

Oasis Mental Health Support

England & Wales · Charity number 1179376

Details

Other names	OASIS MENTAL HEALTH SUPPORT, SOLIHULL MIND
Status	Registered
Legal form	Charitable company
Company number	10716963
Registered	2018-07-30
Register	View on the Charity Commission register

Contact

Address	Oasis Mental Health Support 14-16 Faulkner Road Solihull West Midlands B92 8SY
Phone	01217424941
Email	contact@oasismentalhealthsupport.org.uk
Website	www.oasismentalhealthsupport.org.uk

Activities

Objects: TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATION PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT. THESE OBJECTIVES ARE IN ACCORDANCE WITH AIMS AND OBJECTIVES OF NATIONAL MIND (NATIONAL ASSOCIATION FOR MENTAL HEALTH). THE AREA OF THE ASSOCIATION WILL BE THE METROPOLITAN BOROUGH OF SOLIHULL.

Activities: We provide mental health services for those living in Solihull Borough.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Solihull

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£408,360	£601,160	-	-
2024-03-31	£426,408	£612,555	-	-
2023-03-31	£462,969	£574,887	-	-
2022-03-31	£653,172	£482,090	£849,923	16
2021-03-31	£712,502	£447,003	£678,841	12

Trustees

Name	Role	Appointed
MICHAEL SWALLOW	Chair	2020-02-27
Amy Swallow		2026-03-13
Andrew Musson		2022-05-19
Hazel Lawley		2023-08-18
James Bott		2024-11-29
Richard Fitzhenry		2022-05-19
Vincent Skiba		2020-02-27

Accounts

REGISTERED COMPANY NUMBER: 10716963 (England and Wales)
REGISTERED CHARITY NUMBER: 1179376

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
OASIS MENTAL HEATH SUPPORT LIMITED**

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

OASIS MENTAL HEATH SUPPORT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2025**

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OASIS MENTAL HEATH SUPPORT LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2025**

TRUSTEES	P Brown V Skiba D Salmons (resigned 29/11/24) M Swallow D Skerrett (resigned 29/11/24) A Musson R Fitzhenry J Hickey (resigned 29/11/24) H Lawley J W Bolt (appointed 29/11/24)
COMPANY SECRETARY	N Mather
REGISTERED OFFICE	14/16 Faulkner Road Solihull B92 8SY
REGISTERED COMPANY NUMBER	10716963 (England and Wales)
REGISTERED CHARITY NUMBER	1179376
INDEPENDENT EXAMINER	Prime Chartered Accountants Corner Oak 1 Homer Road Solihull B91 3QG

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

The trustees present their report with the financial statements of the charity for the period ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of Oasis Mental Health Support Limited is to promote the interests of, and provide support to, people with mental health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

Philosophies

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

Social investments

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

OBJECTIVES AND ACTIVITIES

Service Areas and Levels

OASIS Mental Health Support is a local organisation with a proven track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship and equal opportunities. The services provided can be grouped within the following broad categories: **Social Inclusion** - including mental health awareness training to local employers, community groups and schools; access to specialist benefits/debt/housing support to maximize life opportunities. **Social Support** - delivered through the OASIS (Open Access Support and Information Service) weekday/weekend walk-in Drop-in service; nightly Crisis Café; Supported accommodation; and weekly women only and LGBTQ+ support groups. **Information and Advice** - this is provided weekdays 9.30-5pm via phone, email, in person and through our website, Facebook and twitter accounts; plus access to specialist books/leaflets on mental health issues and use of the internet. **Therapy** - provided by our Counselling, and out of hours Crisis Café services. **Creative Activities and Leisure** - delivered both at our main building alongside the OASIS services or at our outdoor Creative Spaces service providing opportunities for organic horticulture, conservation work, sports/healthy living activities, art/crafts etc

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However, our outreach services such as benefits/debt/housing and other specialist advocacy are also provided in the community, both in people's homes, or via the Solihull North and South Information Hubs, various NHS/Social Services locations, job centres, employers, and other mainstream locations around the borough where appropriate.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

OASIS Mental Health Support is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people in the Borough of Solihull who experience mental health issues.

OASIS aims to provide stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/NHS (ICB) funding we already have for contracted services such as Counselling and Crisis Support (NHS) Housing Support, Benefits/Debt/ Housing and wider Outreach work (SMBC/Solihull Age UK.). In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other smaller charitable organizations; plus developing relationships with local fundraising groups/community organisations and business to highlight our work and encourage one-off and longer-term support - as well as individual donations and holding fundraising events such as the annual Plant sales. This year we have continued to work with a professional fundraiser on a sessional basis in order to maximise our contact with local groups/organisations and produce bids to national funders. This post also supports the CEO and Board of Trustees in developing policy and other work related to the overall management of the organisation.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE

Internal and External

In 2024/25 we received total income of £408,360 which was down by just over £18,000 on the previous 2023/24 figure of £426,408. This was due mainly to a unpredicted reduction in our income from Solihull Age UK for our Benefits/debt/housing advice and Outreach contract due to unpredicted levels of staff sickness where we weren't receiving any payments but were still required to pay staff sick pay; as well as just under £4,000 reduction in our donations and bank interest income compared with 2023/24.

As in previous years the income we brought in came from a mixture of sources, Health and Social care contracts totalling £289,995, Solihull Age UK contract £55,516 repeat and one-off grants of £25,00, and donations/ fundraising/bank interest and miscellaneous income of just under £30,000.

Several service contracts with SMBC and the ICB are due for re-contracting in 2026/7 - the Counselling service bid was submitted to the ICB in November 2025 and the result will be known in January 2026. Decisions are still to be made by SMBC regarding the tender details/any changes to the Housing Support service and particularly the Information and Advice service which has been delivered by Age UK Solihull and ourselves for the past 7 years - the tender information for this is expected to come out around March 2026.

Happily, we continue our positive relationship with the local Elizabeth Creak Trust, and received our annual grant of £10,000 towards the Horticulture project - which they increased to £12,000 in 2025/26. A further one-off grant this year was £15,000 from the Eveson Trust.

Our general fundraising/donations this year came from

both individuals and a range of small charitable donors from the local community who have raised funds through both personal one-off/on-going donations and events held by community groups and local businesses. The amount received (along with our fundraising plant sales) totalled £21,381 - down slightly on the 2023/24 figure of £23,155.

Although it is obviously disappointing that we have seen an overall reduction in income this year of just over £18,000, the reasons for this have been identified and are being addressed - we currently have grant applications to a wide range of organisations submitted (totalling £1.6 million) which we expect to bring in enough funds over the next couple of years to deliver under/unfunded services and reduce our requirement to subsidise income from our reserves.

During the financial year 2024/25 our total expenditure was £601,160 - giving us an excess of expenditure over income for the year of £192,800. This amount is just over £6,500 more than was needed in 2023/24 and was due to the reduction in income from the Age UK Solihull contract and lower donations following the ending of our 'Charity of the year' fundraising relationship with Birmingham Airport.

Our total expenditure in 2024/25 was down on 2023/24 by just over £11,000 due mainly to the reduction in staffing costs - including staff/volunteer travel and training costs - by just over £8,000. Staffing is by far the most significant cost for the organisation - which in 2024/25 was £525,793 and represented 87% of total costs.

ACHIEVEMENT AND PERFORMANCE

Overall expenditure is broken down into 4 basic areas: 'Charitable activities' costs: ie the mental health services we deliver - which in 2024/25 cost £530,794 and represented 88% of our total expenditure; Organisation Support/management costs: ie managing services and staff £39,058(7%); Governance costs: ie the costs linked to the running of the Charity/Ltd Company) £18,289(3%) and Costs relating to generating income: ie staff time and other resources put into fundraising, preparing bids etc £13,019(2%).

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE

At the end of the 2024/25 financial year our fixed assets (building/vehicles/capital equip) stood at £87,529; and with our current cash assets of £271,529, this gave the organisation total assets of £359,058. This figure represents a reduction in our March 2024 reserves of £192,800 as trustees have, at this point, decided to retain all previously un/underfunded services due to user need/demand while the outcome of our multiple funding bids is decided. As our current annual costs are around £600,000 and we currently have £271,529 in cash reserves this now represents around five and a half months of running costs. Although this represent only half of our previous level of reserves, the Board felt it was necessary - in line with our current reserves policy regarding protecting/continuity of services - to continue to use reserves to allow the time needed to work to find long-term replacement funding. The need to use reserves again in the next financial year will depend upon the renewal of contracts and the success or otherwise in the funding bids the outcome of which is awaited. The Board will continue to consider the level of the reserves required and will adjust if required in the next financial year.

FINANCIAL REVIEW

Level/form of reserves

As part of the management of the organisation, Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them, in order to maximise income while retaining accessibility to funds. It was originally the aim to keep 6 months of running costs to allow time to find replacement funding to protect services; however this was increased to 9 months over the last 3-4 years when we needed to protect several service areas during a period where both statutory and charitable sector funders were reducing their grants. In the 2025/2026 year, we have faced further reduction in funding and had to make 2 staff members redundant costing around £12,000. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so when possible we will return to higher levels of reserves to be able to manage these challenges. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger. Decisions on the use of reserves will be made by the Board of Directors.

Reserves policy

Throughout the financial year, Trustees/Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings from the Financial sub-group. In addition to setting and managing the budget, the Financial sub-group and Board of Trustees/Directors look at funding opportunities for current 'at risk' service delivery areas, as well as any new areas of service need which may be identified. All fundraising activities are in line with our Ethical Fundraising policy. The Trustees/Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include: Opportunity to accrue reserves - reserves are usually accrued through individual and corporate donations, fundraising events/sales, one off grants and maximising income through careful expenditure. With Unrestricted Income - which is the majority of our funding - reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend as long as they are able to deliver the required level of service for lower costs than estimated - eg DIY/gardening/some admin activities etc may be able to be provided by volunteers/trustees at zero cost. This, of course, works the other way as well, as any additional unexpected expenditure over the contract level must be covered by the organisation.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations which appear to hold high levels of reserves - even where these are required to ensure the continuity of vital services if contracts are lost - and this may restrict our access to funding new projects which they may feel we can fund ourselves. This is a difficult area to manage - particularly as sometimes an unexpectedly large donation/one-off grant can make us look more solvent than we are, and we could be turned down for funding; whereas this could only be used for capital items or a short-term project as we can't rely on that level of individual donation/grant on an annual basis. Where possible we explain to possible funders our level of 'free' rather than 'total' reserves - where some reserves are already allocated or unsuitable for a particular project/need.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

FINANCIAL REVIEW

Use of reserves

Reserves are used to:

- Protect the long-term delivery and continuity of services
- especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal

FUTURE PLANS

The Annual Delivery plans for 2024/25 sets out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area. This is backed up by the Board's decision to protect enough reserves for this period which will be able to cover service delivery costs for at least a year to allow other income sources to be sought.

The delivery of the Annual plans is the responsibility of the Board of Trustees/Directors in conjunction with the Chief Executive Officer; and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity and Company Limited by Guarantee. The decision making body of OASIS Mental Health Support operates through a Board of Trustees/Directors comprising up to eight elected Trustees/Directors, up to three co-opted Trustees/Directors and four Officers. The Board meets quarterly, and additionally, a standing committee of the Officers plus two other Trustees/Directors can be called on between meetings if urgent business needs to be discussed.

Details of the Trustees/Directors who served during the year are shown in the summary of administrative details. Recruitment and appointment of new trustees is as follows. All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law.

This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties.

Recruitment and appointment of new trustees

All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

Induction and training of new trustees

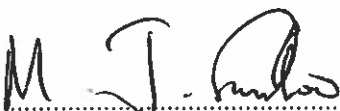
Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law.

This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 19/12/25 and signed on its behalf by:


.....

M Swallow - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
OASIS MENTAL HEATH SUPPORT LIMITED (REGISTERED NUMBER: 10716963)**

Independent examiner's report to the trustees of Oasis Mental Heath Support Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Kitson FCA

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

Date: 22.12.2025.....

