

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024**

**Company Number: 11093181
Charity Number: 1179409**

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SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The trustees are pleased to present their report for the year ended 31st March 2024.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

Sports Alive North West has been recognised locally and nationally since 2010 as a leading provider of a variety of quality programmes for young people across Liverpool. As an organisation we continually strive to offer children and young people a service that reflects their interests and needs, enabling us to build positive relationships and strong foundations for long term community engagement. We offer services that meet their needs and are flexible and responsive in developing services that are unique and lead the way, both in terms of direct engagement and advocacy.

Our offer was developed as part of a consultation process but can and does include delivery and support of local and citywide Youth Clubs, Youth Projects, 1 to 1 work, Detached Projects, Outreach Project, Sports Programmes and Activity Sessions. These programmes are developed with the community, for the community and each programme is designed specifically to meet the interests and needs of those we wish to engage.

In August 2018 Sports Alive were awarded Charity status (charity number 1179409). The intention is for Sports Alive services to help young people achieve a strong sense of belonging through;

- Supportive relationships Young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility, and manage pressures. All parts of society will promote this by:
- Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust;
- Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk

Strong ambitions- Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to:

- Succeed in learning and work understanding the value of education and committed to developing their skills for employment
- Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk; and
- Be active in society - taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

The work Sports Alive undertakes can be broken into three interlinking areas. Youth Work, 1 to 1 support and Sports Programmes. Sports Alive work with young people in various ways - Centre Based Youth Work Sports Alive offers various open access centre-based activities in a variety of settings across Merseyside. We can give young people a safe environment to socialise, develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationships which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues.

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We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget, job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a keyway of engaging young people, and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 8-12 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with Junior age range as it helps us to get to know the children from when they are young and in doing this, we are able to get to know the children and families and develop long term relationships. This is so important to working in an area long term. The senior age range we work with is age 12-24. Detached Youth Work including Street Sports & Games Team In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we are able to get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

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TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

ACHIEVEMENTS AND PERFORMANCE

During the year the organisation has performed outstandingly. To start we secured our very first independent National Lottery Funding bid. This grant will see over £280,000 come into the organisation over a period of 3 years. The fund will allow us to secure two and a half worker posts whilst introducing our new social prescriber role for young people into not only the organisation but also the first in the city of its kind. As the grant has also supported backroom costs it allowed us to concentrate more on our sustainability model and security.

The organisation secured several other smaller grants helping to see an increase in not only turnover but most importantly delivery of services. Some of these grants included various Holiday, Activities and Food (HAF) programmes, Duke of Edinburgh continuation funding, National Lottery Million hours fund and John Moores Foundation etc. The Steve Morgan Foundation also granted us a new Minibus meaning the organisation now has the flexibility to increase activities and save a large amount of funds on not needing to hire coach services. This Bus officially arrived in April 2024.

All centre-based sessions have continued to grow showing an increase in demand on services. Having access to our own local young person social prescriber has opened many doors for young people offering them many alternatives.

The organisation's structure continues to grow and strengthens our drive to increasing delivery further. We have seen more positive feedback from local supporters, councillors, funders and police etc.

As for buildings we continue to expand some services to new times and locations. Our new 3G football pitches have increased in usage leading to more income and security/sustainability for services.

2023-24 continued to see an extensive training programme with both volunteers and Staff members. These courses included Level 2 and 3 youth work courses, health and safety, first aid, safeguarding (variety of courses), Sexual Health training, Detached training, exploitation, funding training, leadership courses, IT Training, Data collection and many more qualifications. This helps embed our newer staff team into the organisation and improve quality of services further. This is all in line with our adjusting plan to build the organisation and prepare staff for any challenge.

