

REGISTERED CHARITY NUMBER: 1179229

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2025  
FOR  
EAT CLUB**



Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

**EAT CLUB**  
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**FOR THE YEAR ENDED 31 AUGUST 2025**

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**EAT CLUB**

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

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The trustees present their report with the financial statements of the charity for the year ended 31 August 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

1. To improve and protect the health of young people and those people with poorer life chances, particularly, but not exclusively, by promoting healthy eating and an improved understanding of good nutrition.
2. The advancement of education of young people in cooking skills, food preparation and healthy eating.

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

**Significant activities**

Established in 2014, Eat Club transforms the lives of disadvantaged young Londoners through the power of food. We empower young people aged 11-24 to become confident, resilient individuals who make a positive impact in their communities by teaching them to cook nutritious meals and sharing the joy of eating together, fostering independence and healthy habits for life. Our vision is a future where every young Londoner possesses the skills and knowledge to lead a healthy, fulfilling life through the nourishment of both mind and body. Our mission directly addresses the stark inequalities in food access, wellbeing, and employment opportunities experienced by young Londoners, particularly those from marginalised communities.

Through partnerships with youth organisations in the most deprived areas across 10 London boroughs, we use professional chefs' expertise to create pathways for marginalised young people into meaningful opportunities and career development. Our programmes build essential life skills including culinary proficiency, nutritional awareness, understanding food's role in mental wellbeing, and effective communication, equipping participants with versatile tools for sustainable livelihoods whilst nurturing confidence, social bonds, and resilience.

**Young Chefs:** Up to 10 young people (11-24) meet weekly for six weeks in community kitchens. Guided by professional chefs, they cook, share meals, and build confidence, resilience, and teamwork. Sessions focus on fundamental cooking skills, safety in the kitchen, health and nutrition, and cooking well on a budget, giving participants practical cooking and life skills.

**Young Leaders:** A 12-month paid internship for 10 young people (16-25) to gain professional experience across strategy, campaigning, marketing, project management, and finance. Interns support Young Chefs while developing leadership skills through forums, mentoring, "Supper Clubs," and social action projects via our #iwill partnership.

**Catering Kickstart:** A week-long programme for 16-24-year-olds offering hospitality training, industry-recognised qualifications, and direct job pathways. Partner restaurants provide hands-on kitchen experience, complemented by employability workshops and ongoing mentorship.

**Public benefit**

The Trustees confirm they have given regard to the guidance on public benefit.

**EAT CLUB**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

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**OBJECTIVES AND ACTIVITIES**

**Main Achievements**

Eat Club addresses food poverty, health inequalities, and unemployment among disadvantaged young Londoners who face compounded disadvantages, limited access to nutritious food, and few pathways for their future. Currently operating across ten London boroughs through partnerships with local youth projects, we deliver chef-led programmes that build practical skills whilst reducing social isolation.

Our impact demonstrates transformation across four key areas: Food poverty; 100% of participants gain confidence cooking healthy meals on low budgets. Physical health; participants double their vegetable intake and reduce ready meal dependency by 68%, with 75% now preparing nutritious home-cooked meals. Mental health and wellbeing; participants' top highlights are making new friends, gaining confidence, and feeling happier, demonstrating how cooking builds both culinary and social skills. Employment; 85% master professional cooking techniques whilst 80% gain direct insights into hospitality career pathways, creating tangible routes from kitchen to career.

Eat Club is also a delivery partner to the King's Trust for its Get Started programme, engaging 16-24 year olds not in education, employment or training to give them a first introduction into cooking and hospitality.

**FINANCIAL REVIEW**

**Reserves policy**

The Charity aims to hold between 3 and 6 months operating costs in unrestricted reserves, this is reviewed regularly.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document and Constitution**

Eat Club CIO is governed by its Constitution.

