

REGISTERED CHARITY NUMBER: 1179229

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2024  
FOR  
EAT CLUB**



Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

**EAT CLUB**  
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**FOR THE YEAR ENDED 31 AUGUST 2024**

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## **EAT CLUB**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 AUGUST 2024**

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The trustees present their report with the financial statements of the charity for the year ended 31 August 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

1. To improve and protect the health of young people and those people with poorer life chances, particularly, but not exclusively, by promoting healthy eating and an improved understanding of good nutrition.
2. The advancement of education of young people in cooking skills, food preparation and healthy eating.

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

##### **Significant activities**

Eat Club engages underprivileged young people through the art of cooking and the enjoyment of eating - together. Our mission is to tackle inequalities around food, wellbeing, and professional opportunities experienced by young Londoners. Highly trained session leaders coach groups of young people (aged 11-24) through a programme in the fundamentals of cooking; sharing with them the nutritional knowledge, budgeting and practical skills necessary to develop healthy lifestyle habits in the face of current food and health inequality.

Eat Club offers more than cooking as an activity; we harness the expertise of professional chefs and cooks using food as a powerful medium to improve health and wellbeing, combat social isolation, and enhance employability prospects. We collaborate with youth projects, community centres, homelessness charities and schools to develop bespoke programmes appropriate to the needs of the young people and the communities in which we operate

Eat Club also runs a parallel Young Leaders Programme that involves a mix of tailored mentoring support to develop confidence and leadership skills in conjunction with Eat Club-centred coaching, involvement in youth forums and invitations to Eat Club board meetings. This youth-led decision-making mechanism integrates and amplifies the voices of young people within our organisation and ensures that the charity moves in directions that are useful to the young people we aim to support.

##### **Public benefit**

The Trustees confirm they have given regard to the guidance on public benefit.

## **EAT CLUB**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 AUGUST 2024**

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#### **OBJECTIVES AND ACTIVITIES**

##### **Main Achievements**

Since 2014, Eat Club has excelled in delivering impactful cooking courses for London's youth. Our recent achievements include running over 500 sessions last year, engaging more than 800 young people, and serving 7,800 healthy meals. Our monitoring shows significant benefits: 85% of participants report increased cooking confidence, 87% are more willing to try new foods, 75% waste less food, and they eat more fruits and vegetables. Most beneficiaries identify as Black, African, Caribbean, or Black British. Additionally, 96% would recommend Eat Club.

Due to our holistic approach to wellbeing and youth employability, the fruits of each project will last well beyond its official end. Through our robust monitoring and evaluation, we find that participants in Eat Club courses;

- Increase their confidence and self-esteem through the learning and practice of new skills
- Experience increased enjoyment in the preparation and consumption of healthy food
- Understand the links between food consumption and physical and mental health
- Decrease feelings of social isolation through communal cooking and eating
- Gain industry-standard culinary knowledge, skills, and experience
- Develop their transferable skills (e.g. time management, teamwork, organisation, creativity)
- Be exposed to exciting career possibilities within the food industry
- These outcomes are linked to more than just the training opportunity but seek to improve and sustain their long-term physical, mental, and social wellbeing

Our Young Leaders Programme, launched in 2021, empowers youth voices, ensuring our programs meet their needs and the needs of young Londoners. This program keeps us responsive and relevant to the community we serve.

Eat Club is currently delivering a two-year contract on behalf of Hackney Council, cooking with adults and families and increasing the overall knowledge of borough residents; supporting them to acquire a healthy and sustainable diet.

Eat Club is also a delivery partner to the King's Trust for its Get Started programme, engaging 16-24 year olds not in education, employment or training to give them a first introduction into cooking and hospitality.

Here is a quote received from one of our partners, the Sulgrave Club:

"Eat Club have been delivering healthy, sustainable cooking classes at The Sulgrave Club since April 2022. During this time, Eat Club have provided high quality chefs to work with children & young people. Being able to host Eat Club has not only enabled our members to take part in a fun and interesting session, but they have been learning valuable life skills under the direction of experienced, knowledgeable, qualified chefs.

Young people are not only improving their cooking skills but gaining a greater understanding of where food comes from, how it's grown, how to shop more sustainably and the impact our environment has on the production of food. Eat Club have been an excellent addition to our youth programme, and we look forward to continuing to work with them in the future."

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Charity aims to hold between 3 and 6 months operating costs in unrestricted reserves, this is reviewed regularly.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document and Constitution**

Eat Club CIO is governed by its Constitution.

