

EAST SUSSEX RECOVERY ALLIANCE

England & Wales · Charity number 1179560

Details

Other names ESRA

Status Registered

Legal form CIO

Registered 2018-08-15

Register [View on the Charity Commission register](#)

Contact

Address East Sussex Recovery Alliance
c/o Jackson Hall
Portland Place
Hastings
TN34 1QN

Phone 01424435318

Email info@esrauk.org

Website www.esrauk.org

Activities

Objects: TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF PEOPLE IN RECOVERY OR ACTIVELY SEEKING RECOVERY FROM DRUG AND/OR ALCOHOL MISUSE AND THEIR FAMILIES/CARERS IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF COUNSELLING, PEER LED GROUPS, SUPPORT AND ACTIVITIES.

Activities: East Sussex Recovery Alliance is a peer lead project supporting recovery from substance misuse in East Sussex. Our Vision: is to empower, build confidence, encourage responsibility and promote both physical and mental wellbeing in all those in recovery from substance misuse and the families supporting someone affected by substance misuse.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- East Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£178,208	£172,912	-	-
2024-03-31	£212,325	£211,685	-	-
2023-03-31	£298,451	£292,801	-	-
2022-03-31	£239,263	£285,648	-	-
2021-03-31	£384,676	£306,832	-	-

Trustees

Name	Role	Appointed
Simon Hubbard	Chair	2024-09-11
Charlotte Dix		2023-11-01
Danielle Mitchell		2019-01-24
Martin Connolly		2023-01-17
Mary Carter		2025-10-14

EAST SUSSEX RECOVERY ALLIANCE

England & Wales - Charity number 1179560

Accounts

East Sussex Recovery Alliance

Registered charity number 1179560

Financial Statements

for the period

1 April 2024 - 31 March 2025

Page	Contents
2	Organisational Information
3 - 10	Trustees Annual Report
11	Receipts & Payments account
12	Statement of Assets & Liabilities
13	Notes
14	Independent Examiner's report

**Hastings Voluntary Action
Jackson Hall
Portland Place
Hastings
East Sussex
TN34 1QN**

East Sussex Recovery Alliance
Organisational Information
for the year ended 31 March 2025

Full name: East Sussex Recovery Alliance

Other names by which the charity is known: ESRA

Registered charity number: 1179560

Principal address: c/o Jackson Hall, Portland Place, Hastings, East Sussex, TN34 1QN

Trustees: Danielle Mitchell
Gareth Trevitt - Resigned December 2024
Jackie Travis - Resigned December 2024
Martin Connolly
Charlie Dix
Simon Hubbard - Appointed September 2024

Senior Management Team

Jacqui Skilton - Chief Executive
Alison Bissett - Hub Manager - Hastings - Made Redundant December 2024

Bankers HSBC, 4 Robertson Street, Hastings, East Sussex, TN34 1HW

Independent examiner

Laura Dawson, Finance Manager of Hastings Voluntary Action, Jackson Hall, Portland Place, Hastings, TN34 1QN.

Governance and management

Charitable Incorporated Organisation - Association Registered 15th August 2018

Charitable Objects

To Promote and protect the physical and mental health of people in recovery or actively seeking recovery from drug and/or alcohol misuse and their families/carers in particular but not exclusively by the provision of counselling, peer led groups, support and activities.

East Sussex Recovery Alliance

for the year ended 31 March 2025
Trustee's Annual Report

Key Achievements in 2024 - 2025

This year has been marked by significant progress and resilience as ESRA adapted to change, deepened client engagement, and strengthened its foundations for the future. Below is a summary of our key achievements over the past 12 months:

1. Increased Access to Recovery Support

- Launched a new weekly drop-in service, offering accessible, informal support to individuals at all stages of recovery.
- Designed and distributed engagement materials with QR codes, enabling easier connection with hard-to-reach individuals and resulting in a measurable increase in first-time contacts.
- Expanded our digital presence by continuing targeted Facebook and Instagram outreach, including a new weekly “drop-in” feature on Wednesdays to improve visibility and encourage community engagement.

2. Demonstrating Impact Through Client Feedback

To evaluate the impact of our work and re-engage following our move from the hub, we conducted a comprehensive six-month review.

A bespoke questionnaire was sent to all active clients (60, excluding 15 new referrals not yet engaged). Each client was contacted personally by a member of staff, either by phone or face-to-face.

We received 40 responses, representing 66% of active clients, most of whom had engaged regularly over the period.

Key Findings:

- 95% rated the support they received from ESRA 9 or 10.
- 91% stated that ESRA was essential or very important to maintaining their recovery
- Over 90% described ESRA as a “lifeline” and “safe space”, highlighting the continued value of our trauma-informed, peer-led model.

3. Organisational Adaptation and Resilience

- Responded swiftly to the loss of our hub space by establishing a new outreach model, ensuring no disruption to client delivery.
- Maintained open communication with staff, clients, and partners regarding changes to premises and funding, reinforcing our commitment to transparency and stability.

East Sussex Recovery Alliance end of year Trustee report 2024 - 2025 Cont'd

4. Strengthening Governance and Sustainability

- Launched a trustee recruitment campaign to diversify skills and lived experience on our board, strengthening governance and long-term planning.
- Appointed a new chair.
- Engaged with potential funders, including the lottery, the Lloyds Bank Foundation, People's Postcode Trust, and Hastings Lions among others.
- Closely monitored developments in the new National Lottery Strategy to align future funding applications.

5. Improving Systems and Demonstrating Outcomes

Following on from a review of how we demonstrate impact and communicate the value of our work.

- We have developed some new monitoring tools, including the ESRA journey, which is completed at induction, 3, 6, 9 and 12 months.
- We have developed an exit questionnaire.
- Renewed how we record impact from our SMART courses.

6. Strengthening Communications

- Produced and distributed regular newsletters to keep clients, stakeholders, and partners informed and engaged.
- Continued promotional efforts through social media, posters, and peer-led outreach to maintain ESRA's presence and accessibility in the local recovery landscape.

Challenges

While ESRA has achieved a great deal this year, we have also faced significant challenges that have tested our resilience and highlighted areas requiring ongoing attention and strategic action.

1. Moving out of the hub

We had planned to leave our main hub in March 2025, but the move was brought forward to December 2024. This required us to quickly adjust to a new way of working. We have now secured a new office and two spaces for running activities. This change has not affected the number of people we support, and we're still offering a welcoming and accessible place for clients. People continue to feel supported, and our staff team has adapted well to the transition.

East Sussex Recovery Alliance end of year Trustee report 2024 - 2025 Cont'd

2. Financial Uncertainty and Funding Gaps

The end of key funding from the National Lottery Community Fund left a gap in our core operational budget, although we had an extension so can plan how we reapply.

Despite ongoing applications to trusts and foundations securing long-term, unrestricted funding remains a significant challenge.

Staff time and resources continue to be diverted toward grant writing and short-term fundraising.

3. Staff and Volunteer Capacity

Our small core team continues to carry a high workload, including frontline delivery, administration, impact tracking, and fundraising.

While the lived experience of our staff is a strength, and sustainability is an ongoing concern without increased staffing or capacity-building support.

4. Digital Exclusion and Communication Barriers

While social media engagement has grown, many of our clients remain digitally excluded or face challenges with accessing online updates, particularly around service changes or opportunities.

Reaching these individuals has required intensive, one-to-one communication, which is effective but resource heavy.

5. Governance Development

With changes to the trustee board and the need to strengthen strategic oversight, trustee recruitment has been a priority.

These challenges have reinforced the importance of stable funding, and investment in staff wellbeing and infrastructure. Despite the pressures, ESRA continues to adapt and advocate for those in recovery across Hastings and beyond.

Staff team

The ESRA staff team as of 31.03.25:

Chief Officer – Jacqui Skilton. The Chief Officer is responsible for oversight and planning of all of the day-to-day running of the organisation under the Board of Trustees. Jacqui has a background in management in community settings and working with vulnerable people.

Hastings Staff team:

- Senior support Worker
- Community Engagement and Group Coordinator
- Community Engagement worker

East Sussex Recovery Alliance end of year Trustee report 2024 - 2025 Cont'd

Board of Trustees

Governance responsibility for ESRA lies with the Board of Trustees. Some of these have supported ESRA for many years and bring a wealth of experience to the organisation. They are:

- **Simon Hubbard** – Chair
- **Danielle Mitchell** - Secretary - expertise in the charity sector
- **Martin Connolly** – Treasurer - expertise in finance
- **Charlie Dix** – expertise in project management

The Board of Trustees meets every twelve weeks and also attend some ESRA events. We also hold strategy and planning sessions periodically.

There is a process of trustee induction and training. Additionally, potential and new Trustees are invited and encouraged to spend time at the project getting to know the staff and services.

New Trustees are provided with information and support regarding the following areas:

- Their role and responsibilities as Trustees.
- The main documents which set out the operational framework for the charity, including the Memorandum and Articles of Association.
- The complex funding of ESRA and the current financial position, as set out in the latest published accounts.
- Future business plans and objectives of ESRA.
- We also hold regular strategy and planning sessions to ensure that ESRA is aligned to its charitable aims, with a clear plan for the future.

Our strategic priorities for next year

- To reach a larger and more diverse number of those needing help with addiction.
- To create new services that address gaps in support to those facing addiction.
- To expand and improve education and training to health professionals, community group and local businesses.
- To support the development of an Addiction Partnership locally to ensure continuous improvement and integration of services.
- To improve our governance and good practice.

Our services

ESRA provides a range of recovery-focused, peer-led services for individuals affected by addiction and related challenges in Hastings and the surrounding area. Our support is free, confidential, and centred on creating a safe, inclusive community that promotes long-term recovery.

- Peer-Led Group Work.
- Structured 10-week recovery programs with a focus on self-awareness, motivation, and life planning.
- Regular SMART Recovery groups facilitated by trained staff and volunteers with lived experience.
- Specialist group sessions covering wellbeing, relapse prevention, and next steps planning.

Weekly Drop-In Service

East Sussex Recovery Alliance end of year Trustee report 2024 - 2025 Cont'd

One-to-One Support

- Practical and emotional support delivered by trained staff and volunteers.
- Goal setting, confidence building, and support with housing, benefits, or referrals.

Recovery Planning and Progress Tracking

- At induction clients complete an initial ESRA journey that is reviewed at 3, 6, 9, and 12 months to assess progress in their recovery journey.
- Use of tailored tools and a bespoke database to record and reflect individual journeys.

Community Building and Peer Connection

- A strong sense of community and mutual support is central to ESRA's model.
- Opportunities for peer mentoring, volunteering, and co-producing services with clients.

Outreach and Engagement

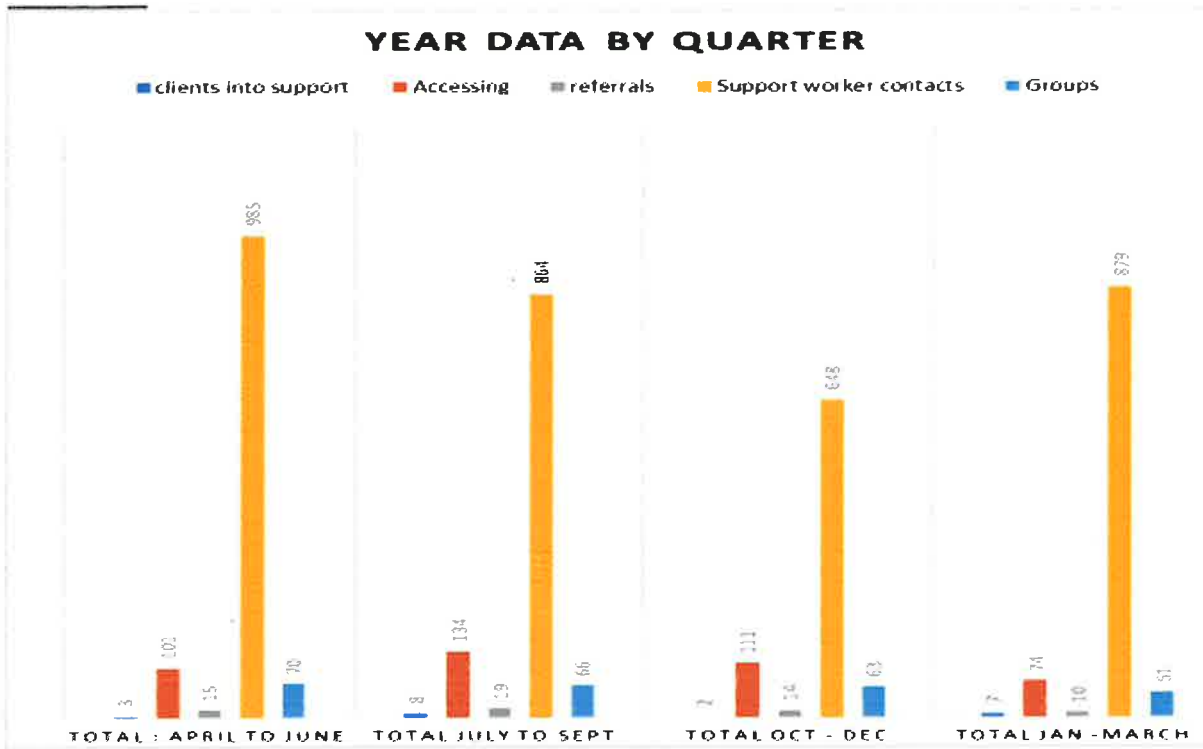
- Targeted outreach using posters, flyers, and QR code engagement cards to reach harder-to-reach individuals.
- Active presence on Facebook and Instagram, including weekly "drop-in" digital features.

Signposting and Partnership Working

- Close working relationships with local services including mental health teams, housing providers, and social care.
- Help with accessing external treatment, detox, or specialist recovery programmes where needed.
- All services are underpinned by ESRA's trauma-informed, person-centred approach, with a focus on dignity, empowerment, and recovery in the community. A safe and supportive space (Hastings Recovery Hub) that is welcoming, widely known, well positioned and connected to attract the people we are trying to reach.
- From January 2025 we changed our delivery model and deliver from Hastings community information hub.

East Sussex Recovery Alliance end of year Trustee report 2024 - 2025 Cont'd

Impact



Although we made some big changes to how we run our services in December, the number of people we are in contact with has not dropped significantly – even though we are offering fewer group sessions, which explains the lower attendance numbers. We had fewer referrals during the transition, but the ones we have received were well-suited for ESRA.

East Sussex Recovery Alliance

for the year ended 31 March 2025 (continued)

Financial review

TREASURER'S REPORT

Funding remains one of our biggest challenges and the management team continue to focus on this as one of their key tasks.

