

**REGISTERED COMPANY NUMBER: 10716963 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1179376**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
OASIS MENTAL HEATH SUPPORT LIMITED**

Prime  
Chartered Accountants  
Corner Oak  
1 Homer Road  
Solihull  
B91 3QG

**OASIS MENTAL HEALTH SUPPORT LIMITED**

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FOR THE YEAR ENDED 31 MARCH 2023**

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**OASIS MENTAL HEALTH SUPPORT LIMITED**

**REFERENCE AND ADMINISTRATIVE DETAILS  
FOR THE YEAR ENDED 31 MARCH 2023**

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**TRUSTEES**

P Brown  
V Skiba  
D Salmons  
M Swallow  
P Follows  
M Rea  
D Skerrett  
A Musson (appointed 19/5/22)  
J L Rowe (appointed 19/5/22)  
R Fitzhenry (appointed 19/5/22)

**COMPANY SECRETARY**

N Mather

**REGISTERED OFFICE**

14/16 Faulkner Road  
Solihull  
B92 8SY

**REGISTERED COMPANY  
NUMBER**

10716963 (England and Wales)

**REGISTERED CHARITY  
NUMBER**

1179376

**INDEPENDENT EXAMINER**

Prime  
Chartered Accountants  
Corner Oak  
1 Homer Road  
Solihull  
B91 3QG

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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The trustees present their report with the financial statements of the charity for the period ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The overall aim of Solihull Mind is to promote the interests of, and provide support to, people with mental health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

**Philosophies**

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

**Social investments**

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination.
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**OBJECTIVES AND ACTIVITIES**

**Service Areas and Levels**

Solihull Mind is a local organisation with a proven track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship and equal opportunities. The services provided can be grouped within the following broad categories:

Social Inclusion - including mental health awareness training to local employers, community groups and schools; access to specialist benefits/debt/housing support to maximize life opportunities.

Social Support -delivered through the OASIS (Open Access Support and Information Service) 7 day walk-in service; nightly Crisis Café, supported accommodation, and weekly women only and LGBTQ+ support groups.

Information and Advice - this is provided weekdays 9-5pm via phone, email, in person and through our website, Facebook and twitter accounts; plus access to specialist books/leaflets on mental health issues and use of the internet.

Therapy - provided by our Counselling, and out of hours Crisis Café services.

Creative Activities and Leisure - delivered both at our main building alongside the OASIS services or at our outdoor Creative Spaces service providing opportunities for organic horticulture, conservation work, sports/health living activities, art/crafts and music.

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However our outreach services such as benefits/debt/housing and other specialist advocacy are also provided the community via the Solihull Information Hubs, various NHS/Social Services, job centres, employers, and other community groups and mainstream locations around the borough where appropriate.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Solihull Mind (which changed its name to OASIS Mental Health Support in September 2023) is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people in the Borough of Solihull who experience mental health issues.

Solihull Mind aims to provide stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/NHS funding we already have for contracted services such as Counselling and Crisis Support (NHS) Housing Support, Benefits/Debt/Housing and wider Outreach work (SMBC). In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other charitable organizations; plus developing relationships with local fundraising groups/business to highlight our work and encourage one-off and longer-term, as well as individual donations and holding fundraising events such as the annual Plant sales. This year we have recruited a professional fundraiser on a sessional basis in order to maximise our contact with local groups/organisations and produce bids to national funders. This post also supports the Board of Trustees in developing policy and other work related to the overall management of the organisation.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**ACHIEVEMENT AND PERFORMANCE**

**Internal and External**

In 2022/23 we received total income of £462,969 and as usual this came from a mixture of sources, Health and Social care contracts (£418,448), repeat and one-off grants (£13,198), and donations/ fundraising and earned income (£31,323). All service contracts with SMBC and the ICB are due for re-contracting in 2024 - most by 1st April - and are currently under discussion.

Our SMBC funded Benefits/Debt/Outreach service was reduced by £15,000 from April 2023 as we no-longer provide financial supervision to the AgeUK finance workers as they now have their own FCA registration; and the 7 year contract is due to end in September 2024. Our aim is either to stay within any future AgeUK service bid, or look for alternative grant funding for this very crucial area of work.

