



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From: 2nd July 2019 to 30th June 2020**

**Charity name: Eat Club**

**Charity registration number: 1179229**

### **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none"><li>1. To improve and protect the health of young people and those people with poorer life chances, particularly, but not exclusively, by promoting healthy eating and an improved understanding of good nutrition.</li><li>2. The advancement of education of young people in cooking skills, food preparation and healthy eating.</li></ol>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Eat Club is a London-based charity that teaches young people, mostly aged 16-24, fundamental cooking and nutrition skills. We have a particular emphasis on working with young adults from disadvantaged backgrounds, where there may have been little or no experience of cooking with fresh produce in the home environment.</p> <p>We run bespoke cooking courses, typically six to ten-weeks long, that are designed to develop the relationship young people have with food and address the underlying barriers to healthy eating, thus improving health, physical and mental wellbeing. We teach them a wide range of cooking skills; from basic techniques such as knife skills, stove safety and basic hygiene, to advanced techniques including meal budgeting and planning.</p> <p>We do not have our own premises for delivery of courses, and all the work is done in partnership with organisations that have young people in their care, such as youth projects, community centres, homelessness charities and schools. Eat Club works collaboratively with its partners to enhance existing local offers, to both strengthen existing projects by adding an enhanced service, or by identifying localities which lack any service provision.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees confirm they have given regard to the guidance on public benefit.
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**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Since our launch in 2014, we have delivered courses in and around London, engaging with about 500 young people every year (a number that grows steadily). In the past year, despite the Coronavirus pandemic, we have collaborated with partner organisations across London to deliver around 100 sessions to young people.</p> <p>During the first lockdown we began to transform our delivery model to reach young people through an adapted approach, initially through Zoom (where participants receive ingredients to their home) and then we added in Instagram Live. The success of this online approach means that we will retain a digital element to our work, even at the point where in-person work returns fully.</p> <p>Whilst most of our participants were young people aged 16-24, we have also started working with 11-year olds who are transitioning into secondary education and in the past have also delivered sessions to young mums and young families.</p> <p>We have evidence of imparting cooking skills, improving fruit and vegetable consumption and healthy habits. Based on our surveys, we can demonstrate that:</p> <ul style="list-style-type: none"> <li>• Eat Club courses have an 87% success rate of teaching young people new cooking skills</li> <li>• 33% of course participants reported an increase in confidence in cooking new foods, after they had completed the Eat Club courses</li> <li>• Eat Club participants show a 20% increase in willingness to taste new foods, after they had completed the Eat Club courses</li> </ul> <p>Young people taking part in Eat Club courses have also grown in confidence and developed social and team working skills.</p> <p>The pandemic caused by Covid-19 has impacted the charity's ability to deliver projects already funded as venues had to close due to the national lockdown. We will attempt to complete those this year.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

**Financial Review**

Review of the charity's financial position at the end of the period	Para 1.21	See attached accounts
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity aims to hold between 3 and 6 months operating costs in unrestricted reserves, this is reviewed regularly.
Amount of reserves held	Para 1.22	See attached accounts
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As a small charity there are no specified selection methods, but consideration is given to a balanced trustee board and to specific skill requirements when replacing or adding trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Eat Club
Other name the charity uses	-
Registered charity number	1179229
Charity's principal address	CAN Mezzanine 49-51 East Road London N1 6AH

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Shane Holland		Resigned May 2020	
2	Peter Brown			
3	Tessa Tricks			
4	Prof Martin Caraher			
5	Deborah Mary Webb		Appointed May 2020	
6	Celine Vadam		Appointed May 2020	
7	Alexander Campbell	Chair	Appointed May 2020	
8	Jennifer Chong		Appointed May 2020	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)****Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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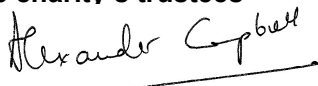
**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Alexander CAMPBELL	
Position (eg Secretary, Chair, etc)	Chair	
Date	22/1/2021	



