

BRITISH ORTHOPAEDIC RESEARCH SOCIETY

England & Wales · Charity number 1179328

Details

Other names BORS

Status Registered

Legal form CIO

Registered 2018-07-25

Register [View on the Charity Commission register](#)

Contact

Address Royal College Of Surgeons England
38-43 Lincoln's Inn Fields
London
WC2A 3PE

Phone 020 7405 3474

Email contact@borsoc.org.uk

Website www.borsoc.org.uk

Activities

Objects: THE OBJECT(S) OF THE CIO ARE TO ADVANCE EDUCATION IN ORTHOPAEDIC RESEARCH FOR THE PUBLIC BENEFIT IN PARTICULAR BY (BUT NOT LIMITED TO) THE PROMOTION OF ALL ASPECTS OF ORTHOPAEDIC RESEARCH AND THE DISSEMINATION OF THE USEFUL RESULTS OF SUCH RESEARCH.

Activities: The object(s) of the CIO are to advance education in orthopaedic research for the public benefit in particular by (but not limited to) the promotion of all aspects of orthopaedic research and the dissemination of the useful results of such research.

Classification

- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£17,529	£28,350	-	-
2024-03-31	£47,909	£25,208	-	-
2023-03-31	£5,041	£40,779	-	-
2022-03-31	£24,937	£10,981	-	-
2021-03-31	£20,231	£4,162	-	-

Trustees

Name	Role	Appointed
Professor Deborah Mason	Chair	2019-09-06
Dr Andrew Phillips		2022-09-07
Dr Anthony Herbert		2023-09-25
Dr David Hamilton		2021-09-14
Dr Ines Reichert		2018-09-10
Dr Wasim Khan		2021-09-14
Rosemary Fletcher		2018-07-28
prof Karina Wright		2023-09-25

Accounts

British Orthopaedic Research Society
Trustees' Annual Report and Accounts
For the year ended 31 March 2025
Charity No. 1179328

British Orthopaedic Research Society

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British Orthopaedic Research Society

Legal and Administration Information

Charity name British Orthopaedic Research Society

Charity registration number 1179328

Trustees	Professor Deborah Mason (Chair)	(From 07.09.22)
	Professor Richie Gill (Chair)	(From 07.09.19)
	Mr Wasim Khan	(From 25.09.23)
	Dr David Hamilton	(From 25.09.23)
	Dr Arash Angadji	(From 25.07.18)
	Dr Robert Wallace	(From 01.10.18)
	Rosemary Fletcher	(From 30.09.19)
	Ms Ines Reichert	(Until 09.09.24)
	Professor Sophie Williams	(Extended leave)
Trustees (Ex-Officio)	President: Dr Andrew Phillips	(From 07.09.22)
	Honorary Secretary: Dr Anthony Herbert	(From 25.09.23)
	Honorary Treasurer: Prof Karina Wright	(From 25.09.23)

Committee Members (In addition to the Society's Trustees and Officers)

Ms Ines Reichert President Elect	
Dr David Williams Digital Officer	
Mr James Archer – Co-opted BOTA representative	(until 09.09.24)
Mr Muhamed Alanie - Co-opted BOTA representative	(until 09.09.24)
Mr Michael Foxall-Smith – Co-opted BOTA representative	(until 09.09.24)
Professor Hamish Simpson – BJR representative	(until 09.09.24)
Miss Chloe Scott - BJR representative	(until 09.09.24)

Principal office address Royal College of Surgeons of England
38 to 43 Lincoln's Inn Fields
London
WC2A 3PE

Website www.borsoc.org.uk

Independent Examiner David Jeffcoat FCCA
TC Group
Business Advisors & Accountants
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Bankers	TSB	Co-operative Bank
	6 Market Place	1 Balloon Street
	Romsey	Manchester
	SO51 8YS	M60 4EP

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2025*

The Trustees are pleased to present their report together with the charity's Accounts for the year ended 31 March 2025.

STRUCTURE, GOVERNANCE and MANAGEMENT

British Orthopaedic Research Society ('BORS') was registered as a CIO by the Charity Commission on 25 July 2018. BORS is governed by its Constitution and managed and administered by a Committee comprising the Trustees, including ex-officio Trustees, and other elected members of the Society.

Trustees

The Trustees serving during the year and since the year-end are detailed on page 1.

The appointment method of Trustees, Officers and Committee members is set out in sections 13 and 14 of the Society's Constitution.

New Trustees are given a copy of the charity's Constitution and undergo instruction to brief them of their legal obligations under charity law. New Trustees would already be familiar with the charity's activities.

OBJECTIVES and ACTIVITIES

Per the CIO Constitution, the objects of British Orthopaedic Research Society (BORS) are to advance education in orthopaedic research for the public benefit in particular by (but not limited to) the promotion of all aspects of orthopaedic research and the dissemination of the useful results of such research.

A list of the charity's activities in relation to its objectives is provided below:

Education

The advancement of orthopaedic education is the charity's focus. The main activity focused at achieving this objective is the organisation of the annual research meeting.

BORS maintains a website (www.borsoc.org.uk/) which provides members of the Society with an accessible network of researchers and information about upcoming courses.

Research

BORS supports research through the organisation of its annual research meeting and with specific events held within other societies/organisations annual meetings. In addition, the Society awards a number of prizes and bursaries to help fostering an inclusive research environment. Prizes are awarded based on merit to researchers presenting at BORS organised events.

Publication of research results

The main routes of dissemination of research results are represented by the annual meeting organised by BORS and through the hosting of specific sessions and poster opportunities at clinical congresses such as the Orthopaedic Research Society (ORS), International Combined Orthopaedic Research Societies (ICORS), and British Orthopaedic Association (BOA) meetings.

The abstracts accepted for presentation at the BORS annual meeting are published in the Orthopaedic Proceedings supplement to the Bone and Joint Journal (BJJ). A nominated Committee member acts as the link person between BORS and BJJ to ensure this arrangement is continued. It is the aim of the Trustees to broaden the activities of the charity to contribute more widely to the education of the public such as including Public lectures at the Annual meetings.

The BORS President and several BORS members are Associate Editors for Bone and Joint Research (BJR), which is published by the British Editorial Society of Bone & Joint Surgery, a not-for-profit charity and Company limited by Guarantee, who also publish BJJ, and are the sponsors for the BORS/BJR Travelling Fellows scheme.

Research landscape and links to others

BORS maintains very strong links with national and international research societies and organisations operating in the field of orthopaedics or, more in general, musculoskeletal research and education. The president or nominated representatives also attend meetings of appropriate international organisations to maintain awareness and participation in research and education on a global basis (e.g. EORS, BOA, ORS and ICORS).

At national level, BORS aims to organise joint meetings when possible to provide an opportunity for the exchange of knowledge and skills between respective members.

Representatives of Orthopaedic Research UK (ORUK - Registered Charity number 1111657) regularly attend BORS research meetings.

BORS also interfaces with clinical organisations, namely the British Hip Society, the British Orthopaedic Association (BOA - Registered Charity number 1066994), and the British Orthopaedic Trainees Association.

ACHIEVEMENTS and PERFORMANCE

BORS 2024

The annual meeting was held by the University of Sheffield, with this being the second 'in-person' annual meeting since Covid-19 caused BORS 2020 and BORS 2021 to be held online, while BORS hosted the World Congress of Orthopaedic Research in Edinburgh in 2022. BORS 2024 saw an increase in attendance compared to BORS 2023 held at the University of Cambridge, and this is a trend that we hope to see increasing.

The annual meeting featured five keynote presentations and over 80 podium and poster presentations, selected from submitted abstracts. The meeting brought together clinicians, engineers, scientists and allied health professionals from all backgrounds relevant to orthopaedic and trauma surgery, fostering interdisciplinary collaboration. The meeting was attended by around 120 delegates.

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2025

BORS/BJR Travelling Fellowship

The BORS/BJR 2025 Travelling Fellows (Harriet Talbott, Muhamed Farhan-Alanie, Ryan Jones, Tim Lindsay, and Tim Hopkins) were selected following online interview in early 2024, with the Fellowship starting at the ORS meeting in Phoenix Arizona in February 2025.

The Fellowship, sponsored by in part by Bone & Joint Research (a gold open access journal for the musculoskeletal sciences) saw the Fellows visit several research centres of excellence across North America.

The fellowship was highly successful, and a blog detailing the Fellows visits is available on the BORS website (<https://borsoc.org.uk/travelling-fellows/>). As with previous rounds of the Travelling Fellowship various issues in the process of selecting the Fellows and developing the itinerary of the Fellowship were identified through discussion with the Fellows prior to and following the Fellowship. Following a meeting with BJR representatives changes to the Travelling Fellowship have been agreed and these will be reflected in the 2027 BORS/BJR Travelling Fellowship scheme.

FINANCIAL REVIEW

The Accounts for the year are set out on pages 9 to 11. Per the Statement of Receipts and Payments on page 8, the charity reported Net Expenditure (i.e. a Deficit) for the year of £10,821 (2024 – Surplus £22,701).

Reserves Policy

The Society's policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure which allows sufficient funds to maintain the Society's ongoing work. Per the Statement of Balances on page 9, the General Fund amounted to £92,804 at 31 March 2025 (2024 - £103,625) with Assets (i.e. income) of £6,187 and Liabilities (i.e. expenditure) of £5,166 relating to the year ended 31 March 2025 still to be paid at 31 March 2025. Although above the required level, the Society's reserves were acceptable to the Trustees who are considering ways to utilise reserves effectively.