OASIS MENTAL HEATH SUPPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	18,506	-	18,506	22,756
Charitable activities	5				
Provision of Mental Health Services		303,002	72,517	375,519	385,435
Other trading activities	3	2,875	-	2,875	399
Investment income	4	3,587	-	3,587	5,685
Other income		7,873	-	7,873	12,133
Total		335,843	72,517	408,360	426,408
EXPENDITURE ON					
Raising funds		13,019	-	13,019	18,848
Charitable activities	6				
Provision of Mental Health Services		530,624	57,517	588,141	593,707
Total		543,643	57,517	601,160	612,555
NET INCOME/(EXPENDITURE)		(207,800)	15,000	(192,800)	(186,147)
RECONCILIATION OF FUNDS					
Total funds brought forward		551,858	-	551,858	738,005
TOTAL FUNDS CARRIED FORWARD		344,058	15,000	359,058	551,858

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	11	87,529	-	87,529	93,761
CURRENT ASSETS					
Debtors	12	146,726	-	146,726	76,894
Cash at bank and in hand		135,795	15,000	150,795	416,084
		<u>282,521</u>	<u>15,000</u>	<u>297,521</u>	<u>492,978</u>
CREDITORS					
Amounts falling due within one year	13	(25,992)	-	(25,992)	(34,881)
NET CURRENT ASSETS		<u>256,529</u>	<u>15,000</u>	<u>271,529</u>	<u>458,097</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>344,058</u>	<u>15,000</u>	<u>359,058</u>	<u>551,858</u>
NET ASSETS		<u>344,058</u>	<u>15,000</u>	<u>359,058</u>	<u>551,858</u>
FUNDS	15				
Unrestricted funds				344,058	551,858
Restricted funds				15,000	-
TOTAL FUNDS				<u>359,058</u>	<u>551,858</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

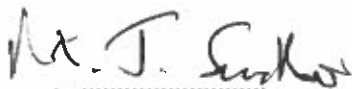
BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19.12.25 and were signed on its behalf by:



V Skiba - Trustee



M Swallow - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**2. DONATIONS AND LEGACIES**

	2025	2024
	£	£
Donations	18,223	22,446
Gift aid	283	310
	<u>18,506</u>	<u>22,756</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Plant sales	<u>2,875</u>	<u>399</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	<u>3,587</u>	<u>5,685</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	Provision of Mental Health Services £	Total activities £
Grants	<u>375,519</u>	<u>385,435</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Age UK Solihull	55,516	88,376
Elizabeth Creek Trust	10,000	10,000
Miscellaneous	5,008	12,000
Solihull CCG	268,233	249,346
Solihull MBC	21,762	21,128
Midland Heart	-	4,585
Eveson Trust	<u>15,000</u>	<u>-</u>
	<u>375,519</u>	<u>385,435</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs £	Totals £
Provision of Mental Health Services	<u>530,794</u>	<u>57,347</u>	<u>588,141</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	7,603	9,961
Independent examination fee	<u>5,270</u>	<u>5,840</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

9. STAFF COSTS

	2025 £	2024 £
Wages and salaries	462,381	467,458
Social security costs	31,381	34,233
Other pension costs	25,869	27,540
	<u>519,631</u>	<u>529,231</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Employees	<u>13</u>	<u>15</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	22,756	-	22,756
Charitable activities			
Provision of Mental Health Services	295,059	90,376	385,435
Other trading activities	399	-	399
Investment income	5,685	-	5,685
Other income	12,133	-	12,133
Total	<u>336,032</u>	<u>90,376</u>	<u>426,408</u>
EXPENDITURE ON			
Raising funds	18,848	-	18,848
Charitable activities			
Provision of Mental Health Services	503,331	90,376	593,707
Total	<u>522,179</u>	<u>90,376</u>	<u>612,555</u>
NET INCOME/(EXPENDITURE)	(186,147)	-	(186,147)
RECONCILIATION OF FUNDS			
Total funds brought forward	738,005	-	738,005
TOTAL FUNDS CARRIED FORWARD	<u>551,858</u>	<u>-</u>	<u>551,858</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

11. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 April 2024	91,654	18,568	11,505	6,027	127,754
Additions	-	-	-	1,371	1,371
At 31 March 2025	91,654	18,568	11,505	7,398	129,125
DEPRECIATION					
At 1 April 2024	7,820	10,731	10,995	4,447	33,993
Charge for year	1,877	4,264	510	952	7,603
At 31 March 2025	9,697	14,995	11,505	5,399	41,596
NET BOOK VALUE					
At 31 March 2025	81,957	3,573	-	1,999	87,529
At 31 March 2024	83,834	7,837	510	1,580	93,761

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	33,757	11,295
VAT	460	-
Accrued income	103,671	58,343
Prepayments	8,838	7,256
	<u>146,726</u>	<u>76,894</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Social security and other taxes	6,170	8,901
VAT	-	1,343
Pension control	435	4,197
Deferred income	4,167	4,167
Accrued expenses	15,220	16,273
	<u>25,992</u>	<u>34,881</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025 £	2024 £
Within one year	1,425	1,140
Between one and five years	-	1,425
	<u>1,425</u>	<u>2,565</u>

15. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	551,858	(207,800)	344,058
Restricted funds			
Provision of Mental Health Services	-	15,000	15,000
TOTAL FUNDS	<u>551,858</u>	<u>(192,800)</u>	<u>359,058</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	335,843	(543,643)	(207,800)
Restricted funds			
Provision of Mental Health Services	72,517	(57,517)	15,000
TOTAL FUNDS	<u>408,360</u>	<u>(601,160)</u>	<u>(192,800)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	738,005	(186,147)	551,858
TOTAL FUNDS	<u>738,005</u>	<u>(186,147)</u>	<u>551,858</u>

OASIS MENTAL HEATH SUPPORT LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	336,032	(522,179)	(186,147)
Restricted funds			
Provision of Mental Health Services	90,376	(90,376)	-
TOTAL FUNDS	<u>426,408</u>	<u>(612,555)</u>	<u>(186,147)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025, nor for the year ended 31 March 2024.

OASIS MENTAL HEATH SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	18,223	22,446
Gift aid	283	310
	<u>18,506</u>	<u>22,756</u>
Other trading activities		
Plant sales	2,875	399
Investment income		
Deposit account interest	3,587	5,685
Charitable activities		
Grants	375,519	385,435
Other income		
Other incoming resources	7,873	12,133
Total incoming resources	<u>408,360</u>	<u>426,408</u>
EXPENDITURE		
Raising donations and legacies		
Wages	10,985	10,976
Social security	1,265	1,264
Pensions	769	768
	<u>13,019</u>	<u>13,008</u>
Charitable activities		
Wages	407,455	412,577
Social security	25,056	27,914
Pensions	22,024	23,699
Rates and water	16,882	17,949
Light and heat	4,250	2,483
Telephone and service charges	4,211	4,264
Postage and stationery	3,715	3,516
Sundries	8,546	9,818
Cleaning	3,456	3,320
Eat and Meet expenditure	7,331	4,498
Training	30	352
Motor expenses	3,220	2,698
Staff and Volunteer expenses	6,132	4,634
Events	6,274	3,406
Carried forward	<u>518,582</u>	<u>521,128</u>

This page does not form part of the statutory financial statements

OASIS MENTAL HEATH SUPPORT LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Charitable activities		
Brought forward	518,582	521,128
Seeds, plants, etc	3,342	7,528
Arts	166	353
Repairs and maintenance	1,101	2,704
Freehold property	1,877	1,877
Fixtures and fittings	4,264	4,363
Motor vehicles	509	2,774
Computer equipment	953	947
	530,794	541,674
Support costs		
Management		
Wages	32,956	32,929
Social security	3,795	3,791
Pensions	2,307	2,305
	39,058	39,025
Governance costs		
Wages	10,985	10,976
Social security	1,265	1,264
Pensions	769	768
Independent examination	5,270	5,840
	18,289	18,848
Total resources expended	601,160	612,555
Net expenditure	(192,800)	(186,147)

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 10716963 (England and Wales)
REGISTERED CHARITY NUMBER: 1179376

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
OASIS MENTAL HEATH SUPPORT LIMITED**

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

OASIS MENTAL HEATH SUPPORT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024

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OASIS MENTAL HEATH SUPPORT LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2024**

TRUSTEES	P Brown V Skiba D Salmons M Swallow P Follows (resigned 1/9/23) M Rea (resigned 29/8/23) D Skerrett A Musson J L Rowe (resigned 18/8/23) R Fitzhenry J Hickey (appointed 29/8/23) H Lawley (appointed 29/8/23)
COMPANY SECRETARY	N Mather
REGISTERED OFFICE	14/16 Faulkner Road Solihull B92 8SY
REGISTERED COMPANY NUMBER	10716963 (England and Wales)
REGISTERED CHARITY NUMBER	1179376
INDEPENDENT EXAMINER	Prime Chartered Accountants Corner Oak 1 Homer Road Solihull B91 3QG

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the period ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of Oasis Mental Health Support Limited is to promote the interests of, and provide support to, people with mental

health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

Philosophies

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

Social investments

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

OBJECTIVES AND ACTIVITIES

Service Areas and Levels

OASIS Mental Health Support is a local organisation (previously Solihull Mind) with a 40 year track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship, equal opportunities and access to empowering and supportive services. In order to achieve this the organisation aims to maximise input from people with Lived Experience - not only through feedback from service monitoring, but also within organisation management (86% of the Board of Trustees), service management (100%) plus over 92% of paid service delivery staff.

Our services are all free, and can be directly accessed through self-referral, enabling speedy and confidential support and information; and therefore increasing the likelihood of people seeking out support for their mental health.

Specifically they currently include therapeutic support via our one to one specialist mental health Counselling service, nightly Crisis Café (6-11pm) with access to emergency counselling, advice and guidance on emotional and practical issues - plus support to access any of our other service areas the person feels they need; and the emotional and social support offered by our community Drop-in open on weekdays (12-5pm) and weekends 12-6pm. These services combine to enable someone experiencing intense emotional distress to have access to a safe space and support between 12pm -11pm daily if needed.

Other services available from the organisation include Mental Health Information and Advice - most regularly delivered over phone or in person, but more frequently now by email and as a direct link from our website. General Mental Health and organisation information is now delivered through our Facebook, Instagram and twitter/X accounts which have all been upgraded over the past year as part of our change to OASIS. In addition to delivering our own Advice and Information to those accessing the service and the wider public, we also enable people to have access to computers in order to search personally for other relevant specialist websites and support (eg Domestic Abuse, Gender/sexuality, or issues such as diet/exercise advice, travel, job sites etc).

We also offer the extremely valuable Debt/Benefits/Housing and wider support and advocacy service to help people access other services, express their needs in meetings regarding their mental health/social care/education etc where they have no other access to well informed support. This service is currently funded through to March 2026 by AgeUK Solihull as part of the Council's Community Information Hubs; and the intention is - depending on the nature of the new service tender - to try and work together again to continue to provide this support.

Creative Spaces is our 5 day a week (one session is women only) Organic Horticulture, conservation, arts/crafts and healthy living/sport project based on our 3.5 acre site in Knowle. The service has been running for nearly 30 years and started as a completely overgrown field and has evolved into a beautiful and safe environment for people to use who may not have their own private outside space and be too vulnerable to use public spaces. Over that time, the service has received grants multiple grants from Lottery, Opportunities for volunteers, and the European Social Fund but currently the only regular income we receive is £10,000pa from the Elizabeth Creak Trust, and otherwise we have had to rely on other one-off small grants, income from organisations who have made us their Charity of the years (the most recent of which was Birmingham Airport) individual donations to cover some of the costs and topped up from our reserves, while we still continue to look for longer term funding.

Finally, the other service areas we currently provide are Mental Health Support to 8 single person flats - in conjunction with the landlord Midland Heart; plus regular groups - currently there are weekly Women only, Art, Football and LGBTQ+ support group plus various one-off social events.

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However, our outreach services such as benefits/debt/housing and other specialist advocacy are also provided in the community, both in people's homes, via the Solihull North and South Information Hubs, various NHS/Social Services locations, job centres, employers, and other mainstream locations around the borough where appropriate.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

OASIS Mental Health Support is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people to people who experience mental health issues. The aim of OASIS Board of Trustees to provide financial stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/NHS and AgeUK Solihull funding we already have for contracted services such as Counselling and Crisis Support (NHS) Housing Support (Solihull MBC and Midland Heart H.A) and Benefits/Debt/Housing advice and wider Community advice, advocacy and outreach work.

In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other charitable organizations; plus developing relationships with smaller charities and local fundraising groups/business to highlight our work and encourage one-off and longer-term support. Donations from Corporate sponsors, individual donors and through community fundraising events are also a valuable source of funds (usually between £15 - £30k pa) as is the regular earned income of around £7- 8k a year we bring annually through our in-house catering, plant sales and delivering Mental Health Awareness training to local community groups and employers.

In order to support the Board of Trustees in their ability bring I further income, we now have a professional fundraiser who works with the CEO on a sessional basis in order to maximise our contact with local groups/organisations and produce bids to funders.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENT AND PERFORMANCE

Internal and External

In 2023/24 we received total income of £426,409 - a reduction from 2022/23 of around £36,562. This reduction was due mainly to a lower than expected amount from our AgeUK Solihull contract to provide their specialist Benefits/Debt/Housing and general information Outreach service, as the amount received is calculated based on the total of the hours actually delivered, and in this year these were lower than normal due to unusually high levels of staff sick leave.

As in previous years, income came from a mixture of sources - Contracted services included services delivered for Health/Social care, AgeUK Solihull and Midland Heart H.A totalled £391,745; repeat and one-off smaller grants of £21,000; donations/fundraising and earned income from catering/plant sales and mental health Awareness Training of £34,288, and finally bank interest of £5,685. All service contracts due previously to end in March 2024, have been successfully renegotiated until at least March 2026.