Funding Received:

Isabel Blackman	£5,000
Garfield Weston	£15,000
Hastings Roundtable	£750
Sussex Community Foundation	£8,179
Coop	£10,000
Arnold Clarke Community Fund	£1,000
Chalk Cliff Trust	£5,000
Lottery	£124,870
Donations & Legacies	£2,302
Interest	£2,227
Cafe Income	£3,624
Fund Raising Income	£256

Risk management

The Charity maintains a risk register and conducts regular reviews of major and minor risks faced. Systems and procedures have been established to mitigate these and external risks to contract funding have led to regular reviews of the business plan and publicity and fundraising campaigns to help diversify funding sources.

Internal control risks are managed by the implementation of procedures for the authorisation of all transactions and projects. Procedures are in place to ensure the health and safety of staff, volunteers, clients, and visitors.

Responsibilities of the Trustees

The Trustees are required by Company Law to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity including a balance sheet and income and expenditure for the financial year. In preparing those financial statements the Trustees follow best practice and:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departure disclosed and explained in the financial statements, and
- Prepare the financial statements on the ongoing concern basis unless it is inappropriate to assume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy and at any time, the financial position of the Charity, in accordance with the Companies Act 2006.

The Trustees are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware: There is no relevant financial information of which ESRA's independent examiner is unaware; and the Trustees have taken all the steps that they ought to have taken in order to make themselves aware of any relevant financial information

The Trustees have established that the Charity independent examiner is aware of that information.

Signed on behalf of the charity's trustees:

Signed  Date 4/8/25

Signed _____ Date _____

East Sussex Recovery Alliance

Receipts & Payments accounts
for the period

1 April 2024 to 31 March 2025

	Current Year			Previous Year
	Restricted funds	Unrestricted funds	Total funds	Total funds
<u>Receipts</u>				
Grants	148,049	21,750	169,799	191,606
Bank Interest	-	2,227	2,227	1,763
Café Income	-	3,624	3,624	3,818
Donations & Legacies	-	2,302	2,302	14,698
Fundraising Income	-	256	256	440
Total Receipts	148,049	30,159	178,208	212,325
<u>Expenditure</u>				
Café Cost	1,331	857	2,188	3,924
Other Direct Costs	900	-	900	5,158
Wages	85,387	35,372	120,759	141,787
Social Security	5,558	(1,590)	3,968	5,957
Pensions	2,198	1,729	3,927	4,863
Other Operating Leases	2,092	6,179	8,271	9,829
Insurance	1,601	-	1,601	1,605
Light & Heat	2,624	388	3,012	10,132
Telephone	838	-	838	822
Postage & Stationary	1,016	385	1,401	2,616
Advertising	893	-	893	30
Sundries	1,806	2,644	4,450	(1,481)
Cleaning & Waste Removal	-	2,150	2,150	1,496
Subscriptions	2,759	1,125	3,884	4,193
Staff Travel Expenses	161	222	383	867
Volunteer Travel Expenses	-	116	116	837
Training	1,462	737	2,199	3,366
Computer Consumables	7,653	-	7,653	8,319
Staff Gifts	-	-	-	40
Repairs and Maintenance	1,279	34	1,313	1,355
Bank charges	8	89	97	102
Accountancy & Legal Fees	60	300	360	3,120
Bookkeeping	2,394	-	2,394	2,748
Volunteer Expenses	85	70	155	-
Total Expenditure	122,105	50,807	172,912	211,685
Net surplus/(deficit)	25,944	(20,648)	5,296	640
Balance brought forward	01/04/24	70,173	23,224	93,397
Balance carried forward	31/03/25	96,117	2,576	98,693

East Sussex Recovery Alliance

Statement of Assets & Liabilities

as at

31 March 2025

	Restricted Income £	Unrestricted Income £	Total £	Previous year Total £
Current assets				
Cash at Bank and in hand	97,294	3,218	100,512	96,460
	<u>97,294</u>	<u>3,218</u>	<u>100,512</u>	<u>96,460</u>
Creditors				
Amounts falling due within one year	1,177	642	1,819	3,063
	<u>1,177</u>	<u>642</u>	<u>1,819</u>	<u>3,063</u>
Net Current Assets	<u>96,117</u>	<u>2,576</u>	<u>98,693</u>	<u>93,397</u>
Represented By:				
Accumulated Fund B/F	70,173	23,224	93,397	92,757
Surplus/(Deficit)	25,944	(20,648)	5,296	640
	<u>96,117</u>	<u>2,576</u>	<u>98,693</u>	<u>93,397</u>

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 1993. The trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments account and Statement of Assets and Liabilities.

Approved by the Trustees on 4/8/25 and signed on their behalf by

Simon Hayward

East Sussex Recovery Alliance
Notes to the accounts
for the year ended 31 March 2025

1 Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2 Trustees' remuneration

Trustees received no remuneration in this period.

3 Related party transactions

There were no related party transactions during the period.

4 Previous period comparison

The previous period's figures are included to enable the reader of the accounts to make comparisons with the previous year.

5 Glossary of terms

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.

6 Staffing Levels as of 31.03.2025

Full Time Equivalent	3.5
Volunteers	11

Independent Examiner's Report to the Trustees of the East Sussex Recovery Alliance

I report on the accounts of East Sussex Recovery Alliance for the twelve month period ended 31 March 2025 which are set out on the previous pages.

Respective responsibilities of the Trustees & examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act), and that an independent examination is needed.

It is my responsibility:

- to examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the supporting documentation presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Laura Dawson
Finance Manager
Hastings Voluntary Action
Jackson Hall, Portland Place, Hastings, TN34 1QN

Dated: 11/08/2025.

EAST SUSSEX RECOVERY ALLIANCE

England & Wales - Charity number 1179560

Accounts

East Sussex Recovery Alliance

Registered charity number 1179560

Financial Statements

for the period

1 April 2023 - 31 March 2024

Page	Contents
2	Organisational Information
3 - 12	Trustees Annual Report
13	Receipts & Payments account
14	Statement of Assets & Liabilities
15	Notes
16	Independent Examiner's report

Hastings Voluntary Action
Jackson Hall
Portland Place
Hastings
East Sussex
TN34 1QN

East Sussex Recovery Alliance
Organisational Information
for the year ended 31 March 2024

Full name: East Sussex Recovery Alliance

Other names by which the charity is known: ESRA

Registered charity number: 1179560

Principal address: 5 Harold Place, Hastings, East Sussex, TN34 1JA

Trustees: Danielle Mitchell - Treasurer
Gareth Trevitt
Sarah Milton - Resigned February 2024
Jackie Travis
Anton Gayton - Resigned February 2024
Martin Connolly
Charlie Dix - Appointed May 2024

Senior Management Team

Jacqui Skilton - Chief Executive
Alison Bissett - Hub Manager - Hastings
Karlie Allaway - Hub Manager - Eastbourne (Resigned April 2023).

Bankers HSBC, 4 Robertson Street, Hastings, East Sussex, TN34 1HW

Independent examiner

Laura Dawson, Finance Manager of Hastings Voluntary Action, Jackson Hall, Portland Place, Hastings, TN34 1QN.

Governance and management

CIO - Association Registered 15th August 2018

Charitable Objects

To Promote and protect the physical and mental health of people in recovery or actively seeking recovery from drug and/or alcohol misuse and their families/carers in particular but not exclusively by the provision of counselling, peer led groups, support and activities.

East Sussex Recovery Alliance

for the year ended 31 March 2024
Trustee's Annual Report

Executive Summary

East Sussex Recovery Alliance has had another successful year supporting individuals to have healthier, happier and more fulfilling lives. We help clients to improve confidence, connectivity and skills to further their education and employment, or career opportunities.

Over the last year we have supported 264 clients with 4,304 contacts, consisting 3,030 contacts to 159 Hastings clients, 655 contacts to 81 Eastbourne clients and 621 clients to 21 clients in local, rural areas.

In a recent survey we asked clients to name the top 3 activities that support their recovery.

We had 60 responses.

58% reported they needed a safe space to come to.

45% reported that the café supported their recovery.

41% reported that SMART group was important to their recovery.

The college courses and therapeutic activities were the things people needed least to support their recovery, although they said that they enjoyed participating.

The contract for ESRA's hub in Eastbourne transferred to a new provider on 1st June 2023 and we now have one hub in Hastings. Eastbourne staff contracts transferred under TUPE and some staff secured new roles with other organisations. ESRA continues to support clients from Eastbourne and other areas in the county remotely, through online groups and face to face.

ESRA has developed its SMART programme over the last year which is proving to be a great success. It helps support clients managing their own recovery by using the tools they have learned within the group. Clients are also supported by telephone contacts, online groups and groups activities. The café remains the heart to the ESRA Hub in Hastings and is well used; we can offer a hot meal a day, cake, tea or coffee and the café also offers opportunities for clients volunteering.

The staff continue to offer amazing support to clients giving time and listening to what clients need.

Key Achievements in 2023 - 2024:

Introducing a new recovery plan which is initially set up at induction and then reviewed at 3 months, 6 months, 9 months and a year.

In July we started using google forms to evaluate courses and activities.

All staff have had mandatory training in Trauma Informed Practice and Suicide 1st Aid, and have also attended other training to improve their professional development.

A partnership project with ESRA and Coastal Currents commenced in September 2023. The clients used creative writing and arts to produce work that covered their recovery journeys which was displayed in Hastings town centre bus stops

We now have 3 students counsellors supporting clients who have identified that counselling would really help with their recovery, with another counsellor starting in May 2024. All the counsellors use Person Centred Modality.

We held a Recovery Event in September 2023.

We send out over 350 bi-monthly newsletters to partners.

ESRA received two awards for Wellbeing Award At Work Award; the first award was for Commitment and the second was the Bronze award. These awards recognise the importance of the support we give to staff regarding staff wellbeing.

We have started gathering clients' stories to show their progress which are inspiring.

Challenges

ESRA faced several challenges, the first being the loss of the Eastbourne hub to Change Grow Live. This was because East Sussex County Council / CGL wanted to offer a different service which was not in line with ESRA's ethos.

Funding continues to be challenging but we have been fortunate to receive an uplift from the lottery for this financial year and next financial year. We have been successful in several smaller bids which have helped us continue to support the Hastings hub.

ESRA STAFF TEAM

The ESRA staff team 31.03.24:

Chief Officer – Jacqui Skilton. The Chief Officer is responsible for oversight and planning of all of the day to day running of the organisation under the Board of Trustees. Jacqui has a background in management in community settings and working with vulnerable people.

Hub Manager Hastings – Alison Bissett. Alison supports the Chief Officer and runs the day-to-day operations of the Hastings Hub.

Hastings Staff team:

Senior support Worker

Group and activities coordinator.

Receptionist / support worker

Café supervisor

The staff team worked extremely hard this year to ensure we provide the support our clients require. We have 11 active volunteers, without whom ESRA would not function. We are indebted to our volunteers who help with so much, by offering free counselling and therapeutic activities. Sincere thanks go to all the volunteers, staff and trustees for all their hard work and commitment to supporting our clients.

BOARD OF TRUSTEES AND ADVISERS

Governance responsibility for ESRA lies with the Board of Trustees. Some of these have supported ESRA for many years and bring a wealth of experience to the organisation. They are:

Danielle Mitchell - Secretary - expertise in the charity sector

Gareth Trevitt - expertise in management and has lived experience

Jackie Travis - expertise in HR

Martin Connolly - Treasurer expertise in finance

Charlie Dix – project management

The Chair resigned in February 2024 and at present ESRA is without a Chair. ESRA is working with Lloyds Enhance Support to help in the recruitment of a new Chair. In the interim, each member of the Board shares the Chairs' responsibilities.

The Board of Trustees meets every twelve weeks and also attend some ESRA events. We also hold strategy and planning sessions periodically.

There is a process of trustee induction and training. Additionally, potential, and new Trustees are invited and encouraged to spend time at the project getting to know the staff and services.

New Trustees are provided with information and support regarding the following areas:

- Their role & responsibilities as Trustees
- The main documents which set out the operational framework for the charity, including the Memorandum and Articles of Association
- The complex funding of ESRA and the current financial position, as set out in the latest published accounts.
- Future business plans and objectives services, as provided by ESRA.

We also hold regular strategy and planning sessions to ensure that ESRA is aligned to its charitable

Independent Examiner's Report to the Committee of the East Sussex Recovery Alliance

I report on the accounts of East Sussex Recovery Alliance for the twelve month period ended 31 March 2024 which are set out on the previous pages.

Respective responsibilities of committee & examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act), and that an independent examination is needed.

It is my responsibility:

- to examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the supporting documentation presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Laura Dawson
Finance Manager
Hastings Voluntary Action
Jackson Hall, Portland Place, Hastings, TN34 1QN

Dated: 14th August 2024

East Sussex Recovery Alliance
Notes to the accounts
for the year ended 31 March 2024

1 Receipts & payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2 Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

3 Related party transactions

There were no related party transactions during the period.

4 Previous period comparison

The previous period's figures are included to enable the reader of the accounts to make comparisons with the previous year.

5 Glossary of terms

Restricted funds: These are funds given to the charity, subject to specific restrictions set by the donor, but still within the general objects of the charity.

6 Staffing Levels as of 31.03.2024

Full Time Equivalent	6
Volunteers	11

East Sussex Recovery Alliance

Statement of Assets & Liabilities

as at

31 March 2024

	Restricted Income £	Unrestricted Income £	Total £	Previous year Total £
Current assets				
Debtors		-	-	1,189
Cash at Bank and in hand	72,249	24,211	96,460	121,891
	72,249	24,211	96,460	123,080
Creditors				
Amounts falling due within one year	2,076	987	3,063	30,323
	70,173	23,224	93,397	92,757
Net Current Assets				
Represented By:				
Accumulated Fund B/F	39,208	53,549	92,757	87,107
Surplus/(Deficit)	30,965	(30,325)	640	5,650
	70,173	23,224	93,397	92,757

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 1993. The trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments account and Statement of Assets and Liabilities.

