

SAFA PLACE

England & Wales · Charity number 1179202

Details

Status Registered

Legal form CIO

Registered 2018-07-16

Register [View on the Charity Commission register](#)

Contact

Address 281 Murchison Road
London
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Activities

Objects: THE PRESERVATION AND PROTECTION OF MENTAL HEALTH AND WELLBEING AMONG PUPILS OF STOKE NEWINGTON SCHOOL, PEOPLE LIVING IN THE LONDON BOROUGH OF HACKNEY AND THE SURROUNDING AREA AND THROUGHOUT ENGLAND AND WALES BY THE PROVISION OF SUPPORT, EDUCATION, PRACTICAL ADVICE AND BY SUCH OTHER MEANS AS THE TRUSTEES MAY DETERMINE.

Activities: Safaplace is a young charity that aims to support the positive mental health and wellbeing of students in Stoke Newington School and young people in the wider community. Our aims are to: 1. Support positive mental health and wellbeing of students in Stoke Newington school via education and awareness-raising for all, 2. Make Stoke Newington school a centre for positive mental health awareness.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

Geography

- Hackney

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£1,129	£4,215	-	-
2024-07-31	£1,579	£4,568	-	-
2023-07-31	£1,265	£480	-	-
2022-07-31	£6,027	£1,128	-	-
2021-07-31	£5,826	£3,937	-	-
2020-07-31	£1,859	£12,545	-	-

Trustees

Name	Role	Appointed
ANNIE GAMMON	Chair	2018-06-30
Jane Elizabeth Acton		2019-01-23
MICHAEL PETER COLLINS		2018-06-30
ROSE WHITE		2018-06-30
SARAH JANE FINKE		2018-06-30
Salma Asokomhe		2019-01-23

SAFA PLACE

England & Wales - Charity number 1179202

Accounts



Trustees' report 2024/25

Safaplace

Charity number 1179202

Trustees' report for the year ended May 2025

Structure, governance and management

Safaplace is a charitable incorporated organisation (CIO) registered on the 11th of February 2017 and governed by its constitution.

Background

Safaplace was created in 2017 after the deaths by suicide of 16-year-olds Rachel Finke and Harry Lisle.

Charitable aims and Objectives.

The charities aims are:

* to make Stoke Newington a neighbourhood where young people can find help and support for all aspects of mental health

*to make Stoke Newington school a centre for positive mental health awareness and to share and learn with other schools in the wider community Safaplace's charitable

object: the preservation and protection of mental health and well being among pupils of Stoke Newington school, people living in the London borough of Hackney and the surrounding area and throughout England and Wales by the provision of support, education, practical advice and by such other means as the trustees may determine. Safaplace continues its role within the community helping parents to support their children's mental health and well-being.

Activities and Achievements

During the reporting period, Safaplace delivered its annual community conference, *Stepping Up*, which focused on promoting positive mental health, inclusion and understanding of the complex challenges facing children, young people and their families. The conference brought together parents, carers, education professionals, clinicians and community members, providing free and accessible opportunities for learning, reflection and discussion.

2024 Conference Speakers – Overview

Michael Collins

Chair of Safaplace

Michael Collins opened the conference and welcomed attendees. As Chair of Safaplace, he supports the strategic direction of the charity and its work to promote mental health awareness within the community.

Nick Hammond

Mindfulness Teacher and Speaker

Nick Hammond led a mindfulness session at the conference. With over 30 years' experience as a company director and following personal loss, he now works as a registered mindfulness teacher, supporting individuals and communities to develop awareness and resilience.

Dr Lucy Carter

GP and Trustee, Shoreditch Trust

Dr Lucy Carter delivered a presentation introducing trauma-informed care and practice and the role of the London ACES Hub. An experienced GP and former senior lecturer, her work focuses on mental health, equality and supporting vulnerable children and young people through trauma-informed approaches.

Tim Linehan

Parent Advocate and Activist

Tim Linehan shared insights drawn from his lived experience as a parent of a child affected by Emotionally Based School Non-Attendance (EBSNA). He has worked extensively within mental health and children's charities and has carried out local research to highlight the impact of EBSNA on families.

Jo Law

Family and Systemic Psychotherapist

Jo Law facilitated a workshop exploring family communication, using practical exercises to support families during challenging times. She has worked in adult and child mental health services since 1996 and now practices independently with families and young people.

