

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023  
FOR  
EAT CLUB**



Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

**EAT CLUB**

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FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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**EAT CLUB**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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The trustees present their report with the financial statements of the charity for the period 1 July 2022 to 31 August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

1. To improve and protect the health of young people and those people with poorer life chances, particularly, but not exclusively, by promoting healthy eating and an improved understanding of good nutrition.
2. The advancement of education of young people in cooking skills, food preparation and healthy eating.

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

**Significant activities**

Eat Club is a London-based charity founded in 2014. Our vision is a future where every young Londoner is empowered with the skills and knowledge to lead a healthy and fulfilling life, achieved through nourishment of both mind and body. Our mission is to tackle the stark inequalities around food, well-being, and employment and development opportunities experienced by young Londoners. Through the art of cooking and the joy of eating together, we empower disadvantaged youth towards independence. Our session leaders coach groups of young people (aged 11-24) through a programme in the fundamentals of cooking; sharing with them the knowledge and practical skills necessary to develop healthy lifestyle habits in the face of current food and health inequality. Eat Club is more than an activity, we leverage the expertise of trained chefs to enhance health, combat isolation, and boost employability. By collaborating with youth organisations, we tailor bespoke programmes to meet the unique needs of young people and their communities.

Eat Club also runs a parallel Young Leaders Programme that involves a mix of tailored mentoring support to develop confidence and leadership skills in conjunction with Eat Club-centred coaching, involvement in youth forums and invitations to Eat Club board meetings. This youth-led decision-making mechanism integrates and amplifies the voices of young people within our organisation and ensures that the charity moves in directions that are useful to the young people we aim to support.

**Public benefit**

The Trustees confirm they have given regard to the guidance on public benefit.

## **EAT CLUB**

### **REPORT OF THE TRUSTEES FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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#### **OBJECTIVES AND ACTIVITIES**

##### **Main Achievements**

Eat Club has been delivering high-impact food and cooking courses with young people from across London since 2014. On average we run 70 courses, across 10 boroughs, engaging over 800 participants per year. We couldn't have achieved this success without a strong network of partners who highly value our work. We currently have active partnerships with 39 organisations who are increasingly willing to pay for our services in the absence of funding. We value the perception of our partners as they are the hubs of youth work in London, confirming the high impact that our courses have on the young people they work with.

Due to our holistic approach to wellbeing and youth employability, the fruits of each project will last well beyond its official end. Through our robust monitoring and evaluation, we find that participants in Eat Club courses;

- Increase their confidence and self-esteem through the learning and practice of new skills
- Experience increased enjoyment in the preparation and consumption of healthy food
- Understand the links between food consumption and physical and mental health
- Decrease feelings of social isolation through communal cooking and eating
- Gain industry-standard culinary knowledge, skills, and experience
- Develop their transferable skills (e.g. time management, team work, organisation, creativity)
- Be exposed to exciting career possibilities within the food industry
- These outcomes are linked to more than just the training opportunity but seek to improve and sustain their long-term physical, mental, and social wellbeing

We are proud of our Young Leaders Programme, initiated in 2021. This programme brings the voice of young people to the centre of the organisation's work, asks them how they see their own development and makes sure that Eat Club stays responsive to their needs and the needs of the young Londoners we work with.

Here is a quote received from one of our partners, the Baytree Centre:

"Cookery sessions have always been the most popular at the Baytree Centre, with Eat Club delivering weekly sessions we have been able to offer this great opportunity to more girls.

During the sessions girls not only learn different recipes but they get to experience how to plan a menu (starter, main dish, and dessert), how to incorporate healthy ingredients and vegetables to recipes, and a variety of cooking techniques.

All of our girls attending the sessions have expressed their love and interest for cooking has increased, and most of them have cooked some of the recipes at home, bringing their families the warmth of a meal prepared with care and love."

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Charity aims to hold between 3 and 6 months operating costs in unrestricted reserves, this is reviewed regularly.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document and Constitution**

Eat Club CIO is governed by its Constitution.

