

REGISTERED CHARITY NUMBER: 1179229

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022
FOR
EAT CLUB



Liles Morris Limited
1st Floor
80 Coombe Road
New Malden
Surrey
KT3 4QS

EAT CLUB
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FOR THE YEAR ENDED 30 JUNE 2022

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EAT CLUB
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 JUNE 2022

The trustees present their report with the financial statements of the charity for the year ended 30 June 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

1. To improve and protect the health of young people and those people with poorer life chances, particularly, but not exclusively, by promoting healthy eating and an improved understanding of good nutrition.
2. The advancement of education of young people in cooking skills, food preparation and healthy eating.

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Significant activities

Eat Club is a London-based charity engaging with disadvantaged young people through the art of cooking and the enjoyment of eating - together. Our bespoke courses develop the relationship young people have with food and each other and enable them to gain key life skills, heighten their wellbeing, combat social isolation, and widen their employability prospects. Our delivery model is to go where young people already are, meaning we do not have our own premises and always undertake our work in partnership; we collaborate with youth projects, community centres, homelessness charities and schools.

Eat Club also runs a parallel Young Leaders Programme that involves a mix of tailored mentoring support to develop confidence and leadership skills in conjunction with Eat Club-centred coaching, involvement in youth forums and invitations to Eat Club board meetings. This youth-led decision-making mechanism integrates and amplifies the voices of young people within our organisation and ensures that the charity moves in directions that are useful to the young people we aim to support.

Public benefit

The Trustees confirm they have given regard to the guidance on public benefit.

EAT CLUB
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 JUNE 2022

OBJECTIVES AND ACTIVITIES

Main Achievements

Over the past year, Eat Club has delivered over 300 sessions working in 9 London boroughs: Hammersmith & Fulham, Kensington & Chelsea, Westminster, Hackney, Islington, Camden, Southwark and Tower Hamlets. We have current active partnerships with over 20 youth organisations engaging with over 100 young people per week.

Due to our holistic approach to wellbeing and youth employability, the fruits of each project will last well beyond its official end. Through our robust monitoring and evaluation, we find that participants in Eat Club courses;

- Increase their confidence and self-esteem through the learning and practice of new skills
- Experience increased enjoyment in the preparation and consumption of healthy food
- Understand the links between food consumption and physical and mental health
- Decrease feelings of social isolation through communal cooking and eating
- Gain industry-standard culinary knowledge, skills, and experience
- Develop their transferable skills (e.g. time management, team work, organisation, creativity)
- Be exposed to exciting career possibilities within the food industry
- These outcomes are linked to more than just the training opportunity but seek to improve and sustain their long-term physical, mental, and social wellbeing

Here are some quotes received by past participants and partners:

- "Firstly, it's a great opportunity for young people who can't afford to have a proper dinner at home or in the hostel. Secondly, it helps us learn how to cook and makes us feel confident about it. There is no 'I can't cook' because with the right directions you can do it! Also, cookery class gives us a chance to try different flavours."
- "Lastly, the most important part; we are all different, have different stories and some of us come from different countries but with the cookery class, there is no difference. We are the same. We cook, we chat and we eat together. It makes me feel like I am with my family."
- "I told my mum I cook at club, now I can help mum at home"
- "Eat Club has provided education around food, nutrition and healthier lifestyles and has also provided knowledge and information on catering and the food industry, skills in planning, preparing and cooking food."

FINANCIAL REVIEW

Reserves policy

The Charity aims to hold between 3 and 6 months operating costs in unrestricted reserves, this is reviewed regularly.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document and Constitution

Eat Club CIO is governed by its Constitution.

Induction and training of new trustees

As a small charity there are no specified selection methods, but consideration is given to a balanced trustee board and to specific skill requirements when replacing or adding trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1179229

Principal address

Hackney Cooperative Development
62 Beechwood Road
London
E8 3DY

EAT CLUB
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 JUNE 2022

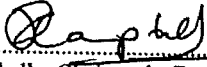
Trustees

P W Brown
T Tricks
M Caraher
D M Webb - (Deputy chair)
A Campbell - (Chair)
J Chong

Independent Examiner

Liles Morris Limited
1st Floor
80 Coombe Road
New Malden
Surrey
KT3 4QS

Approved by order of the board of trustees on14/11/2022..... and signed on its behalf by:


.....
A Campbell – Chair to the Board of Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
EAT CLUB**