Approved by the Trustees on 29 AUGUST 2024 and signed on their behalf by

MARTIN CONNOLLY



East Sussex Recovery Alliance

Receipts & Payments accounts
for the period

1 April 2023 to **31 March 2024**

	Notes	Current Year			Previous Year
		Restricted funds	Unrestricted funds	Total funds	
Receipts					
Donations		-	14,698	14,698	12,584
Grants		189,106	2,500	191,606	277,986
Bank Interest		-	1,763	1,763	313
Café Income		-	3,818	3,818	7,283
Venue Hire		-	-	-	285
Fundraising Income		-	440	440	
Total Receipts		189,106	23,219	212,325	298,451
Expenditure					
Café Cost		269	3,655	3,924	6,626
Other Direct Costs		5,158	-	5,158	15,522
Wages		123,454	18,333	141,787	198,259
Social Security		5,957	-	5,957	9,496
Pensions		3,900	963	4,863	6,041
Other Operating Leases		-	9,829	9,829	9,185
Insurance		-	1,605	1,605	843
Light & Heat		5,430	4,702	10,132	4,726
Telephone		822	-	822	1,581
Postage & Stationary		1,833	783	2,616	3,758
Advertising		-	30	30	1,246
Sundries		-	(1,481)	(1,481)	579
Cleaning & Waste Removal		-	1,496	1,496	1,371
Subscriptions		224	3,969	4,193	4,548
Staff Travel Expenses		366	501	867	1,899
Volunteer Travel Expenses		539	298	837	732
Training		1,647	1,719	3,366	5,274
Computer Consumables		8,180	139	8,319	11,655
Staff Gifts		-	40	40	27
Repairs and Mainenance		42	1,313	1,355	1,934
Bank charges		-	102	102	115
Independent Examination		-	-	-	1,560
Accountancy & Legal Fees		-	3,120	3,120	1,080
Bookkeeping		320	2,428	2,748	4,074
Legal & Professional Fees		-	-	-	670
Total Expenditure		158,141	53,544	211,685	292,801
Net surplus/(deficit)		30,965	(30,325)	640	5,650
Balance brought forward	1/4/23	39,208	53,549	92,757	87,107
Balance carried forward	31/3/24	70,173	23,224	93,397	92,757

Responsibilities of the Trustees

The Trustees are required by Company Law to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity including a balance sheet and income and expenditure for the financial year. In preparing those financial statements the Trustees follow best practice and:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departure disclosed and explained in the financial statements, and
- Prepare the financial statements on the ongoing concern basis unless it is inappropriate to assume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy and at any time, the financial position of the Charity, in accordance with the Companies Act 2006.


The Trustees are also responsible for safeguarding the assets of the Charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- there is no relevant financial information of which ESRA's independent examiner is unaware; and
- the Trustees have taken all the steps that they ought to have taken in order to make themselves aware of any relevant financial information

The Trustees have established that the Charity independent examiner is aware of that information.

Signed on behalf of the charity's trustees:

Signed _____  _____ Date 29/08/24

Signed D. M. K. 11 _____ Date 4.09.2004

East Sussex Recovery Alliance

for the year ended 31 March 2024 (continued)

Financial review

TREASURER'S REPORT

Funding remains one of our biggest challenges and the management team continue to focus on this as one of their key tasks.

Lottery uplift of £45,031

The Trustees and the team would like to thank Lloyds Foundation and The National Lottery as well as many other organisations and charitable trusts for their donations and invaluable support.

Funding we received this year includes:

Isabel Blackman	£5,000
Hastings Food Network	£2000
Hastings Lions	£1,000
B and Q	£7,000
Awards for All	£10,000
MIND	£1,350
Magic Little Grants	£200
Magdalen & Lasher	£1250
Hastings Lions	£1000
Chalk Cliff	£4,000
Police Community Safety	£2,500
Lottery with uplift	£121,297
Lloyds funding	£25,000

ESRA received a total funding of £184,371 which was further supported by income from the café £6,000 (costs were £4,216).

Risk management

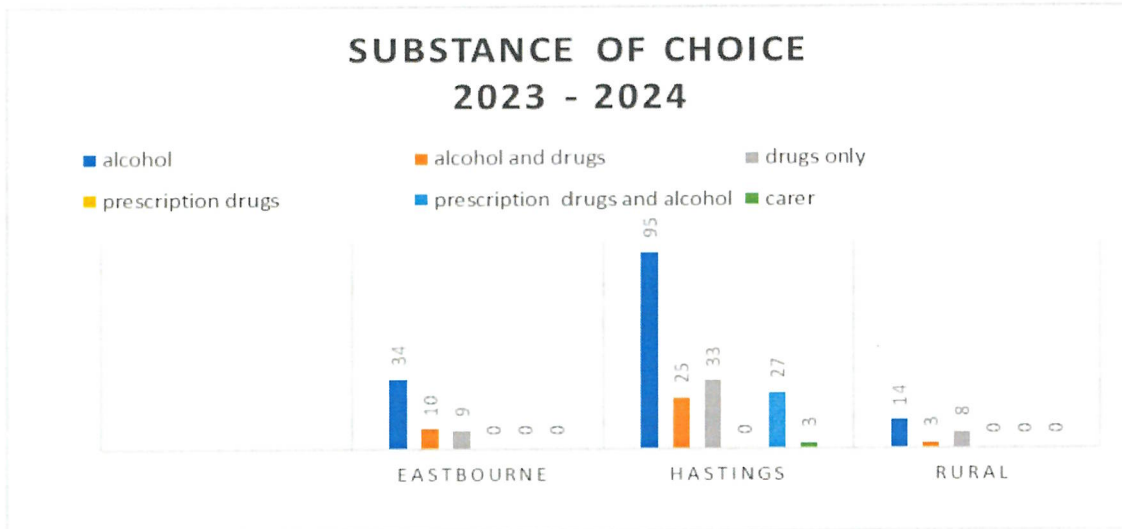
The Charity maintains a risk register and conducts regular reviews of major and minor risks faced. Systems and procedures have been established to mitigate these and external risks to contract funding have led to regular reviews of the business plan and publicity and fundraising campaigns to help diversify funding sources.

Internal control risks are managed by the implementation of procedures for the authorisation of all transactions and projects. Procedures are in place to ensure the health and safety of staff, volunteers, clients, and visitors.

Reserves policy

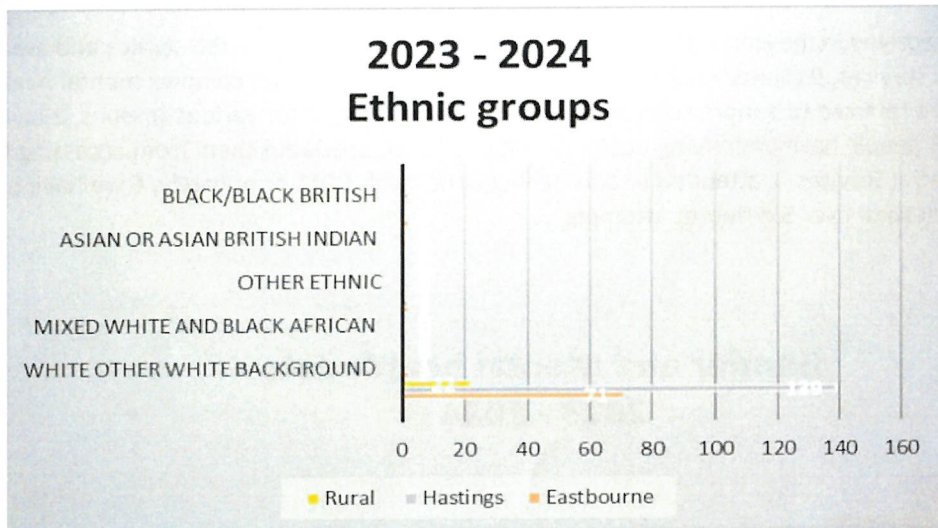
The Charity does not have a reserves policy.

More than half the clients we see are male and over v half of these have mental health conditions with which they need support. We have a number of clients from the LGBT+QI community.



Alcohol is the substance used by 54% of clients; this does not include people who are using alcohol and drugs or prescription drugs (this group totals 29%)

Drugs are used by 18% of our clients



This graph shows that ESRA’s clients the majority are White British, which aligns with the demographics for East Sussex.

Counselling

We offer free counselling sessions to clients who are not quite ready to engage in group work. We currently have 3 trainee counsellors who have supported 17 clients this year.

We received 15 responses from these clients:

100% of those who replied reported that counselling had helped maintain their recovery.

73% reported that they had better coping strategies to manage their recovery.

Clients were asked how the counsellors had supported their recovery and this some of the feedback we received.

- *Very warm and understanding, knowledgeable, non-judgemental, felt really listened to and understood, patient and calm.*

- *They have provided me with the ideological and philosophical Knowledge. They suggested me to practice meditation/mindfulness approach as well as physical well beingness activities for healthy body and mind.*

- *By listening intently and commenting sympathetically and objectively.*

- *Great, very understanding, empathic, professional, appropriate*

Data over the year:

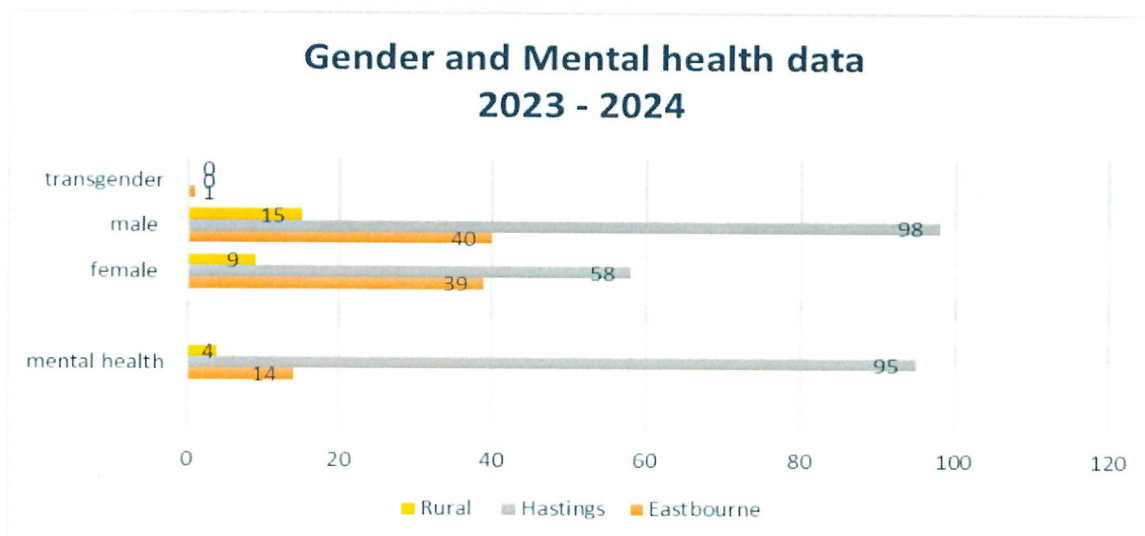
We have continued to receive referrals over the last year from a number of agencies and partners, these include CGL, NHS, Self-Referrals, Probation Services and Southdown's although this list is not exclusive. Geographically,

- 24 from Eastbourne
- 70 from Hastings
- 12 from the rural areas.

Of these referrals the number we supported were

- 13 from Eastbourne
- 26 from Hastings
- 4 from rural areas.

70 referrals were received in the Hastings area and of these, 26 have engaged in the service and are accessing several groups and services, 9 clients were referred back to or on to CGL, 7 had complex mental health conditions and were referred to a more suitable service, 9 self-disengaged for various reasons, 2 have moved from East Sussex, 3 people have underlying health conditions which precludes them from accessing the hub, 1 referred back to Social Services, 2 attended to counselling either with ESRA or privately, 6 we have been unable to contact despite over 5 different attempts



42 different clients attended these courses in the Hastings hub over the last year.

The Creative Writing course produced art and writing for a project in Hastings called Coastal Currents. This was a 10-week course where clients were able to develop through creative writing and art their own recovery posters. These were then displayed in bus stops in the town during November and December last year. This in turn raised awareness for ESRA whilst looking at reducing stigma in the recovery community.

We have received feedback from the other courses:

93% said course had helped with their recovery.

86% said it helped the build new friendships.

100% strongly agreed or agreed that the courses had supported their wellbeing.

100% strongly agreed or agreed that they had gained new skills.

Clients said about the courses.

- *The baking course was very well facilitated it was good fun and helped with mental health wellbeing, would definitely do it again if it was offered.*
- *I would love to carry on with the next course and focus on improving my writing skills. Course was fantastic. Sue was amazing.*
- *I'd like to do the course again for sure! The arts course with Sue was great. Engaging and encouraging. Sue is an excellent tutor, giving excellent briefs for the lessons, offering knowledgeable and creative guidance throughout. We were also given "open" options as we went along and guidance on how to work further on a piece at home should we wish.*
- *Very important activity to participate in whilst I'm not working, helps to stay active.*
- *I found the free writing very liberating and thought provoking.*
- *The course was brilliant, enjoyable, and thought provoking in a positive way. It gave me a real sense of achievement.*

We have also delivered a range of therapeutic activities including:

Hand massage

Yoga

Mindfulness on the beach

Reiki

50 clients have accessed therapeutic activities over the last year and we had 44% responses to our questionnaires. (n.b. we didn't start using this new system until quarter 2)

95% report these activities supported their recovery

100% report that they supported their wellbeing

This is some of the feedback we received on these groups:

- *Very much so, they have helped me with my sobriety and mental health and moving forward in my recovery.*
- *Enabling me to switch off from everyday life.*
- *Relives stress and tension and anxiety.*
- *I wouldn't be able or comfortable to attend these sessions outside of ESRA as I would not have the confidence to do that. I also enjoy coming into the hub and meeting people.*
- *This session helped my anxiety and reminded me as to how to relax and switch off from ongoing stressful life experiences.*
- *I feel these sessions are important. They have helped in my recovery. I am grateful to have had the opportunity to attend these sessions.*
- *ESRA has been a lifeline for me, and the different levels of support have always given me the encouragement to move forward despite the dark days. I have always smiled and remembered the positive situations in my life whilst engaging with ESRA through the support of the amazing and professional staff.*

Of these 20 who attended

60% completed the 10 week the course.

100% who completed the course have remained abstinent and continue to access ESRA activities, support, and groups.

35% of clients who completed the SMART course have been attending counselling at ESRA.

40% of clients have been able to maintain their employment responsibilities or have found employment.

40% unfortunately weren't able to complete the course for a variety of reasons:

2 were offered counselling, having found the group work challenging and triggering.

1 went to work.

1 is still attending ESRA for support.

2 had a mental health crisis.

Staying SMART

This is a drop held weekly in Hastings, provided as a follow on from the SMART course. This is a maintenance group so people attend when they need or are able to, to get some that extra support. It has been attended over the last year by 13 regularly clients who have attended over 192 times.

Of these

100% reported this group had helped their recovery.

