Marauders Men's Health

England & Wales · Charity number 1179304

Details

Other names	MAL'S MARAUDERS, MAL'S MARAUDERS MENS HEALTH, Marauders Men's Health
Status	Registered
Legal form	CIO
Registered	2018-07-23
Register	View on the Charity Commission register

Contact

Address	C/O RH Jeffs & Rowe Ltd 27-28 Gelliwastad Road Pontypridd Mid Glamorgan CF37 2BW
Phone	07375647435
Email	hello@marauders-menshealth.org
Website	https://marauders-menshealth.org

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD HEALTH AMONG MEN IN SOUTH WALES AND THE SURROUNDING AREA, THROUGH THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION, INCLUDING PRACTICAL INTERESTS, HOBBIES AND LEARNING NEW SKILLS, WHERE THEY CAN MEET TO RECEIVE INFORMATION AND ADVICE ON MATTERS RELATING TO HEALTH CONDITIONS AND HEALTHY LIFESTYLES AND CAN PROVIDE PEER TO PEER SUPPORT IN A SOCIAL ENVIRONMENT.

Activities: Mens Walk & Talk Group for men to improve their physical and mental health

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Other Charitable Purposes

Geography

- **Area of benefit:** LOCAL
- Bridgend
- Caerphilly
- Cardiff
- Merthyr Tydfil
- Monmouthshire
- Neath Port Talbot
- Newport City
- Rhondda Cynon Taff
- Torfaen
- Vale Of Glamorgan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£10,029	£68,065	-	-
2024-03-31	£107,534	£101,838	-	-
2023-03-31	£116,140	£101,260	-	-
2022-03-31	£134,318	£84,624	-	-
2021-03-31	£91,866	£52,839	-	-

Trustees

Name	Role	Appointed
Jeff Beattie	Chair	2025-06-16
John Clifford Payne		2025-06-16
Nigel pearce Mr		2023-05-02
Paul Ford		2025-06-16
Peter Balchin		2026-03-31
Ronald James Davies		2026-05-09

Marauders Men's Health

England & Wales - Charity number 1179304

Accounts

Charity number
1179304

Marauders Mens Health

Charity Accounts

31 March 2025

Marauders Mens Health
Report and accounts
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Marauders Men's Health
Annual Report 2024/2025

Charity Name: Marauders Men's Health

Charity Number: 1179304

Reporting Period: For the year ended 31st March 2025

Governing Document:
Marauders Men's Health governing document has been adopted from the Charities Commission Charitable Incorporated Organisation template (CIO structure) whose only voting members are its charity Trustees

Board of Trustees as at 31/3/2024:
Chair - Sheree Williams
Vice Chair - Neil Keogh
Treasurer - Beth Roberts

Other Trustees:
Paul Vanhees
Nigel Pearce
Beth Jones
Captain Beany
Jeremy Sims

New Trustee Appointment during 2024/25:
Paul Roberts
Mike Onda
Elliott Lewis

Resignations during 2024/25:
Paul Vanhees
Beth Jones
Neil Keogh
Jeremy Sims
Beth Roberts
Elliott Lewis

Board of Trustees as at 31/3/2025:
Sheree Williams
Nigel Pearce
Captain Beany
Mike Onda
Paul Roberts

It can be confirmed that the Trustees have complied with their duty to have due regard to the Charity Commission's public benefit guidance in exercising their powers or duties. No Trustees received any remuneration during this period and all Trustees have been subject to an enhanced DBS check.

Principal Address:
Dalton Road Community Centre, Dalton Road, Sandfields, Port Talbot SA12 6SF

Bankers:
Lloyds TSB, 115 Station Road, Neath, Port Talbot SA13 1NR

Accountant:
David Roberts Accountancy Services Ltd, 17 Brookside Close, Baglan, Port Talbot SA12 8EN

Statement of public benefit derived from Marauders Men's Health activities:
For the public benefit, the preservation and protection of good health among men in South Wales and the surrounding area, through the provision of facilities for recreation or other leisure time occupation, including practical interests, hobbies and learning new skills, where they can meet to receive information and advice on matters relating to health conditions and healthy lifestyles and can provide peer to peer support in a social environment.

Report of the Trustees:
The Trustees are pleased to present their report to accompany the financial statements of the charity for the year ended 31st March 2025

The charity is administered and controlled by the Board of Trustees who hold meetings every 1 month. It can be confirmed that the Trustees have complied with their duty to have due regard to the Charity Commission's public benefit guidance in exercising their powers or duties.

Activities Undertaken to Further Objects: During the past year, our charity diligently worked to preserve and protect the good health of men across South Wales and the surrounding areas, directly supporting over 100 men each week and expanding our reach into new districts like Torfaen in Gwent. We achieved this by providing diverse facilities for recreation and leisure, fostering peer-to-peer support in social environments, and offering access to vital health information and advice. Key activities included organising 'Walk & Talks', establishing new Sports & Fitness Hubs for physical activity and skill development, and routinely holding weekly coffee mornings and monthly social hubs. These initiatives provided a supportive social environment, enabling our beneficiaries to improve their physical and mental wellbeing, learn new skills, and connect with peers.

Summary of Key Achievements: This year, our charity achieved significant milestones in promoting the health and wellbeing of men across South Wales. We directly supported over 100 men each week through a diverse range of physical events and wellbeing activities, while our social media presence expanded to reach more than 2,000 followers. Our flagship 'Walk & Talks' program saw approximately 200 events organised and led across Rhondda Cynon Taff (RCT) and Neath Port Talbot (NPT). Demonstrating our commitment to a broader outreach, we successfully extended our services into the new district of Torfaen, regularly undertaking weekly walks around the Gwent area since December 2024.

Physical activity was significantly boosted with the commencement of new Sports & Fitness Hubs in RCT from September, offering instructor-led circuits classes focused on mobility, strength, balance, and weight management; complemented by racquet and ball sports. Beyond physical activity, vital social support networks were maintained through weekly coffee mornings at our NPT drop-in centre, benefiting local men including the 'Models for Heroes' veterans group. Monthly social hubs at Llantrisant Guildhall provided a platform for men to share hobbies and engage in educational workshops on critical topics such as cybercrime awareness, nutrition, and prostate health.

Successful robust partnerships with various complementary community organisations were forged throughout Gwent, RCT and NPT. These included, but not limited to, the RCT Work & Skills Team, Interlink RCT, and Men's Shed. These collaborations inspired beneficiaries to engage and volunteer, which enhanced their skills and promoted their overall well-being.

Our presence at community events grew, and we showcased our services at fairs, sports clubs, and heritage centres. We also organised engaging single-day and multi-day activities, such as trips to Laugharne, Mumbles, and Snowdon, which facilitated closer friendships and fostered camaraderie among participants.

Financially, we received generous donations totaling approximately £8,000 from the Crane Foundation, the Millennium Stadium Charitable Trust, Tesco supermarkets, and individual supporters. In response to the significant changes at TATA Steel, we coordinated a series of drop-in sessions that brought together various local agencies willing to support those affected. In November of last year, we participated in a key event aimed at the rugby community to raise awareness about the alarming rate of suicide-related deaths.

Impact of Activities: Our activities have made a tangible positive difference in the lives of men across South Wales, directly addressing the charitable objects of preserving and protecting good health. Through our welcoming environments and diverse programs, beneficiaries reported enhanced skills, increased confidence, and improved physical and mental self-care. The provision of social hubs and 'Walk & Talks' fostered stronger connections among men, reducing isolation and promoting greater social interaction within their communities. Participants gained valuable education on a range of life issues, from health and nutrition to cybercrime awareness and financial planning, empowering them with practical knowledge. Furthermore, our collaborative efforts successfully encouraged many beneficiaries to join other community organisations and engage in volunteering, enabling them to discover new places, appreciate nature, set personal goals, and find structure and companionship, particularly in retirement. The consistent peer support offered throughout all our initiatives has been instrumental in creating a supportive network that truly contributes to their overall wellbeing.Impact statements taken from our beneficiaries cemented the positive benefits of being a Marauder. By bringing men together in active, natural environments it encourages open discussion where life experiences are shared without the usual stigma associated with sensitive issues. Talking this way builds resilience, maintains mental health & fitness, helps develop friendships and builds a support network for men to call upon in times of need.

Financial Review:
The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in 2005.

The Charity had a total income during the year of £10,029 and total expenditure of £68,065, leaving a Deficit for the year of £58,036. The deficit was covered by the Reserves of the Charity and the total Funds carried forward stands at £57,164

Reserves Policy:
Our Reserves Policy ensures the long-term financial stability and sustainability of the charity. The purpose of holding reserves is to safeguard the charity's ability to continue its charitable activities for the benefit of our service users, even in the event of unforeseen financial challenges. Our policy is currently under review but explains why reserves are needed, sets a target for the level of reserves, and outlines the mechanisms for monitoring and managing them. We believe that a clear policy demonstrates effective financial management and good governance. Our charity reserves are held from unrestricted funds and do not exceed 12 months of operating costs.

Principal Funding Sources:
The primary source of funding for Marauders Men's Health has been from the Big Lottery Community Fund. An additional £8,000 in donations was received from the Crane Foundation (£4,480), Millennium Stadium Charitable Trust (£2,500), Tesco stores and through public donations.

Plans for Future Periods:
Our main goals and objectives will be aligned to our strategy of 'Breaking Stigma for a Healthy Future' aligned to our Big Lottery Community Fund targets and commitments to support the health and wellbeing of men. Our charity will maintain existing operations whilst expanding its reach (digital and physical) to deliver activities and wellbeing programmes across South Wales, namely - Walk & Talks, Sports & Fitness Hubs, Social/Education Hubs, Community partnerships/collaborations and on-line training, awareness and educational programmes.

