Mental Health Group & Bereavement Group.

A warm safe room was set up as part of the government initiative during autumn 2022 and through the winter of months of 2023, which used the café for all to access to help those worst affected by rising utility prices and the cost of living crisis.



## Financial review

### Finance 2022

Total income for the period was £110,376 (2021: £100,596), and expenditure £112,020 (2021: £98,166). From this the net deficit for the period was £1,644 (2021: surplus £2,430).

### Reserves policy

The Trustees have set a reserves policy which requires sufficient reserves to be retained equivalent to at least three months forward expenditure. The total reserves held at 31<sup>st</sup> December 2022 were £40,642 (2021: £42,286). Average monthly expenditure was £9,250 so the total reserves were equivalent to about four months expenditure.

### Going concern

During the year the Charity received £39,260 (2021 £42,062) of grants for specific services or to support the Charity's objectives in general. The Charity took on three staff during the year and the costs of two of these were covered by grant. However it is largely the appointment of these staff that has resulted in an increase in core costs. Takings from key activities has been broadly consistent with past years and, given that the users of the Charity's main services are generally those members of society most affected by the cost of living crisis, the Charity has a policy of limiting price rises. A combination of these factors, together with a reduction in grant receipts, meant that the Charity's cash reserves were falling from their peak of over £50k in August 2022.

Whilst the Trustees recognise the risks associated with declining cash balances they are reducing expenditure and actively applying for grants to support activities. Free reserves – calculated by deducting the value of fixed assets (£nil in 2022 and 2021) from the unrestricted reserves held at the year-end – were £23,452 at 31 December 2022 (2021: £33,064). The Trustees consider this level of reserves, together with expected level of income, to be sufficient to meet the cost of delivering the charitable objectives for the next twelve months.

### Restatement of 2021 data

The Trustees acknowledge their responsibility for the accuracy and completeness of the data reported in the accounts. However in completing the accounts for 2022 they noted various errors in the data reported in the accounts for 2021. They consider that these errors are material in nature and, in accordance with accounting standards, should be corrected in the 2021 figures in this report. The table below gives details of the changes that have been made to 2021 figures in this report with an explanation of the reasons.

## The Friends of Stour Connect

Errors identified in 2021 accounts		2021 amount as published	2021 amount reported in 2022 accounts
		£	£
Debtors: the Charity issues invoices for services which are paid at a later date. The value of unpaid invoices was not recognised in the 2021 accounts	current assets: debtors	-	4,909
	Income	(28,240)	(33,149)
Creditors: similarly the cost of invoiced purchases matching the above were not recognised in the 2021 accounts	current liabilities: accruals	(1,357)	(4,068)
	expenditure	25,665	28,376
Restricted income: a grant to be paid in three annual instalments was recognised as income in full in 2020 whereas grant expected in subsequent years did not meet the accounting policy for income recognition	Restricted funds: brought forward balance	(14,832)	(1,162)
	Current assets: accrued income	13,670	-
A grant for an arts project in August 2021 was not recognised even though the project was completed in full and so entitlement to grant was demonstrated	Current assets: accrued income	-	1,000
	Restricted funds: brought forward balance	-	(1,000)
Various grants received in 2021 were not recognised as restricted whereas grant conditions required recognition as restricted	Income: restricted grants	-	5,611
	Expenditure associated with restricted grants not previously recognised	-	(4,400)
	Restricted funds: movement in year	-	(1,211)

### Donations and Grants

The Charity has received various grants and donations during the year. The Trustees would like to put on record their thanks to the grant givers and donors, many of whom prefer to remain anonymous. However we are particularly grateful to Dorset Council, Dorset Community Council and the Masonic Foundation for their financial assistance.

### Approval

Approved by order of the Trustees on 30<sup>th</sup> October 2023

Richard Long FCMA  
Trustee

Kim Riley  
Trustee

## Independent Examiner's Report to the Trustees of the Friends of Stour Connect

### **Independent Examiner's Report to the Trustees of the Friends of Stour Connect**

I report to the charity trustees on my examination of the accounts of Friends of Stour Connect (the Charity) for the year ended 31<sup>st</sup> December 2022.

### **Responsibilities and basis of report**

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which attention should be drawn to enable a proper understanding of the accounts to be reached.

