

COMMUNITY CONNECTIONS

England & Wales · Charity number 1179693

Details

Other names FRIENDS OF STOUR CONNECT

Status Registered

Legal form CIO

Registered 2018-08-28

Register [View on the Charity Commission register](#)

Contact

Address Stour Connect
Stour View Close
Sturminster Newton
Dorset
DT10 1JF

Phone 01258 471359

Email admin@communityconnections.online

Website friendsofstourconnect.org

Activities

Objects: THE OBJECTIVES OF THE CIO ARE: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT IN THE AREAS OF STURMINSTER, NEWTON, GILLINGHAM, SHAFTESBURY, SHERBORNE AND BLANDFORD AND THE SURROUNDING AREAS BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY BY ASSISTING IN THE PROVISION OF EQUIPMENT, FACILITIES, ACTIVITIES AND SERVICES OVER AND ABOVE THOSE PROVIDED BY THE STATUTORY AUTHORITIES. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF BEING ELDERLY OR DISABLED (EITHER WITH A LEARNING DISABILITY OR A PHYSICAL DISABILITY).

Activities: To promote social inclusion for the public benefit in the areas of Sturminster Newton, Gillingham, Shaftesbury, Sherborne and Blandford, and surrounding villages by preventing people from becoming socially isolated. Our projects include Stour-Shed, a member of Mens Shed UK, hot lunch delivery service, adapted sporting facilities. Lunch Clubs. Transport to medical appointments etc.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** IN THE AREAS OF STURMINSTER, NEWTON, GILLINGHAM, SHAFTESBURY, SHERBORNE AND BLANDFORD AND THE SURROUNDING AREAS
- Dorset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£174,154	£161,907	-	-
2023-12-31	£88,429	£113,724	-	-
2022-12-31	£110,376	£111,151	-	-
2021-12-31	£94,687	£95,453	-	-
2020-12-31	£98,000	£65,000	-	-
2019-12-31	£35,541	£22,187	-	-

Trustees

Name	Role	Appointed
Anne Rich		2020-02-28
Elizabeth Jane King		2025-09-01
Gerald Rose		2023-09-26
Helen Eileen Reed		2021-11-05
Kim Martin Riley		2022-08-05
Nigel Paul Biggs		2022-08-05
Timothy Wilson		2022-08-05

COMMUNITY CONNECTIONS

England & Wales - Charity number 1179693

Accounts

Registered Charity No 1179693

Report of the Trustees and
Unaudited Financial Statements
For the year ended 31st December 2023
for
The Friends of Stour Connect

The Friends of Stour Connect

The Friends of Stour Connect

Contents

Reference and administrative details	4
Trustees' Report.....	5
Objectives and Aims.....	5
Significant activities.....	5
Public benefit	5
Constitution and governance.....	5
Projects and significant activities.....	6
Financial review.....	8
Finance 2023	8
Reserves policy.....	8
Going concern	8
Donations and Grants	8
Approval	9
Independent Examiner's Report to the Trustees of the Friends of Stour Connect.....	10
Financial Statements and Notes to the Accounts.....	11
Statement of Financial Activities for the year ended 31 December 2023.....	11
Balance Sheet at 31 December 2023	12
Notes to the Financial Statements for the year ended 31 December 2023.....	13

Reference and administrative details

Registered Charity number: 1179693

Trustees serving throughout the period of this report:

Kim Riley (Chair)
Anne Rich
George Fuller
Helen Reed
Michelle Pratt
Nigel Biggs
Richard Long
Tim Wilson

Trustees appointed during the period of this report:

Joe Rose (appointed 26th September 2023)

Trustees who resigned during the period of this report:

Sue Ashby (resigned 24th April 2023)
Katie Guy (resigned 5th December 2023)

Principal address:

Friends of Stour Connect
Stour View Close
Sturminster Newton
Dorset
DT10 1JF

Independent Examiner:

Martin Arthur
Unit 2A, The Courtyard Craft Centre
Huntick Road
Lytchett Minster
Dorset BH16 6BA

Trustees' Report

Objectives and Aims

To relieve the social isolation of the elderly, mentally and physically disabled in Sturminster Newton, Gillingham, Shaftesbury, Sherborne and Blandford areas by providing or assisting in the provision of equipment, facilities, activities and services over and above those provided by statutory services, particularly with a view to helping them undertake rewarding activities.

Significant activities

The Charity has continued to develop a number of projects in consultation with the local community that are designed to alleviate social isolation. These are described in the Achievements and Performance section.

During the reporting year we have aimed to concentrate our activities on those that best meet the needs of our local communities. We have continued to consult local communities, other charities and local authorities and public services in our area to ensure our activities are focussed on local needs.

Public benefit

All our activities are for the public benefit and support many sectors of our community. In delivering services we adhere closely to our objectives and aims.

We report public benefit to our supporters, funding bodies (in a timely manner) and our beneficiaries.

Constitution and governance

Governing document

The charity is controlled by its constitution, dated 24th August 2018, and is constituted as a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

The existing Trustees recognise the need to have appropriate skills and experience on the trustee board. Therefore they look to improve the make up of the board by adding new members as appropriate. Appointment follows a process whereby potential new trustees are invited to meet the current Trustees to review their suitability to appointment. If necessary references may be taken up and, irrespective of their expected role, all new Trustees are required to undergo checks by the government's Disclosure and Barring Service. All new trustees are appointed following a resolution of the Trustees.

Trustee Board

During the period of this report two trustees resigned, including the then Chair, and one was recruited. The Trustees appointed Kim Riley as Chair at the Annual General Meeting on 30th October 2023 and Joe Rose was added as a trustee. Eight Trustee Board meetings have been

The Friends of Stour Connect

held during the year including a facilitated meeting in November which concentrated on strategy.

Our aim is to reduce social isolation and provide opportunities for people to come together in a supportive and welcoming environment. At the November meeting the Trustees agreed to change the name of the charity to better reflect this aim, the activities of the charity and its role in the community.

The name agreed is 'Community Connections' but difficulties have been experienced in confirming this change with the Charity Commission. The Trustees also agreed to adopt new objectives as follows:

“Community Connections works to strengthen and build bonds with the local community by providing opportunities and facilities to improve people's quality of life and overcome barriers.”

Our aim is to reduce social isolation and provide opportunities for people to come together in a supportive and welcoming environment.”

The new objectives were included in a revised constitution adopted by the Trustees at a meeting on 5th March 2024.

The Trustees are also developing and promoting a transparent culture that enhances the well-being of those giving time and effort to the work we do. As a charity that values and provides for those in need we are committed to the same duty of care to our staff and volunteers.

Planning ahead, the Trustees aim to introduce an overall Strategic Plan with an annual budgeting process to provide a financial underpinning to the Charity's work. This will be introduced as soon as possible during 2024. The Charity will introduce improved risk management integrated with the Strategic Plan. It is the Trustees' aim to produce a financial model to support a sustainable future for the Charity.

Projects and significant activities

Charitable activities

2023 has been an extremely busy year at Friends of Stour Connect maintaining the services and activities offered. Below is a summary of our projects both within the Stour Connect building and outside in the rural communities of North Dorset.

Meals on Wheels

This service has maintained service levels and not only provides regular hot meals to people who might not be able to cook for themselves, but also provides a valuable safeguarding service in that the drivers can report back on any concerns they have about the beneficiaries' circumstances and the relevant organisations can be informed.