Happily, we continue our positive relationship with the local Elizabeth Creak Trust, and received our annual grant of £10,000 towards the organic horticulture aspect of Creative spaces project; additionally, in this year we also received further one of grants totalling £11,000.

Our general fund raising/donations this year - which is used mainly to support our un/underfunded services such as our Creative Spaces (Organic horticulture, conservation, sport and outdoor arts/craft activities) and OASIS Drop-in(Open Access Support and Information Service) projects - brought in £26,134 through individuals and corporate donations from organisations such as Birmingham Airport, local businesses, Solihull College/schools, local churches, plus various community interest/fundraising groups and one-off events. A further £8,154 was generated as earned income from our Mental Health Awareness Training, and catering and plant sales. During this time we were also assessing and preparing further general organisation/service specific bids to for both statutory and independent sector funding.

Our expenditure in 2023/24 financial year was £612,557 (an approximate £37,668 increase from 2022/23) due mainly to increased salary and other cost of living increases. to use our reserves to continue to provide the currently unfunded - but very important - aspect of our services and organisation infrastructure.

This situation was considered when setting the 2023/24 budget and therefore there is no immediate threat to services or the organisation as the Board have worked over several years to bring in/maintained a fairly high level of reserves in order to manage this possibility while other funding is sought. Currently a 5 year Lottery bid is being submitted in order to support these unfunded service areas.

Overall expenditure is broken down into 3 basic areas: 'Charitable activities' costs: ie the mental health services we deliver - which in 2023/24 cost £541,677 and represented 88% of our total expenditure; Governance costs: £18,848 (3%) ie the 20% of the CEO costs linked to working with the Board and running of the Charity/Ltd Company and represented Costs relating to generating income: £52,030 (9%) ie the costs of the sessional Fundraising specialists and 20% of the CEO hours put into fundraising, preparing bids etc.

The excess of expenditure over income at the end of the 2023/24 was £186,148 - which had been considered by the Board as part of our budget monitoring during the financial year - and reduced our net cash assets at 31st March 2024 to £551,858 from £738,005 in 2022/23. Our fixed assets (building/vehicles/capital equip) stood at £93,761 at the end of 2023/24 and together with our current cash assets, this gave the organisation total overall assets of £586,739. This figure represents a reduction in our March 2023 reserves, however the Board still feel this level is necessary while we continue to look for funding for our un/underfunded service areas.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW

Level/form of reserves

Trustees/Directors are required to decide the level of reserves required, and in what form (shares, deposit account etc.) they will keep them in order to maximise income while retaining accessibility to funds. It has previously been the aim of the organisation to hold a minimum of 9 months running costs (currently around £400,000) in order to enable the continuation of services while replacement funding is found.

These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed. As in previous years, our level of reserves (£551,857 at 31/3/2024) is above the minimum 9 months of running costs we aim to maintain; which has allowed us to continue to support under-funded services while we look for longer term funding without putting the organisation at risk.

Additionally, at this particular time with national uncertainty about funding and cost of living increases, and lack of funding the Drop-in service, the Board feel that it is prudent to try and maintain protected reserves at a higher level of around £525,000 for this period, to ensure at least one year service continuity across all major service areas should it happen that all current contracts end; allowing stability for our long-term service users while new funding sources are sought. Note that there is no particular reason for us to believe our current contracts are under threat, but having reserves allocated to underpin core services during these difficult times will help provide service stability and reduce anxiety for people who use and provide our services at a time when we are able to do so for at least the next contract review cycle. For this reason, as outlined in the financial review above, the Board of Trustees/Directors will be regularly monitoring the budget position and level of reserves used against service delivery, to ensure the organization is not put in financial danger.

Decisions on the use of reserves will be made by the Board of Trustees/Directors.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW

Reserves policy

Throughout the financial year, Trustees/Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings from the Financial sub-group. In addition to setting and managing the budget, the Financial sub-group and Board of Trustees/Directors look at funding opportunities for current 'at risk' service delivery areas, as well as any new areas of service need which may be identified.

All fundraising activities are in line with our Ethical Fundraising policy.

The Trustees/Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include:

Opportunity to accrue reserves

Reserves are usually accrued through individual and corporate donations, fundraising events/sales, one off grants and maximising income through careful expenditure.

With Unrestricted Income - which is the majority of our funding - reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend if they are able to deliver the required level of service for lower costs than estimated - eg DIY/gardening/some admin activities etc may be able to be provided by volunteers/trustees at zero cost. This, of course, works the other way as well, as any additional unexpected expenditure over the contract level must be covered by Oasis Mental Health Support Limited.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations which appear to hold high levels of reserves - even where these are required to ensure the continuity of vital services if contracts are lost - and this may restrict our access to funding new projects which they may feel we can fund ourselves.

This is a difficult area to manage - particularly as sometimes an unexpectedly large donation/one-off grant can make us look more solvent than we are, and we could be turned down for funding; whereas this could only be used for capital items or a short-term project as we can't rely on that level of individual donation/grant on an annual basis. Where possible we explain to possible funders our level of 'free' rather than 'total' reserves - where some reserves are already allocated or unsuitable for a particular project/need.

Use of reserves are used to: Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source. Provide seed money for research and development of pilot projects in advance of securing longer term funding.

Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation. Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW

Use of reserves

Reserves are used to:

- Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

FUTURE PLANS

The Annual Delivery plans for both 2023/24 and 2024/25 set out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area. This is backed up by the Board's decision to protect enough reserves for this period which will be able to cover service delivery costs for at least a year to allow other income sources to be sought.

The delivery of the Annual plans is the responsibility of the Board of Trustees/Directors in conjunction with the Chief Executive Officer, and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity and Company Limited by Guarantee. The decision making body of OASIS Mental Health Support operates through a Board of Trustees/Directors comprising up to eight elected Trustees/Directors, up to three co-opted Trustees/Directors and four Officers. The Board meets quarterly, and additionally, a standing committee of the Officers plus two other Trustees/Directors can be called on between meetings if urgent business needs to be discussed.

Details of the Trustees/Directors who served during the year are shown in the summary of administrative details. Recruitment and appointment of new trustees All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law. This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need.

All volunteers receive both general organisation policy training and also any relevant training for their duties.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

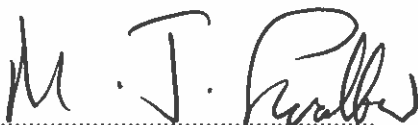
Induction and training of new trustees

Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law.

This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 13.12.2024..... and signed on its behalf by:



M Swallow - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
OASIS MENTAL HEATH SUPPORT LIMITED (REGISTERED NUMBER: 10716963)**

Independent examiner's report to the trustees of Oasis Mental Heath Support Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Kitson FCA

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

Date: 14 December 2024

OASIS MENTAL HEATH SUPPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	22,756	-	22,756	31,323
Charitable activities					
Provision of Mental Health Services	5	295,059	90,376	385,435	418,448
Other trading activities	3	399	-	399	1,975
Investment income	4	5,685	-	5,685	2,174
Other income		12,133	-	12,133	9,049
Total		336,032	90,376	426,408	462,969
EXPENDITURE ON					
Raising funds		18,848	-	18,848	12,962
Charitable activities					
Provision of Mental Health Services	6	503,331	90,376	593,707	560,128
Other		-	-	-	1,797
Total		522,179	90,376	612,555	574,887
NET INCOME/(EXPENDITURE)		(186,147)	-	(186,147)	(111,918)
RECONCILIATION OF FUNDS					
Total funds brought forward		738,005	-	738,005	849,923
TOTAL FUNDS CARRIED FORWARD		551,858	-	551,858	738,005

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	93,761	-	93,761	96,440
CURRENT ASSETS					
Debtors	12	76,894	-	76,894	97,651
Cash at bank and in hand		416,084	-	416,084	574,323
		<u>492,978</u>	<u>-</u>	<u>492,978</u>	<u>671,974</u>
CREDITORS					
Amounts falling due within one year	13	(34,881)	-	(34,881)	(30,409)
NET CURRENT ASSETS		<u>458,097</u>	<u>-</u>	<u>458,097</u>	<u>641,565</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>551,858</u>	<u>-</u>	<u>551,858</u>	<u>738,005</u>
NET ASSETS		<u>551,858</u>	<u>-</u>	<u>551,858</u>	<u>738,005</u>
FUNDS	15				
Unrestricted funds				551,858	738,005
TOTAL FUNDS				<u>551,858</u>	<u>738,005</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



.....
P Brown - Trustee



.....
M Swallow - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

OASIS MENTAL HEATH SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	22,446	30,343
Gift aid	310	980
	22,756	31,323

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Plant sales	399	1,975

4. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	5,685	2,174

5. INCOME FROM CHARITABLE ACTIVITIES

	2024	2023
	Provision of Mental Health Services £	Total activities £
Grants	385,435	418,448

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Age UK Solihull	88,376	138,504
Elizabeth Creek Trust	10,000	10,000
Miscellaneous	12,000	13,500
Solihull CCG	249,346	237,841
Solihull MBC	21,128	18,603
Midland Heart	4,585	-
	385,435	418,448

OASIS MENTAL HEATH SUPPORT LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Provision of Mental Health Services	<u>541,674</u>	<u>52,033</u>	<u>593,707</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	9,961	9,432
Deficit on disposal of fixed assets	-	1,797
Independent examination fee	<u>5,840</u>	<u>5,321</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024 15	2023 16
Employees	<u>15</u>	<u>16</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,323	-	31,323
Charitable activities			
Provision of Mental Health Services	416,448	2,000	418,448
Other trading activities	1,975	-	1,975
Investment income	2,174	-	2,174
Other income	9,049	-	9,049
Total	<u>460,969</u>	<u>2,000</u>	<u>462,969</u>

EXPENDITURE ON

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
Raising funds	12,962	-	12,962
Charitable activities			
Provision of Mental Health Services	558,127	2,001	560,128
Other	-	1,797	1,797
Total	571,089	3,798	574,887
NET INCOME/(EXPENDITURE)	(110,120)	(1,798)	(111,918)
RECONCILIATION OF FUNDS			
Total funds brought forward	848,125	1,798	849,923
TOTAL FUNDS CARRIED FORWARD	738,005	-	738,005

11. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST					
At 1 April 2023	91,654	12,097	11,870	5,446	121,067
Additions	-	6,569	-	713	7,282
Disposals	-	(98)	(365)	(132)	(595)
At 31 March 2024	91,654	18,568	11,505	6,027	127,754
DEPRECIATION					
At 1 April 2023	5,943	6,467	8,586	3,631	24,627
Charge for year	1,877	4,362	2,774	948	9,961
Eliminated on disposal	-	(98)	(365)	(132)	(595)
At 31 March 2024	7,820	10,731	10,995	4,447	33,993
NET BOOK VALUE					
At 31 March 2024	83,834	7,837	510	1,580	93,761
At 31 March 2023	85,711	5,630	3,284	1,815	96,440

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade debtors	11,295	96,243
Other debtors	-	18
VAT	-	7
Accrued income	58,343	-
Prepayments	7,256	1,383
	<u>76,894</u>	<u>97,651</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Social security and other taxes	8,901	8,987
VAT	1,343	-
Pension control	4,197	2,127
Deferred income	4,167	4,167
Accrued expenses	16,273	15,128
	<u>34,881</u>	<u>30,409</u>

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024	2023
	£	£
Within one year	1,140	1,140
Between one and five years	1,425	2,565
	<u>2,565</u>	<u>3,705</u>

15. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	At 31.3.24
	£	£	£
Unrestricted funds			
General fund	738,005	(186,147)	551,858
TOTAL FUNDS	<u>738,005</u>	<u>(186,147)</u>	<u>551,858</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	336,032	(522,179)	(186,147)
Restricted funds			
Provision of Mental Health Services	90,376	(90,376)	-
TOTAL FUNDS	<u>426,408</u>	<u>(612,555)</u>	<u>(186,147)</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	848,125	(110,120)	738,005
Restricted funds			
Provision of Mental Health Services	1,798	(1,798)	-
TOTAL FUNDS	<u>849,923</u>	<u>(111,918)</u>	<u>738,005</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	460,969	(571,089)	(110,120)
Restricted funds			
Provision of Mental Health Services	2,000	(3,798)	(1,798)
TOTAL FUNDS	<u>462,969</u>	<u>(574,887)</u>	<u>(111,918)</u>

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024, nor for the year ended 31 March 2023.