Below is just some statistics from our achievements this year and further detail can be found in our annual report upon direct request:

Our work is focused on helping young people make positive choices for themselves and in the place they live in. We evidence our work and their progress by paying attention to the following outcomes:

- Increased positivity & happiness in the young people who we work with.
- Young people make friends & build wider social connections
- Young people have a better understanding of support and where to get help
- Young people increase their personal and interpersonal skills through peer support/mentoring opportunities.
- More young people reporting improved homelives and family relationships.
- Local residents report feeling safer as a result of detached work.
- Greater use of community facilities for youth work and engagement.
- Increased use of community facilities by local residents e.g., park areas following reduced gangs' activity in area.

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TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

- Young people feel greater pride in their neighbourhoods
- Young people have increased understanding of harmful/risk-taking behaviours, and we receive more reports of positive choices being made.
- Young people have improved physical health through engagement in sports activities.
- Young people have a more positive outlook
- Increased attendance in School
- Increased civic involvement through peer mentoring and volunteering opportunities

Over the last year we have supported:

- 2,500 young people
- 55% of young people worked with identified as Female
- 22% of young people worked with identified themselves as Mixed, Black, Asian, or from other ethnic backgrounds.
- 30% of young people worked with are of primary school age
- 20% of the young people we worked with told us they had a disability

Through our work we know:

- 55% of young people worked with say they feel happier and more positive about life.
- 68% of young people worked with say they have had more opportunities to do different things.
- 65% of young people worked with say they have more friends and have met different people.
- 45% of young people worked with say they felt more confident about getting help.

FINANCIAL REVIEW

Total income for the year was £364,663 (2023: £392,932) of which £148,024 (2023: £199,743) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £354,960 (2023: £311,942), leaving a surplus for the year of £1,703 (2023: surplus £80,990).

At 31st March 2023 the charitable company's reserves stood at £274,374 (2023: £272,671) of which £97,321 (2023: £102,659) represented restricted funds.

RISK ASSESSMENT

The trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities, funding strands have become more competitive and reduced in availability.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

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TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

We sub-contract Peninsula to help support us with all legal matters such as policies and any HR are concerns or questions we may have. This service also has an element of staff support allowing them to gain free advice and counselling services.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year the unrestricted funds, totalled £185,053 less fixed assets of £51,911 leaving a balance of £133,142. The charitable company requires £11,839 for redundancy provision and £52,400 for three month's running costs, (total £64,239).

The trustees plan to use the balance of unrestricted reserves to find a new building in the near future. Sports Alive are continuing to look for this building as it must be in the correct location for our delivery and sit within the aims and objectives of the organisation.

PLANS FOR FUTURE

Sports Alive are continuing to make good progress with securing local grants and long-term funding. However, as per last year due to the demand on our services and the increase in need, we as an organisation will need to keep securing larger funding pots to help with the security of the organisation and its provision. Our CEO and DCEO have produced a funding plan for 2024-25 meaning the organisation will have many small and big funding grants along with an increase in networking plans.

The organisation continues to seek for different sustainability models that can be used to help secure our work away from funding. We aim that by March 2025 we will have a new plan in place endorsed by the trustees that will see the organisation spending funds on sustainability projects and items etc.

We will also be applying to the new Liverpool City Council youth grant funding to hopefully secure funding for approximately a further 3 – 5 years. This funding application will be completed by September 2024, and we will know a result soon after.

The organisation over the last 2 years has built on its volunteering programme and has seen the large impact that volunteers have on the organisation. The trustees have agreed to continue the volunteer programme and aim to increase volunteer numbers by 25% in the year 2024-25. The volunteers will also be given several accredited training courses to help with employability and may be given the opportunity to take on paid employment with Sports alive.

As demand increase on the services and Sports Alive continue to grow. The organisations management team will restructure in 2024-25 leading to the opening of a new operations manager post that will aim to strengthen our frontline services and support staff members further. We also intend to increase some staff hours to help with demand whilst maintaining good quality services.

A full schools plan will be put in place by the management team to show case the support we can provide to schools whilst helping raise funds as part of the sustainability plan.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

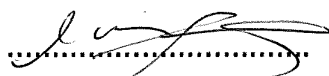
The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its Directors.