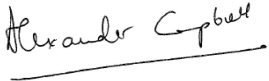


Eat Club			Charity No (if any)	1179229	
Annual accounts for the period					
Period start date	02/07/2019	To	Period end date	30/06/2020	

## Section A Statement of financial activities

Recommended categories by activity	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
<b>Incoming resources (Note 3)</b>					
<b>Income and endowments from:</b>					
Donations and legacies	-	33,793	-	33,793	12,050
Charitable activities	6,191	-	-	6,191	7,157
Other trading activities	682	-	-	682	-
Investments	-	-	-	-	-
Separate material item of income	-	-	-	-	-
Other	-	-	-	-	15,525
<b>Total</b>	<b>6,873</b>	<b>33,793</b>	<b>-</b>	<b>40,666</b>	<b>34,732</b>
<b>Resources expended (Note 4)</b>					
<b>Expenditure on:</b>					
Raising funds	-	-	-	-	183
Charitable activities	2,508	23,196	-	25,704	15,025
Separate material item of expense	-	-	-	-	-
Other	301	1,077	-	1,378	1,512
<b>Total</b>	<b>2,809</b>	<b>24,273</b>	<b>-</b>	<b>27,082</b>	<b>16,720</b>
<b>Net income/(expenditure) before investment gains/(losses)</b>	<b>4,064</b>	<b>9,520</b>	<b>-</b>	<b>13,584</b>	<b>18,011</b>
Net gains/(losses) on investments	-	-	-	-	-
<b>Net income/(expenditure)</b>	<b>4,064</b>	<b>9,520</b>	<b>-</b>	<b>13,584</b>	<b>18,011</b>
<b>Extraordinary items</b>	-	-	-	-	-
<b>Transfers between funds</b>	-	-	-	-	-
<b>Other recognised gains/(losses):</b>					
Gains and losses on revaluation of fixed assets for the charity's own use	-	-	-	-	-
Other gains/(losses)	-	-	-	-	-
<b>Net movement in funds</b>	<b>4,064</b>	<b>9,520</b>	<b>-</b>	<b>13,584</b>	<b>18,011</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	10,430	7,581	-	18,011	-
<b>Total funds carried forward</b>	<b>14,494</b>	<b>17,101</b>	<b>-</b>	<b>31,595</b>	<b>18,011</b>

## Section B Balance sheet

	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
<b>Current assets</b>					
Cash at bank and in hand (Note 7)	15,415	17,101	-	32,516	18,875
<b>Total current assets</b>	15,415	17,101	-	32,516	18,875
<b>Creditors: amounts falling due within one year (Note 8)</b>	921	-	-	921	864
<b>Net current assets/(liabilities)</b>	14,494	17,101	-	31,595	18,011
<b>Total assets less current liabilities</b>	14,494	17,101	-	31,595	18,011
<b>Creditors: amounts falling due after one year (Note 8)</b>	-	-	-	-	-
<b>Provisions for liabilities</b>	-	-	-	-	-
<b>Total net assets or liabilities</b>	14,494	17,101	-	31,595	18,011
<b>Funds of the Charity</b>					
Endowment funds	-			-	-
Restricted income funds (Note 9)		17,101		17,101	7,581
Unrestricted funds	14,494		-	14,494	10,430
Revaluation reserve				-	
<b>Total funds</b>	14,494	17,101	-	31,595	18,011
Signed by the chair of trustees on behalf of all the trustees	Signature		Print Name		Date of approval dd/mm/yyyy
			Alexander Campbell		22/01/2021
			Chair		

## Note 1 Basis of preparation

***This section should be completed by all charities .***

## 1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with\* 

✓
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 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with\* 

✓
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 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.\*

✓
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\* -Tick as appropriate

## 1.2 Going concern

***If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:***

An explanation as to those factors that support the conclusion that the charity is a going concern;