##### **Induction and training of new trustees**

As a small charity there are no specified selection methods, but consideration is given to a balanced trustee board and to specific skill requirements when replacing or adding trustees.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1179229

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**EAT CLUB**

**REPORT OF THE TRUSTEES  
FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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**Principal address**

Hackney Cooperative Development  
62 Beechwood Road  
London  
E8 3DY

**Trustees**

P W Brown - (Interim Chair)  
T Tricks - (Clerk)  
M Caraher (resigned 1.2.23)  
D M Webb - (Deputy chair)  
A Campbell - (Chair)  
J Chong (resigned 31.5.23)  
C Leung (appointed 14.8.23)  
C Chandler (appointed 14.8.23)

**Independent Examiner**

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

Approved by order of the board of trustees on 19 April 2024 and signed on its behalf by:

*Peter F. Brown*

P W Brown - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
EAT CLUB**

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**Independent examiner's report to the trustees of Eat Club**

I report to the charity trustees on my examination of the accounts of Eat Club (the Trust) for the period 1 July 2022 to 31 August 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Sanderson

Liles Morris Limited  
1st Floor  
80 Coombe Road  
New Malden  
Surrey  
KT3 4QS

19 April 2024

# EAT CLUB

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

			Period 1.7.22 to 31.8.23	Year Ended 30.6.22
	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies		6,053	-	6,053
<b>Charitable activities</b>				
Charitable activities		50,953	-	50,953
Sherborne in the Community		-	-	5,000
Young Leaders Programme		-	10,000	10,000
The Harrow Club (K&C Foundation)		-	-	2,400
Hackney Quest		-	-	2,840
Brighter Futures		-	10,000	10,000
Cripplegate		-	10,000	10,000
Young Grantmakers		-	-	8,490
John Lyons		-	5,000	5,000
Camden Young Leaders Project		-	1,551	1,551
Peabody Funding		-	8,240	8,240
Addison Youth Funding Hammersmith		-	8,820	8,820
Hackney CVS Grants		-	-	7,790
Build up fund for Nutrition training		-	-	1,300
Tower Hamlets Community Chest funding		-	5,000	5,000
North Kensington Project		-	17,040	17,040
Community Resilance Fund		-	7,200	7,200
Lambeth & Southwark fund		-	4,000	4,000
CVC summer funding		-	2,296	2,296
<b>Total</b>		<b>57,006</b>	<b>89,147</b>	<b>146,153</b>
<b>EXPENDITURE ON</b>				
<b>Charitable activities</b>				
Charitable activities		31,480	-	31,480
Sherborne in the Community		-	5,000	5,000
Young Leaders Programme		-	9,943	9,943
Magic Little Grants		-	-	500
The Harrow Club (K&C Foundation)		-	-	2,400
Cripplegate (Soapbox)		-	-	5,000
Hackney Quest		-	-	2,840
Brighter Futures		-	12,655	12,655
Peabody		-	3,156	3,156
Cripplegate		-	4,628	4,628
Young Grantmakers		-	-	7,431
John Lyons		-	4,167	4,167
Camden Young Leaders Project		-	3,041	3,041
Peabody Funding		-	5,226	5,226
Addison Youth Funding Hammersmith		-	9,188	9,188
Hackney CVS Grants		-	7,790	7,790
Build up fund for Nutrition training		-	1,300	1,300
Tower Hamlets Community Chest funding		-	3,000	3,000
North Kensington Project		-	17,040	17,040

The notes form part of these financial statements

# EAT CLUB

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

				Period 1.7.22 to 31.8.23 Total funds £	Year Ended 30.6.22 Total funds £
	Notes	Unrestricted fund £	Restricted funds £		
Community Resilance Fund		-	7,200	7,200	-
Lambeth & Southwark fund		-	800	800	-
CVC summer funding		-	2,296	2,296	-
Other		<u>31,610</u>	<u>76</u>	<u>31,686</u>	<u>10,419</u>
<b>Total</b>		<u>63,090</u>	<u>96,506</u>	<u>159,596</u>	<u>70,097</u>
<b>NET INCOME/(EXPENDITURE)</b>		(6,084)	(7,359)	(13,443)	11,501
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		20,782	37,583	58,365	46,864
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>14,698</u>	<u>30,224</u>	<u>44,922</u>	<u>58,365</u>

