

ORCHARDS

England & Wales · Charity number 1179459

Details

Status Registered

Legal form CIO

Registered 2018-08-06

Register [View on the Charity Commission register](#)

Contact

Address Orchards
27 Old Gloucester Street
London
WC1N 3AX

Phone 07988392232

Email info@orchardsuk.org

Website www.orchardsuk.org

Activities

Objects: THE RELIEF OF WOMEN WHO HAVE EXPERIENCED SEXUAL EXPLOITATION AND WHO ARE IN NEED BY REASON OF THEIR AGE, ILL HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE IN PARTICULAR BY THE PROVISION OF HOUSING, COUNSELLING AND ANCILLARY SUPPORT IN PARTNERSHIP WITH LOCAL CHURCHES

Activities: Orchards exists to see women free from sexual exploitation and to enable them to take steps towards a future where they can thrive. We provide:- Safe housing in partnership with local churches- Trauma counselling - Holistic case work- Training and research

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, Disability, The Prevention Or Relief Of Poverty
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-30	£326,378	£243,391	-	-
2024-03-30	£200,372	£162,762	-	-
2023-03-30	£142,725	£104,699	-	-
2022-03-30	£86,710	£80,730	-	-
2021-03-30	£91,537	£90,114	-	-

Trustees

Name	Role	Appointed
Alison Esther Grieve		2022-09-15
Amy Glover		2025-05-13
Bolade Kerr		2026-03-23
Catriona Townley		2023-05-09
Olukemi Caroline Bamgbose		2024-07-16
Vanessa Morse		2025-01-21

ORCHARDS

England & Wales - Charity number 1179459

Accounts



Annual Reports and Financial Statements
for the year ended 31st March 2025

Faithful

Dream Big
Go for it.

PEACE

Light in
the
Tunnel

God's time

It's never
too late.

True Love

EMPATHY

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Legal And Administrative Information

CHARITY NUMBER	1179459
DATE OF REGISTRATION	6th August 2018
START OF FINANCIAL YEAR	1st April 2024
END OF FINANCIAL YEAR	31st March 2025
TRUSTEES	Mrs Catriona Townley (Chair) Ms Alison Grieve Miss Olukemi Caroline Bamgbose (Appointed 16th July 2024) Mrs Naomi Partridge (resigned 16th September 2024) Mr Phil Hopgood (resigned 16th September 2024) Mrs Vanessa Morse (Appointed 21st January 2025)
KEY MANAGEMENT PERSONNEL	Mrs Emma Goulds Ms Jenny Walker
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 6th August 2018
OBJECTS	The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship, or other disadvantage. In particular, by the provision of housing, counselling and ancillary support in partnership with local Churches.
STRUCTURE, GOVERNANCE AND MANAGEMENT	Orchards currently has 5 unpaid Trustees who are responsible for the charity's strategic direction and policies. Trustees meet as a Board between 5-6 times a year. Trustees meet on an individual basis as required. Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year. Responsibility for the day-to-day operation of the charity has been delegated to a senior management team led by Emma Goulds and Jenny Walker.
CORRESPONDENCE ADDRESS	Orchards PO Box 78761 London SW2 9QE
PRIMARY BANKERS	Co-Operative Bank PO Box 150 Delf House Skelmersdale WN8 6GG
INDEPENDENT EXAMINERS	Lisa Darby, FCA, member of ICAEW, Stewardship

Trustees' Report

For the Year Ended 31st March 2025

Thank you for taking the time to read this annual report. It remains a joy to sit on the board at Orchards to bear witness to a team that gives their whole heart in the pursuit of breakthrough and restoration, and to hear the voices and stories of the incredible and courageous women that we have the privilege of serving.

Reflecting on the past year, we are deeply moved by the transformative work that has taken place. Through your generosity, the dedication of our team, the invaluable input of our survivor-led women's board (Orchards Voices), and the belief in our mission that binds us all together, we have seen significant outcomes. The issue of sexual exploitation remains a persistent crisis in the UK and beyond, but with every small moment of victorious healing, we see the heart of God moving powerfully in this space.

Seven years ago, Orchards was launched with one woman and one flat. As that number has scaled over the years, we have never taken our eyes off of it being all for the one. We continue to see the deep and beautiful value in each individual, holding their names in prayer, partnering and journeying with them, and steadfastly believing in upholding dignity and pursuing freedom.

Over this last year, we have continued our model of offering holistic and relational care through transitional independent safe housing and resettlement, specialist trauma counselling sessions, tailored support work sessions, community-based art and wellbeing sessions, and providing the optional offer of exploring faith for every woman. Additionally, we have continued to train and equip local churches to walk alongside survivors, recognising the long-lasting impact of authentic community.

But we have also made remarkable progress - we now have established three hubs in East London, South London and East Sussex, and are embedded in a number of local churches from different denominations, with online counselling continuing to reach women right across the UK. We have grown our team, strengthened our systems, and have built upon our financial stability to be able to replicate our model further, reaching more women.

We want to thank our incredible staff, volunteers, and partners who work tirelessly, to make this mission a reality. You are an integral part of this work, and your support makes all the difference. It is through your prayers, donations, wisdom, networks, and advocacy, that we continue to shine the light of Christ into the darkness.

We also thank every woman who has trusted us, embarking courageously on the next step in their journeys. Your path to healing and empowerment is a powerful testament to the human spirit's ability to persevere. We are honoured to know you.

We ask for your continued prayers and support as we move forward. May we be faithful stewards of the resources and opportunities entrusted to us, and may God continue to guide us as we move toward the day when our work is gloriously obsolete - when all can live in the fullness of the freedom that Christ came to bring.

Yours Faithfully,

Catrina Townley

Catrina Townley
(Chair of Trustees, Orchards)

2024-25 Impact Report

Background to our work

Orchards is a Christian charity (CIO: 1179459) with safe housing in South London and East Sussex and a nationwide counselling service, working in partnership with local churches to see women free from sexual exploitation and empowered for flourishing, independent lives. We build trusting relationships with each woman, enabling her to access support for lasting recovery through our main areas:

- 1) transitional safe housing;
- 2) specialist trauma counselling;
- 3) tailored support work;
- 4) the offer of connecting with a local church for community, care, and the opportunity to explore faith for herself, if she chooses.



OUR HOUSING PATHWAY

CORE SUPPORT



SAFE HOUSING

9-12 months in a one-bedroom or studio flat



SUPPORT WORK

Weekly meetings focussed on your individual goals



ALONGSIDE

Meet with a volunteer from our Alongside team



COUNSELLING

Short and longer-term therapy

OPTIONAL SUPPORT



NURTURE PROGRAMME

Monthly therapeutic wellbeing activities



ORCHARDS VOICES

Empowering you to know your voice matters



OUR COUNSELLING PATHWAY

CORE SUPPORT



COUNSELLING

Short and longer-term therapy

OPTIONAL SUPPORT



ALONGSIDE

Meet with a volunteer from our Alongside team



NURTURE PROGRAMME

Monthly therapeutic wellbeing activities



ORCHARDS VOICES

Empowering you to know your voice matters



SUPPORT WORK

Weekly meetings focussed on your individual goals

We launched in 2018 with one woman and one flat. Since then, we have had the privilege of setting up three safe properties embedded in a network of churches in South London and have launched a national counselling service (face to face and online) for women overcoming the multiple barriers to sustained exit from sexual exploitation.

We opened a new counselling hub in East London in June 2023 and a new housing hub in East Sussex in April 2024 through local church partners from different denominations in those areas.

Every one of the women who has completed residency in our housing is now in independent accommodation and no longer in a sexually exploitative situation.

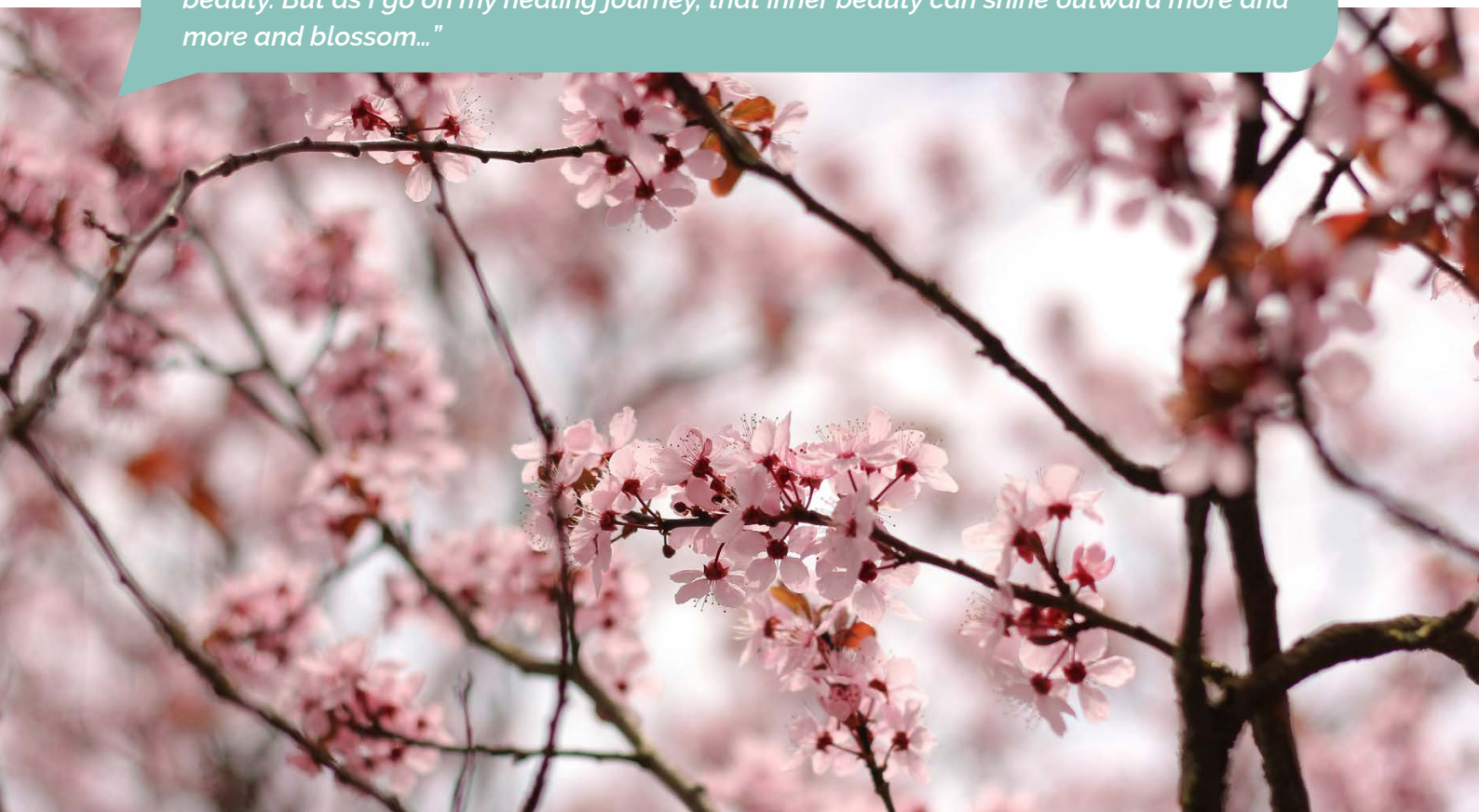
This time last year we had only just launched our East London hub and were preparing to open our East Sussex Hub. As a result of your support, we have now established three hubs in East London, South London and East Sussex, embedded in local churches from different denominations, with online counselling continuing to reach survivors right across the UK.

We would like to share the story of one of our incredible clients *Mary. She is a survivor of sexual exploitation who has received counselling and support work at Orchards and has been instrumental in shaping our survivor-led women's board. She wanted to share how counselling has helped her reclaim her worth and we want to take this opportunity to thank you for being a part of her story.

"I couldn't afford any kind of counselling. I always thought counselling was out of reach, and so to hear that counselling was on offer to me was an unbelievable gift."

It teaches you to nourish yourself and that you are worth it...I never would have been able to do that without the sort of reflection of another person and a counsellor and a safe person to reflect back...Even when counselling ends, you continue the journey to empower and heal yourself"

To remind myself of my beauty and that's not just external, but just being a reflection of the deep inner beauty... even when I was in the messiest place I still had that innermost beauty. But as I go on my healing journey, that inner beauty can shine outward more and more and blossom..."



Our story this year:

Empowering survivors

Over the past year we have had the privilege of walking alongside 31 women across these three hubs through our intensive counselling and safe housing support as they overcame the multiple barriers to sustained exit from sexual exploitation.

"It has helped to reaffirm myself, helped me in my faith, and helped me as a mother... I'm working on regaining my body back after everything that happened. My counsellor is patient with me, and with time, I'm seeing changes... I'm regaining my self-confidence, and I'm more calm now." *Croft Counselling client

Every one of the women who has completed residency in our safe housing to date (since 2018) is now in independent accommodation and no longer in a sexually exploitative situation, which is the longer-term outcome we are working towards for each woman.

"The sessions have impacted me a lot by bringing security and peace, I breathe easier, I feel more free within myself." Counselling client

"Orchards is helping me with everything, even with my mental health, you encourage me. I feel happier and I feel stronger. I know you can't help with my physical health, but mentally you always encourage me. I now know I deserve to live and do something for this world. Before I'm thinking "why I'm living?". Now I feel like I'm worth it, I have something to give.

Any person coming to Orchards, she will go happier and stronger from this place. We have to work together, it's not you doing things for me - we're both doing it, both working." (*Sabrina, Orchards resident)

Specific outputs over this period have included delivering:

322 counselling sessions offered to 23 women

3 counselling clients with English as an Additional Language able to access counselling via an interpreting service

260 individual Support work sessions to 7 women

3 women housed in Orchards safe housing; 3 supported in resettlement

10 Nurture sessions; community-based art and wellbeing sessions hosted in a local church building.

1 new safe property opened in East Sussex

Specific medium-term outcomes for women in this period encompassed:



100%
engagement
with training/
education



66%
improvement
in financial
situations



50%
improvement in
mental health



66%
growing in faith.

We continue to reach women who have experienced sexual exploitation in a range of different contexts:

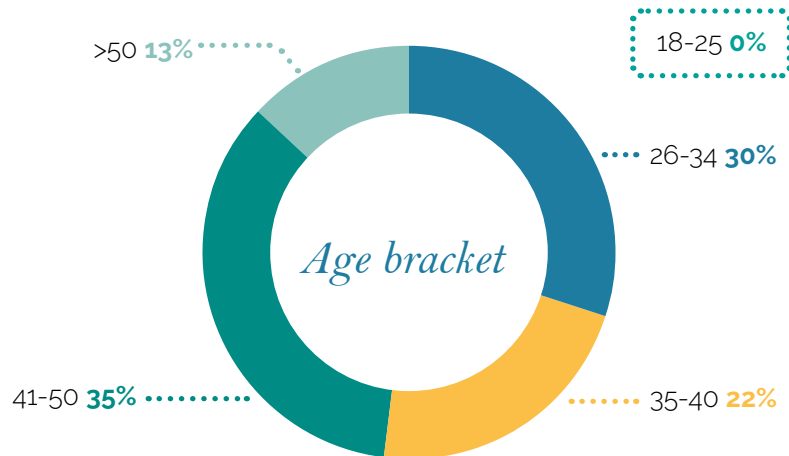
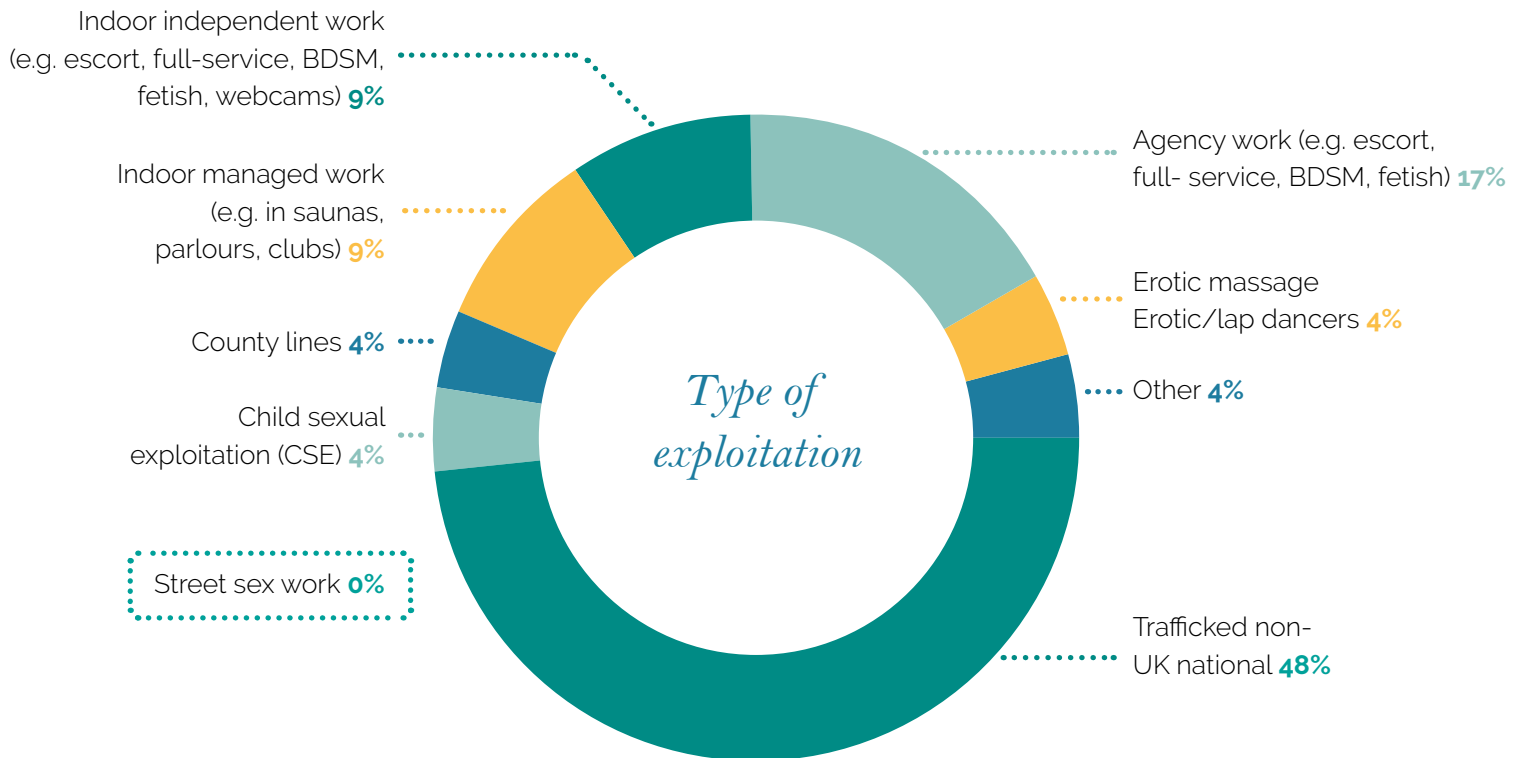


Image of one of Orchards' safe properties



Achievements

Direct support for women

Breakthrough for our residents

We are ending the year celebrating the courage and resilience of our residents as they overcome so many hurdles in their journey out of sexual exploitation and move from disconnection to re-connection in their relationships.

We have seen women who had previously struggled to leave their rooms or engage because of fear and distrust, take steps towards engagement from closed windows to opening them to let air in and declaring they can breathe again, or even being able to travel to the safe creative space of nurture sessions.

We are celebrating seeing women longer staying awake in fear of who might be outside their house at night to get a restful night's sleep and those saying they have found their voices again.

We are also ending the year celebrating the ways in which women have accessed opportunities provided by some of our amazing partners. For instance:

- celebrating the graduation of a resident from the floristry programme at Strength & Stem and seeing her continue to pursue her passion by starting a horticulture programme
- a resident being able to explore her interests and develop her skills through new partnerships in Brighton, including Bramber Bakehouse barista training and Rock Farm
- women benefiting from tailored exercise sessions provided by theMovement

We are inspired by the courage it takes to step into the new, the perseverance needed to keep going on the hard days, as well as the joy, confidence and creativity that springs from trying out new things.

"The way I speak to you, I am not ashamed to speak out. You helped me believe in myself. Thank you for building me and thank you for standing for me. Your encouragement is a big thing, you counselled me like a professional." (Counselling client, shared with permission)

New East Sussex Hub

We are delighted to report we opened a new safe property in East Sussex in April 2024 and this is now running as supported housing for women who have experienced sexual exploitation. The property was purchased by a local church for Orchards' use and we have developed strong partnerships with a group of local churches from different denominations. We have had an offer accepted on a second property in the area which we are preparing to open in Spring 2025. We are also recruiting for a local Counsellor to enable us to provide in-person counselling sessions locally.

South London and East London Hubs

After opening our East London counselling hub last year, we continue to provide in person and online counselling. In South London, we support women in our two properties and Brixton-based counselling centre. We are focusing on building new relationships with local churches a range of church partners, strengthening bridges for women to connect into a supportive church community if they choose.

Nurture

Our monthly therapeutic wellbeing events, hosted in a local church, are now embedded in our South London hub, giving women accessing our housing and counselling pathways the opportunity to gain new skills, and build healthy relationships on a regular basis. We are now preparing to roll these out in East London and East Sussex to create relational community spaces for the women we are connecting to.

Orchards Voices

Our Survivor-led women's board meets bi-monthly to help co-design our services, feed into strategic decision-making and shape creative media and newsletter resources to encourage, inspire and empower other survivors.

"My voice matters, you are always asking what I think... You give the message to women you matter, your feelings matter" Orchards Voices Board member and current resident

Equipping churches to come alongside survivors

Through 'Alongside' - we are increasingly seeing a core part of our mission develop as we continue to train and equip local churches to walk alongside survivors

"We feel extremely positive and proud to partner with Orchards. Our Church is passionate about working with marginalised and vulnerable people and we do this through a variety of projects. However, there are some vulnerabilities that need genuine experience and expertise and on our own we simply couldn't reach or support these people in ways that would make a real difference. Orchards bring this excellence and we've been so encouraged by the professional but highly relational approach that all the team bring to everything they do. Our role in the partnership is a simple one but we are very appreciative of the collaboration, we believe that this way of working is essential to seeing the lives of these vulnerable women transformed and we hope it carries on for many more years." (Dave, Church Pastor)

We now have five Alongside Volunteers (befrienders) from local churches across our three sites meeting fortnightly with women accessing our services, with regular debriefing sessions and ongoing training programme being rolled out. We are excited to have seen some of the women explore a relationship with Jesus for themselves through these supportive relationships.

"The Alongside volunteer makes you feel less lonely, it helps you settle in" Former resident who met with an Alongside Volunteer

Strengthening our operations; preparing for growth

Cinnamon

As a 2023 Cinnamon Incubator finalist, we are now in the second year of the Incubator hub programme, receiving coaching and training as we work towards our longer-term vision of creating multiple safe housing and counselling hubs embedded in local churches across the UK. We have since developed resources and processes to enable us to replicate more widely.

Team

As we have grown from one site to three over the last year, strengthening our team has been vital. During this period, we welcomed a new Communications and Fundraising Officer to increase our sustainability. We have invested time in support and training for team to ensure we continue to offer a high level of care to women. This has included a regular team retreat, revised team and line management meeting rhythms, individual retreat days and offering external supervision for each staff member.

