MEN CAVE

England & Wales · Charity number 1179273

Details

Status	Registered
Legal form	CIO
Registered	2018-07-20
Register	View on the Charity Commission register

Contact

Address	20 Brentnall Street Middlesbrough Cleveland TS1 5AP
Phone	01642263311
Email	smasamba@vcmi.org

Activities

Objects: THE OBJECTS OF THE CIO ARE: TO PROMOTE AND PROTECT GOOD HEALTH AMONG MEMBERS OF THE BME COMMUNITIES IN MIDDLESBOROUGH, AND PARTICULARLY BUT NOT EXCLUSIVELY AMONG MALE MEMBERS OF SUCH COMMUNITIES, BY THE PROVISION OF INFORMATION, ADVICE, SUPPORT SERVICES, MENTORING, THERAPIES AND ACTIVITIES WHICH PROMOTE AWARENESS OF ETHNIC HEALTH RISKS AND HEALTHY LIFESTYLES AND SUPPORT THE BETTER MANAGEMENT AND CARE OF LONG TERM AND CHRONIC HEALTH CONDITIONS.

Activities: Mencave is an organisation aimed at improving BME men mental and physical health.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Darlington
- Hartlepool
- Middlesbrough
- Redcar And Cleveland
- Stockton-on-tees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1	£1	-	-
2024-03-31	£5	£5	-	-
2023-03-31	£5	£5	-	-
2022-03-31	£0	£0	-	-
2021-03-31	£500	£500	-	-

Trustees

Name	Role	Appointed
BLESSING AMIN		2018-01-03
PRIDE SIBANDA		2018-01-03
SAMUEL MASAMBA		2018-01-03

Accounts

28 Janaury, 2026 DIRECTOR'S REPORT TO: The Members MEN CAVE, Please find herein the Annual Report on the activities and operations of the ministry and the accounts for the Financial Year Ended 30th April, 2025.

A. FINANCIAL SUMMARY & HIGHLIGHTS/PERFORMANCE OF THE MINISTRY: The financial results for the year ended 30th April, 2025 and the corresponding figures for the prior year are as below. Particulars 2024 - 2025 2023 - 2024 Total Revenue (Donations) £0 Less: Total Operating Expenses £0 (Decrease)/Increase in Unrestricted Net Assets £0 Balance carried to Net Assets £0

B. RESERVE & SURPLUS: Due to the decrease in unrestricted net assets of £0 for the financial year, NIL amount is proposed to be transferred to the General Reserve.

C. BRIEF DESCRIPTION OF THE MINISTRY'S WORKING DURING THE YEAR/STATE OF CHURCH'S AFFAIR: The Board of Directors have the pleasure to inform you that total revenue increased from £0 to £0 However, total operating expenses also increased from £0 to £0, largely due to additional expenses incurred by the ministry in implementing different ways to better serve the membership and reach out to the community, as the world gradually recovers from the pandemic.

D. CHANGE IN THE NATURE OF BUSINESS: There is no change in the nature of the business of the ministry during the year in review.

E. EVENTS SUBSEQUENT TO THE DATE OF FINANCIAL STATEMENTS: No material changes and commitments affecting the financial position of the ministry occurred between the end of the financial year to which this financial statement relate on the date of this report.

F. MEETINGS: Two (2) meetings of the Board of Directors were held during the year in review.

G. DIRECTORS & KEY MANAGERIAL PERSONNEL: There was no change in the constitution of the Board of Directors and Key Managerial Personnel during the financial year.

H. RISK MANAGEMENT POLICY: The organization continues to strengthen, develop, and implement risk management policies which identifies major risks that may threaten the existence of the ministry. These policies have also been adopted by the Board and is also subject to its review from time to time. Internal financial control and risk mitigation processes and measures have also been formulated and clearly documented in the said policy.

I. SIGNIFICANT & MATERIAL ORDERS PASSED BY THE REGULATORS: During the year in review, no significant and material orders passed by the regulators or courts or tribunals impacted the going concern status and future operations of the ministry.

J. ACKNOWLEDGEMENTS: The Board of Directors place on record their sincere appreciation for the assistance and cooperation extended by management and staff of the ministry, the Bank and its employees, and all other associates and look forward to continue fruitful association with all stakeholders and partners of the organization.

For and on behalf of the Board of Directors MEN CAVE United Kingdom (SAMUEL MASAMBA) Chairman

Accounts

31 December, 2024 DIRECTOR'S REPORT TO: The Members MEN CAVE, Please find herein the Annual Report on the activities and operations of the ministry and the accounts for the Financial Year Ended 30th April, 2024.

A. FINANCIAL SUMMARY & HIGHLIGHTS/PERFORMANCE OF THE MINISTRY: The financial results for the year ended 30th April, 2024 and the corresponding figures for the prior year are as below.

Particulars 2023 - 2024 Total Revenue (Donations) £5 Less: Total Operating Expenses £5 (Decrease)/Increase in Unrestricted Net Assets £0 Balance carried to Net Assets £0

B. RESERVE & SURPLUS: Due to the decrease in unrestricted net assets of £0 for the financial year, NIL amount is proposed to be transferred to the General Reserve.