The Friends of Stour Connect

Men's Shed

The Men's Shed continues to thrive to the point that more accommodation is needed for everyone to work together. At the end of 2023 we were offered an agreement to take over three open garages alongside the current premises. The agreement also includes female and male toilets with facilities also for disabled people, including those in wheelchairs, and a large room with kitchen facilities. The Charity is now developing a project to cover the development of the new premises including necessary fit out costs and new tools and equipment. This will require grant funding and the Charity is currently looking for suitable donors. Once funding is secure we will also look to increase the number of members to ensure the best use is made of the new facilities.

Lunch Club

The Lunch Club began in February 2022 and provides a lunch for participants served in the Stour Connect café. Participants pay a fixed charge for food and transport to and from the cafe is provided by NordCat. The lunch club runs one day a week and is regularly attended by 15 to 20 elderly people. The Lunch Club offers the opportunity for participants to have a hot meal and convivial company. Subject to the availability of finance FoSC will introduce an additional day to this service starting in spring 2024, which will pick up in other areas of north Dorset.

Life is for Living

This group offers support to those with dementia and is ongoing with weekly sessions run by an NHS mental health nurse, with the support of local NHS Social Prescribers. Previously grant support had been received for this project but once this had been utilised the service had to be wound back. The Trustees consider this is a very useful project, supporting need in north Dorset and are focusing on ensuring that costs are matched with available funding so it can be reestablished on a sustainable basis.

Connect to Employment Training

This project has been in abeyance during 2023 but is hoped to be re-established during 2024.

Community Café

At the heart of FOOSC our cafe provides a warm, welcoming, safe social space where the community can meet, eat and enjoy good affordable food and company. It is run by volunteers and staff whose abilities and skills vary, and we believe that everyone in our team has something invaluable to offer and should be enabled to reach their potential in a safe and supportive place. In addition to providing drinks and food in the Centre, the café team have provided food as outside caterers to various events, which, as well as providing useful income, also help develop new skills among the staff. Grant funding has been received to enable the cooking area to be modernised and made suitable for use by disabled volunteers and staff. The café is largely self supporting financially and the Charity is looking to expand its opening hours to attract more customers.

Charity Shop

The shop continues to make a useful financial contribution and offers opportunities for the volunteers who run the shop to support the Charity . FoSC sells items – mainly clothes, kitchen items and bric a brac – donated by well-wishers. The charity does not buy in items for onward sale. Where appropriate items are sold through eBay or Facebook marketplace.

Financial review

Finance 2023

Total income for the period was £88,429 (2022: £110,376), and expenditure £113,724 (2022: £112,020). From this the deficit for the period was £25,295 (2021: deficit £1,644).

Reserves policy

The Trustees have set a reserves policy which requires sufficient reserves to be retained equivalent to at least three months forward expenditure. The total reserves held at 31st December 2023 were £15,347 (2022: £40,642). Average monthly expenditure was £9,450 so the total reserves were equivalent to about 1½ months expenditure.

Going concern

During the year the Charity received £16,986 (2022 £39,260) of grants for specific services or to support the Charity's objectives in general. This significant drop in grant income compared to 2022 was largely because we were unsuccessful with an application for a large grant which by itself would have filled the gap. The Charity has continued to apply for grants and has confirmation of four successful applications in early 2024, which will bring in £15,500 by the end of April 2024. Bearing in mind the unpredictability of grant income the Trustees have also reviewed the Charity's business model and, from January 2024, have applied new prices, at a level thought affordable and appropriate for users, and examined all costs making reductions where possible. The Trustees are aware that the significant reduction in reserves and cash balances which occurred in 2023 cannot be repeated and have adopted improved financial controls and governance to manage financial risks.

As stated above reserves at 31 December 2023 were £15,347. The Trustees consider this level of reserves, together with the additional grant income confirmed in the first four months of 2024 and the impact of price increases and cost reductions, to be sufficient to meet the cost of delivering the charitable objectives for the next twelve months and that the Charity is therefore a going concern.

Donations and Grants

The Charity has received various grants and donations during the year. The Trustees would like to put on record their thanks to the grant givers and donors, many of whom prefer to remain anonymous. However we are particularly grateful to Dorset Council, Dorset Community Foundation and the Masonic Foundation for their financial assistance.

The Friends of Stour Connect

Approval

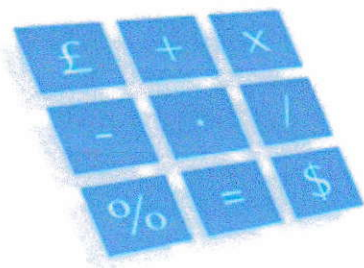
Approved by order of the Trustees on 7th June 2024



Richard Long FCMA
Trustee



Kim Riley
Trustee



Martin Arthur

Unit 2A, The Courtyard Craft Centre, Huntick Road,
Lytchett Minster, Poole, Dorset, BH16 6BA

Telephone: 01202 621622 Fax: 01202 621488

Independent Examiner's Report to the Trustees of Friends of Stour Connect

Independent examiner's report to the trustees of Friends of Stour Connect

I report to the charity trustees on my examination of the accounts of the Friends of Stour Connect (Charity) for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Martin Arthur
FMAAT, FFA, FIPA, FFTA, MIH, ACIE.
4th May 2024



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Owner: Martin Arthur FMAAT, FFA, FIPA, FFTA, MIH, ACIE

The Friends of Stour Connect

Financial Statements and Notes to the Accounts

Statement of Financial Activities for
the year ended 31 December 2023

Statement of financial activities							
Categories by activity	Note	2023			2022		
		Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
		£	£	£	£	£	£
Incoming resources							
Income and endowments from:							
Donations and legacies	2	20,905	5,986	26,891	14,803	32,020	46,823
Charitable activities	2	61,538		61,538	63,553	-	63,553
Other trading activities		-	-	-	-	-	-
Total		82,443	5,986	88,429	78,356	32,020	110,376
Resources expended							
Expenditure on:							
Raising funds	4	917	-	917	2,577	-	2,577
Charitable activities	4	99,402	13,405	112,807	85,392	24,050	109,442
Total		100,319	13,405	113,724	87,969	24,050	112,020
Net income/(expenditure) before investment gains/(losses)		(17,876)	(7,419)	(25,295)	(9,613)	7,970	(1,644)
Net gains/(losses) on investments							
Net income/(expenditure)		(17,876)	(7,419)	(25,295)	(9,613)	7,970	(1,644)
Other items							
Transfers between funds		1,209	(1,209)	-	-	-	-
Net movement in funds		(16,667)	(8,628)	(25,295)	(9,613)	7,970	(1,644)
Reconciliation of funds:							
Total funds brought forward		23,450	17,192	40,642	33,064	9,222	42,286
Total funds carried forward		6,783	8,564	15,347	23,451	17,192	40,642

The Friends of Stour Connect

Balance Sheet at 31 December 2023

Balance sheet							
	Note	Unrestricted funds	Restricted income funds	Total 2023	Unrestricted funds	Restricted income funds	Total 2022
		£	£	£	£	£	£
Fixed assets							
Intangible assets		-	-	-	-	-	-
Tangible assets	8	5,714	-	5,714	-	-	-
Total fixed assets		5,714	-	5,714	-	-	-
Current assets							
Debtors	9	5,380	-	5,380	5,834	1,000	6,834
Cash at bank and in hand	10	5,699	8,564	14,263	24,762	16,192	40,954
Total current assets		11,079	8,564	19,643	30,596	17,192	47,788
Creditors: amounts falling due within one year	11	10,010	-	10,010	7,146	-	7,146
Net current assets/(liabilities)		1,069	8,564	9,633	23,450	17,192	40,642
Total assets less current liabilities		6,783	8,564	15,347	23,450	17,192	40,642
Total net assets/(liabilities)		6,783	8,564	15,347	23,450	17,192	40,642
Funds of the Charity							
Restricted income funds	12	-	8,564	8,564	-	17,192	17,192
Unrestricted funds	12	6,783	-	6,783	23,450	-	23,450
Total funds		6,783	8,564	15,347	23,450	17,192	40,642

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the Statement of Recommended Practice (FRS 102) for Charities.