Financial sustainability

Our income increased by 63% since the last financial year. Over the last few years, we have focused our fundraising efforts on; maintaining fundraising to protect services; on building operational capacity to prepare for upcoming growth and on diversifying our income streams to increase our sustainability. Our current income strategy builds on this foundation and emphasises:

- continuing to apply to grants and trusts
- improving our stewardship of regular and major donors (we have engaged a Consultant to support with this)
- reviewing our digital communications
- annual digital campaigns (We recently raised £37,000 in our Big Give campaign, exceeding our target of £25,000)
- community fundraising (marathon places); and
- introducing legacy giving (in progress)

We have spent time strengthening our Finance systems this year, with the introduction of a new finance system, Expense Plus. We invested in an external consultant to support with set-up, who is now providing ongoing external book keeping support. This has brought increased rigour to our reporting and financial management and freed up some organisational capacity.





Next Steps 2025-26:

Reaching More Women Across Three Hubs

Launching a new housing hub in a new area this year reminded us of our early beginnings where Orchards first started with one safe property and supporting one resident in our housing. Despite our growth since 2018, we hold onto the important reminder that whatever we do, whether in times of challenge or celebration, it is worth it for 'the one' woman. The depth of care and support for each individual remains at the core of our offering and we continue to learn so much from their courage and resilience in the face of change and adversity. The pace of change for each woman is unique; our role is to sit alongside them when change feels slow, and to celebrate with them no matter how big or small the breakthrough. Our heart is to continue to expand our reach in the coming year, as we increase our counselling capacity and Nurture sessions in different hubs. As we grow, we remain committed to 'the one' and offering the highest level of support and care to each individual.

Our vision, mission and values remain unchanged, and we continue to focus on providing safe housing and counselling in partnership with local churches to women who have experienced sexual exploitation.

We are coming to the end of year 1 of our current 3-year strategy (April 2024 to March 2027) which is focused on establishing our three hubs, whilst continuing to grow our online (UK-wide) support. We are testing the replicability of our model whilst preparing for further growth and long-term sustainability, focusing on the following three strategic priorities:

- 1. Deepen the quality of support for each individual woman as we grow**
- 2. Develop and test the replicability of our church hub model**
- 3. Build our core organisational capabilities**

After the first year, we have noted most progress in priority areas 1 and 2. The third priority (strengthen our core capabilities) is an ongoing challenge and a key area of focus within our fundraising, budget and planning for us at present, so that we can grow sustainably.

From April 2025-March 2026, with your support we will deliver:

- **1 new one-bedroom safe properties** opened in East Sussex (taking the overall total to 4 properties)
- **7 women housed**
- **4 women supported in resettlement**
- **280 support work sessions** delivered
- **540 free counselling sessions** to 30 women (6 women accessing sessions with an interpreter): online or in-person with our BACP registered therapists
- **Awareness-raising training** provided for 5 churches in East London, South London and East Sussex from different denominations
- **5 churches engaged with our work**, from different denominations (engaged in at least one aspect of our 'menu of options' for churches)
- **8 women receiving support** from an Alongside Volunteer Befriender from a network of local churches, for relational support and an opportunity to explore a relationship with Jesus for themselves
- **6 bi-monthly training sessions** with Alongside Volunteers from local churches
- **20 Nurture therapeutic wellbeing events** held in 3 locations, an opportunity for women to invest in their own wellbeing and build positive relationships
- **6 women's board meetings** held; 6 consultations held per year with each housing client providing opportunities for women to grow in knowing their voices and opinions matter

"I don't have that fear anymore of speaking up. I feel more freedom to speak to people. I am referring to the people I see on a day-to-day basis. I don't feel like I have to hold back anymore.

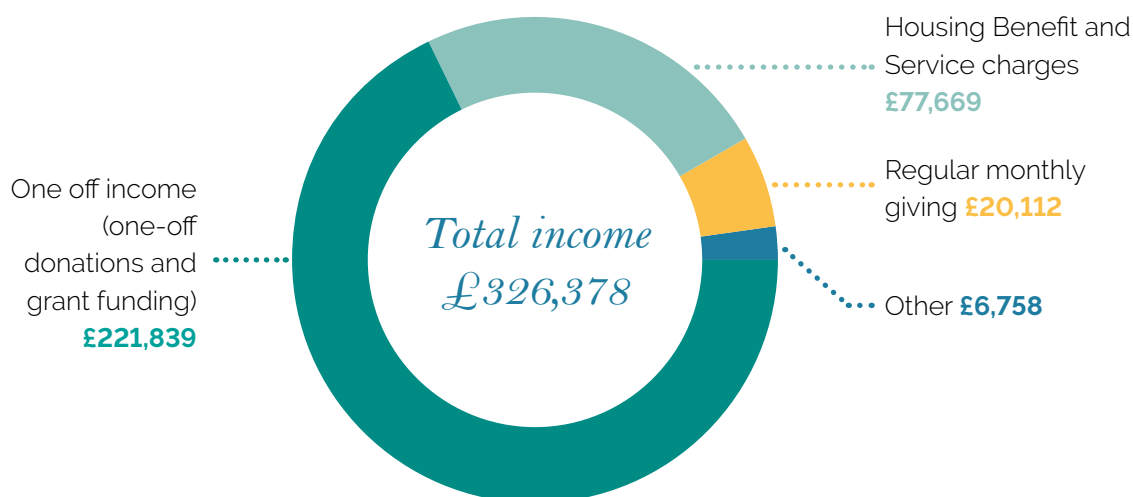
With people that are more distant, I am not as comfortable, but people I see on a day-to-day basis, I feel more comfortable conversing with them. The sessions have boosted my confidence." (Counselling client)



Financial Review

Income

The overall income for this financial period was £326,378 (2024 £200,372). This includes regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.



Income increased by 63% from the previous year with growth coming in all income streams.

Expenditure

Total expenditure for this financial year was £243,391. This is an increase from the previous financial period of 50% (2024 £162,762).

At the end of the year reserves stood at £183,141 (2024 £100,154) of which £113,931 was restricted (2024 £57,664).

The growth in expenditure mirrors the overall growth in the organisation and its impact and is primarily driven by the following:

i) Staffing

Orchards continues to employ two Co-Directors, alongside two Counsellors, two Support Workers, a Fundraising and Communications Officer, a Women's Voice Lead and a Facilities and Office Manager.

ii) Property Costs

Orchards opened a third property in East Sussex at the start of the financial year. Housing Benefit payments for all flats cover some of the ongoing rental and utilities bills, although Orchards covers the remaining bills and maintenance costs through unrestricted funds. Set-up costs for the new property were covered by grant funding. At the end of the year a further property in East Sussex was purchased via our housing partner Green Pastures, with set-up and a new resident expected in the first months of next year.

iii) Operational Costs

This includes fundraising costs, membership fees and admin costs.

The cost of overheads remains very low because of the exceptional support Orchards get from a wide range of volunteers and from Beacon Church who generously allow use of their premises. The Trustees would like to record their gratitude for this support which cannot be quantified and therefore is not included in these accounts.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work and our size, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise. The Trustees aim to ensure that Orchards will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily. The analysis of free reserves of £69,210 (2024 £42,490) is shown in Note 11 to the accounts. All unrestricted funds are currently free reserves and are represented by net current assets. The calculation of the maximum level of 3 months operational costs (including costs currently funded by restricted funds) is £60,848 (2024 £40,209) so is covered by the available reserves.

Public Benefit

Orchards acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how Orchards has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities Orchards should undertake.



Our Alongside volunteers provide relational support to residents and women every 2 weeks, often over a hot drink and cake



Trustee Declaration

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

1. select suitable accounting policies and apply them consistently;
2. observe the methods and principles in the Charities SORP;
3. make judgements and estimates that are reasonable and prudent;
4. state whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the trustees and signed on their behalf by:

C. Townley

CATRIONA TOWNLEY

Date: 26/06/2025

Statement of Financial Activities for the year ended 31st March 2025

INCOMING RESOURCES	Note	Unrestricted Funds 2024/25	Restricted Funds 2024/25	Total 2024/25	Unrestricted Funds 2023/24	Restricted Funds 2023/24	Total 2023/24
		£	£	£	£	£	£
Incoming Resources from Generated Funds							
Donations, Grants & Legacies	2	133,231	111,576	244,807	59,256	94,726	153,982
Charitable Activities	2b	3,902	77,669	81,571	-	46,390	46,390
TOTAL INCOMING RESOURCES		137,133	189,245	326,378	59,256	141,116	200,372
RESOURCES EXPENDED							
Costs of Generating Funds							
Cost of Charitable Activities	3	96,237	128,402	224,639	43,315	117,622	160,937
Activities for Generating Funds	3b	11,763	4,589	16,352	625	-	625
Governance Costs	3c	2,400	-	2,400	1,200	-	1,200
TOTAL RESOURCES EXPENDED		110,400	132,991	243,391	45,140	117,622	162,762
NET INCOMING (OUTGOING) RESOURCES		26,733	56,254	82,987	14,116	23,494	37,610
Funds Brought Forward		42,490	57,664	100,154	28,346	34,198	62,544
Transfer between funds		(13)	13	-	28	(28)	-
TOTAL FUNDS CARRIED FORWARD		69,210	113,931	183,141	42,490	57,664	100,154

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing. The notes on pages 19 to 27 form part of these financial statements.

Balance Sheet - As at 31st March 2025

	Note	Unrestricted Funds	Restricted Funds	Total 31-Mar-25	Total 31-Mar-24
		£	£	£	£
FIXED ASSETS					
Tangible Assets	1	-	-	-	-
Investments	5	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	7	3,773	-	3,773	583
Cash at Bank and in Hand	6	73,266	117,985	191,251	104,201
Total Current Assets		77,039	117,985	195,024	104,784
Creditors: Amounts due	8	7,829	4,054	11,883	4,630
NET CURRENT ASSETS		69,210	113,931	183,141	100,154
TOTAL ASSETS less current liabilities		69,210	113,931	183,141	100,154
Creditors: Amounts falling due in more than one year	8a	-	-	-	-
NET ASSETS		69,210	113,931	183,141	100,154
FUNDS OF THE CHARITY					
General Funds		69,210	-	69,210	42,490
Restricted Funds	4	-	113,931	113,931	57,664
Total Funds		69,210	113,931	183,141	100,154

Approved by the Trustees on

26/06/25

Signed on their behalf by Trustee

C. Townley

Printed Name:

CATRIONA TOWNLEY

Notes to the financial statements for the year ended 31st March 2025

Accounting Policies

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

These financial statements are prepared on a going concern basis, under the historical cost convention (as modified by the revaluation of certain assets, which are measured at fair value through the Statement of Financial Activities).

These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the UK and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

The Charities (Accounts and Reports) Regulations 2008 (the '2008 Regulations') requires charities to prepare their accounts in accordance with 'Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005' but this accounting standard has since been withdrawn and has been replaced by the Charities SORP mentioned in the preceding paragraph. The charity has prepared these financial statements in accordance with the new Charities SORP; this departure from the 2008 Regulations is believed to be necessary for these financial statements to give a 'true and fair view', the principles adopted in the preparation of the financial statements are set out below.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Taxation

The charity has taken advantage of the various reliefs from taxation available to charities and no tax is payable on the charity's income.

Financial instruments

The charity's financial assets and financial liabilities all qualify as basic financial instruments, as defined by FRS102. Except for loans, creditors and debtors are measured at their expected settlement value (normally the amount of cash that the charity expects to pay or receive). The charity recognises liabilities for the principal of those loans that remains outstanding at the year end (i.e. the liabilities exclude any interest chargeable on the loans in future years)

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustee's report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment 25% - Straight Line Basis

1. Tangible fixed assets

The CIO held no tangible fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2025: None

31st March 2024: None

2. Incoming Resource

a) Donations, Grants & Legacies	Unrestricted Funds £	Restricted Funds £	TOTAL 2024/25 £	TOTAL 2023/24 £
Donations and Gifts	129,376	110,241	239,617	150,028
Gift Aid Tax	3,855	1,335	5,190	3,954
	133,231	111,576	244,807	153,982

b) Charitable Activities				
Income from events	3,902	-	3,902	-
Housing Income	-	77,669	77,669	46,390
	3,902	77,669	81,571	46,390

c) Investment Income				
Interest	-	-	-	-
	-	-	-	-

3. Resources Expended

	Unrestricted Funds £	Restricted Funds £	TOTAL 2024/25 £	TOTAL 2023/24 £
a) Cost of Charitable Activities				
Advertising & Publicity	1,836	195	2,031	1,060
Client Costs	384	2,326	2,710	2,754
Consultancy Fees	3,920	672	4,592	6,311
Events	280	811	1,091	-
Flat Costs	-	53,748	53,748	37,048
Insurance Costs	-	-	-	1,274
Licenses & Subscriptions	965	1,273	2,238	7,922
Office Costs	1,778	2,396	4,174	2,143
Salary Costs	83,207	62,711	145,918	98,363
Staff Expenses including supervision and training	3,765	4,147	7,912	4,062
Sundry Costs	102	123	225	-
	96,237	128,402	224,639	160,937

b) Activities for Generating Funds				
Consultancy and other external costs	3,612	261	3,873	625
Salary Costs allocated	8,151	4,328	12,479	-
3	11,763	4,589	16,352	625

c) Governance Costs				
Independent Examiners Fees 8	2,400	-	2,400	1,200
	2,400	-	2,400	1,200

Orchards receives free office space provided by two of our partner churches. Our principal office base has been provided since 2018 and the second counselling space has been provided since June 2023. The value of these donated spaces cannot currently be reasonably quantified so no value is included in these accounts.

4 Restricted Funds

CURRENT FINANCIAL PERIOD

The following shows our restricted funds by funder and fund restrictions:	Balance 01-Apr-24 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-25 £
Acts 345	-	200	200		-
Awards for All (counselling & Nurture)	-	20,000	4,063		15,937
Benefact Trust	-	10,433	10,433		-
Bishop Radford (Support Work)	-	2,000	2,000		-
Big Give Campaign Fund – Counselling and running costs	17,144	37,178	26,102		28,220
Church Welfare Association – counselling	307	3,000	832		2,475
Fifty-Four Two – void housing spaces	9,273	-	-		9,273
Garfield Weston (core Costs)	-	20,000	20,013	13	-
GEMS (Support Work)	-	7,000	7,000		-
Housing Fund – housing costs Brighton and Croydon	22,357	77,669	55,654		44,372
Jerusalem Trust (Alongside)	-	10,000	2,059		7,941
Laing – housing set up and staff laptops	4,583	-	592		3,991
Newham – Hub	-	1,150	-		1,150
Pebbles – hub set-up costs	4,000	-	3,427		573
St Martins in the Fields Charity	-	615	615		-
	57,664	189,245	132,991	13	113,931

PREVIOUS FINANCIAL PERIOD

	Balance 01-Apr-23 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-24 £
Boulton Cottages – counselling and support work	-	4,000	4,000		-
Benefact Trust – core costs	-	10,433	10,433		-
Big Give Campaign Fund – hub running costs	5,850	24,293	12,999		17,144
Church Welfare Association – support work	2,386	3,000	5,079		307
Fifty-Four Two – void housing spaces	10,000	-	727		9,273
Good News Evangelical Mission- core costs	-	7,000	7,000		-
Gift Aid	28	-	-	(28)	-
Housing Fund – housing costs	10,463	46,390	34,496		22,357
Joseph Rank Foundation – core costs*	5,371	-	5,371		-
Laing – housing set up and staff laptops	-	5,000	417		4,583
MOPAC – housing and support costs	-	30,000	30,000		-
Norman Whitely – counselling costs	-	2,000	2,000		-
Pebbles – hub set-up costs	-	4,000			4,000
Souter – Support Work	-	5,000	5,000		-
Staff Wellbeing Fund – staff wellbeing	100	-	100		-
	34,198	141,116	117,622	(28)	57,664

The restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

5. Investments

The CIO held no fixed asset investments during this or the previous financial period.

6. Cash at Bank and in Hand

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-25 £	Total 31-Mar-24 £
Cash at Bank & in Hand	73,266	117,985	191,251	104,201
	73,266	117,985	191,251	104,201

7. Debtors and Prepayments

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-25 £	Total 31-Mar-24 £
Prepayments	1,531	-	1,531	-
Sundry Debtors	2,242	-	2,242	583
	3,773	-	3,773	583

8. Creditors: Amounts Falling Due Within One Year

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-25 £	Total 31-Mar-24 £
Sundry Creditors	525	2,342	2,867	-
Independent Examiners Fees	2,400	-	2,400	1,200
PAYE & N.I	4,160	1,330	5,490	3,430
Pension Contributions	744	382	1,126	-
	7,829	4,054	11,883	4,630

9. Creditors: Amounts Falling Due in More Than One Year

The CIO held no long-term liabilities during this or the previous financial period.

10. Net Assets Between Funds

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-25 £	Total 31-Mar-24 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	69,210	113,931	183,141	100,154
Long Term Liabilities	-	-	-	-
	69,210	113,931	183,141	100,154

Prior year figures				
Net Current Assets	42,490	57,664	100,154	62,544

11. Operating Lease Commitments

Orchards currently has three operating leases for safe properties. The minimum amount payable (until the next break clause and ignoring the potential impact of future rent reviews) in respect of this lease is as follows:

Payments falling due:	2025 £	2024 £
Within one year	37,800	22,800
	-	-
Between one and five years	81,600	67,200
	-	-
After five years	-	-

During the year the charity was charged £37,735 (2024 £22,800) for its operating leases.

12. Staff Costs and Numbers

	TOTAL 2024/25 £	TOTAL 2023/24 £
Gross Wages, Salaries & Fees	145,009	94,695
Employer's National Insurance Costs	5,853	828
Pension Contributions	7,535	2,841
	158,397	98,364

The Full time equivalent of these staff is 4.23 (2024 4.16)

The total amount paid to key management personnel for their services to the charity during the period was £79,066 (2024 £58,672).

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2024 None). During the year employer's pension contributions totaling £7,535 (2024 £2,841) were payable to defined contribution personal pension schemes. Pension contributions owing at the balance sheet date were £3,526 (2024 £NIL).

13. Transactions With Related Parties

During the year the charity:

- a) received donations totalling £675 (2024 £193) from related parties (which includes trustees, any other members of key management and anyone closely connected to them).
- b) paid expenses totalling £0 (2024 £0) to trustees.

There have been no other transactions with related parties during the year.

14. Risk Assessment

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. Events since the year end

Orchards entered into a new lease for an additional safe property in May 2025, committing to £1,250pcm for 6 years.



Independent Examiner's Report to the Trustees of Orchards ('the charity')

I report to the trustees on my examination of the accounts of the Charity for the year ended 31 March 2025 on pages 17 to 27, which have been prepared on the basis of the accounting policies set out on pages 19 to 21.

Responsibilities and basis of report

As the charity's trustees of the Charitable Incorporated Organisation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lisa Darby

Lisa Darby FCA, member of ICAEW

Stewardship
1 Lamb's Passage
London
EC1Y 8AB

Date: 5th of August 2025.

ORCHARDS

England & Wales - Charity number 1179459

Accounts



Orchards

(A Charity Incorporated Organisation)

Charity registration no: 1179459

Annual Reports and Financial Statements

for the period ended 31st March 2024



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Legal And Administrative Information

CHARITY NUMBER	1179459
DATE OF REGISTRATION	6th August 2018
START OF FINANCIAL YEAR	1st April 2023
END OF FINANCIAL YEAR	31st March 2024
TRUSTEES	Mrs Naomi Partridge (Chair) Mr Phil Hopgood Ms Alison Grieve Ms Maria Gayle (resigned 7th January 2024) Mrs Catriona Townley (Appointed 9th May 2023) Miss Olukemi Caroline Bamgbose (Appointed 16th July 2024)
KEY MANAGEMENT PERSONNEL	Mrs Emma Goulds Ms Jenny Walker
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 6th August 2018
OBJECTS	The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship, or other disadvantage. In particular, by the provision of housing, counselling and ancillary support in partnership with local Churches.
STRUCTURE, GOVERNANCE AND MANAGEMENT	Orchards currently has 5 unpaid Trustees who are responsible for the charity's strategic direction and policies. Trustees meet as a Board between 5-6 times a year. Trustees meet on an individual basis as required. Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year. Responsibility for the day-to-day operation of the charity has been delegated to a senior management team led by Emma Goulds and Jenny Walker.
CORRESPONDENCE ADDRESS	Orchards PO Box 78761 London SW2 9QE
PRIMARY BANKERS	Co-Operative Bank PO Box 150 Delf House Skelmersdale WN8 6GG
INDEPENDENT EXAMINERS	Lisa Darby FCA, Stewardship

Trustees' Report

For the Year Ended 31st March 2024

Thank you for taking the time to read this report. We are delighted to share with you the significant progress made by Orchards in the last year, and most importantly, the breakthrough that has been experienced by women on their journey to finding true freedom from sexual exploitation.

We have always been proud to offer bespoke, deep, relational support to each and every woman we work with. We aspire to truly understand each individual, and their own context, character and aspirations – and commit to meeting their needs through our service model and partnerships. This is the red thread that remains in all we do – a mindset of devotion to the 'one'. We are in the business of facilitating life-altering breakthrough, and we are unashamed of it, and what it really takes to do this. Investment of time, energy, skills, love. From everyone involved. So as we grow, there comes a natural, powerful tension. Maintaining devotion to the 'one' whilst serving the needs of the many. Ensuring our impact is both deep and accessible. Yet it is often in tensions that the truly powerful insights can emerge... and for us, that has been the lesson, and goal, of 'replication'.

We have continued to work at significant depth – providing case work, counselling, housing, our nurture wellbeing programme and opportunities for leadership and influence through our Orchards Voices initiative. But we have also expanded the reach of what we do. We have grown from 1 to 3 geographical locations. We have expanded our national online and in person counselling to provide interpreters in response to the increase of referrals of women who have experienced trafficking for sexual purposes, widening our reach. We have grown our team in number and capabilities. We are shaping church culture and mindsets through developing and testing training that equips local churches to support survivors in their communities.

Replication is key in how we proceed. Now we have an established model, we seek to replicate the unique, focused offering through church partnerships around the country. East London and East Sussex have been great examples of how this can happen – and we are excited for the continued growth of these sites, alongside the prospect of future opportunities. The potential is enormous – because in our growth we will not be compromising our offers, we will be making our holistic service available to more women, more regularly.

We want to thank every member of the Orchards team, and our wider volunteer community, for the significant investment of their many talents, skills, time and energy in serving the mission of Orchards in the last year – and working together in true unity, an inspiring example of our values in action.

We thank every person or organisation who has stood by us, invested in us through your donations, funding, prayers, wisdom and networks. We thank you for your continued partnership.

We thank every woman who has opened their lives and hearts to us on their personal journey, and who have left us changed by your strength, resilience and creativity.

Most of all, we thank God for his enduring faithfulness to us, divine wisdom and daily grace. He is our example of love in action, and we pray that we continue to enact this love through the practical day to day work we do.