A significant proportion of the Society's finances are associated with the organisation and hosting of the Society's Annual Meeting, dedicated sessions at a number of conferences and with the award of the travelling fellowships. The purpose of the Annual Meeting is to provide a platform to further the Society's main objectives.

The Annual Meetings are generally well attended and subscribed, however the Society recognises that there is a small but significant financial risk associated with such events as it is plausible that a meeting might incur a deficit. The Society's reserves are deemed more than adequate to cover this risk.

The Society has made efforts to confirm meeting hosts two years in advance, with BORS 2025 being hosted by the University of Birmingham, and BORS 2026 to be hosted in Glasgow.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2025*

Public Benefit Statement

The Trustees confirm that they have complied with their duty to have due regard to the Charity Commission's general guidance on public benefit when planning the activities of the Society.

Orthopaedic patients are the largest group of beneficiaries of the charity's activities; clinical and scientific research are the foundations from which new and improved medical treatment.

Through its annual research meeting, BORS provides a forum for exchanging new and innovative ideas in the field of orthopaedics. On occasions, this can be translated into changes and improvements to current clinical practice. At AGM's or other meetings, we shall have lectures open to the public of an appropriate subject matter.

The orthopaedic fraternity, comprising clinical and scientific researchers, benefits from the meetings organised by BORS both through exposure to new research ideas and through participation in the discussions fostered at the meetings.

The charity is committed to the dissemination of research findings and as such it holds a long-standing agreement with the Bone and Joint Journal which ensures the publication of abstracts presented at the BORS annual meeting.

The charity fosters education both of professionals and the public at large and we often work closely with Industry to further that education. The charity has been organising events specifically targeted at clinicians at the main orthopaedic clinical meeting in the UK (the British Orthopaedic Association Annual Meeting) and has been sponsoring an annual research prize (BORS/BOTA prize) for the best paper presented in this context.

FUTURE ACTIVITIES

Travelling Fellowship

BORS again intends to promote and support a BORS/BJR travelling fellowship in 2027 and sponsorship with BJR has been agreed. Plans are in place for up to four early career researchers in the orthopaedic research community and as members of BORS to be selected to undertake the travelling fellowship. The travelling fellowship involves visiting international centres of academic orthopaedic excellence and attendance of an associated orthopaedic research society meeting. The Bone and Joint Research Journal continues to provide financial sponsorship of these fellowships. The purpose of this travelling fellowship is to:

- Disseminate orthopaedic research conducted by the early career researchers on the fellowship
- Showcase leading orthopaedic research going on in the UK with international colleagues
- Learn about the world-class orthopaedic research at the leading academic centres the fellows will visit
- Develop lasting collaborative academic networks to enable future research opportunities

BOA 2024 and BOA 2025

BORS will host revalidation workshops at the annual meetings of the British Orthopaedic Association.

ICORS 2025

BORS will host two workshops at the International Combined Orthopaedic Research Societies meeting 2025 in Adelaide, Australia.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2025*

EORS 2025

BORS will host two workshops at the European Orthopaedic Research Society meeting 2025 in Davos, Switzerland.

Independent Examiner

David Jeffcoat , F.C.C.A. is the independent examiner of the Charity as the designated Partner of TC Group, Business Advisors and Accountants responsible for this engagement. The Trustees recommend that he remain in office as independent examiner until further notice.

On behalf of the Trustees



Professor Deborah Mason

Trustee, Chair of Trustees

Date: 27/1/2026

British Orthopaedic Research Society

Independent Examiner's Report to the Trustees of British Orthopaedic Research Society

I report on the Accounts of the charity for the year ended 31 March 2025 which are set out on pages 9 to 12.

Responsibilities and basis of Report

As the charity Trustees, you are responsible for the preparation of the Accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's Accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the Accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

David Jeffcoat

David Jeffcoat, F.C.C.A.

Partner

TC Group
Business Advisors and Accountants
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Date: 27/1/2026

British Orthopaedic Research Society

Statement of Receipts and Payments for the year ended 31 March 2025

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
Notes				
	£	£	£	£
Receipts				
Membership fees	373	-	373	3,994
Research travelling award	-	16,000	16,000	-
BORS Conference income (Edinburgh and Cambridge)	-	-	-	41,957
Sponsorship	500	-	500	1,000
Bank interest received	656	-	656	958
Total Receipts	1,529	16,000	17,529	47,909
Payments				
<i>Charitable Expenditure</i>				
BOA clinical leader programme	-	-	-	-
Meeting registration costs	-	-	-	-
BORS conference costs	773	-	773	21,146
Course fees (Future Leaders Programme 2020/21)	-	-	-	-
Workshop expenses	-	-	-	282
Other Meeting costs and sundries	-	-	-	11
Awards and prizes	500	-	500	550
Insurance	-	-	-	260
Bank charges	77	-	77	154
Training	-	-	-	350
BORS Fellowships	11,000	16,000	27,000	-
<i>Governance costs</i>				
Independent Examiner's Fee	-	-	-	2,400
Trustees' Meeting costs	-	-	-	55
Total Payments	12,350	16,000	28,350	25,208
Net Receipts/(Payments) for the year	(10,821)	-	(10,821)	22,701

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Statement of Balances *as at 31 March 2025*

	Notes	Unrestricted Funds £	Total 2025 £	Total 2024 £
Bank and Cash in Hand				
Opening balances		103,625	103,625	80,924
Net Receipts/(Payments) for the year		(10,821)	(10,821)	22,701
Closing Balances		92,804	92,804	103,625
Reserves				
General Fund		92,804	92,804	103,625
Closing Balances		92,804	92,804	103,625
Debtors				
Surplus from 2024 Annual Meeting (Sheffield)		6,187	6,187	-
		6,187	6,187	-
Liabilities				
Independent Examiner's Fee (including VAT)				
Year ended 31 March 2024		-	2,520	2,520
Year ended 31 March 2025		-	2,646	-
		-	5,166	2,520

Approved by the Trustees on 27/1/2026 and signed on their behalf by:

Deborah Mason

Professor Deborah Mason

Trustee

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2025

1. Accounting Policies

Basis of Accounting

The Accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

VAT

The Society is not registered for VAT and, accordingly, expenditure includes VAT, where appropriate.

Purposes of Funds

The General Fund (Unrestricted) encompasses the income and expenditure relating to the primary focus activities of the charity, other than those for which funding is restricted.

Payments

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examiner's fee.

2. Trustees' and Officers' remuneration and reimbursed expenses

No Trustees or Officers received remuneration during the year or in the previous year. Travelling and meeting expenses of £973 (2024: £55) were reimbursed to Mr Wasim Khan and Dr David Williams.

Accounts

British Orthopaedic Research Society

Trustees' Annual Report and Accounts

For the year ended 31 March 2024

Charity No. 1179328

British Orthopaedic Research Society

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British Orthopaedic Research Society

Legal and Administrative Information

Charity name British Orthopaedic Research Society

Charity registration number 1179328

Trustees

President: Professor Deborah Mason (<i>Chair</i>)	(From 07.09.22)
Professor Richie Gill (<i>Chair</i>)	(From 07.09.19)
Dr Arash Angadji	(From 25.07.18)
Dr Robert Wallace	(From 01.10.18)
Rosemary Fletcher	(From 30.09.19)
Ms Ines Reichert	(From 14.09.21)
Professor Sophie Williams	(From 14.09.21)

Trustees (Ex-Officio)

President: Dr Andrew Phillips	(From 07.09.22)
Honorary Secretary: Mr Wasim Khan	(From 14.09.21)
Honorary Treasurer: Dr David Hamilton	(From 14.09.21)

Committee Members (In addition to the Society's Trustees and Officers)

Dr David Williams *Digital Officer*
Dr Anthony Herbert – *Secretary Elect*
Prof Karina Wright – *Treasurer Elect*

Mr James Archer – *Co-opted BOTA representative*
Mr Muhamed Alanie - *Co-opted BOTA representative*
Professor Hamish Simpson – *BJR representative*
Miss Salma Chaudhury - *Engagement Officer until 01.01.24*

Principal office address Royal College of Surgeons of England
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Website www.borsoc.org.uk

Independent Examiner David Jeffcoat FCCA
Alexander Sloan LLP
Accountants and Business Advisers
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British Orthopaedic Research Society

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Publication of research results

The main routes of dissemination of research results are represented by the annual meeting organised by BORS and through the hosting of specific sessions and poster opportunities at clinical congresses such as the Orthopaedic Research Society (ORS), International Combined Orthopaedic Research Societies (ICORS), and British Orthopaedic Association (BOA) meetings.

The abstracts accepted for presentation at the BORS annual meeting are published in the Orthopaedic Proceedings supplement to the Bone and Joint Journal (BJJ). A nominated Committee member acts as the link person between BORS and BJJ to ensure this arrangement is continued. It is the aim of the Trustees to broaden the activities of the charity to contribute more widely to the education of the public such as including Public lectures at the Annual meetings.

The BORS President and several BORS members are Associate Editors for Bone and Joint Research (BJR), which is published by the British Editorial Society of Bone & Joint Surgery, a not-for-profit charity, and Company limited by Guarantee, who also publish BJJ, and are the sponsors for the BORS/BJR Travelling Fellows scheme.

Research landscape and links to others

BORS maintains very strong links with national and international research societies and organisations operating in the field of orthopaedics or, more in general, musculoskeletal research and education. The president or nominated representatives also attend meetings of appropriate international organisations to maintain awareness and participation in research and education on a global basis (e.g. ORS and ICORS).

At national level, BORS aims to organise joint meetings when possible to provide an opportunity for the exchange of knowledge and skills between respective members.

