

SPORTS ALIVE NORTH WEST

England & Wales · Charity number 1179409

Details

Status Registered

Legal form Charitable company

Company number [11093181](#)

Registered 2018-08-01

Register [View on the Charity Commission register](#)

Contact

Address Adlam Park Activity Centre
Adlam Road
Liverpool
L10 1LG

Phone 07754113557

Email admin@sports-alive.org

Website www.sports-alive.org

Activities

Objects: THE CHARITY'S OBJECTS ("OBJECTS") ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING:FOR THE PUBLIC BENEFIT TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF MERSEYSIDE AND THE NORTH WEST AND IN PARTICULAR TO PROMOTE:-(1) ORGANISATION OF SPORTS COACHING SESSIONS IN SCHOOLS, YOUTH CENTRES AND COMMUNITY CENTRES;(2) FACILITIES AND SERVICES FOR RECREATIONAL, SPORTING OR OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES AND SERVICES;(3) THE IMPROVEMENT AND PRESERVATION OF GOOD HEALTH AND WELL-BEING THROUGH PARTICIPATION IN HEALTHY RECREATION;(4) EDUCATION, TRAINING AND COACHING COURSES WHICH PROMOTE PHYSICAL HEALTH AND FITNESS.

Activities: Youth workDetached work Healthy lifestyles Project work Sports and coaching

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Amateur Sport, Recreation
- **Who:** Children/young People, The General Public/mankind

Geography

- Cheshire West & Chester
- Cumbria
- Lancashire
- Liverpool City
- Manchester City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£498,401	£423,361	-	-
2024-03-31	£364,663	£354,960	-	-
2023-03-31	£392,932	£311,942	-	-
2022-03-31	£296,053	£271,009	-	-
2021-03-31	£360,409	£225,341	-	-

Trustees

Name	Role	Appointed
Katie Cosgrove	Chair	2022-10-10
EILEEN MCCOY		2023-09-04
LIANNE MCGINNES		2017-12-04
ROSEMARY PHILOMENA HUDSON		2017-12-04

Accounts

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2025**

**Company Number: 11093181
Charity Number: 1179409**

SPORTS ALIVE NORTH WEST

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SPORTS ALIVE NORTH WEST TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The trustees are pleased to present their report for the year ended 31st March 2025.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

Sports Alive North West has been recognised locally and nationally since 2010 as a leading provider of a variety of quality programmes for young people across Liverpool. As an organisation we continually strive to offer children and young people a service that reflects their interests and needs, enabling us to build positive relationships and strong foundations for long term community engagement. We offer services that meet their needs and are flexible and responsive in developing services that are unique and lead the way, both in terms of direct engagement and advocacy.

Our offer was developed as part of a consultation process but can and does include delivery and support of local and citywide Youth Clubs, Youth Projects, 1 to 1 work, Detached Projects, Outreach Project, Sports Programmes and Activity Sessions. These programmes are developed with the community, for the community and each programme is designed specifically to meet the interests and needs of those we wish to engage.

In August 2018 Sports Alive were awarded Charity status (charity number 1179409). The intention is for Sports Alive services to help young people achieve a strong sense of belonging through;

- Supportive relationships Young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility, and manage pressures. All parts of society will promote this by:
- Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust;
- Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk

Strong ambitions- Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to:

- Succeed in learning and work understanding the value of education and committed to developing their skills for employment
- Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk; and
- Be active in society - taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

The work Sports Alive undertakes can be broken into three interlinking areas. Youth Work, 1 to 1 support and Sports Programmes. Sports Alive work with young people in various ways - Centre Based Youth Work Sports Alive offers various open access centre-based activities in a variety of settings across Merseyside. We can give young people a safe environment to socialise, develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationships which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues.

SPORTS ALIVE NORTH WEST TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget, job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a keyway of engaging young people and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 8-12 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with Junior age range as it helps us to get to know the children from when they are young and in doing this, we are able to get to know the children and families and develop long term relationships. This is so important to work in an area long term. The senior age range we work with is age 12-24. Detached Youth Work including Street Sports & Games Team In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we can get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

SPORTS ALIVE NORTH WEST TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

ACHIEVEMENTS AND PERFORMANCE

This year the organisation has continued to grow and build on its performance across all areas. To start we secured a 5-year grant fund from Liverpool City Council of approximately £600,000 in unrestricted funding to support the running of our services in Liverpool. We have continued to secure several new grants allowing our reach to expand from not only a delivery point of view but also from a funder awareness side too. These funds are running alongside our main grants such as LCC and National lottery to provide young people with various activities, safe places and spaces and food.

April 2024 seen the delivery of our Steve Morgan funded minibus. This has been a huge asset to the organisation allowing us to take young people on more trips and reducing transport costs to the organisations leading to a stronger sustainability model. The bus has been used to support some of our partner organisations too.

All centre-based sessions have continued to grow showing an increase in demand on services. The local young person social prescriber role has opened many doors for young people offering them many alternatives and has had a large impact on a number of young people's lives. The has received positive feedback from both family and local schools.

In December 2024 agreed work on the internal of Adlam Park (our Fazakerley site and main base) started. This involved removal of walls, improved kitchen for cooking projects, bigger play and youth space, gaming zone and new toilets. This all helped to improve space to allow more young people to access services and to also increase security/ safe guarding on the site.

The organisation structure continues to grow resulting in expansion of the organisation from a strategic point but also from a delivery perspective. We have seen more positive feedback from local supporters, counsellors, funders and police etc.

We are proud to pay the national living wage to all our staff and this year seen the introduction of a "pay indicator system" this system allows us to monitor staff performance and will give staff the ability to take on paid additional duties or receive more pay due to positive performance. Each staff member of reviewed on a yearly basis.

We continue to expand some services to new times and locations. Our 3G football pitches have maintained level of usage leading to more income and security/sustainability for services.

2024-25 like the previous year continued to see an extensive training programme with both volunteers and Staff members. These courses included Level 2 and 3 youth work courses, health and safety, first aid, safeguarding (variety of courses), Sexual Health training, Detached training, exploitation, funding training, leadership courses, IT Training, Data collection and many more qualifications. This help embed our newer staff team into the organisation and improve quality of services further. This is all in line with our adjusting plan to build the organisation and prepare staff for any challenge.

In March of 2025, we conducted feedback surveys, in which 30% of all our young people completed them. They were conducted via Microsoft forms, and our young people were encouraged to complete them on their personal devices where appropriate and also supported to complete the surveys using tablets provided by Sports Alive.

We used slightly different wordings for different age groups. For example, Junior Groups (7-11year olds) questions focused more on the direct impact of Sports Alive activities on happiness, health, and social connections whilst Senior Groups (12-18-year-olds) questions included additional questions about awareness of risks, positive choices, motivation, community involvement, and volunteering activities. Here are some of the results.

SPORTS ALIVE NORTH WEST TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

Juniors Survey Data: 7 to 11 years olds were asked:

How often do you attend Sports Alive Activities?

(87%) Attended Sports Alive activities once a week.

Impact on Happiness: Do you feel happier after attending Sports Alive activities?

Majority (96%). Said they felt happier.

How often do you participate in sporting activities every week?

(60%) participated at least once a week

Perceived Health: scale used from 3 to 10

(75%) rating their health between 8 and 10.

Impact on Health

Majority (96%) feel healthier after attending Sports Alive activities.

Making New Friends

(88%) have made new friends through Sports Alive.

How often do you see your new Friends?

(85%) see their friends from Sports Alive weekly or daily.

Do you know where to go if you need help or support?

(92%) Said Yes

8% answered "maybe".

Have you learned new skills since participating in Sports Alive activities?

(92%) said Yes

Do you feel your relationship with your family has improved?

(75%) said Yes

Senior Survey Data: 12 to 18 years olds were asked:

How often do you Attend Sports Alive Activities?

(67%) attend weekly.

Do you feel more positive since engaging with Sports Alive activities?

(100%).

Have you made New Friends since attending Sports Alive?

(66.67%) said Yes.

Do you know where to go for help and support?

(83.33%) Said Yes

Do you feel like your skills have improved since attending Sports Alive?

83.33%. said Yes

Has your relationship with family improved?

66.67% said Yes

Has your awareness of Risks increased since attending Sports Alive?

83.33% said Yes

Do you feel you have made more positive choices?

83.33%

Motivation and Community Involvement

66.67% feel somewhat motivated about their future,

33.33% feel more involved in their community, 33.33% participated in volunteering activities.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

Conclusion

We saw the expected differences between the age groups in some respects. We were pleased to see that our respondents felt happier after attending a Sports Alive activity and is a cause for hope in our mission to greater engage with the senior age groups.

There was a greater awareness of choices and awareness of risks with many respondents stating they are more aware of risks associated with harmful behaviours and have made more positive choices since engaging with Sports Alive.

There is an encouraging trend towards better motivation and community involvement with respondents generally feeling more motivated about their future and more involved in their community. It was encouraging to see some volunteer engagement in the older age group and we are keen to encourage more of this.

Overall, we are very happy with the high engagement in our activities and the positive impact we are having on happiness, health, social connections, and personal development.

FINANCIAL REVIEW

Total income for the year was £498,401 (2024: £364,663) of which £189,641 (2024: £148,024) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £423,361 (2024: £354,960), leaving a surplus for the year of £75,040 (2024: surplus £1,703).

At 31st March 2025 the charitable company's reserves stood at £349,414 (2024: £274,374) of which £94,247 (2024: £89,321) represented restricted funds.

RISK ASSESSMENT

The trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities, funding strands have become more competitive and reduced in availability. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

The organisation continues to seek support from larger funding grants to help increase sustainability planning and is in a review process around developing different areas of the organisations to attract different avenues of funding.

Sports Alive still sub-contract Peninsula to help support us with all legal matters such as policies and any HR are concerns or questions we may have. This service also has an element of staff support allowing them to gain free advice and counselling services.

Due to the increase of work load the organisation now employees an operations manager to ensure risk management is reviewed and that staff are employed and trained sufficiently.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year the unrestricted funds, totalled £255,167 less fixed assets of £48,542 leaving a balance of £206,625. The charitable company requires £17,090 for redundancy provision and £59,661 for three month's running costs, (total £76,751).

The trustees plan to use the balance of unrestricted reserves to find a new building in the near future. Sports Alive are continuing to look for this building as it must be in the correct location for our delivery and sit within the aims and objectives of the organisation, and the continuation to provide projects and activities.

PLANS FOR FUTURE

Sports Alive are continuing to make good progress with securing local grants and long-term funding. However, as per last year due to the demand on our services and the increase in need, we as an organisation will need to keep securing larger funding pots to help with the security of the organisation and its provision. Our CEO and Chief of Operations (COO) have produced a funding plan for 2025-26 meaning the organisation will have many small and big funding grants along with an increase in networking plans and expansion into other locations.

The organisation continues to seek for different sustainability models that can be used to help secure our work away from funding. We now have a plan endorsed by our trustees that will see the organisation spending funds on sustainability projects and items etc. This will happen over the next 3 years following a planning session mid next financial year.

With the expansion of our work in the Halton area the trustees will consider the possibility of a cheshire linked charity to support delivery in cheshire or have a stronger focus on the Liverpool City Region (LCR).

The organisation over the last 3 years has built on its volunteering programme and has seen the large impact that volunteers have on the organisation. The trustees have agreed to continue the volunteer programme and aim to increase volunteer numbers by another 25% in the year 2025-26. The volunteers will also be given several accredited training courses to help with employability and may be given the opportunity to take on paid employment with Sports Alive. In 2024 we seen two of our young volunteers become paid employees by the organisation. Part of this will see the introduction of Sports Alive very own "young leaders programme".

As demand increases on the services and Sports Alive continue to grow. The organisations management team will aim continue strengthening our frontline services and support staff members further. We intend to increase staff hours further to help with demand and increase positions in the organisation, whilst maintaining good quality services.

Due to the success of 2024 in local schools, we will continue to grow this work and increase services around one to one support for young people. These referrals come directly from local schools and strategic groups.

SPORTS ALIVE NORTH WEST TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

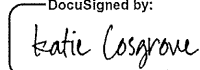
The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its Directors.

The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	K Cosgrove R Hudson E McCoy L McGinnes (Resigned 3 rd March 2025)
Independent Examiner	Ying Huang ACCA LCVS 151 Dale Street Liverpool L2 2AH
Bankers	TSB PLC P O Box 373 Leeds LS14 9GQ

Signed on behalf of the Board of Trustees

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K Cosgrove- Trustee

03 December 2025

Date:

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

By Order of the Board

DocuSigned by:

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K Cosgrove- Trustee

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: 03 December 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

Respective
responsibilities of
trustees and examiner

I report on the accounts of the charitable company for year ended 31st March 2025, which are set out on pages 11 to 26.

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's
statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

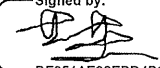
(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Ying Huang**

Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated: 10 December 2025

Signed by:

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SPORTS ALIVE NORTH WEST

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST MARCH 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Income and endowments from:					
Donations and legacies	3a	59,576	-	59,576	10,518
Charitable activities	3b	249,184	189,641	438,825	354,145
Total income		308,760	189,641	498,401	364,663
Expenditure on:					
Charitable activities	4	238,646	184,715	423,361	354,960
Total expenditure		238,646	184,715	423,361	354,960
Net income/ (expenditure), net movement in funds		70,114	4,926	75,040	1,703
Total funds brought forward	9,10	185,053	89,321	274,374	272,671
Total funds carried forward	8-10	255,167	94,247	349,414	274,374
		=====	=====	=====	=====

The notes on pages 13 to 26 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2025

Company Number 11093181

	Notes	31 st March 2025		31 st March 2024	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		123,863		130,605
Current assets					
Debtors	6	11,255		2,037	
Cash at bank and in hand		218,396		145,362	
		-----		-----	
		229,651		147,399	
Current liabilities					
Creditors: amounts falling due within one year	7	(4,100)		(3,630)	
		-----		-----	
Net current assets			225,551		143,769
			-----		-----
Total assets less current liabilities			349,414		274,374
			=====		=====
Funds:					
Unrestricted funds	8, 9		255,167		185,053
Restricted funds	8,10		94,247		89,321
			-----		-----
			349,414		274,374
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

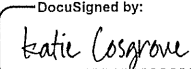
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on 03 December 2025, and signed on their behalf by:

DocuSigned by:

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K Cosgrove- Trustee

Date: 03 December 2025

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company has adequate reserves to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Fixtures and Fittings	33.33% per annum straight line basis
Leasehold improvements	25 years as the length of the lease
Motor Vehicle	10% per annum straight line basis

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
a. Donations and legacies				
Donations	3,489	-	3,489	9,818
General grants	56,087	-	56,087	700
	-----	-----	-----	-----
	59,576	-	59,576	10,518
	=====	=====	=====	=====

Income from donations and legacies in 2024 related wholly to unrestricted funds.