These financial statements were approved by the Board of Trustees and authorised for issue on 7th June 2024 and were signed on its behalf by:



Richard Long FCMA
Trustee



Kim Riley
Trustee

The Friends of Stour Connect

Notes to the Financial Statements for the year ended 31 December 2023

1. Legal Form

1.1 Friends of Stour Connect is a registered Charitable Incorporated Organisation.

2. Accounting Policies

2.1 Basis of preparing the financial statements.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Friends of Stour Connect meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. It is the opinion of the Trustees that the level of reserves, expected levels of income and expenditure and plans in place means that it remains appropriate to use the going concern basis.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under gift aid or deeds of covenant is recognised at the time of the donation.

Fees receivable and charges for service are recognised in the period in which the service has been provided.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on an assessment of the time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition are included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives. Depreciation is charged from the month after acquisition.

Depreciation is provided on the following basis:

Leasehold buildings	Straight line over 10 years (10% on cost less residual value)
Fixtures and fittings	Straight line over 5 years (20% on cost less residual value)
Computer equipment	Straight line over 3 years (33% on cost less residual value)

2.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

2.9 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.10 Finance leases and hire purchase

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible fixed assets. Assets acquired by finance lease are depreciated over the shorter of the lease term and their useful lives. Assets acquired by hire purchase are depreciated over their useful lives. Finance leases are those where substantially all of the benefits and risks of ownership are assumed by the Charity. Obligations under such agreements are included in creditors, net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the Statement of financial activities so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

2.11 Operating leases

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the lease term.

The Friends of Stour Connect

2.12 Pensions

The Charity is not currently required to operate a pension scheme, but would introduce one if asked to do so by employees.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated by the Trustees for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds, if material and unless specifically excluded by donors, are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Note 3		Analysis of income					
Analysis		Unrestricted funds	Restricted income funds	2023 Total funds	Unrestricted funds	Restricted income funds	2022 Total funds £
Donations	Donations and gifts	4,845	-	4,845	1,249	-	1,249
	Gift Aid	10	-	10	-	-	-
	Grants	11,000	5,986	16,986	7,240	32,020	39,260
	Donated goods, facilities and services	5,050	-	5,050	6,314	-	6,314
	Other	-	-	-	-	-	-
	Total	20,905	5,986	26,891	14,803	32,020	46,823
Charitable activities:	Meals on Wheels	26,995	-	26,995	34,092	-	34,092
	Community café	23,736	-	23,736	23,533	-	23,533
	Men's shed	2,516	-	2,516	2,811	-	2,811
	Other projects	8,291	-	8,291	3,118	-	3,118
		Total	61,538	-	61,538	63,553	-
Total income		82,443	5,986	88,429	78,356	32,020	110,376

Note 4		Donated goods, facilities and services	
		2023 £	2022 £
Seconded staff		-	-
Use of property		-	-
Goods		5,050	6,314
Total donations		5,050	6,314

The Friends of Stour Connect

Note 5 Analysis of expenditure						
Analysis	2023			2022		
	Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
	£			£		
Expenditure on raising funds:						
Operating charity shops	682	-	682	1,216	-	1,216
Advertising, marketing, direct mail and publicity	235	-	235	1,361	-	1,361
Total expenditure on raising funds	917	-	917	2,577	-	2,577
Expenditure on charitable activities:						
Meals on Wheels	52,345	-	52,345	56,572	5,000	61,572
Community Café	25,378	8,197	33,575	13,690	9,560	23,250
Men's Shed	1,236	-	1,236	2,847	1,463	4,310
Connect to Employment	(498)	591	93	(532)	1,393	861
Life is for Living	12,990	-	12,990	9,825	2,000	11,825
Parkinson's Dance	-	-	-	(1,052)	1,460	408
Other projects	7,951	4,617	12,568	4,041	3,174	7,215
Total expenditure on charitable activities	99,402	13,405	112,807	85,392	24,050	109,442
Total expenditure	100,319	13,405	113,724	87,969	24,050	112,020

Note 6 Details of certain items of expenditure		
Fees for examination of the accounts		
	2023	2022
	£	£
Independent examiner's fees	840	1,319
Other fees paid to the independent examiner	-	-

Note 7 Paid employees		
Staff Costs		
	2023	2022
	£	£
Salaries and wages	29,975	26,837
Social security costs	12	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
Total staff costs	29,987	26,837

Average head count in the year		
	2023	2022
	Number	Number
The parts of the charity in which the employees work		
Fundraising		-
Charitable Activities	3	3
Support services	1	2
Total	4	5

The Friends of Stour Connect

Note 8 Tangible fixed assets			
8.1 Cost or valuation			
	Leasehold buildings	Fixtures, fittings and equipment	Total
	£	£	£
At the beginning of the year	-	-	-
Additions	1,860	4,501	6,361
Revaluations	-	-	-
Disposals	-	-	-
Transfers	-	-	-
At end of the year	1,860	4,501	6,361
8.2 Depreciation and impairments			
	Basis	Straight line	
	Rate	10 yrs	5 yrs
At beginning of the year	-	-	-
Disposals	-	-	-
Depreciation	113	534	647
Impairment	-	-	-
Transfers	-	-	-
At end of the year	113	534	647
8.3 Net book value			
Net book value at the beginning of the year	-	-	-
Net book value at the end of the year	1,747	3,967	5,714

Note 9 Debtors and prepayments		
9.1 Analysis of debtors		
	2023	2022
	£	£
Trade debtors	3,422	5,302
Prepayments and accrued income	1,958	1,532
Total	5,380	6,834
9.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)		
	2023	2022
	£	£
Trade debtors	-	-
Prepayments and accrued income	-	44
Total	-	44

The Friends of Stour Connect

Note 10 Cash at bank and in hand		
	2023 £	2022 £
Cash at bank	12,829	40,078
Cash on hand	1,434	876
Total	14,263	40,954

Note 11 Creditors and accruals				
Analysis of creditors	Amounts falling due within one year		Amounts falling due after more than one year	
	2023 £	2022 £	2023 £	2022 £
	Trade creditors	5,314	1,260	-
related grants	-	-	-	-
Accruals and deferred income	4,603	5,470	-	-
Taxation and social security	93	27	-	-
Other creditors	-	388	-	-
Total	10,010	7,146	-	-

Note 12 Charity funds							
12.1 Details of material funds held and movements				2023			
Fund names	PE/EE/ R or UR *	Purpose and Restrictions	Fund balances brought forward restated £	Income £	Expenditure £	Transfers £	Fund balances carried forward £
Connect to Employment	R	Various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	7,155	-	(591)	-	6,564
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new equipment	4,211	3,250	(5,461)	-	2,000
Café Extended hours	R	A grant to enable the Charity to maintain extended opening hours of the café by employing two part time staff	-	2,736	(2,736)	-	-
Lunch club support	R	A grant to cover transport and other costs for those attending the weekly lunch club	1,826	-	(1,826)	-	-
Young people & carers	R	A grant to enable the Charity to run activities to support young people and their carers.	4,000	-	(2,791)	(1,209)	-
Total Restricted Funds	R		17,192	5,986	(13,405)	(1,209)	8,564
General Fund	UR		23,450	82,443	(100,319)	1,209	6,783
Total Funds			40,642	88,429	(113,724)	-	15,347

* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and UR - unrestricted funds

The Friends of Stour Connect

12.2 Details of material funds held and movements during 2022						
Fund names	PE/EE/R or UR *	Purpose and Restrictions	Fund balances brought forward	Income	Expenditure	Fund balances carried forward
			£	£	£	£
Life is for Living	R	Grants were received to enable a contractor to run the Life is for Living (dementia project).	-	2,000	(2,000)	-
Men's Shed	R	Grants were received to support purchase of materials and equipment for the Men's shed	1,463	-	(1,463)	-
Connect to Employment	R	Various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	6,548	2,000	(1,393)	7,155
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new equipment	1,211	3,000	-	4,211
Meals on wheels	R	A grant to enable two part time staff to be employed, one as a driver and the other general support for meals on wheels	-	5,000	(5,000)	-
Café Extended hours	R	A grant to enable the Charity to extend the opening hours of the café by employing two part time staff	-	9,560	(9,560)	-
Lunch club support	R	A grant to cover transport and other costs for those attending the weekly lunch club	-	5,000	(3,174)	1,826
Young people & carers	R	A grant to enable the Charity to run a programme of activities to support young people and their carers	-	4,000	-	4,000
Art and drama	R	A grant to run 'Parkinsons dance' events	-	1,460	(1,460)	-
Total Restricted Funds	R		9,222	32,020	(24,050)	17,192
General Fund	UR		33,064	78,356	(87,970)	23,450
		Total Funds	42,286	110,376	(112,020)	40,642

* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and UR - unrestricted funds

Note 13 Trustees' remuneration and benefits

During the year ended 31st December 2023 one trustee was remunerated £5,358 (2022: £5,287) for self-employed services provided.

During the year ended 31st December 2023 the trustees were reimbursed £0 (2022: £1,192) for out of pocket expenses.

COMMUNITY CONNECTIONS

England & Wales - Charity number 1179693

Accounts

Registered Charity No 1179693

Report of the Trustees and
Unaudited Financial Statements
For the year ended 31st December 2022
for
The Friends of Stour Connect

The Friends of Stour Connect

Contents

Reference and administrative details	4
Trustees' Report.....	5
Objectives and Aims.....	5
Significant activities	5
Public benefit	5
Constitution and governance.....	5
Projects and significant activities.....	6
Financial review	9
Finance 2022	9
Reserves policy.....	9
Going concern	9
Restatement of 2021 data	9
Donations and Grants	10
Approval.....	10
Independent Examiner's Report to the Trustees of the Friends of Stour Connect.....	11
Financial Statements and Notes to the Accounts.....	12
Statement of Financial Activities for the year ended 31 December 2022	12
Balance Sheet at 31 December 2022	13
Notes to the Financial Statements for the year ended 31 December 2022.....	14

Reference and administrative details

Registered Charity number: 1179693

Trustees serving throughout the period of this report:

Sue Ashby (Chair)
Nigel Biggs
Katie Guy
Michelle Pratt
Helen Reed
Anne Rich

Trustees appointed during the period of this report:

George Fuller
Richard Long
Kim Riley
Tim Wilson

Trustees who resigned during the period of this report:

Tracy Chick (resigned 1st October 2022)
Andrew Watson (resigned 29th July 2022)
(Sue Ashby resigned on 24th April 2023)

Principal address:

Friends of Stour Connect
Stour View Close
Sturminster Newton
Dorset
DT10 1JF

Independent Examiner:

Martin Arthur
Unit 2A, The Courtyard Craft Centre
Huntick Road
Lytchett Minster
Dorset BH16 6JE

Trustees' Report

Objectives and Aims

To relieve the social isolation of the elderly, mentally and physically disabled in Sturminster Newton, Gillingham, Shaftesbury, Sherborne and Blandford areas by providing or assisting in the provision of equipment, facilities, activities and services over and above those provided by statutory services, particularly with a view to helping them undertake rewarding activities.

Significant activities

We have continued to develop a number of projects in consultation with our local community that are designed to alleviate social isolation. These are described in the Achievements and Performance section.

During the reporting year we have expanded our activities to meet the needs of our local communities. We have continued to consult local communities, other charities and local authorities and public services in our area to ensure our activities are focussed on local needs.

Public benefit

All our activities are for the public benefit and support many sectors of our community. In delivering services we adhere closely to our objectives and aims.

We report public benefit to our supporters, grant makers (in a timely manner), funding bodies and our beneficiaries.

Constitution and governance

Governing document

The charity is controlled by its constitution, dated 24th August 2018, and is constituted as a Charitable Incorporated Organisation.

Recruitment and appointment of new trustees

The existing Trustees recognise the need to have appropriate skills and experience on the trustee board. Therefore they look to improve the make up of the board by adding new members as appropriate. Appointment follows a process whereby potential new trustees are invited to meet the current Trustees to review their suitability to appointment. If necessary references may be taken up and, irrespective of their expected role, all new Trustees are required to undergo checks by the government's Disclosure and Barring Service. On appointment all new trustees are provided with access to an induction pack.

Trustee Board

During the period of this report the previous Chair, who had been involved since the creation of the Charity, resigned. The remaining Trustees formed a new and larger Trustee Board and engaged more proactively in working to establish improved governance, setting

The Friends of Stour Connect

up the systems required including minuted Trustee meetings held at approximately monthly intervals. These include discussions of all activities and a review of finances.

The Trustees are also developing and promoting a transparent culture that enhances the well-being of those giving time and effort to the work we do. As a charity that values and provides for those in need we are committed to the same duty of care to our staff and volunteers.

Planning ahead, the Trustees aim to introduce an overall Strategic Plan with an annual budgeting process to provide a financial underpinning to the Charity's work. This will be introduced as soon as possible during 2023 and relies on the full implementation of the Charity's accounting system. At the same time the Charity will introduce improved risk management integrated with the Strategic Plan. It is the Trustees' aim to produce a financial model to support a sustainable future for the Charity.

During 2022 the Charity bought a commercial accounting package to improve financial control and provide full accounting records based on accrual accounting principles. The package was fully implemented in early 2023. Sales through the shop and cafe are largely cash based meaning the Charity receives significant sums in notes and coins. New controls have been introduced, including monthly cash counts and reconciliations, to minimise the risk of loss.

The Charity's new Chair, appointed in July 2022, resigned in April 2023.

Projects and significant activities

Charitable activities

2022 has been an extremely busy year at Friends of Stour Connect with expansion in the number of groups and activities. The previous Chair – Andy Watson, who set up the Charity about five years ago – resigned at the end of July 2022 after developing its role to offer activities and support to those living in Sturminster Newton and many of the surrounding villages. The charity has expanded in response to need, need that has grown during and following the pandemic and, more recently, because of the cost of living crisis and other social and economic factors. Below is a summary of our projects both within the Stour Connect building and outside in the rural communities of North Dorset.

Meals on Wheels

This service continued to grow and grant funding was secured to pay for two drivers, one of whom also assists with meals on wheels administration. The service not only provides regular hot meals to people who might not be able to cook for themselves, but also provides a valuable safeguarding service in that the drivers can report back on any concerns they have about the beneficiaries' circumstances and the relevant organisations can be informed.