Independent examiner's report to the trustees of Eat Club

I report to the charity trustees of the Trust on my examination of the accounts of Eat Club (the Trust) for the year ended 30 June 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Sanderson
ICAEW
Liles Morris Limited
1st Floor
80 Coombe Road
New Malden
Surrey
KT3 4QS

Date: 15/11/22

EAT CLUB

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 JUNE 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,657	3,713	11,370	4,089
Charitable activities					
Charitable activities		10,714	-	10,714	7,502
Sherborne in the Community		-	5,000	5,000	4,896
Young Leaders Programme		-	-	-	9,875
Magic Little Grants		-	-	-	500
The Harrow Club (K&C Foundation)		-	2,400	2,400	986
Cripplegate (Soapbox)		-	-	-	5,000
LY CVC Instagram Project		-	-	-	3,140
Lottery Awards For All Zoom Project		-	-	-	9,294
Hackney Quest		-	2,840	2,840	44
Brighter Futures		-	8,400	8,400	5,000
Young Grantmakers		-	8,490	8,490	-
John Lyons		-	1,440	1,440	-
Camden Young Leaders Project		-	6,204	6,204	-
Peabody Funding		-	8,240	8,240	-
Addison Youth Funding Hammersmith		-	7,410	7,410	-
Hackney CVS Grants		-	7,790	7,790	-
Build up fund for Nutrition training		-	1,300	1,300	-
Total		18,371	63,227	81,598	50,326
EXPENDITURE ON					
Charitable activities					
Charitable activities		10,541	-	10,541	2,500
Sherborne in the Community		-	4,396	4,396	500
Young Leaders Programme		-	11,173	11,173	619
Magic Little Grants		-	500	500	-
The Harrow Club (K&C Foundation)		-	2,400	2,400	987
Cripplegate (Soapbox)		-	5,000	5,000	4,410
LY CVC Instagram Project		-	-	-	2,377
Lottery Awards For All Zoom Project		-	-	-	8,011
Hackney Quest		-	2,840	2,840	1,930
Brighter Futures		-	6,199	6,199	4,894
New Horizon (2)		-	-	-	2,170
London Catalyst		-	-	-	300
Young Grantmakers		-	7,431	7,431	-
John Lyons		-	1,440	1,440	-
Camden Young Leaders Project		-	4,545	4,545	-
Peabody Funding		-	1,463	1,463	-
Addison Youth Funding Hammersmith		-	1,750	1,750	-
Other		9,760	659	10,419	6,359
Total		20,301	49,796	70,097	35,057
NET INCOME/(EXPENDITURE)		(1,930)	13,431	11,501	15,269

The notes form part of these financial statements

EAT CLUB
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022

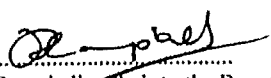
		Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
Transfers between funds	Notes 6	<u>(5,000)</u>	<u>5,000</u>	<u>-</u>	<u>-</u>
Net movement in funds		(6,930)	18,431	11,501	15,269
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>27,712</u>	<u>19,152</u>	<u>46,864</u>	<u>31,595</u>
TOTAL FUNDS CARRIED FORWARD		<u>20,782</u>	<u>37,583</u>	<u>58,365</u>	<u>46,864</u>

The notes form part of these financial statements

EAT CLUB
BALANCE SHEET
30 JUNE 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Cash at bank		22,112	38,600	60,712	47,906
CREDITORS					
Amounts falling due within one year	5	(1,330)	(1,017)	(2,347)	(1,042)
NET CURRENT ASSETS		<u>20,782</u>	<u>37,583</u>	<u>58,365</u>	<u>46,864</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>20,782</u>	<u>37,583</u>	<u>58,365</u>	<u>46,864</u>
NET ASSETS		<u>20,782</u>	<u>37,583</u>	<u>58,365</u>	<u>46,864</u>
FUNDS	6				
Unrestricted funds				20,782	27,712
Restricted funds:					
Cripplegate				1,056	-
Sherbourne in the Community				5,000	4,396
Brighter Futures				7,201	5,000
Young Leaders programme				1,311	9,256
Magic Little Grants				-	500
Camden Giving				1,490	-
London Community Foundation				6,776	-
Addision Youth Club				5,659	-
Hackney Council				7,790	-
Young Camden Foundation				<u>1,300</u>	-
				<u>37,583</u>	<u>19,152</u>
TOTAL FUNDS				<u>58,365</u>	<u>46,864</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14/11/2022 and were signed on its behalf by:


A Campbell Chair to the Board of Trustees

The notes form part of these financial statements

EAT CLUB

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The Financial Statements have been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting by Charities' (update bulletin 1 applying FRS 102) and the Charities Act 2011.