Yours Faithfully,

Naomi

Naomi Partridge
(Chair of Trustees, Orchards)

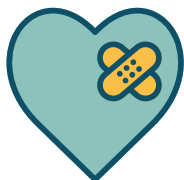
2023-2024 Impact Report

Background to our work

Orchards is a Christian charity (CIO: 1179459) working to see women free from sexual exploitation and empowered for flourishing, independent lives. We build trusting relationships with each woman, enabling her to access support for lasting recovery through our main areas:



1) safe housing



2) specialist trauma counselling and wellbeing activities



3) tailored support work



4) a women's voice programme, including an Advisory Board and creative media content made by and for survivors



5) the offer of connecting with a local church for community, care, and the opportunity to explore faith for herself, if she chooses

We launched in 2018 in South London with one woman and one flat. Since then, we have had the privilege of coming alongside 39 women as they overcome the multiple barriers to sustained exit from sexual exploitation.

Every one of the women who has completed residency in our housing is now in independent accommodation and no longer in a sexually exploitative situation.





This time last year we were running safe housing and counselling in South London, with UK-wide online counselling. Because of your support we have now grown to three hubs in East London, South London and East Sussex, embedded in local churches from different denominations.

We wanted to share the story of one of our incredible residents who has taken amazing steps of courage this year in her recovery journey and take this opportunity to thank you for being a part of her story.

Before moving to Orchards, I was in survival mode. This is no way of living, as the stress is constant – where to sleep, how to get money. I was rushing all the time, just trying to survive. I moved to Orchards housing a year ago. To be honest, the start was not easy. It was like being in the space in between destroying my past and building my future. At times I wanted to quit, to give up, uncertain of what I'm meant to do and be. It's scary, but I want to encourage other women to go through this. It's normal when you're going through such a big transition.

A lot of things helped me through this time, including weekly counselling, having a befriender, time with my support worker and being part of a support group. I feel like there has been a circle of support around me with Orchards and other organisations. The spiritual side has helped me a lot. I've done an Alpha course and a bereavement course and joined a church. God has helped me to make the decision to start from scratch and rebuild my life. I'm proud that I made this decision and did what's right for me. I am just about to move into my own rental flat. I have started a new job in the hospitality industry, and I plan to do my best there and progress in my role. I'm passionate about giving back and inspiring others, and I volunteer for a charity and serve at my church. I have a completely new life now."

(Deborah*, Orchards resident, now in resettlement)

Our story this year

Over the past year we have had the privilege of coming alongside 39 women across these three hubs through our intensive counselling and safe housing support as they overcame the multiple barriers to sustained exit from sexual exploitation.

Every one of the women who has completed residency in our safe housing to date (since 2018) is now in independent accommodation and no longer in a sexually exploitative situation, which is the longer-term outcome we are working towards for each woman.

For women in our counselling pathway:



90%

are now less impacted by their past experiences



90%

now have more positive feelings about themselves



60%

now have more positive relationships in their lives

For women in our safe housing pathway:



100%

significantly improved in their ability to manage their tenancy and accommodation



67%

saw an improvement in their physical health

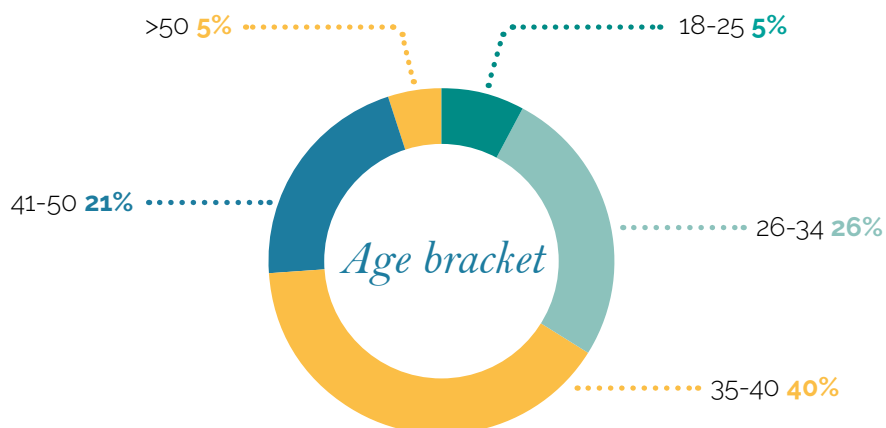
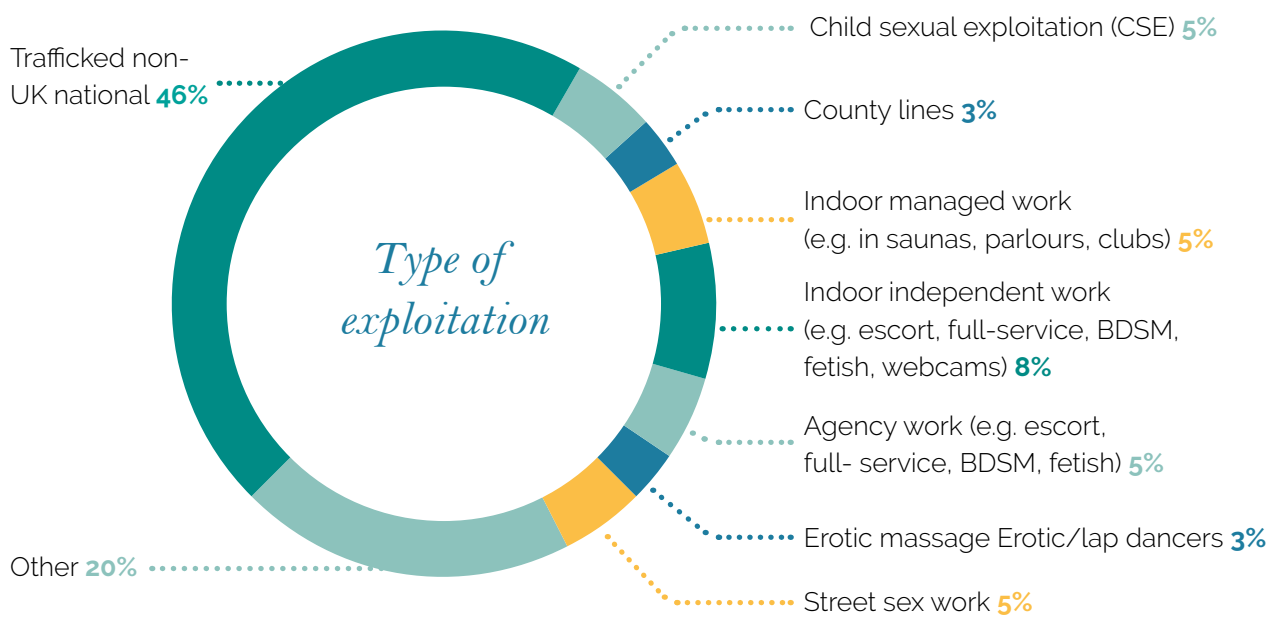
Specific outputs over this period have included delivering:

319 counselling sessions

198 individual Support work sessions

10 Nurture sessions; community-based art and wellbeing sessions hosted in a local church building.





Achievements

Direct support for women

Breakthrough for our residents

We are ending the year celebrating the courage and resilience of our residents as they overcome so many hurdles in their journey out of sexual exploitation. We saw one of our residents move into independent accommodation and employment during this year, taking on leadership responsibilities within our Women's Advisory Board and connecting into a faith community for herself. A new resident moved into Orchards accommodation during the year with her child and is now rediscovering her own passions and dreams. We continue to learn so much from the women we come alongside and thank God for who they are.

"I feel supported and understood at Orchards. I make my own choices and I'm not invaded with what to do. This makes me feel more free. At Orchards they are really understanding."

"Moving into the flat was good – I had a smooth settling in. The flat was nice and it was good to have help moving in and a warm welcome from [Support Worker] in particular."

New East London Hub: an expansion of our counselling service

We were delighted to open a new counselling hub in June 2023, hosted by a new local church partner enabling us to reach more women with both face-to-face and online counselling. We are receiving an increasing number of referrals for counselling for women who have experienced trafficking for sexual purposes, for many of whom English is an additional language. To remove barriers to accessing the service, we have offered counselling through an interpreting service for the first time this year, which we are preparing to expand.

'It has opened my eyes to see things in a different way to what I was seeing them. Realising so many different things. It has helped me so much. I shouldn't let other reactions control me so much. You have been the best and helped me so much, I don't think I could have asked for a better therapist.'

'I like that you didn't pressure me to come in or turn on my camera. I just felt comfortable, it felt like the safest place. Literally everything was helpful, it's like I have taken something out of every session.'

'I feel more confident now and I'm not so scared to meet new people. I have been able to talk things through and it has made me lighter. Now I don't worry too much, I can say true things. This experience of counselling has helped me a lot and I would like to say thank you so much for helping me. I wish I can come back again one day.'

'It has made me more confident; I feel lighter when sharing things with you because I felt like I was safe. Sometimes the words were not coming because I didn't always know how to express myself.'

New East Sussex Hub: expansion of our safe housing

We continue to receive more referrals for our safe housing than we are able to offer. We completed the purchase of a new property in East Sussex, purchased through a local church partner this financial year, ready to open in May 2024.

I feel like I can breathe again after these [support work] sessions. It's one of the most helpful things for me. There's something powerful about speaking to someone outside my family and friends. It's such a great support as a bridge in the gap from having had counselling and still needing some practical life support. It's just such a unique offering that Orchards have, that they don't leave you only with counselling, but are investing in your actual ongoing life progress and decisions moving forward, acknowledging that it's not always easy to be a survivor out in the world, offering such helpful tools in how to move through practical struggles, and encouraging and supporting you in your long-term flourishing. (Counselling client)

Referral pool

This year has seen the growth of our referral pool, including NHS referrals to our free counselling service, in addition to a network of charities, outreach services, statutory services and churches. In line with our value of collaboration, we have spent time investing in our partnerships, knowing that this produces the best outcomes for women, and look forward to expanding our networks further as we grow in new areas.



Nurture

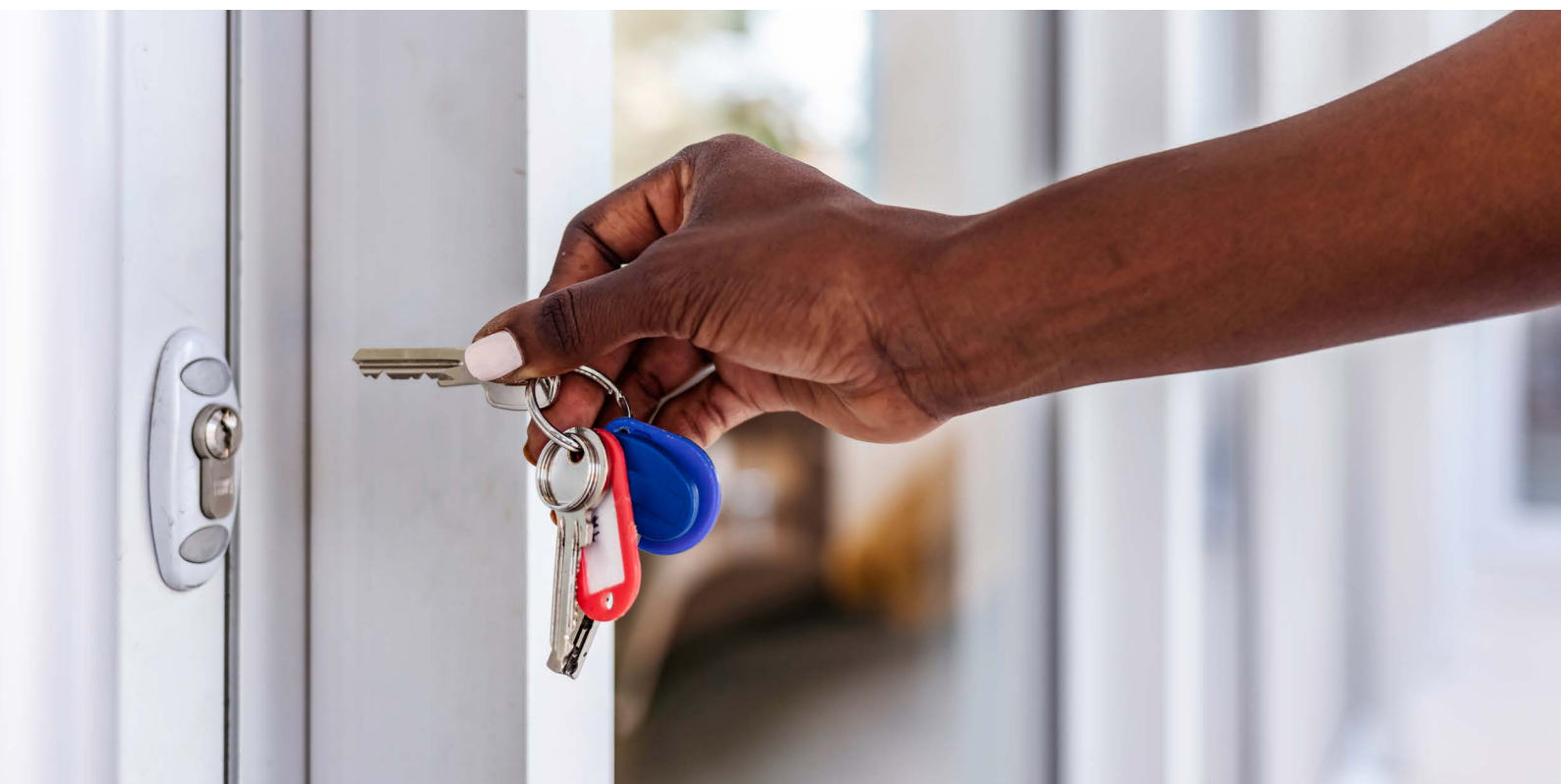
The therapeutic wellbeing programme of events we piloted in 2022-2023 became an embedded part of our service offer in 2023-2024. Monthly Nurture sessions provide safe spaces for women to connect as they share food and learn new skills together. It has been beautiful to see women coming together, building relationships and encouraging one another, even when it might feel tough for them to do so.

Orchards Voices

We are passionate about ensuring the voices of women with lived experience shape our work and that all the women we come alongside have the opportunity to grow in knowing their voices and opinions truly matter. Over the last year, our survivor-led Orchards Voices programme has continued to grow, this has included:

- Regular consultations with women in our housing and resettlement- feeding into case review meetings
- Bi-monthly women's board meetings- where women with lived experience are involved in co-designing our services and feeding into strategic decision-making. This financial year we re-launched the Board and moved to online meetings to enable women to connect from different areas
- Our Orchards Voices team produced another survivor-led video exploring together their prayers for other women in sexually exploitative situations

"The staff at Orchards make me stronger, they encourage me to continue to build myself for the future. For anyone thinking about coming to Orchards, I would say that it will make you stronger and more confident. If you want to have these things, it's important to get involved even if it's hard. Try it and you'll feel good in the end. Orchards is very good for people that have struggled with things, to make you more confident and strong. I've met good people that help me in all the ways. A ten is the best in gymnastics, and that's what I would give Orchards."





Equipping churches to come alongside survivors

We are increasingly seeing a core part of our mission to be to equip local churches to come alongside survivors who choose to connect into their communities. We want to see women feeling accepted and loved by the local church whether they choose to engage in faith-based activities or not. Over the last year we delivered 3 training sessions to church leaders and spoke at 4 Christian ministry events raising awareness of the experiences of survivors of sexual exploitation and how churches can become a safe space for them. We have grown our team of Alongside volunteers from local churches and have developed a bi-monthly training programme for them ready to roll out next year.

"Orchards provides a place for the local Church to help and support women who have been involved in prostitution and those who have been trafficked for sexual purposes. This is an area that many in the Church feel passionately about and want to make a difference and help but don't know how? Orchards provides the training in new skills related to supporting vulnerable women and the ongoing support to do this. It has been wonderful to see women from the local community connected to and supported by women from Hope Church on a regular basis and see relationships form. Working with Orchards gives the local Church greater understanding and confidence in working with women coming out of sexual exploitation and knowledge that we are doing something that will make a lasting impact in the lives of many women." Mark, Church Pastor

100% of participants strongly agreed or agreed that their understanding of sexual exploitation had increased after the session

66% of participants strongly agreed or agreed their attitudes towards women who had experienced sexual exploitation had changed as a result of the session.

"we need to do more to make sure anyone from an exploited background is made welcome in church and not just at Sunday meetings." Workshop participant

Strengthening our operations; preparing for growth

Cinnamon

We were really honoured to be finalists at the Cinnamon Network final in November 2023. We are now joining a host of other wonderful projects on the two-year Incubator final as we work towards our longer-term vision of creating multiple safe housing and counselling hubs embedded in local churches across the UK. Our Co-Directors are now receiving regular coaching from the Cinnamon team and attended a 3-day retreat back in January with other participants.

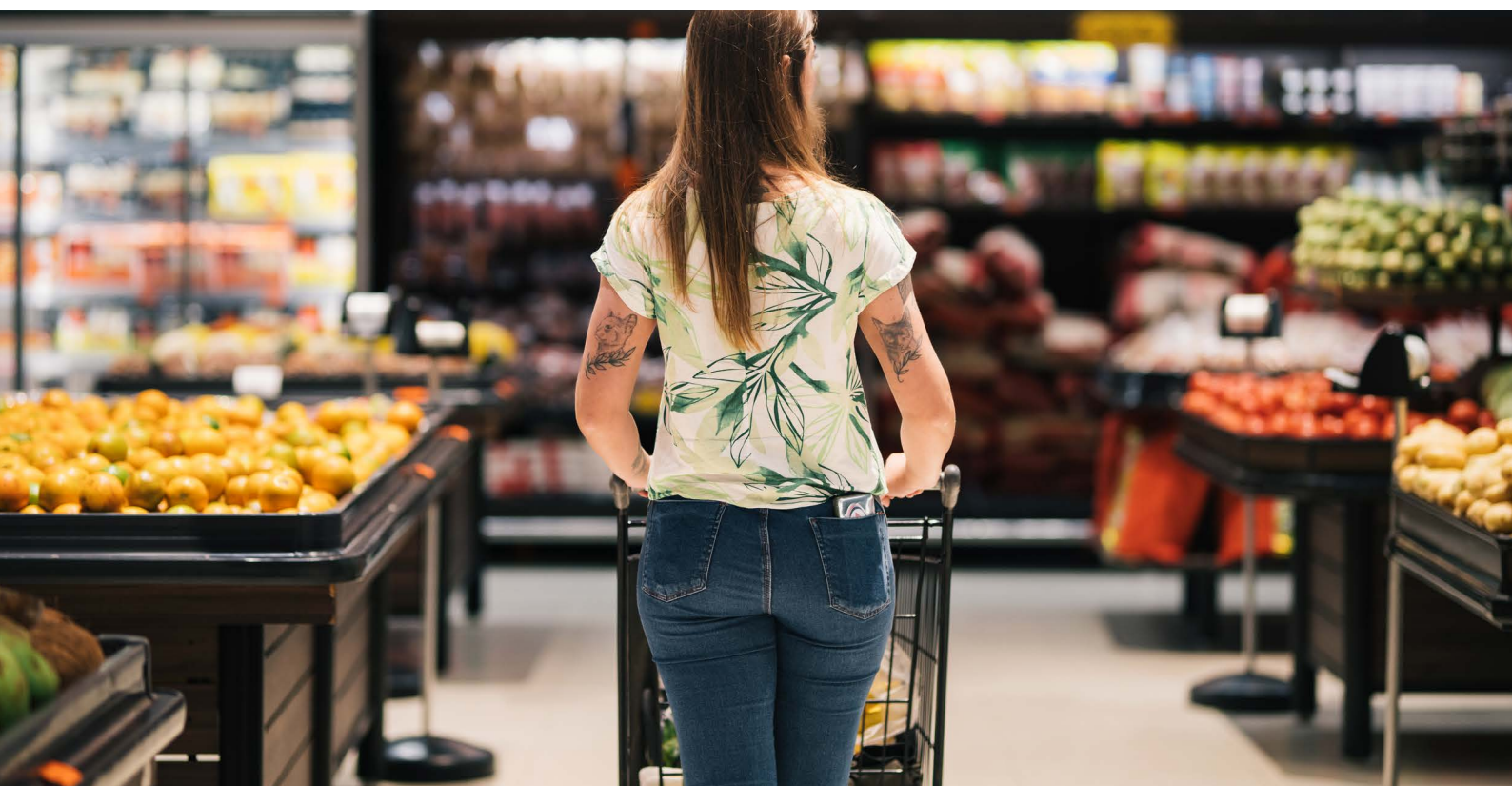
Team

As we have grown from one site to three over the last year, strengthening our team has been vital. During this period, we welcomed a new Operations Manager and a new East Sussex-based Support Worker. We have invested time in support and training for team to ensure we continue to offer a high level of care to women as we expand. This has included a regular team retreat, individual retreat days and clinical supervision for each staff member.

Financial sustainability

Our income increased by 40% since the last financial year. We continue to increase our sustainability, focusing on diversifying our income to increase our long-term sustainability through

- continuing to apply to grants and trusts
- improving our stewardship of regular and major donors
- carrying out a review of our digital communications
- annual digital campaign we exceeded our target of £20, 000 at the Big Give Christmas campaign
- introducing community fundraising in preparation for the next financial year



Next Steps 2023-24:

Reaching More Women Across Three Hubs

As we look back on the last 6 years, we give thanks for each and every woman we have come alongside. We hold in mind the image of an Orchard at the end of this financial year; a mixture of well-established trees and seedlings, and a sense of privilege at being part of nurturing and tending the soil for each woman to grow at her own pace. We know that the need is great, and our vision is to expand Orchards and hold space for more women as we grow, without compromising on the professionalism and integrity of the support we offer.

Through our referral data, our ongoing support for women and consultation with delivery partners, we have seen an increase of women in 'survival sex' situations to avoid homelessness; women selling sex for the first time, being unable to leave or contemplating returning to the sex industry or violent relationships to pay their rent or cover basic needs. We are also seeing instances of landlords exploiting women in poverty through demanding 'sex for rent'. The situation is particularly acute for women without recourse to public funds who have limited support networks.

Over the past year, we have spent time refining our service model to ensure it meets this growing need. This has involved a co-design process within our survivor-led Women's Board and consultation with staff, volunteers and delivery partners. We have also developed and tested a model for equipping churches to appropriately support women who choose to connect into their communities; we replicated this through opening a new therapeutic wellbeing hub in East London in June 2023 and we are now preparing to open a new safe housing hub in East Sussex in April 2024, alongside our existing South London safe housing and support hub.