**Induction and training of new trustees**

As a small charity there are no specified selection methods, but consideration is given to a balanced trustee board and to specific skill requirements when replacing or adding trustees.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1179229

**Principal address**

Bootstrap Charity  
18-22 Ashwin Street  
London  
E8 3DL

**Trustees**

P W Brown - (Chair)  
D M Webb - (Deputy chair)  
C Leung  
C Chandler  
M Magecha (appointed 7.11.24)  
A Osmani (appointed 19.11.25)

**EAT CLUB**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2025**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

Approved by order of the board of trustees on 18 April 2026 and signed on its behalf by:

*Peter Brown*

.....  
P W Brown - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
EAT CLUB**

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**Independent examiner's report to the trustees of Eat Club**

I report to the charity trustees on my examination of the accounts of Eat Club (the Trust) for the year ended 31 August 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

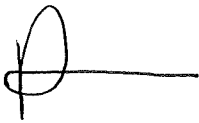
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Sanderson

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

Date: 22/5/2026

# EAT CLUB

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		26,606	-	26,606	9,259
<b>Charitable activities</b>					
Charitable activities		66,237	-	66,237	108,376
Young Leaders Programme		-	-	-	9,978
LY CVC Instagram Project		-	933	933	-
Addison Youth Funding Hammersmith		-	-	-	8,974
CVC summer funding		-	3,000	3,000	3,000
Hackney Foodbank Community Fund		-	9,826	9,826	9,826
LHC Community Benefit Fund		-	-	-	5,000
Westminster Community Contribution Fund		-	-	-	8,868
The Mount Small Grants		-	-	-	3,000
Camden Giving - We Make Camden		-	7,148	7,148	1,986
London Youth NCS Project		-	(233)	(233)	3,751
Anchor - Islington Funding		-	5,000	5,000	-
Lottery AFA 2025-27		-	20,000	20,000	-
Young Camden foundation funding for heads up mental health		-	2,700	2,700	-
Weavers Project		-	2,000	2,000	-
Westminster Foundation 2025-26		-	8,060	8,060	-
United St Saviours - First payment from St Saviours for Appleby Blue project		-	1,000	1,000	-
London Borough of H&F - Funding for Tudor Rose courses		-	4,000	4,000	-
<b>Total</b>		<u>92,843</u>	<u>63,434</u>	<u>156,277</u>	<u>172,018</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Charitable activities		43,346	-	43,346	59,163
Sherborne in the Community		-	-	-	3,200
Young Leaders Programme		-	9,974	9,974	1,324
Brighter Futures		-	-	-	4,546
Cripplegate		-	-	-	6,411
John Lyons		-	-	-	833
Peabody Funding		-	-	-	6,592
Addison Youth Funding Hammersmith		-	8,958	8,958	5,293
Tower Hamlets Community Chest funding		-	-	-	1,999
CVC summer funding		-	3,926	3,926	2,894
Hackney Foodbank Community Fund		-	14,509	14,509	173
LHC Community Benefit Fund		-	-	-	5,000
Westminster Community Contribution Fund		-	7,048	7,048	1,817
The Mount Small Grants		-	3,000	3,000	-
Camden Giving - We Make Camden		-	1,986	1,986	-
London Youth NCS Project		-	-	-	3,416

The notes on page 9-20 form part of these financial statements

**EAT CLUB**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 AUGUST 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
Anchor - Islington Funding		-	3,333	3,333	-
Weavers Project		-	574	574	-
Westminster Foundation 2025-26		-	1,262	1,262	-
United St Saviours - First payment from St Saviours for Appleby Blue project		-	1,000	1,000	-
London Borough of H&F - Funding for Tudor Rose courses		-	4,000	4,000	-
Other		<u>53,152</u>	<u>34</u>	<u>53,186</u>	<u>50,744</u>
<b>Total</b>		<u>96,498</u>	<u>59,604</u>	<u>156,102</u>	<u>153,405</u>
<b>NET INCOME/(EXPENDITURE)</b>		(3,655)	3,830	175	18,613
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>22,660</u>	<u>40,875</u>	<u>63,535</u>	<u>44,922</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>19,005</u>	<u>44,705</u>	<u>63,710</u>	<u>63,535</u>