Happily, we continue our positive relationship with the local Elizabeth Creak Trust, and received our annual grant of £10,000 towards the Horticulture project; which also raised £1,975 in income from plant sales.

Our general fund raising/donations this year raised £31,323 from both individuals and a wide range of small charitable donors from the local community who have raised funds through local businesses, pub collections, coffee mornings, sponsored events, school non-uniform days, and events through community fundraising groups such as the Inner Circle, Soroptimists, Lions and Rotary clubs, and many other small groups. We also receive donations following our Mental health Awareness talks to community groups, local schools and Solihull college, plus our current relationship with Birmingham Airport where they have us as their nominated charity and also purchase from us Mental Health Awareness/skills training.

The remaining income of £2,174 was received through VAT returns and bank interest.

Total expenditure in 2022/23 was £574,887 - giving us an excess of expenditure over income for the year of £111,918.

By far our major area of spending is on Staffing costs - including staff/volunteer travel and training costs - which in 2022/23 was £526,704 representing 92% of total costs, and a 9% increase from the previous year.

Overall expenditure is broken down into 4 basic areas: 'Charitable activities' costs: ie the mental health services we deliver - which in 2022/23 cost £560,128 and represented 97% of our total expenditure; Organisation Support/management costs: ie managing services and staff £29,885 (Governance costs: ie the costs linked to the running of the Charity/Ltd Company £15,283 and Costs relating to generating income: ie staff time and other resources put into fundraising, preparing bids etc £12,962 ; plus loss of sale of assets £1,797. At the end of the 2022/23 financial year our fixed assets (building/vehicles/capital equip) stood at £96,440; and our current assets at £671,974 giving us overall assets of £768,414. This figure represents a reduction in our March 2022 reserves of £111,918 and although we still hold reserves to cover over a year of current expenditure costs, the Board feel this is necessary as we have still been unable to replace our Drop-in funding and, although we have no particular concerns, there are also 3 service areas due for re-tendering/commissioning in March 2024. Therefore as in 2021/22, the Boards felt that it is appropriate at this time to maintain a higher than normal level of reserves until this period of uncertainty has passed.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**FINANCIAL REVIEW**

**Level/form of reserves**

As part of the management of the organisation, Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them, in order to maximise income while retaining accessibility to funds. It has previously been the aim of the organisation to hold a minimum of 9 months running costs (currently around £450,000) in order to enable the continuation of services while replacement funding is found. These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed. As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain - which has allowed us to continue to support partly, or unfunded services such as our Information and advice service, the Creative Spaces project, plus art sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger. Decisions on the use of reserves will be made by the Board of Directors.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**FINANCIAL REVIEW**

**Reserves policy**

Throughout the financial year, Trustees/Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings from the Financial sub-group. In addition to setting and managing the budget, the Financial sub-group and Board of Trustees/Directors look at funding opportunities for current 'at risk' service delivery areas, as well as any new areas of service need which may be identified.

All fundraising activities are in line with our Ethical Fundraising policy.

The Trustees/Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include:

**Opportunity to accrue reserves**

Reserves are usually accrued through individual and corporate donations, fundraising events/sales, one off grants and maximising income through careful expenditure.

With Unrestricted Income - which is the majority of our funding - reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend if they are able to deliver the required level of service for lower costs than estimated - eg DIY/gardening/some admin activities etc may be able to be provided by volunteers/trustees at zero cost. This, of course, works the other way as well, as any additional unexpected expenditure over the contract level must be covered by Solihull Mind.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations which appear to hold high levels of reserves - even where these are required to ensure the continuity of vital services if contracts are lost - and this may restrict our access to funding new projects which they may feel we can fund ourselves.

This is a difficult area to manage - particularly as sometimes an unexpectedly large donation/one-off grant can make us look more solvent than we are, and we could be turned down for funding; whereas this could only be used for capital items or a short-term project as we can't rely on that level of individual donation/grant on an annual basis. Where possible we explain to possible funders our level of 'free' rather than 'total' reserves - where some reserves are already allocated or unsuitable for a particular project/need.

Use of reserves are used to: Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source. Provide seed money for research and development of pilot projects in advance of securing longer term funding.

Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation. Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

**Level/form of reserves**

As part of the management of the organisation, Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them, in order to maximise income while retaining accessibility to funds. It has previously been the aim of the organisation to hold a minimum of 9 months running costs (currently around £450,000) in order to enable the continuation of services while replacement funding is found.



**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**FINANCIAL REVIEW**

These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed. As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain - which has allowed us to continue to support partly, or unfunded services such as our Information and advice service, the Creative Spaces project, plus art sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger.

Decisions on the use of reserves will be made by the Board of Directors.

**Use of reserves**

Reserves are used to:

- Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

**FUTURE PLANS**

The Annual Delivery plans for both 2022/23 and 2023/24 set out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area. This is backed up by the Board's decision to protect enough reserves for this period which will be able to cover service delivery costs for at least a year to allow other income sources to be sought.

The delivery of the Annual plans is the responsibility of the Board of Trustees/Directors in conjunction with the Chief Executive Officer; and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document. a deed of trust, and constitutes an incorporated charity and Company Limited by Guarantee

**Decision making body**

The decision making body of Solihull Mind (from 22/9/2023 OASIS Mental Health Support) operates through a Board of Trustees/Directors comprising up to eight elected Trustees/Directors, up to three co-opted Trustees/Directors and four Officers. The Board meets quarterly, and additionally, a standing committee of the Officers plus two other Trustees/Directors can be called on between meetings if urgent business needs to be discussed.

Details of the Trustees/Directors who served during the year are shown in the summary of administrative details.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Recruitment and appointment of new trustees**

All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

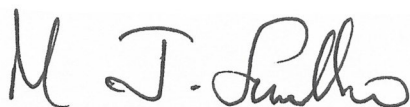
**Induction and training of new trustees**

Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law.

This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ... 21/12/2023 ..... and signed on its behalf by:



.....  
M Swallow - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
OASIS MENTAL HEATH SUPPORT LIMITED (REGISTERED NUMBER: 10716963)**

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**Independent examiner's report to the trustees of Oasis Mental Heath Support Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Kitson FCA

Prime  
Chartered Accountants  
Corner Oak  
1 Homer Road  
Solihull  
B91 3QG

Date: 22.12.2023.

**OASIS MENTAL HEALTH SUPPORT LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2023**

|                                     | Notes | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | <b>2023<br/>Total<br/>funds<br/>£</b> | 2022<br>Total<br>funds<br>£ |
|-------------------------------------|-------|---------------------------|-------------------------|---------------------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>   |       |                           |                         |                                       |                             |
| Donations and legacies              | 2     | <b>31,323</b>             | -                       | <b>31,323</b>                         | 26,814                      |
| <b>Charitable activities</b>        |       |                           |                         |                                       |                             |
| Provision of Mental Health Services | 5     | <b>416,448</b>            | <b>2,000</b>            | <b>418,448</b>                        | 618,505                     |
| Other trading activities            | 3     | <b>1,975</b>              | -                       | <b>1,975</b>                          | 3,923                       |
| Investment income                   | 4     | <b>2,174</b>              | -                       | <b>2,174</b>                          | -                           |
| Other income                        |       | <b>9,049</b>              | -                       | <b>9,049</b>                          | 3,930                       |
| <b>Total</b>                        |       | <b>460,969</b>            | <b>2,000</b>            | <b>462,969</b>                        | 653,172                     |
| <b>EXPENDITURE ON</b>               |       |                           |                         |                                       |                             |
| Raising funds                       |       | <b>12,962</b>             | -                       | <b>12,962</b>                         | 11,983                      |
| <b>Charitable activities</b>        |       |                           |                         |                                       |                             |
| Provision of Mental Health Services | 6     | <b>558,127</b>            | <b>2,001</b>            | <b>560,128</b>                        | 470,107                     |
| Other                               |       | -                         | <b>1,797</b>            | <b>1,797</b>                          | -                           |
| <b>Total</b>                        |       | <b>571,089</b>            | <b>3,798</b>            | <b>574,887</b>                        | 482,090                     |
| <b>NET INCOME/(EXPENDITURE)</b>     |       | <b>(110,120)</b>          | <b>(1,798)</b>          | <b>(111,918)</b>                      | 171,082                     |
| <b>RECONCILIATION OF FUNDS</b>      |       |                           |                         |                                       |                             |
| Total funds brought forward         |       | <b>848,125</b>            | <b>1,798</b>            | <b>849,923</b>                        | 678,841                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b>  |       | <b>738,005</b>            | -                       | <b>738,005</b>                        | 849,923                     |