##### **Induction and training of new trustees**

As a small charity there are no specified selection methods, but consideration is given to a balanced trustee board and to specific skill requirements when replacing or adding trustees.

**EAT CLUB**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 AUGUST 2024**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1179229

**Principal address**

Hackney Cooperative Development  
62 Beechwood Road  
London  
E8 3DY

**Trustees**

P W Brown - (Chair)  
T Tricks - (Clerk) (resigned 8.8.24)  
D M Webb - (Deputy chair)  
A Campbell - (Chair) (removed 8.8.24)  
C Leung  
C Chandler  
M Magecha (appointed 7.11.24)

**Independent Examiner**

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

Approved by order of the board of trustees on 12 April 2025 and signed on its behalf by:

*Peter Brown*

.....  
P W Brown - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
EAT CLUB**

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**Independent examiner's report to the trustees of Eat Club**

I report to the charity trustees on my examination of the accounts of Eat Club (the Trust) for the year ended 31 August 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Sanderson

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

Date: 16/4/2025

# EAT CLUB

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 AUGUST 2024

			Year Ended 31.8.24 Total funds £	Period 1.7.22 to 31.8.23 Total funds £
	Notes	Unrestricted fund £	Restricted funds £	
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies		9,259	-	6,053
<b>Charitable activities</b>				
Charitable activities		108,376	-	50,953
Young Leaders Programme		-	9,978	10,000
Brighter Futures		-	-	10,000
Cripplegate		-	-	10,000
John Lyons		-	-	5,000
Camden Young Leaders Project		-	-	1,551
Peabody Funding		-	-	8,240
Addison Youth Funding Hammersmith		-	8,974	8,820
Tower Hamlets Community Chest funding		-	-	5,000
North Kensington Project		-	-	17,040
Community Resilance Fund		-	-	7,200
Lambeth & Southwark fund		-	-	4,000
CVC summer funding		-	3,000	2,296
Hackney Foodbank Community Fund		-	9,826	-
LHC Community Benefit Fund		-	5,000	-
Westminster Community Contribution Fund		-	8,868	-
The Mount Small Grants		-	3,000	-
Camden Giving - We Make Camden		-	1,986	-
London Youth NCS Project		-	3,751	-
<b>Total</b>		<b>117,635</b>	<b>54,383</b>	<b>146,153</b>
<b>EXPENDITURE ON</b>				
<b>Charitable activities</b>				
Charitable activities		59,084	79	31,480
Sherborne in the Community		-	3,200	5,000
Young Leaders Programme		-	1,324	9,943
Brighter Futures		-	4,546	12,655
Peabody		-	-	3,156
Cripplegate		-	6,411	4,628
John Lyons		-	833	4,167
Camden Young Leaders Project		-	-	3,041
Peabody Funding		-	6,592	5,226
Addison Youth Funding Hammersmith		-	5,293	9,188
Hackney CVS Grants		-	-	7,790
Build up fund for Nutrition training		-	-	1,300
Tower Hamlets Community Chest funding		-	1,999	3,000
North Kensington Project		-	-	17,040
Community Resilance Fund		-	-	7,200
Lambeth & Southwark fund		-	-	800
CVC summer funding		-	2,894	2,296
Hackney Foodbank Community Fund		-	173	-
LHC Community Benefit Fund		-	5,000	-

The notes on page 8 -16 form part of these financial statements

**EAT CLUB**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 AUGUST 2024**

			<b>Year Ended 31.8.24 Total funds £</b>	<b>Period 1.7.22 to 31.8.23 Total funds £</b>
	Notes	Unrestricted fund £	Restricted funds £	
Westminster Community Contribution Fund		-	1,817	-
London Youth NCS Project		-	3,416	-
Other		<u>50,589</u>	<u>155</u>	<u>31,686</u>
<b>Total</b>		<u>109,673</u>	<u>43,732</u>	<u>159,596</u>
<b>NET INCOME/(EXPENDITURE)</b>		7,962	10,651	(13,443)
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward		<u>14,698</u>	<u>30,224</u>	<u>58,365</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>22,660</u>	<u>40,875</u>	<u>44,922</u>

