



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	February	2021		31	January	2023

Section A Reference and administration details

Charity name	Sikhs In The City (SITC)
Other names charity is known by	N/A
Registered charity number (if any)	1179621
Charity's principal address	47 Wellesley Road
	Ilford
	Essex
Postcode	IG1 4JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Harmander Singh	President/Chair		Lifetime members
2	Ghanaya Singh Talewar	Secretary		Lifetime members
3	Sandhya Jobanputra	Treasurer		Lifetime members

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected by lifetime members

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

SITC:

Has draft policies and procedures relevant to its activities that are being added to regularly and adopted at the AGM by its members.

Only has three Trustees - President/Chair (male), Secretary (male) and Treasurer (female) – another six Trustees (three males and three females) have been selected to join at the next AGM to complete the board of Trustees which will have representatives from four different faiths.

Actively links up with several local running clubs on a regular basis whose members participate in its events in addition to local community groups.

Trustees have a twenty plus year history of organising highly rated events that surpass the Local Authority's Safety Advisory Group requirements. Is Associate Member of Sporting Equals and partnership club with New Balance sportswear company.

Trustees are all professionals, some of whom hold senior positions in financial, Local Government, Service industry and multi-national companies.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The CIO's objects ("the objects") are the advancement of amateur sport and the advancement of health by encouraging and facilitating community participation in healthy recreation, in particular running.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

SITC organises Olympics related sporting events that improve the participants health and well being. All events aim to promote racial/religious harmony through sport.

The events are open to all regardless of age, disability, ethnic background, social class or gender and includes non members.

SITC works with other charities by organising fundraising events for them and leading on other initiatives that address health issues such as fighting obesity.

Some SITC members are Ambassadors for other charities e.g. Fauja Singh is an AGEUK Ambassador. This involves raising awareness of non-political social issues addressed by the charity sector.

SITC members help train others on a small group basis such as the FAT MUMS CLUB most of whom are from minority ethnic backgrounds and cater for people with disabilities such as wheelchair users and providing guide runners for people who are blind or with visual impairment.

SITC aims to have an operating base by owning suitable premises that can further engage the local community by providing facilities to meet and work on addressing local initiatives.

SITC has been representing the UK at international events such as the Luxembourg Marathon Relay for more than a decade where the Interfaith teams from the EU collaborate to build better understanding and peace.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

All members of SITC are volunteers and provide their services for free.

SITC volunteers service the Charity's own races and provides volunteers at other major running events such as the London Marathon, The Big Half and the London Landmarks Half Marathon.

SITC members also volunteer at their local parkruns.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

SITC is the club with the third largest number and most diverse (members from nine different religions) participants in Valentines Parkrun making it the most multi-cultural Parkrun in the country.

SITC members age profile ranges from 18 to the oldest marathon runner in the world 112 year old Fauja Singh.

SITC events also cater for younger participants in the annual intergeneration race involving Grandchildren and Grandparents Over 40% of members are women.

SITC works with other charities by organising fundraising events for them and leading on other initiatives that address health issues such as fighting obesity. SITC also runs a relay race from Birmingham to London alongside the annual SACA Bike Ride which raises funds for charities such as SCOPE,

Some SITC members are Ambassadors for other charities e.g. Fauja Singh is an AGEUK Ambassador.

SITC members help train others on a small group basis such as the FAT MUMS CLUB most of whom are from minority ethnic backgrounds and cater for people with disabilities such as wheelchair users and providing guide runners for people who are blind or with visual impairment.

SITC activities provide participants to overcome non-visible challenges such as loneliness and depression

SITC organises a number of small 10km runs for local charities and SITC members take part in local races organised by other local charities to help with their fundraising.

The Premiere event SITC organises on annually is the Dawn To Dusk Ultra (D2D) on the middle Sunday of December which comprises of four distances , namely 10km, 22km, marathon, Ultra marathon and a Team Ultra Relay. There is an equivalent event in June called the Summer Samosa Ultra – these events provides SITC with the vast majority of its annual costs from the entry fees from participants. Although SITC only became a registered charity in late 2018, the D2D has grown from 93 runners to 360 participants in the last seven years with participants coming from all over the UK and abroad.