The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	S Corrigan (Resigned 2 nd October 2023) K Cosgrove R Hudson E McCoy (Appointed 2 nd October 2023) L McGinnes
Independent Examiner	Ying Huang ACCA LCVS 151 Dale Street Liverpool L2 2AH
Bankers	TSB P O Box 373 Leeds LS14 9GQ

Signed on behalf of the Board of Trustees


.....
L McGinnes - Trustee

Date: 28/10/24
.....

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

By Order of the Board


.....
L McGinnes—Trustee

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: ..28/10/24.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

I report on the accounts of the charitable company for year ended 31st March 2024, which are set out on pages 10 to 24.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Ying Huang**

Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated:29/10/2024.



SPORTS ALIVE NORTH WEST
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
Income and endowments from:		£	£	£	£
Donations and legacies	3a	10,518	-	10,518	1,553
Charitable activities	3b	206,121	140,024	354,145	391,379
Total income		216,639	140,024	364,663	392,932
Expenditure on:					
Charitable activities	4	201,598	153,362	354,960	311,942
Total expenditure		201,598	153,362	354,960	311,942
Net income/ (expenditure), net movement in funds		15,041	(13,338)	1,703	80,990
Total funds brought forward	9,10	170,012	102,659	272,671	191,681
Total funds carried forward	8-10	185,053	89,321	274,374	272,671
		=====	=====	=====	=====

The notes on pages 12 to 24 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2024

Company Number 11093181

	Notes	31 st March 2024		31 st March 2023	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		130,605		112,772
Current assets					
Debtors	6	2,037		17,559	
Cash at bank and in hand		145,362		144,139	
		-----		-----	
		147,399		161,698	
Current liabilities					
Creditors: amounts falling due within one year	7	(3,630)		(1,799)	
		-----		-----	
Net current assets			143,769		159,899
			-----		-----
Total assets less current liabilities			274,374		272,671
			=====		=====
Funds:					
Unrestricted funds	8, 9		185,053		170,012
Restricted funds	8,10		89,321		102,659
			-----		-----
			274,374		272,671
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).


These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on 28/10/24....., and signed on their behalf by:



L McGinnes - Trustee

Date: 28.10.24

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) of these accounts.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company has adequate reserves to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Fixtures and Fittings	33.33% per annum straight line basis
Leasehold improvements	25 years
Motor Vehicle	10% per annum straight line basis

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
a. Donations and legacies				
Donations	9,818	-	9,818	1,553
General grants	700	-	700	-
	-----	-----	-----	-----
	10,518	-	10,518	1,553
	=====	=====	=====	=====

Income from donations and legacies in 2023 related wholly to unrestricted funds.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
b. Charitable activities				
23 Foundation	-	-	-	2,500
Children in Need	-	-	-	9,783
Cobalt Community Fund	-	250	250	3,000
Contract and sales income	189,805	-	206,121	184,903
Duchy of Lancaster Benevolent Fund	-	1,400	1,400	-
Duke of Edinburgh's Award	-	2,273	2,273	7,169
Eleanor Rathbone Charitable Trust	-	4,000	4,000	-
Football Foundation	-	-	-	84,315
High Sheriffs Trust	-	-	-	2,500
John Moores Foundation	-	6,500	6,500	-
Knowsley Holiday, Activities and Food	-	16,760	16,760	-
Knowsley MBC Youth Community Fund	-	5,000	5,000	-
LCVS Community Impact Fund	-	1,500	1,500	2,400
LCVS Holidays Activity and Food	-	-	-	7,550
Liverpool City Council Norris Green Youth Grant	-	14,000	14,000	-
Local Neighbourhood Fund	-	3,617	3,617	-
Merseyside Energy Recovery Limited	-	2,000	2,000	-
Mpac	-	13,000	13,000	23,532
Mpac Eat to Meet	-	6,000	6,000	-
National Lottery Community Fund	-	41,026	41,026	-
National Lottery Community Fund (Millon Hours Fund)	-	8,648	8,648	-
One Knowsley	-	-	-	1,500
One Knowsley - Holiday Activities and Food	-	-	-	21,634
One Knowsley Snap	-	2,650	2,650	2,350
Onward Community Fund	-	-	-	1,915
Pitch hire	-	-	-	6,031
Postcode Lottery	-	-	-	24,975
Room hire	16,316	-	-	702
Sutton Croft Holiday, Activities and Food	-	7,000	7,000	-
Torus Foundation	-	500	500	-
Youth Division Fund	-	3,900	3,900	4,620
	206,121	140,024	346,145	391,379
	=====	=====	=====	=====