OASIS MENTAL HEATH SUPPORT LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	22,446	30,343
Gift aid	310	980
	22,756	31,323
Other trading activities		
Plant sales	399	1,975
Investment income		
Deposit account interest	5,685	2,174
Charitable activities		
Grants	385,435	418,448
Other income		
Other incoming resources	12,133	9,049
Total incoming resources	426,408	462,969
EXPENDITURE		
Raising donations and legacies		
Wages	10,976	7,900
Social security	1,264	1,305
Pensions	768	757
	13,008	9,962
Other trading activities		
Bad debts	-	3,000
Charitable activities		
Wages	412,577	378,947
Social security	27,914	26,516
Pensions	23,699	23,274
Rates and water	17,949	17,083
Light and heat	2,483	2,801
Telephone and service charges	4,264	7,021
Postage and stationery	3,516	3,855
Sundries	9,818	22,310
Cleaning	3,320	3,109
Eat and Meet expenditure	4,498	2,566
Training	352	444
Carried forward	510,390	487,926

This page does not form part of the statutory financial statements

OASIS MENTAL HEALTH SUPPORT LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
Charitable activities		
Brought forward	510,390	487,926
Motor expenses	2,698	1,285
Staff and Volunteer expenses	4,634	4,904
Events	3,406	1,194
Seeds, plants, etc	7,528	7,801
Arts	353	213
Repairs and maintenance	2,704	2,206
Freehold property	1,877	1,877
Fixtures and fittings	4,363	3,181
Motor vehicles	2,774	2,968
Computer equipment	947	1,405
	<u>541,674</u>	<u>514,960</u>
Other		
Loss on sale of tangible fixed assets	-	1,797
Support costs		
Management		
Wages	32,929	23,699
Social security	3,791	3,915
Pensions	2,305	2,271
	<u>39,025</u>	<u>29,885</u>
Governance costs		
Wages	10,976	7,900
Social security	1,264	1,305
Pensions	768	757
Independent examination	5,840	5,321
	<u>18,848</u>	<u>15,283</u>
Total resources expended	<u>612,555</u>	<u>574,887</u>
Net expenditure	<u>(186,147)</u>	<u>(111,918)</u>

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 10716963 (England and Wales)
REGISTERED CHARITY NUMBER: 1179376

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
OASIS MENTAL HEATH SUPPORT LIMITED**

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

OASIS MENTAL HEALTH SUPPORT LIMITED

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FOR THE YEAR ENDED 31 MARCH 2023**

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OASIS MENTAL HEATH SUPPORT LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2023**

TRUSTEES

P Brown
V Skiba
D Salmons
M Swallow
P Follows
M Rea
D Skerrett
A Musson (appointed 19/5/22)
J L Rowe (appointed 19/5/22)
R Fitzhenry (appointed 19/5/22)

COMPANY SECRETARY

N Mather

REGISTERED OFFICE

14/16 Faulkner Road
Solihull
B92 8SY

**REGISTERED COMPANY
NUMBER**

10716963 (England and Wales)

**REGISTERED CHARITY
NUMBER**

1179376

INDEPENDENT EXAMINER

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the period ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of Solihull Mind is to promote the interests of, and provide support to, people with mental health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

Philosophies

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

Social investments

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination.
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

OBJECTIVES AND ACTIVITIES

Service Areas and Levels

Solihull Mind is a local organisation with a proven track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship and equal opportunities. The services provided can be grouped within the following broad categories:

Social Inclusion - including mental health awareness training to local employers, community groups and schools; access to specialist benefits/debt/housing support to maximize life opportunities.

Social Support -delivered through the OASIS (Open Access Support and Information Service) 7 day walk-in service; nightly Crisis Café, supported accommodation, and weekly women only and LGBTQ+ support groups.

Information and Advice - this is provided weekdays 9-5pm via phone, email, in person and through our website, Facebook and twitter accounts; plus access to specialist books/leaflets on mental health issues and use of the internet.

Therapy - provided by our Counselling, and out of hours Crisis Café services.

Creative Activities and Leisure - delivered both at our main building alongside the OASIS services or at our outdoor Creative Spaces service providing opportunities for organic horticulture, conservation work, sports/health living activities, art/crafts and music.

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However our outreach services such as benefits/debt/housing and other specialist advocacy are also provided the community via the Solihull Information Hubs, various NHS/Social Services, job centres, employers, and other community groups and mainstream locations around the borough where appropriate.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Solihull Mind (which changed its name to OASIS Mental Health Support in September 2023) is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people in the Borough of Solihull who experience mental health issues.

Solihull Mind aims to provide stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/NHS funding we already have for contracted services such as Counselling and Crisis Support (NHS) Housing Support, Benefits/Debt/Housing and wider Outreach work (SMBC). In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other charitable organizations; plus developing relationships with local fundraising groups/business to highlight our work and encourage one-off and longer-term, as well as individual donations and holding fundraising events such as the annual Plant sales. This year we have recruited a professional fundraiser on a sessional basis in order to maximise our contact with local groups/organisations and produce bids to national funders. This post also supports the Board of Trustees in developing policy and other work related to the overall management of the organisation.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENT AND PERFORMANCE

Internal and External

In 2022/23 we received total income of £462,969 and as usual this came from a mixture of sources, Health and Social care contracts (£418,448), repeat and one-off grants (£13,198), and donations/ fundraising and earned income (£31,323). All service contracts with SMBC and the ICB are due for re-contracting in 2024 - most by 1st April - and are currently under discussion.

Our SMBC funded Benefits/Debt/Outreach service was reduced by £15,000 from April 2023 as we no-longer provide financial supervision to the AgeUK finance workers as they now have their own FCA registration; and the 7 year contract is due to end in September 2024. Our aim is either to stay within any future AgeUK service bid, or look for alternative grant funding for this very crucial area of work.

Happily, we continue our positive relationship with the local Elizabeth Creak Trust, and received our annual grant of £10,000 towards the Horticulture project; which also raised £1,975 in income from plant sales.

Our general fund raising/donations this year raised £31,323 from both individuals and a wide range of small charitable donors from the local community who have raised funds through local businesses, pub collections, coffee mornings, sponsored events, school non-uniform days, and events through community fundraising groups such as the Inner Circle, Soroptimists, Lions and Rotary clubs, and many other small groups. We also receive donations following our Mental health Awareness talks to community groups, local schools and Solihull college, plus our current relationship with Birmingham Airport where they have us as their nominated charity and also purchase from us Mental Health Awareness/skills training.

The remaining income of £2,174 was received through VAT returns and bank interest.

Total expenditure in 2022/23 was £574,887 - giving us an excess of expenditure over income for the year of £111,918.

By far our major area of spending is on Staffing costs - including staff/volunteer travel and training costs - which in 2022/23 was £526,704 representing 92% of total costs, and a 9% increase from the previous year.

Overall expenditure is broken down into 4 basic areas: 'Charitable activities' costs: ie the mental health services we deliver - which in 2022/23 cost £560,128 and represented 97% of our total expenditure; Organisation Support/management costs: ie managing services and staff £29,885 (Governance costs: ie the costs linked to the running of the Charity/Ltd Company £15,283 and Costs relating to generating income: ie staff time and other resources put into fundraising, preparing bids etc £12,962 ; plus loss of sale of assets £1,797. At the end of the 2022/23 financial year our fixed assets (building/vehicles/capital equip) stood at £96,440; and our current assets at £671,974 giving us overall assets of £768,414. This figure represents a reduction in our March 2022 reserves of £111,918 and although we still hold reserves to cover over a year of current expenditure costs, the Board feel this is necessary as we have still been unable to replace our Drop-in funding and, although we have no particular concerns, there are also 3 service areas due for re-tendering/commissioning in March 2024. Therefore as in 2021/22, the Boards felt that it is appropriate at this time to maintain a higher than normal level of reserves until this period of uncertainty has passed.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

Level/form of reserves

As part of the management of the organisation, Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them, in order to maximise income while retaining accessibility to funds. It has previously been the aim of the organisation to hold a minimum of 9 months running costs (currently around £450,000) in order to enable the continuation of services while replacement funding is found. These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed. As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain - which has allowed us to continue to support partly, or unfunded services such as our Information and advice service, the Creative Spaces project, plus art sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger. Decisions on the use of reserves will be made by the Board of Directors.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

Reserves policy

Throughout the financial year, Trustees/Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings from the Financial sub-group. In addition to setting and managing the budget, the Financial sub-group and Board of Trustees/Directors look at funding opportunities for current 'at risk' service delivery areas, as well as any new areas of service need which may be identified.

All fundraising activities are in line with our Ethical Fundraising policy.

The Trustees/Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include:

Opportunity to accrue reserves

Reserves are usually accrued through individual and corporate donations, fundraising events/sales, one off grants and maximising income through careful expenditure.

With Unrestricted Income - which is the majority of our funding - reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend if they are able to deliver the required level of service for lower costs than estimated - eg DIY/gardening/some admin activities etc may be able to be provided by volunteers/trustees at zero cost. This, of course, works the other way as well, as any additional unexpected expenditure over the contract level must be covered by Solihull Mind.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations which appear to hold high levels of reserves - even where these are required to ensure the continuity of vital services if contracts are lost - and this may restrict our access to funding new projects which they may feel we can fund ourselves.

This is a difficult area to manage - particularly as sometimes an unexpectedly large donation/one-off grant can make us look more solvent than we are, and we could be turned down for funding; whereas this could only be used for capital items or a short-term project as we can't rely on that level of individual donation/grant on an annual basis. Where possible we explain to possible funders our level of 'free' rather than 'total' reserves - where some reserves are already allocated or unsuitable for a particular project/need.

Use of reserves are used to: Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source. Provide seed money for research and development of pilot projects in advance of securing longer term funding.

Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation. Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

Level/form of reserves

As part of the management of the organisation, Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them, in order to maximise income while retaining accessibility to funds. It has previously been the aim of the organisation to hold a minimum of 9 months running costs (currently around £450,000) in order to enable the continuation of services while replacement funding is found.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW

These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed. As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain - which has allowed us to continue to support partly, or unfunded services such as our Information and advice service, the Creative Spaces project, plus art sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger.

Decisions on the use of reserves will be made by the Board of Directors.

Use of reserves

Reserves are used to:

- Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

FUTURE PLANS

The Annual Delivery plans for both 2022/23 and 2023/24 set out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area. This is backed up by the Board's decision to protect enough reserves for this period which will be able to cover service delivery costs for at least a year to allow other income sources to be sought.

The delivery of the Annual plans is the responsibility of the Board of Trustees/Directors in conjunction with the Chief Executive Officer; and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document. a deed of trust, and constitutes an incorporated charity and Company Limited by Guarantee

Decision making body

The decision making body of Solihull Mind (from 22/9/2023 OASIS Mental Health Support) operates through a Board of Trustees/Directors comprising up to eight elected Trustees/Directors, up to three co-opted Trustees/Directors and four Officers. The Board meets quarterly, and additionally, a standing committee of the Officers plus two other Trustees/Directors can be called on between meetings if urgent business needs to be discussed.

Details of the Trustees/Directors who served during the year are shown in the summary of administrative details.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

All members of the organisation are circulated with invitations to propose themselves/nominate Trustees/Directors prior to the AGM - all Board members are elected annually except the Chair, Vice-chair and Treasurer posts which are elected for 3 years. In addition to elected Trustees/Directors the Board itself can co-opt up to 3 further members where any specialist skills/knowledge is needed in the organisation.

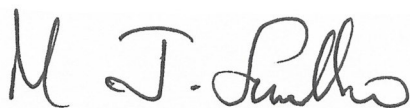
Induction and training of new trustees

Induction and training of new Trustees/Directors, new employees and volunteers is delivered at the beginning of their role delivering management and services for the organisation. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law.

This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, organisational policies and procedures, and reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ... 21/12/2023 and signed on its behalf by:



.....
M Swallow - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
OASIS MENTAL HEATH SUPPORT LIMITED (REGISTERED NUMBER: 10716963)**

Independent examiner's report to the trustees of Oasis Mental Heath Support Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jeremy Kitson FCA

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

Date: 22.12.2023.