Our next 3-year strategy (April 2024 to March 2027) will be focused on strengthening our three hubs. We will test the replicability of our model whilst preparing for further growth and long-term sustainability, focusing on the following three strategic priorities:

- 1. Deepen the quality of support for each individual woman as we grow**
- 2. Develop and test the replicability of our church hub model**
- 3. Build our core capabilities**

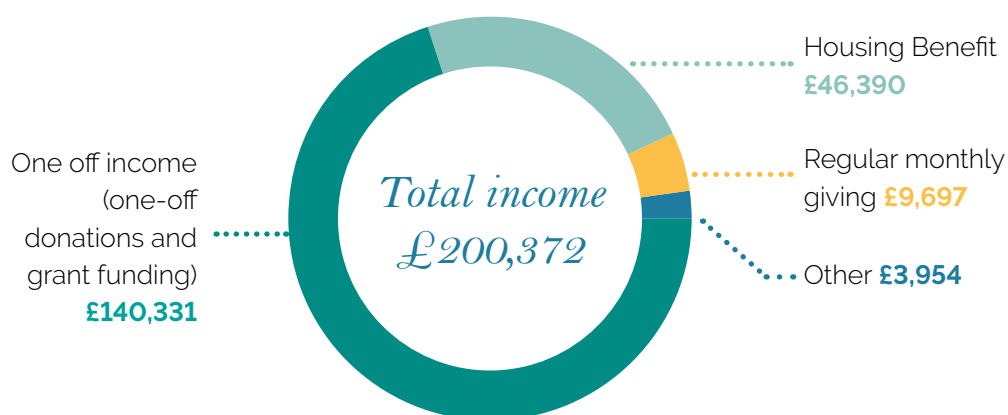
From Sept 24-August 25, with your support we will deliver:

- 2** new one-bedroom safe properties opened in East Sussex (taking the overall total to **4** properties)
- 4** women housed
- 4** women supported in resettlement
- 196** support work sessions delivered
- 480** free counselling sessions to **26** women (**6** women accessing sessions with an interpreter): online or in-person with our BACP registered therapists
- 8** women receiving support from a trained Alongside Volunteer (Befriender) from a network of local churches
- 10** churches engaged with our work, from different denominations
- 15** Nurture therapeutic wellbeing events held in **2** locations, an opportunity for women to invest in their own wellbeing and build positive relationships
- 6** women's board meetings held; **6** consultations held per year with each housing client providing opportunities for women to grow in knowing their voices and opinions matter.

Financial Review

Income

The overall income for this financial period was £200,372 (2023 £142,725). This includes regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.



Income increased by 40% from the previous year with the major growth coming as restricted funds and housing benefit.

Expenditure

Total expenditure for this financial year was £ 162,762. This is an increase from the previous financial period of 55% (2023 £104,699).

At the end of the year reserves stood at £100,154 (2023 £62,544) of which £57,664 was restricted (2023 £34,198).

The growth in expenditure mirrors the growth in the organisation and is primarily driven by the following:

i) Staffing

Orchards continues to employ two Co-Directors who increased their capacity this year to 4 days per week, alongside 2 counsellors and one support worker. Over the period, Orchards grew its staff capacity to employ a finance and operations manager, a further support worker and a fundraising and communications manager.

ii) Property Costs

Orchards continued with 2 properties throughout this year in London. Housing Benefit for payments for both flats covers some of the ongoing rental and utilities bills, although Orchards covers the remaining bills and maintenance costs through unrestricted funds. Set-up costs were covered by grant funding. At the end of the year a further property in East Sussex was identified with setting up costs incurred this year and a new resident expected in the 1st months of next year.

iii) Operational Costs

This includes fundraising costs, membership fees and admin costs.

Cost for overheads remain very low because of the exceptional support Orchards get from a wide range of volunteers and from Beacon Church who generously allow use of their premises. The Trustees would like to record their gratitude for this support which cannot be quantified and therefore is not included in these accounts.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work and our size, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise. The Trustees aim to ensure that Orchards will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily. The analysis of free reserves of £42,490 (2023 £28,346) is shown in Note 11 to the accounts. All unrestricted funds are currently free reserves and are represented by net current assets. The calculation of the maximum level of 3 months operational costs (including costs currently funded by restricted funds) is £40,209 (2023 £25,580) so is covered by the available reserves.

Public Benefit

Orchards acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how Orchards has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities Orchards should undertake.



Trustee declaration

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

1. select suitable accounting policies and apply them consistently;
2. observe the methods and principles in the Charities SORP;
3. make judgements and estimates that are reasonable and prudent;
4. state whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the trustees and signed on their behalf by:

N. Partridge

Date 10/10/2024



Statement of Financial Activities for the year ended 31st March 2024

INCOMING RESOURCES	Note	Unrestricted Funds 2023/24	Restricted Funds 2023/24	Total 2023/24	Unrestricted Funds 2022/23	Restricted Funds 2022/23	Total 2022/23
		£	£	£	£	£	£
Incoming Resources from Generated Funds							
Donations, Grants & Legacies	2	59,256	94,726	153,982	57,159	60,314	117,473
Charitable Activities	2b	-	46,390	46,390	-	25,252	25,252
TOTAL INCOMING RESOURCES		59,256	141,116	200,372	57,159	85,566	142,725
RESOURCES EXPENDED							
Costs of Generating Funds							
Cost of Charitable Activities	3	43,615	117,662	160,937	31,398	70,922	102,320
Activities for Generating Funds	3b	625	-	625	1,629	-	1,629
Governance Costs	3c	1,200	-	1,200	750	-	750
TOTAL RESOURCES EXPENDED		45,140	117,662	162,762	33,777	70,922	104,699
NET INCOMING (OUTGOING) RESOURCES		14,116	23,494	37,610	23,382	14,644	38,026
Funds Brought Forward		28,346	34,198	62,544	4,964	19,554	24,518
Transfer between funds		28	(28)				
TOTAL FUNDS CARRIED FORWARD		42,490	57,664	100,154	28,346	34,198	62,544

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing. The notes on pages 20 to 29 form part of these financial statements.

Balance Sheet - As at 31st March 2024

	Note	Unrestricted Funds	Restricted Funds	Total 31-Mar-24	Total 31-Mar-24
		£	£	£	£
FIXED ASSETS					
Tangible Assets	1	-	-	-	-
Investments	5	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	7	583	-	583	567
Cash at Bank and in Hand	6	46,537	57,664	104,201	64,925
Total Current Assets		47,120	57,664	104,784	65,492
Creditors: Amounts due	8	4,630	-	4,630	2,948
NET CURRENT ASSETS		42,490	57,664	100,154	62,544
TOTAL ASSETS less current liabilities		42,490	57,664	100,154	62,544
Creditors: Amounts falling due in more than one year	8a				
NET ASSETS		42,490	57,664	100,154	62,544
FUNDS OF THE CHARITY					
General Funds		42,490	-	42,490	28,346
Restricted Funds		-	57,664	57,664	34,198
Total Funds		42,490	57,664	100,154	62,544

Approved by the Trustees on 10/10/2024

Signed on their behalf by Trustee N. Partridge

Printed Name: N. Partridge

Notes to the financial statements for the year ended 31st march 2024

Accounting Policies

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

These financial statements are prepared on a going concern basis, under the historical cost convention (as modified by the revaluation of certain assets, which are measured at fair value through the Statement of Financial Activities).

These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the UK and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

The Charities (Accounts and Reports) Regulations 2008 (the '2008 Regulations') requires charities to prepare their accounts in accordance with 'Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005' but this accounting standard has since been withdrawn and has been replaced by the Charities SORP mentioned in the preceding paragraph. The charity has prepared these financial statements in accordance with the new Charities SORP; this departure from the 2008 Regulations is believed to be necessary for these financial statements to give a 'true and fair view', the principles adopted in the preparation of the financial statements are set out below.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Taxation

The charity has taken advantage of the various reliefs from taxation available to charities and no tax is payable on the charity's income.

Financial instruments

The charity's financial assets and financial liabilities all qualify as basic financial instruments, as defined by FRS102. Except for loans, creditors and debtors are measured at their expected settlement value (normally the amount of cash that the charity expects to pay or receive). The charity recognises liabilities for the principal of those loans that remains outstanding at the year end (i.e. the liabilities exclude any interest chargeable on the loans in future years).

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustee's report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Straight Line Basis
----------------------------------	---------------------------





1. Tangible fixed assets

The CIO held no tangible fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2023 : None

31st March 2022 : None

2. Incoming Resource

a) Donations, Grants & Legacies	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2022/23 £
Donations and Gifts	57,886	92,142	150,028	114,759
Gift Aid Tax	1,370	2,584	3,954	2,714
	59,256	94,726	153,982	117,473

b) Charitable Activities				
Housing Income	c	46,390	46,390	25,252
	-	46,390	46,390	25,252

c) Investment Income				
Interest	-	-	-	-
	-	-	-	-

3. Resources Expended

	Unrestricted Funds £	Restricted Funds £	TOTAL 2023/24 £	TOTAL 2023/24 £
a) Cost of Charitable Activities				
Advertising & Publicity	1,060	-	1,060	1,201
Client Costs	553	2,201	2,754	669
Consultancy Fees	2,375	-	2,375	-
Consulting Fees	3,633	303	3,936	1,250
Flat Costs	-	37,048	37,048	28,461
Insurance Costs	1,274	-	1,274	807
Licenses & Subscriptions	2,551	5,371	7,922	437
Office Costs	1,726	417	2,143	1,706
Sessional Support	-	-	-	4,741
Staff Costs	27,334	71,029	98,363	60,486
Staff Expenses	994	257	1,251	535
Staff Supervision & Training	1,711	896	2,607	1,779
Travel & Subsistence	104	100	204	248
	43,315	117,622	160,937	102,320

b) Activities for Generating Funds				
Fundraising Costs	625	-	625	1,629
3	625	-	625	1,629

c) Governance Costs				
Independent Examiners Fees 8	1,200	-	1,200	750
	1,200	-	1,200	750

Orchards receives free office space provided by two of our partner churches. Our principal office base has been provided since 2018 and the second counselling space has been provided since June 2023. The value of these donated spaces cannot currently be reasonably quantified so no value is included in these accounts.

4 Restricted Funds

CURRENT FINANCIAL PERIOD

The following shows our restricted funds by funder and fund restrictions:	Balance 01-Apr-23 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-24 £
Boulton Cottage Homes Trust – counselling and support work	-	4,000	4,000	-	-
Benefact Trust – core costs	-	10,433	10,433	-	-
Big Give Campaign Fund – hub running costs	5,850	24,293	12,999	-	17,144
Church Welfare Association – support work	2,386	3,000	5,079	-	307
Fifty-Four Two – void housing spaces	10,000	-	727	-	9,273
Good News Evangelical Mission – core costs	-	7,000	7,000	-	-
Gift Aid	28	-	-	(28)	-
Housing Fund – housing costs	10,463	46,390	34,496	-	22,357
Joseph Rank Trust – core costs*	5,371	-	5,371	-	-
Maurice & Hilda Laing Charitable Trust – housing set up and staff laptops	-	5,000	417	-	4,583
MOPAC – housing and support costs	-	30,000	30,000	-	-
Norman Whiteley Trust – counselling costs	-	2,000	2,000	-	-
Rank Foundation Pebbles – hub set-up costs	-	4,000	-	-	4,000
Souter Charitable Trust – Support Work	-	5,000	5,000	-	-
Staff Wellbeing Fund – staff wellbeing	100	-	100	-	-
	34,198	141,116	117,622	(28)	57,664



PREVIOUS FINANCIAL PERIOD

	Balance 01-Apr-22 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-23 £
All Churches Fund – flat set up costs	2,274	-	2,274	-	-
Barnabas – core costs	400	-	400	-	-
Benefact Trust – core costs	-	6,750	6,750	-	-
Big Give Campaign Fund – counselling and support work	-	12,018	6,168	-	5,850
Church Welfare Association – core costs	-	3,000	614	-	2,386
Church Welfare Association 2 – Voices	942	-	942	-	-
Fifty-Four Two – void spaces	-	10,000	-	-	10,000
Flat Setup Fund	2,000	-	2,000	-	-
GEM Grant Fund 2 – support work	2,481	-	2,481	-	-
Gift Aid Fund	28	-	-	-	28
Green Pastures – staff laptops	97	-	97	-	-
The Hobson Charity – security alarm	-	546	546	-	-
Housing Fund	11,232	25,252	26,021	-	10,463
Joseph Rank Trust – core costs	-	20,000	14,629	-	5,371
Norman Whiteley Trust – counselling	-	1,000	1,000	-	-
SMB Charitable Trust – counselling	-	2,000	2,000	-	-
Souter Charitable Trust – support work	-	5,000	5,000	-	-
Staff Wellbeing Fund – staff wellbeing	100	-	-	-	100
	19,554	85,566	70,922		34,198

*Please note that the renewal of this multi-year grant from Joseph Rank Foundation (£15,000) is reported as unrestricted this year. This decision to make this change from the last financial year was made as the funds are attributable to core costs.

The restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

5. Investments

The CIO held no fixed asset investments during this or the previous financial period.

6. Cash at Bank and in Hand

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Cash at Bank & in Hand	46,537	57,664	104,201	64,925
	46,537	57,664	104,201	64,925

7. Debtors and Prepayments

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Sundry Debtors	583	-	583	567
	583	-	583	567

8. Creditors: Amounts Falling Due Within One Year

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Independent Examiners Fees	1,200	-	1,200	750
PAYE & N.I	3,430	-	3,430	1,544
Pension Contributions	-	-	-	654
	4,630	-	4,630	2,948

a. Creditors: Amounts Falling Due in More Than One Year

The CIO held no long-term liabilities during this or the previous financial period.

b. Net Assets Between Funds

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-24 £	Total 31-Mar-23 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	42,490	57,664	100,154	62,544
Long Term Liabilities	-	-	-	-
	42,490	57,664	100,154	62,544

9. Operating Lease Commitments

Orchards currently has two operating leases for safe properties. The minimum amount payable (until the next break clause and ignoring the potential impact of future rent reviews) in respect of this lease is as follows:

Payments falling due:	2024 £	2023 £
Within one year	22,800	22,800
	-	-
Between one and five years	67,200	90,000
	-	-
After five years	0	0

During the year the charity was charged £22,800 (2023 £12,800) for its operating leases.

10. Staff Costs and Numbers

	TOTAL 2023/24 £	TOTAL 2022/23 £
Gross Wages, Salaries & Fees	94,695	56,400
Employer's National Insurance Costs	828	2,316
Pension Contributions	2,841	1,770
	98,364	60,486

The Full time equivalent of these staff is 4.16 (2023 3.16).

The total amount paid to key management personnel for their services to the charity during the period was £58,672 (2023 £35,447).

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2023 None). During the year employer's pension contributions totalling £2841.43 (2023 £1770.34) were payable to defined contribution personal pension schemes. No pension contributions were owing at the balance sheet date (2023 £654).

11. Transactions With Related Parties

During the year the charity:

- a) received donations totalling £192.96 (2023 £575) from related parties (which includes trustees, any other members of key management and anyone closely connected to them).
- b) paid expenses totalling £0 (2023 £0) to trustees.

There have been no other transactions with related parties during the year.

12. Risk Assessment

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

13. Events since the year end

Orchards entered into a new lease for an additional safe property in May 2024, committing to £1,250pcm.



Independent Examiner's Report to the Trustees of Orchards ('the charity')

I report to the trustees on my examination of the accounts of the Charity for the year ended 31 March 2024 on pages 18 to 29, which have been prepared on the basis of the accounting policies set out on pages 20 to 22.

Responsibilities and basis of report

As the charity's trustees of the Charitable Incorporated Organisation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lisa Darby

Lisa Darby FCA

Stewardship
1 Lamb's Passage
London
EC1Y 8AB

Date: 23 October 2024

ORCHARDS

England & Wales - Charity number 1179459

Accounts



Orchards

(A Charity Incorporated Organisation)

Charity registration no: 1179459

Annual Reports and Financial Statements

for the period ended 31st March 2023



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GET UP
DRESS UP
SHOW UP
NEVER
GIVE UP

Legal And Administrative Information

CHARITY NUMBER	1179459
DATE OF REGISTRATION	6th August 2018
START OF FINANCIAL YEAR	1st April 2022
END OF FINANCIAL YEAR	31st March 2023
TRUSTEES AT 31ST MARCH 2023	Mrs Naomi Partridge (Chair) Mr Phil Hopgood Ms Maria Gayle (Safeguarding Lead) Ms Alison Grieve (Appointed 15th September 2022)
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 6th August 2018
OBJECTS	The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship, or other disadvantage. In particular, by the provision of housing, counselling and ancillary support in partnership with local Churches.
CORRESPONDENCE ADDRESS	Orchards PO Box 78761 London SW2 9QE
PRIMARY BANKERS	Co-Operative Bank PO Box 150 Delf House Skelmersdale WN8 6GG
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

Trustees' Report

For the Year Ended 31st March 2023

Dear friends and supporters of Orchards,

It is a real pleasure and privilege to introduce the Orchards annual report for the year 2022-23.

As I look back over the past year of Orchards' work and forward into the new year, the phrase 'expanding our reach' comes to mind. The opening of a new property in London, the development of our work with additional local churches and our preparation to work in two new locations in the coming year all represent the continuing passion of the Orchards team to make as broad an offer of support to as many women as we are able to.

The journey out of sexual exploitation is often complex and rarely easy. These journeys regularly call for huge courage on the part of the women we work with, often at the very time when they may be feeling at their most vulnerable. In my position as a Trustee, I never fail to be in awe of the loving attention to detail that the Orchards team give to creating an entirely bespoke plan of support for each woman we work with; with each woman's own felt needs, desires and aspirations kept at the very heart of every offer and plan of support. Nowhere has this been illustrated better than in the Orchards Voices project, developed alongside women and successfully enacted this year - and which you can read more about in the report that follows.

At this current time, with our referrals of trafficked women increasing and more women in 'survival sex' situations through the cost-of-living crisis, the work of Orchards has never been more needed. The Christian imperative to 'act justly, love mercy and walk humbly' so evidently underscores the work of the wonderful Orchards team, who continue to be so ably and expertly led by our Co-Directors, Emma and Jenny. Our deep appreciation goes to them and to the whole Orchards team - and to you, our friends, volunteers, and donors. Thank you for standing with us in this work.

Not least, our thanks go to those who regularly pray for the work of Orchards, supporting us in our conviction that prayer should always underpin all that we do.

The report on the following pages provides much to be grateful for, and much to be stirred and excited about.

I hope that you enjoy reading it - and I commend it to you, wholeheartedly.

Yours faithfully,



Phil Hopgood

On behalf of the Board of Trustees

2022-2023 Impact Report

Orchards is a Christian charity (CIO: 1179459) working to see women free from sexual exploitation and empowered for flourishing, independent lives. Orchards was born out of the prayers of two friends and colleagues who had worked with women who have experienced prostitution or human trafficking, through outreach both on and off-street, one-to-one support work and counselling.

We had seen first-hand that a lack of housing was both a reason for entry into exploitative situations and a major barrier to exit. We saw women who were not selling sex out of 'choice' but through stories of abuse, coercion, poverty, violence, homelessness. We also saw the women's courage, beauty, strength and potential. Prior to Orchards starting, we engaged in a five-year period of prayer, wide-ranging research, and specialist professional development, and it became clear that the linchpin issue for lasting change is whether or not a woman can set down roots in safe, transitional housing and receive long-term therapeutic support. At present, and across the whole of the UK, there is little access to the right kind of housing and support, and Orchards was set up to respond effectively to this need.

We launched in 2018 with one woman and one flat. Thanks to your support since then, we have gathered a passionate, committed and diverse team of people who have set up three safe properties, launched a nationwide online and face-to-face counselling service and developed a model for equipping churches to come alongside survivors. During this time, we have had the privilege of walking alongside 27 inspiring women as they have taken steps to overcome the multiple barriers to lasting exit from sexual exploitation.

We build trusting relationships with each woman, enabling her to access support for lasting recovery through our main areas:

1) transitional safe housing; **2)** specialist trauma counselling; **3)** tailored support work; **4)** the opportunity to connect into a supportive church community and explore faith for herself if she chooses.





We wanted to share the story of one of our incredible residents who has taken amazing steps of courage this year in her recovery journey. We want to take this opportunity to thank you for being a part of her story.

Sabrina has been living in Orchards' accommodation for one year. She was trafficked for sexual purposes as a young woman from Eastern Europe and was trapped in a sexually exploitative situation for a year. After many failed attempts, she finally escaped from her traffickers. She was then homeless and living on the streets in the UK for 7 years. After she was identified as a victim of Modern Day Slavery, she was in a multi-occupancy refuge for 2 years with round the clock support. When she moved into Orchards' accommodation, it was the first time she had ever lived semi-independently. She was fearful of leaving the house and cooking and struggled to trust people as a result of the trauma she had experienced.*

She has grown in confidence significantly over the last year, building a strong relationship with her Support Worker. She has a love of horticulture and attended a floristry employability programme through one of our partners. She has discovered local parks she likes walking in. After coming to regular community-based creative sessions, she helped run the most recent one for women and staff to share her flower arranging skills! She is also a very valuable contributor at our Women's Leadership board, helping to shape our services for other women.

At her request, we recently had the joy of buying her two Bibles, one in English and one in her mother tongue, as she explores faith for herself. She has a clear sense of where she wants to live when she moves on from our safe property accommodation and we will be walking alongside her every step of the way to full independence. Her dream is to work part time, live in a house with a small garden and have many cats.

(*Name changed to protect the identity of the resident, story shared with permission)

The needs of the women we support

We support women across the UK in severe mental, economic, and physical distress who want to leave sexual exploitation. 9 out of 10 women in the sex industry want to leave, but can see no way out. They face grueling, physical threats of entrapment, assault and homelessness, and psychological torment left by every kind of abuse. Some key points from our research are as follows:

Severe Mental Health Challenges

- Many have Post-Traumatic Stress Disorder, and at rates equivalent to treatment-seeking veterans of war.
- They have a 12 times higher mortality rate than women who are not engaged in sexual exploitation, and as an 'occupational group' they have the greatest risk of murder.
- Many also have varied, complex needs, such as disordered eating, debts, being pursued by pimps and traffickers, violent or coercive relationships.
- Traumatic experience is commonly also a precursor to sexual exploitation, with many having experienced sexual abuse growing up, time in the care system, and homelessness.
- Recovery is rarely quick or in a 'straight line' – specialist counselling is vital for long-term recovery.
- Stigma and isolation from supportive networks further exacerbates trauma for many women.
- This kind of support is sparsely available at no or low cost; waiting lists are 1 – 2 years.

Life on the Edge of Homelessness

- In the UK, housing insecurity is one of the main reasons a woman enters into sexual exploitation and one of the main barriers to her then getting out, once involved.
- 75% have experienced, or are experiencing, homelessness.
- As a result of the severe issues they face, women struggle to break away enough from dangerous situations to secure the safe home environment that would enable the significant life changes they so desperately need.
- A permanent address is a basic necessity for receiving benefits, making job applications and accessing education.
- For a woman to start healing from trauma – and without further psychological damage in the process – having a home that is both stable and emotionally safe is critical.



Orchards' Response

Orchards is pioneering a model to respond effectively to these crucial, interlinking needs for safe, transitional housing, sustained therapeutic support, and access to employability training. We collaborate with a range of complementary Charity, Church, and Business partners so we can best serve women with complex needs.

1) Transitional Safe Housing | 9-12 months' one-bedroom safe housing in a confidential location linked to a local church and in partnership with Green Pastures – a Christian social enterprise with a vision to end homelessness by empowering churches and Christian charities to house those in need.

If I didn't have good people like my case workers and you, I would still be homeless, using drugs, being used by men. Good people give me the power to survive, to keep going, to be a strong woman. I just want to be confident, to not be scared, to work and be safe.