Clio Oji and Eleanor Cammegh

Kooth Practitioners

Clio Oji and Eleanor Cammegh delivered a workshop outlining Kooth's mental health support for young people. They discussed access routes, anonymity and practical guidance for parents and carers supporting children's emotional wellbeing.

Marcia Brissett-Bailey

Educator, Author and Neurodiversity Advocate

Marcia Brissett-Bailey led a workshop focused on dyslexia, neurodiversity and inclusion within education. An experienced educator and author, she shared strategies to support learners and highlighted the importance of collaboration between schools, families and support services.

Sarah Johnson

Education Consultant and Author

Sarah Johnson facilitated a workshop on supporting children experiencing emotionally based school avoidance. With over 20 years' experience across education and alternative provision, she brought practical insight into nurturing behaviour and supporting children with social, emotional and mental health needs.

Joe Shearer

The Amy Winehouse Foundation

Joe Shearer delivered a workshop addressing communication with young people around substance misuse. Representing The Amy Winehouse Foundation, he

focused on prevention, emotional wellbeing and supporting young people to make informed choices.

Molly

Parent Speaker (Hackney)

Molly shared lived experience of parenting a trans child through secondary education and beyond. Her session provided an opportunity for open discussion around mental health, relationships and family support within a safe and respectful space.

Pip Ainsworth and Jenny Diprose

School-based Pastoral Practitioners

Pip Ainsworth and Jenny Diprose contributed a workshop discussion on supporting children's mental health in secondary schools. Drawing on extensive experience in pastoral roles, they shared practical strategies centred on trust, listening and relational practice.

Joshua Wilton

Education Mental Health Practitioner (EMHP)

Joshua Wilton delivered a presentation on SilverCloud, a CBT-based digital mental health platform. Working within the City & Hackney Mental Health Support Team, he outlined how digital tools can support children and young people experiencing low mood and anxiety.

Richard Allen

Safaplace Trustee

Richard Allen chaired the panel discussion, enabling reflection and dialogue across themes raised during the conference and reinforcing Safaplace's role in facilitating community-led discussion around mental health and wellbeing.

The programme aligned closely with Safaplace's charitable objectives by supporting mental health awareness, reducing isolation and empowering families with knowledge and practical strategies.

Expert Speakers and Lived Experience Contributions

These sessions enhanced understanding of the systemic factors affecting children's mental health and encouraged more compassionate, inclusive approaches within schools and families.

Workshops Supporting Families and Young People

A series of interactive workshops provided attendees with practical guidance on family communication, supporting children's emotional wellbeing, navigating substance misuse conversations, neurodiversity and dyslexia, trans inclusion, and supporting transitions into secondary education. The inclusion of lived-experience perspectives alongside professional insight enabled meaningful discussion in a safe and supportive environment. Feedback from participants highlighted the value of these sessions in increasing confidence, reducing stigma and strengthening families' ability to support young people's mental health.

Partnership and Community Engagement

Safaplace's conference also demonstrated its commitment to collaboration by working with a range of partner organisations and services, including NHS-commissioned digital mental health providers and specialist charities. Presentations on services such as Kooth and SilverCloud increased awareness of accessible mental health support pathways for children and young people. The event concluded with a panel discussion led by trustees, reinforcing Safaplace's role in listening to community needs and fostering open dialogue. These activities contributed directly to public benefit by improving access to information, strengthening community connections and promoting early support for mental health and wellbeing.

In planning and delivering this activity, the trustees had due regard to the Charity Commission's guidance on public benefit and were satisfied that the conference furthered the charity's objects and provided clear benefit to the public.

We would like to thank everyone who supported us in organizing and a ending this year's conference, especially our amazing volunteers and trustees. We are already starting to think about next year's conference.

Safaplace's reflective garden established in Stoke Newington school goes from strength to strength. It is supported by the school's PTFA and holds gardening sessions on the third Saturday of every month. It is amazing how much the space has changed in the last 8 years so huge thanks go to our wonderful volunteer gardeners.

We would also like to thank our supporters who have funded and supported our initiatives this year thank you so much for our support please let us know if there are things that you would like us to be doing to support young people's mental health and well-being in the community we are always open to new ideas.