92% have stayed abstinence.

67% are in regular work.

58% have attending counselling at ESRA.

Peer Group

This has been attended by 14 different clients over the year on 135 different times. These clients often struggle to maintain their recovery and are not able to achieve abstinence, meaning that they are not able to attend the SMART groups.

Out of these:

79% are abstinent.

21% have been on a roll coaster and have not been able to maintain their long-term recovery, but have had bouts of abstinence.

14% are now having regular counselling sessions at ESRA.

We started an online recovery group every week to reach those who live in areas outside of Hastings and 8 clients attend regularly.

Activities

We offer a range of activities and groups, some of which are offered through East Sussex College:

Creative art

Made by meditation

Art in Nature

Origami

Wellbeing and creative journalling

IT.

25 different clients attended these courses in Hastings over the last year.

Other courses are provided by and paid for by ESRA:

Christmas Crafts

Creative Writing

Calligraphy

Mindful Bakers.

On-going access to our well-being and therapeutic services which include counselling, hand massage, reiki, walk and talk , mindfulness on the beach and mindful bakers.

A sense of community and important on-going structure that underpins people's recovery success.

Clients 1-1 basis practical solutions, whilst building confidence and resilience to manage day to day life.

Help to rebuild lives through information, advice and guidance on housing and accommodation, benefits, financial management, digital inclusion and access to healthcare appropriate to the clients' needs.

Training to our workers in TIP (Trauma Informed Practice).

Support through reference back to other partner organisations such as CGL, Warming Up the Homeless, Seaview Project, Adult Social Care and housing for further specialist support.

Opportunities to volunteer in the Hub including the café, admin, maintenance and other opportunities for those 9 months into their recovery.

1-1 practical support with CVs, job applications, interview skills and digital inclusion.

Information on job fairs, job listings and training opportunities.

Access to our free in-house training to build their professional development and potential employability in food hygiene.

A diverse range of opportunities to improve employability skills through our extensive networks which include...

Advocating on behalf of those in recovery to potential employers, Department of Work and Pensions and others to break stigma and raise awareness of the potential of those in recovery.

Advising and raising awareness of the integral support of those in recovery need in volunteering and employment.

IMPACT AND VALUE

Monitoring and evaluation

We have been looking at ways to monitor and evaluate our work, and asking clients for their stories of recovery. These are powerful and inspiring, and have been shared with partners and are on our website.

To monitor clients progress we introduced a new system in June 2023 which monitors the progress throughout the first year for people attending ESRA. We hope that this will be able to demonstrate over a year what changes people have made.

So far, we have complete:

21 baseline questionnaires (which are completed at induction); 23% reported that they were very confident in maintaining their recovery, 48% reported they were confident and 24% reported they were not so confident.

By using this data, we hope to be able to support people individually in their recovery plans.

6 of the 3-month individual recovery plans; 100% now report they were confident to maintain their recovery

2 of the 6-month plans; 100% report they were confident in maintaining their recovery

1 of the 9-month plans; this individual's recovery plan has improved her score by at least one in every section

Survey to clients re their recovery

In July we started to use Google forms to evaluate the activities and courses we deliver. These are now used on a regular basis for many of the activities and clients are getting used to using these. They are sent out to clients on a quarterly basis for ongoing groups, or after the end of a course. If clients are digitally excluded, we can complete the form in-house with them to ensure that we capture their views. This system is still in its infancy, but we have been able to gather some data to analyse.

SMART recovery

26 different people attended our Hastings SMART group 110 times in the last year.

SMART (our 10-week initial course); 26 clients over 5 different courses. One was discontinued half way through due to unforeseen circumstances including mental and physical ill health. We have 6 people attending the current course which finishes at the end May 2024.

OUR STRATEGIC AIMS

Our vision is that clients in recovery from substance misuse can have a positive future.

Our mission is that all clients can maintain their recovery and live a full and meaningful life, free from substance misuse.

Our values - we are empowering, non-judgmental and inclusive.

1. To maintain our work with clients, develop what we do and evidence clear outcomes

To ensure that we can continue to offer comprehensive support to all those who are ready to engage in their recovery journey. To be able show clear evidence of change using Quantitative and Qualitative data.

2. To cover rural needs more adequately across the county to ensure there are no barriers to accessing the appropriate services

ESRA is the only service of its kind in East Sussex. We have had a hub in Eastbourne and continue with a hub in Hastings, supporting over 320 clients a year (average across last 3 years) but we are not adequately addressing rural need across the county.

3. To secure adequate funding

To look at all funding opportunities, giving time to write the bids and get support from a third parties if required.

4. To take a more active and planned approach to promoting ESRA's work

As a unique service in the county, we need to develop a plan for promoting ESRA and developing public relations, as well as develop our communication strategy.

5. To encourage diversity to enable us to expand our client base.

To work in collaboration with recovery partners to look at how we jointly engage with the community to show how to access treatment or recovery services.

6. To embed a transparent staff culture

To ensure all staff are clear of what is expected of them working at ESRA, evidence how they will be supported and improve staff retention.

7. To improve relationships with External Stakeholders

To improve our relationship and communications with our key external stakeholders to ensure we are aligned and supported.

8. To collaborate Partners

To work together with partners to help ESRA grow.

OUR SERVICES

ESRA offers:

A safe and supportive space (Hastings Recovery Hub) that is welcoming, widely known, well positioned and connected to attract the people we are trying to reach.

A recovery hub that provides an alcohol and drug free space to better support the recovery journey.

A holistic and rounded support to individuals to aid in the long-term success of their recovery which includes life admin matters.

An understanding and acknowledgement of the complex needs of those we support – it's not just about addiction, it's about rebuilding all elements of life i.e. secure accommodation, good financial management skills and access to health support amongst others.

A first point of contact that is a 1-1 person centered assessment by a trained senior support worker with lived experience, to jointly determine the best pathway for recovery.

Additional 1-1 support to stabilise and prepare for our core SMART programme (or refer to other more suitable activities we offer). SMART is a self-management and recovery group, a science-based programme which helps people manage their recovery from any type of addictive behaviour. Clients complete a 10-week programme and progress is evaluated from a baseline assessment.

A range of free activities and therapeutic support for those not ready to engage in SMART - the goal is to help people find structure. This includes person centered counselling, creative art and writing, yoga, mindfulness courses, Mindful Bakers cooking, gym access, hand massages, beach 'walk and talk' and fishing.

Our all-important Hub Café open from 9:30am to 2:30pm, three days a week (Mondays, Wednesdays, and Fridays) serving non-alcoholic drinks and hot home cooked meals. This offers a regular socialising opportunity to tackle

EAST SUSSEX RECOVERY ALLIANCE

England & Wales - Charity number 1179560

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
EAST SUSSEX RECOVERY ALLIANCE

Ashdown Hurrey
Chartered Accountant & Business Advisers
20 Havelock Road
Hastings
East Sussex
TN34 1BP

EAST SUSSEX RECOVERY ALLIANCE

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 16

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our primary objective is to support individuals in East Sussex on their recovery journey from substance misuse.

Our activities over the past year have included:

- Peer support groups e.g. Yoga, Reki and Recovery Groups.
- One-on-one counselling sessions
- Educational workshops and seminars
- Community outreach programs

Staff / Volunteers

Staff Level as of 31st March 2023

Full time equivalent - 7.5

Volunteers - 13

ACHIEVEMENT AND PERFORMANCE

As of June 2022, our contract with Change, Grow, Live (CGL) officially ended. This marks a significant transition in our focus and operations. During our partnership with CGL, we were actively involved in managing Cafe North in Eastbourne. However, with the end of the contract, we have ceased our operations at Cafe North.

This shift presents a new strategic direction for ESRA. Our primary focus is now centred on Hastings, where we see substantial opportunities for growth and community engagement. We are committed to providing our clients with the services they need and as we move forward, we aim to build strong community ties, develop partnerships and create impact.

This change reflects our adaptability and dedication to serving communities effectively, even as we navigate through transitions and realign our priorities. We remain committed to delivering high quality services and making a positive difference in our community.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Empowering Lives, Inspiring Change

As we reflect on the accomplishments and contributions of East Sussex Recovery Alliance (ESRA) in the financial year 2022-2023, we are filled with pride for the transforming impact that ESRA has had on the lives of individuals. ESRA remains committed to supporting individuals on their recovery journeys, advocating for addiction and mental health awareness, and fostering a sense of belonging within our community.

Key Achievements in 2023:

- ESRA received 3 year lottery funding of £280,200 for our Hastings hub.
- ESRA updated its Strategy to focus on ways forward to ensure we can focus on individual pieces of work.
- We completed our healthy workplace "commitment award" supporting staff's wellbeing.
- We have worked on a Universal Healthcare Innovation with a local GP surgery. We piloted a project to help our clients who struggled to engage with GP services, to have easier access.
- Another bid from Lloyd's foundation was agreed in February 2023, this will continue to support ESRA development.

Recovery Support Services

ESRA continued to provide essential recovery support services to individuals affected by addiction. Over the past year, we have support 321 individuals across our Hastings and Eastbourne sites through our SMART recovery groups, one to one support, counselling session and wellness programs.

We developed our SMART recovery programme, which has shown great success giving our clients appropriate tools to help maintain long term recovery. 88% of clients who attended reported that the SMART course had helped them make a positive change.

"The support I have received has been invaluable to me and I am so grateful. The meetings give me strength to continue in sobriety and the activities fill the gaps that in the past may have been filled by a pub visit."

Partnerships and Collaborations:

ESRA forged meaningful partnerships with local organisations including East Sussex College and trained tutors. This has enabled us to offer a range of different activities and group sessions.

We have offered a range of groups activities including:

- Yoga
- Reiki
- Fishing group
- Music sessions
- Qi gong and Tai chi
- Art / creative writing
- Wellbeing through art

Courses with the college included:

- Managing stress
- Living mindful
- Induction to poetry

We have also worked in partnership with Coastal Wellbeing, MIND, Education Future Trust, the veteran hubs and other local providers. These collaborations enabled us to expand our reach, share resources and work together to address the complex challenges faced by those in recovery. This also offered the opportunity to become part of the local community.

Reduced Stigma:

Through creative art we provided a space for clients to show how Stigma can affect people in recovery, paving the way for more open and compassionate conversations.

EAST SUSSEX RECOVERY ALLIANCE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Client Stories:

Throughout the year, we have collected and shared powerful stories of hope, resilience, and transformation from individuals in recovery. These stories served as a source of inspiration for others, reinforcing the belief that recovery is possible for everyone.

ESRA witnessed countless stories of individuals who successfully overcame addiction challenges with our support. These stories are a testament to the life-changing impact of our services.

I've been sober now for 14 months but it's been the hardest battle of my life and I know that I could not have done it without ESRA's support.

ESRA has given me a support network of people and has inspired me to be creative again. The support groups are especially helpful.

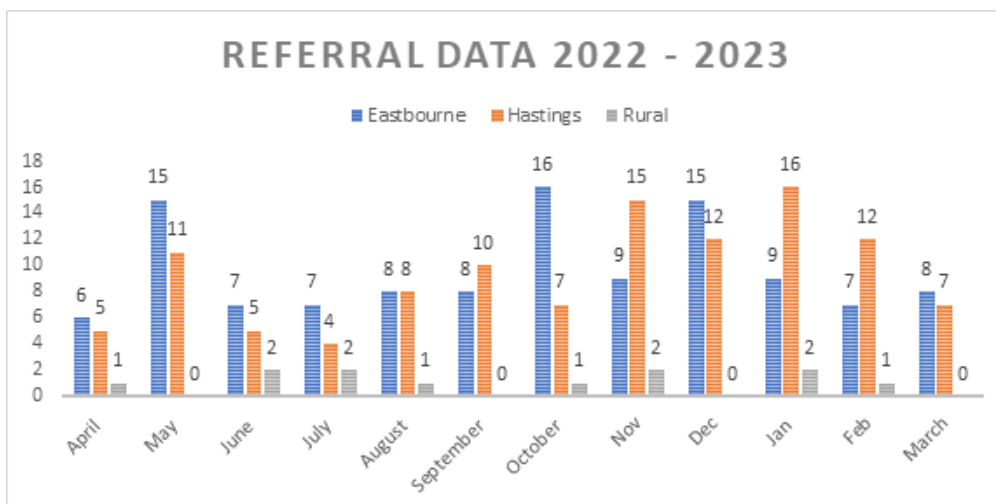
It has really helped talking to people at ESRA. They have supported me and helped me access medical care and other outside organisations to help with my recovery.

If it wasn't for ESRA and their amazing team who have gone above and beyond to help me get to where I am which is a million times better than when I first attended can't thank you all enough.

ESRA has helped me get my life back together, supported me through the rough times, making me believe in myself and wanting to live again. I am so very grateful for all their help. I know I've put the hard work in but ESRA has been my rock.

I wouldn't have survived without ESRA, staff have the most wonderful communication skills to help us move forward, helps to support us as vulnerable people and we can support each other. The people of Hastings would be very deprived without ESRA.

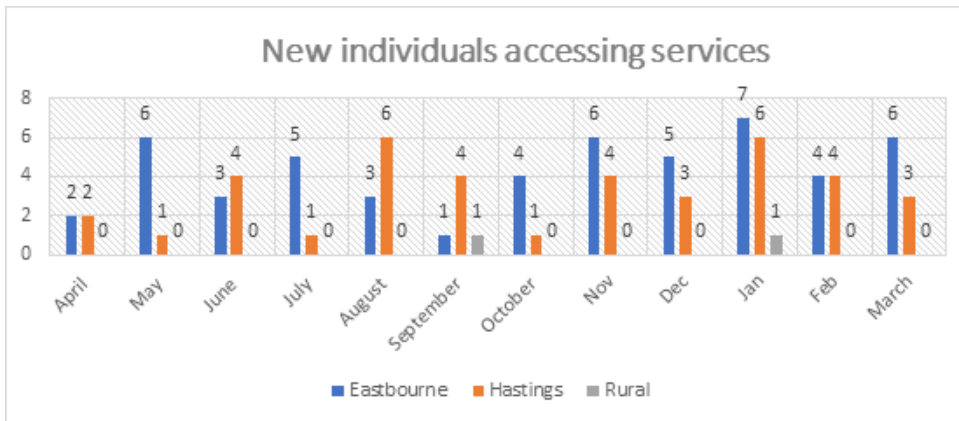
Referrals:



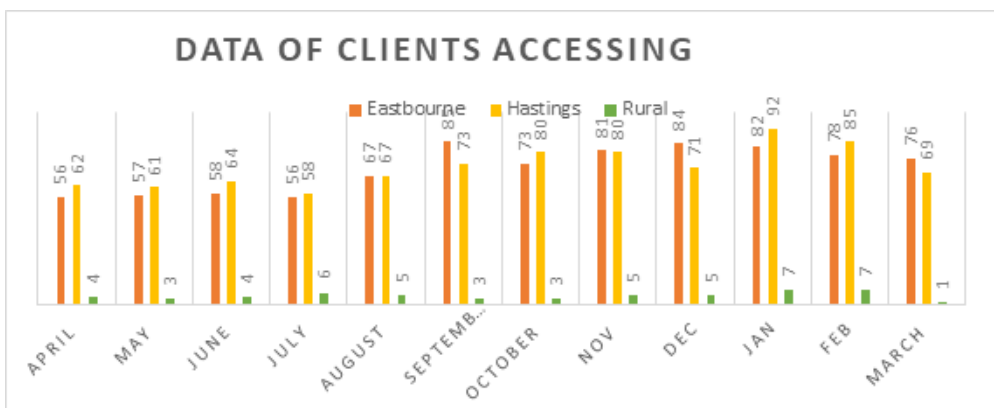
Referrals continued to be consistent across both hubs. The majority of our referrals were from CGL, although we also receive referrals from probation, NHS, adult social care, SWIFT and self-referrals.