During the last year, SITC has progressed its discussions with the local authority (London Borough of Redbridge) to the signing off stage of an agreement to lease a parcel of land measuring 108 square metres so that SITC can build a clubhouse from where SITC will operate in the future.

SITC has launched a GoFundMe appeal to raise £425,000 for this purpose and so far it has raised a total exceeding £20,000 although this has not yet been transferred to its bank account as yet. The link to the fundraising appeal is on the SITC website (www.sikhsinthecity.org).

Section E

Financial review

Brief statement of the charity's policy on reserves

SITC does not have reserves policy at present.

Details of any funds materially in deficit

SITC has no deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

SITC has launched a GoFundMe appeal to raise £425,000 to build an operational base (clubhouse) and so far it has raised a total of over £20,000 although this has not yet been transferred to its bank account as yet. The link to the fundraising appeal is on the SITC website (www.sikhsinthecity.org).

The entry fees from participants funds the SITC events – all but cash deposits transactions are done electronically for which SITC has monthly statements.

Section F**Other optional information**

SITC's work on fighting obesity was measured by meeting a target of losing 500kg in weight in six months by 100 participants every year.

The FAT MUMS CLUB had interim targets starting with being able to complete 5km without stopping, then to beat a 40 minute target and then to reach a six miles in an hour target.

SITC facilitates the community entries to The Big Half of 100 participants and nearly 20 to the London Marathon.

SITC also signposts participants to professionals offering advice on healthy living, including those who provide such support on pro-bono basis.

All SITC events are advertised as open to all and SITC dedicates some events to the local Mayor's Annual Appeal which benefit the Mayor's chosen local charities.

SITC organises races to raise funds for the local Mayor's Appeal. It also organises smaller events on behalf of other local good causes. All these events raised funds for local charities..

All SITC lifetime members volunteer their time and expertise in organising and delivering the events. SITC members have experience of organising over 100 events the standard of which is acknowledged nationally leading them to be chosen by New Balance as one of their Run Clubs for the London Marathon and The Big Half.

The Trustees have experience of coaching the elderly (Fauja Singh) and blind athletes (Louise Simpson – who is a double Paralympian). Louise has now run nearly 100 marathons.

SITC events are considered by participants to be excellent value for money and noted by feedback from them on independent social media platforms – e.g. Runners World Race Reviews.

SITC also incorporates concessions and discounts for children and pensioners where appropriate.

Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)	Harmander Singh	
Position (eg Secretary, Chair, etc)	Club President/Chair	
Date	28 January 2024	

REGISTERED CHARITY NUMBER: 1179621

Report of the Trustees and
Unaudited Financial Statement For The Year Ended 31st August 2022
For
SIKHS IN THE CITY

G & G Accountants
c/o 122 Amberley Road
Enfield
Middlesex EN1 2RB

SIKHS IN THE CITY

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MAJIS IN THE CITY

Report of the Trustees

for the year ended 31 August 2022

The trustees present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number : 1170621

Principal address

67 Kenilworth Road

Offord, Leamington

CV34 6JX

Trustees

H Singh

A. S. Chohan

M. A. Subramanyam

Independent examiner

A & G Accountants

163-171 Kenilworth Road

Leamington, Warwickshire

CV34 6JX

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Approved by order of the board of trustees on 7/6/23. And signed on its behalf by



Chairman of the Board of Trustees

H Singh - Trustee

SIKHS IN THE CITY

Statement of Financial Activities

For the year ended 31 August 2022

	Notes	31.08.2022 Unrestricted Fund £	31.08.2021 Total Fund £
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		644	665
Activities for generating funds		<u>10,227</u>	<u>11,702</u>
Total incoming resources		10,871	12,367
RESOURCES EXPENDED			
Cost of generating funds			
Costs of generating voluntary income	2	10,970	6,188
Governance costs		450	2,017
Other resources expended		350	-
		<u>11,770</u>	<u>8,205</u>
Total resources expended		11,770	8,205
NET INCOME /(OUTGOING)		(899)	4,162
RECONCILIATION OF FUNDS			
Total funds brought forward		12,642	8,480
		<u>11,743</u>	<u>12,642</u>
TOTAL FUNDS CARRIED FORWARD		11,743	12,642