The notes form part of these financial statements



# EAT CLUB

## BALANCE SHEET 31 AUGUST 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		19,637	30,962	50,599	60,712
<b>CREDITORS</b>					
Amounts falling due within one year	5	(4,939)	(738)	(5,677)	(2,347)
<b>NET CURRENT ASSETS</b>		<u>14,698</u>	<u>30,224</u>	<u>44,922</u>	<u>58,365</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>14,698</u>	<u>30,224</u>	<u>44,922</u>	<u>58,365</u>
<b>NET ASSETS</b>		<u>14,698</u>	<u>30,224</u>	<u>44,922</u>	<u>58,365</u>
<b>FUNDS</b>	6				
Unrestricted funds				14,698	20,782
Restricted funds:					
Cripplegate				-	1,056
Sherbourne in the Community				-	5,000
Brighter Futures				-	7,201
Young Leaders programme				1,332	1,311
Camden Giving				-	1,490
London Community Foundation				6,592	6,776
Addison Youth Club				-	5,659
Hackney Council				-	7,790
Young Camden Foundation				-	1,300
Addison Youth Club 2023-24 Funding				5,293	-
Brighter Futures 2023-24 (YEF)				4,546	-
Eat End Community Foundation - Tower				2,000	-
Hamlets Community Chest					
Cripplegate Foundation 22-23				1,428	-
Cripplegate Foundation 2023-24				5,000	-
John Lyons Charity - Brent Courses				833	-
Sherborne in the Community				3,200	-
				<u>30,224</u>	<u>37,583</u>
<b>TOTAL FUNDS</b>				<u>44,922</u>	<u>58,365</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 19 April 2024 and were signed on its behalf by:

*Peter Fisher Brown*

P W Brown - Trustee

The notes form part of these financial statements

## EAT CLUB

### NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The Financial Statements have been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities' (update bulletin 1 applying FRS 102) and the Charities Act 2011.

Eat Club CIO meets the definition of a public benefit entity under FRS 102.

The financial statements have been prepared in sterling, which is the functional currency of the entity.

Monetary amounts in these financial statements are rounded to the nearest pound.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Taxation**

The charity is exempt from tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due

##### **Financial instruments**

###### Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

###### Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

### 2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 August 2023 nor for the year ended 30 June 2022.

#### Trustees' expenses

T Tricks was paid £195 for their duties as Clerk in the period to 31 August 2023 (Nil for 2022).

There were no other trustees' expenses paid for the period ended 31 August 2023 nor for the year ended 30 June 2022.

### 3. STAFF COSTS

	Period 1.7.22 to 31.8.23 £	Year Ended 30.6.22 £
Wages and salaries	56,475	26,422
Social security costs	11,172	3,331
Other pension costs	<u>3,473</u>	<u>781</u>
	<u><u>71,120</u></u>	<u><u>30,534</u></u>

The average monthly number of employees during the period was as follows:

	Period 1.7.22 to 31.8.23	Year Ended 30.6.22
Governance	1	1
Other	<u>3</u>	<u>2</u>
	<u><u>4</u></u>	<u><u>3</u></u>

No employees received emoluments in excess of £60,000.

### 4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	7,657	3,713	11,370
<b>Charitable activities</b>			
Charitable activities	10,714	-	10,714
Sherborne in the Community	-	5,000	5,000
The Harrow Club (K&C Foundation)	-	2,400	2,400
Hackney Quest	-	2,840	2,840
Brighter Futures	-	8,400	8,400
Young Grantmakers	-	8,490	8,490
John Lyons	-	1,440	1,440
Camden Young Leaders Project	-	6,204	6,204