Eat Club CIO meets the definition of a public benefit entity under FRS 102.

The financial statements have been prepared in sterling, which is the functional currency of the entity.

Monetary amounts in these financial statements are rounded to the nearest pound.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due

Financial instruments

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

EAT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2022 nor for the year ended 30 June 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2022 nor for the year ended 30 June 2021.

3. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	26,422	15,896
Social security costs	3,331	473
Other pension costs	<u>781</u>	<u>322</u>
	<u><u>30,534</u></u>	<u><u>16,691</u></u>

The average monthly number of employees during the year was as follows:

	2022	2021
Governance	1	1
Other	<u>2</u>	<u>1</u>
	<u><u>3</u></u>	<u><u>2</u></u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,089	-	4,089
Charitable activities			
Charitable activities	7,502	-	7,502
Sherborne in the Community	-	4,896	4,896
Young Leaders Programme	-	9,875	9,875
Magic Little Grants	-	500	500
The Harrow Club (K&C Foundation)	-	986	986
Cripplegate (Soapbox)	-	5,000	5,000
LY CVC Instagram Project	-	3,140	3,140
Lottery Awards For All Zoom Project	-	9,294	9,294
Hackney Quest	-	44	44
Brighter Futures	<u>-</u>	<u>5,000</u>	<u>5,000</u>
Total	<u><u>11,591</u></u>	<u><u>38,735</u></u>	<u><u>50,326</u></u>
EXPENDITURE ON			
Charitable activities			
Charitable activities	2,500	-	2,500

EAT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022**

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Sherborne in the Community	-	500	500
Young Leaders Programme	-	619	619
The Harrow Club (K&C Foundation)	-	987	987
Cripplegate (Soapbox)	-	4,410	4,410
LY CVC Instagram Project	-	2,377	2,377
Lottery Awards For All Zoom Project	-	8,011	8,011
Hackney Quest	-	1,930	1,930
Brighter Futures	-	4,894	4,894
New Horizon (2)	-	2,170	2,170
London Catalyst	-	300	300
Other	<u>1,873</u>	<u>4,486</u>	<u>6,359</u>
Total	<u>4,373</u>	<u>30,684</u>	<u>35,057</u>
NET INCOME	7,218	8,051	15,269
Transfers between funds	<u>6,000</u>	<u>(6,000)</u>	-
Net movement in funds	13,218	2,051	15,269
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>14,494</u>	<u>17,101</u>	<u>31,595</u>
TOTAL FUNDS CARRIED FORWARD	<u>27,712</u>	<u>19,152</u>	<u>46,864</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade creditors	1,483	178
Other creditors	<u>864</u>	<u>864</u>
	<u>2,347</u>	<u>1,042</u>

EAT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022**

6. MOVEMENT IN FUNDS

	At 1.7.21 £	Net movement in funds £	Transfers between funds £	At 30.6.22 £
Unrestricted funds				
General fund	27,712	(1,930)	(5,000)	20,782
Restricted funds				
Cripplegate	-	1,056	-	1,056
Sherbourne in the Community	4,396	604	-	5,000
Brighter Futures	5,000	2,201	-	7,201
Cripplegate (Soapbox)	-	(5,000)	5,000	-
Young Leaders programme	9,256	(7,945)	-	1,311
Magic Little Grants	500	(500)	-	-
Camden Giving	-	1,490	-	1,490
London Community Foundation	-	6,776	-	6,776
Addision Youth Club	-	5,659	-	5,659
Hackney Council	-	7,790	-	7,790
Young Camden Foundation	-	1,300	-	1,300
	<u>19,152</u>	<u>13,431</u>	<u>5,000</u>	<u>37,583</u>
TOTAL FUNDS	<u>46,864</u>	<u>11,501</u>	<u>-</u>	<u>58,365</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	18,371	(20,301)	(1,930)
Restricted funds			
Cripplegate	8,490	(7,434)	1,056
Sherbourne in the Community	5,000	(4,396)	604
Brighter Futures	8,400	(6,199)	2,201
Hackney Quest	2,840	(2,840)	-
Cripplegate (Soapbox)	-	(5,000)	(5,000)
The Harrow Club (K&C Foundation)	2,400	(2,400)	-
Young Leaders programme	3,713	(11,658)	(7,945)
Magic Little Grants	-	(500)	(500)
John Lyons Charity	1,440	(1,440)	-
Camden Giving	6,204	(4,714)	1,490
London Community Foundation	8,240	(1,464)	6,776
Addision Youth Club	7,410	(1,751)	5,659
Hackney Council	7,790	-	7,790
Young Camden Foundation	1,300	-	1,300
	<u>63,227</u>	<u>(49,796)</u>	<u>13,431</u>
TOTAL FUNDS	<u>81,598</u>	<u>(70,097)</u>	<u>11,501</u>