The Friends of Stour Connect

Men's Shed

Men's Shed continues to thrive to the point that more accommodation is needed for everyone to work together. Whilst this has been agreed in principle with the Council who own the building the new arrangements giving more space have yet to be finalised but are hoped to become available the near future at a low cost rent. One of the changes proposed is to provide space equipped for people with disabilities. This project is self-sufficient in funding.

Lunch Club

The Lunch Club began in February 2022 and provides a lunch for participants served in the Stour Connect café. Participants pay a fixed nominal charge for food and transport to and from the cafe is provided by NordCat. The lunch club runs one day a week and is regularly attended by 15 to 20 elderly people. The Lunch Club offers the opportunity for participants to have a hot meal and convivial company – FoSC are now looking to add an additional day to this service, with pick up in other areas of north Dorset.

Life is for Living

This group offers support to those with dementia and is ongoing with weekly sessions run by an NHS mental health nurse, with the support of local NHS Social Prescribers. Grant support has been received for this project and numbers are stable. The Trustees consider this is a very useful project, supporting need in north Dorset and are focusing on ensuring that it continues on a sustainable basis.

Connect to Employment Training

A trustee and her colleague continue to run this group who have just completed 18 months of course work. The Members of this group have undertaken various types of work experience including working on the garden project and volunteering in the Charity shop and the busy café. FoSC offers free courses in both Personal and Social Development, mainly to encourage engagement in community projects, whilst learning how to apply for jobs, write a CV, handle money matters, access public transport and how to tackle problems at work. Training has also been provided in using technology safely, health and safety and first aid. Group members also learn about the importance of communication skills and good customer service skills. The group undertook a teamwork initiative to produce customer surveys for our service users in all areas. A new course is to start in Autumn 2023. Some of the previous cohort are returning to access further courses they have suggested would be of benefit, but also to use their skills to peer tutor the new group dependent on their specialisms.

Arts Hub

This newly funded initiative started with a six week introduction and pilot for Parkinsons dance sessions which took place from January 2022 with specialist facilitators. It was well received but numbers were small. Grant funding was obtained to allow Parkinsons dance sessions to continue in 2022 and into 2023.

The Friends of Stour Connect

A partnership with The Dorset History Centre provided a fully-funded three-day project in May to make a film celebrating the Queen's Jubilee. Day Centre users worked with artists to create puppets and Dorset landscapes to make a film given four screenings to participants and public.

The Trustees are convinced of the value of arts based projects in supporting mental health and other issues, particularly for elderly people and would like to continue with such projects and increase their scope and the number of participants.

Garden Project

This was started with the Connect to Employment group and then stopped temporarily as paths needed to be widened to take wheelchairs. It is hoped to restart this project in 2023, subject to funding, and to develop a sensory garden.

Community Café

At the heart of FOSC our cafe provides a warm, welcoming, safe social space where the community can meet, eat and enjoy good affordable food and company. It is run by volunteers and staff whose abilities and skills vary, and whilst service is not always perfect, we believe that everyone in our team has something invaluable to offer and should be enabled to reach their potential in a safe and supportive place. In addition to providing drinks and food in the Centre, the café team have provided food as outside caterers to various events, which, as well as providing useful income, also help develop new skills among the staff. Grant funding has been received to enable the cooking area to be modernised and made suitable for use by disabled volunteers and staff. The project is largely self supporting financially and the Charity is looking to expand its opening hours to attract more customers.

Charity Shop

Until July 2022 this was run by volunteers. However since then the shop has not had an overall named manager but other staff and volunteers have stepped in and the shop has continued to make a useful financial contribution to the charity. Where appropriate items are sold through eBay or Facebook marketplace.

Building Partnerships

This has been a policy put into place this year to grow the activities and groups using the centre but also to create working relationships with other organisations which are mutually beneficial. Our partnership with the Social Prescribing team (see above) has led to the establishment of two new groups in 2022: a Peer Mental Health Group & Bereavement Group.

A warm safe room was set up as part of the government initiative during autumn 2022 and through the winter of months of 2023, which used the café for all to access to help those worst affected by rising utility prices and the cost of living crisis.

Financial review

Finance 2022

Total income for the period was £110,376 (2021: £100,596), and expenditure £112,020 (2021: £98,166). From this the net deficit for the period was £1,644 (2021: surplus £2,430).

Reserves policy

The Trustees have set a reserves policy which requires sufficient reserves to be retained equivalent to at least three months forward expenditure. The total reserves held at 31st December 2022 were £40,642 (2021: £42,286). Average monthly expenditure was £9,250 so the total reserves were equivalent to about four months expenditure.

Going concern

During the year the Charity received £39,260 (2021 £42,062) of grants for specific services or to support the Charity's objectives in general. The Charity took on three staff during the year and the costs of two of these were covered by grant. However it is largely the appointment of these staff that has resulted in an increase in core costs. Takings from key activities has been broadly consistent with past years and, given that the users of the Charity's main services are generally those members of society most affected by the cost of living crisis, the Charity has a policy of limiting price rises. A combination of these factors, together with a reduction in grant receipts, meant that the Charity's cash reserves were falling from their peak of over £50k in August 2022.

Whilst the Trustees recognise the risks associated with declining cash balances they are reducing expenditure and actively applying for grants to support activities. Free reserves – calculated by deducting the value of fixed assets (£nil in 2022 and 2021) from the unrestricted reserves held at the year-end – were £23,452 at 31 December 2022 (2021: £33,064). The Trustees consider this level of reserves, together with expected level of income, to be sufficient to meet the cost of delivering the charitable objectives for the next twelve months.

Restatement of 2021 data

The Trustees acknowledge their responsibility for the accuracy and completeness of the data reported in the accounts. However in completing the accounts for 2022 they noted various errors in the data reported in the accounts for 2021. They consider that these errors are material in nature and, in accordance with accounting standards, should be corrected in the 2021 figures in this report. The table below gives details of the changes that have been made to 2021 figures in this report with an explanation of the reasons.

The Friends of Stour Connect

Errors identified in 2021 accounts		2021 amount as published	2021 amount reported in 2022 accounts
		£	£
Debtors: the Charity issues invoices for services which are paid at a later date. The value of unpaid invoices was not recognised in the 2021 accounts	current assets: debtors	-	4,909
	Income	(28,240)	(33,149)
Creditors: similarly the cost of invoiced purchases matching the above were not recognised in the 2021 accounts	current liabilities: accruals	(1,357)	(4,068)
	expenditure	25,665	28,376
Restricted income: a grant to be paid in three annual instalments was recognised as income in full in 2020 whereas grant expected in subsequent years did not meet the accounting policy for income recognition	Restricted funds: brought forward balance	(14,832)	(1,162)
	Current assets: accrued income	13,670	-
A grant for an arts project in August 2021 was not recognised even though the project was completed in full and so entitlement to grant was demonstrated	Current assets: accrued income	-	1,000
	Restricted funds: brought forward balance	-	(1,000)
Various grants received in 2021 were not recognised as restricted whereas grant conditions required recognition as restricted	Income: restricted grants	-	5,611
	Expenditure associated with restricted grants not previously recognised	-	(4,400)
	Restricted funds: movement in year	-	(1,211)

Donations and Grants

The Charity has received various grants and donations during the year. The Trustees would like to put on record their thanks to the grant givers and donors, many of whom prefer to remain anonymous. However we are particularly grateful to Dorset Council, Dorset Community Council and the Masonic Foundation for their financial assistance.