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025**

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
b. Charitable activities				
Barclays Community Fund	-	1,000	1,000	-
Cobalt Community Fund	-	-	-	250
Communities Together Grant	-	2,500	2,500	-
Contract and sales income	210,492	-	210,492	206,121
David Lewis Association	-	1,400	1,400	-
Duchy of Lancaster Benevolent Fund	-	-	-	1,400
Duke of Edinburgh's Award	-	-	-	2,273
DWF Foundation	-	2,000	2,000	-
Eleanor Rathbone Charitable Trust	-	-	-	4,000
Gosling Foundation	-	10,000	10,000	-
Hemby Charitable Trust	-	2,000	2,000	-
John Moores Foundation	-	6,500	6,500	6,500
Knowsley Holiday, Activities and Food	-	-	-	16,760
Knowsley MBC Youth Community Fund	-	-	-	5,000
Knowsley Snap	-	2,350	2,350	-
LCVS Community Impact Fund	-	-	-	1,500
Liverpool City Council Norris Green Youth Grant	-	8,400	8,400	14,000
Liverpool City Council Winter Fuel	-	500	500	-
Local Neighbourhood Fund	-	6,356	6,356	3,617
Merseyside Energy Recovery Limited	-	3,000	3,000	2,000
Mpac	-	-	-	13,000
Mpac Eat to Meet	-	3,400	3,400	6,000
National Lottery Community Fund (Kirkby Youth)	-	19,048	19,048	-
National Lottery Community Fund	-	82,787	82,787	41,026
National Lottery Community Fund (Millon Hours Fund)	-	-	-	8,648
One Knowsley - Holiday Activities and Food	-	10,900	10,900	-
One Knowsley Snap	-	-	-	2,650
Onward Community Fund	-	2,000	2,000	-
Pitch hire	38,692	-	38,692	-
Sutton Croft Holiday, Activities and Food	-	23,000	23,000	7,000
Torus Foundation	-	-	-	500
West Derby Wastelands Charity	-	2,500	2,500	-
Youth Division Fund	-	-	-	3,900
	249,184	189,641	438,825	346,145

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Income from charitable activities in 2024 comprised £206,121 unrestricted funds and £140,024 restricted funds.

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2025 £	Total 2024 £
To provide recreation facilities for sports coaching, improve good health and well being	211,609	211,752	423,361	354,960
	=====	=====	=====	=====

a. Analysed as follows:

	2025 £	2024 £
<i>Direct charitable expenditure:</i>		
Staff salaries costs	91,762	67,502
Pension	1,859	1,011
Resources	8,011	10,267
Activities and trips	21,392	17,951
Sessional costs	55,566	28,208
Activities equipment	3,147	8,480
Equipment hire	-	26,150
Food	14,100	10,150
Room hire	7,650	6,060
Motor expenses	3,791	1,773
Travel expenses	944	482
Donation	450	-
Grant returned	2,658	-
DBS Fees	279	-
	-----	-----
	211,609	178,034
	-----	-----

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025**

	2025	2024
	£	£
<i>Support & Governance costs:</i>		
Staff salaries costs	126,859	115,665
Pension	2,774	2,494
Other staff costs	3,590	2,529
Staff training	1,159	2,208
Computer costs	2,391	1,575
Cleaning and waste disposal	3,830	4,884
Insurance	4,254	3,224
Internet, telephone and mobile phones	3,725	9,065
Advertising and promotion	1,220	450
Legal and professional	7,975	9,320
Printing, postage and stationery	1,661	481
Repairs and Maintenance	33,304	10,916
Web hosting	384	-
Utilities costs	5,999	5,262
Sundries	1,803	418
Subscriptions	872	-
Bank charges	18	20
HMRC fine	700	-
Pension charges	11	-
Loss on disposal of fixed assets	49	329
Payroll fees	650	634
Finance support	432	240
Accountancy fees	1,399	1,265
Depreciation charge	6,693	5,947
	211,752	176,926
Total expenditure on charitable activities	423,361	354,960
	=====	=====

£184,715 (2024: £154,095) of the above expenditure relates to restricted funding.

b. Staff Costs	2025	2024
	£	£
Gross salaries and wages	204,592	173,832
Social security costs	14,029	9,335
Pension Costs	4,633	3,505
	223,254	186,672
	=====	=====

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025****c. Particulars of employees:**

The average number of employees during the year 7.33 (2024: 7.83), and calculated on the basis of full-time equivalents, was as follows:

	2025	2024
Charitable activities	7.37	8.00
	=====	=====

No employee received emoluments of more than £60,000 during the year.

One trustee Ms L McGinnes was paid £33,000 under an employment contract, Ms L McGuinness is included in the above number of employees. Ms L McGinnes ceased to be a Trustee on the 3rd March 2025.

Mrs K Cosgrove a trustee was reimbursed £432 for the costs relating to accounts software Free agent.

5. Tangible fixed assets

	Fixtures and Fittings £	Leasehold Improvements £	Motor Vehicle £	Total £
Cost				
Balance at 1 st April 2024	4,666	129,511	8,000	142,177
Additions during the year	-	-	-	-
Disposal	(1,742)	(-)	(-)	(1,742)
	-----	-----	-----	-----
Balance at 31st March 2025	2,924	129,511	8,000	140,435
	-----	-----	-----	-----
Accumulated Depreciation				
Balance at 1 st April 2024	3,905	7,667	-	11,572
Charge for the year	712	5,181	800	6,693
Disposal	(1,693)	(-)	(-)	(1,693)
	-----	-----	-----	-----
Balance at 31st March 2025	2,924	12,848	800	16,572
	-----	-----	-----	-----
Net Book Value at 31st March 2025	-	116,663	7,200	123,863
	=====	=====	=====	=====
Net Book Value at 31 st March 2024	761	121,844	8,000	130,605
	=====	=====	=====	=====

6. Debtors

	2025 £	2024 £
Trade debtors	1,327	2,037
Prepayments	8,621	-
Other debtors	1,307	-
	-----	-----
	11,255	2,037
	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

7. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals	2,099	3,630
Other creditors	2,001	-
	-----	-----
	4,100	3,630
	=====	=====

8. Analysis of net assets between funds

2025	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	48,542	206,625	255,167
	-----	-----	-----
Restricted Funds			
Communities Together Grant	-	2,500	2,500
DWF Foundation	-	810	810
Football Foundation	75,321	-	75,321
Gosling Foundation	-	1,440	1,440
Merseyside Energy Recovery Limited	-	2,416	2,416
National Lottery Community Fund (Kirkby Youth)	-	10,350	10,350
West Derby Wastelands Charity	-	1,410	1,410
	-----	-----	-----
	75,321	18,926	94,247
	-----	-----	-----
Total Funds	123,863	225,551	349,414
	=====	=====	=====

2024	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	51,911	133,142	185,053
	-----	-----	-----
Restricted Funds			
Duchy of Lancaster Benevolent Fund	-	1,400	1,400
Duke of Edinburgh's Award	-	5,658	5,658
Football Foundation	78,694	-	78,694
Knowsley Holiday, Activities and Food	-	226	226
Merseyside Energy Recovery Limited	-	824	824
Sutton Croft Holiday, Activities and Food	-	2,519	2,519
	-----	-----	-----
	78,694	12,627	89,321
	-----	-----	-----
Total Funds	130,605	143,769	274,374
	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

9. Unrestricted Funds

2025	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
General Fund	185,053 =====	308,760 =====	(238,646) =====	255,167 =====

2024	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
General Fund	170,012 =====	216,639 =====	(201,598) =====	185,053 =====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

10. Restricted Funds

2025	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
Barclays Community Fund	-	1,000	(1,000)	-
Communities Together Grant	-	2,500	(-)	2,500
David Lewis Association	-	1,400	(1,400)	-
Duchy of Lancaster Benevolent Fund	1,400	-	(1,400)	-
Duke of Edinburgh's Award	5,658	-	(5,648)	-
DWF Foundation	-	2,000	(1,190)	810
Football Foundation	78,694	-	(3,373)	75,321
Gosling Foundation	-	10,000	(8,560)	1,440
Hemby Charitable Trust	-	2,000	(2,000)	-
John Moores Foundation	-	6,500	(6,500)	-
Knowsley Holiday, Activities and Food	226	-	(226)	-
Knowsley Snap	-	2,350	(2,350)	-
Liverpool City Council Norris Green Youth Grant	-	8,400	(8,400)	-
Liverpool City Council Winter Fuel	-	500	(500)	-
Local Neighbourhood Fund	-	6,356	(6,356)	-
Merseyside Energy Recovery Limited	824	3,000	(1,408)	2,416
Mpac Eat to Meet	-	3,400	(3,400)	-
National Lottery Community Fund (Kirkby Youth)	-	19,048	(8,698)	10,350
National Lottery Community Fund	-	82,787	(82,787)	-
One Knowsley - Holiday Activities and Food	-	10,900	(10,900)	-
Onward Community Fund	-	2,000	(2,000)	-
Sutton Croft Holiday, Activities and Food	2,519	23,000	(25,519)	-
West Derby Wastelands Charity	-	2,500	(1,090)	1,410
	89,321	189,641	(184,715)	94,247
	=====	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

2024	Movements in the year			
	Reserves	Income	Expenditure	Reserves
	at beginning of year £	£	£	at end of year £
23 Foundation	550	-	(550)	-
Children in Need	487	-	(487)	-
Cobalt Community Fund	3,000	250	(3,250)	-
Duchy of Lancaster	-	1,400	(-)	1,400
Benevolent Fund	6,827	2,273	(3,442)	5,658
Duke of Edinburgh's Award	-	4,000	(4,000)	-
Eleanor Rathbone Charitable Trust	82,067	-	(3,373)	78,694
Football Foundation	-	6,500	(6,500)	-
John Moores Foundation	-	16,760	(16,534)	226
Knowsley Holiday, Activities and Food	-	5,000	(5,000)	-
Knowsley MBC Youth Community Fund	2,400	1,500	(3,900)	-
LCVS Community Impact Fund	-	14,000	(14,000)	-
Liverpool City Council Norris Green Youth Grant	-	3,617	(3,617)	-
Local Neighbourhood Fund	-	2,000	(1,176)	824
Merseyside Energy Recovery	2,200	13,000	(15,200)	-
Mpac	-	6,000	(6,000)	-
Mpac Eat to Meet	-	41,026	(41,026)	-
National Lottery Community Fund	-	8,648	(8,648)	-
National Lottery Community Fund (Millon Hours Fund)	2,063	-	(2,063)	-
One Knowsley - Holiday Activities and Food	1,350	2,650	(4,000)	-
One Knowsley Snap	1,715	-	(1,715)	-
Onward Community Fund	-	7,000	(4,481)	2,519
Sutton Croft Holiday, Activities and Food	-	500	(500)	-
Torus Foundation	-	3,900	(3,900)	-
Youth Division Fund				
	102,659	140,024	(153,362)	89,321

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes.

23 Foundation – Contribution towards sports projects for young people in the Everton area and to engage them in physical activities keeping contact with local communities and in previous year towards Sports Equipment.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Barclays Community Fund - Supported volunteer engagement and development, enhancing our capacity to deliver services through trained and committed volunteers.

Children in Need – Contribution for youth provision and staffing for Everton Junior club.

Cobalt Community Fund – Contribution towards the 'Sports and Healthy Eating Project'

Communities Together Grant - Funded the *Triple T Project* in Everton, which focuses on targeted youth engagement and personal development.

David Lewis Association - Provided an outward-bound grant to support a residential trip for 25 young people, offering experiential learning and personal growth opportunities.

Duchy of Lancaster Benevolent Fund – Contribution towards the support on our junior and senior project in Everton.

Duke of Edinburgh's Award - Contribution towards youth activities

DWF Foundation - Supported youth sessions in Everton, helping to maintain consistent programming and outreach in the area.

Eleanor Rathbone Charitable Trust – Contribution towards sports and wellbeing activities for girls in Everton and Tuebrook.

Football Foundation – Contribution towards refurbishment of two existing football pitches at Adlam Park Sports Pavilion.

Gosling Foundation - Also funded the continuation of youth and play sessions for children aged 7–13 in Northwood, Kirkby, over a two-year period.

Hemby Charitable Trust - to support food, equipment and rent costs for our Tuebrook sessions once a week for six months.

John Moores Foundation - Contributed towards the salary of our Social Prescriber over a three-year period, enabling sustained support for individuals navigating health and social care systems.

Knowsley Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people

Knowsley MBC Youth Community Fund - Contribution towards 6 months for our Kirkby Junior Project.

Knowsley Snap - Funded similar holiday activities and food provision for young people in the Knowsley area, promoting wellbeing and community engagement.

LCVS Community Impact Fund - – To support on our Tuebrook Junior project with staffing and resources.

Liverpool City Council Norris Green Youth Grant – Contribution towards to support outreach sessions for young people within the Norris Green.

Liverpool City Council Winter Fuel - Funded outreach sessions for young people in Norris Green, as well as winter fuel costs to support during colder months. Additional funding was provided for youth sessions in local parks during the summer holidays.

Local Neighbourhood Fund – Contribution to sport sessions and young people healthy food

Merseyside Energy Recovery Limited - Contribution towards 12 months for our Kirkby Junior Project.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

Mpac – Contribution towards half-terms and summer holidays for activities and food for young people in the Liverpool area.