Income from charitable activities in 2023 comprised £191,636 unrestricted funds and £199,743 restricted funds.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2024 £	Total 2023 £
To provide recreation facilities for sports coaching, improve good health and well being	178,034	176,926	354,960	311,942
	=====	=====	=====	=====

a. Analysed as follows:

	2024 £	2023 £
<i>Direct charitable expenditure:</i>		
Staff salaries costs	67,502	65,912
Pension	1,011	810
Resources	10,267	25,070
Activities and trips	17,951	3,712
Sessional costs	28,208	39,715
Activities equipment	8,480	2,613
Equipment hire	26,150	21,112
Food	10,150	-
Food for van	-	644
Rent	6,060	11,862
Motor expenses	1,773	-
Travel expenses	482	716
DBS Fees	-	3,262
	-----	-----
	178,034	175,428
	-----	-----

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

	2024	2023
	£	£
<i>Support & Governance costs:</i>		
Staff salaries costs	115,665	91,481
Pension	2,494	1,896
Other staff costs	2,529	1,717
Staff training	2,208	4,100
Computer costs	1,575	3,492
Cleaning	4,884	3,622
Insurance	3,224	4,934
Internet, telephone and mobile phones	9,065	2,472
Advertising and promotion	450	-
Legal and professional	9,320	-
Printing, postage and stationery	481	1,653
Repairs and Maintenance	10,916	4,755
Utilities costs	5,262	2,859
Sundries	418	4,640
Subscriptions	-	377
Bank charges	20	648
Bad debts written off	-	165
Loss on disposal of fixed assets	329	-
Payroll fees	634	507
Finance support	240	910
Accountancy fees	1,265	1,200
Depreciation charge	5,947	5,086
	176,926	136,514
	=====	=====
Total expenditure on charitable activities	354,960	311,942
	=====	=====

£154,095 (2023: £124,332) of the above expenditure relates to restricted funding.

b. Staff Costs	2024	2023
	£	£
Gross salaries and wages	173,832	149,959
Social security costs	9,335	7,414
Pension Costs	3,505	2,726
	186,672	160,099
	=====	=====

c. Particulars of employees:

The average number of employees during the year 7.83 (2023: 7.42), and calculated on the basis of full-time equivalents, was as follows:

	2024	2023
	8	7
Charitable activities	=====	=====

No employee received emoluments of more than £60,000 during the year.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

One trustee L McGinnes is part of the remunerated for their services and is included in the above number of employees.

Katie Cosgrove a trustee was reimbursed £ 240 for the costs relating to accounts software Freeagent.

5. Tangible fixed assets

	Fixtures and Fittings	Leasehold Improvements	Motor Vehicle	Total
Cost	£	£	£	£
Balance at 1 st April 2023	6,186	113,402	-	119,588
Additions during the year	-	16,109	8,000	24,109
Disposal	(1,520)	(-)	(-)	(1,520)
Balance at 31st March 2024	4,666	129,511	8,000	142,177
Accumulated Depreciation				
Balance at 1 st April 2023	3,792	3,024	-	6,816
Charge for the year	1,304	4,643	-	5,947
	(1,191)	(-)	(-)	(1,191)
Balance at 31st March 2024	3,905	7,667	-	11,572
Net Book Value at 31st March 2024	761	121,844	8,000	130,605
Net Book Value at 31 st March 2023	2,394	110,378	-	112,772