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
Peabody Funding	-	8,240	8,240
Addison Youth Funding Hammersmith	-	7,410	7,410
Hackney CVS Grants	-	7,790	7,790
Build up fund for Nutrition training	-	1,300	1,300
<b>Total</b>	<u>18,371</u>	<u>63,227</u>	<u>81,598</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	10,541	-	10,541
Sherborne in the Community	-	4,396	4,396
Young Leaders Programme	-	11,173	11,173
Magic Little Grants	-	500	500
The Harrow Club (K&C Foundation)	-	2,400	2,400
Cripplegate (Soapbox)	-	5,000	5,000
Hackney Quest	-	2,840	2,840
Brighter Futures	-	6,199	6,199
Young Grantmakers	-	7,431	7,431
John Lyons	-	1,440	1,440
Camden Young Leaders Project	-	4,545	4,545
Peabody Funding	-	1,463	1,463
Addison Youth Funding Hammersmith	-	1,750	1,750
Other	<u>9,760</u>	<u>659</u>	<u>10,419</u>
<b>Total</b>	<u>20,301</u>	<u>49,796</u>	<u>70,097</u>
<b>NET INCOME/(EXPENDITURE)</b>	(1,930)	13,431	11,501
<b>Transfers between funds</b>	<u>(5,000)</u>	<u>5,000</u>	<u>-</u>
<b>Net movement in funds</b>	(6,930)	18,431	11,501
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>27,712</u>	<u>19,152</u>	<u>46,864</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>20,782</u>	<u>37,583</u>	<u>58,365</u>

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Trade creditors	4,813	1,483
Other creditors	<u>864</u>	<u>864</u>
	<u><b>5,677</b></u>	<u><b>2,347</b></u>

**6. MOVEMENT IN FUNDS**

	At 1.7.22	Net movement in funds	At 31.8.23
	£	£	£
<b>Unrestricted funds</b>			
General fund	20,782	(6,084)	14,698
<b>Restricted funds</b>			
Cripplegate	1,056	(1,056)	-
Sherbourne in the Community	5,000	(5,000)	-
Brighter Futures	7,201	(7,201)	-
Young Leaders programme	1,311	21	1,332
Camden Giving	1,490	(1,490)	-
London Community Foundation	6,776	(184)	6,592
Addison Youth Club	5,659	(5,659)	-
Hackney Council	7,790	(7,790)	-
Young Camden Foundation	1,300	(1,300)	-
Addison Youth Club 2023-24 Funding	-	5,293	5,293
Brighter Futures 2023-24 (YEF)	-	4,546	4,546
Eat End Community Foundation - Tower			
Hamlets Community Chest	-	2,000	2,000
Cripplegate Foundation 22-23	-	1,428	1,428
Cripplegate Foundation 2023-24	-	5,000	5,000
John Lyons Charity - Brent Courses	-	833	833
Sherborne in the Community	<u>-</u>	<u>3,200</u>	<u>3,200</u>
	<u><b>37,583</b></u>	<u><b>(7,359)</b></u>	<u><b>30,224</b></u>
<b>TOTAL FUNDS</b>	<u><b>58,365</b></u>	<u><b>(13,443)</b></u>	<u><b>44,922</b></u>

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

### 6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	57,006	(63,090)	(6,084)
<b>Restricted funds</b>			
Cripplegate	-	(1,056)	(1,056)
Sherbourne in the Community	-	(5,000)	(5,000)
Brighter Futures	-	(7,201)	(7,201)
Young Leaders programme	10,000	(9,979)	21
Camden Giving	-	(1,490)	(1,490)
London Community Foundation	8,240	(8,424)	(184)
Addison Youth Club	-	(5,659)	(5,659)
Hackney Council	-	(7,790)	(7,790)
Young Camden Foundation	-	(1,300)	(1,300)
Addison Youth Club 2023-24 Funding	8,820	(3,527)	5,293
Brighter Futures 2023-24 (YEF)	10,000	(5,454)	4,546
Camden Council - Community Resilience Fund	7,200	(7,200)	-
Camden Giving - Camden Young Leader's Project	1,551	(1,551)	-
Eat End Community Foundation - Tower Hamlets Community Chest	5,000	(3,000)	2,000
Grove Trust	17,040	(17,040)	-
Cripplegate Foundation 22-23	5,000	(3,572)	1,428
Cripplegate Foundation 2023-24	5,000	-	5,000
John Lyons Charity - Brent Courses	5,000	(4,167)	833
Sherborne in the Community	4,000	(800)	3,200
MARCO Alidoro, Mary's Youth Club	2,296	(2,296)	-
	<u>89,147</u>	<u>(96,506)</u>	<u>(7,359)</u>
<b>TOTAL FUNDS</b>	<u>146,153</u>	<u>(159,596)</u>	<u>(13,443)</u>