Representatives of Orthopaedic Research UK (ORUK - Registered Charity number 1111657) regularly attend BORS research meetings.

BORS also interfaces with clinical organisations, namely the British Hip Society, the British Orthopaedic Association (BOA - Registered Charity number 1066994), and the British Orthopaedic Trainees Association.

ACHIEVEMENTS and PERFORMANCE

BORS 2023

The annual meeting was held by the University of Cambridge on 25 and 26 September, with this being the first 'in-person' annual meeting since Covid-19 caused BORS 2020 and BORS 2021 to be held online, while BORS hosted the World Congress of Orthopaedic Research in Edinburgh in 2022.

The annual meeting had a theme of 'Basic Science Underpinning Clinical Advances' and brought together clinicians, engineers, scientists and allied health professionals from all backgrounds relevant to orthopaedic and trauma surgery, fostering interdisciplinary collaboration. The meeting was attended by around 90 delegates.

BORS/BJR Travelling Fellowship

The BORS/BJR 2023 Travelling Fellows (Mr Simon Abram, Dr Nisreen Al-Namnam, Mr Thomas Edwards, Dr Nidal Khatib, Dr David Williams, Dr Irene Yang) were selected following interview at ICORS in September 2022, with the Fellowship starting at the ORS meeting in Dallas in February 2023.

The Fellowship, sponsored by in part by Bone & Joint Research (a gold open access journal for the musculoskeletal sciences) saw the Fellows visit ORS 2023 in Dallas, Texas. Centre of Research Excellence in; Denver, Colorado; Philadelphia, Pennsylvania; Boston, Massachusetts; New York; Ottawa, Ontario

While ultimately successful various issues in the process of selecting the Fellows and developing the itinerary of the Fellowship were identified through discussion with the Fellows prior to and following the Fellowship. A blog detailing the Fellows visits is available on the BORS website (<https://borsoc.org.uk/travelling-fellows/>). Selection for the 2025 BORS/BJR Travelling Fellows began in early 2024 and was completed ahead of the BORS 2024 annual meeting.

FINANCIAL REVIEW

The Accounts for the year are set out on pages 9 to 11. Per the *Statement of Receipts and Payments* on page 8, the charity reported Net Income (i.e. a Surplus) for the year of £22,701 (2023 – Deficit £35,738).

Reserves Policy

The Society's policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure which allows sufficient funds to maintain the Society's ongoing work. Per the *Statement of Balances* on page 9, the General Fund amounted to £103,625 at 31 March 2024 (2023 - £80,924) with Liabilities (i.e. expenditure) of £2,520 relating to the year ended 31 March 2024 still to be paid at 31 March 2024. Although above the required level, the Society's reserves were acceptable to the Trustees who are considering ways to utilise reserves effectively.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2024*

A significant proportion of the Society's finances are associated with the organisation and hosting of the Society's Annual Meeting, dedicated sessions at a number of conferences and with the award of the travelling fellowships. The purpose of the Annual Meeting is to provide a platform to further the Society's main objectives.

The Annual Meetings are generally well attended and subscribed, however the Society recognises that there is a small but significant financial risk associated with such events as it is plausible that a meeting might incur a deficit. The Society's reserves are deemed more than adequate to cover this risk.

Public Benefit Statement

The Trustees confirm that they have complied with their duty to have due regard to the Charity Commission's general guidance on public benefit when planning the activities of the Society.

Orthopaedic patients are the largest group of beneficiaries of the charity's activities; clinical and scientific research are the foundations from which new and improved medical treatment.

Through its annual research meeting, BORS provides a forum for exchanging new and innovative ideas in the field of orthopaedics. On occasions, this can be translated into changes and improvements to current clinical practice. At AGM's or other meetings, we shall have lectures open to the public of an appropriate subject matter. In 2023, Professor Fiona Gilbert delivered a Public Lecture on how radiology is used to identify and treat musculoskeletal pathologies. An online educational day also took place in September 2023

The orthopaedic fraternity, comprising clinical and scientific researchers, benefits from the meetings organised by BORS both through exposure to new research ideas and through participation in the discussions fostered at the meetings.

The charity is committed to the dissemination of research findings and as such it holds a long-standing agreement with the Bone and Joint Journal which ensures the publication of abstracts presented at the BORS annual meeting.

The charity fosters education both of professionals and the public at large and we often work closely with Industry to further that education. The charity has been organising events specifically targeted at clinicians at the main orthopaedic clinical meeting in the UK (the British Orthopaedic Association Annual Meeting) and has been sponsoring an annual research prize (BORS/BOTA prize) for the best paper presented in this context.

FUTURE ACTIVITIES

Travelling Fellowship

BORS again intends to promote and support a BORS/BJR travelling fellowship in 2025 and sponsorship with BJR has been agreed. Plans are in place for up to six early career researchers in the orthopaedic research community and as members of BORS to be selected to undertake the travelling fellowship. The travelling fellowship involves visiting international centres of academic orthopaedic excellence and also attendance of an associated orthopaedic research society meeting. The Bone and Joint Research Journal continues to provide financial sponsorship of these fellowships. The purpose of this travelling fellowship is to:

- Disseminate orthopaedic research conducted by the early career researchers on the fellowship
- Showcase leading orthopaedic research going on in the UK with international colleagues
- Learn about the world-class orthopaedic research at the leading academic centres the fellows will visit
- Develop lasting collaborative academic networks to enable future research opportunities

BOA 2024 and BOA 2025

BORS will host revalidation workshops at the annual meeting of the British Orthopaedic Association.

ICORS 2025

BORS will host a workshop at the International Combined Orthopaedic Research Societies meeting 2025 in Adelaide, Australia.

EORS 2025

BORS will host two workshops at the European Orthopaedic Research Society meeting 2025 in Davos, Switzerland.

Independent Examiner

David Jeffcoat, F.C.C.A. is the independent examiner of the Charity as the designated Partner of Alexander Sloan LLP, Accountants & Business Advisers responsible for this engagement. The Trustees recommend that he remain in office as independent examiner until further notice.

On behalf of the Trustees

Deborah Mason

Professor Deborah Mason
Trustee, Chair of Trustees

Date: 30/1/2025

British Orthopaedic Research Society

Independent Examiner's Report to the Trustees of British Orthopaedic Research Society

I report on the Accounts of the charity for the year ended 31 March 2024 which are set out on pages 9 to 12.

Responsibilities and basis of Report

As the charity Trustees, you are responsible for the preparation of the Accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's Accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the Accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

David Jeffcoat

David Jeffcoat, F.C.C.A.

Partner

Alexander Sloan LLP
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Date: 30/1/2025

British Orthopaedic Research Society

Statement of Receipts and Payments for the year ended 31 March 2024

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
Notes	£	£	£	£
Receipts				
Membership fees	3,994	-	3,994	4,521
BORS Conference income (Edinburgh and Cambridge)	41,957	-	41,957	-
Bank interest received	958	-	958	520
Total Receipts	47,909	-	47,909	5,041
Payments				
<i>Charitable Expenditure</i>				
BOA clinical leader programme	-	-	-	-
Meeting registration costs	-	-	-	-
BORS conference costs	21,146	-	21,146	900
Course fees (Future Leaders Programme 2020/21)	-	-	-	-
Workshop expenses	282	-	282	-
Other Meeting costs and sundries	11	-	11	50
Awards and prizes	550	-	550	-
Insurance	260	-	260	326
Bank charges	154	-	154	167
Training	350	-	350	-
BORS Fellowships	-	-	-	30,972
<i>Governance costs</i>				
Independent Examiner's Fee	2,400	-	2,400	8,364
Trustees' Meeting costs	55	-	55	-
Total Payments	25,208	-	25,208	40,779
Net Receipts/(Payments) for the year	22,701	-	22,701	(35,738)

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Statement of Balances as at 31 March 2024

	Notes	Unrestricted Funds £	Total 2024 £	Total 2023 £
Bank and Cash in Hand				
Opening balances		80,924	80,924	116,662
Net Receipts/(Payments) for the year		22,701	22,701	(35,738)
Closing Balances		103,625	103,625	80,924
Reserves				
General Fund		103,625	103,625	80,924
Closing Balances		103,625	103,625	80,924
Liabilities				
Independent Examiner's Fee (including VAT)				
Year ended 31 March 2023		-	-	2,400
Year ended 31 March 2024		-	2,520	-
		-	2,520	2,400

30/1/2025

Approved by the Trustees on

and signed on their behalf by:

Deborah Mason

Professor Deborah Mason

Trustee

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2024

1. Accounting Policies

Basis of Accounting

The Accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

VAT

The Society is not registered for VAT and, accordingly, expenditure includes VAT, where appropriate.

Purposes of Funds

The General Fund (Unrestricted) encompasses the income and expenditure relating to the primary focus activities of the charity, other than those for which funding is restricted.

Payments

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examiner's fee.

2. Trustees' and Officers' remuneration and reimbursed expenses

No Trustees or Officers received remuneration during the year or in the previous year. Travelling and meeting expenses of £55 (2023: £nil) were reimbursed to Rosemary Fletcher.