Mpac Eat to Meet – Contribution towards half term food for young people

National Lottery Community Fund (Kirkby Youth) - Supported the continuation of youth and play sessions for children aged 7–13 in Northwood, Kirkby. This funding spans a two-year period and helps maintain consistent engagement and development opportunities for local young people.

National Lottery Community Fund – Contribution towards 'access without limits' project.

National Lottery Community Fund (Millon Hours Fund) - Contribution towards staff salary and resources

One Knowsley - Holiday Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

One Knowsley Snap - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

Onward Community Fund - Contribution towards supporting food resilience in communities during a challenging economic period.

Sutton Croft Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people.

Torus Foundation – Contribution towards to support with food resources in our Everton Junior project.

West Derby Wastelands Charity - Provided funding for youth provision in Tuebrook, enabling targeted support and activities for local young people.

Youth Division Fund - Contribution towards a summer programme based in Kirkby for children and young people, who reside in and around the surrounding areas.

11. Lease Commitments

The charitable company is currently under negotiations with Liverpool City Council regarding a new lease agreement or acquiring the building.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2025 (2024: none).

13. Related Party Transactions

Mrs K Cosgrove a trustee was reimbursed £432 for the costs relating to accounts software Freeagent during the year (2024: £240). Ms L McGinnes, also a trustee, is also an employee of the charity (holding the position of Deputy CEO) received total gross remuneration and employee benefits (including pension contributions and employer's National Insurance contributions) of £33,000 in the reporting period for services provided under an employment contract. Ms L McGinnes ceased to be a Trustee on the 3rd March 2025.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

14. Guarantees

As at 31st March 2025, 4 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £40. (2024: 4 members £40)

15. Post Balance Sheet even

A company car was leased in April 2025 for one employee as a staff benefit.

Accounts

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2024**

**Company Number: 11093181
Charity Number: 1179409**

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SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The trustees are pleased to present their report for the year ended 31st March 2024.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

Sports Alive North West has been recognised locally and nationally since 2010 as a leading provider of a variety of quality programmes for young people across Liverpool. As an organisation we continually strive to offer children and young people a service that reflects their interests and needs, enabling us to build positive relationships and strong foundations for long term community engagement. We offer services that meet their needs and are flexible and responsive in developing services that are unique and lead the way, both in terms of direct engagement and advocacy.

Our offer was developed as part of a consultation process but can and does include delivery and support of local and citywide Youth Clubs, Youth Projects, 1 to 1 work, Detached Projects, Outreach Project, Sports Programmes and Activity Sessions. These programmes are developed with the community, for the community and each programme is designed specifically to meet the interests and needs of those we wish to engage.

In August 2018 Sports Alive were awarded Charity status (charity number 1179409). The intention is for Sports Alive services to help young people achieve a strong sense of belonging through;

- Supportive relationships Young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility, and manage pressures. All parts of society will promote this by:
- Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust;
- Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk

Strong ambitions- Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to:

- Succeed in learning and work understanding the value of education and committed to developing their skills for employment
- Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk; and
- Be active in society - taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

The work Sports Alive undertakes can be broken into three interlinking areas. Youth Work, 1 to 1 support and Sports Programmes. Sports Alive work with young people in various ways - Centre Based Youth Work Sports Alive offers various open access centre-based activities in a variety of settings across Merseyside. We can give young people a safe environment to socialise, develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationships which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget, job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a keyway of engaging young people, and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 8-12 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with Junior age range as it helps us to get to know the children from when they are young and in doing this, we are able to get to know the children and families and develop long term relationships. This is so important to working in an area long term. The senior age range we work with is age 12-24. Detached Youth Work including Street Sports & Games Team In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we are able to get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

ACHIEVEMENTS AND PERFORMANCE

During the year the organisation has performed outstandingly. To start we secured our very first independent National Lottery Funding bid. This grant will see over £280,000 come into the organisation over a period of 3 years. The fund will allow us to secure two and a half worker posts whilst introducing our new social prescriber role for young people into not only the organisation but also the first in the city of its kind. As the grant has also supported backroom costs it allowed us to concentrate more on our sustainability model and security.

The organisation secured several other smaller grants helping to see an increase in not only turnover but most importantly delivery of services. Some of these grants included various Holiday, Activities and Food (HAF) programmes, Duke of Edinburgh continuation funding, National Lottery Million hours fund and John Moores Foundation etc. The Steve Morgan Foundation also granted us a new Minibus meaning the organisation now has the flexibility to increase activities and save a large amount of funds on not needing to hire coach services. This Bus officially arrived in April 2024.

All centre-based sessions have continued to grow showing an increase in demand on services. Having access to our own local young person social prescriber has opened many doors for young people offering them many alternatives.

The organisation's structure continues to grow and strengthens our drive to increasing delivery further. We have seen more positive feedback from local supporters, councillors, funders and police etc.

As for buildings we continue to expand some services to new times and locations. Our new 3G football pitches have increased in usage leading to more income and security/sustainability for services.

2023-24 continued to see an extensive training programme with both volunteers and Staff members. These courses included Level 2 and 3 youth work courses, health and safety, first aid, safeguarding (variety of courses), Sexual Health training, Detached training, exploitation, funding training, leadership courses, IT Training, Data collection and many more qualifications. This helps embed our newer staff team into the organisation and improve quality of services further. This is all in line with our adjusting plan to build the organisation and prepare staff for any challenge.

Below is just some statistics from our achievements this year and further detail can be found in our annual report upon direct request:

Our work is focused on helping young people make positive choices for themselves and in the place they live in. We evidence our work and their progress by paying attention to the following outcomes:

- Increased positivity & happiness in the young people who we work with.
- Young people make friends & build wider social connections
- Young people have a better understanding of support and where to get help
- Young people increase their personal and interpersonal skills through peer support/mentoring opportunities.
- More young people reporting improved homelives and family relationships.
- Local residents report feeling safer as a result of detached work.
- Greater use of community facilities for youth work and engagement.
- Increased use of community facilities by local residents e.g., park areas following reduced gangs' activity in area.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

- Young people feel greater pride in their neighbourhoods
- Young people have increased understanding of harmful/risk-taking behaviours, and we receive more reports of positive choices being made.
- Young people have improved physical health through engagement in sports activities.
- Young people have a more positive outlook
- Increased attendance in School
- Increased civic involvement through peer mentoring and volunteering opportunities

Over the last year we have supported:

- 2,500 young people
- 55% of young people worked with identified as Female
- 22% of young people worked with identified themselves as Mixed, Black, Asian, or from other ethnic backgrounds.
- 30% of young people worked with are of primary school age
- 20% of the young people we worked with told us they had a disability

Through our work we know:

- 55% of young people worked with say they feel happier and more positive about life.
- 68% of young people worked with say they have had more opportunities to do different things.
- 65% of young people worked with say they have more friends and have met different people.
- 45% of young people worked with say they felt more confident about getting help.

FINANCIAL REVIEW

Total income for the year was £364,663 (2023: £392,932) of which £148,024 (2023: £199,743) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £354,960 (2023: £311,942), leaving a surplus for the year of £1,703 (2023: surplus £80,990).

At 31st March 2023 the charitable company's reserves stood at £274,374 (2023: £272,671) of which £97,321 (2023: £102,659) represented restricted funds.

RISK ASSESSMENT

The trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities, funding strands have become more competitive and reduced in availability.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

We sub-contract Peninsula to help support us with all legal matters such as policies and any HR are concerns or questions we may have. This service also has an element of staff support allowing them to gain free advice and counselling services.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at a level to cover redundancy provision and three months' running costs should no further funding be received.

As at the end of the financial year the unrestricted funds, totalled £185,053 less fixed assets of £51,911 leaving a balance of £133,142. The charitable company requires £11,839 for redundancy provision and £52,400 for three month's running costs, (total £64,239).

The trustees plan to use the balance of unrestricted reserves to find a new building in the near future. Sports Alive are continuing to look for this building as it must be in the correct location for our delivery and sit within the aims and objectives of the organisation.

PLANS FOR FUTURE

Sports Alive are continuing to make good progress with securing local grants and long-term funding. However, as per last year due to the demand on our services and the increase in need, we as an organisation will need to keep securing larger funding pots to help with the security of the organisation and its provision. Our CEO and DCEO have produced a funding plan for 2024-25 meaning the organisation will have many small and big funding grants along with an increase in networking plans.

The organisation continues to seek for different sustainability models that can be used to help secure our work away from funding. We aim that by March 2025 we will have a new plan in place endorsed by the trustees that will see the organisation spending funds on sustainability projects and items etc.

We will also be applying to the new Liverpool City Council youth grant funding to hopefully secure funding for approximately a further 3 – 5 years. This funding application will be completed by September 2024, and we will know a result soon after.

The organisation over the last 2 years has built on its volunteering programme and has seen the large impact that volunteers have on the organisation. The trustees have agreed to continue the volunteer programme and aim to increase volunteer numbers by 25% in the year 2024-25. The volunteers will also be given several accredited training courses to help with employability and may be given the opportunity to take on paid employment with Sports alive.

As demand increase on the services and Sports Alive continue to grow. The organisations management team will restructure in 2024-25 leading to the opening of a new operations manager post that will aim to strengthen our frontline services and support staff members further. We also intend to increase some staff hours to help with demand whilst maintaining good quality services.

A full schools plan will be put in place by the management team to show case the support we can provide to schools whilst helping raise funds as part of the sustainability plan.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2024

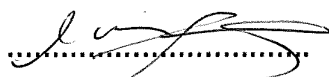
The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its Directors.

The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff.

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	S Corrigan (Resigned 2 nd October 2023) K Cosgrove R Hudson E McCoy (Appointed 2 nd October 2023) L McGinnes
Independent Examiner	Ying Huang ACCA LCVS 151 Dale Street Liverpool L2 2AH
Bankers	TSB P O Box 373 Leeds LS14 9GQ

Signed on behalf of the Board of Trustees


.....
L McGinnes - Trustee

Date: 28/10/24
.....

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

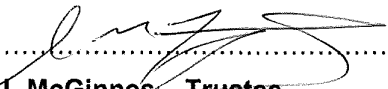
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

By Order of the Board


.....
L McGinnes—Trustee

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: ..28/10/24.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

I report on the accounts of the charitable company for year ended 31st March 2024, which are set out on pages 10 to 24.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Ying Huang**

Relevant professional qualification or body: **ACCA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated: 29/10/2024.



SPORTS ALIVE NORTH WEST
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2024

	Notes	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
Income and endowments from:		£	£	£	£
Donations and legacies	3a	10,518	-	10,518	1,553
Charitable activities	3b	206,121	140,024	354,145	391,379
Total income		216,639	140,024	364,663	392,932
Expenditure on:					
Charitable activities	4	201,598	153,362	354,960	311,942
Total expenditure		201,598	153,362	354,960	311,942
Net income/ (expenditure), net movement in funds		15,041	(13,338)	1,703	80,990
Total funds brought forward	9,10	170,012	102,659	272,671	191,681
Total funds carried forward	8-10	185,053	89,321	274,374	272,671
		=====	=====	=====	=====

The notes on pages 12 to 24 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2024

Company Number 11093181

	Notes	31 st March 2024		31 st March 2023	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		130,605		112,772
Current assets					
Debtors	6	2,037		17,559	
Cash at bank and in hand		145,362		144,139	
		-----		-----	
		147,399		161,698	
Current liabilities					
Creditors: amounts falling due within one year	7	(3,630)		(1,799)	
		-----		-----	
Net current assets			143,769		159,899
			-----		-----
Total assets less current liabilities			274,374		272,671
			=====		=====
Funds:					
Unrestricted funds	8, 9		185,053		170,012
Restricted funds	8,10		89,321		102,659
			-----		-----
			274,374		272,671
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on 28/10/24....., and signed on their behalf by:



L McGinnes - Trustee

Date: 28.10.24

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company has adequate reserves to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Fixtures and Fittings	33.33% per annum straight line basis
Leasehold improvements	25 years
Motor Vehicle	10% per annum straight line basis

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
a. Donations and legacies				
Donations	9,818	-	9,818	1,553
General grants	700	-	700	-
	-----	-----	-----	-----
	10,518	-	10,518	1,553
	=====	=====	=====	=====

Income from donations and legacies in 2023 related wholly to unrestricted funds.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
b. Charitable activities				
23 Foundation	-	-	-	2,500
Children in Need	-	-	-	9,783
Cobalt Community Fund	-	250	250	3,000
Contract and sales income	189,805	-	206,121	184,903
Duchy of Lancaster Benevolent Fund	-	1,400	1,400	-
Duke of Edinburgh's Award	-	2,273	2,273	7,169
Eleanor Rathbone Charitable Trust	-	4,000	4,000	-
Football Foundation	-	-	-	84,315
High Sheriffs Trust	-	-	-	2,500
John Moores Foundation	-	6,500	6,500	-
Knowsley Holiday, Activities and Food	-	16,760	16,760	-
Knowsley MBC Youth Community Fund	-	5,000	5,000	-
LCVS Community Impact Fund	-	1,500	1,500	2,400
LCVS Holidays Activity and Food	-	-	-	7,550
Liverpool City Council Norris Green Youth Grant	-	14,000	14,000	-
Local Neighbourhood Fund	-	3,617	3,617	-
Merseyside Energy Recovery Limited	-	2,000	2,000	-
Mpac	-	13,000	13,000	23,532
Mpac Eat to Meet	-	6,000	6,000	-
National Lottery Community Fund	-	41,026	41,026	-
National Lottery Community Fund (Millon Hours Fund)	-	8,648	8,648	-
One Knowsley	-	-	-	1,500
One Knowsley - Holiday Activities and Food	-	-	-	21,634
One Knowsley Snap	-	2,650	2,650	2,350
Onward Community Fund	-	-	-	1,915
Pitch hire	-	-	-	6,031
Postcode Lottery	-	-	-	24,975
Room hire	16,316	-	-	702
Sutton Croft Holiday, Activities and Food	-	7,000	7,000	-
Torus Foundation	-	500	500	-
Youth Division Fund	-	3,900	3,900	4,620
	206,121	140,024	346,145	391,379
	=====	=====	=====	=====