EAST SUSSEX RECOVERY ALLIANCE

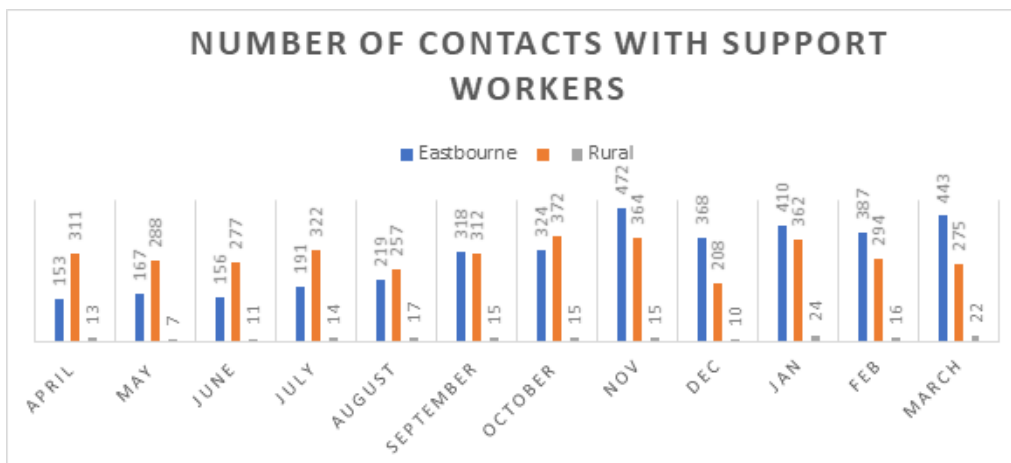
**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**



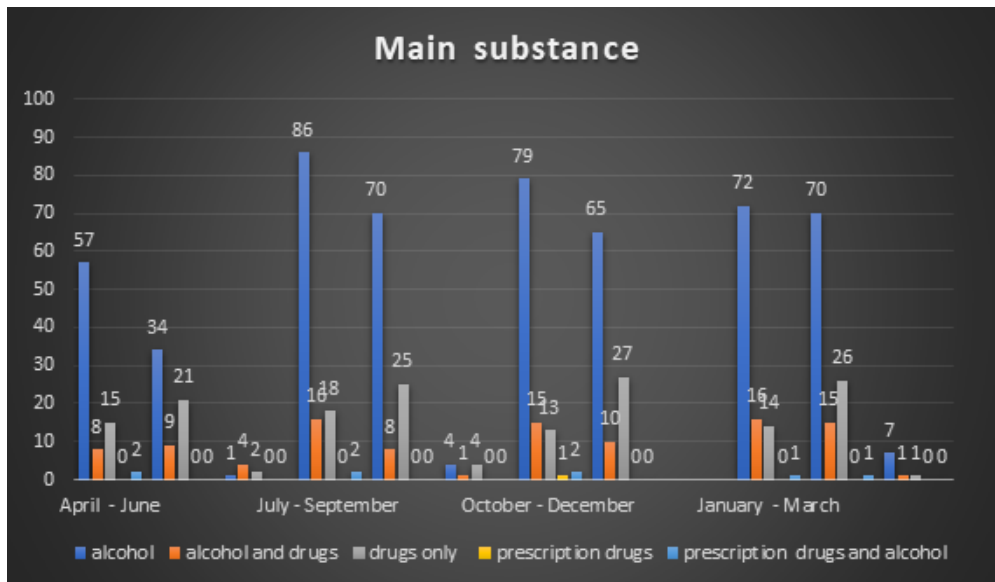
Once clients have received their initial assessment for suitability we will induct the client. The numbers above show clients new to ESRA.



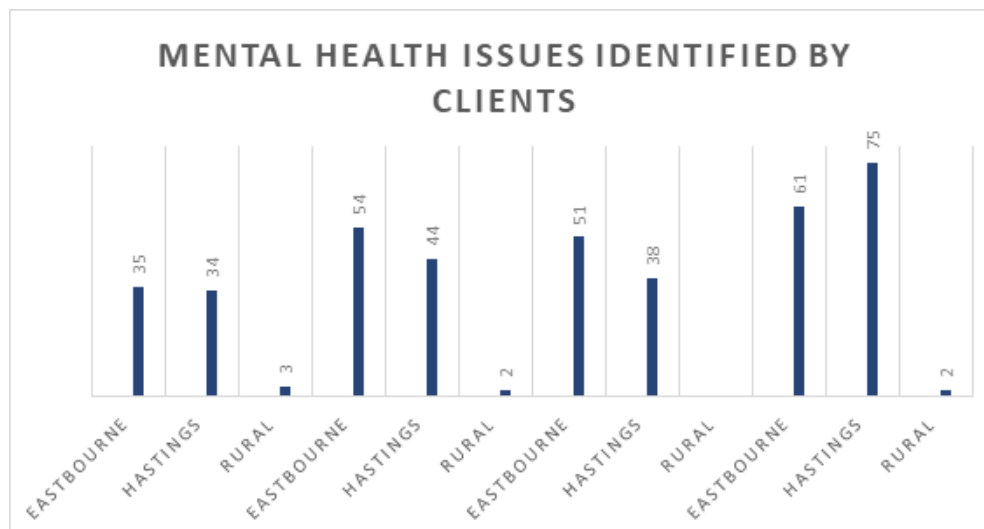
This data shows the number of individuals who have accessed the hub each month, which has remained consistent throughout the year.



This shows the number of contacts our support workers made each month, with individual clients offering a range of one to one support, telephone support, welfare calls, etc.



Alcohol remains the substance most used by our clients.



This chart shows per quarter the number of clients who reported at induction they have a mental issue.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

ESRA has had a successful year with securing funding, with the lottery being our main source of funding for the Hastings hub for 3 years. Throughout the year ESRA delivered the subcontract for CGL for the Eastbourne hub. We were asked to apply for another round of Lloyd's funding, to which we were successful and will receive £50,000 over the next two years. We continue to look at other funding opportunities to ensure that we can continue to provide activities for clients.

One of the Trustees has set up a cash flow sheet so we can be clear what we are spending and what we have left for the future.

ESRA has received the following grants for the financial year 2022 - 2023

<u>Organisation</u>	<u>Allocated</u>	<u>Amount</u>	<u>Date Received</u>
Lottery	Hastings hub staff costs	£107,400	April 2022
ASDA	Christmas dinner	£500	October 2022
MIND, Men's mental health project	Mindful bakers	£1,498	September 2023
Mrs A Lacy Trust	Activities	£250	
Sussex Community Foundation	Art for wellbeing	£8,996	November 2022
Isobel Blackman	Activities	£5,000	April 2022
Chalk Cliff Trust	Unrestricted	£5,000	March 2023
Lloyds	Unrestricted	£25,000	February 2023

FUTURE PLANS

Looking Ahead:

From the 1st June 2023 ESRA will no longer be delivering services from the Eastbourne hub. This will centralise overheads and have some financial impact on the Hastings hub.

From the next financial year 2023/2024, ESRA will need to look at reducing core costs due the cost of living crisis, especially regarding the hub's heating bill.

ESRA will continue to review costs as a matter of urgency, to ensure existing services are maintained. This will include a review of the Cafe, staffing levels, IT services and in the longer term, premises.

Funding opportunities are limited, as the country is facing a cost-of-living crisis, with many charities trying to obtain the same pots of money.

As ESRA enters 2023 - 2024, the Charity remains committed to its mission of empowering lives and inspiring change. ESRA will continue to adapt to the evolving needs of the local community, explore innovative solutions and advocate for a future where everyone can thrive in recovery.

ESRA will continue to work to secure long-term funding and remain committed to developing strong partnerships especially to support trauma.

ESRA extend heartfelt thanks to its dedicated staff, volunteers, partners and the entire East Sussex community for their unwavering support and continue to make a positive impact on the lives of those affected by addiction and mental health challenges.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Deed of Trust and constitutes an unincorporated charity.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The East Sussex Recovery Alliance is a charitable organisation governed by its constitution. The Trustees meet as required to review the charity's activities, financial status, and to set strategic directions.

Senior Management Team

Jacqui Skilton - Chief Executive

Alison Bissett - Hub Manager - Hastings

Karlie Allaway - Hub Manager - Eastbourne (resigned March 2023)

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179560

Principal address

5 Harold Place

Hastings

East Sussex

TN34 1JA

Trustees

G Trevitt

S Milton

J Travis

D Lacy (appointed 4.5.22) (resigned 1.9.22)

A Gayton

D Mitchell

M Connolly (appointed 17.1.23)

C Dix (appointed 1.11.23)

Independent Examiner

Ashdown Hurrey Auditors Limited

Statutory Auditors

20 Havelock Road

Hastings

East Sussex

TN34 1BP

Approved by order of the Board of Trustees on 19 January 2024 and signed on its behalf by:

A Gayton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
EAST SUSSEX RECOVERY ALLIANCE

Independent examiner's report to the trustees of East Sussex Recovery Alliance

I report to the charity trustees on my examination of the accounts of East Sussex Recovery Alliance (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S R Sampson BFP FCA FCIE DChA

Ashdown Hurrey
Chartered Accountant & Business Advisers
20 Havelock Road
Hastings
East Sussex
TN34 1BP

Date: 22 January 2024

EAST SUSSEX RECOVERY ALLIANCE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		39,834	250,736	290,570	190,704
Charitable activities		7,568	-	7,568	9,183
Investment income	3	313	-	313	6
Other income		-	-	-	39,370
Total		<u>47,715</u>	<u>250,736</u>	<u>298,451</u>	<u>239,263</u>
EXPENDITURE ON					
Raising funds		6,626	15,522	22,148	13,117
Charitable activities		28,781	241,872	270,653	272,531
Total		<u>35,407</u>	<u>257,394</u>	<u>292,801</u>	<u>285,648</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	10	12,308 (13,833)	(6,658) 13,833	5,650 -	(46,385) -
Net movement in funds		(1,525)	7,175	5,650	(46,385)
RECONCILIATION OF FUNDS					
Total funds brought forward		55,074	32,033	87,107	133,492
TOTAL FUNDS CARRIED FORWARD		<u>53,549</u>	<u>39,208</u>	<u>92,757</u>	<u>87,107</u>

The notes form part of these financial statements

EAST SUSSEX RECOVERY ALLIANCE

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
CURRENT ASSETS					
Debtors	8	1,189	-	1,189	11,558
Cash at bank and in hand		60,389	61,502	121,891	114,753
		<u>61,578</u>	<u>61,502</u>	<u>123,080</u>	<u>126,311</u>
CREDITORS					
Amounts falling due within one year	9	(8,029)	(22,294)	(30,323)	(39,204)
		<u>53,549</u>	<u>39,208</u>	<u>92,757</u>	<u>87,107</u>
NET CURRENT ASSETS					
		<u>53,549</u>	<u>39,208</u>	<u>92,757</u>	<u>87,107</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>53,549</u>	<u>39,208</u>	<u>92,757</u>	<u>87,107</u>
NET ASSETS					
		<u>53,549</u>	<u>39,208</u>	<u>92,757</u>	<u>87,107</u>
FUNDS					
Unrestricted funds	10			53,549	55,074
Restricted funds				39,208	32,033
TOTAL FUNDS					
				<u>92,757</u>	<u>87,107</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 19 January 2024 and were signed on its behalf by:

A Gayton - Trustee

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. STATUTORY INFORMATION

East Sussex Recovery Alliance is a Charitable Incorporated Organisation, registered in England & Wales. The charity's registered number and registered office address can be found in the Report of the Trustees.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Government grants

In accordance with s24 of FRS 102 these are treated using the accruals model and so are recognised in income on a systematic basis over the periods in which the charity recognises the related costs for which the grants are intended to compensate.

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

3. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	<u>313</u>	<u>6</u>

4. INDEPENDENT EXAMINERS' REMUNERATION

	31.3.23	31.3.22
	£	£
Fees payable to the charity's independent examiners for the independent examination of the charity's financial statements	1,680	1,800
Fees payable to the charity's independent examiners for the preparation of the charity's financial statements	<u>1,260</u>	<u>1,440</u>
	<u>2,940</u>	<u>3,240</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

During the year ended 31 March 2023, two Trustees had travel expenses totalling £380 re-imbursed by the charity.

During the year ended 31 March 2022, one Trustee had travel expenses totalling £738 re-imbursed by the charity.

6. STAFF COSTS

	31.3.23	31.3.22
	£	£
Wages and salaries	198,259	200,688
Social security costs	9,496	10,958
Other pension costs	<u>6,041</u>	<u>6,107</u>
	<u>213,796</u>	<u>217,753</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Direct charitable	<u>11</u>	<u>11</u>

No employees received emoluments in excess of £60,000.