(Supported housing client, shared with permission)

2) Trauma Counselling | Weekly online or in-person sessions with our Christian therapists – all registered/ accredited BACP members, with extensive trauma training.

Before I had counselling, I was very closed up. All my emotions and thoughts were locked up inside of me. I didn't have any space or ability to share them with anyone. You have helped me so much. You give me good suggestions and help me see things in new ways. I feel that my character has been developing, my personality is changing for the better. I am stepping out of my shadows. I don't feel as suppressed and oppressed as before. Thank you so much for all that you have done for me.

(Counselling Client, shared with permission)

3) Support work + Job Training Placements + Pastoral Care

Orchards: Weekly Support Worker sessions with a tailored plan, continuing until a mutually agreed time.

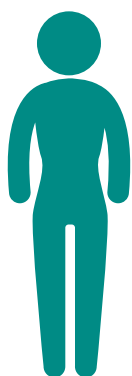
Businesses: Work training; placements; employment opportunities.

Churches: CAP debt centre, job club and money course; Food Bank volunteering to grow confidence and skills; opportunity to connect fortnightly with a Befriender from a local church.

Our story this year

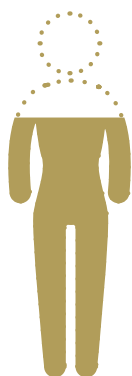
April 2022 to March 2023 in numbers:

	Total 2022/23
Number of women supported in counselling	22
Number of women in support work	5
Number of women in resettlement	3
Number of weekly trauma counselling sessions delivered both face to face and remotely	184
Number of individual support work sessions delivered	131
Total number of women supported	25
Type of Exploitation Experienced by the Women We Support	
Trafficking for sexual purposes	48%
Online or escort work	40%
Street based prostitution	8%
Other sexual exploitation type	4%



100%

of women are not in sexually exploitative situations 12 months after leaving our housing.



71%

of women felt more able to imagine a life free from sexual exploitation after finishing counselling.



100%

of women reported an improvement in 1 or more of the goals they set at the start of counselling.



100%

of housing residents reported an improvement in their social networks and relationships.



100%

of housing residents reported an improvement in their emotional and mental health.

This year we spent time focusing on strengthening the support we offer to women towards lasting change. Following a period of consultation with women, staff, volunteers, churches, and delivery partners we have launched new areas of provision to better meet the needs of the women we serve. We have also carried out a collaborative review of our church partnerships and befriender model to create stronger bridges to local churches for women to find community and for those who choose to explore faith for themselves.

We are preparing to re-launch our service model in April 2023 following this consultative period with two key pathways (counselling and housing), embedded in local churches and a range of additional support options for women to choose from.

Your support enabled us to launch some exciting new provision this year:

Direct Support For Women

New Flat

Our newest safe property opened in September 2022. The flat has provided a stable and secure base from which its first resident has been able to access relevant support and connect with a Befriender from a local church. She has made great progress in pursuing her career goals. It has been so inspiring watching her journey and we look forward to welcoming many more women in this new flat in the coming years.

Nurture Programme

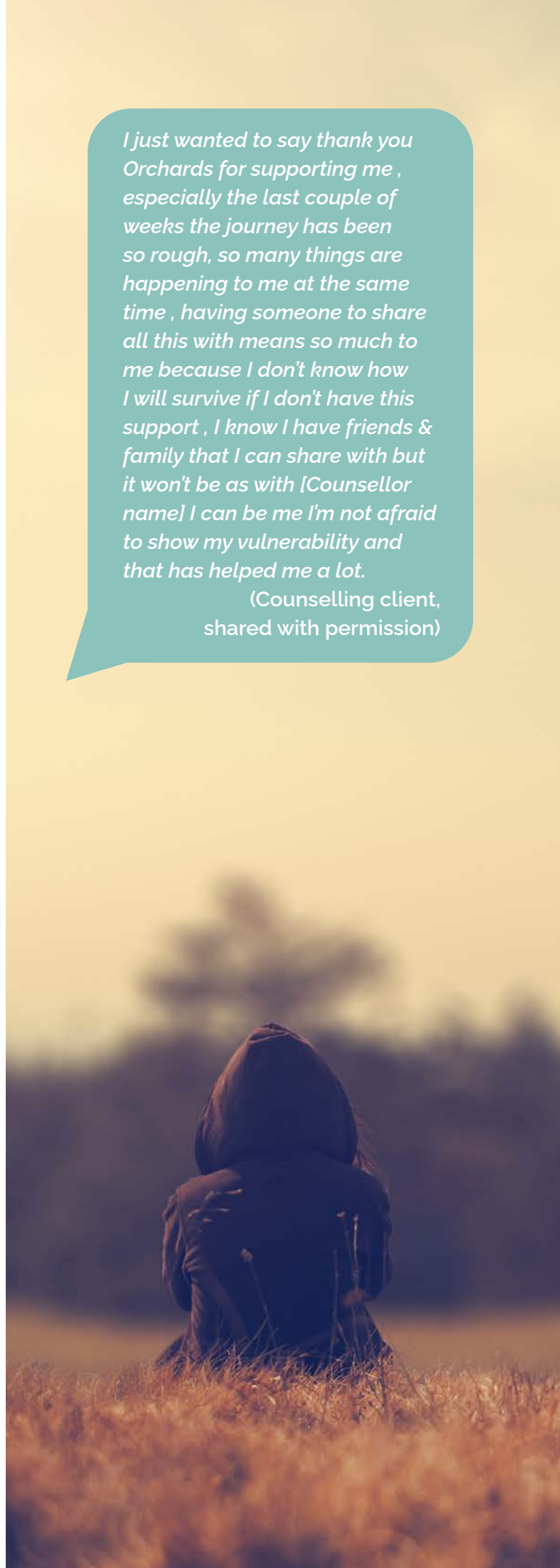
We work with women who have experienced significant trauma and we want to create space where they can reflect, recover and dream. Building upon the holistic support we have offered over the last few years, your support enabled us to launch a programme of monthly Nurture events, with creative therapeutic wellbeing sessions, creating a sense of community for the women we come alongside. Events this year have included a Christmas celebration, painting, dream boards, jewellery- making, smoothie-making and flower arranging.

Orchards Voices

We are passionate about empowering women to grow in knowing their voice and opinions truly matter. As we have reviewed our services over the last year, we have been keen to strengthen the ways we involve women with lived experience in our strategic decision-making and the ways we empower

I just wanted to say thank you Orchards for supporting me , especially the last couple of weeks the journey has been so rough, so many things are happening to me at the same time , having someone to share all this with means so much to me because I don't know how I will survive if I don't have this support , I know I have friends & family that I can share with but it won't be as with [Counsellor name] I can be me I'm not afraid to show my vulnerability and that has helped me a lot.

(Counselling client, shared with permission)



women to have confidence in using their voices in leadership forums. This year your support enabled us to initiate a six-month pilot project we hope to build on as we grow, led by a woman with lived experience of sexual exploitation. This included:

- Bi-monthly Women's Board – a strategic leadership space where Orchards' women can grow in confidence in using their voices to contribute ideas and expertise, be empowered to co-design our services and feed into decisions that matter.
- 6 weekly qualitative consultations with women in our housing and support work to help us improve our direct support to women.
- Monthly newsletters for the women we connect with to inform them of new opportunities and ways they can connect with Orchards.
- The development of creative content where women with lived experience of sexual exploitation inspire, empower and encourage one another through creative media and shaping the narrative of how their stories are told. The first video they wrote, filmed and produced is available on our website [here](#).

Counselling through Interpreters

We are increasingly receiving counselling referrals from women who have been trafficked to the UK from different parts of the world. Some of these women face language barriers which further limits their access to suitable mental health support. In response, we are offering counselling directly in Mandarin to Chinese women and through an interpreting service to other women with English as an additional language.

I have really enjoyed it - I feel like I have improved in certain ways, and I wouldn't have done that if it wasn't for Orchards. I didn't feel like I was treated as a child, I was treated like a grown up. I know how to control my emotions a bit more...at the beginning I was crying all the time. I used to feel guilty. Talking about the rape all the time...people didn't want to know about it. With Orchards I was given a chance to talk about my emotions – a lot of other people would interrupt me. I used to feel like I was carrying a heavy feeling on my chest – it's not gone completely but I feel more relaxed.

(Counselling client, shared with permission)

Partnerships and Referrals

We recognise what we do well and value what other organisations do well – we work with some inspiring partners, sharing resources and creating a network of services that are available to the women. In collaboration we can offer higher quality support tailored to the women we exist to serve. This year we invested time building our counselling referral base to extend our reach to more women needing therapeutic support. We also deepened our partnerships with employment and training providers, including Strength and Stem, Paws and Pause, Luminary Bakery and Holos, to offer a greater breadth of opportunities to women.

Organisational

We receive more referrals than we can support. Through your support we have been preparing to grow our services to reach more women over the coming years. This has included a focus on strengthening our operational capacity:

1. Diversifying Our Income Streams

We have been working to diversify our income streams beyond Housing Benefit and grants and trusts. To this end, we ran a successful digital campaign through 'The Big Give,' which generated 40 new supporters enabling us to exceed our target. The campaign significantly increased awareness of our work, reaching over 9,000 people on social media. We have also increased our financial supporter base from churches donations and 'gifts in kind'; our office and counselling base remain in a local church, greatly reducing our running costs. We are now focusing on strengthening our donor stewardship, increasing our regular giving and exploring legacy and community fundraising.

2. Developing Our Monitoring and Evaluation Systems

As we have reviewed our service design, we have reshaped our monitoring and evaluation systems to ensure we are better meeting the needs of the women we exist to serve. This has included the development of a bespoke client database tracking outcomes for women and the employment of a Women's Voice Lead, bringing the voice of women with lived experience of sexual exploitation to the heart of our planning, service improvement and direct support to women.

3. Changing the Wider Context: Raising Awareness

This year we had the opportunity to speak about sexual exploitation in a new local church and at the Liz Earle charity carol concert. We are increasingly seeing equipping the church to be a core part of our mission. We are developing training for churches looking at challenging stigma, understanding trauma, and helping to make churches places of safety and acceptance for survivors who choose to connect in. We aim to roll out this training in Autumn 2023.

Challenges over the past year: the impact of the economic crisis

We have seen an increase of women in 'survival sex' situations to avoid homelessness; women selling sex for the first time, being unable to leave or contemplating returning to the sex industry, in violent relationships to pay their rent, or simply to cover basic needs. Demand for help securing food, clothing, and managing debt has become more prevalent; our referral partners report a significant increase in women advertising sex online within the last 6 months.





Next steps 2023-24: reaching more women in two new locations

We recognise that the need for specialist services such as Orchards far exceeds what we can currently deliver. The last few years of the global pandemic and subsequent cost of living crisis have exacerbated the risks of exploitation for women and the conditions they are subject to. Through your support, building on the strong foundations laid in our first 5 years of operating, we are well positioned for growth and are now seeking funding to expand our housing and counselling provision.

We have been approached by two churches in different locations who would like to come alongside women leaving sexually exploitative situations and partner with us to expand our reach:

- A Church in the south of England with investment capital to purchase a safe property in partnership with Orchards.
- A Church in a different borough of London with a counselling room they have offered as a gift in kind to expand our counselling provision to a new area.

Following a period of prayer, discussions with the churches, and mapping existing services in the area, we feel opening a specialist housing and counselling hub would both complement existing services in these areas and fill a gap in current provision.

Over the next financial year (from April 2023 to March 2024) we are therefore preparing to grow our services to reach more women with a new housing hub opening in the Autumn and the continued expansion of our counselling service. We anticipate that from April 2023 to March 2024 we will support:

- **36** women in counselling; with **484** counselling sessions offered.
- **8** women in support work; with **260** support work sessions offered.
- **8** women receiving support from a trained church befriender.
- **10** different churches engaging with our work in **3** main geographic locations.

We want to take this opportunity again to thank you for your support, which has made this possible.

Orchards has been a place where different people in the church over years have been directly involved in serving and supporting. This has involved training in new skills related to supporting vulnerable women. The project has also supported women from the local community who are connected to or within the church. It gives the church greater understanding and confidence in working with women coming out of sexual exploitation contexts. We have seen women from the project attend church events over the period as well.

(Pastor from Church Partner)

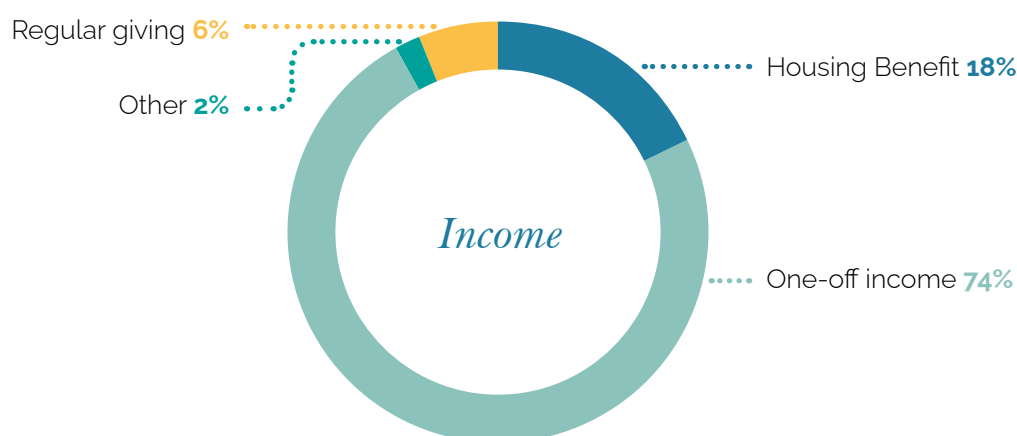
Financial Review

Income

The overall income for this financial period was £142,725 (2022 £86,710). This includes regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.

	£
One off income (one-off donations and grant funding)	105,855
Housing Benefit	25,252
Regular monthly giving	8,904
Other	2,714
TOTAL	142,725

Income increased by 65% from the previous year with 60% of the year's income being restricted coming from 9 organisations, several of which supported us for the 1st time.



Expenditure

Total expenditure for this financial year was £104,699. This is an increase from the previous financial period of 29.7%.

At the end of the year reserves stood at £62,544 (2022 £24,517) of which £34,198 (2022 £19,554) was restricted.

The growth in expenditure mirrors the growth in the organisation and is primarily driven by the following:

i) Staffing

Orchards continues to employ two Co-Directors who increased their capacity this year to 2.5 and 3 days respectively per week, alongside 2 Counsellors and one support worker. Over the period, Orchards grew its staff capacity to employ a part time Women's Voice Lead as part of a pilot programme and a second Counsellor. We also benefited from a Fundraising Consultant employed on a sessional basis.

ii) Property Costs

Orchards opened a new property in September 2022. Housing Benefit for payments for both flats covers some of the ongoing rental and utilities bills, although Orchards covers the remaining bills and maintenance costs through unrestricted funds. Set-up costs were covered by grant funding.

iii) Operational Costs

This includes fundraising costs, membership fees and admin costs.

Cost for overheads remain very low because of the exceptional support Orchards get from a wide range of volunteers and from our main partner church who generously allow use of their premises. The Trustees would like to record their gratitude for this support which cannot be quantified and therefore is not included in these accounts.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget, as agreed by the Trustees. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered on the 6th August 2018. The charity is governed by a 'Foundation Model' Constitution and its only voting members are its charity Trustees.

Recruitment and Appointment of Trustees and Directors

Orchards has 4 unpaid Trustees. Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

All Trustees give their time voluntarily and receive no benefits from the charity. No expenses were reclaimed from the charity during the year.

Organisational Structure and Management

The Trustees meet regularly (up to six times a year) and are responsible for the strategic direction and policies of the charity. At present the Trustees have members from a variety of professional backgrounds relevant to the work of the charity.

Related Parties

The Trustees confirm that there are no related party relationships at present, and that no related party relationships or transactions occurred during the year.





Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the CIO will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on

18/07/23

Signed on their behalf by Trustee

Alison Grieve

Printed Name:

ALISON GRIEVE

Statement of Financial Activities

for the year ended 31st March 2023

	Note	Unrestricted Funds	Restricted Funds	TOTAL 2022/23	TOTAL 2021/22
		£	£	£	£
INCOMING RESOURCES from Generated Funds					
Donations, Grants & Legacies	3a	57,159	60,314	117,473	50,434
Charitable Activities	3b	-	25,252	25,252	36,276
Investment Income	3c	-	-	-	-
TOTAL INCOMING RESOURCES		57,159	85,566	142,725	86,710
RESOURCES EXPENDED Costs of Generating Funds					
Cost of Charitable Activities	4a	31,398	70,922	102,320	80,130
Activities for Generating Funds	4b	1,629	-	1,629	-
Governance Costs	4c	750	-	750	600
TOTAL RESOURCES EXPENDED		33,777	70,922	104,699	80,730
NET INCOMING RESOURCES		23,382	14,644	38,026	5,980
Funds Brought Forward		4,964	19,554	24,518	18,538
TOTAL FUNDS CARRIED FORWARD		28,346	34,198	62,544	24,518

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 19 to 25 form part of these financial statements.

Balance Sheet - As at 31st March 2023

	Note	Unrestricted Funds	Restricted Funds	Total 31-Mar-23	Total 31-Mar-22
		£	£	£	£
FIXED ASSETS					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	567	-	567	2,841
Cash at Bank and in Hand	7	30,727	34,198	64,925	22,734
Total Current Assets		31,294	34,198	65,492	25,575
Creditors: Amounts due within one year	9	2,948	-	2,948	1,057
NET CURRENT ASSETS		28,346	34,198	62,544	24,518
TOTAL ASSETS less current liabilities		28,346	34,198	62,544	24,518
Creditors: Amounts falling due in more than one year	10	-	-	-	-
NET ASSETS		28,346	34,198	62,544	24,518
FUNDS OF THE CHARITY					
General Funds		28,346	-	28,346	4,964
Restricted Funds	5	-	34,198	34,198	19,554
Total Funds		28,346	34,198	62,544	24,518

Approved by the Trustees on

18/07/23

Signed on their behalf by Trustee

Alison Grieve

Printed Name:

ALISON GRIEVE

Notes to the financial statements for the year ended 31st march 2023

1. Accounting Policies

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment 25% - Straight Line Basis



2. Tangible fixed assets

The CIO held no tangible fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2023 : None

31st March 2022 : None

3. Incoming Resources

a) Donations, Grants & Legacies	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
Donations and Gifts	54,445	60,314	114,759	49,081
Gift Aid Tax	2,714	-	2,714	1,353
	57,159	60,314	117,473	50,434

b) Charitable Activities				
Housing Income	-	25,252	25,252	36,276
	-	25,252	25,252	36,276

c) Investment Income				
Interest	-	-	-	-
	-	-	-	-

4. Resources Expended

	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/23 £	TOTAL 2021/22 £
a) Cost of Charitable Activities				
Advertising & Publicity	1,201	-	1,201	175
Client Costs	556	113	669	1,212
Consultancy Fees	-	-	-	2,000
Counselling Costs	1,250	-	1,250	2,685
Flat Costs	-	28,461	28,461	25,044
Insurance Costs	807	-	807	1,094
Licenses & Subscriptions	437	-	437	342
Office Costs	1,609	97	1,706	1,574
Sessional Support	-	4,741	4,741	6,176
Staff Costs	24,867	35,619	60,486	36,286
Staff Expenses	304	231	535	-
Staff Supervision & Training	118	1,660	1,779	3,046
Travel & Subsistence	248	-	248	496
	31,398	70,922	102,320	80,130

b) Activities for Generating Funds				
Fundraising Costs	1,629	-	1,629	-
	1,629	-	1,629	-

c) Governance Costs				
Independent Examiners Fees 9	750	-	750	600
	750	-	750	600

5 Restricted Funds

CURRENT FINANCIAL PERIOD

	Balance 01-Apr-22 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-23 £
All Churches Trust	2,274	-	2,274	-	-
Barnabas	400	-	400	-	-
Benefact Trust	-	6,750	6,750	-	-
The Big Give campaign	-	12,018	6,168	-	5,850
Church Welfare Association	-	3,000	614	-	2,386
Church Welfare Association 2	942	-	942	-	-
Fifty Four Two	-	10,000	-	-	10,000
Flat Setup Fund	2,000	-	2,000	-	-
GEM	2,481	-	2,481	-	-
Gift Aid Fund	28	-	-	-	28
Green Pastures	97	-	97	-	-
The Hobson Charity	-	546	546	-	-
Housing Fund	11,232	25,252	26,021	-	10,463
The Joseph Rank Trust	-	20,000	14,629	-	5,371
Norman Whiteley Trust	-	1,000	1,000	-	-
SMB Charitable Trust	-	2,000	2,000	-	-
The Souter Charitable Trust	5,000	5,000	5,000	-	-
Staff Well-being Fund	100	100	-	-	100
	19,554	85,566	70,922	-	34,198

PREVIOUS FINANCIAL PERIOD

	Balance 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-22 £
All Churches Trust	-	8,950	6,676	-	2,274
Barnabas	-	2,000	1,600	-	400
Church Welfare Association 1	3,616	-	3,616	-	-
Church Welfare Association 2	-	4,000	3,058	-	942
Flat Setup Fund	-	2,000	-	-	2,000
GEM	3,193	-	3,193	-	-
GEM	-	10,000	7,519	-	2,481
Gift Aid Fund	28	-	-	-	28
Green Pastures	-	250	153	-	97
Housing Fund	-	36,276	25,044	-	11,232
Jerusalem Trust	9,042	-	9,042	-	-
Staff Well-being Fund	100	-	-	-	100
	15,979	63,476	59,901	-	19,554

The restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

6. Investments

The CIO held no fixed asset investments during this or the previous financial period.

7. Cash at Bank and in Hand

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Cash at Bank & in Hand	30,727	34,198	64,925	22,734
	30,727	34,198	64,925	22,734

8. Debtors and Prepayments

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Sundry Debtors	567	-	567	2,841
	567	-	567	2,841

9. Creditors: Amounts Falling Due Within One Year

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Independent Examiners Fees	750	-	750	600
PAYE & N.I	1,544	-	1,544	457
Pension Contributions	654	-	654	-
	2,948	-	2,948	1,057

10. Creditors: Amounts Falling Due in More Than One Year

The CIO held no long term liabilities during this or the previous financial period.

11. Net Assets Between Funds

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	28,346	34,198	62,544	24,518
Long Term Liabilities	-	-	-	-
	28,346	34,198	62,544	24,518

12. Staff Costs and Numbers

	TOTAL 2022/23 £	TOTAL 2021/22 £
Gross Wages, Salaries & Fees	56,400	33,851
Employer's National Insurance Costs	2,316	1,247
Pension Contributions	1,770	1,188
	60,486	36,286

Employees who were engaged in each of the following activities:

	TOTAL 2022/23	TOTAL 2021/22
Charitable Activities	3	3
Fundraising	1	1

The total amount paid to key management personnel for their services to the charity during the period was £35,447 (2021/22:£27,869).

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2021/22:None).

