

Trustees' Annual Report for the Period: 1 January - 31 December 2023

Charity name: Hospital Radio Lynn
Charity registration number: 1179523

Introduction

The Charity still faces difficulties with fund-raising mainly due to restrictions introduced during the COVID-19 pandemic and a lack of volunteers. We have been able to reintroduce broadcasting from our studio and plan to resume ward visiting. We continue to provide most of our output remotely whilst volunteers undertake mandatory training and follow procedures set out by the Queen Elizabeth Hospital King's Lynn NHS Foundation Trust (QEH).

We still need to recruit more volunteers. This will be a priority in the coming year.

The Trustees would like to thank all its volunteers and supporters for all they do to help the Charity provide a broadcasting service to the patients in the Queen Elizabeth Hospital King's Lynn NHS Foundation Trust (QEH) and the wider community of West Norfolk.

Objectives and Activities

The Charity's purposes remain as set out in its governing document, the Constitution which are:

1. the relief of sickness, poor health and old age amongst people living in the King's Lynn and West Norfolk area by providing a local broadcasting service for hospitals, residential homes, and similar institutions, and for patients receiving community care; and
2. the advancement of health and prevention or relief of sickness for the public benefit through the promotion of the benefits of living a healthy lifestyle, and the importance of maintaining good personal mental and physical health by (mainly, but not exclusively) the means of broadcasting health education messages to people living in King's Lynn and West Norfolk.

The charity's "main activities" undertaken for public benefit include:

- We provide a hospital radio and ward visiting service which addresses the psychological and social needs of those who are ill and in hospital, residential

homes and similar institutions, and patients receiving community care. The radio service offers a welcome distraction to its listeners through music, sports, comedy, news, current affairs, and other programming of interest. The ward visiting service provides an opportunity for chat and to take record requests which will be heard on the radio service, again diverting listeners' attention from their worries

- We broadcast features extolling the virtues of good mental and physical wellbeing and offering advice on how to maintain a healthy lifestyle. The service also broadcasts health and safety messages advising on ways for people to stay safe at home. The service will from time-to-time broadcast programmes featuring both professionals and non-professionals with knowledge and expertise of various health issues along with also publicising health advice and awareness meetings run by the hospital trust.

The Trustees use health features and informational messages prepared for broadcast by national agencies and local health authorities.

The Trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Summary of Main Achievements

Although our volunteers are able to access the studios at QEH we continued to broadcast most of our content remotely. We have continued to expand our “as live” service to patients.

We have continued to provide a platform for other organisations to broadcast to a wider audience in West Norfolk. This continues to include a regular Sunday service provided by the Chaplaincy team at QEH.

The Charity continues to improve its broadcast equipment to ensure robust services both on the QEH and online.

Financial Review

The Charity's finances have come under pressure with inflation-linked increases in software, licences, streaming and broadcast licences. This coupled with challenges in fundraising has seen the Charity drawing on its reserves. The Trustees have embarked on a review of costs and increased efforts to attract donors and sponsors.

Structure, Governance and Management

Hospital Radio Lynn is a Charitable Incorporated Organisation (CIO) and is governed by its Constitution. Trustees are elected by members on a rotational basis annually as detailed in the Constitution.

Reference and administrative details

Hospital Radio Lynn's principal address is:

The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust,
Gayton Road,
King's Lynn,
Norfolk
PE30 4ET

The Trustees are:

David Llewellyn - Chairman
Alex Neal - Treasurer
Carrie Ingram-Gettins - Secretary
Wayne Fysh - Studio Manager
Stephen Kirman - Personnel Manager

Declarations

The Trustees declare that they have approved the Trustee's report above.

Signed on behalf of the Trustees:

David Cenydd Morgan Llewellyn
Chairman

Date: 10 March 2024

HOSPITAL RADIO LYNN

REPORT AND ACCOUNTS
FOR THE YEAR ENDED
31 DECEMBER 2023

Charity Registration: 1179523

HOSPITAL RADIO LYNN
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 DECEMBER 2023

	<u>2023</u>		<u>2022</u>
	<u>£</u>	<u>£</u>	<u>£</u>
<u>RECEIPTS</u>	Restricted	Unrestricted	Total
Amazon Smile		73.29	73.29
Donations		1,917.00	1,917.00
Fundraising		413.00	413.00
Membership Fees		420.00	420.00
Gift Aid		436.00	436.00
	-	3,259.29	3,259.29
			3,588.87
 <u>PAYMENTS</u>			
Computer and Software		1,838.00	1,838.00
Accountancy		282.00	282.00
Telephone		702.00	702.00
Printing, Postage & Stationery		53.00	53.00
Subscriptions		847.00	847.00
Repairs and Maintenance		503.00	503.00
Insurance		319.00	319.00
Music and Voiceovers		18.00	18.00
HBA		50.00	50.00
Radio News Hub		169.00	169.00
Studio Consumables		-	-
Sundry Expenses		-	-
Depreciation		480.00	480.00
	-	5,261.00	5,261.00
			4,335.34
 NET INCOME/(EXPENDITURE)	-	(2,001.71)	(2,001.71)
TOTAL FUNDS BROUGHT FORWARD	-	7,905.71	7,905.71
TOTAL FUNDS CARRIED FORWARD	-	5,904.00	5,904.00

HOSPITAL RADIO LYNN
BALANCE SHEET
YEAR ENDED 31 DECEMBER 2023

	<u>2023</u> <u>£</u>	<u>2022</u> <u>£</u>
FIXED ASSETS		
Tangible Fixed Assets	1,439.00	1,917.69
	<u>1,439.00</u>	<u>1,917.69</u>
CURRENT ASSETS		
Cash at Bank		
Natwest Current Account	4,465.00	5,988.02
Cash	-	-
	<u>4,465.00</u>	<u>5,988.02</u>
CURRENT LIABILITIES		
Accruals	-	-
Net current assets/liabilities	<u>5,904.00</u>	<u>7,905.71</u>
FUNDS OF THE CHARITY		
UNRESTRICTED FUNDS		
General Funds	5,904.00	7,905.71
RESTRICTED FUNDS		
	<u>5,904.00</u>	<u>7,905.71</u>

Approved by the Board of Trustees on 23/4/24 and signed on its behalf by;

Signed: David Llewellyn
..... David Llewellyn (Apr 2023-22:00 GMT+0)
Mr D Llewellyn - Trustee

1. Principal Accounting Policies

1.1 Basis of Preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Change in basis of accounting

There has been no change to the accounting policies since last year.

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

2. Accounting Policies

2.1 Incoming Resources

Incoming resources are included when received.

Grants and local authority fees are recognised in full in the Statement of Financial Activities in the year in which they are receivable. Capital grants specifically for capital expenditure are converted by annual inter-fund transfer in line with the rate of the related assets depreciation as recognised as expenditure in the Statement of Financial Activities.

No income is shown net of expenditure.

2.2 Fund Accounting

General funds are unrestricted which are available for use as the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2.3 Resources Expended

All expenditure is included on a cash basis and is recognised when paid. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Expenses are apportioned where necessary. Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of charitable activities.

**HOSPITAL RADIO LYNN
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 DECEMBER 2023**

I report on the accounts of the Trust for the year ended 31 December 2023, which are set out on pages 1 to 2.

This report is made solely to the charity's trustees, as a body, in accordance with section 154 of the Charities Act. My independent examiner's work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity, the charity's members as a body and the charity's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

Respective Responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kezia Benefer FCCA
Hayhow & Co
Chartered Certified Accountants
and Business Advisers
19 King Street
King's Lynn
Norfolk
PE30 1HB

Date: 23 April 2024