The notes form part of these financial statements

**BALANCE SHEET**  
**31 MARCH 2023**

|  | Notes | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | 2023<br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|--|-------|---------------------------|-------------------------|-----------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                          |       |                           |                         |                             |                             |
| Tangible assets                              | 11    | <b>96,440</b>             | -                       | <b>96,440</b>               | 100,659                     |
| <b>CURRENT ASSETS</b>                        |       |                           |                         |                             |                             |
| Debtors                                      | 12    | <b>97,651</b>             | -                       | <b>97,651</b>               | 16,295                      |
| Cash at bank and in hand                     |       | <b>574,323</b>            | -                       | <b>574,323</b>              | 767,882                     |
|  |       | <b>671,974</b>            | -                       | <b>671,974</b>              | 784,177                     |
| <b>CREDITORS</b>                             |       |                           |                         |                             |                             |
| Amounts falling due within one year          | 13    | <b>(30,409)</b>           | -                       | <b>(30,409)</b>             | (34,913)                    |
| <b>NET CURRENT ASSETS</b>                    |       | <b>641,565</b>            | -                       | <b>641,565</b>              | 749,264                     |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <b>738,005</b>            | -                       | <b>738,005</b>              | 849,923                     |
| <b>NET ASSETS</b>                            |       | <b>738,005</b>            | -                       | <b>738,005</b>              | 849,923                     |
| <b>FUNDS</b>                                 | 14    |                           |                         |                             |                             |
| Unrestricted funds                           |       |                           |                         | <b>738,005</b>              | 848,125                     |
| Restricted funds                             |       |                           |                         | -                           | 1,798                       |
| <b>TOTAL FUNDS</b>                           |       |                           |                         | <b>738,005</b>              | 849,923                     |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued  
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 21/12/2023.....and were signed on its behalf by:



.....  
D Skerrett - Trustee



.....  
V Skiba - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023

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1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

|                          |                  |
|--------------------------|------------------|
| Freehold property        | - 2% on cost     |
| Improvements to property | - 10% on cost    |
| Fixtures and fittings    | - 20% on cost    |
| Motor vehicles           | - 25% on cost    |
| Computer equipment       | - 33.33% on cost |

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**2. DONATIONS AND LEGACIES**

|           | <b>2023</b>          | <b>2022</b>          |
|-----------|----------------------|----------------------|
|           | <b>£</b>             | <b>£</b>             |
| Donations | <b>30,343</b>        | 26,814               |
| Gift aid  | <b>980</b>           | -                    |
|           | <b><u>31,323</u></b> | <b><u>26,814</u></b> |

**3. OTHER TRADING ACTIVITIES**

|             | <b>2023</b>         | <b>2022</b>         |
|-------------|---------------------|---------------------|
|             | <b>£</b>            | <b>£</b>            |
| Plant sales | <b><u>1,975</u></b> | <b><u>3,923</u></b> |

**4. INVESTMENT INCOME**

|                          | <b>2023</b>         | <b>2022</b>     |
|--------------------------|---------------------|-----------------|
|                          | <b>£</b>            | <b>£</b>        |
| Deposit account interest | <b><u>2,174</u></b> | <b><u>-</u></b> |

**5. INCOME FROM CHARITABLE ACTIVITIES**

|               | <b>2023</b>                                  | <b>2022</b>               |
|---------------|--|---------------------------|
|               | <b>Provision of Mental Health Services £</b> | <b>Total activities £</b> |
| Grants        | <b>418,448</b>                               | <b>605,396</b>            |
| Rental income | <b>-</b>                                     | <b>13,109</b>             |
|               | <b><u>418,448</u></b>                        | <b><u>618,505</u></b>     |