EAT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022**

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.7.20 £	Net movement in funds £	Transfers between funds £	At 30.6.21 £
Unrestricted funds				
General fund	14,494	7,218	6,000	27,712
Restricted funds				
Sherbourne in the Community	-	4,396	-	4,396
London Catalyst	1,000	(1,000)	-	-
New Horizon (2)	2,920	(2,920)	-	-
Brighter Futures	5,000	-	-	5,000
Hackney Quest	8,181	(2,181)	(6,000)	-
Young Leaders programme	-	9,256	-	9,256
Magic Little Grants	-	500	-	500
	<u>17,101</u>	<u>8,051</u>	<u>(6,000)</u>	<u>19,152</u>
TOTAL FUNDS	<u>31,595</u>	<u>15,269</u>	<u>-</u>	<u>46,864</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,591	(4,373)	7,218
Restricted funds			
Sherbourne in the Community	4,896	(500)	4,396
London Catalyst	-	(1,000)	(1,000)
New Horizon (2)	-	(2,920)	(2,920)
Brighter Futures	5,000	(5,000)	-
Hackney Quest	44	(2,225)	(2,181)
Lottery AFA Zoom Project	9,294	(9,294)	-
LY CVC Instagram Project	3,140	(3,140)	-
Cripplegate (Soapbox)	5,000	(5,000)	-
The Harrow Club (K&C Foundation)	986	(986)	-
Young Leaders programme	9,875	(619)	9,256
Magic Little Grants	500	-	500
	<u>38,735</u>	<u>(30,684)</u>	<u>8,051</u>
TOTAL FUNDS	<u>50,326</u>	<u>(35,057)</u>	<u>15,269</u>

EAT CLUB

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 30 JUNE 2022**

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.20 £	Net movement in funds £	Transfers between funds £	At 30.6.22 £
Unrestricted funds				
General fund	14,494	5,288	1,000	20,782
Restricted funds				
Cripplegate	-	1,056	-	1,056
Sherbourne in the Community	-	5,000	-	5,000
London Catalyst	1,000	(1,000)	-	-
New Horizon (2)	2,920	(2,920)	-	-
Brighter Futures	5,000	2,201	-	7,201
Hackney Quest	8,181	(2,181)	(6,000)	-
Cripplegate (Soapbox)	-	(5,000)	5,000	-
Young Leaders programme	-	1,311	-	1,311
Camden Giving	-	1,490	-	1,490
London Community Foundation	-	6,776	-	6,776
Addision Youth Club	-	5,659	-	5,659
Hackney Council	-	7,790	-	7,790
Young Camden Foundation	-	1,300	-	1,300
	<u>17,101</u>	<u>21,482</u>	<u>(1,000)</u>	<u>37,583</u>
TOTAL FUNDS	<u>31,595</u>	<u>26,770</u>	<u>-</u>	<u>58,365</u>

EAT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 JUNE 2022

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,962	(24,674)	5,288
Restricted funds			
Cripplegate	8,490	(7,434)	1,056
Sherbourne in the Community	9,896	(4,896)	5,000
London Catalyst	-	(1,000)	(1,000)
New Horizon (2)	-	(2,920)	(2,920)
Brighter Futures	13,400	(11,199)	2,201
Hackney Quest	2,884	(5,065)	(2,181)
Lottery AFA Zoom Project	9,294	(9,294)	-
LY CVC Instagram Project	3,140	(3,140)	-
Cripplegate (Soapbox)	5,000	(10,000)	(5,000)
The Harrow Club (K&C Foundation)	3,386	(3,386)	-
Young Leaders programme	13,588	(12,277)	1,311
Magic Little Grants	500	(500)	-
John Lyons Charity	1,440	(1,440)	-
Camden Giving	6,204	(4,714)	1,490
London Community Foundation	8,240	(1,464)	6,776
Addison Youth Club	7,410	(1,751)	5,659
Hackney Council	7,790	-	7,790
Young Camden Foundation	<u>1,300</u>	<u>-</u>	<u>1,300</u>
	<u>101,962</u>	<u>(80,480)</u>	<u>21,482</u>
TOTAL FUNDS	<u>131,924</u>	<u>(105,154)</u>	<u>26,770</u>