EAT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.7.21 £	Net movement in funds £	Transfers between funds £	At 30.6.22 £
<b>Unrestricted funds</b>				
General fund	27,712	(1,930)	(5,000)	20,782
<b>Restricted funds</b>				
Cripplegate	-	1,056	-	1,056
Sherbourne in the Community	4,396	604	-	5,000
Brighter Futures	5,000	2,201	-	7,201
Cripplegate (Soapbox)	-	(5,000)	5,000	-
Young Leaders programme	9,256	(7,945)	-	1,311
Magic Little Grants	500	(500)	-	-
Camden Giving	-	1,490	-	1,490
London Community Foundation	-	6,776	-	6,776
Addision Youth Club	-	5,659	-	5,659
Hackney Council	-	7,790	-	7,790
Young Camden Foundation	-	1,300	-	1,300
	<u>19,152</u>	<u>13,431</u>	<u>5,000</u>	<u>37,583</u>
<b>TOTAL FUNDS</b>	<u>46,864</u>	<u>11,501</u>	<u>-</u>	<u>58,365</u>

# EAT CLUB

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

### 6. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	18,371	(20,301)	(1,930)
<b>Restricted funds</b>			
Cripplegate	8,490	(7,434)	1,056
Sherbourne in the Community	5,000	(4,396)	604
Brighter Futures	8,400	(6,199)	2,201
Hackney Quest	2,840	(2,840)	-
Cripplegate (Soapbox)	-	(5,000)	(5,000)
The Harrow Club (K&C Foundation)	2,400	(2,400)	-
Young Leaders programme	3,713	(11,658)	(7,945)
Magic Little Grants	-	(500)	(500)
John Lyons Charity	1,440	(1,440)	-
Camden Giving	6,204	(4,714)	1,490
London Community Foundation	8,240	(1,464)	6,776
Addision Youth Club	7,410	(1,751)	5,659
Hackney Council	7,790	-	7,790
Young Camden Foundation	1,300	-	1,300
	<u>63,227</u>	<u>(49,796)</u>	<u>13,431</u>
<b>TOTAL FUNDS</b>	<u>81,598</u>	<u>(70,097)</u>	<u>11,501</u>

We have continued with session delivery in most of the London boroughs in which we operate thanks to successful fundraising from a mix of national, regional and local trusts and foundations. We currently have about 25 active partnerships, delivering on average 15 sessions per week in each given academic term.

#### Cripplegate Foundation - Cripplegate - Islington Community Chest

This funding enabled Eat Club to continue its impactful work in Islington where we have been building fruitful relationships with partner organisations since 2016. It enabled us to run 7 courses consisting of 6 sessions per course with some of our current partners: Urban Hope, Copenhagen Youth Project, Rose Bowl and Mary's Youth Club. We have just finished a successful year-long series of courses with these partners and have been asked to continue this work.

#### Marco Alidoro, London Youth - First payment for CVC summer funding

Eat Club has collaborated with Mary's Youth Club to enable some of Islington's most underprivileged young people to acquire personal and professional development skills. 12 young people participated in a series of workshops across 6 days in August 2022. They engaged in 3 days of Eat Club workshops that developed their cooking skills and built their confidence, followed by participation in 2 days of industry training in the kitchens of some of Islington's top eateries. The young people consolidated their learning by catering for Mary's Live Link Film Festival, providing them with tangible and meaningful work experience.

#### Camden Council - Community Resilience fund

This grant would enable us to; (1) allocate more organisational time to partnership building and networking in Camden; (2) expand our services to reach overstretched youth organisations in west and north Camden where we observe an acute need for outreach services such as ours but where we do not yet have a presence; (3) expand the offerings of the organisations we intend to partner with.



**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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**6. MOVEMENT IN FUNDS - continued**

**John Lyons Charity - Brent courses - John Lyons funding**

This funding enabled Eat Club to run 6 courses across the year (November 2022 - October 2023) with three new partners in Brent (two courses with each). Each course ran for 6 weeks and sees up to 15 young people (ages 11-24) gathering once a week for two hours to cook and share a meal together. These sessions are designed to use food as an engaging and powerful medium to improve health and wellbeing, combat social isolation and enable young people's independence.