6. Debtors

	2024	2023
	£	£
Trade debtors	2,037	17,559

7. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals	3,630	1,799

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

8. Analysis of net assets between funds

2024	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	51,911	133,142	185,053
	-----	-----	-----
Restricted Funds			
Duchy of Lancaster Benevolent Fund	-	1,400	1,400
Duke of Edinburgh's Award	-	5,658	5,658
Football Foundation	78,694	-	78,694
Knowsley Holiday, Activities and Food	-	226	226
Merseyside Energy Recovery Limited	-	824	824
Sutton Croft Holiday, Activities and Food	-	2,519	2,519
	-----	-----	-----
	78,694	12,627	89,321
	-----	-----	-----
Total Funds	130,605	143,769	274,374
	=====	=====	=====

2023	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	30,218	139,794	170,012
	-----	-----	-----
Restricted Funds			
23 Foundation	-	550	550
Children in Need	487	-	487
Cobalt Community Fund	-	3,000	3,000
Duke of Edinburgh's Award	-	6,827	6,827
Football Foundation	82,067	-	82,067
Knowsley Snap	-	1,350	1,350
LCVS Community Impact Fund	-	2,400	2,400
Mpac	-	2,200	2,200
One Knowsley - Holiday Activities and Food	-	2,063	2,063
Onward Community Fund	-	1,715	1,715
	-----	-----	-----
	82,554	20,105	102,659
	-----	-----	-----
Total Funds	112,772	159,899	272,671
	=====	=====	=====

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

9. Unrestricted Funds

2024	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income	Expenditure	
	£	£	£	£
General Fund	170,012	216,639	(201,598)	185,053
	=====	=====	=====	=====
2023	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income	Expenditure	
	£	£	£	£
General Fund	164,741	193,189	(187,918)	170,012
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

10. Restricted Funds

2024	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
23 Foundation	550	-	(550)	-
Children in Need	487	-	(487)	-
Cobalt Community Fund	3,000	250	(3,250)	-
Duchy of Lancaster Benevolent Fund	-	1,400	(-)	1,400
Duke of Edinburgh's Award	6,827	2,273	(3,442)	5,658
Eleanor Rathbone Charitable Trust	-	4,000	(4,000)	-
Football Foundation	82,067	-	(3,373)	78,694
John Moores Foundation	-	6,500	(6,500)	-
Knowsley Holiday, Activities and Food	-	16,760	(16,534)	226
Knowsley MBC Youth Community Fund	-	5,000	(5,000)	-
LCVS Community Impact Fund	2,400	1,500	(3,900)	-
Liverpool City Council Norris Green Youth Grant	-	14,000	(14,000)	-
Local Neighbourhood Fund	-	3,617	(3,617)	-
Merseyside Energy Recovery	-	2,000	(1,176)	824
Mpac	2,200	13,000	(15,200)	-
Mpac Eat to Meet	-	6,000	(6,000)	-
National Lottery Community Fund	-	41,026	(41,026)	-
National Lottery Community Fund (Millon Hours Fund)	-	8,648	(8,648)	-
One Knowsley - Holiday Activities and Food	2,063	-	(2,063)	-
One Knowsley Snap	1,350	2,650	(4,000)	-
Onward Community Fund	1,715	-	(1,715)	-
Sutton Croft Holiday, Activities and Food	-	7,000	(4,481)	2,519
Torus Foundation	-	500	(500)	-
Youth Division Fund	-	3,900	(3,900)	-
	102,659	140,024	(153,362)	89,321