Structure, Governance and Management

Governing Document: Marauders Men's Health governing document has been adopted from the Charities Commission Charitable Incorporated Organisation template (CIO structure) whose only voting members are its charity Trustees.

Recruitment and Induction of Trustees:
Clear role definitions are advertised and expression of interests are sought where potential candidates are shortlisted for interview by existing Trustees. New Trustees are voted onto the Board, for fixed terms, as per the guidelines contained within the governing document. Once appointed, our comprehensive induction process (via ICAEW accreditation) ensures new Trustees are fully equipped to contribute to our mission, covering legal responsibilities, financial oversight, strategic direction, and operational understanding.New trustees benefit from a structured welcome, access to key organisational documents, training and ongoing support, fostering their effective integration and enabling them to immediately contribute to the charity's governance and impact.

Staff and Organisation Changes:
Upon the resignation of the resilience worker in October, two trustees changed their roles within the charity to take on alternative paid roles to bolster and support operational requirements. Neil Keogh was appointed into a part-time Project Support role which commenced in December and Jeremy Sims into a full-time Programme Manager role which commenced in January. A part-time Project Co-ordinator role was maintained throughout the year.

The turnover of Trustees during the period is part of a longer term strategic plan to strengthen the Board.

The charity continued to be supported by a number of key volunteers without whom our charity would not be able to operate as effectively. We would like to express our extreme gratitude towards these dedicated individuals for putting their time and resources forward.

The rental terms of our Dalton Road premises was changed during the year away from a full-time tenancy agreement in favour of a pay-per-use rental agreement to better cater for lower utilisation.

Risk Management:
The Trustees confirm that they have thoroughly assessed the major risks to which the charity is exposed, encompassing operational, financial, governance, and reputational areas. They are satisfied that robust systems, policies and procedures are in place to effectively monitor and mitigate these identified risks, ensuring the charity's continued resilience and ability to deliver its charitable objects.

No serious incidents were reported during the year.

Statement of Trustees' Responsibilities:
The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the

This report has been prepared in accordance with the Charities Commission Law.

Approved by the Board of Trustees on and signed on its behalf by:

Mr Jeff Beattie - Chair
Date:

Mr Trefor Williams - Treasurer
Date:

Independent examiner's report on the accounts

Report to the trustees/ members of	**Marauders Men's Health**		
On accounts for the year ended	**31st March 2025**	**Charity no (if any)**	**1179304**
Set out on pages	**6 to 25**		

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Respective responsibilities of trustees and examiner

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	
Name:	**David William Roberts**		
Relevant professional qualification(s) or body (if any):	**Bcom (Accounting) , A.C.A. (ICAEW)**		
Address:	**David Roberts Accountancy Services Ltd 17 Brookside Close Baglan Port Talbot West Glamorgan SA12 8EN**		

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health		Charity No	1179304	
Annual accounts for the period				
Period start date	01/04/2024	To	Period end date	31/03/2025

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	8,779	-	-	8,779	107,083
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	451
Investments	S04	1,250	-	-	1,250	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	10,029	-	-	10,029	107,534
Expenditure (Note 5)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	51,132	14,339	-	65,471	100,146
Separate material expense item	S10	1,494	1,100		2,594	1,692
Other	S11	-	-	-	-	-
Total	S12	52,626	15,439	-	68,065	101,838
Net income/(expenditure) before tax for the reporting period	S13	- 42,597	- 15,439	-	- 58,036	5,696
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	- 42,597	- 15,439	-	- 58,036	5,696
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	- 42,597	- 15,439	-	- 58,036	5,697
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	42,958	- 42,958	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	361	- 58,397	-	- 58,036	5,697
Reconciliation of funds:						
Total funds brought forward	S23	56,803	58,397	-	115,200	109,503
Total funds carried forward	S24	57,164	-	-	57,164	115,200

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health **Charity No** **1179304**

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	-	615	-	615	1,127
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	615	-	615	1,127
Current assets						
Stocks (Note 9)	B06	-	-	-	-	-
Debtors (Note 10)	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 12)	B09	57,163	285	-	57,448	114,921
Total current assets	B10	57,163	285	-	57,448	114,921
Creditors: amounts falling due within one year (Note 11)	B11	-	900	-	900	849
Net current assets/(liabilities)	B12	57,164	- 615	-	56,549	114,072
Total assets less current liabilities	B13	57,164	-	-	57,164	115,199
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	57,164	-	-	57,164	115,200
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds (Note 13)	B18		-		-	58,397
Unrestricted funds	B19	57,164		-	57,164	56,803
Revaluation reserve	B20				-	
Total funds	B22	57,164	-	-	57,164	115,200

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Jeff Beatie	
	Trefor Williams	

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities *.*

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

The trustees consider that there are no material uncertainties that cast significant doubt on the charity's ability to continue as a going concern. The financial statements have accordingly been prepared on a going concern basis.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	**Not applicable**
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	**Not applicable**
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	**Not applicable**

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	**Not applicable**
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	**Not applicable**
(iii) where practicable, the effect of the change in one or more future periods.	**Not applicable**

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	**Not applicable**
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	**Not applicable**
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	**Not applicable**

Note 2 **Accounting policies**

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓		
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓		
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.2 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.			✓

2.3 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least They are valued at cost. The depreciation rates and methods used are disclosed in note 14.	✓		
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15 They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.			✓
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓		
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓		
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓		
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a ✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a ✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Section C Notes to the accounts (cont)

Note 3 Income

Analysis of income		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	6,279	-	-	6,279	10,587
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	2,500	-	-	2,500	96,496
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	8,779	-	-	8,779	107,083
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
	Clothing Sales	-	-	-	-	-
	Sponsorship	-	-	-	-	451
	Talks	-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	451
Income from investments:	Interest income	1,250	-	-	1,250	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,250	-	-	1,250	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		10,029	-	-	10,029	107,534

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Please give details of other forms of government assistance from which the charity has directly benefited.

Note 5 **Expenditure**

	Analysis of expenditure	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	-	-	-	-	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fundraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities				-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities	Staff Costs	35,686	7,979	-	43,665	64,052
	Rent	-	-	-	-	8,000
	Consumables	51	-	-	51	118
	IT Costs	161	-	-	161	1,943
	Repairs and maintenance	-	-	-	-	-
	Telephone and internet	667	481	-	1,148	1,345
	Subscriptions	210	-	-	210	89
	Travel	1,490	913	-	2,403	2,195
	Stationery	204	-	-	204	101
	Donations	850	-	-	850	-
	Equipment	1,173	934	-	2,107	846
	Equipment Hire	87	68	-	155	263
	Venue Hire	5,104	2,210	-	7,314	1,632
	Training		-	-	-	2,226
	Sundry Expenditure	3,976	882	-	4,858	3,878
	Consultancy	1,128	768	-	1,896	9,454
	Advertising and PR	345	104	-	449	4,004
	Total expenditure on charitable activities	51,132	14,339	-	65,471	100,146
Separate material item of expense	Insurance	-	588	-	588	-
	Accountancy	1,472	-	-	1,472	1,180
	Depreciation	-	512	-	512	512
	Legal Costs	22	-	-	22	-
	Total	1,494	1,100	-	2,594	1,692
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		52,626	15,439	-	68,065	101,838

Section C Notes to the accounts

Note 6 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	100	100
Assurance services other than independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	800	750

Note 7 Paid employees

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	36,663	50,627
Social security costs	5,302	11,382
Pension costs (defined contribution pension plan)	1,700	2,043
Other employee benefits	-	-
Total staff costs	43,665	64,052

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	✓

Band	Number of employees
£60,000 to £69,999	0
£70,000 to £79,999	0
£80,000 to £89,999	0
£90,000 to £99,999	0
£100,000 to £109,999	0

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	0

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	2	2
Governance	-	-
Other	-	-
Total	2	2

7.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	n/a
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

7.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	n/a
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 8 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

8.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	2,561	2,561
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	2,561	2,561

8.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**				20%		

At beginning of the year	-	-	-	1,434	1,434
Disposals	-	-	-	-	-
Depreciation	-	-	-	512	512
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	1,946	1,946

8.3 Net book value

Net book value at the beginning of the year	-	-	-	1,127	1,127
Net book value at the end of the year	-	-	-	615	615

Note 9 Stocks

Please complete this note if the charity holds any stock items

9.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

9.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 10.2 where a material debtor is recoverable more than a year after the reporting date.

10.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	900	849	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	900	849	-	-

Note 12 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	57,448	114,921
Other	-	-
Total	57,448	114,921

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	Unrestricted Funds	56,803	10,029	- 52,626	42,957	-	57,163
Lottery	R	Men's Wellbeing and Mental Health	8,703	-	- 5,926	- 2,777	-	-
Tudor Trust (was Ben Nevis!)	R	Drop-in facility refurbishment	31,053		- 178	- 30,875	-	-
Moondance	R	Core Cost Support for the Charity	18,620		-	- 18,620	-	-
Austin Bailey Foundation (was !)	R	Mental Health Course delivery	21	-		- 21	-	-
Miscellaneous	R	Miscellaneous			- 9,336	9,336		-
		Total Funds as per balance sheet	115,200	10,029	- 68,066	-	-	57,163

Section C Notes to the accounts (cont)

Note 13 **Charity funds**

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	U	Unrestricted Funds	44,567	15,042	- 2,806	-	-	56,803
Lottery	R	Men's Wellbeing and Mental Health	60,780	22,992	- 75,069	-		8,703
Ben Nevis	R	Drop-in facility refurbishment	515	54,500	- 23,962	-		31,053
Moondance	R	Core Cost Support for the Charity	3,620	15,000	-	-		18,620
CVS	R	Mental Health Course delivery	21	-		-	-	21
			-			-	-	-
		Total Funds as per balance sheet	109,503	107,534	- 101,837	-	-	115,200

Section C	Notes to the accounts	(cont)

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — **TRUE**

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value					
		This year					Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL	
		£	£	£	£	£	£

Please give details of why remuneration or other employment benefits were paid.
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

14.2 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False) — **TRUE**

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount		Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£		£	£	£

During the year, two individuals, (Mr Neil Keogh and Mr Jeremy Sims,) resigned as trustees and were subsequently appointed to paid employee roles within the charity. Their remuneration has been included within staff costs (Note 7). No other related party transactions requiring disclosure under the Charities SORP were identified.