Grants received, included in the above, are as follows:

|                         | <b>2023</b>           | <b>2022</b>           |
|-------------------------|-----------------------|-----------------------|
|                         | <b>£</b>              | <b>£</b>              |
| Age UK                  | <b>138,504</b>        | 139,170               |
| Elizabeth Creek Trust   | <b>10,000</b>         | 10,000                |
| Miscellaneous           | <b>13,500</b>         | 4,694                 |
| Solihull CCG            | <b>237,841</b>        | 246,466               |
| Solihull MBC            | <b>18,603</b>         | 104,003               |
| Suicide prevention fund | <b>-</b>              | 99,563                |
|                         | <b><u>418,448</u></b> | <b><u>603,896</u></b> |



NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023**6. CHARITABLE ACTIVITIES COSTS**

|                                     | Direct<br>Costs<br>£ | Support<br>costs<br>£ | Totals<br>£    |
|-------------------------------------|----------------------|-----------------------|----------------|
| Provision of Mental Health Services | <b>514,960</b>       | <b>45,168</b>         | <b>560,128</b> |

**7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                                     | <b>2023</b><br>£ | 2022<br>£ |
|-------------------------------------|------------------|-----------|
| Depreciation - owned assets         | <b>9,432</b>     | 8,149     |
| Deficit on disposal of fixed assets | <b>1,797</b>     | -         |
| Independent examination fee         | <b>5,321</b>     | 4,530     |

**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**9. STAFF COSTS**

The average monthly number of employees during the year was as follows:

|           | <b>2023</b><br><b>16</b> | 2022<br>16 |
|-----------|--------------------------|------------|
| Employees |                          |            |

No employees received emoluments in excess of £60,000.

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                     | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | Total<br>funds<br>£ |
|-------------------------------------|---------------------------|-------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>   |                           |                         |                     |
| Donations and legacies              | 26,814                    | -                       | 26,814              |
| <b>Charitable activities</b>        |                           |                         |                     |
| Provision of Mental Health Services | 616,506                   | 1,999                   | 618,505             |
| Other trading activities            | 3,923                     | -                       | 3,923               |
| Other income                        | 3,930                     | -                       | 3,930               |
| <b>Total</b>                        | <b>651,173</b>            | <b>1,999</b>            | <b>653,172</b>      |
| <b>EXPENDITURE ON</b>               |                           |                         |                     |
| Raising funds                       | 11,983                    | -                       | 11,983              |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

|                                     | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | Total<br>funds<br>£ |
|-------------------------------------|---------------------------|-------------------------|---------------------|
| <b>Charitable activities</b>        |                           |                         |                     |
| Provision of Mental Health Services | 467,844                   | 2,263                   | 470,107             |
| <b>Total</b>                        | 479,827                   | 2,263                   | 482,090             |
| <b>NET INCOME/(EXPENDITURE)</b>     | 171,346                   | (264)                   | 171,082             |
| <b>RECONCILIATION OF FUNDS</b>      |                           |                         |                     |
| Total funds brought forward         | 676,779                   | 2,062                   | 678,841             |
| <b>TOTAL FUNDS CARRIED FORWARD</b>  | 848,125                   | 1,798                   | 849,923             |

**11. TANGIBLE FIXED ASSETS**

|                        | Freehold<br>property<br>£ | Improvements<br>to<br>property<br>£ | Fixtures<br>and<br>fittings<br>£ |
|------------------------|---------------------------|-------------------------------------|----------------------------------|
| <b>COST</b>            |                           |                                     |                                  |
| At 1 April 2022        | 91,654                    | 2,642                               | 6,258                            |
| Additions              | -                         | -                                   | 5,839                            |
| Disposals              | -                         | (2,642)                             | -                                |
| At 31 March 2023       | 91,654                    | -                                   | 12,097                           |
| <b>DEPRECIATION</b>    |                           |                                     |                                  |
| At 1 April 2022        | 4,065                     | 844                                 | 3,286                            |
| Charge for year        | 1,878                     | -                                   | 3,181                            |
| Eliminated on disposal | -                         | (844)                               | -                                |
| At 31 March 2023       | 5,943                     | -                                   | 6,467                            |
| <b>NET BOOK VALUE</b>  |                           |                                     |                                  |
| At 31 March 2023       | 85,711                    | -                                   | 5,630                            |
| At 31 March 2022       | 87,589                    | 1,798                               | 2,972                            |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**11. TANGIBLE FIXED ASSETS - continued**