Accounts

British Orthopaedic Research Society

Trustees' Annual Report and Accounts

For the year ended 31 March 2023

Charity No. 1179328

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British Orthopaedic Research Society

Legal and Administrative Information

Charity name British Orthopaedic Research Society

Charity registration number 1179328

Trustees

Professor Deborah Mason (<i>Chair of trustees</i>)	(From 07.09.22)
Professor Richie Gill	(From 07.09.19)
Professor Mark Wilkinson (<i>Past Chair</i>)	(Until 07.09.22)
Professor Hamish Simpson	(Until 07.09.22)
Professor Brigitte Scammell	(Until 07.09.22)
Dr Arash Angadji	(From 25.07.18)
Dr Robert Wallace	(From 01.10.18)
Professor Valerie Sparkes	(Until 07.09.22)
Rosemary Fletcher	(From 30.09.19)
Ms Ines Reichert	(From 14.09.21)
Professor Sophie Williams	(From 14.09.21)

Trustees (Ex-Officio)

President: Dr Andrew Phillips	(From 07.09.22)
Honorary Secretary: Mr Wasim Khan	(From 14.09.21)
Honorary Treasurer: Dr David Hamilton	(From 14.09.21)

Committee Members (In addition to the Society's Trustees and Officers)

Dr Catherine Pendegrass - *Past BORS travelling fellow representative*
Dr Richard VanArkel - *BORS travelling fellowship members from 29.04.22*
Dr Anthony Herbert- *Past BORS travelling fellowship members from 29.04.22*
Dr David Williams – *New Investigator Rep until 14.09.21, then digital officer*
Mr Muhamed Alani - *Co-opted BOTA representative*
Professor Hamish Simpson – *BJR representative*
Dr Claire Brockett - *Engagement Officer until 07.09.22*
Miss Salma Chaudhury - *Engagement Officer from 07.09.22*

Principal office address

Royal College of Surgeons England
38 – 43 Lincoln's Inn Fields
London
WC2A 3PE

Website www.borsoc.org.uk

Independent Examiner

David Jeffcoat FCCA
Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Bankers	Royal Bank of Scotland	TSB
	127-128 High Holborn	6 Market Place
	London	Romsey
	WC1V 6PQ	SO51 8YS

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2023*

The Trustees are pleased to present their report together with the charity's Accounts for the year ended 31 March 2023.

STRUCTURE, GOVERNANCE and MANAGEMENT

British Orthopaedic Research Society ('BORS') was registered as a CIO by the Charity Commission on 25 July 2018. BORS is governed by its Constitution and managed and administered by a Committee comprising the Trustees, including ex-officio Trustees, and other elected members of the Society.

Trustees

The Trustees serving during the year and since the year-end are detailed on page 1.

The appointment method of Trustees, Officers and Committee members is set out in sections 13 and 14 of the Society's Constitution.

New Trustees are given a copy of the charity's Constitution and undergo instruction to brief them of their legal obligations under charity law. New Trustees would already be familiar with the charity's activities.

OBJECTIVES and ACTIVITIES

Per the CIO Constitution, the objects of British Orthopaedic Research Society (BORS) are to advance education in orthopaedic research for the public benefit in particular by (but not limited to) the promotion of all aspects of orthopaedic research and the dissemination of the useful results of such research.

A list of the charity's activities in relation to its objectives is provided below:

Education

The advancement of orthopaedic education is the charity's focus. The main activity focused at achieving this objective is the organisation of the annual research meeting. In 2022 the usual annual meeting was replaced by a meeting of ICORS (International Combined Orthopaedic Research Societies) in Edinburgh from 7-9 September 2022, a larger meeting that BORS was one of three host institutions for. The meeting was a success with high profile international speakers giving talks and around 500 delegates attending. The research presented at the conference was of a very high standard, with a good mix of clinical, scientific and engineering disciplines represented. Further details are given in the Achievements and Performance section.

BORS maintains a website (www.borsoc.org.uk/) which provides members of the Society with an accessible network of researchers and information about upcoming courses.

Research

BORS supports research through the organisation of its annual research meeting and with specific events held within other societies/organisations annual meetings. In addition, the Society awards a number of prizes and bursaries to help fostering an inclusive research environment. Prizes are awarded based on merit to researchers presenting at BORS organised events.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2023*

Publication of research results

The main routes of dissemination of research results are represented by the annual meeting organised by BORS and through the hosting of specific sessions and poster opportunities at clinical congresses such as the Orthopaedic Research Society (ORS), International Combined Orthopaedic Research Societies (ICORS), British Hip Society (BHS) and British Orthopaedic Association (BOA) meetings.

The abstracts accepted for presentation at the BORS annual meeting are published in the Orthopaedic Proceedings supplement to the Bone and Joint Journal. A nominated Committee member acts as the link person between BORS and BJJ to ensure this arrangement is continued. It is the aim of the Trustees to broaden the activities of the charity to contribute more widely to the education of the public such as including Public lectures at the Annual meetings.

Research landscape and links to others

BORS maintains very strong links with national and international research societies and organisations operating in the field of orthopaedics or, more in general, musculoskeletal research and education. The president or nominated representatives also attend meetings of appropriate international organisations to maintain awareness and participation in research and education on a global basis (e.g. ORS and ICORS).

At national level, BORS aims to organise joint meetings when possible to provide an opportunity for the exchange of knowledge and skills between respective members.

Representatives of Orthopaedic Research UK (ORUK - Registered Charity number 1111657) regularly attend BORS research meetings.

BORS also interfaces with clinical organisations, namely the British Hip Society, the British Orthopaedic Association (BOA - Registered Charity number 1066994), and the British Orthopaedic Trainees Association.

ACHIEVEMENTS and PERFORMANCE

ICORS 2022

BORS was the host society for the World Congress of Orthopaedic Research held in Edinburgh from 7 to 9 September 2022

- Six parallel sessions with around 500 attendees
- BORS workshops:
 - How does joint loading influence pain and degeneration? – talks from three past BORS Presidents (Profs Mark Wilkinson, Richie Gill, Debbie Mason, chaired by the incoming BORS President (Dr Andrew Phillips))
 - Prevention of traumatic osteoarthritis (lead by Dr Fiona Watt)
 - Finite element modelling in orthopaedic research (lead by Prof Ruth Wilcox)
 - Clinical bridge sessions with the British Hip Society and the British Orthopaedic Foot and Ankle Society

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2023

BORS/BJR Travelling Fellowship

The BORS/BJR 2023 Travelling Fellows (Mr Simon Abram, Dr Nisreen Al-Namnam, Mr Thomas Edwards, Dr Nidal Khatib, Dr David Williams, Dr Irene Yang) were selected following interview at ICORS in September 2022, with the Fellowship starting at the ORS meeting in Dallas in February 2023.

The Fellowship, sponsored by in part by Bone & Joint Research (a gold open access journal for the musculoskeletal sciences) saw the Fellows visit:

- ORS 2023 in Dallas, Texas
- Centre of Research Excellence in:
 - Denver, Colorado
 - Philadelphia, Pennsylvania
 - Boston, Massachusetts
 - New York
 - Ottawa, Ontario

While ultimately successful various issues in the process of selecting the Fellows and developing the itinerary of the Fellowship were identified through discussion with the Fellows prior to and following the Fellowship. A blog detailing the Fellows visits is available on the BORS website (<https://borsoc.org.uk/travelling-fellows/>)

FINANCIAL REVIEW

The Accounts for the year are set out on pages 8 to 10. Per the *Statement of Receipts and Payments*, the charity reported Net Expenditure (i.e. a Deficit) for the year of £35,738 (2022 – Surplus £13,956).

Reserves Policy

The Society's policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure which allows sufficient funds to maintain the Society's ongoing work. Per the *Statement of Balances*, the General Fund amounted to £80,924 at 31 March 2023 (2022 - £100,662) with Liabilities (i.e. expenditure) of £2,400 relating to the year ended 31 March 2023 still to be paid at 31 March 2023. Although above the required level, the Society's reserves were acceptable to the Trustees who are considering ways to utilise reserves effectively.

A significant proportion of the Society's finances are associated with the organisation and hosting of the Society's Annual Meeting, dedicated sessions at a number of conferences and with the award of the travelling fellowships. The purpose of the Annual Meeting is to provide a platform to further the Society's main objectives.

The Annual Meetings are generally well attended and subscribed, however the Society recognises that there is a small but significant financial risk associated with such events as it is plausible that a meeting might incur a deficit. The Society's reserves are deemed more than adequate to cover this risk.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2023*

Public Benefit Statement

The Trustees confirm that they have complied with their duty to have due regard to the Charity Commission's general guidance on public benefit when planning the activities of the Society.

Orthopaedic patients are the largest group of beneficiaries of the charity's activities; clinical and scientific research are the foundations from which new and improved medical treatment and diagnosis arise. Through its annual research meeting, BORS provides a forum for exchanging new and innovative ideas in the field of orthopaedics. On occasions, this can be translated into changes and improvements to current clinical practice. At AGM's or other meetings, we shall have lectures open to the public of an appropriate subject matter. For the 2021 virtual meeting, a decision was made to delink and postpone the public lecture to enable this to be delivered in a hybrid format. This was delivered in May 2022 by Professor A McCaskie (Cambridge) on 'Public perception of stem cell treatment'.

The orthopaedic fraternity, comprising clinical and scientific researchers, benefits from the meetings organised by BORS both through exposure to new research ideas and through participation in the discussions fostered at the meetings.

The charity is committed to the dissemination of research findings and as such it holds a long-standing agreement with the Bone and Joint Journal which ensures the publication of abstracts presented at the BORS annual meeting.

The charity fosters education both of professionals and the public at large and we often work closely with Industry to further that education. The charity has been organising events specifically targeted at clinicians at the main orthopaedic clinical meeting in the UK (the British Orthopaedic Association Annual Meeting) and has been sponsoring an annual research prize (BORS/BOTA prize) for the best paper presented in this context.