OASIS MENTAL HEALTH SUPPORT LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	31,323	-	31,323	26,814
Charitable activities					
Provision of Mental Health Services	5	416,448	2,000	418,448	618,505
Other trading activities	3	1,975	-	1,975	3,923
Investment income	4	2,174	-	2,174	-
Other income		9,049	-	9,049	3,930
Total		460,969	2,000	462,969	653,172
EXPENDITURE ON					
Raising funds		12,962	-	12,962	11,983
Charitable activities					
Provision of Mental Health Services	6	558,127	2,001	560,128	470,107
Other		-	1,797	1,797	-
Total		571,089	3,798	574,887	482,090
NET INCOME/(EXPENDITURE)		(110,120)	(1,798)	(111,918)	171,082
RECONCILIATION OF FUNDS					
Total funds brought forward		848,125	1,798	849,923	678,841
TOTAL FUNDS CARRIED FORWARD		738,005	-	738,005	849,923

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	96,440	-	96,440	100,659
CURRENT ASSETS					
Debtors	12	97,651	-	97,651	16,295
Cash at bank and in hand		574,323	-	574,323	767,882
		671,974	-	671,974	784,177
CREDITORS					
Amounts falling due within one year	13	(30,409)	-	(30,409)	(34,913)
NET CURRENT ASSETS		641,565	-	641,565	749,264
TOTAL ASSETS LESS CURRENT LIABILITIES		738,005	-	738,005	849,923
NET ASSETS		738,005	-	738,005	849,923
FUNDS	14				
Unrestricted funds				738,005	848,125
Restricted funds				-	1,798
TOTAL FUNDS				738,005	849,923

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/12/2023.....and were signed on its behalf by:



.....
D Skerrett - Trustee



.....
V Skiba - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Improvements to property	- 10% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**2. DONATIONS AND LEGACIES**

	2023	2022
	£	£
Donations	30,343	26,814
Gift aid	980	-
	<u>31,323</u>	<u>26,814</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Plant sales	<u>1,975</u>	<u>3,923</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	<u>2,174</u>	<u>-</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2023	2022
	Provision of Mental Health Services £	Total activities £
Grants	418,448	605,396
Rental income	-	13,109
	<u>418,448</u>	<u>618,505</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Age UK	138,504	139,170
Elizabeth Creek Trust	10,000	10,000
Miscellaneous	13,500	4,694
Solihull CCG	237,841	246,466
Solihull MBC	18,603	104,003
Suicide prevention fund	-	99,563
	<u>418,448</u>	<u>603,896</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs £	Totals £
Provision of Mental Health Services	514,960	45,168	560,128

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	9,432	8,149
Deficit on disposal of fixed assets	1,797	-
Independent examination fee	5,321	4,530

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

9. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023 16	2022 16
Employees		

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	26,814	-	26,814
Charitable activities			
Provision of Mental Health Services	616,506	1,999	618,505
Other trading activities	3,923	-	3,923
Other income	3,930	-	3,930
Total	651,173	1,999	653,172
EXPENDITURE ON			
Raising funds	11,983	-	11,983

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
Charitable activities			
Provision of Mental Health Services	467,844	2,263	470,107
Total	479,827	2,263	482,090
NET INCOME/(EXPENDITURE)	171,346	(264)	171,082
RECONCILIATION OF FUNDS			
Total funds brought forward	676,779	2,062	678,841
TOTAL FUNDS CARRIED FORWARD	848,125	1,798	849,923

11. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £
COST			
At 1 April 2022	91,654	2,642	6,258
Additions	-	-	5,839
Disposals	-	(2,642)	-
At 31 March 2023	91,654	-	12,097
DEPRECIATION			
At 1 April 2022	4,065	844	3,286
Charge for year	1,878	-	3,181
Eliminated on disposal	-	(844)	-
At 31 March 2023	5,943	-	6,467
NET BOOK VALUE			
At 31 March 2023	85,711	-	5,630
At 31 March 2022	87,589	1,798	2,972

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

11. TANGIBLE FIXED ASSETS - continued

	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 April 2022	11,870	4,274	116,698
Additions	-	1,172	7,011
Disposals	-	-	(2,642)
At 31 March 2023	11,870	5,446	121,067
DEPRECIATION			
At 1 April 2022	5,618	2,226	16,039
Charge for year	2,968	1,405	9,432
Eliminated on disposal	-	-	(844)
At 31 March 2023	8,586	3,631	24,627
NET BOOK VALUE			
At 31 March 2023	3,284	1,815	96,440
At 31 March 2022	6,252	2,048	100,659

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	96,243	10,644
Other debtors	18	-
VAT	7	-
Prepayments	1,383	5,651
	97,651	16,295

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Social security and other taxes	8,987	7,482
VAT	-	688
Pension control	2,127	2,413
Accruals and deferred income	4,167	4,166
Accrued expenses	15,128	20,164
	30,409	34,913

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	848,125	(110,120)	738,005
Restricted funds			
Provision of Mental Health Services	1,798	(1,798)	-
TOTAL FUNDS	849,923	(111,918)	738,005

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	460,969	(571,089)	(110,120)
Restricted funds			
Provision of Mental Health Services	2,000	(3,798)	(1,798)
TOTAL FUNDS	462,969	(574,887)	(111,918)

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	676,779	171,346	848,125
Restricted funds			
Provision of Mental Health Services	2,062	(264)	1,798
TOTAL FUNDS	678,841	171,082	849,923

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	651,173	(479,827)	171,346
Restricted funds			
Provision of Mental Health Services	1,999	(2,263)	(264)
TOTAL FUNDS	<u>653,172</u>	<u>(482,090)</u>	<u>171,082</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

OASIS MENTAL HEALTH SUPPORT LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	30,343	26,814
Gift aid	980	-
	31,323	26,814
Other trading activities		
Plant sales	1,975	3,923
Investment income		
Deposit account interest	2,174	-
Charitable activities		
Grants	418,448	605,396
Rental income	-	13,109
	418,448	618,505
Other income		
Other incoming resources	9,049	3,930
Total incoming resources	462,969	653,172
EXPENDITURE		
Raising donations and legacies		
Wages	7,900	10,039
Social security	1,305	1,141
Pensions	757	803
	9,962	11,983
Other trading activities		
Bad debts	3,000	-
Charitable activities		
Wages	378,947	288,952
Social security	26,516	25,037
Pensions	23,274	22,804
Rates and water	17,083	13,094
Light and heat	2,801	3,068
Telephone and service charges	7,021	3,234
Postage and stationery	3,855	4,942
Sundries	22,310	13,003
Carried forward	481,807	374,134

This page does not form part of the statutory financial statements

OASIS MENTAL HEATH SUPPORT LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Charitable activities		
Brought forward	481,807	374,134
Cleaning	3,109	2,552
Eat and Meet expenditure	2,566	-
Training	444	1,087
Housing Association Fees	-	10,615
Motor expenses	1,285	1,618
Staff and Volunteer expenses	4,904	4,011
Events	1,194	2,423
Seeds, plants, etc	7,801	5,518
Arts	213	2,657
Repairs and maintenance	2,206	4,878
Freehold property	1,877	1,877
Improvements to property	-	264
Fixtures and fittings	3,181	1,856
Motor vehicles	2,968	2,968
Computer equipment	1,405	1,182
	514,960	417,640
Other		
Loss on sale of tangible fixed assets	1,797	-
Support costs		
Management		
Wages	23,699	30,118
Social security	3,915	3,424
Pensions	2,271	2,410
	29,885	35,952
Governance costs		
Wages	7,900	10,040
Social security	1,305	1,142
Pensions	757	803
Independent examination	5,321	4,530
	15,283	16,515
Total resources expended	574,887	482,090
Net (expenditure)/income	(111,918)	171,082

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 10716963 (England and Wales)
REGISTERED CHARITY NUMBER: 1179376

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2022
FOR
SOLIHULL MIND (LTD)**

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

SOLIHULL MIND (LTD)

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FOR THE YEAR ENDED 31 MARCH 2022**

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SOLIHULL MIND (LTD)

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES

P Brown
V Skiba
D Salmons
M Swallow
P Follows
M Rea
D Skerret
A Musson (appointed 19/5/22)
J L Rowe (appointed 19/5/22)
R Fitzhenry (appointed 19/5/22)

COMPANY SECRETARY

N Mather

REGISTERED OFFICE

14/16 Faulkner Road
Solihull
B92 8SY

REGISTERED COMPANY NUMBER

10716963 (England and Wales)

REGISTERED CHARITY NUMBER

1179376

INDEPENDENT EXAMINER

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the period ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated charity and Company Limited by Guarantee

Decision making body

Solihull Mind operates through a Board of Trustees/Directors comprising up to eight elected Trustees/Directors, up to three co-opted Trustees/Directors and four Officers. The Board meets approximately bi-monthly. Additionally, a standing committee of the Officers plus two other Trustees/Directors can be called on between meetings if urgent business needs to be discussed. Details of the Trustees/Directors who served during the year are shown in the summary of administrative details.

Recruitment and appointment of new trustees

All members of Solihull Mind are circulated with invitations to nominate Trustees/Directors prior to the AGM advising them of vacancies and those Trustees/Directors up for re-election, and requesting nominations for the AGM. When considering co-opting Trustees/Directors, Mind has regard to the requirement for any specialist skills/knowledge needed in the organisation.

Induction and training of new trustees

All new employees and volunteers receive induction training in Solihull Mind's policies at the commencement of employment. This training is updated as necessary, either when the Board of Trustees/Directors make changes to a policy or as is considered necessary by the CEO or Chair - eg following a change in the law. This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Trustees/Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, the policies; and to consider whether the policies and practices of Solihull Mind reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties. This is usually the responsibility of their Co-ordinator who may access other training for them where appropriate.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of Solihull Mind is to promote the interests of, and provide support to, people with mental health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

Philosophies

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

Service Principles

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination.
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

Service Areas and Levels

Solihull Mind is a local organisation with a proven track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship and equal opportunities. The services provided can be grouped within the following broad categories:

Social Inclusion - including mental health awareness training to local employers, community groups and schools; access to specialist benefits/debt/housing support to maximize life opportunities.

Social Support -delivered through the OASIS (Open Access Support and Information Service) 7 day walk-in service; nightly Crisis Café, supported accommodation, and weekly women only and LGBTQ+ support groups.

Information and Advice - this is provided weekdays 9-5pm via phone, email, in person and through our website, Facebook and twitter accounts; plus access to specialist books/leaflets on mental health issues and use of the internet.

Therapy - provided by our Counselling, and out of hours Crisis Café services.

Creative Activities and Leisure - delivered both at our main building alongside the OASIS services or at our outdoor Creative Spaces service providing opportunities for organic horticulture, conservation work, sports/health living activities, art/crafts and music.

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However our outreach services such as benefits/debt/housing and other specialist advocacy are also provided the community via the Solihull Information Hubs, various NHS/Social Services, job centres, employers, and other community groups and mainstream locations around the borough where appropriate.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Solihull Mind is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people in the Borough of Solihull who experience mental health issues.

Solihull Mind aims to provide stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/CCG funding we already have for contracted services such as OASIS (Drop-in), Counselling, Housing Support, Crisis Support, Benefits/Debt and advocacy work. In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other charitable organizations; plus developing relationships with local fundraising groups/business to highlight our work and encourage one-off and longer-term relations; as well as individual donations and holding fundraising events such as the annual Plant sales.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

ACHIEVEMENT AND PERFORMANCE

Internal and External

In 2021/22 we received total income of £653,173 and as usual this came from a mixture of sources, Health and Social care contracts, repeat and one-off grants, Housing benefits, donations/fundraising and earned income.

Our main funder in 2021/22 was BSol CCG totalling £246,466 - covering Counselling, the nightly Crisis Café service, and general Recovery funding. Although the contracts were raised in line with inflation, the income received was nearly £100,000 down on 2020/21, this is the more normal amount we bring in for services as the previous year had included a delayed payment from 2019/20 which made the income appear artificially high. This will be the last year that we will be contracting with BSol CCG as the organisation has been replaced by the new Integrated Care Board and our services have been passported through to March 2024.

This year we received the last of our £84,653pa SMBC funding for our 7 day OASIS (Open Access Support and Information Service), as we lost the contract for the new style of service from April 2022. However, as the Board of Directors decided that our service is significantly different to the one now being commissioned, they agreed to use reserves to continue to deliver the OASIS service through to at least March 2023, while further funding is sought.

We were successful in retaining our Housing Support contract of £19,350 through until at least March 2024; and although it had been expected that Midland Heart would have taken over the Housing Management aspect of the service at the beginning of the financial year, this was delayed until July, so we received further Housing Benefit payments of £13,109.

Our final SMBC funded service comes through general Community funding (rather than specialist mental health funding) as part of our partnership to provide the Community Information Hubs service with Solihull Age UK; where we are provided £139,170 to deliver the Specialist mental health Benefits/Debt and outreach Information/advice aspect of the service.

Happily, we continue our positive relationship with the local Elizabeth Creak Trust, and received our annual grant of £10,000 towards the Horticulture project; where we also brought in £3,923 in income from plant sales.

Our general fund raising/donations this year raised £26,814 - and included a wide range of small charitable donors from the local community who have raised funds through local businesses, pub collections, coffee mornings, street parties, sponsored bike rides, marathons, school non-uniform days, community fundraising groups such as the Inner Circle, Soroptimists, Lions and Rotary clubs, and many other creative ways; as well as donations following our Mental health Awareness talks to community groups, local schools and Solihull college, plus our current relationship with Birmingham Airport. In addition to this local fundraising, we received a large one-off grant of £99,563 from the Home Office national Suicide Prevention fund in March 2022 (the highest paid for single borough organisation) to refund us for expenditure we had already made from our own reserves to provide additional support around suicide prevention and also building/service delivery adjustment regarding covid restrictions allowing to allow earlier access to important mental health services. These costs had previously been agreed as necessary and urgent expenditure by the Board, and therefore reserves had been allocated to cover expenditure of equipment and staff; our success with this bid allowed our reserves to be replaced and still available to us for future needs. The remaining income of £6,194 was received because of one-off re-bates, VAT returns and other repayments and miscellaneous income.