Income from charitable activities in 2023 comprised £191,636 unrestricted funds and £199,743 restricted funds.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2024 £	Total 2023 £
To provide recreation facilities for sports coaching, improve good health and well being	178,034	176,926	354,960	311,942
	=====	=====	=====	=====

a. Analysed as follows:

	2024 £	2023 £
<i>Direct charitable expenditure:</i>		
Staff salaries costs	67,502	65,912
Pension	1,011	810
Resources	10,267	25,070
Activities and trips	17,951	3,712
Sessional costs	28,208	39,715
Activities equipment	8,480	2,613
Equipment hire	26,150	21,112
Food	10,150	-
Food for van	-	644
Rent	6,060	11,862
Motor expenses	1,773	-
Travel expenses	482	716
DBS Fees	-	3,262
	-----	-----
	178,034	175,428
	-----	-----

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

	2024	2023
	£	£
<i>Support & Governance costs:</i>		
Staff salaries costs	115,665	91,481
Pension	2,494	1,896
Other staff costs	2,529	1,717
Staff training	2,208	4,100
Computer costs	1,575	3,492
Cleaning	4,884	3,622
Insurance	3,224	4,934
Internet, telephone and mobile phones	9,065	2,472
Advertising and promotion	450	-
Legal and professional	9,320	-
Printing, postage and stationery	481	1,653
Repairs and Maintenance	10,916	4,755
Utilities costs	5,262	2,859
Sundries	418	4,640
Subscriptions	-	377
Bank charges	20	648
Bad debts written off	-	165
Loss on disposal of fixed assets	329	-
Payroll fees	634	507
Finance support	240	910
Accountancy fees	1,265	1,200
Depreciation charge	5,947	5,086
	176,926	136,514
	=====	=====
Total expenditure on charitable activities	354,960	311,942
	=====	=====

£154,095 (2023: £124,332) of the above expenditure relates to restricted funding.

b. Staff Costs	2024	2023
	£	£
Gross salaries and wages	173,832	149,959
Social security costs	9,335	7,414
Pension Costs	3,505	2,726
	186,672	160,099
	=====	=====

c. Particulars of employees:

The average number of employees during the year 7.83 (2023: 7.42), and calculated on the basis of full-time equivalents, was as follows:

	2024	2023
	8	7
Charitable activities	=====	=====

No employee received emoluments of more than £60,000 during the year.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

One trustee L McGinnes is part of the remunerated for their services and is included in the above number of employees.

Katie Cosgrove a trustee was reimbursed £ 240 for the costs relating to accounts software Freeagent.

5. Tangible fixed assets

	Fixtures and Fittings	Leasehold Improvements	Motor Vehicle	Total
Cost	£	£	£	£
Balance at 1 st April 2023	6,186	113,402	-	119,588
Additions during the year	-	16,109	8,000	24,109
Disposal	(1,520)	(-)	(-)	(1,520)
Balance at 31st March 2024	4,666	129,511	8,000	142,177
Accumulated Depreciation				
Balance at 1 st April 2023	3,792	3,024	-	6,816
Charge for the year	1,304	4,643	-	5,947
	(1,191)	(-)	(-)	(1,191)
Balance at 31st March 2024	3,905	7,667	-	11,572
Net Book Value at 31st March 2024	761	121,844	8,000	130,605
Net Book Value at 31 st March 2023	2,394	110,378	-	112,772

6. Debtors

	2024	2023
	£	£
Trade debtors	2,037	17,559

7. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals	3,630	1,799

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

8. Analysis of net assets between funds

2024	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	51,911	133,142	185,053
	-----	-----	-----
Restricted Funds			
Duchy of Lancaster Benevolent Fund	-	1,400	1,400
Duke of Edinburgh's Award	-	5,658	5,658
Football Foundation	78,694	-	78,694
Knowsley Holiday, Activities and Food	-	226	226
Merseyside Energy Recovery Limited	-	824	824
Sutton Croft Holiday, Activities and Food	-	2,519	2,519
	-----	-----	-----
	78,694	12,627	89,321
	-----	-----	-----
Total Funds	130,605	143,769	274,374
	=====	=====	=====

2023	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	30,218	139,794	170,012
	-----	-----	-----
Restricted Funds			
23 Foundation	-	550	550
Children in Need	487	-	487
Cobalt Community Fund	-	3,000	3,000
Duke of Edinburgh's Award	-	6,827	6,827
Football Foundation	82,067	-	82,067
Knowsley Snap	-	1,350	1,350
LCVS Community Impact Fund	-	2,400	2,400
Mpac	-	2,200	2,200
One Knowsley - Holiday Activities and Food	-	2,063	2,063
Onward Community Fund	-	1,715	1,715
	-----	-----	-----
	82,554	20,105	102,659
	-----	-----	-----
Total Funds	112,772	159,899	272,671
	=====	=====	=====

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

9. Unrestricted Funds

		Movements in the year		
	Reserves at beginning of year	Income	Expenditure	Reserves at end of year
	£	£	£	£
2024				
General Fund	170,012	216,639	(201,598)	185,053
	=====	=====	=====	=====
	Reserves at beginning of year	Income	Expenditure	Reserves at end of year
	£	£	£	£
2023				
General Fund	164,741	193,189	(187,918)	170,012
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

10. Restricted Funds

2024	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
23 Foundation	550	-	(550)	-
Children in Need	487	-	(487)	-
Cobalt Community Fund	3,000	250	(3,250)	-
Duchy of Lancaster Benevolent Fund	-	1,400	(-)	1,400
Duke of Edinburgh's Award	6,827	2,273	(3,442)	5,658
Eleanor Rathbone Charitable Trust	-	4,000	(4,000)	-
Football Foundation	82,067	-	(3,373)	78,694
John Moores Foundation	-	6,500	(6,500)	-
Knowsley Holiday, Activities and Food	-	16,760	(16,534)	226
Knowsley MBC Youth Community Fund	-	5,000	(5,000)	-
LCVS Community Impact Fund	2,400	1,500	(3,900)	-
Liverpool City Council Norris Green Youth Grant	-	14,000	(14,000)	-
Local Neighbourhood Fund	-	3,617	(3,617)	-
Merseyside Energy Recovery	-	2,000	(1,176)	824
Mpac	2,200	13,000	(15,200)	-
Mpac Eat to Meet	-	6,000	(6,000)	-
National Lottery Community Fund	-	41,026	(41,026)	-
National Lottery Community Fund (Millon Hours Fund)	-	8,648	(8,648)	-
One Knowsley - Holiday Activities and Food	2,063	-	(2,063)	-
One Knowsley Snap	1,350	2,650	(4,000)	-
Onward Community Fund	1,715	-	(1,715)	-
Sutton Croft Holiday, Activities and Food	-	7,000	(4,481)	2,519
Torus Foundation	-	500	(500)	-
Youth Division Fund	-	3,900	(3,900)	-
	102,659	140,024	(153,362)	89,321

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

2023	Reserves at beginning of year	Movements in the year		Reserves at end of year
		Income	Expenditure	
	£	£	£	£
23 Foundation	-	2,500	(1,950)	550
Big Local Trust	2,357	-	(2,357)	-
Children in Need	10,208	9,783	(19,504)	487
Cobalt Community Fund	1,088	3,000	(1,088)	3,000
Duke of Edinburgh's Award	-	7,169	(342)	6,827
Football Foundation	-	84,315	(2,248)	82,067
High Sheriffs Trust	-	2,500	(2,500)	-
Knowsley Snap	-	2,350	(1,000)	1,350
LCVS Community Impact Fund	-	2,400	(-)	2,400
LCVS Holidays Activity and Food	-	7,550	(7,550)	-
Mayors Inclusive Growth Fund	1,416	-	(1,416)	-
Mayoral Neighbourhood Fund	10,000	-	(10,000)	-
Mpac	-	23,532	(21,332)	2,200
One Knowsley	-	1,500	(1,500)	-
One Knowsley - Holiday Activities and Food	764	21,634	(20,335)	2,063
Onward Community Fund	-	1,915	(200)	1,715
Postcode Lottery	-	24,975	(24,975)	-
Youth Division Fund	-	4,620	(4,620)	-
VRP Sports, Arts & Culture	1,107	-	(1,107)	-
	26,940	199,743	(124,024)	102,659
	=====	=====	=====	=====

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes.

23 Foundation – Contribution towards sports projects for young people in the Everton area and to engage them in physical activities keeping contact with local communities and in previous year towards Sports Equipment.

Big Local Trust – Contribution towards Northwood Junior Club

Children in Need – Contribution for youth provision and staffing for Everton Junior club.

Cobalt Community Fund – Contribution towards the 'Sports and Healthy Eating Project'

Duchy of Lancaster Benevolent Fund – Contribution towards to the support on our junior and senior project in Everton.

Duke of Edinburgh's Award - Contribution towards youth activities

Eleanor Rathbone Charitable Trust – Contribution towards sports and wellbeing activities for girls in Everton and Tuebrook.

Football Foundation – Contribution towards refurbishment of two existing football pitches at Adlam Park Sports Pavilion.

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

High Sheriffs Trust - – Contribution towards indoor activities during the winter months allowing for enrichment and education in a safe warm environment.

John Moores Foundation - Contribution towards our Social prescriber salary for 3 years.

Knowsley Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people

Knowsley MBC Youth Community Fund - Contribution towards 6 months for our Kirkby Junior Project.

Knowsley Snap - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

LCVS Community Impact Fund - – To support on our Tuebrook Junior project with staffing and resources.

LCVS Holidays Activity and Food – Contribution towards Activities & Food.

Liverpool City Council Norris Green Youth Grant – Contribution towards to support outreach sessions for young people within the Norris Green.

Local Neighbourhood Fund – Contribution to sport sessions and young people healthy food

Mayors Inclusive Growth Fund – Contribution towards raising awareness of hate crime with young people.

Mayoral Neighbourhood Fund – Contribution towards the 'Sports and Healthy Eating Project'

Mpac – Contribution towards half-terms and summer holidays for activities and food for young people in the Liverpool area.

Mpac Eat to Meet – Contribution towards half term food for young people

Merseyside Energy Recovery Limited - Contribution towards 12 months for our Kirkby Junior Project.

National Lottery Community Fund – Contribution towards 'access without limits' project.

National Lottery Community Fund (Millon Hours Fund) - Contribution towards staff salary and resources

One Knowsley – Contribution towards Kirkby Young Persons Programme

One Knowsley - Holiday Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

One Knowsley Snap - Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

Onward Community Fund - Contribution towards supporting food resilience in communities during a challenging economic period.

Postcode Lottery – Contribution towards staff salaries cost.

Sutton Croft Holiday, Activities and Food - Contribution towards half-terms and summer holidays for activities and food for young people.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

Torus Foundation – Contribution towards to support with food resources in our Everton Junior project.

Youth Division Fund - Contribution towards a summer programme based in Kirkby for children and young people, who reside in and around the surrounding areas.

VRP Sports, Arts & Culture – Contribution towards delivering sports, arts and culture sessions to vulnerable young people from the local community

11. Lease Commitments

The charitable company is currently under negotiations with Liverpool City Council regarding a new lease agreement or acquiring the building.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2024 (2023: none).

13. Related Party Transactions

Katie Cosgrove a trustee was reimbursed £ 240 for the costs relating to accounts software Freeagent during the year which require disclosure (2023: none).

14. Guarantees

As at 31st March 2024, 4 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £40. (2023: 4 members £40)

Accounts

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2023**

**Company Number: 11093181
Charity Number: 1179409**

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SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

The trustees are pleased to present their report for the year ended 31st March 2023.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

The intention for Sports Alive services to help young people achieve a strong sense of belonging through;

- Supportive relationships Young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility, and manage pressures. All parts of society will promote this by:
- Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust;
- Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk

Strong ambitions- Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to:

- Succeed in learning and work understanding the value of education and committed to developing their skills for employment
- Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk; and
- Be active in society - taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

The work Sports Alive undertakes can be broken into three interlinking areas. Youth Work, 1 to 1 support and Sports Programmes. Sports Alive work with young people in various ways - Centre Based Youth Work Sports Alive offers various open access centre-based activities in a variety of settings across Liverpool. We are able to give young people a safe environment to socialise and to develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationships which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues. We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget, job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a keyway of engaging young people and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 8-12 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with Junior age range as it helps us to get to know the children from when they are young in doing this we are able to get to know the children and families and develop long term relationships. This is so important to working in an area long term. The senior age range we work with is age 12-24. Detached Youth Work including Street Sports & Games Team In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we are able to get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

The main achievements have been the continued broadening of our provision across more areas of Liverpool and Knowsley allowing us to help improve more areas and give young people more support and opportunities to keep on track. By doing this, it has allowed us to build more relationships with not only the community but also local partners such as community centres etc. Sports Alive run a number of small fundays over the summer and also one large event giving parents the opportunity to engage as a family and help build our communities. All of this has been supported financially by local councillors, housing trusts, national funders and other local streams.

This year seen the completion of our two new 3G football pitched at our office Adlam park. These pitches will not only help us support the community and achieve our goal of improving lives, but it will also act as a sustainable model to contribute to the activities we currently run by renting the space. In October we moved into a new location in Tuebrook to help expand our work and give young people more locations/activities.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

Our detached services have continued to run alongside all our centres supporting the teams and running small, targeted group work sessions.

2022-23 seen an extensive training programme with both volunteers and Staff members. These courses included Level 2 and 3 youth work courses, health and safety, first aid, safe guarding (variety of courses), Sexual Health training, Detached training, exploitation, funding training, leadership courses and many more qualifications. This is all in line with our adjusting plan to build the organisation and prepare staff for any challenge.

FINANCIAL REVIEW

Total income for the year was £392,932 (2022: £296,053) of which £199,743 (2022: £121,538) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £311,942 (2022: £271,009), leaving a surplus for the year of £80,990 (2022: surplus £25,044).

At 31st March 2023 the charitable company's reserves stood at £272,671 (2022: £191,681) of which £102,659 (2022: £26,940) represented restricted funds.

RISK ASSESSMENT

The trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities, funding strands have become more competitive and reduced in availability.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

We sub-contract Peninsula to help support us with all legal matters such as policies and any HR are concerns or questions we may have. This service also has an element of staff support allowing them to gain free advice and counselling services.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at equal to a month's staff cost, with the intention to grow to three months staff costs as the charity grows.