13. Trustees and Other Related Parties

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them. (2021/22:None)

14. Risk Assessment

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. Reserves Policy

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. Public Benefit

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

Independent Examiner's Report on the Accounts

Report to the trustees/ members of Orchards on the accounts for the year ended 31st March 2023 set out on pages 4 to 25.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS



Date: 26th July 2023

ORCHARDS

England & Wales - Charity number 1179459

Accounts



Orchards

(A Charity Incorporated Organisation)

Annual Reports and Financial Statements
for the period ended 31st March 2022

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"At the beginning I couldn't cope after a session, but now I leave a session with you and I can think about and reflect on what we have spoken about. It really does work... You give me solutions without actually telling me what the solution is." (Counselling client)

"It's been so positive, so generous. The amount of time is so significant. It has allowed months to go by, giving me time to get into counselling. It's a subtle but powerful method. You don't feel like someone is diagnosing you or giving you overbearing opinions. You are given the space to come up with things in your own time and it's gentle, kind and empowering because you are coming up with the answers yourself. It's the opposite of patronising." (Counselling client)

Legal And Administrative Information

CHARITY NUMBER	1179459
DATE OF REGISTRATION	6th August 2018
START OF FINANCIAL YEAR	1st April 2021
END OF FINANCIAL YEAR	31st March 2022
TRUSTEES AT 31ST MARCH 2022	Mrs Naomi Partridge (Chair) Mr Phil Hopgood Mrs Jane Oliver (Treasurer) Ms Maria Gayle (Safeguarding Lead)
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 6th August 2018
OBJECTS	The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship or other disadvantage in particular by the provision of housing, counselling and ancillary support in partnership with local Churches.
CORRESPONDENCE ADDRESS	Orchards PO Box 78761 London SW2 9QE
PRIMARY BANKERS	Co-Operative Bank PO Box 150 Delf House Skelmersdale WN8 6GG
INDEPENDENT EXAMINERS	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

Letter from the Chair

Dear Friends of Orchards,

I am delighted to share with you the Orchards 2021-2022 Annual Report.

As I reflect on our past year, the word that strikes me is 'Depth'. Right from the start, we have maintained that our focus is on deep, transformational work with few, rather than light-touch, programmatic work with many. The issue of sexual exploitation is complex. True, lasting freedom from the sex industry requires a deeply relational, holistic and nuanced approach. This is what we provide – and we do it through deep curiosity, deep understanding and deep empathy, fuelled by Christian faith and belief in the value of each individual person. We offer an entirely personal service – one that is based on what is needed most for that woman in question for her long-term benefit and freedom.

I believe this year we have demonstrated this more than ever as we have continued to evolve our pathways of support. These pathways mean that we can tailor our unique services to each and every woman, embedded in local churches, founded on women's voice and grounded in relationship with both Orchards and strong partnerships across service providers. We now offer three pathways blending a combination of counselling, support work, job placements, pastoral care and housing.

This year we have also deepened our own capability as an organisation – across fundraising, specialist casework and counselling. We have fostered a culture that mirrors the relational mindset we carry in our DNA. This is reflected in the feedback you can read from our staff team, partners and the women we exist to serve throughout the report and sets us up for sustainable financial and skills capabilities in the future. In addition, we have broadened our collaborative partnerships across other organisations – from employers, to service providers to churches to local authorities. This further enhances the pathways we can provide for a more seamless experience. In particular, we have evolved our church partnerships, to drive greater awareness of issues facing women in sexual exploitation and create bridges for women exploring faith for themselves, whilst delivering a truly community-led response.

On behalf of the Board of Trustees, I would like to thank our partners in funding, services and the churches who faithfully support and enable what we do. You inspire us to keep going. I would also like to thank our phenomenal team – all of whom marry their skills with deep compassion to create the unique and caring experience we offer each and every woman who works with us. In particular, we would like to thank Co-Directors Jenny and Emma for their faith-filled devotion to the Orchards mission.

We hope you enjoy reading this report. Thank you once again for journeying with us.

Yours faithfully,



Naomi Partridge

Chair of the Board of Trustees

Trustees' Report

The Trustees present the Trustees' report and financial statements for the year ended 31 March 2022.

Objectives and Activities

The objects of Orchards, as set out in our Constitution are as follows:

The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship or other disadvantage in particular by the provision of housing, counselling and ancillary support in partnership with local churches.

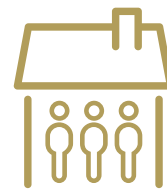
April 2021 to March 2022 in numbers



2 self-contained studio and one-bedroom flats now running



1 new property purchased and awaiting completion



3 women housed and supported in safe accommodation



3 women supported in resettlement



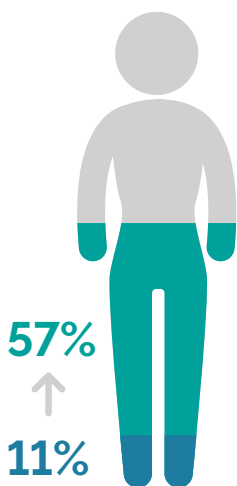
159 weekly trauma counselling sessions delivered both face to face and remotely



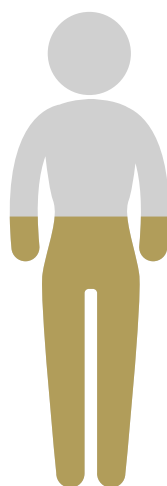
170 sessions of 1-1 casework and pastoral support provided to residents

100%

of the women we supported into resettlement were living in secure housing and were not in sexually exploitative situations within 12 months of leaving Orchards accommodation.



Only **11%** of women in our counselling provision said that they could imagine a future free from exploitation at the start of their sessions. This had increased to **57%** by the end of counselling.



58% of women we supported through counselling reported a reduction in tension and anxiety affecting day-to-day life.



85% of women reported at least an 80% improvement in 1 or more of the goals they set at the start of counselling.

Our Achievements Since April 2021:

Direct Support for Women:

- Supported 2 women living in our accommodation into resettlement pathways.
- Expanded our counselling provision to accept referrals across the UK, removing barriers to accessing tailored specialist support. We have worked with women from the South Coast right up to Northern England.
- Had an offer accepted on a third safe property.
- Piloted offering a course of tailored Support Work sessions to women not in our housing provision.
- Increased our referral and delivery partnerships and now work with 39 other providers across the UK.

Referral reason	Rate
Trafficked- internationally	+
Trafficked UK national	++
Indoor independent sex work	++++
Street sex work	++
Exploited in adult entertainment industry	+
Sexual exploitation (other)	+++
Sexual violence/ domestic abuse	+

Support Received	
Type of Support	Number of Women
Safe Housing	
Support Work	
Counselling	
Health & Wellbeing	

Training and Awareness Raising

- Delivered 2 training sessions; one to a team of Support Staff from a delivery partner and another to the staff team from a local church.
- Contributed to a docuseries on sexual violence, run by the Yellow Box Theatre.
- Delivered a training session to prospective church befrienders from local church networks.
- Contributed to a research submission to the Home Office, alongside Beyond the Streets affiliates, to inform the Violence Against Women and Girls Strategy.

Organisational Capacity Building

Growing Our Fundraising Capacity

Our fundraising efforts this year focused on maintaining fundraising to protect services, but also on building capacity to increase returns in the coming years. We aim for sustainability through: 1) greater income levels, 2) reduced risk to financial security in a wider spread of income streams and deeper donor engagement and loyalty. Development has included employing an experienced consultant (10 days) for step-change work: organisational review, case for support writing, extensive prospect research, creating a fundraising management system, staff training, strategy advice, and bid-writing. As a result, we secured two large multi-year core cost funding partnerships, anchoring our overheads for the coming financial years.

Growing Our Team Capacity

We increased to a team of five part time staff members this year. This enabled us to extend our reach to more women in our counselling and housing provisions, manage some significant safeguarding risks, in addition to beginning to increase our church partnerships.

Challenges

We also experienced some challenges in the 2021-2022 year. Due to an issue with carbon monoxide coming from a commercial property near our first flat that could not be resolved despite liaising with a range of relevant authorities, we really sadly had to sell our first property for the safety of our residents. We are planning to open two further properties in 2023, taking our property total to four. We have also faced the challenges of huge waiting lists for Local Authority housing when supporting women to move into longer term accommodation. In one of the boroughs we work in, waiting lists for one-bedroom or studio properties can be a minimum of 3 years long, highlighting a serious systemic issue within the housing sector.

"We value our partnership with Orchards immensely. It is a joy to work alongside Jenny, Emma and their team. Our heart as an organisation is for the local church to meet the local needs of their communities. Orchards are exemplary in doing so. It is a privilege to witness the expertise of Orchards' team in action, as they offer bespoke support to women who are often underserved or overlooked in our society. We have valued the diversity that Orchards and others add to our network of partners, and their willingness to share their experiences with new and emerging Green Pastures partners."

(Green Pastures)



Background

For four years since launching, our team has been privileged to walk alongside women of outstanding courage in their journey out of exploitation. We have witnessed their resilience, beauty, strength and potential. And we have also understood that they are not selling sex out of 'choice' but through stories of abuse, poverty, violence, and homelessness. Inspired with compassion and hope, we have sought to thoroughly understand the reasons women struggle to get out, and stay out, of sexual exploitation. Prior to Orchards starting, we engaged in a five-year period of prayer, wide-ranging research, and specialist professional development, and it became clear that the linchpin issue for lasting change is whether or not a woman can set down roots in safe, transitional housing and receive long-term specialist support. At present, and across the whole of the UK, there is little access to the right kind of housing and support, and Orchards was set up in 2018 to respond effectively to this need.

We come alongside each woman as she overcomes multiple barriers in her journey from exit through to independent living, with support embedded in trained local churches. We seek to operate not just as a 'project' but believe that God desires to bring healing and transformation in the lives of the women we work with. Our hope is to give each woman opportunities to find safety and care within a local church community and explore a relationship with God for herself, if she chooses.

The Issue

9 out of 10 women want to leave the sex industry but can see no way out. Facing the gruelling physical threat of entrapment, assault and homelessness, and dealing with the burden of psychological torment left by every kind of abuse, they struggle to break away enough to secure safe accommodation that would then enable the significant, positive life changes they so desperately need. A permanent address is, of course, a basic necessity for anyone to receive benefits and make job applications. And for a woman who needs to lean into the challenge of uncovering trauma in order to heal from it, it is critically important to have not only dependable accommodation, but also a sense of an emotionally safe home. And, so, in the UK, housing insecurity has become a significant reason as to why a woman enters into sexual exploitation, and one of the biggest barriers to her then getting out, once involved.



"That empowerment - you challenge me to find solutions that suit me. You made it make sense in simple terms without patronising me. You don't pretend to have answers, you say 'this is your story, you gotta write the next part; I don't feel fixed, but I do feel better equipped to deal with it.'"

(Counselling client)



"When I'm with you I feel okay and safe. I like the way you work with me. I like the service and support. Especially the support is helpful - with [managing] money, casework, anything I need they [Orchards] provide. They're just like a family." (Orchards resident)

Furthermore, if she does get out, specialist counselling is shown to be a crucial factor influencing whether a woman can sustain lasting change and wellbeing, or whether she goes on to fall back into exploitation. Many women have Post-Traumatic Stress Disorder (PTSD), and at rates equivalent to treatment-seeking veterans of war. Many also have varied, complex needs, such as disordered eating, debts, and being pursued by pimps, ex-partners or traffickers, as well as having a general lack of skills and confidence for legitimate employment. Recovery rarely happens quickly or in a linear fashion, and specialist counselling support is vital for establishing long-term recovery. However, this kind of support is scarcely available. There are relatively few counsellors specialising in sexual trauma who are available through free, or affordable, services. Waiting lists elsewhere at the moment can be around 1 – 2 years.

Our Response

At Orchards we are working for long-term change for these women by taking a holistic approach that grows freedom in every area of their lives. Relationships are at the heart of what we do, not programmes. This is because many of the women we work with experience significant trauma and broken trust, and, so, we create the time and space needed for genuine, healthy relationships to be built. By taking this approach, we enable them to take real steps towards lasting recovery and independence. And we build on a foundation of trust, by partnering with employers and complementary expert organisations to provide each individual with a tailored combination of housing, trauma therapy and training for work and life skills.

Everything we do is grounded in additional support from local churches. And through these safe, everyday communities – lovingly committed for the long-term – a woman has the option to restore a healthy idea of choice, to rebuild trust with wider society at her own pace, and to explore a new sense of belonging.

Our Working Model

It has become clear that the women we walk alongside need safety, confidentiality, enough stability, and the right kind of support to recover their lives – to restore their physical and emotional wellbeing, their ability to make choices, to build healthy relationships, and to develop independent living skills.

We recognise what we do well, what other organisations do well, and how we fit within the wider context of complementary specialist organisations and Government provision. There are numerous organisations engaging in outreach and emergency or short-term housing, but, beyond this, we have identified a significant lack of access to transitional housing and counselling. Furthermore, there are very few services that are provided from a church-based, or Christian, basis, or ones that train churches to pastorally support women in their recovery journey. From this understanding, we have identified that it is, therefore, most effective for us to focus specifically on women who do not need 'round the clock' care, but who still need transitional housing and in-depth support.

Our model is based on getting to know each individual woman's unique needs and on developing a genuine, consistent relationship of trust at a pace of her choosing. Collaboration is one of our core values and it means that we can offer higher quality support tailored to the women we are serving. The women face multiple, complex issues to getting out of sexual exploitation, and, so, a multi-agency response brings complementary expertise together in the most effective way. Our partners fall under three main areas: churches, specialist charities, and businesses. They include Holos Kombucha, Luminary Bakery, Beyond the Streets, Christians Against Poverty, Food Banks, Green Pastures 'housing to end homelessness' charity, and The Movement Charity, providing trauma-informed fitness sessions.

We offer three support routes, and the women can move between them, as best serves them. Routes 1 and 2 can be offered to women remotely across the UK. Route 3 is embedded in a local church, whose role is outlined below.

Route 1 Counselling

Route 2 Counselling + Support Work, Job training placements, and Pastoral Care

Route 3 Housing + Counselling + Support Work, Job training placements, and Pastoral Care





Counselling

"When I first came, not too much trust - now you have made me strong and beautiful. It's brilliant." (Counselling client)

"I think it's been great... it's given me an understanding. I know more about why I act in certain ways and where certain feelings come from. The anxieties make sense now, I'm not crazy, there is a reason for it." (Counselling client)

"It has helped dramatically. I didn't expect it, I wasn't expecting it to be of such a high standard. You are obviously very attuned to people, you have a gift for this." (Counselling client)

Orchards Provides:

- Weekly sessions with a trained therapist specialised in addressing sexual trauma. Each woman attends an Initial Assessment meeting to build up a picture of her background and to identify initial goals for counselling.
- Progress is reviewed at regular intervals and sessions move forward at the woman's pace. Orchards offers up to 18 sessions initially with the possibility of extending beyond this.
- Therapists draw on a range of creative tools to help each woman to process her experiences and their impact on the present, and to find ways to cope in her day-to-day life.

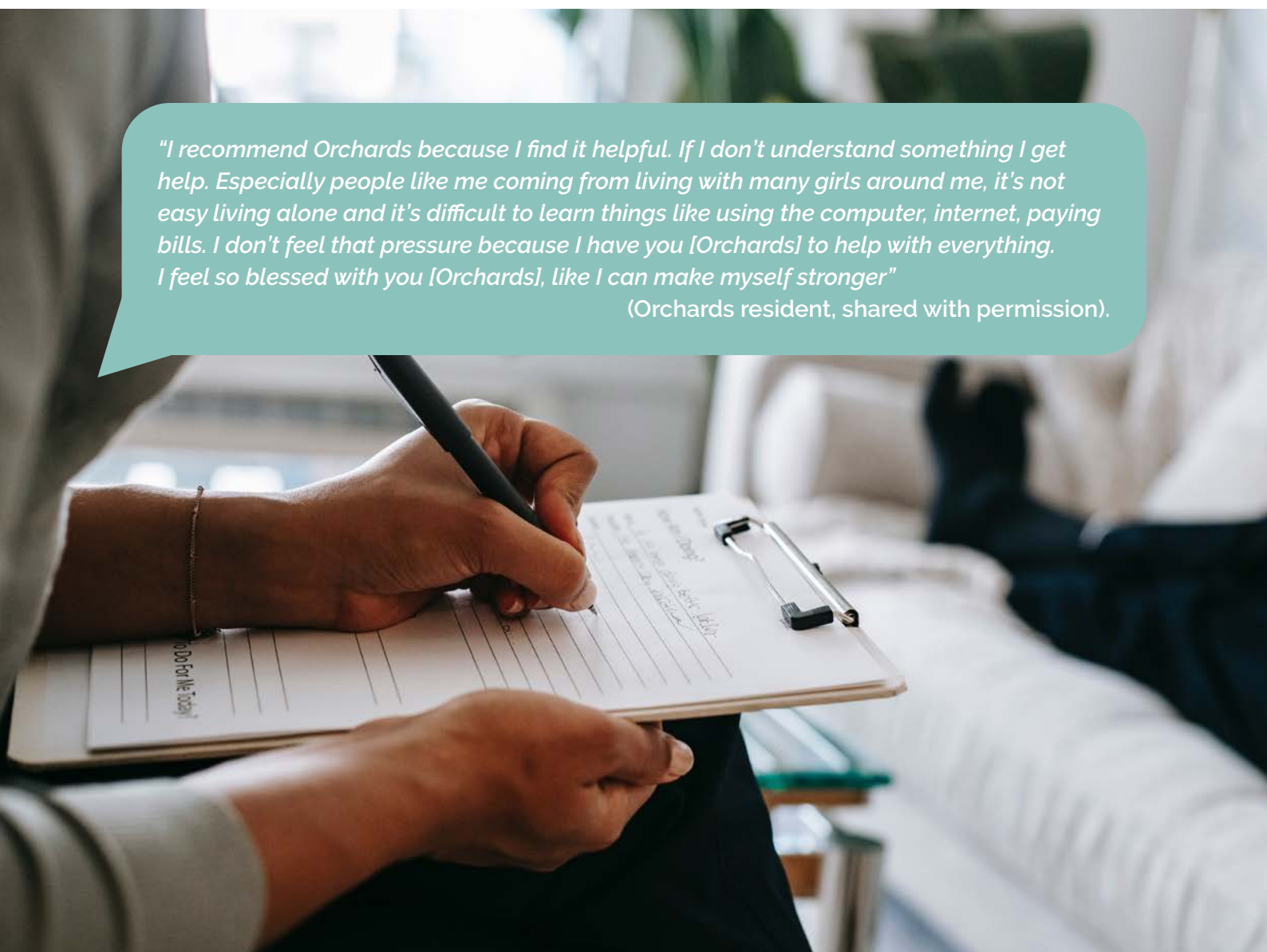
Support Work, Job training placements and Pastoral Care (Routes 2 and 3)

Orchards Provides:

- Weekly individual sessions with a Support Worker, with a tailored and holistic plan. For those in our housing this would last a minimum of 12 months, with ongoing support offered once they transition into move-on accommodation.
- After a thorough initial Needs Assessment, the Support Worker helps each woman to consider her goals and aspirations, focussing on physical and emotional health, legal and financial support, employment, and health and fitness.
- Sessions with the Support Worker are weekly for those living in our accommodation, and regular contact is maintained until a mutually agreed time.
- Progress is reviewed every 12 weeks.
- For women no longer in our accommodation, their support plan is tailored to their ongoing needs and may focus on employment or benefits support.
- A specially developed programme of opportunities for employment and training placements and trauma-informed health and fitness sessions through our partners, giving a sense of purpose and hope for the future through valuable work experience, and investing in her self-care.

"I recommend Orchards because I find it helpful. If I don't understand something I get help. Especially people like me coming from living with many girls around me, it's not easy living alone and it's difficult to learn things like using the computer, internet, paying bills. I don't feel that pressure because I have you [Orchards] to help with everything. I feel so blessed with you [Orchards], like I can make myself stronger"

(Orchards resident, shared with permission).





Business and Charity Partners Provide:

- opportunities for women to develop their confidence and their sense of value and belonging in society and the workplace through structured work-based training and employment, specifically tailored for women who have experienced trauma.
- Luminary Bakery, for example, offers vocational bakery training for a minimum of 6 months, alongside employability coaching. They provide support to gain onward work experience and access to paid employment opportunities.
- Holos Kombucha offer short- and long-term work placements in sales and manufacturing.

Church Partners Provide:

- Opportunities to access the on-site Christians Against Poverty debt centre, job club and money course – equipping women to overcome debt, manage their own money, and become more financially secure.
- Volunteering opportunities in projects such as the local Foodbank and community café .
- The option to meet with a trained and DBS-checked Support Volunteer to receive pastoral support. This may involve meeting fortnightly for coffee and a chat, and, if a woman would like to, praying together and going together to community events in the local Church.
- Practical support around the house with DIY from trained, vetted, confidential volunteers.
- Opportunities to connect into a supportive church community and explore faith for herself, if the women would like to.

Housing (Route 3)

"They help me to think about what I would like to do in the future. I find this really supportive. I've been able to try different work placements, things I've never tried before and gain confidence meeting new people. I didn't realise that I could try different things and to explore different fields of work. I have gained self-confidence and self-belief which I haven't had in a very long time. I've also attended a job club and money management course to help me think about the future." Orchards housing resident

Orchards Provides:

- One-bedroom, fully-furnished safe housing linked to a local church for 9-12 months – we keep the location confidential and decorate each flat with care for a place women can call home, that is safe, and that enables them to have independence.

Green Pastures Partner Provides:

- Expertise in the housing sector, and the sourcing and purchase of appropriate one-bedroom flats through loan stock investors.

Orchards Provides:

- Ongoing in-kind support and troubleshooting, alongside opportunities to network with other housing providers through training and prayer events.

"In my experience, safe housing is the greatest barrier to women establishing safety and transitioning away from exploitative and unhelpful environments... Our housing system fails to recognise the unique safety needs of women affected by sexual exploitation, the needs of these women are overlooked by the homelessness and housing sector. Orchards fulfil a crucial need for survivors in their journey out of sexual exploitation, by delivering safe housing combined with therapeutic intervention. Rebecca, Charity Partner."

"The referral process to Orchards was great. Our client felt comfortable with all staff she came into contact with from Orchards and adjustments were put in place to support our client with the move. For example, staff from Orchards came to visit our client instead of her going to them as they knew it was far away, they sent her photos of the accommodation and when she asked if it was possible for a TV, they provided this. This really put our client at ease. It is clear Orchards are person-centred, which goes a long way when someone is moving to a new area and new home. Orchards also made sure to develop a relationship with our client before the move, by calling her directly and as previously mentioned meeting her in person. In all I would say this has been one of the smoothest 'move on' transitions for our clients into alternative supported living accommodation." Ava, referral partner.

Looking Ahead

Projected Organisational Outcomes - Our Strategic Priorities Over the Next 1 – 3 Years

1. To develop our service provision to meet the needs of women

- Growing to a cluster of four flats.
- Growing our counselling service, extending our reach further to women across the UK (providing 533 sessions per year to at least 20 women).
- Growing our support work provision, offering coaching for employment and life skills to more women accessing our counselling and housing provision (providing 207 sessions per year).
- Developing our women's voice programme; launching a strategic women's board and survivors voices initiatives.

2. To increase the sustainability of our operations

- Building on our work this year securing medium-term fundraising partnerships and focusing on diversifying income streams; increasing our regular giving and donor base.
- Growing, our staff and volunteer team to prepare to open two more properties, developing our recruitment, training, professional development and pastoral support.