The notes on pages 8 -16 form part of these financial statements



**EAT CLUB**  
**BALANCE SHEET**  
**31 AUGUST 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	5	3,620	-	3,620	-
Cash at bank		<u>27,121</u>	<u>43,714</u>	<u>70,835</u>	<u>50,599</u>
		30,741	43,714	74,455	50,599
<b>CREDITORS</b>					
Amounts falling due within one year	6	(8,081)	(2,839)	(10,920)	(5,677)
		<u>22,660</u>	<u>40,875</u>	<u>63,535</u>	<u>44,922</u>
<b>NET CURRENT ASSETS</b>					
		<u>22,660</u>	<u>40,875</u>	<u>63,535</u>	<u>44,922</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>22,660</u>	<u>40,875</u>	<u>63,535</u>	<u>44,922</u>
<b>NET ASSETS</b>		<u>22,660</u>	<u>40,875</u>	<u>63,535</u>	<u>44,922</u>
<b>FUNDS</b>	7				
Unrestricted funds				22,660	14,698
Restricted funds:					
Young Leaders programme				9,978	1,332
London Community Foundation				-	6,592
Addison Youth Club 2023-24 Funding				-	5,293
Brighter Futures 2023-24 (YEF)				-	4,546
Eat End Community Foundation - Tower				-	2,000
Hamlets Community Chest					
Cripplegate Foundation 22-23				-	1,428
Cripplegate Foundation 2023-24				-	5,000
John Lyons Charity - Brent Courses				-	833
Sherborne in the Community				-	3,200
Addison Youth 2024-25				8,974	-
Hackney Foodbank Community Fund				9,653	-
Westminster Community Contribution Fund				7,051	-
The Mount Small Grants				3,000	-
Camden Giving -We Make Camden				1,986	-
London Youth NCS Project				<u>233</u>	<u>-</u>
				<u>40,875</u>	<u>30,224</u>
<b>TOTAL FUNDS</b>				<u>63,535</u>	<u>44,922</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12 April 2025 and were signed on its behalf by:

*Peter Brown*  
.....  
P W Brown - Trustee

The notes on pages 8- 16 form part of these financial statements

## EAT CLUB

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2024

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The Financial Statements have been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities' (update bulletin 1 applying FRS 102) and the Charities Act 2011.

Eat Club CIO meets the definition of a public benefit entity under FRS 102.

The financial statements have been prepared in sterling, which is the functional currency of the entity.

Monetary amounts in these financial statements are rounded to the nearest pound.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due

##### **Financial instruments**

###### Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

###### Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2024

### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2024 nor for the period ended 31 August 2023.

#### Trustees' expenses

T Tricks was paid £760 for their duties as Clerk in the year to 31 August 2024 (£195 for 2023).

There were no other trustees' expenses paid for the year ended 31 August 2024 nor for the period ended 31 August 2023.

### 3. STAFF COSTS

	Year Ended 31.8.24 £	Period 1.7.22 to 31.8.23 £
Wages and salaries	61,797	67,647
Other pension costs	<u>1,299</u>	<u>3,473</u>
	<u>63,096</u>	<u>71,120</u>

The average monthly number of employees during the year was as follows:

	Year Ended 31.8.24	Period 1.7.22 to 31.8.23
Governance	1	1
Other	<u>2</u>	<u>3</u>
	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

### 4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	6,053	-	6,053
<b>Charitable activities</b>			
Charitable activities	50,953	-	50,953
Young Leaders Programme	-	10,000	10,000
Brighter Futures	-	10,000	10,000
Cripplegate	-	10,000	10,000
John Lyons	-	5,000	5,000
Camden Young Leaders Project	-	1,551	1,551
Peabody Funding	-	8,240	8,240
Addison Youth Funding Hammersmith	-	8,820	8,820
Tower Hamlets Community Chest funding	-	5,000	5,000

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2024**

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
North Kensington Project	-	17,040	17,040
Community Resilance Fund	-	7,200	7,200
Lambeth & Southwark fund	-	4,000	4,000
CVC summer funding	-	2,296	2,296
<b>Total</b>	<u>57,006</u>	<u>89,147</u>	<u>146,153</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	31,480	-	31,480
Sherborne in the Community	-	5,000	5,000
Young Leaders Programme	-	9,943	9,943
Brighter Futures	-	12,655	12,655
Peabody	-	3,156	3,156
Cripplegate	-	4,628	4,628
John Lyons	-	4,167	4,167
Camden Young Leaders Project	-	3,041	3,041
Peabody Funding	-	5,226	5,226
Addison Youth Funding Hammersmith	-	9,188	9,188
Hackney CVS Grants	-	7,790	7,790
Build up fund for Nutrition training	-	1,300	1,300
Tower Hamlets Community Chest funding	-	3,000	3,000
North Kensington Project	-	17,040	17,040
Community Resilance Fund	-	7,200	7,200
Lambeth & Southwark fund	-	800	800
CVC summer funding	-	2,296	2,296
Other	<u>31,610</u>	<u>76</u>	<u>31,686</u>
<b>Total</b>	<u>63,090</u>	<u>96,506</u>	<u>159,596</u>
<b>NET INCOME/(EXPENDITURE)</b>	(6,084)	(7,359)	(13,443)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	20,782	37,583	58,365
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>14,698</u>	<u>30,224</u>	<u>44,922</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2024**