Disclosure of any uncertainties that make the going concern assumption doubtful;

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

***Not applicable***

***Not applicable***

## 1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes\*

✓
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No\*

✓
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\* -Tick as appropriate

#### 1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="checked" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="checked" type="checkbox"/>	

**Please disclose:**

<b>(i) the nature of any changes;</b>	
<b>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</b>	
<b>(iii) where practicable, the effect of the change in one or more future periods.</b>	

#### 1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="checked" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="checked" type="checkbox"/>	

**Please disclose:**

<b>(i) the nature of the prior period error;</b>	
<b>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</b>	
<b>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</b>	

**Note 2                      Accounting policies**

**2.1 INCOME**

*This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.*

<b>Recognition of income</b>	<p>These are included in the Statement of Financial Activities (SoFA) when:</p> <ul style="list-style-type: none"> <li>the charity becomes entitled to the resources;</li> <li>it is more likely than not that the trustees will receive the resources; and</li> <li>the monetary value can be measured with sufficient reliability.</li> </ul>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Grants and donations</b>	<p>Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Support costs</b>	<p>The charity has incurred expenditure on support costs.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>2.2 EXPENDITURE AND LIABILITIES</b>								
<b>Liability recognition</b>	<p>Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Governance and support costs</b>	<p>Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.</p> <p>Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Redundancy cost</b>	<p>The charity made no redundancy payments during the reporting period.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Deferred income</b>	<p>No material item of deferred income has been included in the accounts.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Creditors</b>	<p>The charity has creditors which are measured at settlement amounts less any trade discounts</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
<b>Basic financial instruments</b>	<p>The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.</p>	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td><input checked="" type="checkbox"/></td><td><input type="checkbox"/></td><td><input type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						

## Section C

## Notes to the accounts

(cont)

## Note 3

## Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
	<b>Analysis</b>					
<b>Donations and legacies:</b>	Donations and gifts	-	33,793	-	33,793	12,050
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	<b>Total</b>	-	33,793	-	33,793	12,050
<b>Charitable activities:</b>	Summerversity	-	-	-	-	2,500
	City Summer Programme	-	-	-	-	1,640
	Copenhagen Youth Project	1,607	-	-	1,607	1,071
	Waltham Forest Summer Project	2,824	-	-	2,824	-
	Bromley by Bow	200	-	-	200	-
	New Horizon (1)	1,560	-	-	1,560	-
	Other	-	-	-	-	1,946
	<b>Total</b>	6,191	-	-	6,191	7,157
<b>Other trading activities:</b>		-	-	-	-	-
	Supper club	682	-	-	682	-
	Other	-	-	-	-	-
	<b>Total</b>	682	-	-	682	-
<b>Income from investments:</b>	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	<b>Total</b>	-	-	-	-	-
<b>Separate material item of income:</b>		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	<b>Total</b>	-	-	-	-	-
<b>Other:</b>	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	15,525
	<b>Total</b>	-	-	-	-	15,525
<b>TOTAL INCOME</b>		6,873	33,793	-	40,666	34,732

## Other information:

All income in the prior year was unrestricted except for:  
(please provide description and amounts)