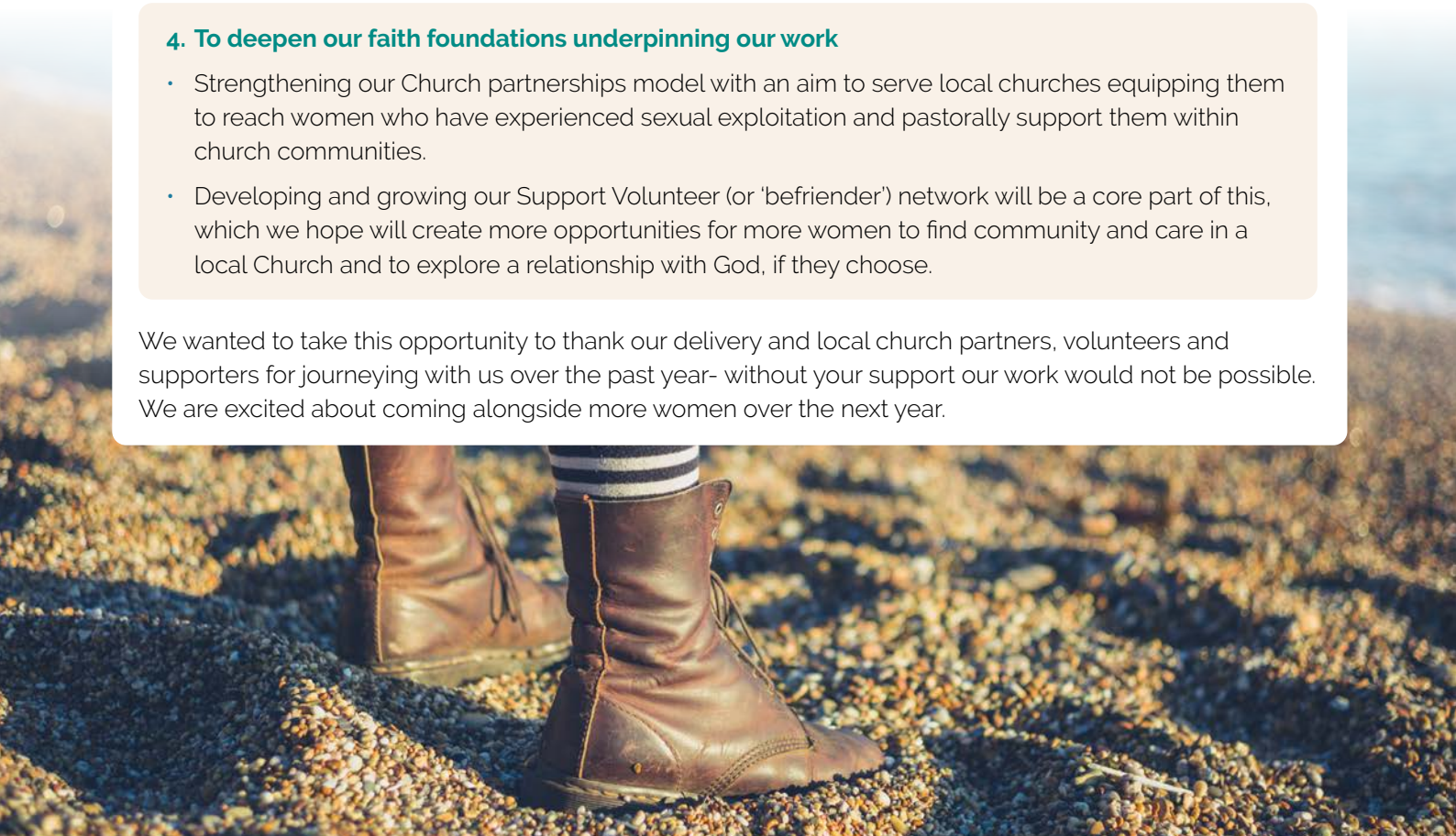
3. Developing a marketing and communications plan to:

- i) increase our church supporter base
- ii) tell our story more effectively
- iii) grow our training opportunities/ raise awareness
- iv) increase regular giving

4. To deepen our faith foundations underpinning our work

- Strengthening our Church partnerships model with an aim to serve local churches equipping them to reach women who have experienced sexual exploitation and pastorally support them within church communities.
- Developing and growing our Support Volunteer (or 'befriender') network will be a core part of this, which we hope will create more opportunities for more women to find community and care in a local Church and to explore a relationship with God, if they choose.

We wanted to take this opportunity to thank our delivery and local church partners, volunteers and supporters for journeying with us over the past year- without your support our work would not be possible. We are excited about coming alongside more women over the next year.



Financial Review

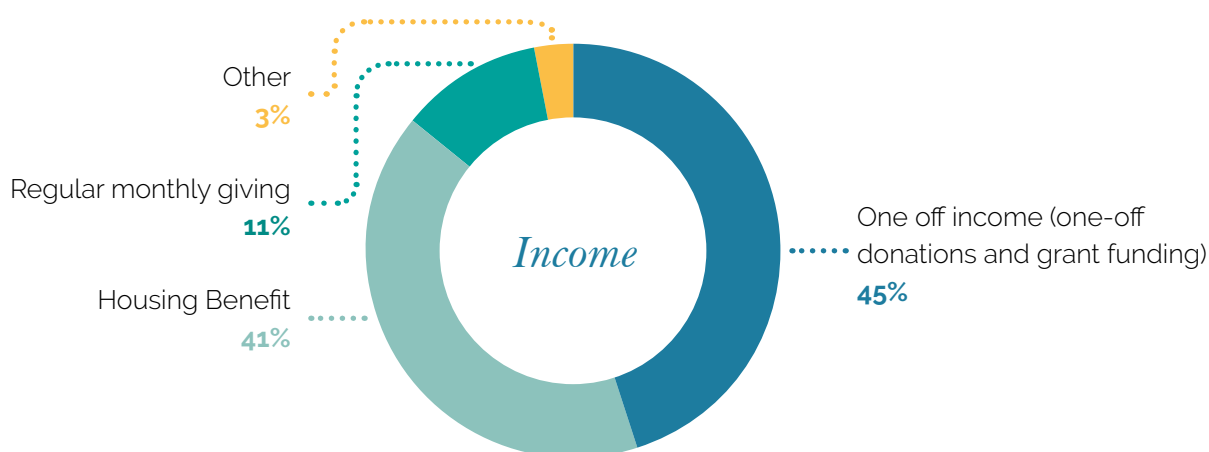
Change to our financial year

In the previous financial year, a decision was made to change our financial year end to March. As such, the prior financial period was 18 months (1 October 2019 – 31 March 2021), and therefore we've applied a multiple of 0.67 to calculate an annualised figure for the basis of comparisons throughout this report. Figures in the financial statements are unchanged.

Income

The overall income for this financial period was £86,710. This includes regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.

	£
One off income (one-off donations and grant funding)	39,540
Housing Benefit	35,313
Regular monthly giving	9,541
Other	2,316
TOTAL	86,710



Income increased by 119% from the previous financial period, but of course some of this is due to the longer accounting period. Income decreased by 5% from the previous financial period, but when comparing the current period to the prior period on a like-for-like basis and taking into account the fact that the current financial period was 6 months shorter than the prior period by applying the multiplier of 0.67, then income increased by 42%.

Highlights for the financial period include:

- The value of regular monthly giving more than doubling over the period (on an annualised basis).
- Continuing to diversify our sources of income with 10 grants received over the period from 10 organisations (compared to 8 grants from 7 organisations in the previous financial period).

Expenditure

Total expenditure for this financial year was £80,730. This is a decrease from the previous financial period of 11%, but on annualised basis (after applying a multiple of 12/18 or 0.67) is an increase of 34%.

The growth in expenditure mirrors the growth in the organisation and is primarily driven by the following:

i) Staffing

Orchards continues to employ two Co-Directors for 2 and 2.5 days per week. Over the period, Orchards grew its staff capacity to employ a part time Support Worker in October 2021 and a part time Communications and Fundraising Officer in January 2021 in addition to the services provided in the prior year. We also benefited from the regular use of sessional counselling support to widen our offering to clients.

ii) Property Costs

Orchards opened a second property in July 2020 and this financial period included a full year's running costs of the property. Housing Benefit for payments for both flats covers some of the ongoing rental and utilities bills, although Orchards covers the remaining bills and maintenance costs through unrestricted funds.

iii) Operational Costs

This includes fundraising costs, membership fees and admin costs.

Cost for overheads remain very low because of the exceptional support Orchards get from a wide range of volunteers and from Beacon Church who generously allow use of their premises. The Trustees would like to record their gratitude for this support which cannot, be quantified and therefore is not included in these accounts.

At the end of the year reserves stood at £24,518 (2021 £18,538) of which £19,554 (2021 £15, 979) was restricted.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget, as agreed by the Trustees. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered on the 6th August 2018. The charity is governed by a 'Foundation Model' Constitution and its only voting members are its charity Trustees.

Recruitment and Appointment of Trustees and Directors

Orchards has 4 unpaid Trustees. Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

All Trustees give their time voluntarily and receive no benefits from the charity. No expenses were reclaimed from the charity during the year.

Organisational Structure and Management

The Trustees meet regularly (up to six times a year) and are responsible for the strategic direction and policies of the charity. At present the Trustees have members from a variety of professional backgrounds relevant to the work of the charity.

Related Parties

The Trustees confirm that there are no related party relationships at present, and that no related party relationships or transactions occurred during the year.

Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on **16 December 2022**

Signed on their behalf by Trustee



Printed Name: **Naomi Partridge**



Statement of Financial Activities

for the period ended 31st March 2022

	Note	Unrestricted funds	Restricted income funds	TOTAL 2021/22	18 MONTH TOTAL 2021/22
		£	£	£	£
INCOMING RESOURCES from Generated Funds					
Donations, Grants & Legacies	3a	23,234	27,200	50,434	61,733
Charitable Activities	3b	-	36,276	36,276	29,804
Investment Income	3c	-	-	-	-
TOTAL INCOMING RESOURCES		23,234	63,476	86,710	91,537
RESOURCES EXPENDED Costs of Generating Funds					
Cost of Charitable Activities	4a	20,229	59,901	80,130	89,458
Activities for Generating Funds	4b		-	156	55
Governance Costs	4c	600	-	600	500
TOTAL RESOURCES EXPENDED		20,829	59,901	80,730	90,114
NET INCOMING (OUTGOING) RESOURCES		2,405	3,575	5,980	1,423
Funds Brought Forward		2,559	15,979	18,538	17,115
TOTAL FUNDS CARRIED FORWARD		4,964	19,554	24,518	18,538

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 21 to 27 form part of these financial statements.

Balance Sheet - As at 31st March 2022

	Note	Unrestricted funds	Restricted funds	Total 31-Mar-22	Total 31-Mar-21
		£	£	£	£
FIXED ASSETS					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	2,841	-	2,841	468
Cash at Bank and in Hand	7	3,180	19,554	22,734	18,997
Total Current Assets	9	6,021	19,554	25,575	19,465
Creditors: Amounts due within one year	10	1,057	-	1,057	927
NET CURRENT ASSETS		4,964	19,554	24,518	18,538
TOTAL ASSETS less current liabilities		4,964	19,554	24,518	18,538
Creditors: Amounts falling due in more than one year	10				
NET ASSETS		4,964	19,554	24,518	18,538
FUNDS OF THE CHARITY					
General Funds		4,964	-	4,964	2,559
Restricted Funds	5	-	19,554	19,554	15,979
Total Funds		4,964	19,554	24,518	18,538

Approved by the Trustees on 16th December 2022

Signed on their behalf by Trustee



Printed Name:

NAOMI PARTRIDGE

Notes to the financial statements for the year ended 31st march 2022

1. Accounting Policies

Basis of Preparation & Assessment of Going Concern Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment 25% - Straight Line Basis

2. Tangible Fixed Assets

The CIO held no tangible fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2022 : None

31st March 2021 : None

3. Incoming Resources

a) Donations, Grants & Legacies	Unrestricted funds £	Restricted Funds £	TOTAL 2021/22 £	18 MONTH TOTAL 2020/21 £
Donations and Gifts	21,881	27,200	49,081	59,408
Gift Aid Tax	1,353	-	1,353	2,325
	23,234	27,200	50,434	61,733

b) Charitable Activities				
Housing Income	-	36,276	36,276	29,804
	-	36,276	36,276	29,804

c) Investment Income				
Interest	-	-	-	-
	-	-	-	-

4. Resources Expended

	Unrestricted Funds £	Restricted Funds £	18 MONTH TOTAL 2020/21 £	TOTAL 2021/22 £
a) Cost of Charitable Activities				
Advertising & Publicity	175	-	175	1,740
Client Costs	1,212	-	1,212	557
Consultancy Fees	4,238	447	4,685	-
Counselling Costs	-	25,044	25,044	2,975
Flat Costs	1,094	-	1,094	41,452
Insurance Costs	-	-	-	1,272
Licenses & Subscriptions	342	-	342	610
Office Costs	1,422	152	1,574	1,110
Sessional Support	-	6,176	6,176	-
Staff Costs 12	10,200	25,854	36,054	37,932
Staff Supervision & Training	1,050	2,228	3,278	1,564
Travel & Subsistence	496	-	496	247
	20,229	59,901	80,130	89,458

b) Activities for Generating Funds				
Fundraising Income	-	-	-	156
	-	-	-	156

c) Governance Costs				
Independent Examiners Fees 9	600	-	600	500
	600	-	600	500

5. Restricted Funds

CURRENT FINANCIAL PERIOD

	Balance 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-22 £
All Churches Fund	-	8,950	6,676	-	2,274
Anchor Foundation	-	-	-	-	-
Barnabas	-	2,000	1,600	-	400
Church Urban Fund	-	-	-	-	-
Church Welfare Association 1	3,616	-	3,616	-	-
Church Welfare Association 2	-	4,000	3,058	-	942
Flat Setup Fund	-	2,000	-	-	2,000
GEM Grant Fund 1	3,193	-	3,193	-	-
GEM Grant Fund 2	-	10,000	7,519	-	2,481
Gift Aid Fund	28	-	-	-	28
Green Pastures	-	250	153	-	97
Housing Fund	-	36,276	25,044	-	11,232
Jerusalem Trust	9,042	-	9,042	-	-
Staff Well-being Fund	100	-	-	-	100
	15,979	63,476	59,901	-	19,554

PREVIOUS FINANCIAL PERIOD

	Balance 01-Oct-19 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-21 £
All Churches Fund	-	2,000	2,000	-	-
Anchor Foundation	-	3,500	3,500	-	-
Church Urban Fund	200	-	200	-	-
Church Welfare Association	3,000	4,000	3,384	-	3,616
Flat Setup Fund	-	120	120	-	-
GEM Grant Fund	-	10,000	6,807	-	3,193
Gift Aid Fund	28	-	-	-	28
Housing Fund	-	29,804	29,804	-	-
Jerusalem Trust	-	12,000	2,958	-	9,042
Staff Well-being Fund	-	100	-	-	100
	3,228	61,524	48,773	-	15,979

Restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

6. Investments

The CIO held no fixed asset investments during this or the previous financial period.

7. Cash at Bank and in Hand

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £	Total 31-Mar-21 £
Cash at Bank & in Hand	3,180	19,554	22,734	18,997
	3,180	19,554	22,734	18,997

8. Debtors and Prepayments

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £	Total 31-Mar-21 £
Gift Aid Tax Recoverable	2,841	-	2,841	468
	2,841	-	2,841	468

9. Creditors: Amounts Falling Due Within One Year

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £	Total 31-Mar-21 £
PAYE & N.I	457	-	457	427
Independent Examiners Fees	600	-	600	500
	1,057	-	1,057	927

10. Creditors: Amounts Falling Due in More Than One Year

The CIO held no long term liabilities during this or the previous financial period.

11. Net Assets Between Funds

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-22 £	Total 31-Mar-21 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	4,964	19,554	24,518	18,538
Long Term Liabilities	-	-	-	-
	4,964	19,554	24,518	18,538

12. Staff Costs and Numbers

	TOTAL 2021/22 £	TOTAL 2020/21 £
Gross Wages, Salaries & Fees	33,619	36,167
Employer's National Insurance Costs	1,247	813
Pension Contributions	1,188	952
	36,054	37,932

Employees who were engaged in each of the following activities:

	TOTAL 2021/22	TOTAL 2020/21
Charitable Activities	3	3
Fundraising	1	1

The total amount paid to key management personnel for their services to the charity during the period was £27,869 (2020/21:£29,232).

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2020/21:None).

13. Trustees and Other Related Parties

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them. (2019/21:None)

14. Risk Assessment

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

15. Reserves Policy

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

16. Public Benefit

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

Independent Examiner's Report on the Accounts

Report to the trustees/ members of Orchards on the accounts for the year ended 31st March 2022 set out on pages 16 to 24.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT
Castle View Accounting Ltd
New Barn
Mudberry Lane
Bosham
Chichester
West Sussex
PO18 8TS



Date: 21st December 2022

ORCHARDS

England & Wales - Charity number 1179459

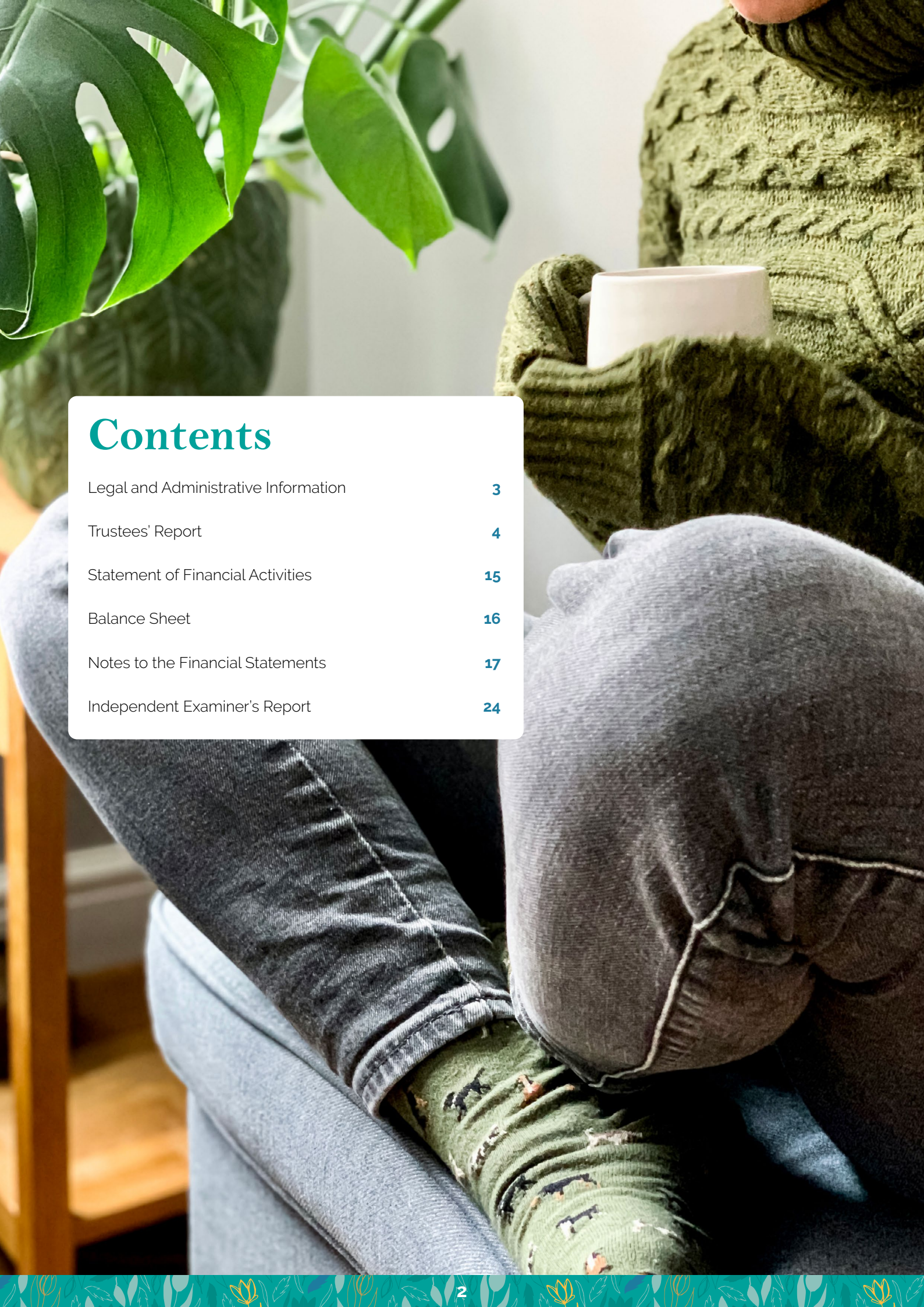
Accounts



Orchards

(A Charity Incorporated Organisation)

Report and Financial Statements
for the period ended 31st March 2021

A photograph of a person sitting on a grey couch, holding a white cup. They are wearing a green cable-knit sweater and grey jeans. A large green plant with heart-shaped leaves is in the background. The scene is cozy and domestic.

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Legal And Administrative Information

CHARITY NAME	Orchards
CHARITY NUMBER	1179459
DATE OF REGISTRATION	6th August 2018
START OF FINANCIAL PERIOD	1st October 2019
END OF FINANCIAL PERIOD	31st March 2021
TRUSTEES AT 31ST MARCH 2021	Mrs Naomi Partridge (Chair) Mr Phil Hopgood Mrs Jane Oliver (Treasurer) Ms Maria Gayle (Safeguarding Lead)
LEGAL STATUS	Charitable Incorporated Organisation
GOVERNING INSTRUMENT	CIO - Association Registered 6th August 2018
OBJECTS	The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship or other disadvantage in particular by the provision of housing, counselling and ancillary support in partnership with local Churches.
CORRESPONDENCE ADDRESS	Orchards PO Box 5496 Hove BN52 9LQ
PRIMARY BANKERS	Co-Operative Bank PO Box 200 Delf House Skelmersdale WN8 6GH
INDEPENDENT EXAMINERS	Castle View Accounting Ltd Old Printing House Square Unit 16, Tarrant Street Arundel West Sussex BN18 9JF

Letter from the Chair

Dear Friends of Orchards,

We hope this report finds you well amidst the last 17 months of great ambiguity, concern and change for us all. We write in the context of an extraordinary time, where we have not only seen a global pandemic, but also unprecedented cultural and political shifts that significantly impact the lives of the women we exist to serve. We have seen increased awareness of racial injustice following the murder of George Floyd and subsequent Black Lives Matter protests and of the prevalence of violence against women and girls in our society.

For those who have been sexually exploited, the need for safe housing, supportive counselling and known community is even more pressing than it was 17 months ago. And it is in this context that we are proud to share the great progress that Orchards has made to serve the needs of sexually exploited women, in a way that is personalised, meaningful and with deep impact.

This report pertains to the period from October 2019 to March 2021. As Trustees, we made a decision to switch our financial year to enable our financial planning to align with our strategic planning, monitoring and evaluation. This helps us plan more effectively with and alongside our delivery partners, the local Church and crucially, the women we exist to serve. As such, subsequent reporting periods will be from April to March.