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Accounts

Charity number
1179304

Marauders Mens Health

Charity Accounts

31 March 2024

Marauders Mens Health
Report and accounts
Contents

Marauders Men's Health (Registered Charity Number 1179304)
2023/24 Annual report
March 31st, 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Marauders Men's Health Governing document has been adopted from the Charities Commission Charitable Incorporated

Organisation template (CIO Structure) who's only voting members are it's
Charity Trustees.

Board of Trustees as at 31/3/2023:
Chair
Adam Downey (from 6th June 2023)

Sheree Williams Vice Chair/Secretary

Treasurer Bethan Robers

Other Trustees
Neil Keogh
Captain Beany
Jeremy Sims
Nigel Pearce

Resignations during 2022/23
Edward Roberts
Jay Wagstaff

No Trustees received any remuneration during this period

All Trustees have been subject to an enhanced DBS check.
Bank:
Lloyds TSB
Station Road
Port Talbot
SA13

Accountant:
David Roberts Accountancy Services Ltd
Registered Office:
17 Brookside Close
Baglan
Port Talbot
West Glamorgan, SA12 8EN.

Statement of public benefit derived from Marauders Mens Health Activities

Between 2023 and 2024, Marauders Men's Health has reliably supported over 3,000 men in the South Wales region. Utilising mobile drop-in sessions and a range of social and walk activities, along with the unwavering commitment of our staff and volunteers, we have established a solid reputation in South Wales. Men feel secure in our environment, which fosters open discussions about mental health and well-being challenges they may encounter. This nurturing atmosphere encourages them to acknowledge their issues and take proactive steps towards seeking help for improvement. We are particularly proud of the progress made in the Rhondda Cynon Taff area and look forward to a fruitful year ahead as we strive for further expansion and pursue sustainability funding from the Big Lottery.

In terms of governance, we have undertaken a comprehensive review of all our policies, making necessary adjustments to reflect our evolving needs. We are thrilled to announce the formation of a policy review subgroup dedicated to the ongoing assessment of the charity's policies. This year, we partnered with a third-party organization to create robust and effective policies. Given the various changes within the charity, we have also introduced additional policies to address these developments, ensuring that we continue to effectively meet the needs of the community we serve.

Report of the Trustees

The Trustees are pleased to present their report to accompany the financial statements of the charity for the year ended 31st

March 2024. The legal and administrative information set out on page 1 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the

Statement of Recommended Practice - Accounting and Reporting by Charities, issued in 2005.

The Charity was registered on 23rd July 2018 as Mal's Marauders Men's Health charity number 1179304. After due

consideration a name change was approved by the Board of Trustees to "Marauders Men's Health" on 14 December 2020.

The charity is administered and controlled by the Board of Trustees who hold meetings every 2 months.

The Constitution of a Charitable Incorporated Organisation, whose only voting members are its charity trustees is the governing document of the Charity.

Recruitment and Appointment of Trustees

Trustees are appointed for fixed terms in accordance with the Constitution. Current Trustees are responsible for the appointment of new Trustees, and the recruitment process is thoroughly debated during Trustees' Board meetings. Each new Trustee receives a personalized induction program that addresses all pertinent aspects of their role and the Charity. The Trustees strive to ensure that all activities align with the established charitable objectives.

The responsibilities of the Trustees encompass establishing the strategic direction, approving the financial plan, sanctioning grant-making applications, and overseeing grant activities. Decisions reserved for the Trustees require their approval and are reviewed annually. The Trustees rely on guidance and updates from routine meetings with the Project Coordinator, and they receive consistent feedback on delegated matters.

Staff and Organisation Changes

Marauders Men's Health during the period recruited a new Project Coordinator following the departure of the previous staff member. We also have a full-time Resilience Worker on board. Our charity is committed to making necessary adjustments, informed by governance standards and the needs of the community we serve.

Volunteers

Marauders Men's Health would like to express our gratitude to all our volunteers, who are vital to many of our initiatives. Without the commitment of these dedicated individuals, Marauders Men's Health would not be the thriving charity it is today. Our volunteers consistently invest their time and effort, demonstrating unwavering dedication, and the positive impact they create is significant.

Funding

2023/2024 has seen another positive year for funding. We have received the following:

Restricted funding totalling £96,496.00

Numerous generous Donations both large and small totalling 10,587.00 which have been added to our Unrestricted Funds

Risk Management and Reserves Policy

The Trustees have consistently monitored the significant strategic, business, and operational risks confronting the charity. Effective systems are established to evaluate these risks, with monthly reports provided to the Chair of the Trustee Board, facilitating timely actions to address and mitigate them.

Policies and procedures regarding the health and safety of our staff, volunteers, and customers at our facilities and during outdoor activities are rigorously followed. We maintain our Policies both in hard copy at our Dalton Road location and in electronic format.

The charity's Reserves Policy aims to build, maintain, and manage Unrestricted Funds (Reserves) that do not exceed 12 months of operating costs, including all service provisions. This policy is currently under review.

Serious incidents
No significant incidents were reported during the year.

Trustees' Responsibilities Regarding the Financial Statements (Review)

Charities law mandates that the Trustees prepare financial statements that accurately reflect the charity's condition as of the Balance Sheet date and its surplus or deficit for the fiscal period. In this capacity, the Trustees must maintain proper accounting records that reasonably disclose the financial position of the charity at any given time, ensuring compliance with the Charities Act in the financial statements. Additionally, the Trustees are responsible for protecting the charity's assets, which includes taking reasonable measures to prevent and detect fraud and other irregularities.

Financial Control

Funding by way of Grants is specifically Restricted to the purpose outlined in the funding application. Each Grant along with any

Unrestricted funds are managed through individual Cost Centres. Income and expenditure for each funding stream is reconciled

with Marauders Men's Health Bank Account on a weekly basis.
This report has been prepared in accordance with the Charities Commission Law.

Approved by the Board of Trustees on and signed on its behalf by:
Mrs Sheree Williams (Chair)
Date: 06/01/2024
B Roberts (Treasurer)
Date: 06/01/2024

Independent examiner's report on the accounts

Report to the trustees/ members of	**Marauders Men's Health**		
On accounts for the year ended	**31st March 2024**	**Charity no (if any)**	**1179304**
Set out on pages	**4 to 24**		

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	
Name:	**David William Roberts**		
Relevant professional qualification(s) or body (if any):	**Bcom (Accounting) , A.C.A. (ICAEW)**		
Address:	**David Roberts Accountancy Services Ltd** **17 Brookside Close** **Baglan** **Port Talbot** **West Glamorgan** **SA12 8EN**		

CHARITY COMMISSION
FOR ENGLAND AND WALES

Marauders Men's Health		Charity No	1179304		
Annual accounts for the period					
Period start date	01/04/2023	To	Period end date	31/03/2024	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Income (Note 3)						
Income and endowments from:						
Donations and legacies	S01	14,591	92,492	-	107,083	115,340
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	451	-	-	451	800
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	15,042	92,492	-	107,534	116,140
Expenditure (Note 5)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	2,806	97,340	-	100,146	98,044
Separate material expense item	S10	-	1,692		1,692	3,216
Other	S11	-	-	-	-	-
Total	S12	2,806	99,032	-	101,838	101,260
Net income/(expenditure) before tax for the reporting period	S13	12,236	- 6,540	-	5,696	14,880
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	12,236	- 6,540	-	5,696	14,880
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	12,236	- 6,540	-	5,696	14,880
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	12,236	- 6,540	-	5,696	14,880
Reconciliation of funds:						
Total funds brought forward	S23	44,567	64,936	-	109,503	94,623
Total funds carried forward	S24	56,803	58,396	-	115,199	109,503

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health | Charity No | 1179304

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	-	1,127	-	1,127	1,640
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	1,127	-	1,127	1,640
Current assets						
Stocks (Note 9)	B06	-	-	-	-	-
Debtors (Note 10)	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 12)	B09	56,803	58,118	-	114,921	108,823
Total current assets	B10	56,803	58,118	-	114,921	108,823
Creditors: amounts falling due within one year (Note 11)	B11	-	849	-	849	960
Net current assets/(liabilities)	B12	56,803	57,269	-	114,072	107,863
Total assets less current liabilities	B13	56,803	58,396	-	115,199	109,503
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	56,803	58,396	-	115,199	109,503
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds (Note 13)	B18		58,396		58,396	64,936
Unrestricted funds	B19	56,803		-	56,803	44,567
Revaluation reserve	B20				-	
Total funds	B22	56,803	58,396	-	115,199	109,503

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval dd/mm/yyyy
(Trustee)			
(Trustee)			

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities .

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	**Not applicable**
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	**Not applicable**

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	**Not applicable**

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	**Not applicable**
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	**Not applicable**
(iii) where practicable, the effect of the change in one or more future periods.	**Not applicable**

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	**Not applicable**
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	**Not applicable**
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	**Not applicable**

Note 2 **Accounting policies**

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓		
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓		
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.2 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.			✓

2.3 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least They are valued at cost. The depreciation rates and methods used are disclosed in note 14.	✓		
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15 They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.			✓
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓		
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓		
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓		
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a ✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a ✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Income

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	10,587	-	-	10,587	23,907
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	4,004	92,492	-	96,496	91,433
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	14,591	92,492	-	107,083	115,340
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
	Clothing Sales	-	-	-	-	-
	Sponsorship	451	-	-	451	-
	Talks	-	-	-	-	800
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	451	-	-	451	800
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		15,042	92,492	-	107,534	116,140

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.	
Please give details of other forms of government assistance from which the charity has directly benefited.	

Note 5 **Expenditure**

	Analysis of expenditure	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	-	-	-	-	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fundraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities				-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities	Staff Costs	-	64,052	-	64,052	78,973
	Rent	-	8,000	-	8,000	7,592
	Consumables	-	118	-	118	-
	IT Costs	-	1,943	-	1,943	605
	Repairs and maintenance	-	-	-	-	2,253
	Telephone and internet	-	1,345	-	1,345	1,563
	Subscriptions	-	89	-	89	35
	Travel		2,195	-	2,195	1,712
	Stationery	-	101	-	101	691
	Training		2,226	-	2,226	1,631
	Equipment		846	-	846	1,668
	Equipment Hire		263	-	263	306
	Venue Hire	-	1,632	-	1,632	-
	Postage		-	-	-	14
	Sundry Expenditure	6	3,872	-	3,878	182
	Consultancy	2,800	6,654	-	9,454	150
	Advertising and PR		4,004	-	4,004	669
	Total expenditure on charitable activities	2,806	97,340	-	100,146	98,044
Separate material item of expense	Insurance	-	-	-	-	1,289
	Accountancy	-	1,180	-	1,180	1,318
	Depreciation	-	512	-	512	512
	Legal Costs	-	-	-	-	97
	Total	-	1,692	-	1,692	3,216
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		2,806	99,032	-	101,838	101,260

Section C **Notes to the accounts**

Note 6 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	100	100
Assurance services other than independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	750	600

Section C	Notes to the accounts	(cont)

Note 7 **Paid employees**

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	50,627	78,973
Social security costs	11,382	11,657
Pension costs (defined contribution pension plan)	2,043	3,624
Other employee benefits	-	-
Total staff costs	64,052	94,254

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	✓

Band	Number of employees
£60,000 to £69,999	0
£70,000 to £79,999	0
£80,000 to £89,999	0
£90,000 to £99,999	0
£100,000 to £109,999	0

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	0

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	2	2
Governance	-	-
Other	-	-
Total	2	2

7.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	n/a
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

7.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	n/a
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 8 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

8.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	2,561	2,561
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	2,561	2,561

8.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**				20%		

At beginning of the year	-	-	-	921	921
Disposals	-	-	-	-	-
Depreciation	-	-	-	513	513
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	1,434	1,434

8.3 Net book value

Net book value at the beginning of the year	-	-	-	1,640	1,640
Net book value at the end of the year	-	-	-	1,127	1,127

Section C	Notes to the accounts

Note 9 Stocks

Please complete this note if the charity holds any stock items

9.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

9.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 10.2 where a material debtor is recoverable more than a year after the reporting date.

10.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	849	960	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	849	960	-	-

Note 12 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	114,921	108,823
Other	-	-
Total	114,921	108,823

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	Unrestricted Funds	44,567	15,042	- 2,806		-	56,803
Lottery	R	Men's Wellbeing and Mental Health	60,780	22,992	- 75,069	-	-	8,703
Tudor Trust (was Ben Nevis!)	R	Drop-in facility refurbishment	515	54,500	- 23,962	-	-	31,053
Moondance	R	Core Cost Support for the Charity	3,620	15,000	-	-	-	18,620
Austin Bailey Foundation (was !)	R	Mental Health Course delivery	21	-			-	21
		Total Funds as per balance sheet	109,503	107,534	- 101,837	-	-	115,200

Section C	Notes to the accounts	(cont)

Note 13 **Charity funds**

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	U	Unrestricted Funds	22,318	24,707	- 2,458	-	-	44,567
Lottery	R	Men's Wellbeing and Mental Health	49,337	91,433	- 79,990	-		60,780
Ben Nevis	R	Drop-in facility refurbishment	19,327	-	- 18,812	-		515
Moondance	R	Core Cost Support for the Charity	3,620	-	-	-		3,620
CVS	R	Mental Health Course delivery	21	-	-	-	-	21
			-			-	-	-
		Total Funds as per balance sheet	94,623	116,140	- 101,260	-	-	109,503

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) — **TRUE**

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value					
		This year					Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL	
		£	£	£	£	£	£

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

14.2 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False) — **TRUE**

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount		Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£		£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Marauders Men's Health

England & Wales - Charity number 1179304

Accounts

Charity number
1179304

Marauders Mens Health

Charity Accounts

31 March 2023

Marauders Mens Health
Report and accounts
Contents

Marauders Men's Health (Registered Charity Number 1179304)
2022/23 Annual report
March 31st 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT
Marauders Men's Health Governing document has been adopted from the Charities Commission Charitable Incorporated Organisation template (CIO Structure) who's only voting members are it's Charity Trustees.

Board of Trustees as at 31/3/2023:

Resignations during 2021/22
None

No Trustees received any remuneration during this period
All Trustees have been subject to an enhanced DBS check.

Bank:
Lloyds TSB
Station Road
Port Talbot
SA13

Accountant:
David Roberts Accountancy Services Ltd

Registered Office:
17 Brookside Close
Baglan
Port Talbot
West Glamorgan, SA12 8EN.

Marauders Men's Health Mission Statement
Improving Men's Physical and Mental Health through various activities based on their interests and needs.

We aim to achieve this by:
Through a range of activities that aim towards improving the mental health and well-being of men.

Marauders Men's Health Charitable Objects:
The charity's objects ("Objects") are specifically restricted to the following:

For the public benefit, the preservation and protection of good health among men in South Wales and the surrounding area, through the provision of facilities for recreation or other leisure time occupation, including practical interests, hobbies and learning new skills, where they can meet to receive information and advice on matters relating to health conditions and healthy lifestyles and can provide peer to peer support in a social environment.

We achieve our Objects through:
Activities, opportunities and education for men to improve their mental health and well-being

Statement of Public Benefit
Overall Statement of Public Benefit derived from Marauders Men's Health activities.
In setting our objectives and planning our activities, our Trustees have considered
the Charity Commissions general guidance on public benefit.

Marauders Men's Health is committed to enabling as many Men as possible from within the south Wales region to improve their Mental Health and Well-being . To this end a varied and comprehensive programme of support is offered to all who require it.

Statement of public benefit derived from Marauders Mens Health Activities

2022 - 2023 Marauders Men's Health has continued to provide support to over 3000 men within the South Wales region. Through mobile drop in's, social activities and a dedicated team of staff and volunteers we have built a great reputation in South Wales where men know they are safe to speak openly about any mental health and well-being concerns they have. This helps men to accept their condition and take steps to improve it.

Policies - All policies have been reviewed and changes have been made where appropriate. We have had various changes within the charity so we have created additional policies to reflect this.

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Report of the Trustees
The Trustees are pleased to present their report to accompany the financial statements of the charity for the year ended 31st March 2023. The legal and administrative information set out on page 1 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in 2005.

The Charity was registered on 23rd July 2018 as Mal's Marauders Men's Health charity number 1179304. After due consideration a name change was approved by the Board of Trustees to "Marauders Men's Health" on 14 December 2020.

The charity is administered and controlled by the Board of Trustees who hold meetings every 2
months.
The Constitution of a Charitable Incorporated Organisation, whose only voting members are its charity trustees is the governing document of the Charity.

Recruitment and Appointment of Trustees
Trustees are subject to fixed-term appointments as set out in the Constitution.
New Trustees are appointed by the serving Trustees. Their recruitment and appointment are fully
discussed at meetings of the Trustees' Board. An individual induction programme is in place and implemented for each new Trustee, covering all relevant aspects of the role and the Charity.
Trustees seek to ensure that all activities are within its agreed charitable objectives. The role of the
Trustees includes setting strategic direction, agreeing the financial plan and approving grant-making
applications and monitoring its grant activities. Matters reserved for the Trustees are approved by the Trustees and are subject to annual review. Trustees act on advice and information from regular meetings with the Project Coordinator and regular feedback was received on matters which have been delegated.

Staff and Organisation Changes
Marauders Men's Health has now emplyed a new Project Co-ordinator after the depature of the previous employee. We employed a new member of staff to run our Mental Health Awarness sessions in schools, football clubs and community events. The employee has since taken on another role working for another organisation and they have not been replaced. Our Resilience worker has had their hours increased from Part time to Full time due to the extra demand on the charity through 2021, and this demand has remained high since. Our charity continues to make changes where necessary, these changes are driven by governance and the needs of the community.

Volunteers
Marauders Men's Health would like to thank all our Volunteers of whom we rely on, for so many activities that we deliver. Without these dedicated individuals Marauders Men's Health would be a far lesser Charity. The Volunteers continue to invest their time tirelessly and their dedication is faultless, and the benefits are great.

Funding
2022/2023 has seen another postive year for funding. We have received the following:
- National Lottery Community Fund (£91,433) - Resilience Project Grant
- Tudor Trust (£25,000) - Core Funding Grant
- National Grid (£10,000)
- Numerous generous Donations both large and small have been added to our Unrestricted Funds

Risk Management and Reserves Policy

The Trustees have continued to monitor major strategic, business, and operational risks facing the charity. Systems are in place to assess risks with monthly reports to the Chair of The Trustee Board, enabling steps to be taken to mitigate the risks.
Policies are in place and procedures observed in respect of health and safety of our staff, volunteers, and customers at our premises and on walks. Our Policies are kept at our Dalton Road facility.
It is the Reserves Policy of the Charity to build, hold and maintain Unrestricted Funds (Reserves) not exceeding 12 months Operating Costs including all Service Provision.