As at the end of the financial year the unrestricted funds totalled £170,012. The charitable company requires £6,935 for redundancy provision and £46,979 for three month's running costs, (total £53,914).

The Remainder of the unrestricted reserves continues to be held in preparation for the purchase of a new premise.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

PLANS FOR FUTURE

2023-24 we are working on packing a youth pod on a piece of land that we have secured within the Anfield ward. The Pod will allow us to have a base within the ward to not only provide group work and community sessions but to also run our 1 to 1 support services that we have increased.

A further big development in this year has been the acceptance of a 3 year grant from the National Lottery for our project VOSS which is run in partnership with Positive Futures and Walton Youth and Community Project. This grant support further delivery of group work, detached sessions and more 1 to 1 work within the Anfield, county, Tuebrook and Everton wards.

Sports Alive are making good progress with securing local grants and long term funding. However, due to demand we as an organisation we need to keep securing larger funding pots to help with the security of the organisation. Our CEO and Funding Co-Ordinator have produced a funding plan for 2023-24 allowing the organisation to apply for grants from organisations such as National Lottery, Henry Smith Foundation, Steve Morgan, Paul Hamlin and many more. We are currently half way through the decision process for the funding of a mini bus from the Steve Morgan Foundation and we will hopefully have a decision on this in April 2023.

Volunteers are at the heart of what we do. They enable us to turn great projects into amazing projects, which change young people's lives and help us build stronger and safer communities. Volunteers may have joined us for a specific role within a specific project, but they also joined an organisation that reaches deep into the local community in many ways. From the start, we have run a huge number of different projects across Liverpool, Knowsley and the surrounding areas. The future will see the continuation of our volunteer programme and the plan to expand the numbers of volunteers by 50.

Due to an increase in demand for delivery we will also expand the team by recruiting more part time staff to support the delivery. As of now April 2023 will see the organisation advertising two more 16-hour posts for project workers.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its directors.

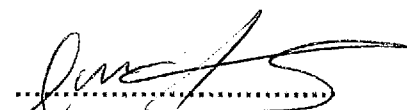
The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff.

SPORTS ALIVE NORTH WEST
TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	S Corrigan K Cosgrove (Appointment 10 th October 2022) R Hudson L McGinnes
Independent Examiner	Paula Sanchez ACCA LCVS 151 Dale Street Liverpool L2 2AH
Bankers	TSB P O Box 373 Leeds LS14 9GQ

Signed on behalf of the Board of Trustees


.....
L McGinnes - Trustee

Date: 19/11/2023
.....

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

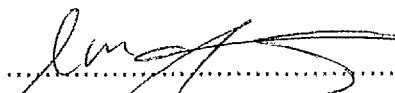
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

By Order of the Board


.....
L McGinnes – Trustee

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: 19/9/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

I report on the accounts of the charitable company for year ended 31st March 2023, which are set out on pages 9 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

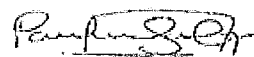
My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Paula Sanchez**
Relevant professional qualification or body: **ACCA**
Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**
Dated: **19th September 2023**



SPORTS ALIVE NORTH WEST

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income and endowments from:					
Donations and legacies	3a	1,553	-	1,553	681
Charitable activities	3b	191,636	199,743	391,379	295,372
Total income		193,189	199,743	392,932	296,053
Expenditure on:					
Charitable activities	4	187,918	124,024	311,942	271,009
Total expenditure		187,918	124,024	311,942	271,009
Net income, net movement in funds		5,271	75,719	80,990	25,044
Total funds brought forward	9,10	164,741	26,940	191,681	166,637
Total funds carried forward	8-10	170,012	102,659	272,671	191,681

The notes on pages 11 to 21 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2023

Company Number 11093181

	Notes	31 st March 2023		31 st March 2022	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		112,772		2,715
Current assets					
Debtors	6	17,559		550	
Cash at bank and in hand		144,139		190,899	
		-----		-----	
		161,698		191,449	
Current liabilities					
Creditors: amounts falling due within one year	7	(1,799)		(2,483)	
		-----		-----	
Net current assets			159,899		188,966
			-----		-----
Total assets less current liabilities			272,671		191,681
			=====		=====
Funds:					
Unrestricted funds	8, 9		170,012		164,741
Restricted funds	8,10		102,659		26,940
			-----		-----
			272,671		191,681
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

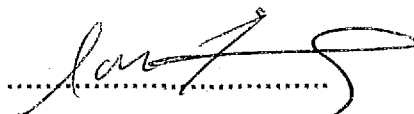
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on, and signed on their behalf by:



L McGinnes - Trustee

Date: 19/9/2023

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charitable company has adequate reserves to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accrual's basis except for grants receivable, which are recognised

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

All expenditure is accounted for on an accrual basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relates to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below:

Fixtures and Fittings	33.33% per annum straight line basis
-----------------------	--------------------------------------

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
a. Donations and legacies				
Donations	1,553	-	1,553	681
	=====	=====	=====	=====

Income from donations and legacies in 2022 related wholly to unrestricted funds.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
b. Charitable activities				
23 Foundation	-	2,500	2,500	2,062
Big Local Trust	-	-	-	14,000
Children in Need	-	9,783	9,783	38,883
Cobalt Community Fund	-	3,000	3,000	879
Contract and sales income	184,903	-	184,903	162,954
Duke of Edinburgh's Award	-	7,169	7,169	-
Football Foundation	-	84,315	84,315	-
High Sheriffs Trust	-	2,500	2,500	-
HMRC Job Retention Scheme	-	-	-	10,880
Knowsley Snap	-	2,350	2,350	-
LCVS Community Impact Fund	-	2,400	2,400	-
LCVS Holidays Activity and Food	-	7,550	7,550	3,000
Mayoral Neighbourhood Fund	-	-	-	11,000
Mpac	-	23,532	23,532	17,120
National Lottery Community Fund	-	-	-	9,768
One Knowsley	-	1,500	1,500	764
One Knowsley - Holiday Activities and Food	-	21,634	21,634	-
Onward Community Fund	-	1,915	1,915	-
Pitch hire	6,031	-	6,031	-
Postcode Lottery	-	24,975	24,975	-
Room hire	702	-	702	-
Youth Division Fund	-	4,620	4,620	-
Youth Endowment Fund	-	-	-	9,486
VRP Sports, Arts & Culture	-	-	-	14,576
	191,636	199,743	391,379	295,372

Income from charitable activities in 2022 comprised £173,834 unrestricted funds and £115,503 restricted funds.

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2023 £	Total 2022 £
To provide recreation facilities for sports coaching, improve good health and well being	175,428	136,514	311,942	271,009
	=====	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

a. Analysed as follows:

	2023	2022
	£	£
<i>Direct charitable expenditure:</i>		
Staff salaries costs	65,912	134,965
Pension	810	2,456
Food for van	644	2,883
Rent	11,862	6,780
Activities and trips	3,712	6,291
Activities equipment	2,613	4,236
Resources	25,070	29,435
Sessional costs	39,715	25,609
Travel expenses	716	661
DBS Fees	3,262	382
Equipment hire	21,112	15,996
	175,428	229,694
	2023	2022
	£	£
<i>Support & Governance costs:</i>		
Staff salaries costs	91,481	17,792
Pension	1,896	320
Computer costs	3,492	2,139
Utilities costs	2,859	-
Insurance	4,934	1,199
Internet, telephone and mobile phones	2,472	2,921
Office costs	-	512
Printing, postage and stationery	1,653	1,230
Repairs and Maintenance	4,755	1,515
Legal and professional	-	526
Other staff costs	1,717	2,349
Staff training	4,100	250
Sundries	4,640	-
Web hosting	-	187
Donation	-	150
Cleaning	3,622	2,176
Subscriptions	377	1,078
Uniforms		695
Bank fees	648	-
Bad debts written off	165	-
Payroll fees	507	754
Finance support	910	3,540
Accountancy fees	1,200	1,010
Depreciation charge	5,086	972
	136,514	41,315
Total expenditure on charitable activities	311,942	271,009
	=====	=====

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

£124,024 (2022: £144,429) of the above expenditure relates to restricted funding.

b. Staff Costs	2023	2022
	£	£
Gross salaries and wages	149,959	145,720
Social security costs	7,414	7,037
Pension Costs	2,726	2,776
	160,099	155,533
	=====	=====

c. Particulars of employees:

The average number of employees during the period, calculated on the basis of full-time equivalents, was as follows:

	2023	2022
	7	8
	=====	=====

No employee received emoluments of more than £60,000 during the year.

The Trustees, being also the Directors of the Company, are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year.

5. Tangible fixed assets

Cost	Fixtures and Fittings	Leasehold Improvements	Total
	£	£	£
Balance at 1 st April 2022	4,444	-	4,444
Additions	1,742	113,402	115,144
	6,186	113,402	119,588
	=====	=====	=====
Accumulated Depreciation			
Balance at 1 st April 2022	1,730	-	1,730
Charge for the year	2,062	3,024	5,086
	3,792	3,024	6,816
	=====	=====	=====
Net Book Value at 31st March 2023	2,394	110,378	112,772
	=====	=====	=====
Net Book Value at 31 st March 2022	2,714	-	2,714
	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

6. Debtors

	2023	2022
	£	£
Trade debtors	17,559	550
	=====	=====

7. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals	1,799	2,483
	=====	=====

8. Analysis of net assets between funds

Year End 2023	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	30,218	139,794	170,012
	-----	-----	-----
Restricted Funds			
23 Foundation	-	550	550
Children in Need	487	-	487
Cobalt Community Fund	-	3,000	3,000
Duke of Edinburgh's Award	-	6,827	6,827
Football Foundation	82,067	-	82,067
Knowsley Snap	-	1,350	1,350
LCVS Community Impact Fund	-	2,400	2,400
Mpac	-	2,200	2,200
One Knowsley - Holiday Activities and Food	-	2,063	2,063
Onward Community Fund	-	1,715	1,715
	-----	-----	-----
	82,554	20,105	102,659
	-----	-----	-----
Total Funds	112,772	159,899	272,671
	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

Year End 2022	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	1,919	162,822	164,741
	-----	-----	-----
Restricted Funds			
Big Local Trust (Northwood)	-	2,357	2,357
Children in Need	795	9,413	10,208
Cobalt Community Fund	-	1,088	1,088
Liverpool City Council Mayoral	-	10,000	10,000
Neighbourhood Fund	-		
Mayors Inclusive Growth Fund	-	1,416	1,416
One Knowsley (HAF)	-	764	764
VRP Sports, Arts & Culture	-	1,107	1,107
	-----	-----	-----
	795	26,145	26,940
	-----	-----	-----
Total Funds	2,714	188,967	191,681
	=====	=====	=====

9. Unrestricted Funds

Year End 2023	Reserves at beginning of year	Movements in the year		Reserves at end of year
		Income	Expenditure	
	£	£	£	£
General Fund	164,741	193,189	(187,918)	170,012
	=====	=====	=====	=====

Year End 2022	Reserves at beginning of year	Movements in the year		Reserves at end of year
		Income	Expenditure	
	£	£	£	£
General Fund	116,806	174,515	(126,580)	164,741
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

10. Restricted Funds

Year end 2023	Movements in the year			Reserves at end of year £
	Reserves at beginning of year	Income	Expenditure	
	£	£	£	
23 Foundation	-	2,500	(1,950)	550
Big Local Trust	2,357	-	(2,357)	-
Children in Need	10,208	9,783	(19,504)	487
Cobalt Community Fund	1,088	3,000	(1,088)	3,000
Duke of Edinburgh's Award	-	7,169	(342)	6,827
Football Foundation	-	84,315	(2,248)	82,067
High Sheriffs Trust	-	2,500	(2,500)	-
Knowsley Snap	-	2,350	(1,000)	1,350
LCVS Community Impact Fund	-	2,400	(-)	2,400
LCVS Holidays Activity and Food	-	7,550	(7,550)	-
Mayors Inclusive Growth Fund	1,416	-	(1,416)	-
Mayoral Neighbourhood Fund	10,000	-	(10,000)	-
Mpac	-	23,532	(21,332)	2,200
One Knowsley	-	1,500	(1,500)	-
One Knowsley - Holiday Activities and Food	764	21,634	(20,335)	2,063
Onward Community Fund	-	1,915	(200)	1,715
Postcode Lottery	-	24,975	(24,975)	-
Youth Division Fund	-	4,620	(4,620)	-
VRP Sports, Arts & Culture	1,107	-	(1,107)	-
	26,940	199,743	(124,024)	102,659
	=====	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

Year end 2022	Reserves at beginning of year £	Movements in the year		Reserves at end of year £
		Income £	Expenditure £	
23 Foundation	-	2,062	(2,062)	-
Big Local Trust	500	14,000	(12,143)	2,357
Children in Need	15,348	38,883	(44,023)	10,208
City Safe	5,250	-	(5,250)	-
Cobalt Community Fund	3,500	879	(3,291)	1,088
LCVS Holidays Activity and Food	-	3,000	(3,000)	-
Liverpool City Council	5,000	-	(5,000)	-
Mayors Inclusive Growth Fund	5,058	-	(3,642)	1,416
Mayoral Neighbourhood Fund	5,000	11,000	(6,000)	10,000
Mpac	200	17,120	(17,320)	-
National Lottery Community Fund	-	9,768	(9,768)	-
One Knowsley	-	764	-	764
Street Games	1,250	-	(1,250)	-
Youth Endowment Fund	8,725	9,486	(18,211)	-
VRP Sports, Arts & Culture	-	14,576	(13,469)	1,107
	49,831	121,538	144,429	26,940
	=====	=====	=====	=====

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes.

23 Foundation – Contribution towards sports projects for young people in the Everton area and to engage them in physical activities keeping contact with local communities and in previous year towards Sports Equipment.

Big Local Trust – Contribution towards Northwood Junior Club

Children in Need – Contribution for youth provision and staffing for Everton Junior club.

City Safe – Contribution towards the food van cooking project

Cobalt Community Fund – Contribution towards the 'Sports and Healthy Eating Project'

Duke of Edinburgh's Award – Contribution towards youth activities

Football Foundation – Contribution towards refurbishment of two existing football pitches at Adlam Park Sports Pavilion.