The notes on page 9-20 form part of these financial statements



**EAT CLUB**  
**BALANCE SHEET**  
**31 AUGUST 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	5	5,725	-	5,725	3,620
Cash at bank		<u>21,053</u>	<u>45,774</u>	<u>66,827</u>	<u>70,835</u>
		26,778	45,774	72,552	74,455
<b>CREDITORS</b>					
Amounts falling due within one year	6	(7,773)	(1,069)	(8,842)	(10,920)
		<u>19,005</u>	<u>44,705</u>	<u>63,710</u>	<u>63,535</u>
<b>NET CURRENT ASSETS</b>					
		<u>19,005</u>	<u>44,705</u>	<u>63,710</u>	<u>63,535</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>19,005</u>	<u>44,705</u>	<u>63,710</u>	<u>63,535</u>
<b>NET ASSETS</b>		<u>19,005</u>	<u>44,705</u>	<u>63,710</u>	<u>63,535</u>

The notes on page 9-20 form part of these financial statements

# EAT CLUB

## BALANCE SHEET - continued 31 AUGUST 2025

<b>FUNDS</b>	7		
Unrestricted funds		19,005	22,660
Restricted funds:			
Young Leaders programme		-	9,978
Addison Youth 2024-25		-	8,974
Hackney Foodbank Community Fund		4,970	9,653
Westminster Community Contribution Fund		-	7,051
The Mount Small Grants		-	3,000
Camden Giving -We Make Camden		-	1,986
London Youth NCS Project		-	233
Anchor - Islington Funding		1,667	-
Lottery AFA 2025-27		20,000	-
Staff training - Young Camden foundation funding for heads up mental health		2,700	-
Weavers Project		1,426	-
Westminster Foundation 2025-26		6,794	-
Camden Giving - We Make Camden		7,148	-
		<u>44,705</u>	<u>40,875</u>
<b>TOTAL FUNDS</b>		<u>63,710</u>	<u>63,535</u>

The financial statements were approved by the Board of Trustees and authorised for issue on .....  
and were signed on its behalf by:

.....  
P W Brown - Trustee

The notes on page 9-20 form part of these financial statements

## EAT CLUB

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2025

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The Financial Statements have been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities' (update bulletin 1 applying FRS 102) and the Charities Act 2011.

Eat Club CIO meets the definition of a public benefit entity under FRS 102. The financial statements have been prepared in sterling, which is the functional currency of the entity. Monetary amounts in these financial statements are rounded to the nearest pound.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due

##### **Financial instruments**

##### Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

EAT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025

1. ACCOUNTING POLICIES - continued

Debtors and creditors

**Creditors and provisions**

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2025 nor for the year ended 31 August 2024.

**Trustees' expenses**

Peter Brown was reimbursed £220.95 during the year to 31 August 2025. There were no other trustees' expenses paid for the year ended 31 August 2025 nor for the year ended 31 August 2024.

3. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	76,080	67,647
Other pension costs	<u>4,180</u>	<u>3,473</u>
	<u>80,260</u>	<u>71,120</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Governance	1	1
Other	<u>4</u>	<u>2</u>
	<u>5</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	9,259	-	9,259
<b>Charitable activities</b>			
Charitable activities	108,376	-	108,376
Young Leaders Programme	-	9,978	9,978
Addison Youth Funding Hammersmith	-	8,974	8,974
CVC summer funding	-	3,000	3,000
Hackney Foodbank Community Fund	-	9,826	9,826
LHC Community Benefit Fund	-	5,000	5,000
Westminster Community Contribution Fund	-	8,868	8,868
The Mount Small Grants	-	3,000	3,000
Camden Giving - We Make Camden	-	1,986	1,986
London Youth NCS Project	-	3,751	3,751
<b>Total</b>	<u>117,635</u>	<u>54,383</u>	<u>172,018</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	59,084	79	59,163
Sherborne in the Community	-	3,200	3,200
Young Leaders Programme	-	1,324	1,324
Brighter Futures	-	4,546	4,546
Cripplegate	-	6,411	6,411
John Lyons	-	833	833
Peabody Funding	-	6,592	6,592
Addison Youth Funding Hammersmith	-	5,293	5,293
Tower Hamlets Community Chest funding	-	1,999	1,999
CVC summer funding	-	2,894	2,894
Hackney Foodbank Community Fund	-	173	173
LHC Community Benefit Fund	-	5,000	5,000
Westminster Community Contribution Fund	-	1,817	1,817
London Youth NCS Project	-	3,416	3,416
Other	<u>50,589</u>	<u>155</u>	<u>50,744</u>
<b>Total</b>	<u>109,673</u>	<u>43,732</u>	<u>153,405</u>
<b>NET INCOME</b>	7,962	10,651	18,613
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	14,698	30,224	44,922