Serious incidents
No serious incidents were reported within the year.

Trustees' responsibilities in relation to the Financial Statements (Review)
Charities law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the date of the Balance Sheet and of its surplus or deficit for the

financial period. In doing so the Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Charities Act. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial Control
Funding by way of Grants is specifically Restricted to the purpose outlined in the funding application. Each Grant along with any Unrestricted funds are managed through individual Cost Centres. Income and expenditure for each funding stream is reconciled with Marauders Men's Health Bank Account on a weekly basis.

This report has been prepared in accordance with the Charities Commission Law.

Approved by the Board of Trustees on and signed on its behalf by:

Mrs Sheree Williams (Chair)

Date: 21/09/2023

Mr Neil Keogh (Vice Chair)

Date: 21/09/2023

Independent examiner's report on the accounts

Report to the trustees/ members of	**Marauders Men’s Health**		
On accounts for the year ended	**31st March 2023**	**Charity no (if any)**	**1179304**
Set out on pages	**4 to 25**		

The charity's trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Respective responsibilities of trustees and examiner

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner’s statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a ‘true and fair’ view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	
Name:	**David William Roberts**		
Relevant professional qualification(s) or body (if any):	**Bcom (Accounting) , A.C.A. (ICAEW)**		

Address:

David Roberts Accountancy Services Ltd
17 Brookside Close
Baglan
Port Talbot
West Glamorgan
SA12 8EN

CHARITY COMMISSION
FOR ENGLAND AND WALES

Marauders Men's Health		Charity No	1179304	
Annual accounts for the period				
Period start date	01/04/2022	To	Period end date	31/03/2023

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	23,907	91,433	-	115,340	131,939
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	800	-	-	800	2,379
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	24,707	91,433	-	116,140	134,318
Expenditure (Note 5)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	2,458	95,586	-	98,044	82,430
Separate material expense item	S10	-	3,216		3,216	2,194
Other	S11	-	-	-	-	-
Total	S12	2,458	98,802	-	101,260	84,624
Net income/(expenditure) before tax for the reporting period	S13	22,249	- 7,369	-	14,880	49,694
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	22,249	- 7,369	-	14,880	49,694
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	22,249	- 7,369	-	14,880	49,694
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	22,249	- 7,369	-	14,880	49,694
Reconciliation of funds:						
Total funds brought forward	S23	22,318	72,305	-	94,623	44,929
Total funds carried forward	S24	44,567	64,936	-	109,503	94,623

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health **Charity No** **1179304**

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	-	1,640	-	1,640	2,152
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	1,640	-	1,640	2,152
Current assets						
Stocks (Note 9)	B06	-	-	-	-	-
Debtors (Note 10)	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 12)	B09	44,567	64,256	-	108,823	93,311
Total current assets	B10	44,567	64,256	-	108,823	93,311
Creditors: amounts falling due within one year (Note 11)	B11	-	960	-	960	840
Net current assets/(liabilities)	B12	44,567	63,296	-	107,863	92,471
Total assets less current liabilities	B13	44,567	64,936	-	109,503	94,623
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	44,567	64,936	-	109,503	94,623
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds (Note 13)	B18		64,936		64,936	72,305
Unrestricted funds	B19	44,567		-	44,567	22,318
Revaluation reserve	B20				-	
Total funds	B22	44,567	64,936	-	109,503	94,623

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval dd/mm/yyyy
(Trustee)			
(Trustee)			

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	**Not applicable**
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	**Not applicable**

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	**Not applicable**

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	**Not applicable**
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	**Not applicable**
(iii) where practicable, the effect of the change in one or more future periods.	**Not applicable**

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	**Not applicable**
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	**Not applicable**
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	**Not applicable**

Note 2 **Accounting policies**

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓		
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓		
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.2 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.			✓

2.3 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least They are valued at cost. The depreciation rates and methods used are disclosed in note 14.	✓		
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15 They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.			✓
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓		
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓		
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓		
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a ✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a ✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Income

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	23,907	-	-	23,907	11,968
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	91,433	-	91,433	119,971
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	23,907	91,433	-	115,340	131,939
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
	Clothing Sales	-	-	-	-	1,679
	Sponsorship	800	-	-	-	700
	Talks	-	-	-	800	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	800	-	-	800	2,379
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		24,707	91,433	-	116,140	134,318

Section C	Notes to the accounts	(cont)

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1	NPTCBC - Grant	-	2,500
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	2,500

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.	

Please give details of other forms of government assistance from which the charity has directly benefited.	

Note 5 Expenditure

Analysis of expenditure		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	-	-	-	-	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fundraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities				-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities	Staff Costs	-	78,973	-	78,973	60,359
	Rent	-	7,592	-	7,592	7,000
	Consumables	-	-	-	-	-
	IT Costs	-	605	-	605	144
	Repairs and maintenance	-	2,253	-	2,253	190
	Telephone and internet	-	1,563	-	1,563	1,207
	Subscriptions	-	35	-	35	480
	Travel	180	1,532	-	1,712	319
	Stationery	-	691	-	691	350
	Training	1,050	581	-	1,631	2,916
	Equipment	659	1,009	-	1,668	7,975
	Equipment Hire	306	-	-	306	-
	Donations Made	-	-	-	-	-
	Postage		14	-	14	10
	Sundry Expenditure	5	177	-	182	170
	Consultancy	-	150	-	150	820
	Advertising and PR	258	411	-	669	490
	Total expenditure on charitable activities	2,458	95,586	-	98,044	82,430
Separate material item of expense	Insurance	-	1,289	-	1,289	614
	Accountancy	-	1,318	-	1,318	1,307
	Depreciation	-	512	-	512	273
	Legal Costs	-	97	-	97	-
	Total	-	3,216	-	3,216	2,194
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		2,458	98,802	-	101,260	84,624

Section C Notes to the accounts

Note 6 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	100	100
Assurance services other than independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	700	600

Section C	Notes to the accounts	(cont)

Note 7 **Paid employees**

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	63,692	60,359
Social security costs	11,657	-
Pension costs (defined contribution pension plan)	3,624	
Other employee benefits	-	-
Total staff costs	78,973	60,359

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	✓

Band	Number of employees
£60,000 to £69,999	0
£70,000 to £79,999	0
£80,000 to £89,999	0
£90,000 to £99,999	0
£100,000 to £109,999	0

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	0

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	2	1
Governance	-	-
Other	-	-
Total	2	1

7.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	n/a
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

7.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	n/a
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 8 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

8.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	2,561	2,561
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	2,561	2,561

8.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**				20%		

At beginning of the year	-	-	-	409	409
Disposals	-	-	-	-	-
Depreciation	-	-	-	512	512
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	921	921

8.3 Net book value

Net book value at the beginning of the year	-	-	-	2,152	2,152
Net book value at the end of the year	-	-	-	1,640	1,640

Section C	Notes to the accounts

Note 9 Stocks

Please complete this note if the charity holds any stock items

9.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

9.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 10.2 where a material debtor is recoverable more than a year after the reporting date.

10.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	960	840	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	960	840	-	-

Note 12 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	108,823	93,311
Other	-	-
Total	108,823	93,311

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	Unrestricted Funds	22,318	24,707	- 2,458		-	44,567
Lottery	R	Men's Wellbeing and Mental Health	49,337	91,433	- 79,990	-	-	60,780
Tudor Trust (was Ben Nevis!)	R	Drop-in facility refurbishment	19,327	-	- 18,812	-	-	515
Moondance	R	Core Cost Support for the Charity	3,620	-		-	-	3,620
Austin Bailey Foundation (was !)	R	Mental Health Course delivery	21	-			-	21
		Total Funds as per balance sheet	94,623	116,140	- 101,260	-	-	109,503

Section C	Notes to the accounts	(cont)

Note 13 Charity funds

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	U	Unrestricted Funds	9,174	13,205	- 61	-	-	22,318
Lottery	R	Men's Wellbeing and Mental Health	25,755	89,310	- 65,728	-		49,337
Ben Nevis	R	Drop-in facility refurbishment	-	25,000	- 5,673	-		19,327
Moondance	R	Core Cost Support for the Charity	10,000	-	- 6,380	-		3,620
CVS	R	Mental Health Course delivery	-	6,803	- 6,782	-	-	21
			-			-	-	-
		Total Funds as per balance sheet	44,929	134,318	- 84,624	-	-	94,623

Section C	Notes to the accounts	(cont)

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	**TRUE**

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value					
		This year					Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL	
		£	£	£	£	£	£

Please give details of why remuneration or other employment benefits were paid.	
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	

14.2 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	**TRUE**

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount		Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£		£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	

Accounts

Charity number
1179304

Marauders Mens Health

Charity Accounts

31 March 2022

Marauders Mens Health
Report and accounts
Contents

Marauders Men's Health (Registered Charity Number 1179304)
2021/22 Annual report
March 31st 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT
Marauders Men's Health Governing document has been adopted from the Charities Commission Charitable Incorporated Organisation template (CIO Structure) who's only voting members are it's Charity Trustees.

Board of Trustees as at 31/3/2022:

Chair
Keith Orton (until 6th June 2022)
Adam Downey (from 6th June 2022)
Vice Chair/Secretary
Sheree Williams

Treasurer
Jay Wagstaff

Other Trustees
Neil Keogh
Dr Ed Roberts
David Hywel Selway
Captain Beany
David Cook

Resignations during 2021/22
None

No Trustees received any remuneration during this period
All Trustees have been subject to an enhanced DBS check.