Financial review

The results of the year's operations are set out in the attached financial statements the net movements in funds for the year amounted to and the retained reserves as of 31st of May 2023 is compared with last year Reserve policy The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees have reviewed the organization's free reserves policy and have turned its entire unrestricted fund into an emergency reserve to enable Safaplace to meet its obligations in the event of a small fall in income or sudden upturn in expenditure.

Risk management

The trustees have examined any major risks, which Safaplace faces and believe that maintaining their free reserves at a reasonable level, combined with their annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. Fixed assets The organization has no fixed assets.

Funds available

The present level of funding is adequate to support the continuation of the charity operations for the medium term and the trustees consider the financial position of the charity be satisfactory.

Incoming resources	Unrestricted Fund £	Restricted Fund £
Donations	1128.97	0
Total incoming resources	1128.97	0
Outgoing resources	Unrestricted Fund £	Restricted Fund £

Conference	1225.38	0
Justgiving subscription	233.04	
Refreshments for community gardening	105.65	
Transition project	2650.62	
Total Outgoing resources	4214.69	0
Remaining Charity Bank Account balance	43215.28	

SAFA PLACE

England & Wales - Charity number 1179202

Accounts



Safaplace

Charity number 1179202

Trustees' report for the year ended May 2024

Structure, governance and management

Safaplace is a charitable incorporated organisation (CIO) registered on the 11th of February 2017 and governed by its constitution. The CEO was established under a constitution which defines the object and power of the charitable organisation and is governed by such.

Background

Safaplace was created in 2017 after the deaths by suicide of 16-year-olds Rachel Finke and Harry Lisle within a three month period. It grew from fundraising initiatives by school friends and family and exists in their memory.

Safaplace became officially established as a registered charity number 1179202 in July 2018 as of January 2022 the trustees are Jane Acton (secretary) Michael Collins (chair) Sarah Finke Annie Gammon, Salma

Asokmhe and Rose White (treasurer). Our associate trustees are Richard Allen, Antonia Canning, Kathy Manners, Tom Moore and Andrea Watts.

Charitable aims and Objectives.

The charities aims are:

* to make Stoke Newington a neighbourhood where young people can find help and support for all aspects of mental health

*to make Stoke Newington school a centre for positive mental health awareness and to share and learn with other schools in the wider community

Safaplace's charitable object: the preservation and protection of mental health and well-being among pupils of Stoke Newington school, people living in the London borough of Hackney and the surrounding area and throughout England and Wales by the provision of support, education, practical advice and by such other means as the trustees may determine.

Safaplace continues its role within the community helping parents to support their children's mental health and well-being.

Annual Conference

The theme of this year's free conference was titled 'Stepping Up: Learning more and communicating better about young mental health' and explored the positive mental health and well-being of young people as a community responsibility. The conference took place in Stoke Newington School, and we are really grateful for their continue generosity and support.

Tim Linehan presented his important work with Hackney on families and children impacted by Emotionally Based School Non-Attendance (EBSNA).

A few of our fantastic workshops included:

- 'An introduction to trauma-informed care and practice' by Dr Lucy Carter, who introduced trauma-informed care and practice and the role of London Aces hub. She discussed how clinicians support trauma-informed practice in their daily work with vulnerable young people of Islington and Hackney.
- 'Let's Talk about Talking, Exploring Family Communication' by Jo Law a Family & Systemic Psychotherapist. Jo used some exercises and techniques to explore the importance of talking within the family - and how to improve communication in particularly challenging times.

- 'Communication with teens around substance misuse' by Joe Shearer from The Amy Winehouse Foundation. Joe talked about some of the contributing factors leading to substance misuse and how to support young people.
- An introduction to SilverCloud ' by Joshua Wilton, Education Mental Health Practitioner (EMHP). Joshua Wilton, an EMHP, working for City & Hackney Mental Health Support Team in East London NHS Foundation Trust, shared his work around providing schools-based outreach support for young people with low mood and anxiety. This is in the form of 1-1 sessions, groups, parent-led work and workshops. He is also a digital lead in his team, helping to promote the value of using the digital platform, SilverCloud. SilverCloud is an CBT-based digital mental health platform designed to support children and young people through a range of programmes.
- 'Dyslexia, negating the education system and writing a book' by Marcia Brissett-Bailey. Marcia explained how finding strategies and fostering collaboration among students, parents, educators, and support professionals made it possible to create inclusive and supportive educational environments where students with dyslexia can thrive and succeed.