High Sheriffs Trust – Contribution towards indoor activities during the winter months allowing for enrichment and education in a safe warm environment.

Knowsley Snap – Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

LCVS Community Impact Fund – To support on our Everton Junior project with staffing and resources.

LCVS Holidays Activity and Food – Contribution towards Activities & Food.

Liverpool City Council – Contribution towards salaries for senior detached worker.

Mayors Inclusive Growth Fund – Contribution towards raising awareness of hate crime with young people.

Mayoral Neighbourhood Fund – Contribution towards the 'Sports and Healthy Eating Project'

Mpac – Contribution towards half-terms and summer holidays for activities and food for young people in the Liverpool area.

National Lottery Community Fund – Contribution towards Junior Club Sessions

One Knowsley – Contribution towards Kirkby Young Persons Programme

One Knowsley - Holiday Activities and Food – Contribution towards half-terms and summer holidays for activities and food for young people in the Knowsley area.

Onward Community Fund – Contribution towards supporting food resilience in communities during a challenging economic period.

Postcode Lottery – Contribution towards staff salaries cost.

Street Games – Contribution towards tackling inequalities project.

Youth Division Fund – Contribution towards a summer programme based in Kirkby for children and young people, who reside in and around the surrounding areas.

Youth Endowment Fund – Contribution towards detached youth work

VRP Sports, Arts & Culture – Contribution towards delivering sports, arts and culture sessions to vulnerable young people from the local community.

11. Lease Commitments

The charitable company is currently under negotiations with Liverpool City Council regarding a new lease agreement or acquiring the building.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2023 (2022: none).

13. Related Party Transactions

There were no material related party transactions during the year which require disclosure (2021: none).

14. Guarantees

As at 31st March 2023, 4 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £40. (2022: 3 members £30)

Accounts

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2022**

**Company Number: 11093181
Charity Number: 1179409**

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SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

The trustees are pleased to present their report for the year ended 31st March 2022.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

OBJECTIVES AND ACTIVITIES

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

Sports Alive North West (Sports Alive) has been recognised locally and nationally since 2010 as a leading provider of a variety of quality programmes for young people across Liverpool. As an organisation we continually strive to offer children and young people a service that reflects their interests and needs, enabling us to build positive relationships and strong foundations for long term community engagement. We offer services that meet their needs and are flexible and responsive in developing services that are unique and lead the way, both in terms of direct engagement and advocacy.

Our service was developed as part of a consultation process but can and does include delivery and support of local and citywide Youth Clubs, Youth Projects, Detached Projects, Outreach Project, Sports Programmes and Activity Sessions. These programmes are developed with the community, for the community and each programme is designed specifically to meet the interests and needs of those we wish to engage.

In August 2018 Sports Alive was awarded charity status; before this Sports Alive ran as a CIC. The intention is for Sports Alive services to help young people achieve a strong sense of belonging through;

Supportive relationships - young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility and manage pressures.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust.

Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk.

Strong ambitions - Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to succeed in learning and work, understanding the value of education and committed to developing their skills for employment,

Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk and be active in society, taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

We are able to give young people a safe environment to socialise and to develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationship which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues. We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget and job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a key way of engaging young people and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 5-11 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with the Junior age range as it helps us to get to know the children from when they are young; in doing this we are able to get to know the children and families and develop long term relationships. This is so important to working in an area long term. The senior age range we work with is age 11-24. Detached Youth Work including Street Sports & Games Team. In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we are able to get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

The main achievements have been broadening our provision across more areas of Liverpool and Knowsley allowing us to help improve more areas and give young people more support and opportunities to keep on track. By doing this, it has allowed us to build more relationships with not only the community but also local partners such as community centres etc. Sports Alive run a number of small fundays over the summer giving parents the opportunity to engage as a family and help build our communities. All of this has been supported financially by local councillors, housing trusts and other local streams.

Our new push on Detached has now allowed us to expand into centres within wards and by August 2022 we will hopefully have a further two centre opened in Tuebrook and Anfield. These centres will be opened due to the need for more local youth activities and places for young people to go. Our detached teams will continue to advertise sessions and lead people to activity-based centres. We have engaged with over 900 young people during the year and this number is only building due to the expansion of areas and sessions.

A further big development in this year has been the successful acceptance of a grant from the football foundation to redevelop our football pitches at Adlam Park. This will help to act as a sustainability model for the organisation, generating an income.

FINANCIAL REVIEW

Total income for the year was £296,053 (2021: £360,409) of which £121,538 (2021: £115,503) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £271,009 (2021: £225,341), leaving a surplus for the year of £25,044 (2021: surplus £135,068).

At 31st March 2022 the charitable company's reserves stood at £191,681 (2021: £166,637) of which £26,940 (2021: £49,831) represented restricted funds.

RISK ASSESSMENT

The trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities, funding strands have become more competitive and reduced in availability.

Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

We now sub-contract Peninsula to help support us with all legal matters such as policies and any HR are concerns or questions we may have. This service also has an element of staff support allowing them to gain free advice and counselling services.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves at equal to a month's staff cost, with the intention to grow to three months staff costs as the charity grows.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

As at the end of the financial year the unrestricted funds totalled £164,741. The charitable company requires £4,862 for redundancy provision and £31,645 for three month's running costs, (total £36,507).

The balance of unrestricted reserves to be used to fund salaries cost if no further grant income is received.

PLANS FOR FUTURE

Due to the impact of the pandemic we still plan to do things that have been submitted in last year's report. This is due to priorities changing due to the pandemic and the organisation now moving out of the world of COVID-19. Sports Alive now wishes to start and build further on the areas they deliver in and secure long-term funding to help provide a financial support structure to do this. In the next year, we will be looking at submitting the following bids Children In Need (second application), Sports England, Morgan Foundation (for a minibus), National Lottery and a variety of other bids.

We have recently recruited a funding and business development co-ordinator who will be working in the team to move these plans forward.

Volunteers are at the heart of what we do. They enable us to turn great projects into amazing projects, which change young people's lives and help us build stronger and safer communities. Volunteers may have joined us for a specific role within a specific project, but they also joined an organisation that reaches deep into the local community in many ways. From the start, we have run a huge number of different projects across Liverpool, Knowsley and the surrounding areas.

Having a Volunteer Role enables people to lead on to a future career in youth work and we will help them to achieve this. Our volunteering program allows us to shape and recruit passionate likeminded people with the view to rewarding their commitment, through training, experience and eventually employment. This allows people to try out a new career path and to help us have exceptional staff who follow our values and ethos.

Our volunteer role goals are:

Work experience

Hands on learning of the role of a youth worker, help facilitate personal, social, and educational growth and supports them to reach their full potential.

Training opportunities

There are some compulsory training and requirements for them to complete within the first 3 months of your role.

These include:

Within the first 3 Months

Safeguarding

First Aid

Health & Safety

Within the first 6 months training will include.

Introduction into youth work course

Basic Coaching qualification

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

Mental health training

Manual handling training

Neurodiversity training

Community Development Training

Within 12months

Begin level 2 Youth work qualification

Be paid as a sessional worker

Detached training

This programme depending on the individual and needs within the organisation can not only lead to sessional or part time work, but also full time employment.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its Directors.

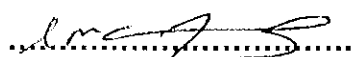
The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff.

SPORTS ALIVE NORTH WEST
TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	S Corrigan R Hudson L McGinnes
Independent Examiner	Paula Sanchez ACCA LCVS 151 Dale Street Liverpool L2 2AH
Bankers	TSB P O Box 373 Leeds LS14 9GQ

Signed on behalf of the Board of Trustees



L McGinnes - Trustee

Date: 04.08.22

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

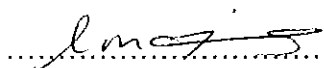
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

By Order of the Board


.....

L McGinnes – Trustee

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: 04.08.2022

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

I report on the accounts of the charitable company for year ended 31st March 2022, which are set out on pages 10 to 22.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mrs Paula Sanchez** 
Relevant professional qualification or body: **ACCA**
Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**
Dated: **16th August 2022**

SPORTS ALIVE NORTH WEST
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
Income and endowments from:		£	£	£	£
Donations and legacies	3a	681	-	681	-
Charitable activities	3b	173,834	121,538	295,372	360,409
Total income		174,515	121,538	296,053	360,409
Expenditure on:					
Charitable activities	4	126,580	144,429	271,009	225,341
Total expenditure		126,580	144,429	271,009	225,341
Net income/ (expenditure), net movement in funds		47,935	(22,891)	25,044	135,068
Total funds brought forward	9,10	116,806	49,831	166,637	31,569
Total funds carried forward	8-10	164,741	26,940	191,681	166,637
		=====	=====	=====	=====

The notes on pages 12 to 22 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2022

Company Number 11093181

	Notes	31 st March 2022		31 st March 2021	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		2,715		1,516
Current assets					
Debtors	6	550		16,997	
Cash at bank and in hand		190,899		153,054	
		-----		-----	
		191,449		170,051	
Current liabilities					
Creditors: amounts falling due within one year	7	(2,483)		(4,930)	
		-----		-----	
Net current assets			188,966		165,121
			-----		-----
Total assets less current liabilities			191,681		166,637
			=====		=====
Funds:					
Unrestricted funds	8, 9		164,741		116,806
Restricted funds	8,10		26,940		49,831
			-----		-----
			191,681		166,637
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

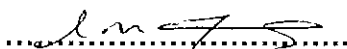
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on 04.08.2022, and signed on their behalf by:



L McGinnes - Trustee

Date: 04.08.22

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published (FRS 102) (effective 1st January 2019).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accruals basis except for grants receivable, which are recognised

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below

Fixtures and Fittings	33.33% per annum straight line basis
-----------------------	--------------------------------------

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
a. Donations and legacies				
Donations	681	-	-	-
	=====	=====	=====	=====

There was not income from donations and legacies for 2021.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
b. Charitable activities				
Big Local Trust	-	14,000	14,000	3,640
Children in Need	-	38,883	38,883	41,166
23 Foundation	-	2,062	2,062	-
Cobalt Community Fund	-	879	879	3,500
Contract and sales income	135,621	-	135,621	152,601
European Social Fund Ways to Work	-	-	-	3,735
HMRC Job Retention Scheme	10,880	-	10,880	92,305
LCVS – HAF Programme	-	3,000	3,000	-
Liverpool City Council Mayoral Neighbourhood Fund	-	11,000	11,000	23,340
Mayors Inclusive Growth Fund	-	-	-	5,058
Mpac	-	17,120	17,120	-
National Lottery Community Fund	-	9,768	9,768	-
One Knowsley	-	764	764	-
Street Games	-	-	-	1,200
Youth Endowment Fund	-	9,486	9,486	33,664
VRP Sports, Arts & Culture	-	14,576	14,576	-
Voss Contract	27,333	-	27,333	-
	173,834	121,538	295,372	360,409
	=====	=====	=====	=====

Income from charitable activities in 2021 comprised £244,906 unrestricted funds and £115,503 restricted funds

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2022 £	Total 2021 £
To provide advice, information, training and support to offenders and those in recovery from addiction and their families	229,694	41,315	271,009	225,341
	=====	=====	=====	=====

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022****a. Analysed as follows:**

	2022	2021
	£	£
<i>Direct charitable expenditure:</i>		
Staff salaries costs	134,965	134,753
Pension	2,456	2,201
Food for Van	2,883	-
Rent room space	6,780	3,000
Activities and trips	6,291	120
Activities equipment	4,236	-
Resources	29,435	10,341
Sessional costs	25,609	20,146
Travel expenses	661	868
DBS Fees	382	-
Vehicle hire	15,996	21,500
	229,694	192,929
	2022	2021
	£	£
<i>Support & Governance costs:</i>		
Staff salaries costs	17,792	15,414
Pension	320	262
Computer costs	2,139	882
Insurance	1,199	826
Internet, telephone and mobile phones	2,921	2,689
Office costs	512	583
Printing, postage and stationery	1,230	399
Repairs and Maintenance	1,515	2,721
Consultancy	-	500
Legal and professional	526	2,895
Other staff costs	2,349	-
Staff training	250	860
Web hosting	187	100
Donation	150	-
Cleaning	2,176	-
Subscriptions	1,078	-
Uniforms	695	-
Payroll fees	754	900
Finance support	3,540	1,798
Accountancy fees	1,010	825
Depreciation	972	758
	41,315	32,412
Total expenditure on charitable activities	271,009	225,341
	=====	=====

£144,429 (2021: £88,606) of the above expenditure relates to restricted funding.

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022**

b. Staff Costs	2022	2021
	£	£
Gross salaries and wages	145,720	144,518
Social security costs	7,037	5,649
Pension Costs	2,776	2,463
	-----	-----
	155,533	152,630
	=====	=====

c. Particulars of employees:

The average number of employees during the period, calculated on the basis of full-time equivalents, was as follows:

	2022	2021
Charitable activities	8	8.1
	=====	=====

No employee received emoluments of more than £60,000 during the year.

The Trustees, being also the Directors of the Company, are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year.