Bank:
Lloyds TSB
Station Road
Port Talbot
SA13

Accountant:
David Roberts Accountancy Services Ltd

Registered Office:
17 Brookside Close
Baglan
Port Talbot
West Glamorgan, SA12 8EN.

Marauders Men's Health Mission Statement
Improving Men's Physical and Mental Health through Walking and Talking.

We aim to achieve this by:
Through a range of walks and training programmes for Men to improve their Physical and Mental Wellbeing.

Marauders Men's Health Charitable Objects:
The charity's objects ("Objects") are specifically restricted to the following:

For the public benefit, the preservation and protection of good health among men in South Wales and the surrounding area, through the provision of facilities for recreation or other leisure time occupation, including practical interests, hobbies and learning new skills, where they can meet to receive information and advice on matters relating to health conditions and healthy lifestyles and can provide peer to peer support in a social environment.

We achieve our Objects through:
Men's walk & Talk group for men to improve their physical and mental health.

Statement of Public Benefit
Overall Statement of Public Benefit derived from Marauders Men's Health activities.
In setting our objectives and planning our activities, our Trustees have considered the Charity Commissions general guidance on public benefit.

Marauders Men's Health is committed to enabling as many Men as possible from within Neath Port Talbot, The Swansea Bay Region and beyond to benefit through its Objects. To this end a varied and comprehensive programme of support is offered to all who require it.

Statement of public benefit derived from Marauders Mens Health Activities

2021/22 Saw Marauders Men's Health continue its journey from being a Charity that was completely run by Volunteers to a funded Charity. The charity continues to employ two members of staff, to help us achieve our goals of improving Men's Health and emotional and physical Wellbeing.

Unfortunately, as in 2021 the charity faced some challenges in relation to Covid 19, however the Charity demonstrated how adaptable it was in terms of maintaining its focus and supporting those individuals in needs while adhering to the Welsh Government restrictions relating to Social Distancing for the safety of our members. Marauders Men's Health continued to operate and offer services in different ways. Social Media and Zoom were used extensively to provide focussed presentations around Mental Health. WhatsApp and Facebook used to keep in touch and inform as to how we could operate safely within Covid-19 guidelines. The Drop-in continued to operate under strict Covid regulations.

Policies have been put in place, GDPR compliance has been achieved again this year and our insurance cover has been increased significantly in anticipation of significant growth when Lockdown eases.
Again, this year Individual Marauders were empowered to keep physically active either by walking by themselves or with other Marauders when permitted
.
We have continued to develop relationships and links with our local partner organisations.

We remain committed to the walking groups with walks developed specifically based on ability and are scaled from 1-10. This way the charity can ensure that we provide something for all men with all abilities.

The sunken gardens walk on Aberavon Sea front that is a Level 1-3 activity that has been specifically designed for those men who are recovering from illness/ injury or have a significant mobility issue has been very well attended week in and week out. This activity has brought new members to the Marauders Group and has promoted the work of the Charity within the community.

Report of the Trustees
The Trustees are pleased to present their report to accompany the financial statements of the charity for the year ended 31st March 2022. The legal and administrative information set out on page 1 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in 2005.

The Charity was registered on 23rd July 2018 as Mal's Marauders Men's Health charity number 1179304. After due consideration a name change was approved by the Board of Trustees to "Marauders Men's Health" on 14 December 2020.

The charity is administered and controlled by the Board of Trustees who hold meetings every 3 months.
The Constitution of a Charitable Incorporated Organisation, whose only voting members are its charity trustees is the governing document of the Charity.

Recruitment and Appointment of Trustees
Trustees are subject to fixed-term appointments as set out in the Constitution.
New Trustees are appointed by the serving Trustees. Their recruitment and appointment are fully discussed at meetings of the Trustees' Board. An individual induction programme is in place and implemented for each new Trustee, covering all relevant aspects of the role and the Charity.
Trustees seek to ensure that all activities are within its agreed charitable objectives. The role of the Trustees includes setting strategic direction, agreeing the financial plan and approving grant-making applications and monitoring its grant activities. Matters reserved for the Trustees are approved by the Trustees and are subject to annual review. Trustees act on advice and information from regular meetings with the Project Coordinator and regular feedback was received on matters which have been delegated.

Staff and Organisation Changes

The National Lottery Community Fund Resilience Project enabled the charity to employ one full time (35 Hours p.w.) Project Coordinator in August'20. The Project Coordinator reports to the Chair of the Board of Trustees. The charity was also able to employ a part-time Resilience Worker (24 Hours pw.), IN 2021/2 the resilience worker post saw an increase in hours from 24 hours per week to 35 hours per week. the Resilience Worker reports to the Project Coordinator.

Volunteers

Marauders Men's Health would like to thank all our 20+ Volunteers of whom we rely on, for so many activities that we deliver. Without these dedicated individuals Marauders Men's Health would be a far lesser Charity. The Volunteers continue to invest their time tirelessly and their dedication is faultless, and the benefits are great.

Funding

2021/22 has seen another good year of funding income:

- National Lottery Community Fund (£134,761.00) - Resilience Project Grant
- Tudor Trust (£25,000) - Core Funding Grant
- Access to Work - £2161.08
- Numerous generous Donations both large and small to our Unrestricted Funds

Risk Management and Reserves Policy

The Trustees have continued to monitor major strategic, business, and operational risks facing the charity. Systems are in place to assess risks with monthly reports to the Chair of The Trustee Board, enabling steps to be taken to mitigate the risks.
Policies are in place and procedures observed in respect of health and safety of our staff, volunteers, and customers at our premises and on walks. Our Policies are kept at our Dalton Road facility.
It is the Reserves Policy of the Charity to build, hold and maintain Unrestricted Funds (Reserves) not exceeding 12 months Operating Costs including all Service Provision.

Serious incidents

No serious incidents were reported within the year.

Trustees' responsibilities in relation to the Financial Statements (Review)

Charities law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the date of the Balance Sheet and of its surplus or deficit for the

financial period. In doing so the Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Charities Act. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial Control

Funding by way of Grants is specifically Restricted to the purpose outlined in the funding application. Each Grant along with any Unrestricted funds are managed through individual Cost Centres. Income and expenditure for each funding stream is reconciled with Marauders Men's Health Bank Account on a weekly basis.

This report has been prepared in accordance with the Charities Commission Law.

Approved by the Board of Trustees on and signed on its behalf by:

Mr Adam Downey (Chair)

Date:

Mrs Sheree Williams (Vice Chair)

Date:

Independent examiner's report on the accounts

Report to the trustees/ members of	**Marauders Men’s Health**
On accounts for the year ended	**31st March 2022**
Charity no (if any)	**1179304**
Set out on pages	**4 to 25**

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner’s statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a ‘true and fair’ view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:	
Date:	
Name:	**David William Roberts**
Relevant professional qualification(s) or body (if any):	**Bcom (Accounting) , A.C.A. (ICAEW)**
Address:	**David Roberts Accountancy Services Ltd 17 Brookside Close Baglan Port Talbot West Glamorgan SA12 8EN**

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health	Charity No	1179304

Annual accounts for the period

Period start date	01/04/2020	To	Period end date	31/03/2021

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	13,308	118,631	-	131,939	91,866
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	- 103	2,482	-	2,379	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	13,205	121,113	-	134,318	91,866
Expenditure (Note 5)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	163	82,267	-	82,430	51,632
Separate material expense item	S10	-	2,194		2,194	1,207
Other	S11	-	-	-	-	-
Total	S12	163	84,461	-	84,624	52,839
Net income/(expenditure) before tax for the reporting period	S13	13,042	36,652	-	49,694	39,027
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	13,042	36,652	-	49,694	39,027
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	13,042	36,652	-	49,694	39,027
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	13,042	36,652	-	49,694	39,027
Reconciliation of funds:						
Total funds brought forward	S23	9,174	35,755	-	44,929	5,902
Total funds carried forward	S24	22,216	72,407	-	94,623	44,929

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	-	2,152	-	2,152	2,425
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	2,152	-	2,152	2,425
Current assets						
Stocks (Note 9)	B06	-	-	-	-	-
Debtors (Note 10)	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 12)	B09	22,318	70,993	-	93,311	43,204
Total current assets	B10	22,318	70,993	-	93,311	43,204
Creditors: amounts falling due within one year (Note 11)	B11	-	840	-	840	700
Net current assets/(liabilities)	B12	22,318	70,153	-	92,471	42,504
Total assets less current liabilities	B13	22,318	72,305	-	94,623	44,929
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	22,318	72,305	-	94,623	44,929
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds (Note 13)	B18		72,407		72,407	35,755
Unrestricted funds	B19	22,216		-	22,216	9,174
Revaluation reserve	B20				-	
Total funds	B22	22,216	72,407	-	94,623	44,929

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval dd/mm/yyyy
(Trustee)			
(Trustee)			

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	**Not applicable**
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	**Not applicable**

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	**Not applicable**

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	**Not applicable**
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	**Not applicable**
(iii) where practicable, the effect of the change in one or more future periods.	**Not applicable**

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	**Not applicable**
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	**Not applicable**
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	**Not applicable**

Note 2 **Accounting policies**

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓		
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓		
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.2 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.			✓

2.3 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least They are valued at cost. The depreciation rates and methods used are disclosed in note 14.	✓		
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15			✓
	They are valued at cost.			
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.			✓
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓		
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓		
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓		
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a ✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a ✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Income

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	11,147	821	-	11,968	6,805
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	2,161	117,810	-	119,971	85,061
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	13,308	118,631	-	131,939	91,866
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
	Clothing Sales	- 103	1,782	-	1,679	-
	Sponsorship	-	700	-	700	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	- 103	2,482	-	2,379	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		13,205	121,113	-	134,318	91,866

Note 4 **Analysis of receipts of government grants**

	Description	This year £	Last year £
Government grant 1	NPTCBC - Grant	2,500	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	2,500	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Please give details of other forms of government assistance from which the charity has directly benefited.