Our total expenditure in 2021/22 was £482,090 - giving us an excess of income over expenditure for the year of £171,082. By far our major area of spending is on Staffing costs - including staff/volunteer travel and training costs - which in 2021/22 was £396,713, representing 82% of total costs, and an 11% increase from the previous year. This increase is due to the lifting of covid restrictions in autumn 2021 allowing us to recruit staff for our extended Crisis café and benefits services. These costs will rise again 2022/23 as this represents only a 5 month period, and in addition to a full year of salary/running costs, there is also fixed rate NJC salary increase which will add around a further £22,000 to the 2021/22 costs.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

ACHIEVEMENT AND PERFORMANCE

Internal and External

Overall expenditure is broken down into 4 basic areas: 'Charitable activities' costs: ie the mental health services we deliver - which in 2021/22 cost £417,640 and represented 87% of our total expenditure; Organisation Support/management costs: ie managing services and staff £35,952 (7%); Governance costs: ie the costs linked to the running of the Charity/Ltd Company £16,515 (3.5%) and Costs relating to generating income: ie staff time and other resources put into fundraising, preparing bids etc £11,983 (2.5%) - note this will go up substantially in 2022/23 as we work with a specialist fundraiser to support us in this area.

At the end of the 2021/22 financial year our fixed assets (building/vehicles/capital equip) stood at £100,659; and our current cash assets at £749,264 - giving us overall assets of £849,923. This figure represents a growth in reserves of £171,082 over those held at the end of March 2022; and means we are currently holding nearly one year and nine months of our 2021/22 annual running costs.

The main reason for the increase in reserves this year, was a combination of the success of our one-off Suicide Prevention funding bid of nearly £100,000, and expenditure savings due to the delay in implementing the Crisis Café extension contract, during the pandemic; neither of these are likely to reoccur in future years.

Although it is positive - especially at this difficult time - that we were again able to increase reserves in this financial year, and have solid reserves; this may have a short-term negative impact on our ability to bring in either replacement funding for any contracts we may lose or grants for new work, as some funders may still feel our level of reserves are too high.

However, in future years, if we want to maintain current service levels, we are likely to require reserves to allow us time to look for replacement funding without halting valued services - starting in 2022/23 with the loss of £84,653 SMBC Social Care funding for our OASIS contract. With the Housing, Counselling, Crisis café and Benefits/Debt and Information Outreach service contracts all being up for retendering within the next 2-3 years - as well as the current services which are funded through donations and earned income where reserves are also regularly needed to top-up income - we feel that it is appropriate at this time to maintain a higher than normal level of reserves until this period of uncertainty has passed.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Reserves policy

Throughout the financial year, Trustees/Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings from the Financial sub-group. In addition to setting and managing the budget, the Financial sub-group and Board of Trustees/Directors look at funding opportunities for current 'at risk' service delivery areas, as well as any new areas of service need which may be identified.

All fundraising activities are in line with our Ethical Fundraising policy.

The Trustees/Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include:

Opportunity to accrue reserves

Reserves are usually accrued through individual and corporate donations, fundraising events/sales, one off grants and maximising income through careful expenditure.

With Unrestricted Income - which is the majority of our funding - reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend if they are able to deliver the required level of service for lower costs than estimated - eg DIY/gardening/some admin activities etc may be able to be provided by volunteers/trustees at zero cost. This, of course, works the other way as well, as any additional unexpected expenditure over the contract level must be covered by Solihull Mind.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations which appear to hold high levels of reserves - even where these are required to ensure the continuity of vital services if contracts are lost - and this may restrict our access to funding new projects which they may feel we can fund ourselves.

This is a difficult area to manage - particularly as sometimes an unexpectedly large donation/one-off grant can make us look more solvent than we are, and we could be turned down for funding; whereas this could only be used for capital items or a short term project as we can't rely on that level of individual donation/grant on an annual basis. Where possible we explain to possible funders our level of 'free' rather than 'total' reserves - where some reserves are already allocated or unsuitable for a particular project/need.

Use of reserves

Reserves are used to:

Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.

Provide seed money for research and development of pilot projects in advance of securing longer term funding.

Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.

Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

Level/form of reserves

Trustees/Directors are required to decide the level of reserves required, and in what form (shares, deposit account etc.) they will keep them in order to maximise income while retaining accessibility to funds. It has previously been the aim of Mind to hold a minimum of 9 months running costs (currently around £375,000) in order to enable the continuation of services while replacement funding is found. These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Reserves policy

As in previous years, our level of cash reserves (£749,264 at 31/3/2022) is above the minimum 9 months of running costs we aim to maintain; which has allowed us to continue to support under-funded services while we look for longer term funding without putting the organisation at risk. Additionally, at this particular time with national uncertainty about funding and cost of living increases, possible changes due to new NHS service commissioning procedures, and with 4 of our major contracts coming up for renewal over the next 2-3 years, the Board feel that it is prudent to try and maintain protected reserves at a higher level of around £500,000 for this period, to ensure at least one year service continuity across all major service areas should it happen that all current contracts end; allowing stability for our long-term service users while new funding sources are sought.

Note that there is no particular reason for us to believe our contracts are under threat, but having reserves allocated to underpin core services during these difficult times will help provide service stability and reduce anxiety for people who use and provide our services at a time when we are able to do so for at least the next contract review cycle.

For this reason, as outlined in the financial review above, the Board of Trustees/Directors will be regularly monitoring the budget position and level of reserves used against service delivery, to ensure the organization is not put in financial danger.

Decisions on the use of reserves will be made by the Mind Board of Trustees/Directors.

Use of reserves

Reserves are used to:

- Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Level/form of reserves

Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them in order to maximise income while retaining accessibility to funds. It has previously been the aim of Mind to hold a minimum of 9 months running costs (currently around £375,000) in order to enable the continuation of services while replacement funding is found. These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed.

As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain; which has allowed us to continue to support partly, or unfunded services - eg telephone support, the Horticulture/conservation/sport project, art/music sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger.

Decisions on the use of reserves will be made by the Mind Board of Directors.

FUTURE SERVICE DELIVERY

The Annual Delivery plans for both 2021/22 and 2022/23 set out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area.

This is backed up by the Board's decision to protect enough reserves for this period which will be able to cover service delivery costs for at least a year to allow other income sources to be sought.

The delivery of the Annual plans is the responsibility of the Board of Trustees/Directors in conjunction with the Mind Chief Executive Officer; and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20th January 2023 and signed on its behalf by:



.....
D Skerret - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SOLIHULL MIND (LTD) (REGISTERED NUMBER: 10716963)**

I report on the accounts of the company for the year ended 31 March 2022, which are set out on pages eleven to twenty one.

Responsibilities and basis of report

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jeremy Kitson FCA
ICAEW
Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

25/01/2023

Date:

SOLIHULL MIND (LTD)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	26,814	-	26,814	41,400
Activities for generating funds	3	3,923	-	3,923	2,112
Investment income	4	-	-	-	74
Incoming resources from charitable activities					
Provision of Mental Health Services	5	616,506	1,999	618,505	662,036
Other incoming resources		3,930	-	3,930	6,880
Total incoming resources		651,173	1,999	653,172	712,502
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income		11,983	-	11,983	11,828
Charitable activities					
Provision of Mental Health Services	6	467,844	2,263	470,107	435,175
Total resources expended		479,827	2,263	482,090	447,003
NET INCOMING/(OUTGOING) RESOURCES		171,346	(264)	171,082	265,499
RECONCILIATION OF FUNDS					
Total funds brought forward		676,779	2,062	678,841	413,342
TOTAL FUNDS CARRIED FORWARD		848,125	1,798	849,923	678,841

CONTINUING OPERATIONS

All incoming resources and resources expended arise from continuing activities.

The notes form part of these financial statements

SOLIHULL MIND (LTD) (REGISTERED NUMBER: 10716963)

**BALANCE SHEET
AT 31 MARCH 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	10	98,861	1,798	100,659	105,806
CURRENT ASSETS					
Debtors	11	16,295	-	16,295	15,680
Cash at bank and in hand		767,882	-	767,882	585,605
		<u>784,177</u>	<u>-</u>	<u>784,177</u>	<u>601,285</u>
CREDITORS					
Amounts falling due within one year	12	(34,913)	-	(34,913)	(28,250)
NET CURRENT ASSETS		<u>749,264</u>	<u>-</u>	<u>749,264</u>	<u>573,035</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>848,125</u>	<u>1,798</u>	<u>849,923</u>	<u>678,841</u>
NET ASSETS		<u>848,125</u>	<u>1,798</u>	<u>849,923</u>	<u>678,841</u>
FUNDS	14				
Unrestricted funds				848,125	676,779
Restricted funds				1,798	2,062
TOTAL FUNDS				<u>849,923</u>	<u>678,841</u>

The notes form part of these financial statements

SOLIHULL MIND (LTD) (REGISTERED NUMBER: 10716963)

BALANCE SHEET - CONTINUED
AT 31 MARCH 2022

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 20th January 2023 and were signed on its behalf by:



D Skerret -Trustee



V Skiba -Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

Accounting convention

The financial statements have been prepared under the historical cost convention, the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Improvements to property	- 10% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES - continued**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. VOLUNTARY INCOME

	2022 £	2021 £
Gifts	-	3
Donations	26,814	41,397
	<u>26,814</u>	<u>41,400</u>

3. ACTIVITIES FOR GENERATING FUNDS

	2022 £	2021 £
Plant sales	3,923	2,112
	<u>3,923</u>	<u>2,112</u>

4. INVESTMENT INCOME

	2022 £	2021 £
Deposit account interest	-	74
	<u>-</u>	<u>74</u>

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2022 Provision of Mental Health Services £	2021 Total activities £
Grants	605,396	594,562
Rental income	13,109	67,474
	<u>618,505</u>	<u>662,036</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES - continued

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Solihull MBC	84,653	84,653
Solihull CCG	246,466	344,155
Age UK	139,170	110,625
Elizabeth Creek Trust	10,000	10,000
Miscellaneous	4,694	11,500
Suicide prevention fund	99,563	-
Other grants	20,850	33,629
	<u>605,396</u>	<u>594,562</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs	Support costs	Totals
	£	£	£
Provision of Mental Health Services	<u>417,640</u>	<u>52,467</u>	<u>470,107</u>

7. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	8,149	6,871
Other pension costs	26,820	26,507
Independent examination fee	<u>4,530</u>	<u>6,250</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

9. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	339,149	308,953
Social security costs	30,744	22,399
Other pension costs	26,820	26,507
	<u>396,713</u>	<u>357,859</u>

The average monthly number of employees during the year was as follows:

	2022	2021
	16	12
Employees	<u>16</u>	<u>12</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

10. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £
COST			
At 1 April 2021	91,654	2,642	4,408
Additions	-	-	1,850
At 31 March 2022	91,654	2,642	6,258
DEPRECIATION			
At 1 April 2021	2,188	580	1,429
Charge for year	1,877	264	1,857
At 31 March 2022	4,065	844	3,286
NET BOOK VALUE			
At 31 March 2022	87,589	1,798	2,972
At 31 March 2021	89,466	2,062	2,979
	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 April 2021	11,870	3,122	113,696
Additions	-	1,152	3,002
At 31 March 2022	11,870	4,274	116,698
DEPRECIATION			
At 1 April 2021	2,650	1,043	7,890
Charge for year	2,968	1,183	8,149
At 31 March 2022	5,618	2,226	16,039
NET BOOK VALUE			
At 31 March 2022	6,252	2,048	100,659
At 31 March 2021	9,220	2,079	105,806

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	10,644	8,625
Other debtors	5,651	7,055
	<u>16,295</u>	<u>15,680</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Taxation and social security	8,170	6,816
Other creditors	26,743	21,434
	<u>34,913</u>	<u>28,250</u>

13. OPERATING LEASE COMMITMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	Other operating leases	
	2022	2021
	£	£
Expiring:		
Within one year	1,140	1,300
Between one and five years	3,705	-
	<u>4,845</u>	<u>1,300</u>

14. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	676,779	171,346	848,125
Restricted funds			
Provision of Mental Health Services	2,062	(264)	1,798
TOTAL FUNDS	<u>678,841</u>	<u>171,082</u>	<u>849,923</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	651,173	(479,827)	171,346
Restricted funds			
Provision of Mental Health Services	1,999	(2,263)	(264)
TOTAL FUNDS	<u>653,172</u>	<u>(482,090)</u>	<u>171,082</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted Funds			
General fund	411,015	265,764	676,779
Restricted Funds			
Provision of Mental Health Services	2,327	(265)	2,062
TOTAL FUNDS	413,342	265,499	678,841

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	710,503	(444,739)	265,764
Restricted funds			
Provision of Mental Health Services	1,999	(2,264)	(265)
TOTAL FUNDS	712,502	(447,003)	265,499

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	411,015	437,110	848,125
Restricted funds			
Provision of Mental Health Services	2,327	(529)	1,798
TOTAL FUNDS	413,342	436,581	849,923

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2022

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,361,676	(924,566)	437,110
Restricted funds			
Provision of Mental Health Services	3,998	(4,527)	(529)
TOTAL FUNDS	<u>1,365,674</u>	<u>(929,093)</u>	<u>436,581</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 March 2022.