Approval

Approved by order of the Trustees on 30th October 2023

Richard Long FCMA
Trustee

Kim Riley
Trustee

Independent Examiner's Report to the Trustees of the Friends of Stour Connect

Independent Examiner's Report to the Trustees of the Friends of Stour Connect

I report to the charity trustees on my examination of the accounts of Friends of Stour Connect (the Charity) for the year ended 31st December 2022.

Responsibilities and basis of report

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which attention should be drawn to enable a proper understanding of the accounts to be reached.

Martin Arthur

FMAAT, FFA, FIPA, FFTA, MIH, ACIE

23rd October 2023

Financial Statements and Notes to the Accounts

Statement of Financial Activities for the year ended 31 December 2022

Statement of financial activities					
Categories by activity	Note	2022			2021
		Unrestricted funds	Restricted income funds	Total funds	Funds restated
		£	£	£	£
Incoming resources					
Income and endowments from:					
Donations, legacies and grants	3	14,803	32,020	46,823	46,005
Charitable activities	3	63,553	-	63,553	54,591
Other trading activities	3	-	-	-	-
Total		78,356	32,020	110,376	100,596
Resources expended					
Expenditure on:					
Raising funds	5	2,577	-	2,577	1,070
Charitable activities	5	85,392	24,050	109,442	97,095
Total		87,969	24,050	112,020	98,166
Net income/(expenditure) before investment gains/(losses)		(9,613)	7,970	(1,644)	2,430
Net income/(expenditure)		(9,613)	7,970	(1,644)	2,430
Net movement in funds		(9,613)	7,970	(1,644)	2,430
Reconciliation of funds:					
Total funds brought forward		33,064	9,222	42,286	39,855
Total funds carried forward		23,451	17,192	40,642	42,286

The Friends of Stour Connect

Balance Sheet at 31 December 2022

Balance sheet					
	Note	Unrestricted funds	Restricted income funds	Total 2022	Total 2021 restated
		£	£	£	£
Current assets					
Debtors	8	5,834	1,000	6,834	6,143
Cash at bank and in hand	9	24,762	16,192	40,954	40,211
Total current assets		30,596	17,192	47,788	46,354
Creditors: amounts falling due within one year	10	7,145	-	7,145	4,068
Net current assets/(liabilities)		23,451	17,192	40,643	42,286
Total assets less current liabilities		23,451	17,192	40,643	42,286
Total net assets/(liabilities)		23,451	17,192	40,643	42,286
Funds of the Charity					
Restricted income funds	11	-	17,192	17,192	9,222
Unrestricted funds	11	23,450	-	23,450	33,064
Total funds		23,450	17,192	40,642	42,286

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the Statement of Recommended Practice (FRS 102) for Charities.

These financial statements were approved by the Board of Trustees and authorised for issue on 30th October 2023 and were signed on its behalf by:

Richard Long FCMA
Trustee

Kim Riley
Trustee

Notes to the Financial Statements for
the year ended 31 December 2022

1. Legal Form

1.1 Friends of Stour Connect is a registered Charity limited by guarantee.

2. Accounting Policies

2.1 Basis of preparing the financial statements.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Friends of Stour Connect meets the definition of a public benefit entity under FRS 102.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. It is the opinion of the Trustees that the level of reserves, expected levels of income and expenditure and plans in place means that it remains appropriate to use the going concern basis.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under gift aid or deeds of covenant is recognised at the time of the donation.

Fees receivable and charges for service are recognised in the period in which the service has been provided.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on an assessment of the time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charitable Company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition are included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives. Depreciation is charged from the month after acquisition.

Depreciation is provided on the following basis:

Leasehold buildings	Straight line over 10 years (10% on cost less residual value)
Fixtures and fittings	Straight line over 5 years (20% on cost less residual value)
Computer equipment	Straight line over 3 years (33% on cost less residual value)

2.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

2.9 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.10 Finance leases and hire purchase

Assets obtained under hire purchase contracts and finance leases are capitalised as tangible fixed assets. Assets acquired by finance lease are depreciated over the shorter of the lease term and their useful lives. Assets acquired by hire purchase are depreciated over their useful lives. Finance leases are those where substantially all of the benefits and risks of ownership are assumed by the Charity. Obligations under such agreements are included in creditors, net of the finance charge allocated to future periods. The finance element of the rental payment is charged to the Statement of financial activities so as to produce a constant periodic rate of charge on the net obligation outstanding in each period.

2.11 Operating leases

Rentals paid under operating leases are charged to the statement of financial activities on a straight line basis over the lease term.

The Friends of Stour Connect

2.12 Pensions

The Charity is not currently required to operate a pension scheme, but would introduce one if asked to do so by employees.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated by the Trustees for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds, if material and unless specifically excluded by donors, are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Note 3		Analysis of income			
Analysis		Unrestricted funds	Restricted income funds	2022 Total funds £	2021 restated £
Donations	Donations and gifts	1,249	-	1,249	1
	Gift Aid	-	-	-	-
	Grants	7,240	32,020	39,260	42,062
	Donated goods, facilities and services	6,314	-	6,314	3,943
	Other	-	-	-	-
	Total	14,803	32,020	46,823	46,005
Charitable activities:	Meals on Wheels	34,092	-	34,092	33,149
	Community café	23,533	-	23,533	10,709
	Men's shed	2,811	-	2,811	2,525
	Other projects	3,118	-	3,118	8,208
	Total	63,553	-	63,553	54,591
Total income		78,356	32,020	110,376	100,596

Note 4		Donated goods, facilities and services	
		2022 £	2021 restated £
Seconded staff		-	-
Use of property		-	-
Goods		6,314	3,943
		6,314	3,943

The Friends of Stour Connect

Note 5 Analysis of expenditure						
Analysis	2022			2021 restated		
	Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
Expenditure on raising funds:	£			£		
Operating charity shops	1,216	-	1,216	1,070	-	1,070
Advertising, marketing, direct mail and publicity	1,361	-	1,361	-	-	-
Total expenditure on raising funds	2,577	-	2,577	1,070	-	1,070
Expenditure on charitable activities:						
Meals on Wheels	56,572	5,000	61,572	40,612	2,400	43,012
Community Café	13,690	9,560	23,250	15,047	-	15,047
Men's Shed	2,847	1,463	4,310	1,626	4,164	5,790
Connect to Employment	(532)	1,393	861	1,378	3,531	4,909
Life is for Living	9,825	2,000	11,825	5,837	1,664	7,501
Parkinson's Dance	(1,052)	1,460	408	818	2,000	2,818
Other projects	4,041	3,174	7,215	18,019	-	18,019
Total expenditure on charitable activities	85,392	24,050	109,442	83,336	13,759	97,095
Total expenditure	87,969	24,050	112,020	84,407	13,759	98,166

Note 6 Details of certain items of expenditure		
Fees for examination of the accounts		
	2022	2021
	£	£
Independent examiner's fees	1,319	1,357
Other fees paid to the independent examiner	-	-

The fee shown for 2022 includes a late charge for 2021, notified by the examiners too late to accrue into the 2021 accounts.