FUTURE ACTIVITIES

Travelling Fellowship

BORS again intends to promote and support a BJR-BORS travelling fellowship in 2025 and sponsorship has been agreed. Plans are in place for up to six early career researchers in the orthopaedic research community and as members of BORS to be selected to undertake the travelling fellowship. The travelling fellowship involves visiting international centres of academic orthopaedic excellence and also attendance of an associated orthopaedic research society meeting. The Bone and Joint Research Journal continues to provide financial sponsorship of these fellowships. The purpose of this travelling fellowship is to:

- Disseminate orthopaedic research conducted by the early career researchers on the fellowship
- Showcase leading orthopaedic research going on in the UK with international colleagues
- Learn about the world-class orthopaedic research at the leading academic centres the fellows will visit
- Develop lasting collaborative academic networks to enable future research opportunities

British Orthopaedic Research Society
Trustees' Annual Report *for the year ended 31 March 2023*

Independent Examiner

David Jeffcoat, F.C.C.A. succeeded Alan Cunningham C.A. as independent examiner of the Charity as the designated Partner of Alexander Sloan, Accountants & Business Advisers responsible for this engagement. The Trustees recommend that he remain in office as independent examiner until further notice.

On behalf of the Trustees



Professor Deborah Mason
Trustee, Chair of Trustees

Date: 31/1/2024

British Orthopaedic Research Society

Independent Examiner's Report to the Trustees of British Orthopaedic Research Society

I report on the Accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 10.

Responsibilities and basis of Report

As the charity Trustees, you are responsible for the preparation of the Accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's Accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the Accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

David Jeffcoat

David Jeffcoat, F.C.C.A.

Partner

Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Date: 31/1/2024

British Orthopaedic Research Society

Statement of Receipts and Payments for the year ended 31 March 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
		£	£	£	£
Receipts					
Membership fees		4,521	-	4,521	7,811
Research travelling award	3	-	-	-	16,000
Surplus from 2018 Annual Meeting (Leeds)		-	-	-	920
Bank interest received		520	-	520	206
Total Receipts		5,041	-	5,041	24,937
Payments					
<i>Charitable Expenditure</i>					
BORS conference costs		900	-	900	1,440
Course fees (Future Leaders Programme 2020/21)		-	-	-	3,360
Other Meeting costs and sundries		50	-	50	491
Awards and prizes		-	-	-	343
Insurance		326	-	326	326
Bank charges		167	-	167	185
BORS Fellowships		14,972	16,000	30,972	-
<i>Governance costs</i>					
Independent Examiner's Fee		8,364	-	8,364	4,116
Trustees' Meeting costs		-	-	-	720
Total Payments		24,779	16,000	40,779	10,981
Net Receipts/(Payments) for the year		(19,738)	(16,000)	(35,738)	13,956

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Statement of Balances as at 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Bank and Cash in Hand					
Opening balances		100,662	16,000	116,662	102,706
Net Receipts/(Payments) for the year		(19,738)	(16,000)	(35,738)	13,956
Closing Balances		80,924	-	80,924	116,662
Reserves					
General Fund		80,924	-	80,924	116,662
Restricted Funds	3	-	-	-	-
Closing Balances		80,924	-	80,924	116,662
Liabilities					
Independent Examiner's Fee (including VAT)					
Year ended 31 March 2021		-	-	-	4,308
Year ended 31 March 2022		-	-	-	4,032
Year ended 31 March 2023		2,400	-	2,400	-
		2,400	-	2,400	8,340

31/1/2024

Approved by the Trustees on

and signed on their behalf by:



Professor Deborah Mason

Trustee

The Notes form an integral part of these Accounts.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2023

1. Accounting Policies

Basis of Accounting

The Accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

VAT

The Society is not registered for VAT and, accordingly, expenditure includes VAT, where appropriate.

Purposes of Funds

The General Fund (Unrestricted) encompasses the income and expenditure relating to the primary focus activities of the charity, other than those for which funding is restricted.

The Travelling Fellowship Fund (Restricted) represents a grant from The British Editorial Society of Bone & Joint Surgery Ltd (registered charity No. 209299, England and Wales) to fund travelling fellowships.

Payments

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examiner's fee.

2. Trustees' and Officers' remuneration and reimbursed expenses

No Trustees or Officers received remuneration or reimbursed expenses during the year or the previous year.

3. Restricted Funds

	Balance at 01.04.22 £	Receipts £	Payments £	Balance at 31.03.23 £
Travelling Fellowship Fund	16,000	-	(16,000)	-
	16,000	-	(16,000)	-

Accounts

British Orthopaedic Research Society

Trustees' Annual Report and Accounts

For the year ended 31 March 2022

Charity No. 1179328

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British Orthopaedic Research Society

Legal and Administrative Information

Charity name British Orthopaedic Research Society

Charity registration number 1179328

Trustees

Professor Richie Gill (<i>Chair</i>)	(Till 07.09.22)
President: Professor Deborah Mason (<i>Chair</i>)	(From 07.09.22)
Professor Mark Wilkinson (<i>Past Chair</i>)	(Till 07.09.22)
Professor Hamish Simpson	(Till 07.09.22)
Professor Brigitte Scammell	(Till 04.03.22)
Dr Arash Angadji	(From 25.07.18)
Dr Robert Wallace	(From 01.10.18)
Professor Valerie Sparkes	(Till 07.09.22)
Rosemary Fletcher	(From 30.09.19)
Ms Ines Reichert	(From 14.09.21)
Professor Sophie Williams	(From 14.09.21)

Trustees (Ex-Officio)

President: Professor Deborah Mason	(Till 07.09.22)
President Elect: Dr Andrew Phillips	(From 14.09.21)
President: Dr Andrew Phillips	(From 07.09.22)
Honorary Secretary: Professor Sophie Williams	(Till 14.09.21)
Honorary Secretary Elect: Mr Wasim Khan	(Till 14.09.21)
Honorary Secretary: Mr Wasim Khan	(From 14.09.21)
Honorary Treasurer: Ms Ines Reichert	(Till 14.09.21)
Honorary Treasurer Elect: Dr David Hamilton	(Till 14.09.21)
Honorary Treasurer: Dr David Hamilton	(From 14.09.21)

Committee Members (In addition to the Society's Trustees and Officers)

Dr Catherine Pendegrass - *Past BORS travelling fellow representative*
Dr Richard VanArkel - *BORS travelling fellowship members from 29.04.22*
Dr Anthony Herbert- *Past BORS travelling fellowship members from 29.04.22*
Dr Andrew Phillips – *Digital officer till 14.09.21*
Dr David Williams – *New Investigator Representative till 14.09.21, then Digital Officer*
Mr Chris Bretherton - *Co-opted BOTA representative till 07.07.21*
Mr Abhinav Singh - *Co-opted BOTA representative from 07.07.21*
Mr Muhamed Alani - *Co-opted BOTA representative*
Professor Hamish Simpson – *BJR representative*
Dr Claire Brockett - *Engagement Officer till 07.09.22*
Miss Salma Chaudhury - *Engagement Officer from 07.09.22*

Principal office address Chancellor's Building
49 Little France Crescent
Edinburgh
EH16 4SB

Website www.borsoc.org.uk

Independent Examiner Alan Cunningham C.A.
Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Bankers

Royal Bank of Scotland
127-128 High Holborn
London
WC1V 6PQ

TSB
6 Market Place
Romsey
SO51 8YS

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2022

The Trustees are pleased to present their report together with the charity's Accounts for the year ended 31 March 2022.

STRUCTURE, GOVERNANCE and MANAGEMENT

British Orthopaedic Research Society ('BORS') was registered as a CIO by the Charity Commission on 25 July 2018. BORS is governed by its Constitution and managed and administered by a Committee comprising the Trustees, including ex-officio Trustees, and other elected members of the Society.

Trustees

The Trustees serving during the year and since the year-end are detailed on page 1.

The appointment method of Trustees, Officers and Committee members is set out in sections 13 and 14 of the Society's Constitution.

New Trustees are given a copy of the charity's Constitution and undergo instruction to brief them of their legal obligations under charity law. New Trustees would already be familiar with the charity's activities.

OBJECTIVES and ACTIVITIES

Per the CIO Constitution, the objects of British Orthopaedic Research Society (BORS) are to advance education in orthopaedic research for the public benefit in particular by (but not limited to) the promotion of all aspects of orthopaedic research and the dissemination of the useful results of such research.

A list of the charity's activities in relation to its objectives is provided below:

Education

The advancement of orthopaedic education is the charity's focus. The main activity focused at achieving this objective is the organisation of the annual research meeting, which was held as a virtual online meeting due to Covid-19 restrictions, 13-14 September 2021. The meeting was a success with high profile international speakers giving talks and over 100 delegates attending. The research presented at the conference was of a very high standard, with a good mix of clinical, scientific and engineering disciplines represented. There was a joint session with the British Hip Society as well as an OATech session and a One Health session. Prizes were awarded for the best presentations and posters.

BORS maintains a website (www.borsoc.org.uk/) which provides members of the Society with an accessible network of researchers and information about upcoming courses.

President's Award 2021

BORS awarded the President's Award to Professor Brigitte Scammell, Professor at Nottingham University. Professor Scammell was the first female orthopaedic professor in the UK. The award was presented to recognise her career in orthopaedic research and outstanding contributions.

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2022

Research

BORS supports research through the organisation of its annual research meeting and with specific events held within other societies/organisations annual meetings. In addition, the Society awards a number of prizes and bursaries to help fostering an inclusive research environment. Prizes are awarded based on merit to researchers presenting at BORS organised events.