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For and on behalf of the Board of

Directors0

MEN CAVE

United Kingdom

(SAMUEL MASAMBA) Chairman

Accounts

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I. SIGNIFICANT & MATERIAL ORDERS PASSED BY THE REGULATORS: During the year in review, no significant and material orders passed by the regulators or courts or tribunals impacted the going concern status and future operations of the ministry.

J. ACKNOWLEDGEMENTS: The Board of Directors place on record their sincere appreciation for the assistance and cooperation extended by management and staff of the ministry, the Bank and its employees, and all other associates and look forward to continue fruitful association with all stakeholders and partners of the organization.

For and on behalf of the Board of

Directors0

MEN CAVE

United Kingdom

(SAMUEL MASAMBA) Chairman

MEN CAVE

England & Wales - Charity number 1179273

Accounts

31 December, 2022 DIRECTOR'S REPORT TO: The Members MEN CAVE, Please find herein the Annual Report on the activities and operations of the ministry and the accounts for the Financial Year Ended 30th April, 2022.

A. FINANCIAL SUMMARY & HIGHLIGHTS/PERFORMANCE OF THE MINISTRY: The financial results for the year ended 30th April, 2022 and the corresponding figures for the prior year are as below. Particulars 2021 - 2022 2020 - 2021 Total Revenue (Donations) £0 Less: Total Operating Expenses £0 (Decrease)/Increase in Unrestricted Net Assets £0 Balance carried to Net Assets £0

B. RESERVE & SURPLUS: Due to the decrease in unrestricted net assets of £0 for the financial year, NIL amount is proposed to be transferred to the General Reserve.

C. BRIEF DESCRIPTION OF THE MINISTRY'S WORKING DURING THE YEAR/STATE OF CHURCH'S AFFAIR: The Board of Directors have the pleasure to inform you that total revenue increased from £0 to £0 However, total operating expenses also increased from £0 to £0, largely due to additional expenses incurred by the ministry in implementing different ways to better serve the membership and reach out to the community, as the world gradually recovers from the pandemic.

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G. DIRECTORS & KEY MANAGERIAL PERSONNEL: There was no change in the constitution of the Board of Directors and Key Managerial Personnel during the financial year.

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I. SIGNIFICANT & MATERIAL ORDERS PASSED BY THE REGULATORS: During the year in review, no significant and material orders passed by the regulators or courts or tribunals impacted the going concern status and future operations of the ministry.

J. ACKNOWLEDGEMENTS: The Board of Directors place on record their sincere appreciation for the assistance and cooperation extended by management and staff of the ministry, the Bank and its employees, and all other associates and look forward to continue fruitful association with all stakeholders and partners of the organization.

For and on behalf of the Board of Directors MEN CAVE United Kingdom (SAMUEL MASAMBA) Chairman

Accounts

22 November, 2021

DIRECTOR'S REPORT

TO: The Members, Men Cave Charity

Please find herein the Annual Report on the activities and operations of the ministry and the accounts for the Financial Year Ended 30th April, 2021.

A. FINANCIAL SUMMARY & HIGHLIGHTS/PERFORMANCE OF THE MINISTRY:

The financial results for the year ended 30th April, 2021 and the corresponding figures for the prior year are as below.

Particulars	2020 - 2021	2019 - 2020
Total Revenue (Donations)	£ 500	£ 1500
Less: Total Operating Expenses	£ 500	£ 1500
Increase (Decrease) in Unrestricted Net Assets	£ 0	£ 0
Balance carried to Net Assets	£ 0	£ 0

B. RESERVE & SURPLUS:

Out of the increase in unrestricted net assets of £0 for the financial year, NIL amount is proposed to be transferred to the General Reserve.

C. BRIEF DESCRIPTION OF THE CHARITY'S WORKING DURING THE YEAR/STATE OF CHURCH'S AFFAIR:

The Board of Directors have the pleasure to inform you that even though total revenue decreased from £ 1500 to £500, largely due to the prevalence of the COVID-19 pandemic, total operating expenses was curtailed from £ 1500 to £ 500 resulting in net assets remaining at £0

D. CHANGE IN THE NATURE OF BUSINESS:

There is no change in the nature of the business of the CHARITY during the year in review.

E. EVENTS SUBSEQUENT TO THE DATE OF FINANCIAL STATEMENTS:

No material changes and commitments affecting the financial position of the ministry occurred between the end of the financial year to which this financial statement relate on the date of this report.

F. MEETINGS:

Two (2) meetings of the Board of Directors were held during the year in review. **G.**

DIRECTORS & KEY MANAGERIAL PERSONNEL:

There was no change in the constitution of the Board of Directors and Key Managerial Personnel during the financial year.

H. RISK MANAGEMENT POLICY:

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The Board of Directors place on record their sincere appreciation for the assistance and cooperation extended by management and staff of the ministry, the Bank and its employees, and all other associates and look forward to continue fruitful association with all stakeholders and partners of the organization.

For and on behalf of the Board of Directors

Men Cave

Samuel Masamba

Chairman.