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	38,034	152,670	190,704
Charitable activities			
Charitable activities	9,183	-	9,183
Investment income	6	-	6
Other income	39,370	-	39,370
Total	86,593	152,670	239,263
EXPENDITURE ON			
Raising funds	13,117	-	13,117
Charitable activities			
Charitable activities	99,421	173,110	272,531
Total	112,538	173,110	285,648
NET INCOME/(EXPENDITURE)	(25,945)	(20,440)	(46,385)
RECONCILIATION OF FUNDS			
Total funds brought forward	81,019	52,473	133,492
TOTAL FUNDS CARRIED FORWARD	55,074	32,033	87,107

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Amounts recoverable on contract	-	10,928
Other debtors	-	630
Prepayments	1,189	-
	<u>1,189</u>	<u>11,558</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade creditors	249	995
Social security and other taxes	4,840	1,936
Other creditors	-	33,033
Accruals and deferred income	22,294	-
Accrued expenses	2,940	3,240
	<u>30,323</u>	<u>39,204</u>

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

10. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	55,074	12,308	(13,833)	53,549
Restricted funds				
ABCD - Rory Quigley	60	(60)	-	-
ABCD Fund - (CGL) Fishing	360	(360)	-	-
Awards for All	122	(245)	123	-
CGL	17,304	5,879	10,928	34,111
Hastings Big Local	922	(922)	-	-
John Jackson	454	(454)	-	-
Mind	2,167	(2,168)	1	-
Sussex Community Foundation	10,644	(13,425)	2,781	-
Sussex Community Crisis Fund	-	3,254	-	3,254
Lottery	-	1,843	-	1,843
	<u>32,033</u>	<u>(6,658)</u>	<u>13,833</u>	<u>39,208</u>
TOTAL FUNDS	<u>87,107</u>	<u>5,650</u>	<u>-</u>	<u>92,757</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,715	(35,407)	12,308
Restricted funds			
3VA - Food	1,001	(1,001)	-
ABCD - Rory Quigley	-	(60)	(60)
ABCD Fund - (CGL) Fishing	-	(360)	(360)
Awards for All	-	(245)	(245)
CGL	133,327	(127,448)	5,879
Hastings Big Local	-	(922)	(922)
John Jackson	-	(454)	(454)
Mind	1,498	(3,666)	(2,168)
Sussex Community Foundation	8,514	(21,939)	(13,425)
Sussex Community Crisis Fund	8,996	(5,742)	3,254
Lottery	97,400	(95,557)	1,843
	<u>250,736</u>	<u>(257,394)</u>	<u>(6,658)</u>
TOTAL FUNDS	<u>298,451</u>	<u>(292,801)</u>	<u>5,650</u>

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	81,019	(25,945)	55,074
Restricted funds			
3VA - Food	416	(416)	-
ABCD - Rory Quigley	-	60	60
ABCD Fund - (CGL) Fishing	-	360	360
Awards for All	-	122	122
CGL	42,709	(25,405)	17,304
Hastings Big Local	-	922	922
John Jackson	-	454	454
Mind	9,348	(7,181)	2,167
Sussex Community Foundation	-	10,644	10,644
	<u>52,473</u>	<u>(20,440)</u>	<u>32,033</u>
TOTAL FUNDS	<u>133,492</u>	<u>(46,385)</u>	<u>87,107</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,593	(112,538)	(25,945)
Restricted funds			
3VA - Food	-	(416)	(416)
ABCD - Rory Quigley	2,500	(2,440)	60
ABCD Fund - (CGL) Fishing	500	(140)	360
Awards for All	10,000	(9,878)	122
CGL	110,604	(136,009)	(25,405)
Devonshire West Local	1,000	(1,000)	-
Hastings Big Local	1,066	(144)	922
John Jackson	2,000	(1,546)	454
Mind	-	(7,181)	(7,181)
Sussex Community Foundation	25,000	(14,356)	10,644
	<u>152,670</u>	<u>(173,110)</u>	<u>(20,440)</u>
TOTAL FUNDS	<u>239,263</u>	<u>(285,648)</u>	<u>(46,385)</u>

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

EAST SUSSEX RECOVERY ALLIANCE

England & Wales - Charity number 1179560

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
FOR
EAST SUSSEX RECOVERY ALLIANCE**

Ashdown Hurrey Auditors Limited
Statutory Auditors
20 Havelock Road
Hastings
East Sussex
TN34 1BP

EAST SUSSEX RECOVERY ALLIANCE

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

	Page
Report of the Trustees	1 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12 to 15

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

1. To maintain our work with clients, develop what we do and evidence clear outcomes.

To ensure that we can continue to offer comprehensive support to all those who are ready to engage in their recovery journey. To be able show clear evidence of change using Quantitative and Qualitative data.

2. To cover rural needs more adequately across the county to ensure there are no barriers to accessing the appropriate services.

ESRA is the only service of its kind in East Sussex. We have hubs in Eastbourne and Hastings, supporting over 320 clients a year (average across last 3 years) but we are not adequately addressing rural need across the county.

3. To secure adequate funding

To look at all funding opportunities, giving time to write the bids and get support from a 3rd parties if required.

4. To take a more active and planned approach to promoting ESRA's work

As a unique service in the county, we need to develop a plan for promoting ESRA and developing public relations. As well as develop our communication strategy.

5. To encourage diversity to enable us to expand our client base.

To work in collaboration with recovery partners to look at how we jointly engage with the community to show how to access treatment or recovery services.

6. To embed a transparent staff culture

To ensure all staff are clear of what is expected of them working at ESRA. How they will be supported. As well as to improve staff retention.

7. To improve relationships with External Stakeholders

To improve our relationship and communications with our key external stakeholders to ensure we are aligned and supported.

8. To collaborate Partners

To work together with partners to help ESRA grow.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Our Services

ESRA delivers its services from 2 Recovery Hubs located in Eastbourne and Hastings. Our service users can expect:

Professional assessment by trained staff during which they design their own Programme of recovery with the help of the generic SMART assessment tool, followed by 8 weekly reviews.

A range of therapy groups and social activities (art, fishing, yoga etc.), health checks, self-development courses, and face to face appointments.

Signposting to other resources (community assets) relating to advice and treatment, support for wellbeing, and skills and employment services. (We don't want them to become dependent upon us!)

An alcohol and drug free safe space in which to have snacks and nutritious meals in the company of others with lived experience

Volunteers

Staff Level as of 31st March 2022

Full time equivalent - 7.5

Volunteers - 13

Executive Summary

Our vision is that clients in recovery from substance misuse can have a positive future.

Our mission is that all clients can maintain their recovery and live a full and meaningful life, free from substance misuse.

Our values - We are empowering, non-judgmental and inclusive.

ESRA faced several challenges, including staffing issues this year, however we have continued to grow and develop as an organisation.

Working closely with Lloyd's foundation who has provided not only funding but enhance support has made a huge difference to ESRA.

The staff team worked extremely hard this year to ensure we provide the support our clients require.

We strengthened the board with two new trustees joining and we were delighted to have this additional resource to focus on HR and Finance.

Having secured the funding from Lloyds Foundation we were able to work on our Strategy. The team has been working alongside a consultant to develop a 3-year strategy, alongside writing funding bids. ESRA now has a new website. Our data base Charity Log is being used and we are now able to pull comprehensive reports and we now can ensure that we can collate data regarding our clients. This is particularly helpful in funding applications.

We also are delighted to have secured Lottery Funding for three years, which will go a long way to supporting ESRA.

We have 13 volunteers, without whom ESRA would not function. We are indebted to our volunteers who help with so much.

Lastly and most importantly I would like to thank all the volunteers, staff and trustees for all their hard work and commitment to supporting our service users.

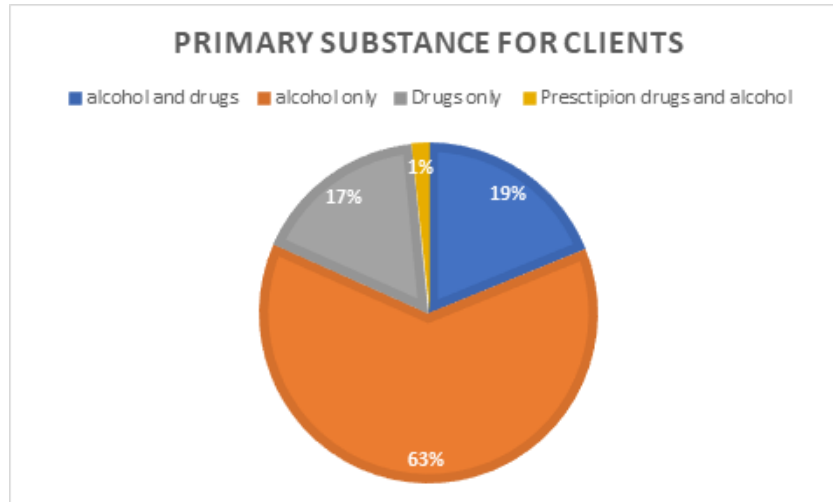
EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Our Clients

ESRA supported over 250 individual people this year. The graph below shows what substance they were addicted to before they were in recovery.



Our client's demographics:

79% White British

42% Female

53% Male

0.1% Transgender

49% of clients report they have some mental health issues, we acknowledge that addiction and mental health go hand in hand.

At ESRA our clients are supported by:

- people with lived experience who bring a particular knowledge and insight to supporting them to aspire to and achieve a positive future
- Meaningfully involved in their own aftercare and reintegration plans, reviews, so that the way forward is owned, feasible, and motivational.
- Have opportunities to join peer support groups and social activities in alcohol/drug free safe spaces where our trained volunteers (connectors) who are in recovery themselves can provide shared experiences and encouragement.

The value of the above approach has been noted and evidenced by Public Health England in their 2015 publication: Service user involvement: A guide for drug and alcohol commissioners, providers, and service users.

'SUI (Service User Involvement) comes in various forms, but one common factor is the positive impact it has on service users. Their involvement in services at all levels increases confidence in, and the suitability of, those services and can make services more attractive to new users. Visible recovery (i.e., recovered alcohol and drug users actively involved across the treatment system) is likely to motivate those in treatment and those ambivalent to treatment. Increasing SUI makes recovery much more visible, encouraging current and potential service users to see peers successfully addressing their drug and alcohol problems, while also having an opportunity to engage in activities other than treatment.'

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Impact and Value:

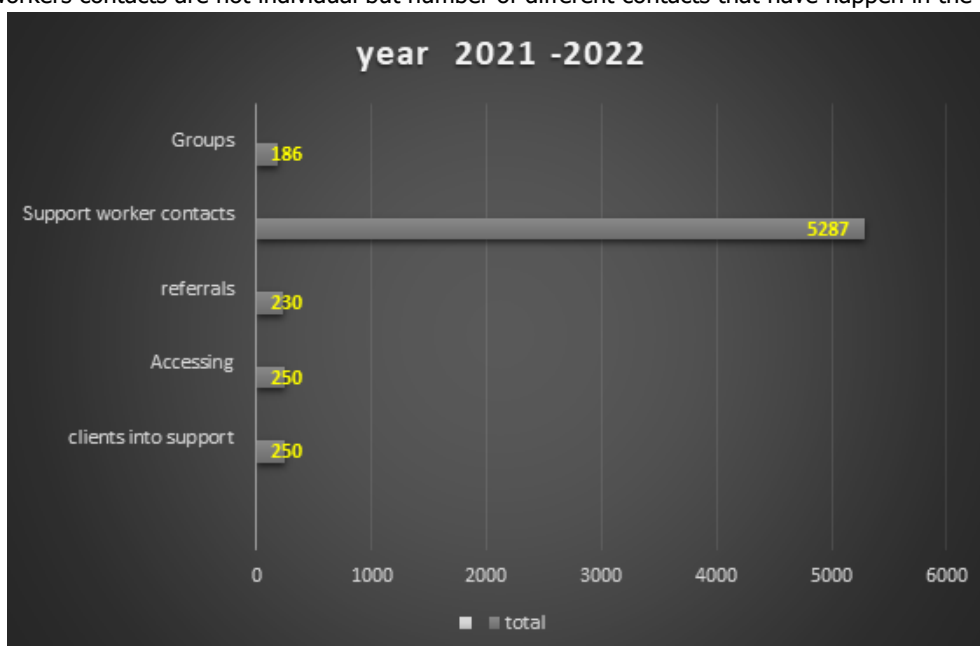
- ESRA supported 250 individuals across both hubs in Eastbourne and Hastings, which included a small 3% of clients who live in the rural areas of East Sussex
- 53% of our referrals came from CGL the East Sussex Treatment service, other refers included Adult Social Care, NHS, housing providers, probation, SWIFT and self-referrals
- ESRA staff have made 5,287 contacts with clients (some of whom attended several times a week) across all services, this includes one to one contacts, assessments, telephone, email and text contacts support and encouragement to people on a wide range of issues not just substance misuse. We spend a lot of time supporting client's emotional wellbeing/mental health, housing issues, relationships problems, benefit amongst other
- 297 people visits to our cafés on multiple occasions
- 345 people attended a range of groups including SMART recovery groups, wellbeing groups, art, yoga amongst others.

People reported that when they are attending our Start SMART group they want to make a change.

Clients said the most important reason I want to make these changes were:

- For my children and family
- For a healthy lifestyle
- For my future
- To break the cycle
- For self-worth, peace, ease of anxiety / anger
- To improve my mental health, to improve my health
- To calmly grow into a sustainable person, with solid attainable goals.
- Get a career that suits me and allows me to support my family.
- To better myself for myself and my family
- To improve my mental and spiritual wellbeing and feel like I'm moving my life forward
- To get away from drug dealers and old friends that use.
- To have more time doing the things I enjoy.
- Be more present in the moment, healthier for me and my family
- For my own health and my wellbeing, to be able to look at my life in a more positive way also to possibly go on to help others
- Not to be trapped in doors.
- Being active to make sure I don't drink again
- To be a good member of society and help others with my own experience to show you can beat it. whether through volunteering or employment

87.5% of those who attended and completed SMART reported they had made a change. This chart shows the number of individual people who have had a referral, how many new clients are getting support, and accessing the service. The support workers contacts are not individual but number of different contacts that have happen in the year.



EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

We capture case studies from individuals on a regular basis this show how ESRA has supported clients to make changes and continue to maintain their recovery.

Clients are asked on a regular basis what activities they would like to see at the hubs, and this informs our planning. Feedback is captured at the end of each activity block and we operate an anonymous suggestions box.

The Recovery Hub Managers report monthly to the CEO who in turn reports to the trustees on performance, quality and finance. The CEO meets regularly with our funding partners to discuss the progress of the projects and identify areas where best practice can be rolled out further or where there are changes required to improve project design.

The management team meeting at least quarterly meetings where they can discuss, record and share information and outcomes across both hubs. This again enables us to identify and replicate best practice or implement solutions where risks to project performance, finance or quality are developing. We will develop a sharing protocol where data and outcomes can be shared with our partners and partner agencies to offer ongoing support and advice to our members and staff alike.