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

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<b>4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>			
	Unrestricted fund £	Restricted funds £	Total funds £
	<u>£</u>	<u>£</u>	<u>£</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>22,660</u>	<u>40,875</u>	<u>63,535</u>
<b>5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2025</b>	<b>2024</b>
		£	£
Trade debtors		<u>5,725</u>	<u>3,620</u>
<b>6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2025</b>	<b>2024</b>
		£	£
Trade creditors		3,414	7,734
Taxation and social security		2,562	2,322
Other creditors		<u>2,866</u>	<u>864</u>
		<u>8,842</u>	<u>10,920</u>

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**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**7. MOVEMENT IN FUNDS**

	At 1.9.24 £	Net movement in funds £	At 31.8.25 £
<b>Unrestricted funds</b>			
General fund	22,660	(3,655)	19,005
<b>Restricted funds</b>			
Young Leaders programme	9,978	(9,978)	-
Addison Youth 2024-25	8,974	(8,974)	-
Hackney Foodbank Community Fund	9,653	(4,683)	4,970
Westminster Community Contribution Fund	7,051	(7,051)	-
The Mount Small Grants	3,000	(3,000)	-
Camden Giving -We Make Camden	1,986	(1,986)	-
London Youth NCS Project	233	(233)	-
Anchor - Islington Funding	-	1,667	1,667
Lottery AFA 2025-27	-	20,000	20,000
Staff training - Young Camden foundation			
funding for heads up mental health	-	2,700	2,700
Weavers Project	-	1,426	1,426
Westminster Foundation 2025-26	-	6,794	6,794
Camden Giving - We Make Camden	-	7,148	7,148
	<u>40,875</u>	<u>3,830</u>	<u>44,705</u>
<b>TOTAL FUNDS</b>	<u>63,535</u>	<u>175</u>	<u>63,710</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**7. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	92,843	(96,498)	(3,655)
<b>Restricted funds</b>			
Young Leaders programme	-	(9,978)	(9,978)
Addison Youth 2024-25	-	(8,974)	(8,974)
Hackney Foodbank Community Fund	9,826	(14,509)	(4,683)
Mary's Young chefs - London Youth CVC	933	(933)	-
Westminster Community Contribution Fund	-	(7,051)	(7,051)
The Mount Small Grants	-	(3,000)	(3,000)
Camden Giving -We Make Camden	-	(1,986)	(1,986)
London Youth NCS Project	(233)	-	(233)
Anchor - Islington Funding	5,000	(3,333)	1,667
Lottery AFA 2025-27	20,000	-	20,000
LY CVC Summer Grants 2025	3,000	(3,000)	-
Staff training - Young Camden foundation funding for heads up mental health	2,700	-	2,700
Weavers Project	2,000	(574)	1,426
Westminster Foundation 2025-26	8,060	(1,266)	6,794
United St Saviours - First payment from St Saviours for Appleby Blue project	1,000	(1,000)	-
London Borough of H&F - Funding for Tudor Rose courses	4,000	(4,000)	-
Camden Giving - We Make Camden	7,148	-	7,148
	<u>63,434</u>	<u>(59,604)</u>	<u>3,830</u>
<b>TOTAL FUNDS</b>	<u>156,277</u>	<u>(156,102)</u>	<u>175</u>