Donated income of £11,550 as detailed in Note 9.2

**Section C** **Notes to the accounts** **(cont)**

**Note 4** **Analysis of expenditure**

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
<b>Expenditure on raising funds:</b>				£				£
Incurring seeking donations	-	-	-	-	-	-	-	-
Incurring seeking legacies	-	-	-	-	-	-	-	-
Incurring seeking grants	-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries	-	-	-	-	-	-	-	-
Staging fundraising events	-	-	-	-	-	-	-	-
Fundraising agents	-	-	-	-	-	-	-	-
Operating charity shops	-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	183	-	-	183
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	-	-	-	-	-	-	-	-
Investment management costs:	-	-	-	-	-	-	-	-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
<b>Total expenditure on raising funds</b>	-	-	-	-	183	-	-	183
<b>Expenditure on charitable activities:</b>								
Teacher fees / Session delivery costs	1,955	7,668	-	9,623	4,221	840	-	5,061
Venue hire	85	300	-	385	-	-	-	-
Salaries, pension costs and training	138	12,171	-	12,309	4,673	2,337	-	7,010
Direct cost purchases	199	2,071	-	2,270	904	339	-	1,242
Travel	53	170	-	223	398	23	-	421
Other	78	816	-	894	861	431	-	1,292
<b>Total expenditure on charitable activities</b>	2,508	23,196	-	25,704	11,057	3,969	-	15,025
<b>Separate material item of expense</b>								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
<b>Total</b>	-	-	-	-	-	-	-	-
<b>Other</b>								
Governance - accounting	249	927	-	1,176	1,224	-	-	1,224
Governance - insurance	52	150	-	202	288	-	-	288
	-	-	-	-	-	-	-	-
<b>Total other expenditure</b>	301	1,077	-	1,378	1,512	-	-	1,512
<b>TOTAL EXPENDITURE</b>	2,809	24,273	-	27,082	12,751	3,969	-	16,720

**Note 5** Details of certain items of expenditure**5.1 Fees for examination of the accounts**

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
864	864
-	-
-	-
312	360



## Note 6

## Paid employees

Please complete this note if the charity has any employees.

## 6.1 Staff Costs

	This year £	Last year £
Salaries and wages	11,446	7,010
Social security costs	156	-
Pension costs (defined contribution scheme)	58	-
Other employee benefits	-	-
<b>Total staff costs</b>	<b>11,660</b>	<b>7,010</b>

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

n/a

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

n/a

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 11.

This year £	Last year £
8,903	7,010

## 6.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	1	-
Other	1	1
<b>Total</b>	<b>2</b>	<b>1</b>

**Note 7 Cash at bank and in hand**

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	32,554	18,875
Other	-	-
<b>Total</b>	<b>32,554</b>	<b>18,875</b>

**Note 8 Creditors and accruals**

*Please complete this note if the charity has any creditors or accruals.*

**8.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	57	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	864	864	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
<b>Total</b>	<b>921</b>	<b>864</b>	<b>-</b>	<b>-</b>