**East End Community Foundation - Tower Hamlets Community Chest funding**

This funding enabled Eat Club to run 5, 6-week courses with our current partner, the Sporting Foundation (in the Limehouse Youth Centre) and Newark Youth Trust at the Haileybury Youth Centre and forge a new partnership with The Bromley by Bow Centre, whom we have not worked with yet but have shown an interest in our work. These courses directly benefited over 60 young people from the borough.

**Grove Trust**

This funding was to deliver 4 sessions per week with 4 Kensington and Chelsea partners, to cook together with the young people food that will create up to 45 meals per session, to support participants with food poverty as a result of the cost-of-living crisis.

**Young Westminster Foundation - Brighter Futures fund 2023-24**

This funding will enable us to run 11 courses across the borough over 12 months with our Westminster based partners. Each course will see a group of up to 12 young people gathering once a week for two hours to cook and eat together. The sessions will be delivered by a highly trained Eat Club session leader in the kitchen of the partner organisation.

**Addison Youth Club - Addison Youth funding 2023-24**

The funding received is for running ten 6-week courses with current partners in Hammersmith & Fulham across the year for which funding is awarded. These courses aim to develop the relationship young people have with food and each other, resulting in their increased physical, mental, and social wellbeing.

**Sherborne in the Community - SITC funding for Lambeth & Southwark sessions**

This funding is to deliver 6 courses with these new partners across Lambeth and Southwark in 2023 engaging around 70 young people.

Each course will consist of 6 sessions, seeing up to 12 young people gathering once a week in the kitchens of the partner organisations for two hours to cook and eat together. The sessions will be designed and delivered by a highly trained Eat Club session leader and supported by a Life Skills practitioner/youth worker from the partner organisations.

**Cripplegate Foundation - Islington Community Chest funding (2023-24)**

This funding enables Eat Club to continue its impactful work in Islington where we have been building fruitful relationships with partner organisations since 2016. If awarded this funding we would be able to run 5 courses consisting of 6 sessions per course with some of our current partners: Soapbox, Copenhagen Youth Project, Rose Bowl, Hugh Cubitt, Islington Play Association, and Mary's Youth Club.

**EAT CLUB**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023**

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**7. RELATED PARTY DISCLOSURES**

There were no related party transactions for the period ended 31 August 2023.

# EAT CLUB

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

	Period 1.7.22 to ded 31.8.23 £	Year En 30.6.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	6,053	11,370
<b>Charitable activities</b>		
Fees	<u>140,100</u>	<u>70,228</u>
<b>Total incoming resources</b>	<b>146,153</b>	<b>81,598</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	39,331	19,256
Social security	4,174	1,543
Pensions	-	647
Teacher fees	51,374	23,274
Direct cost purchases	18,366	8,096
Advertising and marketing	5,332	1,426
Consultancy	4,610	1,894
Computer and IT	475	245
Staff training	2,035	-
Other	<u>687</u>	<u>1,919</u>
	<b>126,384</b>	<b>58,300</b>
<b>Other</b>		
Wages	17,144	7,166
Social security	6,998	1,788
Pensions	3,473	134
Staff training	973	475
Entertainment	1,056	43
Subsistence	972	229
Computer, IT admin and phone	94	40
Rent	-	220
Other administration costs	<u>976</u>	<u>324</u>
	<b>31,686</b>	<b>10,419</b>
<b>Support costs</b>		
<b>Governance costs</b>		
Insurance	350	202
Carried forward	350	202

This page does not form part of the statutory financial statements

# EAT CLUB

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 1 JULY 2022 TO 31 AUGUST 2023

	Period 1.7.22 to ded 31.8.23 £	Year En 30.6.22 £
<b>Governance costs</b>		
Brought forward	350	202
Accountancy and legal fees	<u>1,176</u>	<u>1,176</u>
	<u>1,526</u>	<u>1,378</u>
Total resources expended	<u>159,596</u>	<u>70,097</u>
Net (expenditure)/income	<u>(13,443)</u>	<u>11,501</u>

This page does not form part of the statutory financial statements