Martin Arthur

FMAAT, FFA, FIPA, FFTA, MIH, ACIE

23<sup>rd</sup> October 2023

## Financial Statements and Notes to the Accounts

### Statement of Financial Activities for the year ended 31 December 2022

Statement of financial activities					
Categories by activity	Note	2022			2021
		Unrestricted funds	Restricted income funds	Total funds	Funds restated
		£	£	£	£
<b>Incoming resources</b>					
<b>Income and endowments from:</b>					
Donations, legacies and grants	3	14,803	32,020	46,823	46,005
Charitable activities	3	63,553	-	63,553	54,591
Other trading activities	3	-	-	-	-
<b>Total</b>		<b>78,356</b>	<b>32,020</b>	<b>110,376</b>	<b>100,596</b>
<b>Resources expended</b>					
<b>Expenditure on:</b>					
Raising funds	5	2,577	-	2,577	1,070
Charitable activities	5	85,392	24,050	109,442	97,095
<b>Total</b>		<b>87,969</b>	<b>24,050</b>	<b>112,020</b>	<b>98,166</b>
<b>Net income/(expenditure) before investment gains/(losses)</b>		(9,613)	7,970	(1,644)	2,430
<b>Net income/(expenditure)</b>		(9,613)	7,970	(1,644)	2,430
<b>Net movement in funds</b>		(9,613)	7,970	(1,644)	2,430
<b>Reconciliation of funds:</b>					
Total funds brought forward		33,064	9,222	42,286	39,855
<b>Total funds carried forward</b>		<b>23,451</b>	<b>17,192</b>	<b>40,642</b>	<b>42,286</b>

# Balance Sheet at 31 December 2022

Balance sheet					
	Note	Unrestricted funds	Restricted income funds	Total 2022	Total 2021 restated
		£	£	£	£
<b>Current assets</b>					
Debtors	8	5,834	1,000	6,834	6,143
Cash at bank and in hand	9	24,762	16,192	40,954	40,211
<b>Total current assets</b>		30,596	17,192	47,788	46,354
<b>Creditors: amounts falling due within one year</b>	10	7,145	-	7,145	4,068
<b>Net current assets/(liabilities)</b>		23,451	17,192	40,643	42,286
<b>Total assets less current liabilities</b>		23,451	17,192	40,643	42,286
<b>Total net assets/(liabilities)</b>		23,451	17,192	40,643	42,286
<b>Funds of the Charity</b>					
Restricted income funds	11	-	17,192	17,192	9,222
Unrestricted funds	11	23,450	-	23,450	33,064
<b>Total funds</b>		23,450	17,192	40,642	42,286

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the Statement of Recommended Practice (FRS 102) for Charities.

These financial statements were approved by the Board of Trustees and authorised for issue on 30<sup>th</sup> October 2023 and were signed on its behalf by:

Richard Long FCMA  
Trustee

Kim Riley  
Trustee

Notes to the Financial Statements for  
the year ended 31 December 2022

1. Legal Form

- 1.1 Friends of Stour Connect is a registered Charity limited by guarantee.

2. Accounting Policies

- 2.1 Basis of preparing the financial statements.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Friends of Stour Connect meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

- 2.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. It is the opinion of the Trustees that the level of reserves, expected levels of income and expenditure and plans in place means that it remains appropriate to use the going concern basis.

- 2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under gift aid or deeds of covenant is recognised at the time of the donation.

Fees receivable and charges for service are recognised in the period in which the service has been provided.

## 2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on an assessment of the time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

## 2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition are included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives. Depreciation is charged from the month after acquisition.

Depreciation is provided on the following basis:

Leasehold buildings	Straight line over 10 years (10% on cost less residual value)
Fixtures and fittings	Straight line over 5 years (20% on cost less residual value)
Computer equipment	Straight line over 3 years (33% on cost less residual value)

## 2.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

## 2.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

## 2.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

## 2.9 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

## 2.10 Finance leases and hire purchase

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible fixed assets. Assets acquired by finance lease are depreciated over the shorter of the lease term and their useful lives. Assets acquired by hire purchase are depreciated over their useful lives. Finance leases are those where substantially all of the benefits and risks of ownership are assumed by the Charity. Obligations under such agreements are included in creditors, net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the Statement of financial activities so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

## 2.11 Operating leases

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the lease term.



## 2.12 Pensions

The Charity is not currently required to operate a pension scheme, but would introduce one if asked to do so by employees.