Publication of research results

The main routes of dissemination of research results are represented by the annual meeting organised by BORS and through the hosting of specific sessions and poster opportunities at clinical congresses such as the Orthopaedic Research Society (ORS), International Combined Orthopaedic Research Societies (ICORS), British Hip Society (BHS) and British Orthopaedic Association (BOA) meetings.

The abstracts accepted for presentation at the BORS annual meeting are published in the Orthopaedic Proceedings supplement to the Bone and Joint Journal. A nominated Committee member acts as the link person between BORS and BJJ to ensure this arrangement is continued. It is the aim of the Trustees to broaden the activities of the charity to contribute more widely to the education of the public such as including Public lectures at the Annual meetings.

Research landscape and links to others

BORS maintains very strong links with national and international research societies and organisations operating in the field of orthopaedics or, more in general, musculoskeletal research and education. The president or nominated representatives also attend meetings of appropriate international organisations to maintain awareness and participation in research and education on a global basis (e.g. ORS and ICORS).

At national level, BORS aims to organise joint meetings when possible to provide an opportunity for the exchange of knowledge and skills between respective members.

Representatives of Orthopaedic Research UK (ORUK - Registered Charity number 1111657) regularly attend BORS research meetings.

BORS also interfaces with clinical organisations, namely the British Hip Society, the British Orthopaedic Association (BOA - Registered Charity number 1066994), and the British Orthopaedic Trainees Association.

BORS was Guest Nation at ORS 2022, 4th-9th February in Tampa, Florida US. This gave BORS increased international visibility throughout the conference as well as a presence at the Opening Ceremony.

ACHIEVEMENTS and PERFORMANCE

BORS Annual Meeting, Virtual on Microsoft Teams, 2021

Held on 13-14 September 2021, this was the second virtual Annual Meeting and was a great success. The meeting highlights included:

- Session with British Hip Society with a keynote lecture by Professor Vikas Khanduja (Cambridge) entitled 'Navigating the Cam: Collaboration is the Key'.
- Session with OATech+ with Professor Tom Andriacchi (Stanford) talking on 'Bridging disciplines as a pathway to finding new solutions for osteoarthritis'.
- A session on One Health Initiative was moderated by Professor Debbie Mason (Cardiff) and Professor Chris Little (Sydney).

Feedback was collected from delegates to inform future meetings.

Prizes

Research prizes were awarded for papers presented at the annual meeting: Best podium presentation, new investigator and Sprowson Translational Research Award. The Sprowson Translational Research Award recognises the best paper that links fundamental science to clinical application. This prize is made in the memory of Andrew Sprowson, a long-standing supporter of BORS and past BORS travelling fellow who passed away in tragic circumstances in March 2015.

Other meetings

BORS was present at the September 2021 meeting of the British Orthopaedic Association (BOA) meeting at Aberdeen hosting a session on Advances in Osteoarthritis Research. BORS sponsored one BOA fellow on the 2020/21 Future Leaders Programme (FLP).

FINANCIAL REVIEW

The Accounts for the year are set out on pages 9 to 12. Per the *Statement of Receipts and Payments* on page 9, the charity reported Net Receipts (i.e. a Surplus) for the year of £13,956 (2021 – Surplus £16,069) comprising (1) a £2,044 Deficit in Unrestricted Funds and (2) a £16,000 Surplus in Restricted Funds arising from the unused £16,000 grant as received during the year from The British Editorial Society of Bone and Joint Surgery Ltd.

Reserves Policy

The Society's policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure which allows sufficient funds to maintain the Society's ongoing work. Per the *Statement of Balances* on page 10, the General Fund amounted to £100,602 at 31 March 2021 (2021 - £102,706) with Liabilities (i.e. expenditure) of £8,340 relating to the year ended 31 March 2022 still to be paid at 31 March 2022. Although above the required level, the Society's reserves were acceptable to the Trustees who are considering ways to utilise reserves effectively.

A significant proportion of the Society's finances are associated with the organisation and hosting of the Society's Annual Meeting, dedicated sessions at a number of conferences and with the award of the travelling fellowships. The purpose of the Annual Meeting is to provide a platform to further the Society's main objectives.

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2022

Reserves Policy (continued)

The Annual Meetings are generally well attended and subscribed, however the Society recognises that there is a small but significant financial risk associated with such events as it is plausible that a meeting might incur a deficit. The Society's reserves are deemed more than adequate to cover this risk.

Public Benefit Statement

The Trustees confirm that they have complied with their duty to have due regard to the Charity Commission's general guidance on public benefit when planning the activities of the Society.

Orthopaedic patients are the largest group of beneficiaries of the charity's activities; clinical and scientific research are the foundations from which new and improved medical treatment and diagnosis arise. Through its annual research meeting, BORS provides a forum for exchanging new and innovative ideas in the field of orthopaedics. On occasions, this can be translated into changes and improvements to current clinical practice. At AGM's or other meetings, we shall have lectures open to the public of an appropriate subject matter. For the 2021 virtual meeting, a decision was made to delink and postpone the public lecture to enable this to be delivered in a hybrid format. This was delivered in May 2022 by Professor A McCaskie (Cambridge) on 'Public perception of stem cell treatment'.

The orthopaedic fraternity, comprising clinical and scientific researchers, benefits from the meetings organised by BORS both through exposure to new research ideas and through participation in the discussions fostered at the meetings.

The charity is committed to the dissemination of research findings and as such it holds a long-standing agreement with the Bone and Joint Journal which ensures the publication of abstracts presented at the BORS annual meeting.

The charity fosters education both of professionals and the public at large and we often work closely with Industry to further that education. The charity has been organising events specifically targeted at clinicians at the main orthopaedic clinical meeting in the UK (the British Orthopaedic Association Annual Meeting) and has been sponsoring an annual research prize (BORS/BOTA prize) for the best paper presented in this context.

FUTURE ACTIVITIES

Travelling Fellowship

BORS again intends to promote and support a BJR-BORS travelling fellowship in 2022 and sponsorship has been agreed. Plans are in place for six early career researchers in the orthopaedic research community and as members of BORS to be selected to undertake the travelling fellowship. The travelling fellowship involves visiting international centres of academic orthopaedic excellence and also attendance of an associated orthopaedic research society meeting. The Bone and Joint Research Journal continues to provide financial sponsorship of these fellowships. The purpose of this travelling fellowship is to:

- Disseminate orthopaedic research conducted by the early career researchers on the fellowship
- Showcase leading orthopaedic research going on in the UK with international colleagues

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2022*

Travelling Fellowship (continued)

- Learn about the world-class orthopaedic research at the leading academic centres the fellows will visit
- Develop lasting collaborative academic networks to enable future research opportunities

Independent Examiner

The Trustees recommend that Alan Cunningham C.A., a Partner in Alexander Sloan, Accountants and Business Advisers, remains in office as Independent Examiner until further notice.

On behalf of the Trustees

Deborah Mason

Professor Deborah Mason

Trustee, Chair of Trustees

Date: 16 December 2022

British Orthopaedic Research Society

Independent Examiner's Report to the Trustees of British Orthopaedic Research Society

I report on the Accounts of the charity for the year ended 31 March 2022 which are set out on pages 9 to 12.

Responsibilities and basis of Report

As the charity Trustees, you are responsible for the preparation of the Accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's Accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the Accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Alan Cunningham

Alan Cunningham, C.A.

Partner

Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Date: 16/12/2022

British Orthopaedic Research Society

Statement of Receipts and Payments for the year ended 31 March 2022

	Notes	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
		£	£	£	£
Receipts					
Membership fees		7,811	-	7,811	10,004
Research travelling award	3	-	16,000	16,000	-
Surplus from 2018 Annual Meeting (Leeds)	4	920	-	920	-
Surplus from 2019 Annual Meeting (Cardiff)	5	-	-	-	6,717
Sponsorship re Bath Meeting 2020		-	-	-	3,000
Bank interest received		206	-	206	510
Total Receipts		8,937	16,000	24,937	20,231
Payments					
<i>Charitable Expenditure</i>					
BORS conference costs		1,440	-	1,440	-
Course fees (Future Leaders Programme 2020/21)		3,360	-	3,360	-
Other Meeting costs and sundries		491	-	491	332
Awards and prizes		343	-	343	717
Insurance		326	-	326	326
Bank charges		185	-	185	258
BORS Fellowships		-	-	-	1,850
Administrator's costs		-	-	-	679
<i>Governance costs</i>					
Independent Examiner's Fee		4,116	-	4,116	-
Trustees' Meeting costs		720	-	720	-
Total Payments		10,981	-	10,981	4,162
Net Receipts/(Payments) for the year		(2,044)	16,000	13,956	16,069

The Notes on pages 11 and 12 form an integral part of these Accounts.

British Orthopaedic Research Society

Statement of Balances as at 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Bank and Cash in Hand					
Opening balances		102,706	-	102,706	86,637
Net Receipts/(Payments) for the year		(2,044)	16,000	13,956	16,069
Closing Balances		100,662	16,000	116,662	102,706
Reserves					
General Fund		100,662	-	100,662	102,706
Restricted Funds	3	-	16,000	16,000	-
Closing Balances		100,662	16,000	116,662	102,706
Debtors					
Surplus from 2018 Annual Meeting (Leeds)	4	-	-	-	920
		-	-	-	920
Liabilities					
Independent Examiner's Fee (including VAT)					
Year ended 31 March 2020					4,116
Year ended 31 March 2021		4,308	-	4,308	4,116
Year ended 31 March 2022		4,032	-	4,032	-
Course fees (Future Leaders Programme 20/21)		-	-	-	3,360
		8,340	-	8,340	11,592

Approved by the Trustees on 16 December 2022 and signed on their behalf by:

Deborah Mason

Professor Deborah Mason
Trustee, Chair of Trustees

The Notes on pages 11 and 12 form an integral part of these Accounts.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2022

1. Accounting Policies

Basis of Accounting

The Accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

VAT

The Society is not registered for VAT and, accordingly, expenditure includes VAT, where appropriate.