**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**7. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.9.23 £	Net movement in funds £	At 31.8.24 £
<b>Unrestricted funds</b>			
General fund	14,698	7,962	22,660
<b>Restricted funds</b>			
Young Leaders programme	1,332	8,646	9,978
London Community Foundation	6,592	(6,592)	-
Addison Youth Club 2023-24 Funding	5,293	(5,293)	-
Brighter Futures 2023-24 (YEF)	4,546	(4,546)	-
Eat End Community Foundation - Tower			
Hamlets Community Chest	2,000	(2,000)	-
Cripplegate Foundation 22-23	1,428	(1,428)	-
Cripplegate Foundation 2023-24	5,000	(5,000)	-
John Lyons Charity - Brent Courses	833	(833)	-
Sherborne in the Community	3,200	(3,200)	-
Addison Youth 2024-25	-	8,974	8,974
Hackney Foodbank Community Fund	-	9,653	9,653
Westminster Community Contribution Fund	-	7,051	7,051
The Mount Small Grants	-	3,000	3,000
Camden Giving -We Make Camden	-	1,986	1,986
London Youth NCS Project	-	233	233
	<u>30,224</u>	<u>10,651</u>	<u>40,875</u>
<b>TOTAL FUNDS</b>	<u>44,922</u>	<u>18,613</u>	<u>63,535</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	117,635	(109,673)	7,962
<b>Restricted funds</b>			
Young Leaders programme	9,978	(1,332)	8,646
London Community Foundation	-	(6,592)	(6,592)
Addison Youth Club 2023-24 Funding	-	(5,293)	(5,293)
Brighter Futures 2023-24 (YEF)	-	(4,546)	(4,546)
Eat End Community Foundation - Tower			
Hamlets Community Chest	-	(2,000)	(2,000)
Cripplegate Foundation 22-23	-	(1,428)	(1,428)
Cripplegate Foundation 2023-24	-	(5,000)	(5,000)
John Lyons Charity - Brent Courses	-	(833)	(833)
Sherborne in the Community	-	(3,200)	(3,200)
Addison Youth 2024-25	8,974	-	8,974
Hackney Foodbank Community Fund	9,826	(173)	9,653
LHC Community Benefit Fund	5,000	(5,000)	-
Mary's Young chefs - London Youth CVC	3,000	(3,000)	-
Westminster Community Contribution Fund	8,868	(1,817)	7,051
The Mount Small Grants	3,000	-	3,000
Camden Giving -We Make Camden	1,986	-	1,986
London Youth NCS Project	3,751	(3,518)	233
	<u>54,383</u>	<u>(43,732)</u>	<u>10,651</u>
<b>TOTAL FUNDS</b>	<u>172,018</u>	<u>(153,405)</u>	<u>18,613</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2025**

**7. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.23 £	Net movement in funds £	At 31.8.25 £
<b>Unrestricted funds</b>			
General fund	14,698	4,307	19,005
<b>Restricted funds</b>			
Young Leaders programme	1,332	(1,332)	-
London Community Foundation	6,592	(6,592)	-
Addison Youth Club 2023-24 Funding	5,293	(5,293)	-
Brighter Futures 2023-24 (YEF)	4,546	(4,546)	-
Eat End Community Foundation - Tower			
Hamlets Community Chest	2,000	(2,000)	-
Cripplegate Foundation 22-23	1,428	(1,428)	-
Cripplegate Foundation 2023-24	5,000	(5,000)	-
John Lyons Charity - Brent Courses	833	(833)	-
Sherborne in the Community	3,200	(3,200)	-
Hackney Foodbank Community Fund	-	4,970	4,970
Anchor - Islington Funding	-	1,667	1,667
Lottery AFA 2025-27	-	20,000	20,000
Staff training - Young Camden foundation funding for heads up mental health	-	2,700	2,700
Weavers Project	-	1,426	1,426
Westminster Foundation 2025-26	-	6,794	6,794
Camden Giving - We Make Camden	-	7,148	7,148
	<u>30,224</u>	<u>14,481</u>	<u>44,705</u>
<b>TOTAL FUNDS</b>	<u>44,922</u>	<u>18,788</u>	<u>63,710</u>