The notes form part of these financial statements


SIKHS IN THE CITY

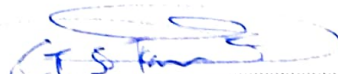
Balance Sheet

For the year ended 31 August 2022

	Notes	31.08.2022 Unrestricted Fund £	31.08.2021 Total Fund £
CURRENT ASSETS			
Cash at bank and in hand		11,243	13,042
Other debtors		<u>500</u>	<u>-</u>
		11,743	13,042
CREDITORS			
Amounts falling due with in one year	4	<u>-</u>	<u>- 400</u>
NET CURRENT ASSETS		<u>11,743</u>	<u>12,642</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>11,743</u>	<u>12,642</u>
NET ASSETS		<u>11,743</u>	<u>12,642</u>
FUNDS			
Unrestricted funds	5	<u>11,743</u>	<u>12,642</u>
TOTAL FUNDS		<u>11,743</u>	<u>12,642</u>

The financial statements were approved by the board of Trustees on 71.6.23
and were signed on its behalf by:


.....
H Singh - Trustee


.....
G S Talewar - Trustee

SIKHS IN THE CITY

Notes to the Financial Statements

For the year ended August

1 ACCOUNTING POLICIES

The financial statements have been prepared under historical cost convention, and in accordance with the Financial Reporting Standard for similar Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended (practice), Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be qualified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

SIKHS IN THE CITY

Notes to the Financial Statements continued

For the year ended 31 August

COSTS OF GENERATING VOLUNTARY INCOME			
	31.08.2022	31.08.2021	
	£	£	
2 Fund raising events	<u>10,227</u>	<u>11,702</u>	
3 TRUSTEES' REMUNERATION AND BENEFITS			
There was no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.			
Trustees' expenses			
There was trustees' expenses paid for the year ended 31 August 2022 nor for the year ended 31 August 2021.			
4 DEBTORS : AMOUNTS FALLING DUE WITHIN ONE YEAR			
	31.08.2022	31.08.2021	
	£	£	
Other debtors	<u>500</u>	<u>-</u>	
5 CREDITORS : AMOUNTS FALLING DUE WITHIN ONE YEAR			
	31.08.2022	31.08.2021	
	£	£	
Other creditors	<u>-</u>	<u>400</u>	
6 MOVEMENT IN FUNDS			
	At	Net movement	At
	01.08.2021	in Funds	31.08.2022
	£	£	£
Unrestricted funds			
General fund	<u>12642</u>	<u>(899)</u>	<u>11743</u>
TOTAL FUNDS	<u>12642</u>	<u>(899)</u>	<u>11743</u>
Net movement in funds included in the above are as follows:			
	Incoming resources	Resources expended	Movements in funds
	£	£	£
Unrestricted funds			
General fund	<u>10871</u>	<u>11770</u>	<u>(899)</u>
TOTAL FUNDS	<u>10871</u>	<u>11770</u>	<u>(899)</u>

SIKHS IN THE CITY

Notes to the Financial Statements continued

For the year ended 31 August

7 Comparatives for movements in funds	Net movement in funds £	31.08.2021 £
Unrestricted funds		
General fund	(899)	4162
TOTAL FUNDS	(899)	4162

Comparative net movement in funds included in the above are as follows:

	Net movement in funds £	31.08.2021 £
Unrestricted funds		
General fund	(899)	4162
TOTAL FUNDS	(899)	4162

SIKHS IN THE CITY

Detailed Statement of Financial Activities

For the year ended 31 August 2022

	Notes	31.08.2022 Unrestricted Fund £	31.08.2021 Total Fund £
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