Purposes of Funds

The General Fund (Unrestricted) encompasses the income and expenditure relating to the primary focus activity of the charity, other than those for which funding is restricted.

The Travelling Fellowship Fund (Restricted) represents a grant from The British Editorial Society of Bone & Joint Surgery (registered charity No. 209299, England and Wales) to fund travelling fellowships.

Payments

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services to its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity, which include the Independent Examiner's fee.

2. Trustees' and Officers' remuneration and reimbursed expenses

No Trustees or Officers received remuneration or reimbursed expenses during the year or the previous year.

3. Restricted Funds

	Balance at 01.04.21 £	Receipts £	Payments £	Balance at 31.03.22 £
Travelling Fellowship Fund	-	16,000	-	16,000
	-	16,000	-	16,000

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2022

4. Annual Meeting 2018

During the year ended 31 March 2022, the Society received the £920 surplus arising from the 2018 Annual Meeting in Leeds. The gross income and expenditure of the Meeting was as follows:

	£	£
Income		
Registration fees		22,315
Sponsorship		4,500
		<u>26,815</u>
Expenditure		
Speakers' costs	550	
Dinner	4,087	
Coach hire	500	
Internal event charge	19,600	
Printing	1,158	
		<u>(25,895)</u>
Surplus received by the Society		<u><u>920</u></u>

The Surplus is shown within the **Receipts** section of the *Statement of Receipts and Payments* on page 9.

5. 2019 Annual Meeting (Cardiff)

During the year ended 31 March 2021, the Society received the £6,717 surplus arising from the 2019 Annual Meeting at Cardiff University which was a joint meeting with the Bone Research Society. The gross income and expenditure of the Meeting is summarised as follows:

	£
Income	
Registration fees and sponsorship	80,122
Expenditure	
Meeting costs	(66,688)
Surplus	<u><u>13,434</u></u>
Surplus received during the year ended 31 March 2021 (50%)	<u><u>6,717</u></u>

The Surplus is shown within the **Receipts** section of the *Statement of Receipts and Payments* on page 9.

Accounts

British Orthopaedic Research Society

Trustees' Annual Report and Accounts

For the year ended 31 March 2021

Charity No. 1179328

British Orthopaedic Research Society

Contents of the Accounts *for the year ended 31 March 2021*

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British Orthopaedic Research Society

Legal and Administrative Information

Charity name British Orthopaedic Research Society

Charity registration number 1179328

Trustees

Professor Mark Wilkinson (<i>Chair</i>)	(Until 06.09.20)
Professor Richie Gill (<i>Chair</i>)	(From 06.09.20)
Professor Hamish Simpson	(From 25.07.18)
Professor Brigitte Scammell	(From 25.07.18)
Dr Arash Angadji	(From 25.07.18)
Dr Robert Wallace	(From 01.10.18)
Professor Valerie Sparkes	(From 30.09.19)
Rosemary Fletcher	(From 30.09.19)

Trustees (Ex-Officio)

President: Professor Richie Gill	(Until 06.09.20)
President: Professor Deborah Mason	(From 06.09.20)
Honorary Secretary: Professor Sophie Williams	(From 01.10.19)
Honorary Secretary Elect: Mr Wasim Khan	(From 08.09.20)
Honorary Treasurer: Ms Ines Reichert	(From 01.10.18)
Honorary Treasurer Elect: Dr David Hamilton	(From 08.09.20)

Committee Members (In addition to the Society's Trustees and Officers)

Dr Catherine Pendegrass - *Past BORS travelling fellow representative*
Dr Andrew Phillips – *Digital officer*
Dr David Williams – *New Investigator Representative*
Mr Chris Bretherton - *Co-opted BOTA representative*
Mr Muhamed Alani - *Co-opted BOTA representative*
Professor Hamish Simpson – *BJR representative*
Dr Claire Brockett - *Engagement Officer*

Principal office address

Chancellor's Building
49 Little France Crescent
Edinburgh
EH16 4SB

Administrator Rachel Godfrey

Website www.borsoc.org.uk

Independent Examiner

Alan Cunningham C.A.
Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Bankers	Royal Bank of Scotland 127-128 High Holborn London WC1V 6PQ	TSB 6 Market Place Romsey SO51 8YS
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British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2021

The Trustees are pleased to present their report together with the charity's Accounts for the year ended 31 March 2021.

STRUCTURE, GOVERNANCE and MANAGEMENT

British Orthopaedic Research Society ('BORS') was registered as a CIO by the Charity Commission on 25 July 2018. On its winding up, the assets of the unincorporated Association were transferred to the CIO on 13 February 2019. BORS is governed by its Constitution and managed and administered by a Committee comprising the Trustees, including ex-officio Trustees, and other elected members of the Society. The appointment method of Trustees, Officers and Committee members is set out in the Society's Constitution

Trustees

The Trustees serving during the year and since the year-end are detailed on page 1. The appointment and resignation dates of the Trustees relate to the CIO noting that each were Officers of the former unincorporated Association.

OBJECTIVES and ACTIVITIES

Per the CIO Constitution, the objects of British Orthopaedic Research Society (BORS) are to advance education in orthopaedic research for the public benefit in particular by (but not limited to) the promotion of all aspects of orthopaedic research and the dissemination of the useful results of such research.

A list of the charity's activities in relation to its objectives is provided below:

Education

The advancement of orthopaedic education is the charity's focus. The main activity focused at achieving this objective is the organisation of the annual research meeting, which was held as a virtual online meeting due to covid-19 restrictions, 7-8 September 2020. The meeting was a success with high profile international speakers giving talks and over 180 delegates attending. The research presented at the conference was of a very high standard, with a good mix of clinical, scientific and engineering disciplines represented. There was a joint session with the British Hip Society. Prizes were awarded for the best presentations and posters.

BORS maintains a website (www.borsoc.org.uk/) which provides members of the Society with an accessible network of researchers and information about upcoming courses.

President's Award 2020

BORS awarded the President's Award to Professor Sally Roberts, Professor at Keele University and Robert Jones & Agnes Hunt Orthopaedic Hospital, Oswestry (<https://www.keele.ac.uk/pharmacy-bioengineering/ourpeople/sallyroberts/>). The award was presented to recognise her career in orthopaedic research and outstanding contributions.

Research

BORS supports research through the organisation of its annual research meeting and with specific events held within other societies/organisations annual meetings. In addition, the Society awards a number of prizes and bursaries to help fostering an inclusive research environment. Prizes are awarded based on merit to researchers presenting at BORS organised events.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2021*

Publication of research results

The main routes of dissemination of research results are represented by the annual meeting organised by BORS and through the hosting of specific sessions and poster opportunities at clinical congresses such as the Orthopaedic Research Society (ORS), International Combined Orthopaedic Research Societies (ICORS), British Hip Society (BHS) and British Orthopaedic Association (BOA) meetings.

The abstracts accepted for presentation at the BORS annual meeting are published in the Orthopaedic Proceedings supplement to the Bone and Joint Journal. A nominated Committee member acts as the link person between BORS and BJJ to ensure this arrangement is continued. It is the aim of the Trustees to broaden the activities of the charity to contribute more widely to the education of the public such as including Public lectures at the Annual meetings.

Research landscape and links to others

BORS maintains very strong links with national and international research societies and organisations operating in the field of orthopaedics or, more in general, musculoskeletal research and education. The president or nominated representatives also attend meetings of appropriate international organisations to maintain awareness and participation in research and education on a global basis (e.g. ORS and ICORS).

At national level, BORS aims to organise joint meetings when possible to provide an opportunity for the exchange of knowledge and skills between respective members.

Representatives of Orthopaedic Research UK (ORUK - Registered Charity number 1111657) regularly attend BORS research meetings.

BORS also interfaces with clinical organisations, namely the British Hip Society, the British Orthopaedic Association (BOA - Registered Charity number 1066994), and the British Orthopaedic Trainees Association.

ACHIEVEMENTS and PERFORMANCE

BORS Annual Meeting, Virtual on Microsoft Teams, 2020

Held on 7-8 September 2020, this was the first virtual Annual Meeting and was a great success. The meeting highlights included

- Session with OATech+
- Talk on Patient Perspectives in collaboration with the charity Versus Arthritis
- High profile international speakers including Professor R Geoff Richards (AO Research Institute Davos) and Professor Farshid Guilak (Washington University)

Feedback was collected from delegates to inform future meetings.

Prizes

Research prizes were awarded for papers presented at the annual meeting: Best podium presentation, new investigator and Sprowson Translational Research Award. The Sprowson Translational Research Award recognises the best paper that links fundamental science to clinical application. This prize is made in the memory of Andrew Sprowson, a long-standing supporter of BORS and past BORS travelling fellow who passed away in tragic circumstances in March 2015.

British Orthopaedic Research Society

Trustees' Annual Report for the year ended 31 March 2021

Other meetings

BORS was present at the September 2020 meeting of the British Orthopaedic Association (BOA) meeting hosting a session on Mechanical and biological considerations for osteoarthritis. The 2020 BOA meeting was also held remotely. BORS sponsored one BOA fellow on the 2020/21 Future Leaders Programme (FLP)

FINANCIAL REVIEW

The Accounts for the year are set out on pages 8 to 11. Per the *Statement of Receipts and Payments* on page 8, the charity reported a Surplus for the year of £16,069 (2020 – Deficit £5,388).