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2025

### 7. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	210,478	(206,171)	4,307
<b>Restricted funds</b>			
Young Leaders programme	9,978	(11,310)	(1,332)
London Community Foundation	-	(6,592)	(6,592)
Addison Youth Club 2023-24 Funding	-	(5,293)	(5,293)
Brighter Futures 2023-24 (YEF)	-	(4,546)	(4,546)
Eat End Community Foundation - Tower			
Hamlets Community Chest	-	(2,000)	(2,000)
Cripplegate Foundation 22-23	-	(1,428)	(1,428)
Cripplegate Foundation 2023-24	-	(5,000)	(5,000)
John Lyons Charity - Brent Courses	-	(833)	(833)
Sherborne in the Community	-	(3,200)	(3,200)
Addison Youth 2024-25	8,974	(8,974)	-
Hackney Foodbank Community Fund	19,652	(14,682)	4,970
LHC Community Benefit Fund	5,000	(5,000)	-
Mary's Young chefs - London Youth CVC	3,933	(3,933)	-
Westminster Community Contribution Fund	8,868	(8,868)	-
The Mount Small Grants	3,000	(3,000)	-
Camden Giving - We Make Camden	1,986	(1,986)	-
London Youth NCS Project	3,518	(3,518)	-
Anchor - Islington Funding	5,000	(3,333)	1,667
Lottery AFA 2025-27	20,000	-	20,000
LY CVC Summer Grants 2025	3,000	(3,000)	-
Staff training - Young Camden foundation			
funding for heads up mental health	2,700	-	2,700
Weavers Project	2,000	(574)	1,426
Westminster Foundation 2025-26	8,060	(1,266)	6,794
United St Saviours - First payment from St			
Saviours for Appleby Blue project	1,000	(1,000)	-
London Borough of H&F - Funding for			
Tudor Rose courses	4,000	(4,000)	-
Camden Giving - We Make Camden	<u>7,148</u>	<u>-</u>	<u>7,148</u>
	<u>117,817</u>	<u>(103,336)</u>	<u>14,481</u>
<b>TOTAL FUNDS</b>	<u>328,295</u>	<u>(309,507)</u>	<u>18,788</u>

We have continued with session delivery in most of the London boroughs in which we operate thanks to successful fundraising from a mix of national, regional and local trusts and foundations. We currently have about 25 active partnerships, delivering on average 15 sessions per week in each given academic term.

## EAT CLUB

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2025

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#### 7. MOVEMENT IN FUNDS - continued

London Youth - NCS underspend due to withdrawal Eat Club CVC Grant

Eat Club collaborated with Mary's to enable some of Islington's most underprivileged young people to acquire personal and professional development skills. 12 young people participated in a series of cooking workshops across 5 days in Summer 2024. They engaged in 3 days of Eat Club sessions that developed their cooking skills and build their confidence, followed by participation in one day of industry training, providing them with meaningful work experience.

London Borough of H&F - Funding for Tudor Rose courses

To run 4 Eat Club courses in the Tudor Rose Community Centre with The Harrow Club and Fulham FC. Each course consisted of 6 2-hour sessions held weekly in the Centre kitchen. A highly trained Eat Club session leader coached a group of up to 12 young people through the cooking programme.

Weavers Benevolent Trust - Weavers funding 2025

Eat Club received funding from the Trust to deliver 2 Young Chef courses for 20 students from Pupil Referral Units (PRUs) across London. Each 6-week course would bring Eat Club's professional chefs to engage with at-risk youth, aiming to build confidence, enhance cooking skills and nutritional knowledge, and foster meaningful social connections.