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

2023	Reserves at beginning of year	Movements in the year		Reserves at end of year
		Income	Expenditure	
	£	£	£	£
23 Foundation	-	2,500	(1,950)	550
Big Local Trust	2,357	-	(2,357)	-
Children in Need	10,208	9,783	(19,504)	487
Cobalt Community Fund	1,088	3,000	(1,088)	3,000
Duke of Edinburgh's Award	-	7,169	(342)	6,827
Football Foundation	-	84,315	(2,248)	82,067
High Sheriffs Trust	-	2,500	(2,500)	-
Knowsley Snap	-	2,350	(1,000)	1,350
LCVS Community Impact Fund	-	2,400	(-)	2,400
LCVS Holidays Activity and Food	-	7,550	(7,550)	-
Mayors Inclusive Growth Fund	1,416	-	(1,416)	-
Mayoral Neighbourhood Fund	10,000	-	(10,000)	-
Mpac	-	23,532	(21,332)	2,200
One Knowsley	-	1,500	(1,500)	-
One Knowsley - Holiday Activities and Food	764	21,634	(20,335)	2,063
Onward Community Fund	-	1,915	(200)	1,715
Postcode Lottery	-	24,975	(24,975)	-
Youth Division Fund	-	4,620	(4,620)	-
VRP Sports, Arts & Culture	1,107	-	(1,107)	-
	26,940	199,743	(124,024)	102,659
	=====	=====	=====	=====

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes.

23 Foundation – Contribution towards sports projects for young people in the Everton area and to engage them in physical activities keeping contact with local communities and in previous year towards Sports Equipment.

Big Local Trust – Contribution towards Northwood Junior Club

Children in Need – Contribution for youth provision and staffing for Everton Junior club.

Cobalt Community Fund – Contribution towards the 'Sports and Healthy Eating Project'

Duchy of Lancaster Benevolent Fund – Contribution towards to the support on our junior and senior project in Everton.

Duke of Edinburgh's Award - Contribution towards youth activities

Eleanor Rathbone Charitable Trust – Contribution towards sports and wellbeing activities for girls in Everton and Tuebrook.

Football Foundation – Contribution towards refurbishment of two existing football pitches at Adlam Park Sports Pavilion.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

High Sheriffs Trust - – Contribution towards indoor activities during the winter months allowing for enrichment and education in a safe warm environment.

John Moores Foundation - Contribution towards our Social prescriber salary for 3 years.

Knowsley Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people

Knowsley MBC Youth Community Fund - Contribution towards 6 months for our Kirkby Junior Project.

Knowsley Snap - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

LCVS Community Impact Fund - – To support on our Tuebrook Junior project with staffing and resources.

LCVS Holidays Activity and Food – Contribution towards Activities & Food.

Liverpool City Council Norris Green Youth Grant – Contribution towards to support outreach sessions for young people within the Norris Green.

Local Neighbourhood Fund – Contribution to sport sessions and young people healthy food

Mayors Inclusive Growth Fund – Contribution towards raising awareness of hate crime with young people.

Mayoral Neighbourhood Fund – Contribution towards the 'Sports and Healthy Eating Project'

Mpac – Contribution towards half-terms and summer holidays for activities and food for young people in the Liverpool area.

Mpac Eat to Meet – Contribution towards half term food for young people

Merseyside Energy Recovery Limited - Contribution towards 12 months for our Kirkby Junior Project.

National Lottery Community Fund – Contribution towards 'access without limits' project.

National Lottery Community Fund (Millon Hours Fund) - Contribution towards staff salary and resources

One Knowsley – Contribution towards Kirkby Young Persons Programme

One Knowsley - Holiday Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

One Knowsley Snap - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

Onward Community Fund - Contribution towards supporting food resilience in communities during a challenging economic period.

Postcode Lottery – Contribution towards staff salaries cost.

Sutton Croft Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

Torus Foundation – Contribution towards to support with food resources in our Everton Junior project.

Youth Division Fund - Contribution towards a summer programme based in Kirkby for children and young people, who reside in and around the surrounding areas.

VRP Sports, Arts & Culture – Contribution towards delivering sports, arts and culture sessions to vulnerable young people from the local community

11. Lease Commitments

The charitable company is currently under negotiations with Liverpool City Council regarding a new lease agreement or acquiring the building.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2024 (2023: none).

13. Related Party Transactions

Katie Cosgrove a trustee was reimbursed £ 240 for the costs relating to accounts software Freeagent during the year which require disclosure (2023: none).

14. Guarantees

As at 31st March 2024, 4 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £40. (2023: 4 members £40)