The Society's 2018 Annual Meeting was hosted by the University of Leeds. *Meet in Leeds* handled the Meeting administration and finances. The Surplus from the Meeting had still to be received by the Society at 31 March 2021 and is shown as a Debtor in the *Statement of Balances* on page 9. Details about the Meeting income and expenditure are outlined in Note 3 on page 11.

The Society's 2019 Annual Meeting at Cardiff University was a joint meeting with the Bone Research Society which handled the Meeting administration and finances. The Receipts section of the *Statement of Receipts and Payments* on page 8 reflects the Net Surplus from the Meeting which is further detailed in Note 4 on page 11.

Reserves Policy

The Society's policy is to maintain unrestricted funds at a level equating to approximately three months of unrestricted expenditure which allows sufficient funds to maintain the Society's ongoing work. Per the *Statement of Balances* on page 9, the General Fund amounted to £102,706 at 31 March 2021 (2020 - £86,637) with Liabilities (i.e. expenditure) of £11,592 still to be paid at 31 March 2021 as indicated in the *Statement of Balances* on page 9. Although above the required level, the Society's reserves were acceptable to the Trustees who are considering ways to utilise reserves effectively.

A significant proportion of the Society's finances are associated with the organisation and hosting of the Society's Annual Meeting, dedicated sessions at a number of conferences and with the award of the travelling fellowships. The purpose of the Annual Meeting is to provide a platform to further the Society's main objectives.

The Annual Meetings are generally well attended and subscribed, however the Society recognises that there is a small but significant financial risk associated with such events as it is plausible that a meeting might incur a loss. The Society's reserves are deemed more than adequate to cover this risk.

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2021*

Public Benefit Statement

The Trustees confirm that they have complied with their duty to have due regard to the Charity Commission's general guidance on public benefit when planning the activities of the Society.

Orthopaedic patients are the largest group of beneficiaries of the charity's activities; clinical and scientific research are the foundations from which new and improved medical treatment and diagnosis arise. Through its annual research meeting, BORS provides a forum for exchanging new and innovative ideas in the field of orthopaedics. On occasions, this can be translated into changes and improvements to current clinical practice. At AGM's or other meetings, we shall have lectures open to the public of an appropriate subject matter. For the 2020 virtual meeting, the public lecture was delivered by Mary Bouxsien from Harvard on 'Effects of spaceflight on skeletal health: Can we get to Mars?'

The orthopaedic fraternity, comprising clinical and scientific researchers, benefits from the meetings organised by BORS both through exposure to new research ideas and through participation in the discussions fostered at the meetings.

The charity is committed to the dissemination of research findings and as such it holds a long-standing agreement with the Bone and Joint Journal which ensures the publication of abstracts presented at the BORS annual meeting.

The charity fosters education both of professionals and the public at large and we often work closely with Industry to further that education. The charity has been organising events specifically targeted at clinicians at the main orthopaedic clinical meeting in the UK (the British Orthopaedic Association Annual Meeting) and has been sponsoring an annual research prize (BORS/BOTA prize) for the best paper presented in this context.

FUTURE ACTIVITIES

Travelling Fellowship

BORS again intends to promote and support a BJR-BORS travelling fellowship in 2022 and sponsorship has been agreed. Plans are in place for six early career researchers in the orthopaedic research community and as members of BORS to be selected to undertake the travelling fellowship. The travelling fellowship involves visiting international centres of academic orthopaedic excellence and also attendance of an associated orthopaedic research society meeting. The Bone and Joint Research Journal continues to provide financial sponsorship of these fellowships. The purpose of this travelling fellowship is to:

- Disseminate orthopaedic research conducted by the early career researchers on the fellowship
- Showcase leading orthopaedic research going on in the UK with international colleagues
- Learn about the world-class orthopaedic research at the leading academic centres the fellows will visit
- Develop lasting collaborative academic networks to enable future research opportunities

British Orthopaedic Research Society

Trustees' Annual Report *for the year ended 31 March 2021*

Covid-19

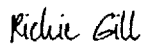
From late March 2020, BORS moved all meetings of the Trustees and Executive Committee into an online format. This has largely been successful, and has facilitated increased frequency and ability to attend meetings for officers.

Given the strength of the Society's reserves, the Trustees believe that the Society will not be financially impacted adversely by the pandemic.

Independent Examiner

The Trustees recommend that Alan Cunningham C.A., a Partner in Alexander Sloan, Accountants and Business Advisers, remains in office as Independent Examiner until further notice.

On behalf of the Trustees



Professor Richie Gill

Trustee, Chair of Trustees

Date: 28 March 2022

British Orthopaedic Research Society

Independent Examiner's Report to the Trustees of British Orthopaedic Research Society

I report on the Accounts of the charity for the year ended 31 March 2021 which are set out on pages 8 to 11.

Responsibilities and basis of Report

As the charity Trustees, you are responsible for the preparation of the Accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's Accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the Accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the Accounts to be reached.

Alan Cunningham

Alan Cunningham, C.A.

Partner

Alexander Sloan
Accountants and Business Advisers
1 Lochrin Square
92-98 Fountainbridge
Edinburgh
EH3 9QA

Date: 29/3/2022

British Orthopaedic Research Society

Statement of Receipts and Payments for the year ended 31 March 2021

	Notes	Unrestricted Funds	Restricted Funds	Total 2021	Total 2020
		£	£	£	£
Receipts					
Membership fees		10,004	-	10,004	6,618
Annual Meeting 2019 (Cardiff)	4	6,717	-	6,717	-
Sponsorship re Meeting 2020 (Bath)		3,000	-	3,000	-
Research travelling award		-	-	-	16,000
Bank interest received		510	-	510	590
Total Receipts		20,231	-	20,231	23,208
Payments					
<i>Charitable Expenditure</i>					
BORS fellowships		1,850	-	1,850	19,570
Other Meeting costs and sundries		332	-	332	2,568
Administrator's costs		679	-	679	1,738
Awards and prizes		717	-	717	144
Insurance		326	-	326	326
Bank charges		258	-	258	326
<i>Governance costs</i>					
Independent Examiner's Fee		-	-	-	3,924
Total Payments		4,162	-	4,162	28,596
Surplus/(Deficit) for the year		16,069	-	16,069	(5,388)

The Notes on pages 10 and 11 form an integral part of these Accounts.

British Orthopaedic Research Society

Statement of Balances as at 31 March 2021

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Bank and Cash in Hand					
Opening balances		86,637	-	86,637	92,025
Surplus/ (Deficit) for the year		16,069	-	16,069	(5,388)
Closing Balances		102,706	-	102,706	86,637
Reserves					
General Fund		102,706	-	102,706	86,637
Closing Balances		102,706	-	102,706	86,637
Debtors					
Surplus from 2018 Annual Meeting (Leeds)	3	920	-	920	920
Surplus from 2019 Annual Meeting (Cardiff)	4	-	-	-	6,717
		920	-	920	7,637
Liabilities					
Independent Examiner's Fee (including VAT)					
Year ended 31 March 2020		4,116	-	4,116	3,828
Year ended 31 March 2021		4,116	-	4,116	-
Administration costs		-	-	-	274
Travelling Fellowship		-	-	-	2,081
Course fees (Future Leaders Programme 20/21)		3,360	-	3,360	-
		11,592	-	11,592	6,183

Approved by the Trustees on 28 March 2022 and signed on their behalf by:

Richie Gill

Professor Richie Gill

Trustee

The Notes on pages 10 and 11 form an integral part of these Accounts.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2021

1. Accounting Policies

Basis of Accounting

The Accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

VAT

The Society is not registered for VAT and, accordingly, expenditure includes VAT, where appropriate.

Purposes of Funds

The General Fund (Unrestricted) encompasses the income and expenditure relating to the primary focus activities of the charity, other than those for which funding is restricted.

Restricted Funds represent Funds given for a particular purpose.

Payments

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examiner's fee.

2. Trustees' and Officers' remuneration and reimbursed expenses

No Trustees or Officers received remuneration during the year or in the previous year. Travelling and meeting expenses of £306 were reimbursed to Professor Richie Gill during the year ended 31 March 2020.

British Orthopaedic Research Society

Notes to the Accounts for the year ended 31 March 2021

3. Annual Meeting

As indicated in the *Financial Review* section on page 4, the finances relating to the 2018 Annual Meeting were handled by *Meet in Leeds*. The gross income and expenditure of the Meeting was as follows:

	£	£
Income		
Registration fees		22,315
Sponsorship		4,500
		<u>26,815</u>
Expenditure		
Speakers' costs	550	
Dinner	4,087	
Coach hire	500	
Internal event charge	19,600	
Printing	1,158	
		<u>(25,895)</u>
Surplus receivable by the Society		<u><u>920</u></u>

The Surplus as shown within **Debtors** in the *Statement of Balances* on page 9 was received during the year ending 31 March 2022.

4. 2019 Annual Meeting (Cardiff)

As indicated on page 3, the 2019 Annual Meeting at Cardiff University was a joint meeting with the Bone Research Society. The gross income and expenditure of the Meeting is summarised as follows:

	£
Income	
Registration fees and sponsorship	80,122
Expenditure	
Meeting costs	(66,688)
Surplus	<u><u>13,434</u></u>
Surplus received during the year ended 31 March 2021 (50%)	<u><u>6,717</u></u>

The Surplus is shown within the **Receipts** section of the *Statement of Receipts and Payments* on page 9.