We would like to thank everyone who supported us in organizing and attending this year's conference, especially our amazing volunteers and trustees. We are already starting to think about next year's conference...

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We would also like to thank our supporters who have funded and supported our initiatives this year thank you so much for our support please let us know if there are things that you would like us to be doing to support young people's mental health and well-being in the community we are always open to new ideas.

Financial review

The results of the year's operations are set out in the attached financial statements the net movements in funds for the year amounted to and the retained reserves as of 31st of May 2023 is compared with last year

Reserve policy

The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees have reviewed the organization's free reserves policy and have turned its entire unrestricted fund into an emergency reserve to enable safer place to meet its obligations in the event of a small fall in income or sudden upturn in expenditure.

Risk management

The trustees have examined any major risks, which Safaplace faces and believe that maintaining their free reserves at a reasonable level, combined with their annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions.

Fixed assets

The organization has no fixed assets

Funds available

The present level of funding is adequate to support the continuation of the charity operations for the medium term and the trustees consider the financial position of the charity be satisfactory.

Safaplace

A charity Incorporated Organisation (CIO)

Accounts for the year ended July 2024

Charity registered number 1179202

2023/24

Incoming resources	Unrestricted Fund £	Restricted Fund £	Total
Donations including Just Giving	1579.17	0	1579.17

Total incoming Resources	1579.17	0	1579.17
Outgoing resources			
Gardening materials	149.76	0	149.76
Transition project	3600.00	0	3600.00
Zoom membership	187.08	0	187.08
Just giving membership	233.04	0	233.04
Conference	398.26	0	398.26
Total outgoing resources	4568.14	0	4568.14
Remaining Charity Bank Account balance	47429.97		

SAFA PLACE

England & Wales - Charity number 1179202

Accounts



Safaplace

Charity number 1179202

Trustees' report for the year ended May 2023

Structure, governance and management

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Safaplace became officially established as a registered charity number 1179202 in July 2018 as of January 2022 the trustees are Jane Acton (secretary) Michael Collins (chair) Sarah Finke Annie Gammon, Salma Asokmhe and Rose White (treasurer). Our associate trustees are Richard Allen, Antonia Canning, Kathy Manners, Tom Moore and Andrea Watts.

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The charities aims are:

* to make Stoke Newington a neighbourhood where young people can find help and support for all aspects of mental health

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Safaplace's charitable object: the preservation and protection of mental health and well-being among pupils of Stoke Newington school, people living in the London borough of Hackney and the surrounding area and throughout England and Wales by the provision of support, education, practical advice and by such other means as the trustees may determine.

Safaplace continues its role within the community helping parents to support their children's mental health and well-being.

Annual Conference

The theme of this year's free conference was titled 'It's on us' and explored the positive mental health and well-being of young people as a community responsibility. The conference took place in Stoke Newington school and we were delighted to be back in real life for the first time in three years.

Sam Delaney, journalist, broadcaster and author gave our key speech and talked about his own lived experiences around mental health.

Workshops included Dr. Helen Sharples and Rachel Lee Jones' workshop on 'Ways to communicate and connect with teenagers', 'Navigating neurodivergence and supporting children's mental health and well-being' by Siobhan Moore Lynch, and author Margaret Rooke (Dyslexia is my Super Power) talking about how we can empower young people at home and in school.

Finally we had presentations from George Sullivan and Tania Marwaha from Baton of Hope and also from Kooth an online digital support for young people with mental health issues.

We like to thank everyone who supported us in organizing and attending this year's conference. We are already starting to think about next year's conference

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Safaplace

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date Apr-22	To	Period end date May-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,265	-	-	1,265	-
Fundraising	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,265	-	-	1,265	5,826
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,265	-	-	1,265	5,826
A3 Payments					
Expenses	116	-	-	116	-
Conference	241	-	-	241	-
Garden	123	-	-	123	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	480	-	-	480	3,937
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	480	-	-	480	3,937
Net of receipts/(payments)	785	-	-	785	1,889
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	785	-	-	785	1,889

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account balance	39,074	-	-
		-	-	-
		-	-	-
	Total cash funds	45,962	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

SAFA PLACE

England & Wales - Charity number 1179202

Accounts



Safaplace

Charity number: 1179202

Trustees' Report for the year ended May 2022

Structure, Governance and Management

Safaplace is a charitable incorporated organisation (CIO) registered on 11th February 2017 and governed by its constitution. The CIO was established under a constitution, which defines the objects and power of the charitable organisation and is governed by such.