SOLIHULL MIND (LTD)**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOMING RESOURCES		
Voluntary income		
Gifts	-	3
Donations	26,814	41,397
	<u>26,814</u>	<u>41,400</u>
Activities for generating funds		
Plant sales	3,923	2,112
Investment income		
Deposit account interest	-	74
Incoming resources from charitable activities		
Grants	605,396	594,562
Rental income	13,109	67,474
	<u>618,505</u>	<u>662,036</u>
Other incoming resources		
Other incoming resources	3,930	6,880
Total incoming resources	<u>653,172</u>	<u>712,502</u>
RESOURCES EXPENDED		
Costs of generating voluntary income		
Wages	10,039	10,039
Social security	1,141	1,143
Pensions	803	646
	<u>11,983</u>	<u>11,828</u>
Charitable activities		
Wages	288,952	258,757
Social security	25,037	16,685
Pensions	22,804	23,277
Rates and water	13,094	15,809
Light and heat	3,068	3,846
Telephone and service charges	3,234	3,800
Postage and stationery	4,942	6,924
Sundries	13,003	15,921
Cleaning	2,552	2,963
Training	1,087	847
Housing Association Fees	10,615	10,481
Carried forward	388,388	359,310

This page does not form part of the statutory financial statements

SOLIHULL MIND (LTD)**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022	2021
	£	£
Charitable activities		
Brought forward	388,388	359,310
Motor expenses	1,618	2,238
Staff and Volunteer expenses	4,011	2,809
Events	2,423	980
Seeds, plants, etc	5,518	3,489
Arts	2,657	35
Repairs and maintenance	4,878	7,482
Freehold property	1,877	1,877
Improvements to property	264	264
Fixtures and fittings	1,856	1,305
Motor vehicles	2,968	2,457
Computer equipment	1,182	967
	417,640	383,213
Support costs		
Management		
Wages	30,118	30,118
Social security	3,424	3,428
Pensions	2,410	1,938
	35,952	35,484
Governance costs		
Wages	10,040	10,039
Social security	1,142	1,143
Pensions	803	646
Independent examination	4,530	4,650
	16,515	16,478
Total resources expended	482,090	447,003
Net income	171,082	265,499

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 10716963 (England and Wales)
REGISTERED CHARITY NUMBER: 1179376

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2021
FOR
SOLIHULL MIND (LTD)**

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

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FOR THE YEAR ENDED 31 MARCH 2021**

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SOLIHULL MIND (LTD)

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2021**

TRUSTEES

P Brown
V Skiba
D Salmons
M Swallow
J Burrows (resigned 23/3/21)
P Follows
G Jones (resigned 23/3/21)
M Rea
D Skerret

COMPANY SECRETARY

N Mather

REGISTERED OFFICE

14/16 Faulkner Road
Solihull
B92 8SY

REGISTERED COMPANY NUMBER

10716963 (England and Wales)

REGISTERED CHARITY NUMBER

1179376

INDEPENDENT EXAMINER

Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the period ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes an incorporated Charity and Company Limited by Guarantee, as defined by the Companies Act 2006.

Decision making body

Solihull Mind operates through an Board of Directors comprising up to eight elected Directors/Trustees, up to three co-opted Directors and four Officers. The Board meets approximately bi-monthly. Additionally, a standing committee of the Officers plus two other Directors can be called on between meetings if urgent business needs to be discussed. Details of the Directors (also known as the Trustees) who served during the year are shown in the summary of administrative details.

Recruitment and appointment of new trustees

All members of Solihull Mind are circulated with invitations to nominate Directors prior to the AGM advising them of vacancies and those Directors up for re-election, and requesting nominations for the AGM. When considering co-opting Directors, Mind has regard to the requirement for any specialist skills/knowledge needed in the organisation.

Induction and training of new trustees

All new employees and volunteers receive induction training in Solihull Mind's policies at the commencement of employment. This training is updated as necessary, either when the Board of Directors make changes to a policy or as is considered necessary by the CEO or Chair - e.g. following a change in the law. This training is normally delivered by the in-house trainer, the Chairperson or the CEO; although specialist external providers may be used where more appropriate. All Directors are expected to attend regular in-house training sessions to ensure that they are aware of, and in agreement with, the policies; and to consider whether the policies and practices of Solihull Mind reflect the wishes and aspirations of service users. In addition, all employees are required to keep abreast of developments in their own field of work and, with the CEO, to access appropriate outside training to meet this need. All volunteers receive both general organisation policy training and also any relevant training for their duties. This is usually the responsibility of their Co-ordinator who may access other training for them where appropriate.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The overall aim of Solihull Mind is to promote the interests of, and provide support to, people with mental health problems. Mind believes that people who have mental health problems have the same rights as any other person; that they should not be disadvantaged or subject to prejudice and should have the right to live an ordinary life in the community with the necessary support and care to ensure fulfilment and independence. Mind also believes that people who use mental health services should be fully involved in the planning and delivery of those services.

The trustees have had due regard to guidance published by the Charities Commission on public benefit.

The objectives are to:

- Promote mental health and to foster and encourage greater understanding of mental health problems.
- Encourage and aid the development of good quality voluntary and statutory mental health services.
- Represent the concerns and common interests of users of services and their families.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

Philosophies

The philosophies of Mind can be summarised as follows:

- Those people who are labelled, treated or diagnosed as "mentally ill" have the same rights as any other person and should not be disadvantaged or subject to prejudice.
- Mind recognises the value of people with experience of mental health problems and wishes to listen and learn from them.
- Mind seeks to foster and enable user consultation and participation in the planning and delivery of mental health services.
- Mind supports the principles of social inclusion and the recovery model of mental health delivery.

Service Principles

The service principles can be summarised as follows:

- Services should focus on recovery and developing a support network which maximises social inclusion.
- Services should be provided in appropriate and valued settings, and wherever possible, incorporated into mainstream facilities.
- Services should reflect the fact that each person is an autonomous individual with the right to self determination.
- Each person has the right to make informed decisions about their life. This should be encouraged, and services should allow people to take part in decisions about the facilities they use.
- Services should be age-appropriate, and treat people with dignity, respect and in a way which encourages self confidence and esteem.
- Services should reflect the needs of the individuals using them rather than the service providers.
- Services should be provided in a way which enables and empowers people rather than restricts and controls them.

Service Areas and Levels

Solihull Mind is a local organisation with a proven track record of delivering services founded on core philosophies such as the rights of people with mental health problems to equal citizenship and equal opportunities. The services provided can be grouped within the following broad categories:

Social Inclusion - including mental health awareness training to local employers, community groups and schools; access to specialist benefits/debt/housing support to maximize life opportunities.

Social Support -delivered through the OASIS (Open Access Support and Information Service) 7 day walk-in service; nightly Crisis Café, supported accommodation, and weekly women only and LGBTQ+ support groups.

Information and Advice - this is provided weekdays 9-5pm via phone, email, in person and through our website, Facebook and twitter accounts; plus access to specialist books/leaflets on mental health issues and use of the internet.

Therapy - provided by our Counselling, and out of hours Crisis Café services.

Creative Activities and Leisure - delivered both at our main building alongside the OASIS services or at our outdoor Creative Spaces service providing opportunities for organic horticulture, conservation work, sports/health living activities, art/crafts and music.

The majority of these services run either in, or from, our main building in Faulkner Road, Hobs Meadow, just off the main road linking the north and south of the borough; or at our 3.5 acre Creative Spaces site in Knowle. However our outreach services such as benefits/debt/housing and other specialist advocacy are also provided the community via the Solihull Information Hubs, various NHS/Social Services, job centres, employers, and other community groups and mainstream locations around the borough where appropriate.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Solihull Mind is a Incorporated Company Limited by Guarantee (registered charity number 1179376 and Company Limited number 10716963) which aims to benefit the public by providing services and support to people in the Borough of Solihull who experience mental health issues.

Solihull Mind aims to provide stability to the organisation by accessing a variety of funding sources and avoiding dependency on any single main source of income. In practice this means aiming to secure the local SMBC/CCG funding we already have for contracted services such as OASIS (Drop-in), Counselling, Housing Support, Crisis Support, Benefits/Debt and advocacy work. In addition, we aim to secure funds for longer term and one-off grants through bids to the larger funding organizations such as Lottery, Comic Relief, Lloyds and other charitable organizations; plus developing relationships with local fundraising groups/business to highlight our work and encourage one-off and longer-term relations; as well as individual donations and holding fundraising events such as the annual plant sales.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENT AND PERFORMANCE

Internal and External

In 2020/21 we received funding through Mental Health Contracts from Solihull SMBC to provide our 7 day a week OASIS Open Access Support and Information Service, Housing Support service and Housing Benefit of £152,127 plus further one-off covid related funding of £51,880. We also - in partnership with AgeUK - received SMBC Community funding for our Specialist Benefits/debt and Outreach service of £110,625.

Our BsolCCG funding for counselling, out of hours Crisis café (which has now expanded to 7 evenings a week) and Recovery funding increased this year to £344,155 (which included a delayed payment of £101,856); and we continued to receive our grant of £10,000 toward our Horticulture project from the Elizabeth Creak trust. In 2020/21 we were able to maintain around the same level of income (£41,400) from donations/corporate funding as in 2019/20; plus £2,115 in earned income from plant sales. The remaining £201 was received through bank interest/reclaimed vat plus other miscellaneous items; giving us an overall income for the period 1/4/2020 -31/3/2021 of £712,503.

Our expenditure in 2020/21 on Staffing costs - including staff/volunteer travel and training costs, totalled £360,670; spending on Building costs was £18,173, on Office running costs £19,092; a further £10,481 was spent on Housing, £3,489 on Horticulture, £5,863 on VAT payments, and a further £29,235 on other miscellaneous expenditure including such as art/craft/sport equipment, food/events, vehicle costs and other . Overall the total expenditure for 2020/21 was £447,003.

The total income for the period April 2020 - March 2021 was therefore £712,503; with Expenditure across all services for this period totalling £447,003, giving a technical surplus of income over expenditure for the financial year of £265,500. However as this amount contains a delayed CCG payment of £101,856, plus one-off payments of £51,880 from SMBC, and £5,000 from National Mind, the more accurate level of income for the year would be £553,367. In addition, expenditure was lower than predicted by around £80,000 due mainly to the reduced staffing costs because of the delayed opening of the full Crisis café service due to the pandemic, as well as lower building running costs, staff travel, reduced sessional worker and volunteer costs etc. Therefore, had the expected level of income and expenditure occurred - as it is likely to be the case in 2021/22 - the surplus income over expenditure figure would be reduced to around £28,500.

At the end of the 2020/21 Financial year our fixed assets (building/vehicles/capital equip) stand at £105,806. Our cash assets on 31/3/2020 stood at £314,177, and increased in 2020/21 by £271,428 to £585,605; with overall funds at 31/3/2021 increasing to £678,841.

The Mind Directors were extremely pleased that we were again able to increase our reserves in 2020/21; due to the unexpected additional income and the reduction in expected running costs. and the continued high level of donations which increased again slightly on the 2019/20 amount to £41,399. We are very glad to and are glad to report that we are again Charity of the year for Birmingham Airport, several smaller local organisations, and in 2022 have again been adopted through a staff vote by Paragon bank who in 2018/19 raised over £8,000. Unfortunately, in 2021 we were unsuccessful in our bid for the new contract to provide the (OASIS) Drop-in service from April 2022. However, the Directors have agreed that as our service is substantially different to the one being Commissioned by SMBC - which won't provide anything in the Olton area - we will continue to provide the service using our reserves for up to a year while we seek other funding. As in previous years, Directors recognise that they will need to continue to work to replace both this, and other unfunded service areas. In order to assist us in doing this, we are currently working with two fundraising specialists who will support the organisation in making bids to both large and small grant making Trusts, as well as continue to develop our relationship with local businesses and community organisations.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Reserves policy

Throughout the financial year, Directors continued to monitor the financial progress of the organisation through quarterly budget reconciliations presented at the Board meetings and through the Financial sub-group, looking at funding opportunities for the 'at risk' service delivery areas and any new areas of need which may be identified.

All fundraising activities are in line with our Ethical Fundraising policy.