5. Tangible fixed assets

	Fixtures and Fittings	Total
Cost	£	£
Balance at 1 st April 2021	2,274	2,274
Additions during the year	2,170	2,170
	-----	-----
Balance at 31st March 2022	4,444	4,444
	-----	-----
Accumulated Depreciation		
Balance at 1 st April 2021	758	758
Charge for the year	972	972
	-----	-----
Balance at 31st March 2022	1,730	2,488
	-----	-----
Net Book Value at 31st March 2022	2,714	2,714
	=====	=====
Net Book Value at 31 st March 2021	1,516	1,516
	=====	=====

SPORTS ALIVE NORTH WEST**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022****6. Debtors**

	2022	2021
	£	£
Trade debtors	550	150
Other debtors	-	16,847
	-----	-----
	550	16,997
	=====	=====

7. Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors and accruals	2,483	1,968
Tax & Social Security		2,962
	-----	-----
	2,483	4,930
	=====	=====

8. Analysis of net assets between funds

Year End 2022	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	1,919	162,822	164,741
	-----	-----	-----
Restricted Funds			
Big Local Trust (Northwood)	-	2,357	2,357
Children in Need	795	9,413	10,208
Cobalt Community Fund	-	1,088	1,088
Liverpool City Council Mayoral Neighbourhood Fund	-	10,000	10,000
Mayors Inclusive Growth Fund	-	1,416	1,416
One Knowsley (HAF)	-	764	764
VRP Sports, Arts & Culture	-	1,107	1,107
	-----	-----	-----
	795	26,145	26,940
	-----	-----	-----
Total Funds	2,714	188,967	191,681
	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Year End 2021	Tangible Fixed Assets	Net Current Assets	Total
	£	£	£
Unrestricted Funds			
General Fund	1,516	115,290	116,806
	-----	-----	-----
Restricted Funds			
Big Local Trust	-	500	500
Children in Need	-	15,348	15,348
City Safe	-	5,250	5,250
Cobalt Community Fund	-	3,500	3,500
Liverpool City Council	-	5,000	5,000
Liverpool City Council Mayoral	-	5,000	5,000
Neighbourhood Fund	-		
Mayors Inclusive Growth Fund	-	5,058	5,058
Mpac	-	200	200
Street Games	-	1,250	1,250
Youth Endowment Fund	-	8,725	8,725
	-----	-----	-----
	-	49,831	49,831
	-----	-----	-----
Total Funds	1,516	165,121	166,637
	=====	=====	=====

9. Unrestricted Funds

Year End 2022	Funds at beginning of year	Movements in the year		Funds at end of year
		Income	Expenditure	
	£	£	£	£
General Fund	116,806	174,515	(126,580)	164,741
	=====	=====	=====	=====
Year End 2021	Funds at beginning of year	Income	Expenditure	Funds at end of year
	£	£	£	£
General Fund	8,635	244,906	(136,735)	116,806
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

10.Restricted Funds

Year end 2022	Funds at beginning of year £	<u>Movements in the year</u>		Funds at end of year £
		Income £	Expenditure £	
Big Local Trust	500	14,000	(12,143)	2,357
Children in Need	15,348	38,883	(44,023)	10,208
City Safe	5,250	-	(5,250)	-
Cobalt Community Fund	3,500	879	(3,291)	1,088
Liverpool City Council	5,000	-	(5,000)	-
Liverpool City Council Mayoral Neighbourhood Fund	5,000	11,000	(6,000)	10,000
LCVS Holidays, Activities & Food	-	3,000	(3,000)	-
Mayors Inclusive Growth Fund	5,058	-	(3,642)	1,416
National Lottery Community Fund	-	9,768	(9,768)	-
One Knowsley	-	764	-	764
Mpac	200	17,120	(17,320)	-
Street Games	1,250	-	(1,250)	-
Youth Endowment Fund	8,725	9,486	(18,211)	-
VRP Sports, Arts & Culture	-	14,576	(13,469)	1,107
23 Foundation	-	2,062	(2,062)	-
	-----	-----	-----	-----
	49,831	121,538	144,429	26,940
	=====	=====	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Year end 2021	Movements in the year			
	Funds at beginning of year	Income	Expenditure	Funds at end of year
	£	£	£	£
Big Local Trust	-	3,640	(3,140)	500
Children in Need	9,784	41,166	(35,602)	15,348
City Safe	6,900	-	(1,650)	5,250
Cobalt Community Fund	-	3,500	(-)	3,500
European Social Fund Ways to Work	-	3,735	(3,735)	
Liverpool City Council	5,000	-	(-)	5,000
Liverpool City Council				
Mayoral Neighbourhood Fund	-	23,340	(18,340)	5,000
Mayors Inclusive Growth Fund	-	5,058	(-)	5,058
Mpac		200	(-)	200
Street Games	1,250	1,200	(1,200)	1,250
Youth Endowment Fund	-	33,664	(24,939)	8,725
	-----	-----	-----	-----
	22,934	115,503	(88,606)	49,831
	=====	=====	=====	=====

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes

23 Foundation – Contribution towards Sports Equipment

Big Local Trust – Contribution towards Northwood Junior Club

Children in Need – Contribution for youth provision and staffing for Everton Junior club.

City Safe – Contribution towards the food van cooking project

Cobalt Community Fund – Contribution towards the 'Sports and Healthy Eating Project'

European Social Fund Ways to Work – This was for a work placement for people with disabilities to help towards work experience.

Liverpool City Council – Contribution towards salaries for senior detached worker.

Liverpool City Council Mayoral Neighbourhood Fund – Contribution towards the 'Sports and Healthy Eating Project'

LCVS Holidays, Activities & Food – Contribution towards Activities & Food

Mayors Inclusive Growth Fund – Contribution towards raising awareness of hate crime with young people

Merseyside Pay Action – Contribution towards resources for Everton Junior club, arts and crafts and trips.

Mpac – Contribution towards play activities

National Lottery Community Fund – Contribution towards Junior Club Sessions

One Knowsley – Contribution towards Kirkby Young Persons Programme

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Street Games – Contribution towards tackling inequalities project

Youth Endowment Fund – Contribution towards detached youth work

VRP Sports, Arts & Culture – Contribution towards delivering sports, arts and culture sessions to vulnerable young people from the local community

11. Lease Commitments

There were no financial commitments under non-cancellable leases.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2022 (2021: none).

13. Related Party Transactions

From 9th December 2020 S Corrigan, a director is a shareholder in Liver Limited which provides goods and services to Sports Alive North West during the year totalling £15,996 (2021: 21,500).

14. Guarantees

As at 31st March 2022, 3 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £30. (2021: 3 members £30)

Accounts

SPORTS ALIVE NORTH WEST

**ANNUAL REPORT &
FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2021**

**Company Number: 11093181
Charity Number: 1179409**

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SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2021

The trustees are pleased to present their report for the year ended 31st March 2021.

The financial statements comply with the Charities Act 2011, Companies Act 2006, Accounting and Reporting by Charities; Statement of Recommended Practice (Sorp 2015) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1st January 2015).

OBJECTIVES AND ACTIVITIES

For the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Merseyside and the North West and in particular to promote

1. organisation of sports coaching sessions in schools, youth centres and community centres;
2. facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;
3. the improvement and preservation of good health and well-being through participation in healthy recreation;
4. education, training and coaching courses which promote physical health and fitness. Health and fitness.

Public Benefit Statement

In considering the objectives and activities, the trustees have considered Charity Commission guidance on public benefit to ensure that the organisation is meeting its public benefit requirements.

ACHIEVEMENTS AND PERFORMANCE

Sports Alive North West (Sports Alive) has been recognised locally and nationally since 2010 as a leading provider of a variety of quality programmes for young people across Liverpool. As an organisation we continually strive to offer children and young people a service that reflects their interests and needs, enabling us to build positive relationships and strong foundations for long term community engagement. We offer services that meet their needs and are flexible and responsive in developing services that are unique and lead the way, both in terms of direct engagement and advocacy.

Our service was developed as part of a consultation process but can and does include delivery and support of local and citywide Youth Clubs, Youth Projects, Detached Projects, Outreach Project, Sports Programmes and Activity Sessions. These programmes are developed with the community, for the community and each programme is designed specifically to meet the interests and needs of those we wish to engage.

In August 2018 Sports Alive was awarded charity status; before this Sports Alive ran as a CIC. The intention is for Sports Alive services to help young people achieve a strong sense of belonging through;

Supportive relationships - young people need supportive relationships with people they trust to help them develop their values and judgement, learn from experience, take responsibility and manage pressures.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Building strong communities - that have a strong stake in the lives of their young people and in which young people feel a strong sense of belonging, can socialise safely with their peers, enjoy social mixing, experience spending time with older people, and develop relationships with adults they trust.

Providing early help - to inspire, support and protect those young people, particularly the most vulnerable and disadvantaged, who need more help than their families or communities are able to provide, or whose family situation puts them at risk.

Strong ambitions - Young people have energy and enthusiasm to shape and change the world in innovative and exciting ways. Young people will form their own ambitious and pragmatic goals to succeed in learning and work, understanding the value of education and committed to developing their skills for employment,

Live safe and healthy lives - having the confidence and resilience to make informed decisions and manage risk and be active in society, taking the initiative and demonstrating leadership to make a positive contribution to local communities and the wider world, with public and media recognition of their achievements.

We are able to give young people a safe environment to socialise and to develop and learn new skills. Our open access centre-based activities offer young people various activities, the traditional youth centre activities such as pool, table tennis, games and arts and crafts. These activities give the young people and youth workers opportunities to build relationship which enables us to get to know the young people and identify their needs. We can educate the young people in an informal way through challenging their opinions, values and beliefs around different issues. We are then able to develop group work sessions with the young people where we can educate them on various issues affecting them such as health issues, gun and knife crime, emotional wellbeing etc. We are able to offer them sessions around other life skills such as cooking on a budget and job skills.

During all our sessions we offer different sports activities to young people. Sport is a way of young people improving their health and wellbeing. We believe sporting activities are a key way of engaging young people and we can use sports as a way of building relationships and challenging young people. We are about supporting the development of young people and to that end we actively involve them in running and decision making with the centre.

Sports Alive work with children aged 5-11 in Junior sessions, these sessions are open access play sessions. We feel it is important to work with the Junior age range as it helps us to get to know the children from when they are young; in doing this we are able to get to know the children and families and develop long term relationships. This is so important to working in an area long term. The senior age range we work with is age 11-24. Detached Youth Work including Street Sports & Games Team. In its purest form, detached youth work is a form of street-based youth work provision, which operates without the use of a centre and takes place where young people "are at" both geographically and developmentally. Sports Alive detached teams will use the local needs analysis, information from young people, other agencies and the wider community in order to target the delivery of the youth work. The teams will focus on working with young people and adults to promote community harmony, and to meet the needs of the young people in a street-based setting. Through doing detached youth work we are able to get to know the communities we are working in. We work in partnership with other agencies such as the police, housing providers, other youth organisations, local community organisations, local councillors and many others to gather information about where young people are hanging around, and if they are identified to be causing ASB. This helps us to identify areas that need youth work.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2021

The main achievements have been broadening our provision across more areas of Liverpool and now Knowsley allowing us to help improve more areas and give young people more support and opportunities to keep on track. This also has allowed us to build more relationships with not only the community but also local partners such as community centres etc. Sports Alive North West run a number of small fun day's (Covid restrictions applied) over the summer allowing parents to engage as a family and help build our communities. Alongside this, as a way to maintain services over Covid we have also ran clubs as and when possible. All of this has been supported financially by local councillors, grant funders, housing trusts and other local streams.

We have continued to push our detached as well as centre based sessions. These sessions have continued to be a great success in all areas. We had an increase in provision and attendance when centres could open up. We have engaged with over 750 young people during the year.

The organisation's trustees have agreed to a review from an external organisation to help strengthen the organisation and build it further. This task has been given to CEO Ryan Manville to co-ordinate.

FINANCIAL REVIEW

Total income for the year was £360,409 (2020: £267,909) of which £115,503 (2020: £91,032) related to funding for projects upon which restrictions are placed.

Total expenditure for the year was £225,341 (2020: £248,359), leaving a surplus for the year of £135,068 (2020: surplus £19,550).

At 31st March 2021 the charitable company's reserves stood at £166,637 (2020: £31,569) of which £49,831 (2020: £22,934) represented restricted funds.

RISK ASSESSMENT

Again this year the trustees have conducted a review of the major risks to which the charitable company is exposed and where appropriate, systems or procedures have been established to mitigate the risks the charity faces. A review and new plan has been created to help maintain and secure current and future funding bids. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the premises. Standards are monitored both internally and externally to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charitable company.

The organisation has also put in place a Covid policy and risk assessment.

RESERVES POLICY

It is the policy of the charitable company to maintain unrestricted funds, which are free reserves to cover redundancy provision and three months' running costs.

As at the end of the financial year the unrestricted funds totalled £116,806. The charitable company requires £5,100 for redundancy provision and £34,184 for three month's running costs, (total £39,284).

The balance of unrestricted reserves to be used to fund salaries cost if no further grant income is received.

SPORTS ALIVE NORTH WEST

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2021

PLANS FOR FUTURE

Sports Alive now wishes to build further on the areas they deliver in and secure long term funding to help provide the financial support to do this. In the next year we will be looking at submitting the following bids: Sports England, Morgan Foundation, National Lottery, Football Foundation and a variety of other bids.

Sports Alive are still working with the football foundation and football association to support in the development of one of our key sites (Adlam Park) to develop our football pitches there and improve the site. Unfortunately due to the recent incidents involving the Mayor of Liverpool all transfers of sites have been put on hold.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The organisation is a charitable company limited by guarantee, incorporated on 4th December 2017 (company number 11093181) and registered as a charity (charity number 1179409) on 1st August 2018.

The Governing Instruments under which the charitable company operates comprise the Memorandum and Articles of Association dated 4th December 2017. Anyone over the age of 18 can become a member. The Charity's Board of Trustees are also its Directors.

The trustees meet regularly and are responsible for the strategic direction and policy of the charitable company. The managers also attend these meetings but have no voting rights. A scheme of delegation is in place and day to day responsibility for the provision of the services rests with the managers, finance and administration staff

REFERENCE AND ADMINISTRATIVE DETAILS

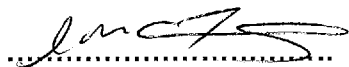
Name	Sports Alive North West
Company Number	11093181
Charity Number	1179409
Registered Office	Adlam Park Activity Centre Adlam Road, Fazakerley, Liverpool, United Kingdom, L10 1LG
Directors	S Corrigan R Hudson L McGinnes
Independent Examiner	Graham Wright B A (Hons), FCA DChA LCVS 151 Dale Street Liverpool L2 2AH

SPORTS ALIVE NORTH WEST
TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2021

Bankers

TSB
P O Box 373
Leeds
LS14 9GQ

Signed on behalf of the Board of Trustees



L McGinnes
Director

Date: 23/9/2021

SPORTS ALIVE NORTH WEST STATEMENT OF TRUSTEES' RESPONSIBILITIES

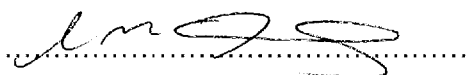
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principle in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue as a going concern;
- state whether applicable accounting standards have been followed, subject to any material departure disclosed and explained in the financial statements.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Charities Act 2011, Companies Act 2006, Accounting and Reporting by Charities; Statement of Recommended Practice (Sorp 2015) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1st January 2015).