The London Community Foundation - LCF Anchor funding - Islington

This funding allowed Eat Club to deliver its impactful work in Islington, where we didn't have funding to continue work in the borough with our local youth partners (Soapbox, Mary's, Rose Bowl and CYP). We sought funding to run 5 Young Chef courses with established partners, while allowing us to build new partnerships.

Westminster Foundation - Westminster Foundation funding 2025

This funding enabled Eat Club to deliver six Young Chef courses in Westminster (Westbourne Park FC, Churchill Gardens & Amberley, The Avenues, and Feathers) between April and August 2025, strengthening our longstanding partnerships with local youth organisations.

The London Community Foundation - 2nd year of funding from Hackney Foodbank

In its second year of the funding, the funding enabled us to run 6 6-week courses with 4 youth partners in Hackney, reaching 75 disadvantaged young people (aged 11-24).

United St Saviours - First payment from St Saviours for Appleby Blue Project

Eat Club will deliver three six-week courses with two-hour cooking lessons. Each session will engage up to 12 young people in preparing and enjoying a two-course meal together. Eat Club will engage secondary school pupils at risk of exclusion or those already excluded and in Southwark's Pupil Referral Units (PRUs) who face significant social and educational challenges. Eat Club will empower vulnerable students through positive group cooking activities.

## **EAT CLUB**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2025**

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#### **7. MOVEMENT IN FUNDS - continued**

Camden Council - We Make Camden Project Fund

This funding allows Eat Club to continue its impactful work in the borough with our local youth partners. We seeked funding to run 6 Young Chef courses in Camden with established partners commencing in April 2025 concluding by March 2026.

National Lottery Community Fund - Lottery AFA funding 2025-27

We will run 18 Young Chef six-week courses over 2 years in collaboration with our established partners in London, supporting 200 disadvantaged youths aged 11-24. Each week, under the guidance of an Eat Club chef, up to 12 young people will spend 2 hours preparing and enjoying a healthy two-course meal focused on confidence building, teamwork, improving cooking skills, nutrition and healthy eating.

London Youth - First payment for CVC London Youth Summer Grants 2025 Summer Skills Grants 2025

Eat Club collaborated with SYDRC to enable some of Camden's most underprivileged young people from the Somali community to acquire personal and professional development skills. 12 young people participated in a series of cooking workshops across 5 days. They engaged in 3 days of Eat Club sessions that develop their cooking skills and build their confidence, followed by participation in two days of industry training, providing them with meaningful work experience.

Young Camden Foundation - Funding for Heads Up Mental Health

Eat Club received funding from the Young Camden Foundation to train up our chef team to better work and engage with young people who are suffering from poor mental health. This awareness training will benefit the entire team and ensure better outcomes for young people who participate in our courses.

#### **8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 August 2025.

**EAT CLUB**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 AUGUST 2025**

	2025	2024
<b>INCOME AND ENDOWMENTS</b>		
	£	£
<b>Donations and legacies</b>		
Donations	26,606	9,259
<b>Charitable activities</b>		
Fees	<u>129,671</u>	<u>162,759</u>
<b>Total incoming resources</b>	156,277	172,018
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	32,742	17,379
Teacher fees	35,411	51,803
Direct cost purchases	19,375	21,689
Advertising and marketing	7,176	5,353
Consultancy	2,559	2,182
Computer and IT	1,098	699
Other	<u>2,757</u>	<u>1,821</u>
	101,118	100,926
<b>Other</b>		
Wages	43,338	44,418
Pensions	4,180	1,299
Staff training	1,963	1,331
Entertainment	740	1,106
Subsistence	851	1,646
Computer, IT admin and phone	125	122
Rent	1,200	130
Other administration costs	<u>789</u>	<u>976</u>
	53,186	50,744
<b>Support costs</b>		
<b>Governance costs</b>		
Insurance	616	556
Accountancy and legal fees	<u>1,182</u>	<u>1,179</u>
	1,798	1,735
<b>Total resources expended</b>	<u>156,102</u>	<u>153,405</u>
<b>Net income/(expenditure)</b>	175	18,613

This page does not form part of the statutory financial statements