Note 5 Expenditure

	Analysis of expenditure	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	-	-	-	-	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fundraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities				-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities	Staff Costs	-	60,359	-	60,359	31,176
	Rent	-	7,000	-	7,000	5,250
	Consumables	-	-	-	-	210
	IT Costs	-	144	-	144	585
	Repairs and maintenance	-	190	-	190	1,635
	Telephone and internet	-	1,207	-	1,207	629
	Subscriptions	-	480	-	480	106
	Travel	-	319	-	319	294
	Stationery	-	350	-	350	1,941
	Training	-	2,916	-	2,916	6,556
	Equipment	-	7,975	-	7,975	1,831
	Donations Made	-	-	-	-	550
	Postage	10	-	-	10	-
	Sundry Expenditure	153	17	-	170	667
	Consultancy	-	820	-	820	120
	Advertising and PR	-	490	-	490	82
	Total expenditure on charitable activities	163	82,267	-	82,430	51,632
Separate material item of expense	Insurance	-	614	-	614	199
	Accountancy	-	1,307	-	1,307	872
	Depreciation	-	273	-	273	136
		-	-	-	-	-
	Total	-	2,194	-	2,194	1,207
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		163	84,461	-	84,624	52,839

Section C	Notes to the accounts

Note 6 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	100	100
Assurance services other than independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	600	600

Note 7 **Paid employees**

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	45,078	31,176
Social security costs	11,657	-
Pension costs (defined contribution pension plan)	3,624	
Other employee benefits	-	-
Total staff costs	60,359	31,176

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	✓

Band	Number of employees
£60,000 to £69,999	0
£70,000 to £79,999	0
£80,000 to £89,999	0
£90,000 to £99,999	0
£100,000 to £109,999	0

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	0

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	2	1
Governance	-	-
Other	-	-
Total	2	1

7.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	n/a
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

7.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	n/a
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 8 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

8.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	2,561	2,561
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	2,561	2,561

8.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**				20%		

At beginning of the year	-	-	-	136	136
Disposals	-	-	-	-	-
Depreciation	-	-	-	273	273
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	409	409

8.3 Net book value

Net book value at the beginning of the year	-	-	-	2,425	2,425
Net book value at the end of the year	-	-	-	2,152	2,152

Section C Notes to the accounts

Note 9 Stocks

Please complete this note if the charity holds any stock items

9.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

9.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 10.2 where a material debtor is recoverable more than a year after the reporting date.

10.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Section C	Notes to the accounts	(cont)

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	840	700	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	840	700	-	-

Note 12 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	93,311	43,204
Other	-	-
Total	93,311	43,204

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £	
Unrestricted Funds	UR	Unrestricted Funds	9,174	13,205	- 61		-	22,318	CC2
Lottery	R	Men's Wellbeing and Mental Health	25,755	89,310	- 65,728	-	-	49,337	CC1
Ben Nevis	R	Drop-in facility refurbishment	-	25,000	- 5,673	-	-	19,327	CC2a
Moondance	R	Core Cost Support for the Charity	10,000	-	- 6,380	-	-	3,620	CC2b
CVS	R	Mental Health Course delivery	-	6,803	- 6,782		-	21	CC3
		Total Funds as per balance sheet	44,929	134,318	- 84,624	-	-	94,623	

-

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	U	Unrestricted Funds	5,902	4,974	- 3,716	2,014	-	9,174
Lottery	R	Men's Wellbeing and Mental Health	-	65,793	- 40,038	-		25,755
Ben Nevis	R	Drop-in facility refurbishment	-	1,832	- 1,832	-		-
Moondance	R	Core Cost Support for the Charity	-	10,000	-	-		10,000
CVS	R	Mental Health Course delivery	-	9,267	- 7,253	- 2,014	-	-
			-	-	-	-	-	-
		Total Funds as per balance sheet	5,902	91,866	- 52,839	-	-	44,929

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value					
		This year					Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL	
		£	£	£	£	£	£

Please give details of why remuneration or other employment benefits were paid.	
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	

14.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify):		
TOTAL		

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	

14.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount		Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£		£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	

Marauders Men's Health

England & Wales - Charity number 1179304

Accounts

Charity number
1179304

Marauders Men's Health

Charity Accounts

31 March 2021

Marauders Men’s Health
Report and accounts
Contents

Marauders Men's Health (Registered Charity Number 1179304)
2020/21 Annual report
March 31st 3021

STRUCTURE, GOVERNANCE AND MANAGEMENT
Marauders Men's Health Governing document has been adopted from the Charities Commission Charitable Incorporated Organisation template (CIO Structure) who's only voting members are it's Charity Trustees.

Board of Trustees as at 31/3/2021:

Chair
Keith Orton
Vice Chair/Secretary
Sheree Williams

Treasurer
Jay Wagstaff

Other Trustees
Neil Keogh
Bill Scott
Dr. Ed Roberts

Resignations during 2020/21
Graham Davies – Chair (Family commitments)
Keith Mellin – Vice Chair (Family commitments)
Steve Davies (Time commitments)
Peter Coonan (Illness)
Alex Simpson (Work commitments)

No Trustees received any remuneration during this period
All Trustees have been subject to an enhanced DBS check.

Bank:
Lloyds TSB
Station Road
Port Talbot
SA13

Accountant:
David Roberts Accountancy Services Ltd

Registered Office:
17 Brookside Close
Baglan
Port Talbot
West Glamorgan, SA12 8EN.

Marauders Men's Health Mission Statement
Improving Men's Physical and Mental Health through Walking and Talking.

We aim to achieve this by:
Through a range of walks and training programmes for Men to improve their Physical and Mental Wellbeing.

Marauders Men's Health Charitable Objects:
The charity's objects ("Objects") are specifically restricted to the following:

For the public benefit, the preservation and protection of good health among men in South Wales and the surrounding area, through the provision of facilities for recreation or other leisure time occupation, including practical interests, hobbies and learning new skills, where they can meet to receive information and advice on matters relating to health conditions and healthy lifestyles and can provide peer to peer support in a social environment.

We achieve our Objects through:
Men’s walk & Talk group for men to improve their physical and mental health.

Statement of Public Benefit
Overall Statement of Public Benefit derived from Marauders Men’s Health activities.
In setting our objectives and planning our activities, our Trustees have given careful consideration to the Charity Commissions general guidance on public benefit.

Marauders Men’s Health is committed to enabling as many Men as possible from within Neath Port Talbot, The Swansea Bay Region and beyond to benefit through its Objects.. To this end a varied and comprehensive programme of support is offered to all who require it.

Statement of public benefit derived from Marauders Mens Health Activities

2020/21 saw Marauders Men’s Health move from a completely Voluntary run Charity to a funded Charity that employs two members of staff to help us achieve our goals of improving Men’s Health and Wellbeing emotional and physical.

Unfortunately, as Covid 19 took hold the plans for the organisation were put on hold significantly, due to Welsh Government restrictions relating to Social Distancing for the safety of our members.
However, Marauders Men’s Health continued to operate and offer services in different ways. Social Media and Zoom were used extensively to provide focussed presentations around Mental Health. WhatsApp and Facebook used to keep in touch and inform as to how we could operate safely within Covid-19 guidelines. The Drop-in continued to operate under strict Covid regulations.
Policies have been put in place, GDPR compliance has been achieved and our insurance cover has been increased significantly in anticipation of significant growth when Lockdown eases.
Individual Marauders took it upon themselves to keep physically active either by walking by themselves initially and then with other Marauders when allowed.
We have continued to develop relationships and links with local partner organisations.

We remain committed to the walking groups with walks developed specifically based on ability and are scaled from 1-10. This way the charity can ensure that we provide something for all men.

In summer 2020 we introduced walks in the sunken gardens on Aberavon sea front. These walks are Level 1-3 specifically for those men who are recovering from illness, injury or have significant mobility issues – this was an instant success, which was well attended and brought new members to the Marauders Group. Unfortunately, this had to be put on hold in lockdown but we were able to stay in touch with these men through our Resilience Project.

Report of the Trustees
The Trustees are pleased to present their report to accompany the financial statements of the charity for the year ended 31st March 2021. The legal and administrative information set out on page 1 forms part of this report.

The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities, issued in 2005.

The Charity was registered on 23rd July 2018 as Mal’s Marauders Men’s Health charity number 1179304. After due consideration a name change was approved by the Board of Trustees to “Marauders Men’s Health” on 14 December 2020.

The charity is administered and controlled by the Board of Trustees who hold meetings every 3 months.
The Constitution of a Charitable Incorporated Organisation, whose only voting members are its charity trustees is the governing document of the Charity.

Recruitment and Appointment of Trustees
Trustees are subject to fixed-term appointments as set out in the Constitution.
New Trustees are appointed by the serving Trustees. Their recruitment and appointment are fully discussed at meetings of the Trustees’ Board. An individual induction programme is in place and implemented for each new Trustee, covering all relevant aspects of the role and the Charity.
Trustees seek to ensure that all activities are within its agreed charitable objectives. The role of the Trustees includes setting strategic direction, agreeing the financial plan and approving grant-making applications and monitoring its grant activities. Matters reserved for the Trustees are approved by the Trustees and are subject to annual review. Trustees act on advice and information from regular meetings with the Project Coordinator and regular feedback was received on matters which have been delegated.