<b>5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
Trade debtors		<u><b>3,620</b></u>	<u><b>-</b></u>
<b>6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
		<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
Trade creditors		<b>7,734</b>	<b>4,813</b>
Taxation and social security		<b>2,322</b>	<b>-</b>
Other creditors		<u><b>864</b></u>	<u><b>864</b></u>
		<u><b>10,920</b></u>	<u><b>5,677</b></u>
<b>7. MOVEMENT IN FUNDS</b>			
	At 1.9.23	Net movement in funds	At 31.8.24
	£	£	£
<b>Unrestricted funds</b>			
General fund	<b>14,698</b>	<b>7,962</b>	<b>22,660</b>
<b>Restricted funds</b>			
Young Leaders programme	<b>1,332</b>	<b>8,646</b>	<b>9,978</b>
London Community Foundation	<b>6,592</b>	<b>(6,592)</b>	<b>-</b>
Addison Youth Club 2023-24 Funding	<b>5,293</b>	<b>(5,293)</b>	<b>-</b>
Brighter Futures 2023-24 (YEF)	<b>4,546</b>	<b>(4,546)</b>	<b>-</b>
Eat End Community Foundation - Tower			
Hamlets Community Chest	<b>2,000</b>	<b>(2,000)</b>	<b>-</b>
Cripplegate Foundation 22-23	<b>1,428</b>	<b>(1,428)</b>	<b>-</b>
Cripplegate Foundation 2023-24	<b>5,000</b>	<b>(5,000)</b>	<b>-</b>
John Lyons Charity - Brent Courses	<b>833</b>	<b>(833)</b>	<b>-</b>
Sherborne in the Community	<b>3,200</b>	<b>(3,200)</b>	<b>-</b>
Addison Youth 2024-25	<b>-</b>	<b>8,974</b>	<b>8,974</b>
Hackney Foodbank Community Fund	<b>-</b>	<b>9,653</b>	<b>9,653</b>
Westminster Community Contribution			
Fund	<b>-</b>	<b>7,051</b>	<b>7,051</b>
The Mount Small Grants	<b>-</b>	<b>3,000</b>	<b>3,000</b>
Camden Giving - We Make Camden	<b>-</b>	<b>1,986</b>	<b>1,986</b>
London Youth NCS Project	<b>-</b>	<b>233</b>	<b>233</b>
	<u><b>30,224</b></u>	<u><b>10,651</b></u>	<u><b>40,875</b></u>
<b>TOTAL FUNDS</b>	<u><b>44,922</b></u>	<u><b>18,613</b></u>	<u><b>63,535</b></u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2024**

**7. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	117,635	(109,673)	7,962
<b>Restricted funds</b>			
Young Leaders programme	9,978	(1,332)	8,646
London Community Foundation	-	(6,592)	(6,592)
Addison Youth Club 2023-24 Funding	-	(5,293)	(5,293)
Brighter Futures 2023-24 (YEF)	-	(4,546)	(4,546)
Eat End Community Foundation - Tower			
Hamlets Community Chest	-	(2,000)	(2,000)
Cripplegate Foundation 22-23	-	(1,428)	(1,428)
Cripplegate Foundation 2023-24	-	(5,000)	(5,000)
John Lyons Charity - Brent Courses	-	(833)	(833)
Sherborne in the Community	-	(3,200)	(3,200)
Addison Youth 2024-25	8,974	-	8,974
Hackney Foodbank Community Fund	9,826	(173)	9,653
LHC Community Benefit Fund	5,000	(5,000)	-
Mary's Young chefs - London Youth CVC	3,000	(3,000)	-
Westminster Community Contribution			
Fund	8,868	(1,817)	7,051
The Mount Small Grants	3,000	-	3,000
Camden Giving - We Make Camden	1,986	-	1,986
London Youth NCS Project	3,751	(3,518)	233
	<u>54,383</u>	<u>(43,732)</u>	<u>10,651</u>
<b>TOTAL FUNDS</b>	<u>172,018</u>	<u>(153,405)</u>	<u>18,613</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 AUGUST 2024**