We have continued with session delivery in most of the London boroughs in which we operate thanks to successful fundraising from a mix of national, regional and local trusts and foundations. We currently have about 20 active partnerships, delivering between 15 to 20 sessions per week in each given academic term.

Addison Youth grant

Eat Club is looking to run nine 6-week courses with current partners in Hammersmith & Fulham across the year for which funding is awarded. These courses aim to develop the relationship young people have with food and each other, resulting in their increased physical, mental, and social wellbeing. The preparation of food and then sharing the meal reconnect people with fundamental aspects of social life, radically improving self-esteem and confidence.

Westminster Brighter Futures

This funding will enable Eat Club to run ten 6-week courses across the first year for which funding is awarded. We aim to run 5 courses with our current partners, Future Men and Westbourne Park and run a further 5 courses with new partners in Westminster, further building our presence in the borough. We are looking to build partnerships with the Avenues Youth Project and with Fourth Feathers Youth Club.

Hackney Council 2022-23 Children and Young people's fund

EAT CLUB

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 JUNE 2022

6. MOVEMENT IN FUNDS - continued

Because of the collaborative nature of Eat Club's work, our delivery model is to go where young people already are. This means that we do not have our own physical space and we run our programmes in a decentralised way.

For this project, we will meet the young people in the kitchens of;

- Hackney Quest, 1 Poole Road, E9 7AE
- Skyway, 222 Kingsland Rd, Whitmore Estate, E2 8DG
- Young Hackney (The Edge), 7 Woodberry Grove, Finsbury Park N4 1SN
- Young Hackney (Forrest Road), 29 Forest Rd, London E8 3BY
- Concord Youth Hub (Hackney Marsh Partnership), 8-9 Kingsmead Way, E9 5QG

Islington Council Community Chest

This funding will enable Eat Club to continue its impactful work in Islington where we have been building fruitful relationships with partner organisations since 2016. If awarded this funding we would be able to run 7 courses consisting of 6 sessions per course with some of our current partners: Urban Hope, Copenhagen Youth Project, Rose Bowl and Mary's Youth Club.

John Lyons - Small Grants

This funding will enable Eat Club to run 6 courses across the year (November 2022 - October 2023) with three new partners in Brent (two courses with each). Each course runs for 6 weeks and sees up to 15 young people (ages 11-24) gathering once a week for two hours to cook and share a meal together. These sessions are designed to use food as an engaging and powerful medium to improve health and wellbeing, combat social isolation and enable young people's independence.

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2022.

EAT CLUB
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,370	4,089
Charitable activities		
Fees	<u>70,228</u>	<u>46,237</u>
Total incoming resources	81,598	50,326
EXPENDITURE		
Charitable activities		
Wages	19,256	15,000
Social security	1,543	450
Pensions	647	120
Teacher fees	23,274	7,682
Direct cost purchases	8,096	3,978
Advertising and marketing	1,426	691
Consultancy	1,894	250
Computer and IT	245	-
Other	<u>1,919</u>	<u>527</u>
	58,300	28,698
Other		
Wages	7,166	896
Social security	1,788	23
Pensions	134	202
Staff training	475	1,166
Consultancy	-	575
Entertainment	43	146
Subsistence	229	41
Computer, IT admin and phone	40	1,064
Rent	220	180
Travel	-	53
Other administration costs	<u>324</u>	<u>557</u>
	10,419	4,903
Support costs		
Governance costs		
Insurance	202	202
Accountancy and legal fees	<u>1,176</u>	<u>1,254</u>
	1,378	1,456

This page does not form part of the statutory financial statements

EAT CLUB

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 JUNE 2022**

	2022	2021
	<u>£</u>	<u>£</u>
Total resources expended	<u>70,097</u>	<u>35,057</u>
Net income	<u><u>11,501</u></u>	<u><u>15,269</u></u>

This page does not form part of the statutory financial statements