Note 7 Paid employees		
Staff Costs		
	2022	2021
	£	£
Salaries and wages	26,837	3,722
Social security costs	-	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
Total staff costs	26,837	3,722

The Friends of Stour Connect

Average head count in the year	2022 Number	2021 Number
The parts of the charity in which the employees work	Fundraising	-
	Charitable Activities	3
	Support services	2
	Total	5

Note 8 Debtors and prepayments		
8.1 Analysis of debtors	2022	2021 restated
	£	£
Trade debtors	5,302	4,909
Prepayments and accrued income	1,532	1,234
Total	6,834	6,143
8.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)		
	2022	2021 restated
	£	£
Trade debtors	-	-
Prepayments and accrued income	44	120
Other debtors	-	-
Total	44	120

Note 9 Cash at bank and in hand		
	2022	2021
	£	£
Cash at bank	40,078	38,477
Cash on hand	876	1,734
Total	40,954	40,211

The Friends of Stour Connect

Note 10		Creditors and accruals			
Analysis of creditors					
		Amounts falling due within one year		Amounts falling due after more than one year	
		2022	2021 restated	2022	2021
		£	£	£	£
Trade creditors		1,260	-	-	-
Payments received on account for contracts or performance-related grants		-	-	-	-
Accruals and deferred income		5,469	4,068	-	-
Taxation and social security		27	-	-	-
Other creditors		388	-	-	-
	Total	7,145	4,068	-	-

Note 11		Charity funds				
11.1 Details of material funds held and movements 2022						
Fund names	PE/EE/ R or UR *	Purpose and Restrictions	Fund balances brought forward restated £	Income £	Expenditure £	Fund balances carried forward £
Life is for Living	R	Grants were received to enable a contractor to run the Life is for Living (dementia project).	-	2,000	(2,000)	-
Men's Shed	R	Grants were received to support purchase of materials and equipment for the Men's shed	1,463	-	(1,463)	(0)
Connect to Employment	R	Various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	6,548	2,000	(1,393)	7,155
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new	1,211	3,000	-	4,211
Meals on wheels	R	A grant to enable two part time staff to be employed, one as a driver and the other general support for meals on wheels	-	5,000	(5,000)	-
Café Extended hours	R	A grant to enable the Charity to extend the opening hours of the café by employing two part time staff	-	9,560	(9,560)	-
Lunch club support	R	A grant to cover transport and other costs for those attending the weekly lunch club	-	5,000	(3,174)	1,826
Young people & carers	R	A grant to enable the Charity to run a programme of activities to support young people and their carers	-	4,000	-	4,000
Art and drama	R	A grant to run 'Parkinsons dance' events	-	1,460	(1,460)	-
Total Restricted Funds	R		9,222	32,020	(24,050)	17,192
General Fund	UR		33,064	78,356	(87,969)	23,451

The Friends of Stour Connect

11.2 Details of material funds held and movements during 2021 - restated						
Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward restated	Income restated	Expenditure restated	Fund balances carried forward restated
			£	£	£	£
Life is for Living	R	Grants, previously recorded as 'Sturquest', were received to enable a contractor to run the Life is for Living (dementia project).	1,664	-	(1,664)	-
Men's Shed	R	Grants were received to support purchase of materials and equipment for the Men's shed	1,612	4,015	(4,164)	1,463
Connect to Employment	R	Connect to Employment – various grants have been received to enable the Charity to run activities to prepare disadvantaged young people for employment	1,162	8,917	(3,531)	6,548
Café refurbishment	R	A grant to refurbish the café and to make it easier for disabled to use and for the purchase of new equipment	-	1,211	-	1,211
Meals on wheels	R	A grant to enable two part time staff to be employed, one as a driver and the other general support for meals on wheels	-	2,400	(2,400)	-
Art and drama	R	A grant to run a summer arts workshop	-	2,000	(2,000)	-
Total Restricted Funds			4,438	18,543	(13,759)	9,222
General Fund	UR		35,417	82,053	(84,407)	33,064
<i>Other funds</i>	N/a	N/a	-	-	-	-
		Total Funds	39,855	100,596	(98,166)	42,286

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and UR - unrestricted funds*

Note 12 Trustees' remuneration and benefits

During the year ended 31st December 2022 one trustee was remunerated £5,287 (2021: £3,380) for self-employed services provided.

During the year ended 31st December 2022 the trustees were reimbursed £1,192 (2021: £1,561) for out of pocket expenses.

COMMUNITY CONNECTIONS

England & Wales - Charity number 1179693

Accounts

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2020
for
Friends of Stour Connect**

Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Friends of Stour Connect

**Contents of the Financial Statements
for the Year Ended 31 December 2020**

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 10

Friends of Stour Connect
Report of the Trustees
for the Year Ended 31 December 2020

The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To relieve the social isolation of the elderly, mentally and physically disabled in Sturminster, Newton, Gillingham Shaftesbury, Sherborne and Blandford areas by providing or assisting in the provision of equipment, facilities, activities and services over and above those provided by statutory services, particularly with a view to helping them undertake rewarding activities.

Significant activities

We have started a number of projects in consultation with our local community that are designed to alleviate social isolation.

These are listed in the Achievements and Performance section.

Our consultation with our local community was based on previous survey results where local people had expressed their concerns over social isolation and personal safety in their community.

Public benefit

All our activities are for the public benefit and benefit many sectors of our community.

We adhere closely to our mission statement.

We report public benefit to our supporters, grant makers (in a timely manner), funding bodies and our beneficiaries.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Friends of Stour now have 5 projects up and running. These are:

- Meals on Wheels - a hot food delivery scheme delivering every working day to isolated people in our community. Our drivers are often the only social contact our customers have on a daily basis.
- Mens Shed Stour - a traditional Shed style project where people can meet with friends, meet new friends share experiences and learn new skills. Not male specific. Has 12/14 members.
- Community Café - open 4 mornings per week, providing a meeting space with advice and information available. Often used by mental health services locally, local SEN school, local businesses, people seeking volunteering opportunities.
- Charity Shop - a new venture started just a couple of weeks before the year end.
- Community Car Scheme - not currently contributing to the charity's accounts. This project would have ended had we not agreed to take it on. Provided around 400 journeys per year to people in our community who have no transport in an area where there is extremely limited public transport.
- Life is for Living - our dementia project, providing a service to some of the most isolated people in our community and their carers, who are often isolated due to their caring responsibilities.

FINANCIAL REVIEW

Financial position

Total income for the period was £97,964 (2019:£35,541), and expenditure was £65,339 (2019:£22,187). From this the net surplus for the period was £32,625 (2019:£13,354).

Friends of Stour Connect
Report of the Trustees
for the Year Ended 31 December 2020

FINANCIAL REVIEW

Reserves policy

As trustees we have set a reserves policy which gives us sufficient reserves equivalent to at least 3 months forward expenditure. The total reserves held at 31st December 2020 were £45,979, £18,108 of these reserves were restricted.

Free reserves are unrestricted cash less creditors payable £27,271 (2019: £9,218)

Going concern and future plans

The above trading period has been one of great difficulty for Friends of Stour Connect and indeed for the large majority of Charities. For three quarters of the year our emphasis changed from providing projects (apart from our Meals on Wheels scheme) to that of providing for those in need during the pandemic.

Our trading accounts reflect the increasing funds achieved to provide vital support and services to the North Dorset Community by way of shopping and prescription support, food vouchers, food parcels and increasing numbers of our Hot Food deliveries, as we became the major part of the Covid 19 response in Sturminster Newton and North Dorset. In Lockdown 1 we achieved 4/4.5 k assistance 'visits'.

We also continued to provide our memory service via phone and computer support and this led to decreased income in this area. We also became a major part of delivering food parcels on behalf on Dorset Council, covering the whole of North Dorset.

A proportion of the fund raising has been for Core Costs as it was imperative that we had a base and staff to co-ordinate the ongoing response during Lockdowns 1 and 2.

The Roadmap has been followed by us in reopening our projects, and like many other charities we struggled initially with numbers of beneficiaries. Indeed in some projects we still do, even after less restrictions. Since the restrictions have lifted we are gradually seeing greater numbers attending our Café and Shop as well as ever increasing numbers of Hot Food deliveries. The monies from the Café and Shop mean that we are gradually becoming less reliant on seeking core funding, although both of these projects also provide training for people, with additional needs.