**7. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.7.22 £	Net movement in funds £	At 31.8.23 £
<b>Unrestricted funds</b>			
General fund	20,782	(6,084)	14,698
<b>Restricted funds</b>			
Cripplegate	1,056	(1,056)	-
Sherbourne in the Community	5,000	(5,000)	-
Brighter Futures	7,201	(7,201)	-
Young Leaders programme	1,311	21	1,332
Camden Giving	1,490	(1,490)	-
London Community Foundation	6,776	(184)	6,592
Addison Youth Club	5,659	(5,659)	-
Hackney Council	7,790	(7,790)	-
Young Camden Foundation	1,300	(1,300)	-
Addison Youth Club 2023-24 Funding	-	5,293	5,293
Brighter Futures 2023-24 (YEF)	-	4,546	4,546
Eat End Community Foundation - Tower			
Hamlets Community Chest	-	2,000	2,000
Cripplegate Foundation 22-23	-	1,428	1,428
Cripplegate Foundation 2023-24	-	5,000	5,000
John Lyons Charity - Brent Courses	-	833	833
Sherborne in the Community	-	3,200	3,200
	<u>37,583</u>	<u>(7,359)</u>	<u>30,224</u>
<b>TOTAL FUNDS</b>	<u>58,365</u>	<u>(13,443)</u>	<u>44,922</u>

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2024

### 7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	57,006	(63,090)	(6,084)
<b>Restricted funds</b>			
Cripplegate	-	(1,056)	(1,056)
Sherbourne in the Community	-	(5,000)	(5,000)
Brighter Futures	-	(7,201)	(7,201)
Young Leaders programme	10,000	(9,979)	21
Camden Giving	-	(1,490)	(1,490)
London Community Foundation	8,240	(8,424)	(184)
Addison Youth Club	-	(5,659)	(5,659)
Hackney Council	-	(7,790)	(7,790)
Young Camden Foundation	-	(1,300)	(1,300)
Addison Youth Club 2023-24 Funding	8,820	(3,527)	5,293
Brighter Futures 2023-24 (YEF)	10,000	(5,454)	4,546
Camden Council - Community Resilience Fund	7,200	(7,200)	-
Camden Giving - Camden Young Leader's Project	1,551	(1,551)	-
Eat End Community Foundation - Tower Hamlets Community Chest	5,000	(3,000)	2,000
Grove Trust	17,040	(17,040)	-
Cripplegate Foundation 22-23	5,000	(3,572)	1,428
Cripplegate Foundation 2023-24	5,000	-	5,000
John Lyons Charity - Brent Courses	5,000	(4,167)	833
Sherborne in the Community	4,000	(800)	3,200
MARCO Alidoro, Mary's Youth Club	2,296	(2,296)	-
	<u>89,147</u>	<u>(96,506)</u>	<u>(7,359)</u>
<b>TOTAL FUNDS</b>	<u>146,153</u>	<u>(159,596)</u>	<u>(13,443)</u>

We have continued with session delivery in most of the London boroughs in which we operate thanks to successful fundraising from a mix of national, regional and local trusts and foundations. We currently have about 25 active partnerships, delivering on average 15 sessions per week in each given academic term.

#### Addison Youth Club - Addison Youth funding 2023-24

The funding received is for running ten 6-week courses with current partners in Hammersmith & Fulham across the year for which funding is awarded. These courses aim to develop the relationship young people have with food and each other, resulting in their increased physical, mental, and social wellbeing.

#### Cripplegate Foundation - Islington Community Chest funding (2023-24)

This funding enables Eat Club to continue its impactful work in Islington where we have been building fruitful relationships with partner organisations since 2016. If awarded this funding we would be able to run 5 courses consisting of 6 sessions per course with some of our current partners: Soapbox, Copenhagen Youth Project, Rose Bowl, Hugh Cubitt, Islington Play Association, and Mary's Youth Club.



## EAT CLUB

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2024

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#### 7. MOVEMENT IN FUNDS - continued

##### **LHC Community Benefit Fund**

Fully Delivered

The funding received is for running eight 6-week courses with current partners in Hammersmith & Fulham across the year for which funding is awarded. These courses aim to develop the relationship young people have with food and each other, resulting in their increased physical, mental, and social wellbeing.