|                        | Motor<br>vehicles<br>£ | Computer<br>equipment<br>£ | Totals<br>£    |
|------------------------|------------------------|----------------------------|----------------|
| <b>COST</b>            |                        |                            |                |
| At 1 April 2022        | <b>11,870</b>          | <b>4,274</b>               | <b>116,698</b> |
| Additions              | -                      | <b>1,172</b>               | <b>7,011</b>   |
| Disposals              | -                      | -                          | <b>(2,642)</b> |
| At 31 March 2023       | <b>11,870</b>          | <b>5,446</b>               | <b>121,067</b> |
| <b>DEPRECIATION</b>    |                        |                            |                |
| At 1 April 2022        | <b>5,618</b>           | <b>2,226</b>               | <b>16,039</b>  |
| Charge for year        | <b>2,968</b>           | <b>1,405</b>               | <b>9,432</b>   |
| Eliminated on disposal | -                      | -                          | <b>(844)</b>   |
| At 31 March 2023       | <b>8,586</b>           | <b>3,631</b>               | <b>24,627</b>  |
| <b>NET BOOK VALUE</b>  |                        |                            |                |
| At 31 March 2023       | <b>3,284</b>           | <b>1,815</b>               | <b>96,440</b>  |
| At 31 March 2022       | <b>6,252</b>           | <b>2,048</b>               | <b>100,659</b> |

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|               | 2023<br>£     | 2022<br>£ |
|---------------|---------------|-----------|
| Trade debtors | <b>96,243</b> | 10,644    |
| Other debtors | <b>18</b>     | -         |
| VAT           | <b>7</b>      | -         |
| Prepayments   | <b>1,383</b>  | 5,651     |
|               | <b>97,651</b> | 16,295    |

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2023<br>£     | 2022<br>£ |
|---------------------------------|---------------|-----------|
| Social security and other taxes | <b>8,987</b>  | 7,482     |
| VAT                             | -             | 688       |
| Pension control                 | <b>2,127</b>  | 2,413     |
| Accruals and deferred income    | <b>4,167</b>  | 4,166     |
| Accrued expenses                | <b>15,128</b> | 20,164    |
|                                 | <b>30,409</b> | 34,913    |

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2023

## 14. MOVEMENT IN FUNDS

|                                     | At 1.4.22<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.23<br>£ |
|-------------------------------------|----------------|----------------------------------|--------------------|
| <b>Unrestricted funds</b>           |                |                                  |                    |
| General fund                        | 848,125        | (110,120)                        | 738,005            |
| <b>Restricted funds</b>             |                |                                  |                    |
| Provision of Mental Health Services | 1,798          | (1,798)                          | -                  |
| <b>TOTAL FUNDS</b>                  | <b>849,923</b> | <b>(111,918)</b>                 | <b>738,005</b>     |

Net movement in funds, included in the above are as follows:

|                                     | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>           |                            |                            |                           |
| General fund                        | 460,969                    | (571,089)                  | (110,120)                 |
| <b>Restricted funds</b>             |                            |                            |                           |
| Provision of Mental Health Services | 2,000                      | (3,798)                    | (1,798)                   |
| <b>TOTAL FUNDS</b>                  | <b>462,969</b>             | <b>(574,887)</b>           | <b>(111,918)</b>          |

## Comparatives for movement in funds

|                                     | At 1.4.21<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.3.22<br>£ |
|-------------------------------------|----------------|----------------------------------|--------------------|
| <b>Unrestricted funds</b>           |                |                                  |                    |
| General fund                        | 676,779        | 171,346                          | 848,125            |
| <b>Restricted funds</b>             |                |                                  |                    |
| Provision of Mental Health Services | 2,062          | (264)                            | 1,798              |
| <b>TOTAL FUNDS</b>                  | <b>678,841</b> | <b>171,082</b>                   | <b>849,923</b>     |

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**14. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

|                                     | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>           |                            |                            |                           |
| General fund                        | 651,173                    | (479,827)                  | 171,346                   |
| <b>Restricted funds</b>             |                            |                            |                           |
| Provision of Mental Health Services | 1,999                      | (2,263)                    | (264)                     |
| <b>TOTAL FUNDS</b>                  | <u>653,172</u>             | <u>(482,090)</u>           | <u>171,082</u>            |