**Section C**      **Notes to the accounts**      **(cont)**

**Note 9**      **Charity funds**

**9.1 Details of material funds held and movements during the CURRENT reporting period**

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

\* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Cripplegate	R	Eat Club is looking to use this funding to run a whole year of sessions in Urban Hope youth club. This funding will allow us to run 36 sessions over the year. Each session will be two hours long and will take place once a week during term-time. During the session a group of around ten young people will cook together and then share the fruits of their labour with the rest of the centre participants, staff and volunteers. All sessions will focus on increased fruit and vegetable consumption and reduced salt, sugar and fat in the diet. Each of the sessions will support attendees with practical culinary skills, communication and teamwork, resilience, problem-solving, time management, planning, organisation, collaboration, leadership and creativity.	2,047	4,340	(6,387)	-	-	-
Peabody	R	Secured a whole year of funding to run cooking sessions to young people who live in the Peabody estates in Kings Cross. Sessions being delivered in the Hugh Cubitt community centre and work children and families who currently don't have activities on offer in the local community. Working to improve health and wellbeing and increase community cohesion.	4,309	-	(4,309)	-	-	-
Sherborne in Community (1)	R	Secured funding to deliver a year-long programme of 46 sessions to young homeless people in Sherborne House through DePaul UK. Eat Club hopes that this project will tackle some of the barriers that prevent homeless young people from participating in the larger community, by using the medium of food. This project has the short-term aim of providing young, vulnerable individuals with a safe space to improve their skills and knowledge. With this funding we would like to reach around fifty young homeless people who will join the sessions through referral from the different projects and hostels run by DePaul UK	1,225	7,112	(8,337)	-	-	-
London Catalyst	R	The funding is for the delivery of Eat Club sessions in partnership with DePaul UK. Eat Club hopes that this project will tackle some of the barriers that prevent homeless young people from participating in the larger community, by using the medium of food. This project has the short-term aim of providing young, vulnerable individuals with a safe space to improve their skills and knowledge. Through learning how to feed themselves healthily and working collaboratively, these young people will grow more confident in their ability to influence change in their own lives		1,000			-	1,000
New Horizon (2) - Crick Institute	R	In this project, Eat Club is looking to partner with New Horizon Youth Centre in Somers Town. Founded by Lord Longford in 1967, New Horizon is a vital support network for 16-25 year olds who have no one else to turn to, working with the most vulnerable and multi-disadvantaged young people in London. We are looking to run 46 sessions in this project over the year. Securing this funding will enable us to run 23 of these sessions. Each session will be two hours long and will have up to four young people, plus staff and volunteers, who will cook and eat together a two to three course meal that might be shared with other centre members		2,920			-	2,920
Brighter Futures	R	Eat Club is looking to use this funding to run 36 weekly sessions (6 lots of 6 week courses) over a year at Amberley Youth Project during term time. Each weekly session will last two hours. During the sessions a group of around ten young people will cook together and then share the fruits of their labour with the rest of the centre participants, staff and volunteers		5,000			-	5,000
Hackney Quest	R	With your support, from January 2020, we will offer 6 courses of 6 weekly sessions to groups of up to 12 young people, who would prepare together a tasty, healthy meal plus 3 taster sessions. Each session will last 2 hours with a different objective (e.g. making a healthy takeaway and wholesome breakfast, cooking on a budget, using healthy cooking methods) reflected in the prepared menu. The sessions progress as participants' culinary abilities do. As part of this project with Hackney Quest, the young people will work on AQA Accreditations and those keen to find work in the catering industry will complete a Food Hygiene level 2 certificate.		8,796	(615)		-	8,181
Youth in Action	R	Eat Club will deliver an exciting programme providing young people with the skills and opportunities to create a positive and sustainable future for themselves through the medium of food. Eat Club will run three courses of eight cooking sessions each in three locations in south Camden: Somers Town Youth Centre (and Somers Town Community Association), the Surma Centre and KCBNA, for young people.		4,625	(4,625)		-	-
								-
Other funds	UR	General unrestricted reserves	10,431	6,873	(2,809)		-	14,494
<b>Total Funds</b>			<b>18,012</b>	<b>40,666</b>	<b>(27,083)</b>	<b>-</b>	<b>-</b>	<b>31,595</b>