Background

Safaplace was created in 2017 after the deaths by suicide of 16 year olds, Rachel Finke and Harry Lisle within a three month period; it grew from fundraising initiatives by school, friends and family and exists in their memory.

Safaplace became officially established as a registered charity no. 1179202 in July 2018.

As of January 2021 the Trustees are: Jane Acton (Secretary), Salma Asokomhe, Michael Collins (Chair), Annie Gammon, Sarah Finke and Rose White (Treasurer).

Our associate trustees are: Richard Allen, Antonia Canning, Kathy Manners, Tom Moore, and Andrea Watts.

Charitable aims and objectives

The charity's aims are :

- To make Stoke Newington a neighbourhood where young people can find help and support for all aspects of mental health
- To make Stoke Newington school a centre for positive mental health awareness and to share and learn with other schools and the wider community

Safaplace's charitable objects: The preservation and protection of mental health and wellbeing among pupils of Stoke Newington school, people living in the London borough of Hackney and the surrounding area and throughout England and Wales by the provision of support, education, practical advice and by such other means as the trustees may determine.

SafePlace continues its role within the community, helping parents to support their children's mental health and well-being.

Once again COVID19 has meant our plans for the year have not always happened the way they were expected to but has provided us with the chance to work flexibly with others to ensure events have taken place.

The free conference, which was hosted by the online platform, Balloon, showcased some of the many organisations doing great work in our community, and explored different ways of maintaining positive wellbeing and mental health, through creativity and discussion

We were thrilled to welcome Derek Owusu, the award-winning writer and poet from North London, as this year's keynote speaker. Owusu's first novel, 'That Reminds Me', and the first work of fiction to be published by Stormzy's Merky Books imprint, won the Desmond Elliott Prize for debut fiction.

Also on the programme were Dr. Helen Sharples and Rachel Lee Jones who returned with their hugely popular talk on how to communicate with teenagers; Adisa the Verbaliser who hosted a workshop on using poetry to support well-being, and we heard from local organisations The Discovery Ship, Targeted Health and Open Minds Alliance.

Theresa Goacher discussed eating disorders, and Safaplace co-founder Sarah Finke and Trustee Richard Allen gave a workshop on supporting parents and carers.

The morning was completed with entertainment from the celebrated local poet and comedian, John Hegley. Feedback from the day was extremely positive.

The mosaic we commissioned with Hackney Mosaic Project was completed and now takes pride of place in the reflective garden in Stoke Newington School Year 7 and 8 playground. . The Hackney Mosaic Project aims to help people with addiction and mental health problems. They engage volunteers, recruited both from the Hackney recovery Services and the local community, in making large mosaics in Hackney Parks and other locations. Founder Tessa Hunkin, joined Year 7 and 8 students from Stoke Newington School to design and start work on a piece of artwork for the reflective garden. The piece was then finished by Hackney Mosaic Works in their studios.

Safaplace continues to take its place on the steering committee of The Wellbeing and Mental Health in Schools (WAMHS), a project led by the CAMHS Alliance with the support of the Children and Young People's workstream at Hackney Council. This project aims to improve mental health and wellbeing support for children and young people in schools, colleges, specialist and alternative provision education settings. Over the period, three members of the Safaplace team have been working in a close advisory capacity with WAMHS.

Eating disorders are unfortunately still on the rise. Our Eating Disorders parent /carer support group, backed by Safaplace, is run by a parent with lived experience and invites experts from different organisations to support discussions and share information and advice. This takes place monthly online.

In March 22, Safaplace welcomed the Local Child Safeguarding Practice Review which said the search should never have happened, and was "unlikely to have been disconnected from her ethnicity and her background as a child growing up on an estate in Hackney", and echoes local MP's Diane Abbot's views in pinpointing racism and misogyny in the Metropolitan police.

FINANCIAL REVIEW 1. The results of the year's operation are set out in the attached financial statements. The net movement in funds for the year amounted to £4899 and the retained reserves as at 31st May 2022 is £43973 compared with £39074 last year.