The Directors annually review the nature of the income and expenditure streams, the need to match variable income with fixed commitments, and the nature of the reserves in order to decide on the level of reserves required for the charity to be managed efficiently and to enable future services to remain uninterrupted. Issues to consider when deciding the appropriate level of reserves and their use include:

Opportunity to accrue reserves - Reserves can be accrued over time where organisations have service contracts which allow them to keep any underspend if they are able to deliver the required level of service for lower costs than agreed, which can occur where some funded costs are provided by volunteers or by trustees at zero cost.

Further reserves can be achieved through routine fundraising, one off grants and donations, and careful expenditure maximising bank interest.

Occasionally, reserves can work against an organisation as some funders/trusts do not like to give grants to organisations with high reserves; and this may restrict our access to funding new projects which we can't fund ourselves

Use of reserves

Reserves are used to:

- Protect the long term delivery and continuity of services - especially those funded through short term sources such as Lottery, Comic Relief, Lloyds etc. which regularly require short periods of continuity funding when the project/services end or move funding source.
- Provide seed money for research and development of pilot projects in advance of securing longer term funding.
- Ensuring the upkeep of the property and any major repairs/alterations required should we need to expand the building or make changes due to the requirements of employment, disability or health and safety legislation.
- Ensure there are enough funds to cover any redundancy costs that may occur due to service/funding withdrawal.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Level/form of reserves

Directors need to decide the level of reserves required and in what form (shares, deposit account etc.) they will keep them in order to maximise income while retaining accessibility to funds. It has previously been the aim of Mind to hold a minimum of 9 months running costs (currently around £375,000) in order to enable the continuation of services while replacement funding is found. These funds will be retained within our bank deposit account so as to ensure a period of stability during a time of funding difficulties. It is also acknowledged that the majority of our staff have been with the organisation between 15 - 25 years, so higher levels of reserves need to be retained to protect redundancy payments should service contracts not be renewed.

As in previous years, our current level of reserves has been above the minimum 9 months of running costs we aim to maintain; which has allowed us to continue to support partly, or unfunded services - eg telephone support, the Horticulture/conservation/sport project, art/music sessions and the Outmind LGBTQ support group - while we look for longer term funding. For this reason, as outlined in the financial review above, the Board of Directors will be regularly monitoring the budget position and level of service delivery whilst these alternative funding sources are sought, to ensure the organization is not put in danger.

Decisions on the use of reserves will be made by the Mind Board of Directors.

FUTURE SERVICE DELIVERY

The Annual Delivery plan for 2020/21 sets out both strategic aims/organizational objectives; as well as the service aims, targets funding sources and monitoring details for each service area; and highlight the main issues and actions relevant to each area.

The delivery of the Annual plan will be the responsibility of the Board of Directors in conjunction with the Mind Chief Executive Officer; and is monitored through the quarterly meetings. An overall review/risk assessment of the organization takes place annually, and includes service delivery, finances, organizational diversity, Quality, Health and Safety, and other relevant issues.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 28th January 2022 and signed on its behalf by:



.....
D Skerret - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SOLIHULL MIND (LTD) (REGISTERED NUMBER: 10716963)**

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages nine to nineteen.

Responsibilities and basis of report

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jeremy Kitson FCA
ICAEW
Prime
Chartered Accountants
Corner Oak
1 Homer Road
Solihull
B91 3QG

Date: 28/01/22

SOLIHULL MIND (LTD)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

				Year ended 31.3.21 Total funds £	Period 1.5.19 to 31.3.20 Total funds £
	Notes	Unrestricted fund £	Restricted fund £		
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	41,397	-	41,397	792
Activities for generating funds	3	2,115	-	2,115	-
Investment income	4	74	-	74	92
Incoming resources from charitable activities					
Provision of Mental Health Services	5	660,037	1,999	662,036	29,289
Other incoming resources		6,880	-	6,880	437,067
Total incoming resources		710,503	1,999	712,502	467,240
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income		11,828	-	11,828	995
Charitable activities					
Provision of Mental Health Services	6	432,911	2,264	435,175	52,903
Total resources expended		444,739	2,264	447,003	53,898
NET INCOMING/(OUTGOING) RESOURCES					
		265,764	(265)	265,499	413,342
RECONCILIATION OF FUNDS					
Total funds brought forward		411,015	2,327	413,342	-
TOTAL FUNDS CARRIED FORWARD		676,779	2,062	678,841	413,342

CONTINUING OPERATIONS

All incoming resources and resources expended arise from continuing activities.

The notes form part of these financial statements

SOLIHULL MIND (LTD) (REGISTERED NUMBER: 10716963)

**BALANCE SHEET
AT 31 MARCH 2021**

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	10	103,744	2,062	105,806	102,303
CURRENT ASSETS					
Debtors	11	15,681	-	15,681	35,118
Cash at bank and in hand		585,605	-	585,605	314,177
		<u>601,286</u>	<u>-</u>	<u>601,286</u>	<u>349,295</u>
CREDITORS					
Amounts falling due within one year	12	(28,251)	-	(28,251)	(38,256)
NET CURRENT ASSETS		<u>573,035</u>	<u>-</u>	<u>573,035</u>	<u>311,039</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>676,779</u>	<u>2,062</u>	<u>678,841</u>	<u>413,342</u>
NET ASSETS		<u>676,779</u>	<u>2,062</u>	<u>678,841</u>	<u>413,342</u>
FUNDS	14				
Unrestricted funds				676,779	411,015
Restricted funds				2,062	2,327
TOTAL FUNDS				<u>678,841</u>	<u>413,342</u>

The notes form part of these financial statements

BALANCE SHEET - CONTINUED
AT 31 MARCH 2021

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

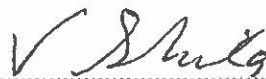
- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on*28th January 2022* and were signed on its behalf by:



.....
D Skerret -Trustee



.....
V Skiba -Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in sterling (£) which is the functional currency of the entity.

Accounting convention

The financial statements have been prepared under the historical cost convention, the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Exemption from preparing a cash flow statement

Exemption has been taken from preparing a cash flow statement on the grounds that the charitable company qualifies as a small charitable company.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Improvements to property	- 10% on cost
Fixtures and fittings	- 20% on cost
Motor vehicles	- 25% on cost
Computer equipment	- 33.33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. VOLUNTARY INCOME

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Gifts	-	-
Donations	41,397	792
	<u>41,397</u>	<u>792</u>

3. ACTIVITIES FOR GENERATING FUNDS

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Shop income	2,115	-
	<u>2,115</u>	<u>-</u>

4. INVESTMENT INCOME

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Deposit account interest	74	92
	<u>74</u>	<u>92</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021**5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	Year ended 31.3.21	Period 1.5.19 to 31.3.20
	Provision of Mental Health Services £	Total activities £
Grants	594,562	24,716
Rental income	67,474	4,573
	<u>662,036</u>	<u>29,289</u>

Grants received, included in the above, are as follows:

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Solihull MBC	84,653	7,054
Solihull CCG	344,155	8,501
Age UK	110,625	8,125
Elizabeth Creek Trust	10,000	833
Miscellaneous	11,500	203
Other grants	33,629	-
	<u>594,562</u>	<u>24,716</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs £	Support costs £	Totals £
Provision of Mental Health Services	<u>383,213</u>	<u>51,962</u>	<u>435,175</u>

7. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Depreciation - owned assets	6,871	1,019
Other pension costs	26,507	1,829
Independent examination fee	<u>6,250</u>	<u>1,250</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the period ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the period ended 31 March 2020.

9. STAFF COSTS

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Wages and salaries	308,953	32,558
Social security costs	22,399	3,047
Other pension costs	26,507	1,829
	<u>357,859</u>	<u>37,434</u>

The average monthly number of employees during the year was as follows:

	Year ended 31.3.21	Period 1.5.19 to 31.3.20
Employees	<u>12</u>	<u>11</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021

10. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Fixtures and fittings £
COST			
At 1 April 2020	91,654	2,642	2,697
Additions	-	-	1,711
At 31 March 2021	91,654	2,642	4,408
DEPRECIATION			
At 1 April 2020	311	315	124
Charge for year	1,877	265	1,305
At 31 March 2021	2,188	580	1,429
NET BOOK VALUE			
At 31 March 2021	89,466	2,062	2,979
At 31 March 2020	91,343	2,327	2,573
	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 April 2020	4,870	1,459	103,322
Additions	7,000	1,663	10,374
At 31 March 2021	11,870	3,122	113,696
DEPRECIATION			
At 1 April 2020	193	76	1,019
Charge for year	2,457	967	6,871
At 31 March 2021	2,650	1,043	7,890
NET BOOK VALUE			
At 31 March 2021	9,220	2,079	105,806
At 31 March 2020	4,677	1,383	102,303

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	8,625	12,833
Other debtors	7,056	22,285
	15,681	35,118

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade creditors	-	-
Taxation and social security	6,817	12,254
Other creditors	21,434	26,002
	<u>28,251</u>	<u>38,256</u>

13. OPERATING LEASE COMMITMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	Other operating leases	
	2021 £	2020 £
Expiring:		
Within one year	1,300	2,600
Between one and five years	-	1,300
	<u>1,300</u>	<u>3,900</u>

14. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	411,015	265,764	676,779
Restricted funds			
Provision of Mental Health Services	2,327	(265)	2,062
TOTAL FUNDS	<u>413,342</u>	<u>265,499</u>	<u>678,841</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	710,503	(444,739)	265,764
Restricted funds			
Provision of Mental Health Services	1,999	(2,264)	(265)
TOTAL FUNDS	<u>712,502</u>	<u>(447,003)</u>	<u>265,499</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2021

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.5.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted Funds			
General fund	-	411,015	411,015
Restricted Funds			
Provision of Mental Health Services	-	2,327	2,327
TOTAL FUNDS	<u>-</u>	<u>413,342</u>	<u>413,342</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	464,395	(53,380)	411,015
Restricted funds			
Provision of Mental Health Services	2,845	(518)	2,327
TOTAL FUNDS	<u>467,240</u>	<u>(53,898)</u>	<u>413,342</u>

The Provision of Mental Health Services Restricted funds relate to the following:

	Incoming resources	Outgoing resources	Transfers	Balance at 31.03.2020
Solihull Care Trust	2,642	(315)	-	2,327
Solihull Borough Council	203	(203)	-	-
	<u>2,845</u>	<u>(518)</u>	<u>-</u>	<u>2,327</u>

The Solihull Care Trust funding is a capital grant to support refurbishing costs and for the purchase of equipment.

The Solihull Borough Council income and expenditure relates to the deemed market value of land that the charity has use of free of charge.

15. CONTINGENT LIABILITIES

The charity retains title to its freehold property on the understanding that it remains within the boundaries of Solihull MBC. Should the charity move away from the area, the property would revert to the successors of Solihull Health Authority.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 March 2021.

SOLIHULL MIND (LTD)**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
INCOMING RESOURCES		
Voluntary income		
Gifts	-	-
Donations	41,397	792
	<u>41,397</u>	<u>792</u>
Activities for generating funds		
Shop income	2,115	-
Investment income		
Deposit account interest	74	92
Incoming resources from charitable activities		
Grants	594,562	24,716
Rental income	67,474	4,573
	<u>662,036</u>	<u>29,289</u>
Other incoming resources		
Other incoming resources	6,880	414
Transfer of assets from Solihull Mind (unincorporated)	-	436,653
	<u>6,880</u>	<u>437,067</u>
Total incoming resources	712,502	467,240
RESOURCES EXPENDED		
Costs of generating voluntary income		
Wages	10,039	814
Social security	1,143	93
Pensions	646	88
	<u>11,828</u>	<u>995</u>
Charitable activities		
Wages	258,757	28,487
Social security	16,685	2,584
Pensions	23,277	1,387
Rates and water	15,809	1,106
Light and heat	3,846	639
Carried forward	318,374	34,203

This page does not form part of the statutory financial statements

SOLIHULL MIND (LTD)

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

	Year ended 31.3.21 £	Period 1.5.19 to 31.3.20 £
Charitable activities		
Brought forward	318,374	34,203
Telephone and service charges	3,800	528
Postage and stationery	6,924	336
Sundries	15,921	5,536
Cleaning	2,963	434
Training	847	120
Housing Association Fees	10,481	2,597
Motor expenses	2,238	-
Staff and Volunteer expenses	2,809	938
Events	980	335
Seeds, plants, etc	3,489	843
Arts	35	61
Repairs and maintenance	7,482	722
Freehold property	1,877	311
Improvements to property	264	315
Fixtures and fittings	1,305	124
Motor vehicles	2,457	193
Computer equipment	967	76
	383,213	47,672
Support costs		
Management		
Wages	30,118	2,443
Social security	3,428	277
Pensions	1,938	266
	35,484	2,986
Governance costs		
Wages	10,039	814
Social security	1,143	93
Pensions	646	88
Independent examination	4,650	1,250
	16,478	2,245
Total resources expended	447,003	53,898
Net income	265,499	413,342

This page does not form part of the statutory financial statements