##### **Addison Youth Club - Addison Youth funding 2024-25**

some to be completed in 2024-25 accounting year

This funding will allow Eat Club to continue its impactful work in the borough with our local partners and we would be keen for the opportunity to initiate new partnerships in the area with organisations who have highlighted a growing demand for food and skills-related services. If awarded this funding we would run 8 courses consisting of 6-sessions each over the next year, directly benefitting around 85 young people in the borough. We will start delivering sessions from April 2024.

##### **Hackney Foodbank Community Fund**

Money received for 2 years

This series of Eat Club courses in Hackney is designed to develop the relationship young people have with food, themselves, and each other resulting in increased physical, mental, and social wellbeing. The project will achieve these overall aims by running 5 courses across the borough over 12 months with our Hackney-based partners. Each course will see a group of up to 12 young people gathering once a week for two hours to cook and eat together.

##### **Westminster Community Contribution Fund**

Each 6-week Eat Club course will see a group of up to 12 young people gathering once a week in the kitchen of our partner organisations for two hours to cook and eat together. This funding will enable Eat Club to run 8 courses across Westminster over 12 months.

##### **Mary's Young Chefs - London Youth CVC grants**

Fully Delivered. Some funding to be received in current financial year

Eat Club has collaborated with Mary's Youth Club to enable some of Islington's most underprivileged young people to acquire personal and professional development skills. 12 young people participated in a series of workshops across 6 days in August 2024. They engaged in 3 days of Eat Club workshops that developed their cooking skills and built their confidence, followed by participation in 2 days of industry training in the kitchens of some of London's top eateries.

##### **The Mount Small Grants**

This series of Eat Club courses is designed to develop the relationship young people have with food, themselves, and each other resulting in increased physical, mental, and social wellbeing. Preparing and eating a meal together, as a group, and sharing their stories over food reconnect the young people with vital aspects of social life, radically improving their self-esteem and confidence. The funding will enable Eat Club to deliver 3 6-week courses.

##### **We Make Camden fund**

This funding is for the delivery of 2 courses of 6-sessions each, in which our professionally trained chefs will empower disadvantaged youth by imparting essential culinary skills and knowledge for a healthy, independent life.

##### **NCS course**

This funding was for the delivery of an NCS project through London Youth. The 9-months long project saw 16 and 17 year olds build essential skills for work and life, making sure they can get ahead and are prepared for whatever the future holds.

## **EAT CLUB**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 AUGUST 2024**

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#### **7. MOVEMENT IN FUNDS - continued**

##### **CVC London Youth**

12 young people participated in a series of cooking workshops across 5 days in Summer 2024. They engaged in 3 days of Eat Club sessions that develop their cooking skills and build their confidence, followed by participation in one day of industry training, providing them with meaningful work experience. They hosted a celebration meal on the final day to invited guests, and worked to achieve a food and hygiene level 2 accreditation.

#### **8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 August 2024.

**EAT CLUB**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 AUGUST 2024**

	Year Ended 31.8.24	Period 1.7.22 to 31.8.23
<b>INCOME AND ENDOWMENTS</b>		
	£	£
<b>Donations and legacies</b>		
Donations	9,259	6,053
<b>Charitable activities</b>		
Fees	<u>162,759</u>	<u>140,100</u>
<b>Total incoming resources</b>	<b>172,018</b>	<b>146,153</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	17,379	43,505
Teacher fees	51,803	51,374
Direct cost purchases	21,689	18,366
Advertising and marketing	5,353	5,332
Consultancy	2,182	4,610
Computer and IT	699	475
Staff training	-	2,035
Other	<u>1,821</u>	<u>687</u>
	<b>100,926</b>	<b>126,384</b>
<b>Other</b>		
Wages	44,418	24,142
Pensions	1,299	3,473
Staff training	1,331	973
Entertainment	1,106	1,056
Subsistence	1,646	972
Computer, IT admin and phone	122	94
Rent	130	-
Other administration costs	<u>692</u>	<u>976</u>
	<b>50,744</b>	<b>31,686</b>
<b>Support costs</b>		
<b>Governance costs</b>		
Insurance	556	350
Accountancy and legal fees	<u>1,179</u>	<u>1,176</u>
	<b>1,735</b>	<b>1,526</b>
<b>Total resources expended</b>	<b><u>153,405</u></b>	<b><u>159,596</u></b>
<b>Net income/(expenditure)</b>	<b><u>18,613</u></b>	<b><u>(13,443)</u></b>

This page does not form part of the statutory financial statements