**Section C** **Notes to the accounts** **(cont)**

**Note 9** **Charity funds**

**9.2 Details of material funds held and movements during the PREVIOUS reporting period**

*Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.*

*\* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions - prior year	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Cripplegate	R	Secured funding to run 30 sessions with Islington's young people over the course of the year. Five courses of six sessions each with new partners in the Borough (Islington Play Association, Urban Hope, Arsenal in the Community, Copenhagen Youth Project and SoapBox). Each session would be 2 hours long and will have up to 12 children and young people work to enjoy a tasty and healthy meal they have created together. The sessions involve the joint preparation of a meal for all Eat club participants, with the specific menu for each session reflecting the targets and desired outcomes of that session. From week to week the sessions see an increase in the skills needed to create the meal. By the end of the course the participants should be able to prepare fairly complex meals unaided and we know that they take great satisfaction from secured a whole year of running to run cooking sessions to young people who live in the Peabody estates in Kings Cross. Sessions being delivered in the Hugh Cubitt community centre and work children and families who currently don't have activities on offer in the local community. Working to improve health and wellbeing and increase community cohesion.	-	4,310	(2,263)	-	-	2,047
Peabody	R	Secured funding to deliver a year-long programme of 46 sessions to young homeless people in Shorborne House through Depaul UK. Eat Club hopes that this project will tackle some of the barriers that prevent homeless young people from participating in the larger community, by using the medium of food. This project has the short-term aim of providing young, vulnerable individuals with a safe space to improve their skills and knowledge. With this funding we would like to reach around fifty young homeless people who will join the sessions through referral from the different projects and hostels run by Depaul UK in South East London.	-	5,000	(691)	-	-	4,309
Sherborne in Community	R	Secured funding to deliver a year-long programme of 46 sessions to young homeless people in Shorborne House through Depaul UK. Eat Club hopes that this project will tackle some of the barriers that prevent homeless young people from participating in the larger community, by using the medium of food. This project has the short-term aim of providing young, vulnerable individuals with a safe space to improve their skills and knowledge. With this funding we would like to reach around fifty young homeless people who will join the sessions through referral from the different projects and hostels run by Depaul UK in South East London.	-	2,240	(1,015)	-	-	1,225
			-	-	-	-	-	-
Other funds	UR	General unrestricted reserves	-	23,182	(12,751)	-	-	10,431
<b>Total Funds</b>			-	34,732	(16,720)	-	-	18,011

**Note 10**                      **Charity funds (cont)**

**10.1 Transfers between funds**

**This year**

	<b>Reason for transfer and where endowment is converted to income, legal power for its conversion</b>	<b>Amount</b>
Between unrestricted and restricted funds	n/a	
Between endowment and restricted funds	n/a	
Between endowment and unrestricted funds	n/a	

**Last year**

	<b>Reason for transfer and where endowment is converted to income, legal power for its conversion</b>	<b>Amount</b>
Between unrestricted and restricted funds	n/a	
Between endowment and restricted funds	n/a	
Between endowment and unrestricted funds	n/a	

**Note 11 Transactions with trustees and related parties**

*If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.*

**11.1 Trustee remuneration and benefits**

**This year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE
------

*In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.*

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

*Please give details of why remuneration or other employment benefits were paid.*

--

*Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.*

--

**Last year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE
------

*In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.*

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

*Please give details of why remuneration or other employment benefits were paid.*

--

*Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.*

--

## 11.2 Trustees' expenses

*If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".*

No trustee expenses have been incurred (True or False)

TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
<b>TOTAL</b>	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

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## 11.3 Transaction(s) with related parties

*Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.*

This year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

--

*For any related party, please provide details of any guarantees given or received.*

--

**Last year**

There have been no related party transactions in the reporting period (True or False)

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

*For any related party, please provide details of any guarantees given or received.*



Section C	Notes to the accounts	(cont)
Note 12	Additional Disclosures - Covid-19	
<p>The pandemic caused by Covid-19 has impacted the charity’s ability to deliver projects already funded as venues had to close due to the national lockdown. This is reflected in the level of restricted reserves with funds received but not been spent. If restrictions will ease, and in line with the National Youth Agency guidelines, we will attempt to complete those by the 30th of June 2021</p>		

INDEPENDENT EXAMINER'S REPORT  
For the period 02 July 2019 to 30 June 2020

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**Independent Examiner's Report to the Trustees of Eat Club**

I report on the financial statements of the charity for the period ended 30 June 2020 as set out in the TAR 2019-20 and CC17a for 2020.

This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

**Respective responsibilities of trustees and examiner**

The charity's trustees, you are responsible for the preparation of financial statements. The trustees consider that an audit is not required for this year under Section 144(2) of the Charities Act 2011 (the '2011 Act') and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the financial statements under Section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state where particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S REPORT (cont.)  
For the period 02 July 2019 to 30 June 2020

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**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed

*Alison Sanderson*

Independent Examiner's Name:	Alison Sanderson FCA
Relevant professional qualification or body:	ICAEW
Name of Practice:	Liles Morris Ltd
Address of Practice:	First Floor, 80 Coombe Road, New Malden, Surrey KT3 4QS
Date:	28 January 2021