RESERVE POLICY 2. The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees have reviewed the organisation's free reserves policy and have turned its entire unrestricted fund into an emergency reserve to enable Safaplace to meet its obligations in the event of a shortfall in income or sudden upturn in expenditure.

RISK MANAGEMENT 3. The trustees have examined the major risks which Safaplace faces and believe that maintaining their free reserves at a reasonable level, combined with their annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

TANGIBLE FIXED ASSETS 4. The organisation has no fixed assets

FUNDS AVAILABLE 5. The present level of funding is adequate to support the continuation of the charity operations for the medium term, and the trustees consider the financial position of the charity to be satisfactory and have turned its entire unrestricted fund into an emergency reserve to enable Safaplace to meet its obligations in the event of a shortfall in income or sudden upturn in expenditure.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Safaplace

No (if any)
1179202

Receipts and payments accounts

CC16a

For the period
from

Period start date
Apr-21

To

Period end date
May-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,652	-	-	4,652	-
Fundraising	1,375	-	-	1,375	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,027	-	-	6,027	5,826
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,027	-	-	6,027	5,826
A3 Payments					
conference expenses	-	850	-	850	-
	-	278	-	278	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	1,128	-	1,128	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	1,128	-	1,128	-
Net of receipts/(payments)	6,027	- 1,128	-	4,899	5,826
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	6,027	- 1,128	-	4,899	5,826

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	43,973	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Rose White</i>	Rose White	7/7/23
<i>Sarah Finke</i>	Sarah Finke	7/7/23

SAFA PLACE

England & Wales - Charity number 1179202

Accounts



Safaplace

Charity number: 1179202

Trustees' Report for the year ended May 2021

Structure, Governance and Management

Safaplace is a charitable incorporated organisation (CIO) registered on 11th February 2017 and governed by its constitution. The CIO was established under a constitution, which defines the objects and power of the charitable organisation and is governed by such.

Background

Safaplace was created in 2017 after the deaths by suicide of 16 year olds, Rachel Finke and Harry Lisle within a three month period; it grew from fundraising initiatives by school, friends and family and exists in their memory.

Safaplace became officially established as a registered charity no. 1179202 in July 2018.

As of January 2021 the Trustees are: Jane Acton (Secretary), Salma Asokomhe, Michael Collins (Chair), Annie Gammon, Sarah Finke and Rose White (Treasurer).

Our associate trustees are: Richard Allen, Antonia Canning, Kathy Manners, Tom Moore, and Andrea Watts.

Charitable aims and objectives

The charity's aims are :

- To make Stoke Newington a neighbourhood where young people can find help and support for all aspects of mental health
- To make Stoke Newington school a centre for positive mental health awareness and to share and learn with other schools and the wider community

Safaplace's charitable objects:

The preservation and protection of mental health and wellbeing among pupils of Stoke Newington school, people living in the London borough of Hackney and the surrounding area and throughout England and Wales by the provision of support, education, practical advice and by such other means as the trustees may determine.

Trustees' report

1. The pandemic and repeated lockdowns have been hugely traumatic for children, including months away from school, separation from friends and relatives, anxiety about the virus and financial pressures at home taking a serious toll on their and their families mental health. Young people have reported increased feelings of loneliness and worries about school and the future. More than ever, it is vital that we find ways to support our young people in order to help them build hope and resilience for the future.
2. As a charity over the past year, Safaplace has been examining its role within the community and how we can best be of service to it. We want to be true to our lived experience and for this reason we will be focusing much of our support going forwards on parents. We recognise that resources are primarily directed towards young people who need support with their mental health, especially in a time when resources are so stretched, and services are underfunded and waiting lists continue to rise. But what of the parents of those young people, who often find themselves alone and unable to share or sometimes manage their own fears and anxieties? This is where we feel we can make a difference.
3. Once again COVID19 has meant our plans for this year have not always happened the way they were expected to but has provided us with the chance to work flexibly with others to ensure events have taken place. For 2020 we took the annual conference online for a day of events with the theme of 'Mind Body Soul: Finding your Safe Place'. We were honoured to have **David Weaver, President of the British Association for Counselling and Psychotherapy (BACP)** as our keynote speaker. The virtual event was attended by 150 parents, carers, teachers and healthcare professionals from the local community and from across the UK.
4. The free conference, hosted on the online platform, Hopin, explored different ways of maintaining positive wellbeing and mental health, through creativity, staying active, and discussion. Making a return visit to the conference **was the writer/performer Adisa the Verbaliser** who explored how poetry could support positive wellbeing. There were also sessions led by representatives from **Hackney CAMHS, Young Hackney, the Amy Winehouse Foundation** and **Targeted Health**. Clinical Psychologists Dr Helen Sharples and Dr Rachel Lee Jones returned with their hugely popular workshop on how to talk to teenagers and there was a free yoga session with local yoga teacher Georgia Myers. Attendees could also book individual counselling sessions with the long established Hackney-based charity "A Space to Talk" (known as "A Space").