## 2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated by the Trustees for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds, if material and unless specifically excluded by donors, are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

<b>Note 3 Analysis of income</b>					
<b>Analysis</b>		<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>2022 Total funds £</b>	<b>2021 restated £</b>
<b>Donations</b>	Donations and gifts	1,249	-	1,249	1
	Gift Aid	-	-	-	-
	Grants	7,240	32,020	39,260	42,062
	Donated goods, facilities and services	6,314	-	6,314	3,943
	Other	-	-	-	-
	<b>Total</b>	<b>14,803</b>	<b>32,020</b>	<b>46,823</b>	<b>46,005</b>
<b>Charitable activities:</b>	Meals on Wheels	34,092	-	34,092	33,149
	Community café	23,533	-	23,533	10,709
	Men's shed	2,811	-	2,811	2,525
	Other projects	3,118	-	3,118	8,208
	<b>Total</b>	<b>63,553</b>	<b>-</b>	<b>63,553</b>	<b>54,591</b>
<b>Total income</b>		<b>78,356</b>	<b>32,020</b>	<b>110,376</b>	<b>100,596</b>

<b>Note 4 Donated goods, facilities and services</b>		
	<b>2022 £</b>	<b>2021 restated £</b>
<b>Seconded staff</b>	-	-
<b>Use of property</b>	-	-
<b>Goods</b>	6,314	3,943
	<b>6,314</b>	<b>3,943</b>

# The Friends of Stour Connect

<b>Note 5 Analysis of expenditure</b>						
	<b>2022</b>			<b>2021 restated</b>		
	<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>Total funds</b>	<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>Total funds</b>
<b>Analysis</b>						
<b>Expenditure on raising funds:</b>			<b>£</b>			<b>£</b>
Operating charity shops	1,216	-	1,216	1,070	-	1,070
Advertising, marketing, direct mail and publicity	1,361	-	1,361	-	-	-
<b>Total expenditure on raising funds</b>	<b>2,577</b>	<b>-</b>	<b>2,577</b>	<b>1,070</b>	<b>-</b>	<b>1,070</b>
<b>Expenditure on charitable activities:</b>						
Meals on Wheels	56,572	5,000	61,572	40,612	2,400	43,012
Community Café	13,690	9,560	23,250	15,047	-	15,047
Men's Shed	2,847	1,463	4,310	1,626	4,164	5,790
Connect to Employment	(532)	1,393	861	1,378	3,531	4,909
Life is for Living	9,825	2,000	11,825	5,837	1,664	7,501
Parkinson's Dance	(1,052)	1,460	408	818	2,000	2,818
Other projects	4,041	3,174	7,215	18,019	-	18,019
<b>Total expenditure on charitable activities</b>	<b>85,392</b>	<b>24,050</b>	<b>109,442</b>	<b>83,336</b>	<b>13,759</b>	<b>97,095</b>
<b>Total expenditure</b>	<b>87,969</b>	<b>24,050</b>	<b>112,020</b>	<b>84,407</b>	<b>13,759</b>	<b>98,166</b>

<b>Note 6 Details of certain items of expenditure</b>		
<b>Fees for examination of the accounts</b>		
	<b>2022 £</b>	<b>2021 £</b>
<b>Independent examiner's fees</b>	1,319	1,357
<b>Other fees paid to the independent examiner</b>	-	-

The fee shown for 2022 includes a late charge for 2021, notified by the examiners too late to accrue into the 2021 accounts.

<b>Note 7 Paid employees</b>		
<b>Staff Costs</b>		
	<b>2022 £</b>	<b>2021 £</b>
<b>Salaries and wages</b>	26,837	3,722
<b>Social security costs</b>	-	-
<b>Pension costs (defined contribution scheme)</b>	-	-
<b>Other employee benefits</b>	-	-
<b>Total staff costs</b>	<b>26,837</b>	<b>3,722</b>

The Friends of Stour Connect

Average head count in the year		2022 Number	2021 Number
The parts of the charity in which the employees work	Fundraising	-	-
	Charitable Activities	3	-
	Support services	2	1
	<b>Total</b>	<b>5</b>	<b>1</b>

Note 8 Debtors and prepayments		
8.1 Analysis of debtors	2022 £	2021 restated £
Trade debtors	5,302	4,909
Prepayments and accrued income	1,532	1,234
<b>Total</b>	<b>6,834</b>	<b>6,143</b>
8.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)		
	2022 £	2021 restated £
Trade debtors	-	-
Prepayments and accrued income	44	120
Other debtors	-	-
<b>Total</b>	<b>44</b>	<b>120</b>