FINANCIAL REVIEW

Financial position

At the start of the finance year, we were just coming out the other side of covid. We were looking at ways to cut outgoings and reduce the monthly costs. Due to the dedication of the team, we managed to secure funding from many different sources. With the on-going support of Lloyds; this included a business advisor, help with funding bids and supporting and guiding ESRA to a brighter future.

The year has been challenging, ESRA has found it hard to fill staff vacancy due to staff leaving. However, this has helped reduce the cost of wages, but had a big impact on the remaining staff. Funding bids had become harder to obtain, due to so many applications, but we have been successful and received the below amounts.

Organisation	Allocated	Amount	Date Received
CGL	Eastbourne hub running costs	£131,141	May 2021
Sussex Community Foundation	Alcohol support worker post	£10,000	April 2021
Hastings Big Local	Café to support volunteers	£1,066	April 2021
Hastings Borough Council	Café support	£2,700	May 2021
Hastings Borough	Unrestricted	£8,000	June 2021
Awards For All	Café supervisor post salary	£10,000	June 2021
Hastings Lions	Fishing group	£500	July 2021
Sussex Community Foundation	For therapeutic activities	£10,000	January 2022
Lottery Community grant	For Hastings hub staffing costs	£280,200	February 2022
Food security grant for Eastbourne	To provide cookery course for clients	£1,000	January 2022

Once again, I recommend keeping Hastings Hub on limited opening hours. This helps reduce the costs of running the hub, and wages.

We received a lottery grant in February 2022, to be implemented from April 2022, this has helped secure the Hastings Hub for the next 3 years, leaving a shortfall of £30,000, we hope to apply for smaller funding bids to help cover this amount.

Looking forward into 2022/2023 the trustees need to look at funding for the Eastbourne hub, as the CGL contract comes to an end in 2024.

Both Hubs have a café, offering a safe space and affordable healthy meals, we seem to be making a small profit on each hub.

We have done little fundraising, due to covid restrictions still being in place, which is something ESRA could improve on.

Computer and accountancy costs seems to be our biggest outgoing apart from the general running costs. I do not see a way to cut these costs as the project cannot function without them.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

Funding:

Funding remains one of biggest challenges and the management team continue to focus on this as one of their key tasks.

The trustees and the team would like to thank Lloyds Foundation and The National Lottery as well as many other organisations and charitable trusts for their donations and invaluable support.

FUTURE PLANS

Our main plans for the year ahead continue to be providing a safe space for our service users to flourish. We will also build resilience into ESRA so that we can maintain the service.

To meet our objectives, we intend to focus on the following:

- Providing a range of services which are reflective of relevant quality standards and address the potential needs of our service users.
- Focus on limiting the harm which comes with the misuse of drugs and alcohol, not only for the individual but also their family and friends and the wider community.
- We will continue to work in partnership with other agencies to secure the widest range of services is available that best matches the needs of our service users.
- We will continue to strengthen the board adding more trustees, looking for skills to complement the existing team.
- We will continue to recruit volunteers to support our work and help to develop the volunteer programme.
- We will value our people and support them in doing their jobs well. We will look to provide the necessary training and education required.
- We will seek regular feedback and input from all staff and volunteers and involve them during this period of wide-ranging change.
- We will ensure financial stability and long-term viability by focus on securing the appropriate funding for our future.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

Senior Management Team

Jacqui Skilton Chief Executive
Alison Bissett Hub Manager - Hastings
Karlie Allaway Hub Manager - Eastbourne

The ESRA staff team 31.03.22:

Chief Officer - Jacqui Skilton. The Chief Officer is responsible for oversight and planning of all of the day to day running of the organisation under the board of trustees. Jacqui has a background in management in community settings and working with vulnerable people

Hub Manager Hastings - Alison Bissett. Alison supports the Chief Officer and runs the day-to-day operations of the Hastings Hub.

Hastings Staff team:
Senior support Worker
Alcohol support worker
Receptionist
Café supervisor

Hub Manager Eastbourne - Karlie Allaway. Karlie runs the day-to-day operations of the Eastbourne Hub. Karlie also supports the CEO in managing the relationship and contract with CGL.

Eastbourne Staff team:
Senior Support Worker
Support Worker
Café supervisor

Cross county:
Asset Based Community Development Worker

Risk management

The committee maintains a risk register and conducts regular reviews of major and minor risks faced. Systems and procedures have been established to mitigate these and external risks to contract funding have led to regular reviews of the business plan and publicity and fundraising campaigns to help diversify funding sources.

Internal control risks are minimised by the implementation of procedures for the authorization of all transactions and projects. Procedures are in place to ensure the health and safety of staff, volunteers, clients, and visitors.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179560

Principal address

5 Harold Place
Hastings
East Sussex
TN34 1JA

EAST SUSSEX RECOVERY ALLIANCE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Trustees

G Trevitt
S Milton
J Travis (appointed 4.2.22)
D Lacy (appointed 4.5.22)
N Tapsell (resigned 31.5.21)
C Pugh (resigned 31.12.21)
A Gayton
D Mitchell
M Connolly (appointed 17.1.23)

Board of Trustees and Advisers

Governance responsibility for ESRA lies with the Board of Trustees. Some of these have supported ESRA for many years and bring a wealth of experience to the organisation.

They are:

- o Anton Gayton - Chair - expertise in sales, marketing and has lived experience
- o Danielle Mitchell - Treasurer - expertise in the charity sector
- o Gareth Trevitt - expertise in management and has lived experience
- o Sarah Milton - expertise in strategy and IT
- o Jackie Travis - expertise in HR
- o David Lacy - expertise in Fundraising and the charity sector

The Board of Trustees meets every twelve weeks and in addition trustees will attend some ESRA events. We also hold strategy and planning sessions periodically.

There is a process of trustee induction and training. Additionally, potential and new trustees are invited and encouraged to spend time at the project getting to know the staff and services.

New trustees are provided with information and support regarding the following areas:

- o Their role & responsibilities as trustees
- o The main documents which set out the operational framework for the charity, including the Memorandum and Articles of Association
- o The complex funding of ESRA and the current financial position as set out in the latest published accounts
- o Future business plans and objectives Services Provided by ESRA
- o We also hold regular strategy and planning sessions to ensure that ESRA is aligned to their charitable aims and have a clear plan for the future.

Independent Examiner

Ashdown Hurrey Auditors Limited
Statutory Auditors
20 Havelock Road
Hastings
East Sussex
TN34 1BP

Approved by order of the board of trustees on 31 January 2023 and signed on its behalf by:

A Gayton - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EAST SUSSEX RECOVERY ALLIANCE

Independent examiner's report to the trustees of East Sussex Recovery Alliance

I report to the charity trustees on my examination of the accounts of East Sussex Recovery Alliance (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S R Sampson BFP FCA FCIE DChA
Ashdown Hurrey Auditors Limited
Statutory Auditors
20 Havelock Road
Hastings
East Sussex
TN34 1BP

Date: 31 January 2023

EAST SUSSEX RECOVERY ALLIANCE

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		38,034	152,670	190,704	380,399
Charitable activities					
Charitable activities		9,183	-	9,183	4,277
Investment income	3	6	-	6	-
Other income	4	39,370	-	39,370	-
Total		<u>86,593</u>	<u>152,670</u>	<u>239,263</u>	<u>384,676</u>
EXPENDITURE ON					
Raising funds		13,117	-	13,117	32,066
Charitable activities					
Charitable activities		99,421	173,110	272,531	275,066
Total		<u>112,538</u>	<u>173,110</u>	<u>285,648</u>	<u>307,132</u>
NET INCOME/(EXPENDITURE)		(25,945)	(20,440)	(46,385)	77,544
RECONCILIATION OF FUNDS					
Total funds brought forward		81,019	52,473	133,492	55,948
TOTAL FUNDS CARRIED FORWARD		<u><u>55,074</u></u>	<u><u>32,033</u></u>	<u><u>87,107</u></u>	<u><u>133,492</u></u>

The notes form part of these financial statements

EAST SUSSEX RECOVERY ALLIANCE

**BALANCE SHEET
31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
CURRENT ASSETS					
Debtors	9	11,558	-	11,558	2,125
Cash at bank and in hand		82,720	32,033	114,753	140,404
		<u>94,278</u>	<u>32,033</u>	<u>126,311</u>	<u>142,529</u>
CREDITORS					
Amounts falling due within one year	10	(39,204)	-	(39,204)	(9,037)
		<u>55,074</u>	<u>32,033</u>	<u>87,107</u>	<u>133,492</u>
NET CURRENT ASSETS					
		<u>55,074</u>	<u>32,033</u>	<u>87,107</u>	<u>133,492</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>55,074</u>	<u>32,033</u>	<u>87,107</u>	<u>133,492</u>
NET ASSETS					
		<u>55,074</u>	<u>32,033</u>	<u>87,107</u>	<u>133,492</u>
FUNDS					
	11				
Unrestricted funds				55,074	81,019
Restricted funds				32,033	52,473
				<u>87,107</u>	<u>133,492</u>
TOTAL FUNDS					
				<u>87,107</u>	<u>133,492</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31 January 2023 and were signed on its behalf by:

D Mitchell - Trustee

EAST SUSSEX RECOVERY ALLIANCE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. STATUTORY INFORMATION

East Sussex Recovery Alliance is a Charitable Incorporated Organisation, registered in England & Wales. The charity's registered number and registered office address can be found in the Report of the Trustees.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Government grants

In accordance with s24 of FRS 102 these are treated using the accruals model and so are recognised in income on a systematic basis over the periods in which the charity recognises the related costs for which the grants are intended to compensate.

EAST SUSSEX RECOVERY ALLIANCE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

3. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	6	-
	<u>6</u>	<u>-</u>

4. OTHER INCOME

	31.3.22	31.3.21
	£	£
Government covid-19 grants	39,370	-
	<u>39,370</u>	<u>-</u>

The entity has received the following from the UK government in respect of COVID 19 grants and reliefs:

	31.3.22
	£
Coronavirus Job Retention Scheme (CJRS)	28,703
Small Business Grant Fund	10,667
	<u>39,370</u>

There are no unfulfilled conditions or other contingencies attaching to any of the above amounts.

5. INDEPENDENT EXAMINERS' REMUNERATION

	31.3.22	31.3.21
	£	£
Fees payable to the charity's independent examiners for the independent examination of the charity's financial statements	1,800	300
Fees payable to the charity's independent examiners for the preparation of the charity's financial statements	1,440	-
	<u>3,240</u>	<u>300</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

7. STAFF COSTS

	31.3.22	31.3.21
	£	£
Wages and salaries	200,688	203,991
Social security costs	10,958	10,945
Other pension costs	6,107	6,905
	<u>217,753</u>	<u>221,841</u>

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Direct charitable	11	8
	<u>11</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

EAST SUSSEX RECOVERY ALLIANCE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	139,480	240,919	380,399
Charitable activities			
Charitable activities	4,277	-	4,277
Total	<u>143,757</u>	<u>240,919</u>	<u>384,676</u>
EXPENDITURE ON			
Raising funds	32,066	-	32,066
Charitable activities			
Charitable activities	34,052	241,014	275,066
Total	<u>66,118</u>	<u>241,014</u>	<u>307,132</u>
NET INCOME/(EXPENDITURE)	77,639	(95)	77,544
Transfers between funds	(52,568)	52,568	-
Net movement in funds	25,071	52,473	77,544
RECONCILIATION OF FUNDS			
Total funds brought forward	55,948	-	55,948
TOTAL FUNDS CARRIED FORWARD	<u><u>81,019</u></u>	<u><u>52,473</u></u>	<u><u>133,492</u></u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Amounts recoverable on contract	10,928	-
Other debtors	630	824
Prepayments	-	1,301
	<u>11,558</u>	<u>2,125</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Trade creditors	995	1,687
Social security and other taxes	1,936	7,350
Other creditors	33,033	-
Accrued expenses	3,240	-
	<u>39,204</u>	<u>9,037</u>

EAST SUSSEX RECOVERY ALLIANCE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

11. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	81,019	(25,945)	55,074
Restricted funds			
3VA - Food	416	(416)	-
ABCD - Rory Quigley	-	60	60
ABCD Fund - (CGL) Fishing	-	360	360
Awards for All	-	122	122
CGL	42,709	(25,405)	17,304
Hastings Big Local	-	922	922
John Jackson	-	454	454
Mind	9,348	(7,181)	2,167
Sussex Community Foundation	-	10,644	10,644
	<u>52,473</u>	<u>(20,440)</u>	<u>32,033</u>
TOTAL FUNDS	<u>133,492</u>	<u>(46,385)</u>	<u>87,107</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,593	(112,538)	(25,945)
Restricted funds			
3VA - Food	-	(416)	(416)
ABCD - Rory Quigley	2,500	(2,440)	60
ABCD Fund - (CGL) Fishing	500	(140)	360
Awards for All	10,000	(9,878)	122
CGL	110,604	(136,009)	(25,405)
Devonshire West Local	1,000	(1,000)	-
Hastings Big Local	1,066	(144)	922
John Jackson	2,000	(1,546)	454
Mind	-	(7,181)	(7,181)
Sussex Community Foundation	25,000	(14,356)	10,644
	<u>152,670</u>	<u>(173,110)</u>	<u>(20,440)</u>
TOTAL FUNDS	<u>239,263</u>	<u>(285,648)</u>	<u>(46,385)</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

EAST SUSSEX RECOVERY ALLIANCE

England & Wales - Charity number 1179560

Accounts

Company registration number:CE014881

Charity registration number: 1179560

East Sussex Recovery Alliance

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

3VA
8 Saffrons Rd
Eastbourne
East Sussex
BN21 1DG

East Sussex Recovery Alliance

Contents

Trustees' Report	1 to 3
Statement of Trustees' Responsibilities	4
Independent Examiner's Report	5
Statement of Financial Activities	6 to 7
Balance Sheet	8
Notes to the Financial Statements	9 to 16

East Sussex Recovery Alliance Trustees' Report

Reference and Administrative Details

Trustees

Anton Gayton (chair)
Kimberley Brawshaw (resigned 11th August 2020)
Sarah Milton-Hunt (joined 24th September 2020)
Chris Pugh (Joined 12th February 2021)
Gareth Trevitt
Danielle Mitchell

Principal Office

Queens Apartments
5 Harold Place
Hastings
East Sussex
TN34 1JA

Registered Office

Queens Apartments
5 Harold Place
Hastings
East Sussex
TN34 1JA

Company Registration Number

CE014881

Charity Registration Number

1179560

Principal Bankers

HSBC
4 Robertson Street
Hastings
East Sussex
TN34 1HW

Independent Examiner

3VA
8 Saffrons Road
Eastbourne
East Sussex
BN21 1DG

East Sussex Recovery Alliance

Trustees' Responsibilities

The trustees present their report and the financial statements for the year ended 31 March 2021. The trustees, who are also directors of East Sussex Recovery Alliance for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Governing document

East Sussex Recovery Alliance is a company limited by guarantee and governed by its memorandum and articles of association. It is registered as a charity with the Charity Commission.