Staff and Organisation Changes

The National Lottery Community Fund Resilience Project enabled the charity to employ one full time (35 Hours p.w.) Project Coordinator in August'20. The Project Coordinator reports to the Chair of the Board of Trustees. The charity was also able to employ a part-time Resilience Worker (24 Hours p.w.), the Resilience Worker reports to the Project Coordinator.

Volunteers

Marauders Men's Health would like to thank all our 20+ Volunteers of whom we rely on, for so many activities that we deliver. Without these dedicated individuals Marauders Men's Health would be a far lesser Charity. The Volunteers continue to invest their time tirelessly and their dedication is faultless, and the benefits are great.

Funding

2020/21 has seen a significant rise in funding income:

- National Lottery Community Fund (£65,793) Resilience Project Grant
- Moondance Foundation £10,000 - Core Funding Grant
- NPTC CVS £9,268.44 - Training Funding Grant
- Ben Nevis walk £1,832.13 Donations – Refurbishment of Dalton Road Facility.
- Numerous Donations to our Unrestricted Funds

Risk Management and Reserves Policy

The Trustees have continued to monitor major strategic, business and operational risks facing the charity. Systems are in place to assess risks with monthly reports to the Chair of The Trustee Board, enabling steps to be taken to mitigate the risks.
Policies are in place and procedures observed in respect of health and safety of our staff, volunteers, and customers at our premises and on walks. Our Policies are kept at our Dalton Road facility.
It is the Reserves Policy of the Charity to build, hold and maintain Unrestricted Funds (Reserves) not exceeding 12 months Operating Costs including all Service Provision.

Serious incidents

No serious incidents were reported within the year.

Trustees' responsibilities in relation to the Financial Statements (Review)

Charities law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the date of the Balance Sheet and of its surplus or deficit for the

financial period. In doing so the Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Charities Act. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial Control

Funding by way of Grants is specifically Restricted to the purpose outlined in the funding application. Each Grant along with any Unrestricted funds are managed through individual Cost Centres. Income and expenditure for each funding stream is reconciled with Marauders Men's Health Bank Account on a weekly basis.

This report has been prepared in accordance with the Charities Commission Law.

Approved by the Board of Trustees on and signed on its behalf by:

Mr Keith Orton (Chair)

Date:

Mrs Sheree Williams (Vice Chair)

Date:

Independent examiner's report on the accounts

Report to the trustees/ members of	**Marauders Men’s Health**		
On accounts for the year ended	**31st March 2021**	**Charity no (if any)**	**1179304**
Set out on pages	**4 to 25**		

The charity's trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Respective responsibilities of trustees and examiner

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner’s statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a ‘true and fair’ view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

   have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:		**Date:**	
Name:	**David William Roberts**		
Relevant professional qualification(s) or body (if any):	**Bcom (Accounting) , A.C.A. (ICAEW)**		
Address:	**David Roberts Accountancy Services Ltd 17 Brookside Close Baglan Port Talbot West Glamorgan SA12 8EN**		

CHARITY COMMISSION FOR ENGLAND AND WALES	Marauders Men's Health	Charity No	1179304

Annual accounts for the period

Period start date	01/04/2020	To	Period end date	31/03/2021

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds £	Prior year funds £
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	4,974	86,892	-	91,866	6,997
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	4,974	86,892	-	91,866	6,997
Expenditure (Note 5)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	3,582	48,050	-	51,632	6,474
Separate material expense item	S10	134	1,073		1,207	-
Other	S11	-	-	-	-	-
Total	S12	3,716	49,123	-	52,839	6,474
Net income/(expenditure) before tax for the reporting period	S13	1,258	37,769	-	39,027	523
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	1,258	37,769	-	39,027	523
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	1,258	37,769	-	39,027	523
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	2,014	- 2,014	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	3,272	35,755	-	39,027	523
Reconciliation of funds:						
Total funds brought forward	S23	5,902	-	-	5,902	5,379
Total funds carried forward	S24	9,174	35,755	-	44,929	5,902

CHARITY COMMISSION FOR ENGLAND AND WALES

Marauders Men's Health   Charity No   1179304

Section B   Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	B01	-	-	-	-	-
Tangible assets (Note 8)	B02	-	2,425	-	2,425	-
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	2,425	-	2,425	-
Current assets						
Stocks (Note 9)	B06	-	-	-	-	-
Debtors (Note 10)	B07	-	-	-	-	-
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 12)	B09	9,174	34,030	-	43,204	6,412
Total current assets	B10	9,174	34,030	-	43,204	6,412
Creditors: amounts falling due within one year (Note 11)	B11	-	700	-	700	510
Net current assets/(liabilities)	B12	9,174	33,330	-	42,504	5,902
Total assets less current liabilities	B13	9,174	35,755	-	44,929	5,902
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	9,174	35,755	-	44,929	5,902
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds (Note 13)	B18		35,755		35,755	-
Unrestricted funds	B19	9,174		-	9,174	5,902
Revaluation reserve	B20				-	
Total funds	B22	9,174	35,755	-	44,929	5,902

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval dd/mm/yyyy
(Trustee)			
(Trustee)			

Section C	Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities .

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***Not applicable***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*		* -Tick as appropriate
No*	✓	

Please disclose:

(i) the nature of the change in accounting policy;	**Not applicable**
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	**Not applicable**

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	**Not applicable**

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	**Not applicable**
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	**Not applicable**
(iii) where practicable, the effect of the change in one or more future periods.	**Not applicable**

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	**Not applicable**
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	**Not applicable**
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	**Not applicable**

Note 2 **Accounting policies**

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: • the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and • the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP). In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period	✓		
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	✓		
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	✓		
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓

		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.2 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓		
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.			✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	✓		
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.			✓

2.3 ASSETS

		Yes	No	N/a
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least They are valued at cost. The depreciation rates and methods used are disclosed in note 14.	✓		
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15 They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.			✓
	They are valued at cost.			✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.			✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments			✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓		
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓		
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓		
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓		

Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a ✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a ✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Income

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	4,974	1,831	-	6,805	6,997
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	85,061	-	85,061	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	4,974	86,892	-	91,866	6,997
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		4,974	86,892	-	91,866	6,997

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Please give details of other forms of government assistance from which the charity has directly benefited.

Note 5 Expenditure

Analysis of expenditure		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	-	-	-	-	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fundraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities				-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities	Staff Costs	-	31,176	-	31,176	-
	Rent	-	5,250	-	5,250	-
	Consumables	210	-	-	210	-
	IT Costs	-	585	-	585	-
	Repairs and maintenance	160	1,475	-	1,635	-
	Telephone and internet	-	629	-	629	-
	Subscriptions	-	106	-	106	-
	Travel	-	294	-	294	-
	Stationery	-	1,941	-	1,941	-
	Training	993	5,563	-	6,556	-
	Equipment	1,210	621	-	1,831	-
	Donations Made	550	-	-	550	-
	Postage	-	-	-	-	-
	Sundry Expenditure	459	208	-	667	-
	Consultancy	-	120	-	120	-
	Advertising and PR	-	82	-	82	-
	Total expenditure on charitable activities	3,582	48,050	-	51,632	-
Separate material item of expense	Insurance	134	65	-	199	-
	Accountancy	-	872	-	872	-
	Depreciation	-	136	-	136	-
		-	-	-	-	-
	Total	134	1,073	-	1,207	-
Other		-	-	-	-	6,474
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	6,474
TOTAL EXPENDITURE		3,716	49,123	-	52,839	6,474

Section C **Notes to the accounts**

Note 6 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	100	0
Assurance services other than independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	600	0

Section C	Notes to the accounts	(cont)

Note 7 Paid employees

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	31,176	-
Social security costs	-	-
Pension costs (defined contribution pension plan)		
Other employee benefits	-	-
Total staff costs	31,176	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party	n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000	✓

Band	Number of employees
£60,000 to £69,999	0
£70,000 to £79,999	0
£80,000 to £89,999	0
£90,000 to £99,999	0
£100,000 to £109,999	0

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.	0

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	1	-
Governance	-	-
Other	-	-
Total	1	-

7.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	n/a
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

7.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	n/a
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 8 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets

8.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	2,561	2,561
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	2,561	2,561

8.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**				20%		

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	136	136
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	136	136

8.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	2,425	2,425

Section C Notes to the accounts

Note 9 Stocks

Please complete this note if the charity holds any stock items

9.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

9.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 10 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Complete 10.2 where a material debtor is recoverable more than a year after the reporting date.

10.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Note 11 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	700	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	510	-	-
Total	700	510	-	-

Note 12 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	43,204	6,412
Other	-	-
Total	43,204	6,412

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	Unrestricted Funds	5,902	4,974	- 3,716	2,014	-	9,174
Lottery	R	Men's Wellbeing and Mental Health	-	65,793	- 40,038	-	-	25,755
Ben Nevis	R	Drop-in facility refurbishment	-	1,832	- 1,832	-	-	-
Moondance	R	Core Cost Support for the Charity	-	10,000	-	-	-	10,000
CVS	R	Mental Health Course delivery	-	9,267	- 7,253	- 2,014	-	-
			-	-	-	-	-	-
		Total Funds as per balance sheet	5,902	91,866	- 52,839	-	-	44,929

-

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

**** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	Unrestricted Funds	5,379	6,997	- 6,474	-	-	5,902
			-	-	-	-	-	-
			-	-	-	-	-	-
		Total Funds as per balance sheet	5,379	6,997	- 6,474	-	-	5,902

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False) TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value					
		This year					Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL	
		£	£	£	£	£	£

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

14.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False) TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify):		
TOTAL		

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

14.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False) TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount		Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£		£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	