



Make Every Move Count

Registered charity (England & Wales) number: 1179529

Trustees' annual report & statement of financial activity for the year ended 31 March 2022

Trustees

Amrish Shah

Anant East

Kaushik Shah

Pradeep Kumar Shah



Trustees' Annual Report & Statement of Financial Activity

for the year ended 31 March 2021

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Trustees Annual Report & Statement of Financial Activity for the year ended 31 March 2021

1 Reference and administration details

1.1 Charity name & registration

Small charity support

The Charity is a Charitable Incorporated Organisation, number 1179529, registered with the Charity Commission for England Wales on 13 August 2018.

The Charity was previously called 'Friends Against Poverty Charitable Foundation' and was renamed 'Make Every Move Count' (also known as 'MEMC') on 24 January 2021.

The Charity is registered with HM Revenue & Customs to reclaim Gift Aid.

1.2 Charity address and contact details

Address: 5 Aspens Place, Hemel Hempstead, Hertfordshire, HP1 2TY, England

e-mail: trustees@memc.org.uk

Website: memc.org.uk

1.3 Names of the Trustees who manage the Charity

	<u>Role</u>	<u>Appointed</u>	<u>Resigned</u>
Amrish Shah	Treasurer	23 October 2020	
Anant East	Secretary	23 October 2020	
Kaushik Shah		01 February 2021	
Pradeep Kumar Shah		23 October 2020	
Dhimant Shah		01 February 2021	14 October 2022
Mila Shah		23 October 2020	14 October 2022

1.4 Names of advisors & senior members of staff

None. The Charity does not have any advisors or staff.

1.5 Bank

Metro Bank Plc, One Southampton Row, London WC1B 5HA, UK.

2 Structure, governance & management

2.1 Type of governing document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, where the Trustees are the only Members of the Charity.

2.2 Charitable objects

As defined in the Charity's Constitution (governing document), the Charity's objects are: *The provision of donations, services, equipment or items to individuals, charities and organisations in need in the UK, Indian sub-continent or Africa and concerned with the:*

a) Prevention or relief of poverty; or

b) Education and training of members of economically disadvantaged communities to meet their own needs, generate a sustainable income and become self-sufficient; or

- c) Relief of sickness and preservation of health of people who are sick, convalescent, disabled or infirm; or*
- d) Provision of nutritious meals and food, access to healthcare and activities that have a proven beneficial effect on health; or*
- e) Conservation of flora, fauna, the environment generally or in particular geographical areas; or*
- f) Relief of the effects of old age or disability*

2.3 Trustee selection methods

There must be at least three Charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the Charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the Charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory declaration

The Trustees confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the Charity should undertake.

4 Achievements & performance

4.1 Outputs and outcomes for the Charity's beneficiaries

No trustees were appointed during the year, but the former Chair and another trustee resigned after the year-end, on 14 October 2022. The remaining Trustees have to meet to consider voting a new Chair and appointing any new trustees.

During the year, the trustees focused on fund-raising and spending those funds on activities to further the Charity's objects.

4.2 How the public have benefitted

The Charity did not engage in any activity during the year.

4.3 Contributing to activities run by other organisations

The Charity did not engage in any activity during the year.

4.4 Trustee development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial review

5.1 Details of any funds materially in deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;*
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and*

potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 0% of its annual turnover.

5.3 Principal sources of funding and outgoings

The Charity's principal sources of funding are donations from individuals. The Trustees aim to hold annual and ad-hoc fundraising events, as well as seeking corporate sponsorship and donations.

The Charity's outgoings will primarily be on charitable activity in line with its objects as set out in clause 2.2. The Charity seeks to be highly efficient and aims to spend less than 1% of its income on administration overhead.

5.4 Remuneration of trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial status

Though modest, MEMC's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory statements on liabilities

The Trustees declare that:

- ✓ The Charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*e.g.* any outstanding/ongoing contract or legal undertaking to buy or provide specific services); and
- ✓ The Charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*e.g.* a mortgage on property owned by the Charity).

5.7 Independent examiner's report on the accounts

The Charity has not appointed an independent examiner to review these accounts. The Charity will appoint one should income exceed £25,000 in any financial year.

Approved by the Trustees and signed on their behalf by:

Amrish Shah (Treasurer)

Date: 09 November 2022

6 Statement of financial activity

6.1 Receipts & payments accounts for the year ended 31 March 2022

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts					
Donations received	963	3,160	-	4,123	8,506
Interest received	2	-	-	2	-
Sub total (Gross income for AR)	965	3,160	-	4,125	8,506
A2 Asset and investment sales					
Nil	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	965	3,160	-	4,125	8,506
A3 Payments					
Charitable donations	8,858	1,142	-	10,000	-
Administration expenses	-	-	-	-	75
Sub total	8,858	1,142	-	10,000	75
A4 Asset and investment purchases					
Nil	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,858	1,142	-	10,000	75
Net of receipts/(payments)	- 7,893	2,018	-	- 5,875	8,431
A5 Transfers between funds	8,450	- 8,450	-	-	-
A6 Cash funds last year end	1,110	8,506	-	9,616	1,185
Cash funds this year end	1,667	2,074	-	3,741	9,616

6.2 Statement of assets and liabilities as at 31 March 2022

Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
B1 Cash funds	Metro Bank Plc	1,667	2,074	-	
	Total cash funds	1,667	2,074	-	
	(agree balances with receipts and payments account(s))	OK	OK	OK	
	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
B2 Other monetary assets	Nil	-	-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B3 Investment assets	Nil	-	-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B4 Assets retained for the charity's own use	Nil	-	-	-	
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)	
B5 Liabilities	Nil	-	-	-	
Signed by one trustee on behalf of all the trustees	Signature	Print name		Date of approval	
		Amrish Shah		09/11/2022	

6.3 Notes to the accounts

- a) Accounting policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the receipts and payments basis available to small charities and the Charity's own simple accounts spreadsheet.
- b) Reimbursement of out-of-pocket expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the Charity's activities are reimbursed at cost. No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & professional fees
No trustee receives any payments for the services they provide to the Charity. In the current financial year, the Charity employed no staff or external contractors;
- d) Fixed assets
The Charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

6.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees by:



Amrish Shah (Treasurer)

Date: 23 November 2022