Note 9 Cash at bank and in hand		
	2022 £	2021 £
Cash at bank	40,078	38,477
Cash on hand	876	1,734
<b>Total</b>	<b>40,954</b>	<b>40,211</b>

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<b>Note 10 Creditors and accruals</b>				
<b>Analysis of creditors</b>				
	<b>Amounts falling due within one year</b>		<b>Amounts falling due after more than one year</b>	
	<b>2022</b>	<b>2021 restated</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Trade creditors</b>	1,260	-	-	-
<b>Payments received on account for contracts or performance-related grants</b>	-	-	-	-
<b>Accruals and deferred income</b>	5,469	4,068	-	-
<b>Taxation and social security</b>	27	-	-	-
<b>Other creditors</b>	388	-	-	-
<b>Total</b>	<b>7,145</b>	<b>4,068</b>	<b>-</b>	<b>-</b>

<b>Note 11 Charity funds</b>						
<b>11.1 Details of material funds held and movements 2022</b>						
<b>Fund names</b>	<b>PE/EE/R or UR *</b>	<b>Purpose and Restrictions</b>	<b>Fund balances brought forward restated</b>	<b>Income</b>	<b>Expenditure</b>	<b>Fund balances carried forward</b>
			<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Life is for Living	R	Grants were received to enable a contractor to run the Life is for Living (dementia project).	-	2,000	(2,000)	-
Men's Shed	R	Grants were received to support purchase of materials and equipment for the Men's shed	1,463	-	(1,463)	(0)
Connect to Employment	R	Various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	6,548	2,000	(1,393)	7,155
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new	1,211	3,000	-	4,211
Meals on wheels	R	A grant to enable two part time staff to be employed, one as a driver and the other general support for meals on wheels	-	5,000	(5,000)	-
Café Extended hours	R	A grant to enable the Charity to extend the opening hours of the café by employing two part time staff	-	9,560	(9,560)	-
Lunch club support	R	A grant to cover transport and other costs for those attending the weekly lunch club	-	5,000	(3,174)	1,826
Young people & carers	R	A grant to enable the Charity to run a programme of activities to support young people and their carers	-	4,000	-	4,000
Art and drama	R	A grant to run 'Parkinsons dance' events	-	1,460	(1,460)	-
<b>Total Restricted Funds</b>	<b>R</b>		<b>9,222</b>	<b>32,020</b>	<b>(24,050)</b>	<b>17,192</b>
<b>General Fund</b>	<b>UR</b>		<b>33,064</b>	<b>78,356</b>	<b>(87,969)</b>	<b>23,451</b>

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11.2 Details of material funds held and movements during 2021 - restated						
Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward restated	Income restated	Expenditure restated	Fund balances carried forward restated
			£	£	£	£
Life is for Living	R	Grants, previously recorded as 'Sturquest', were received to enable a contractor to run the Life is for Living (dementia project).	1,664	-	(1,664)	-
Men's Shed	R	Grants were received to support purchase of materials and equipment for the Men's shed	1,612	4,015	(4,164)	1,463
Connect to Employment	R	Connect to Employment – various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	1,162	8,917	(3,531)	6,548
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new equipment	-	1,211	-	1,211
Meals on wheels	R	A grant to enable two part time staff to be employed, one as a driver and the other general support for meals on wheels	-	2,400	(2,400)	-
Art and drama	R	A grant to run a summer arts workshop	-	2,000	(2,000)	-
<b>Total Restricted Funds</b>			<b>4,438</b>	<b>18,543</b>	<b>(13,759)</b>	<b>9,222</b>
General Fund	UR		35,417	82,053	(84,407)	33,064
<b>Other funds</b>	<b>N/a</b>	<b>N/a</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total Funds</b>			<b>39,855</b>	<b>100,596</b>	<b>(98,166)</b>	<b>42,286</b>
* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and UR - unrestricted funds						

### Note 12 Trustees' remuneration and benefits

During the year ended 31<sup>st</sup> December 2022 one trustee was remunerated £5,287 (2021: £3,380) for self-employed services provided.

During the year ended 31<sup>st</sup> December 2022 the trustees were reimbursed £1,192 (2021: £1,561) for out of pocket expenses.