When I reflect on the last 17 months for Orchards, the word that comes to mind is 'agility'. Agility to navigate unprecedented circumstances and challenges. Agility to reflect and build a more personalised model of services that expands our reach and meets differing needs in the midst of the pandemic. In embracing a flexible and agile approach, with women's voice truly at the heart, we have been able to drive forward our services and impact in a powerful way.

Our major achievement has been to acquire an additional independent house through our partnership with Green Pastures, enabling us to house three women in safe accommodation during this period, successfully resettling our first resident. We also diversified our offer to adapt to the challenges and opportunities presented by the Covid-19 Pandemic – for example, switching our counselling online, curating a range of support packages to meet the specific needs and context and embedding our work more in the local Church. As a result, whilst Orchards continues to do its deeply supportive work of providing independent housing, casework and counselling, there is also a lighter support package available to those who are not located nearby but would still benefit from Orchards services. This agility of approach has allowed us to extend our reach and develop our understanding of how to navigate the unique challenges faced by survivors.

In addition, our reach has been extended through awareness-raising with young people and Church leaders. By working in partnership with the community, we enable the community to themselves take ownership and action themselves in tackling this social injustice.

All of this has been achieved in a period of exceptional uncertainty and challenges for our residents and also for our team as they navigated the pandemic. As Trustees we would like to acknowledge all the Orchards team, and in particular Co-Directors Emma Goulds and Jenny Walker for their strong, flexible, resilient and faith-filled leadership and their servant-hearted mindset, devoted to the women that they work with.

We look forward to supporting Orchards in continuing its growth journey, as we look ahead to 2022 when we seek to acquire and open a third independent housing service alongside further developing our broad support packages and partnerships, all with the voice of our residents and clients at the heart.

Yours faithfully,

Naomi Partridge

Chair of the Board of Trustees

"I find it relaxing being here. It's given me the opportunity to look more deeply into myself, think about where I want to be heading. I never had the time to do that before because of the guy I was living with, combined with my parents passing away. I didn't have any outside support. I couldn't really sleep, with his mood swings I never knew where I would be one day to the next.

Being here and with the lockdown I've focused more on the bible without major distractions. I'm focusing now on what I really want to do. It's done me good. Being settled here rather than moving around has helped me sleep."

Feedback from Orchards' resident, shared with her permission.



Trustees' Report

The Trustees present the Trustees' report and financial statements for the year ended 31 March 2021

Overview of Orchards

Orchards is a Christian charity with a vision to see to see women free from sexual exploitation. We come alongside women and to enable them to take steps towards a future where they can thrive.

Orchards was born out of the prayers of two friends and colleagues who had worked with women who have experienced prostitution or human trafficking, through outreach both on and off-street, one-to-one support work and counselling. We had seen first-hand that a lack of housing was both a reason for entry into exploitative situations and a major barrier to exit. We saw women who were not selling sex out of 'choice' but through stories of abuse, coercion, poverty, violence, homelessness. We also saw the women's courage, beauty, strength and potential. After five years of prayer, research, planning and consultation with other projects in the sector, Orchards launched as a charity in August 2018. Since then, we have gathered a passionate, committed and diverse team of people who have set up two safe properties in partnership with a local Church and Green Pastures (exempt charity XT27103) and have launched a nationwide counselling service.

Sexual exploitation in the Covid-pandemic

The Covid-19 pandemic has exacerbated the trauma of sexually exploitative situations; aside from the obvious risks of exposure to the virus, there have been less obvious risks; exploitation has been pushed further behind closed doors, online exploitation has increased and trafficking services predict there is a risk of women being killed if they fall ill with Covid-19. Lockdown has also brought with it increased isolation from existing support services; in the current crisis many support routes have closed and women's services are overwhelmed with the need as domestic violence incidences rose by 7% from 2019 during lockdown (ONS).

We have seen this increased demand from the number of referrals we have received over the past year, we could have filled our two flats ten times over.

At least three quarters of women who have experienced sexual exploitation have been physically assaulted; the mortality rate is 12 times the national average (Bindel et al, 2012). Consequently, the psychological impact of sexual exploitation can be significant and wide-ranging, with many survivors experiencing severe anxiety, depression, flashbacks, PTSD, low self-esteem and relationship difficulties as a result of their traumatic experiences (Zimmerman, et al. 2013). Trauma therapy is essential in enabling survivors to move forward from being victimised to being empowered. (Heinz, 2020). Yet, access to appropriate counselling support has always been difficult, with very few specialist counselling services available and long waiting lists; many of the limited counselling services available are Londoncentric.

Part of effective intervention requires a personal understanding of each individual's unique circumstances, and a relationship rooted in trust and safety where barriers such as financial literacy, employment and training can be broken down together (Heinz, 2020). It is for this reason that the Support Worker is so vital; a holistic support plan is held together through a relationship of trust.



Our work during Covid-19

When lockdown began in March 2020, we moved to video counselling and support sessions for women within our housing project. We worked with our partners to provide food parcels during the lockdown and continued our counselling, support work and pastoral care sessions with a blended approach of remote and face to face sessions. We received really positive client feedback from this approach. We also opened a second safe property during this time, enabling us to provide safe housing to more women.

Our in-house Christian counsellor is experienced in working with sexual trauma both face to face and remotely, so this has been an invaluable resource in the support we have been able to offer. We have worked closely with our church partner to increase the breadth of support we are able to offer to women, particularly during lockdown, creating a volunteer group able to respond to practical issues within our housing and offering pastoral care over the phone or during walks. We also partnered with the church to develop strong safeguarding processes to pastorally support survivors within the church community during COVID-19 restrictions.

Challenges during the lockdown period

We did experience challenges during the year, as a consequence of the pandemic. These included delays in the local authority processing housing benefit payments and working in a team remotely. There were also delays in the referral process for women who had been trafficked for sexual purposes, as applications for recourse to public funds were held up at the Home Office.

Diversifying our model

Despite these challenges, we piloted offering video counselling and support work sessions to women who had experienced sexual exploitation in other parts of the UK who were not within our housing provision; a service we are now planning to grow. Working online in this way enabled us to reach more women across the UK who are increasingly isolated from support during the pandemic with our counselling and support work, in response to a growing number of referrals for this provision from our partners.

Based on key learning from the past year, we diversified our model to three support routes for women each shaped around consistent relationships of trust:



"Counselling has helped me to see things from a different perspective. It has helped me to understand my internal narrative. It has been confidence-building for me. I have been able to talk over things with someone who's not a friend, someone impartial, and things were being put in context. Setting the goals for counselling was important and helpful. Having structure to the work is good. Counselling helped me to understand why I am fixated on certain values, which are connected to shame and worth."

(Video counselling client, shared with permission)



Route 1: Counselling

Route 2: Counselling, support work and pastoral care

Route 3: Housing, counselling, support work and pastoral care

Routes 1 and 2 can be offered remotely to women right across the UK. For route 3, our support is embedded in a local church, their role is outlined below.

Orchards provides:

- One-bedroom safe housing linked to a local church for 9-12 months; a place women can call home, that is safe, and that enables them to have independence to start their new life.
- Weekly individual sessions with a Support Worker, with a tailored and holistic support plan focussing on physical and emotional health, legal and financial support, employment and training.
- Opportunities to access employment and training placements through our partners; giving a sense of purpose and hope for the future.
- Weekly counselling session with a trained counsellor specialised in sexual trauma; a space for women to process the trauma they have experienced.

The Church Partner provides:

- Opportunities to access the onsite Christians Against Poverty debt centre, job club, money course and voluntary placements; equipping women to overcome debt, manage their own finances and become more financially secure.
- Relational support from the pastoral care team.
- Practical support to women in our safe housing provision.
- Opportunities to get involved in the life of the church, if women would like to.

Training and awareness-raising around the issues of sexual exploitation

i. The need for training and awareness-raising

Orchards recognises that in working towards our vision of seeing women free from sexual exploitation, it is not enough to just support women exiting; there is a need to work to change the wider context, challenging attitudes on sexualisation and sexual exploitation. We have focused our training and awareness raising over the last year on equipping churches and faith groups to pastorally support survivors and to better understand trauma.

Achievements and Performance

October 2019-March 2021 in numbers

- 2** self-contained flats now running
- 3** woman housed and supported in safe accommodation 1 woman supported in resettlement
- 102** weekly trauma counselling sessions delivered both face to face and remotely
- 120** sessions of 1-1 casework and pastoral support provided to residents
- 300** people accessed our awareness-raising training on sexual exploitation
- 10** church pastoral care leaders received training on supporting survivors within the local church

Since October 2019:

- We have diversified our support model to meet the needs of women in the context of pandemic; we piloted a remote counselling service, opening up our trauma therapy to women who have experienced sexual exploitation across the UK, delivering 102 counselling sessions.
- We opened a second one-bedroom flat for women existing sexually exploitative situations; we have two new residents. We design each flat to be a place of sanctuary and healing from which she can access the services she needs and take steps towards a life free from exploitation.
- Our first resident moved into independent accommodation with part time employment; she continues to receive counselling and support work and explore new training and work opportunities. During her stay she completed 3 training and work placements.
- We have housed a woman with a child for the first time; a Children's Social Worker joined our board of Trustees to support this transition.
- We provided 120 weekly individual support work sessions for women, with a tailored holistic support plan looking at physical and emotional health, legal and financial support, employment and training and resettlement.
- We worked closely with our church partner, increasing the holistic support we are able to provide through their pastoral care team, onsite debt centre, money management course and Foodbank volunteering opportunities for women. We partnered with the church to develop strong safeguarding processes to pastorally support survivors within the church community during COVID-19 restrictions; one of these women joined virtual services and an online bible study, whilst another was involved in prayer walking.



"I could not praise you enough and your charity and the work you are doing to help vulnerable women rest, recover and restore their lives and start to make their dreams become a reality.

I found the whole process from the initial telephone call through to the referral process and relocation was professional and compassionate. I felt a real bond and trust in your charity and I am sure we will be working together again in the future." Andrea, referrer

"We love working with Orchards, their passion, focus, single-mindedness and tailored approach for the one are inspiring. Lives being changed one at a time." Green Pastures

"The work that Orchards do is vital because there is a huge need for transitional housing, which is very different from a refuge situation. The focus is on developing independent living and a supportive environment, whilst attending to the needs of women with a trauma-informed approach..... Orchards provide a high level of support whilst encouraging independence. They empower women to recover a sense of agency and control over their own lives." Miriam, referrer

"Counselling through Orchards has helped me. It has been consistent and understanding and I would recommend it to others" Counselling client, 2021, shared with permission

Looking ahead

In the next year we plan to:

- Open a further two flats with our current church partner, purchased through Green Pastures; as with our first two properties, Housing Benefit will cover the rental cost, with some supplementary fundraising enabling us to run the properties sustainably.
- Extend our online counselling offer to women across the UK, not just women within our housing provision. Access to counselling services can be difficult and waiting lists can be long, yet the needs are great amongst this client group. We aim to be part of meeting this demand by growing this service and supporting more women.
- Review our training and awareness raising strategy to maximise our impact in changing the wider context, with a particular focus on working with local churches and faith-based organisations on understanding trauma and pastorally supporting survivors.
- Diversify our income streams to ensure we can grow sustainably as we seek to reach more women. Our income sources are primarily through Christian Trust funds, church donations and one-off and regular donations from individuals. We aim to recruit a Fundraiser on a part time basis from November 2021, with a particular focus on developing relationships with major donors, Christian Corporate donors and our relationships with Christian Trusts and Grants. We are also focusing on strengthening our internal and external communications to build our supporter base.
- Continue to develop the volunteer team to support the charity's plans for growth in the next year and beyond.



Financial Review

Change to our financial year

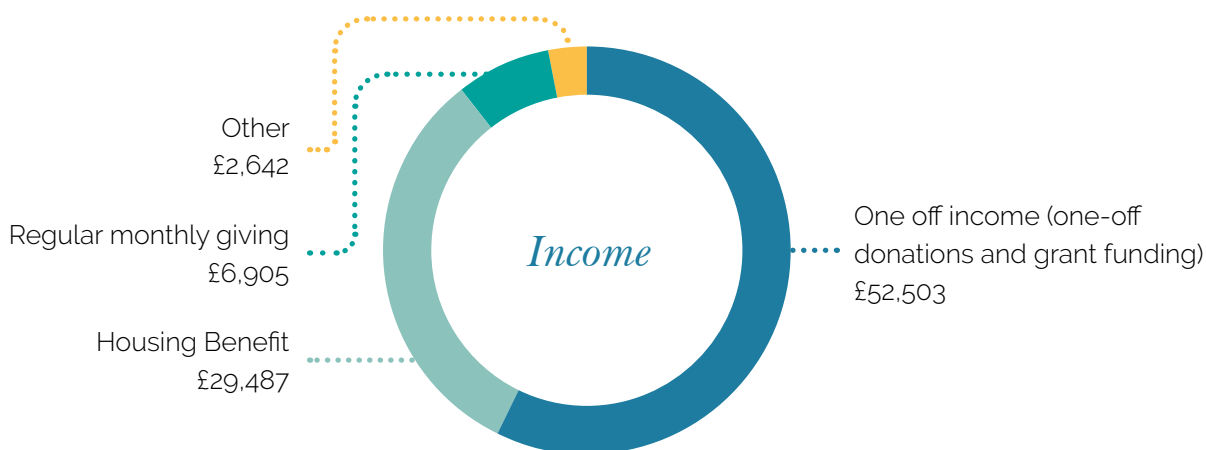
As Trustees, we made a decision to extend our financial year to end on March 31st 2021. This will enable our financial planning to align with our strategic planning, monitoring and evaluation. As such, subsequent reporting periods will be from April to March.

Income

The overall income in this financial period was £91,537.

This included regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.

	£
One off income (one-off donations and grant funding)	52,503
Housing Benefit	29,487
Regular monthly giving	6,905
Other	2,642
TOTAL	91,537



Income increased by 119% from the previous financial period, but of course some of this is due to the longer accounting period (18 months versus the prior period of just 12 months). If we annualise the income, by applying a multiple of 12/18 (or 0.67), we can start to make some fairer comparisons between the two periods.

Highlights for the financial period include:

- Income growing by 46% on an annualised basis.
- The value of regular monthly giving more than doubling over the period.
- Continuing to diversify our sources of income with 8 grants received over the period from 7 organisations (compared to 3 grants from 2 organisations in the previous financial period).



Expenditure

Total expenditure for this financial year was £90,114. This is an increase from the previous financial period of 264.58%, but on annualised basis (after applying a multiple of 12/18 or 0.67) is an increase of 141%.

The growth in expenditure mirrors the growth in the organisation and is primarily driven by the following:

i) Staffing

Over the period, Orchards grew its staff capacity to employ the two Co-Directors for 2 days per week (in the previous period, they were employed for 1 day per week), as well as two further part-time workers in addition to the services provided in the prior year. This included a part time Counsellor (employed at the end of the prior financial year) and a sessional Housing Support Worker in January 2021.

ii) Property costs

Orchards opened a second property in July 2020. Housing Benefit for payments for both flats covers some of the ongoing rental and utilities bills, although Orchards covers the remaining bills and maintenance costs through unrestricted funds.

iii) Operational costs

This includes fundraising costs, membership fees and admin costs.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget, as agreed by the Trustees. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise.

Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered on the 6th August 2018. The charity is governed by a 'Foundation Model' Constitution and its only voting members are its charity Trustees.

Recruitment and Appointment of Trustees and Directors

Orchards has 4 unpaid Trustees. Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

All Trustees give their time voluntarily and receive no benefits from the charity. No expenses were reclaimed from the charity during the year.

Organisational Structure and Management

The Trustees meet regularly (up to six times a year) and are responsible for the strategic direction and policies of the charity. At present the Trustees have members from a variety of professional backgrounds relevant to the work of the charity.

Related Parties

The Trustees confirm that there are no related party relationships at present, and that no related party relationships or transactions occurred during the year.

Account Preparation

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

Trustees' Responsibilities

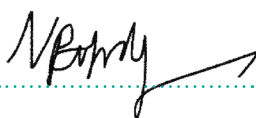
The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on **30 November 2021**

Signed on their behalf by Trustee



Printed Name: **Naomi Partridge**

Statement of Financial Activities

for the period ended 31st March 2021

	Note	Unrestricted funds	Restricted income funds	18 MONTH TOTAL 2019/21	TOTAL 2018/19
		£	£	£	£
INCOMING RESOURCES from Generated Funds					
Donations, Grants & Legacies	3a	30,013	31,720	61,733	36,158
Charitable Activities	3b	-	26,943	26,943	5,674
Investment Income	3c	-	-	-	-
TOTAL INCOMING RESOURCES		30,013	61,524	91,537	41,832
RESOURCES EXPENDED					
Costs of Generating Funds					
Cost of Charitable Activities	4a	40,685	48,773	89,458	24,662
Activities for Generating Funds	4b	156	-	156	55
Governance Costs	4c	500	-	500	-
TOTAL RESOURCES EXPENDED		41,341	48,773	90,114	24,717
NET INCOMING (OUTGOING) RESOURCES		(11,328)	12,751	1,423	17,115
Funds Brought Forward		13,887	3,228	17,115	-
TOTAL FUNDS CARRIED FORWARD		2,559	15,979	18,538	17,115

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

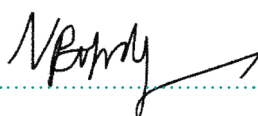
The notes on pages 14 to 20 form part of these financial statements.

Balance Sheet - As at 31st March 2021

	Note	Unrestricted funds	Restricted funds	Total 31-Mar-21	Total 30-Sep-19
		£	£	£	£
FIXED ASSETS					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
Total Fixed Assets		-	-	-	-
Current Assets					
Debtors & Prepayments	8	468	-	468	2,342
Cash at Bank and in Hand	7	3,018	15,979	18,997	14,773
Total Current Assets	9	3,486	15,979	19,465	17,115
Creditors: Amounts due within one year	10	-	-	-	-
NET ASSETS		2,559	15,979	18,538	17,115
FUNDS OF THE CHARITY					
General Funds		2,559	-	2,559	13,887
Restricted Funds	5	-	15,979	15,979	3,228
Total Funds		2,559	15,979	18,538	17,115

Approved by the Trustees on 30 November 2021

Signed on their behalf by Trustee



Printed Name: **Naomi Partridge**

Notes to the financial statements for the period ended 31st March 2021

1. Accounting Policies

Basis of Preparation & Assessment of Going Concern Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Unrestricted funds

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

Restricted funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

Fixed Assets

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment 25% - Straight Line Basis

2. Tangible Fixed Assets

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

31st March 2021 : None

30th September 2019 : None

3. Incoming Resources

a) Donations, Grants & Legacies	Unrestricted funds £	Restricted Funds £	18 MONTH TOTAL 2019/21 £	TOTAL 2018/19 £
Donations and Gifts	27,688	31,720	59,408	36,158
Gift Aid Tax	2,325	-	2,325	-
	30,013	31,720	61,733	36,158

b) Charitable Activities				
Housing Income	-	29,804	29,804	5,674
	-	29,804	29,804	5,674

c) Investment Income				
Interest	-	-	-	-
	-	-	-	-

4. Resources Expended

	Unrestricted Funds £	Restricted Funds £	18 MONTH TOTAL 2019/21 £	TOTAL 2018/19 £
a) Cost of Charitable Activities				
Advertising & Publicity	1,740	-	1,740	29
Client Costs	557	-	557	852
Consultancy Fees	-	-	-	2,304
Counselling Costs	225	2,750	2,975	1,200
Flat Costs	9,528	31,924	41,452	11,180
Insurance Costs	1,272	-	1,272	510
Licenses & Subscriptions	610	-	610	381
Office Costs	1,110	-	1,110	437
Staff Costs	24,058	13,874	37,932	7,324
Staff Supervision & Training	1,339	225	1,564	385
Travel & Subsistence	247	-	247	60
	40,685	48,773	89,458	24,662

b) Activities for Generating Funds				
Fundraising Income	156	-	156	55
	156	-	156	55

c) Governance Costs				
Independent Examiners Fees 9	500	-	500	-
	500	-	500	-

5. Restricted Funds

CURRENT FINANCIAL PERIOD

	Balance 01-Oct-19 £	Income £	Expenditure £	Transfers £	Balance 31-Mar-21 £
All Churches Fund	-	2,000	2,000	-	-
Anchor Foundation	-	3,500	3,500	-	-
Church Urban Fund	200	-	200	-	-
Church Welfare Association	3,000	4,000	3,384	-	3,616
Flat Setup Fund	-	120	120	-	-
GEM Grant Fund	-	10,000	6,807	-	3,193
Gift Aid Fund	28	-	-	-	28
Housing Fund	-	29,804	29,804	-	-
Jerusalem Trust	-	12,000	2,958	-	9,042
Staff Well-being Fund	-	100	-	-	100
	3,228	61,524	48,773	-	15,979

PREVIOUS FINANCIAL PERIOD

	Balance 06-Aug-18 £	Income £	Expenditure £	Transfers £	Balance 30-Sep-19 £
Church Urban Fund	-	2,500	2,300	-	200
Church Welfare Association	-	6,000	3,000	-	3,000
Flat Setup Fund	-	687	687	-	-
Gift Aid Fund	-	28	-	-	28
	-	9,215	5,987	-	3,228

Restricted funds are wholly represented by the charity's cash reserves and are to be expended as specified above.

6. Investments

The CIO held no fixed assets investments during this or the previous financial period.

7. Cash at Bank and in Hand

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-21 £	Total 30-Sep-19 £
Cash at Bank & in Hand	3,018	15,979	18,997	14,773
	3,018	15,979	18,997	14,773

8. Debtors and Prepayments

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-21 £	Total 30-Sep-19 £
Gift Aid Tax Recoverable	468	-	468	2,342
	468	-	468	2,342

9. Creditors: Amounts Falling Due Within One Year

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-21 £	Total 30-Sep-19 £
PAYE & N.I	427	-	427	-
Independent Examiners Fees	500	-	500	-
	927	-	927	-

10. Creditors: Amounts Falling Due in More Than One Year

The CIO held no long term liabilities during this or the previous financial period.

11. Staff Costs and Numbers

	TOTAL 2019/21 £	TOTAL 2018/19 £
Gross Wages, Salaries & Fees	36,167	7,111
Employer's National Insurance Costs	813	-
Pension Contributions	952	213
	37,932	7,324

Employees who were engaged in each of the following activities:

	TOTAL 2019/21	TOTAL 2018/19
Charitable Activities	0	0.2
Fundraising	0.1	0.1

The total amount paid to key management personnel for their services to the charity during the period was £29,232.

The Charity operates a PAYE scheme to pay all members of employed staff and no employees received emoluments in excess of £60,000 (2018/19:None).

12. Trustees and Other Related Parties

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them. (2018/19:None)

13. Risk Assessment

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

14. Reserves Policy

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

15. Public Benefit

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

Independent Examiner's Report on the Accounts

Report to the trustees/ members of Orchards on the accounts for the period ended 31st March 2021 set out on pages 12 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

W:M Hall LLB
Castle View Accounting Ltd
Old Printing House Square
Unit 16, Tarrant Street
Arundel
West Sussex
BN18 9JF



Date: 22nd December 2021