In late 2020/ early 2021 we achieved funding from Dorset Council and National Lottery amounting to £23,000 in the year ending 31/12/2021, £60,00 in the year ending 21/12/2022, and £4,000 in the following year. A small part of this lottery funding is to carry out a strength review with the aim to prepare us further to make a substantial 3 year lottery bid, and to provide a firm financial footing for the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution, dated 24th August 2018 and constitutes a Charitable Incorporated Organisation.

Charity constitution

Charitable Incorporated Organisation

Recruitment and appointment of new trustees

Initial submission of CV, which is considered by existing Trustees. Followed by informal/formal interview and the taking up of references.

All trustees are provided with access to an Induction pack upon appointment.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179693

Principal address

9 Old Boundary Road
Shaftesbury
Dorset
SP7 8ND

Friends of Stour Connect

**Report of the Trustees
for the Year Ended 31 December 2020**

Trustees

A Watson

M Pratt

T Chick

A Rich (appointed 28.2.20)

L Dayani (resigned 15.1.20)

Independent Examiner

Ward Goodman

4 Cedar Park

Cobham Road

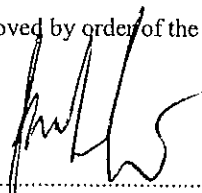
Ferndown Industrial Estate

Wimborne

Dorset

BH21 7SF

Approved by order of the board of trustees on 26/10/2021 and signed on its behalf by:



.....
A Watson - Trustee

**Independent Examiner's Report to the Trustees of
Friends of Stour Connect**

Independent examiner's report to the trustees of Friends of Stour Connect

I report to the charity trustees on my examination of the accounts of Friends of Stour Connect (the Trust) for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

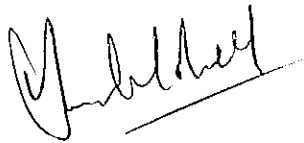
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr I M Rodd BSc FCA FCCA
Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Date: 25/10/2021

Friends of Stour Connect

Statement of Financial Activities
for the Year Ended 31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	Year Ended 31.12.20 Total funds £	Period 28.8.18 to 31.12.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		24,482	-	24,482	11,310
Charitable activities					
Charitable activities		38,555	14,832	53,387	13,001
Other trading activities	3	19,969	126	20,095	11,230
Total		83,006	14,958	97,964	35,541
EXPENDITURE ON					
Charitable activities					
Charitable activities		64,825	514	65,339	22,187
NET INCOME		18,181	14,444	32,625	13,354
RECONCILIATION OF FUNDS					
Total funds brought forward		9,690	3,664	13,354	-
TOTAL FUNDS CARRIED FORWARD		27,871	18,108	45,979	13,354

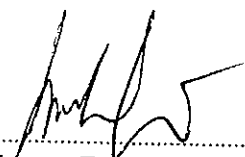
The notes form part of these financial statements

Friends of Stour Connect

Balance Sheet
31 December 2020

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
CURRENT ASSETS					
Debtors	6	600	11,866	12,466	472
Cash at bank and in hand		29,827	6,242	36,069	16,705
		<u>30,427</u>	<u>18,108</u>	<u>48,535</u>	<u>17,177</u>
CREDITORS					
Amounts falling due within one year	7	(2,556)	-	(2,556)	(3,823)
NET CURRENT ASSETS		<u>27,871</u>	<u>18,108</u>	<u>45,979</u>	<u>13,354</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>27,871</u>	<u>18,108</u>	<u>45,979</u>	<u>13,354</u>
NET ASSETS		<u>27,871</u>	<u>18,108</u>	<u>45,979</u>	<u>13,354</u>
FUNDS					
Unrestricted funds	8			27,871	9,690
Restricted funds				18,108	3,664
TOTAL FUNDS				<u>45,979</u>	<u>13,354</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 26/10/2021 and were signed on its behalf by:


.....
A Watson - Trustee

Friends of Stour Connect
Notes to the Financial Statements
for the Year Ended 31 December 2020

1. LEGAL FORM

Friends of Stour Connect is a registered charity, registration number 1179693, limited by guarantee. The charity is registered in the United Kingdom. The address of the charity is given on page 1 of these financial statements.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Grants (including those received from government bodies) are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Grant income is deferred when the donor specifies use of the grant to be in the future, or where there are conditions for full entitlement and those conditions have not yet been satisfied.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Friends of Stour Connect

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

3. OTHER TRADING ACTIVITIES

	Year Ended 31.12.20 £	Period 28.8.18 to 31.12.19 £
Shop and cafe income	9,274	7,834
Meals on Wheels	10,432	3,139
Men's shed income	389	257
	<u>20,095</u>	<u>11,230</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the period ended 31 December 2019.

Trustees' expenses

During the year ended 31 December 2020 the trustees were reimbursed out of pocket expenses of £2,021 (2019: £1,205)

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	9,310	2,000	11,310
Charitable activities			
Charitable activities	9,473	3,528	13,001
Other trading activities	11,230	-	11,230
Total	<u>30,013</u>	<u>5,528</u>	<u>35,541</u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	20,323	1,864	22,187
NET INCOME	<u>9,690</u>	<u>3,664</u>	<u>13,354</u>
TOTAL FUNDS CARRIED FORWARD	<u>9,690</u>	<u>3,664</u>	<u>13,354</u>

Friends of Stour Connect

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2020	2019
		£	£
Trade debtors		-	357
Prepayments and accrued income		12,466	115
		<u>12,466</u>	<u>472</u>
7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2020	2019
		£	£
Other creditors		<u>2,556</u>	<u>3,823</u>
8. MOVEMENT IN FUNDS			
		Net	At
	At 1.1.20	movement	31.12.20
	£	in funds	£
		£	
Unrestricted funds			
General fund	9,690	18,181	27,871
Restricted funds			
SturQuest	1,664	-	1,664
Men's Shed	2,000	(388)	1,612
Connect to employment	-	14,832	14,832
	<u>3,664</u>	<u>14,444</u>	<u>18,108</u>
TOTAL FUNDS	<u>13,354</u>	<u>32,625</u>	<u>45,979</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	83,006	(64,825)	18,181
Restricted funds			
Men's Shed	126	(514)	(388)
Connect to employment	14,832	-	14,832
	<u>14,958</u>	<u>(514)</u>	<u>14,444</u>
TOTAL FUNDS	<u>97,964</u>	<u>(65,339)</u>	<u>32,625</u>

Friends of Stour Connect

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	Net movement in funds £	At 31.12.19 £
Unrestricted funds		
General fund	9,690	9,690
Restricted funds		
SturQuest	1,664	1,664
Men's Shed	2,000	2,000
	3,664	3,664
TOTAL FUNDS	13,354	13,354

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	30,013	(20,323)	9,690
Restricted funds			
SturQuest	3,528	(1,864)	1,664
Men's Shed	2,000	-	2,000
	5,528	(1,864)	3,664
TOTAL FUNDS	35,541	(22,187)	13,354

Purposes of restricted funds

Men's shed - income to cover rental of property for activities to be conducted.

SturQuest - funding provided to enable a contractor to run the "Life is for Living" project.

Connect to Employment - funding to help individuals with additional needs access further education and employment.

9. RELATED PARTY DISCLOSURES

During the year ended 31 December 2020 the trustees were reimbursed out of pocket expenses of £2,021 (2019: £1,205)