By Order of the Board



L McGinnes
Director

Adlam Park Activity Centre
Adlam Road
Fazakerley
Liverpool
L10 1LG

Date: 23 -9- 2021

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SPORTS ALIVE NORTH WEST

I report on the accounts of the charitable company for year ended 31st March 2021, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this period under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting Charities

have not been met; or

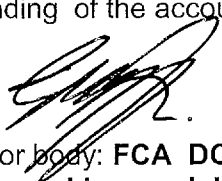
(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: **Mr. Graham Wright**

Relevant professional qualification or body: **FCA DChA**

Address: **c/o LCVS 151, Dale Street, Liverpool, L2 2AH**

Dated: **7...October...2021.....**



SPORTS ALIVE NORTH WEST
STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST MARCH 2021

	Notes	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
Income and endowments from:					
Donations and legacies	3a	-	-	-	13,030
Charitable activities	3b	244,906	115,503	360,409	254,744
Investments	3c	-	-	-	135
		-----	-----	-----	-----
Total income		244,906	115,503	360,409	267,909
		-----	-----	-----	-----
Expenditure on:					
Charitable activities	4	136,735	88,606	225,341	248,359
		-----	-----	-----	-----
Total expenditure		136,735	88,606	225,341	248,359
		-----	-----	-----	-----
Net income, net movement in funds		108,171	26,897	135,068	19,550
Total funds brought forward	9,10	8,635	22,934	31,569	12,019
		-----	-----	-----	-----
Total funds carried forward	8-10	116,806	49,831	166,637	31,569
		=====	=====	=====	=====

The notes on pages 11 to 20 form part of these accounts.

All the above amounts relate to continuing activities of the charitable company.

SPORTS ALIVE NORTH WEST
BALANCE SHEET AS AT 31ST MARCH 2021

Company Number 11093181

	Notes	31 st March 2020		31 st March 2020	
		£	£	£	£
Fixed assets					
Tangible fixed assets	5		1,516		-
Current assets					
Debtors	6	16,997		400	
Cash at bank and in hand		153,054		35,746	
		-----		-----	
		170,051		36,146	
Current liabilities					
Creditors: amounts falling due within one year	7	(4,930)		(4,577)	
		-----		-----	
Net current assets			165,121		31,569
			-----		-----
Total assets less current liabilities			166,637		31,569
			=====		=====
Funds:					
Unrestricted funds	8, 9		116,806		8,635
Restricted funds	8,10		49,831		22,934
			-----		-----
			166,637		31,569
			=====		=====

These financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

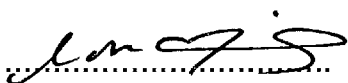
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

For the period covered by these accounts the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the period in question in accordance with section 476 of the Companies Act 2006.

The trustees, who are the directors of the company, acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

Approved by the Board on 07.10.21, and signed on their behalf by:



L McGinnes
 Director

7 October 2021

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

1. Limited Liability

The charity is a company limited by guarantee. Each member's liability is limited to £10.

2. Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (SORP 2015) (effective 1st January 2015), Charities Act 2011 and the Companies Act 2006.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity has taken advantage of the provisions in the SORP for Charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Going concern

The Charitable Company has not been significantly impacted financially by Covid-19, due to the suspension of some of the activities and furloughing staff, this to reduce the costs during lockdown plus able to use existing funding for ongoing costs. At the time of approving the accounts, the Trustees have a reasonable expectation that the Charitable Company has adequate resources to continue in operational existence for the foreseeable future. The Trustees have therefore adopted the going concern basis of accounting in preparing the accounts.

Fund accounting

Unrestricted funds are the charity's free reserves available for the trustees to apply in accordance with the charitable company's charitable objectives.

Restricted funds are subject to specific restrictive conditions imposed by the donor. All restricted funds are accounted for as restricted income and expenditure for the purposes is charged to the fund.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations and legacies comprise of donations and general grants which are recognised in the accounts when received, with the exception of known legacies which are accounted for when their receipt is certain.

Income from charitable activities is recognised on an accruals basis except for grants receivable, which are recognised on the date on which their unconditional payment is confirmed by the donor.

Income from investment relates to bank interest received and is recognised when the amount is certain.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

Expenditure recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accrual's basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the Statement of Financial Activities. Support and governance costs are applied to unrestricted funds unless specifically included in the restrictions, as specified by the donor.

Expenditure on charitable activities relate to the operation of the charity comprising of direct charitable expenditure to meet the objectives of the charitable company. Support and governance costs relate to the management and operation of the organisation and also compliance with constitutional and statutory requirements in producing the annual report. These are dealt with in the Statement of Financial Activities when payment has been approved by the charitable company.

Fixed Assets

Capital expenditure stated in the balance sheet at cost less accumulated depreciation. Depreciation is provided to write off the cost of each asset over its expected useful life as below

Fixtures and Fittings	33.33% per annum straight line basis
-----------------------	--------------------------------------

Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

Taxation

Income and gains are exempt from taxation as they are received and applied for charitable purposes only. The charitable company benefits from various exemptions from taxation afforded by tax legislation and are not liable to corporation tax on income or gains falling within those exemptions.

Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3. Income and endowments from:

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
a. Donations and legacies				
Donations	-	-	-	13,030
	=====	=====	=====	=====

Income from donations and legacies for 2020 related wholly to unrestricted funds

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
b. Charitable activities				
Big Local Trust	-	3,640	3,640	8,400
Children in Need	-	41,166	41,166	38,267
City Safe	-	-	-	2,440
Cobalt Community Fund	-	3,500	3,500	900
Contract and sales income	152,601	-	152,601	163,712
European Social Fund Ways to Work	-	3,735	3,735	3,230
Greggs Foundation Local Community Projects	-	-	-	1,790
HMRC Job Retention Scheme	92,305	-	92,305	-
Liverpool City Council	-	-	-	20,250
Liverpool City Council Mayoral Neighbourhood Fund	-	23,340	23,340	3,818
Mayors Inclusive Growth Fund	-	5,058	5,058	-
Merseyside Pay Action	-	-	-	478
Mpac	-	200	200	-
Sports England	-	-	-	9,109
Street Games	-	1,200	1,200	1,400
Torus Housing	-	-	-	250
Torus Foundation Community Initiatives Fund	-	-	-	700
Youth Endowment Fund	-	33,664	33,664	-
	<u>244,906</u>	<u>115,503</u>	<u>360,409</u>	<u>254,744</u>
	=====	=====	=====	=====

Income from charitable activities in 2020 comprised £163,712 unrestricted funds and £91,032 restricted funds

c. Investments	£	£	£	£
Bank interest	-	-	-	135
	=====	=====	=====	=====

Income from investments for 2020 related wholly to unrestricted funds

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

4. Expenditure on charitable activities

	Direct Charitable Expenditure £	Support & Governance Costs £	Total 2021 £	Total 2020 £
To provide advice, information, training and support to offenders and those in recovery from addiction and their families	189,929	35,412	225,341	248,359
	=====	=====	=====	=====

a. Analysed as follows:

	2021 £	Restated 2020 £
<i>Direct charitable expenditure:</i>		
Staff salaries costs	134,753	135,069
Pension	2,201	2,029
Accommodation costs	-	303
Room hire	-	6,710
Activities and trips	120	-
Resources	10,341	24,509
Sessional costs	20,146	18,425
Travel expenses	868	3,662
Vehicle hire	21,500	14,000
	189,929	204,707
	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

	2021	Restated 2020
<i>Support & Governance costs:</i>	£	£
Staff salaries costs	15,414	15,288
Pension	262	255
Charitable donation	-	550
Computer and equipment costs	882	3,267
Equipment hire and lease costs	-	623
Insurance	826	750
Internet, telephone and mobile phones	2,689	2,078
Office costs	583	144
Printing, postage and stationery	399	3,036
Rent	3,000	6,000
Repairs and Maintenance	2,721	3,770
Consultancy	500	-
Legal and professional	2,895	-
Staff training	860	1,724
Web hosting	100	718
Sundry expenses	-	563
Bad debts written off	-	225
Bank charges	-	11
Payroll fees	900	900
Finance support	1,798	2,925
Accountancy fees	825	825
Depreciation	758	-
	-----	-----
	35,412	43,652
	-----	-----
Total expenditure on charitable activities	225,341	248,359
	=====	=====

£88,606 (2020: £72,558) of the above expenditure relates to restricted funding.

b. Staff Costs	2021	2020
	£	£
Gross salaries and wages	144,518	144,219
Social security costs	5,649	6,138
Pension Costs	2,463	2,284
	-----	-----
	152,630	152,641
	=====	=====

c. Particulars of employees:

The average number of employees during the period, calculated on the basis of full-time equivalents, was as follows:

	2021	2020
Charitable activities	8.1	8.1
	=====	=====

SPORTS ALIVE NORTH WEST
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

No employee received emoluments of more than £60,000 during the year.

The Trustees, being also the Directors of the Company, are not remunerated for their services and are not included in the above number of employees.

No out-of-pocket expenses were reimbursed to trustees in the year.

5. Tangible fixed assets

	Fixtures and Fittings	Total
Cost	£	£
Balance at 1 st April 2020	-	-
Additions during the year	2,274	2,274
	-----	-----
Balance at 31st March 2021	2,274	2,274
	-----	-----
Accumulated Depreciation		
Balance at 1 st April 2020	-	-
Charge for the year	758	758
	-----	-----
Balance at 31st March 2021	758	758
	-----	-----
Net Book Value at 31st March 2021	1,516	1,516
	=====	=====
Net Book Value at 31 st March 2020	-	-
	=====	=====

6. Debtors

	2021	2020
	£	£
Trade debtors	150	400
Other debtors	16,847	-
	-----	-----
	16,997	400
	=====	=====

7. Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors and accruals	1,968	1,832
Tax & Social Security	2,962	2,745
	-----	-----
	4,930	4,577
	=====	=====

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

8. Analysis of net assets between funds

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Funds			
General Fund	1,516	115,290	116,806
	-----	-----	-----
Restricted Funds			
Big Local Trust	-	500	500
Children in Need	-	15,348	15,348
City Safe	-	5,250	5,250
Cobalt Community Fund	-	3,500	3,500
Liverpool City Council	-	5,000	5,000
Liverpool City Council Mayoral	-	5,000	5,000
Neighbourhood Fund	-	5,000	5,000
Mayors Inclusive Growth Fund	-	5,058	5,058
Mpac	-	200	200
Street Games	-	1,250	1,250
Youth Endowment Fund	-	8,725	8,725
	-----	-----	-----
	-	49,831	49,831
	-----	-----	-----
Total Funds	1,516	165,121	166,637
	=====	=====	=====

9. Unrestricted Funds

	Resources at beginning of year £	<u>Movements in the period</u>		Resources at end of year £
		Income £	Expenditure £	
General Fund	8,635	244,906	(136,735)	116,806
	=====	=====	=====	=====

General Fund is used to finance the charitable company's general activities as outlined in the Trustees' Report.

SPORTS ALIVE NORTH WEST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

10. Restricted Funds

		<u>Movements in the period</u>		
	Resources at beginning of year	Income	Expenditure	Resources at end of year
	£	£	£	£
Big Local Trust	-	3,640	(3,140)	500
Children in Need	9,784	41,166	(35,602)	15,348
City Safe	6,900	-	(1,650)	5,250
Cobalt Community Fund	-	3,500	(-)	3,500
European Social Fund	-	3,735	(3,735)	
Ways to Work				
Liverpool City Council	5,000	-	(-)	5,000
Liverpool City Council				
Mayoral Neighbourhood Fund	-	23,340	(18,340)	5,000
Mayors Inclusive Growth Fund	-	5,058	(-)	5,058
Mpac		200	(-)	200
Street Games	1,250	1,200	(1,200)	1,250
Youth Endowment Fund	-	33,664	(24,939)	8,725
	-----	-----	-----	-----
	22,934	115,503	(88,606)	49,831
	=====	=====	=====	=====

These are monies given to the charitable company to be spent at the discretion of the Board of Trustees for specific charitable purposes

Big Local Trust - Contribution towards Northwood junior club

Children in Need - Contribution for youth provision and staffing for Everton Junior club.

City Safe – Contribution towards the food van cooking project

Cobalt Community Fund – Contribution towards the ‘Sports and Healthy Eating Project’

European Social Fund Ways to Work - This was for a work placement for people with disabilities to help towards work experience.

Greggs Foundation Local Community Projects - Contribution towards residential trip to Colomendy for young people.

Liverpool City Council - Contribution towards salaries for senior detached worker.

Liverpool City Council Mayoral Neighbourhood Fund- Contribution towards the ‘Sports and Healthy Eating Project’

Mayors Inclusive Growth Fund- Contribution towards raising awareness of hate crime with young people

Merseyside Pay Action - Contribution towards resources for Everton Junior club, arts and crafts and trips.

Mpac – Contribution towards play activities

Sports England - Contribution towards football sessions for young people to tackle anti-social behaviour in the Norris Green area.

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Street Games - Contribution towards tackling inequalities project

Torus Housing - Contribution towards food resources to provide snacks for young people.

Torus Foundation Community Initiatives Fund - Contribution towards afterschool club in Fazakerley to provide resources. i.e. Snacks, sports equipment.

Youth Endowment Fund - Contribution towards detached youth work

11. Operating Lease Commitments

There were no financial commitments under non-cancellable operating leases.

12. Contingent Liabilities

The Charitable Company did not have any contingent liabilities at 31st March 2021 (2020: none).

13. Related Party Transactions

From 9th December 2020 S Corrigan, a director is a shareholder in Liver Limited which provides goods and services to Sports Alive North West during the year totalling £21,500 (2020: none).

14. Guarantees

As at 31st March 2021, 3 members had given a guarantee of £10 each in the event of the charitable company winding-up; total: £30. (2020: 4 members £40)