5. Subsequently, and in recognition of the urgent need to support young people and their carers in the face of the return to school after lockdown, Safaplace funded a number of parent/carer online workshop sessions run by "A Space;" six sessions ran across local secondary schools.
6. In May, we were delighted to be able to work with the **Hackney Mosaic Project**. The Hackney Mosaic Project aims to help people with addiction and mental health problems. They engage volunteers, recruited both from the Hackney recovery Services and the local community, in making large mosaics in Hackney Parks and other locations. Founder **Tessa Hunkin**, joined Year 7 and 8 students from Stoke Newington School to design and start work on a piece of artwork for the reflective garden. The piece was then finished by Hackney Mosaic Works in their studios.
7. Safaplace is on the steering committee of **The Wellbeing and Mental Health in Schools (WAMHS)**, a project led by the CAMHS Alliance with the support of the Children and Young People's workstream at Hackney Council. This project aims to improve mental health and wellbeing support for children and young people in schools, colleges, specialist and alternative provision education settings. Over the period, three members of the Safaplace team have been working in a close advisory capacity with WAMHS.
8. Whilst activities in May 2020-May 2021 were necessarily limited by the pandemic, over the period, the team undertook considerable planning efforts aimed to found two future online support groups for parents and carers, and to design a bigger project to support early help for potential service users and their families via the navigation of mental health services and also charity provision.
9. Funding application proformas for small grants by Safaplace have been made available on our website (Safaplace.org) and this information has been made, available via the **Hackney Education Office**, to all Hackney schools. We are looking forward to supporting more projects next year.
10. Finally, we are grateful for the many hours volunteers, including member volunteers, have spent supporting and contributing to the charity's events and fundraising. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

FINANCIAL REVIEW

1. The results of the year's operation are set out in the attached financial statements. The net movement in funds for the year amounted to £1889 and the retained reserves as at 31st May 2021 is £39074 compared with £37211 last year.

RESERVE POLICY

2. The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees have reviewed the organisation's free reserves policy and have turned its entire unrestricted fund into an emergency reserve to enable Safaplace to meet its obligations in the event of a shortfall in income or sudden upturn in expenditure.

RISK MANAGEMENT

3. The trustees have examined the major risks which Safaplace faces and believe that maintaining their free reserves at a reasonable level, combined with their annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

TANGIBLE FIXED ASSETS

4. The organisation has no fixed assets

FUNDS AVAILABLE

5. The present level of funding is adequate to support the continuation of the charity operations for the medium term, and the trustees consider the financial position of the charity to be satisfactory. and have turned its entire unrestricted fund into an emergency reserve to enable Safaplace to meet its obligations in the event of a shortfall in income or sudden upturn in expenditure.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Safaplace No (if any)

Receipts and payments accounts

CC16a

For the period from **Apr-20** To **May-21** Period end date

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	3,461	-	-	3,461	-
Fundraising	2,365	-	-	2,365	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	5,826	-	-	5,826	3,322
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,826	-	-	5,826	3,322
A3 Payments					
Expenses	383	-	-	383	-
Conference	3,254	-	-	3,254	-
Garden	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3,937	-	-	3,937	-
					13,062
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,937	-	-	3,937	13,062
Net of receipts/(payments)	1,889	-	-	1,889	9,740
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,889	-	-	1,889	9,740

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Account balance	39,074	-	-
		-	-	-
		-	-	-
	Total cash funds	39,074	-	-
	(agree balances with receipts and payments account (s))	Agreement	OK	OK

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
Details			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
Details			
		-	-
		-	-
		-	-
		-	-
		-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Sarah Finke</i>	SARAH FINKE	23.5.22
<i>Rosemary White</i>	ROSE WHITE	23.5.22