Appointment of trustees

Trustees are appointed by the members of the charitable company in conjunction with the oversight.

Trustee induction and training

New trustees are given the Memorandum and Articles of Association and a copy of the 'Good Governance Code for the Voluntary and Community Sector', together with outlining the organisation and work of the charity.

Executive Summary

This year has tested our resilience. With the outbreak of the Covid-19 in early 2020 this presented unprecedented challenges.

With the UK going into lockdown in March 2020 this hugely impacted our ability to provide our service face to face. We were closed from March until June and moved our services online during this period.

Lockdown compounded the situation for many of our service users and being able to access it online proved to be a lifeline to many of our clients.

We received the following feedback:

"Excellent group today and excellent motivated speech between the whole group. Its working a treat to help clients stay motivated. Me and Dani make a great team and fire off each other." Mark

"You people at ESRA save lives" feedback from a person attending remote zoom meeting.

"I'm so grateful for everything ESRA does" Feedback from Hastings New Client.

"ESRA has been there for me all the way through this difficult year" From Sam [Hastings] Please pass my gratitude and thanks to Ali.

It is testament to the strength of staff, volunteers, and management team that we have responded effectively and will continue to navigate our way through these uncertain times.

One of the most challenging issues we face is funding, whilst this remains an ongoing issue, I am delighted to report that the team have done a huge amount of work to secure £384,675.61 of funding for the year which we so desperately need to continue to support the local community.

We were delighted to be awarded a grant from Lloyds who are invested in helping ESRA move forward and are a development partner. Lloyds have provided expert advice as well as additional resource. This included support to develop our strategy, completing funding applications and board development.

The furlough scheme helped us to continue to retain staff during this difficult and uncertain times.

Our relationship with CGL to provide the service and café at Café North in Eastbourne continues to flourish and we are working well with them to provide our service for those clients in Eastbourne.

We implemented Charity Log a new system to help us record, collate, and report on our clients using the service. This will assist us to provide key data for CGL, manage our service and to support our funding applications.

Given our lack of expertise in HR we formed a partnership with Croner in August 2020 to provide HR services which has proved extremely useful. This is ongoing relationship, and they remain key to our growth.

Lastly and most importantly I would like to thank all the volunteers, staff and trustees for all their hard work and commitment to serving our service users during this difficult year.

East Sussex Recovery Alliance

Trustees' Responsibilities

Objectives and activities

Our charity's purposes as set out in the objects contained in the company's constitution and are:

To promote and protect the physical and mental health of people in recovery or actively seeking recovery from drug and/or alcohol misuse and their families/careers in particular not exclusively but the provision of counselling, peer led groups, support and activities.

The aims of our charity are to provide a safe space for people in early recovery to build the necessary recovery capital to help them integrate back into the community.

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year continued to be the promotion and prevention of the misuse of drugs and the rehabilitation of those drug users.

The strategies we used to meet these objectives included:

- Providing a range of services which are reflective of relevant quality standards and address the potential problems of our service users
- Focussing upon limiting the harm which comes with drug abuse, not only for the individual but also their family and friends and the wider community of
- Working in partnership with other agencies to secure the widest range of services is available that best matches the needs of its client population.

Financial review

Reserves

The trustees and leadership team do not have a policy of holding surplus assets in the form of long-term investments, nor do they have any policies relating to a specific level of income reserves to be held (other than three months contingency cover), preferring instead to be in a position where they can respond in a responsible manner to any need as it arises.

Future plans

Our main plans for the year ahead continue to be providing a safe space for our service users to flourish. We will also build resilience into ESRA so that we can maintain the service.

In order to meet these objectives, we intend to focus on the following:

- Providing a range of services which are reflective of relevant quality standards and address the potential needs of our service users.
- Focus on limiting the harm which comes with the misuse of drugs and alcohol, not only for the individual but also their family and friends and the wider community.

East Sussex Recovery Alliance Trustees' Responsibilities

- We will continue to work in partnership with other agencies to secure the widest range of services is available that best matches the needs of our service users.
- We will continue to strengthen the board adding more trustees, looking for skills to complement the existing team.
- We will continue to recruit volunteers to support our work and help to develop their skills.
- We will value our people and support them in doing their jobs well. We will look to provide the necessary training and education required.
- We will seek regular feedback and input from all staff and volunteers and involve them during this period of wide-ranging change.
- We will ensure financial stability and long-term viability by focus on securing the appropriate funding for our future.

Responsibilities of the Management Committee

The trustees (who are also the directors of East Sussex Recovery Alliance for the purposes of company law) are responsible for preparing the accounts and financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the Charity on13/12/2021..... and signed on its behalf by:

Anton Gayton

.....
Anton Gayton (Chair)
Trustee

East Sussex Recovery Alliance
Independent Examiner's Report to the trustees of East Sussex Recovery Alliance

I report on the accounts of the Charity for the year ended 31 March 2021 which are set out on pages 7 to 16.

Your attention is drawn to the fact that the Charity has prepared the Financial Statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

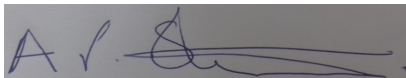
In connection with my examination, no matter has come to my attention:

(1) which gives me a reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Alan Stevens
3VA

8 Saffrons Road
Eastbourne
East Sussex
BN21 1DG

Date:....09/12/2021.....

East Sussex Recovery Alliance
Statement of Financial Activities for the Year Ended 31st March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £
Incoming and Endowments from:				
Incoming resources from generated funds				
Donations and legacies	2	6,515	5,143	11,658
Charitable Activities	3	137,242	235,776	373,018
Total incoming resources		143,757	240,919	384,676
Resources expended				
Costs of generating funds				
Charitable Activities	6	65,818	241,014	306,832
Governance Costs		300	0	300
Total resources expended		66,118	241,014	307,132
Net incoming resources before transfers		77,639	(95)	77,544
Transfers				
Total transfers between funds				
		---	---	-
Net incoming resources for the year		77,639	(95)	77,544
Reconciliation of funds				
Fund Balances brought forward 31 March 2020				
		3,380	52,568	55,948
Fund Balances carried forward 31 March 2021	13	81,019	52,473	133,492

The notes on pages 10 to 16 form part of these Financial Statements.

East Sussex Recovery Alliance
Statement of Financial Activities for the Year Ended 31st March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted Funds £	Restricted Funds £	Total 2020 £
Incoming and Endowments from:				
Incoming resources from generated funds				
Donations and legacies	2	11,883	10,641	22,524
Charitable Activities	3	10,841	255,267	266,108
Total incoming resources		22,724	265,908	288,632
Resources expended				
Costs of generating funds				
Charitable Activities	6	70,523	218,869	289,392
Governance Costs		300	0	300
Total resources expended		70,823	218,869	289,692
Net incoming resources before transfers		(48,099)	47,039	(1,060)
Transfers				
Total transfers between funds				
		----	----	-
Net incoming resources for the year		(48,099)	47,039	(1,060)
Reconciliation of funds				
Fund Balances brought forward 18th August 2019				
		51,479	5,529	57,008
Fund Balances carried forward 31 March 2020	13	3,380	52,568	55,948

The notes on pages 10 to 16 form part of these Financial Statements.

East Sussex Recovery Alliance
Balance Sheet as at 31 March 2021

	Notes	31 March 2021		31 March 2020	
		£	£	£	£
Fixed assets					
Tangible assets		-		-	
Current assets					
Debtors	10	2,125		33,174	
Cash at bank and in hand		140,404		24,404	
Total current assets		142,529		57,578	
Liabilities					
Creditors: Amounts falling due within one year	11	(9,037)		(1,630)	
Net current assets			133,492		55,948
Total assets less current liabilities			133,492		55,948
Creditors: Amounts falling due after one year			-		-
Net assets			133,492		55,948
Funds					
Unrestricted Funds			81,019		3,380
Restricted Funds			52,473		52,568
	13		133,492		55,948

For the financial year ending 31 March 2021 the Charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 6 to 16 were approved by the trustees, and authorised for issue on

.....13/12/2021..... and signed on their behalf by:

Anton Gayton

.....
Anton Gayton(Chair)
Trustee

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

East Sussex Recovery Alliance meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Transition to FRS 102

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was required. No restatements are required as a result of the transition to FRS 102.

Income and endowments

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Government grants are recognised under the performance model. The grant income is recognised upon performance conditions being satisfied (and should it be received in advance of satisfying the performance, recognition of the income is deferred as a liability) and where there are no specific future performance-related conditions then grants are recognised when proceeds are received or receivable. Coronavirus Job Retention Scheme (CJRS) The CJRS grant relates to government support for staff who have been furloughed due to Covid-19 The Trust was able to claim 80% of a furloughed employee's wages and salaries up to a maximum of £2,500 per month plus associated employer's costs.

Investment income

Investment income is recognised on a receivable basis.

Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

that aggregate all costs related to the category.

Raising funds

Costs of generating funds are the costs associated with attracting voluntary income.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant expenditure

Grants payable are payments made to third parties in the furtherance of the charitable objectives. Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specific service or output. Grants payable without performance conditions are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Governance costs

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Trade debtors

Trade debtors are recognised initially at the transaction price, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustee's discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme.

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Income from donations and legacies				
2 Voluntary gifts and donations				
Donations from Individuals	6,515	5,143	11,658	22,524
	-		-	
	<u>6,515</u>	<u>5,143</u>	<u>11,658</u>	<u>22,524</u>
	<u><u>6,515</u></u>	<u><u>5,143</u></u>	<u><u>11,658</u></u>	<u><u>22,524</u></u>
	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
3 Income from charitable activities				
Grants	132,965	235,776	368,741	255,867
Café Income	1,860	-	1,860	8,668
Venue Hire	2,417		2,417	1,573
	<u>137,242</u>	<u>235,776</u>	<u>373,018</u>	<u>266,108</u>
	<u><u>137,242</u></u>	<u><u>235,776</u></u>	<u><u>373,018</u></u>	<u><u>266,108</u></u>
Grants				
East Sussex County Council			-	122,836
Change Grow Live		128,700	128,700	127,651
National Lottery		52,034	52,034	
Lloyds Foundation	50,000		50,000	
Coronavirus Job Retention Scheme	57,510		57,510	
Sussex Police	5,000		5,000	4,780
Sussex Community Foundation		7,288	7,288	
Isabel Blackman	5,000		5,000	
MIND		43,768	43,768	
Hastings Direct	1,000		1,000	
DCMS	14,455	3,986	18,441	
East Sussex H V				600
	<u>132,965</u>	<u>235,776</u>	<u>368,741</u>	<u>255,867</u>
	<u><u>132,965</u></u>	<u><u>235,776</u></u>	<u><u>368,741</u></u>	<u><u>255,867</u></u>
	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
4 Investment income and interest				
Bank deposit interest		-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u><u>-</u></u>	<u><u>-</u></u>	<u><u>-</u></u>	<u><u>-</u></u>

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

5	Expenditure on raising funds		Total 2021		Total 2020
			£		£
	Costs of generating donations and legacies		£		-
			£		£
			£		£
6	Expenditure on Charitable Activities				
	Charitable Activities	65,818	241,014	306,832	289,392
		£	£	£	£
		£	£	£	£
	Activity Undertaken				
	Staff Costs	28,668	193,173	221,841	205,475
	Grants			-	900
	Café Costs	3,795	-	3,795	11,412
	Activities Costs		14,228	14,228	9,665
	Other direct Costs	82	13,961	14,043	3,284
	Promotional Costs	72	-	72	999
	Establishment Costs	20,962	10,785	31,747	19,453
	Sundry and Other Costs	3,360	7,377	10,737	29,189
	Recruitment Costs	196	264	460	328
	Room Hire	112	50	162	2,925
	Website Costs	3,168		3,168	4,700
	Professional Costs	5,403	1,176	6,579	1,062
	Activity total	65,818	241,014	306,832	289,392
		£	£	£	£
		£	£	£	£
7	Governance costs				
	Independent Examiner's Remuneration			300	300

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

8 Staff Costs	2021	2020
The aggregate staff costs were:	£	£
Salaries	203,991	189,097
Employer National Insurance Costs	10,945	10,177
Pension Contributions	6,905	6,201
	<u>221,841</u>	<u>205,475</u>
	<u><u>221,841</u></u>	<u><u>205,475</u></u>
The average number of staff employed by the charity during the year was as follows:		
	2021	2020
Direct charitable	8.0	8.0

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

9 Taxation

The Charity is a registered charity and is therefore exempt from taxation.

	2021 £	2020 £
10 Debtors		
Other debtors	824	31,931
Prepayments	1,301	1,243
	<u>2,125</u>	<u>33,174</u>

	2021 £	2020 £
11 Creditors: Amounts falling due within one year		
Trade Creditors	1,687	1,630
PAYE - NI	7,350	
	<u>9,037</u>	<u>1,630</u>

12 Charity status

The Charity is a Charity limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the Charity in the event of liquidation.

13 Movement in funds	At 1.4.2020 £	Incoming Resources £	Resources Expended £	Transfers £	At 31.3.2021 £
Restricted funds	52,568	240,919	241,014	-	52,473
Unrestricted funds	3,380	143,757	66,118	-	81,019
Total funds	<u>55,948</u>	<u>384,676</u>	<u>307,132</u>	<u>-</u>	<u>133,492</u>

	At 31.3.2019 £	Incoming Resources £	Resources Expended £	Transfers £	At 31.3.2020 £
Restricted funds	5,529	265,908	218,869	-	52,568
Unrestricted funds	51,479	22,724	70,823	-	3,380
Total funds	<u>57,008</u>	<u>288,632</u>	<u>289,692</u>	<u>-</u>	<u>55,948</u>

East Sussex Recovery Alliance
Notes to the Financial Statements for the Year Ended 31 March 2021

14 Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Current Assets	89,156	53,373	142,529
Current Liabilities	(8,137)	(900)	(9,037)
Total Net Assets	81,019	52,473	133,492

15 Analysis of funds

	As 1 April 2020	Cash Flow	At 31 March 2021
	£	£	£
Cash at bank and in hand	24,404	116,000	140,404
		-	-
Net debt	24,404	116,000	140,404