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

**OASIS MENTAL HEALTH SUPPORT LIMITED****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2023**

|                                       | 2023<br>£      | 2022<br>£      |
|---------------------------------------|----------------|----------------|
| <b>INCOME AND ENDOWMENTS</b>          |                |                |
| <b>Donations and legacies</b>         |                |                |
| Donations                             | 30,343         | 26,814         |
| Gift aid                              | 980            | -              |
|                                       | <b>31,323</b>  | <b>26,814</b>  |
| <b>Other trading activities</b>       |                |                |
| Plant sales                           | 1,975          | 3,923          |
| <b>Investment income</b>              |                |                |
| Deposit account interest              | 2,174          | -              |
| <b>Charitable activities</b>          |                |                |
| Grants                                | 418,448        | 605,396        |
| Rental income                         | -              | 13,109         |
|                                       | <b>418,448</b> | <b>618,505</b> |
| <b>Other income</b>                   |                |                |
| Other incoming resources              | 9,049          | 3,930          |
| <b>Total incoming resources</b>       | <b>462,969</b> | <b>653,172</b> |
| <b>EXPENDITURE</b>                    |                |                |
| <b>Raising donations and legacies</b> |                |                |
| Wages                                 | 7,900          | 10,039         |
| Social security                       | 1,305          | 1,141          |
| Pensions                              | 757            | 803            |
|                                       | <b>9,962</b>   | <b>11,983</b>  |
| <b>Other trading activities</b>       |                |                |
| Bad debts                             | 3,000          | -              |
| <b>Charitable activities</b>          |                |                |
| Wages                                 | 378,947        | 288,952        |
| Social security                       | 26,516         | 25,037         |
| Pensions                              | 23,274         | 22,804         |
| Rates and water                       | 17,083         | 13,094         |
| Light and heat                        | 2,801          | 3,068          |
| Telephone and service charges         | 7,021          | 3,234          |
| Postage and stationery                | 3,855          | 4,942          |
| Sundries                              | 22,310         | 13,003         |
| Carried forward                       | <b>481,807</b> | <b>374,134</b> |

This page does not form part of the statutory financial statements

# OASIS MENTAL HEATH SUPPORT LIMITED

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

|                                       | 2023<br>£        | 2022<br>£      |
|---------------------------------------|------------------|----------------|
| <b>Charitable activities</b>          |                  |                |
| Brought forward                       | 481,807          | 374,134        |
| Cleaning                              | 3,109            | 2,552          |
| Eat and Meet expenditure              | 2,566            | -              |
| Training                              | 444              | 1,087          |
| Housing Association Fees              | -                | 10,615         |
| Motor expenses                        | 1,285            | 1,618          |
| Staff and Volunteer expenses          | 4,904            | 4,011          |
| Events                                | 1,194            | 2,423          |
| Seeds, plants, etc                    | 7,801            | 5,518          |
| Arts                                  | 213              | 2,657          |
| Repairs and maintenance               | 2,206            | 4,878          |
| Freehold property                     | 1,877            | 1,877          |
| Improvements to property              | -                | 264            |
| Fixtures and fittings                 | 3,181            | 1,856          |
| Motor vehicles                        | 2,968            | 2,968          |
| Computer equipment                    | 1,405            | 1,182          |
|                                       | <b>514,960</b>   | <b>417,640</b> |
| <b>Other</b>                          |                  |                |
| Loss on sale of tangible fixed assets | 1,797            | -              |
| <b>Support costs</b>                  |                  |                |
| <b>Management</b>                     |                  |                |
| Wages                                 | 23,699           | 30,118         |
| Social security                       | 3,915            | 3,424          |
| Pensions                              | 2,271            | 2,410          |
|                                       | <b>29,885</b>    | <b>35,952</b>  |
| <b>Governance costs</b>               |                  |                |
| Wages                                 | 7,900            | 10,040         |
| Social security                       | 1,305            | 1,142          |
| Pensions                              | 757              | 803            |
| Independent examination               | 5,321            | 4,530          |
|                                       | <b>15,283</b>    | <b>16,515</b>  |
| Total resources expended              | <b>574,887</b>   | <b>482,090</b> |
| <b>Net (expenditure)/income</b>       | <b>(111,918)</b> | <b>171,082</b> |

This page does not form part of the statutory financial statements